

Organizator/ Extreme Events, Runmageddon
Orgainzer:
Data/ Date: 2018-04-14
Miejsce/ Place: Warszawa
Dystans/ Distance: 10 km

Klasyfikacja/ Classification: 11:30

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Seria	Czas startu/Start time	5.4km	7.5km	Kara/ bonifikata	Czas netto 10km	Czas brutto 10km	Różn/ Gap	Tempo min/km	Tempo km/h
1	DELEWSKA Dalia	1009	REEBOK RUN CREW	Open Kobiet	3	11:30	00:00:05	00:13:39	00:29:22		00:41:41.90	00:41:47.35		4:10	14.4
2	GOLIŃSKI Dominik	23	FORMA CROSS TEAM	Open Mężczyzn	58	11:30	00:00:05	00:15:56	00:34:19	-00:13:00	00:41:57.10	00:42:02.95	+00:00:15	5:29	10.9
3	ZAWIASA Adam	1424	TEAM BIEGAJ POD OKIEM TRENERA	Open Mężczyzn	69	11:30	00:00:08	00:19:02	00:37:05	-00:13:00	00:42:38.00	00:42:46.70	+00:00:56	5:33	10.8
4	BRUSIŁO Bartosz	1351	MAMY RUSZAMY	Open Mężczyzn	89	11:30	00:00:04	00:15:51	00:34:25	-00:12:00	00:44:17.90	00:44:22.50	+00:02:36	5:37	10.7
5	MAZEK Emilia	1276		Open Kobiet	5	11:30	00:00:07	00:18:33	00:37:24	-00:11:00	00:44:33.00	00:44:40.60	+00:02:51	5:33	10.8
6	WOSIK Wojciech	1037		Open Mężczyzn	95	11:30	00:00:07	00:16:27	00:36:29	-00:08:00	00:44:33.90	00:44:41.05	+00:02:52	5:15	11.4
7	IZDEBSKI Marcin	1322		Open Mężczyzn	144	11:30	00:00:10	00:18:29	00:39:56	-00:13:00	00:46:59.15	00:47:09.45	+00:05:17	5:59	10
8	RODASZYŃSKI Paweł	1033		Open Mężczyzn	193	11:30	00:00:07	00:18:13	00:39:27	-00:14:00	00:48:55.20	00:49:02.65	+00:07:13	6:17	9.5
9	KNYT Grzegorz	1272		Open Mężczyzn	214	11:30	00:00:06	00:20:54	00:41:07	-00:14:00	00:49:47.30	00:49:53.90	+00:08:05	6:22	9.4
10	JUSIŃSKI Marek	670	DZIKIE TURBO PTYSIE	Open Mężczyzn	215	11:30	00:00:06	00:20:55	00:41:16	-00:14:00	00:49:47.55	00:49:54.10	+00:08:05	6:22	9.4
11	URBAŃSKI Mikołaj	1373		Open Mężczyzn	234	11:30	00:00:11	00:19:41	00:41:20	-00:11:00	00:50:22.15	00:50:33.50	+00:08:40	6:08	9.8
12	BODIS Peter	1019		Open Mężczyzn	241	11:30	00:00:05	00:18:20	00:39:41	-00:13:00	00:50:41.15	00:50:46.25	+00:08:59	6:22	9.4
13	WĄSIAKOWSKA Emilia	1035		Open Kobiet	15	11:30	00:00:07	00:18:14	00:39:27	-00:11:00	00:50:48.35	00:50:56.20	+00:09:06	6:10	9.7
14	KRZYŻANOWSKI Julian	1026		Open Mężczyzn	243	11:30	00:00:05	00:17:38	00:38:19	-00:08:00	00:50:49.05	00:50:54.60	+00:09:07	5:52	10.2
15	BIERNACKI Tomasz	1358		Open Mężczyzn	249	11:30	00:00:06	00:16:38	00:36:13	-00:01:00	00:51:04.20	00:51:11.10	+00:09:22	5:12	11.5
16	GÓRNY Marcin	1289		Open Mężczyzn	282	11:30	00:00:10	00:19:29	00:41:58	-00:14:00	00:52:02.35	00:52:12.35	+00:10:20	6:36	9.1
17	KALICKI Rafał	1407		Open Mężczyzn	287	11:30	00:02:15	00:20:09		-00:13:00	00:52:05.90	00:54:20.95	+00:10:24	6:30	9.2
