



Organizator: Green House / Budlex
Data: 2018-09-16
Miejsce: Bydgoszcz
Dystans: 5 km

RUN BUDLEX FOR WOMEN

B4SPORT

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Finish_Bud 2.5km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------|-------|---------------------------|-----------|------|-------------|---------------------|----------------------|-----------------------|-----------|-----------------|---------------|
| 1 | SZENK Marta | 302 | | K30 | 1 | 00:00:00 | 00:09:24 | 00:19:05.25 | 00:19:06.00 | | 3:49 | 15.7 |
| 2 | ŻUCHOWSKA Anna | 369 | | K20 | 1 | 00:00:00 | 00:10:09 | 00:20:23.75 | 00:20:24.50 | +00:01:18 | 4:04 | 14.7 |
| 3 | BĄCZKOWSKA Julia | 8 | | K20 | 2 | 00:00:04 | 00:11:08 | 00:22:31.05 | 00:22:35.20 | +00:03:25 | 4:30 | 13.3 |
| 4 | PALACZ Wioletta | 222 | | K40 | 1 | 00:00:01 | 00:11:10 | 00:22:41.90 | 00:22:43.25 | +00:03:36 | 4:32 | 13.2 |
| 5 | WRÓBLEWSKA Dagmara | 351 | TKKF KOLEJARZ BYDGOSZCZ | K30 | 2 | 00:00:01 | 00:11:23 | 00:23:29.35 | 00:23:30.95 | +00:04:24 | 4:41 | 12.8 |
| 6 | STAŃCZYK Martyna | 290 | | K20 | 3 | 00:00:12 | 00:11:44 | 00:23:35.10 | 00:23:47.15 | +00:04:29 | 4:43 | 12.7 |
| 7 | PILAKOWSKA Angelika | 236 | ELTRA W BIEGU | K30 | 3 | 00:00:05 | 00:11:39 | 00:23:54.80 | 00:24:00.50 | +00:04:49 | 4:47 | 12.5 |
| 8 | ANDRZEJAK Sylwia | 3 | | K40 | 2 | 00:00:01 | 00:12:00 | 00:24:16.20 | 00:24:17.90 | +00:05:10 | 4:51 | 12.4 |
| 9 | NOWAKOWSKA Edyta | 216 | | K30 | 4 | 00:00:02 | 00:12:04 | 00:24:31.35 | 00:24:33.55 | +00:05:26 | 4:54 | 12.2 |
| 10 | LUZAK Magdalena | 176 | BIEGNĘ DLA AGU I TOMECZKA | K20 | 4 | 00:00:07 | 00:12:13 | 00:24:32.85 | 00:24:40.40 | +00:05:27 | 4:54 | 12.2 |
| 11 | PIĄTEK Justyna | 231 | | K20 | 5 | 00:00:09 | 00:12:05 | 00:24:34.10 | 00:24:43.70 | +00:05:28 | 4:54 | 12.2 |
| 12 | MICHALIK Joanna | 194 | | K30 | 5 | 00:00:01 | 00:12:03 | 00:24:34.25 | 00:24:35.55 | +00:05:29 | 4:54 | 12.2 |
| 13 | ZWIĄZEK Hanka | 365 | | K20 | 6 | 00:00:09 | 00:12:24 | 00:24:37.45 | 00:24:46.50 | +00:05:32 | 4:55 | 12.2 |
| 14 | SMAŻYK Ewelina | 279 | | K40 | 3 | 00:00:03 | 00:11:54 | 00:24:42.75 | 00:24:46.45 | +00:05:37 | 4:56 | 12.1 |
| 15 | ULOWSKA Katarzyna | 321 | BBKTS | K20 | 7 | 00:00:02 | 00:12:11 | 00:25:02.20 | 00:25:04.70 | +00:05:56 | 5:00 | 12 |
| 16 | KRUBER Karolcia | 148 | 1990 | K20 | 8 | 00:00:09 | 00:12:32 | 00:25:03.45 | 00:25:13.35 | +00:05:58 | 5:00 | 12 |
| 17 | RYMARKIEWICZ Małgorzata | 265 | KLINIKA TRIATHLONU | K30 | 6 | 00:00:02 | 00:12:17 | 00:25:07.15 | 00:25:09.55 | +00:06:01 | 5:01 | 11.9 |
| 18 | KWIATKOWSKA Bożena | 166 | | K40 | 4 | 00:00:05 | 00:12:31 | 00:25:07.80 | 00:25:13.50 | +00:06:02 | 5:01 | 11.9 |
| 19 | KUBIS Sylwia | 157 | TEAM KUCYKI | K40 | 5 | 00:00:12 | 00:12:26 | 00:25:13.25 | 00:25:25.45 | +00:06:08 | 5:02 | 11.9 |
| 20 | KALINOWSKA Anna | 117 | ENDORFINA FITNESS CLUB | K30 | 7 | 00:00:04 | 00:12:14 | 00:25:15.25 | 00:25:20.00 | +00:06:10 | 5:03 | 11.9 |
| 21 | BRZOZOWSKA Iwona | 26 | | K40 | 6 | 00:00:02 | 00:12:21 | 00:25:16.20 | 00:25:19.15 | +00:06:10 | 5:03 | 11.9 |
| 22 | STRÓŻYK Grażyna | 298 | | K20 | 9 | 00:00:09 | 00:12:30 | 00:25:17.55 | 00:25:26.60 | +00:06:12 | 5:03 | 11.9 |
| 23 | ZGLIŃSKA Anna | 361 | | K30 | 8 | 00:00:03 | 00:12:20 | 00:25:18.15 | 00:25:21.20 | +00:06:12 | 5:03 | 11.9 |
| 24 | GIL Zaneta | 66 | | K30 | 9 | 00:00:31 | 00:12:57 | 00:25:21.85 | 00:25:53.65 | +00:06:16 | 5:04 | 11.8 |
| 25 | DZIEWIECZYŃSKA Kasia | 53 | | K20 | 10 | 00:00:19 | 00:12:36 | 00:25:26.05 | 00:25:45.40 | +00:06:20 | 5:05 | 11.8 |
| 26 | LEWANDOWSKA Joanna | 170 | | K30 | 10 | 00:00:04 | 00:12:24 | 00:25:30.45 | 00:25:34.45 | +00:06:25 | 5:06 | 11.8 |
| 27 | WIŚNIEWSKA Aleksandra | 332 | | K20 | 11 | 00:00:03 | 00:12:43 | 00:25:30.85 | 00:25:33.90 | +00:06:25 | 5:06 | 11.8 |
| 28 | STEJUK Aleksandra | 293 | AMS TRIATHLON | K40 | 7 | 00:00:07 | 00:12:32 | 00:25:38.40 | 00:25:46.35 | +00:06:33 | 5:07 | 11.7 |
| 29 | MUSIELEWSKA Daria | 205 | | K20 | 12 | 00:00:02 | 00:12:39 | 00:25:39.55 | 00:25:42.05 | +00:06:34 | 5:08 | 11.7 |
| 30 | LEWANDOWSKA Ewelina | 171 | | K20 | 13 | 00:00:03 | 00:12:42 | 00:25:39.65 | 00:25:43.30 | +00:06:34 | 5:08 | 11.7 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Finish_Bud 2.5km | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------|---------------------------|-----------|------|-------------|---------------------|--------------|---------------|-----------|-----------------|---------------|
| | | | | | | | | netto 5km | brutto 5km | | | |
| 31 | BRZOWSKA Justyna | 25 | | K20 | 14 | 00:00:35 | 00:12:48 | 00:25:39.80 | 00:26:15.15 | +00:06:34 | 5:08 | 11.7 |
| 32 | MAJEWSKA Ryszarda | 180 | | K50 | 1 | 00:00:04 | 00:12:55 | 00:25:41.40 | 00:25:45.40 | +00:06:36 | 5:08 | 11.7 |
| 33 | POTRZEBOWSKA Agata | 241 | DEAF | K30 | 11 | 00:00:05 | 00:12:37 | 00:25:47.45 | 00:25:52.55 | +00:06:42 | 5:09 | 11.6 |
| 34 | SZYMCZAK Elwira | 309 | | K20 | 15 | 00:00:01 | 00:12:29 | 00:25:48.60 | 00:25:49.90 | +00:06:43 | 5:09 | 11.6 |
| 35 | GROBELNA Angelika | 81 | BYDGOSZCZ NA START | K40 | 8 | 00:00:15 | 00:12:44 | 00:25:57.40 | 00:26:13.10 | +00:06:52 | 5:11 | 11.6 |
| 36 | SOSIŃSKA Izabela | 287 | X | K30 | 12 | 00:00:03 | 00:12:25 | 00:25:59.55 | 00:26:03.05 | +00:06:54 | 5:12 | 11.5 |
| 37 | STOKOWSKA Paulina | 389 | | K20 | 16 | 00:00:06 | 00:12:35 | 00:26:05.00 | 00:26:11.80 | +00:06:59 | 5:13 | 11.5 |
| 38 | PAWLEWSKA Klaudia | 229 | | K20 | 17 | 00:00:02 | 00:12:19 | 00:26:08.75 | 00:26:10.95 | +00:07:03 | 5:13 | 11.5 |
| 39 | TARCZYŃSKA Marta | 314 | TEAM KUCYKI | K30 | 13 | 00:00:12 | 00:13:02 | 00:26:09.75 | 00:26:22.10 | +00:07:04 | 5:14 | 11.5 |
