


# PÓŁMARATON KOSZALIN - 21.1KM

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
**Data:** 2016-05-22
**Miejsce:** Koszalin
**Dystans:** 21.1 km




## Klasyfikacja: M18-29

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | 1.1km | 6.1km | 11.1km | 16.1km | Czas netto 21.1km | Czas brutto 21.1km | Różn | Tempo min/km | Tempo km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | **CHRZĄSZCZ Piotr** | **21** | | M18-29 | 1 | 00:00:35 | 00:04:07 | 00:25:01 | 00:45:30 | 01:06:56 | **01:28:04.00** | **01:28:39.00** | | 4:10 | 14.4 (100%) |
| 2 | **KĘPKA Adrian** | **92** | | M18-29 | 2 | 00:00:35 | 00:04:15 | 00:24:30 | 00:44:58 | 01:06:50 | **01:29:46.05** | **01:30:21.20** | +00:01:42 (1.9%) | 4:15 | 14.1 (97.9%) |
| 3 | **MAGALSKI Tomasz** | **126** | KLUB BIEGACZA KAMIEŃ POMORSKI | M18-29 | 3 | 00:00:35 | 00:04:27 | 00:25:39 | 00:46:52 | 01:09:22 | **01:32:14.75** | **01:32:50.05** | +00:04:10 (4.5%) | 4:22 | 13.7 (95.1%) |
| 4 | **STACHOWIAK Adrian** | **193** | 280 KOMPANIA RADIOTECHNICZNA | M18-29 | 4 | 00:00:36 | 00:04:29 | 00:26:26 | 00:50:08 | 01:14:43 | **01:38:53.50** | **01:39:29.60** | +00:10:49 (10.9%) | 4:41 | 12.8 (88.9%) |
| 5 | **MILCZAREK Grzegorz** | **141** | | M18-29 | 5 | 00:00:45 | 00:05:12 | 00:28:09 | 00:51:54 | 01:17:12 | **01:42:49.15** | **01:43:34.25** | +00:14:45 (14.3%) | 4:52 | 12.3 (85.4%) |
| 6 | **WILEWSKI Paweł** | **220** | | M18-29 | 6 | 00:00:41 | 00:05:21 | 00:29:21 | 00:53:11 | 01:17:36 | **01:43:56.40** | **01:44:37.85** | +00:15:52 (15.3%) | 4:55 | 12.2 (84.7%) |
| 7 | **JAMNIAK Bartosz** | **66** | MTS HAMER MIASTKO | M18-29 | 7 | 00:00:35 | 00:04:30 | 00:26:54 | 00:51:44 | 01:18:06 | **01:44:34.90** | **01:45:10.65** | +00:16:30 (15.8%) | 4:57 | 12.1 (84.0%) |
| 8 | **SAPIECHO Bartłomiej** | **179** | RONIN GOLD TEAM | M18-29 | 8 | 00:00:35 | 00:04:42 | 00:27:58 | 00:53:17 | 01:18:55 | **01:46:19.75** | **01:46:55.55** | +00:18:15 (17.2%) | 5:02 | 11.9 (82.6%) |
| 9 | **MARCINIAK Kacper** | **132** | | M18-29 | 9 | 00:00:41 | 00:05:32 | 00:31:16 | 00:56:43 | 01:23:13 | **01:50:22.25** | **01:51:03.90** | +00:22:18 (20.2%) | 5:13 | 11.5 (79.9%) |
| 10 | **MOKSA Dariusz** | **261** | | M18-29 | 10 | 00:00:34 | 00:04:06 | 00:26:10 | 00:52:21 | 01:20:25 | **01:50:46.35** | **01:51:21.05** | +00:22:42 (20.5%) | 5:15 | 11.4 (79.2%) |
| 11 | **WASZAK Karol** | **28** | KORZYBSKIE REKINY | M18-29 | 11 | 00:00:41 | 00:05:29 | 00:30:20 | 00:56:37 | 01:25:13 | **01:54:11.80** | **01:54:52.95** | +00:26:07 (22.9%) | 5:24 | 11.1 (77.1%) |
