



# PÓLMARATON 1X BABIA GÓRA

B4SPORT

**Wydarzenie:** GRIVEL ULTRAMARATON BABIA GÓRA 2019  
**Organizator:** KOZICA Fundacja Biegów Górskich  
**Data:** 2019-06-08  
**Miejsce:** Babia Góra  
**Dystans:** 23.5 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Open M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P3_Babia 9km	P5_Markowe 17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
1	<b>SEDLAK Michał</b>	<b>583</b>		M2	1	01:09:05	01:57:43	<b>02:25:04.75</b>	<b>02:25:06.25</b>		6:10	9.7
2	<b>PODSIADŁO Mikołaj</b>	<b>563</b>	GRIVEL SCARPA JULBO TEAM	M1	1	01:11:53	02:02:23	<b>02:32:23.95</b>	<b>02:32:25.15</b>	+00:07:18	6:29	9.3
3	<b>GRZELAK Adrian</b>	<b>462</b>		M1	2	01:25:13	02:24:30	<b>02:58:08.50</b>	<b>02:58:13.10</b>	+00:33:06	7:34	7.9
4	<b>SCHRAMM Rafał</b>	<b>582</b>	MARCINŚWIERCTEAM / SPRINTEM DO ULTRA	M1	3	01:27:37	02:25:42	<b>02:59:09.80</b>	<b>02:59:11.70</b>	+00:34:05	7:37	7.9
5	<b>BUKOWSKI Maciej</b>	<b>427</b>	UKA WARSZAWA	M1	4	01:27:21	02:27:45	<b>03:01:17.90</b>	<b>03:01:37.00</b>	+00:36:30	7:42	7.8
6	<b>KANIA Mateusz</b>	<b>477</b>		M1	5	01:21:54	02:30:01	<b>03:07:28.70</b>	<b>03:07:31.60</b>	+00:42:25	7:58	7.5
7	<b>BEKAS Marcin</b>	<b>409</b>		M2	2	01:28:07	02:32:52	<b>03:10:09.30</b>	<b>03:10:12.20</b>	+00:45:05	8:05	7.4
8	<b>RAMOS Bartosz</b>	<b>571</b>		M1	6	01:23:42	02:35:51	<b>03:14:10.35</b>	<b>03:14:15.70</b>	+00:49:09	8:15	7.3
9	<b>GRAMS Krzysztof</b>	<b>457</b>		M2	3	01:31:34	02:40:17	<b>03:19:15.75</b>	<b>03:19:20.70</b>	+00:54:14	8:28	7.1
10	<b>STRAŚ Jarek</b>	<b>605</b>		M1	7	01:28:15	02:35:20	<b>03:20:29.05</b>	<b>03:20:42.35</b>	+00:55:36	8:31	7
11	<b>NOWICKI Tomasz</b>	<b>545</b>	PORSCHE RYBNIK	M1	8	01:28:48	02:40:21	<b>03:21:12.30</b>	<b>03:21:16.90</b>	+00:56:10	8:33	7
12	<b>BUDA Wojciech</b>	<b>424</b>		M2	4	01:30:00	02:35:37	<b>03:21:34.90</b>	<b>03:21:38.25</b>	+00:56:32	8:34	7
13	<b>MAGNUCKI Adam</b>	<b>522</b>		M1	9	01:28:52	02:40:21	<b>03:23:34.05</b>	<b>03:23:36.45</b>	+00:58:30	8:39	6.9
14	<b>MIECH Szymon</b>	<b>534</b>	HUSARIA RACE TEAM	M2	5	01:30:30	02:41:20	<b>03:24:17.35</b>	<b>03:24:20.45</b>	+00:59:14	8:41	6.9
15	<b>KUBERA Dawid</b>	<b>503</b>	ALWAYSINMOTION.PL	M1	10	01:32:43	02:45:28	<b>03:24:50.80</b>	<b>03:24:54.60</b>	+00:59:48	8:43	6.9