18	JERMAKOWICZ Bartłomiej	1014	RUNCOHOLICS	Open Mężczyzn	292	11:30	00:00:03	00:19:05	00:41:54	-00:14:00	00:52:17.90	00:52:21.75	+00:10:36	6:37	9
19	KRYSTOFIŃSKI Dawid	1007	POWER TRAINING	Open Mężczyzn	304	11:30	00:00:07	00:21:37		-00:13:00	00:52:44.25	00:52:51.65	+00:11:02	6:34	9.1
20	TRĘDA Cezary	1003	JANUSZE BŁOTNYCH BIEGÓW	Open Mężczyzn	305	11:30	00:00:04	00:17:10	00:37:58	-00:09:00	00:52:44.40	00:52:48.80	+00:11:02	6:10	9.7
21	SZAFRAŃSKA Aleksandra	1307	TEAM BIEGAJ POD OKIEM TRENERA	Open Kobiet	24	11:30	00:00:09	00:19:58	00:39:42	-00:07:00	00:52:52.60	00:53:01.75	+00:11:10	5:59	10
22	MAZUREK Artur	1369		Open Mężczyzn	325	11:30	00:00:07	00:20:06		-00:13:00	00:53:25.20	00:53:32.80	+00:11:43	6:38	9
23	DŻUMAK Szymon	661		Open Mężczyzn	326	11:30	00:00:09	00:19:42	00:41:02	-00:11:00	00:53:25.85	00:53:34.90	+00:11:43	6:26	9.3
24	JAŁOSZYŃSKI Kuba	1362		Open Mężczyzn	333	11:30	00:00:06	00:17:09	00:38:45	-00:09:00	00:53:33.60	00:53:39.75	+00:11:51	6:15	9.6
25	STUTKO Hubert	1221		Open Mężczyzn	339	11:30	00:00:06	00:19:43	00:42:07	-00:14:00	00:53:38.50	00:53:44.65	+00:11:56	6:45	8.9
26	MAKOWSKI Tomasz	1305	TEAM BIEGAJ POD OKIEM TRENERA	Open Mężczyzn	343	11:30	00:00:08	00:18:33	00:38:29	-00:04:00	00:53:47.35	00:53:55.90	+00:12:05	5:46	10.4
27	SPILISZEWSKI Marcin	1008	POWER TRAINING	Open Mężczyzn	354	11:30	00:00:07	00:21:37		-00:11:00	00:54:06.45	00:54:13.60	+00:12:24	6:30	9.2
28	KOSTRZEWA Michał	1364		Open Mężczyzn	379	11:30	00:02:15	00:20:51	00:44:14	-00:12:00	00:54:40.70	00:56:56.05	+00:12:58	6:40	9
29	MYSZKIEWICZ Robert	1031		Open Mężczyzn	389	11:30	00:00:08	00:19:59	00:41:43	-00:10:00	00:54:53.20	00:55:01.50	+00:13:11	6:29	9.2

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30	GOŚCINIAK Klaudia	1017	TOTAL FITNESS	Open Kobiet	43	11:30	00:00:11	00:21:43		-00:13:00	00:56:08.40	00:56:19.45	+00:14:26	6:54	8.7
31	GŁOWIENKA Marcin	1269	DZIKIE TURBO PTYSIE	Open Mężczyzn	428	11:30	00:00:05	00:21:31	00:45:08	-00:12:00	00:56:11.70	00:56:17.25	+00:14:29	6:49	8.8
32	CZERNIAK Michał	1396		Open Mężczyzn	439	11:30	00:00:08	00:19:53		-00:12:00	00:56:42.80	00:56:51.45	+00:15:00	6:52	8.7
33	KRZYŻEWSKI Marcin	1365		Open Mężczyzn	446	11:30	00:00:06	00:18:32	00:40:43	-00:07:00	00:56:49.50	00:56:56.25	+00:15:07	6:23	9.4
34	KRYSZTOFIŃSKI Adrian	1006	POWER TRAINING	Open Mężczyzn	450	11:30	00:00:07	00:21:38		-00:10:00	00:56:53.95	00:57:01.35	+00:15:12	6:41	9
35	WIECEK Paulina	1018	TOTAL FITNESS	Open Kobiet	50	11:30	00:00:10	00:21:44		-00:12:00	00:57:08.45	00:57:19.35	+00:15:26	6:54	8.7
36	FIC Paweł	1498	X TEAM SPECIAL FORCES	Open Mężczyzn	459	11:30	00:00:06	00:20:53	00:45:10	-00:14:00	00:57:11.05	00:57:17.85	+00:15:29	7:07	8.4
