

Pułtusi Festiwal Biegów

4-6 maja 2018

PFB 2018 :: BIEG NOCNY ŚLADAMI HISTORII PUŁTUSKA

B4SPORT

Wydarzenie: Pułtusi Festiwal Biegów 2018
Organizator: Stowarzyszenie Pultovia
Data: 2018-05-04
Miejsce: Pułtusk
Dystans: 3.4 km

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 3.4km	Czas brutto 3.4km	Różn	Tempo min/km	Tempo km/h
1	POPOVA Olena	168		K30-49	1	00:00:01	00:11:32.85	00:11:34.45		3:23	17.7 (100%)
2	SUDZIŃSKA Mariola	129	AKM OLSZTYN	K30-49	2	00:00:02	00:11:55.90	00:11:57.90	+00:00:23 (3.2%)	3:30	17.1 (96.6%)
3	LEWANDOWSKA Karolina	160	DREAM RUN	K30-49	3	00:00:02	00:13:22.95	00:13:25.60	+00:01:50 (13.7%)	3:56	15.2 (85.9%)
4	CISZEWSKA Danuta	173		K30-49	4	00:00:01	00:13:31.80	00:13:33.55	+00:01:58 (14.7%)	3:58	15.1 (85.3%)
5	SZAFRAŃSKA Aneta	153	KB TKKF PROMYK	K30-49	5	00:00:01	00:13:59.25	00:14:01.10	+00:02:26 (17.4%)	4:07	14.6 (82.5%)
6	GALA Kamila	276	NAPRZÓD MŁOCINY	K30-49	6	00:00:03	00:14:37.55	00:14:40.80	+00:03:04 (21.0%)	4:17	14 (79.1%)
7	PASZKOWSKA Renata	130		K30-49	7	00:00:02	00:14:43.95	00:14:46.80	+00:03:11 (21.6%)	4:20	13.8 (78.0%)
8	PAWEŁAS Marta	145	POMIJALNI	K30-49	8	00:00:03	00:17:24.65	00:17:28.30	+00:05:51 (33.7%)	5:07	11.7 (66.1%)
9	RUCIŃSKA Jolanta	135	NASIELSK BASZTA TEAM	K30-49	9	00:00:10	00:17:52.55	00:18:02.55	+00:06:19 (35.4%)	5:15	11.4 (64.4%)
10	KONCA Beata	175	KB OŻARÓW MAZ.	K30-49	10	00:00:05	00:18:26.45	00:18:31.60	+00:06:53 (37.4%)	5:25	11.1 (62.7%)
11	SZMYT Barbara	178	INOS TOWARZYSZE	K30-49	11	00:00:03	00:18:29.30	00:18:33.25	+00:06:56 (37.5%)	5:26	11 (62.1%)
12	STRZELECKA Marta	119		K30-49	12	00:00:07	00:19:26.50	00:19:34.05	+00:07:53 (40.6%)	5:43	10.5 (59.3%)
13	KAŻMIERCZAK Joanna	182		K30-49	13	00:00:06	00:19:30.95	00:19:37.60	+00:07:58 (40.8%)	5:44	10.5 (59.3%)
14	TOMASIŃSKA Katarzyna	123	NASIELSK BASZTA TEAM	K30-49	14	00:00:08	00:19:35.65	00:19:44.40	+00:08:02 (41.1%)	5:45	10.4 (58.8%)
15	CHMURSKA Aneta	148	NASIELSK BASZTA TEAM	K30-49	15	00:00:08	00:19:36.30	00:19:44.35	+00:08:03 (41.1%)	5:45	10.4 (58.8%)
16	KILIAN Monika	137	ELEKTRYKWARSZAWA.PL	K30-49	16	00:00:08	00:21:36.40	00:21:44.95	+00:10:03 (46.6%)	6:21	9.4 (53.1%)
17	PIWOWARCZYK Agata	186	BRAVE HEARTS LEGIONOWO	K30-49	17	00:00:06	00:23:13.30	00:23:20.20	+00:11:40 (50.3%)	6:50	8.8 (49.7%)
18	GŁOWACKA Aleksandra	164		K30-49	18	00:00:06	00:23:13.70	00:23:20.15	+00:11:40 (50.3%)	6:50	8.8 (49.7%)
19	GAJEWSKA Anna	284	MAZOVIA PROACTIV	K30-49	19	00:00:10	00:25:04.75	00:25:15.05	+00:13:31 (54.0%)	7:22	8.1 (45.8%)
20	KRASKOWSKA Ewelina	188	MAZOVIA PROACTIV	K30-49	20	00:00:10	00:25:05.30	00:25:15.45	+00:13:32 (54.0%)	7:22	8.1 (45.8%)

Znaleziono 20 wynik(ów)