16	<b>JĘDRZEJAK Piotr</b>	<b>471</b>		M2	6	01:31:17	02:44:20	<b>03:25:00.60</b>	<b>03:25:14.65</b>	+01:00:08	8:43	6.9
17	<b>KONIK Jarosław</b>	<b>488</b>		M1	11	01:31:50	02:42:32	<b>03:26:22.15</b>	<b>03:26:28.85</b>	+01:01:22	8:46	6.8
18	<b>ZAWADZKI Piotr</b>	<b>639</b>		M2	7	01:34:44	02:47:50	<b>03:26:19.00</b>	<b>03:26:34.30</b>	+01:01:28	8:46	6.8
19	<b>MISIARZ Bartłomiej</b>	<b>536</b>		M1	12	01:30:04	02:45:05	<b>03:29:52.60</b>	<b>03:29:56.55</b>	+01:04:50	8:55	6.7
20	<b>GRUSZKA Dariusz</b>	<b>460</b>	NIEPOŁOMICIE BIEGAJĄ	M2	8	01:35:04	02:50:00	<b>03:30:50.65</b>	<b>03:31:01.05</b>	+01:05:54	8:58	6.7
21	<b>SZAREK Marcin</b>	<b>610</b>	BAŁUCKIE TYGRYSY	M2	9	01:30:08	02:46:08	<b>03:33:13.70</b>	<b>03:33:23.00</b>	+01:08:16	9:04	6.6
22	<b>RZEPKA Remigiusz</b>	<b>581</b>		M2	10	01:36:46	02:51:08	<b>03:34:04.75</b>	<b>03:34:06.85</b>	+01:09:00	9:06	6.6
23	<b>MAGOCSY Adam</b>	<b>524</b>		M1	13	01:38:44	02:55:04	<b>03:34:12.75</b>	<b>03:34:22.60</b>	+01:09:16	9:06	6.6
24	<b>WALITZA Andrzej</b>	<b>626</b>		M1	14	01:36:38	02:53:22	<b>03:35:21.35</b>	<b>03:35:35.30</b>	+01:10:29	9:09	6.5
25	<b>DRESZER Damian</b>	<b>443</b>		M1	15	01:35:37	02:53:11	<b>03:36:20.65</b>	<b>03:36:22.45</b>	+01:11:16	9:12	6.5
26	<b>DANIELAK Roman</b>	<b>435</b>		M3	1	01:39:54	02:54:51	<b>03:38:47.25</b>	<b>03:38:56.75</b>	+01:13:50	9:18	6.4
27	<b>WOJCIECHOWSKI Arkadiusz</b>	<b>633</b>		M2	11	01:39:21	02:57:33	<b>03:39:47.55</b>	<b>03:40:05.60</b>	+01:14:59	9:21	6.4
28	<b>SOBSTEL Przemek</b>	<b>596</b>	ACTIVE JURA	M2	12	01:35:25	02:55:52	<b>03:39:57.20</b>	<b>03:40:05.95</b>	+01:14:59	9:21	6.4
29	<b>OLIWA Edward</b>	<b>547</b>	ITMBW KRAKÓW	M3	2	01:36:27	02:54:09	<b>03:40:39.80</b>	<b>03:40:48.95</b>	+01:15:42	9:23	6.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P3_Babia	P5_Markowe	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9km	17.6km	23.5km	23.5km			
30	<b>CZECZOT Krzysztof</b>	<b>433</b>	DRUŻYNA GRUBEGO MISIA	M2	13	01:36:31	02:53:07	<b>03:41:18.35</b>	<b>03:41:18.35</b>	+01:16:12	9:25	6.4
31	<b>STANKOWIAK Maciej</b>	<b>651</b>	STS BIEGATON	M2	14	01:42:15	03:00:32	<b>03:41:46.55</b>	<b>03:41:51.85</b>	+01:16:45	9:26	6.4
32	<b>MACIEJOWSKI Michał</b>	<b>518</b>		M1	16	01:32:52	02:53:19	<b>03:42:35.15</b>	<b>03:42:35.15</b>	+01:17:28	9:28	6.3
