RUN BUDLEX FOR WOMEN

B4SPORT

Organiser: Green House / Budlex
Date: 2016-04-24
Place: Bydgoszcz
Distance: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: All

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	ŻAL Jolanta	8	PARKRUN BYDGOSZCZ	K30	1	00:00:02	00:20:13.45	00:20:15.55		4:02	14.8 (100%)
2	WUJEK Magdalena	214		K30	2	00:00:02	00:20:26.60	00:20:28.80	+00:00:13 (1.1%)	4:05	14.7 (99.3%)
3	WIŚNIEWSKA Marcjanna	109		K20	1	00:00:02	00:20:51.50	00:20:53.50	+00:00:38 (3.0%)	4:10	14.4 (97.3%)
4	GACKOWSKA Katarzyna	67	TKKF KOLEJARZ BYDGOSZCZ	K20	2	00:00:02	00:21:17.75	00:21:19.75	+00:01:04 (5.0%)	4:15	14.1 (95.3%)
5	WRÓBLEWSKA Dagmara	23	TKKF KOLEJARZ	K30	3	00:00:01	00:21:23.95	00:21:25.20	+00:01:10 (5.5%)	4:16	14 (94.6%)
6	URBAŃSKA Ewa	27	TRISPACE	K40	1	00:00:01	00:21:47.70	00:21:49.30	+00:01:34 (7.2%)	4:21	13.8 (93.2%)
7	SZWEDA Mirosława	50		K30	4	00:00:03	00:21:59.15	00:22:02.20	+00:01:45 (8.0%)	4:23	13.6 (91.9%)
8	SMAŻYK Ewelina	343	RUN BYDGOSZCZ	K30	5	00:00:02	00:22:12.00	00:22:14.50	+00:01:58 (8.9%)	4:26	13.5 (91.2%)
9	STASZKIEWICZ Lucyna	108	STASHKY TEAM	K40	2	00:00:02	00:22:19.05	00:22:21.80	+00:02:05 (9.4%)	4:27	13.4 (90.5%)
10	OLSZEWSKA Adrianna	35		K20	3	00:00:03	00:22:20.70	00:22:23.85	+00:02:07 (9.5%)	4:28	13.4 (90.5%)
11	KRANZ Magdalena	244	BYDGOSKIE OKONIE	K20	4	00:00:02	00:22:21.85	00:22:23.95	+00:02:08 (9.6%)	4:28	13.4 (90.5%)
12	JAROCKA Beata	113	NIEZRZESZONA	K30	6	00:00:07	00:22:27.05	00:22:34.55	+00:02:13 (9.9%)	4:29	13.4 (90.5%)
13	JAKUBOWSKA Paulina	401	BIL BIEGA	K20	5	00:00:28	00:22:27.20	00:22:55.35	+00:02:13 (9.9%)	4:29	13.4 (90.5%)
14	SCHULZ Milena	25		K30	7	00:00:03	00:22:32.35	00:22:35.80	+00:02:18 (10.3%)	4:30	13.3 (89.9%)
15	CZAPLEWSKA Agnieszka	125	KB ŁAPKA	K30	8	00:00:05	00:22:40.10	00:22:45.30	+00:02:26 (10.8%)	4:32	13.2 (89.2%)
16	KOLANOWSKA Magdalena	95		K20	6	00:00:08	00:22:44.15	00:22:52.25	+00:02:30 (11.0%)	4:32	13.2 (89.2%)
17	ŚWIATOWY Daria	210		K20	7	00:00:09	00:22:48.20	00:22:57.60	+00:02:34 (11.3%)	4:33	13.2 (89.2%)
18	NOWACKA Gabriela	58		K50	1	00:00:06	00:23:07.35	00:23:14.00	+00:02:53 (12.5%)	4:37	13 (87.8%)
19	ŁUCKA Anna	66		K40	3	00:00:15	00:23:26.10	00:23:42.00	+00:03:12 (13.7%)	4:41	12.8 (86.5%)
20	GACKOWSKA Beata	101	TKKFKOLEJARZBYDGOSZCZ	K40	4	00:00:01	00:23:28.00	00:23:29.90	+00:03:14 (13.8%)	4:41	12.8 (86.5%)
21	MAZANOWSKA Ewa	11	RUN-PASJA	K30	9	00:00:03	00:23:28.50	00:23:32.15	+00:03:15 (13.8%)	4:41	12.8 (86.5%)
22	MARKOWSKA Maja	292		K20	8	00:00:17	00:23:34.60	00:23:52.15	+00:03:21 (14.2%)	4:43	12.7 (85.8%)
23	SZULC Małgorzata	98		K30	10	00:00:02	00:23:35.05	00:23:37.45	+00:03:21 (14.2%)	4:43	12.7 (85.8%)
24	GRABOWSKA Irena	256		K40	5	00:00:02	00:23:53.45	00:23:56.30	+00:03:40 (15.3%)	4:46	12.6 (85.1%)
25	ZWIĄZEK Hanka	255		K20	9	00:00:17	00:24:01.20	00:24:18.90	+00:03:47 (15.8%)	4:48	12.5 (84.5%)
26	MEGER Aleksandra	336		K20	10	00:00:09	00:24:07.60	00:24:17.10	+00:03:54 (16.2%)	4:49	12.4 (83.8%)
27	HULEWICZ Elżbieta	285		K40	6	00:00:18	00:24:08.50	00:24:26.65	+00:03:55 (16.2%)	4:49	12.4 (83.8%)
28	KUBIS Sylwia	344		K40	7	00:00:01	00:24:09.50	00:24:11.05	+00:03:56 (16.3%)	4:50	12.4 (83.8%)
29	SOSIŃSKA Izabela	118		K30	11	00:00:06	00:24:10.40	00:24:16.90	+00:03:56 (16.3%)	4:50	12.4 (83.8%)
30	KULPEKSZA Karolina	91		K30	12	00:00:06	00:24:12.40	00:24:18.50	+00:03:58 (16.5%)	4:50	12.4 (83.8%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
31	MALCZEWSKA Patrycja	337		K20	11	00:00:09	00:24:13.60	00:24:23.30	+00:04:00 (16.5%)	4:50	12.4 (83.8%)
32	BANACH Anna	152		K20	12	00:00:05	00:24:18.75	00:24:24.60	+00:04:05 (16.8%)	4:51	12.3 (83.1%)
33	SZYMAŃSKA Agata	196		K30	13	00:00:07	00:24:22.15	00:24:29.90	+00:04:08 (17.0%)	4:52	12.3 (83.1%)
34	POTRZEBOWSKA Agata	72	1985	K30	14	00:00:03	00:24:24.05	00:24:27.90	+00:04:10 (17.1%)	4:52	12.3 (83.1%)
35	STAWARSKA Elżbieta	87		K30	15	00:00:06	00:24:35.65	00:24:41.75	+00:04:22 (17.8%)	4:55	12.2 (82.4%)
36	WĄSOWSKA Katarzyna	212		K30	16	00:00:03	00:24:35.90	00:24:39.00	+00:04:22 (17.8%)	4:55	12.2 (82.4%)
