



## PIERNIKOWY BIEG CHARYTATYWNY DLA KRZYŻKA

B4SPORT

**Wydarzenie/ Event:** Piernikowy Bieg i Marsz Nordic Walking Charytatywny dla Krzyżka  
**Organizator/ Orgainzer:** Fundacja DUM SPIRO, SPERO z siedzibą w Bydgoszczy  
**Data/ Date:** 2018-12-09  
**Miejsce/ Place:** Bydgoszcz  
**Dystans/ Distance:** 5 km



Klasyfikacja/ Classification: Wszyscy/ Open

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas netto 5km	Różn/ Gap	Tempo min/km	Tempo km/h
1	TUCZYŃSKI Sylwester Leon	172	BYDGOSKIE OKONIE	M-Open	1	00:17:34.60		3:30	17.1
2	JAGODZIŃSKI Mateusz	57	BYDGOSKIE OKONIE	M-Open	2	00:17:34.73	+00:00:00	3:30	17.1
3	DEROŃ Waldemar	28	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	M-Open	3	00:17:48.86	+00:00:20	3:33	16.8
4	LEWANDOWSKI Filip	218		M-Open	4	00:19:22.66	+00:01:49	3:52	15.5
5	NAGORZYSKI Arkadiusz	113	BIEGAMWSPIERAMMOTYWUJĘ	M-Open	5	00:20:07.91	+00:02:33	4:01	14.9
6	JAGIEŁA Bartosz	56	TKKF KOLEJARZ BYDGOSZCZ #BIEGACZE	M-Open	6	00:20:13.41	+00:02:40	4:02	14.8
7	SOBCZAK Rafał	97		M-Open	7	00:21:03.11	+00:03:28	4:12	14.3
8	LUTOWSKI Wojciech	321	TKKF KOLEJARZ BYDGOSZCZ	M-Open	8	00:20:45.54	+00:03:30	4:09	14.5
9	DROCIAK Michał	34	OSOWA GÓRA TEAM	M-Open	9	00:21:13.93	+00:03:39	4:14	14.1
10	PIEKARSKI Paweł	123		M-Open	10	00:21:38.55	+00:04:05	4:19	13.9
11	PALACZ Wioletta	18		K-Open	1	00:21:44.02	+00:04:10	4:20	13.8
12	MAJDA Adrian	98	BYDGOSKIE DZIKI	M-Open	11	00:21:50.54	+00:04:21	4:22	13.7
13	HEMMERLING Michał	52		M-Open	12	00:21:57.54	+00:04:27	4:23	13.7
14	KONOPCZYŃSKI Jakub	76		M-Open	13	00:21:43.42	+00:04:30	4:20	13.8
15	KONARSKA Svetlana	75		K-Open	2	00:22:05.65	+00:04:31	4:25	13.6
16	MICHALAK Wojciech	102		M-Open	14	00:22:05.72	+00:04:45	4:25	13.6
17	KOSIŃSKI Michael	80	HARPAGAN TEAM BYDGOSZCZ	M-Open	15	00:22:23.41	+00:04:49	4:28	13.4
18	MIKOŁAJCZAK Tomasz	106		M-Open	16	00:22:20.54	+00:04:50	4:28	13.4
19	SKONIECZNY Marcin	243	FORDON RUNNERS	M-Open	17	00:22:11.99	+00:04:57	4:26	13.5
20	DROCIAK Jarosław	35		M-Open	18	00:22:38.08	+00:05:03	4:31	13.3
21	SZAMLEWSKI Paweł	161		M-Open	19	00:22:21.13	+00:05:07	4:28	13.4
22	BARANOWSKI Roman	236	FOREVER TEAM	M-Open	20	00:22:37.79	+00:05:09	4:31	13.3
23	CIEŚLEWICZ Karol	19	OLAFCREW	M-Open	21	00:22:35.23	+00:05:10	4:31	13.3
24	GŁOWSKI Dariusz	46		M-Open	22	00:22:39.91	+00:05:17	4:32	13.2
25	NOWACKI Edmund	81		M-Open	23	00:22:42.04	+00:05:24	4:32	13.2
