

**Wydarzenie:** Runmageddon Gliwice  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2020-07-11  
**Miejsce:** Gliwice  
**Dystans:** 6 km

Klasyfikacja: Open Mężczyzn

| Msc | Zawodnik            | Numer | Klub                       | Kategoria     | Mkat | Seria | Czas netto 6km | Czas brutto 6km | Różn              | Tempo min/km | Tempo km/h  |
|-----|---------------------|-------|----------------------------|---------------|------|-------|----------------|-----------------|-------------------|--------------|-------------|
| 1   | ROZWADOWSKI Karol   | 892   |                            | Open Mężczyzn | 1    | 11:30 | 00:36:24.60    | 00:36:24.60     |                   | 6:04         | 9.9 (100%)  |
| 2   | OSETEK Paweł        | 1026  |                            | Open Mężczyzn | 2    | 13:10 | 00:39:08.55    | 00:39:08.55     | +00:02:43 (7.0%)  | 6:31         | 9.2 (92.9%) |
| 3   | GADULA Jakub        | 774   |                            | Open Mężczyzn | 3    | 11:10 | 00:40:55.05    | 00:40:55.05     | +00:04:30 (11.0%) | 6:49         | 8.8 (88.9%) |
| 4   | DŁUGAJ Adrian       | 917   |                            | Open Mężczyzn | 4    | 12:10 | 00:41:20.05    | 00:41:20.05     | +00:04:55 (11.9%) | 6:53         | 8.7 (87.9%) |
| 5   | DZIURLEJA Mateusz   | 772   |                            | Open Mężczyzn | 5    | 11:10 | 00:41:56.80    | 00:41:56.80     | +00:05:32 (13.2%) | 6:59         | 8.6 (86.9%) |
| 6   | SMOŁKA Mariusz      | 760   | STUDIO ENERGIA TEAM RYBNIK | Open Mężczyzn | 6    | 11:10 | 00:42:30.50    | 00:42:30.50     | +00:06:05 (14.3%) | 7:05         | 8.5 (85.9%) |
| 7   | PAPIS Kamil         | 611   | SOCIOS SILESIA             | Open Mężczyzn | 7    | 11:10 | 00:42:35.45    | 00:42:35.45     | +00:06:10 (14.5%) | 7:05         | 8.5 (85.9%) |
| 8   | BARAN Maciej        | 1078  | DZICY OGRODNICY            | Open Mężczyzn | 8    | 08:10 | 00:43:04.50    | 00:43:04.50     | +00:06:39 (15.5%) | 7:10         | 8.4 (84.8%) |
| 9   | KARCZEWSKI Wijciech | 670   |                            | Open Mężczyzn | 9    | 10:10 | 00:43:12.45    | 00:43:12.45     | +00:06:47 (15.7%) | 7:12         | 8.3 (83.8%) |
| 10  | KOSTUCHA Damian     | 957   | HUSARIA RACE TEAM          | Open Mężczyzn | 10   | 12:20 | 00:43:13.25    | 00:43:13.25     | +00:06:48 (15.8%) | 7:12         | 8.3 (83.8%) |
| 11  | KOZAK Maciej        | 885   |                            | Open Mężczyzn | 11   | 11:30 | 00:43:40.15    | 00:43:40.15     | +00:07:15 (16.6%) | 7:16         | 8.2 (82.8%) |
| 12  | BOTOR Mateusz       | 769   |                            | Open Mężczyzn | 12   | 11:10 | 00:43:42.95    | 00:43:42.95     | +00:07:18 (16.7%) | 7:17         | 8.2 (82.8%) |
| 13  | MIELCARZ Tomasz     | 992   | BIEGOWE DZIKI OCR          | Open Mężczyzn | 13   | 13:10 | 00:44:02.60    | 00:44:02.60     | +00:07:38 (17.3%) | 7:20         | 8.2 (82.8%) |
| 14  | BIEGAŃSKI Rafał     | 767   |                            | Open Mężczyzn | 14   | 11:10 | 00:44:12.35    | 00:44:12.35     | +00:07:47 (17.6%) | 7:22         | 8.1 (81.8%) |
| 15  | KALEMBA Mateusz     | 623   |                            | Open Mężczyzn | 15   | 10:10 | 00:44:33.65    | 00:44:33.65     | +00:08:09 (18.3%) | 7:25         | 8.1 (81.8%) |

| Msc | Zawodnik            | Numer | Klub              | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------|-------|-------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 16  | KANIA Szymon        | 1054  |                   | Open Mężczyzn            | 16   | 13:10 | 00:45:17.10       | 00:45:17.10        | +00:08:52<br>(19.6%) | 7:32            | 7.9<br>(79.8%) |
| 17  | MUGDA Sebastian     | 1095  |                   | Open Mężczyzn            | 17   | 13:30 | 00:45:38.35       | 00:45:38.35        | +00:09:13<br>(20.2%) | 7:36            | 7.9<br>(79.8%) |
| 18  | PODSIADŁY Paweł     | 934   |                   | Open Mężczyzn            | 18   | 12:10 | 00:45:49.20       | 00:45:49.20        | +00:09:24<br>(20.5%) | 7:38            | 7.9<br>(79.8%) |
| 19  | STAŃKO Jerzy        | 638   |                   | Open Mężczyzn            | 19   | 10:10 | 00:45:56.20       | 00:45:56.20        | +00:09:31<br>(20.7%) | 7:39            | 7.8<br>(78.8%) |
| 20  | TROJANOWSKI Artur   | 994   | BIEGOWE DZIKI OCR | Open Mężczyzn            | 20   | 13:10 | 00:46:17.20       | 00:46:17.20        | +00:09:52<br>(21.3%) | 7:42            | 7.8<br>(78.8%) |
| 21  | KALINOWSKI Rafał    | 667   |                   | Open Mężczyzn            | 21   | 10:20 | 00:46:21.95       | 00:46:21.95        | +00:09:57<br>(21.5%) | 7:43            | 7.8<br>(78.8%) |
| 22  | KORZUS Paweł        | 1052  | LUBIĘ BURPEES'Y   | Open Mężczyzn            | 22   | 13:30 | 00:46:25.55       | 00:46:25.55        | +00:10:00<br>(21.6%) | 7:44            | 7.8<br>(78.8%) |
| 23  | ANDRZEJCZAK Filip   | 866   | TROSKLIWE MISIE   | Open Mężczyzn            | 23   | 11:30 | 00:46:33.60       | 00:46:33.60        | +00:10:09<br>(21.8%) | 7:45            | 7.7<br>(77.8%) |
| 24  | STAROSZYŃSKI Dawid  | 640   |                   | Open Mężczyzn            | 24   | 10:10 | 00:46:41.50       | 00:46:41.50        | +00:10:16<br>(22.0%) | 7:46            | 7.7<br>(77.8%) |
| 25  | HAREWSKI Andrzej    | 730   |                   | Open Masters<br>Mężczyzn | 1    | 10:30 | 00:46:46.80       | 00:46:46.80        | +00:10:22<br>(22.2%) | 7:47            | 7.7<br>(77.8%) |
| 26  | STERNAL Mateusz     | 867   | TROSKLIWE MISIE   | Open Mężczyzn            | 25   | 11:30 | 00:46:47.15       | 00:46:47.15        | +00:10:22<br>(22.2%) | 7:47            | 7.7<br>(77.8%) |
| 27  | JURECZKO Szymon     | 778   |                   | Open Masters<br>Mężczyzn | 2    | 11:10 | 00:46:48.20       | 00:46:48.20        | +00:10:23<br>(22.2%) | 7:48            | 7.7<br>(77.8%) |
| 28  | WOCHNIK Dawid       | 309   | SOCIOS SILESIA    | Open Mężczyzn            | 26   | 08:10 | 00:46:49.75       | 00:46:49.75        | +00:10:25<br>(22.2%) | 7:48            | 7.7<br>(77.8%) |
| 29  | KUZNICKI Paweł      | 625   |                   | Open Mężczyzn            | 27   | 10:10 | 00:46:59.25       | 00:46:59.25        | +00:10:34<br>(22.5%) | 7:49            | 7.7<br>(77.8%) |
| 30  | NEHRING Zbigniew    | 888   |                   | Open Masters<br>Mężczyzn | 3    | 11:30 | 00:47:04.50       | 00:47:04.50        | +00:10:39<br>(22.7%) | 7:50            | 7.6<br>(76.8%) |
| 31  | PASIERBIŃSKI Damian | 705   | EKO-OKNA RUNNERS  | Open Mężczyzn            | 28   | 10:30 | 00:47:18.95       | 00:47:18.95        | +00:10:54<br>(23.0%) | 7:53            | 7.6<br>(76.8%) |
| 32  | KUDŁACIK Krzysztof  | 416   |                   | Open Masters<br>Mężczyzn | 4    | 08:30 | 00:47:22.70       | 00:47:22.70        | +00:10:58<br>(23.2%) | 7:53            | 7.6<br>(76.8%) |
| 33  | KOŹDOŃ Michał       | 1044  |                   | Open Mężczyzn            | 29   | 13:15 | 00:47:24.35       | 00:47:24.35        | +00:10:59<br>(23.2%) | 7:54            | 7.6<br>(76.8%) |
| 34  | WRÓBEL Adrian       | 978   |                   | Open Mężczyzn            | 30   | 12:20 | 00:47:36.80       | 00:47:36.80        | +00:11:12<br>(23.5%) | 7:56            | 7.6<br>(76.8%) |
| 35  | MICHALCZYK Tomasz   | 328   |                   | Open Mężczyzn            | 31   | 08:10 | 00:47:46.65       | 00:47:46.65        | +00:11:22<br>(23.8%) | 7:57            | 7.5<br>(75.8%) |
| 36  | BRODZIAK Andrzej    | 965   |                   | Open Masters<br>Mężczyzn | 5    | 12:10 | 00:47:59.30       | 00:47:59.30        | +00:11:34<br>(24.1%) | 7:59            | 7.5<br>(75.8%) |
| 37  | WAJDA Rafał         | 946   |                   | Open Mężczyzn            | 32   | 12:10 | 00:48:06.15       | 00:48:06.15        | +00:11:41<br>(24.3%) | 8:01            | 7.5<br>(75.8%) |
| 38  | MELNER Piotr        | 327   |                   | Open Mężczyzn            | 33   | 08:10 | 00:48:06.95       | 00:48:06.95        | +00:11:42<br>(24.3%) | 8:01            | 7.5<br>(75.8%) |

