

# OSIELSKO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** PUCHAR POLSKI NORDIC WALKING 2019  
**Organizator:** Osielsko  
**Data:** 2019-08-10  
**Miejsce:** Osielsko  
**Dystans:** 21.1 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 6,1 km

| Msc | Zawodnik               | Numer | Klub                       | Kategoria | Żół. kartki | Czer. kartki | Herk_All<br>1.1km | Herk_All<br>6.1km |
|-----|------------------------|-------|----------------------------|-----------|-------------|--------------|-------------------|-------------------|
| 1   | MICHALEC Marcin        | 360   | KKG MOSIR KROSNO           | M30-39    |             |              | 00:06:11          | 00:36:06          |
| 2   | WOŁOSZKA Artur         | 359   | NWPL / LUKI TEAM GDAŃSK    | M18-29    |             |              | 00:06:24          | 00:36:12          |
| 3   | ROSAK Marcin           | 216   | NORDIC TEAM CZĘSTOCHOWA    | M40-49    |             |              | 00:06:23          | 00:36:37          |
| 4   | CIESIELSKI Jerzy       | 528   | TORUŃ - IDZIEMY BEZ RYZYKA | M18-29    |             |              | 00:07:44          | 00:36:38          |
| 5   | KORDOWSKI Piotr        | 547   | LUX TORPEDA MAŁOPOLSKA     | M40-49    |             |              | 00:06:24          | 00:37:53          |
| 6   | CZŁONKOWSKI Krzysztof  | 530   | OLIMPIJCZYK SZCZECOCINY    | M40-49    |             |              | 00:06:33          | 00:38:30          |
| 7   | WOJCIECHOWSKA Elżbieta | 590   | KS METRACO POLKOWICE       | K30-39    |             |              | 00:06:38          | 00:38:31          |
| 8   | MARCZAK Tomasz         | 557   |                            | M18-29    |             |              | 00:06:39          | 00:38:33          |
| 9   | MICHALSKI Andrzej      | 559   | NORDIC WALKING SANOK       | M60+      |             |              | 00:07:03          | 00:39:24          |
| 10  | PIOTROWSKI Michał      | 568   | FACE NORDIC WALKING TEAM   | M30-39    | 1           |              | 00:07:00          | 00:39:32          |
| 11  | KNITTER Tomasz         | 344   | KLUB BŁĘKITNI NW DZIEMIANY | M18-29    |             |              | 00:06:50          | 00:39:44          |
| 12  | CZERSKI Krzysztof      | 529   | EPOKA NORDICA ŁÓDŹ         | M30-39    |             |              | 00:06:39          | 00:39:46          |
| 13  | BARCZYK Bogdan         | 523   | NORDIC TEAM CZĘSTOCHOWA    | M50-59    |             |              | 00:06:57          | 00:39:53          |
| 14  | HAŁAS Marcin           | 538   | UNIA MIAST                 | M30-39    |             |              | 00:06:59          | 00:39:54          |
| 15  | WETOSZKA Piotr         | 587   | TKKF KRZNA BIAŁA PODLASKA  | M30-39    |             |              | 00:07:01          | 00:40:02          |
| 16  | KLIMSIK Sebastian      | 543   | KS METRACO POLKOWICE       | M40-49    |             |              | 00:07:03          | 00:40:10          |
| 17  | BOGACKI Sławek         | 525   | TORUŃ - IDZIEMY BEZ RYZYKA | M40-49    |             |              | 00:07:01          | 00:40:18          |
| 18  | ŻYDACZEWSKI Ryszard    | 595   | KS METRACO POLKOWICE       | M50-59    |             |              | 00:07:01          | 00:40:32          |
| 19  | LASKOWSKI Mirosław     | 456   | LKS MILANÓW                | M50-59    |             |              | 00:07:10          | 00:40:37          |
| 20  | KUBISZYN Mirosław      | 551   | KS METRACO POLKOWICE       | M30-39    |             |              | 00:07:03          | 00:40:43          |
| 21  | MARCZAK Krzysztof      | 460   | NWPL/NW BEŁCHATÓW          | M60+      |             |              | 00:07:11          | 00:41:16          |
| 22  | MĄDRY Grzegorz         | 462   | KIJKOWE TRZEMESZNO         | M60+      |             |              | 00:07:11          | 00:41:16          |
| 23  | ADAMSKI Robert         | 521   | DRUŻYNA SZPIKU             | M50-59    |             |              | 00:07:06          | 00:41:17          |
| 24  | KOŁODZIEJ Joanna       | 545   | STADION ŚLĄSKI             | K50-59    |             |              | 00:07:00          | 00:41:35          |
| 25  | SZULC Alicja           | 580   |                            | K40-49    |             |              | 00:07:11          | 00:41:55          |
| 26  | SPYCHAŁA Marzena       | 577   | CKZIU NYSA MECHANIK        | K40-49    |             |              | 00:07:17          | 00:41:56          |
| 27  | CIESIELSKI Jan         | 527   | TORUŃ - IDZIEMY BEZ RYZYKA | M40-49    |             |              | 00:07:14          | 00:42:10          |

