



POLAŃCZYK - PUCHAR PODKARPACIA NORDIC WALKING - 10 KM

B4SPORT

Organiser: PFNW
Date: 2016-09-03
Place: Polańczyk
Distance: 10 km



Classification: All

Split point: 8,3 km

Place	Participant	Number	Club	Category	Żół. kartki	Czer. kartki	Start time	Start_All 1.67km	Start_All 3.34km	Start_All 5km	Start_All 6.67km	Start_All 8.34km
1	BIŁEK Artur	154	UNIA MIAST	M30-39			00:00:33	00:09:51	00:20:03	00:30:19	00:40:35	00:51:07
2	CYRUS Bogdan	185	SILESIA NORDIC TEAM	M40-49			00:00:34	00:09:45	00:20:00	00:30:18	00:40:46	00:52:01
3	NIECHWIEJCZYK Piotr	173	UNIA MIAST	M40-49			00:00:34	00:10:06	00:20:38	00:31:28	00:42:24	00:53:28
4	BOGACKI Sławek	155	ENERGA NW TEAM	M40-49			00:00:34	00:10:28	00:21:33	00:32:50	00:43:58	00:54:57
5	NEMŚ Arkadiusz	172	OSIR STASZÓW	M30-39			00:00:35	00:10:52	00:21:49	00:32:53	00:44:07	00:55:04
6	KOWALSKI Marek	165	UNIA MIAST	M50-59			00:00:35	00:11:11	00:22:42	00:34:31	00:46:28	00:58:35
7	SOBKOWSKI Janusz	180	SILESIA NORDIC TEAM	M60-69			00:00:37	00:11:18	00:22:49	00:34:35	00:46:38	00:58:48
8	KUBISZYN Małgorzata	167		K30-39			00:00:55	00:11:18	00:22:57	00:34:47	00:46:44	00:58:55
9	CIŚLIK-KASZANY Anna	156	BIESZCZADZKI KLUB NORDIC WALKING	K30-39			00:00:54	00:11:17	00:22:53	00:34:47	00:46:55	00:59:26
10	ZIĘBA Krzysztof	183		M50-59			00:00:36	00:11:25	00:23:10	00:35:16	00:47:36	00:59:43
11	JONDERKO Grzegorz	160	WŁÓCZYKIE SKOCZÓW	M40-49			00:00:35	00:11:38	00:23:16	00:35:06	00:47:35	01:00:12
12	STYŚ Elżbieta	186		K40-49			00:00:54	00:11:27	00:23:19	00:35:29	00:48:04	01:00:49
13	LIS Robert	169		M50-59			00:00:35	00:11:52	00:23:58	00:36:40	00:49:23	01:02:28
14	REJMAN Dorota	177	UKS SIEDLESZCZANY NORDIC WALKING	K30-39			00:00:55	00:12:07	00:24:31	00:37:12	00:49:53	01:02:39
15	GUZOWSKI Maciej	158	KLUB NW 'WŁÓCZYKIE' LEŻAJSK	M18-29			00:00:33	00:11:30	00:23:46	00:36:37	00:49:37	01:02:51
16	POKRYWKA Bożena	175	KLUB NW 'WŁÓCZYKIE' LEŻAJSK	K40-49			00:00:54	00:12:14	00:24:40	00:37:18	00:49:59	01:02:52
17	MARCINKOWSKI Wojciech	170	UNIA MIAST	M40-49			00:00:34	00:11:46	00:24:20	00:37:10	00:50:13	01:02:58
18	MIERZWA Mariusz	171		M50-59			00:00:35	00:11:24	00:23:52	00:36:37	00:49:41	01:03:15
19	KUPIBIDA Bogusława	184	SILESIA NORDIC TEAM	K50-59			00:00:56	00:12:32	00:25:08	00:37:54	00:50:57	01:04:00
20	REJ Anna	188		K30-39			00:00:55	00:12:31	00:25:19	00:38:01	00:51:05	01:04:13
21	SITKO Małgorzata	179	KOLBUSZOWSKI KLUB NORDIC WALKING	K40-49			00:00:55	00:12:21	00:25:06	00:38:19	00:51:46	01:05:38
22	KOTULA Jakub	164		M30-39			00:00:34	00:12:28	00:25:39	00:38:59	00:52:23	01:05:45
23	KUBALSKI Dariusz	166	OSIR STASZÓW	M40-49			00:00:34	00:13:21	00:26:48	00:39:58	00:53:18	01:05:58
24	KORCZAK Monika	162	OSIR STASZÓW	K40-49			00:00:55	00:12:52	00:25:55	00:39:20	00:52:59	01:06:28
25	BARAN Marek	151	KLUBSPORTU.PL	M40-49			00:00:35	00:12:40	00:25:54	00:39:23	00:53:12	01:06:32
26	POPIELSKA-NEMŚ Dorota	176	OSIR STASZÓW	K40-49			00:00:55	00:13:04	00:26:27	00:39:54	00:53:36	01:07:26
27	POCAŁUŃ Adam	187		M70+			00:00:37	00:12:53	00:26:11	00:40:05	00:54:08	01:08:06
28	SURDEJ Barbara	181	RZESZOWSKA AKADEMIA SPORTU	K50-59			00:00:56	00:13:01	00:26:34	00:40:14	00:53:58	01:08:06

