



**Organizator:** Green House / Budlex  
**Data:** 2019-06-09  
**Miejsce:** Olsztyn  
**Dystans:** 5 km

## RUN BUDLEX FOR WOMEN

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PAWŁOWSKA Dorota	171	KURZĘTNIK BIEGA	K36-49 lat	1	00:00:01	00:19:44.40	00:19:45.95		3:56	15.2
2	WUJKOWSKA Izabela	255		K20-35 lat	1	00:00:01	00:20:57.40	00:20:59.20	+00:01:13	4:11	14.3
3	STACHELEK Kamila	217		K20-35 lat	2	00:00:02	00:21:46.65	00:21:48.70	+00:02:02	4:21	13.8
4	WASIAK Miłoslawa	242	PSZCZÓŁKOWSKI TEAM	K20-35 lat	3	00:00:02	00:21:50.85	00:21:53.45	+00:02:06	4:22	13.7
5	JACHIMOWICZ Dorota	96		K36-49 lat	2	00:00:02	00:22:03.40	00:22:05.70	+00:02:19	4:24	13.6
6	JAKIMOWICZ Iwona	97		K36-49 lat	3	00:00:02	00:22:09.85	00:22:12.45	+00:02:25	4:26	13.5
7	BOGUSZ Justyna	29	KUROPATWA TEAM	K20-35 lat	4	00:00:02	00:22:22.25	00:22:25.20	+00:02:37	4:28	13.4
8	DRĘŻEK Ewelina	63	AMATORSKI KLUB MARATOŃCZYKA OLSZTYN	K20-35 lat	5	00:00:01	00:22:29.55	00:22:31.05	+00:02:45	4:30	13.3
9	MARKOWICZ Renata	145		K36-49 lat	4	00:00:03	00:22:52.55	00:22:56.35	+00:03:08	4:34	13.1
10	SLAWINSKA Anna	210	REZERWOWE PSY	K36-49 lat	5	00:00:02	00:22:55.70	00:22:58.40	+00:03:11	4:35	13.1
11	MELLER Joanna	150	DRUŻYNA WILKA / SKAZANI NA SUKCES	K36-49 lat	6	00:00:03	00:23:15.60	00:23:18.80	+00:03:31	4:39	12.9
12	MAJEWSKA Agata	142	OSIR LIDZBARK WARMINSKI	K20-35 lat	6	00:00:02	00:23:23.75	00:23:26.65	+00:03:39	4:40	12.8
13	KONOPKA Monika	120	SĄ WOLNIEJSI	K20-35 lat	7	00:00:07	00:23:50.10	00:23:57.10	+00:04:05	4:46	12.6
14	BIAŁOUSZ Izabela	26	PSZCZÓŁKOWSKI TEAM	K36-49 lat	7	00:00:01	00:23:54.00	00:23:55.90	+00:04:09	4:46	12.6
15	SADRINA Paulina	200	PSZCZÓŁKOWSKI TEAM	K20-35 lat	8	00:00:01	00:23:57.30	00:23:59.05	+00:04:12	4:47	12.5
16	BOROWIK Bożena	32	DOBROMIEJSKI KLUB BIEGACZA ODCISK	K50-59 lat	1	00:00:02	00:23:57.55	00:24:00.00	+00:04:13	4:47	12.5
17	WIESZEŃ Justyna	247		K20-35 lat	9	00:00:04	00:23:58.85	00:24:03.70	+00:04:14	4:47	12.5
18	CHEĆKO Ewa	39	SĄ WOLNIEJSI	K36-49 lat	8	00:00:08	00:24:24.05	00:24:32.25	+00:04:39	4:52	12.3
19	DĄBROWSKA Ania	53		K20-35 lat	10	00:00:03	00:24:29.20	00:24:32.30	+00:04:44	4:53	12.3
20	KLAWIKOWSKA Kamila	115		K20-35 lat	11	00:00:03	00:24:58.80	00:25:02.30	+00:05:14	4:59	12
21	JANICKA Aleksandra	99		K36-49 lat	9	00:00:03	00:25:00.90	00:25:04.15	+00:05:16	5:00	12
22	GŁOWNIA Zuzanna	77		K20-35 lat	12	00:00:16	00:25:11.25	00:25:27.45	+00:05:26	5:02	11.9
23	KAMIŃSKA Justyna	103		K36-49 lat	10	00:00:03	00:25:13.80	00:25:16.90	+00:05:29	5:02	11.9
24	PECZYŃSKA Paulina	172		K20-35 lat	13	00:00:02	00:25:15.90	00:25:18.30	+00:05:31	5:03	11.9
25	GORTATOWSKA Marlena	78		K20-35 lat	14	00:00:06	00:25:19.85	00:25:26.15	+00:05:35	5:04	11.8
