



# OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING - 5KM

B4SPORT

**Wydarzenie:** OSIELSKO - MISTRZOSTWA POLSKI / PUCHAR POLSKI NORDIC WALKING  
**Organizator:** PFNW  
**Data:** 2017-08-05  
**Miejsce:** Osielsko  
**Dystans:** 5 km



Klasyfikacja: M65-69

| Msc | Zawodnik            | Numer | Klub                                | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas startu | Czas netto 5km | Czas brutto 5km | Różn              | Tempo min/km | Tempo km/h  |
|-----|---------------------|-------|-------------------------------------|-----------|------|-------------|--------------|-------------|----------------|-----------------|-------------------|--------------|-------------|
| 1   | SANIUK Edward       | 332   |                                     | M65-69    | 1    |             |              | 00:06:32    | 00:32:40.15    | 00:39:12.35     |                   | 6:32         | 9.2 (100%)  |
| 2   | MATECKI Ryszard     | 237   | KS METRACO POLKOWICE                | M65-69    | 2    | 1           |              | 00:06:34    | 00:32:42.70    | 00:39:17.00     | +00:00:02 (0.1%)  | 6:32         | 9.2 (100%)  |
| 3   | WARDACH Jan         | 456   | WIGOR OSIR ZAMOŚĆ                   | M65-69    | 3    |             |              | 00:06:29    | 00:33:05.05    | 00:39:34.85     | +00:00:24 (1.3%)  | 6:37         | 9.1 (98.9%) |
| 4   | ADAMUS Marian       | 6     | SILESIA NORDIC TEAM                 | M65-69    | 4    |             |              | 00:06:31    | 00:33:14.95    | 00:39:46.05     | +00:00:34 (1.7%)  | 6:39         | 9 (97.8%)   |
| 5   | TOMCZYK Edward      | 400   | MARSZ PO ZDROWIE POZNAŃ             | M65-69    | 5    |             |              | 00:06:30    | 00:34:22.10    | 00:40:52.15     | +00:01:41 (4.9%)  | 6:52         | 8.7 (94.6%) |
| 6   | GRYGOROWICZ Bogdan  | 110   | KS METRACO POLKOWICE                | M65-69    | 6    |             |              | 00:06:30    | 00:34:25.00    | 00:40:55.40     | +00:01:44 (5.1%)  | 6:53         | 8.7 (94.6%) |
| 7   | ŚLUSARCZYK Andrzej  | 390   | WESOŁY BORSUK TEAM                  | M65-69    | 7    |             |              | 00:06:29    | 00:35:38.65    | 00:42:08.30     | +00:02:58 (8.3%)  | 7:07         | 8.4 (91.3%) |
| 8   | CHUDZIŃSKI Andrzej  | 52    | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | M65-69    | 8    |             |              | 00:06:31    | 00:35:44.70    | 00:42:16.50     | +00:03:04 (8.6%)  | 7:09         | 8.4 (91.3%) |
| 9   | DOMBRZALSKI Ryszard | 70    | WTW WŁOCŁAWEK                       | M65-69    | 9    |             |              | 00:06:29    | 00:36:08.35    | 00:42:37.35     | +00:03:28 (9.6%)  | 7:13         | 8.3 (90.2%) |
| 10  | BUCZKOWSKI Jerzy    | 39    | KS SOKÓŁ GĄSAWA                     | M65-69    | 10   |             |              | 00:06:31    | 00:36:26.35    | 00:42:57.95     | +00:03:46 (10.3%) | 7:17         | 8.2 (89.1%) |
| 11  | KUSIAK Włodzimierz  | 200   |                                     | M65-69    | 11   |             |              | 00:06:30    | 00:37:23.35    | 00:43:54.25     | +00:04:43 (12.6%) | 7:28         | 8 (87.0%)   |
| 12  | GRZYWOCZ Bernard    | 115   |                                     | M65-69    | 12   |             |              | 00:06:34    | 00:37:40.75    | 00:44:15.15     | +00:05:00 (13.3%) | 7:32         | 8 (87.0%)   |
| 13  | WIERZBICKI Waldemar | 424   |                                     | M65-69    | 13   |             |              | 00:06:33    | 00:38:57.50    | 00:45:31.35     | +00:06:17 (16.1%) | 7:47         | 7.7 (83.7%) |

| Msc | Zawodnik            | Numer | Klub                     | Kategoria | Mkat | Żół.<br>kartki | Czer.<br>kartki | Czas<br>startu | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------|-------|--------------------------|-----------|------|----------------|-----------------|----------------|----------------------|-----------------------|----------------------|-----------------|----------------|
| 14  | ZAWISŁA Stanisław   | 447   | MARSZ PO ZDROWIE POZNAŃ  | M65-69    | 14   |                |                 | 00:06:29       | 00:39:42.90          | 00:46:12.00           | +00:07:02<br>(17.7%) | 7:56            | 7.6<br>(82.6%) |
| 15  | PIDUCH Jan          | 296   | FACE NORDIC WALKING TEAM | M65-69    | 15   |                |                 | 00:06:33       | 00:40:04.20          | 00:46:37.20           | +00:07:24<br>(18.5%) | 8:00            | 7.5<br>(81.5%) |
| 16  | PAKOSZ Piotr        | 287   |                          | M65-69    | 16   |                |                 | 00:06:35       | 00:40:15.25          | 00:46:50.55           | +00:07:35<br>(18.8%) | 8:03            | 7.5<br>(81.5%) |
| 17  | URBAN Jacek         | 468   | „AZYMUT”                 | M65-69    | 17   |                |                 | 00:06:32       | 00:40:26.30          | 00:46:58.55           | +00:07:46<br>(19.2%) | 8:05            | 7.4<br>(80.4%) |
| 18  | LEWANDOWSKI Ryszard | 217   |                          | M65-69    | 18   |                |                 | 00:06:33       | 00:40:39.65          | 00:47:13.15           | +00:07:59<br>(19.7%) | 8:08            | 7.4<br>(80.4%) |
| 19  | KULCZYCKI Jan       | 193   |                          | M65-69    | 19   |                |                 | 00:06:31       | 00:41:38.80          | 00:48:10.70           | +00:08:58<br>(21.6%) | 8:19            | 7.2<br>(78.3%) |
| DQ  | ADAMCZYK Adam       | 1     | PASJA NORDIC WALKING     | M65-69    |      |                | 1               | DQ             | 00:33:59.40<br>DQ    | DQ                    |                      | -               | - (0.0%)       |

Znaleziono 20 wynik(ów)