

Pułtowski Festiwal Biegów

4-6 maja 2018

Klasyfikacja: M-Open

PFB 2018 :: BURSZTYNOWY BIEG PO PUSZCZY BIAŁEJ

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Pułtowski Festiwal Biegów 2018
Organizator: Stowarzyszenie Pultovia
Data: 2018-05-06
Miejsce: Pułtusk
Dystans: 10 km

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	VERECKYI Pavel	170	LKB RUDNIK	M30-49	1	00:00:01	00:32:49.70	00:32:51.45		3:17	18.3 (100%)
2	DĄBROWSKI Przemysław	166	AGRO-METAL OSTROŁĘKA	M16-29	1	00:00:01	00:33:24.60	00:33:25.95	+00:00:34 (1.7%)	3:20	18 (98.4%)
3	DZIEGIELEWSKI Marek	159	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	M50+	1	00:00:02	00:33:35.65	00:33:37.75	+00:00:45 (2.3%)	3:21	17.9 (97.8%)
4	MAKOWSKI Michał	109	MAZOVIA PROACTIV, 2.OREL PRZASNYSZ	M30-49	2	00:00:01	00:33:50.30	00:33:51.80	+00:01:00 (3.0%)	3:23	17.7 (96.7%)
5	MARYNYCZ Vitalii	172	SAPIK-TEAM	M30-49	3	00:00:01	00:34:01.70	00:34:03.20	+00:01:12 (3.5%)	3:24	17.6 (96.2%)
6	MIKIELSKI Daniel	143		M16-29	2	00:00:01	00:35:51.20	00:35:53.15	+00:03:01 (8.4%)	3:35	16.7 (91.3%)
7	KUJAWA Krzysztof	157	WIĘCKOWSKI TEAM	M30-49	4	00:00:01	00:36:06.65	00:36:08.30	+00:03:16 (9.1%)	3:36	16.6 (90.7%)
8	TABER Konrad	150	ACTIVE PROSPERIA/STO-NOGI MILANÓWEK	M16-29	3	00:00:00	00:36:38.00	00:36:38.90	+00:03:48 (10.4%)	3:39	16.4 (89.6%)
9	ŁASIŃSKI Michał	154	2111.PL / BIEGAM BO LUBIĘ NOCĄ	M30-49	5	00:00:02	00:36:50.35	00:36:52.95	+00:04:00 (10.9%)	3:41	16.3 (89.1%)
10	BUDNIAK Tomasz	340	KB TKKF PROMYK CIECHANÓW	M30-49	6	00:00:03	00:39:35.00	00:39:38.25	+00:06:45 (17.1%)	3:57	15.2 (83.1%)
11	KUNOWSKI Bartosz	147	ZABIEGANY WOŁOMIN	M30-49	7	00:00:02	00:39:38.10	00:39:40.55	+00:06:48 (17.2%)	3:57	15.1 (82.5%)
12	WIĘCKOWSKI Wojciech	180		M50+	2	00:00:01	00:39:53.50	00:39:55.45	+00:07:03 (17.7%)	3:59	15 (82.0%)
13	KUCIEJCZYK Henryk	104	TEMPO MŁAWA	M50+	3	00:00:01	00:39:53.90	00:39:55.75	+00:07:04 (17.7%)	3:59	15 (82.0%)
14	WRÓBEL Marcin	118		M30-49	8	00:00:02	00:41:22.30	00:41:24.85	+00:08:32 (20.7%)	4:08	14.5 (79.2%)
15	BRYŚKIEWICZ Jacek	329	LIDER WINNICA	M30-49	9	00:00:03	00:41:48.30	00:41:51.40	+00:08:58 (21.5%)	4:10	14.4 (78.7%)
16	LISZKIEWICZ Konrad	341		M30-49	10	00:00:03	00:41:54.85	00:41:58.05	+00:09:05 (21.7%)	4:11	14.3 (78.1%)
17	MALINOWSKI Łukasz	343		M16-29	4	00:00:02	00:42:18.20	00:42:20.60	+00:09:28 (22.4%)	4:13	14.2 (77.6%)
18	DUDA Tomasz	105		M30-49	11	00:00:02	00:42:43.60	00:42:46.55	+00:09:53 (23.2%)	4:16	14 (76.5%)
19	CHUCHAŁA Włodzimierz	184		M50+	4	00:00:05	00:42:51.25	00:42:56.70	+00:10:01 (23.4%)	4:17	14 (76.5%)
20	MIELCZARSKI Bartosz	144	POMIJAŁNI	M30-49	12	00:00:04	00:43:30.45	00:43:34.95	+00:10:40 (24.5%)	4:21	13.8 (75.4%)
21	SOBOTA Krzysztof	167	BRAVE HEARTS	M30-49	13	00:00:03	00:43:38.15	00:43:41.45	+00:10:48 (24.8%)	4:21	13.8 (75.4%)
22	JASKOT Piotr	333		M50+	5	00:00:04	00:44:21.55	00:44:25.65	+00:11:31 (26.0%)	4:26	13.5 (73.8%)
23	SARZAŁA Dariusz	192	SARZAŁA RUN TEAM	M50+	6	00:00:07	00:44:51.40	00:44:58.85	+00:12:01 (26.8%)	4:29	13.4 (73.2%)
24	MATUSIK Łukasz	332	ŻYJ Z CAŁYCH SIŁ	M30-49	14	00:00:05	00:45:24.20	00:45:30.15	+00:12:34 (27.7%)	4:32	13.2 (72.1%)
25	JAKUBOWSKI Dariusz	122		M30-49	15	00:00:04	00:45:29.40	00:45:33.80	+00:12:39 (27.8%)	4:32	13.2 (72.1%)
26	ROZE Paweł	328		M30-49	16	00:00:02	00:45:29.65	00:45:32.55	+00:12:39 (27.8%)	4:33	13.2 (72.1%)
27	FILIPOWIVZ Tomek	124		M30-49	17	00:00:06	00:45:34.60	00:45:41.45	+00:12:44 (28.0%)	4:33	13.2 (72.1%)