26	HARENDA Róża	90	HARENDZIAKI	K20-35 lat	15	00:00:05	00:25:23.05	00:25:28.55	+00:05:38	5:04	11.8
27	HANUSEK Dominika	89		K20-35 lat	16	00:00:05	00:25:23.45	00:25:28.60	+00:05:39	5:04	11.8
28	FRYDRYCH Adrianna	71		K20-35 lat	17	00:00:07	00:25:24.65	00:25:32.55	+00:05:40	5:05	11.8
29	ROZICKA Adriana	196		K20-35 lat	18	00:00:09	00:25:41.05	00:25:50.30	+00:05:56	5:08	11.7
30	PAULINEK Ewa	170		K36-49 lat	11	00:00:16	00:25:41.40	00:25:58.00	+00:05:57	5:08	11.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
31	ŁAZICKA Kamila	137		K36-49 lat	12	00:00:04	00:25:42.50	00:25:47.15	+00:05:58	5:08	11.7
32	KACZOR Iwona	101		K36-49 lat	13	00:00:05	00:25:45.70	00:25:51.20	+00:06:01	5:09	11.6
33	GALEWSKA Justyna	74		K36-49 lat	14	00:00:04	00:25:48.25	00:25:53.10	+00:06:03	5:09	11.6
34	BARYŁA Małgorzata	20		K20-35 lat	19	00:00:03	00:25:49.30	00:25:53.10	+00:06:04	5:10	11.6
35	DAWCEWICZ Katarzyna	52		K36-49 lat	15	00:00:08	00:26:06.00	00:26:14.20	+00:06:21	5:13	11.5
36	MIKUĆ Agnieszka	153		K20-35 lat	20	00:00:03	00:26:13.25	00:26:16.55	+00:06:28	5:14	11.4
37	GADOMSKA Joanna	72		K36-49 lat	16	00:00:04	00:26:19.45	00:26:23.70	+00:06:35	5:15	11.4
38	DOBIESZ Monika	60		K36-49 lat	17	00:00:05	00:26:20.45	00:26:25.90	+00:06:36	5:16	11.4
39	MOCZULAK Natalia	156	KANGOOJUMPSOLSZTYN	K20-35 lat	21	00:00:05	00:26:22.90	00:26:28.60	+00:06:38	5:16	11.4
40	DĘBSKA Anna	58		K36-49 lat	18	00:00:07	00:26:40.95	00:26:48.85	+00:06:56	5:20	11.2
41	ZIELASKIEWICZ Małgorzata	264		K20-35 lat	22	00:00:03	00:26:44.75	00:26:48.25	+00:07:00	5:21	11.2
42	TUROLSKA Weronika	240		K36-49 lat	19	00:00:15	00:26:53.90	00:27:09.80	+00:07:09	5:22	11.2
43	KASZAŁOWICZ Monika	111	ZETO SOFTWARE TEAM	K36-49 lat	20	00:00:05	00:26:54.85	00:27:00.05	+00:07:10	5:23	11.1
44	ŚWIDERSKA Julia	232		K20-35 lat	23	00:00:05	00:26:57.80	00:27:03.10	+00:07:13	5:23	11.1
45	CIEĆKO Elżbieta	45	SĄ WOLNIEJSI / DECATHLON OLSZTYN	K20-35 lat	24	00:00:08	00:27:03.55	00:27:12.15	+00:07:19	5:24	11.1
46	ŚWIĘTOCHOWSKA Anna	5		K20-35 lat	25	00:00:09	00:27:06.35	00:27:15.80	+00:07:21	5:25	11.1
47	DZIEŃKOWSKA Ewelina	68		K36-49 lat	21	00:00:11	00:27:11.30	00:27:22.60	+00:07:26	5:26	11
48	ZABŁOCKA-KARAŚ Iłona	257		K20-35 lat	26	00:00:11	00:27:17.25	00:27:28.35	+00:07:32	5:27	11
49	ALICKA Agnieszka	11		K20-35 lat	27	00:00:09	00:27:27.10	00:27:36.65	+00:07:42	5:29	10.9
50	WÓJCIK Paulina	254		K20-35 lat	28	00:00:09	00:27:27.10	00:27:36.70	+00:07:42	5:29	10.9
51	LIPKA Paulina	133		K20-35 lat	29	00:00:10	00:27:30.65	00:27:41.40	+00:07:46	5:30	10.9
52	KOLAJ Hanna	118		K36-49 lat	22	00:00:10	00:27:36.25	00:27:46.40	+00:07:51	5:31	10.9