| Msc | Zawodnik             | Numer | Klub                   | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------|-------|------------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 39  | KARCZYŃSKI Tomasz    | 920   | VIKING TRAINING CENTER | Open Mężczyzn            | 34   | 12:10 | 00:48:23.60       | 00:48:23.60        | +00:11:59<br>(24.8%) | 8:03            | 7.4<br>(74.7%) |
| 40  | GROCHOŁA Michał      | 570   |                        | Open Mężczyzn            | 35   | 09:30 | 00:48:31.95       | 00:48:31.95        | +00:12:07<br>(25.0%) | 8:05            | 7.4<br>(74.7%) |
| 41  | RYŚ Paweł            | 726   |                        | Open Mężczyzn            | 36   | 10:30 | 00:48:36.85       | 00:48:36.85        | +00:12:12<br>(25.1%) | 8:06            | 7.4<br>(74.7%) |
| 42  | MACHERA Rafał        | 325   | AMATORZY BEZ NOŻY      | Open Mężczyzn            | 37   | 08:10 | 00:48:38.65       | 00:48:38.65        | +00:12:14<br>(25.2%) | 8:06            | 7.4<br>(74.7%) |
| 43  | CHYLASZEK Dawid      | 900   |                        | Open Mężczyzn            | 38   | 11:30 | 00:49:34.80       | 00:49:34.80        | +00:13:10<br>(26.6%) | 8:15            | 7.3<br>(73.7%) |
| 44  | REGULA Jakub         | 1060  |                        | Open Mężczyzn            | 39   | 13:30 | 00:49:41.55       | 00:49:41.55        | +00:13:16<br>(26.7%) | 8:16            | 7.2<br>(72.7%) |
| 45  | WOŁCZYK Mariusz      | 379   | RMF4RT GLADIATORS      | Open Mężczyzn            | 40   | 08:20 | 00:49:51.95       | 00:49:51.95        | +00:13:27<br>(27.0%) | 8:18            | 7.2<br>(72.7%) |
| 46  | TRUBIŁOWICZ Mateusz  | 995   | BIEGOWE DZIKI OCR      | Open Mężczyzn            | 41   | 13:10 | 00:49:54.15       | 00:49:54.15        | +00:13:29<br>(27.0%) | 8:19            | 7.2<br>(72.7%) |
| 47  | DUROK Przemysław     | 982   |                        | Open Mężczyzn            | 42   | 12:30 | 00:49:59.25       | 00:49:59.25        | +00:13:34<br>(27.2%) | 8:19            | 7.2<br>(72.7%) |
| 48  | BAUER Michał         | 765   |                        | Open Mężczyzn            | 43   | 11:10 | 00:49:59.40       | 00:49:59.40        | +00:13:34<br>(27.2%) | 8:19            | 7.2<br>(72.7%) |
| 49  | SŁOWIK Marcin        | 743   |                        | Open Mężczyzn            | 44   | 10:30 | 00:50:08.60       | 00:50:08.60        | +00:13:44<br>(27.4%) | 8:21            | 7.2<br>(72.7%) |
| 50  | MALCZEWSKI Tomasz    | 999   | BRYGIERY OCR           | Open Mężczyzn            | 45   | 13:10 | 00:50:23.20       | 00:50:23.20        | +00:13:58<br>(27.7%) | 8:23            | 7.1<br>(71.7%) |
| 51  | MALCZEWSKI Daniel    | 998   | BRYGIERY OCR           | Open Mężczyzn            | 46   | 13:10 | 00:50:23.30       | 00:50:23.30        | +00:13:58<br>(27.7%) | 8:23            | 7.1<br>(71.7%) |
| 52  | NIEMIEC Olaf         | 889   |                        | Open Mężczyzn            | 47   | 11:30 | 00:50:54.90       | 00:50:54.90        | +00:14:30<br>(28.5%) | 8:29            | 7.1<br>(71.7%) |
| 53  | PLUCIK Rafał         | 741   |                        | Open Mężczyzn            | 48   | 10:30 | 00:51:00.55       | 00:51:00.55        | +00:14:35<br>(28.6%) | 8:30            | 7.1<br>(71.7%) |
| 54  | ANTOŠ Karel          | 1041  |                        | Open Mężczyzn            | 49   | 13:15 | 00:51:01.15       | 00:51:01.15        | +00:14:36<br>(28.6%) | 8:30            | 7.1<br>(71.7%) |
| 55  | STARCZEWSKI Dorian   | 639   |                        | Open Mężczyzn            | 50   | 10:10 | 00:51:14.55       | 00:51:14.55        | +00:14:49<br>(28.9%) | 8:32            | 7<br>(70.7%)   |
| 56  | MITERA Łukasz        | 1025  |                        | Open Mężczyzn            | 51   | 13:10 | 00:51:42.65       | 00:51:42.65        | +00:15:18<br>(29.6%) | 8:37            | 7<br>(70.7%)   |
| 57  | SZTANGIERSKI Piotr   | 842   |                        | Open Mężczyzn            | 52   | 11:20 | 00:51:45.85       | 00:51:45.85        | +00:15:21<br>(29.7%) | 8:37            | 7<br>(70.7%)   |
| 58  | BOJANOWSKI Arseniusz | 1015  | TWARDZI JAK SKAŁA      | Open Masters<br>Mężczyzn | 6    | 13:10 | 00:51:48.90       | 00:51:48.90        | +00:15:24<br>(29.7%) | 8:38            | 6.9<br>(69.7%) |
| 59  | SUS Michał           | 808   |                        | Open Masters<br>Mężczyzn | 7    | 11:20 | 00:51:51.25       | 00:51:51.25        | +00:15:26<br>(29.8%) | 8:38            | 6.9<br>(69.7%) |
| 60  | SORBIAN Paweł        | 893   |                        | Open Masters<br>Mężczyzn | 8    | 11:30 | 00:52:00.15       | 00:52:00.15        | +00:15:35<br>(30.0%) | 8:40            | 6.9<br>(69.7%) |
| 61  | SZYMICZEK Marian     | 608   | POWER TRAINING         | Open Mężczyzn            | 53   | 10:10 | 00:52:03.30       | 00:52:03.30        | +00:15:38<br>(30.1%) | 8:40            | 6.9<br>(69.7%) |

| Msc | Zawodnik           | Numer | Klub                           | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|--------------------|-------|--------------------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 62  | HETMANIOK Rafał    | 621   |                                | Open Mężczyzn            | 54   | 10:10 | 00:52:04.85       | 00:52:04.85        | +00:15:40<br>(30.1%) | 8:40            | 6.9<br>(69.7%) |
| 63  | TRZECIAK Arkadiusz | 843   |                                | Open Masters<br>Mężczyzn | 9    | 11:20 | 00:52:09.30       | 00:52:09.30        | +00:15:44<br>(30.2%) | 8:41            | 6.9<br>(69.7%) |
| 64  | PAWLUS Tomasz      | 789   |                                | Open Mężczyzn            | 55   | 11:10 | 00:52:19.45       | 00:52:19.45        | +00:15:54<br>(30.4%) | 8:43            | 6.9<br>(69.7%) |
| 65  | MOSUR Mirosław     | 302   | KOCHAM SŁODKIE                 | Open Mężczyzn            | 56   | 08:10 | 00:52:20.70       | 00:52:20.70        | +00:15:56<br>(30.4%) | 8:43            | 6.9<br>(69.7%) |
| 66  | ŁUKOSZ Michał      | 420   |                                | Open Masters<br>Mężczyzn | 10   | 08:30 | 00:52:21.80       | 00:52:21.80        | +00:15:57<br>(30.5%) | 8:43            | 6.9<br>(69.7%) |
| 67  | SZCZEŚNIAK Daniel  | 791   |                                | Open Mężczyzn            | 57   | 11:10 | 00:52:26.75       | 00:52:26.75        | +00:16:02<br>(30.6%) | 8:44            | 6.9<br>(69.7%) |
| 68  | KOWALCZYK Piotr    | 1056  |                                | Open Mężczyzn            | 58   | 13:30 | 00:52:27.30       | 00:52:27.30        | +00:16:02<br>(30.6%) | 8:44            | 6.9<br>(69.7%) |
| 69  | CHOMENTOWSKI Paweł | 951   | ARENA GLIWICE                  | Open Masters<br>Mężczyzn | 11   | 12:20 | 00:52:29.20       | 00:52:29.20        | +00:16:04<br>(30.6%) | 8:44            | 6.9<br>(69.7%) |
| 70  | JÓŻWIAK Kamil      | 953   | ARENA GLIWICE                  | Open Mężczyzn            | 59   | 12:20 | 00:52:29.35       | 00:52:29.35        | +00:16:04<br>(30.6%) | 8:44            | 6.9<br>(69.7%) |
| 71  | KOZIOŁ Konrad      | 1088  | ARENA GLIWICE                  | Open Mężczyzn            | 60   | 12:20 | 00:52:29.60       | 00:52:29.60        | +00:16:05<br>(30.6%) | 8:44            | 6.9<br>(69.7%) |
| 72  | HAŁABIS Andrzej    | 984   |                                | Open Mężczyzn            | 61   | 12:30 | 00:52:30.85       | 00:52:30.85        | +00:16:06<br>(30.7%) | 8:45            | 6.9<br>(69.7%) |
| 73  | PIWKO Patryk       | 1027  |                                | Open Mężczyzn            | 62   | 13:10 | 00:52:42.55       | 00:52:42.55        | +00:16:17<br>(30.9%) | 8:47            | 6.8<br>(68.7%) |
| 74  | OSOWSKI Rafał      | 1010  | NAPRZÓD MŁOCINY                | Open Mężczyzn            | 63   | 13:10 | 00:53:06.05       | 00:53:06.05        | +00:16:41<br>(31.4%) | 8:51            | 6.8<br>(68.7%) |
| 75  | POPŁAWSKI Ireneusz | 432   |                                | Open Masters<br>Mężczyzn | 12   | 08:30 | 00:53:08.90       | 00:53:08.90        | +00:16:44<br>(31.5%) | 8:51            | 6.8<br>(68.7%) |
| 76  | STAROWICZ Tomasz   | 641   |                                | Open Mężczyzn            | 64   | 10:10 | 00:53:09.15       | 00:53:09.15        | +00:16:44<br>(31.5%) | 8:51            | 6.8<br>(68.7%) |
| 77  | SZONOWSKI Janusz   | 945   |                                | Open Mężczyzn            | 65   | 12:10 | 00:53:10.70       | 00:53:10.70        | +00:16:46<br>(31.5%) | 8:51            | 6.8<br>(68.7%) |
| 78  | GROMOTKA Tobiasz   | 605   | NIC SIĘ NIE STAŁO              | Open Mężczyzn            | 66   | 10:10 | 00:53:12.65       | 00:53:12.65        | +00:16:48<br>(31.6%) | 8:52            | 6.8<br>(68.7%) |
| 79  | GROMOTKA Janusz    | 619   |                                | Open Masters<br>Mężczyzn | 13   | 10:10 | 00:53:20.30       | 00:53:20.30        | +00:16:55<br>(31.7%) | 8:53            | 6.8<br>(68.7%) |
| 80  | SZYMANIEC Artur    | 870   | XTREME                         | Open Mężczyzn            | 67   | 11:30 | 00:53:23.90       | 00:53:23.90        | +00:16:59<br>(31.8%) | 8:53            | 6.7<br>(67.7%) |
| 81  | MARKIEWICZ Łukasz  | 303   | KULTURA, PROSTOTA I ELEGANCJA  | Open Mężczyzn            | 68   | 08:10 | 00:53:27.30       | 00:53:27.30        | +00:17:02<br>(31.9%) | 8:54            | 6.7<br>(67.7%) |
| 82  | GŁÓD Jakub         | 848   | KIEPSKO U MNIE Z KREATYWNOŚCIĄ | Open Mężczyzn            | 69   | 11:30 | 00:53:38.00       | 00:53:38.00        | +00:17:13<br>(32.1%) | 8:56            | 6.7<br>(67.7%) |
| 82  | JASIŃSKI Filip     | 1072  | KIEPSKO U MNIE Z KREATYWNOŚCIĄ | Open Mężczyzn            | 69   | 11:30 | 00:53:38.00       | 00:53:38.00        | +00:17:13<br>(32.1%) | 8:56            | 6.7<br>(67.7%) |
| 84  | MATUSZEK Bartosz   | 1073  |                                | Open Masters<br>Mężczyzn | 14   | 11:30 | 00:53:38.20       | 00:53:38.20        | +00:17:13<br>(32.1%) | 8:56            | 6.7<br>(67.7%) |