| 40 | MELWIŃSKA Paulina | 192 | RUN BYDGOSZCZ | K30 | 14 | 00:00:03 | 00:12:34 | 00:26:16.80 | 00:26:20.50 | +00:07:11 | 5:15 | 11.4 |
| 41 | WOJCIECHOWSKA Emilia | 341 | | K40 | 9 | 00:00:01 | 00:12:53 | 00:26:17.55 | 00:26:19.50 | +00:07:12 | 5:15 | 11.4 |
| 42 | GIERZEWSKA Grażyna | 65 | | K40 | 10 | 00:00:17 | 00:13:42 | 00:26:17.80 | 00:26:35.70 | +00:07:12 | 5:15 | 11.4 |
| 43 | FRANK Agnieszka | 57 | | K30 | 15 | 00:00:10 | 00:13:07 | 00:26:26.00 | 00:26:36.60 | +00:07:20 | 5:17 | 11.3 |
| 44 | SOBOL Magdalena | 284 | | K40 | 11 | 00:00:02 | 00:12:55 | 00:26:29.65 | 00:26:32.15 | +00:07:24 | 5:18 | 11.3 |
| 45 | SOBOLEWSKA Aleksandra | 285 | | K20 | 18 | 00:00:08 | 00:13:18 | 00:26:42.10 | 00:26:50.55 | +00:07:36 | 5:20 | 11.2 |
| 46 | JANKOWSKA Kasia | 98 | | K40 | 12 | 00:00:27 | 00:13:39 | 00:26:45.75 | 00:27:13.35 | +00:07:40 | 5:21 | 11.2 |
| 47 | SEYDAK-TOMCZYŃSKA Ewelina | 272 | DON BOSCO TEAM | K20 | 19 | 00:00:04 | 00:13:01 | 00:26:54.85 | 00:26:59.55 | +00:07:49 | 5:23 | 11.1 |
| 48 | SIWIŃSKA Elżbieta | 276 | DECATHLON TEAM INOWROCLAW | K50 | 2 | 00:00:15 | 00:13:38 | 00:26:57.85 | 00:27:13.05 | +00:07:52 | 5:23 | 11.1 |
| 49 | ZDROJOWA Agnieszka | 360 | JARY TEAM | K30 | 16 | 00:00:02 | 00:13:17 | 00:26:59.60 | 00:27:02.20 | +00:07:54 | 5:24 | 11.1 |
| 50 | MAJEWSKA Monika | 379 | | K30 | 17 | 00:00:09 | 00:13:40 | 00:27:01.20 | 00:27:10.50 | +00:07:55 | 5:24 | 11.1 |
| 51 | DOBUCKA Katarzyna | 380 | CHONAROWER.PL | K20 | 20 | 00:00:17 | 00:13:31 | 00:27:05.45 | 00:27:22.65 | +00:08:00 | 5:25 | 11.1 |
| 52 | FRONTCZAK Iwona | 58 | INOWROCLAW BIEGA | K40 | 13 | 00:00:02 | 00:13:03 | 00:27:07.10 | 00:27:09.10 | +00:08:01 | 5:25 | 11.1 |
| 53 | RUTKOWSKA Weronik | 260 | | K20 | 21 | 00:00:37 | 00:14:32 | 00:27:09.15 | 00:27:47.05 | +00:08:03 | 5:26 | 11 |
| 54 | MASLOWSKA Angelika | 187 | | K30 | 18 | 00:00:07 | 00:13:34 | 00:27:14.15 | 00:27:21.40 | +00:08:08 | 5:26 | 11 |
| 55 | KRUSZELNICKA Urszula | 150 | | K30 | 19 | 00:00:10 | 00:13:30 | 00:27:19.60 | 00:27:30.30 | +00:08:14 | 5:28 | 11 |
| 56 | KALEMBA Daria | 116 | | K20 | 22 | 00:00:18 | 00:13:34 | 00:27:20.75 | 00:27:39.30 | +00:08:15 | 5:28 | 11 |
| 57 | CIEŚLAK Hanna | 34 | | K30 | 20 | 00:00:17 | 00:13:43 | 00:27:25.30 | 00:27:42.90 | +00:08:20 | 5:29 | 10.9 |
| 58 | BARCZAK Agnieszka | 11 | AGNIESZKAB | K30 | 21 | 00:00:18 | 00:13:24 | 00:27:26.50 | 00:27:44.90 | +00:08:21 | 5:29 | 10.9 |
| 59 | NOGA Magdalena | 215 | | K40 | 14 | 00:00:04 | 00:13:36 | 00:27:26.80 | 00:27:31.25 | +00:08:21 | 5:29 | 10.9 |
| 60 | GADZIŃSKA Aleksandra | 62 | | K40 | 15 | 00:00:09 | 00:13:40 | 00:27:29.90 | 00:27:39.20 | +00:08:24 | 5:30 | 10.9 |
| 61 | PIJAROWSKA Beata | 235 | | K40 | 16 | 00:00:21 | 00:13:46 | 00:27:33.30 | 00:27:54.95 | +00:08:28 | 5:30 | 10.9 |
| 62 | BAGNIEWSKA Małgorzata | 9 | | K20 | 23 | 00:00:16 | 00:14:01 | 00:27:33.80 | 00:27:50.70 | +00:08:28 | 5:30 | 10.9 |
| 63 | DUTKOWSKA Dorota | 48 | | K30 | 22 | 00:00:16 | 00:13:43 | 00:27:35.15 | 00:27:51.40 | +00:08:29 | 5:31 | 10.9 |
| 64 | JASKROWSKA Patrycja | 105 | | K20 | 24 | 00:00:30 | 00:14:31 | 00:27:36.85 | 00:28:07.65 | +00:08:31 | 5:31 | 10.9 |
| 65 | NAGORZYSKA Sylwia | 207 | BIEGAMWSPIERAMMOTYWUJĘ | K30 | 23 | 00:00:04 | 00:13:46 | 00:27:37.25 | 00:27:41.30 | +00:08:32 | 5:31 | 10.9 |
| 66 | KUJDA Dorota | 161 | | K30 | 24 | 00:00:13 | 00:13:57 | 00:27:40.45 | 00:27:53.70 | +00:08:35 | 5:32 | 10.8 |
| 67 | CZERWIŃSKA Joanna | 39 | | K30 | 25 | 00:00:30 | 00:14:08 | 00:27:42.80 | 00:28:13.70 | +00:08:37 | 5:32 | 10.8 |
| 68 | CZYŻEWSKA Justyna | 40 | | K30 | 26 | 00:00:26 | 00:13:50 | 00:27:43.55 | 00:28:10.15 | +00:08:38 | 5:32 | 10.8 |
| 69 | AFELT Luiza | 2 | | K20 | 25 | 00:00:11 | 00:13:35 | 00:27:45.15 | 00:27:56.75 | +00:08:39 | 5:33 | 10.8 |
| 70 | STĘPIEŃ Monika | 294 | | K40 | 17 | 00:00:17 | 00:13:55 | 00:27:46.40 | 00:28:03.85 | +00:08:41 | 5:33 | 10.8 |
| 71 | SUCHARSKA Magdalena | 299 | | K30 | 27 | 00:00:36 | 00:13:38 | 00:27:58.50 | 00:28:35.35 | +00:08:53 | 5:35 | 10.7 |
| 72 | KOCHAŃSKA Wioletta | 129 | | K40 | 18 | 00:00:11 | 00:13:50 | 00:27:58.55 | 00:28:09.55 | +00:08:53 | 5:35 | 10.7 |
| 73 | PESZYŃSKA Joanna | 230 | | K40 | 19 | 00:00:21 | 00:14:05 | 00:28:01.65 | 00:28:23.55 | +00:08:56 | 5:36 | 10.7 |
| 74 | WÓJCIK Marika | 349 | DECATHLON TEAM INOWROCLAW | K20 | 26 | 00:00:15 | 00:13:58 | 00:28:02.95 | 00:28:18.10 | +00:08:57 | 5:36 | 10.7 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Finish_Bud 2.5km | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------|-------|-----------------------------|-----------|------|-------------|---------------------|--------------|---------------|-----------|-----------------|---------------|
| | | | | | | | | netto 5km | brutto 5km | | | |
| 75 | KRAWCZYK Klaudia | 143 | | K20 | 27 | 00:00:14 | 00:14:23 | 00:28:03.85 | 00:28:18.30 | +00:08:58 | 5:36 | 10.7 |
| 76 | KURDUBSKA Agnieszka | 164 | | K20 | 28 | 00:00:30 | 00:14:33 | 00:28:04.45 | 00:28:35.15 | +00:08:59 | 5:37 | 10.7 |
| 77 | WŁODARCZYK Katarzyna | 340 | | K40 | 20 | 00:00:11 | 00:13:47 | 00:28:05.20 | 00:28:16.75 | +00:08:59 | 5:37 | 10.7 |
| 77 | BRZEZIŃSKA Marta | 24 | | K20 | 29 | 00:00:24 | 00:13:53 | 00:28:05.20 | 00:28:29.30 | +00:08:59 | 5:37 | 10.7 |
| 79 | GOŚCINIAK Agnieszka | 72 | NOKIA BYDGOSZCZ | K30 | 28 | 00:00:25 | 00:14:07 | 00:28:06.25 | 00:28:32.00 | +00:09:01 | 5:37 | 10.7 |
| 80 | WAJER Marita | 324 | | K20 | 30 | 00:00:31 | 00:14:45 | 00:28:07.40 | 00:28:39.00 | +00:09:02 | 5:37 | 10.7 |
| 81 | DOBRZYŃSKA Ewa | 46 | | K30 | 29 | 00:00:05 | 00:13:52 | 00:28:07.65 | 00:28:12.80 | +00:09:02 | 5:37 | 10.7 |
| 82 | PAWLEWSKA Joanna | 228 | | K40 | 21 | 00:00:25 | 00:14:46 | 00:28:08.80 | 00:28:34.60 | +00:09:03 | 5:37 | 10.7 |