53	MARTUL Joanna	146		K36-49 lat	23	00:00:07	00:27:45.25	00:27:52.55	+00:08:00	5:33	10.8
54	RUDZKA Izabela	198		K36-49 lat	24	00:00:09	00:27:47.75	00:27:57.50	+00:08:03	5:33	10.8
55	CZUPRYN Anita	51		K50-59 lat	2	00:00:04	00:27:48.50	00:27:52.75	+00:08:04	5:33	10.8
56	BORUSZEWSKA Kasia	33		K20-35 lat	30	00:00:06	00:28:04.85	00:28:11.80	+00:08:20	5:37	10.7
57	MOROZ Katarzyna	157		K36-49 lat	25	00:00:10	00:28:05.00	00:28:15.05	+00:08:20	5:37	10.7
58	DUDEK Weronika	65		K20-35 lat	31	00:00:10	00:28:05.20	00:28:15.65	+00:08:20	5:37	10.7
59	ŻBIKOWSKA Bożena	268		K36-49 lat	26	00:00:04	00:28:05.45	00:28:09.70	+00:08:21	5:37	10.7
60	KARCZEWSKA Alicja	107	SALKKA FIT	K36-49 lat	27	00:00:03	00:28:08.80	00:28:12.60	+00:08:24	5:37	10.7
61	ŁATIENKOW Karolina	136	PSZCZÓŁKOWSKI TEAM	K20-35 lat	32	00:00:18	00:28:13.70	00:28:32.30	+00:08:29	5:38	10.6
62	KUNDA Edyta	125	KWO	K36-49 lat	28	00:00:10	00:28:17.10	00:28:27.75	+00:08:32	5:39	10.6
63	CWALINA Izabela	47	GRUPA DBK OLSZTYN	K36-49 lat	29	00:00:09	00:28:17.35	00:28:27.20	+00:08:32	5:39	10.6
64	SAWCZUK Beata	201		K36-49 lat	30	00:00:09	00:28:17.80	00:28:27.35	+00:08:33	5:39	10.6
65	PLUCIŃSKA-FURGAŁ Anna	177		K36-49 lat	31	00:00:07	00:28:18.35	00:28:25.95	+00:08:33	5:39	10.6
66	MIKOŁAJEWSKA Anna	152		K36-49 lat	32	00:00:16	00:28:26.55	00:28:43.35	+00:08:42	5:41	10.5
67	NIEDŹWIECKA Kasia	162		K20-35 lat	33	00:00:04	00:28:27.70	00:28:31.95	+00:08:43	5:41	10.5
68	BEM Małgorzata	23	POZUTYWNI DOBRE MIASTO	K36-49 lat	33	00:00:06	00:28:33.30	00:28:40.25	+00:08:48	5:42	10.5
69	TUCHOWSKA Grażyna	239		K36-49 lat	34	00:00:06	00:28:33.85	00:28:39.85	+00:08:49	5:42	10.5
70	PIOTROWICZ Danuta	176	NIDZICA BIAGA	K36-49 lat	35	00:00:04	00:28:34.00	00:28:38.35	+00:08:49	5:42	10.5
71	ŻELAZNOWSKA Krystyna	269		K50-59 lat	3	00:00:04	00:28:37.15	00:28:42.00	+00:08:52	5:43	10.5
72	NIEŚCIORUK Barbara	163	BSB BARCZEWO BIEGA	K36-49 lat	36	00:00:12	00:28:38.80	00:28:51.25	+00:08:54	5:43	10.5
73	NAKIELSKA Daria	160	KANGOOJUMPSOLSZTYN	K20-35 lat	34	00:00:05	00:28:45.55	00:28:51.00	+00:09:01	5:45	10.4
74	ZAKRZEWSKA Agata	260		K20-35 lat	35	00:00:06	00:28:47.80	00:28:54.55	+00:09:03	5:45	10.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
75	CIŻMAN Emilia	46	KG TEAM	K36-49 lat	37	00:00:15	00:28:47.90	00:29:03.70	+00:09:03	5:45	10.4
76	OZIERO Natalia	167		K20-35 lat	36	00:00:19	00:28:51.05	00:29:10.30	+00:09:06	5:46	10.4
77	KITOWICZ Ola	114		K20-35 lat	37	00:00:19	00:29:01.75	00:29:21.65	+00:09:17	5:48	10.3
78	BURGRAF Magdalena	37		K20-35 lat	38	00:00:12	00:29:05.25	00:29:17.85	+00:09:20	5:49	10.3
79	DĄBROWSKA Magdalena	57		K20-35 lat	39	00:00:12	00:29:05.70	00:29:18.45	+00:09:21	5:49	10.3
