

Wydarzenie: Sztafeta Górską 2020
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2020-08-30
Miejsce: Kudowa-Zdrój
Dystans: 21 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Jakubowice 16km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	GLAPIAK Damian	2046	ADRUNALINE TEAM	M-40	1	00:53:25	01:20:46	01:39:11.60	01:39:12.70		4:43	12.7 (100%)
2	WŁODARKIEWICZ Dominik	2189	DYNAFIT POLSKA	M-40	2	01:00:05	01:30:26	01:51:04.60	01:51:05.40	+00:11:52 (10.7%)	5:17	11.3 (89.0%)
3	PIHIL Piotr	2187		M-40	3	01:02:36	01:34:08	01:54:52.25	01:54:53.75	+00:15:41 (13.7%)	5:28	11 (86.6%)
4	SKORUPA Jacek	2092	EUFORIABIEGACZ	M-40	4	01:03:28	01:35:12	01:55:43.40	01:55:44.55	+00:16:31 (14.3%)	5:30	10.9 (85.8%)
5	ROGÓRZ Piotr	2146		M-40	5	01:06:56	01:39:41	02:00:20.70	02:00:22.25	+00:21:09 (17.6%)	5:43	10.5 (82.7%)
6	CIRKO Arkadiusz	2052	KGHM ZG RUN	M-40	6	01:10:35	01:45:58	02:10:45.25	02:10:47.45	+00:31:34 (24.1%)	6:13	9.6 (75.6%)
7	DARUL Damian	2140	KB MARATON TUREK	M-40	7	01:15:23	01:49:49	02:13:11.35	02:13:22.30	+00:34:09 (25.6%)	6:20	9.5 (74.8%)
8	OLSZEWSKI Tomek	2192		M-40	8	01:13:38	01:52:07	02:16:29.15	02:16:33.60	+00:37:20 (27.3%)	6:29	9.2 (72.4%)
9	PAŻUCHA Wojciech	2056	ACID MANIAXXX	M-40	9	01:15:19	01:52:14	02:16:47.40	02:16:55.25	+00:37:42 (27.5%)	6:30	9.2 (72.4%)
10	DERENCZ Michał	2112		M-40	10	01:13:46	01:53:54	02:20:46.50	02:20:55.90	+00:41:43 (29.6%)	6:42	9 (70.9%)
11	SAMBORSKI Bartosz	2134		M-40	11	01:18:56	01:57:39	02:22:57.65	02:23:08.35	+00:43:55 (30.7%)	6:48	8.8 (69.3%)
12	STROJEK Grzegorz	2068		M-40	12	01:18:31	02:00:56	02:27:10.25	02:27:11.65	+00:47:58 (32.6%)	7:00	8.6 (67.7%)
13	MURZYN Piotr	2171	MUTIN	M-40	13	01:19:27	02:00:13	02:27:51.20	02:27:54.00	+00:48:41 (32.9%)	7:02	8.5 (66.9%)
14	STUPEK Bogusław	2188		M-40	14	01:22:08	02:03:37	02:29:51.15	02:30:03.55	+00:50:50 (33.9%)	7:08	8.4 (66.1%)
15	ČERVENÝ David	2131	ERIKA COPY SHOP	M-40	15	01:22:15	02:03:52	02:30:53.95	02:31:00.35	+00:51:47 (34.3%)	7:11	8.3 (65.4%)
16	BEDNARCZYK Paweł	2029	PZU SPORT TEAM	M-40	16	01:22:18	02:03:56	02:31:18.05	02:31:29.65	+00:52:16 (34.5%)	7:12	8.3 (65.4%)
17	MICHALAK Piotr	2009		M-40	17	01:22:54	02:03:37	02:31:27.05	02:31:52.90	+00:52:40 (34.7%)	7:12	8.3 (65.4%)
18	GĘSIAREK Grzegorz	2117		M-40	18	01:25:59	02:06:59	02:33:59.30	02:34:02.80	+00:54:50 (35.6%)	7:19	8.2 (64.6%)
19	POPŁAWSKI Dariusz	2003	KB GEPARD MUROWANA GOŚLINA	M-40	19	01:26:43	02:07:42	02:35:24.45	02:35:31.85	+00:56:19 (36.2%)	7:24	8.1 (63.8%)
20	STELMACH Krzysztof	2076		M-40	20	01:25:38	02:07:42	02:35:39.90	02:35:48.00	+00:56:35 (36.3%)	7:24	8.1 (63.8%)
21	SKURZYŃSKI Mariusz	2083	M.E.T.A	M-40	21	01:26:13	02:09:03	02:38:17.70	02:38:25.65	+00:59:12 (37.4%)	7:32	8 (63.0%)
22	CZUBIEL Konrad	2086	PKS GALOPUJĄCA SOCZEWICA	M-40	22	01:25:52	02:08:35	02:38:32.10	02:38:49.55	+00:59:36 (37.5%)	7:32	7.9 (62.2%)
23	BUDZIŃSKI Damian	2051	WKB META LUBLINIEC	M-40	23	01:25:51	02:09:19	02:39:27.00	02:39:35.15	+01:00:22 (37.8%)	7:35	7.9 (62.2%)
24	MAĆKOWSKI Mateusz	2100	NATURAL BORN COFFEE LOVERS	M-40	24	01:29:28	02:13:00	02:41:41.15	02:41:45.00	+01:02:32 (38.7%)	7:42	7.8 (61.4%)
25	DUCZKOWSKI Rafał	2202	GRZYBIANY	M-40	25	01:29:13	02:14:15	02:43:23.20	02:43:32.55	+01:04:19 (39.3%)	7:46	7.7 (60.6%)
26	SKRZYPIŃSKI Arkadiusz	2148	PSI PATROL	M-40	26	01:29:14	02:14:12	02:44:01.65	02:44:15.15	+01:05:02 (39.6%)	7:48	7.7 (60.6%)
27	SZKUDŁO Oskar	2180	BEZ BALASTU	M-40	27	01:30:02	02:14:13	02:44:34.85	02:44:39.35	+01:05:26 (39.7%)	7:50	7.7 (60.6%)
28	STANISŁAWEK Tomasz	2015		M-40	28	01:29:11	02:16:57	02:47:26.70	02:47:33.40	+01:08:20 (40.8%)	7:58	7.5 (59.1%)
29	MARCINEK Łukasz	2172	NIE TERAZ, POTEM	M-40	29	01:31:31	02:20:21	02:51:19.05	02:51:27.65	+01:12:14 (42.1%)	8:09	7.4 (58.3%)

