



**Organizator:** Green House / Budlex  
**Data:** 2017-04-22  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

## RUN BUDLEX FOR WOMEN

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	ŻUCHOWSKA Anna	21	EKO OPAŁ PŁONNE/ PŁOCK BIEGA NO AGE LIMIT	K20	1	00:00:00	00:20:09.40	00:20:10.35		4:02	14.9
2	ZIÓŁKOWSKA Natalia	312		K20	2	00:00:00	00:20:15.95	00:20:16.10	+00:00:06	4:03	14.8
3	WIŚNIEWSKA Marcjanna	316		K20	3	00:00:01	00:20:16.90	00:20:17.90	+00:00:07	4:03	14.8
4	NALEŻYTY Katarzyna	251	TKKF KOLEJARZ BYDGOSZCZ	K20	4	00:00:01	00:20:21.65	00:20:22.90	+00:00:12	4:04	14.7
5	JAGODZIŃSKA Magdalena	38	BYDGOSKIE OKONIE	K20	5	00:00:02	00:20:34.30	00:20:37.15	+00:00:24	4:07	14.6
6	PARTHMORE Ann	364		K30	1	00:00:02	00:20:52.05	00:20:54.45	+00:00:42	4:10	14.4
7	KRZEMIENŃ Joanna	259	6.KILOMETR	K30	2	00:00:10	00:21:41.50	00:21:51.85	+00:01:32	4:20	13.8
8	PĘKAŁA Aleksandra	252	RUN PASJA	K30	3	00:00:03	00:21:42.15	00:21:45.20	+00:01:32	4:20	13.8
9	GOLON Marlena	42	BARONOWE GOLONOWE	K40	1	00:00:02	00:21:45.75	00:21:48.15	+00:01:36	4:21	13.8
10	JAROCKA Beata	28	NIEZRZESZONA	K40	2	00:00:03	00:22:05.80	00:22:09.25	+00:01:56	4:25	13.6
11	WOŹNIAK Anna	136	RUN-PASJA	K30	4	00:00:01	00:22:06.05	00:22:08.00	+00:01:56	4:25	13.6
12	ZIMOSZ Wiktoria	351		K20	6	00:00:04	00:22:25.40	00:22:30.35	+00:02:16	4:29	13.4
13	WĄSOWSKA Katarzyna	98		K30	5	00:00:00	00:22:27.10	00:22:27.30	+00:02:17	4:29	13.4
14	STASZKIEWICZ Lucyna	130	STASHKY TEAM	K50	1	00:00:02	00:22:30.55	00:22:33.00	+00:02:21	4:30	13.3
15	FILDEBRANDT Basia	114	FTI RACING TEAM	K30	6	00:00:03	00:22:36.90	00:22:40.10	+00:02:27	4:31	13.3
16	KRUBER Karolina	285		K20	7	00:00:10	00:22:40.65	00:22:50.65	+00:02:31	4:32	13.2
17	STAWARSKA Elżbieta	138		K40	3	00:00:01	00:23:09.75	00:23:11.55	+00:03:00	4:38	12.9
18	WIECZOREK Justyna	181	INOWROCLAW BIEGA	K40	4	00:00:03	00:23:23.30	00:23:27.15	+00:03:13	4:40	12.8
19	MALCZEWSKA Patrycja	58		K20	8	00:00:09	00:23:33.95	00:23:43.20	+00:03:24	4:42	12.7
20	KUŁAKOWSKA Anna	154	ANDRO	K30	7	00:00:01	00:23:46.15	00:23:47.45	+00:03:36	4:45	12.6
21	SZYCZEWSKA Ewa	121		K40	5	00:00:01	00:23:51.95	00:23:53.20	+00:03:42	4:46	12.6
22	DERING Hanna	36	BYDGOSKIE ŻÓŁWIE	K30	8	00:00:10	00:23:53.60	00:24:04.10	+00:03:44	4:46	12.6
23	SZYCZEWSKA Weronika	149		K20	9	00:00:00	00:23:53.80	00:23:54.75	+00:03:44	4:46	12.6
24	SOSIŃSKA Izabela	17	X	K30	9	00:00:03	00:23:54.25	00:23:57.60	+00:03:44	4:46	12.6
25	MEGER Aleksandra	57		K20	10	00:00:08	00:23:57.80	00:24:06.75	+00:03:48	4:47	12.5
26	HENNESSY Ashley	365		K30	10	00:00:02	00:23:58.50	00:24:00.90	+00:03:49	4:47	12.5
27	OKOŃSKA Sandra	358		K20	11	00:00:05	00:24:02.10	00:24:07.10	+00:03:52	4:48	12.5
28	MAGDZIARZ Katarzyna	143	KANCELARIA HMM	K30	11	00:00:07	00:24:04.30	00:24:12.05	+00:03:54	4:49	12.5
29	STELMACH Agata	183		K20	12	00:00:04	00:24:06.10	00:24:10.55	+00:03:56	4:49	12.4
30	BRYWCZYŃSKA Justyna	19	RODOS TEAM	K30	12	00:00:06	00:24:07.40	00:24:13.85	+00:03:58	4:49	12.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
31	LEPPERT Agnieszka	68	AGMED BYDGOSZCZ	K20	13	00:00:10	00:24:13.25	00:24:23.40	+00:04:03	4:50	12.4
32	GIERZEWSKA Grażyna	280		K40	6	00:00:11	00:24:19.95	00:24:31.05	+00:04:10	4:52	12.3
33	NALIWAJSKA Natalia	233		K30	13	00:00:01	00:24:22.10	00:24:23.25	+00:04:12	4:52	12.3
34	WOJCIECHOWSKA Emilia	195		K40	7	00:00:05	00:24:24.65	00:24:29.90	+00:04:15	4:52	12.3
35	KRYSZTOFORSKA Marta	346		K20	14	00:00:05	00:24:28.50	00:24:34.05	+00:04:19	4:53	12.3
36	KRUSZYNA Renata	94		K30	14	00:00:05	00:24:28.60	00:24:34.40	+00:04:19	4:53	12.3
