



POLANICA - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

Event: POLANICA - PUCHAR POLSKI NORDIC WALKING
Organiser: PFNW
Date: 2017-07-08
Place: Polanica
Distance: 10 km



Classification: K50-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	JĘDRASIAK Renata	323	KS METRACO POLKOWICE	K50-59	1			00:16:43	00:33:44	00:50:51	01:07:53.80		6:47	8.8 (100%)
2	DUSIEL Ewa	314	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59	2			00:17:49	00:36:12	00:55:00	01:13:49.20	+00:05:55 (8.0%)	7:22	8.1 (92.0%)
3	DOBROWOLSKA Anna	311		K50-59	3			00:18:30	00:37:39	00:57:03	01:15:57.30	+00:08:03 (10.6%)	7:35	7.9 (89.8%)
4	JARZYŃSKA Małgorzata	321	HIFI ARTE	K50-59	4			00:17:59	00:36:54	00:56:30	01:16:01.45	+00:08:07 (10.7%)	7:36	7.9 (89.8%)
5	KRUSZKA Arleta	334	MARSZ PO ZDROWIE	K50-59	5			00:18:29	00:37:51	00:57:06	01:16:45.25	+00:08:51 (11.5%)	7:40	7.8 (88.6%)
6	DOBROWOLSKA-ŚWIĄTEK Elżbieta	312	KB HARCOWNIK JELCZ- LASKOWICE	K50-59	6			00:18:49	00:38:18	00:57:50	01:17:13.25	+00:09:19 (12.1%)	7:43	7.8 (88.6%)
7	PANEK Elwira	345		K50-59	7			00:18:44	00:38:23	00:58:39	01:18:49.95	+00:10:56 (13.9%)	7:53	7.6 (86.4%)
8	OMARSKA Grażyna	344	PASJA NORDIC WALKING	K50-59	8			00:20:05	00:40:37	01:01:27	01:22:35.40	+00:14:41 (17.8%)	8:15	7.3 (83.0%)
9	JASTRZĘBSKA Violetta	392	3 PLUS 1	K50-59	9			00:20:13	00:41:44	01:03:19	01:25:12.15	+00:17:18 (20.3%)	8:31	7 (79.5%)
10	DOMINIAK Renata	389		K50-59	10			00:23:01	00:48:43	01:18:25	01:47:29.90	+00:39:36 (36.8%)	10:45	5.6 (63.6%)

Total 10 results.