

POLSKAMAN TRIATHLON WOLSZTYN - ŚREDNI

B4SPORT

Event:
Organiser:
Date:
Place:
Distance:

PolskaMan Triathlon Wolsztyn 2020
ROBUSTUS Sp. z o.o. Sp. k.
2020-08-16
Wolsztyn
113 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: OPEN

Split point: 100,8 km

					Swimming			Cycling							Race				
Place	Participant	Number	Club	Category	1.9km	Poz		15km	30km	45km	60km	75km	Rondo 90km	Poz		1.2km	3.7km	6.4km	8.9km
1	SIÓDIAK Igor	101	7PRO SIÓDIAK TEAM / MBC / PENTATHLON SZ-EK	M18	00:25:34	1	00:02:14	00:21:24	00:42:20	01:03:39	01:24:41	01:46:32	02:08:48	1	00:02:15	00:04:56	00:14:35	00:24:36	00:34:59
2	JAKIMIUK Daniel	214	TWISTER TEAM/ NATURAL EPO TEAM	M18	00:31:10	4	00:02:41	00:21:31	00:42:49	01:04:21	01:25:28	01:47:15	02:08:52	2	00:02:01	00:05:12	00:15:13	00:25:37	00:35:40
3	IMIANOWSKI Konrad	102	KLUB SPORTOWY KASZTELANKA MMS TRIATHLON TEAM	M18	00:32:01	5	00:03:06	00:22:12	00:44:29	01:07:29	01:29:56	01:53:02	02:15:46	3	00:02:24	00:05:52	00:16:24	00:27:26	00:38:32
4	HERING Mateusz	177	HERING TRIATHLON / TRI TEAM BYTÓW	M18	00:33:17	9	00:02:46	00:23:35	00:46:49	01:10:29	01:33:34	01:57:09	02:20:50	4	00:02:19	00:05:46	00:17:22	00:29:41	00:41:57
5	SABAT Piotr	189		M30	00:32:26	6	00:03:06	00:23:44	00:47:19	01:11:26	01:35:30	02:00:00	02:24:09	6	00:02:50	00:05:43	00:17:07	00:29:07	00:41:03
6	METT Julian	222	TRICAMP	M18	00:32:42	7	00:03:18	00:26:54	00:49:37	01:13:14	01:36:38	02:00:14	02:24:09	5	00:03:37	00:05:27	00:16:59	00:28:40	00:40:40
7	RYBARCZYK Maciej	223		M18	00:30:34	3	00:03:40	00:24:38	00:48:56	01:13:16	01:37:38	02:02:43	02:27:57	11	00:02:53	00:05:47	00:17:05	00:28:57	00:40:48
8	BIENIEK Patryk	211	KARASTEAM	M40	00:35:41	23	00:03:21	00:24:22	00:48:14	01:12:53	01:37:20	02:02:16	02:27:13	8	00:02:35	00:06:08	00:17:53	00:30:10	00:41:56
9	GODLEWSKI Krzysztof	231	GVT	M30	00:33:35	13	00:03:04	00:24:34	00:49:16	01:14:30	01:39:36	02:04:40	02:29:29	18	00:02:47	00:06:06	00:17:57	00:30:30	00:43:01
10	KRUPA Adam	213		M40	00:34:09	17	00:03:20	00:24:16	00:48:31	01:13:09	01:37:49	02:03:07	02:28:21	12	00:02:21	00:06:22	00:18:35	00:31:29	00:44:30
11	STACH Łukasz	171	LITWIN TRIATHLON TEAM	M30	00:33:18	10	00:03:08	00:25:10	00:50:09	01:15:51	01:41:13	02:07:02	02:32:52	26	00:02:33	00:06:23	00:18:21	00:30:45	00:42:59
12	HONKA Michał	108	KAPIJA SPORT	M40	00:35:14	21	00:03:24	00:24:34	00:48:42	01:13:34	01:38:14	02:02:37	02:27:54	10	00:02:28	00:06:33	00:20:42	00:33:38	00:46:31
13	MARKUCKA Joanna	512		K40	00:33:36	14	00:03:42	00:25:19	00:50:09	01:15:34	01:40:39	02:06:36	02:31:57	22	00:02:59	00:06:30	00:19:04	00:31:55	00:44:30