37	MRUK-HORODECKA Kornelia	238		K30	17	00:00:13	00:24:37.00	00:24:50.45	+00:04:23 (17.8%)	4:55	12.2 (82.4%)
38	WIŚNIEWSKA Karina	426	RUN BYDGOSZCZ	K20	13	00:00:04	00:24:37.70	00:24:42.20	+00:04:24 (17.9%)	4:55	12.2 (82.4%)
39	DERING Hanna	230		K30	18	00:00:10	00:24:41.40	00:24:51.70	+00:04:27 (18.1%)	4:56	12.2 (82.4%)
40	MAGDZIARZ Katarzyna	293		K30	19	00:00:25	00:24:41.50	00:25:07.35	+00:04:28 (18.1%)	4:56	12.1 (81.8%)
41	PRZEKWASIŃSKA Anna	297		K30	20	00:00:25	00:24:41.60	00:25:07.55	+00:04:28 (18.1%)	4:56	12.1 (81.8%)
42	ANDRZEJEWSKA Agnieszka	103	ZS 19	K30	21	00:00:12	00:24:45.75	00:24:58.65	+00:04:32 (18.3%)	4:57	12.1 (81.8%)
43	ALEKSY Aleksandra	184	X LO TORUŃ	K20	14	00:00:01	00:24:46.15	00:24:48.10	+00:04:32 (18.3%)	4:57	12.1 (81.8%)
44	DZIEDZIC Agnieszka	120		K30	22	00:00:07	00:24:56.25	00:25:03.40	+00:04:42 (18.9%)	4:59	12 (81.1%)
45	FUJARSKA Agata	388		K20	15	00:00:09	00:25:01.10	00:25:10.15	+00:04:47 (19.2%)	5:00	12 (81.1%)
46	JAWORSKA Aleksandra	334		K20	16	00:00:03	00:25:01.35	00:25:05.00	+00:04:47 (19.2%)	5:00	12 (81.1%)
47	MOLENDA Patrycja	203	KLINIKA TRIATHLONU	K20	17	00:00:16	00:25:01.90	00:25:18.40	+00:04:48 (19.2%)	5:00	12 (81.1%)
47	PRZYBYLSKA Karolina	201	KLINIKA TRIATHLONU	K20	18	00:00:16	00:25:01.90	00:25:18.40	+00:04:48 (19.2%)	5:00	12 (81.1%)
49	MICHNA Joanna	195		K40	8	00:00:25	00:25:02.80	00:25:28.45	+00:04:49 (19.3%)	5:00	12 (81.1%)
50	KŁOS Ewelina	389	ASTORIA	K20	19	00:00:01	00:25:03.40	00:25:04.50	+00:04:49 (19.3%)	5:00	12 (81.1%)
51	KOLANOWSKA Grażyna	94		K50	2	00:00:09	00:25:14.35	00:25:23.45	+00:05:00 (19.9%)	5:02	11.9 (80.4%)
52	JĘDRZEJEWSKA Joanna	200		K20	20	00:00:20	00:25:19.20	00:25:39.80	+00:05:05 (20.1%)	5:03	11.8 (79.7%)
53	PRUS Karolina	68		K40	9	00:00:30	00:25:23.95	00:25:54.60	+00:05:10 (20.4%)	5:04	11.8 (79.7%)
54	DULIŃSKA Dorota	102	TRISPACE	K40	10	00:00:13	00:25:26.90	00:25:40.35	+00:05:13 (20.5%)	5:05	11.8 (79.7%)
55	WŁODARCZYK Olga	364		K20	21	00:00:25	00:25:29.55	00:25:55.05	+00:05:16 (20.7%)	5:06	11.8 (79.7%)
56	BOULGE Beata	374		K40	11	00:00:02	00:25:34.80	00:25:37.40	+00:05:21 (20.9%)	5:07	11.7 (79.1%)
57	DĄBROWSKA Aneta	317		K30	23	00:00:21	00:25:37.00	00:25:58.00	+00:05:23 (21.1%)	5:07	11.7 (79.1%)
58	LUBIŃSKA-BORGULA Iwona	396		K40	12	00:00:20	00:25:37.25	00:25:57.90	+00:05:23 (21.1%)	5:07	11.7 (79.1%)
59	KULBAKA Sylwia	127		K30	24	00:00:27	00:25:40.30	00:26:08.05	+00:05:26 (21.2%)	5:08	11.7 (79.1%)
60	STACHYRA Monika	331	ATOMÓWKI	K20	22	00:00:21	00:25:40.50	00:26:02.30	+00:05:27 (21.2%)	5:08	11.7 (79.1%)
61	ZAŁĘCKA Renata	99		K30	25	00:00:03	00:25:44.55	00:25:47.95	+00:05:31 (21.4%)	5:08	11.7 (79.1%)
62	SZMATUŁA Elżbieta	153		K20	23	00:00:24	00:25:47.30	00:26:12.05	+00:05:33 (21.6%)	5:09	11.6 (78.4%)
63	JACHIMOWSKA Malwina	143		K20	24	00:00:24	00:25:47.45	00:26:12.05	+00:05:34 (21.6%)	5:09	11.6 (78.4%)
64	RASZKOWSKA Klaudia	158		K20	25	00:00:23	00:25:47.95	00:26:11.80	+00:05:34 (21.6%)	5:09	11.6 (78.4%)
65	PRZYBYŁA Agata	139		K20	26	00:00:24	00:25:49.35	00:26:13.50	+00:05:35 (21.7%)	5:09	11.6 (78.4%)
66	ZYGMUNT Aneta	26		K20	27	00:00:17	00:25:49.90	00:26:07.25	+00:05:36 (21.7%)	5:10	11.6 (78.4%)
67	PORAZINSKA Viktoria	299		K40	13	00:00:01	00:25:54.15	00:25:55.60	+00:05:40 (21.9%)	5:10	11.6 (78.4%)
68	AFELT Luiza	338		K20	28	00:00:24	00:25:55.25	00:26:20.20	+00:05:41 (22.0%)	5:11	11.6 (78.4%)
69	GROBELNA Angelika	79		K40	14	00:00:11	00:25:58.75	00:26:09.85	+00:05:45 (22.2%)	5:11	11.6 (78.4%)
70	ĆWIKLIŃSKA Anna	273	KLONIKTEAM	K30	26	00:00:10	00:26:00.80	00:26:11.30	+00:05:47 (22.3%)	5:12	11.5 (77.7%)
71	CHYŁKA Agata	129		K20	29	00:00:07	00:26:02.70	00:26:09.70	+00:05:49 (22.3%)	5:12	11.5 (77.7%)
72	GADOMSKA Maria	104	RUN BYDGOSZCZ	K60	1	00:00:03	00:26:03.00	00:26:06.40	+00:05:49 (22.4%)	5:12	11.5 (77.7%)
73	RIVAT Anna	395		K30	27	00:00:04	00:26:04.30	00:26:08.60	+00:05:50 (22.4%)	5:12	11.5 (77.7%)
74	NUNZEK Agnieszka	227		K40	15	00:00:07	00:26:06.35	00:26:14.25	+00:05:52 (22.5%)	5:13	11.5 (77.7%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