| Msc | Zawodnik              | Numer |                            | Klub | Kategoria             | Mkat | Seria | Czas netto 6km | Czas brutto 6km | Różn              | Tempo min/km | Tempo km/h  |
|-----|-----------------------|-------|----------------------------|------|-----------------------|------|-------|----------------|-----------------|-------------------|--------------|-------------|
| 85  | PIECHACZEK Szymon     | 634   |                            |      | Open Mężczyzn         | 71   | 10:10 | 00:53:39.75    | 00:53:39.75     | +00:17:15 (32.2%) | 8:56         | 6.7 (67.7%) |
| 86  | WSZOŁA Patryk         | 871   | XTREME                     |      | Open Mężczyzn         | 72   | 11:30 | 00:53:45.10    | 00:53:45.10     | +00:17:20 (32.3%) | 8:57         | 6.7 (67.7%) |
| 87  | NOWAK Mariusz         | 869   | XTREME                     |      | Open Mężczyzn         | 73   | 11:30 | 00:53:52.75    | 00:53:52.75     | +00:17:28 (32.4%) | 8:58         | 6.7 (67.7%) |
| 88  | PIERZCHAŁA Łukasz     | 431   |                            |      | Open Mężczyzn         | 74   | 08:20 | 00:54:00.25    | 00:54:00.25     | +00:17:35 (32.6%) | 9:00         | 6.7 (67.7%) |
| 89  | HAZA Tomasz           | 881   |                            |      | Open Mężczyzn         | 75   | 11:30 | 00:54:05.95    | 00:54:05.95     | +00:17:41 (32.7%) | 9:00         | 6.7 (67.7%) |
| 90  | PODLEŚNY Michał       | 654   | STUDIO ENERGIA TEAM RYBNIK |      | Open Mężczyzn         | 76   | 10:20 | 00:54:09.30    | 00:54:09.30     | +00:17:44 (32.8%) | 9:01         | 6.6 (66.7%) |
| 91  | MICZEK Michał         | 787   |                            |      | Open Mężczyzn         | 77   | 11:10 | 00:54:13.15    | 00:54:13.15     | +00:17:48 (32.8%) | 9:02         | 6.6 (66.7%) |
| 92  | GALAS Marcin          | 879   |                            |      | Open Mężczyzn         | 78   | 11:30 | 00:54:14.30    | 00:54:14.30     | +00:17:49 (32.9%) | 9:02         | 6.6 (66.7%) |
| 93  | KOZŁOWSKI Mateusz     | 1006  | MITMAR                     |      | Open Mężczyzn         | 79   | 13:10 | 00:54:23.25    | 00:54:23.25     | +00:17:58 (33.1%) | 9:03         | 6.6 (66.7%) |
| 94  | GRYSZKIEWICZ Sławomir | 1003  | KAMYCZKI                   |      | Open Mężczyzn         | 80   | 13:10 | 00:54:33.55    | 00:54:33.55     | +00:18:08 (33.3%) | 9:05         | 6.6 (66.7%) |
| 95  | CEBULLA Mateusz       | 552   | HUSARIA RACE TEAM          |      | Open Mężczyzn         | 81   | 09:20 | 00:54:41.10    | 00:54:41.10     | +00:18:16 (33.4%) | 9:06         | 6.6 (66.7%) |
| 96  | SZCZYGIEŁ Dawid       | 942   |                            |      | Open Mężczyzn         | 82   | 12:10 | 00:54:51.75    | 00:54:51.75     | +00:18:27 (33.6%) | 9:08         | 6.6 (66.7%) |
| 97  | ZAKRZEWSKI Marcin     | 1008  | MITMAR                     |      | Open Mężczyzn         | 83   | 13:10 | 00:54:55.45    | 00:54:55.45     | +00:18:30 (33.7%) | 9:09         | 6.6 (66.7%) |
| 98  | FOKS Grzegorz         | 1005  | MITMAR                     |      | Open Mężczyzn         | 84   | 13:10 | 00:54:56.15    | 00:54:56.15     | +00:18:31 (33.7%) | 9:09         | 6.6 (66.7%) |
| 99  | ZYGMUNT Rafał         | 1009  | MITMAR                     |      | Open Masters Mężczyzn | 15   | 13:10 | 00:54:56.30    | 00:54:56.30     | +00:18:31 (33.7%) | 9:09         | 6.6 (66.7%) |
| 100 | WADUŁA Mariusz        | 897   |                            |      | Open Mężczyzn         | 85   | 11:30 | 00:55:01.15    | 00:55:01.15     | +00:18:36 (33.8%) | 9:10         | 6.5 (65.7%) |
| 101 | OGRODNICZEK Piotr     | 736   |                            |      | Open Mężczyzn         | 86   | 10:30 | 00:55:19.90    | 00:55:19.90     | +00:18:55 (34.2%) | 9:13         | 6.5 (65.7%) |
| 102 | GAŁAN Tomasz          | 715   | KOJOTY                     |      | Open Mężczyzn         | 87   | 10:30 | 00:55:22.35    | 00:55:22.35     | +00:18:57 (34.2%) | 9:13         | 6.5 (65.7%) |
| 103 | CZECHOWSKI Konrad     | 312   | ZA-DYSZKA                  |      | Open Mężczyzn         | 88   | 08:30 | 00:55:22.75    | 00:55:22.75     | +00:18:58 (34.3%) | 9:13         | 6.5 (65.7%) |
| 104 | PIONTEK Krzysztof     | 465   | SOCIOS SILESIA             |      | Open Masters Mężczyzn | 16   | 09:10 | 00:55:49.45    | 00:55:49.45     | +00:19:24 (34.8%) | 9:18         | 6.4 (64.6%) |
| 105 | KUŚNIERSKI Andrzej    | 902   | CROSSTRENING RACIBÓRZ      |      | Open Masters Mężczyzn | 17   | 12:10 | 00:55:55.95    | 00:55:55.95     | +00:19:31 (34.9%) | 9:19         | 6.4 (64.6%) |
| 106 | KUBIES Piotr          | 969   |                            |      | Open Mężczyzn         | 89   | 12:20 | 00:56:01.00    | 00:56:01.00     | +00:19:36 (35.0%) | 9:20         | 6.4 (64.6%) |
| 107 | PACIA Mateusz         | 737   |                            |      | Open Mężczyzn         | 90   | 10:30 | 00:56:01.90    | 00:56:01.90     | +00:19:37 (35.0%) | 9:20         | 6.4 (64.6%) |