80	LENDZIAN Ania	130		K36-49 lat	38	00:00:19	00:29:06.55	00:29:26.40	+00:09:22	5:49	10.3
81	BOGDAŃSKA Bożena	28		K36-49 lat	39	00:00:18	00:29:13.85	00:29:32.45	+00:09:29	5:50	10.3
82	KARWACKA Jolanta	110		K36-49 lat	40	00:00:08	00:29:14.30	00:29:22.90	+00:09:29	5:50	10.3
83	ARASIM Izabela	13	CHARAKTER I SIŁA	K20-35 lat	40	00:00:10	00:29:16.75	00:29:27.65	+00:09:32	5:51	10.2
84	SZYMAŃSKA Ewa	228		K36-49 lat	41	00:00:13	00:29:18.05	00:29:31.10	+00:09:33	5:51	10.2
85	ŁUCZAK Agnieszka	139		K36-49 lat	42	00:00:10	00:29:18.90	00:29:29.35	+00:09:34	5:51	10.2
86	ZAPADKA Emilia	261		K20-35 lat	41	00:00:18	00:29:21.85	00:29:40.15	+00:09:37	5:52	10.2
87	SOSNOWSKA Karolina	216		K20-35 lat	42	00:00:07	00:29:22.75	00:29:30.65	+00:09:38	5:52	10.2
88	EJKSZTO Małgorzata	69		K20-35 lat	43	00:00:14	00:29:24.55	00:29:39.05	+00:09:40	5:53	10.2
89	KAPELA Magdalena	106		K20-35 lat	44	00:00:09	00:29:30.25	00:29:39.25	+00:09:45	5:54	10.2
90	BACZEWSKA Justyna	16		K20-35 lat	45	00:00:11	00:29:34.15	00:29:45.55	+00:09:49	5:54	10.1
91	MIERZEJEWSKA Anna	151		K20-35 lat	46	00:00:11	00:29:35.00	00:29:46.35	+00:09:50	5:55	10.1
92	TRENDEL Dominika	238		K20-35 lat	47	00:00:08	00:29:35.45	00:29:43.80	+00:09:51	5:55	10.1
93	BELKA-BIAŁOBRZEWSKA Marzena	22		K20-35 lat	48	00:00:18	00:29:41.05	00:29:59.75	+00:09:56	5:56	10.1
94	MIKULSKA Agnieszka	154	KG TEAM	K20-35 lat	49	00:00:16	00:29:44.35	00:30:00.95	+00:09:59	5:56	10.1
95	ANETA Aneta	12		K36-49 lat	43	00:00:18	00:29:44.35	00:30:02.85	+00:09:59	5:56	10.1
96	BIELECKA Dominika	27		K36-49 lat	44	00:00:06	00:29:45.25	00:29:51.50	+00:10:00	5:57	10.1
97	BZURA Małgorzata	38	BRAK	K36-49 lat	45	00:00:07	00:29:48.50	00:29:56.10	+00:10:04	5:57	10.1
98	WOJTACH Danuta	252	BARCZEWO BIEGA	K20-35 lat	50	00:00:12	00:29:52.45	00:30:04.75	+00:10:08	5:58	10
99	GRĄDZKA Izabela	85	BDB BARCZEWO BIEGA	K36-49 lat	46	00:00:12	00:29:53.05	00:30:05.55	+00:10:08	5:58	10
100	STAWECKA Justyna	219	DRUŻYNA SZPIKU	K36-49 lat	47	00:00:13	00:30:08.00	00:30:21.55	+00:10:23	6:01	10
101	PODGÓRSKA Kamilla	179		K36-49 lat	48	00:00:15	00:30:08.40	00:30:23.65	+00:10:24	6:01	10
102	PODRAŻKA Kamila	181		K20-35 lat	51	00:00:09	00:30:13.05	00:30:22.20	+00:10:28	6:02	9.9
103	GRABOWSKA Anna	82	SĄ WOLNIEJSI	K50-59 lat	4	00:00:11	00:30:13.50	00:30:24.70	+00:10:29	6:02	9.9
104	ZADROGA Edyta	258		K20-35 lat	52	00:00:13	00:30:13.80	00:30:26.90	+00:10:29	6:02	9.9
105	ZUSKA Ewa	266	BUDLEX	K20-35 lat	53	00:00:11	00:30:15.55	00:30:26.75	+00:10:31	6:03	9.9
106	RADOMSKA Izabela	187		K36-49 lat	49	00:00:11	00:30:16.55	00:30:28.15	+00:10:32	6:03	9.9
