



**Organizator:** Green House / Budlex  
**Data:** 2016-04-24  
**Miejsce:** Bydgoszcz  
**Dystans:** 5 km

## RUN BUDLEX FOR WOMEN

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	URBAŃSKA Ewa	27	TRISPACE	K40	1	00:00:01	00:21:47.70	00:21:49.30		4:21	13.8
2	STASZKIEWICZ Lucyna	108	STASHKY TEAM	K40	2	00:00:02	00:22:19.05	00:22:21.80	+00:00:31	4:27	13.4
3	ŁUCKA Anna	66		K40	3	00:00:15	00:23:26.10	00:23:42.00	+00:01:38	4:41	12.8
4	GACKOWSKA Beata	101	TKKFKOLEJARZBYDGOSZCZ	K40	4	00:00:01	00:23:28.00	00:23:29.90	+00:01:40	4:41	12.8
5	GRABOWSKA Irena	256		K40	5	00:00:02	00:23:53.45	00:23:56.30	+00:02:05	4:46	12.6
6	HULEWICZ Elżbieta	285		K40	6	00:00:18	00:24:08.50	00:24:26.65	+00:02:20	4:49	12.4
7	KUBIS Sylwia	344		K40	7	00:00:01	00:24:09.50	00:24:11.05	+00:02:21	4:50	12.4
8	MICHNA Joanna	195		K40	8	00:00:25	00:25:02.80	00:25:28.45	+00:03:15	5:00	12
9	PRUS Karolina	68		K40	9	00:00:30	00:25:23.95	00:25:54.60	+00:03:36	5:04	11.8
10	DULIŃSKA Dorota	102	TRISPACE	K40	10	00:00:13	00:25:26.90	00:25:40.35	+00:03:39	5:05	11.8
11	BOULGE Beata	374		K40	11	00:00:02	00:25:34.80	00:25:37.40	+00:03:47	5:07	11.7
12	LUBIŃSKA-BORGULA Iwona	396		K40	12	00:00:20	00:25:37.25	00:25:57.90	+00:03:49	5:07	11.7
13	PORAZINSKA Viktoria	299		K40	13	00:00:01	00:25:54.15	00:25:55.60	+00:04:06	5:10	11.6
14	GROBELNA Angelika	79		K40	14	00:00:11	00:25:58.75	00:26:09.85	+00:04:11	5:11	11.6
15	NUNZEK Agnieszka	227		K40	15	00:00:07	00:26:06.35	00:26:14.25	+00:04:18	5:13	11.5
16	GOLON Marlena	106		K40	16	00:00:08	00:26:07.55	00:26:15.95	+00:04:19	5:13	11.5
17	JANOWSKA Urszula	64	AKADEMIA BIEGANIA GRUDZIĄDZ	K40	17	00:00:17	00:26:21.00	00:26:38.90	+00:04:33	5:16	11.4
18	POLACKA Jadwiga	376		K40	18	00:00:17	00:27:00.10	00:27:17.95	+00:05:12	5:24	11.1
19	MAJERSKA Beata	352		K40	19	00:00:03	00:27:07.10	00:27:10.50	+00:05:19	5:25	11.1
20	SZUFLITA Iwona	263		K40	20	00:00:12	00:27:08.70	00:27:21.15	+00:05:21	5:25	11
21	RÓŻAŃSKA Jowanka	402	BYDGOSZCZ TRIATHLON TEAM	K40	21	00:00:03	00:27:09.45	00:27:12.60	+00:05:21	5:25	11
22	PLISZCZYŃSKA Joanna	21		K40	22	00:00:03	00:27:14.85	00:27:18.80	+00:05:27	5:27	11
23	PAPROCKA Małgorzata	47		K40	23	00:00:03	00:27:42.55	00:27:45.65	+00:05:54	5:32	10.8
24	KONOPCZYŃSKA Kamila	408		K40	24	00:00:04	00:27:44.00	00:27:48.55	+00:05:56	5:32	10.8
25	SYKUTERA-WOŹNIAK Agnieszka	325		K40	25	00:00:07	00:27:57.15	00:28:04.15	+00:06:09	5:35	10.7
26	JĘDRYSZKA Ewa	286		K40	26	00:00:06	00:27:57.65	00:28:04.15	+00:06:09	5:35	10.7
27	JANCZARSKA Beata	136	BUDLEX	K40	27	00:00:10	00:28:08.35	00:28:18.35	+00:06:20	5:37	10.7
28	DAŃCZUK Agnieszka	2		K40	28	00:00:05	00:28:25.25	00:28:30.50	+00:06:37	5:41	10.6
29	BASZANOWSKA Sylwia	216		K40	29	00:00:07	00:28:31.80	00:28:39.30	+00:06:44	5:42	10.5
30	RYDELSKA Kinga	320		K40	30	00:00:10	00:28:33.15	00:28:43.65	+00:06:45	5:42	10.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
31	DYLEWSKA Marta	56	PĄCZKI	K40	31	00:00:21	00:28:45.30	00:29:06.60	+00:06:57	5:45	10.4
32	KLUGIEWICZ Dorota	119		K40	32	00:00:13	00:28:46.85	00:29:00.45	+00:06:59	5:45	10.4
33	WIŚNIEWSKA-KRAWIEC Beata	430		K40	33	00:00:23	00:29:03.05	00:29:26.30	+00:07:15	5:48	10.3
34	ZAJĄKAŁA Małgorzata	346		K40	34	00:00:09	00:29:10.50	00:29:19.60	+00:07:22	5:50	10.3
