

# ROLL & RUN :: BIEG GŁÓWNY

B4SPORT

**Wydarzenie:** Roll & Run Bydgoszcz 2018  
**Organizator:** KrisMedia Krzysztof Skiera  
**Data:** 2018-09-08  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K20

| Msc | Zawodnik                    | Numer      | Klub                      | Kategoria | Mkat | Finish_Rol<br>4.8km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|-----------------------------|------------|---------------------------|-----------|------|---------------------|----------------------|-----------------------|-------------------|-----------------|---------------|
| 1   | <b>KRUBER Karolina</b>      | <b>320</b> |                           | K20       | 1    | 00:17:47            | <b>00:22:13.35</b>   | <b>00:22:18.10</b>    |                   | 4:26            | 13.5 (100%)   |
| 2   | <b>MICHALSKA Daria</b>      | <b>342</b> | JUBILER SZAFIR BYDGOSZCZ  | K20       | 2    | 00:18:17            | <b>00:22:55.35</b>   | <b>00:22:59.00</b>    | +00:00:40 (3.0%)  | 4:35            | 13.1 (97.0%)  |
| 3   | <b>PIOTROWSKA Katarzyna</b> | <b>296</b> |                           | K20       | 3    | 00:18:40            | <b>00:23:36.70</b>   | <b>00:23:46.75</b>    | +00:01:28 (6.2%)  | 4:43            | 12.7 (94.1%)  |
| 4   | <b>TUCHOLSKA Helena</b>     | <b>255</b> | PAŁUKI RUNNING TEAM       | K20       | 4    | 00:20:24            | <b>00:25:58.80</b>   | <b>00:26:06.70</b>    | +00:03:48 (14.6%) | 5:11            | 11.5 (85.2%)  |
| 5   | <b>ZAPAŁA Ewelina</b>       | <b>280</b> | BLACK GYM                 | K20       | 5    | 00:20:31            | <b>00:26:06.30</b>   | <b>00:26:10.00</b>    | +00:03:51 (14.8%) | 5:13            | 11.5 (85.2%)  |
| 6   | <b>SAPALSKA Michalina</b>   | <b>316</b> | BIEGAJĄCE ŚLIWICE         | K20       | 6    | 00:21:12            | <b>00:26:41.95</b>   | <b>00:26:49.45</b>    | +00:04:31 (16.9%) | 5:20            | 11.2 (83.0%)  |
| 7   | <b>SAJUR Sylwia</b>         | <b>337</b> |                           | K20       | 7    | 00:21:23            | <b>00:26:55.55</b>   | <b>00:27:01.30</b>    | +00:04:43 (17.5%) | 5:23            | 11.1 (82.2%)  |
| 8   | <b>WÓJCIK Marika</b>        | <b>268</b> | DECATHLON TEAM INOWROCŁAW | K20       | 8    | 00:21:21            | <b>00:26:58.25</b>   | <b>00:27:03.40</b>    | +00:04:45 (17.6%) | 5:23            | 11.1 (82.2%)  |
| 9   | <b>NITKA Dominika</b>       | <b>340</b> | DECATHLON FORDON TEAM     | K20       | 9    | 00:22:30            | <b>00:28:24.45</b>   | <b>00:28:33.85</b>    | +00:06:15 (21.9%) | 5:40            | 10.6 (78.5%)  |
| 10  | <b>NALEWALSKA Justyna</b>   | <b>277</b> | SERCE TYBETU              | K20       | 10   | 00:22:48            | <b>00:29:00.25</b>   | <b>00:29:09.90</b>    | +00:06:51 (23.5%) | 5:48            | 10.3 (76.3%)  |
| 11  | <b>BISKUPSKA Maja</b>       | <b>310</b> |                           | K20       | 11   | 00:23:49            | <b>00:30:09.85</b>   | <b>00:30:17.20</b>    | +00:07:59 (26.4%) | 6:02            | 9.9 (73.3%)   |
| 12  | <b>SURMA Balbina</b>        | <b>205</b> |                           | K20       | 12   | 00:24:08            | <b>00:30:53.05</b>   | <b>00:30:55.20</b>    | +00:08:37 (27.9%) | 6:10            | 9.7 (71.9%)   |
| 13  | <b>THIEDE Ola</b>           | <b>278</b> |                           | K20       | 13   | 00:23:20            | <b>00:30:56.50</b>   | <b>00:31:03.30</b>    | +00:08:45 (28.2%) | 6:11            | 9.7 (71.9%)   |
| 14  | <b>KISIELEWSKA Monika</b>   | <b>261</b> |                           | K20       | 14   | 00:25:02            | <b>00:31:41.00</b>   | <b>00:31:47.50</b>    | +00:09:29 (29.9%) | 6:20            | 9.5 (70.4%)   |

Znaleziono 14 wynik(ów)