14	MACIEJEWSKI Karol	117	GT RAT	M30	00:37:17	29	00:03:10	00:23:54	00:47:52	01:12:40	01:37:17	02:02:06	02:27:00	7	00:03:07	00:06:32	00:19:50	00:33:48	00:47:51
15	SUCHECKI Łukasz	175		M18	00:39:28	41	00:03:25	00:25:19	00:49:49	01:15:04	01:39:35	02:05:28	02:31:01	21	00:03:10	00:06:07	00:18:13	00:30:44	00:42:57
16	SOBCZYK Grzegorz	510		M50	00:40:30	50	00:05:25	00:24:04	00:48:31	01:13:23	01:38:05	02:03:26	02:28:48	16	00:03:44	00:06:15	00:17:44	00:29:53	00:41:50
17	KOZŁOWICZ Mateusz	220		M30	00:37:44	31	00:03:28	00:25:36	00:51:06	01:17:07	01:42:32	02:08:41	02:34:20	30	00:02:46	00:06:08	00:18:00	00:30:10	00:42:01
18	ALBRECHT Arkadiusz	146	GB GALOPUJĄCE ŚLIMAKI	M40	00:40:41	53	00:04:46	00:24:42	00:49:26	01:14:38	01:39:16	02:04:50	02:30:17	20	00:03:51	00:05:52	00:17:28	00:29:28	00:41:10
19	ŚWIEREK Andrzej	227	IRONMAN PRODMAR SZCZECIN	M40	00:37:14	28	00:03:37	00:24:52	00:49:36	01:14:16	01:38:22	02:03:19	02:28:36	14	00:03:34	00:06:50	00:20:18	00:34:23	00:48:43
20	GARCZAREK Tomasz	179	PIĘKNI I MŁODZI	M40	00:41:17	56	00:03:33	00:23:47	00:48:01	01:13:04	01:37:45	02:03:32	02:28:27	13	00:03:20	00:06:24	00:19:05	00:32:29	00:46:14
21	GZYL Jakub	203	#FLAMINGOTEAM	M30	00:34:49	19	00:03:51	00:24:25	00:48:37	01:13:22	01:37:33	02:02:29	02:27:33	9	00:03:15	00:07:15	00:22:07	00:39:23	00:54:20
22	LUBOS Michał	181	HABASIT	M30	00:39:25	40	00:02:32	00:24:42	00:49:37	01:15:22	01:40:17	02:06:57	02:32:32	23	00:02:00	00:06:27	00:19:16	00:32:52	00:47:22
23	WRÓBLEWSKI Mateusz	153		M18	00:37:30	30	00:03:09	00:24:51	00:49:28	01:14:36	01:39:52	02:06:16	02:32:44	25	00:03:10	00:06:20	00:19:42	00:33:15	00:47:50
24	ŁUCZAK Adam	215	MAVERICKS	M30	00:40:04	42	00:03:32	00:24:40	00:49:21	01:14:34	01:39:52	02:06:30	02:33:10	27	00:02:41	00:06:31	00:18:56	00:32:04	00:45:11
25	KOKOT Michał	152	DOBRA ENERGIA	M30	00:36:08	24	00:04:10	00:25:44	00:51:16	01:18:10	01:44:18	02:11:11	02:37:54	37	00:02:58	00:05:56	00:17:46	00:30:04	00:43:47
26	BORKOWSKI Paweł	202	KIWAMI RANCING TEAM	M30	00:40:13	46	00:03:02	00:24:44	00:49:51	01:16:40	01:42:54	02:09:31	02:35:56	33	00:02:08	00:06:07	00:18:28	00:31:43	00:45:07
27	TOMAKA Bogusław	105	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	M40	00:39:21	38	00:02:50	00:26:13	00:51:41	01:18:27	01:44:44	02:12:00	02:39:10	39	00:02:26	00:05:57	00:18:10	00:30:41	00:42:41
28	MEDYK Damian	156		M30	00:33:26	12	00:03:54	00:26:49	00:53:49	01:21:25	01:48:01	02:15:57	02:43:49	50	00:02:36	00:06:02	00:17:46	00:30:29	00:43:26
29	KUBASIK Arkadiusz	154	PGE DOLNA ODRA	M40	00:39:16	36	00:03:05	00:24:22	00:48:36	01:13:05	01:37:39	02:03:40	02:29:26	17	00:02:22	00:07:51	00:23:02	00:38:40	00:54:19

				Swimming		Cycling							Race				