26	ŻEGLICZ Marek	201	SPÓJNIA BIAŁE BŁOTA	M-Open	24	00:22:51.74	+00:05:26	4:34	13.1
27	SIUDA Sebastian	145	SOLECCY BIEGACZE	M-Open	25	00:23:10.68	+00:05:45	4:38	12.9

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas		Tempo min/km	Tempo km/h
						netto 5km	Różn/ Gap		
28	WELSBURG Bartosz	183		M-Open	26	00:23:18.35	+00:05:46	4:39	12.9
29	WASIELEWSKI Jacek	180		M-Open	27	00:22:55.92	+00:05:47	4:35	13.1
30	SZCZYGIELSKI Dawid	162	TEAM KULAS	M-Open	28	00:22:57.72	+00:05:48	4:35	13.1
31	ŁOBOCKI Krzysztof	96	TKKF KOLEJARZ BYDGOSZCZ	M-Open	29	00:23:08.96	+00:05:54	4:37	13
32	WOJTECKI Łukasz	193	SOLECCY BIEGACZE	M-Open	30	00:23:22.09	+00:06:08	4:40	12.8
33	MRÓWCZYŃSKI Szymon	111		M-Open	31	00:23:46.85	+00:06:23	4:45	12.6
34	BULMAN Kacper	12		M-Open	32	00:23:35.17	+00:06:23	4:43	12.7
35	SARNECKI Sławomir	142		M-Open	33	00:23:45.97	+00:06:24	4:45	12.6
36	FIECEK Łukasz	38		M-Open	34	00:23:53.59	+00:06:25	4:46	12.6
37	KORPAL Emil	79	PRONATURA BYDGOSZCZ	M-Open	35	00:23:50.38	+00:06:30	4:46	12.6
38	DĄBROWSKI Arkadiusz	26		M-Open	36	00:23:47.87	+00:06:39	4:45	12.6
39	ORZECZOWSKI Zbigniew	240		M-Open	37	00:23:55.79	+00:06:40	4:47	12.5
40	WALCZAK Gracjan	178		M-Open	38	00:24:11.27	+00:06:42	4:50	12.4
41	RADAJEWSKI Roger	130		M-Open	39	00:24:02.73	+00:06:48	4:48	12.5
42	NOWICKI Olgierd	119		M-Open	40	00:24:11.46	+00:06:59	4:50	12.4
43	KACZYŃSKI Rafał	65		M-Open	41	00:24:27.44	+00:07:00	4:53	12.3
44	GROBELNA Angelika	48	BYDGOSZCZ NA START	K-Open	3	00:24:24.69	+00:07:01	4:53	12.3
45	SZYMECZKO Łukasz	168		M-Open	42	00:24:31.03	+00:07:09	4:54	12.2
46	RUDEWICZ Łukasz	49		M-Open	43	00:24:28.06	+00:07:17	4:53	12.3
47	LEWANDOWSKI Adam	208		M-Open	44	00:24:45.99	+00:07:22	4:57	12.1
48	WASZKIEWICZ Przemysław	181		M-Open	45	00:24:31.29	+00:07:23	4:54	12.2
49	CZAJA Jarosław	24		M-Open	46	00:24:55.59	+00:07:28	4:59	12
50	ZUPA Wojciech	200	SISU-OWB TEAM	M-Open	47	00:25:00.57	+00:07:28	5:00	12
51	GIERZIEWSKA Grażyna	44		K-Open	4	00:25:00.30	+00:07:29	5:00	12
52	KWAŚNIEWSKI Waldemar	91		M-Open	48	00:24:52.75	+00:07:30	4:58	12.1
53	CYCKOWSKI Marcin	23		M-Open	49	00:25:03.82	+00:07:31	5:00	12
54	BUTOWSKI Michał	13	SEN O VICTORI	M-Open	50	00:25:09.40	+00:07:38	5:02	11.9
55	TARCZYŃSKA Marta	171	COOKIEFRIENDSRUN	K-Open	5	00:25:05.34	+00:07:41	5:01	12
56	TANDECKI Paweł	170		M-Open	51	00:24:51.92	+00:07:43	4:58	12.1
57	GRZELAK Tomasz	220		M-Open	52	00:25:11.37	+00:07:50	5:02	11.9
