



**Organizator:** Green House / Budlex  
**Data:** 2016-04-24  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

## RUN BUDLEX FOR WOMEN

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	ŻAL Jolanta	8	PARKRUN BYDGOSZCZ	K30	1	00:00:02	00:20:13.45	00:20:15.55		4:02	14.8
2	WUJEK Magdalena	214		K30	2	00:00:02	00:20:26.60	00:20:28.80	+00:00:13	4:05	14.7
3	WRÓBLEWSKA Dagmara	23	TKKF KOLEJARZ	K30	3	00:00:01	00:21:23.95	00:21:25.20	+00:01:10	4:16	14
4	SZWEDA Mirosława	50		K30	4	00:00:03	00:21:59.15	00:22:02.20	+00:01:45	4:23	13.6
5	SMAŻYK Ewelina	343	RUN BYDGOSZCZ	K30	5	00:00:02	00:22:12.00	00:22:14.50	+00:01:58	4:26	13.5
6	JAROCKA Beata	113	NIEZRZESZONA	K30	6	00:00:07	00:22:27.05	00:22:34.55	+00:02:13	4:29	13.4
7	SCHULZ Milena	25		K30	7	00:00:03	00:22:32.35	00:22:35.80	+00:02:18	4:30	13.3
8	CZAPLEWSKA Agnieszka	125	KB ŁAPKA	K30	8	00:00:05	00:22:40.10	00:22:45.30	+00:02:26	4:32	13.2
9	MAZANOWSKA Ewa	11	RUN-PASJA	K30	9	00:00:03	00:23:28.50	00:23:32.15	+00:03:15	4:41	12.8
10	SZULC Małgorzata	98		K30	10	00:00:02	00:23:35.05	00:23:37.45	+00:03:21	4:43	12.7
11	SOSIŃSKA Izabela	118		K30	11	00:00:06	00:24:10.40	00:24:16.90	+00:03:56	4:50	12.4
12	KULPEKSZA Karolina	91		K30	12	00:00:06	00:24:12.40	00:24:18.50	+00:03:58	4:50	12.4
13	SZYMAŃSKA Agata	196		K30	13	00:00:07	00:24:22.15	00:24:29.90	+00:04:08	4:52	12.3
14	POTRZEBOWSKA Agata	72	1985	K30	14	00:00:03	00:24:24.05	00:24:27.90	+00:04:10	4:52	12.3
15	STAWARSKA Elżbieta	87		K30	15	00:00:06	00:24:35.65	00:24:41.75	+00:04:22	4:55	12.2
16	WAŚOWSKA Katarzyna	212		K30	16	00:00:03	00:24:35.90	00:24:39.00	+00:04:22	4:55	12.2
17	MRUK-HORODECKA Kornelia	238		K30	17	00:00:13	00:24:37.00	00:24:50.45	+00:04:23	4:55	12.2
18	DERING Hanna	230		K30	18	00:00:10	00:24:41.40	00:24:51.70	+00:04:27	4:56	12.2
19	MAGDZIARZ Katarzyna	293		K30	19	00:00:25	00:24:41.50	00:25:07.35	+00:04:28	4:56	12.1
20	PRZEKWASIŃSKA Anna	297		K30	20	00:00:25	00:24:41.60	00:25:07.55	+00:04:28	4:56	12.1
21	ANDRZEJEWSKA Agnieszka	103	ZS 19	K30	21	00:00:12	00:24:45.75	00:24:58.65	+00:04:32	4:57	12.1
22	DZIEDZIC Agnieszka	120		K30	22	00:00:07	00:24:56.25	00:25:03.40	+00:04:42	4:59	12
23	DĄBROWSKA Aneta	317		K30	23	00:00:21	00:25:37.00	00:25:58.00	+00:05:23	5:07	11.7
24	KULBAKA Sylwia	127		K30	24	00:00:27	00:25:40.30	00:26:08.05	+00:05:26	5:08	11.7
25	ZAŁĘCKA Renata	99		K30	25	00:00:03	00:25:44.55	00:25:47.95	+00:05:31	5:08	11.7
26	ĆWIKLIŃSKA Anna	273	KLONIKTEAM	K30	26	00:00:10	00:26:00.80	00:26:11.30	+00:05:47	5:12	11.5
27	RIVAT Anna	395		K30	27	00:00:04	00:26:04.30	00:26:08.60	+00:05:50	5:12	11.5
28	JADCZAK Katarzyna	237		K30	28	00:00:06	00:26:12.75	00:26:18.75	+00:05:59	5:14	11.5