| Msc | Zawodnik              | Numer | Klub                         | Kategoria | Żół. kartki | Czer. kartki | Herk_All<br>1.1km | Herk_All<br>6.1km |
|-----|-----------------------|-------|------------------------------|-----------|-------------|--------------|-------------------|-------------------|
| 28  | STANISŁAWSKI Jan      | 599   | MARSZ PO ZDROWIE             | M60+      |             |              | 00:07:21          | 00:42:34          |
| 29  | POSŁUSZNY Przemek     | 570   | WALK & RUN TEAM OBORNIKI     | M40-49    |             |              | 00:07:29          | 00:42:46          |
| 30  | KUŚMIEREK Patryk      | 343   | KLUB BŁĘKITNI NW DZIEMIANY   | M18-29    |             |              | 00:07:21          | 00:42:49          |
| 31  | ROMAN Krzysztof       | 574   | KS METRACO POLKOWICE         | M60+      | 1           |              | 00:07:47          | 00:42:57          |
| 32  | KOWALSKI Marek        | 550   | UNIA MIAST                   | M50-59    |             |              | 00:07:29          | 00:43:05          |
| 33  | KOLMETZ Katarzyna     | 544   | POLIPACK TEAM GWE            | K40-49    |             |              | 00:07:44          | 00:43:08          |
| 34  | ZAGAJA Janusz         | 600   | WESOŁY BORSUK TEAM           | M60+      | 1           |              | 00:07:33          | 00:43:13          |
| 35  | FRANKIEWICZ Mirosław  | 361   | FORMA NA PIĄTKĘ NW           | M40-49    |             |              | 00:07:28          | 00:43:44          |
| 36  | WESOŁOWSKI Wojciech   | 597   | MUSZKIETEROWIE               | M60+      | 1           |              | 00:07:36          | 00:43:52          |
| 37  | ŚCIBUT Ania           | 583   | FORMA NA PIĄTKĘ NW           | K40-49    |             |              | 00:07:23          | 00:43:56          |
| 38  | LENZ Andrzej          | 552   | MUSZKIETEROWIE               | M50-59    |             |              | 00:07:40          | 00:43:57          |
| 39  | ŻAMOJCIN Marek        | 593   | NORDICLUB SZCZECIN           | M50-59    |             |              | 00:07:31          | 00:44:02          |
| 40  | GOŁĘBIEWSKI Krzysztof | 536   | ZAWSZE MŁODZI NORDIC WALKING | M50-59    |             |              | 00:07:32          | 00:44:06          |
| 41  | GROS Agnieszka        | 537   | STADION ŚLĄSKI               | K40-49    |             |              | 00:07:41          | 00:44:22          |
| 42  | RAKOWIECKI Zbigniew   | 572   | FACE NORDIC WALKING TEAM     | M50-59    |             |              | 00:07:46          | 00:44:23          |
| 43  | NOWICZ Mariusz        | 563   | CIDRY LOTAJOM                | M18-29    |             |              | 00:07:24          | 00:44:26          |
| 44  | SZYMAŃSKI Jacek       | 581   | DAJ RADOŚĆ NIEPEŁNOSPRAWNYM  | M50-59    |             |              | 00:07:31          | 00:44:28          |
| 45  | FOLWARSKI Andrzej     | 534   | FACE NORDIC WALKING TEAM     | M60+      |             |              | 00:07:50          | 00:44:39          |
| 46  | EFEMBERG Joanna       | 533   | TORUŃ - IDZIEMY BEZ RYZYKA   | K40-49    |             |              | 00:07:48          | 00:44:40          |
| 47  | STĘPIEŃ Lucyna        | 578   | KS METRACO POLKOWICE         | K60+      |             |              | 00:07:47          | 00:44:49          |
| 48  | MANDZIUK Marek        | 556   | TKKF KRZNA BIAŁA PODLASKA    | M40-49    |             |              | 00:07:30          | 00:44:56          |
| 49  | RESEMAN Sylwia        | 573   | FACE NORDIC WALKING TEAM     | K50-59    |             |              | 00:07:55          | 00:45:07          |
| 50  | JANOSZKA Irena        | 539   | CIDRY LOTAJOM                | K50-59    |             |              | 00:07:45          | 00:45:13          |
| 51  | BUCZKOWSKA Wiesława   | 526   | FACE NORDIC WALKING TEAM     | K60+      |             |              | 00:07:52          | 00:45:13          |
| 52  | GODAWA Ireneusz       | 535   | STADION ŚLĄSKI               | M50-59    |             |              | 00:07:50          | 00:45:17          |
| 53  | PARUCKI Zbigniew      | 567   |                              | M60+      |             |              | 00:08:00          | 00:45:20          |
| 54  | ŁOPATKIEWICZ Beata    | 598   |                              | K50-59    |             |              | 00:07:49          | 00:45:35          |
| 55  | PAPROTNA Agnieszka    | 566   | NORDIC TEAM CZĘSTOCHOWA      | K30-39    | 1           |              | 00:07:47          | 00:45:52          |
| 56  | STACHOWICZ Joanna     | 341   | KLUB BŁĘKITNI NW DZIEMIANY   | K18-29    |             |              | 00:07:59          | 00:46:19          |
| 57  | SŁOMIŃSKA Marta       | 342   | KLUB BŁĘKITNI NW DZIEMIANY   | K18-29    |             |              | 00:08:00          | 00:46:19          |
| 58  | WIEŃSKO Ryszard       | 588   |                              | M60+      |             |              | 00:08:07          | 00:46:30          |
| 59  | DUSZA Anna            | 532   | NORDICLUB SZCZECIN           | K50-59    |             |              | 00:08:09          | 00:47:03          |
| 60  | POSŁUSZNA Gosia       | 569   | WALK & RUN TEAM OBORNIKI     | K40-49    |             |              | 00:08:36          | 00:47:43          |
| 61  | KORYCKA Mariola       | 548   | FORMA NA PIĄTKĘ NW           | K30-39    |             |              | 00:08:12          | 00:47:44          |
| 62  | BERSZTOLC Agnieszka   | 524   | NOWI SIEDLCE                 | K50-59    |             |              | 00:08:12          | 00:47:56          |
| 63  | DANKIEWICZ Barbara    | 531   | ZAWSZE MŁODZI NORDIC WALKING | K40-49    |             |              | 00:08:28          | 00:48:02          |
| 64  | NIETRZEBKA Paweł      | 561   | MIĘDZYSZTORÓW                | M30-39    |             |              | 00:08:10          | 00:48:19          |
| 65  | SOBAŃSKA Grażyna      | 576   |                              | K60+      |             |              | 00:08:32          | 00:48:19          |
| 66  | TERESIŃSKA Jolanta    | 503   | NORDIC TEAM CZĘSTOCHOWA      | K40-49    |             |              | 00:08:23          | 00:48:24          |
| 67  | NOWAK Aleksandra      | 562   | SERCE NORDICA WŁOCŁAWEK      | K30-39    |             |              | 00:08:26          | 00:48:27          |
| 68  | SZYMCZYK Magdalena    | 582   | NOWI SIEDLCE                 | K30-39    |             |              | 00:09:07          | 00:48:28          |
| 69  | POSTEK Danuta         | 571   | MARSZ PO ZDROWIE             | K50-59    |             |              | 00:08:24          | 00:48:47          |
| 70  | WENDT Jarosław        | 585   | POLIPACK TEAM GWE            | M50-59    | 1           |              | 00:08:23          | 00:49:16          |
| 71  | KACZMAREK Zofia       | 540   | SERCE NORDICA WŁOCŁAWEK      | K50-59    |             |              | 00:08:38          | 00:49:20          |
| 72  | KACZMAREK Jarosław    | 541   | SERCE NORDICA WŁOCŁAWEK      | M50-59    |             |              | 00:08:49          | 00:49:26          |

