



OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

Event: OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING
Organiser: PFNW
Date: 2017-08-05
Place: Osielsko
Distance: 5 km



Classification: M60-64

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	GAJEWSKI Eugeniusz	86	KS METRACO POLKOWICE	M60-64	1			00:05:53	00:32:21.95	00:38:15.55		6:28	9.3 (100%)
2	TRZCIŃSKI Eugeniusz	404	SPORT I REKREACJA START (CHEŁMNO)	M60-64	2			00:05:53	00:33:01.95	00:38:55.85	+00:00:40 (2.0%)	6:36	9.1 (97.8%)
3	KLARKOWSKI Bogdan	149	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	M60-64	3			00:05:54	00:33:10.45	00:39:04.45	+00:00:48 (2.4%)	6:38	9 (96.8%)
4	GAPIŃSKI Leszek	91	WESOŁY BORSUK TEAM	M60-64	4			00:05:55	00:34:44.75	00:40:40.60	+00:02:22 (6.8%)	6:57	8.6 (92.5%)
5	MOTOCZYŃSKI Krzysztof	256	GOSIR OSIELSKO	M60-64	5			00:05:54	00:36:24.95	00:42:19.75	+00:04:03 (11.1%)	7:17	8.2 (88.2%)
6	CIESIELSKI Krzysztof	59	FAST WALKER	M60-64	6			00:05:54	00:37:02.50	00:42:57.40	+00:04:40 (12.6%)	7:24	8.1 (87.1%)
7	PODOLSKI Mirosław	304	LKS ZANTYR	M60-64	7			00:05:54	00:37:32.45	00:43:26.45	+00:05:10 (13.8%)	7:30	8 (86.0%)
8	WIŚNIEWSKI Kazimierz	429	PASJA NORDIC WALKING	M60-64	8			00:05:55	00:38:05.80	00:44:01.55	+00:05:43 (15.0%)	7:37	7.9 (84.9%)
9	KURASZ Marian	198	SUMMER ISLAND	M60-64	9			00:05:56	00:39:12.55	00:45:08.75	+00:06:50 (17.5%)	7:50	7.7 (82.8%)
10	ŻOŁNOWSKI Edward	453		M60-64	10			00:05:57	00:39:44.45	00:45:41.90	+00:07:22 (18.6%)	7:56	7.6 (81.7%)
11	MANKOWSKI Lech	230	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	M60-64	11			00:05:54	00:39:52.10	00:45:46.75	+00:07:30 (18.8%)	7:58	7.5 (80.6%)
12	WESNER Harald	422	SANTANDER CONSUMER BANK	M60-64	12			00:05:56	00:41:10.00	00:47:06.30	+00:08:48 (21.4%)	8:14	7.3 (78.5%)
13	KARCZMARSKI Krzysztof	140	IPA RADOM	M60-64	13			00:05:55	00:41:59.75	00:47:55.30	+00:09:37 (22.9%)	8:24	7.1 (76.3%)

Total 13 results.