37	SIERMIŃSKA-WARCZAK Celina	341	TEAMOCHAL	K30	15	00:00:05	00:24:35.30	00:24:40.65	+00:04:25	4:55	12.2
38	BARANOWSKA Julia	89	KLUB ZDROWEGO STYLU ŻYCIA	K20	15	00:00:08	00:24:35.35	00:24:44.00	+00:04:25	4:55	12.2
39	KAPELINSKA Dorota	91		K30	16	00:00:00	00:24:37.65	00:24:38.35	+00:04:28	4:55	12.2
40	KRUTUL Kasia	108	AMATOR	K40	8	00:00:21	00:24:49.15	00:25:10.75	+00:04:39	4:57	12.1
41	KALINOWSKA Anna	178	UKS OMEGA GRUTA	K30	17	00:00:03	00:24:49.35	00:24:52.80	+00:04:39	4:57	12.1
42	GAŚIEWSKA Weronika	344		K20	16	00:00:02	00:24:54.95	00:24:57.05	+00:04:45	4:59	12
43	ŚWIATOWY Daria	45		K20	17	00:00:05	00:24:58.70	00:25:04.05	+00:04:49	4:59	12
44	PECYNA Ewelina	152		K30	18	00:00:01	00:24:59.40	00:25:01.10	+00:04:50	5:00	12
45	CHYŁKA Agata	370		K20	18	00:00:03	00:25:05.20	00:25:08.40	+00:04:55	5:01	12
46	KANIEWSKA Alicja	177	AKADEMIA BIEGANIA	K50	2	00:00:04	00:25:05.40	00:25:10.25	+00:04:56	5:01	12
47	ZAPĄŁOWSKA Joanna	103		K30	19	00:00:01	00:25:06.35	00:25:07.60	+00:04:56	5:01	12
48	KARCZMARCZYK Katarzyna	322		K30	20	00:00:08	00:25:12.80	00:25:21.45	+00:05:03	5:02	11.9
49	CZYŻEWSKA Justyna	43		K30	21	00:00:15	00:25:14.00	00:25:29.10	+00:05:04	5:02	11.9
50	KUBIS Sylwia	92		K40	9	00:00:04	00:25:18.85	00:25:23.00	+00:05:09	5:03	11.8
51	JUREK Karolina	158	TKN	K30	22	00:00:01	00:25:18.95	00:25:20.30	+00:05:09	5:03	11.8
52	DZIEDZIC Agnieszka	18	X	K30	23	00:00:04	00:25:23.65	00:25:27.80	+00:05:14	5:04	11.8
53	POTRZEBOWSKA Agata	23		K30	24	00:00:12	00:25:23.80	00:25:36.45	+00:05:14	5:04	11.8
54	RYBKA Ilona	51		K40	10	00:00:11	00:25:24.35	00:25:35.80	+00:05:14	5:04	11.8
55	WIŚNIEWSKA Natalia	135		K20	19	00:00:04	00:25:27.65	00:25:31.70	+00:05:18	5:05	11.8
56	JAMRÓZ Joanna	48	BARONOWE GOLONOWE	K40	11	00:00:03	00:25:29.25	00:25:32.85	+00:05:19	5:05	11.8
57	JAWORSKA Aleksandra	74		K20	20	00:00:14	00:25:33.20	00:25:47.55	+00:05:23	5:06	11.7
58	DOBUCKA Katarzyna	290	CHONAROWER.PL	K20	21	00:00:16	00:25:34.15	00:25:50.20	+00:05:24	5:06	11.7
59	STOKŁOSA Natalia	25		K30	25	00:00:13	00:25:38.60	00:25:51.80	+00:05:29	5:07	11.7
60	GROBELNA Angelika	20		K40	12	00:00:10	00:25:49.30	00:26:00.05	+00:05:39	5:10	11.6
61	SMAGAGOWSKA Anna	88		K20	22	00:00:09	00:25:52.65	00:26:02.55	+00:05:43	5:10	11.6
62	PORAZIŃSKA Viktoria	46		K40	13	00:00:02	00:25:53.30	00:25:55.55	+00:05:43	5:10	11.6
63	WYLANGOWSKA Joanna	60		K30	26	00:00:02	00:25:54.15	00:25:57.05	+00:05:44	5:11	11.6
64	GONCERZEWICZ Katarzyna	234		K30	27	00:00:08	00:25:56.50	00:26:04.65	+00:05:47	5:11	11.6
65	JEZIORSKA Monika	81		K30	28	00:00:07	00:25:56.65	00:26:04.50	+00:05:47	5:11	11.6
66	KUJDA Dorota	69		K30	29	00:00:15	00:26:02.00	00:26:17.05	+00:05:52	5:12	11.5
67	GIŻA Wioletta	8	POLONIA BYDGOSZCZ SLA	K30	30	00:00:14	00:26:03.45	00:26:17.70	+00:05:54	5:12	11.5
68	POLACKA Jadwiga	188	BIEGAJ Z DĘBAMI	K40	14	00:00:10	00:26:06.60	00:26:17.10	+00:05:57	5:13	11.5
69	SZAMOČKA Agnieszka	347		K30	31	00:00:11	00:26:07.00	00:26:18.75	+00:05:57	5:13	11.5
70	HANCZEWSKA Sonia	101		K20	23	00:00:13	00:26:10.55	00:26:24.35	+00:06:01	5:14	11.5
71	BARTOSZYŃSKA Milena	300		K20	24	00:00:19	00:26:13.10	00:26:32.65	+00:06:03	5:14	11.4
72	DRÓŻDŻ Małgorzata	271		K20	25	00:00:17	00:26:13.60	00:26:30.85	+00:06:04	5:14	11.4
73	SZEWCUK Ewa	175	CENTRUM MASAŻY OSHIN BYDGOSZCZ	K30	32	00:00:05	00:26:15.10	00:26:20.65	+00:06:05	5:15	11.4
74	SZTURO Lidia	110	POLONIA BYDGOSZCZ SLA	K30	33	00:00:13	00:26:15.15	00:26:28.85	+00:06:05	5:15	11.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
75	GOLIMOWSKA Anna	155	BYDGOSZCZ	K30	34	00:00:25	00:26:22.00	00:26:47.20	+00:06:12	5:16	11.4
