



PZLA MISTRZOSTWA POLSKI SENIORÓW W BIEGU GÓRSKIM NA KRÓTKIM DYSTANSIE - HARDY ROLLING - 11 KM

B4SPORT

Wydarzenie: PZLA Mistrzostwa Polski w Biegu Górskim
Organizator: Fundacja Strefa Przygód
Data: 2023-04-22
Miejsce: Szczawnica
Dystans: 10.8 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: MP Seniorów w Biegu Górskim na Krótkim Dystansie

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Premia1 3.8km	Premia2 4.3km	Czas netto 10.8km	Czas brutto 10.8km	Różn	Tempo min/km	Tempo km/h
1	OLEJNIK Michał	388	WKS GRUNWALD POZNAŃ	M30	1	MP	00:17:31	00:20:09	00:42:11.40	00:42:12.70		3:54	15.4 (100%)
2	KUBICA Marcin	208	BUFF/ SALOMON	M20	1	MP	00:17:35	00:20:13	00:42:18.00	00:42:19.30	+00:00:06 (0.3%)	3:54	15.3 (99.4%)
3	ŁOBODZIŃSKI Piotr	212	BRAK SPONSORA	M30	2	MP	00:17:48	00:20:18	00:42:46.65	00:42:46.65	+00:00:33 (1.3%)	3:57	15.2 (98.7%)
4	TABOR Dominik	210	HOKA GARMIN TEAM/SBG SALCO	M20	2	MP	00:18:07	00:20:55	00:43:51.35	00:43:51.35	+00:01:38 (3.7%)	4:03	14.8 (96.1%)
5	LEPIARZ Sylwester	211	LKB RUDNIK	M30	3	MP	00:17:51	00:20:44	00:45:11.55	00:45:13.10	+00:03:00 (6.6%)	4:11	14.3 (92.9%)
6	DUDCZAK Michał	213	THE NORTH FACE	M20	3	MP	00:18:43	00:21:49	00:45:49.65	00:45:50.90	+00:03:38 (7.9%)	4:14	14.1 (91.6%)
7	KACZOR Jan	437		M20	4	MP	00:18:52	00:21:40	00:46:33.25	00:46:34.60	+00:04:21 (9.4%)	4:18	13.9 (90.3%)
8	BOROŃ Dariusz	463		M30	4	MP	00:19:58	00:23:09	00:49:19.70	00:49:21.35	+00:07:08 (14.5%)	4:33	13.1 (85.1%)
9	DUDA Sebastian	319		M20	5	MP	00:20:51	00:24:17	00:49:46.10	00:49:46.10	+00:07:33 (15.2%)	4:36	13 (84.4%)
10	GABRYŚ Rafał	441	MKL BRYGADA BESKIDÓW NOWY SĄCZ	M30	5	MP	00:20:18	00:23:44	00:50:13.40	00:50:13.40	+00:08:00 (16.0%)	4:38	12.9 (83.8%)
11	BROJ Marcel	378	BROJ TEAM ŻLINICE	M20	6	MP	00:20:26	00:23:50	00:51:17.60	00:51:20.35	+00:09:07 (17.8%)	4:44	12.6 (81.8%)
12	CELIŃSKA Anna	201	BYLEDOBIEC ANIN	K40	1	MP	00:21:05	00:24:19	00:52:00.30	00:52:01.85	+00:09:49 (18.9%)	4:48	12.5 (81.2%)
13	KUROPATWA Gabriel	453	SBG SALCO	M20	7	MP			00:52:24.80	00:52:24.80	+00:10:12 (19.5%)	4:51	12.4 (80.5%)
14	BUŻNIAK Arkadiusz	440	MKL BRYGADA BESKIDÓW	M30	6	MP	00:22:01	00:25:34	00:52:24.90	00:52:24.90	+00:10:12 (19.5%)	4:51	12.4 (80.5%)