37	BANASZKIEWICZ Sławomir	1415		Open Mężczyzn	484	11:30	00:02:17	00:20:49	00:44:12	-00:11:00	00:57:47.65	01:00:05.30	+00:16:05	6:52	8.7
38	GWÓDŹ Elżbieta	1012	RUNCOHOLICS	Open Kobiet	64	11:30	00:00:04	00:18:38	00:41:13	-00:07:00	00:58:19.25	00:58:24.15	+00:16:37	6:32	9.2
39	KOCZOROWSKI Paweł	1286	POLNI WOJOWNICY USTKA	Open Mężczyzn	500	11:30	00:00:09	00:21:54		-00:14:00	00:58:19.35	00:58:28.40	+00:16:37	7:13	8.3
40	ILCZY SZYN Julita	1013	RUNCOHOLICS	Open Kobiet	72	11:30	00:00:04	00:20:40		-00:10:00	00:58:44.90	00:58:49.45	+00:17:03	6:52	8.7
41	TERMENA-POLKOWSKA Marta	906		Open Kobiet	80	11:30	00:00:09	00:18:45	00:41:05	-00:05:00	00:59:24.25	00:59:33.35	+00:17:42	6:26	9.3
42	KOCZOROWSKI Michał	1285	POLNI WOJOWNICY USTKA	Open Mężczyzn	558	11:30	00:00:08	00:22:05	00:47:08	-00:12:00	01:00:19.80	01:00:28.05	+00:18:37	7:14	8.3
43	DĄBROWSKI Jarosław	1352	MAMY RUSZAMY	Open Mężczyzn	576	11:30	00:00:10	00:21:30	00:46:12	-00:12:00	01:00:43.60	01:00:54.35	+00:19:01	7:16	8.2
44	BORUC Marcin	1432	GCW TEAM	Open Mężczyzn	584	11:30	00:00:06	00:21:27	00:46:54	-00:11:00	01:00:59.50	01:01:06.40	+00:19:17	7:12	8.3
45	RYDZEWSKI Mikołaj	1371		Open Mężczyzn	593	11:30	00:02:15	00:21:47	00:44:51	-00:13:00	01:01:37.20	01:03:52.65	+00:19:55	7:27	8
46	WODZIŃSKA Edyta	1004	JANUSZE BŁOTNYCH BIEGÓW	Open Kobiet	124	11:30	00:00:04	00:22:52	00:47:14	-00:10:00	01:02:14.35	01:02:18.80	+00:20:32	7:13	8.3
47	CIECHAŃSKI Filip	1000	CO ZA UPOKORZENIE!	Open Mężczyzn	612	11:30	00:00:08	00:24:07	00:49:06	-00:12:00	01:02:34.20	01:02:42.40	+00:20:52	7:27	8
48	DOWNAR Agata	1001	CO ZA UPOKORZENIE!	Open Kobiet	127	11:30	00:00:09	00:24:08	00:49:06	-00:12:00	01:02:35.35	01:02:44.35	+00:20:53	7:27	8
49	POSS Marcin	1414	TEAM BIEGAJ POD OKIEM TRENERA	Open Mężczyzn	615	11:30	00:00:08	00:19:39		-00:05:00	01:02:46.20	01:02:54.70	+00:21:04	6:46	8.9
50	KRZESZEWSKI Rafał	1304	TEAM BIEGAJ POD OKIEM TRENERA	Open Mężczyzn	635	11:30	00:00:07	00:23:01	00:47:45	-00:13:00	01:03:56.40	01:04:04.15	+00:22:14	7:41	7.8
51	ŚLIWOWSKI Marcin	1433	GCW TEAM	Open Mężczyzn	637	11:30	00:00:06	00:21:28	00:46:54	-00:10:00	01:03:57.35	01:04:03.70	+00:22:15	7:23	8.1
52	ZAJCZUK Marcin	1038		Open Mężczyzn	644	11:30	00:00:07	00:25:30	00:49:37	-00:10:00	01:04:19.85	01:04:26.95	+00:22:37	7:25	8.1
53	SIDORCZUK Piotr	1016	SIDORCZUKI	Open Mężczyzn	650	11:30	00:00:10	00:24:47	00:48:55	-00:05:00	01:04:29.40	01:04:39.60	+00:22:47	6:56	8.6
54	WIEWIORSKI Jarosław	1374		Open Mężczyzn	660	11:30	00:02:18	00:18:15		-00:04:00	01:04:52.95	01:07:11.20	+00:23:11	6:53	8.7