76	ANDRZEJEWSKA Sylwia	282		K20	26	00:00:16	00:26:22.40	00:26:39.25	+00:06:13	5:16	11.4
77	POTURALSKA Karolina	334		K20	27	00:00:13	00:26:23.40	00:26:36.85	+00:06:14	5:16	11.4
78	DUDEK Karolina	111		K20	28	00:00:01	00:26:23.90	00:26:25.05	+00:06:14	5:16	11.4
79	AFELT Luiza	86		K20	29	00:00:21	00:26:23.95	00:26:45.70	+00:06:14	5:16	11.4
80	ZGLIŃSKA Anna	232		K30	35	00:00:04	00:26:24.00	00:26:28.65	+00:06:14	5:16	11.4
81	TURZYŃSKA Marta	258		K30	36	00:00:07	00:26:27.30	00:26:34.85	+00:06:17	5:17	11.3
82	JANKOWSKA Katarzyna	288		K40	15	00:00:21	00:26:27.80	00:26:48.95	+00:06:18	5:17	11.3
83	NUNZEK Agnieszka	62		K40	16	00:00:05	00:26:28.20	00:26:33.20	+00:06:18	5:17	11.3
84	LIECAU Monika	180		K20	30	00:00:27	00:26:28.25	00:26:55.65	+00:06:18	5:17	11.3
85	ADAMCZYK Sonia	208	KLUB ZDROWEGO STYLU ŻYCIA	K20	31	00:00:09	00:26:30.20	00:26:39.85	+00:06:20	5:18	11.3
86	JESZKA Adrianna	355		K20	32	00:00:04	00:26:30.70	00:26:34.95	+00:06:21	5:18	11.3
87	POCZWARDOWSKA Wioletta	293		K40	17	00:00:07	00:26:32.55	00:26:39.55	+00:06:23	5:18	11.3
88	DZIEWIECZYŃSKA Kasia	277		K20	33	00:00:14	00:26:36.45	00:26:51.25	+00:06:27	5:19	11.3
89	SIEWNIAK Patrycja	107		K20	34	00:00:06	00:26:38.45	00:26:44.80	+00:06:29	5:19	11.3
90	GRACZKOWSKA Mirka	227		K40	18	00:00:10	00:26:43.55	00:26:54.50	+00:06:34	5:20	11.2
91	KRUKOWSKA Joanna	229		K20	35	00:00:26	00:26:47.85	00:27:14.55	+00:06:38	5:21	11.2
92	BESSER Joanna	70		K20	36	00:00:15	00:26:47.95	00:27:02.95	+00:06:38	5:21	11.2
93	GOŚCINIAK Agnieszka	76	NA	K30	37	00:00:04	00:26:48.35	00:26:53.15	+00:06:38	5:21	11.2
94	CISZEWSKA Emilia	52		K30	38	00:00:18	00:26:48.40	00:27:07.05	+00:06:39	5:21	11.2
95	NIKOLAJEW Monika	308		K30	39	00:00:14	00:26:53.70	00:27:08.50	+00:06:44	5:22	11.2
96	CICHULSKA-QUAAS Izabela	47	RUN PASJA	K30	40	00:00:06	00:26:53.75	00:27:00.10	+00:06:44	5:22	11.2
97	BIERNACKA Anna	318		K30	41	00:00:03	00:26:54.20	00:26:58.05	+00:06:44	5:23	11.1
98	BIERNAT Magdalena	338	PKO DREM TEAM	K30	42	00:00:06	00:26:54.30	00:27:01.20	+00:06:44	5:23	11.1
99	SOKÓŁ Krystyna	356		K20	37	00:00:26	00:26:56.50	00:27:22.50	+00:06:47	5:23	11.1
100	PŁACZKOWSKA Magdalena	40		K30	43	00:00:17	00:26:56.85	00:27:14.50	+00:06:47	5:23	11.1
101	CHMIEL Justyna	140	CHUSTYNKA.PL	K30	44	00:00:23	00:27:02.05	00:27:25.85	+00:06:52	5:24	11.1
102	TOMCZAK Krzysztofa	272		K30	45	00:00:12	00:27:03.30	00:27:16.15	+00:06:53	5:24	11.1
103	BAJAN Justyna	273		K30	46	00:00:12	00:27:03.40	00:27:16.25	+00:06:54	5:24	11.1
104	CEMKE Magdalena	67		K20	38	00:00:09	00:27:06.90	00:27:16.55	+00:06:57	5:25	11.1
105	WIŚNIEWSKA Julia	330		K30	47	00:00:10	00:27:07.20	00:27:17.30	+00:06:57	5:25	11.1
106	SZWEDA Roma	297		K20	39	00:00:23	00:27:07.90	00:27:31.15	+00:06:58	5:25	11.1
107	LESZCZUK Natalia	343		K20	40	00:00:05	00:27:14.50	00:27:19.75	+00:07:05	5:26	11
108	JANKOWIAK Paulina	336	ZAWISZA BOKS	K20	41	00:00:15	00:27:15.85	00:27:31.20	+00:07:06	5:27	11
109	MELLEM- ZWIEWKA Małgorzata	163	KLUB BIEGAJĄCE BABECZKI	K40	19	00:00:19	00:27:17.25	00:27:36.75	+00:07:07	5:27	11
110	BARANOWSKA Marta	342	BYLE DO METY	K20	42	00:00:14	00:27:21.30	00:27:35.60	+00:07:11	5:28	11
111	CIBORSKA Dorota	337	CROSSFIT TORUŃ	K20	43	00:00:06	00:27:27.55	00:27:33.60	+00:07:18	5:29	10.9
112	ZIELIŃSKA Marzena	139		K30	48	00:00:27	00:27:30.00	00:27:57.85	+00:07:20	5:30	10.9
113	KRSIŃSKA Katarzyna	31		K30	49	00:00:12	00:27:30.40	00:27:43.30	+00:07:21	5:30	10.9
114	FILARSKA Marzena	198		K40	20	00:00:31	00:27:33.95	00:28:05.30	+00:07:24	5:30	10.9
115	KAWSKA Ewa	197		K40	21	00:00:31	00:27:34.55	00:28:05.60	+00:07:25	5:30	10.9