| Msc | Zawodnik              | Numer | Klub                 | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------|-------|----------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 108 | WAŃKOWICZ Adrian      | 442   |                      | Open Mężczyzn            | 91   | 08:20 | 00:56:06.20       | 00:56:06.20        | +00:19:41<br>(35.1%) | 9:21            | 6.4<br>(64.6%) |
| 109 | CHANEK Maciej         | 661   |                      | Open Mężczyzn            | 92   | 10:20 | 00:56:09.45       | 00:56:09.45        | +00:19:44<br>(35.2%) | 9:21            | 6.4<br>(64.6%) |
| 110 | KLEWANIEC Jakub       | 882   |                      | Open Mężczyzn            | 93   | 11:30 | 00:56:11.90       | 00:56:11.90        | +00:19:47<br>(35.2%) | 9:21            | 6.4<br>(64.6%) |
| 111 | MIĘSOWICZ Mirosław    | 391   | WATAHA               | Open Mężczyzn            | 94   | 08:30 | 00:56:16.65       | 00:56:16.65        | +00:19:52<br>(35.3%) | 9:22            | 6.4<br>(64.6%) |
| 112 | CHRUŚCICKI Krzysztof  | 401   |                      | Open Masters<br>Mężczyzn | 18   | 08:30 | 00:56:36.50       | 00:56:36.50        | +00:20:11<br>(35.7%) | 9:26            | 6.4<br>(64.6%) |
| 113 | JAMROZIK Adrian       | 777   |                      | Open Mężczyzn            | 95   | 11:10 | 00:56:37.30       | 00:56:37.30        | +00:20:12<br>(35.7%) | 9:26            | 6.4<br>(64.6%) |
| 114 | NIEDZIELA Sebastian   | 365   | HARPAGAN BEAST       | Open Mężczyzn            | 96   | 08:30 | 00:56:52.90       | 00:56:52.90        | +00:20:28<br>(36.0%) | 9:28            | 6.3<br>(63.6%) |
| 115 | KRZYSTAŁA Maciej      | 782   |                      | Open Mężczyzn            | 97   | 11:10 | 00:57:00.05       | 00:57:00.05        | +00:20:35<br>(36.1%) | 9:30            | 6.3<br>(63.6%) |
| 116 | WIECH Maciej          | 1032  |                      | Open Mężczyzn            | 98   | 13:15 | 00:57:39.75       | 00:57:39.75        | +00:21:15<br>(36.9%) | 9:36            | 6.2<br>(62.6%) |
| 117 | GRZELAK Adam          | 804   | ROZBIEGAMY NOWY DWÓR | Open Masters<br>Mężczyzn | 19   | 11:20 | 00:57:45.35       | 00:57:45.35        | +00:21:20<br>(37.0%) | 9:37            | 6.2<br>(62.6%) |
| 118 | PIĄTEK Przemysław     | 958   | HUSARIA RACE TEAM    | Open Mężczyzn            | 99   | 12:20 | 00:57:57.45       | 00:57:57.45        | +00:21:32<br>(37.2%) | 9:39            | 6.2<br>(62.6%) |
| 119 | BRYŚ Wojciech         | 759   | SOCIOS SILESIA       | Open Masters<br>Mężczyzn | 20   | 11:10 | 00:58:02.50       | 00:58:02.50        | +00:21:37<br>(37.3%) | 9:40            | 6.2<br>(62.6%) |
| 120 | MOTLOCH Piotr         | 682   |                      | Open Mężczyzn            | 100  | 10:20 | 00:58:06.15       | 00:58:06.15        | +00:21:41<br>(37.3%) | 9:41            | 6.2<br>(62.6%) |
| 121 | LAMPARSKI Paweł       | 928   |                      | Open Mężczyzn            | 101  | 12:10 | 00:58:09.45       | 00:58:09.45        | +00:21:44<br>(37.4%) | 9:41            | 6.2<br>(62.6%) |
| 122 | LEZIAK Adam           | 912   | SOCIOS SILESIA       | Open Mężczyzn            | 102  | 12:10 | 00:58:10.00       | 00:58:10.00        | +00:21:45<br>(37.4%) | 9:41            | 6.2<br>(62.6%) |
| 123 | FURS Wiktor           | 966   |                      | Open Mężczyzn            | 103  | 12:20 | 00:58:16.30       | 00:58:16.30        | +00:21:51<br>(37.5%) | 9:42            | 6.2<br>(62.6%) |
| 124 | MIELNICKI Krystian    | 987   |                      | Open Mężczyzn            | 104  | 12:30 | 00:58:18.00       | 00:58:18.00        | +00:21:53<br>(37.5%) | 9:43            | 6.2<br>(62.6%) |
| 125 | KOPERA Marcin         | 884   |                      | Open Masters<br>Mężczyzn | 21   | 11:30 | 00:58:18.15       | 00:58:18.15        | +00:21:53<br>(37.5%) | 9:43            | 6.2<br>(62.6%) |
| 126 | MATERA Tomasz         | 834   |                      | Open Mężczyzn            | 105  | 11:20 | 00:58:26.10       | 00:58:26.10        | +00:22:01<br>(37.7%) | 9:44            | 6.2<br>(62.6%) |
| 127 | DUBIS Jarosław        | 1094  |                      | Open Masters<br>Mężczyzn | 22   | 13:10 | 00:58:28.55       | 00:58:28.55        | +00:22:03<br>(37.7%) | 9:44            | 6.2<br>(62.6%) |
| 128 | WOŹNIAK Przemysław    | 492   |                      | Open Mężczyzn            | 106  | 09:10 | 00:58:38.55       | 00:58:38.55        | +00:22:13<br>(37.9%) | 9:46            | 6.1<br>(61.6%) |
| 129 | ŁĄCZYKOWSKI Sylwester | 986   |                      | Open Mężczyzn            | 107  | 12:30 | 00:58:47.00       | 00:58:47.00        | +00:22:22<br>(38.1%) | 9:47            | 6.1<br>(61.6%) |
| 130 | WOJEWODA Adrian       | 990   |                      | Open Mężczyzn            | 108  | 12:30 | 00:58:48.70       | 00:58:48.70        | +00:22:24<br>(38.1%) | 9:48            | 6.1<br>(61.6%) |

| Msc | Zawodnik             | Numer | Klub                 | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------|-------|----------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 131 | PRZYBYLSKI Daniel    | 891   |                      | Open Mężczyzn            | 109  | 11:30 | 00:58:49.40       | 00:58:49.40        | +00:22:24<br>(38.1%) | 9:48            | 6.1<br>(61.6%) |
| 132 | ULASKI Szymon        | 948   |                      | Open Mężczyzn            | 110  | 12:10 | 00:58:55.60       | 00:58:55.60        | +00:22:31<br>(38.2%) | 9:49            | 6.1<br>(61.6%) |
| 133 | WITKOWSKI Łukasz     | 949   |                      | Open Mężczyzn            | 111  | 12:10 | 00:58:55.65       | 00:58:55.65        | +00:22:31<br>(38.2%) | 9:49            | 6.1<br>(61.6%) |
| 134 | ZAJĄC Paweł          | 651   | KOJOTY               | Open Mężczyzn            | 112  | 10:20 | 00:58:59.05       | 00:58:59.05        | +00:22:34<br>(38.3%) | 9:49            | 6.1<br>(61.6%) |
| 135 | SOWIŻRAŁ Sebastian   | 939   |                      | Open Mężczyzn            | 113  | 12:10 | 00:59:00.05       | 00:59:00.05        | +00:22:35<br>(38.3%) | 9:50            | 6.1<br>(61.6%) |
| 136 | MAJKA Patryk         | 1014  | SPRAWDŹ TEN ERROR    | Open Mężczyzn            | 114  | 11:30 | 00:59:01.20       | 00:59:01.20        | +00:22:36<br>(38.3%) | 9:50            | 6.1<br>(61.6%) |
| 137 | LECHFOROWICZ Bartek  | 1013  | SPRAWDŹ TEN ERROR    | Open Mężczyzn            | 115  | 11:30 | 00:59:01.75       | 00:59:01.75        | +00:22:37<br>(38.3%) | 9:50            | 6.1<br>(61.6%) |
| 138 | DZIUBLA Bartłomiej   | 610   | SOCIOS SILESIA       | Open Mężczyzn            | 116  | 10:10 | 00:59:06.80       | 00:59:06.80        | +00:22:42<br>(38.4%) | 9:51            | 6.1<br>(61.6%) |
| 139 | POTOCZEK Piotr       | 723   | RUNMAGEDDONOWE ŚWIRY | Open Mężczyzn            | 117  | 10:30 | 00:59:08.95       | 00:59:08.95        | +00:22:44<br>(38.4%) | 9:51            | 6.1<br>(61.6%) |
| 140 | PETRAŻYCKI Sebastian | 722   | RUNMAGEDDONOWE ŚWIRY | Open Mężczyzn            | 118  | 10:30 | 00:59:10.15       | 00:59:10.15        | +00:22:45<br>(38.5%) | 9:51            | 6.1<br>(61.6%) |
| 141 | JESIONOWSKI Robert   | 901   | AMATORZY BEZ NOŻY    | Open Mężczyzn            | 119  | 11:30 | 00:59:18.50       | 00:59:18.50        | +00:22:53<br>(38.6%) | 9:53            | 6.1<br>(61.6%) |
| 142 | JANICKI Łukasz       | 997   | BRYGIERY OCR         | Open Mężczyzn            | 120  | 13:10 | 00:59:33.30       | 00:59:33.30        | +00:23:08<br>(38.9%) | 9:55            | 6<br>(60.6%)   |
| 143 | KOWALSKI Dariusz     | 830   |                      | Open Masters<br>Mężczyzn | 23   | 11:20 | 00:59:35.75       | 00:59:35.75        | +00:23:11<br>(38.9%) | 9:55            | 6<br>(60.6%)   |
| 144 | KRAWCZYK Mateusz     | 985   |                      | Open Mężczyzn            | 121  | 12:30 | 00:59:50.15       | 00:59:50.15        | +00:23:25<br>(39.2%) | 9:58            | 6<br>(60.6%)   |
| 145 | MATEJA Grzegorz      | 716   | KOJOTY               | Open Mężczyzn            | 122  | 10:30 | 00:59:59.00       | 00:59:59.00        | +00:23:34<br>(39.3%) | 9:59            | 6<br>(60.6%)   |
| 146 | MICHALAK Daniel      | 717   | KOJOTY               | Open Masters<br>Mężczyzn | 24   | 10:30 | 00:59:59.05       | 00:59:59.05        | +00:23:34<br>(39.3%) | 9:59            | 6<br>(60.6%)   |
| 147 | BIK Piotr            | 316   |                      | Open Mężczyzn            | 123  | 08:10 | 01:00:00.15       | 01:00:00.15        | +00:23:35<br>(39.3%) | 10:00           | 6<br>(60.6%)   |
| 148 | SZEJKA Leszek        | 593   |                      | Open Mężczyzn            | 124  | 09:30 | 01:00:00.80       | 01:00:00.80        | +00:23:36<br>(39.3%) | 10:00           | 6<br>(60.6%)   |
| 149 | HAJDUK Krzysztof     | 620   |                      | Open Mężczyzn            | 125  | 10:10 | 01:00:13.75       | 01:00:13.75        | +00:23:49<br>(39.5%) | 10:02           | 6<br>(60.6%)   |
| 150 | KASCHE Denny         | 1083  |                      | Open Mężczyzn            | 126  | 10:30 | 01:00:14.50       | 01:00:14.50        | +00:23:49<br>(39.6%) | 10:02           | 6<br>(60.6%)   |
| 151 | ŁYŚ Adam             | 886   |                      | Open Masters<br>Mężczyzn | 25   | 11:30 | 01:00:16.15       | 01:00:16.15        | +00:23:51<br>(39.6%) | 10:02           | 6<br>(60.6%)   |
| 152 | HELLER Szymon        | 561   | TATA STASIA          | Open Mężczyzn            | 127  | 09:30 | 01:00:20.20       | 01:00:20.20        | +00:23:55<br>(39.7%) | 10:03           | 6<br>(60.6%)   |
| 153 | MACIOL Piotr         | 785   |                      | Open Mężczyzn            | 128  | 11:10 | 01:00:20.35       | 01:00:20.35        | +00:23:55<br>(39.7%) | 10:03           | 6<br>(60.6%)   |