75	GOLON Marlena	106		K40	16	00:00:08	00:26:07.55	00:26:15.95	+00:05:54 (22.6%)	5:13	11.5 (77.7%)
76	JADCZAK Katarzyna	237		K30	28	00:00:06	00:26:12.75	00:26:18.75	+00:05:59 (22.8%)	5:14	11.5 (77.7%)
77	KOCHAŃSKA Joanna	105		K30	29	00:00:08	00:26:13.90	00:26:22.60	+00:06:00 (22.9%)	5:14	11.4 (77.0%)
78	WYLANGOWSKA Joanna	188		K30	30	00:00:23	00:26:15.30	00:26:38.50	+00:06:01 (23.0%)	5:15	11.4 (77.0%)
79	FAC Dorota	414		K30	31	00:00:15	00:26:19.40	00:26:35.30	+00:06:05 (23.2%)	5:16	11.4 (77.0%)
80	JANOWSKA Urszula	64	AKADEMIA BIEGANIA GRUDZIĄDZ	K40	17	00:00:17	00:26:21.00	00:26:38.90	+00:06:07 (23.2%)	5:16	11.4 (77.0%)
81	JANICKA Aneta	356		K20	30	00:00:15	00:26:22.40	00:26:37.95	+00:06:08 (23.3%)	5:16	11.4 (77.0%)
82	BRZYKCY Karolina	310		K30	32	00:00:27	00:26:29.60	00:26:56.70	+00:06:16 (23.7%)	5:17	11.3 (76.4%)
83	TELMAN Gabriela	148		K20	31	00:00:21	00:26:38.65	00:27:00.40	+00:06:25 (24.1%)	5:19	11.3 (76.4%)
84	DOBUCKA Katarzyna	162	CHONAROWER.PL	K20	32	00:00:16	00:26:39.55	00:26:55.85	+00:06:26 (24.1%)	5:19	11.3 (76.4%)
85	IGLEWSKA Dominika	191		K30	33	00:00:03	00:26:41.35	00:26:45.05	+00:06:27 (24.2%)	5:20	11.2 (75.7%)
86	MORZYŃSKA Monika	421		K20	33	00:00:05	00:26:42.85	00:26:48.20	+00:06:29 (24.3%)	5:20	11.2 (75.7%)
87	SIEWERT Hanna	228		K30	34	00:00:25	00:26:48.40	00:27:13.80	+00:06:34 (24.6%)	5:21	11.2 (75.7%)
88	PYTLIK Agnieszka	154	---	K20	34	00:00:03	00:26:49.55	00:26:53.35	+00:06:36 (24.6%)	5:22	11.2 (75.7%)
89	WOJTANOWICZ Beata	65	AKADEMIA BIEGANIA GRUDZIĄDZ	K50	3	00:00:18	00:26:49.90	00:27:08.50	+00:06:36 (24.6%)	5:22	11.2 (75.7%)
90	KRASIŃSKA Katarzyna	29		K30	35	00:00:08	00:26:50.15	00:26:58.50	+00:06:36 (24.6%)	5:22	11.2 (75.7%)
91	NIKOŁAJEW Monika	156		K30	36	00:00:02	00:26:53.05	00:26:55.15	+00:06:39 (24.8%)	5:22	11.2 (75.7%)
92	GÓRSKA Joanna	319		K30	37	00:00:14	00:26:56.25	00:27:10.50	+00:06:42 (24.9%)	5:23	11.1 (75.0%)
93	POLACKA Jadwiga	376		K40	18	00:00:17	00:27:00.10	00:27:17.95	+00:06:46 (25.1%)	5:24	11.1 (75.0%)
94	MAJERSKA Beata	352		K40	19	00:00:03	00:27:07.10	00:27:10.50	+00:06:53 (25.4%)	5:25	11.1 (75.0%)
95	SZUFLITA Iwona	263		K40	20	00:00:12	00:27:08.70	00:27:21.15	+00:06:55 (25.5%)	5:25	11 (74.3%)
96	RÓŻAŃSKA Jowanka	402	BYDGOSZCZ TRIATHLON TEAM	K40	21	00:00:03	00:27:09.45	00:27:12.60	+00:06:56 (25.5%)	5:25	11 (74.3%)
97	CYCKOWSKA Karolina	254		K30	38	00:00:12	00:27:13.55	00:27:26.20	+00:07:00 (25.7%)	5:26	11 (74.3%)
98	PLISZCZYŃSKA Joanna	21		K40	22	00:00:03	00:27:14.85	00:27:18.80	+00:07:01 (25.8%)	5:27	11 (74.3%)
99	OŻGA Agnieszka	360		K20	35	00:00:05	00:27:18.95	00:27:24.00	+00:07:05 (26.0%)	5:27	11 (74.3%)
100	TACZYŃSKA Paulina	288		K20	36	00:00:34	00:27:22.75	00:27:57.05	+00:07:09 (26.1%)	5:28	11 (74.3%)
101	GRYŃ-MAŚLIJ Kasia	202		K30	39	00:00:22	00:27:25.65	00:27:47.85	+00:07:12 (26.3%)	5:29	10.9 (73.6%)
102	ANDRZEJEWSKA Monika	266		K30	40	00:00:12	00:27:27.55	00:27:40.00	+00:07:14 (26.3%)	5:29	10.9 (73.6%)
103	CYRKLAF Anna	287		K30	41	00:00:04	00:27:31.25	00:27:36.00	+00:07:17 (26.5%)	5:30	10.9 (73.6%)
104	WYSOTA Gabriela	215		K20	37	00:00:11	00:27:32.10	00:27:43.90	+00:07:18 (26.6%)	5:30	10.9 (73.6%)
105	SULSKA Marta	246		K30	42	00:00:15	00:27:39.40	00:27:55.20	+00:07:25 (26.9%)	5:32	10.8 (73.0%)
106	PAPROCKA Małgorzata	47		K40	23	00:00:03	00:27:42.55	00:27:45.65	+00:07:29 (27.0%)	5:32	10.8 (73.0%)
107	KONOPCZYŃSKA Kamila	408		K40	24	00:00:04	00:27:44.00	00:27:48.55	+00:07:30 (27.1%)	5:32	10.8 (73.0%)
108	KARWECKA Krystyna	253		K50	4	00:00:12	00:27:44.65	00:27:57.20	+00:07:31 (27.1%)	5:33	10.8 (73.0%)
109	ANDRZEJEWSKA Kamila	265		K20	38	00:00:12	00:27:45.35	00:27:57.70	+00:07:31 (27.1%)	5:33	10.8 (73.0%)
110	KUGACZ Aneta	347	RUN BYDGOSZCZ	K30	43	00:00:23	00:27:47.55	00:28:10.95	+00:07:34 (27.2%)	5:33	10.8 (73.0%)
111	CISZEWSKA Emilia	187	-	K30	44	00:00:13	00:27:47.70	00:28:01.35	+00:07:34 (27.2%)	5:33	10.8 (73.0%)
112	PODOSEK Magdalena	419		K30	45	00:00:09	00:27:50.85	00:28:00.75	+00:07:37 (27.4%)	5:34	10.8 (73.0%)
113	SYKUTERA-WOŹNIAK Agnieszka	325		K40	25	00:00:07	00:27:57.15	00:28:04.15	+00:07:43 (27.6%)	5:35	10.7 (72.3%)