116	WAWRZYNIAK Karolina	49		K30	50	00:00:17	00:27:34.80	00:27:52.45	+00:07:25	5:31	10.9
117	KRASZKIEWICZ Monika	7		K20	44	00:00:12	00:27:35.95	00:27:48.00	+00:07:26	5:31	10.9
118	KUKUŁA Agata	323		K30	51	00:00:08	00:27:37.70	00:27:46.65	+00:07:28	5:31	10.9

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119	PAWLACZYK-MATELA Emilia	59	BYDGOSKA GAZELA	K30	52	00:00:17	00:27:38.05	00:27:55.60	+00:07:28	5:31	10.9
120	MAJERSKA Beata	126	-	K50	3	00:00:10	00:27:40.85	00:27:51.35	+00:07:31	5:32	10.8
121	GÓRECKA Katarzyna	317	NIEZRZESZONA -> AMATOR ;)	K30	53	00:00:17	00:27:41.55	00:27:59.10	+00:07:32	5:32	10.8
122	KOCHAŃSKA Wioletta	325		K40	22	00:00:20	00:27:41.85	00:28:02.50	+00:07:32	5:32	10.8
123	BIERNAT Justyna	339	MKS INOWROCŁAW	K20	45	00:00:08	00:27:42.90	00:27:51.05	+00:07:33	5:32	10.8
124	JASTRZĘBSKA Marta	371		K30	54	00:00:03	00:27:43.55	00:27:46.55	+00:07:34	5:32	10.8
125	SZYMCZAK Alicja	151		K20	46	00:00:07	00:27:49.70	00:27:56.95	+00:07:40	5:33	10.8
126	KULIBERDA Justyna	270		K30	55	00:00:06	00:27:50.00	00:27:56.35	+00:07:40	5:34	10.8
127	WESOŁOWSKA Dominika	211		K20	47	00:00:11	00:27:52.50	00:28:03.80	+00:07:43	5:34	10.8
128	WESOŁOWSKA Sandra	210		K20	48	00:00:11	00:27:52.70	00:28:04.15	+00:07:43	5:34	10.8
129	PRZYBYLSKA Grażyna	219	BRAK	K50	4	00:00:24	00:27:56.65	00:28:21.50	+00:07:47	5:35	10.7
130	SZATKOWSKA Beata	253		K50	5	00:00:30	00:27:58.05	00:28:28.05	+00:07:48	5:35	10.7
131	JANKOWSKA Ewelina	333		K20	49	00:00:04	00:27:58.40	00:28:03.25	+00:07:49	5:35	10.7
132	ZALECH Barbara	125		K30	56	00:00:14	00:27:58.50	00:28:12.75	+00:07:49	5:35	10.7
133	JELEŃ Agnieszka	87	VEGE RUNNERS	K30	57	00:00:30	00:27:59.60	00:28:30.20	+00:07:50	5:36	10.7
134	BIEGAŁA Renata	82		K50	6	00:00:23	00:27:59.80	00:28:23.70	+00:07:50	5:36	10.7
135	FRYMARK Zosia	274		K20	50	00:00:29	00:28:01.85	00:28:31.10	+00:07:52	5:36	10.7
136	LEWIŃSKA Aleksandra	373		K30	58	00:00:04	00:28:04.00	00:28:08.25	+00:07:54	5:36	10.7
137	RZEPECKA Katarzyna	14		K40	23	00:00:21	00:28:04.40	00:28:26.25	+00:07:55	5:37	10.7
138	JURCZYK Anna	106		K40	24	00:00:22	00:28:07.40	00:28:29.65	+00:07:58	5:37	10.7
139	JACHIMOWSKA Malwina	72		K20	51	00:00:28	00:28:10.70	00:28:39.15	+00:08:01	5:38	10.6
140	JAROSZEWSKA Magdalena	281		K20	52	00:00:28	00:28:10.75	00:28:39.30	+00:08:01	5:38	10.6
141	RASZKOWSKA Klaudia	75		K20	53	00:00:27	00:28:11.40	00:28:39.05	+00:08:02	5:38	10.6
142	STANKIEWICZ Anna	372		K20	54	00:00:03	00:28:14.40	00:28:18.15	+00:08:05	5:39	10.6
143	BEDNARCZUK Małgorzata	191		K30	59	00:00:02	00:28:15.95	00:28:18.40	+00:08:06	5:39	10.6
144	STYCZYŃSKA Anna	260		K40	25	00:00:02	00:28:16.25	00:28:18.25	+00:08:06	5:39	10.6
145	PASIŃSKA Magdalena	184		K20	55	00:00:18	00:28:20.25	00:28:38.40	+00:08:10	5:40	10.6
146	WIŚNIEWSKA Brygida	354		K20	56	00:00:00	00:28:21.45	00:28:22.10	+00:08:12	5:40	10.6
147	OSSOWSKA Danuta	80		K40	26	00:00:24	00:28:23.30	00:28:47.65	+00:08:13	5:40	10.6
148	RYDELSKA Kinga	196		K40	27	00:00:23	00:28:24.15	00:28:47.35	+00:08:14	5:40	10.6
149	PIECYK-CZAJA Sonia	79		K30	60	00:00:04	00:28:27.90	00:28:32.40	+00:08:18	5:41	10.5
150	KRUSIK Aleksandra	156	ALBATROSY	K20	57	00:00:22	00:28:35.30	00:28:58.00	+00:08:25	5:43	10.5
151	PANKOWSKA Ewa	278		K40	28	00:00:06	00:28:35.40	00:28:42.30	+00:08:26	5:43	10.5
152	NALEWALSKA Justyna	30	SERCE TYBETU	K20	58	00:00:31	00:28:38.00	00:29:09.20	+00:08:28	5:43	10.5
153	LIGMANN Anna	199		K30	61	00:00:17	00:28:38.05	00:28:55.05	+00:08:28	5:43	10.5
154	MICHALSKA Daria	222		K20	59	00:00:15	00:28:44.60	00:29:00.50	+00:08:35	5:45	10.4