58	DOMŻALSKI Kamil	32		M-Open	53	00:25:15.73	+00:07:50	5:03	11.9
59	DERESZYŃSKA Ewelina	27		K-Open	6	00:25:17.43	+00:07:53	5:03	11.9
60	NAGORZYSKA Sylwia	237		K-Open	7	00:25:36.71	+00:08:03	5:07	11.7
61	RUDOL Sebastian	212		M-Open	54	00:25:45.09	+00:08:21	5:09	11.7
62	KACZMAREK Łukasz	64		M-Open	55	00:25:38.28	+00:08:26	5:07	11.7
63	RUDOL Magdalena	211		K-Open	8	00:25:52.39	+00:08:27	5:10	11.6
64	FRĄCZKOWIAK Waldemar	40		M-Open	56	00:25:46.90	+00:08:28	5:09	11.6
65	GUŹDZIOŁ Jarek	51	WKURW_TEAM	M-Open	57	00:25:57.18	+00:08:31	5:11	11.6
66	RENC Patryk	133	SERCE TYBETU	M-Open	58	00:26:04.71	+00:08:32	5:12	11.5
67	SOBCZEK Paweł	70		M-Open	59	00:25:54.05	+00:08:44	5:10	11.6
68	KLETKIEWICZ Marek	39		M-Open	60	00:26:04.03	+00:08:46	5:12	11.5
69	OJDOWSKI Krzysztof	207		M-Open	61	00:26:13.57	+00:08:51	5:14	11.4
70	RACIBORSKI Grzegorz	129	TASAK TEAM	M-Open	62	00:26:11.99	+00:08:53	5:14	11.5
71	KOWAL Michał	82		M-Open	63	00:26:06.74	+00:08:53	5:13	11.5

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						netto 5km	Różn/ Gap		
72	KOPACZ Hanna	219	BRUM BRUM	K-Open	9	00:26:12.66	+00:08:53	5:14	11.5
73	ANTCZAK Andrzej	216		M-Open	64	00:26:13.40	+00:08:57	5:14	11.4
74	STRZĘBAŁA Adrian	157		M-Open	65	00:26:28.33	+00:08:59	5:17	11.3
75	DROCIAK Joanna	36		K-Open	10	00:26:33.67	+00:09:00	5:18	11.3
76	WOJCIECHCIŃSKA Emilia	30		K-Open	11	00:26:22.22	+00:09:02	5:16	11.4
77	WOJCIECHOWSKI Jarosław	5		M-Open	66	00:26:22.00	+00:09:02	5:16	11.4
78	FRECICHOWSKI Mariusz	234		M-Open	67	00:26:01.01	+00:09:04	5:12	11.5
79		241				00:26:22.43	+00:09:04	5:16	11.4
80	KOTYL Artur	249		M-Open	68	00:26:18.93	+00:09:07	5:15	11.4
81	JASINIECKI Wojciech	59		M-Open	69	00:26:25.12	+00:09:09	5:17	11.4
82	DZIATKOWICZ Radosław	37		M-Open	70	00:26:33.92	+00:09:13	5:18	11.3
83	GACA Anna Maria	42		K-Open	12	00:26:28.29	+00:09:17	5:17	11.3
84	BESS Anna	6		K-Open	13	00:26:40.81	+00:09:18	5:20	11.2
85	MAJDA Katarzyna	99	BYDGOSKIE DZIKI	K-Open	14	00:26:51.24	+00:09:21	5:22	11.2
86	MIKOŁAJCZAK Paulina	105		K-Open	15	00:26:52.42	+00:09:22	5:22	11.2
87	ZIMMERMANN Michał	198	OSOWA GÓRA TEAM	M-Open	71	00:26:45.33	+00:09:22	5:21	11.2
88	GRACZYK Przemysław	47		M-Open	72	00:26:42.40	+00:09:30	5:20	11.2
89	PRZYBYLSKA Grażyna	127	BYDGOSZCZ NA START, PSLA	K-Open	16	00:26:55.40	+00:09:31	5:23	11.1
90	CHROMINSKI Maciej	17		M-Open	73	00:26:54.29	+00:09:31	5:22	11.2
91		242				00:26:54.48	+00:09:32	5:23	11.1