33	<b>LEMANSKI Arkadiusz</b>	<b>512</b>		M2	15	01:39:20	03:00:06	<b>03:43:06.65</b>	<b>03:43:11.35</b>	+01:18:05	9:29	6.3
34	<b>WIECZOREK Łukasz</b>	<b>629</b>	OSP GAŚAWA	M2	16	01:36:40	02:54:56	<b>03:43:15.55</b>	<b>03:43:35.80</b>	+01:18:29	9:30	6.3
35	<b>SKWARNECKI Damian</b>	<b>590</b>	RAZEM TRENUJEMY SPORT	M2	17	01:42:07	03:00:02	<b>03:43:43.30</b>	<b>03:43:44.85</b>	+01:18:38	9:31	6.3
36	<b>ZGLICZYNSKI Piotr</b>	<b>642</b>		M3	3	01:36:42	02:58:07	<b>03:44:57.20</b>	<b>03:45:18.60</b>	+01:20:12	9:34	6.3
37	<b>SIWAK Ryszard</b>	<b>587</b>	TEAM RYŚ SKI	M2	18	01:35:18	02:58:56	<b>03:48:23.80</b>	<b>03:48:33.10</b>	+01:23:26	9:43	6.2
38	<b>SŁONINA Artur</b>	<b>591</b>	RUNNING.KRAKOW.PL	M2	19	01:46:48	03:05:40	<b>03:48:24.45</b>	<b>03:48:39.40</b>	+01:23:33	9:43	6.2
39	<b>WIDŁAK Krzysztof</b>	<b>628</b>		M1	17	01:40:03	02:58:50	<b>03:48:22.15</b>	<b>03:48:41.10</b>	+01:23:34	9:43	6.2
40	<b>IDASZEK Romaric</b>	<b>649</b>		M2	20	01:38:50	02:52:22	<b>03:49:45.70</b>	<b>03:49:58.65</b>	+01:24:52	9:46	6.1
41	<b>SZUBARTOWSKI Paweł</b>	<b>614</b>	BEŁŻYCE I OKOLICE BIEGAJĄ	M1	18	01:43:54	03:09:40	<b>03:53:00.75</b>	<b>03:53:16.15</b>	+01:28:09	9:54	6.1
42	<b>KULAWIK Bartek</b>	<b>506</b>		M2	21	01:40:04	03:02:31	<b>03:53:20.10</b>	<b>03:53:24.50</b>	+01:28:18	9:55	6
43	<b>IWANECKI Łukasz</b>	<b>464</b>		M1	19	01:42:11	03:06:46	<b>03:53:27.05</b>	<b>03:53:31.05</b>	+01:28:24	9:56	6
44	<b>WOŹNIAK Przemysław</b>	<b>635</b>		M2	22	01:43:53	03:08:36	<b>03:53:30.35</b>	<b>03:53:45.00</b>	+01:28:38	9:56	6
45	<b>ŁUCZYK Janusz</b>	<b>648</b>	BÓBR TŁUSZCZ	M2	23	01:46:45	03:09:58	<b>03:53:49.95</b>	<b>03:54:03.15</b>	+01:28:56	9:57	6
46	<b>PIOTROWICZ Sławomir</b>	<b>560</b>		M1	20	01:40:10	03:05:54	<b>03:54:01.05</b>	<b>03:54:16.10</b>	+01:29:09	9:57	6
47	<b>KOZERA Bartłomiej</b>	<b>494</b>		M1	21	01:45:55	03:07:32	<b>03:55:14.00</b>	<b>03:55:14.00</b>	+01:30:07	10:00	6
48	<b>SZYMURA Przemysław</b>	<b>617</b>		M1	22	01:36:59	03:02:33	<b>03:55:15.70</b>	<b>03:55:22.55</b>	+01:30:16	10:00	6
49	<b>JAGIELSKI Piotr</b>	<b>467</b>		M2	24	01:43:42	03:07:12	<b>03:56:48.95</b>	<b>03:57:05.80</b>	+01:31:59	10:04	6
