



OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

Event: OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING
Organiser: PFNW
Date: 2017-08-05
Place: Osielsko
Distance: 5 km



Classification: M40-44

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	MACHNIK Janusz	222	CLLEO ZAWIERCIE	M40-44	1			00:03:35	00:31:13.85	00:34:49.40		6:14	9.6 (100%)
2	WOLEK Waldemar	433	NORDIC TEAM GNIEZNO	M40-44	2			00:03:34	00:32:18.05	00:35:52.70	+00:01:04 (3.3%)	6:27	9.3 (96.9%)
3	SCHRÖDER Karol	334	SILESIA NORDIC TEAM	M40-44	3			00:03:36	00:34:01.10	00:37:37.60	+00:02:47 (8.2%)	6:48	8.8 (91.7%)
4	KAŹMIERCZAK Sebastian	143	GOSIR OSIELSKO	M40-44	4			00:03:33	00:35:47.90	00:39:21.75	+00:04:34 (12.8%)	7:09	8.4 (87.5%)
5	GRUSZKA Michał	107	UNIA MIAST	M40-44	5			00:03:33	00:36:22.80	00:39:56.25	+00:05:08 (14.2%)	7:16	8.2 (85.4%)
6	SZYCKO Radosław	379	DWA KIJE SŁUPSK	M40-44	6			00:03:34	00:37:34.35	00:41:08.45	+00:06:20 (16.9%)	7:30	8 (83.3%)
7	ZAWADA Łukasz	446	NORDIC WALKING LUCA TEAM	M40-44	7			00:03:33	00:37:54.85	00:41:28.25	+00:06:41 (17.6%)	7:35	7.9 (82.3%)
8	ŚLUSARCZYK Grzegorz	392	WESOŁY BORSUK TEAM	M40-44	8			00:03:33	00:38:01.35	00:41:34.60	+00:06:47 (17.9%)	7:36	7.9 (82.3%)
9	WOSIK Tomasz	487		M40-44	9			00:03:36	00:38:49.95	00:42:26.65	+00:07:36 (19.6%)	7:46	7.7 (80.2%)
10	BORUCKI Marcin	27	GOSIR OSIELSKO	M40-44	10			00:03:34	00:39:15.25	00:42:49.95	+00:08:01 (20.4%)	7:51	7.6 (79.2%)
11	NOSKIEWICZ Robert	267		M40-44	11			00:03:34	00:40:21.75	00:43:55.80	+00:09:07 (22.6%)	8:04	7.4 (77.1%)
12	MATLEWSKI Radosław	239	FACE NORDIC WALKING TEAM	M40-44	12			00:03:35	00:41:10.05	00:44:45.95	+00:09:56 (24.1%)	8:14	7.3 (76.0%)
13	SŁOWIK Przemysław	340	GOSIR OSIELSKO	M40-44	13			00:03:35	00:50:55.45	00:54:30.90	+00:19:41 (38.7%)	10:11	5.9 (61.5%)
	SŁYSZ Arkadiusz	344	GOSIR OSIELSKO	M40-44		1		DNF	DNF	DNF		-	- (0.0%)

Total 14 results.