30	RUZIK Rafał	210	RURA TEAM	M40	00:41:41 60	00:03:55	00:33:55	00:57:58	01:22:50	01:46:58	02:11:36	02:36:02 34	00:03:00	00:06:31	00:19:07	00:31:39	00:44:03
31	SZENDZIELORZ Izabella	217	TEAM FSW	K40	00:33:23 11	00:03:34	00:26:59	00:53:32	01:20:40	01:46:33	02:13:56	02:41:00 42	00:03:10	00:07:34	00:20:45	00:34:26	00:48:18
32	ŻYŁA Marcin	221		M30	00:34:09 16	00:03:27	00:26:14	00:51:14	01:17:06	01:42:48	02:09:48	02:36:51 35	00:03:05	00:07:18	00:22:42	00:39:07	00:54:17
33	LICHACZ Miłosz	111		M30	00:37:59 32	00:03:38	00:25:15	00:50:19	01:15:55	01:40:44	02:06:45	02:32:42 24	00:03:00	00:07:28	00:22:37	00:39:03	00:55:18
34	ŁAKOMY Piotr	120		M30	00:36:33 25	00:04:12	00:26:28	00:52:44	01:20:23	01:47:01	02:14:28	02:42:01 45	00:02:55	00:06:54	00:20:20	00:34:24	00:48:04
35	LEOPOLD Marcin	143	AQUANET/CITYZEN POZNAŃ	M40	00:40:46 55	00:04:58	00:26:55	00:53:56	01:21:02	01:47:28	02:14:24	02:40:53 41	00:03:05	00:06:46	00:19:43	00:33:09	00:46:31
36	PERCZAK Janusz	104	IN-SOFTWARE	M30	00:38:07 33	00:05:28	00:24:14	00:48:01	01:12:47	01:37:04	02:02:50	02:28:43 15	00:03:15	00:08:12	00:25:01	00:42:24	01:00:55
37	ŚWITAŁA Krzysztof	208	NIAGARA RAKONIEWICE	M40	00:35:33 22	00:05:34	00:26:31	00:52:42	01:19:37	01:46:12	02:13:24	02:40:40 40	00:04:42	00:06:57	00:21:06	00:35:47	00:50:12
38	ŻYŁA Tobiasz	163	AWF RUNNING TEAM/ MIĘDZYRZECCKIE GAZELE	M18	00:41:30 58	00:04:31	00:26:22	00:52:34	01:19:43	01:46:32	02:13:47	02:41:43 43	00:03:44	00:05:49	00:18:00	00:31:36	00:45:15
39	ŁĄCZNY Leszek	200		M50	00:41:27 57	00:03:52	00:25:43	00:51:17	01:17:11	01:42:23	02:08:21	02:34:40 31	00:03:30	00:07:36	00:22:43	00:38:15	00:53:24
40	HERTRAMPF Maximilian	142	TRIATHLON SPREEWALD E. V.	M30	00:37:14 27	00:02:49	00:27:07	00:54:14	01:22:23	01:51:02	02:20:44	02:50:17 64	00:02:39	00:06:35	00:19:09	00:32:48	00:45:44
41	FILIPIAK Dominik	194	DOMINO TRI	M18	00:35:13 20	00:03:44	00:26:47	00:52:25	01:18:16	01:43:34	02:09:31	02:35:22 32	00:02:45	00:08:43	00:28:07	00:45:28	01:01:41
42	SOBIERAJ Maciej	229	NATURAL EPO TEAM	M40	00:47:35 85	00:04:07	00:24:47	00:49:21	01:14:41	01:39:38	02:05:10	02:29:54 19	00:04:41	00:07:06	00:21:26	00:37:22	00:52:31
43	WORONOWICZ Konrad	201	MORSY OŚNO LUBUSKIE	M18	00:40:06 44	00:04:07	00:27:06	00:54:06	01:21:45	01:48:29	02:16:05	02:43:26 46	00:03:18	00:07:00	00:20:49	00:35:13	00:49:38
44	WÓJCIK Michał	138	VOESTALPINE	M30	00:40:32 51	00:05:26	00:27:35	00:55:12	01:23:28	01:51:20	02:19:12	02:47:58 60	00:03:35	00:06:13	00:18:25	00:31:03	00:43:45
45	KOŚCIAŃSKI Łukasz	178	ZDUN TRIATHLON TEAM	M30	00:40:16 48	00:04:34	00:26:05	00:51:53	01:18:26	01:44:55	02:11:50	02:37:06 36	00:03:38	00:07:59	00:23:24	00:39:46	00:55:48