| 83 | KLIMCZAK Justyna | 128 | RUN PASJA | K30 | 30 | 00:00:10 | 00:13:41 | 00:28:12.50 | 00:28:23.25 | +00:09:07 | 5:38 | 10.6 |
| 84 | DZIELAK Marta | 50 | SAPER TEAM | K20 | 31 | 00:00:08 | 00:13:35 | 00:28:14.35 | 00:28:23.10 | +00:09:09 | 5:39 | 10.6 |
| 85 | MELLEM Anna | 190 | | K20 | 32 | 00:00:16 | 00:13:40 | 00:28:15.20 | 00:28:31.80 | +00:09:09 | 5:39 | 10.6 |
| 86 | NIKOŁAJEW Monika | 214 | | K30 | 31 | 00:00:05 | 00:13:50 | 00:28:15.50 | 00:28:20.80 | +00:09:10 | 5:39 | 10.6 |
| 87 | JENDRZEJCZAK Małgorzata | 112 | BARBELL SQUAD | K40 | 22 | 00:00:16 | 00:14:05 | 00:28:22.95 | 00:28:39.55 | +00:09:17 | 5:40 | 10.6 |
| 88 | BILON-MOLENDA Alicja | 19 | | K30 | 32 | 00:00:04 | 00:14:01 | 00:28:26.15 | 00:28:30.45 | +00:09:20 | 5:41 | 10.6 |
| 89 | GOLIMOWSKA Anna | 69 | | K40 | 23 | 00:00:18 | 00:14:36 | 00:28:31.70 | 00:28:49.90 | +00:09:26 | 5:42 | 10.5 |
| 90 | POLACKA Jadwiga | 240 | DĘBY OSIELSKO | K40 | 24 | 00:00:29 | 00:14:59 | 00:28:36.20 | 00:29:05.25 | +00:09:30 | 5:43 | 10.5 |
| 91 | WOJEWODA-SIWICKA Sylwia | 342 | SMAKI | K40 | 25 | 00:00:13 | 00:13:50 | 00:28:40.00 | 00:28:53.15 | +00:09:34 | 5:44 | 10.5 |
| 92 | SZEWCUK Ewa | 303 | | K40 | 26 | 00:00:18 | 00:14:36 | 00:28:42.60 | 00:29:00.60 | +00:09:37 | 5:44 | 10.5 |
| 93 | RAKOWSKA Małgorzata | 253 | PAKOŚĆ BIEGA | K30 | 33 | 00:00:15 | 00:14:18 | 00:28:42.65 | 00:28:58.20 | +00:09:37 | 5:44 | 10.4 |
| 94 | JELEŃ Agnieszka | 111 | VEGE RUNNERS | K30 | 34 | 00:00:24 | 00:14:19 | 00:28:45.80 | 00:29:09.90 | +00:09:40 | 5:45 | 10.4 |
| 95 | ŚLEDZIŃSKA Paulina | 311 | | K20 | 33 | 00:00:28 | 00:14:27 | 00:28:50.30 | 00:29:18.75 | +00:09:45 | 5:46 | 10.4 |
| 96 | SAPALSKA Michalina | 268 | | K20 | 34 | 00:00:12 | 00:14:14 | 00:28:50.95 | 00:29:03.00 | +00:09:45 | 5:46 | 10.4 |
| 97 | DŁUGOŃSKA Beata | 45 | | K40 | 27 | 00:00:20 | 00:14:09 | 00:28:51.80 | 00:29:11.95 | +00:09:46 | 5:46 | 10.4 |
| 98 | ADAMCZYK Katarzyna | 1 | | K30 | 35 | 00:00:10 | 00:14:47 | 00:28:53.60 | 00:29:04.00 | +00:09:48 | 5:46 | 10.4 |
| 99 | LEWA Beata | 169 | | K30 | 36 | 00:00:10 | 00:14:47 | 00:28:53.95 | 00:29:04.10 | +00:09:48 | 5:46 | 10.4 |
| 100 | DZIEDZIC Agnieszka | 49 | | K30 | 37 | 00:00:03 | 00:13:44 | 00:28:55.95 | 00:28:59.60 | +00:09:50 | 5:47 | 10.4 |
| 101 | KOZACZYK Julia | 140 | DECATHLON TEAM INOWROCLAW | K20 | 35 | 00:00:16 | 00:14:47 | 00:28:57.95 | 00:29:14.05 | +00:09:52 | 5:47 | 10.4 |
| 102 | KULWAS Magdalena | 163 | | K20 | 36 | 00:00:05 | 00:13:34 | 00:28:59.20 | 00:29:04.65 | +00:09:53 | 5:47 | 10.4 |
| 103 | GIPP Małgorzata | 67 | | K30 | 38 | 00:00:34 | 00:14:54 | 00:29:04.15 | 00:29:38.45 | +00:09:58 | 5:48 | 10.3 |
| 104 | PRZYBYLSKA Grażyna | 244 | PSLA, BYDGOSZCZ NA START | K50 | 3 | 00:00:33 | 00:14:31 | 00:29:08.40 | 00:29:41.55 | +00:10:03 | 5:49 | 10.3 |
| 105 | WOSZCZYK Agnieszka | 344 | BIEGNĘ DLA MADZI I TOMECZKA | K20 | 37 | 00:00:34 | 00:14:53 | 00:29:16.50 | 00:29:51.45 | +00:10:11 | 5:51 | 10.2 |
| 106 | NAPIERALSKA Natalia | 209 | | K30 | 39 | 00:00:18 | 00:14:29 | 00:29:18.55 | 00:29:37.25 | +00:10:13 | 5:51 | 10.2 |
| 107 | GAPSKA Weronika | 64 | | K30 | 40 | 00:00:05 | 00:14:10 | 00:29:19.05 | 00:29:24.45 | +00:10:13 | 5:51 | 10.2 |
| 108 | BRETT Wiktoria | 23 | | K20 | 38 | 00:00:06 | 00:14:23 | 00:29:19.80 | 00:29:26.15 | +00:10:14 | 5:52 | 10.2 |
| 109 | LICZMAŃSKA Anna | 173 | | K30 | 41 | 00:00:13 | 00:14:15 | 00:29:20.30 | 00:29:34.10 | +00:10:15 | 5:52 | 10.2 |
| 110 | GRACZKOWSKA Mirosława | 80 | | K40 | 28 | 00:00:16 | 00:14:06 | 00:29:20.95 | 00:29:37.40 | +00:10:15 | 5:52 | 10.2 |
| 111 | KWIECIŃSKA Katarzyna | 167 | | K20 | 39 | 00:00:06 | 00:13:44 | 00:29:21.05 | 00:29:27.10 | +00:10:15 | 5:52 | 10.2 |
| 112 | NALEWALSKA Justyna | 208 | SERCE TYBETU | K20 | 40 | 00:00:24 | 00:14:21 | 00:29:23.75 | 00:29:48.30 | +00:10:18 | 5:52 | 10.2 |
| 113 | KOZACZYK Joanna | 139 | DECATHLON TEAM INOWROCLAW | K40 | 29 | 00:00:16 | 00:14:47 | 00:29:28.80 | 00:29:44.80 | +00:10:23 | 5:53 | 10.2 |
| 114 | GÓRSKA Agnieszka | 75 | | K30 | 42 | 00:00:14 | 00:14:38 | 00:29:29.10 | 00:29:43.30 | +00:10:23 | 5:53 | 10.2 |
| 115 | NURKIEWICZ Zofia | 219 | KUNG FU PANDY 3 | K20 | 41 | 00:00:08 | 00:15:00 | 00:29:34.10 | 00:29:42.65 | +00:10:28 | 5:54 | 10.1 |
| 116 | BESS Anna | 15 | | K30 | 43 | 00:00:32 | 00:15:15 | 00:29:35.20 | 00:30:07.60 | +00:10:29 | 5:55 | 10.1 |
| 117 | TYKWIŃSKA Agnieszka | 319 | | K30 | 44 | 00:00:12 | 00:14:44 | 00:29:37.80 | 00:29:50.35 | +00:10:32 | 5:55 | 10.1 |
| 118 | NIKOŁAJCZYK Agnieszka | 213 | | K30 | 45 | 00:00:26 | 00:14:54 | 00:29:44.05 | 00:30:10.55 | +00:10:38 | 5:56 | 10.1 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Finish_Bud 2.5km | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------|---------------------|-----------|------|-------------|---------------------|--------------|---------------|-----------|-----------------|---------------|
| | | | | | | | | netto 5km | brutto 5km | | | |
| 119 | SZABLIŃSKA Honorata | 300 | | K30 | 46 | 00:00:07 | 00:14:07 | 00:29:45.80 | 00:29:53.05 | +00:10:40 | 5:57 | 10.1 |
| 120 | SZOŁDRA Marta | 304 | | K20 | 42 | 00:00:22 | 00:15:01 | 00:29:49.00 | 00:30:11.45 | +00:10:43 | 5:57 | 10.1 |
| 121 | STOKŁOSA Natalia | 296 | | K30 | 47 | 00:00:26 | 00:14:49 | 00:29:49.75 | 00:30:15.85 | +00:10:44 | 5:57 | 10.1 |
| 122 | KĘDZIERSKA Marzena | 122 | | K40 | 30 | 00:00:05 | 00:14:10 | 00:29:53.05 | 00:29:58.50 | +00:10:47 | 5:58 | 10 |
| 123 | SZPYT Anna | 305 | | K30 | 48 | 00:00:03 | 00:14:09 | 00:29:55.85 | 00:29:59.20 | +00:10:50 | 5:59 | 10 |
| 124 | KULIBERDA Justyna | 162 | | K30 | 49 | 00:00:09 | 00:14:44 | 00:30:03.05 | 00:30:12.40 | +00:10:57 | 6:00 | 10 |