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28	DĄBROWSKI Michał	323		M30-49	18	00:00:02	00:46:15.85	00:46:18.60	+00:13:26 (29.0%)	4:37	13 (71.0%)
29	TRZCIŃSKI Wiesław	162	SARZALA RUN TEAM	M50+	7	00:00:07	00:46:25.05	00:46:32.20	+00:13:35 (29.3%)	4:38	12.9 (70.5%)
30	CZWARTEK Piotr	337	WIĘCKOWSKI TEAM	M30-49	19	00:00:03	00:46:44.45	00:46:48.40	+00:13:54 (29.8%)	4:40	12.8 (69.9%)
31	WITKOWSKI Łukasz	133	NASIELSK BASZTA TEAM	M30-49	20	00:00:03	00:46:51.10	00:46:55.00	+00:14:01 (29.9%)	4:41	12.8 (69.9%)
32	KARASIEWICZ Dariusz	106	LIDER WINNICA	M16-29	5	00:00:04	00:46:57.10	00:47:01.60	+00:14:07 (30.1%)	4:41	12.8 (69.9%)
33	SZPAKIEWICZ Zbigniew	342	KB SĘKOWSKIEGO	M50+	8	00:00:04	00:47:08.75	00:47:13.45	+00:14:19 (30.4%)	4:42	12.7 (69.4%)
34	MEJER Jacek	100	DRUŻYNA SZPIKU	M30-49	21	00:00:10	00:47:50.10	00:48:00.40	+00:15:00 (31.4%)	4:47	12.5 (68.3%)
35	PRZYBYSZ Mateusz	331	ŻYJ Z CAŁYCH SIŁ	M16-29	6	00:00:05	00:48:02.60	00:48:08.55	+00:15:12 (31.7%)	4:48	12.5 (68.3%)
36	KARASIEWICZ Paweł	101	LIDER WINNICA	M16-29	7	00:00:04	00:48:14.75	00:48:19.55	+00:15:25 (32.0%)	4:49	12.4 (67.8%)
37	ROSIŃSKI Eugeniusz	103	STO-NOGI MILANÓWEK	M50+	9	00:00:06	00:48:25.60	00:48:32.20	+00:15:35 (32.2%)	4:50	12.4 (67.8%)
38	TABER Jerzy	183	ACTIVE PROSPERIA/STO-NOGI MILANÓWEK	M50+	10	00:00:02	00:48:46.25	00:48:49.00	+00:15:56 (32.7%)	4:52	12.3 (67.2%)
39	MAGDA Krzysztof	344	OWCA RUNNING TEAM	M16-29	8	00:00:06	00:48:47.35	00:48:53.90	+00:15:57 (32.7%)	4:52	12.3 (67.2%)
40	KRAWCZYK Paweł	151	LIDER WINNICA	M30-49	22	00:00:04	00:48:58.15	00:49:02.95	+00:16:08 (33.0%)	4:53	12.3 (67.2%)
41	BRALEWSKI Tomasz	336	KB WYSZKÓW	M30-49	23	00:00:03	00:49:33.50	00:49:37.30	+00:16:43 (33.8%)	4:57	12.1 (66.1%)
42	GLINKA Karol	330		M30-49	24	00:00:03	00:49:33.60	00:49:36.80	+00:16:43 (33.8%)	4:57	12.1 (66.1%)
43	SARZAŁA Bartłomiej	161	SARZALA RUN TEAM	M16-29	9	00:00:05	00:50:09.30	00:50:14.50	+00:17:19 (34.5%)	5:00	12 (65.6%)
44	GŁOWACKI Andrzej	165	DOWÓDZTWO WOT	M30-49	25	00:00:08	00:50:26.95	00:50:35.05	+00:17:37 (34.9%)	5:02	11.9 (65.0%)
45	PIEKUTOWSKI Sławomir	108		M30-49	26	00:00:07	00:50:44.90	00:50:51.90	+00:17:55 (35.3%)	5:04	11.8 (64.5%)
46	ŁASIŃSKI Paweł	156	2111.PL	M30-49	27	00:00:05	00:51:10.95	00:51:16.15	+00:18:21 (35.9%)	5:07	11.7 (63.9%)
47	KIELAN Damian	140		M16-29	10	00:00:05	00:51:37.15	00:51:42.20	+00:18:47 (36.4%)	5:09	11.6 (63.4%)