29	KOCHAŃSKA Joanna	105		K30	29	00:00:08	00:26:13.90	00:26:22.60	+00:06:00	5:14	11.4
30	WYLANGOWSKA Joanna	188		K30	30	00:00:23	00:26:15.30	00:26:38.50	+00:06:01	5:15	11.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas	Czas	Różn	Tempo	Tempo
							netto	brutto		min/km	km/h
							5km	5km			
31	FAC Dorota	414		K30	31	00:00:15	00:26:19.40	00:26:35.30	+00:06:05	5:16	11.4
32	BRZYKCY Karolina	310		K30	32	00:00:27	00:26:29.60	00:26:56.70	+00:06:16	5:17	11.3
33	IGLEWSKA Dominika	191		K30	33	00:00:03	00:26:41.35	00:26:45.05	+00:06:27	5:20	11.2
34	SIEWERT Hanna	228		K30	34	00:00:25	00:26:48.40	00:27:13.80	+00:06:34	5:21	11.2
35	KRASIŃSKA Katarzyna	29		K30	35	00:00:08	00:26:50.15	00:26:58.50	+00:06:36	5:22	11.2
36	NIKOLAJEW Monika	156		K30	36	00:00:02	00:26:53.05	00:26:55.15	+00:06:39	5:22	11.2
37	GÓRSKA Joanna	319		K30	37	00:00:14	00:26:56.25	00:27:10.50	+00:06:42	5:23	11.1
38	CYCKOWSKA Karolina	254		K30	38	00:00:12	00:27:13.55	00:27:26.20	+00:07:00	5:26	11
39	GRYŃ-MAŚLIJ Kasia	202		K30	39	00:00:22	00:27:25.65	00:27:47.85	+00:07:12	5:29	10.9
40	ANDRZEJEWSKA Monika	266		K30	40	00:00:12	00:27:27.55	00:27:40.00	+00:07:14	5:29	10.9
41	CYRKLAF Anna	287		K30	41	00:00:04	00:27:31.25	00:27:36.00	+00:07:17	5:30	10.9
42	SULSKA Marta	246		K30	42	00:00:15	00:27:39.40	00:27:55.20	+00:07:25	5:32	10.8
43	KUGACZ Aneta	347	RUN BYDGOSZCZ	K30	43	00:00:23	00:27:47.55	00:28:10.95	+00:07:34	5:33	10.8
44	CISZEWSKA Emilia	187	-	K30	44	00:00:13	00:27:47.70	00:28:01.35	+00:07:34	5:33	10.8
45	PODOSEK Magdalena	419		K30	45	00:00:09	00:27:50.85	00:28:00.75	+00:07:37	5:34	10.8
46	NIEZGÓDKA Anna	92		K30	46	00:00:06	00:27:57.35	00:28:03.35	+00:07:43	5:35	10.7
47	PIECYK-CZAJA Sonia	275		K30	47	00:00:23	00:28:04.45	00:28:28.30	+00:07:51	5:37	10.7
48	PALUSZKIEWICZ Kamila	353		K30	48	00:00:21	00:28:09.85	00:28:31.30	+00:07:56	5:38	10.7
49	PŁACZKOWSKA Magdalena	359		K30	49	00:00:10	00:28:10.30	00:28:21.10	+00:07:56	5:38	10.6
50	GIŻA Wioletta	174		K30	50	00:00:03	00:28:14.15	00:28:17.95	+00:08:00	5:38	10.6
51	WAWRZY尼亚K Karolina	358		K30	51	00:00:11	00:28:16.50	00:28:27.50	+00:08:03	5:39	10.6
52	DUTKIEWICZ Urszula	281	TKKF KOLEJARZ BYDGOSZCZ	K30	52	00:00:04	00:28:17.10	00:28:22.05	+00:08:03	5:39	10.6
53	GOLIMOWSKA Anna	166		K30	53	00:00:17	00:28:21.50	00:28:38.90	+00:08:08	5:40	10.6
54	JANKOWSKA Agnieszka	403		K30	54	00:00:06	00:28:30.20	00:28:36.80	+00:08:16	5:42	10.5
55	RASSALSKA Roma	5		K30	55	00:00:13	00:28:44.10	00:28:57.10	+00:08:30	5:44	10.4
56	PRZYBYLSKA Paulina	133		K30	56	00:00:19	00:28:44.40	00:29:03.60	+00:08:30	5:44	10.4