155	GAJEK Agnieszka	217	TASAK TEAM	K30	62	00:00:16	00:28:48.10	00:29:04.30	+00:08:38	5:45	10.4
156	MAKOWSKA Justyna	216	TASAK TEAM	K30	63	00:00:15	00:28:48.30	00:29:04.25	+00:08:38	5:45	10.4
157	SIEDLECKA Ewa	204		K60	1	00:00:06	00:28:51.05	00:28:58.00	+00:08:41	5:46	10.4
158	JANKOWSKA Agnieszka	182		K30	64	00:00:12	00:29:02.95	00:29:15.85	+00:08:53	5:48	10.3
159	NURKIEWICZ Zofia	53	KUNG FU PANDY 3	K20	60	00:00:21	00:29:03.95	00:29:25.10	+00:08:54	5:48	10.3
160	KOSECKA Justyna	286	ORTIMED RUNNERS TEAM	K30	65	00:00:07	00:29:04.90	00:29:11.95	+00:08:55	5:48	10.3
161	JARUSZEWSKA Jowita	313		K40	29	00:00:21	00:29:05.00	00:29:26.35	+00:08:55	5:49	10.3
162	CZECZIŃSKA Pamela	102		K20	61	00:00:20	00:29:12.50	00:29:33.05	+00:09:03	5:50	10.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
163	BURCHARDT Mirka	301	RWT W BYDGOSZCZY	K60	2	00:00:18	00:29:20.70	00:29:39.50	+00:09:11	5:52	10.2
164	JURUŚ Jolanta	201	PARKRUN	K50	7	00:00:06	00:29:21.50	00:29:27.75	+00:09:12	5:52	10.2
165	STAFIEJ Barbara	292	BMS	K40	30	00:00:14	00:29:22.35	00:29:36.35	+00:09:12	5:52	10.2
166	PASIEKA Magda	161	MAM TĘ MOC	K30	66	00:00:06	00:29:22.65	00:29:29.55	+00:09:13	5:52	10.2
167	JANUSZKIEWICZ Kornelia	294		K30	67	00:00:30	00:29:26.10	00:29:56.35	+00:09:16	5:53	10.2
168	FRANCISZKIEWICZ Monika	24	RODOS TEAM	K20	62	00:00:06	00:29:27.55	00:29:34.00	+00:09:18	5:53	10.2
169	KOPACZ Hanka	104		K30	68	00:00:27	00:29:30.15	00:29:57.55	+00:09:20	5:54	10.2
170	URBAŃSKA Patrycja	159		K20	63	00:00:17	00:29:34.20	00:29:52.15	+00:09:24	5:55	10.1
171	GÓRSKA Danuta	299		K40	31	00:00:07	00:29:34.65	00:29:42.35	+00:09:25	5:55	10.1
172	PIETRZAK Sylwia	302		K30	69	00:00:29	00:29:37.00	00:30:06.80	+00:09:27	5:55	10.1
173	ŚCIESIŃSKA Justyna	250		K40	32	00:00:03	00:29:37.15	00:29:40.35	+00:09:27	5:55	10.1
174	PIETRZAK Maria	314		K20	64	00:00:29	00:29:37.35	00:30:06.85	+00:09:27	5:55	10.1
175	KUGACZ Aneta	207	RUN BYDGOSZCZ	K30	70	00:00:04	00:29:40.80	00:29:45.15	+00:09:31	5:56	10.1
176	RACHUBIŃSKA Natalia	283		K20	65	00:00:28	00:29:46.20	00:30:14.95	+00:09:36	5:57	10.1
177	SOBOWIEC Mirka	148	SOBOWIEC TEAM	K40	33	00:00:19	00:29:48.05	00:30:07.75	+00:09:38	5:57	10.1
178	STIMMA Anna	100		K40	34	00:00:06	00:29:48.20	00:29:55.10	+00:09:38	5:57	10.1
179	KOZŁOWSKA Anna	238		K30	71	00:00:25	00:29:48.85	00:30:14.35	+00:09:39	5:57	10.1
180	PIĄTEK Lidia	164	KLUB BIEGAJĄCE BABECZKI	K40	35	00:00:19	00:29:52.55	00:30:11.65	+00:09:43	5:58	10
181	FIGURSKA Anna	170		K20	66	00:00:17	00:29:56.90	00:30:14.05	+00:09:47	5:59	10
182	MARKOWSKA Magdalena	192		K40	36	00:00:23	00:29:57.65	00:30:21.25	+00:09:48	5:59	10
183	KISZKA Justyna	147	RUN PASJA	K30	72	00:00:21	00:29:58.95	00:30:20.10	+00:09:49	5:59	10
184	BOCIEK Seweryna	319		K30	73	00:00:03	00:30:00.35	00:30:03.40	+00:09:50	6:00	10
185	KRZYSIAK Katarzyna	304		K30	74	00:00:10	00:30:05.55	00:30:15.70	+00:09:56	6:01	10
186	JASKUŁA Karolina	305		K30	75	00:00:09	00:30:05.70	00:30:15.50	+00:09:56	6:01	10
187	MARĆ Klara	118		K20	67	00:00:20	00:30:06.65	00:30:27.00	+00:09:57	6:01	10
188	DAŃCZUK Agnieszka	249		K50	8	00:00:17	00:30:07.05	00:30:24.80	+00:09:57	6:01	10
189	SALAMON Marta	320		K30	76	00:00:17	00:30:09.25	00:30:27.20	+00:09:59	6:02	9.9
190	ŚLIŻ Anna	165	ŚLIŻKI	K30	77	00:00:09	00:30:10.40	00:30:19.45	+00:10:01	6:02	9.9
191	ŚLIŻ Ewa	167	ŚLIŻKI	K60	3	00:00:08	00:30:10.90	00:30:19.25	+00:10:01	6:02	9.9
192	BRETT Diana	353		K40	37	00:00:06	00:30:11.20	00:30:17.30	+00:10:01	6:02	9.9
193	RASSALSKA-KAUSA Jola	10		K30	78	00:00:18	00:30:12.10	00:30:30.15	+00:10:02	6:02	9.9