48	BANASIAK Artur	112		M16-29	11	00:00:06	00:52:14.40	00:52:20.65	+00:19:24 (37.2%)	5:13	11.5 (62.8%)
49	CZYŻ Dominik	322	GRUPA BIEGOWA CHTMO	M30-49	28	00:00:07	00:52:21.15	00:52:28.45	+00:19:31 (37.3%)	5:14	11.5 (62.8%)
50	ŻYŁA Arkadiusz	190	NASIELSK BASZTA TEAM	M16-29	12	00:00:08	00:52:46.10	00:52:54.30	+00:19:56 (37.8%)	5:16	11.4 (62.3%)
51	KONCA Aleksander	177	KB OŻARÓW MAZ.	M16-29	13	00:00:05	00:52:48.95	00:52:54.90	+00:19:59 (37.8%)	5:16	11.4 (62.3%)
52	KOZŁOWSKI Witold	113	WARSZAWA-BEMOWO	M30-49	29	00:00:07	00:52:52.45	00:52:59.50	+00:20:02 (37.9%)	5:17	11.3 (61.7%)
53	JASKOT Roman	324		M50+	11	00:00:06	00:53:08.40	00:53:14.85	+00:20:18 (38.2%)	5:18	11.3 (61.7%)
54	DOBROSIELSKI Kazimierz	125		M50+	12	00:00:07	00:53:10.60	00:53:18.15	+00:20:20 (38.3%)	5:19	11.3 (61.7%)
55	KONCA Mariusz	176	KB OŻARÓW MAZ.	M30-49	30	00:00:06	00:53:11.75	00:53:18.00	+00:20:22 (38.3%)	5:19	11.3 (61.7%)
56	KOŁODZIEJCZYK Krzysztof	128	NASIELSK BASZTA TEAM	M30-49	31	00:00:09	00:54:40.30	00:54:49.90	+00:21:50 (40.0%)	5:28	11 (60.1%)
57	GRZYBOWSKI Mikołaj	132		M30-49	32	00:00:07	00:57:27.55	00:57:35.15	+00:24:37 (42.9%)	5:44	10.4 (56.8%)
58	MUZYKA Marek	142	WIELISZEW HERON TEAM	M30-49	33	00:00:04	00:57:51.20	00:57:55.20	+00:25:01 (43.3%)	5:47	10.4 (56.8%)
59	BALCERZAK Paweł	116		M30-49	34	00:00:08	00:59:27.80	00:59:36.20	+00:26:38 (44.8%)	5:56	10.1 (55.2%)
60	WALCZYNA Dariusz	179	INOS TOWARZYSZE	M30-49	35	00:00:10	01:00:38.45	01:00:48.45	+00:27:48 (45.9%)	6:03	9.9 (54.1%)
61	MISIURSKI Grzegorz	338		M30-49	36	00:00:11	01:01:41.80	01:01:53.60	+00:28:52 (46.8%)	6:10	9.7 (53.0%)
62	PIWOWARCZYK Marcin	187	BRAVE HEARTS LEGIONOWO	M30-49	37	00:00:09	01:02:08.10	01:02:17.10	+00:29:18 (47.2%)	6:12	9.7 (53.0%)
63	TOMASIŃSKI Paweł	127		M30-49	38	00:00:10	01:03:51.80	01:04:02.40	+00:31:02 (48.6%)	6:23	9.4 (51.4%)
64	STRZELECKI Michał	120		M30-49	39	00:00:08	01:04:11.55	01:04:20.35	+00:31:21 (48.9%)	6:25	9.3 (50.8%)
65	SKRZYPEK Roman J.	115		M50+	13	00:00:15	01:07:43.90	01:07:59.20	+00:34:54 (51.5%)	6:46	8.9 (48.6%)
66	BAŁABAS Adam	194	MAZOVIA PROACTIV CIECHANÓW	M30-49	40	00:00:10	01:08:18.85	01:08:28.90	+00:35:29 (51.9%)	6:49	8.8 (48.1%)
67	RUCIŃSKI Jarosław	134	NASIELSK BASZTA TEAM	M30-49	41	00:00:11	01:08:53.35	01:09:04.70	+00:36:03 (52.3%)	6:53	8.7 (47.5%)
68	KULASZEWSKI Piotr	185		M16-29	14	00:00:08	01:11:30.45	01:11:38.85	+00:38:40 (54.1%)	7:09	8.4 (45.9%)