

Pułtusi Festiwal Biegów

4-6 maja 2018

PFB 2019 :: BIEG NOCNY ŚLADAMI HISTORII PUŁTUSKA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Pułtusi Festiwal Biegów 2019
Organizator: Stowarzyszenie Pultovia
Data: 2019-05-03
Miejsce: Pułtusk
Dystans: 3.4 km

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 3.4km	Czas brutto 3.4km	Różn	Tempo min/km	Tempo km/h
1	KOŁOMIEC Kristina	153		K16-29	1	00:00:01	00:12:55.95	00:12:57.15		3:48	15.8 (100%)
2	RUCHLEWICZ Natalia	127		K16-29	2	00:00:02	00:13:11.60	00:13:14.00	+00:00:15 (2.0%)	3:52	15.5 (98.1%)
3	BONISŁAWSKA Kamila	146		K16-29	3	00:00:01	00:13:25.80	00:13:27.40	+00:00:29 (3.7%)	3:57	15.2 (96.2%)
4	ROSIŃSKA Barbara	126	STO-NOGI MILANÓWEK	K50+	1	00:00:02	00:13:58.40	00:14:01.05	+00:01:02 (7.4%)	4:06	14.6 (92.4%)
5	TRUSZKOWSKA Marta	136		K30-49	1	00:00:02	00:14:21.55	00:14:23.65	+00:01:25 (9.9%)	4:13	14.2 (89.9%)
6	KWIATKOWSKA Renata	120	KB OŻARÓW MAZOWIECKI BIEGA	K50+	2	00:00:02	00:14:25.50	00:14:28.05	+00:01:29 (10.3%)	4:14	14.1 (89.2%)
7	WILCZYŃSKA Julia	276	MKS	K16-29	4	00:00:05	00:14:44.95	00:14:50.05	+00:01:49 (12.3%)	4:20	13.8 (87.3%)
8	WRÓBEL Natalia	139		K30-49	2	00:00:03	00:15:12.60	00:15:16.10	+00:02:16 (15.0%)	4:28	13.4 (84.8%)
9	KAMIŃSKA Patrycja	258	BIEGAM BO LUBIĘ OSTROŁĘKA	K16-29	5	00:00:01	00:15:31.85	00:15:33.15	+00:02:35 (16.7%)	4:34	13.1 (82.9%)
10	JANKOWSKA Agnieszka	111	NASIELSK BASZTA TEAM	K30-49	3	00:00:07	00:16:13.25	00:16:21.00	+00:03:17 (20.3%)	4:46	12.6 (79.7%)
11	KŁOS Barbara	151		K50+	3	00:00:03	00:16:20.60	00:16:23.65	+00:03:24 (20.9%)	4:48	12.5 (79.1%)
12	ROSA Elżbieta	159	BÓBR TŁUSZCZ	K50+	4	00:00:05	00:16:22.65	00:16:28.35	+00:03:26 (21.0%)	4:49	12.5 (79.1%)
13	GOLLNIK Daria	149	ROZBIEGAMY NOWY DWÓR	K30-49	4	00:00:02	00:16:28.75	00:16:31.30	+00:03:32 (21.5%)	4:50	12.4 (78.5%)
14	GREGAJTYS Aleksandra	109		K16-29	6	00:00:04	00:17:26.80	00:17:31.30	+00:04:30 (25.9%)	5:07	11.7 (74.1%)
15	ZIELIŃSKA Dorota	143		K16-29	7	00:00:05	00:17:28.65	00:17:34.25	+00:04:32 (26.0%)	5:08	11.7 (74.1%)
16	SZULGA Małgorzata	274		K30-49	5	00:00:06	00:17:46.55	00:17:52.90	+00:04:50 (27.2%)	5:13	11.5 (72.8%)
17	KARŁOWICZ Aleksandra	115		K16-29	8	00:00:03	00:17:58.15	00:18:01.90	+00:05:02 (28.0%)	5:17	11.4 (72.2%)
18	BARANOWSKA Marta	145		K30-49	6	00:00:04	00:18:14.75	00:18:19.60	+00:05:18 (29.1%)	5:22	11.2 (70.9%)
19	WYSMYK Ada	141		K16-29	9	00:00:05	00:18:22.90	00:18:28.80	+00:05:26 (29.6%)	5:24	11.1 (70.3%)
20	KOWALCZYK Ewelina	154	LIDER WINNICA	K16-29	10	00:00:06	00:18:33.50	00:18:39.80	+00:05:37 (30.3%)	5:27	11 (69.6%)
21	WITKOWSKA Eliza	137	NASIELSK BASZTA TEAM	K30-49	7	00:00:07	00:18:33.95	00:18:41.40	+00:05:38 (30.3%)	5:27	11 (69.6%)
22	RUCIŃSKA Jolanta	128	NASIELSK BASZTA TEAM	K30-49	8	00:00:08	00:19:17.45	00:19:25.50	+00:06:21 (33.0%)	5:40	10.6 (67.1%)
23	WOJCIECHOWSKA Wioletta	161		K50+	5	00:00:03	00:20:04.85	00:20:08.45	+00:07:08 (35.6%)	5:54	10.2 (64.6%)
24	KRZYCZKOWSKA Sylwia	176		K30-49	9	00:00:07	00:20:06.45	00:20:13.95	+00:07:10 (35.7%)	5:54	10.1 (63.9%)
25	GŁOWACKA Aleksandra	106	MŁODY VS STARY	K30-49	10	00:00:05	00:20:29.35	00:20:34.70	+00:07:33 (36.9%)	6:01	10 (63.3%)
26	CZARNOTA Dorota	102	BRAVEHEARTS LEGIONOWO	K30-49	11	00:00:06	00:21:56.65	00:22:03.45	+00:09:00 (41.1%)	6:27	9.3 (58.9%)

Znaleziono 26 wynik(ów)