35	AUGUSTYNOWICZ Aurelia	1	RWT W BYDGOSZCZY	K40	35	00:00:18	00:29:11.55	00:29:29.70	+00:07:23	5:50	10.3
36	SIEMIENIEC Violetta	122		K40	36	00:00:02	00:29:16.50	00:29:19.35	+00:07:28	5:51	10.2
37	KOWALSKA Aleksandra	312		K40	37	00:00:26	00:29:21.45	00:29:47.65	+00:07:33	5:52	10.2
38	KACZMAREK Anita	278		K40	38	00:00:12	00:29:23.70	00:29:36.00	+00:07:36	5:52	10.2
39	STIMMA Anna	375		K40	39	00:00:32	00:29:33.15	00:30:05.50	+00:07:45	5:54	10.2
40	LEWANDOWSKA Joanna	345		K40	40	00:00:09	00:29:34.00	00:29:43.20	+00:07:46	5:54	10.1
41	DOMŻALSKA Sławomira	351		K40	41	00:00:24	00:29:47.50	00:30:11.70	+00:07:59	5:57	10.1
42	MRÓWCZYŃSKA Aleksandra	302		K40	42	00:00:12	00:30:12.90	00:30:25.55	+00:08:25	6:02	9.9
43	KISIEL Katarzyna	429		K40	43	00:00:11	00:30:13.55	00:30:24.90	+00:08:25	6:02	9.9
44	PŁUCIENNIK Joanna	100		K40	44	00:00:21	00:30:28.05	00:30:49.05	+00:08:40	6:05	9.8
45	DĘBCZYŃSKA Agnieszka	177		K40	45	00:00:11	00:30:39.70	00:30:51.35	+00:08:52	6:08	9.8
46	MARĆ Agnieszka	232		K40	46	00:00:08	00:30:51.40	00:31:00.35	+00:09:03	6:10	9.7
47	MAGDZIARZ Monika	424		K40	47	00:00:21	00:30:59.30	00:31:20.90	+00:09:11	6:11	9.7
48	PASERA Teresa	339		K40	48	00:00:07	00:31:03.55	00:31:11.05	+00:09:15	6:12	9.7
49	MUSIAŁ Elwira	83	BYDGOSZCZ TRIATHLON TEAM	K40	49	00:00:14	00:31:07.85	00:31:22.55	+00:09:20	6:13	9.6
50	PUZEWICZ Izabela	274		K40	50	00:00:21	00:31:24.80	00:31:46.70	+00:09:37	6:17	9.5
51	DROGOWSKA Anetta	16		K40	51	00:00:19	00:31:37.80	00:31:57.60	+00:09:50	6:19	9.5
52	KRUSZKA Anita	326		K40	52	00:00:07	00:31:49.65	00:31:56.95	+00:10:01	6:21	9.4
53	MAŚLOCH Beata	173	BUDLEX	K40	53	00:00:26	00:31:50.30	00:32:17.10	+00:10:02	6:22	9.4
54	CHŁOPECKA Iwona	295		K40	54	00:00:25	00:31:53.10	00:32:18.20	+00:10:05	6:22	9.4
55	ZIENKOWSKA Joanna	294		K40	55	00:00:25	00:31:53.30	00:32:18.35	+00:10:05	6:22	9.4
56	PIECZEK Izabela	385	STUDIO ZDROWIA BYDGOSZCZ	K40	56	00:00:11	00:32:17.75	00:32:28.80	+00:10:30	6:27	9.3
57	LIBERA Sabina	9	PARKRUN BYDGOSZCZ	K40	57	00:00:20	00:32:22.65	00:32:43.20	+00:10:34	6:28	9.3
58	KUŚ Lidia	43		K40	58	00:00:10	00:32:26.90	00:32:37.00	+00:10:39	6:29	9.2
59	STRÓŻYŃSKA Gosia	333		K40	59	00:00:17	00:33:09.35	00:33:26.65	+00:11:21	6:37	9
60	OZTURK Klaudia	329		K40	60	00:00:08	00:33:18.25	00:33:26.60	+00:11:30	6:39	9
61	WOJDYLAK-PIEKUT Beata	330		K40	61	00:00:12	00:33:27.20	00:33:40.10	+00:11:39	6:41	9
62	SOBOCIŃSKA Marta	279		K40	62	00:00:24	00:33:34.00	00:33:58.75	+00:11:46	6:42	8.9
63	PAWLEWICZ Justyna	368		K40	63	00:00:07	00:33:35.50	00:33:42.50	+00:11:47	6:43	8.9
64	CZYŻYCKA Beata	270		K40	64	00:00:29	00:34:26.75	00:34:56.35	+00:12:39	6:53	8.7
65	MATERNA Hanna	138	BUDLEX	K40	65	00:00:26	00:34:29.30	00:34:55.40	+00:12:41	6:53	8.7
66	GAWRYCH Justyna	384		K40	66	00:00:05	00:34:49.40	00:34:54.75	+00:13:01	6:57	8.6
67	POŁOMSKA Joanna	249		K40	67	00:00:30	00:37:10.10	00:37:40.45	+00:15:22	7:26	8.1
68	NOWAKOWSKA Magda	363		K40	68	00:00:20	00:38:12.10	00:38:32.20	+00:16:24	7:38	7.9
69	MERCHEL Violetta	247	KLUB ZDROWIA	K40	69	00:00:22	00:38:29.75	00:38:52.00	+00:16:42	7:42	7.8
70	LIPOWSKA Magdalena	52	PĄCZKI	K40	70	00:00:30	00:38:34.00	00:39:04.50	+00:16:46	7:42	7.8
71	ALEKSY Małgorzata	185		K40	71	00:00:14	00:43:00.70	00:43:14.80	+00:21:13	8:36	7