114	NIEZGÓDKA Anna	92		K30	46	00:00:06	00:27:57.35	00:28:03.35	+00:07:43 (27.7%)	5:35	10.7 (72.3%)
115	JĘDRYSZKA Ewa	286		K40	26	00:00:06	00:27:57.65	00:28:04.15	+00:07:44 (27.7%)	5:35	10.7 (72.3%)
116	PIECYK-CZAJA Sonia	275		K30	47	00:00:23	00:28:04.45	00:28:28.30	+00:07:51 (28.0%)	5:37	10.7 (72.3%)
117	KRUSIK Aleksandra	393		K20	39	00:00:02	00:28:04.65	00:28:06.85	+00:07:51 (28.0%)	5:36	10.7 (72.3%)
118	JANCZARSKA Beata	136	BUDLEX	K40	27	00:00:10	00:28:08.35	00:28:18.35	+00:07:54 (28.1%)	5:37	10.7 (72.3%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
119	PALUSZKIEWICZ Kamila	353		K30	48	00:00:21	00:28:09.85	00:28:31.30	+00:07:56 (28.2%)	5:38	10.7 (72.3%)
120	PŁACZKOWSKA Magdalena	359		K30	49	00:00:10	00:28:10.30	00:28:21.10	+00:07:56 (28.2%)	5:38	10.6 (71.6%)
121	KRÓL Karolina	407		K20	40	00:00:06	00:28:10.50	00:28:16.80	+00:07:57 (28.2%)	5:38	10.7 (72.3%)
122	TOKARCZYK Marysia	311		K20	41	00:00:27	00:28:12.65	00:28:40.05	+00:07:59 (28.3%)	5:38	10.6 (71.6%)
123	RATAJCZAK Natalia	276		K20	42	00:00:34	00:28:14.05	00:28:48.60	+00:08:00 (28.4%)	5:38	10.6 (71.6%)
124	GIŻA Wioletta	174		K30	50	00:00:03	00:28:14.15	00:28:17.95	+00:08:00 (28.4%)	5:38	10.6 (71.6%)
125	STRÓŻYK Grażyna	213		K20	43	00:00:18	00:28:15.10	00:28:33.25	+00:08:01 (28.4%)	5:39	10.6 (71.6%)
126	WAWRZYNIAK Karolina	358		K30	51	00:00:11	00:28:16.50	00:28:27.50	+00:08:03 (28.5%)	5:39	10.6 (71.6%)
127	RUSAK Paulina	193		K20	44	00:00:16	00:28:17.00	00:28:33.25	+00:08:03 (28.5%)	5:39	10.6 (71.6%)
128	DUTKIEWICZ Urszula	281	TKKF KOLEJARZ BYDGOSZCZ	K30	52	00:00:04	00:28:17.10	00:28:22.05	+00:08:03 (28.5%)	5:39	10.6 (71.6%)
129	GACKOWSKA Kinga	318		K20	45	00:00:27	00:28:17.90	00:28:45.50	+00:08:04 (28.5%)	5:39	10.6 (71.6%)
130	BURCHARDT Mirka	308	RWT WBYDGOSZCZY	K60	2	00:00:16	00:28:18.45	00:28:35.15	+00:08:05 (28.6%)	5:39	10.6 (71.6%)
131	CZECZINSKA Pamela	157		K20	46	00:00:15	00:28:18.60	00:28:33.70	+00:08:05 (28.6%)	5:39	10.6 (71.6%)
132	PŁACZKOWSKA Justyna	371	WEEKENDOWY BIEGACZ	K20	47	00:00:22	00:28:19.40	00:28:42.20	+00:08:05 (28.6%)	5:40	10.6 (71.6%)
133	GOLIMOWSKA Anna	166		K30	53	00:00:17	00:28:21.50	00:28:38.90	+00:08:08 (28.7%)	5:40	10.6 (71.6%)
134	NALEWALSKA Justyna	15		K20	48	00:00:24	00:28:23.55	00:28:48.30	+00:08:10 (28.8%)	5:40	10.6 (71.6%)
135	DAŃCZUK Agnieszka	2		K40	28	00:00:05	00:28:25.25	00:28:30.50	+00:08:11 (28.8%)	5:41	10.6 (71.6%)
136	JANKOWSKA Agnieszka	403		K30	54	00:00:06	00:28:30.20	00:28:36.80	+00:08:16 (29.0%)	5:42	10.5 (70.9%)
137	BALCERAK Agnieszka	242		K20	49	00:00:06	00:28:31.75	00:28:37.95	+00:08:18 (29.1%)	5:42	10.5 (70.9%)
138	BASZANOWSKA Sylwia	216		K40	29	00:00:07	00:28:31.80	00:28:39.30	+00:08:18 (29.1%)	5:42	10.5 (70.9%)
139	RYDELSKA Kinga	320		K40	30	00:00:10	00:28:33.15	00:28:43.65	+00:08:19 (29.2%)	5:42	10.5 (70.9%)
140	PIPOWSKA Michalina	241		K20	50	00:00:13	00:28:33.20	00:28:46.40	+00:08:19 (29.2%)	5:42	10.5 (70.9%)
141	ZAPAŁOWSKA Joanna	354		K20	51	00:00:25	00:28:37.35	00:29:02.85	+00:08:23 (29.3%)	5:43	10.5 (70.9%)
142	RASSALSKA Roma	5		K30	55	00:00:13	00:28:44.10	00:28:57.10	+00:08:30 (29.6%)	5:44	10.4 (70.3%)
143	PRZYBYLSKA Paulina	133		K30	56	00:00:19	00:28:44.40	00:29:03.60	+00:08:30 (29.6%)	5:44	10.4 (70.3%)
144	DYLEWSKA Marta	56	PĄCZKI	K40	31	00:00:21	00:28:45.30	00:29:06.60	+00:08:31 (29.7%)	5:45	10.4 (70.3%)
145	RASSALSKA-KAUSA Jola	6		K30	57	00:00:13	00:28:46.20	00:28:59.35	+00:08:32 (29.7%)	5:45	10.4 (70.3%)
146	KLUGIEWICZ Dorota	119		K40	32	00:00:13	00:28:46.85	00:29:00.45	+00:08:33 (29.7%)	5:45	10.4 (70.3%)
147	RYBICKA Anna	282		K30	58	00:00:17	00:28:48.40	00:29:05.40	+00:08:34 (29.8%)	5:45	10.4 (70.3%)
148	RZEPECKA Katarzyna	300		K30	59	00:00:01	00:28:48.95	00:28:50.55	+00:08:35 (29.8%)	5:45	10.4 (70.3%)
149	SMAGAGOWSKA Anna	284		K20	52	00:00:18	00:28:49.20	00:29:08.10	+00:08:35 (29.8%)	5:46	10.4 (70.3%)
150	DUDZIAK Elżbieta	149		K30	60	00:00:14	00:28:49.30	00:29:04.05	+00:08:35 (29.8%)	5:46	10.4 (70.3%)
151	JELEŃ Agnieszka	81	VEGE RUNNERS	K30	61	00:00:24	00:28:49.95	00:29:14.10	+00:08:36 (29.9%)	5:46	10.4 (70.3%)