46	LESZCZYŃSKI Michał	123	SYBERIAN HUSKY TEAM	M40	00:40:20 49	00:04:17	00:27:07	00:54:19	01:22:22	01:49:05	02:16:27	02:44:29 51	00:03:35	00:06:54	00:19:54	00:34:18	00:49:12
47	SCHUBERT Frank	230	GARBSENER SC	M50	00:39:09 35	00:03:53	00:26:40	00:53:45	01:21:11	01:48:41	02:16:17	02:43:45 48	00:02:49	00:07:20	00:21:45	00:36:55	00:52:20
48	DREWUSZEWSKI Maciej	118	4M	M40	00:43:22 69	00:04:54	00:25:19	00:50:39	01:16:54	01:43:07	02:10:58	02:38:31 38	00:04:31	00:07:23	00:21:18	00:36:20	00:51:05
49	PARTIKA Andrzej	225		M40	00:47:30 83	00:04:00	00:26:34	00:54:05	01:22:35	01:49:55	02:17:21	02:45:06 55	00:02:52	00:06:04	00:18:23	00:31:11	00:43:35
50	SCHULZE Heike	131	HONDA BOHLIG LAUFTEAM	K50	00:43:18 67	00:03:58	00:26:58	00:53:22	01:21:07	01:48:22	02:15:49	02:43:46 49	00:03:17	00:07:08	00:21:18	00:36:16	00:51:04
51	FABIJAŃCZYK Paweł	125		M30	00:43:18 66	00:05:09	00:26:29	00:52:43	01:19:47	01:46:42	02:14:17	02:41:47 44	00:04:01	00:07:42	00:21:59	00:36:56	00:51:21
52	SZARAPANOWSKI Marcin	127	ULTRA DIABŁY TEAM LUBRZA	M40	00:43:19 68	00:04:49	00:26:18	00:52:58	01:20:29	01:48:22	02:16:55	02:45:30 56	00:04:07	00:06:43	00:20:32	00:34:26	00:48:22
53	BRETTSCHNEIDER Frank	224	STAHL-WALZWERK-HETTSTEDT	M40	00:48:02 88	00:05:46	00:24:38	00:48:55	01:14:38	01:40:02	02:06:20	02:33:19 28	00:06:06	00:07:11	00:21:57	00:37:56	00:54:02
54	LICHACZ Ania	115	GT RAT	K30	00:43:10 63	00:03:59	00:26:57	00:53:33	01:20:54	01:47:50	02:15:47	02:43:35 47	00:02:59	00:07:57	00:23:13	00:39:05	00:54:53
55	JANOWSKI Maciej	173	WOLSZTYŃSKA AKADEMIA BIEGOWA	M30	00:40:14 47	00:03:24	00:27:15	00:55:05	01:23:02	01:50:53	02:19:36	02:48:56 62	00:02:53	00:07:25	00:22:36	00:38:51	00:54:47
56	BEDNAREK Piotr	151		M18	00:40:12 45	00:03:51	00:27:33	00:55:35	01:24:32	01:52:47	02:21:47	02:51:55 68	00:02:20	00:06:39	00:20:25	00:36:29	00:53:00
57	PRZYBYLSKI Andrzej	205	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	M40	00:44:06 71	00:05:24	00:26:42	00:53:47	01:21:29	01:49:08	02:17:25	02:45:35 57	00:04:49	00:06:55	00:20:57	00:36:11	00:51:38
58	RABSKI Tomasz	169		M30	00:41:36 59	00:03:50	00:25:45	00:51:47	01:19:45	01:47:50	02:17:13	02:44:59 53	00:04:30	00:05:58	00:21:04	00:39:15	00:56:42
59	CHYB Marcin	218	INFOBIURO BIS	M40	00:44:41 74	00:05:24	00:26:23	00:53:23	01:21:25	01:48:55	02:17:06	02:45:01 54	00:03:33	00:07:21	00:22:04	00:37:47	00:53:34
60	STEFANIAK Łukasz	188		M40	00:46:29 80	00:04:44	00:27:26	00:55:28	01:24:45	01:53:42	02:23:41	02:54:05 72	00:03:34	00:06:00	00:18:07	00:30:54	00:43:42