107	GOTOWSKA Joanna	80	DRUŻYNA WILKA	K36-49 lat	50	00:00:11	00:30:17.90	00:30:29.80	+00:10:33	6:03	9.9
108	SMOLIŃSKA Małgorzata	212	SĄ WOLNIEJSI	K36-49 lat	51	00:00:11	00:30:18.50	00:30:30.00	+00:10:34	6:03	9.9
109	BOJARUNIEC Monika	30		K20-35 lat	54	00:00:08	00:30:23.00	00:30:31.30	+00:10:38	6:04	9.9
110	WERNER Olga	245		K36-49 lat	52	00:00:16	00:30:23.65	00:30:39.65	+00:10:39	6:04	9.9
111	ROICKA Magdalena	193	EGGER BISKUPIEC	K20-35 lat	55	00:00:06	00:30:24.55	00:30:31.00	+00:10:40	6:05	9.9
112	GRZEGORZEWSKA Ewa	87		K20-35 lat	56	00:00:04	00:30:25.20	00:30:29.80	+00:10:40	6:05	9.9
113	MILCZAREK Anna	155		K20-35 lat	57	00:00:04	00:30:25.70	00:30:30.00	+00:10:41	6:05	9.9
114	IDZIKOWSKA Agnieszka	94		K36-49 lat	53	00:00:10	00:30:37.00	00:30:47.30	+00:10:52	6:07	9.8
115	ŻELAZNOWSKA Natalia	270		K20-35 lat	58	00:00:04	00:30:39.25	00:30:43.90	+00:10:54	6:07	9.8
116	ŁUKASZEWSKA Joanna	140		K20-35 lat	59	00:00:14	00:30:44.05	00:30:58.35	+00:10:59	6:08	9.8
117	KOWALCZYK Ewelina	123		K36-49 lat	54	00:00:08	00:30:44.65	00:30:53.35	+00:11:00	6:09	9.8
118	ROMAŃCZUK-KUR Magdalena	195		K20-35 lat	60	00:00:14	00:30:47.30	00:31:02.00	+00:11:02	6:09	9.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
119	MELLEEM Anna	149		K20-35 lat	61	00:00:12	00:30:47.55	00:31:00.00	+00:11:03	6:09	9.7
120	ŻELAZNOWSKA Beata	1		K20-35 lat	62	00:00:06	00:30:47.70	00:30:53.95	+00:11:03	6:09	9.7
121	JACEWICZ Monika	95		K20-35 lat	63	00:00:17	00:30:48.70	00:31:06.30	+00:11:04	6:09	9.7
122	WERNER Małgorzata	246		K36-49 lat	55	00:00:15	00:30:51.90	00:31:07.70	+00:11:07	6:10	9.7
123	ŁUNIEWSKA Anna	141	BRAK	K20-35 lat	64	00:00:19	00:30:54.70	00:31:14.25	+00:11:10	6:11	9.7
124	STYPUŁKOWSKA Anna	220		K36-49 lat	56	00:00:06	00:31:00.05	00:31:06.50	+00:11:15	6:12	9.7
125	PANKOWSKA Justyna	169		K36-49 lat	57	00:00:08	00:31:03.50	00:31:12.20	+00:11:19	6:12	9.7
126	KASZUBA Anna	112		K36-49 lat	58	00:00:12	00:31:13.05	00:31:25.25	+00:11:28	6:14	9.6
127	KUROPATWA Monika	126	KUROPATWA TEAM	K20-35 lat	65	00:00:05	00:31:18.20	00:31:23.25	+00:11:33	6:15	9.6
128	JANCZARSKA Beata	98	BUDLEX SP. Z O.O.	K50-59 lat	5	00:00:06	00:31:22.75	00:31:29.60	+00:11:38	6:16	9.6
129	GRABOWSKA - BIERNAT Kornelia	84		K20-35 lat	66	00:00:10	00:31:35.30	00:31:46.10	+00:11:50	6:19	9.5
130	WALKIEWICZ Joanna	241		K36-49 lat	59	00:00:11	00:31:38.90	00:31:50.60	+00:11:54	6:19	9.5
131	RAPACZ-LEONARD Anna	190		K36-49 lat	60	00:00:17	00:31:40.25	00:31:58.20	+00:11:55	6:20	9.5
132	PROKOPIAK Monika	183	IGLO	K36-49 lat	61	00:00:16	00:31:44.45	00:32:00.75	+00:12:00	6:20	9.5
133	SKRZYŃSKA Katarzyna	209	SALKA FIT	K36-49 lat	62	00:00:06	00:31:49.45	00:31:55.60	+00:12:05	6:21	9.4