| 125 | KUTKA Czesia | 165 | | K30 | 50 | 00:00:14 | 00:14:39 | 00:30:06.70 | 00:30:20.70 | +00:11:01 | 6:01 | 10 |
| 126 | FRYDRYCHOWICZ Lilianna | 60 | | K50 | 4 | 00:00:11 | 00:14:20 | 00:30:09.35 | 00:30:20.75 | +00:11:04 | 6:01 | 10 |
| 127 | KUBIAK-KUJAWA Joanna | 156 | | K30 | 51 | 00:00:20 | 00:14:35 | 00:30:09.70 | 00:30:30.60 | +00:11:04 | 6:02 | 9.9 |
| 128 | KORBEL Ewa | 134 | | K40 | 31 | 00:00:12 | 00:14:41 | 00:30:09.85 | 00:30:22.35 | +00:11:04 | 6:02 | 9.9 |
| 129 | ŚMIGIELSKA Magdalena | 312 | | K30 | 52 | 00:00:20 | 00:15:00 | 00:30:11.35 | 00:30:31.65 | +00:11:06 | 6:02 | 9.9 |
| 130 | CEMKE Magdalena | 30 | | K20 | 43 | 00:00:19 | 00:14:59 | 00:30:11.90 | 00:30:30.90 | +00:11:06 | 6:02 | 9.9 |
| 131 | DZIŻA-KONICZYŃSKA Zuzanna | 54 | | K40 | 32 | 00:00:02 | 00:14:39 | 00:30:12.10 | 00:30:14.50 | +00:11:06 | 6:02 | 9.9 |
| 132 | KRÓL Katarzyna | 145 | | K40 | 33 | 00:00:19 | 00:14:47 | 00:30:12.15 | 00:30:31.15 | +00:11:06 | 6:02 | 9.9 |
| 133 | SZREJTER Izabela | 306 | | K30 | 53 | 00:00:35 | 00:15:31 | 00:30:13.40 | 00:30:48.95 | +00:11:08 | 6:02 | 9.9 |
| 134 | WOSICKA Wanda | 343 | | K30 | 54 | 00:00:17 | 00:14:48 | 00:30:17.30 | 00:30:34.90 | +00:11:12 | 6:03 | 9.9 |
| 135 | WIESE Katarzyna | 329 | FULL SERVICE LADIES | K20 | 44 | 00:00:22 | 00:15:05 | 00:30:18.00 | 00:30:40.00 | +00:11:12 | 6:03 | 9.9 |
| 136 | BIELUSZEWSKA Mirela | 17 | CCL | K30 | 55 | 00:00:36 | 00:15:58 | 00:30:19.00 | 00:30:55.60 | +00:11:13 | 6:03 | 9.9 |
| 137 | BŁAŻEK Kasia | 21 | | K30 | 56 | 00:00:23 | 00:15:05 | 00:30:20.80 | 00:30:44.60 | +00:11:15 | 6:04 | 9.9 |
| 138 | STIVRIŃA Santa | 295 | | K20 | 45 | 00:00:19 | 00:15:06 | 00:30:22.35 | 00:30:41.35 | +00:11:17 | 6:04 | 9.9 |
| 139 | NELKE Monika | 211 | | K40 | 34 | 00:00:32 | 00:15:33 | 00:30:22.45 | 00:30:54.80 | +00:11:17 | 6:04 | 9.9 |
| 140 | SPLITT Anna | 288 | | K30 | 57 | 00:00:33 | 00:15:45 | 00:30:22.75 | 00:30:56.60 | +00:11:17 | 6:04 | 9.9 |
| 141 | KUCHARSKA Dorota | 159 | | K30 | 58 | 00:00:33 | 00:15:42 | 00:30:25.15 | 00:30:58.90 | +00:11:19 | 6:05 | 9.9 |
| 142 | KRYMER Agnieszka | 151 | | K40 | 35 | 00:00:11 | 00:15:12 | 00:30:25.25 | 00:30:36.55 | +00:11:20 | 6:05 | 9.9 |
| 143 | JARON Magdalena | 100 | | K20 | 46 | 00:00:08 | 00:15:16 | 00:30:27.20 | 00:30:35.40 | +00:11:21 | 6:05 | 9.9 |
| 144 | RYDELSKA Kinga | 264 | | K40 | 36 | 00:00:12 | 00:15:03 | 00:30:27.30 | 00:30:40.10 | +00:11:22 | 6:05 | 9.8 |
| 145 | GERUZEL Paulina | 99 | ZS 19 BYDGOSZCZ | K20 | 47 | 00:00:18 | 00:15:06 | 00:30:27.95 | 00:30:46.55 | +00:11:22 | 6:05 | 9.8 |
| 146 | KRUSIK Aleksandra | 149 | ALBATROSY | K20 | 48 | 00:00:23 | 00:15:38 | 00:30:36.35 | 00:31:00.20 | +00:11:31 | 6:07 | 9.8 |
| 147 | MATYNKA Kamila | 189 | | K20 | 49 | 00:00:09 | 00:14:39 | 00:30:36.75 | 00:30:46.55 | +00:11:31 | 6:07 | 9.8 |
| 148 | KUBIAK Anna | 155 | | K30 | 59 | 00:00:17 | 00:15:24 | 00:30:37.00 | 00:30:54.80 | +00:11:31 | 6:07 | 9.8 |
| 149 | DEJA Natalia | 43 | GYM BUNNY | K30 | 60 | 00:00:25 | 00:15:51 | 00:30:38.60 | 00:31:03.75 | +00:11:33 | 6:07 | 9.8 |
| 150 | BARAŃSKA Sylwia | 10 | PARKRUN BYDGOSZCZ | K40 | 37 | 00:00:22 | 00:15:21 | 00:30:39.35 | 00:31:01.55 | +00:11:34 | 6:07 | 9.8 |
| 151 | HYŻY Iwona | 92 | | K40 | 38 | 00:00:10 | 00:15:06 | 00:30:43.75 | 00:30:54.15 | +00:11:38 | 6:08 | 9.8 |
| 152 | TRUŚ Karolina | 316 | | K30 | 61 | 00:00:13 | 00:15:28 | 00:30:49.80 | 00:31:03.70 | +00:11:44 | 6:10 | 9.7 |
| 153 | WRONA Iwona | 383 | | K40 | 39 | 00:00:36 | 00:15:15 | 00:30:50.30 | 00:31:26.55 | +00:11:45 | 6:10 | 9.7 |
| 154 | AUGUSTYNOWICZ Aurelia | 7 | RCI BYDGOSZCZ | K40 | 40 | 00:00:09 | 00:15:00 | 00:30:50.75 | 00:31:00.60 | +00:11:45 | 6:10 | 9.7 |
| 155 | MALICKA Beata | 185 | | K50 | 5 | 00:00:31 | 00:15:14 | 00:30:54.60 | 00:31:26.30 | +00:11:49 | 6:11 | 9.7 |
| 156 | ZIÓŁKOWSKA Oliwia | 364 | | K30 | 62 | 00:00:23 | 00:15:35 | 00:30:54.80 | 00:31:18.30 | +00:11:49 | 6:11 | 9.7 |
| 157 | MORITZ Monika | 202 | MORANI BARCIN | K30 | 63 | 00:00:26 | 00:15:26 | 00:30:57.80 | 00:31:24.00 | +00:11:52 | 6:11 | 9.7 |
| 158 | WALCZAK Joanna | 325 | | K30 | 64 | 00:00:05 | 00:14:45 | 00:31:01.30 | 00:31:06.80 | +00:11:56 | 6:12 | 9.7 |
| 159 | MALCZEWSKA Ewelina | 183 | | K30 | 65 | 00:00:16 | 00:15:25 | 00:31:07.60 | 00:31:24.45 | +00:12:02 | 6:13 | 9.6 |
| 160 | JAGIELSKA Patrycja | 94 | | K20 | 50 | 00:00:14 | 00:15:09 | 00:31:10.20 | 00:31:24.90 | +00:12:04 | 6:14 | 9.6 |
| 161 | KRAJEWSKA Patrycja | 142 | | K20 | 51 | 00:00:12 | 00:15:24 | 00:31:10.50 | 00:31:23.00 | +00:12:05 | 6:14 | 9.6 |
| 162 | JAKUBOWSKA Katarzyna | 376 | | K20 | 52 | 00:00:06 | 00:15:08 | 00:31:13.50 | 00:31:20.30 | +00:12:08 | 6:14 | 9.6 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Finish_Bud 2.5km | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------|-------|--|-----------|------|-------------|---------------------|--------------|---------------|-----------|-----------------|---------------|
| | | | | | | | | netto 5km | brutto 5km | | | |
| 163 | ŁEMPICKA Ewelina | 177 | FULL SERVICE LADIES | K30 | 66 | 00:00:22 | 00:15:22 | 00:31:14.20 | 00:31:36.90 | +00:12:08 | 6:14 | 9.6 |
| 164 | ŻADŁO Milena | 367 | | K30 | 67 | 00:00:13 | 00:15:30 | 00:31:15.95 | 00:31:29.55 | +00:12:10 | 6:15 | 9.6 |
| 165 | WALICH Aleksandra | 375 | | K40 | 41 | 00:00:06 | 00:15:08 | 00:31:16.40 | 00:31:23.05 | +00:12:11 | 6:15 | 9.6 |
| 166 | DZIERŻANKOWSKA Marta | 52 | SKLEP BIEGACZA | K20 | 53 | 00:00:07 | 00:15:20 | 00:31:17.05 | 00:31:24.60 | +00:12:11 | 6:15 | 9.6 |
| 167 | JASKUŁA Karolina | 106 | | K30 | 68 | 00:00:13 | 00:14:24 | 00:31:18.75 | 00:31:32.25 | +00:12:13 | 6:15 | 9.6 |