| Msc | Zawodnik             | Numer | Klub                      | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------|-------|---------------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 154 | HUBERT Artur         | 712   | KNURO-SZWEJE TEAM         | Open Masters<br>Mężczyzn | 26   | 10:30 | 01:00:22.85       | 01:00:22.85        | +00:23:58<br>(39.7%) | 10:03           | 6<br>(60.6%)   |
| 155 | WAȚTOR Piotr         | 947   |                           | Open Mężczyzn            | 129  | 12:10 | 01:00:27.50       | 01:00:27.50        | +00:24:02<br>(39.8%) | 10:04           | 6<br>(60.6%)   |
| 156 | MAREK Aleksy         | 959   | KIM DZONG UN ARMY         | Open Mężczyzn            | 130  | 12:20 | 01:00:45.55       | 01:00:45.55        | +00:24:20<br>(40.1%) | 10:07           | 5.9<br>(59.6%) |
| 157 | MUSZER Bartosz       | 960   | KIM DZONG UN ARMY         | Open Mężczyzn            | 131  | 12:20 | 01:00:46.35       | 01:00:46.35        | +00:24:21<br>(40.1%) | 10:07           | 5.9<br>(59.6%) |
| 158 | BUCZAK Łukasz        | 467   |                           | Open Mężczyzn            | 132  | 09:10 | 01:00:52.50       | 01:00:52.50        | +00:24:27<br>(40.2%) | 10:08           | 5.9<br>(59.6%) |
| 159 | BIELICH Adrian       | 546   | ALKO TEAM RYBNIK          | Open Mężczyzn            | 133  | 09:10 | 01:01:02.60       | 01:01:02.60        | +00:24:38<br>(40.4%) | 10:10           | 5.9<br>(59.6%) |
| 160 | BARAN Dawid          | 297   | DO PORZYGU OCR TEAM       | Open Mężczyzn            | 134  | 08:10 | 01:01:03.95       | 01:01:03.95        | +00:24:39<br>(40.4%) | 10:10           | 5.9<br>(59.6%) |
| 161 | SOBOTA Michał        | 841   |                           | Open Mężczyzn            | 135  | 11:20 | 01:01:16.75       | 01:01:16.75        | +00:24:52<br>(40.6%) | 10:12           | 5.9<br>(59.6%) |
| 162 | FLISIAK Jakub        | 797   | BOOT CAMP POLSKA          | Open Mężczyzn            | 136  | 11:20 | 01:01:22.20       | 01:01:22.20        | +00:24:57<br>(40.7%) | 10:13           | 5.9<br>(59.6%) |
| 163 | KUREK Mikołaj        | 1045  |                           | Open Mężczyzn            | 137  | 13:15 | 01:01:26.20       | 01:01:26.20        | +00:25:01<br>(40.7%) | 10:14           | 5.9<br>(59.6%) |
| 164 | GIBALSKI Aleksander  | 1042  |                           | Open Mężczyzn            | 138  | 13:15 | 01:01:26.50       | 01:01:26.50        | +00:25:01<br>(40.7%) | 10:14           | 5.9<br>(59.6%) |
| 165 | WASILEWSKI Piotr     | 1063  |                           | Open Mężczyzn            | 139  | 13:15 | 01:01:38.25       | 01:01:38.25        | +00:25:13<br>(40.9%) | 10:16           | 5.8<br>(58.6%) |
| 166 | KĄŁUŻA Robert        | 756   | PARTACZE                  | Open Mężczyzn            | 140  | 11:10 | 01:01:39.75       | 01:01:39.75        | +00:25:15<br>(41.0%) | 10:16           | 5.8<br>(58.6%) |
| 167 | BEDNARSKI Rafał      | 1086  |                           | Open Mężczyzn            | 141  | 11:10 | 01:01:47.65       | 01:01:47.65        | +00:25:23<br>(41.1%) | 10:17           | 5.8<br>(58.6%) |
| 168 | RUCKI Bartosz        | 334   |                           | Open Mężczyzn            | 142  | 08:10 | 01:01:50.85       | 01:01:50.85        | +00:25:26<br>(41.1%) | 10:18           | 5.8<br>(58.6%) |
| 169 | MICHALEWICZ Natan    | 1059  |                           | Open Mężczyzn            | 143  | 13:30 | 01:01:52.35       | 01:01:52.35        | +00:25:27<br>(41.2%) | 10:18           | 5.8<br>(58.6%) |
| 170 | KOWALSKI Włodzimierz | 755   | MASTERS JUDO TEAM GLIWICE | Open Mężczyzn            | 144  | 11:10 | 01:01:53.90       | 01:01:53.90        | +00:25:29<br>(41.2%) | 10:18           | 5.8<br>(58.6%) |
| 171 | ADAMUS Wojciech      | 754   | MASTERS JUDO TEAM GLIWICE | Open Masters<br>Mężczyzn | 27   | 11:10 | 01:01:53.95       | 01:01:53.95        | +00:25:29<br>(41.2%) | 10:18           | 5.8<br>(58.6%) |
| 172 | MIRONĆZUK Piotr      | 788   |                           | Open Mężczyzn            | 145  | 11:10 | 01:01:54.40       | 01:01:54.40        | +00:25:29<br>(41.2%) | 10:19           | 5.8<br>(58.6%) |
| 173 | SYĆKO Konrad         | 1062  |                           | Open Mężczyzn            | 146  | 13:30 | 01:02:10.50       | 01:02:10.50        | +00:25:45<br>(41.4%) | 10:21           | 5.8<br>(58.6%) |
| 174 | DOWLASZEWICZ Dawid   | 614   | VIKING TRAINING CENTER    | Open Mężczyzn            | 147  | 10:30 | 01:02:14.45       | 01:02:14.45        | +00:25:49<br>(41.5%) | 10:22           | 5.8<br>(58.6%) |
| 175 | PONSKI Cezary        | 835   |                           | Open Mężczyzn            | 148  | 11:10 | 01:02:15.00       | 01:02:15.00        | +00:25:50<br>(41.5%) | 10:22           | 5.8<br>(58.6%) |
| 175 | DYMEK Marek          | 469   |                           | Open Mężczyzn            | 148  | 09:10 | 01:02:15.00       | 01:02:15.00        | +00:25:50<br>(41.5%) | 10:22           | 5.8<br>(58.6%) |