134	SŁOWAKIEWICZ Ewelina	211	SALKA FIT	K36-49 lat	63	00:00:05	00:31:49.90	00:31:55.60	+00:12:05	6:22	9.4
135	GAGAT Aneta	73		K20-35 lat	67	00:00:15	00:31:59.75	00:32:14.75	+00:12:15	6:23	9.4
136	MAJKOWSKA Beata	143		K36-49 lat	64	00:00:17	00:32:05.85	00:32:22.95	+00:12:21	6:25	9.4
137	WŁODARCZYK Natalia	251		K20-35 lat	68	00:00:15	00:32:06.85	00:32:22.55	+00:12:22	6:25	9.3
138	CZERWIEC-FYDRYCH Katarzyna	49		K36-49 lat	65	00:00:11	00:32:09.20	00:32:21.10	+00:12:24	6:26	9.3
139	BARTOSIEWICZ Aneta	19		K20-35 lat	69	00:00:11	00:32:09.65	00:32:21.45	+00:12:25	6:26	9.3
140	DROZD Monika	64	CHARAKTER I SIŁA	K20-35 lat	70	00:00:10	00:32:16.35	00:32:27.20	+00:12:31	6:27	9.3
141	DULINIEC Natalia	66		K20-35 lat	71	00:00:14	00:32:23.45	00:32:38.35	+00:12:39	6:28	9.3
142	NOWAKOWSKA-STĄŃKO Joanna	164	CTS TEAM	K20-35 lat	72	00:00:13	00:32:24.65	00:32:38.40	+00:12:40	6:29	9.3
143	BURAKOWSKA Magda	36		K50-59 lat	6	00:00:19	00:32:25.20	00:32:45.10	+00:12:40	6:29	9.2
144	DMOWSKA Marta	59		K36-49 lat	66	00:00:10	00:32:27.10	00:32:37.25	+00:12:42	6:29	9.2
145	CHMIELEWSKA Magdalena	42		K36-49 lat	67	00:00:07	00:32:32.35	00:32:39.85	+00:12:47	6:30	9.2
146	CHMIELEWSKA Monia	41		K36-49 lat	68	00:00:07	00:32:32.50	00:32:39.75	+00:12:48	6:30	9.2
147	SZYPULSKA Katarzyna	230		K36-49 lat	69	00:00:16	00:32:32.80	00:32:49.45	+00:12:48	6:30	9.2
148	DOMIAN Marta	62		K36-49 lat	70	00:00:16	00:32:33.15	00:32:50.05	+00:12:48	6:30	9.2
149	NADZIAK Wioletta	159	LEŚNY CROSS	K36-49 lat	71	00:00:13	00:32:42.30	00:32:56.20	+00:12:57	6:32	9.2
150	SIEJKA Małgorzata	204	LEŚNY CROSS	K36-49 lat	72	00:00:13	00:32:42.70	00:32:56.30	+00:12:58	6:32	9.2
151	IDZIASZEK Agnieszka	93		K36-49 lat	73	00:00:13	00:32:43.25	00:32:56.30	+00:12:58	6:32	9.2
152	SKRZYŃSKA Elżbieta	208	SALKA FIT	K36-49 lat	74	00:00:05	00:32:45.10	00:32:50.90	+00:13:00	6:33	9.2
153	DĄBROWSKA Małgorzata	55		K36-49 lat	75	00:00:17	00:32:46.90	00:33:04.00	+00:13:02	6:33	9.2
154	KLEPUSZEWSKA Magdalena	116		K20-35 lat	73	00:00:19	00:32:53.55	00:33:13.45	+00:13:09	6:34	9.1
155	PODGÓRSKA Ewa	180		K36-49 lat	76	00:00:08	00:32:55.15	00:33:03.95	+00:13:10	6:35	9.1
156	BARTNIKOWSKA Ola	18		K36-49 lat	77	00:00:18	00:32:57.80	00:33:16.60	+00:13:13	6:35	9.1
157	KOCOŃ Sylwia	117		K20-35 lat	74	00:00:10	00:32:59.90	00:33:10.20	+00:13:15	6:36	9.1
158	CZUPRYN Agnieszka	50		K36-49 lat	78	00:00:12	00:33:01.05	00:33:13.55	+00:13:16	6:36	9.1
159	GAZAŁKA Iza	76		K20-35 lat	75	00:00:18	00:33:02.00	00:33:20.00	+00:13:17	6:36	9.1
160	KARDASZ - KRÓL Kasia	108		K20-35 lat	76	00:00:09	00:33:02.65	00:33:12.20	+00:13:18	6:36	9.1
161	ŚWIDERSKA Karina	233		K36-49 lat	79	00:00:08	00:33:02.70	00:33:11.60	+00:13:18	6:36	9.1