50	<b>KUBIK Marek</b>	<b>505</b>		M3	4	01:31:21	02:59:26	<b>03:57:25.45</b>	<b>03:57:29.10</b>	+01:32:22	10:06	5.9
51	<b>KROKOSZ Paweł</b>	<b>500</b>	KENYANRUNNERS	M1	23	01:39:53	03:12:16	<b>03:58:10.65</b>	<b>03:58:10.65</b>	+01:33:04	10:08	5.9
52	<b>KOZIOŁ Artur</b>	<b>495</b>		M2	25	01:45:08	03:09:25	<b>03:57:50.80</b>	<b>03:58:18.30</b>	+01:33:12	10:07	5.9
53	<b>ZYCH Andrzej</b>	<b>646</b>		M2	26	01:42:08	03:10:05	<b>03:58:35.95</b>	<b>03:58:46.85</b>	+01:33:40	10:09	5.9
54	<b>SIKLUCKI Grzegorz</b>	<b>585</b>	ONE WAY TICKET	M3	5	01:44:24	03:09:50	<b>03:58:51.65</b>	<b>03:59:00.00</b>	+01:33:53	10:09	5.9
55	<b>ŚLESICKI Konstanty</b>	<b>619</b>		M1	24	01:39:31	03:05:28	<b>03:58:45.65</b>	<b>03:59:00.70</b>	+01:33:54	10:09	5.9
56	<b>MERTAS Dominik</b>	<b>532</b>		M2	27	01:45:12	03:07:56	<b>03:59:30.55</b>	<b>03:59:37.85</b>	+01:34:31	10:11	5.9
57	<b>BĘBENEK Marcin</b>	<b>411</b>		M1	25	01:55:58	03:19:43	<b>03:59:46.05</b>	<b>03:59:49.20</b>	+01:34:42	10:12	5.9
58	<b>MOCZURAD Piotr</b>	<b>537</b>	UCREATE RUNNERS	M1	26	01:49:54	03:14:09	<b>03:59:27.05</b>	<b>03:59:50.30</b>	+01:34:44	10:11	5.9
59	<b>GĄTKIEWICZ Paweł</b>	<b>453</b>	ESKADRA KRAKÓW	M2	28	01:45:35	03:11:30	<b>04:00:15.15</b>	<b>04:00:21.05</b>	+01:35:14	10:13	5.9
60	<b>SUCHENIA Daniel</b>	<b>608</b>	GANG RÓŻOWYCH MISIÓW	M2	29	01:55:16	03:18:22	<b>04:01:10.25</b>	<b>04:01:22.45</b>	+01:36:16	10:15	5.8
61	<b>PALUCH Andrzej</b>	<b>551</b>	RUN FOR FUN	M2	30	01:44:04	03:12:46	<b>04:01:30.05</b>	<b>04:01:37.35</b>	+01:36:31	10:16	5.8
62	<b>SZYSZKA Ryszard</b>	<b>618</b>		M2	31	01:48:07	03:13:27	<b>04:02:20.85</b>	<b>04:02:38.40</b>	+01:37:32	10:18	5.8
63	<b>BŁĄŻEJOWSKI Krzysztof</b>	<b>414</b>		M3	6	01:52:09	03:19:12	<b>04:02:48.60</b>	<b>04:03:12.75</b>	+01:38:06	10:19	5.8
64	<b>TOPOLSKI Marcin</b>	<b>625</b>	CZŁOWEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	M2	32	01:17:32	02:17:20	<b>04:04:34.00</b>	<b>04:04:36.40</b>	+01:39:30	10:24	5.8
65	<b>CHEŁMIŃSKI Piotr</b>	<b>430</b>		M3	7	01:45:37	03:15:37	<b>04:04:44.05</b>	<b>04:04:49.60</b>	+01:39:43	10:24	5.8
66	<b>ADRIAN Maciej</b>	<b>401</b>	PIORUN	M1	27	01:50:38	03:18:19	<b>04:04:57.85</b>	<b>04:05:05.45</b>	+01:39:59	10:25	5.8
67	<b>KULIGA Michał</b>	<b>509</b>	EASYRUN RACIBÓRZ	M2	33	01:52:12	03:20:58	<b>04:06:01.70</b>	<b>04:06:19.60</b>	+01:41:13	10:28	5.7