55	WYCECH Kacper	1356	TEAM BIEGAJ POD OKIEM TRENERA	Open Mężczyzn	661	11:30	00:00:09	00:22:59	00:47:43	-00:12:00	01:04:55.70	01:05:04.85	+00:23:13	7:41	7.8
56	SKOWERA Paweł	997	101 COUNTRIES BEFORE 50	Open Mężczyzn	662	11:30	00:00:04	00:23:56	00:50:00	-00:14:00	01:05:03.90	01:05:08.75	+00:23:22	7:54	7.6
57	WOJCIECHOWSKI Mariusz	1036		Open Mężczyzn	673	11:30	00:00:08	00:24:24	00:49:43	-00:12:00	01:05:38.10	01:05:46.60	+00:23:56	7:45	7.7
58	PASIECZYŃSKA Justyna	1306	TEAM BIEGAJ POD OKIEM TRENERA	Open Kobiet	161	11:30	00:00:09	00:22:59	00:47:45	-00:11:00	01:05:53.50	01:06:02.90	+00:24:11	7:41	7.8
59	BUCHTA Dawid	636	P&D	Open Mężczyzn	701	11:30	00:00:06	00:25:10	00:51:14	-00:12:00	01:06:54.65	01:07:00.80	+00:25:12	7:53	7.6
60	SZEWczyk Tomasz	1355	TEAM BIEGAJ POD OKIEM TRENERA	Open Mężczyzn	702	11:30	00:00:08	00:22:46	00:47:44	-00:10:00	01:06:55.65	01:07:03.85	+00:25:13	7:41	7.8
61	GRZELAK Marta	1024		Open Kobiet	185	11:30	00:00:07	00:24:25	00:49:44	-00:10:00	01:07:38.40	01:07:46.30	+00:25:56	7:45	7.7
62	FRĄCKOWSKI Sławomir	1110		Open Mężczyzn	720	11:30	00:00:12	00:23:34	00:49:05	-00:10:00	01:07:40.85	01:07:53.05	+00:25:58	7:46	7.7
63	SKOWERA Anita	996	101 COUNTRIES BEFORE 50	Open Kobiet	191	11:30	00:00:04	00:23:56	00:50:01	-00:11:00	01:08:03.40	01:08:08.25	+00:26:21	7:54	7.6
64	SULEJ-DĄBROWSKA Aleksandra	1353	MAMY RUSZAMY	Open Kobiet	198	11:30	00:00:10	00:21:31	00:46:12	-00:04:00	01:08:43.60	01:08:54.25	+00:27:01	7:16	8.2
65	KAPŁON Anna	1302	TEAM BIEGAJ POD OKIEM TRENERA	Open Kobiet	200	11:30	00:00:08	00:22:46	00:49:24	-00:08:00	01:08:57.10	01:09:05.30	+00:27:15	7:41	7.8
66	ZAREMBA Wojciech	1005	NO LIMIT TEAM	Open Mężczyzn	746	11:30	00:00:06	00:25:32	00:54:11	-00:08:00	01:09:03.55	01:09:09.95	+00:27:21	7:42	7.8
67	ROSIAK Michał	1404		Open Mężczyzn	753	11:30	00:00:07	00:26:54	00:54:11	-00:08:00	01:09:37.50	01:09:44.60	+00:27:55	7:45	7.7
68	KASSNER Ewelina	1315	TEAM BIEGAJ POD OKIEM TRENERA	Open Kobiet	222	11:30	00:00:09	00:23:01	00:47:45	-00:07:00	01:09:56.60	01:10:05.90	+00:28:14	7:41	7.8
69	SOCHA Justyna	1002	CO ZA UPOKORZENIE!	Open Kobiet	226	11:30	00:00:08	00:24:46	00:52:03	-00:10:00	01:10:15.15	01:10:23.95	+00:28:33	8:01	7.5

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70	DĘBICKA Katarzyna	1022		Open Kobiet	246	11:30	00:00:07	00:25:31	00:53:24	-00:10:00	01:11:24.00	01:11:31.10	+00:29:42	8:08	7.4
71	DOBROWOLSKI Bogusław	1361		Open Mężczyzn	793	11:30	00:00:04	00:26:55	00:55:32	-00:13:00	01:11:48.60	01:11:53.00	+00:30:06	8:28	7.1
72	KOWALCZYK Paweł	1011	RENAULT TEAM	Open Mężczyzn	796	11:30	00:02:17	00:27:25	00:54:24	-00:03:00	01:11:58.80	01:14:16.60	+00:30:16	7:29	8