| 168 | TREPANOWSKA Katarzyna | 315 | | K20 | 54 | 00:00:13 | 00:15:10 | 00:31:19.25 | 00:31:32.25 | +00:12:14 | 6:15 | 9.6 |
| 169 | WALCZAK Joanna | 326 | | K30 | 69 | 00:00:26 | 00:15:38 | 00:31:19.70 | 00:31:46.25 | +00:12:14 | 6:16 | 9.6 |
| 170 | ŻURAWSKA Marta | 370 | | K30 | 70 | 00:00:31 | 00:15:20 | 00:31:22.60 | 00:31:54.50 | +00:12:17 | 6:16 | 9.6 |
| 171 | PANKOWSKA Ewa | 223 | | K50 | 6 | 00:00:32 | 00:15:27 | 00:31:24.90 | 00:31:57.10 | +00:12:19 | 6:17 | 9.5 |
| 172 | GLĘBOCKA Agnieszka | 68 | | K30 | 71 | 00:00:17 | 00:15:25 | 00:31:25.55 | 00:31:43.00 | +00:12:20 | 6:17 | 9.5 |
| 173 | MROZIEK Barbara | 204 | | K30 | 72 | 00:00:31 | 00:15:56 | 00:31:26.10 | 00:31:57.25 | +00:12:20 | 6:17 | 9.5 |
| 174 | JAWORSKA Monika | 107 | JAWORY | K30 | 73 | 00:00:26 | 00:15:38 | 00:31:29.10 | 00:31:55.65 | +00:12:23 | 6:17 | 9.5 |
| 175 | KLAJNERT Magdalena | 125 | | K30 | 74 | 00:00:15 | 00:15:31 | 00:31:31.40 | 00:31:46.90 | +00:12:26 | 6:18 | 9.5 |
| 176 | FILIPEK Weronika | 386 | | K20 | 55 | 00:00:28 | 00:14:57 | 00:31:31.60 | 00:32:00.35 | +00:12:26 | 6:18 | 9.5 |
| 177 | MAJERSKA Beata | 179 | | K50 | 7 | 00:00:04 | 00:15:13 | 00:31:32.05 | 00:31:36.50 | +00:12:26 | 6:18 | 9.5 |
| 178 | LEWANDOWSKA-GBYL Kinga | 385 | | K30 | 75 | 00:00:28 | 00:14:56 | 00:31:32.25 | 00:32:00.25 | +00:12:27 | 6:18 | 9.5 |
| 179 | PRZYBYLSKA Paulina | 245 | | K40 | 42 | 00:00:28 | 00:15:52 | 00:31:35.35 | 00:32:04.10 | +00:12:30 | 6:19 | 9.5 |
| 180 | TWARDOWSKA Katarzyna | 318 | | K40 | 43 | 00:00:32 | 00:15:42 | 00:31:40.80 | 00:32:12.85 | +00:12:35 | 6:20 | 9.5 |
| 181 | KRZYŚIAK Katarzyna | 152 | | K30 | 76 | 00:00:13 | 00:15:49 | 00:31:44.25 | 00:31:58.05 | +00:12:39 | 6:21 | 9.4 |
| 182 | STEFANKO-SKAŁECKA Anna | 291 | BRZOZA BIEGA | K30 | 77 | 00:00:17 | 00:15:10 | 00:31:45.15 | 00:32:02.15 | +00:12:39 | 6:21 | 9.4 |
| 183 | KRZYŻAŃSKA Kamila | 153 | | K20 | 56 | 00:00:10 | 00:14:58 | 00:31:47.85 | 00:31:58.45 | +00:12:42 | 6:21 | 9.4 |
| 184 | CZAJKOWSKA Karolina | 38 | BIEGAJ Z DĘBAMI | K20 | 57 | 00:00:29 | 00:15:00 | 00:31:54.25 | 00:32:23.90 | +00:12:49 | 6:22 | 9.4 |
| 185 | SZYMCZAK Barbara | 308 | | K40 | 44 | 00:00:11 | 00:15:29 | 00:31:54.40 | 00:32:05.50 | +00:12:49 | 6:22 | 9.4 |
| 186 | CELANOWICZ Lidia | 29 | | K30 | 78 | 00:00:17 | 00:15:30 | 00:31:58.15 | 00:32:15.95 | +00:12:52 | 6:23 | 9.4 |
| 187 | KOWALIK Anna | 137 | | K20 | 58 | 00:00:09 | 00:15:26 | 00:32:02.85 | 00:32:11.85 | +00:12:57 | 6:24 | 9.4 |
| 188 | ŁUCZKOWIAK Małgorzata | 377 | | K20 | 59 | 00:00:04 | 00:15:07 | 00:32:04.95 | 00:32:09.65 | +00:12:59 | 6:25 | 9.4 |
| 189 | BUSSE Jagoda | 28 | BYDGOSKIE BUSIAKI | K30 | 79 | 00:00:30 | 00:16:03 | 00:32:09.25 | 00:32:39.85 | +00:13:04 | 6:25 | 9.3 |
| 190 | GAPINSKA Bogna | 63 | | K20 | 60 | 00:00:34 | 00:17:07 | 00:32:09.50 | 00:32:43.50 | +00:13:04 | 6:25 | 9.3 |
| 191 | KAMIŃSKA Jolanta | 119 | | K30 | 80 | 00:00:40 | 00:15:34 | 00:32:11.20 | 00:32:51.50 | +00:13:05 | 6:26 | 9.3 |
| 192 | KRAJEWSKA Jagoda | 141 | | K30 | 81 | 00:00:07 | 00:15:13 | 00:32:13.50 | 00:32:21.35 | +00:13:08 | 6:26 | 9.3 |
| 193 | BIERNACKA Anka | 18 | | K30 | 82 | 00:00:07 | 00:15:13 | 00:32:13.60 | 00:32:21.35 | +00:13:08 | 6:26 | 9.3 |
| 193 | GRZELA Klaudia | 84 | GOSPORT BYDGOSZCZ | K20 | 61 | 00:00:22 | 00:15:33 | 00:32:13.60 | 00:32:36.55 | +00:13:08 | 6:26 | 9.3 |
| 193 | CYBUL Anna | 37 | | K40 | 45 | 00:00:11 | 00:15:45 | 00:32:13.60 | 00:32:24.80 | +00:13:08 | 6:26 | 9.3 |
| 196 | SAWARSKA-WILK Agnieszka | 269 | | K40 | 46 | 00:00:00 | 00:16:00 | 00:32:13.95 | 00:32:13.95 | +00:13:08 | 6:26 | 9.3 |
| 197 | SOBOLEWSKA Justyna | 286 | | K30 | 83 | 00:00:40 | 00:15:35 | 00:32:15.25 | 00:32:55.70 | +00:13:10 | 6:27 | 9.3 |
| 198 | MICHNA Monika | 196 | | K30 | 84 | 00:00:11 | 00:16:12 | 00:32:16.00 | 00:32:27.75 | +00:13:10 | 6:27 | 9.3 |
| 199 | ULIKOWSKA Małgorzata | 320 | | K20 | 62 | 00:00:30 | 00:15:21 | 00:32:17.70 | 00:32:47.80 | +00:13:12 | 6:27 | 9.3 |
| 200 | VASILIJA Cristina | 323 | | K20 | 63 | 00:00:30 | 00:15:47 | 00:32:18.60 | 00:32:48.70 | +00:13:13 | 6:27 | 9.3 |
| 201 | BRETT Diana | 22 | BTW BYDGOSZCZ | K50 | 8 | 00:00:06 | 00:15:27 | 00:32:19.50 | 00:32:26.35 | +00:13:14 | 6:28 | 9.3 |
| 202 | KUBICKA Violetta | 382 | | K20 | 64 | 00:00:12 | 00:16:11 | 00:32:21.55 | 00:32:33.60 | +00:13:16 | 6:28 | 9.3 |
| 203 | SKOWRON Monika | 278 | | K40 | 47 | 00:00:28 | 00:16:00 | 00:32:24.80 | 00:32:53.05 | +00:13:19 | 6:29 | 9.3 |
| 204 | GUMOWSKA Aneta | 87 | | K30 | 85 | 00:00:34 | 00:16:31 | 00:32:27.00 | 00:33:01.30 | +00:13:21 | 6:29 | 9.2 |
| 205 | ZIENKIEWICZ Anna | 363 | | K40 | 48 | 00:00:08 | 00:15:34 | 00:32:27.40 | 00:32:35.60 | +00:13:22 | 6:29 | 9.2 |
| 206 | DĘBCZYŃSKA Agnieszka | 44 | KLUB ZDROWEGO STYLU ŻYCIA DOBRY KLIMAT | K40 | 49 | 00:00:12 | 00:15:45 | 00:32:27.70 | 00:32:40.40 | +00:13:22 | 6:29 | 9.2 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Finish_Bud 2.5km | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------|-----------------------------|-----------|------|-------------|---------------------|--------------|---------------|-----------|-----------------|---------------|
| | | | | | | | | netto 5km | brutto 5km | | | |
| 207 | KUCZKOWSKA-WRÓBEL Małgorzata | 160 | | K30 | 86 | 00:00:37 | 00:16:42 | 00:32:28.05 | 00:33:05.40 | +00:13:22 | 6:29 | 9.2 |
| 208 | KLETT Patrycja | 127 | | K20 | 65 | 00:00:24 | 00:15:49 | 00:32:30.50 | 00:32:55.15 | +00:13:25 | 6:30 | 9.2 |
| 209 | JURUŚ Jolanta | 114 | HERBALIFE | K50 | 9 | 00:00:03 | 00:15:36 | 00:32:31.15 | 00:32:34.55 | +00:13:25 | 6:30 | 9.2 |
| 210 | KARDACH Magdalena | 120 | WATAHA - ŁĄCZY NAS BIEGANIE | K30 | 87 | 00:00:14 | 00:15:25 | 00:32:32.50 | 00:32:47.20 | +00:13:27 | 6:30 | 9.2 |
