



Organizator:

Data:

Miejsce:

Dystans:

Koszalińskie Towarzystwo Krzewienia Kultury

Fizycznej

2016-05-22

Koszalin

21.1 km

PÓŁMARATON KOSZALIN - 21.1KM

B4SPORT



Klasyfikacja: M60-64

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.1km	6.1km	11.1km	16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	CHUDY Henryk	22	K SOLSZEWSKI I SYNOWIE	M60-64	1	00:00:35	00:04:17	00:24:30	00:45:31	01:07:32	01:29:36.30	01:30:12.25		4:14	14.1 (100%)
2	STRZELECKI Zbigniew	199	KORZYBSKIE REKINY	M60-64	2	00:00:42	00:05:30	00:30:37	00:56:42	01:23:23	01:50:39.70	01:51:21.75	+00:21:03 (19.0%)	5:14	11.4 (80.9%)
3	KACZMAREK Zbigniew	82	ROZBIEGANY KOSZALIN	M60-64	3	00:00:43	00:05:29	00:31:01	00:57:27	01:24:11	01:50:43.20	01:51:26.55	+00:21:06 (19.1%)	5:14	11.4 (80.9%)
4	ZAGRODZKI Ireneusz	232	KB TUPOT USTKA	M60-64	4	00:00:37	00:05:19	00:31:05	00:58:10	01:26:48	01:56:21.65	01:56:59.00	+00:26:45 (23.0%)	5:30	10.9 (77.3%)
5	OPALIŃSKI Stanisław	154	KOŁOBRZEG BIEGA	M60-64	5	00:00:37	00:05:42	00:32:17	01:00:03	01:28:36	01:58:05.65	01:58:43.10	+00:28:29 (24.1%)	5:35	10.7 (75.9%)
6	GAWEŁ Zbigniew	41	SŁUPSK	M60-64	6	00:00:40	00:05:32	00:30:57	00:57:57	01:27:37	01:58:20.10	01:59:01.00	+00:28:43 (24.3%)	5:36	10.7 (75.9%)
7	KARNICKI Zygmunt	89	TKKF KOSZALIN	M60-64	7	00:00:41	00:05:32	00:33:48	01:03:56	01:36:53	02:09:05.90	02:09:47.20	+00:39:29 (30.6%)	6:07	9.8 (69.5%)
8	OSOBNIAK Ryszard	155	ROZBIEGANY KOSZALIN	M60-64	8	00:00:40	00:05:27	00:32:07	01:01:23	01:34:37	02:10:53.90	02:11:34.75	+00:41:17 (31.5%)	6:12	9.7 (68.8%)
9	JUSZCZAK Krzysztof	81		M60-64	9	00:00:46	00:05:49	00:35:07	01:07:12	01:40:39	02:16:30.85	02:17:17.15	+00:46:54 (34.4%)	6:28	9.3 (66.0%)
10	PASEK Jan	159		M60-64	10	00:00:50	00:06:43	00:41:43	01:21:39	02:04:09	02:50:33.50	02:51:24.10	+01:20:57 (47.5%)	8:05	7.4 (52.5%)

Znaleziono 10 wynik(ów)