152	POROŻYŃSKA Ewa	323		K20	53	00:00:08	00:28:52.05	00:29:00.40	+00:08:38 (29.9%)	5:46	10.4 (70.3%)
153	BĄKOWSKA Marta	340	IRON LADIES/ CROSSFIT BYDGOSZCZ	K30	62	00:00:18	00:28:53.50	00:29:12.15	+00:08:40 (30.0%)	5:46	10.4 (70.3%)
154	ŻUCHELKOWSKA Agata	434		K30	63	00:00:04	00:28:54.05	00:28:58.60	+00:08:40 (30.0%)	5:46	10.4 (70.3%)
155	PIKUL Ewa	180		K20	54	00:00:06	00:28:54.25	00:29:00.65	+00:08:40 (30.0%)	5:46	10.4 (70.3%)
156	NYBAK Beata	186		K30	64	00:00:13	00:28:56.25	00:29:09.95	+00:08:42 (30.1%)	5:47	10.4 (70.3%)
157	CHRÓŚCIŃSKA Justyna	197		K20	55	00:00:21	00:28:57.20	00:29:18.70	+00:08:43 (30.1%)	5:47	10.4 (70.3%)
158	WEŁNIŃSKA Aleksandra	146		K20	56	00:00:04	00:29:01.15	00:29:05.35	+00:08:47 (30.3%)	5:48	10.3 (69.6%)
159	GROCHOWALSKA Marzena	236		K30	65	00:00:31	00:29:01.40	00:29:32.85	+00:08:47 (30.3%)	5:48	10.3 (69.6%)
160	WIŚNIEWSKA-KRAWIEC Beata	430		K40	33	00:00:23	00:29:03.05	00:29:26.30	+00:08:49 (30.4%)	5:48	10.3 (69.6%)
161	MIKLER Aleksandra	427		K20	57	00:00:22	00:29:07.45	00:29:29.70	+00:08:54 (30.6%)	5:49	10.3 (69.6%)
162	KONIECZNA Kasia	332		K20	58	00:00:07	00:29:08.90	00:29:16.85	+00:08:55 (30.6%)	5:49	10.3 (69.6%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
163	ZABIEŁŁO Kamila	169		K30	66	00:00:07	00:29:09.75	00:29:17.45	+00:08:56 (30.7%)	5:50	10.3 (69.6%)
164	ŁOŚ Katarzyna	377		K50	5	00:00:21	00:29:09.95	00:29:31.30	+00:08:56 (30.7%)	5:50	10.3 (69.6%)
165	ZAJĄKAŁA Małgorzata	346		K40	34	00:00:09	00:29:10.50	00:29:19.60	+00:08:57 (30.7%)	5:50	10.3 (69.6%)
166	AUGUSTYNOWICZ Aurelia	1	RWT W BYDGOSZCZY	K40	35	00:00:18	00:29:11.55	00:29:29.70	+00:08:58 (30.7%)	5:50	10.3 (69.6%)
167	CZARNECKA Izabela	289		K20	59	00:00:18	00:29:15.95	00:29:34.60	+00:09:02 (30.9%)	5:51	10.3 (69.6%)
168	SIEMIENIEC Violetta	122		K40	36	00:00:02	00:29:16.50	00:29:19.35	+00:09:03 (30.9%)	5:51	10.2 (68.9%)
169	CZYŻEWSKA Justyna	155		K30	67	00:00:16	00:29:17.30	00:29:34.10	+00:09:03 (30.9%)	5:51	10.2 (68.9%)
170	KOWALSKA Aleksandra	312		K40	37	00:00:26	00:29:21.45	00:29:47.65	+00:09:08 (31.1%)	5:52	10.2 (68.9%)
171	KACZMAREK Anita	278		K40	38	00:00:12	00:29:23.70	00:29:36.00	+00:09:10 (31.2%)	5:52	10.2 (68.9%)
172	KOŻUCH Agnieszka	387		K20	60	00:00:17	00:29:26.05	00:29:43.30	+00:09:12 (31.3%)	5:53	10.2 (68.9%)
173	STIMMA Anna	375		K40	39	00:00:32	00:29:33.15	00:30:05.50	+00:09:19 (31.6%)	5:54	10.2 (68.9%)
174	CEMKE Magdalena	264		K20	61	00:00:18	00:29:33.40	00:29:52.35	+00:09:19 (31.6%)	5:54	10.1 (68.2%)
175	LEWANDOWSKA Joanna	345		K40	40	00:00:09	00:29:34.00	00:29:43.20	+00:09:20 (31.6%)	5:54	10.1 (68.2%)
176	BRĄGIEL Anna	28	VEGE RUNNERS	K30	68	00:00:29	00:29:40.55	00:30:10.45	+00:09:27 (31.8%)	5:56	10.1 (68.2%)
177	STELMACH Agata	225		K20	62	00:00:14	00:29:43.20	00:29:57.75	+00:09:29 (32.0%)	5:56	10.1 (68.2%)
178	GÓRSKA Małgorzata	291		K20	63	00:00:14	00:29:43.25	00:29:57.80	+00:09:29 (32.0%)	5:56	10.1 (68.2%)
179	JURUS Jolanta	20	PARKRUN	K50	6	00:00:02	00:29:43.60	00:29:46.15	+00:09:30 (32.0%)	5:56	10.1 (68.2%)
180	TUBISZ Agnieszka	175		K30	69	00:00:27	00:29:46.00	00:30:13.95	+00:09:32 (32.1%)	5:57	10.1 (68.2%)
181	WÓJT Monika	134		K30	70	00:00:19	00:29:46.15	00:30:05.75	+00:09:32 (32.1%)	5:57	10.1 (68.2%)
182	DOMŻALSKA Sławomira	351		K40	41	00:00:24	00:29:47.50	00:30:11.70	+00:09:34 (32.1%)	5:57	10.1 (68.2%)
183	SIEDLECKA Ewa	271		K60	3	00:00:13	00:29:51.05	00:30:04.85	+00:09:37 (32.2%)	5:58	10.1 (68.2%)
184	CZESZUMSKA Karolina	209		K30	71	00:00:19	00:29:54.15	00:30:13.65	+00:09:40 (32.4%)	5:58	10 (67.6%)
185	KANAREK Marta	243		K30	72	00:00:29	00:29:56.55	00:30:25.55	+00:09:43 (32.5%)	5:59	10 (67.6%)
186	NAPIÓRKOWSKA Ewa	231		K50	7	00:00:10	00:29:56.95	00:30:07.35	+00:09:43 (32.5%)	5:59	10 (67.6%)
187	MARĆ Klara	233		K20	64	00:00:08	00:30:01.60	00:30:10.45	+00:09:48 (32.6%)	6:00	10 (67.6%)
188	MRÓWCZYŃSKA Aleksandra	302		K40	42	00:00:12	00:30:12.90	00:30:25.55	+00:09:59 (33.1%)	6:02	9.9 (66.9%)
189	KISIEL Katarzyna	429		K40	43	00:00:11	00:30:13.55	00:30:24.90	+00:10:00 (33.1%)	6:02	9.9 (66.9%)
