

OSIELSKO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: PUCHAR POLSKI NORDIC WALKING 2019
Organizator: Osielsko
Data: 2019-08-10
Miejsce: Osielsko
Dystans: 21.1 km



Klasyfikacja: M60+

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Herk_All 1.1km	Herk_All 6.1km	Herk_All 11.1km	Herk_All 16.1km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	MICHALSKI Andrzej	559	NORDIC WALKING SANOK	M60+	1			00:07:03	00:39:24	01:11:48	01:45:07	02:19:23.65		6:36	9.1 (100%)
2	MARCZAK Krzysztof	460	NWPL/NW BEŁCHATÓW	M60+	2			00:07:11	00:41:16	01:15:44	01:51:30	02:28:41.70	+00:09:18 (6.3%)	7:02	8.5 (93.4%)
3	MĄDRY Grzegorz	462	KIJKOWE TRZEMESZNO	M60+	3			00:07:11	00:41:16	01:15:47	01:52:03	02:30:22.90	+00:10:59 (7.3%)	7:07	8.4 (92.3%)
4	ROMAN Krzysztof	574	KS METRACO POLKOWICE	M60+	4	1		00:07:47	00:42:57	01:18:44	01:54:34	02:30:53.00	+00:11:29 (7.6%)	7:09	8.4 (92.3%)
5	ZAGAJA Janusz	600	WESOŁY BORSUK TEAM	M60+	5	1		00:07:33	00:43:13	01:19:04	01:55:21	02:33:56.85	+00:14:33 (9.5%)	7:17	8.2 (90.1%)
6	STANISŁAWSKI Jan	599	MARSZ PO ZDROWIE	M60+	6			00:07:21	00:42:34	01:19:15	01:57:08	02:36:44.75	+00:17:21 (11.1%)	7:25	8.1 (89.0%)
7	FOLWARSKI Andrzej	534	FACE NORDIC WALKING TEAM	M60+	7			00:07:50	00:44:39	01:21:56	01:59:50	02:38:24.95	+00:19:01 (12.0%)	7:30	8 (87.9%)
8	PARUCKI Zbigniew	567		M60+	8			00:08:00	00:45:20	01:23:11	02:02:15	02:42:35.80	+00:23:12 (14.3%)	7:42	7.8 (85.7%)
9	WESOŁOWSKI Wojciech	597	MUSZKIETEROWIE	M60+	9	1		00:07:36	00:43:52	01:21:19	02:02:04	02:44:29.40	+00:25:05 (15.3%)	7:47	7.7 (84.6%)
10	WIEŃSKO Ryszard	588		M60+	10			00:08:07	00:46:30	01:25:39	02:05:33	02:46:47.90	+00:27:24 (16.4%)	7:54	7.6 (83.5%)
11	MARCZYK Jerzy Paweł	558	FACE NORDIC WALKING TEAM	M60+	11			00:08:50	00:50:32	01:33:14	02:17:19	03:04:34.60	+00:45:10 (24.5%)	8:44	6.9 (75.8%)
12	PILECKI Gustaw	596	GOSIR OSIELSKO	M60+	12			00:09:06	00:53:14	01:35:58	02:21:31	03:13:41.90	+00:54:18 (28.0%)	9:10	6.5 (71.4%)

Znaleziono 12 wynik(ów)