57	RASSALSKA-KAUSA Jola	6		K30	57	00:00:13	00:28:46.20	00:28:59.35	+00:08:32	5:45	10.4
58	RYBIĆKA Anna	282		K30	58	00:00:17	00:28:48.40	00:29:05.40	+00:08:34	5:45	10.4
59	RZEPECKA Katarzyna	300		K30	59	00:00:01	00:28:48.95	00:28:50.55	+00:08:35	5:45	10.4
60	DUDZIAK Elżbieta	149		K30	60	00:00:14	00:28:49.30	00:29:04.05	+00:08:35	5:46	10.4
61	JELEŃ Agnieszka	81	VEGE RUNNERS	K30	61	00:00:24	00:28:49.95	00:29:14.10	+00:08:36	5:46	10.4
62	BAKOWSKA Marta	340	IRON LADIES/ CROSSFIT BYDGOSZCZ	K30	62	00:00:18	00:28:53.50	00:29:12.15	+00:08:40	5:46	10.4
63	ŻUCHELKOWSKA Agata	434		K30	63	00:00:04	00:28:54.05	00:28:58.60	+00:08:40	5:46	10.4
64	NYBAK Beata	186		K30	64	00:00:13	00:28:56.25	00:29:09.95	+00:08:42	5:47	10.4
65	GROCHOWALSKA Marzena	236		K30	65	00:00:31	00:29:01.40	00:29:32.85	+00:08:47	5:48	10.3
66	ZABIEŁŁO Kamila	169		K30	66	00:00:07	00:29:09.75	00:29:17.45	+00:08:56	5:50	10.3
67	CZYŻEWSKA Justyna	155		K30	67	00:00:16	00:29:17.30	00:29:34.10	+00:09:03	5:51	10.2
68	BRAĞIEL Anna	28	VEGE RUNNERS	K30	68	00:00:29	00:29:40.55	00:30:10.45	+00:09:27	5:56	10.1
69	TUBISZ Agnieszka	175		K30	69	00:00:27	00:29:46.00	00:30:13.95	+00:09:32	5:57	10.1
70	WÓJT Monika	134		K30	70	00:00:19	00:29:46.15	00:30:05.75	+00:09:32	5:57	10.1
71	CZESZUMSKA Karolina	209		K30	71	00:00:19	00:29:54.15	00:30:13.65	+00:09:40	5:58	10
72	KANAREK Marta	243		K30	72	00:00:29	00:29:56.55	00:30:25.55	+00:09:43	5:59	10
73	DEPKA Agnieszka	126		K30	73	00:00:27	00:30:16.55	00:30:43.95	+00:10:03	6:03	9.9
74	JAGODZIŃSKA Paulina	435		K30	74	00:00:29	00:30:16.95	00:30:46.65	+00:10:03	6:03	9.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
75	WIATROWSKA Katarzyna	280		K30	75	00:00:12	00:30:20.90	00:30:32.95	+00:10:07	6:04	9.9
76	BILON-MOLENDA Alicja	37		K30	76	00:00:19	00:30:28.40	00:30:47.70	+00:10:14	6:05	9.8
77	SZALA Monika	4		K30	77	00:00:27	00:30:32.10	00:31:00.00	+00:10:18	6:06	9.8
78	PIASECKA Alina	283		K30	78	00:00:19	00:30:33.20	00:30:52.90	+00:10:19	6:06	9.8
79	SUDOŁ Karolina	417	LIMONKA TEAM	K30	79	00:00:08	00:30:36.70	00:30:45.45	+00:10:23	6:07	9.8
80	OLEK Agnieszka	194	BUDLEX	K30	80	00:00:27	00:30:37.65	00:31:04.85	+00:10:24	6:07	9.8
81	CZYZEWSKA Bernadeta	190		K30	81	00:00:15	00:30:40.40	00:30:56.30	+00:10:26	6:08	9.8
82	LEWANDOWSKA Katarzyna	410		K30	82	00:00:10	00:30:43.60	00:30:54.30	+00:10:30	6:08	9.8
83	TOPCZEWSKA Bożena	316		K30	83	00:00:20	00:31:13.35	00:31:33.75	+00:10:59	6:14	9.6
84	GRZEGOREK Paulina	211		K30	84	00:00:29	00:31:20.15	00:31:49.20	+00:11:06	6:16	9.6
85	IDLER Aneta	18		K30	85	00:00:20	00:31:28.15	00:31:48.45	+00:11:14	6:17	9.5
86	MRÓWCZYŃSKA Agnieszka	413		K30	86	00:00:07	00:31:29.90	00:31:37.65	+00:11:16	6:18	9.5