194	SERAP Sinem	327		K30	79	00:00:02	00:30:13.70	00:30:16.15	+00:10:04	6:02	9.9
195	CIEPLAK-PILC Agata	220		K50	9	00:00:14	00:30:14.20	00:30:28.65	+00:10:04	6:02	9.9
196	KORNACKA Sylwia	244		K40	38	00:00:07	00:30:14.55	00:30:22.30	+00:10:05	6:03	9.9
197	GNIOT Joanna	90	DIABEŁKOWA AŚ	K40	39	00:00:18	00:30:16.45	00:30:35.25	+00:10:07	6:03	9.9
198	SZYMCZAK Barbara	150		K40	40	00:00:07	00:30:17.50	00:30:24.95	+00:10:08	6:03	9.9
199	BIECHOWSKA Beata	296		K40	41	00:00:03	00:30:20.15	00:30:23.15	+00:10:10	6:04	9.9
200	MAKLAKIEWICZ Agnieszka	205		K30	80	00:00:22	00:30:20.75	00:30:43.25	+00:10:11	6:04	9.9
201	ZAWADZKA Sara	168	ŚLIŻKI	K20	68	00:00:08	00:30:28.40	00:30:36.90	+00:10:19	6:05	9.8
202	MARĆ Aga	116		K40	42	00:00:20	00:30:29.55	00:30:49.85	+00:10:20	6:05	9.8
203	SADOWSKA Katarzyna	193		K30	81	00:00:23	00:30:32.00	00:30:55.55	+00:10:22	6:06	9.8
204	ZAWADOWSKA Anna	83		K50	10	00:00:19	00:30:32.90	00:30:52.80	+00:10:23	6:06	9.8
205	SOBCZYŃSKA Aleksandra	228		K20	69	00:00:25	00:30:33.20	00:30:59.10	+00:10:23	6:06	9.8
206	PAPROCKA Małgorzata	54		K50	11	00:00:11	00:30:33.55	00:30:45.40	+00:10:24	6:06	9.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
207	BARAŃSKA Sylwia	131	PARKRUN BYDGOSZCZ	K40	43	00:00:11	00:30:34.50	00:30:46.40	+00:10:25	6:07	9.8
208	WYPYCH-KLUNDER Katarzyna	189		K30	82	00:00:21	00:30:36.05	00:30:57.20	+00:10:26	6:07	9.8
209	WÓJCIK Małgorzata	287		K20	70	00:00:09	00:30:36.90	00:30:46.30	+00:10:27	6:07	9.8
210	GÓRAL Anna	298		K20	71	00:00:09	00:30:38.15	00:30:47.35	+00:10:28	6:07	9.8
211	PIÓRKOWSKA Aga	22		K30	83	00:00:13	00:30:38.85	00:30:52.20	+00:10:29	6:07	9.8
212	KLAJBOR Monika	284		K30	84	00:00:20	00:30:39.40	00:30:59.95	+00:10:30	6:07	9.8
213	PARADOWSKA Angelika	235		K20	72	00:00:18	00:30:39.95	00:30:58.35	+00:10:30	6:08	9.8
214	TWARDOWSKA Katarzyna	223		K40	44	00:00:26	00:30:43.35	00:31:09.55	+00:10:33	6:08	9.8
215	MERYK Elżbieta	245	GRUPA MALBORK	K40	45	00:00:18	00:30:46.75	00:31:05.20	+00:10:37	6:09	9.7
216	DĘBCZYŃSKA Agnieszka	61	ILOKLUB	K40	46	00:00:22	00:30:50.85	00:31:12.95	+00:10:41	6:10	9.7
217	GRABARSKA Agata	309		K20	73	00:00:21	00:30:51.35	00:31:13.10	+00:10:41	6:10	9.7
218	NOWACKA Emilia	243		K20	74	00:00:13	00:30:51.40	00:31:04.85	+00:10:42	6:10	9.7
219	SZALA Monika	29	ICH DWOJE	K30	85	00:00:15	00:30:52.20	00:31:07.60	+00:10:42	6:10	9.7
220	GROMOWSKA Grażyna	266	TKKF KOLEJARZ	K50	12	00:00:26	00:30:56.05	00:31:22.05	+00:10:46	6:11	9.7
221	MRÓWCZYŃSKA Agnieszka	215		K30	86	00:00:08	00:30:57.85	00:31:06.20	+00:10:48	6:11	9.7
222	MAJKOWSKA-LUBIŃSKA Judyta	4		K20	75	00:00:20	00:30:58.45	00:31:19.05	+00:10:49	6:11	9.7
223	CYBUL Anna	263		K40	47	00:00:11	00:31:00.25	00:31:11.70	+00:10:50	6:12	9.7
224	MAKOWSKA Justyna	257		K30	87	00:00:07	00:31:01.00	00:31:08.15	+00:10:51	6:12	9.7
225	PRZYBYLSKA Paulina	137		K30	88	00:00:20	00:31:02.90	00:31:23.35	+00:10:53	6:12	9.7
226	MELLEEM Anna	6		K20	76	00:00:08	00:31:03.65	00:31:11.70	+00:10:54	6:12	9.7
227	MICHTA Iwona	307	SPÓJNIA BIAŁE BŁOTA	K30	89	00:00:26	00:31:11.40	00:31:37.95	+00:11:02	6:14	9.6
228	KOWALSKA Katarzyna	376		K30	90	00:00:12	00:31:18.75	00:31:31.45	+00:11:09	6:15	9.6
229	MARKOWSKA-BAUMGART Aneta	174	BIEGAJ Z DĘBAMI	K50	13	00:00:32	00:31:28.95	00:32:01.20	+00:11:19	6:17	9.5
230	WIŚNIEWSKA Dorota	269		K30	91	00:00:12	00:31:35.45	00:31:48.20	+00:11:26	6:19	9.5
231	DOLNA Magda	171		K20	77	00:00:09	00:31:42.85	00:31:52.35	+00:11:33	6:20	9.5
232	ŚLIŻ Marta	166	ŚLIŻKI	K20	78	00:00:08	00:31:44.00	00:31:52.60	+00:11:34	6:20	9.5
233	KĄTNIK Dorota	267	RUN PASJA BYDGOSZCZ	K20	79	00:00:22	00:31:51.05	00:32:13.30	+00:11:41	6:22	9.4