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						10km	Jakubowice 16km					
30	SYGIEL Andrzej	2200		M-40	30	01:30:49	02:18:13	02:51:18.70	02:51:28.95	+01:12:16 (42.1%)	8:09	7.4 (58.3%)
31	ROLIŃSKI Radosław	2022		M-40	31	01:33:30	02:19:45	02:51:52.70	02:51:58.80	+01:12:46 (42.3%)	8:11	7.3 (57.5%)
32	HAIDA Marcin	2028		M-40	32	01:32:14	02:21:48	02:54:05.10	02:54:21.95	+01:15:09 (43.1%)	8:17	7.2 (56.7%)
33	RUCIŃSKI Adam	2036		M-40	33	01:35:27	02:24:36	02:55:24.55	02:55:39.40	+01:16:26 (43.5%)	8:21	7.2 (56.7%)
34	SIKORSKI Grzegorz	2139		M-40	34	01:33:03	02:22:13	02:56:12.45	02:56:28.50	+01:17:15 (43.8%)	8:23	7.2 (56.7%)
35	KOSTYK Grzegorz	2151		M-40	35	01:34:26	02:23:28	02:56:53.80	02:57:04.80	+01:17:52 (44.0%)	8:25	7.1 (55.9%)
36	ZIELIŃSKI Bartłomiej	2196		M-40	36	01:34:31	02:26:10	03:03:23.65	03:03:31.20	+01:24:18 (45.9%)	8:44	6.9 (54.3%)
37	JACHIMECKI Rafał	2017	TUPU-TUPU GŁOGÓW	M-40	37	01:39:20	02:31:13	03:03:45.45	03:03:52.15	+01:24:39 (46.0%)	8:45	6.9 (54.3%)
38	KAPELSKI Michał	2152		M-40	38	01:39:50	02:30:03	03:04:00.95	03:04:15.35	+01:25:02 (46.2%)	8:45	6.8 (53.5%)
39	FRĄCKOWIAK Jacek	2047		M-40	39	01:37:14	02:29:10	03:05:02.05	03:05:07.70	+01:25:55 (46.4%)	8:48	6.8 (53.5%)
40	GÓRECKI Rafał	2126		M-40	40	01:40:07	02:34:55	03:07:57.30	03:08:05.85	+01:28:53 (47.3%)	8:57	6.7 (52.8%)
41	FUŁAWKA Tomasz	2005	NOCNE WILKI JAWOR	M-40	41	01:39:22	02:33:21	03:07:53.85	03:08:18.20	+01:29:05 (47.3%)	8:56	6.7 (52.8%)
42	JĘDRYCHOWSKI Przemysław	2161		M-40	42	01:44:08	02:37:36	03:13:19.00	03:13:34.75	+01:34:22 (48.7%)	9:12	6.5 (51.2%)
43	GRZESIAK Rafał	2004	EMERYT	M-40	43	01:39:36	02:39:53	03:20:13.60	03:20:21.00	+01:41:08 (50.5%)	9:32	6.3 (49.6%)
44	ŁOPATKA Piotr	2118		M-40	44	01:41:34	02:39:21	03:20:05.85	03:20:28.40	+01:41:15 (50.5%)	9:31	6.3 (49.6%)
45	DĘBEK Piotr	2044	ŚWIDNICKA GRUPA BIEGOWA	M-40	45	01:54:39	02:58:29	03:37:07.50	03:37:13.15	+01:58:00 (54.3%)	10:20	5.8 (45.7%)

Znaleziono 45 wynik(ów)