190	KORSAK Violetta	365		K50	8	00:00:12	00:30:15.60	00:30:27.90	+00:10:02 (33.2%)	6:03	9.9 (66.9%)
191	DEPKA Agnieszka	126		K30	73	00:00:27	00:30:16.55	00:30:43.95	+00:10:03 (33.2%)	6:03	9.9 (66.9%)
192	JAGODZIŃSKA Paulina	435		K30	74	00:00:29	00:30:16.95	00:30:46.65	+00:10:03 (33.2%)	6:03	9.9 (66.9%)
193	WIATROWSKA Katarzyna	280		K30	75	00:00:12	00:30:20.90	00:30:32.95	+00:10:07 (33.4%)	6:04	9.9 (66.9%)
194	MELLEM Anna	144		K20	65	00:00:04	00:30:27.05	00:30:31.50	+00:10:13 (33.6%)	6:05	9.9 (66.9%)
195	PŁUCIENNIK Joanna	100		K40	44	00:00:21	00:30:28.05	00:30:49.05	+00:10:14 (33.6%)	6:05	9.8 (66.2%)
196	BILON-MOLENDA Alicja	37		K30	76	00:00:19	00:30:28.40	00:30:47.70	+00:10:14 (33.6%)	6:05	9.8 (66.2%)
197	SZALA Monika	4		K30	77	00:00:27	00:30:32.10	00:31:00.00	+00:10:18 (33.8%)	6:06	9.8 (66.2%)
198	PIASECKA Alina	283		K30	78	00:00:19	00:30:33.20	00:30:52.90	+00:10:19 (33.8%)	6:06	9.8 (66.2%)
199	SUDOŁ Karolina	417	LIMONKA TEAM	K30	79	00:00:08	00:30:36.70	00:30:45.45	+00:10:23 (33.9%)	6:07	9.8 (66.2%)
200	OLEK Agnieszka	194	BUDLEX	K30	80	00:00:27	00:30:37.65	00:31:04.85	+00:10:24 (34.0%)	6:07	9.8 (66.2%)
201	GABRYSZEWSKA Sonia	252		K20	66	00:00:29	00:30:38.50	00:31:07.80	+00:10:25 (34.0%)	6:07	9.8 (66.2%)
202	DĘBCZYŃSKA Agnieszka	177		K40	45	00:00:11	00:30:39.70	00:30:51.35	+00:10:26 (34.0%)	6:08	9.8 (66.2%)
203	CZYZEWSKA Bernadeta	190		K30	81	00:00:15	00:30:40.40	00:30:56.30	+00:10:26 (34.1%)	6:08	9.8 (66.2%)
204	LEWANDOWSKA Katarzyna	410		K30	82	00:00:10	00:30:43.60	00:30:54.30	+00:10:30 (34.2%)	6:08	9.8 (66.2%)
205	LEWANDOWSKA Katarzyna	301		K20	67	00:00:15	00:30:44.85	00:31:00.00	+00:10:31 (34.2%)	6:09	9.8 (66.2%)
206	PERTEK Joanna	132		K20	68	00:00:04	00:30:46.05	00:30:50.20	+00:10:32 (34.3%)	6:09	9.8 (66.2%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
207	MARĆ Agnieszka	232		K40	46	00:00:08	00:30:51.40	00:31:00.35	+00:10:37 (34.5%)	6:10	9.7 (65.5%)
208	LIPIEC Agnieszka	36		K20	69	00:00:23	00:30:51.75	00:31:15.45	+00:10:38 (34.5%)	6:10	9.7 (65.5%)
209	MAGDZIARZ Monika	424		K40	47	00:00:21	00:30:59.30	00:31:20.90	+00:10:45 (34.7%)	6:11	9.7 (65.5%)
210	MALCZEWSKA Mirka	355	SPORT FAKTORY	K50	9	00:00:24	00:31:03.15	00:31:27.45	+00:10:49 (34.9%)	6:12	9.7 (65.5%)
211	PASERA Teresa	339		K40	48	00:00:07	00:31:03.55	00:31:11.05	+00:10:50 (34.9%)	6:12	9.7 (65.5%)
212	BOGDZINSKA Beata	404		K20	70	00:00:23	00:31:05.45	00:31:29.15	+00:10:52 (35.0%)	6:13	9.6 (64.9%)
213	MUSIAŁ Elwira	83	BYDGOSZCZ TRIATHLON TEAM	K40	49	00:00:14	00:31:07.85	00:31:22.55	+00:10:54 (35.0%)	6:13	9.6 (64.9%)
214	KRZYŻAŃSKA Pola	84	BYDGOSZCZ TRIATHLON TEAM	K20	71	00:00:14	00:31:08.80	00:31:22.85	+00:10:55 (35.1%)	6:13	9.6 (64.9%)
215	GRODZKA Maja	399		K20	72	00:00:16	00:31:11.45	00:31:28.20	+00:10:58 (35.2%)	6:14	9.6 (64.9%)
216	BIEGAŁA Renata	422		K50	10	00:00:22	00:31:11.85	00:31:34.35	+00:10:58 (35.2%)	6:14	9.6 (64.9%)
217	TOPCZEWSKA Bożena	316		K30	83	00:00:20	00:31:13.35	00:31:33.75	+00:10:59 (35.2%)	6:14	9.6 (64.9%)
218	WAWERKA Aleksandra	290		K20	73	00:00:04	00:31:18.55	00:31:23.45	+00:11:05 (35.4%)	6:15	9.6 (64.9%)
219	GRZEGOREK Paulina	211		K30	84	00:00:29	00:31:20.15	00:31:49.20	+00:11:06 (35.5%)	6:16	9.6 (64.9%)
220	PUZEWICZ Izabela	274		K40	50	00:00:21	00:31:24.80	00:31:46.70	+00:11:11 (35.6%)	6:17	9.5 (64.2%)
221	IDLER Aneta	18		K30	85	00:00:20	00:31:28.15	00:31:48.45	+00:11:14 (35.7%)	6:17	9.5 (64.2%)
222	MRÓWCZYŃSKA Agnieszka	413		K30	86	00:00:07	00:31:29.90	00:31:37.65	+00:11:16 (35.8%)	6:18	9.5 (64.2%)
223	AUGUSTYNOWICZ Natalia	3	GIMNAZJUM NR 32 W BYDGOSZCZY	K20	74	00:00:16	00:31:33.00	00:31:49.75	+00:11:19 (35.9%)	6:18	9.5 (64.2%)
224	DROGOWSKA Anetta	16		K40	51	00:00:19	00:31:37.80	00:31:57.60	+00:11:24 (36.1%)	6:19	9.5 (64.2%)
225	PRZYBYSZ Teresa	33		K30	87	00:00:10	00:31:39.30	00:31:50.25	+00:11:25 (36.1%)	6:20	9.5 (64.2%)
226	KRUSZKA Anita	326		K40	52	00:00:07	00:31:49.65	00:31:56.95	+00:11:36 (36.5%)	6:21	9.4 (63.5%)
227	MAŚLOCH Beata	173	BUDLEX	K40	53	00:00:26	00:31:50.30	00:32:17.10	+00:11:36 (36.5%)	6:22	9.4 (63.5%)
