

Organiser: Extreme Events, Runmageddon
Date: 2021-08-07
Place: Ostrołęka
Distance: 5 km

Classification: Open Masters Kobiet

Place	Participant	Number	Club	Category	MCat	Seria	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	BALAZY Agnieszka	778	FIGHT ACADEMY OSTROŁĘKA	Open Masters Kobiet	1	12:15	00:58:33.70	00:58:33.70		11:42	5.1 (100%)
2	NAPIÓRKOWSKA Ania	475		Open Masters Kobiet	2	10:30	01:07:02.35	01:07:02.35	+00:08:28 (12.6%)	13:24	4.5 (88.2%)
3	KOTOMSKA Grażyna	659		Open Masters Kobiet	3	11:45	01:10:59.20	01:10:59.20	+00:12:25 (17.5%)	14:11	4.2 (82.4%)
4	MIERZEJEWSKA Magdalena	188	#TEAMFURIA	Open Masters Kobiet	4	10:30	01:11:44.70	01:11:44.70	+00:13:11 (18.4%)	14:20	4.2 (82.4%)
5	OBUDZIŃSKA Monika	268	HARDER CIECHANÓW	Open Masters Kobiet	5	10:45	01:13:45.55	01:13:45.55	+00:15:11 (20.6%)	14:45	4.1 (80.4%)
6	KORNACKA Agnieszka	1155		Open Masters Kobiet	6	13:10	01:14:28.10	01:14:28.10	+00:15:54 (21.4%)	14:53	4 (78.4%)
7	RYGIELSKA Agnieszka	1166		Open Masters Kobiet	7	13:10	01:14:30.30	01:14:30.30	+00:15:56 (21.4%)	14:54	4 (78.4%)
8	ORLICKA Katarzyna	1114	CROSSBOX OKA	Open Masters Kobiet	8	10:15	01:15:01.75	01:15:01.75	+00:16:28 (21.9%)	15:00	4 (78.4%)
9	BAKUŁA Marta	1191	MPK PURE HOME	Open Masters Kobiet	9	13:20	01:19:57.70	01:19:57.70	+00:21:24 (26.8%)	15:59	3.8 (74.5%)
10	KWAPISZ-CICHOWSKA Katarzyna	1129	MIASTO OSTROŁĘKA	Open Masters Kobiet	10	13:10	01:20:20.25	01:20:20.25	+00:21:46 (27.1%)	16:04	3.7 (72.5%)
11	MŁYNARCZYK Monika	1130	MIASTO OSTROŁĘKA	Open Masters Kobiet	11	13:10	01:20:20.40	01:20:20.40	+00:21:46 (27.1%)	16:04	3.7 (72.5%)
12	DOLEWSKA Elżbieta	424	KOCURY GDAŃSK	Open Masters Kobiet	12	11:15	01:20:25.85	01:20:25.85	+00:21:52 (27.2%)	16:05	3.7 (72.5%)
13	ZAŁĘSKA-RUTKOWSKA Marzena	498		Open Masters Kobiet	13	11:15	01:20:32.30	01:20:32.30	+00:21:58 (27.3%)	16:06	3.7 (72.5%)
14	STANIURSKA Ewa	88	AKADEMIA SPORTU MEDYK ŁÓMŻA	Open Masters Kobiet	14	10:15	01:20:41.80	01:20:41.80	+00:22:08 (27.4%)	16:08	3.7 (72.5%)
15	RUSZKOWSKA Anna	258	CROSS TRENING MAZOVIA CIECHANÓW	Open Masters Kobiet	15	10:45	01:22:17.95	01:22:17.95	+00:23:44 (28.8%)	16:27	3.6 (70.6%)
16	MIELCARZ-ŚWIĘTOCHOWSKA Agata	393		Open Masters Kobiet	16	11:00	01:22:57.75	01:22:57.75	+00:24:24 (29.4%)	16:35	3.6 (70.6%)