73	KOT Estera	1303	TEAM BIEGAJ POD OKIEM TRENERA	Open Kobiet	260	11:30	00:00:09	00:22:29	00:50:04	-00:01:00	01:12:06.20	01:12:15.20	+00:30:24	7:18	8.2
74	BAR Katarzyna	1531		Open Kobiet	261	11:30	00:00:07	00:22:31	00:50:06	-00:01:00	01:12:07.30	01:12:15.25	+00:30:25	7:18	8.2
75	JASIEWICZ Anna	637	P&D	Open Kobiet	293	11:30	00:00:06	00:25:11	00:51:14	-00:05:00	01:13:53.85	01:14:00.00	+00:32:11	7:53	7.6
76	DOBROWOLSKA Paulina	1360		Open Kobiet	337	11:30	00:00:04	00:26:55	00:55:32	-00:08:00	01:16:48.85	01:16:53.05	+00:35:06	8:28	7.1
77	POTER Maciej	1546	404 - TEAMNOTFOUND	Open Mężczyzn	845	11:30	00:00:05	00:27:54	00:56:52	-00:11:00	01:16:55.15	01:17:00.50	+00:35:13	8:47	6.8
78	STRĄG Krzysztof	1372		Open Mężczyzn	846	11:30	00:00:08	00:27:37	00:56:44	-00:08:00	01:17:01.65	01:17:09.95	+00:35:19	8:30	7.1
79	SEFERYŃSKI Paweł	1440	WARSAW CREW	Open Mężczyzn	848	11:30	00:00:09	00:26:12	00:55:18	-00:10:00	01:17:08.40	01:17:18.00	+00:35:26	8:42	6.9
80	MARKOWSKA Katarzyna	1350	ERROR404 - TEAM NOT FOUND	Open Kobiet	347	11:30	00:00:05	00:27:54	00:56:52	-00:10:00	01:17:54.05	01:17:59.60	+00:36:12	8:47	6.8
81	MARKIEWICZ Rafał	1368		Open Mężczyzn	854	11:30	00:00:07	00:27:28	00:56:38	-00:11:00	01:18:07.50	01:18:14.75	+00:36:25	8:54	6.7
82	AKSAMITOWSKA Irena	1357		Open Kobiet	360	11:30	00:00:06	00:27:28	00:58:27	-00:03:00	01:19:19.95	01:19:26.10	+00:37:38	8:14	7.3
83	MIGAS Monika	1029		Open Kobiet	373	11:30	00:00:10	00:26:04	00:56:54	-00:10:00	01:20:09.45	01:20:19.85	+00:38:27	9:00	6.7
84	SZOPA Marcin	1441	WARSAW CREW	Open Mężczyzn	867	11:30	00:00:09	00:26:13	00:55:18	-00:07:00	01:20:09.50	01:20:18.65	+00:38:27	8:42	6.9
85	KACZYŃSKA Magdalena	1363		Open Kobiet	382	11:30	00:00:06	00:27:28	00:58:27	-00:01:00	01:21:18.90	01:21:25.05	+00:39:37	8:13	7.3
86	ZARZYCKI Tomasz	1039		Open Mężczyzn	873	11:30	00:00:09	00:29:16	01:00:23	-00:14:00	01:22:04.05	01:22:13.70	+00:40:22	9:36	6.2
87	KUSIAK Marta	1027		Open Kobiet	389	11:30	00:00:10	00:26:04	00:56:53	-00:08:00	01:22:09.65	01:22:19.85	+00:40:27	9:00	6.7
88	BACHORA Bartosz	1549		Open Mężczyzn	883	11:30	00:02:18	00:27:25	01:02:03	-00:13:00	01:24:01.00	01:26:19.25	+00:42:19	9:42	6.2
89	LASKUS Weronika	1028		Open Kobiet	399	11:30	00:00:09	00:29:17	01:00:22	-00:11:00	01:24:11.10	01:24:21.00	+00:42:29	9:31	6.3
90	KORZEŃ Dariusz	1010	RENAULT TEAM	Open Mężczyzn	887	11:30	00:02:18	00:27:25	01:02:04	-00:12:00	01:25:00.95	01:27:19.25	+00:43:19	9:42	6.2
91	BRACH Michał	1359		Open Mężczyzn	888	11:30	00:00:08	00:25:46	00:58:09	-00:04:00	01:25:53.50	01:26:01.55	+00:44:11	8:59	6.7

Znaleziono 91 wynik(ów)