68	<b>RYSKALOK Piotr</b>	<b>579</b>		M1	28	01:48:10	03:17:42	<b>04:06:47.85</b>	<b>04:06:50.95</b>	+01:41:44	10:30	5.7
69	<b>RYBKOWSKI Hubert</b>	<b>577</b>		M2	34	01:48:09	03:17:59	<b>04:06:59.80</b>	<b>04:07:17.20</b>	+01:42:10	10:30	5.7
70	<b>JĘDRZEJCZAK Bartosz</b>	<b>472</b>	LEONARDO TEAM	M2	35	01:48:10	03:17:35	<b>04:09:03.30</b>	<b>04:09:03.30</b>	+01:43:57	10:35	5.7
71	<b>AUGUŚCIK Mariusz</b>	<b>402</b>		M3	8	01:42:59	03:16:25	<b>04:09:28.80</b>	<b>04:09:40.40</b>	+01:44:34	10:36	5.7
72	<b>MAJDAK Bartłomiej</b>	<b>526</b>	PORAŻBAŁKO	M2	36	01:57:55	03:25:01	<b>04:10:12.75</b>	<b>04:10:22.20</b>	+01:45:15	10:38	5.6
73	<b>SKROBAŁA Miłosz</b>	<b>588</b>		M1	29	01:47:52	03:17:40	<b>04:10:43.50</b>	<b>04:10:53.25</b>	+01:45:47	10:40	5.6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P3_Babia 9km	P5_Markowe 17.6km	Czas		Tempo min/km	Tempo km/h	
								netto 23.5km	brutto 23.5km			
74	<b>KOSMALSKI Tomasz</b>	<b>492</b>		M1	30	01:44:10	03:14:09	<b>04:10:51.15</b>	<b>04:10:55.30</b>	+01:45:49	10:40	5.6
75	<b>BERNACKI Kamil</b>	<b>410</b>	OSTROBIEC	M2	37	01:50:24	03:19:35	<b>04:12:02.35</b>	<b>04:12:19.75</b>	+01:47:13	10:43	5.6
76	<b>DREWNIAK Andrzej</b>	<b>444</b>		M3	9	01:45:02	03:20:20	<b>04:13:42.30</b>	<b>04:13:53.95</b>	+01:48:47	10:47	5.6
77	<b>LESIŃSKI Marcin</b>	<b>513</b>	ML CONSULTING	M2	38	01:43:59	03:20:52	<b>04:14:58.95</b>	<b>04:15:02.35</b>	+01:49:56	10:51	5.5
78	<b>PARSZEWSKI Krzysiek</b>	<b>553</b>	BIEGNĘ PO MEDAL	M1	31	01:50:28	03:23:24	<b>04:16:18.85</b>	<b>04:16:18.85</b>	+01:51:12	10:54	5.5
79	<b>KŁAKUS Wojciech</b>	<b>485</b>		M1	32	01:56:57	03:24:52	<b>04:16:43.40</b>	<b>04:16:51.40</b>	+01:51:45	10:55	5.5
80	<b>CEBULA Paweł</b>	<b>429</b>	CREADIS	M1	33	01:45:59	03:19:15	<b>04:16:51.25</b>	<b>04:16:55.80</b>	+01:51:49	10:55	5.5
81	<b>PALASZ Kamil</b>	<b>550</b>		M1	34	01:38:40	03:20:56	<b>04:17:14.00</b>	<b>04:17:20.40</b>	+01:52:14	10:56	5.5
82	<b>BOHM Jacek</b>	<b>418</b>	BIEGATON	M3	10	01:45:08	03:24:12	<b>04:18:01.45</b>	<b>04:18:10.00</b>	+01:53:03	10:58	5.5
83	<b>PIĘTA Bogdan</b>	<b>559</b>	RUN FOR FUN	M3	11	01:53:16	03:28:57	<b>04:20:31.85</b>	<b>04:20:50.35</b>	+01:55:44	11:05	5.4