162	WASILEWSKA Anna	244		K36-49 lat	80	00:00:09	00:33:02.75	00:33:12.35	+00:13:18	6:36	9.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
163	DURZYŃSKA Anna	67		K36-49 lat	81	00:00:07	00:33:07.70	00:33:14.85	+00:13:23	6:37	9.1
164	PRZEGALIŃSKA Magdalena	185		K36-49 lat	82	00:00:09	00:33:11.70	00:33:21.40	+00:13:27	6:38	9
165	MAŚLOCH Beata	147	BUDLEX	K36-49 lat	83	00:00:07	00:33:15.80	00:33:22.80	+00:13:31	6:39	9
166	DĄBROWSKA Monika	54		K20-35 lat	77	00:00:07	00:33:17.80	00:33:25.70	+00:13:33	6:39	9
167	RADZIWON Karolina	189		K36-49 lat	84	00:00:19	00:33:22.05	00:33:41.70	+00:13:37	6:40	9
168	ZIÓŁKOWSKA Marta	265		K36-49 lat	85	00:00:19	00:33:22.30	00:33:41.85	+00:13:37	6:40	9
169	ELJASIAK Alicja	70		K20-35 lat	78	00:00:16	00:33:25.70	00:33:42.30	+00:13:41	6:41	9
170	WIŚNIEWSKA Katarzyna	249		K20-35 lat	79	00:00:17	00:33:29.55	00:33:46.65	+00:13:45	6:41	9
171	ŚNIEŻAWSKA Magdalena	231		K20-35 lat	80	00:00:10	00:33:34.65	00:33:45.30	+00:13:50	6:43	8.9
172	SEROWIEC Emilia	202		K36-49 lat	86	00:00:06	00:33:40.65	00:33:47.05	+00:13:56	6:44	8.9
173	SZUKUC Agnieszka	226		K36-49 lat	87	00:00:13	00:33:43.25	00:33:56.35	+00:13:58	6:44	8.9
174	SZABŁOWSKA-SZYMCZAK Marta	222		K36-49 lat	88	00:00:07	00:33:56.85	00:34:04.55	+00:14:12	6:47	8.8
175	KOSTRZEWSKA Marta	122		K20-35 lat	81	00:00:08	00:34:10.65	00:34:18.70	+00:14:26	6:50	8.8
176	HETMAŃSKA Marta	91		K36-49 lat	89	00:00:17	00:34:31.00	00:34:48.75	+00:14:46	6:54	8.7
177	DĄBROWSKA Dorota	56		K36-49 lat	90	00:00:17	00:34:31.40	00:34:48.75	+00:14:47	6:54	8.7
178	LORKOWSKA Julita	135		K20-35 lat	82	00:00:15	00:34:40.25	00:34:55.35	+00:14:55	6:56	8.7
179	KAMIŃSKA Anna	104		K36-49 lat	91	00:00:12	00:34:41.60	00:34:53.60	+00:14:57	6:56	8.6
180	SUPRANOWICZ Wioletta	221	1994	K20-35 lat	83	00:00:14	00:34:53.90	00:35:08.10	+00:15:09	6:58	8.6
181	CHEŁCHOWSKA Ewa	40	BRBK - BIEGLI W PODATKACH	K20-35 lat	84	00:00:14	00:34:54.00	00:35:08.20	+00:15:09	6:58	8.6
182	ŁOPIŃSKA Monika	138		K36-49 lat	92	00:00:19	00:35:08.65	00:35:28.50	+00:15:24	7:01	8.5
183	RADOMSKA Maria	188		K36-49 lat	93	00:00:18	00:35:10.05	00:35:28.15	+00:15:25	7:02	8.5
184	GREGORCZYK Magdalena	86		K36-49 lat	94	00:00:18	00:35:23.10	00:35:41.40	+00:15:38	7:04	8.5
185	WIŚNIEWSKA Mariola	250		K36-49 lat	95	00:00:18	00:35:23.15	00:35:41.15	+00:15:38	7:04	8.5
186	KOMOROWSKA Monika	119	DOBROMIEJSKI KLUB BIEGACZA ODCISK	K36-49 lat	96	00:00:19	00:35:33.85	00:35:53.10	+00:15:49	7:06	8.4
187	WIŚNIEWSKA Elwira	248		K36-49 lat	97	00:00:19	00:35:37.70	00:35:57.40	+00:15:53	7:07	8.4
188	AUGUSTYNOWICZ-SZUL Paula	15		K20-35 lat	85	00:00:13	00:35:45.25	00:35:58.85	+00:16:00	7:09	8.4