Place	Participant	Number	Club	Category	Żół. kartki	Czer. kartki	Start time	Start_All 1.67km	Start_All 3.34km	Start_All 5km	Start_All 6.67km	Start_All 8.34km
29	KOSIŃSKA Maria	163	MOSIR RYPIN	K60-69			00:00:57	00:13:04	00:26:38	00:40:20	00:54:23	01:08:23
30	SIMKO Zbigniew	178	KLUB NW 'WŁÓCZYKIJE' LEŻAJSK	M60-69			00:00:37	00:12:44	00:25:59	00:40:10	00:54:55	01:09:20
31	KUŻMA Elżbieta	168	KLUB NW 'WŁÓCZYKIJE' LEŻAJSK	K50-59			00:00:56	00:13:10	00:26:50	00:40:45	00:55:01	01:09:21
32	WORONKO-ZACZYŃSKA Janina	182	KS METRACO POLKOWICE	K70+			00:00:57	00:13:34	00:27:17	00:41:10	00:55:18	01:09:32
33	OLEŚ-FERFECKA Edyta	174		K18-29			00:00:54	00:13:31	00:27:17	00:41:06	00:55:18	01:09:33
34	JAROSZ Anna	159	KLUB NW 'WŁÓCZYKIJE' LEŻAJSK	K60-69			00:00:56	00:13:41	00:27:27	00:41:27	00:55:20	01:09:36
35	GERLE-KOTULA Anna	157		K30-39			00:00:54	00:13:35	00:27:49	00:41:51	00:55:50	01:09:59
36	CYBRUCH Kamila	189	BIESZCZADZKI KLUB NORDIC WALKING	K50-59			00:00:54	00:13:51	00:28:20	00:43:10	00:58:25	01:14:07
37	BARAN Ewa	152	RZESZOWSKA AKADEMIA SPORTU	K40-49			00:00:56	00:14:10	00:29:35	00:44:43	01:00:20	01:15:54
38	BARAN Leszek	153	RZESZOWSKA AKADEMIA SPORTU	M50-59			00:00:37	00:14:30	00:29:55	00:45:02	01:00:39	01:16:12
39	JÓŻWIAK Dominik	161	WTW.WŁOCŁAWEK	M18-29			00:00:33	00:15:50	00:31:59	00:47:56	01:03:30	01:19:23
40	KONIECZNA-ZUPLET Izabela	190		K40-49			00:00:54	00:15:04	00:31:10	00:47:12	01:03:27	01:19:56

Total 40 results.