| Msc | Zawodnik           | Numer | Klub                       | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|--------------------|-------|----------------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 177 | ZDAŃSKI Dariusz    | 558   | RUNMAGEDDONOWE ŚWIRY       | Open Masters<br>Mężczyzn | 28   | 09:30 | 01:02:23.65       | 01:02:23.65        | +00:25:59<br>(41.6%) | 10:23           | 5.8<br>(58.6%) |
| 178 | KOWALCZYK Tomasz   | 781   |                            | Open Mężczyzn            | 150  | 11:10 | 01:02:24.25       | 01:02:24.25        | +00:25:59<br>(41.7%) | 10:24           | 5.8<br>(58.6%) |
| 179 | EDER Wolfgang      | 919   |                            | Open Mężczyzn            | 151  | 12:10 | 01:02:26.50       | 01:02:26.50        | +00:26:01<br>(41.7%) | 10:24           | 5.8<br>(58.6%) |
| 180 | DROST Rafał        | 603   | GT ALIZKA TEAM :)          | Open Masters<br>Mężczyzn | 29   | 10:10 | 01:02:29.90       | 01:02:29.90        | +00:26:05<br>(41.7%) | 10:24           | 5.8<br>(58.6%) |
| 181 | ROSKOSZ Szymon     | 434   |                            | Open Mężczyzn            | 152  | 08:30 | 01:02:48.60       | 01:02:48.60        | +00:26:24<br>(42.0%) | 10:28           | 5.7<br>(57.6%) |
| 182 | RYMSZA Daniel      | 838   |                            | Open Masters<br>Mężczyzn | 30   | 11:20 | 01:03:04.05       | 01:03:04.05        | +00:26:39<br>(42.3%) | 10:30           | 5.7<br>(57.6%) |
| 183 | MARCZUK Michał     | 930   | ASKAR                      | Open Mężczyzn            | 153  | 12:10 | 01:03:05.60       | 01:03:05.60        | +00:26:41<br>(42.3%) | 10:30           | 5.7<br>(57.6%) |
| 184 | MEISAROSH Viktor   | 1069  |                            | Open Mężczyzn            | 154  | 11:20 | 01:03:08.75       | 01:03:08.75        | +00:26:44<br>(42.3%) | 10:31           | 5.7<br>(57.6%) |
| 185 | BŁASIŃSKI Piotr    | 817   |                            | Open Masters<br>Mężczyzn | 31   | 11:20 | 01:03:08.90       | 01:03:08.90        | +00:26:44<br>(42.3%) | 10:31           | 5.7<br>(57.6%) |
| 186 | KLIUSHNYK Artem    | 1068  | ASKAR                      | Open Mężczyzn            | 155  | 11:20 | 01:03:08.95       | 01:03:08.95        | +00:26:44<br>(42.3%) | 10:31           | 5.7<br>(57.6%) |
| 187 | WOJAS Michał       | 1064  |                            | Open Mężczyzn            | 156  | 13:30 | 01:03:09.45       | 01:03:09.45        | +00:26:44<br>(42.4%) | 10:31           | 5.7<br>(57.6%) |
| 188 | ILIASHKO Yaroslav  | 796   |                            | Open Mężczyzn            | 157  | 11:20 | 01:03:09.75       | 01:03:09.75        | +00:26:45<br>(42.4%) | 10:31           | 5.7<br>(57.6%) |
| 189 | STEPA Vasyl        | 1071  | ASKAR                      | Open Mężczyzn            | 158  | 11:20 | 01:03:10.10       | 01:03:10.10        | +00:26:45<br>(42.4%) | 10:31           | 5.7<br>(57.6%) |
| 190 | OLAH Vladyslav     | 1070  |                            | Open Mężczyzn            | 159  | 11:20 | 01:03:10.15       | 01:03:10.15        | +00:26:45<br>(42.4%) | 10:31           | 5.7<br>(57.6%) |
| 191 | CHMIELEWSKI Józef  | 877   |                            | Open Masters<br>Mężczyzn | 32   | 10:30 | 01:03:19.70       | 01:03:19.70        | +00:26:55<br>(42.5%) | 10:33           | 5.7<br>(57.6%) |
| 192 | RUSNARCZYK Mateusz | 637   | BIEGOWE DZIKI OCR          | Open Mężczyzn            | 160  | 10:10 | 01:03:26.10       | 01:03:26.10        | +00:27:01<br>(42.6%) | 10:34           | 5.7<br>(57.6%) |
| 193 | WĄDOLNY Dariusz    | 744   |                            | Open Mężczyzn            | 161  | 10:30 | 01:03:28.60       | 01:03:28.60        | +00:27:04<br>(42.6%) | 10:34           | 5.7<br>(57.6%) |
| 194 | ROSŁONIEC Wojciech | 742   |                            | Open Masters<br>Mężczyzn | 33   | 10:30 | 01:03:30.90       | 01:03:30.90        | +00:27:06<br>(42.7%) | 10:35           | 5.7<br>(57.6%) |
| 195 | KUBIŃSKI Jakub     | 991   | BIEGOWE DZIKI OCR          | Open Mężczyzn            | 162  | 13:10 | 01:03:35.25       | 01:03:35.25        | +00:27:10<br>(42.7%) | 10:35           | 5.7<br>(57.6%) |
| 196 | WOJCIĘGA Michał    | 795   |                            | Open Mężczyzn            | 163  | 11:10 | 01:03:40.40       | 01:03:40.40        | +00:27:15<br>(42.8%) | 10:36           | 5.7<br>(57.6%) |
| 197 | SZYMAŃSKI Łukasz   | 792   |                            | Open Mężczyzn            | 164  | 11:10 | 01:03:41.00       | 01:03:41.00        | +00:27:16<br>(42.8%) | 10:36           | 5.7<br>(57.6%) |
| 198 | ZIĘBA Sławomir     | 899   | STUDIO ENERGIA TEAM RYBNIK | Open Masters<br>Mężczyzn | 34   | 11:30 | 01:03:41.55       | 01:03:41.55        | +00:27:16<br>(42.8%) | 10:36           | 5.7<br>(57.6%) |
| 199 | PALKA Jurand       | 466   |                            | Open Masters<br>Mężczyzn | 35   | 09:10 | 01:03:42.80       | 01:03:42.80        | +00:27:18<br>(42.9%) | 10:37           | 5.7<br>(57.6%) |

| Msc | Zawodnik              | Numer | Klub                       | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------|-------|----------------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 200 | BĄK Konrad            | 763   |                            | Open Mężczyzn            | 165  | 11:10 | 01:03:43.70       | 01:03:43.70        | +00:27:19<br>(42.9%) | 10:37           | 5.7<br>(57.6%) |
| 201 | MAZUR Michał          | 786   |                            | Open Mężczyzn            | 166  | 11:10 | 01:03:44.80       | 01:03:44.80        | +00:27:20<br>(42.9%) | 10:37           | 5.6<br>(56.6%) |
| 202 | WICHEREK Mateusz      | 652   | RUNMAGEDDONOWE ŚWIRY       | Open Mężczyzn            | 167  | 10:20 | 01:03:48.75       | 01:03:48.75        | +00:27:24<br>(42.9%) | 10:38           | 5.6<br>(56.6%) |
| 203 | KAPLER Tomasz         | 669   |                            | Open Mężczyzn            | 168  | 10:20 | 01:04:00.55       | 01:04:00.55        | +00:27:35<br>(43.1%) | 10:40           | 5.6<br>(56.6%) |
| 204 | FABER Jakub           | 729   |                            | Open Mężczyzn            | 169  | 10:30 | 01:04:09.50       | 01:04:09.50        | +00:27:44<br>(43.2%) | 10:41           | 5.6<br>(56.6%) |
| 205 | UDRO Przemysław       | 308   | SOCIOS SILESIA             | Open Mężczyzn            | 170  | 08:10 | 01:04:17.40       | 01:04:17.40        | +00:27:52<br>(43.4%) | 10:42           | 5.6<br>(56.6%) |
| 206 | MIELNICZUK Bartłomiej | 630   |                            | Open Mężczyzn            | 171  | 10:10 | 01:04:20.10       | 01:04:20.10        | +00:27:55<br>(43.4%) | 10:43           | 5.6<br>(56.6%) |
| 207 | WOJTUNIK Michał       | 364   | GRAŻYNKI OCR               | Open Masters<br>Mężczyzn | 36   | 08:30 | 01:04:26.05       | 01:04:26.05        | +00:28:01<br>(43.5%) | 10:44           | 5.6<br>(56.6%) |
| 208 | DAGA Marek            | 618   |                            | Open Masters<br>Mężczyzn | 37   | 10:10 | 01:04:30.10       | 01:04:30.10        | +00:28:05<br>(43.6%) | 10:45           | 5.6<br>(56.6%) |
| 209 | ŁUCZAK Radosław       | 832   |                            | Open Masters<br>Mężczyzn | 38   | 11:20 | 01:04:30.65       | 01:04:30.65        | +00:28:06<br>(43.6%) | 10:45           | 5.6<br>(56.6%) |
| 210 | SKRABEL Artur         | 530   | STUDIO ENERGIA TEAM RYBNIK | Open Mężczyzn            | 172  | 09:20 | 01:04:33.05       | 01:04:33.05        | +00:28:08<br>(43.6%) | 10:45           | 5.6<br>(56.6%) |
| 211 | MERINO Juan Francisco | 629   |                            | Open Mężczyzn            | 173  | 10:10 | 01:04:37.40       | 01:04:37.40        | +00:28:12<br>(43.7%) | 10:46           | 5.6<br>(56.6%) |
| 212 | WYSOCKI Paweł         | 337   |                            | Open Mężczyzn            | 174  | 08:10 | 01:04:38.55       | 01:04:38.55        | +00:28:13<br>(43.7%) | 10:46           | 5.6<br>(56.6%) |
| 213 | MAGDZIK Maciej        | 979   | CARBON SILESIA SPORT       | Open Mężczyzn            | 175  | 12:30 | 01:04:40.10       | 01:04:40.10        | +00:28:15<br>(43.7%) | 10:46           | 5.6<br>(56.6%) |
| 214 | KORDUŁA Michał        | 527   | STUDIO ENERGIA TEAM RYBNIK | Open Mężczyzn            | 176  | 09:20 | 01:04:44.95       | 01:04:44.95        | +00:28:20<br>(43.8%) | 10:47           | 5.6<br>(56.6%) |
| 215 | WILCZYŃSKI Łukasz     | 745   |                            | Open Mężczyzn            | 177  | 10:30 | 01:04:45.45       | 01:04:45.45        | +00:28:20<br>(43.8%) | 10:47           | 5.6<br>(56.6%) |
| 216 | KROPISZ Krystian      | 1087  |                            | Open Mężczyzn            | 178  | 11:10 | 01:04:59.10       | 01:04:59.10        | +00:28:34<br>(44.0%) | 10:49           | 5.5<br>(55.6%) |
| 217 | CIESIELSKI Maciej     | 1076  | GORĄCY POTOK TEAM          | Open Masters<br>Mężczyzn | 39   | 08:10 | 01:05:01.35       | 01:05:01.35        | +00:28:36<br>(44.0%) | 10:50           | 5.5<br>(55.6%) |
| 218 | MULARCZYK Marek       | 631   |                            | Open Mężczyzn            | 179  | 10:10 | 01:05:02.55       | 01:05:02.55        | +00:28:37<br>(44.0%) | 10:50           | 5.5<br>(55.6%) |
| 219 | WUJEK Witek           | 898   |                            | Open Mężczyzn            | 180  | 11:30 | 01:05:05.05       | 01:05:05.05        | +00:28:40<br>(44.1%) | 10:50           | 5.5<br>(55.6%) |
| 220 | NAWROCKI Krzysztof    | 425   |                            | Open Mężczyzn            | 181  | 08:30 | 01:05:06.10       | 01:05:06.10        | +00:28:41<br>(44.1%) | 10:51           | 5.5<br>(55.6%) |
| 221 | BARCZYK Łukasz        | 315   |                            | Open Mężczyzn            | 182  | 08:10 | 01:05:07.35       | 01:05:07.35        | +00:28:42<br>(44.1%) | 10:51           | 5.5<br>(55.6%) |
| 222 | KONTKIEWICZ Mateusz   | 1021  |                            | Open Mężczyzn            | 183  | 13:10 | 01:05:09.00       | 01:05:09.00        | +00:28:44<br>(44.1%) | 10:51           | 5.5<br>(55.6%) |