189	SKRODZKA Monika	207		K20-35 lat	86	00:00:13	00:35:45.80	00:35:59.05	+00:16:01	7:09	8.4
190	PIECHOWSKA Natalia	174	KANCELARIA NOTARIALNA DREAM TEAM :)	K20-35 lat	87	00:00:15	00:35:51.20	00:36:06.40	+00:16:06	7:10	8.4
191	PAŁKA Patrycja	168	GRUPA DBK OLSZTYN	K20-35 lat	88	00:00:10	00:35:51.90	00:36:02.35	+00:16:07	7:10	8.4
192	KOZŁOWSKA Joanna	124	KANCELARIA NOTARIALNA DREAM TEAM :)	K36-49 lat	98	00:00:15	00:36:14.50	00:36:29.50	+00:16:30	7:14	8.3
193	WYSOCKA Katarzyna	256	KANCELARIA NOTARIALNA DREAM TEAM :)	K20-35 lat	89	00:00:15	00:36:15.15	00:36:30.70	+00:16:30	7:15	8.3
194	BORZUTA Monika	34		K36-49 lat	99	00:00:16	00:36:24.90	00:36:41.10	+00:16:40	7:17	8.2
195	DOMAŃSKA Aneta	61		K20-35 lat	90	00:00:11	00:36:30.00	00:36:41.60	+00:16:45	7:18	8.2
196	MALISZEWSKA Anita	144		K20-35 lat	91	00:00:14	00:36:35.75	00:36:50.05	+00:16:51	7:19	8.2
197	RUDNICKA Renata	197		K36-49 lat	100	00:00:05	00:36:35.85	00:36:41.70	+00:16:51	7:19	8.2
198	KWIATEK Paulina	127		K20-35 lat	92	00:00:14	00:36:36.75	00:36:50.85	+00:16:52	7:19	8.2
199	NIEDZIAŁEK Justyna	161		K36-49 lat	101	00:00:15	00:37:10.75	00:37:26.10	+00:17:26	7:26	8.1
200	LOREK Katarzyna	134		K36-49 lat	102	00:00:20	00:37:13.00	00:37:33.75	+00:17:28	7:26	8.1
201	LIPKA Ania	132	JONKOWO BIEGA	K36-49 lat	103	00:00:20	00:38:01.50	00:38:21.70	+00:18:17	7:36	7.9
202	HERMAŃSKA Marzena	4	SALKA FIT	K36-49 lat	104	00:00:06	00:38:04.65	00:38:11.05	+00:18:20	7:37	7.9
203	ARCHACKA Marta	14		K36-49 lat	105	00:00:17	00:38:18.20	00:38:36.05	+00:18:33	7:39	7.8
204	BERDZIK Monika	24		K20-35 lat	93	00:00:20	00:38:20.65	00:38:41.30	+00:18:36	7:40	7.8
205	GÓJSKA-BUDZISZ Aldona	81	JONKOWO BIEGA	K36-49 lat	106	00:00:20	00:38:22.05	00:38:42.65	+00:18:37	7:40	7.8
206	KORNAFEL-KOWALSKA Ania	121		K36-49 lat	107	00:00:19	00:39:45.85	00:40:05.10	+00:20:01	7:57	7.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
207	<b>CZAJKOWSKA Anna</b>	<b>48</b>		K20-35 lat	94	00:00:16	<b>00:39:46.30</b>	<b>00:40:03.20</b>	+00:20:01	7:57	7.5
208	<b>HAŁAS Klaudia</b>	<b>88</b>		K20-35 lat	95	00:00:13	<b>00:41:49.10</b>	<b>00:42:02.75</b>	+00:22:04	8:21	7.2
209	<b>TOMASZEWSKA Katarzyna</b>	<b>237</b>		K20-35 lat	96	00:00:12	<b>00:41:50.10</b>	<b>00:42:02.95</b>	+00:22:05	8:22	7.2
210	<b>SZCZEPKOWSKA Aleksandra</b>	<b>224</b>		K20-35 lat	97	00:00:19	<b>00:42:06.15</b>	<b>00:42:25.20</b>	+00:22:21	8:25	7.1
211	<b>SOBOLEWSKA Magdalena</b>	<b>213</b>	BRAK	K20-35 lat	98	00:00:18	<b>00:42:06.55</b>	<b>00:42:25.40</b>	+00:22:22	8:25	7.1
	<b>ROMANOWSKA Dorota</b>	<b>194</b>		K50-59 lat		DNF	<b>DNF</b>	<b>DNF</b>		-	-

Znaleziono 212 wynik(ów)