234	GABRYSZEWSKA Sonia	33	-	K20	80	00:00:27	00:31:52.20	00:32:19.50	+00:11:42	6:22	9.4
235	SKOWRON Monika	93		K40	48	00:00:27	00:31:54.15	00:32:21.25	+00:11:44	6:22	9.4
236	TUCZKOWSKA Joanna	96		K20	81	00:00:27	00:31:54.20	00:32:21.45	+00:11:44	6:22	9.4
237	MAKOWSKA-ADAMCZYK Marta	236	AKTYWNA	K30	92	00:00:28	00:31:55.90	00:32:24.05	+00:11:46	6:23	9.4
238	WYSOLIŃSKA Barbara	39		K40	49	00:00:11	00:31:56.35	00:32:07.35	+00:11:46	6:23	9.4
239	ROSOŁOWICZ Kamila	247		K30	93	00:00:28	00:31:57.50	00:32:25.95	+00:11:48	6:23	9.4
240	NOWAK Agnieszka	264		K30	94	00:00:26	00:31:57.80	00:32:23.85	+00:11:48	6:23	9.4
241	LIBERA Sabina	41	PARKRUN BYDGOSZCZ	K40	50	00:00:11	00:32:03.90	00:32:15.75	+00:11:54	6:24	9.4
242	BRĄGIEL Anna	153	VEGERUNNERS	K30	95	00:00:27	00:32:11.65	00:32:38.80	+00:12:02	6:26	9.3
243	BŁASZCZYK Agnieszka	246		K40	51	00:00:24	00:32:12.00	00:32:36.35	+00:12:02	6:26	9.3
244	MALCZEWSKA Mirka	56	SPORT FAKTORY	K60	4	00:00:19	00:32:13.00	00:32:32.95	+00:12:03	6:26	9.3
245	ALEKSY Hanna	13	APATOR	K20	82	00:00:24	00:32:15.55	00:32:40.35	+00:12:06	6:27	9.3
246	SUDOŁ Karolina	256		K30	96	00:00:15	00:32:20.10	00:32:35.40	+00:12:10	6:28	9.3
247	NOWAKOWSKA Sylwia	123		K30	97	00:00:27	00:32:20.90	00:32:48.85	+00:12:11	6:28	9.3
248	MIKOŁAJCZAK Aleksandra	3		K30	98	00:00:14	00:32:26.90	00:32:41.85	+00:12:17	6:29	9.2
249	WIATROWSKA Katarzyna	145		K30	99	00:00:16	00:32:29.55	00:32:46.25	+00:12:20	6:30	9.2
250	ALEKSY Małgorzata	5	APATOR	K40	52	00:00:24	00:32:32.75	00:32:57.40	+00:12:23	6:30	9.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
251	STASIAK Renata	120	BIEGAJ Z DĘBAMI	K50	14	00:00:12	00:32:32.90	00:32:44.90	+00:12:23	6:30	9.2
252	CZEKAŁA Dorota	133	-	K50	15	00:00:11	00:32:33.20	00:32:44.65	+00:12:23	6:30	9.2
253	BAKA Catherine	367		K40	53	00:00:03	00:32:38.05	00:32:41.05	+00:12:28	6:31	9.2
254	STEFANIAK Katarzyna	214	CYKLO KWIDZYN	K40	54	00:00:01	00:32:40.30	00:32:41.85	+00:12:30	6:32	9.2
255	ROGINSKI Melissa	240		K20	83	00:00:19	00:32:40.55	00:33:00.10	+00:12:31	6:32	9.2
256	BUSTIN Katelyn	241		K20	84	00:00:19	00:32:42.15	00:33:01.25	+00:12:32	6:32	9.2
257	TRUŚ Karolina	261	BIEGAJ Z DĘBAMI	K30	100	00:00:26	00:32:48.10	00:33:14.45	+00:12:38	6:33	9.1
258	ZIELIŃSKA Justyna	50	SOLECCY BIEGACZE	K30	101	00:00:15	00:32:48.45	00:33:03.75	+00:12:39	6:33	9.1
259	WESOŁOWSKA Aleksandra	248		K30	102	00:00:29	00:32:49.85	00:33:19.65	+00:12:40	6:34	9.1
260	KRZYŻANOWSKA Beata	310	BALETÓWKI	K50	16	00:00:25	00:32:50.10	00:33:15.60	+00:12:40	6:34	9.1
261	NIESPOREK Ewa	231		K50	17	00:00:16	00:33:00.75	00:33:17.10	+00:12:51	6:36	9.1
262	GUZZETTA Shelby	345		K20	85	00:00:20	00:33:02.20	00:33:22.35	+00:12:52	6:36	9.1
263	SACKREUTER Martina	366		K20	86	00:00:03	00:33:06.45	00:33:09.45	+00:12:57	6:37	9.1
264	SZALAPSKA Monika	348		K30	103	00:00:25	00:33:08.15	00:33:33.25	+00:12:58	6:37	9.1
265	DEPKA Agnieszka	84		K30	104	00:00:29	00:33:14.65	00:33:43.95	+00:13:05	6:38	9
266	KOZŁOWSKA Agata	349		K20	87	00:00:28	00:33:18.65	00:33:47.55	+00:13:09	6:39	9
267	CZERWIŃSKA Ewelina	329		K30	105	00:00:25	00:33:25.30	00:33:50.90	+00:13:15	6:41	9
268	MINISZEWSKA Irena	221		K30	106	00:00:08	00:33:27.40	00:33:36.35	+00:13:18	6:41	9
269	MELLER Anna	37		K20	88	00:00:16	00:33:34.45	00:33:51.20	+00:13:25	6:43	8.9
270	DOBRACTKA Anna	35	CENTRUM MASAŻY OSHIN OSHIN.PL	K20	89	00:00:16	00:33:34.95	00:33:51.45	+00:13:25	6:43	8.9
271	SZRAM Magdalena	44		K20	90	00:00:16	00:33:35.80	00:33:52.15	+00:13:26	6:43	8.9
272	SZYMAŃSKA Izabela	262		K30	107	00:00:10	00:33:36.55	00:33:46.80	+00:13:27	6:43	8.9