92	KUFLEWICZ Justyna	89		K-Open	17	00:27:00.26	+00:09:33	5:24	11.1
93	ŁYSAKOWSKI Maciej	246		M-Open	74	00:26:50.98	+00:09:40	5:22	11.2
94	WAJER Marita	175	STAFF ENEA BYDGOSZCZ TRIATHLON	K-Open	18	00:27:10.45	+00:09:44	5:26	11
95	NIEMCZEWSKI Jakub	244		M-Open	75	00:27:17.27	+00:09:52	5:27	11
96	BRZEZIŃSKA Marta	11		K-Open	19	00:27:12.83	+00:09:54	5:26	11
97	ADAMCZYK Agnieszka	31		K-Open	20	00:27:16.53	+00:10:02	5:27	11
98	SAS Kasia	143	AMATOR	K-Open	21	00:27:33.91	+00:10:08	5:30	10.9
99	MALINOWSKI Maciej	16		M-Open	76	00:27:44.02	+00:10:17	5:32	10.8
100	KALINOWSKA Patrycja	66		K-Open	22	00:27:42.48	+00:10:17	5:32	10.8
101	KULCZYŃSKA Małgorzata	230		K-Open	23	00:27:48.06	+00:10:17	5:33	10.8
102	ADAMCZYK Mariusz	1		M-Open	77	00:27:37.45	+00:10:21	5:31	10.9
103	GRZESZEK Martin	232		M-Open	78	00:27:28.50	+00:10:29	5:29	10.9
104	ZIRRA Arkadiusz	199		M-Open	79	00:27:52.16	+00:10:32	5:34	10.8
105	LINKE Robert	248		M-Open	80	00:27:51.11	+00:10:32	5:34	10.8
106	BROŻYŃSKI Wojciech	10		M-Open	81	00:27:43.52	+00:10:37	5:32	10.8
107	JELEŃ Agnieszka	61	VEGE RUNNERS	K-Open	24	00:28:02.30	+00:10:40	5:36	10.7
108	CIESIELSKI Adrian	225		M-Open	82	00:27:59.82	+00:10:45	5:36	10.7
109	NUNZEK Agnieszka	282	ZOLTOKROLEWSCY#B3K	K-Open	25	00:28:05.38	+00:10:54	5:37	10.7
110	WOJTYSIAK Dorota	194		K-Open	26	00:28:06.54	+00:10:55	5:37	10.7
111	SŁAWIŃSKI Michał	233		M-Open	83	00:27:55.90	+00:10:56	5:35	10.7
112	MUSIAŁ Piotr	221	WOLONTARIUSZ SALUS HOMINI	M-Open	84	00:28:11.95	+00:10:59	5:38	10.6
113	PIOTROWSKA Justyna	215		K-Open	27	00:28:22.65	+00:11:00	5:40	10.6
114	KWIECIŃSKA Katarzyna	92		K-Open	28	00:28:30.29	+00:11:01	5:42	10.5
115	DANIELEK Ewa	25		K-Open	29	00:28:25.57	+00:11:04	5:41	10.6

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116	WIOSNA Tomasz	186	BIEGAJĄCE ŻÓŁWIE IT	M-Open	85	00:28:19.80	+00:11:06	5:40	10.6
117		245				00:28:24.36	+00:11:07	5:40	10.6
118	PRZYBYLSKI Mariusz	128	BYDGOSZCZ NA START	M-Open	86	00:28:33.33	+00:11:10	5:42	10.5
119	PAŁASZYŃSKA Anna	87	RUN PASJA	K-Open	30	00:28:31.21	+00:11:12	5:42	10.5
120	OLKOWSKI Adam	217		M-Open	87	00:28:40.69	+00:11:21	5:44	10.5
121	LIPNIEWSKA Magdalena	95		K-Open	31	00:28:42.14	+00:11:27	5:44	10.5
122	TYKWIŃSKA Agnieszka	173		K-Open	32	00:28:53.99	+00:11:30	5:46	10.4
123	CYCKOWSKA Karolina	22		K-Open	33	00:29:08.78	+00:11:35	5:49	10.3
124	JĘDRZEJEWSKA Danuta	63		K-Open	34	00:28:55.80	+00:11:35	5:47	10.4
