

# Pułtowski Festiwal Biegów

4-6 maja 2018

## PFB 2018 :: BIEG NOCNY ŚLADAMI HISTORII PUŁTUSKA

B4SPORT

**Wydarzenie:** Pułtowski Festiwal Biegów 2018  
**Organizator:** Stowarzyszenie Pultovia  
**Data:** 2018-05-04  
**Miejsce:** Pułtusk  
**Dystans:** 3.4 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-Open

| Msc | Zawodnik             | Numer | Klub                                | Kategoria | Mkat | Czas startu | Czas netto<br>3.4km | Czas brutto<br>3.4km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|----------------------|-------|-------------------------------------|-----------|------|-------------|---------------------|----------------------|-------------------|-----------------|---------------|
| 1   | VERECKYI Pavel       | 170   | LKB RUDNIK                          | M30-49    | 1    | 00:00:01    | 00:10:02.90         | 00:10:04.00          |                   | 2:57            | 20.3 (100%)   |
| 2   | DĄBROWSKI Przemysław | 166   | AGRO-METAL OSTROŁĘKA                | M16-29    | 1    | 00:00:01    | 00:10:08.75         | 00:10:10.00          | +00:00:05 (1.0%)  | 2:59            | 20.1 (99.0%)  |
| 3   | MARYNYCZ Vitalii     | 172   | SAPIK-TEAM                          | M30-49    | 2    | 00:00:00    | 00:10:25.05         | 00:10:25.90          | +00:00:22 (3.5%)  | 3:03            | 19.6 (96.6%)  |
| 4   | MAKOWSKI Michał      | 109   | MAZOVIA PROACTIV, 2.OREL PRZASNYSZ  | M30-49    | 3    | 00:00:01    | 00:10:32.10         | 00:10:33.20          | +00:00:29 (4.6%)  | 3:05            | 19.4 (95.6%)  |
| 5   | MIKIELSKI Daniel     | 143   |                                     | M16-29    | 2    | 00:00:01    | 00:10:34.40         | 00:10:35.50          | +00:00:31 (5.0%)  | 3:06            | 19.3 (95.1%)  |
| 6   | DZIEGIELEWSKI Marek  | 159   | KB IM.P.SĘKOWSKIEGO W PŁOŃSKU       | M50+      | 1    | 00:00:01    | 00:10:46.20         | 00:10:47.60          | +00:00:43 (6.7%)  | 3:10            | 18.9 (93.1%)  |
| 7   | TABER Konrad         | 150   | ACTIVE PROSPERIA/STO-NOGI MILANÓWEK | M16-29    | 3    | 00:00:01    | 00:11:06.80         | 00:11:08.05          | +00:01:03 (9.6%)  | 3:16            | 18.4 (90.6%)  |
| 8   | ŁASIŃSKI Michał      | 154   | 2111.PL / BIEGAM BO LUBIEŃ NOCĄ     | M30-49    | 4    | 00:00:01    | 00:11:11.85         | 00:11:13.40          | +00:01:08 (10.3%) | 3:17            | 18.2 (89.7%)  |
| 9   | KUJAWA Krzysztof     | 157   | WIĘCKOWSKI TEAM                     | M30-49    | 5    | 00:00:01    | 00:11:17.70         | 00:11:19.55          | +00:01:14 (11.0%) | 3:19            | 18.1 (89.2%)  |
| 10  | KUCIEJCZYK Henryk    | 104   | TEMPO MŁAWA                         | M50+      | 2    | 00:00:02    | 00:11:46.40         | 00:11:48.40          | +00:01:43 (14.7%) | 3:27            | 17.3 (85.2%)  |
| 11  | WIĘCKOWSKI Wojciech  | 180   |                                     | M50+      | 3    | 00:00:01    | 00:12:07.50         | 00:12:09.20          | +00:02:04 (17.1%) | 3:34            | 16.8 (82.8%)  |
| 12  | KUNOWSKI Bartosz     | 147   | ZABIEGANY WOŁOMIN                   | M30-49    | 6    | 00:00:02    | 00:12:10.50         | 00:12:12.65          | +00:02:07 (17.5%) | 3:34            | 16.8 (82.8%)  |
