



**Organizator:**

**Data:**

**Miejsce:**

**Dystans:**

Koszalińskie Towarzystwo Krzewienia Kultury

Fizycznej

2016-05-22

Koszalin

21.1 km

## PÓŁMARATON KOSZALIN - 21.1KM

B4SPORT



Klasyfikacja: M65-69

| Msc | Zawodnik             | Numer | Klub             | Kategoria | Mkat | Czas startu | 1.1km    | 6.1km    | 11.1km   | 16.1km   | Czas netto 21.1km | Czas brutto 21.1km | Różn              | Tempo min/km | Tempo km/h   |
|-----|----------------------|-------|------------------|-----------|------|-------------|----------|----------|----------|----------|-------------------|--------------------|-------------------|--------------|--------------|
| 1   | JONKO Wojciech       | 256   |                  | M65-69    | 1    | 00:00:42    | 00:05:07 | 00:28:38 | 00:54:04 | 01:20:39 | 01:48:34.85       | 01:49:17.25        |                   | 5:08         | 11.7 (100%)  |
| 2   | SZYMANIAK Ryszard    | 245   |                  | M65-69    | 2    | 00:00:38    | 00:05:13 | 00:31:15 | 00:58:28 | 01:26:22 | 01:55:13.85       | 01:55:52.20        | +00:06:39 (5.8%)  | 5:27         | 11 (94.0%)   |
| 3   | KOZŁOWIECKI Waldemar | 110   | TKKF KOSZALIN    | M65-69    | 3    | 00:00:33    | 00:05:16 | 00:31:31 | 00:59:43 | 01:27:14 | 01:55:51.40       | 01:56:25.35        | +00:07:16 (6.3%)  | 5:29         | 10.9 (93.2%) |
| 4   | TELESIEWICZ Henryk   | 35    | MKS ŚWIĘC SŁAWNO | M65-69    | 4    | 00:00:34    | 00:04:48 | 00:30:38 | 00:58:05 | 01:28:06 | 01:56:38.85       | 01:57:13.25        | +00:08:04 (6.9%)  | 5:31         | 10.9 (93.2%) |
| 5   | PAULIŃSKI Jan        | 246   |                  | M65-69    | 5    | 00:00:47    | 00:05:37 | 00:33:42 | 01:04:30 | 01:36:46 | 02:08:37.25       | 02:09:24.80        | +00:20:02 (15.6%) | 6:05         | 9.8 (83.8%)  |

Znaleziono 5 wynik(ów)