

# Pułtowski Festiwal Biegów

4-6 maja 2018

## PFB 2019 :: BURSZTYNOWY BIEG PO PUSZCZY BIAŁEJ

B4SPORT

Wydarzenie: Pułtowski Festiwal Biegów 2019  
Organizator: Stowarzyszenie Pultovia  
Data: 2019-05-05  
Miejsce: Pułtusk  
Dystans: 10 km

B4SPORT  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	OBUCHOWSKI Oleksii	125		M16-29	1	00:00:02	00:31:29.20	00:31:31.30		3:08	19.1
2	DĄBROWSKI Przemysław	166	AGRO-METAL OSTROŁĘKA	M30-49	1	00:00:01	00:33:27.30	00:33:28.70	+00:01:58	3:20	17.9
3	MARYNICZ Witalii	123		M30-49	2	00:00:01	00:34:13.95	00:34:15.65	+00:02:44	3:25	17.5
4	DZIĘGIELEWSKI Marek	147	KB IM.P.SĘKOWSKIEGO W PŁOŃSKU	M50+	1	00:00:01	00:34:14.60	00:34:16.25	+00:02:45	3:25	17.5
5	TABER Konrad	135	ACTIVE PROSPERIA/STO-NOGI MILANÓWEK	M16-29	2	00:00:01	00:34:30.30	00:34:31.85	+00:03:01	3:27	17.4
6	ZAKOWICZ Paweł	162	PIECHOTĄ PO SCHODACH - ŁÓDŹ	M30-49	3	00:00:02	00:36:04.75	00:36:07.65	+00:04:35	3:36	16.6
7	ŚWIERCZYŃSKI Norbert	134	RACEFIGHTER GOSIR DĘBE WLK.	M16-29	3	00:00:01	00:36:05.20	00:36:06.85	+00:04:36	3:36	16.6
8	KUCIEJCZYK Henryk	119	TEMPO MŁAWA	M50+	2	00:00:01	00:37:27.75	00:37:29.65	+00:05:58	3:44	16
9	CHRABAŁOWSKI Jarosław	351	LENGOSHOP.PL	M30-49	4	00:00:02	00:37:38.05	00:37:40.75	+00:06:08	3:45	15.9
10	TOMCZAK Marcin	174	KOCI PAZUR	M30-49	5	00:00:02	00:38:10.65	00:38:13.05	+00:06:41	3:49	15.7
11	WRÓBEL Marcin	140		M30-49	6	00:00:02	00:39:18.05	00:39:20.85	+00:07:48	3:55	15.3
12	KŁOSIŃSKI Rafał	152	RACEFIGHTER GOSIR DĘBE WLK.	M30-49	7	00:00:04	00:40:09.80	00:40:14.20	+00:08:40	4:01	14.9
13	MALINOWSKI Łukasz	122	NASIELSK BASZTA TEAM	M16-29	4	00:00:02	00:40:23.20	00:40:26.10	+00:08:54	4:02	14.9
14	KUKLA Marcin	355	RYSIK RUNNERS	M50+	3	00:00:02	00:40:24.35	00:40:26.60	+00:08:55	4:02	14.9
15	KOŁOMIEC Kristina	153		K16-29	1	00:00:01	00:40:28.25	00:40:29.90	+00:08:59	4:02	14.8
16	RUCHLEWICZ Natalia	127		K16-29	2	00:00:02	00:40:42.15	00:40:44.40	+00:09:12	4:04	14.7
17	SMUGA Łukasz	344		M30-49	8	00:00:03	00:41:27.40	00:41:30.50	+00:09:58	4:08	14.5
18	SARZAŁA Dariusz	160	KOCI PAZUR	M50+	4	00:00:01	00:41:53.20	00:41:54.90	+00:10:24	4:11	14.3
19	ZALEWSKI Marcin	142	INOBE	M30-49	9	00:00:03	00:41:59.45	00:42:02.55	+00:10:30	4:11	14.3
20	BONISŁAWSKA Kamila	146		K16-29	3	00:00:01	00:42:09.80	00:42:11.60	+00:10:40	4:13	14.2