| 13  | WRÓBEL Marcin        | 118   |                                     | M30-49    | 7    | 00:00:01    | 00:12:19.25         | 00:12:20.95          | +00:02:16 (18.4%) | 3:37            | 16.6 (81.8%)  |
| 14  | MIELCZARSKI Bartosz  | 144   | POMIJAŁNI                           | M30-49    | 8    | 00:00:02    | 00:12:37.15         | 00:12:39.75          | +00:02:34 (20.4%) | 3:42            | 16.2 (79.8%)  |
| 15  | SOBOTA Krzysztof     | 167   | BRAVE HEARTS                        | M30-49    | 9    | 00:00:02    | 00:13:10.50         | 00:13:12.65          | +00:03:07 (23.7%) | 3:52            | 15.5 (76.4%)  |
| 16  | DUDA Tomasz          | 105   |                                     | M30-49    | 10   | 00:00:02    | 00:13:20.15         | 00:13:22.45          | +00:03:17 (24.7%) | 3:55            | 15.3 (75.4%)  |
| 17  | SARZAŁA Dariusz      | 192   | SARZAŁA RUN TEAM                    | M50+      | 4    | 00:00:02    | 00:13:28.55         | 00:13:31.00          | +00:03:25 (25.4%) | 3:57            | 15.1 (74.4%)  |
| 18  | CHUCHAŁA Włodzimierz | 184   |                                     | M50+      | 5    | 00:00:04    | 00:13:39.40         | 00:13:43.65          | +00:03:36 (26.4%) | 4:00            | 14.9 (73.4%)  |
| 19  | KARASIEWICZ Dariusz  | 106   | LIDER WINNICA                       | M16-29    | 4    | 00:00:03    | 00:13:53.75         | 00:13:57.60          | +00:03:50 (27.7%) | 4:05            | 14.7 (72.4%)  |
| 20  | KARASIEWICZ Paweł    | 101   | LIDER WINNICA                       | M16-29    | 5    | 00:00:04    | 00:14:03.10         | 00:14:07.55          | +00:04:00 (28.5%) | 4:07            | 14.5 (71.4%)  |
| 21  | ŻYŁA Arkadiusz       | 190   | NASIELSK BASZTA TEAM                | M16-29    | 6    | 00:00:06    | 00:14:21.60         | 00:14:28.10          | +00:04:18 (30.0%) | 4:13            | 14.2 (70.0%)  |
| 22  | MALUCHNIK Marek      | 110   | NASIELSK BASZTA TEAM                | M30-49    | 11   | 00:00:05    | 00:14:23.45         | 00:14:29.35          | +00:04:20 (30.2%) | 4:14            | 14.2 (70.0%)  |
| 23  | WITKOWSKI Łukasz     | 133   | NASIELSK BASZTA TEAM                | M30-49    | 12   | 00:00:06    | 00:14:24.60         | 00:14:30.90          | +00:04:21 (30.3%) | 4:14            | 14.2 (70.0%)  |
| 24  | SARZAŁA Bartłomiej   | 161   | SARZAŁA RUN TEAM                    | M16-29    | 7    | 00:00:04    | 00:14:28.25         | 00:14:32.85          | +00:04:25 (30.6%) | 4:15            | 14.1 (69.5%)  |
| 25  | SARZAŁA Dariusz      | 162   | SARZAŁA RUN TEAM                    | M50+      | 6    | 00:00:05    | 00:14:35.90         | 00:14:41.45          | +00:04:33 (31.2%) | 4:17            | 14 (69.0%)    |
| 26  | JAKUBOWSKI Dariusz   | 122   |                                     | M30-49    | 13   | 00:00:05    | 00:14:38.85         | 00:14:44.25          | +00:04:35 (31.4%) | 4:18            | 13.9 (68.5%)  |
| 27  | KALKA Kamil          | 131   |                                     | M30-49    | 14   | 00:00:02    | 00:14:43.80         | 00:14:46.30          | +00:04:40 (31.8%) | 4:20            | 13.8 (68.0%)  |