228	CHŁOPECKA Iwona	295		K40	54	00:00:25	00:31:53.10	00:32:18.20	+00:11:39 (36.6%)	6:22	9.4 (63.5%)
229	ZIENKOWSKA Joanna	294		K40	55	00:00:25	00:31:53.30	00:32:18.35	+00:11:39 (36.6%)	6:22	9.4 (63.5%)
230	NOWAKOWSKA Sylwia	269		K30	88	00:00:29	00:31:57.45	00:32:27.15	+00:11:44 (36.7%)	6:23	9.4 (63.5%)
231	CIESIELSKA Alicja	42		K20	75	00:00:23	00:32:01.25	00:32:24.55	+00:11:47 (36.8%)	6:24	9.4 (63.5%)
232	NOWACKA Daria	59		K20	76	00:00:05	00:32:02.05	00:32:07.85	+00:11:48 (36.9%)	6:24	9.4 (63.5%)
233	MATUSZEWSKA Ewa	57		K20	77	00:00:05	00:32:02.20	00:32:07.70	+00:11:48 (36.9%)	6:24	9.4 (63.5%)
234	DOBRACKA Anna	163		K20	78	00:00:26	00:32:02.55	00:32:29.35	+00:11:49 (36.9%)	6:24	9.4 (63.5%)
235	SZRAM Magdalena	267		K20	79	00:00:26	00:32:02.95	00:32:29.50	+00:11:49 (36.9%)	6:24	9.4 (63.5%)
236	MELLER Anna	245		K20	80	00:00:26	00:32:03.15	00:32:29.35	+00:11:49 (36.9%)	6:24	9.4 (63.5%)
237	DOBRZAŃSKA Katarzyna	372	PARK HOTEL	K30	89	00:00:29	00:32:05.05	00:32:34.15	+00:11:51 (37.0%)	6:25	9.4 (63.5%)
238	SAMUL Ewa	114		K20	81	00:00:08	00:32:07.75	00:32:16.60	+00:11:54 (37.1%)	6:25	9.3 (62.8%)
239	ORZECHOWSKA Monika	182	PĄCZKI	K30	90	00:00:31	00:32:07.85	00:32:39.10	+00:11:54 (37.1%)	6:25	9.3 (62.8%)
240	MIKOŁAJCZAK Aleksandra	327		K30	91	00:00:07	00:32:09.30	00:32:16.90	+00:11:55 (37.1%)	6:25	9.3 (62.8%)
241	JANICKA Kamila	357		K20	82	00:00:15	00:32:09.35	00:32:24.35	+00:11:55 (37.1%)	6:25	9.3 (62.8%)
242	KRUEGER-PAWLOWSKI Isabella	80		K50	11	00:00:10	00:32:12.35	00:32:22.65	+00:11:58 (37.2%)	6:26	9.3 (62.8%)
243	NADOLNA Aurelia	223	WEEKENDOWY BIEGACZ	K30	92	00:00:23	00:32:15.50	00:32:38.60	+00:12:02 (37.3%)	6:27	9.3 (62.8%)
244	PIECZEK Izabela	385	STUDIO ZDROWIA BYDGOSZCZ	K40	56	00:00:11	00:32:17.75	00:32:28.80	+00:12:04 (37.4%)	6:27	9.3 (62.8%)
245	STAŃCZYK-KRANC Joanna	7		K30	93	00:00:19	00:32:18.80	00:32:38.00	+00:12:05 (37.4%)	6:27	9.3 (62.8%)
246	LIBERA Sabina	9	PARKRUN BYDGOSZCZ	K40	57	00:00:20	00:32:22.65	00:32:43.20	+00:12:09 (37.5%)	6:28	9.3 (62.8%)
247	NIEDBALSKA Oliwia	306		K20	83	00:00:27	00:32:26.25	00:32:53.30	+00:12:12 (37.7%)	6:29	9.2 (62.2%)
248	KUŚ Lidia	43		K40	58	00:00:10	00:32:26.90	00:32:37.00	+00:12:13 (37.7%)	6:29	9.2 (62.2%)
249	KANIEWSKA Asia	145		K30	94	00:00:28	00:32:48.60	00:33:17.05	+00:12:35 (38.4%)	6:33	9.1 (61.5%)
250	ZIELIŃSKA Ewa	380		K30	95	00:00:30	00:33:06.80	00:33:36.80	+00:12:53 (38.9%)	6:37	9.1 (61.5%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
251	STRÓŻYŃSKA Gosia	333		K40	59	00:00:17	00:33:09.35	00:33:26.65	+00:12:55 (39.0%)	6:37	9 (60.8%)
252	OZTURK Klaudia	329		K40	60	00:00:08	00:33:18.25	00:33:26.60	+00:13:04 (39.3%)	6:39	9 (60.8%)
253	KOŚCIOŁOWSKA Anna	239		K30	96	00:00:30	00:33:18.65	00:33:49.45	+00:13:05 (39.3%)	6:39	9 (60.8%)
254	ŚWITAJ Wiktoria	250	WTS ASTORIA	K20	84	00:00:01	00:33:21.85	00:33:23.10	+00:13:08 (39.4%)	6:40	9 (60.8%)
255	GULCZ Karolina	251	ASTORIA	K20	85	00:00:01	00:33:22.10	00:33:23.10	+00:13:08 (39.4%)	6:40	9 (60.8%)
256	ROZALSKA Marta	170	SUNFLOWER TEAM	K30	97	00:00:31	00:33:26.40	00:33:57.85	+00:13:12 (39.5%)	6:41	9 (60.8%)
257	WESOŁOWSKA Karolina	179		K30	98	00:00:31	00:33:26.70	00:33:58.15	+00:13:13 (39.5%)	6:41	9 (60.8%)
258	WOJDYLAK-PIEKUT Beata	330		K40	61	00:00:12	00:33:27.20	00:33:40.10	+00:13:13 (39.5%)	6:41	9 (60.8%)
259	KORALEWSKA Milena	189		K20	86	00:00:31	00:33:30.05	00:34:01.80	+00:13:16 (39.6%)	6:42	9 (60.8%)
260	SONDEJ Agnieszka	423		K30	99	00:00:05	00:33:31.55	00:33:37.35	+00:13:18 (39.7%)	6:42	8.9 (60.1%)
261	SOBOCIŃSKA Marta	279		K40	62	00:00:24	00:33:34.00	00:33:58.75	+00:13:20 (39.7%)	6:42	8.9 (60.1%)
262	SMOLEŃ Joanna	361	POCZTA POLSKA	K30	100	00:00:20	00:33:34.80	00:33:55.65	+00:13:21 (39.8%)	6:43	8.9 (60.1%)
263	PAWLEWICZ Justyna	368		K40	63	00:00:07	00:33:35.50	00:33:42.50	+00:13:22 (39.8%)	6:43	8.9 (60.1%)
264	CIESIELSKA Oktawia	24	DECATHLON FORDON TEAM	K20	87	00:00:15	00:33:35.55	00:33:51.20	+00:13:22 (39.8%)	6:43	8.9 (60.1%)
265	SONTOWSKA Sylwia	367		K30	101	00:00:07	00:33:35.80	00:33:42.95	+00:13:22 (39.8%)	6:43	8.9 (60.1%)