84	<b>WIESIOŁEK Paweł</b>	<b>630</b>	BAGNO	M2	39	01:47:01	03:25:06	<b>04:25:01.15</b>	<b>04:25:13.05</b>	+02:00:06	11:16	5.3
85	<b>KAŁLAUR Krzysztof</b>	<b>475</b>		M1	35	01:55:29	03:35:21	<b>04:26:23.70</b>	<b>04:26:28.65</b>	+02:01:22	11:20	5.3
86	<b>PIĄTEK Tomasz</b>	<b>557</b>	WLD BUCHAYS	M2	40	01:58:49	03:35:58	<b>04:26:15.70</b>	<b>04:26:37.10</b>	+02:01:30	11:19	5.3
87	<b>LORANC Paweł</b>	<b>514</b>	WLD BUCHAYS	M2	41	01:56:47	03:35:54	<b>04:26:15.55</b>	<b>04:26:37.25</b>	+02:01:31	11:19	5.3
88	<b>TARASIUK Łukasz</b>	<b>623</b>		M2	42	01:59:25	03:34:53	<b>04:27:23.85</b>	<b>04:27:34.55</b>	+02:02:28	11:22	5.3
89	<b>KOCERKA Jacek</b>	<b>486</b>		M2	43	02:07:15	03:39:53	<b>04:30:30.90</b>	<b>04:30:50.65</b>	+02:05:44	11:30	5.2
90	<b>SNARSKI Bogdan</b>	<b>595</b>	ALBATROSY	M2	44	02:35:26	03:46:35	<b>04:33:15.25</b>	<b>04:33:17.05</b>	+02:08:10	11:37	5.2
91	<b>KARCZEWSKI Jacek</b>	<b>478</b>	GRUPA BIEGOWA UM W-WA	M2	45	02:03:21	03:42:45	<b>04:33:13.20</b>	<b>04:33:29.30</b>	+02:08:23	11:37	5.2
91	<b>MROWIEC Paweł</b>	<b>539</b>	HEINEKEN KRAKOW RUNNING CLUB	M2	46	01:32:43	02:47:06	<b>04:33:16.15</b>	<b>04:33:29.30</b>	+02:08:23	11:37	5.2
93	<b>KOŃCZEWSKI Daniel</b>	<b>489</b>		M2	47	02:04:23	03:42:23	<b>04:33:47.40</b>	<b>04:34:09.70</b>	+02:09:03	11:39	5.2
94	<b>OKRÓJ Dawid</b>	<b>546</b>		M2	48	02:09:08	03:45:29	<b>04:36:24.30</b>	<b>04:36:36.65</b>	+02:11:30	11:45	5.1
95	<b>BALCER Marcin</b>	<b>403</b>	BARUNKI	M2	49	01:57:29	03:42:46	<b>04:37:29.20</b>	<b>04:37:47.55</b>	+02:12:41	11:48	5.1
96	<b>KOZIOŁ Paweł</b>	<b>496</b>		M2	50	02:02:44	03:40:27	<b>04:41:04.95</b>	<b>04:41:29.40</b>	+02:16:23	11:57	5
97	<b>KASKA Krzysztof</b>	<b>479</b>		M3	12	02:01:11	03:42:51	<b>04:42:23.70</b>	<b>04:42:40.30</b>	+02:17:34	12:01	5
98	<b>KINDLER Bartłomiej</b>	<b>483</b>	#BARUNKI	M2	51	02:09:14	03:50:49	<b>04:43:22.65</b>	<b>04:43:22.65</b>	+02:18:16	12:03	5
99	<b>GROCHOWSKI Marcin</b>	<b>458</b>		M2	52	02:03:56	03:48:44	<b>04:44:28.55</b>	<b>04:44:37.55</b>	+02:19:31	12:06	5
100	<b>WERYHO Krzysztof</b>	<b>627</b>		M2	53	02:17:05	03:53:12	<b>04:45:09.10</b>	<b>04:45:21.60</b>	+02:20:15	12:08	4.9
101	<b>DĄBROWSKI Michał</b>	<b>437</b>	NASUCZAJ	M1	36	02:13:40	03:54:31	<b>04:47:11.65</b>	<b>04:47:17.75</b>	+02:22:11	12:13	4.9