| Msc | Zawodnik                | Numer | Klub                                | Kategoria | Mkat | Czas startu | Czas netto<br>3.4km | Czas brutto<br>3.4km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|-------------------------|-------|-------------------------------------|-----------|------|-------------|---------------------|----------------------|-------------------|-----------------|---------------|
| 28  | KONCA Aleksander        | 177   | KB OŻARÓW MAZ.                      | M16-29    | 8    | 00:00:05    | 00:14:53.65         | 00:14:58.85          | +00:04:50 (32.5%) | 4:22            | 13.7 (67.5%)  |
| 29  | ŁASIŃSKI Paweł          | 156   | 2111.PL                             | M30-49    | 15   | 00:00:02    | 00:14:56.45         | 00:14:59.15          | +00:04:53 (32.7%) | 4:23            | 13.6 (67.0%)  |
| 30  | GŁOWACKI Andrzej        | 165   | DOWÓDZTWO WOT                       | M30-49    | 16   | 00:00:05    | 00:15:03.10         | 00:15:09.00          | +00:05:00 (33.2%) | 4:25            | 13.5 (66.5%)  |
| 31  | PIEKUTOWSKI Sławomir    | 108   |                                     | M30-49    | 17   | 00:00:06    | 00:15:03.25         | 00:15:09.30          | +00:05:00 (33.3%) | 4:25            | 13.6 (67.0%)  |
| 32  | ROSIŃSKI Eugeniusz      | 103   | STO-NOGI MILANÓWEK                  | M50+      | 7    | 00:00:05    | 00:15:18.80         | 00:15:23.90          | +00:05:15 (34.4%) | 4:30            | 13.3 (65.5%)  |
| 33  | BANASIAK Artur          | 112   |                                     | M16-29    | 9    | 00:00:04    | 00:15:29.95         | 00:15:34.50          | +00:05:27 (35.2%) | 4:33            | 13.2 (65.0%)  |
| 34  | TABER Jerzy             | 183   | ACTIVE PROSPERIA/STO-NOGI MILANÓWEK | M50+      | 8    | 00:00:02    | 00:15:32.85         | 00:15:35.50          | +00:05:29 (35.4%) | 4:34            | 13.1 (64.5%)  |
| 35  | KRAWCZYK Paweł          | 151   | LIDER WINNICA                       | M30-49    | 18   | 00:00:04    | 00:15:38.55         | 00:15:43.15          | +00:05:35 (35.8%) | 4:36            | 13 (64.0%)    |
| 36  | KONCA Mariusz           | 176   | KB OŻARÓW MAZ.                      | M30-49    | 19   | 00:00:05    | 00:15:39.95         | 00:15:45.80          | +00:05:37 (35.9%) | 4:36            | 13 (64.0%)    |
| 37  | MUZYKA Marek            | 142   | WIELISZEW HERON TEAM                | M30-49    | 20   | 00:00:04    | 00:15:43.40         | 00:15:47.75          | +00:05:40 (36.1%) | 4:37            | 13 (64.0%)    |
| 38  | PIWOWARCZYK Marcin      | 187   | BRAVE HEARTS LEGIONOWO              | M30-49    | 21   | 00:00:07    | 00:15:49.80         | 00:15:57.05          | +00:05:46 (36.5%) | 4:39            | 12.9 (63.5%)  |
| 39  | KOZŁOWSKI Witold        | 113   | WARSZAWA-BEMOWO                     | M30-49    | 22   | 00:00:05    | 00:15:51.85         | 00:15:57.25          | +00:05:48 (36.7%) | 4:40            | 12.9 (63.5%)  |
| 40  | KIELAN Damian           | 140   |                                     | M16-29    | 10   | 00:00:04    | 00:16:01.00         | 00:16:05.25          | +00:05:58 (37.3%) | 4:42            | 12.7 (62.6%)  |
| 41  | GREGAJTYS Jacek         | 107   |                                     | M30-49    | 23   | 00:00:03    | 00:16:10.70         | 00:16:13.95          | +00:06:07 (37.9%) | 4:45            | 12.6 (62.1%)  |
| 42  | KOŁODZIEJCZYK Krzysztof | 128   | NASIELSK BASZTA TEAM                | M30-49    | 25   | 00:00:05    | 00:16:17.50         | 00:16:23.40          | +00:06:14 (38.3%) | 4:47            | 12.5 (61.6%)  |