266	KANTOWSKA Paulina	77		K30	102	00:00:32	00:33:36.10	00:34:08.60	+00:13:22 (39.8%)	6:43	8.9 (60.1%)
267	BŁACHEWICZ Magdalena	362		K30	103	00:00:20	00:33:40.10	00:34:00.20	+00:13:26 (39.9%)	6:44	8.9 (60.1%)
268	PIECZEK Alicja	386	STUDIO ZDROWIA	K20	88	00:00:11	00:33:41.45	00:33:52.80	+00:13:28 (40.0%)	6:44	8.9 (60.1%)
269	GAWRYCH Maria	383		K20	89	00:00:05	00:33:43.95	00:33:49.45	+00:13:30 (40.0%)	6:44	8.9 (60.1%)
270	NAWROCKA Martyna	112		K20	90	00:00:09	00:33:44.70	00:33:54.30	+00:13:31 (40.1%)	6:45	8.9 (60.1%)
271	MAKLAKIEWICZ Agnieszka	400		K30	104	00:00:28	00:33:46.95	00:34:15.60	+00:13:33 (40.1%)	6:45	8.9 (60.1%)
272	DORSZEWSKA Bożena	324		K50	12	00:00:31	00:34:08.55	00:34:39.80	+00:13:55 (40.8%)	6:49	8.8 (59.5%)
273	UMIŃSKA-BERG Joanna	31	IRON LADIES/ CROSSFIT BYDGOSZCZ	K20	91	00:00:18	00:34:14.60	00:34:33.30	+00:14:01 (40.9%)	6:51	8.8 (59.5%)
274	SZAŁAPSKA Monika	137	BUDLEX	K30	105	00:00:27	00:34:22.00	00:34:49.00	+00:14:08 (41.2%)	6:52	8.7 (58.8%)
275	CZYŻYCKA Beata	270		K40	64	00:00:29	00:34:26.75	00:34:56.35	+00:14:13 (41.3%)	6:53	8.7 (58.8%)
276	MATERNA Hanna	138	BUDLEX	K40	65	00:00:26	00:34:29.30	00:34:55.40	+00:14:15 (41.4%)	6:53	8.7 (58.8%)
277	BRYLEW-PŁOSZYŃSKA Dorota	412	SKLEP PIWOSZA KORONOWO	K30	106	00:00:32	00:34:30.45	00:35:02.50	+00:14:17 (41.4%)	6:54	8.7 (58.8%)
278	KLUCZYNSKA Blanka	192		K30	107	00:00:16	00:34:34.70	00:34:50.80	+00:14:21 (41.5%)	6:54	8.7 (58.8%)
279	GAWRYCH Justyna	384		K40	66	00:00:05	00:34:49.40	00:34:54.75	+00:14:35 (41.9%)	6:57	8.6 (58.1%)
280	SZATKOWSKA Beata	248		K50	13	00:00:30	00:36:09.80	00:36:40.45	+00:15:56 (44.1%)	7:14	8.3 (56.1%)
281	ROGULSKA Ewelina	204		K20	92	00:00:17	00:36:30.75	00:36:48.30	+00:16:17 (44.6%)	7:18	8.2 (55.4%)
282	NYKA Monika	349		K30	108	00:00:28	00:36:38.70	00:37:07.20	+00:16:25 (44.8%)	7:19	8.2 (55.4%)
283	JANKOWSKA Roksana	397		K20	93	00:00:14	00:36:40.90	00:36:55.85	+00:16:27 (44.9%)	7:20	8.2 (55.4%)
284	POŁOMSKA Joanna	249		K40	67	00:00:30	00:37:10.10	00:37:40.45	+00:16:56 (45.6%)	7:26	8.1 (54.7%)
285	KUCZYŃSKA Małgorzata	321		K30	109	00:00:26	00:37:18.05	00:37:44.05	+00:17:04 (45.8%)	7:27	8 (54.1%)
286	NOWAKOWSKA Magda	363		K40	68	00:00:20	00:38:12.10	00:38:32.20	+00:17:58 (47.1%)	7:38	7.9 (53.4%)
287	LIPOWSKA Dorota	51	PĄCZKI	K30	110	00:00:30	00:38:21.30	00:38:52.00	+00:18:07 (47.3%)	7:40	7.8 (52.7%)
288	MERCHEL Violetta	247	KLUB ZDROWIA	K40	69	00:00:22	00:38:29.75	00:38:52.00	+00:18:16 (47.5%)	7:42	7.8 (52.7%)
289	LIPOWSKA Magdalena	52	PĄCZKI	K40	70	00:00:30	00:38:34.00	00:39:04.50	+00:18:20 (47.6%)	7:42	7.8 (52.7%)
290	BRZOZOWSKA Barbara	172		K60	4	00:00:02	00:39:27.60	00:39:29.70	+00:19:14 (48.7%)	7:53	7.6 (51.4%)
291	NOWAK Anna	218		K30	111	00:00:10	00:39:40.10	00:39:50.20	+00:19:26 (49.0%)	7:56	7.6 (51.4%)
292	JAGODZIŃSKA Katarzyna	425		K30	112	00:00:21	00:41:01.55	00:41:23.00	+00:20:48 (50.7%)	8:12	7.3 (49.3%)
293	PLICHTOWICZ Natalia	369	WEEKENDOWY BIEGACZ	K20	94	00:00:23	00:42:39.50	00:43:02.90	+00:22:26 (52.6%)	8:31	7 (47.3%)
294	PŁACZKOWSKA Magdalena	370	WEEKENDOWY BIEGCZ	K50	14	00:00:23	00:42:39.70	00:43:02.80	+00:22:26 (52.6%)	8:31	7 (47.3%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
295	**MAŃKOWSKA Ewa**	**411**		K30	113	00:00:11	**00:42:51.55**	**00:43:02.55**	+00:22:38 (52.8%)	8:34	7 (47.3%)
296	**ALEKSY Małgorzata**	**185**		K40	71	00:00:14	**00:43:00.70**	**00:43:14.80**	+00:22:47 (53.0%)	8:36	7 (47.3%)
297	**PLIT Klaudia**	**220**		K20	95	00:00:15	**00:43:44.25**	**00:43:59.55**	+00:23:30 (53.8%)	8:44	6.9 (46.6%)
297	**KOWALSKA Klaudia**	**217**		K20	96	00:00:15	**00:43:44.25**	**00:43:59.35**	+00:23:30 (53.8%)	8:44	6.9 (46.6%)
299	**WOJCIECHOWSKA Renata**	**13**		K30	114	00:00:17	**00:43:46.15**	**00:44:04.05**	+00:23:32 (53.8%)	8:45	6.9 (46.6%)
300	**PASZKOWSKA Katarzyna**	**14**		K30	115	00:00:17	**00:43:46.30**	**00:44:04.20**	+00:23:32 (53.8%)	8:45	6.9 (46.6%)
301	**MERCHEL Adrianna**	**322**		K20	97	00:00:22	**00:52:19.45**	**00:52:42.00**	+00:32:06 (61.3%)	10:28	5.7 (38.5%)

Total 301 results.