61	ROSZAK Bartosz	226	WRONIECKI KLUB BIEGACZA	M30	00:40:05 43	00:04:51	00:28:09	00:56:01	01:24:57	01:53:11	02:22:22	02:51:29 67	00:03:28	00:07:25	00:22:07	00:37:51	00:53:32
62	GRANICZNY Krzysztof	176		M50	00:43:11 64	00:03:36	00:26:58	00:53:29	01:20:45	01:47:58	02:16:19	02:44:34 52	00:03:51	00:07:15	00:22:03	00:37:55	00:58:22
63	GRZEGORCZYK Mateusz	116	ZAKOCHAJ SIĘ W BIEGANIU	M18	00:46:53 81	00:02:50	00:28:21	00:56:29	01:24:59	01:53:33	02:22:36	02:51:26 66	00:03:21	00:07:00	00:21:25	00:35:58	00:50:57
64	MIKOŁAJCZYK Tomasz	157	EXPLORADOR TEAM	M40	00:42:31 61	00:04:08	00:27:07	00:54:07	01:22:51	01:52:00	02:22:38	02:53:11 71	00:03:19	00:07:30	00:21:43	00:37:51	00:54:03
65	NOWAK Adrian	206	POBIEDZISKA RACING TEAM / #ZALINIAMETYTEAM	M40	00:39:23 39	00:03:13	00:27:25	00:54:49	01:22:59	01:50:51	02:18:39	02:47:32 59	00:03:18	00:07:52	00:24:25	00:48:11	01:05:56
66	WITKO-BŁASZCZYK Sebastian	109	ŻELAZNA ŚWIDNICA	M30	00:46:07 79	00:06:37	00:28:08	00:55:43	01:23:23	01:51:18	02:19:40	02:48:07 61	00:03:55	00:07:56	00:23:25	00:39:24	00:54:50
67	LIS Rafał	140	TRIATHLON CLUB WROCŁAW	M40	00:38:44 34	00:03:42	00:27:25	00:54:40	01:23:49	01:52:50	02:23:20	02:54:43 74	00:03:17	00:08:19	00:24:39	00:42:17	01:00:01
68	KNOP Wojciech	193		M30	00:43:50 70	00:04:35	00:27:51	00:56:33	01:26:03	01:55:30	02:26:45	02:57:22 77	00:03:48	00:07:17	00:21:42	00:36:42	00:52:20
69	KONIECZNY Remigiusz	135	CITY ZEN	M40	00:48:46 90	00:03:49	00:27:59	00:56:07	01:25:36	01:55:10	02:25:05	02:55:59 76	00:03:38	00:06:55	00:20:48	00:35:37	00:50:12
70	KATA Wiesław	106		M40	00:44:38 73	00:05:31	00:30:04	00:58:29	01:28:16	01:58:10	02:29:00	02:59:32 81	00:05:29	00:07:05	00:20:16	00:33:59	00:47:44

					Swimming		Cycling								Race				
71	KASOLIK Radosław	121	KĘCKIE HARPAGANY	M30	00:40:33	52	00:04:57	00:27:53	00:56:13	01:26:17	01:56:25	02:27:31	02:58:08	80	00:04:39	00:07:43	00:22:46	00:39:28	00:55:24
72	WYSOCKI Piotr	150	WYSOCKI	M40	00:36:43	26	00:04:45	00:26:51	00:54:33	01:23:44	01:52:54	02:23:49	02:54:21	73	00:03:13	00:08:53	00:28:33	00:47:13	01:05:23
73	KUŹMA Adam	164		M30	00:45:13	77	00:04:06	00:25:30	00:50:44	01:16:56	01:44:10	02:16:53	02:51:58	69	00:06:44	00:07:56	00:24:47	00:41:47	00:58:00
74	JASKOT Mariusz	198	FLASH TEAM	M30	00:47:39	86	00:04:46	00:25:29	00:52:03	01:20:17	01:49:39	02:19:06	02:49:08	63	00:04:57	00:07:08	00:23:04	00:43:39	00:59:33
75	ŁUKOWSKI Dariusz	103	GMINA STRZELCE OPOLSKIE	M50	00:44:57	75	00:03:48	00:27:52	00:56:13	01:26:16	01:56:36	02:27:32	02:57:55	79	00:02:58	00:07:33	00:23:03	00:39:47	00:57:03
76	SEIDEL Anja	219	GARBSENER SC	K50	00:47:30	82	00:05:33	00:27:06	00:54:35	01:22:41	01:50:09	02:18:14	02:46:33	58	00:03:42	00:11:20	00:28:08	00:46:26	01:04:21