102	<b>BOCIĄGA Andrzej</b>	<b>416</b>		M1	37	02:09:46	03:51:57	<b>04:47:22.30</b>	<b>04:47:29.60</b>	+02:22:23	12:13	4.9
103	<b>SZAFRON Marcin</b>	<b>609</b>		M1	38	01:31:27	03:48:33	<b>04:48:14.60</b>	<b>04:48:23.00</b>	+02:23:16	12:15	4.9
104	<b>BIAŁAS Bartosz</b>	<b>412</b>		M2	54	02:00:55	03:48:58	<b>04:49:25.60</b>	<b>04:49:38.20</b>	+02:24:31	12:18	4.9
105	<b>KOIM Robert</b>	<b>487</b>		M2	55	02:00:36	03:51:41	<b>04:52:16.55</b>	<b>04:52:23.05</b>	+02:27:16	12:26	4.8
106	<b>WÓJCIK Zbyszek</b>	<b>636</b>		M1	39	02:10:12	03:58:40	<b>04:55:52.95</b>	<b>04:55:59.95</b>	+02:30:53	12:35	4.8
106	<b>OTRĘBSKI Tomasz</b>	<b>548</b>		M2	56	02:05:31	03:58:44	<b>04:55:54.30</b>	<b>04:55:59.95</b>	+02:30:53	12:35	4.8
108	<b>KRAKOWSKI Paweł</b>	<b>498</b>		M1	40	01:55:24	04:04:29	<b>04:59:38.30</b>	<b>04:59:46.25</b>	+02:34:40	12:45	4.7
109	<b>GRYGNU Sławomir</b>	<b>461</b>		M2	57	02:08:08	04:00:38	<b>05:01:32.45</b>	<b>05:01:46.85</b>	+02:36:40	12:49	4.7
110	<b>SZCZERBOWSKI Karol</b>	<b>612</b>		M2	58	02:17:09	04:05:45	<b>05:06:34.75</b>	<b>05:06:45.95</b>	+02:41:39	13:02	4.6
111	<b>ŚMIECHOWICZ Daniel</b>	<b>620</b>	PORĄBAŁKO	M2	59	02:14:54	04:10:58	<b>05:07:32.80</b>	<b>05:07:49.35</b>	+02:42:43	13:05	4.6
112	<b>KAWCZYŃSKI Bartosz</b>	<b>480</b>		M1	41	02:14:47	04:00:43	<b>05:10:31.55</b>	<b>05:10:35.05</b>	+02:45:28	13:12	4.5
113	<b>NIELIPIŃSKI Mateusz</b>	<b>315</b>	MUFLON PRZYSUCHA	M2	60	02:04:52	04:05:01	<b>05:10:28.40</b>	<b>05:10:50.85</b>	+02:45:44	13:12	4.5
114	<b>DOROŻAŁA Lechosław</b>	<b>441</b>		M2	61	02:15:06	04:14:59	<b>05:12:26.40</b>	<b>05:12:38.00</b>	+02:47:31	13:17	4.5
115	<b>KAMENECKAS Justinas</b>	<b>476</b>	#UNBREAKABLE	M2	62	02:11:27	04:11:21	<b>05:12:33.30</b>	<b>05:12:54.45</b>	+02:47:48	13:18	4.5
116	<b>WOJCIECHOWSKI Marek</b>	<b>632</b>		M2	63	02:15:41	04:07:22	<b>05:13:23.80</b>	<b>05:13:38.35</b>	+02:48:32	13:20	4.5
117	<b>BOCHNAK Janek</b>	<b>415</b>		M2	64	02:19:27	04:13:07	<b>05:14:38.25</b>	<b>05:15:00.70</b>	+02:49:54	13:23	4.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P3_Babia 9km	P5_Markowe 17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
118	<b>ZELENÁK Kamil</b>	<b>640</b>	AUTOSERVIS ERIKA	M2	65	02:14:32	04:12:31	<b>05:16:08.35</b>	<b>05:16:20.65</b>	+02:51:14	13:27	4.5