273	WIŚNIEWSKA Ewa	157		K40	55	00:00:18	00:33:36.55	00:33:55.15	+00:13:27	6:43	8.9
274	KOCHAŃSKA Anna	141	BIEGAM BO LUBIĘ :)	K30	108	00:00:20	00:33:37.30	00:33:57.30	+00:13:27	6:43	8.9
275	JAROCH Magdalena	291	BYLE DO METY :)	K30	109	00:00:15	00:33:41.45	00:33:57.35	+00:13:32	6:44	8.9
276	BARCIKOWSKA Weronika	113		K20	91	00:00:26	00:33:43.70	00:34:10.05	+00:13:34	6:44	8.9
277	KURTA Anna	289		K20	92	00:00:05	00:33:47.40	00:33:53.35	+00:13:38	6:45	8.9
278	KURTA-LEIPZIG Danuta	368		K30	110	00:00:05	00:33:47.75	00:33:53.40	+00:13:38	6:45	8.9
279	MATUSZEWSKA Agnieszka	144		K30	111	00:00:24	00:33:54.65	00:34:19.25	+00:13:45	6:47	8.8
280	GÓDŹ Hanna	176	JAŚ BIEGA	K60	5	00:00:13	00:33:55.05	00:34:08.35	+00:13:45	6:47	8.8
281	SIEMIENIEC Violetta	73		K40	56	00:00:02	00:33:57.60	00:33:59.70	+00:13:48	6:47	8.8
282	RAKOCZY Magdalena	350	POCZĄTKUJĄCA	K30	112	00:00:09	00:34:00.35	00:34:09.85	+00:13:50	6:48	8.8
283	KO-KO Anna	55	GORZEŃ RUN	K30	113	00:00:24	00:34:18.75	00:34:43.10	+00:14:09	6:51	8.7
284	CIACIUCH Justyna	85	GORZEŃ RUN	K30	114	00:00:24	00:34:19.15	00:34:43.15	+00:14:09	6:51	8.7
285	BIERNACKA Julia	326		K20	93	00:00:03	00:34:23.75	00:34:27.40	+00:14:14	6:52	8.7
286	CZYZEWSKA Hanna	303		K30	115	00:00:23	00:34:38.90	00:35:02.65	+00:14:29	6:55	8.7
287	SPYRKA Agnieszka	328		K30	116	00:00:25	00:34:39.05	00:35:04.55	+00:14:29	6:55	8.7
288	KUZIAK Aleksandra	112	BIEGAJ Z DĘBAMI	K50	18	00:00:12	00:35:15.55	00:35:27.70	+00:15:06	7:03	8.5
289	CZYŻYCKA Beata	187		K40	57	00:00:28	00:35:17.80	00:35:46.35	+00:15:08	7:03	8.5
290	BOSAK Patrycja	97		K30	117	00:00:31	00:35:46.80	00:36:18.70	+00:15:37	7:09	8.4
291	MORZYŃSKA Hanna	179		K50	19	00:00:26	00:35:52.55	00:36:19.35	+00:15:43	7:10	8.4
292	DĄBROWSKA Hanna	295		K40	58	00:00:04	00:35:54.00	00:35:58.45	+00:15:44	7:10	8.4
293	PLIT Klaudia	203	III LO	K20	94	00:00:13	00:36:22.90	00:36:36.00	+00:16:13	7:16	8.2
294	KOWALSKA Klaudia	160		K20	95	00:00:12	00:36:23.30	00:36:36.00	+00:16:13	7:16	8.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
295	<b>KLUCZYŃSKA Blanka</b>	<b>9</b>		K30	118	00:00:19	<b>00:36:29.10</b>	<b>00:36:48.95</b>	+00:16:19	7:17	8.2
296	<b>SZEWczyk Katarzyna</b>	<b>276</b>		K30	119	00:00:23	<b>00:36:43.25</b>	<b>00:37:06.55</b>	+00:16:33	7:20	8.2
297	<b>CEGLARSKA Petra</b>	<b>315</b>		K40	59	00:00:14	<b>00:36:48.80</b>	<b>00:37:03.60</b>	+00:16:39	7:21	8.1
298	<b>BOBIŃSKA Beata</b>	<b>275</b>		K40	60	00:00:22	<b>00:36:50.75</b>	<b>00:37:13.70</b>	+00:16:41	7:22	8.1
299	<b>MIGAŁA Dorota</b>	<b>162</b>		K30	120	00:00:09	<b>00:37:36.15</b>	<b>00:37:45.45</b>	+00:17:26	7:31	8
300	<b>SMOL Gosia</b>	<b>352</b>		K20	96	00:00:13	<b>00:37:44.50</b>	<b>00:37:58.25</b>	+00:17:35	7:33	7.9
301	<b>PASZKOWSKA Katarzyna</b>	<b>117</b>	CROSSFIT BYDGOSZCZ	K30	121	00:00:12	<b>00:37:46.35</b>	<b>00:37:58.40</b>	+00:17:36	7:33	7.9
302	<b>DŁUGOSZ Jagoda</b>	<b>332</b>	NIEZRZESZONA	K60	6	00:00:21	<b>00:38:13.35</b>	<b>00:38:35.10</b>	+00:18:03	7:38	7.8
303	<b>WITKOWSKA Kamila</b>	<b>16</b>		K20	97	00:00:21	<b>00:38:14.45</b>	<b>00:38:35.50</b>	+00:18:05	7:38	7.8
304	<b>TYMCZAK Marta</b>	<b>324</b>		K30	122	00:00:03	<b>00:38:23.85</b>	<b>00:38:27.30</b>	+00:18:14	7:40	7.8
305	<b>WIECZOREK-KISTOWSKA Alina</b>	<b>218</b>		K50	20	00:00:25	<b>00:40:24.80</b>	<b>00:40:50.00</b>	+00:20:15	8:05	7.4
306	<b>SOBCZYŃSKA Marta</b>	<b>306</b>		K20	98	00:00:24	<b>00:44:53.95</b>	<b>00:45:18.60</b>	+00:24:44	8:58	6.7
307	<b>JUDKOWIAK Joanna</b>	<b>340</b>		K30	123	00:00:05					

Znaleziono 307 wynik(ów)