125	NALEWALSKA Justyna	114	SECE TYBETU	K-Open	35	00:28:58.93	+00:11:36	5:47	10.4
126	OLEJNICZAK Patrycja	121	BAŻANT TEAM	K-Open	36	00:29:00.69	+00:11:40	5:48	10.3
127	FRYDRYCHOWICZ Lilianna	41		K-Open	37	00:29:05.82	+00:11:41	5:49	10.3
128	NIEMCZEWSKI Mirosław	116	NIE	M-Open	88	00:29:05.50	+00:11:42	5:49	10.3
129	KIERSKI Maciej	72		M-Open	89	00:29:06.97	+00:11:42	5:49	10.3
130	SZCZYGIELSKI Leszek	163	OL-TRANS	M-Open	90	00:29:05.63	+00:11:44	5:49	10.3
131	ŁOSIŃSKI Łukasz	228		M-Open	91	00:29:04.78	+00:11:45	5:49	10.3
132	ONICHIMIUK Robert	73		M-Open	92	00:28:45.30	+00:11:45	5:45	10.4
133	BEJM Bartosz	250		M-Open	93	00:28:58.78	+00:11:46	5:47	10.4
134	BINGER Katarzyna	8		K-Open	38	00:29:01.49	+00:11:49	5:48	10.3
135	MIRŻ Piotr	110		M-Open	94	00:29:10.75	+00:11:50	5:50	10.3
136	MARCHLEWSKI Tomasz	235	ZAWISZA	M-Open	95	00:28:47.78	+00:11:51	5:45	10.4
137	BIERNACKA Anka	7		K-Open	39	00:29:10.59	+00:11:52	5:50	10.3
138	KOPROWICZ Kasia	77		K-Open	40	00:29:21.83	+00:11:55	5:52	10.2
139	RAPKIEWICZ Tomasz	132		M-Open	96	00:29:13.37	+00:11:55	5:50	10.3
140	KOPROWICZ Adam	78		M-Open	97	00:29:22.96	+00:11:56	5:52	10.2
141	RYDELSKA Kinga	213		K-Open	41	00:29:27.03	+00:11:57	5:53	10.2
142	BYSTRZYŃSKI Jan	14		M-Open	98	00:29:31.81	+00:12:03	5:54	10.2
143	BADYŃIAK Mateusz	4		M-Open	99	00:29:45.93	+00:12:17	5:57	10.1
144	GACKOWSKI Edward	43	BYDGOSZCZ NA START	M-Open	100	00:29:43.27	+00:12:19	5:56	10.1
145	MIĘTUS Marta	103		K-Open	42	00:29:54.60	+00:12:24	5:58	10
146	JĘDRZEJEWSKA Karolina	62		K-Open	43	00:30:01.23	+00:12:27	6:00	10
147	DRERSKA Agnieszka	206		K-Open	44	00:29:59.62	+00:12:36	6:00	10
148	DUSZYŃSKI Filip	148		M-Open	101	00:30:04.79	+00:12:39	6:01	10
149	KUŻŃIAK Helena	189		K-Open	45	00:30:05.28	+00:12:42	6:01	10
150	CISEWSKI Mateusz	20		M-Open	102	00:29:45.71	+00:12:49	5:57	10.1
151	SOBOTA Beata	152		K-Open	46	00:30:04.41	+00:12:51	6:00	10
152	KOTLAREK Weronika	239		K-Open	47	00:30:41.96	+00:13:09	6:08	9.8
153	POLITOWSKI Paweł	126	ROWERYBYDGOSZCZ.PL	M-Open	103	00:30:03.64	+00:13:11	6:00	10
154	NOWICKA Tatiana	118		K-Open	48	00:30:35.17	+00:13:20	6:07	9.8
155	KŁOS Katarzyna	74		K-Open	49	00:30:52.11	+00:13:21	6:10	9.7
156	SZYMAŃSKI Robert	167		M-Open	104	00:30:52.13	+00:13:21	6:10	9.7
157	KULWAS Magdalena	90		K-Open	50	00:30:51.22	+00:13:22	6:10	9.7
158	SŁOMSKA Monika	149	697570500	K-Open	51	00:30:36.59	+00:13:23	6:07	9.8
159	WALCZAK Joanna	177		K-Open	52	00:30:51.39	+00:13:23	6:10	9.7