| 43  | DOBROSIELSKI Kazimierz  | 125   |                                     | M50+      | 9    | 00:00:07    | 00:16:24.40         | 00:16:32.20          | +00:06:21 (38.8%) | 4:49            | 12.4 (61.1%)  |
| 44  | VUCO Ivo                | 275   | UNESCO MB                           | M30-49    | 26   | 00:00:05    | 00:16:53.70         | 00:16:58.95          | +00:06:50 (40.5%) | 4:57            | 12.1 (59.6%)  |
| 45  | NOLASTNAME Nofirstname  | 189   | LIDER WINNICA                       | M30-49    | 27   | 00:00:10    | 00:16:55.65         | 00:17:06.00          | +00:06:52 (40.6%) | 4:58            | 12 (59.1%)    |
| 46  | MAREK Roman             | 274   |                                     | M50+      | 10   | 00:00:05    | 00:17:05.00         | 00:17:10.10          | +00:07:02 (41.2%) | 5:01            | 11.9 (58.6%)  |
| 47  | GRZYBOWSKI Mikołaj      | 132   |                                     | M30-49    | 28   | 00:00:03    | 00:17:52.35         | 00:17:56.00          | +00:07:49 (43.8%) | 5:15            | 11.4 (56.2%)  |
| 48  | RUCIŃSKI Jarosław       | 134   | NASIELSK BASZTA TEAM                | M30-49    | 29   | 00:00:05    | 00:18:17.35         | 00:18:22.60          | +00:08:14 (45.1%) | 5:22            | 11.2 (55.2%)  |
| 49  | WALCZYNA Dariusz        | 179   | INOS TOWARZYSZE                     | M30-49    | 30   | 00:00:04    | 00:18:22.10         | 00:18:26.25          | +00:08:19 (45.3%) | 5:24            | 11.1 (54.7%)  |
| 50  | FILIPOWIVZ Tomek        | 124   |                                     | M30-49    | 31   | 00:00:07    | 00:18:26.00         | 00:18:33.50          | +00:08:23 (45.5%) | 5:25            | 11.1 (54.7%)  |
| 51  | STRZELECKI Michał       | 120   |                                     | M30-49    | 32   | 00:00:08    | 00:19:26.15         | 00:19:34.30          | +00:09:23 (48.3%) | 5:42            | 10.5 (51.7%)  |
| 52  | BALCERZAK Paweł         | 116   |                                     | M30-49    | 33   | 00:00:06    | 00:19:28.70         | 00:19:35.60          | +00:09:25 (48.4%) | 5:43            | 10.5 (51.7%)  |
| 53  | TOMASIŃSKI Paweł        | 127   |                                     | M30-49    | 34   | 00:00:08    | 00:19:33.25         | 00:19:41.90          | +00:09:30 (48.6%) | 5:45            | 10.4 (51.2%)  |
| 54  | SKRZYPEK Roman J.       | 115   |                                     | M50+      | 11   | 00:00:07    | 00:22:07.10         | 00:22:14.10          | +00:12:04 (54.6%) | 6:30            | 9.2 (45.3%)   |
| 55  | KULASZEWSKI Piotr       | 185   |                                     | M16-29    | 11   | 00:00:03    | 00:22:33.55         | 00:22:36.55          | +00:12:30 (55.5%) | 6:37            | 9 (44.3%)     |
| 56  | BAJCHRZAK Jacek         | 191   |                                     | M30-49    | 35   | 00:00:06    | 00:23:29.45         | 00:23:36.40          | +00:13:26 (57.2%) | 6:54            | 8.7 (42.9%)   |
| 57  | KOWALIŃSKI Maciej       | 273   | MAZOVIA PROACTIV CIECHANÓW          | M30-49    | 36   | 00:00:09    | 00:25:05.70         | 00:25:15.20          | +00:15:02 (60.0%) | 7:22            | 8.1 (39.9%)   |
| 57  | BAŁABAS Adam            | 194   | MAZOVIA PROACTIV CIECHANÓW          | M30-49    | 37   | 00:00:09    | 00:25:05.70         | 00:25:15.20          | +00:15:02 (60.0%) | 7:22            | 8.1 (39.9%)   |

Znaleziono 58 wynik(ów)