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15	CHŁANDA Sebastian	354	GRUPETTO GORLICE	M30	7	MP	00:21:22	00:25:01	00:52:28.60	00:52:32.40	+00:10:19 (19.7%)	4:51	12.4 (80.5%)
16	TRACZ Paulina	205		K30	1	MP	00:21:38	00:25:10	00:52:43.10	00:52:43.10	+00:10:30 (19.9%)	4:52	12.3 (79.9%)
17	KAPUSTA-SZYDŁAK Sylwia	325		K40	2	MP	00:22:13	00:25:54	00:53:51.65	00:53:53.60	+00:11:40 (21.7%)	4:59	12 (77.9%)
18	KOCIOŁEK Witold	361	INŻYNIERIA BIEGANIA TEAM	M40	1	MP	00:22:52	00:26:39	00:54:23.25	00:54:26.45	+00:12:13 (22.5%)	5:02	11.9 (77.3%)
19	PACHUT Jerzy	215	ASICS FRONTRUNNER	M20	8	MP	00:21:52	00:25:53	00:55:15.25	00:55:17.10	+00:13:04 (23.6%)	5:06	11.7 (76.0%)
20	MAZAN Beata	335	FINISZ RYMANÓW	K30	2	MP	00:22:08	00:25:33	00:55:39.55	00:55:39.55	+00:13:26 (24.2%)	5:09	11.6 (75.3%)
21	WIECZOREK Nina	446	SBG SALCO	K20	1	MP	00:23:45	00:27:35	00:55:45.50	00:55:49.00	+00:13:36 (24.4%)	5:09	11.6 (75.3%)
22	FICNER Anna	203	MKS SIECHNICE	K30	3	MP	00:22:53	00:26:27	00:56:08.50	00:56:08.50	+00:13:55 (24.8%)	5:11	11.5 (74.7%)
23	SKALSKA Anna	352	ALPIN SPORT TEAM	K40	3	MP	00:23:37	00:27:15	00:56:10.55	00:56:13.30	+00:14:00 (24.9%)	5:12	11.5 (74.7%)
24	KAŻMIERCZAK Marta	206	TRENERBIEGANIA.PL	K40	4	MP	00:24:18	00:28:08	00:56:12.65	00:56:15.00	+00:14:02 (25.0%)	5:12	11.5 (74.7%)
25	DUL Karolina	462	SBG SALCO	K20	2	MP	00:23:31	00:27:19	00:56:21.75	00:56:21.75	+00:14:09 (25.1%)	5:13	11.5 (74.7%)
26	OGÓREK Rafał	443	MKL BRYGADA BESKIDÓW NOWY SĄCZ	M20	9	MP	00:21:40	00:25:34	00:57:30.85	00:57:30.85	+00:15:18 (26.6%)	5:19	11.3 (73.4%)
27	BAZUŁKA Aleksandra	202	HOKA GARMIN TEAM	K20	3	MP	00:23:30	00:27:21	00:57:34.80	00:57:37.85	+00:15:25 (26.8%)	5:19	11.3 (73.4%)
28	STANEK Patrycja	494		K20	4	MP	00:23:29	00:27:12	00:59:04.80	00:59:08.50	+00:16:55 (28.6%)	5:28	11 (71.4%)
29	ORDZOWIAŁY Piotr	429	SKL SUCHA BESKIDZKA	M50	1	MP	00:25:26	00:29:54	01:01:05.80	01:01:08.00	+00:18:55 (31.0%)	5:39	10.6 (68.8%)
30	WOSZCZEK Danuta	490	UKS OLIMP KOZIENICE	K40	5	MP	00:24:41	00:28:47	01:02:42.80	01:02:44.65	+00:20:31 (32.7%)	5:48	10.3 (66.9%)
31	BIELECKA Patrycja	489	UKS ACHILLES LESZNO	K20	5	MP	00:26:40	00:31:12	01:03:26.90	01:03:29.65	+00:21:16 (33.5%)	5:52	10.2 (66.2%)
32	ŁUKASIK Anna	444	MKL BRYGADA BESKIDÓW	K40	6	MP	00:27:27	00:31:42	01:04:01.05	01:04:04.50	+00:21:51 (34.1%)	5:55	10.1 (65.6%)
33	TELKA Paweł	412	UKSM EKIPA BIELACHY	M30	8	MP	00:24:47	00:29:17	01:04:31.25	01:04:34.10	+00:22:21 (34.6%)	5:58	10 (64.9%)
34	BAHRANOWSKA-KILIAN Maria	459	KANTOR RUNNING TEAM	K30	4	MP	00:25:51	00:30:38	01:06:11.80	01:06:15.50	+00:24:02 (36.3%)	6:07	9.8 (63.6%)
35	DROZDEK Marcelina	358	AZS AWF WARSZAWA	K20	6	MP	00:27:24	00:32:01	01:07:44.90	01:07:56.95	+00:25:44 (37.9%)	6:16	9.6 (62.3%)
36	MATUŁA Natalia	379	MKL BRYGADA BESKIDÓW	K20	7	MP	00:28:05	00:32:47	01:08:39.75	01:08:44.05	+00:26:31 (38.6%)	6:21	9.4 (61.0%)
37	WOŹNIAK Oskar	473	CKS BUDOWLANI CZĘSTOCHOWA	M20	10	MP	00:28:04	00:32:41	01:16:00.10	01:16:13.05	+00:34:00 (44.6%)	7:02	8.5 (55.2%)

Znaleziono 37 wynik(ów)