



# OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

**Wydarzenie:** OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING  
**Organizator:** PFNW  
**Data:** 2017-08-05  
**Miejsce:** Osielsko  
**Dystans:** 5 km



Klasyfikacja: K60-64

| Msc | Zawodnik                | Numer | Klub                                | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas startu | Czas netto 5km | Czas brutto 5km | Różn              | Tempo min/km | Tempo km/h  |
|-----|-------------------------|-------|-------------------------------------|-----------|------|-------------|--------------|-------------|----------------|-----------------|-------------------|--------------|-------------|
| 1   | BRĄGIEL Krystyna        | 32    |                                     | K60-64    | 1    |             |              | 00:12:52    | 00:36:49.65    | 00:49:41.85     |                   | 7:21         | 8.1 (100%)  |
| 2   | SZENDZIELORZ Ilona      | 368   | FABRIKANORDIKA                      | K60-64    | 2    |             |              | 00:12:48    | 00:36:52.30    | 00:49:41.05     | +00:00:02 (0.1%)  | 7:22         | 8.1 (100%)  |
| 3   | PILECKA PRĄDZYŃSKA Anna | 515   | PENDOLINO                           | K60-64    | 3    |             |              | 00:12:48    | 00:37:18.20    | 00:50:06.55     | +00:00:28 (1.3%)  | 7:27         | 8 (98.8%)   |
| 4   | CHOLEWKA Jolanta        | 49    | MARSZ PO ZDROWIE POZNAŃ             | K60-64    | 4    |             |              | 00:12:47    | 00:38:50.15    | 00:51:37.75     | +00:02:00 (5.2%)  | 7:46         | 7.7 (95.1%) |
| 5   | KOSIŃSKA Maria          | 163   | MOSIR RYPIN                         | K60-64    | 5    |             |              | 00:12:48    | 00:40:00.00    | 00:52:48.65     | +00:03:10 (7.9%)  | 8:00         | 7.5 (92.6%) |
| 6   | KULIG Bożena            | 194   | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | K60-64    | 6    |             |              | 00:12:49    | 00:40:00.70    | 00:52:49.90     | +00:03:11 (8.0%)  | 8:00         | 7.5 (92.6%) |
| 7   | PANCEK Hanna            | 288   | TADMAX                              | K60-64    | 7    |             |              | 00:12:50    | 00:41:05.70    | 00:53:55.85     | +00:04:16 (10.4%) | 8:13         | 7.3 (90.1%) |
| 8   | KRAWCZYKOWSKA Barbara   | 174   | LKS ZANTYR                          | K60-64    | 8    |             |              | 00:12:49    | 00:41:52.05    | 00:54:41.10     | +00:05:02 (12.0%) | 8:22         | 7.2 (88.9%) |
| 9   | KOCZUR Dorota           | 156   | KKNW                                | K60-64    | 9    |             |              | 00:12:52    | 00:42:49.20    | 00:55:41.80     | +00:05:59 (14.0%) | 8:33         | 7 (86.4%)   |
| 10  | JAGŁA Maria             | 184   | GOSIR OSIELSKO                      | K60-64    | 10   |             |              | 00:12:49    | 00:43:00.55    | 00:55:50.35     | +00:06:10 (14.4%) | 8:36         | 7 (86.4%)   |
| 11  | PERLIK Ewa              | 293   | TADMAX                              | K60-64    | 11   |             |              | 00:12:51    | 00:44:29.85    | 00:57:21.50     | +00:07:40 (17.2%) | 8:54         | 6.7 (82.7%) |
| 12  | TAPER Ewa               | 395   | STOWARZYSZENIE 'JESTEM AKTYWNA'     | K60-64    | 12   |             |              | 00:12:49    | 00:45:53.25    | 00:58:42.95     | +00:09:03 (19.7%) | 9:10         | 6.5 (80.2%) |
| 13  | STASIAK Ewa             | 90    | STOWARZYSZENIE 'JESTEM AKTYWNA'     | K60-64    | 13   |             |              | 00:12:51    | 00:45:58.85    | 00:58:50.15     | +00:09:09 (19.9%) | 9:11         | 6.5 (80.2%) |

| Msc | Zawodnik          | Numer | Klub                                | Kategoria | Mkat | Żół.<br>kartki | Czer.<br>kartki | Czas<br>startu | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-------------------|-------|-------------------------------------|-----------|------|----------------|-----------------|----------------|----------------------|-----------------------|----------------------|-----------------|----------------|
| 14  | HANDZE Danuta     | 35    | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | K60-64    | 14   |                |                 | 00:12:51       | 00:47:33.25          | 01:00:24.90           | +00:10:43<br>(22.6%) | 9:30            | 6.3<br>(77.8%) |
| 15  | UTRATA Halina     | 410   | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | K60-64    | 15   |                |                 | 00:12:50       | 00:49:23.15          | 01:02:13.30           | +00:12:33<br>(25.4%) | 9:52            | 6.1<br>(75.3%) |
| 16  | BUKOLT Barbara    | 485   | GOSIR OSIELSKO                      | K60-64    | 16   |                |                 | 00:12:47       | 00:51:19.70          | 01:04:07.40           | +00:14:30<br>(28.3%) | 10:16           | 5.8<br>(71.6%) |
| 17  | WOLNA Urszula     | 434   | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | K60-64    | 17   |                |                 | 00:12:52       | 00:52:20.05          | 01:05:12.45           | +00:15:30<br>(29.6%) | 10:28           | 5.7<br>(70.4%) |
| 18  | BĄCZYŃSKA Grażyna | 14    | GOSIR OSIELSKO                      | K60-64    | 18   |                |                 | 00:11:20       | 01:04:25.45          | 01:15:46.35           | +00:27:35<br>(42.8%) | 12:53           | 4.7<br>(58.0%) |
| DQ  | GRZEMPA Krystyna  | 113   | STOWARZYSZENIE 'JESTEM AKTYWNA'     | K60-64    |      |                | 1               | DQ             | 00:49:13.65<br>DQ    | DQ                    |                      | -               | -<br>(0.0%)    |

Znaleziono 19 wynik(ów)