21	KOMENDA Lech	117	KB TKKF PROMYK CIECHANÓW	M30-49	10	00:00:03	00:43:05.10	00:43:08.10	+00:11:35	4:18	13.9
22	ŚWIERCZ Andrzej	363	KB IM. PIOTRA SĘKOWSKIEGO	M50+	5	00:00:03	00:43:24.10	00:43:27.50	+00:11:54	4:20	13.8
23	GOLLNIK Adam	148	ROZBIEGAMY NOWY DWÓR	M30-49	11	00:00:04	00:43:39.65	00:43:43.70	+00:12:10	4:21	13.7
24	TABER Jerzy	364	ACTIVE PROSPERIA/STO-NOGI MILANÓWEK	M50+	6	00:00:01	00:43:40.15	00:43:41.95	+00:12:10	4:22	13.7
25	ROSIŃSKA Barbara	126	STO-NOGI MILANÓWEK	K50+	1	00:00:02	00:43:47.35	00:43:49.85	+00:12:18	4:22	13.7
26	DARKOWSKI Rafał	348		M30-49	12	00:00:04	00:44:03.85	00:44:08.25	+00:12:34	4:24	13.6
27	JAKUBOWSKI Dariusz	349		M30-49	13	00:00:04	00:44:07.20	00:44:11.30	+00:12:38	4:24	13.6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
28	KARASIEWICZ Paweł	114	LIDER WINNICA	M16-29	5	00:00:06	00:44:19.65	00:44:25.65	+00:12:50	4:25	13.5
29	KWIATKOWSKI Adam	346		M30-49	14	00:00:05	00:44:32.35	00:44:37.80	+00:13:03	4:27	13.5
30	BUCZYŃSKI Rafał	342		M30-49	15	00:00:01	00:44:48.45	00:44:50.40	+00:13:19	4:28	13.4
31	GLINKA Karol	321		M30-49	16	00:00:03	00:44:57.90	00:45:01.40	+00:13:28	4:29	13.3
32	DELUGA Magdalena	328	KB WYSZKÓW	K30-49	1	00:00:02	00:45:00.60	00:45:03.00	+00:13:31	4:30	13.3
33	TRUSZKOWSKA Marta	136		K30-49	2	00:00:02	00:45:13.45	00:45:16.00	+00:13:44	4:31	13.3
34	KWIATKOWSKA Renata	120	KB OŻARÓW MAZOWIECKI BIEGA	K50+	2	00:00:02	00:45:34.10	00:45:36.40	+00:14:04	4:33	13.2
35	ŚRUTKOWSKI Sylwester	133		M16-29	6	00:00:05	00:45:38.40	00:45:44.15	+00:14:09	4:33	13.1
36	KIELAN Damian	116		M16-29	7	00:00:04	00:46:00.65	00:46:05.60	+00:14:31	4:36	13
37	KAMIŃSKI Wiesław	113	NASIELSK BASZTA TEAM	M50+	7	00:00:09	00:46:12.25	00:46:21.90	+00:14:43	4:37	13
38	OLEKSII Pohrebniak	156		M30-49	17	00:00:05	00:46:42.60	00:46:47.70	+00:15:13	4:40	12.8
39	BRALEWSKI Tomasz	347		M30-49	18	00:00:02	00:46:59.60	00:47:02.30	+00:15:30	4:42	12.8
40	WRONIAK Paweł	327	AGD WRONIAK	M30-49	19	00:00:05	00:47:04.75	00:47:10.15	+00:15:35	4:42	12.7
41	KRAJEWSKA Klaudia	377		K16-29	4	00:00:02	00:47:05.70	00:47:08.20	+00:15:36	4:42	12.7
42	SAVA Oleksandr	132		M30-49	20	00:00:03	00:47:13.30	00:47:16.60	+00:15:44	4:43	12.7