87	PRZYBYSZ Teresa	33		K30	87	00:00:10	00:31:39.30	00:31:50.25	+00:11:25	6:20	9.5
88	NOWAKOWSKA Sylwia	269		K30	88	00:00:29	00:31:57.45	00:32:27.15	+00:11:44	6:23	9.4
89	DOBRZAŃSKA Katarzyna	372	PARK HOTEL	K30	89	00:00:29	00:32:05.05	00:32:34.15	+00:11:51	6:25	9.4
90	ORZECHOWSKA Monika	182	PĄCZKI	K30	90	00:00:31	00:32:07.85	00:32:39.10	+00:11:54	6:25	9.3
91	MIKOŁAJCZAK Aleksandra	327		K30	91	00:00:07	00:32:09.30	00:32:16.90	+00:11:55	6:25	9.3
92	NADOLNA Aurelia	223	WEEKENDOWY BIEGACZ	K30	92	00:00:23	00:32:15.50	00:32:38.60	+00:12:02	6:27	9.3
93	STAŃCZYK-KRANC Joanna	7		K30	93	00:00:19	00:32:18.80	00:32:38.00	+00:12:05	6:27	9.3
94	KANI EWSKA Asia	145		K30	94	00:00:28	00:32:48.60	00:33:17.05	+00:12:35	6:33	9.1
95	ZIELIŃSKA Ewa	380		K30	95	00:00:30	00:33:06.80	00:33:36.80	+00:12:53	6:37	9.1
96	KOŚCIOŁOWSKA Anna	239		K30	96	00:00:30	00:33:18.65	00:33:49.45	+00:13:05	6:39	9
97	ROZALSKA Marta	170	SUNFLOWER TEAM	K30	97	00:00:31	00:33:26.40	00:33:57.85	+00:13:12	6:41	9
98	WESOŁOWSKA Karolina	179		K30	98	00:00:31	00:33:26.70	00:33:58.15	+00:13:13	6:41	9
99	SONDEJ Agnieszka	423		K30	99	00:00:05	00:33:31.55	00:33:37.35	+00:13:18	6:42	8.9
100	SMOLEŃ Joanna	361	POCZTA POLSKA	K30	100	00:00:20	00:33:34.80	00:33:55.65	+00:13:21	6:43	8.9
101	SONTOWSKA Sylwia	367		K30	101	00:00:07	00:33:35.80	00:33:42.95	+00:13:22	6:43	8.9
102	KANTOWSKA Paulina	77		K30	102	00:00:32	00:33:36.10	00:34:08.60	+00:13:22	6:43	8.9
103	BŁACHEWICZ Magdalena	362		K30	103	00:00:20	00:33:40.10	00:34:00.20	+00:13:26	6:44	8.9
104	MAKLAKIEWICZ Agnieszka	400		K30	104	00:00:28	00:33:46.95	00:34:15.60	+00:13:33	6:45	8.9
105	SZAŁAPSKA Monika	137	BUDLEX	K30	105	00:00:27	00:34:22.00	00:34:49.00	+00:14:08	6:52	8.7
106	BRYLEW-PŁOSZYŃSKA Dorota	412	SKLEP PIWOSZA KORONOWO	K30	106	00:00:32	00:34:30.45	00:35:02.50	+00:14:17	6:54	8.7
107	KLUCZYŃSKA Blanka	192		K30	107	00:00:16	00:34:34.70	00:34:50.80	+00:14:21	6:54	8.7
108	NYKA Monika	349		K30	108	00:00:28	00:36:38.70	00:37:07.20	+00:16:25	7:19	8.2
109	KUCZYŃSKA Małgorzata	321		K30	109	00:00:26	00:37:18.05	00:37:44.05	+00:17:04	7:27	8
110	LIPOWSKA Dorota	51	PĄCZKI	K30	110	00:00:30	00:38:21.30	00:38:52.00	+00:18:07	7:40	7.8
111	NOWAK Anna	218		K30	111	00:00:10	00:39:40.10	00:39:50.20	+00:19:26	7:56	7.6
112	JAGODZIŃSKA Katarzyna	425		K30	112	00:00:21	00:41:01.55	00:41:23.00	+00:20:48	8:12	7.3
113	MAŃKOWSKA Ewa	411		K30	113	00:00:11	00:42:51.55	00:43:02.55	+00:22:38	8:34	7
114	WOJCIECHOWSKA Renata	13		K30	114	00:00:17	00:43:46.15	00:44:04.05	+00:23:32	8:45	6.9
115	PASZKOWSKA Katarzyna	14		K30	115	00:00:17	00:43:46.30	00:44:04.20	+00:23:32	8:45	6.9

Znaleziono 115 wynik(ów)