| 211 | WIŚNIEWSKA Monika | 331 | | K30 | 88 | 00:00:07 | 00:15:46 | 00:32:35.65 | 00:32:43.05 | +00:13:30 | 6:31 | 9.2 |
| 212 | WYDRZYŃSKA Katarzyna | 352 | SOLECCY BIEGACZE | K50 | 10 | 00:00:34 | 00:15:58 | 00:32:35.95 | 00:33:09.95 | +00:13:30 | 6:31 | 9.2 |
| 213 | GRABOWSKA Ilona | 76 | WATAHA - ŁĄCZY NAS BIEGANIE | K30 | 89 | 00:00:14 | 00:15:25 | 00:32:38.25 | 00:32:52.75 | +00:13:33 | 6:31 | 9.2 |
| 214 | LUDWIK Krystyna | 175 | SPC | K50 | 11 | 00:00:26 | 00:16:52 | 00:32:38.30 | 00:33:05.20 | +00:13:33 | 6:31 | 9.2 |
| 215 | ROGALSKA Anna | 257 | | K30 | 90 | 00:00:21 | 00:16:09 | 00:32:41.25 | 00:33:02.60 | +00:13:36 | 6:32 | 9.2 |
| 216 | NIESPOREK Ewa | 212 | | K50 | 12 | 00:00:15 | 00:15:56 | 00:32:41.65 | 00:32:57.05 | +00:13:36 | 6:32 | 9.2 |
| 217 | MICHTA Iwona | 197 | SPÓJNIA BIAŁE BŁOTA | K30 | 91 | 00:00:36 | 00:16:05 | 00:32:42.45 | 00:33:19.00 | +00:13:37 | 6:32 | 9.2 |
| 218 | GÓLCZ Katarzyna | 73 | | K30 | 92 | 00:00:30 | 00:16:46 | 00:32:43.05 | 00:33:13.85 | +00:13:37 | 6:32 | 9.2 |
| 219 | PRZYBYL Donata | 243 | | K40 | 50 | 00:00:17 | 00:16:00 | 00:32:45.90 | 00:33:03.80 | +00:13:40 | 6:33 | 9.2 |
| 220 | ANI OŁ Agnieszka | 6 | | K30 | 93 | 00:00:26 | 00:16:02 | 00:32:49.80 | 00:33:16.40 | +00:13:44 | 6:34 | 9.1 |
| 221 | GRABOWSKA Joanna | 77 | | K40 | 51 | 00:00:06 | 00:15:44 | 00:32:51.35 | 00:32:58.15 | +00:13:46 | 6:34 | 9.1 |
| 222 | WÓJCIK Anna | 348 | | K30 | 94 | 00:00:19 | 00:15:51 | 00:32:53.45 | 00:33:13.05 | +00:13:48 | 6:34 | 9.1 |
| 223 | SMUG Ewelina | 280 | | K30 | 95 | 00:00:18 | 00:16:05 | 00:32:56.35 | 00:33:14.55 | +00:13:51 | 6:35 | 9.1 |
| 224 | POCZWARDOWSKA Wioletta | 239 | | K40 | 52 | 00:00:34 | 00:16:47 | 00:32:59.60 | 00:33:34.55 | +00:13:54 | 6:36 | 9.1 |
| 225 | ŻYŁA Marta | 371 | | K40 | 53 | 00:00:06 | 00:15:40 | 00:33:05.50 | 00:33:11.70 | +00:14:00 | 6:37 | 9.1 |
| 226 | BURCZYK Aleksandra | 201 | | K20 | 66 | 00:00:08 | 00:15:56 | 00:33:07.30 | 00:33:16.05 | +00:14:02 | 6:37 | 9.1 |
| 227 | KOCZOROWSKA Kamila | 130 | | K30 | 96 | 00:00:12 | 00:16:12 | 00:33:07.75 | 00:33:20.45 | +00:14:02 | 6:37 | 9.1 |
| 228 | KRÓLICKA Milena | 147 | | K30 | 97 | 00:00:30 | 00:15:51 | 00:33:09.50 | 00:33:39.60 | +00:14:04 | 6:37 | 9 |
| 229 | HAMES Dorota | 88 | | K30 | 98 | 00:00:06 | 00:14:48 | 00:33:09.55 | 00:33:15.90 | +00:14:04 | 6:37 | 9 |
| 230 | PAPROCKA Małgorzata | 224 | | K50 | 13 | 00:00:28 | 00:16:56 | 00:33:09.70 | 00:33:38.65 | +00:14:04 | 6:38 | 9 |
| 231 | SIERADZKA Małgorzata | 273 | | K40 | 54 | 00:00:26 | 00:16:00 | 00:33:23.25 | 00:33:49.45 | +00:14:18 | 6:40 | 9 |
| 232 | SZYMCZAK-JURKOWSKA Ewa | 310 | | K50 | 14 | 00:00:19 | 00:16:12 | 00:33:25.45 | 00:33:45.20 | +00:14:20 | 6:41 | 9 |
| 233 | WITKOWSKA Ania | 335 | KTR MASA TURYSTYCZNA | K40 | 55 | 00:00:36 | 00:17:08 | 00:33:27.10 | 00:34:04.05 | +00:14:21 | 6:41 | 9 |
| 234 | IDCZAK Hanna | 93 | | K40 | 56 | 00:00:36 | 00:17:08 | 00:33:27.45 | 00:34:04.30 | +00:14:22 | 6:41 | 9 |
| 235 | ZAPAŁOWSKA Joanna | 359 | AUDIORIVER RUNNER | K30 | 99 | 00:00:28 | 00:15:34 | 00:33:31.00 | 00:33:59.25 | +00:14:25 | 6:42 | 9 |
| 236 | CIEŚLIK Daniela | 35 | | K20 | 67 | 00:00:15 | 00:16:30 | 00:33:31.60 | 00:33:46.60 | +00:14:26 | 6:42 | 9 |
| 237 | MALICKA Maria Magdalena | 184 | MALMEDIA | K30 | 100 | 00:00:30 | 00:16:27 | 00:33:32.35 | 00:34:03.25 | +00:14:27 | 6:42 | 8.9 |
| 238 | NAWROCKA Magdalena | 210 | | K40 | 57 | 00:00:29 | 00:16:05 | 00:33:33.15 | 00:34:02.25 | +00:14:27 | 6:42 | 8.9 |
| 239 | PIETRZAK Monika | 234 | | K30 | 101 | 00:00:34 | 00:16:56 | 00:33:34.80 | 00:34:09.40 | +00:14:29 | 6:43 | 8.9 |
| 240 | SZATKOWSKA Emilia | 301 | #BBKTS | K30 | 102 | 00:00:25 | 00:16:18 | 00:33:39.35 | 00:34:04.60 | +00:14:34 | 6:43 | 8.9 |
| 241 | MOŚCICKA Paulina | 203 | | K40 | 58 | 00:00:19 | 00:15:40 | 00:33:41.50 | 00:34:00.90 | +00:14:36 | 6:44 | 8.9 |
| 242 | CWAJDA-BIAŁASIK Justyna | 36 | | K30 | 103 | 00:00:19 | 00:15:40 | 00:33:41.65 | 00:34:01.05 | +00:14:36 | 6:44 | 8.9 |
| 243 | MICHALAK Anita | 193 | | K40 | 59 | 00:00:23 | 00:16:53 | 00:33:42.25 | 00:34:05.45 | +00:14:37 | 6:44 | 8.9 |
| 244 | KACZMAREK Aleksandra | 115 | | K20 | 68 | 00:00:27 | 00:16:17 | 00:33:43.25 | 00:34:10.70 | +00:14:38 | 6:44 | 8.9 |
| 245 | KUBERA Monika | 154 | | K30 | 104 | 00:00:25 | 00:16:39 | 00:33:45.90 | 00:34:11.20 | +00:14:40 | 6:45 | 8.9 |
| 246 | MAJCHRZAK Barbara | 178 | | K20 | 69 | 00:00:10 | 00:15:57 | 00:33:50.00 | 00:34:00.50 | +00:14:44 | 6:46 | 8.9 |
| 247 | PYPKOWSKA Natalia | 247 | | K20 | 70 | 00:00:10 | 00:15:55 | 00:33:50.10 | 00:34:00.40 | +00:14:44 | 6:46 | 8.9 |
| 248 | GRABSKA-ZIELIŃSKA Sylwia | 79 | | K20 | 71 | 00:00:15 | 00:16:08 | 00:33:50.35 | 00:34:06.00 | +00:14:45 | 6:46 | 8.9 |
| 249 | PYPKOWSKA Agnieszka | 246 | | K40 | 60 | 00:00:09 | 00:15:56 | 00:33:50.65 | 00:34:00.50 | +00:14:45 | 6:46 | 8.9 |
| 250 | SCHLABS Magdalena | 271 | | K20 | 72 | 00:00:08 | 00:15:56 | 00:33:52.70 | 00:34:01.65 | +00:14:47 | 6:46 | 8.9 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Finish_Bud 2.5km | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------|-------|---------------------------|-----------|------|-------------|---------------------|--------------|---------------|-----------|-----------------|---------------|
| | | | | | | | | netto 5km | brutto 5km | | | |
| 251 | MOCNA Anna | 200 | | K20 | 73 | 00:00:08 | 00:16:09 | 00:33:53.15 | 00:34:01.95 | +00:14:47 | 6:46 | 8.9 |
| 252 | JOZWIK Emilia | 113 | | K20 | 74 | 00:00:08 | 00:15:56 | 00:33:53.30 | 00:34:01.95 | +00:14:48 | 6:46 | 8.9 |
| 253 | GOŁATA Agnieszka | 70 | WILCZA WATAHA | K30 | 105 | 00:00:22 | 00:16:44 | 00:33:53.75 | 00:34:15.90 | +00:14:48 | 6:46 | 8.9 |