43	ROSA Elżbieta	159	BÓBR TŁUSZCZ	K50+	3	00:00:03	00:47:14.15	00:47:18.00	+00:15:44	4:43	12.7
44	JANCZAK Adrian	329		M30-49	21	00:00:06	00:47:38.35	00:47:44.35	+00:16:09	4:45	12.6
45	SADOWSKI Krzysztof	130		M50+	8	00:00:05	00:47:40.65	00:47:46.40	+00:16:11	4:46	12.6
46	GŁOWACKI Andrzej	107	MŁODY VS STARY	M30-49	22	00:00:07	00:47:42.80	00:47:50.40	+00:16:13	4:46	12.6
47	WRÓBEL Natalia	139		K30-49	3	00:00:05	00:48:09.85	00:48:14.85	+00:16:40	4:48	12.5
48	PIOTROWSKI Artur	157	NASIELSK BASZTATEAM	M30-49	23	00:00:10	00:48:10.60	00:48:21.35	+00:16:41	4:49	12.5
49	ŚWIDERSKI Mateusz	326		M16-29	8	00:00:07	00:48:24.75	00:48:31.95	+00:16:55	4:50	12.4
50	UCHROŃSKA Marzena	332		K30-49	4	00:00:03	00:48:26.30	00:48:29.30	+00:16:57	4:50	12.4
51	LEONARSKA Małgorzata	343		K30-49	5	00:00:07	00:48:29.50	00:48:36.70	+00:17:00	4:50	12.4
52	KLOS Barbara	151		K50+	4	00:00:04	00:48:36.70	00:48:41.15	+00:17:07	4:51	12.3
53	SALWIN Sławomir	131	WIELISZEW HERON TEAM	M50+	9	00:00:07	00:49:04.00	00:49:11.30	+00:17:34	4:54	12.2
54	UCHROŃSKI Grzegorz	333		M30-49	24	00:00:03	00:49:08.90	00:49:12.45	+00:17:39	4:54	12.2
55	GRZĄDZIEL Paweł	150		M50+	10	00:00:04	00:49:23.05	00:49:27.10	+00:17:53	4:56	12.1
56	GAJEWSKI Mariusz	105		M30-49	25	00:00:08	00:50:13.10	00:50:21.10	+00:18:43	5:01	11.9
57	TURCZYŃSKA Monika	341	LECZO TEAM	K30-49	6	00:00:03	00:50:28.40	00:50:32.10	+00:18:59	5:02	11.9
58	KRAJEWSKI Przemysław	350		M30-49	26	00:00:03	00:50:28.80	00:50:32.40	+00:18:59	5:02	11.9
59	PRZYBYLSKI Wojciech	339		M30-49	27	00:00:03	00:50:50.20	00:50:53.60	+00:19:21	5:05	11.8
60	KARCZEWSKA Iwona	323		K30-49	7	00:00:02	00:51:08.70	00:51:11.65	+00:19:39	5:06	11.7
61	KWIATKOWSKA Ilona	345		K30-49	8	00:00:05	00:51:19.40	00:51:24.40	+00:19:50	5:07	11.7
62	CZARNOTA Dorota	102	BRAVEHEARTS LEGIONOWO	K30-49	9	00:00:04	00:51:31.30	00:51:35.80	+00:20:02	5:09	11.6
63	ŚWIERCZYŃSKI Jakub	177		M16-29	9	00:00:07	00:51:36.15	00:51:43.30	+00:20:06	5:09	11.6
64	JAKUBCZYK Edyta	322		K30-49	10	00:00:07	00:51:41.40	00:51:48.80	+00:20:12	5:10	11.6
65	BALCERZAK Paweł	100		M30-49	28	00:00:05	00:52:23.25	00:52:28.55	+00:20:54	5:14	11.5
66	JANKOWSKA Agnieszka	111	NASIELSK BASZTA TEAM	K30-49	11	00:00:08	00:52:34.05	00:52:42.20	+00:21:04	5:15	11.4
67	SOCHA Dominika	331		K30-49	12	00:00:04	00:52:41.15	00:52:45.50	+00:21:11	5:16	11.4