| Msc | Zawodnik               | Numer | Klub                              | Kategoria                | Mkat | Seria | Czas         |               | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|------------------------|-------|-----------------------------------|--------------------------|------|-------|--------------|---------------|----------------------|-----------------|----------------|
|     |                        |       |                                   |                          |      |       | netto<br>6km | brutto<br>6km |                      |                 |                |
| 223 | SŁABASZEWSKI Kamil     | 790   |                                   | Open Mężczyzn            | 184  | 11:10 | 01:05:09.25  | 01:05:09.25   | +00:28:44<br>(44.1%) | 10:51           | 5.5<br>(55.6%) |
| 224 | MOJSYM Krzysztof       | 971   |                                   | Open Mężczyzn            | 185  | 12:20 | 01:05:19.50  | 01:05:19.50   | +00:28:54<br>(44.3%) | 10:53           | 5.5<br>(55.6%) |
| 225 | RASEK Jakub            | 905   | HUSARIA RACE TEAM                 | Open Mężczyzn            | 186  | 12:10 | 01:05:23.00  | 01:05:23.00   | +00:28:58<br>(44.3%) | 10:53           | 5.5<br>(55.6%) |
| 226 | BRZOSKWINIA Paweł      | 914   |                                   | Open Mężczyzn            | 187  | 12:10 | 01:05:26.05  | 01:05:26.05   | +00:29:01<br>(44.4%) | 10:54           | 5.5<br>(55.6%) |
| 227 | BATOR Norbert          | 764   |                                   | Open Mężczyzn            | 188  | 11:10 | 01:05:26.75  | 01:05:26.75   | +00:29:02<br>(44.4%) | 10:54           | 5.5<br>(55.6%) |
| 228 | SĄCZAWA Filip          | 935   |                                   | Open Mężczyzn            | 189  | 12:10 | 01:05:28.40  | 01:05:28.40   | +00:29:03<br>(44.4%) | 10:54           | 5.5<br>(55.6%) |
| 229 | CHUDEUSZ Łukasz        | 616   |                                   | Open Mężczyzn            | 190  | 10:10 | 01:05:31.15  | 01:05:31.15   | +00:29:06<br>(44.4%) | 10:55           | 5.5<br>(55.6%) |
| 230 | MONDRY Paweł           | 680   |                                   | Open Mężczyzn            | 191  | 10:20 | 01:05:31.30  | 01:05:31.30   | +00:29:06<br>(44.4%) | 10:55           | 5.5<br>(55.6%) |
| 231 | SOLIWODA Tomasz        | 342   | AMATORY                           | Open Masters<br>Mężczyzn | 40   | 08:20 | 01:05:43.85  | 01:05:43.85   | +00:29:19<br>(44.6%) | 10:57           | 5.5<br>(55.6%) |
| 232 | RZONSIK Tomasz         | 529   | STUDIO ENERGIA TEAM RYBNIK        | Open Masters<br>Mężczyzn | 41   | 09:20 | 01:05:50.65  | 01:05:50.65   | +00:29:26<br>(44.7%) | 10:58           | 5.5<br>(55.6%) |
| 233 | POPIK Szymon           | 1040  | ZŁOT MIŁOŚNIKÓW PEŁNEGO KIELISZKA | Open Mężczyzn            | 192  | 13:15 | 01:05:51.10  | 01:05:51.10   | +00:29:26<br>(44.7%) | 10:58           | 5.5<br>(55.6%) |
| 234 | GAJOWSKI Mateusz       | 663   |                                   | Open Mężczyzn            | 193  | 10:20 | 01:05:58.05  | 01:05:58.05   | +00:29:33<br>(44.8%) | 10:59           | 5.5<br>(55.6%) |
| 235 | LEONARSKI Sebastian    | 864   | STUDIO ENERGIA TEAM RYBNIK        | Open Mężczyzn            | 194  | 11:30 | 01:06:05.45  | 01:06:05.45   | +00:29:40<br>(44.9%) | 11:00           | 5.4<br>(54.5%) |
| 236 | PYSZNY Patryk          | 865   | STUDIO ENERGIA TEAM RYBNIK        | Open Mężczyzn            | 195  | 11:30 | 01:06:05.65  | 01:06:05.65   | +00:29:41<br>(44.9%) | 11:00           | 5.4<br>(54.5%) |
| 237 | MSTOWSKI Karol         | 581   |                                   | Open Mężczyzn            | 196  | 09:30 | 01:06:07.60  | 01:06:07.60   | +00:29:43<br>(44.9%) | 11:01           | 5.4<br>(54.5%) |
| 238 | KUCIŃSKI Krzysztof     | 1007  | MITMAR                            | Open Mężczyzn            | 197  | 13:10 | 01:06:15.30  | 01:06:15.30   | +00:29:50<br>(45.0%) | 11:02           | 5.4<br>(54.5%) |
| 239 | SZMYCIŃSKI Wojciech    | 802   | RMF4RT GLADIATORS                 | Open Masters<br>Mężczyzn | 42   | 11:20 | 01:06:18.60  | 01:06:18.60   | +00:29:54<br>(45.1%) | 11:03           | 5.4<br>(54.5%) |
| 240 | BORTEL Sławomir        | 818   |                                   | Open Mężczyzn            | 198  | 11:20 | 01:06:20.80  | 01:06:20.80   | +00:29:56<br>(45.1%) | 11:03           | 5.4<br>(54.5%) |
| 241 | BARCZYK David          | 314   |                                   | Open Mężczyzn            | 199  | 08:10 | 01:06:22.70  | 01:06:22.70   | +00:29:58<br>(45.1%) | 11:03           | 5.4<br>(54.5%) |
| 242 | MISIUKIEWICZ Arkadiusz | 478   |                                   | Open Mężczyzn            | 200  | 09:10 | 01:06:25.40  | 01:06:25.40   | +00:30:00<br>(45.2%) | 11:04           | 5.4<br>(54.5%) |
| 243 | MAŃKA Mateusz          | 963   | SILNI BO ZAWZIĘCI                 | Open Mężczyzn            | 201  | 12:20 | 01:06:44.70  | 01:06:44.70   | +00:30:20<br>(45.4%) | 11:07           | 5.4<br>(54.5%) |
| 244 | WALASEK Norbert        | 845   |                                   | Open Mężczyzn            | 202  | 11:20 | 01:06:46.40  | 01:06:46.40   | +00:30:21<br>(45.5%) | 11:07           | 5.4<br>(54.5%) |
| 245 | FILAS Rafał            | 459   | LOCHA I WARCHLAKI                 | Open Mężczyzn            | 203  | 09:10 | 01:06:47.00  | 01:06:47.00   | +00:30:22<br>(45.5%) | 11:07           | 5.4<br>(54.5%) |