| 12 | **KUBALA Mateusz** | **117** | | M18-29 | 12 | 00:00:37 | 00:05:18 | 00:31:02 | 00:58:22 | 01:26:13 | **01:55:12.00** | **01:55:49.75** | +00:27:08 (23.6%) | 5:27 | 11 (76.4%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | 1.1km | 6.1km | 11.1km | 16.1km | Czas netto 21.1km | Czas brutto 21.1km | Różn | Tempo min/km | Tempo km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13 | **KORCZYŃSKI Sławomir** | **102** | DECATHLON KOSZALIN | M18-29 | 13 | 00:00:37 | 00:04:37 | 00:27:04 | 00:51:34 | 01:30:00 | **01:57:28.30** | **01:58:05.55** | +00:29:24 (25.0%) | 5:34 | 10.8 (75.0%) |
| 14 | **WOJCIECHOWSKI Marcin** | **225** | | M18-29 | 14 | 00:00:47 | 00:05:45 | 00:32:34 | 01:00:28 | 01:30:16 | **02:01:48.60** | **02:02:35.85** | +00:33:44 (27.7%) | 5:46 | 10.4 (72.2%) |
| 15 | **GAWROŃSKI Paweł** | **42** | OGIEŃ W SZOPIE | M18-29 | 15 | 00:00:49 | 00:05:59 | 00:34:24 | 01:03:35 | 01:32:22 | **02:02:20.70** | **02:03:10.20** | +00:34:16 (28.0%) | 5:47 | 10.3 (71.5%) |
| 16 | **MISZCZYK Jan** | **142** | | M18-29 | 16 | 00:00:50 | 00:05:46 | 00:32:31 | 01:02:15 | 01:34:57 | **02:10:21.90** | **02:11:12.85** | +00:42:17 (32.4%) | 6:10 | 9.7 (67.4%) |
| 17 | **PANASZEWSKI Przemysław** | **157** | NEW YORK ISLANDERS | M18-29 | 17 | 00:00:49 | 00:05:55 | 00:34:45 | 01:06:17 | 01:39:50 | **02:15:59.30** | **02:16:48.70** | +00:47:55 (35.2%) | 6:26 | 9.3 (64.6%) |
| 18 | **JAROSZ Jakub** | **78** | TKKF KOSZALIN | M18-29 | 18 | 00:00:39 | 00:05:12 | 00:32:41 | 01:05:39 | 01:45:58 | **02:23:17.00** | **02:23:56.65** | +00:55:13 (38.5%) | 6:47 | 8.8 (61.1%) |
| 19 | **MARZEC Edwin** | **255** | HERB PIETRUSZKI | M18-29 | 19 | 00:00:44 | 00:05:53 | 00:35:15 | 01:08:08 | 01:47:48 | **02:28:20.50** | **02:29:04.70** | +01:00:16 (40.6%) | 7:01 | 8.5 (59.0%) |
| 20 | **DZIUBA Krzysztof** | **254** | | M18-29 | 20 | 00:00:37 | 00:06:17 | 00:35:22 | 01:08:03 | 01:49:39 | **02:31:55.65** | **02:32:32.80** | +01:03:51 (42.0%) | 7:11 | 8.3 (57.6%) |
| 21 | **GOŃKA Krzysztof** | **47** | DECATHLON KOSZALIN | M18-29 | 21 | 00:00:37 | 00:05:18 | 00:30:17 | 00:56:02 | 01:23:20 | | | +00:16:23 | 5:10 | 11.6 (80.6%) |
| 22 | **BIELSKI Sebastian** | **8** | NOWOGARD | M18-29 | 22 | 00:00:38 | 00:04:22 | 00:25:54 | 00:48:26 | | | | +00:02:55 | 4:21 | 13.8 (95.8%) |
| | **GODLEWSKI Tomasz** | **45** | | M18-29 | | DNF | 00:05:57 DNF | 00:32:12 DNF | 00:58:49 DNF | 01:30:29 DNF | **DNF** | **DNF** | | - | - (0.0%) |

Znaleziono 23 wynik(ów)