77	ADAM Eve	515	BERLINER TSC	K30	00:33:58	15	00:04:16	00:28:45	00:57:14	01:30:05	02:03:21	02:34:03	03:05:08	90	00:04:39	00:08:20	00:25:34	00:43:58	01:02:02
78	NIEWIADA Maciej	166	EXPLORADOR	M30	00:40:44	54	00:03:51	00:31:03	01:02:19	01:35:08	02:06:58	02:40:07	03:12:53	97	00:02:47	00:06:59	00:20:31	00:34:55	00:50:15
79	SIDOR Adam	144		M40	00:48:58	91	00:05:00	00:27:15	00:54:34	01:23:59	01:52:52	02:23:41	02:54:59	75	00:04:30	00:07:48	00:24:05	00:40:54	00:57:58
80	SIEKIERSKI Michał	182		M30	00:48:59	92	00:04:16	00:29:17	00:58:41	01:29:21	02:00:24	02:32:03	03:03:31	87	00:03:10	00:07:38	00:22:12	00:37:29	00:52:38
81	JARNOT Wojciech	187		M40	00:39:18	37	00:04:55	00:29:05	00:58:48	01:29:57	02:01:26	02:33:59	03:07:45	94	00:05:43	00:07:38	00:22:24	00:38:56	00:55:14
82	ADACH Dariusz	104	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	M40	00:54:09	100	00:05:59	00:26:58	00:53:53	01:21:57	01:51:34	02:20:17	02:50:37	65	00:04:24	00:07:54	00:23:27	00:41:17	00:58:11
83	MALAMIS Karolina	228	TRI MISSION	K30	00:45:08	76	00:04:18	00:29:39	00:59:55	01:31:11	02:03:12	02:36:28	03:08:59	95	00:04:09	00:07:17	00:21:24	00:36:36	00:50:55
84	KŁODZIŃSKI Robert	12		M50	00:47:32	84	00:05:12	00:29:11	00:59:04	01:29:38	02:00:15	02:31:47	03:04:02	88	00:03:48	00:07:09	00:22:07	00:40:29	00:55:50
85	MYŚKOW Elżbieta	148	TRIMISSION	K40	00:50:27	96	00:04:31	00:29:13	00:58:43	01:29:22	01:59:58	02:30:49	03:00:43	82	00:03:41	00:08:35	00:25:27	00:42:46	00:59:53
86	BAS Maciej	159		M18	00:52:43	98	00:06:51	00:28:11	00:55:51	01:24:19	01:52:48	02:22:23	02:52:09	70	00:06:22	00:09:23	00:26:32	00:44:18	01:01:52
87	NAMYŚŁ Iwona	149	TRI MISSION	K40	00:45:43	78	00:05:00	00:30:31	01:00:48	01:32:22	02:03:23	02:35:15	03:06:16	93	00:02:48	00:09:04	00:26:45	00:47:33	01:06:59
88	WASILEWSKI Michał	129	7NUTRITION TRI	M30	00:53:21	99	00:06:26	00:30:07	00:59:20	01:29:13	01:59:42	02:31:20	03:03:20	86	00:03:28	00:09:00	00:25:18	00:42:57	01:00:44
89	SZYMAŃSKI Sławek	112	WOLSZTYŃSKI KLUB BIEGOWY	M40	01:01:37	106	00:05:20	00:29:28	00:59:10	01:30:08	02:00:49	02:32:09	03:03:05	85	00:04:06	00:07:29	00:22:36	00:39:09	00:55:56
90	WOSKOWSKA Magdalena	190	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	K40	00:43:17	65	00:05:08	00:32:36	01:06:43	01:40:58	02:14:20	02:48:01	03:21:33	103	00:03:35	00:07:37	00:24:09	00:40:48	00:57:21
DQ	FRITZSCHE Victoria	185	SSB FFO	K30	DQ	94	DQ	DQ	DQ	DQ	DQ	DQ	DQ		DQ	DQ	DQ	DQ	DQ
92	SKORUPINSKI Jarosław	155	OPONYEXPRESS	M50	00:58:29	105	00:05:53	00:28:12	00:56:18	01:26:20	01:55:47	02:26:14	02:57:37	78	00:04:02	00:09:08	00:27:56	00:49:09	01:08:56