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas		Tempo min/km	Tempo km/h
						netto 5km	Różn/ Gap		
160	ASTUKIEWICZ Tomasz	3		M-Open	105	00:30:37.34	+00:13:27	6:07	9.8
161	KOTLAREK Adam	238		M-Open	106	00:30:59.07	+00:13:27	6:11	9.7
162	SAWIEŁAJC Michał	144		M-Open	107	00:30:42.64	+00:13:28	6:08	9.8
163	SPLITT Anna	154		K-Open	53	00:31:00.31	+00:13:31	6:12	9.7
164	CYBUL Anna	21		K-Open	54	00:31:02.51	+00:13:33	6:12	9.7
165	ZZZ Xxx	319				00:31:08.72	+00:13:52	6:13	9.6
166	GUMIENNY Maciej	204		M-Open	108	00:31:30.89	+00:13:54	6:18	9.5
167	KOMINIK Mariusz	320		M-Open	109	00:31:10.68	+00:13:54	6:14	9.6
168	KOWALSKA Justyna	83		K-Open	55	00:31:15.35	+00:13:54	6:15	9.6
169	SOBOCZYŃSKA Barbara	151		K-Open	56	00:31:26.10	+00:13:55	6:17	9.5
170	LELEWSKA Aleksandra	94		K-Open	57	00:31:12.70	+00:13:57	6:14	9.6
171	PIK Aleksandra	124		K-Open	58	00:31:22.28	+00:14:17	6:16	9.6
172	SZOPIŃSKA Justyna	164		K-Open	59	00:31:22.41	+00:14:19	6:16	9.6
173	SZOPIŃSKI Wojtek	165		M-Open	110	00:31:24.62	+00:14:19	6:16	9.6
174	NOSKOWIAK-BAJNO Alicja	117		K-Open	60	00:32:05.56	+00:14:39	6:25	9.4
175	GRZYBOWSKA Paulina	50		K-Open	61	00:32:00.42	+00:14:42	6:24	9.4
176	KALINOWSKI Dariusz	67		M-Open	111	00:32:09.20	+00:14:43	6:25	9.3
177	MALCZEWSKA Mirka	274		K-Open	62	00:32:13.72	+00:14:55	6:26	9.3
178	GRUDZKA Estera	227		K-Open	63	00:32:28.33	+00:15:12	6:29	9.2
179	KĄKOLEWSKA Monika	71		K-Open	64	00:32:30.42	+00:15:13	6:30	9.2
180	SAK Ewa	222	WOLONTARIUSZ SALUS HOMINI	K-Open	65	00:32:28.15	+00:15:14	6:29	9.2
181	WESOŁOWSKI Mateusz	214		M-Open	112	00:32:39.32	+00:15:18	6:32	9.2
182	MAJEWSKA Natalia	100		K-Open	66	00:32:47.99	+00:15:18	6:33	9.1
183	MIROWSKI Tomasz	109		M-Open	113	00:32:45.79	+00:15:24	6:33	9.2
184	MINISZEWSKA Irena	107		K-Open	67	00:32:35.03	+00:15:28	6:31	9.2
185	WELSBURG Magdalena	184		K-Open	68	00:33:09.34	+00:15:39	6:38	9
186	RYBKA-RUDEWICZ Monika	140	OL-TRANS	K-Open	69	00:32:50.35	+00:15:40	6:34	9.1
187	WITKOWSKA Natalia	93		K-Open	70	00:32:48.74	+00:15:40	6:33	9.1
188	BROŻYŃSKA Anna	229		K-Open	71	00:33:18.89	+00:16:11	6:39	9
189	LEWANDOWSKI Robert	202		M-Open	114	00:33:42.74	+00:16:15	6:44	8.9
190	SPEIER Magdalena	153		K-Open	72	00:33:22.12	+00:16:16	6:40	9
191	BŁASZCZYK Joanna	9		K-Open	73	00:33:52.26	+00:16:19	6:46	8.9
192	DRAŹDŹEWSKI Marian	33	RTW BYDGOSTIA	M-Open	115	00:33:29.46	+00:16:24	6:42	9