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17	SAMSEL Beata	1477		Open Masters Kobiet	17	13:40	01:23:51.60	01:23:51.60	+00:25:17 (30.2%)	16:46	3.6 (70.6%)
18	RUDZEWICZ Marta	1182	15 PUŁK PRZECIWLOTNICZY GOŁDAP	Open Masters Kobiet	18	13:10	01:25:37.35	01:25:37.35	+00:27:03 (31.6%)	17:07	3.5 (68.6%)
19	FLUKS Iwona	1470		Open Masters Kobiet	19	13:40	01:28:18.65	01:28:18.65	+00:29:44 (33.7%)	17:39	3.4 (66.7%)
20	ANDRZEJEWSKA Angela	967	SROKI :D	Open Masters Kobiet	20	12:45	01:28:35.20	01:28:35.20	+00:30:01 (33.9%)	17:43	3.4 (66.7%)
21	CHOJNICKA Joanna	87	AKADEMIA SPORTU MEDYK ŁOMŻA	Open Masters Kobiet	21	10:15	01:28:53.00	01:28:53.00	+00:30:19 (34.1%)	17:46	3.4 (66.7%)
22	SZULKOWSKA Iwona	204	#TEAMFURIA	Open Masters Kobiet	22	10:30	01:28:53.60	01:28:53.60	+00:30:19 (34.1%)	17:46	3.4 (66.7%)
23	KRETKIEWICZ Monika	736		Open Masters Kobiet	23	12:00	01:28:54.80	01:28:54.80	+00:30:21 (34.1%)	17:46	3.4 (66.7%)
24	ANTOSZEWSKA Katarzyna	223		Open Masters Kobiet	24	10:30	01:29:11.20	01:29:11.20	+00:30:37 (34.3%)	17:50	3.4 (66.7%)
25	BLOCH Aneta	216	LEKARZYNY OD 7BOLEŚCI	Open Masters Kobiet	25	10:30	01:29:14.75	01:29:14.75	+00:30:41 (34.4%)	17:50	3.4 (66.7%)
26	PIENIĄŻEK-DĄBROWSKA Katarzyna	153		Open Masters Kobiet	26	10:15	01:30:11.95	01:30:11.95	+00:31:38 (35.1%)	18:02	3.3 (64.7%)
27	CZARKOWSKA Agnieszka	974		Open Masters Kobiet	27	12:45	01:30:58.60	01:30:58.60	+00:32:24 (35.6%)	18:11	3.3 (64.7%)
28	KURPIEWSKA Ewa	1127	MIASTO OSTROŁĘKA	Open Masters Kobiet	28	13:10	01:31:10.20	01:31:10.20	+00:32:36 (35.8%)	18:14	3.3 (64.7%)
29	SZYMAŃSKA Magdalena	670		Open Masters Kobiet	29	11:45	01:31:45.05	01:31:45.05	+00:33:11 (36.2%)	18:21	3.3 (64.7%)
30	MARKOWSKA Katarzyna	310		Open Masters Kobiet	30	10:45	01:33:23.90	01:33:23.90	+00:34:50 (37.3%)	18:40	3.2 (62.7%)
31	TYMIŃSKA Ewa	205	#TEAMFURIA	Open Masters Kobiet	31	10:30	01:33:40.25	01:33:40.25	+00:35:06 (37.5%)	18:44	3.2 (62.7%)
32	CUPIAL Anna	1142	R.AMBO DRUGA CREW	Open Masters Kobiet	32	13:10	01:34:56.65	01:34:56.65	+00:36:22 (38.3%)	18:59	3.2 (62.7%)
33	DZIEDZIC Bogusława	1178	#TEAMFURIA	Open Masters Kobiet	33	13:20	01:35:01.95	01:35:01.95	+00:36:28 (38.4%)	19:00	3.2 (62.7%)
34	KORZYŃSKA Sylwia	712	ROZDAJEMYUSMIECHY.PL	Open Masters Kobiet	34	12:00	01:35:44.45	01:35:44.45	+00:37:10 (38.8%)	19:08	3.1 (60.8%)
35	GRABOWSKA Bożena	806		Open Masters Kobiet	35	12:15	01:36:03.15	01:36:03.15	+00:37:29 (39.0%)	19:12	3.1 (60.8%)
36	REJAK Barbara	686	DRUŻYNA PANNY MŁODEJ	Open Masters Kobiet	36	12:00	01:36:04.55	01:36:04.55	+00:37:30 (39.0%)	19:12	3.1 (60.8%)
37	ZAJKOWSKA Małgorzata	767		Open Masters Kobiet	37	12:00	01:36:04.75	01:36:04.75	+00:37:31 (39.0%)	19:12	3.1 (60.8%)
38	REJAK Barbara	687	DRUŻYNA PANNY MŁODEJ	Open Masters Kobiet	38	12:00	01:36:05.25	01:36:05.25	+00:37:31 (39.1%)	19:13	3.1 (60.8%)
39	KOC Renata	734		Open Masters Kobiet	39	12:00	01:36:05.30	01:36:05.30	+00:37:31 (39.1%)	19:13	3.1 (60.8%)