93	CORREIA Daniel	209	7NUTRITION TRI	M30	01:06:26	107	00:06:06	00:28:40	00:57:49	01:27:45	01:57:46	02:30:17	03:01:08	83	00:04:57	00:07:03	00:21:36	00:38:07	00:56:59
94	LASKOWSKA Aneta	216	SAUERLAND TEAM	K50	00:49:10	93	00:05:57	00:32:55	01:04:58	01:38:44	02:12:30	02:45:56	03:20:35	102	00:05:35	00:07:50	00:22:47	00:39:01	00:55:24
95	ŁAGÓDKA Marek	158	GMINA IZBICKO	M60+	00:50:18	95	00:07:11	00:29:21	00:58:56	01:30:24	02:02:29	02:34:19	03:06:14	92	00:07:42	00:08:35	00:26:39	00:46:37	01:05:28
96	ZBORALSKI Adrian	145		M30	00:54:36	101	00:04:47	00:28:02	00:55:47	01:25:34	01:57:19	02:31:05	03:05:18	91	00:06:37	00:09:12	00:26:47	00:47:27	01:05:58
97	MĘDREK Roman	196	NIEZRZESZONY	M40	00:50:34	97	00:07:32	00:27:47	00:56:39	01:26:46	01:57:33	02:29:49	03:03:01	84	00:05:56	00:09:19	00:27:53	00:48:40	01:10:32
98	WENCEL Jarosław	147	EXPLORADOR	M40	00:48:44	89	00:08:02	00:29:25	00:59:00	01:31:13	02:04:34	02:38:13	03:12:22	96	00:04:36	00:08:59	00:27:12	00:45:50	01:04:45
99	JOZWIAK Szymon	110	CZERWONY SMOK	M30	00:44:21	72	00:05:57	00:30:45	01:01:27	01:34:08	02:07:16	02:43:06	03:17:33	99	00:05:06	00:09:28	00:27:12	00:47:03	01:07:09
100	DUCZKOWSKI Rafał	212	GRZYBIANY TEAM	M40	00:54:58	102	00:05:37	00:31:03	01:02:21	01:36:30	02:08:59	02:43:02	03:17:10	98	00:05:11	00:07:49	00:24:33	00:41:04	00:57:37
101	MOLSKI Piotr	204		M30	00:47:58	87	00:06:59	00:31:25	01:03:10	01:36:45	02:10:45	02:46:37	03:23:29	104	00:06:27	00:07:23	00:23:30	00:41:25	00:58:29
102	WEIGANG Stefan	130	GARBSENER SC	M60+	00:57:15	104	00:05:23	00:30:00	01:00:11	01:31:14	02:02:05	02:33:21	03:05:00	89	00:04:49	00:08:59	00:28:40	00:49:32	01:10:56
103	KACZMAREK Andrzej	128		M40	00:55:03	103	00:05:29	00:31:15	01:03:51	01:38:51	02:12:02	02:46:17	03:19:05	101	00:05:33	00:10:15	00:32:29	00:55:45	01:18:40
104	MIKOŁAJCZYK Jacek	113		M50	00:43:06	62	00:07:01	00:30:06	01:00:52	01:33:56	02:07:30	02:42:28	03:17:43	100	00:07:34	00:14:23	00:42:10	01:09:26	01:36:06
105	KLIKS Adam	160		M40	01:06:43	108	00:09:33	00:34:24	01:07:48	01:42:04	02:16:25	02:52:31	03:27:04	105	00:05:19	00:10:25	00:31:43	00:53:32	01:15:36
106	ŻÓŁTOWSKI Krzysztof	186		M60+	01:18:06	109	00:06:46	00:32:00	01:05:57	01:41:54	02:16:51	02:52:53	03:29:48	106	00:03:49	00:09:22	00:39:05	01:00:16	01:18:07
	SENGER Robert	114	TRIZARZA	M30															
	LENART Konrad	207	MBC TEAM	M40	00:34:12	18	00:04:03	00:24:49	00:49:28	01:15:24	01:41:07	02:07:24	02:33:34	29					
	TYCZYŃSKI Jacek	100	TRINERGY/ U JĘDRUSIA TRI TEAM	M18	00:25:59	2	00:02:37	00:21:16	00:42:19	01:03:46	01:25:20								
	SAŻAŁSKI Piotr	192	1.GPR	M30	00:33:05	8													