193	KANIA Daniel	68		M-Open	116	00:34:29.46	+00:17:14	6:54	8.7
194	KLETKIEWICZ Karolina	45		K-Open	74	00:34:50.56	+00:17:25	6:58	8.6
195	ROZPŁOCH Karolina	138		K-Open	75	00:35:04.01	+00:17:34	7:00	8.6
196	NASKRĘT Daria	115		K-Open	76	00:35:18.58	+00:17:50	7:03	8.5
197	REZMER Angelina	290		K-Open	77	00:35:18.94	+00:17:50	7:03	8.5
198	SZPAKOWSKA Ewelina	313		K-Open	78	00:34:49.34	+00:17:59	6:58	8.6
199	DANIŁELAK Adam	203		M-Open	117	00:35:22.03	+00:18:01	7:04	8.5
200	JĘDRZEJEWSKA Anna	205		K-Open	79	00:36:15.09	+00:18:45	7:15	8.3
201	ROMPAŁSKA Lucyna	136		K-Open	80	00:36:36.02	+00:19:10	7:19	8.2
202	ROMPAŁSKI Tomek	137		M-Open	118	00:36:36.06	+00:19:10	7:19	8.2
203	WNUK Małgorzata	191		K-Open	81	00:36:38.07	+00:19:12	7:19	8.2

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas netto 5km	Różn/ Gap	Tempo min/km	Tempo km/h
204	WNUK Artur	192		M-Open	119	<b>00:36:37.33</b>	+00:19:12	7:19	8.2
205	WEINEROWSKA Magdalena	182		K-Open	82	<b>00:36:46.22</b>	+00:19:43	7:21	8.2
206	SZPECHCIŃSKA Natalia	166		K-Open	83	<b>00:37:21.12</b>	+00:19:55	7:28	8
207	SKORUPA Małgorzata	147		K-Open	84	<b>00:37:21.86</b>	+00:19:55	7:28	8
208	KULCZYŃSKA Dagmara	231		K-Open	85	<b>00:37:26.89</b>	+00:19:56	7:29	8
209	MARCINIAK Monika	226		K-Open	86	<b>00:37:13.02</b>	+00:19:58	7:26	8.1
210	CIESIELSKA Agnieszka	224	FUNDACJA SALUS HONIKI	K-Open	87	<b>00:37:12.85</b>	+00:19:58	7:26	8.1
211	SMOLIŃSKA Daria	223	WOLONTARIUSZ SALUS HOMINI	K-Open	88	<b>00:37:13.58</b>	+00:19:59	7:26	8.1
212	WENGLER Sebastian	185		M-Open	120	<b>00:38:15.57</b>	+00:20:55	7:39	7.8
213	RAPKIEWICZ Iлона	131		K-Open	89	<b>00:39:31.14</b>	+00:22:12	7:54	7.6
214	WOŹNIAK Monika	196		K-Open	90	<b>00:39:34.75</b>	+00:22:16	7:54	7.6
215	WALCZAK Marcin	176		M-Open	121	<b>00:39:58.54</b>	+00:22:43	7:59	7.5
216	KRZYWDZIŃSKA Alicja	85		K-Open	91	<b>00:41:14.02</b>	+00:23:52	8:14	7.3
217	KRZYWDZIŃSKI Daniel	86		M-Open	122	<b>00:41:13.85</b>	+00:23:53	8:14	7.3
218	KUBIAK Mariusz	88		M-Open	123	<b>00:44:36.03</b>	+00:27:18	8:55	6.7
219	DERESZYŃSKA Teresa	84		K-Open	92	<b>00:46:03.49</b>	+00:29:09	9:12	6.5
220	CAŁCZYŃSKA Barbara	15		K-Open	93	<b>00:50:26.19</b>	+00:33:33	10:05	5.9
221	SŁAWIŃSKI Szymon	247		M-Open	124	<b>00:50:25.42</b>	+00:33:34	10:05	6
222	POPIELASZ Marcin	29		M-Open	125	<b>00:50:25.83</b>	+00:33:35	10:05	5.9
223	SKORUPA Krzysztof	146		M-Open	126	<b>00:50:28.33</b>	+00:33:35	10:05	5.9

Znaleziono 223 wynik(ów)