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40	ZIARKOWSKA Izabela	688	DRUŻYNA PANNY MŁODEJ	Open Masters Kobiet	40	12:00	01:36:05.55	01:36:05.55	+00:37:31 (39.1%)	19:13	3.1 (60.8%)
41	PELAK Agnieszka	1161		Open Masters Kobiet	41	12:00	01:38:13.25	01:38:13.25	+00:39:39 (40.4%)	19:38	3.1 (60.8%)
42	BUŚ Kasia	700	GLADIATORS BY RMF4RT	Open Masters Kobiet	42	12:00	01:38:15.80	01:38:15.80	+00:39:42 (40.4%)	19:39	3.1 (60.8%)
43	MECH Ewa	1340		Open Masters Kobiet	43	10:15	01:38:40.00	01:38:40.00	+00:40:06 (40.6%)	19:44	3 (58.8%)
44	SZYSZKA Barbara	1348		Open Masters Kobiet	44	10:15	01:38:40.20	01:38:40.20	+00:40:06 (40.6%)	19:44	3 (58.8%)
44	GRZYB Beata	90	BOSKIE WIERCHY	Open Masters Kobiet	44	10:15	01:38:40.20	01:38:40.20	+00:40:06 (40.6%)	19:44	3 (58.8%)
46	PICHAL Wioletta	749		Open Masters Kobiet	46	12:00	01:38:41.65	01:38:41.65	+00:40:07 (40.7%)	19:44	3 (58.8%)
47	JOŃCZYK Marianna	1221		Open Masters Kobiet	47	13:20	01:39:05.10	01:39:05.10	+00:40:31 (40.9%)	19:49	3 (58.8%)
48	DĄBEK Agnieszka	892		Open Masters Kobiet	48	12:30	01:39:09.95	01:39:09.95	+00:40:36 (40.9%)	19:49	3 (58.8%)
49	WISZOWATA Marta	127	RUNMAGEDDONOWE SUPER LASKI	Open Masters Kobiet	49	10:15	01:39:40.10	01:39:40.10	+00:41:06 (41.2%)	19:56	3 (58.8%)
50	SUMARA Anna	1132	MIASTO OSTROŁĘKA	Open Masters Kobiet	50	13:10	01:40:19.55	01:40:19.55	+00:41:45 (41.6%)	20:03	3 (58.8%)
51	JAGIEŁŁO Monika	132	WATER TEAM	Open Masters Kobiet	51	10:15	01:40:31.00	01:40:31.00	+00:41:57 (41.7%)	20:06	3 (58.8%)
52	MACIAK Sylwia	592	CROSSBOX OKA	Open Masters Kobiet	52	11:45	01:42:02.55	01:42:02.55	+00:43:28 (42.6%)	20:24	2.9 (56.9%)
53	CIBOROWSKA Małgorzata	684	CILI	Open Masters Kobiet	53	12:00	01:42:03.35	01:42:03.35	+00:43:29 (42.6%)	20:24	2.9 (56.9%)
54	ŁUKOWSKA Ewa	566		Open Masters Kobiet	54	11:30	01:48:40.60	01:48:40.60	+00:50:06 (46.1%)	21:44	2.8 (54.9%)
55	MICHALSKA Magdalena	97	CROSSBOX OKA	Open Masters Kobiet	55	10:15	01:51:00.15	01:51:00.15	+00:52:26 (47.2%)	22:12	2.7 (52.9%)
56	MALICKA Jola	147		Open Masters Kobiet	56	10:15	01:51:21.40	01:51:21.40	+00:52:47 (47.4%)	22:16	2.7 (52.9%)
57	KALWAS Katarzyna	93	CROSSBOX OKA	Open Masters Kobiet	57	10:15	01:51:24.20	01:51:24.20	+00:52:50 (47.4%)	22:16	2.7 (52.9%)
58	KORZENIECKA Beata	347	KURPIE NA LUZIE	Open Masters Kobiet	58	11:00	01:53:58.15	01:53:58.15	+00:55:24 (48.6%)	22:47	2.6 (51.0%)
59	KIETLIŃSKA Agnieszka	384		Open Masters Kobiet	59	11:00	01:54:25.40	01:54:25.40	+00:55:51 (48.8%)	22:53	2.6 (51.0%)
60	JÓŻWICKA Jolanta	381		Open Masters Kobiet	60	11:00	01:55:13.45	01:55:13.45	+00:56:39 (49.2%)	23:02	2.6 (51.0%)
61	KWIATEK Magdalena	308		Open Masters Kobiet	61	10:45	02:03:20.50	02:03:20.50	+01:04:46 (52.5%)	24:40	2.4 (47.1%)
62	CZERNIAKIEWICZ Anna	275	OUTDOOR TRAINING	Open Masters Kobiet	62	10:45	02:03:20.75	02:03:20.75	+01:04:47 (52.5%)	24:40	2.4 (47.1%)

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63	KARDASZ Magdalena	301		Open Masters Kobiet	63	10:45	02:03:21.20	02:03:21.20	+01:04:47 (52.5%)	24:40	2.4 (47.1%)
64	MONACH Katarzyna	315		Open Masters Kobiet	64	10:45	02:03:21.35	02:03:21.35	+01:04:47 (52.5%)	24:40	2.4 (47.1%)
64	MALISZEWSKA Agnieszka	266	GLADIATORS BY RMF4RT	Open Masters Kobiet	64	10:45	02:03:21.35	02:03:21.35	+01:04:47 (52.5%)	24:40	2.4 (47.1%)
64	BAŁAZY Beata	279		Open Masters Kobiet	64	10:45	02:03:21.35	02:03:21.35	+01:04:47 (52.5%)	24:40	2.4 (47.1%)
67	JAS Małgorzata	466		Open Masters Kobiet	67	11:15	02:03:22.10	02:03:22.10	+01:04:48 (52.5%)	24:40	2.4 (47.1%)

Total 67 results.