



POLANICA - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

Event: POLANICA - PUCHAR POLSKI NORDIC WALKING
Organiser: PFNW
Date: 2017-07-08
Place: Polanica
Distance: 10 km



Classification: K40-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start All 2.5km	Start All 5km	Start All 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	DMOWSKA Aneta	310	UNIA MIAST	K40-49	1			00:16:24	00:33:35	00:50:57	01:08:25.85		6:50	8.8 (100%)
2	SPYCHAŁA Marzena	362	WESOŁY BORSUK TEAM	K40-49	2			00:16:50	00:34:19	00:51:58	01:09:51.85	+00:01:26 (2.1%)	6:59	8.6 (97.7%)
3	SZPILMAN Katarzyna	369	FACE NORDIC WALKING TEAM	K40-49	3			00:16:57	00:34:44	00:52:59	01:11:33.25	+00:03:07 (4.4%)	7:09	8.4 (95.5%)
4	ŁUKASZEWICZ Joanna	339	GREEN TEAM ZIELONA GÓRA	K40-49	4			00:17:18	00:35:23	00:53:39	01:11:47.50	+00:03:21 (4.7%)	7:10	8.4 (95.5%)
5	PASIŃSKA-SKOWRON Sylwia	346	PRUSZYŃSKI NORDIC WALKING	K40-49	5			00:17:31	00:35:51	00:54:39	01:13:38.90	+00:05:13 (7.1%)	7:21	8.1 (92.0%)
6	STYRC Lidia	318	RYBNICKI KLUB NORDIC WALKING	K40-49	6			00:18:35	00:38:07	00:58:11	01:18:23.05	+00:09:57 (12.7%)	7:50	7.7 (87.5%)
7	WOLSKA Wioletta	379		K40-49	7			00:20:33	00:41:28	01:02:33	01:24:40.85	+00:16:15 (19.2%)	8:28	7.1 (80.7%)
8	RADLICA Dorota	354		K40-49	8			00:21:02	00:42:42	01:04:21	01:26:27.75	+00:18:01 (20.9%)	8:38	6.9 (78.4%)
9	KRÓL Edyta	333		K40-49	9			00:20:52	00:42:39	01:04:45	01:27:22.50	+00:18:56 (21.7%)	8:44	6.9 (78.4%)
10	BEDNARCZYK Agnieszka	302		K40-49	10			00:21:49	00:44:38	01:07:40	01:30:32.40	+00:22:06 (24.4%)	9:03	6.6 (75.0%)
11	STARZYK Bożena	363		K40-49	11			00:22:08	00:44:52	01:08:10	01:31:14.15	+00:22:48 (25.0%)	9:07	6.6 (75.0%)
12	GAJSKA Anna	319		K40-49	12			00:22:38	00:46:09	01:09:58	01:33:29.40	+00:25:03 (26.8%)	9:20	6.4 (72.7%)
13	KOPACKA Małgorzata	329	SANTANDER CONSUMER BANK S.A.	K40-49	13	2		00:22:15	00:49:25	01:19:02	01:48:15.75	+00:39:49 (36.8%)	10:49	5.5 (62.5%)

Total 13 results.