| 254 | SEYDAK Jolanta | 374 | | K40 | 61 | 00:00:29 | 00:16:47 | 00:33:58.20 | 00:34:27.60 | +00:14:52 | 6:47 | 8.8 |
| 255 | MINISZEWSKA Irena | 199 | | K30 | 106 | 00:00:28 | 00:16:50 | 00:33:59.55 | 00:34:28.10 | +00:14:54 | 6:48 | 8.8 |
| 256 | JASIACZYK Krystyna | 102 | DECATHLON TEAM INOWROCŁAW | K50 | 15 | 00:00:29 | 00:17:13 | 00:34:01.50 | 00:34:31.15 | +00:14:56 | 6:48 | 8.8 |
| 257 | RAKOWSKA Agnieszka | 252 | MAMA BIEGA | K30 | 107 | 00:00:25 | 00:16:52 | 00:34:01.95 | 00:34:27.20 | +00:14:56 | 6:48 | 8.8 |
| 258 | RAJSKA Ewelina | 251 | | K20 | 75 | 00:00:24 | 00:16:53 | 00:34:02.35 | 00:34:27.20 | +00:14:57 | 6:48 | 8.8 |
| 259 | DALKA Renata | 41 | | K40 | 62 | 00:00:06 | 00:16:10 | 00:34:02.60 | 00:34:08.75 | +00:14:57 | 6:48 | 8.8 |
| 260 | BAŃCZKOWSKA Elżbieta | 13 | | K50 | 16 | 00:00:16 | 00:16:23 | 00:34:02.95 | 00:34:19.30 | +00:14:57 | 6:48 | 8.8 |
| 261 | GÓRNA Barbara | 74 | | K50 | 17 | 00:00:23 | 00:16:53 | 00:34:09.40 | 00:34:33.00 | +00:15:04 | 6:50 | 8.8 |
| 262 | PIEKARSKA Joanna | 232 | | K30 | 108 | 00:00:40 | 00:18:03 | 00:34:15.75 | 00:34:56.50 | +00:15:10 | 6:51 | 8.8 |
| 263 | BURCHARDT Julita | 373 | | K30 | 109 | 00:00:21 | 00:17:20 | 00:34:16.75 | 00:34:38.10 | +00:15:11 | 6:51 | 8.8 |
| 264 | WIŚNIEWSKA Nicole | 333 | EBT STAFF | K20 | 76 | 00:00:32 | 00:16:34 | 00:34:18.75 | 00:34:50.80 | +00:15:13 | 6:51 | 8.7 |
| 265 | LEWANDOWSKA Agnieszka | 172 | | K30 | 110 | 00:00:17 | 00:16:53 | 00:34:19.25 | 00:34:36.45 | +00:15:14 | 6:51 | 8.7 |
| 266 | SIERADZKA Magdalena | 274 | | K30 | 111 | 00:00:06 | 00:16:39 | 00:34:32.05 | 00:34:38.60 | +00:15:26 | 6:54 | 8.7 |
| 267 | GRABSKA Patrycja | 78 | DECATHLON TEAM INOWROCŁAW | K20 | 77 | 00:00:16 | 00:16:56 | 00:34:33.25 | 00:34:49.95 | +00:15:28 | 6:54 | 8.7 |
| 268 | BŁAŻEJEWSKA Karolina | 20 | | K40 | 63 | 00:00:17 | 00:16:53 | 00:34:34.25 | 00:34:51.45 | +00:15:29 | 6:54 | 8.7 |
| 269 | BETKA Marta | 16 | | K30 | 112 | 00:00:20 | 00:16:37 | 00:34:35.90 | 00:34:56.25 | +00:15:30 | 6:55 | 8.7 |
| 270 | JAGOS Olimpia | 95 | | K20 | 78 | 00:00:20 | 00:16:37 | 00:34:36.25 | 00:34:56.75 | +00:15:31 | 6:55 | 8.7 |
| 271 | RYCHLIICKA Agnieszka | 263 | | K40 | 64 | 00:00:06 | 00:16:39 | 00:34:36.50 | 00:34:42.90 | +00:15:31 | 6:55 | 8.7 |
| 272 | ROŚ ŚWIDER Patrycja | 258 | | K20 | 79 | 00:00:27 | 00:17:19 | 00:34:36.65 | 00:35:04.35 | +00:15:31 | 6:55 | 8.7 |
| 273 | CHUDECKA Beata | 31 | | K30 | 113 | 00:00:34 | 00:17:09 | 00:34:37.25 | 00:35:11.55 | +00:15:32 | 6:55 | 8.7 |
| 274 | KUC Marzena | 158 | | K30 | 114 | 00:00:34 | 00:17:09 | 00:34:37.85 | 00:35:12.15 | +00:15:32 | 6:55 | 8.7 |
| 275 | WITOŃSKA Angelika | 339 | | K30 | 115 | 00:00:35 | 00:17:24 | 00:34:41.00 | 00:35:16.85 | +00:15:35 | 6:56 | 8.6 |
| 276 | WOŹNIAK Julita | 346 | | K20 | 80 | 00:00:33 | 00:16:56 | 00:34:42.00 | 00:35:15.30 | +00:15:36 | 6:56 | 8.6 |
| 277 | WIŚNIEWSKA Karolina | 334 | | K30 | 116 | 00:00:32 | 00:16:57 | 00:34:42.35 | 00:35:15.30 | +00:15:37 | 6:56 | 8.6 |
| 278 | JAWORSKA Karolina | 109 | | K40 | 65 | 00:00:20 | 00:17:04 | 00:34:42.55 | 00:35:02.90 | +00:15:37 | 6:56 | 8.6 |
| 279 | JAWORSKA Mirosława | 108 | | K50 | 18 | 00:00:20 | 00:17:04 | 00:34:42.65 | 00:35:02.80 | +00:15:37 | 6:56 | 8.6 |
| 280 | ROŻYŃSKA Monika | 259 | | K20 | 81 | 00:00:34 | 00:16:50 | 00:34:46.80 | 00:35:21.30 | +00:15:41 | 6:57 | 8.6 |
| 281 | KIELISZAK Kinga | 124 | | K20 | 82 | 00:00:22 | 00:17:32 | 00:35:02.75 | 00:35:25.00 | +00:15:57 | 7:00 | 8.6 |
| 282 | NADRAJKOWSKA Joanna | 206 | | K30 | 117 | 00:00:22 | 00:17:32 | 00:35:03.55 | 00:35:26.30 | +00:15:58 | 7:00 | 8.6 |
| 283 | OLSZEWSKA Karolina | 220 | | K30 | 118 | 00:00:28 | 00:17:28 | 00:35:03.60 | 00:35:32.15 | +00:15:58 | 7:00 | 8.6 |
| 284 | MALCZEWSKA Mirula | 182 | | K50 | 19 | 00:00:28 | 00:17:14 | 00:35:16.75 | 00:35:45.65 | +00:16:11 | 7:03 | 8.5 |
| 285 | GOŁDYN Aleksandra | 71 | FULL SERVICE LADIES | K30 | 119 | 00:00:24 | 00:17:30 | 00:35:26.15 | 00:35:50.50 | +00:16:20 | 7:05 | 8.5 |
| 286 | ANDRZEJCZAK Natalia | 4 | | K20 | 83 | 00:00:09 | 00:17:06 | 00:35:27.60 | 00:35:37.10 | +00:16:22 | 7:05 | 8.5 |
| 287 | GRZELAKOWSKA Klaudyna | 85 | | K20 | 84 | 00:00:35 | 00:17:39 | 00:35:37.60 | 00:36:13.25 | +00:16:32 | 7:07 | 8.4 |
| 288 | KONDRATOWICZ Agnieszka | 131 | KONIEC SKŁADU | K30 | 120 | 00:00:13 | 00:17:10 | 00:35:39.00 | 00:35:52.75 | +00:16:33 | 7:07 | 8.4 |
| 289 | KONIECZNA Kasia | 133 | | K20 | 85 | 00:00:35 | 00:17:24 | 00:35:39.35 | 00:36:15.00 | +00:16:34 | 7:08 | 8.4 |
| 290 | PROKOPOWICZ Aleksandra | 242 | | K30 | 121 | 00:00:25 | 00:16:55 | 00:35:42.20 | 00:36:08.15 | +00:16:36 | 7:08 | 8.4 |
| 291 | KALISZEWSKA Agnieszka | 118 | | K30 | 122 | 00:00:22 | 00:17:24 | 00:35:46.20 | 00:36:08.95 | +00:16:40 | 7:09 | 8.4 |
| 292 | LOLL Dominika | 174 | | K20 | 86 | 00:00:25 | 00:16:52 | 00:35:46.85 | 00:36:12.45 | +00:16:41 | 7:09 | 8.4 |
| 293 | PYRZYŃSKA Agata | 248 | | K20 | 87 | 00:00:25 | 00:16:52 | 00:35:47.05 | 00:36:12.30 | +00:16:41 | 7:09 | 8.4 |
| 294 | RASSALSKA Roma | 254 | | K40 | 66 | 00:00:35 | 00:17:45 | 00:35:48.10 | 00:36:23.35 | +00:16:42 | 7:09 | 8.4 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Finish_Bud 2.5km | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------|---|-----------|------|-------------|---------------------|--------------|---------------|-----------|-----------------|---------------|
| | | | | | | | | netto 5km | brutto 5km | | | |
| 295 | WIŚNIEWSKA Ewa | 330 | | K50 | 20 | 00:00:39 | 00:18:01 | 00:35:54.90 | 00:36:34.30 | +00:16:49 | 7:11 | 8.4 |