68	HULANICKI Andrzej	337	GOGGLE TEAM	M50+	11	00:00:05	00:52:47.75	00:52:53.60	+00:21:18	5:16	11.4
69	GOLLNIK Daria	149	ROZBIEGAMY NOWY DWÓR	K30-49	13	00:00:04	00:52:49.00	00:52:53.75	+00:21:19	5:16	11.4
70	WYSMYK Ada	141		K16-29	5	00:00:05	00:52:55.40	00:53:00.95	+00:21:26	5:17	11.3
71	CZYŻ Dominik	103	GRUPA BIEGOWA CHTMO	M30-49	29	00:00:08	00:53:39.35	00:53:48.05	+00:22:10	5:22	11.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
72	<b>GRZYBOWSKI</b> Mikołaj	<b>110</b>		M50+	12	00:00:06	<b>00:54:05.60</b>	<b>00:54:12.50</b>	+00:22:36	5:24	11.1
73	<b>KOŁODZIEJCZYK</b> Krzysztof	<b>178</b>		M30-49	30	00:00:09	<b>00:54:28.30</b>	<b>00:54:37.70</b>	+00:22:59	5:26	11
74	<b>WITKOWSKA</b> Eliza	<b>137</b>	NASIELSK BASZTA TEAM	K30-49	14	00:00:08	<b>00:54:29.10</b>	<b>00:54:37.25</b>	+00:22:59	5:26	11
75	<b>BORKOWSKI</b> Jacek	<b>101</b>		M30-49	31	00:00:06	<b>00:55:19.30</b>	<b>00:55:25.85</b>	+00:23:50	5:31	10.8
76	<b>MARSZAŁ</b> Iwona	<b>325</b>	BESTIE OCR LEGIONOWO	K30-49	15	00:00:04	<b>00:57:00.35</b>	<b>00:57:05.30</b>	+00:25:31	5:42	10.5
77	<b>HULANIĆKA</b> Irina	<b>335</b>	GOGGLE TEAM	K50+	5	00:00:05	<b>00:57:04.60</b>	<b>00:57:10.15</b>	+00:25:35	5:42	10.5
78	<b>KARŁOWICZ</b> Aleksandra	<b>115</b>		K16-29	6	00:00:08	<b>00:57:19.40</b>	<b>00:57:27.50</b>	+00:25:50	5:43	10.5
79	<b>JAROS</b> Arkadiusz	<b>112</b>	RUN VEGAN	M50+	13	00:00:06	<b>00:58:34.20</b>	<b>00:58:40.70</b>	+00:27:05	5:51	10.2
80	<b>ROSA</b> Leszek	<b>158</b>	BÓBR TŁUSZCZ	M50+	14	00:00:07	<b>00:58:57.40</b>	<b>00:59:04.80</b>	+00:27:28	5:53	10.2
81	<b>BARANOWSKA</b> Marta	<b>145</b>		K30-49	16	00:00:06	<b>00:59:57.75</b>	<b>01:00:04.40</b>	+00:28:28	5:59	10
82	<b>GŁOWACKA</b> Aleksandra	<b>106</b>	MŁODY VS STARY	K30-49	17	00:00:06	<b>01:01:49.25</b>	<b>01:01:55.45</b>	+00:30:20	6:10	9.7
83	<b>KRĘŻOŁEK</b> Paweł	<b>324</b>		M30-49	32	00:00:07	<b>01:05:03.50</b>	<b>01:05:10.90</b>	+00:33:34	6:30	9.2
84	<b>RUCIŃSKA</b> Jolanta	<b>128</b>	NASIELSK BASZTA TEAM	K30-49	18	00:00:09	<b>01:09:10.00</b>	<b>01:09:19.25</b>	+00:37:40	6:55	8.7
85	<b>RUCIŃSKI</b> Jarosław	<b>129</b>	NASIELSK BASZTA TEAM	M30-49	33	00:00:09	<b>01:09:10.40</b>	<b>01:09:19.40</b>	+00:37:41	6:55	8.7

Znaleziono 85 wynik(ów)