| Msc | Zawodnik             | Numer | Klub                       | Kategoria | Żół. kartki | Czer. kartki | Herk_All<br>1.1km | Herk_All<br>6.1km |
|-----|----------------------|-------|----------------------------|-----------|-------------|--------------|-------------------|-------------------|
| 73  | MAŁKIEWICZ Jacek     | 555   | TBKM WILK                  | M50-59    |             |              | 00:08:51          | 00:49:27          |
| 74  | MALINOWSKA Katarzyna | 554   | LECYMY DURŚ                | K30-39    |             |              | 00:08:34          | 00:49:31          |
| 75  | PALUCH Paweł         | 564   | AVOCADO WELLNESS CLUB      | M50-59    |             |              | 00:08:13          | 00:49:38          |
| 76  | MARCZYK Jerzy Paweł  | 558   | FACE NORDIC WALKING TEAM   | M60+      |             |              | 00:08:50          | 00:50:32          |
| 77  | ZAWADZKA Maria       | 592   | KS METRACO POLKOWICE       | K60+      |             |              | 00:09:00          | 00:52:52          |
| 78  | PILECKI Gustaw       | 596   | GOSIR OSIELSKO             | M60+      |             |              | 00:09:06          | 00:53:14          |
| 79  | ŻEBROWSKI Radosław   | 594   | AV O                       | M40-49    | 1           |              | 00:09:22          | 00:53:33          |
| 80  | MÓRAWSKI Sławomir    | 560   | TORUŃ - IDZIEMY BEZ RYZYKA | M50-59    |             |              | 00:09:37          | 00:57:41          |
| 81  | KARASIEWICZ Iwona    | 542   | NORDICLUB SZCZECIN         | K30-39    |             |              | 00:09:30          | 00:58:50          |

Znaleziono 81 wynik(ów)