| 296 | PASIEKA Magda | 225 | OSP NAKŁO NAD NOTECIĄ/ #B3K/ MAM TĘ MOC | K30 | 123 | 00:00:39 | 00:18:01 | 00:35:55.45 | 00:36:34.80 | +00:16:50 | 7:11 | 8.4 |
| 297 | MICHAŁEK Anna | 195 | | K30 | 124 | 00:00:36 | 00:17:45 | 00:35:59.90 | 00:36:36.00 | +00:16:54 | 7:12 | 8.3 |
| 298 | OZIĘBŁOWSKA Lidia | 221 | | K50 | 21 | 00:00:03 | 00:17:50 | 00:36:20.80 | 00:36:23.90 | +00:17:15 | 7:16 | 8.3 |
| 299 | KRÓL Marta | 146 | | K20 | 88 | 00:00:21 | 00:17:33 | 00:36:21.70 | 00:36:42.70 | +00:17:16 | 7:16 | 8.3 |
| 300 | NOWAKOWSKA-SZWAJCA Anna | 217 | | K40 | 67 | 00:00:11 | 00:17:28 | 00:36:22.55 | 00:36:33.75 | +00:17:17 | 7:16 | 8.2 |
| 301 | RASSALSKA-KAUSA Jola | 255 | | K40 | 68 | 00:00:34 | 00:17:49 | 00:36:28.60 | 00:37:03.55 | +00:17:23 | 7:17 | 8.2 |
| 302 | PASZKOWSKA Katarzyna | 226 | CROSSGYM BYDGOSZC | K40 | 69 | 00:00:28 | 00:18:20 | 00:36:35.90 | 00:37:04.10 | +00:17:30 | 7:19 | 8.2 |
| 303 | RYBKA Magdalena | 262 | NOKIA TEAM | K30 | 125 | 00:00:27 | 00:18:03 | 00:36:39.75 | 00:37:06.85 | +00:17:34 | 7:19 | 8.2 |
| 304 | GRACZYKOWSKA Anna | 388 | | K30 | 126 | 00:00:20 | 00:18:11 | 00:36:41.45 | 00:37:02.20 | +00:17:36 | 7:20 | 8.2 |
| 305 | MATUSIAK Iwona | 188 | | K30 | 127 | 00:00:30 | 00:17:44 | 00:36:42.35 | 00:37:12.55 | +00:17:37 | 7:20 | 8.2 |
| 306 | WRÓBLEWSKA Anna | 350 | | K40 | 70 | 00:00:29 | 00:17:53 | 00:36:48.25 | 00:37:17.75 | +00:17:43 | 7:21 | 8.2 |
| 307 | SOBANIA-TRENDEWICZ Paulina | 281 | | K20 | 89 | 00:00:12 | 00:17:37 | 00:36:52.65 | 00:37:05.60 | +00:17:47 | 7:22 | 8.1 |
| 308 | ZABŁUDOWSKA Agnieszka | 357 | | K30 | 128 | 00:00:31 | 00:18:26 | 00:37:11.90 | 00:37:43.35 | +00:18:06 | 7:26 | 8.1 |
| 309 | FURGALA-KUJAWA Anna | 61 | | K30 | 129 | 00:00:23 | 00:18:08 | 00:37:26.75 | 00:37:50.65 | +00:18:21 | 7:29 | 8 |
| 310 | KŁACZYŃSKA Ewa | 372 | | K40 | 71 | 00:00:21 | 00:17:52 | 00:37:38.10 | 00:38:00.05 | +00:18:32 | 7:31 | 8 |
| 311 | HOŁOWNIA-MLECZEK Izabela | 91 | FULL SERVICE LADIES | K30 | 130 | 00:00:24 | 00:18:12 | 00:37:39.30 | 00:38:03.90 | +00:18:34 | 7:31 | 8 |
| 312 | TARASIEWICZ Beata | 313 | BYDGOSZCZ | K30 | 131 | 00:00:22 | 00:18:25 | 00:37:48.95 | 00:38:11.90 | +00:18:43 | 7:33 | 7.9 |
| 313 | WITKOWSKA Renata | 336 | | K40 | 72 | 00:00:33 | 00:18:41 | 00:37:49.30 | 00:38:22.60 | +00:18:44 | 7:33 | 7.9 |
| 314 | WOŹNIAK Alina | 345 | BIOLOGIA MEDYCZNA CM UMK | K50 | 22 | 00:00:27 | 00:18:21 | 00:37:59.75 | 00:38:27.45 | +00:18:54 | 7:36 | 7.9 |
| 315 | RUTKOWSKA Mariola | 261 | | K20 | 90 | 00:00:23 | 00:18:35 | 00:38:18.65 | 00:38:41.90 | +00:19:13 | 7:39 | 7.8 |
| 316 | STANISZEWSKA Aleksandra | 289 | | K30 | 132 | 00:00:21 | 00:19:11 | 00:38:30.90 | 00:38:52.80 | +00:19:25 | 7:42 | 7.8 |
| 317 | PIEKUŚ Aleksandra | 233 | PĘDZĄCE KUNY | K30 | 133 | 00:00:37 | 00:18:56 | 00:38:37.10 | 00:39:14.90 | +00:19:31 | 7:43 | 7.8 |
| 318 | HĘSIAK Katarzyna | 89 | | K40 | 73 | 00:00:08 | 00:18:21 | 00:38:46.75 | 00:38:54.95 | +00:19:41 | 7:45 | 7.7 |
| 319 | KORPAL Lucyna | 135 | GYM BUNNY | K30 | 134 | 00:00:25 | 00:18:10 | 00:39:02.90 | 00:39:28.35 | +00:19:57 | 7:48 | 7.7 |
| 320 | JASIENIECKA Aleksandra | 103 | | K20 | 91 | 00:00:30 | 00:19:15 | 00:39:06.20 | 00:39:36.35 | +00:20:00 | 7:49 | 7.7 |
| 321 | SOBKOWSKA Katarzyna | 283 | | K30 | 135 | 00:00:20 | 00:18:38 | 00:39:15.80 | 00:39:36.70 | +00:20:10 | 7:51 | 7.6 |
| 322 | WITKOWSKA Karolina | 337 | | K20 | 92 | 00:00:33 | 00:18:45 | 00:39:23.75 | 00:39:56.90 | +00:20:18 | 7:52 | 7.6 |
| 323 | KOTOWSKA-KOWALSKA Anna | 136 | GORZEŃ RUN | K30 | 136 | 00:00:38 | 00:18:44 | 00:39:53.15 | 00:40:31.75 | +00:20:47 | 7:58 | 7.5 |
| 324 | CIACIUCH Justyna | 32 | GORZEŃ RUN | K30 | 137 | 00:00:38 | 00:18:44 | 00:39:53.50 | 00:40:31.75 | +00:20:48 | 7:58 | 7.5 |
| 325 | GRZYB Aleksandra | 86 | | K30 | 138 | 00:00:37 | 00:18:46 | 00:39:54.00 | 00:40:31.70 | +00:20:48 | 7:58 | 7.5 |
| 326 | POCIOT Małgorzata | 238 | | K20 | 93 | 00:00:07 | 00:19:24 | 00:40:17.00 | 00:40:24.00 | +00:21:11 | 8:03 | 7.4 |
| 327 | WYSOCKA Paulina | 356 | | K20 | 94 | 00:00:00 | 00:21:28 | 00:42:52.00 | 00:42:52.00 | +00:23:46 | 8:34 | 7 |
| 328 | URBAŃCZYK Anna | 322 | | K30 | 139 | 00:00:32 | 00:21:37 | 00:44:27.05 | 00:44:59.55 | +00:25:21 | 8:53 | 6.7 |
| 329 | DUDZIŃSKA Małgorzata | 47 | | K50 | 23 | 00:00:24 | 00:21:52 | 00:44:59.40 | 00:45:23.50 | +00:25:54 | 8:59 | 6.7 |
| 330 | FEDOROWSKA Joanna | 55 | | K30 | 140 | 00:00:27 | 00:22:01 | 00:46:35.95 | 00:47:03.15 | +00:27:30 | 9:19 | 6.4 |
| 331 | KOWALSKA Urszula | 138 | | K50 | 24 | 00:00:21 | 00:22:07 | 00:46:54.10 | 00:47:15.80 | +00:27:48 | 9:22 | 6.4 |
| 332 | ZABOKLIICKA Beata | 358 | | K40 | 74 | 00:00:21 | 00:22:07 | 00:46:54.40 | 00:47:16.00 | +00:27:49 | 9:23 | 6.4 |
| 333 | SIDIROWIK Ewa | 390 | | K50 | 25 | 00:00:38 | 00:22:30 | 00:47:33.25 | 00:48:11.30 | +00:28:28 | 9:30 | 6.3 |
| 334 | SIKORA Karolina | 275 | | K30 | 141 | 00:00:24 | 00:22:57 | 00:47:46.65 | 00:48:11.25 | +00:28:41 | 9:33 | 6.3 |
| 335 | PATYK Klaudia | 227 | | K20 | 95 | 00:00:14 | 00:15:52 | | | +00:06:28 | 6:20 | 9.5 |
| 336 | JEGIERSKA Anna | 110 | AMATORKA | K30 | 142 | 00:00:00 | 00:18:25 | | | + | 7:22 | 8.1 |
| 337 | SAWOŚKO-DUDA Joanna | 270 | | K40 | 75 | 00:00:00 | 00:18:41 | | | + | 7:28 | 8 |
| 338 | BARTKOWIAK Agata | 12 | | K40 | 76 | 00:00:00 | 70:14:09 | | | + | 1685:39 | 0 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Finish_Bud 2.5km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------------|-----------|------|-----------|------|-------------|---------------------|----------------------|-----------------------|------|-----------------|---------------|
| 339 | BEŁZA-ROJKOWSKA Magdalena | 14 | | K30 | 143 | 00:00:00 | 70:14:36 | | | + | 1685:50 | 0 |

Znaleziono 339 wynik(ów)