119	<b>ZEMŁA Krzysztof</b>	<b>641</b>		M3	13	02:18:40	04:11:52	<b>05:17:11.10</b>	<b>05:17:25.15</b>	+02:52:18	13:29	4.4
120	<b>CABAJ Rafał</b>	<b>428</b>	BIEGUSIEM.PL	M2	66	02:20:38	04:20:39	<b>05:22:29.25</b>	<b>05:22:40.35</b>	+02:57:34	13:43	4.4
121	<b>BARTKOWIAK Slawek</b>	<b>407</b>		M2	67	02:08:55	04:12:13	<b>05:23:02.65</b>	<b>05:23:10.45</b>	+02:58:04	13:44	4.4
122	<b>PIECZABA Patryk</b>	<b>558</b>		M1	42	02:20:41	04:28:38	<b>05:25:15.15</b>	<b>05:25:30.60</b>	+03:00:24	13:50	4.3
123	<b>RADWAŃSKI Maciej</b>	<b>570</b>		M1	43	02:23:09	04:22:27	<b>05:31:17.05</b>	<b>05:31:35.70</b>	+03:06:29	14:05	4.3
124	<b>FURMAN Michał</b>	<b>450</b>	OCHAJORUN&FRIENDS	M1	44	02:29:13	04:35:09	<b>05:44:08.15</b>	<b>05:44:27.25</b>	+03:19:21	14:38	4.1
125	<b>KULIGA Marek</b>	<b>508</b>		M1	45	02:21:35	04:42:41	<b>05:47:11.00</b>	<b>05:47:26.05</b>	+03:22:19	14:46	4.1
126	<b>GRAD Lukasz</b>	<b>456</b>		M2	68	02:32:09	04:42:23	<b>05:50:22.20</b>	<b>05:50:35.35</b>	+03:25:29	14:54	4
127	<b>KAIM Antoni</b>	<b>474</b>		M3	14	02:40:18	04:52:56	<b>05:56:11.80</b>	<b>05:56:29.10</b>	+03:31:22	15:09	4
<b>Przekroczony limit czasu: 06:00:00</b>												
128	<b>STRZYŻ Ryszard</b>	<b>607</b>		M2	69	02:26:50	04:42:39	<b>06:03:37.10</b>	<b>06:03:37.10</b>	+03:38:30	15:28	3.9
129	<b>ZIEMKIEWICZ Paweł</b>	<b>644</b>	EASYRUN RACIBÓRZ	M2	70	02:11:49	05:28:18	<b>06:27:35.10</b>	<b>06:27:49.20</b>	+04:02:42	16:29	3.6
130	<b>STASIAK Mateusz</b>	<b>600</b>	ITFF BLOCKCHAIN RUNNING TEAM	M1	46	03:01:39	05:32:28	<b>06:55:56.50</b>	<b>06:55:56.50</b>	+04:30:50	17:41	3.4
DQ	<b>STOPA Michał</b>	<b>604</b>		M1		01:19:49 DQ	02:17:15 DQ	<b>02:51:40.50 DQ</b>	<b>DQ</b>		-	-
DQ	<b>OWCZAREK Dariusz</b>	<b>318</b>		M1		DQ	00:43:10 DQ	<b>02:56:24.25 DQ</b>	<b>DQ</b>		-	-
DQ	<b>KOŻUCH Michał</b>	<b>497</b>	REDLINETEAM	M1		01:21:17 DQ	02:21:58 DQ	<b>03:02:29.60 DQ</b>	<b>DQ</b>		-	-
DQ	<b>MAZIARZ Artur</b>	<b>530</b>	RUN FOR FUN	M1		01:23:19 DQ	02:29:59 DQ	<b>03:07:22.60 DQ</b>	<b>DQ</b>		-	-
	<b>KOŚCIELNIAK Kacper</b>	<b>493</b>	SALCO GARMIN TEAM	M1		01:13:36 DNF	02:01:47 DNF	<b>DNF</b>	<b>DNF</b>		-	-
	<b>SZARF Paweł</b>	<b>346</b>	ANTONTEAM	M1		DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	-

Znaleziono 136 wynik(ów)