| Msc | Zawodnik           | Numer | Klub              | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|--------------------|-------|-------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 246 | FLEJTUCH Tobiasz   | 773   |                   | Open Mężczyzn            | 204  | 11:10 | 01:06:53.20       | 01:06:53.20        | +00:30:28<br>(45.6%) | 11:08           | 5.4<br>(54.5%) |
| 247 | MAZIUK Maurycy     | 579   |                   | Open Mężczyzn            | 205  | 09:30 | 01:07:07.35       | 01:07:07.35        | +00:30:42<br>(45.8%) | 11:11           | 5.4<br>(54.5%) |
| 248 | PSZOWSKI Grzegorz  | 836   |                   | Open Mężczyzn            | 206  | 11:20 | 01:07:19.05       | 01:07:19.05        | +00:30:54<br>(45.9%) | 11:13           | 5.3<br>(53.5%) |
| 249 | KSIONSYK Mateusz   | 831   |                   | Open Mężczyzn            | 207  | 11:20 | 01:07:22.00       | 01:07:22.00        | +00:30:57<br>(46.0%) | 11:13           | 5.3<br>(53.5%) |
| 250 | MICHALSKI Marcin   | 1024  |                   | Open Mężczyzn            | 208  | 12:20 | 01:07:23.15       | 01:07:23.15        | +00:30:58<br>(46.0%) | 11:13           | 5.3<br>(53.5%) |
| 251 | BURCZYK Kacper     | 1016  |                   | Open Mężczyzn            | 209  | 12:20 | 01:07:24.20       | 01:07:24.20        | +00:30:59<br>(46.0%) | 11:14           | 5.3<br>(53.5%) |
| 252 | BADURA Rafał       | 814   |                   | Open Mężczyzn            | 210  | 11:20 | 01:07:34.65       | 01:07:34.65        | +00:31:10<br>(46.1%) | 11:15           | 5.3<br>(53.5%) |
| 253 | CICHOŃ Sebastian   | 711   | KNURO-SZWEJE TEAM | Open Mężczyzn            | 211  | 10:30 | 01:07:35.05       | 01:07:35.05        | +00:31:10<br>(46.1%) | 11:15           | 5.3<br>(53.5%) |
| 254 | TRAWIŃSKI Jakub    | 714   | KNURO-SZWEJE TEAM | Open Mężczyzn            | 212  | 10:30 | 01:07:35.70       | 01:07:35.70        | +00:31:11<br>(46.1%) | 11:15           | 5.3<br>(53.5%) |
| 255 | SZTAFIŃSKI Piotr   | 1031  |                   | Open Mężczyzn            | 213  | 13:10 | 01:07:41.95       | 01:07:41.95        | +00:31:17<br>(46.2%) | 11:16           | 5.3<br>(53.5%) |
| 256 | PIETRAS Rafał      | 481   |                   | Open Mężczyzn            | 214  | 09:10 | 01:07:52.75       | 01:07:52.75        | +00:31:28<br>(46.4%) | 11:18           | 5.3<br>(53.5%) |
| 257 | SERAFIN Aleksander | 543   |                   | Open Mężczyzn            | 215  | 09:20 | 01:07:53.00       | 01:07:53.00        | +00:31:28<br>(46.4%) | 11:18           | 5.3<br>(53.5%) |
| 258 | STAWARZ Przemysław | 894   |                   | Open Mężczyzn            | 216  | 11:30 | 01:07:53.90       | 01:07:53.90        | +00:31:29<br>(46.4%) | 11:18           | 5.3<br>(53.5%) |
| 259 | KUKULSKI Ryszard   | 925   |                   | Open Masters<br>Mężczyzn | 43   | 12:20 | 01:08:04.15       | 01:08:04.15        | +00:31:39<br>(46.5%) | 11:20           | 5.3<br>(53.5%) |
| 260 | BARCZYK Filip      | 874   |                   | Open Mężczyzn            | 217  | 11:30 | 01:08:17.95       | 01:08:17.95        | +00:31:53<br>(46.7%) | 11:22           | 5.3<br>(53.5%) |
| 261 | SMOLARSKI Mariusz  | 544   |                   | Open Mężczyzn            | 218  | 09:20 | 01:08:22.60       | 01:08:22.60        | +00:31:58<br>(46.8%) | 11:23           | 5.3<br>(53.5%) |
| 262 | PŁAZA Artur        | 584   |                   | Open Mężczyzn            | 219  | 09:30 | 01:08:24.20       | 01:08:24.20        | +00:31:59<br>(46.8%) | 11:24           | 5.3<br>(53.5%) |
| 263 | STEFAŃSKI Łukasz   | 713   | KNURO-SZWEJE TEAM | Open Mężczyzn            | 220  | 10:30 | 01:08:24.90       | 01:08:24.90        | +00:32:00<br>(46.8%) | 11:24           | 5.3<br>(53.5%) |
| 264 | DENDRA Marcin      | 496   | CF KUŹNIA DAMIANA | Open Masters<br>Mężczyzn | 44   | 09:20 | 01:08:42.45       | 01:08:42.45        | +00:32:17<br>(47.0%) | 11:27           | 5.2<br>(52.5%) |
| 265 | KULIK Krzysztof    | 1022  |                   | Open Masters<br>Mężczyzn | 45   | 13:10 | 01:08:50.55       | 01:08:50.55        | +00:32:25<br>(47.1%) | 11:28           | 5.2<br>(52.5%) |
| 266 | SZPAKOWSKI Jacek   | 1002  | EXTREME WAYS      | Open Mężczyzn            | 221  | 13:10 | 01:08:58.00       | 01:08:58.00        | +00:32:33<br>(47.2%) | 11:29           | 5.2<br>(52.5%) |
| 267 | KOSIŃSKI Tomasz    | 1092  | EXTREME WAYS      | Open Mężczyzn            | 222  | 13:10 | 01:09:03.35       | 01:09:03.35        | +00:32:38<br>(47.3%) | 11:30           | 5.2<br>(52.5%) |
| 268 | KOT Sebastian      | 829   |                   | Open Mężczyzn            | 223  | 11:20 | 01:09:19.55       | 01:09:19.55        | +00:32:54<br>(47.5%) | 11:33           | 5.2<br>(52.5%) |

| Msc | Zawodnik             | Numer | Klub                 | Kategoria             | Mkat | Seria | Czas netto 6km | Czas brutto 6km | Różn              | Tempo min/km | Tempo km/h  |
|-----|----------------------|-------|----------------------|-----------------------|------|-------|----------------|-----------------|-------------------|--------------|-------------|
| 269 | GICZAN Mariusz       | 798   | CARDIO HEROES        | Open Masters Mężczyzn | 46   | 11:20 | 01:09:33.90    | 01:09:33.90     | +00:33:09 (47.7%) | 11:35        | 5.2 (52.5%) |
| 270 | KARCZ Jakub          | 968   |                      | Open Mężczyzn         | 224  | 12:20 | 01:09:37.60    | 01:09:37.60     | +00:33:13 (47.7%) | 11:36        | 5.2 (52.5%) |
| 271 | IWANOWICZ Jarosław   | 799   | CARDIO HEROES        | Open Masters Mężczyzn | 47   | 11:20 | 01:09:38.85    | 01:09:38.85     | +00:33:14 (47.7%) | 11:36        | 5.2 (52.5%) |
| 272 | SZUBERT Grzegorz     | 489   |                      | Open Masters Mężczyzn | 48   | 09:10 | 01:09:51.15    | 01:09:51.15     | +00:33:26 (47.9%) | 11:38        | 5.2 (52.5%) |
| 273 | SIDORCZUK Dariusz    | 801   | CARDIO HEROES        | Open Masters Mężczyzn | 49   | 11:20 | 01:09:52.55    | 01:09:52.55     | +00:33:27 (47.9%) | 11:38        | 5.2 (52.5%) |
| 274 | MIZIELSKI Dominik    | 932   |                      | Open Mężczyzn         | 225  | 12:10 | 01:09:57.05    | 01:09:57.05     | +00:33:32 (47.9%) | 11:39        | 5.1 (51.5%) |
| 275 | MIKRUT Mateusz       | 389   | TOTAL FREAK          | Open Mężczyzn         | 226  | 08:20 | 01:09:58.50    | 01:09:58.50     | +00:33:33 (48.0%) | 11:39        | 5.1 (51.5%) |
| 276 | KAŻMIERSKI Krzysztof | 1055  |                      | Open Mężczyzn         | 227  | 13:10 | 01:09:58.80    | 01:09:58.80     | +00:33:34 (48.0%) | 11:39        | 5.1 (51.5%) |
| 277 | KISIELEWSKI Krystian | 624   |                      | Open Mężczyzn         | 228  | 10:10 | 01:09:59.85    | 01:09:59.85     | +00:33:35 (48.0%) | 11:39        | 5.1 (51.5%) |
| 278 | KLUCH Łukasz         | 1020  |                      | Open Mężczyzn         | 229  | 13:10 | 01:10:01.55    | 01:10:01.55     | +00:33:36 (48.0%) | 11:40        | 5.1 (51.5%) |
| 279 | CIEŚLIŃSKI Szymon    | 915   |                      | Open Mężczyzn         | 230  | 12:10 | 01:10:02.70    | 01:10:02.70     | +00:33:38 (48.0%) | 11:40        | 5.1 (51.5%) |
| 280 | STACHURSKI Bartosz   | 591   |                      | Open Masters Mężczyzn | 50   | 09:30 | 01:10:07.80    | 01:10:07.80     | +00:33:43 (48.1%) | 11:41        | 5.1 (51.5%) |
| 281 | KLIN Kuba            | 827   |                      | Open Mężczyzn         | 231  | 11:20 | 01:10:13.30    | 01:10:13.30     | +00:33:48 (48.1%) | 11:42        | 5.1 (51.5%) |
| 282 | NOWAK Patryk         | 632   |                      | Open Mężczyzn         | 232  | 10:10 | 01:10:14.50    | 01:10:14.50     | +00:33:49 (48.2%) | 11:42        | 5.1 (51.5%) |
| 283 | GAŁAJ Krzysztof      | 807   | RUNMAGEDDONOWE ŚWIRY | Open Mężczyzn         | 233  | 11:20 | 01:10:14.85    | 01:10:14.85     | +00:33:50 (48.2%) | 11:42        | 5.1 (51.5%) |
| 284 | ANTOSIK Rafał        | 806   | RUNMAGEDDONOWE ŚWIRY | Open Mężczyzn         | 234  | 11:20 | 01:10:19.30    | 01:10:19.30     | +00:33:54 (48.2%) | 11:43        | 5.1 (51.5%) |
| 285 | IWANOWICZ Mirosław   | 800   | CARDIO HEROES        | Open Masters Mężczyzn | 51   | 11:20 | 01:10:32.95    | 01:10:32.95     | +00:34:08 (48.4%) | 11:45        | 5.1 (51.5%) |
| 286 | FIEJKA Remigiusz     | 1000  | EXTREME WAYS         | Open Mężczyzn         | 235  | 13:10 | 01:10:33.80    | 01:10:33.80     | +00:34:09 (48.4%) | 11:45        | 5.1 (51.5%) |
| 287 | REMIINGER Grzegorz   | 1029  |                      | Open Mężczyzn         | 236  | 13:10 | 01:10:34.10    | 01:10:34.10     | +00:34:09 (48.4%) | 11:45        | 5.1 (51.5%) |
| 288 | BORSZCZ Mariusz      | 400   |                      | Open Mężczyzn         | 237  | 08:20 | 01:10:38.35    | 01:10:38.35     | +00:34:13 (48.5%) | 11:46        | 5.1 (51.5%) |
| 289 | KUKULSKI Ryszard     | 926   |                      | Open Mężczyzn         | 238  | 12:10 | 01:10:40.45    | 01:10:40.45     | +00:34:15 (48.5%) | 11:46        | 5.1 (51.5%) |
| 290 | TUREK Patryk         | 643   |                      | Open Mężczyzn         | 239  | 10:10 | 01:10:48.25    | 01:10:48.25     | +00:34:23 (48.6%) | 11:48        | 5.1 (51.5%) |
| 291 | PACZKOWSKI Jacek     | 384   | SOCIOS SILESIA       | Open Masters Mężczyzn | 52   | 08:20 | 01:10:50.95    | 01:10:50.95     | +00:34:26 (48.6%) | 11:48        | 5.1 (51.5%) |

| Msc | Zawodnik           | Numer | Klub                  | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|--------------------|-------|-----------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 292 | KONCZA Norbert     | 923   |                       | Open Mężczyzn            | 240  | 12:10 | 01:10:54.95       | 01:10:54.95        | +00:34:30<br>(48.7%) | 11:49           | 5.1<br>(51.5%) |
| 293 | CELKA Sebastian    | 961   | S-KADRA GRODZISK MAZ. | Open Masters<br>Mężczyzn | 53   | 12:20 | 01:10:55.40       | 01:10:55.40        | +00:34:30<br>(48.7%) | 11:49           | 5.1<br>(51.5%) |
| 294 | KOŚNIEWSKI Paweł   | 382   | SOCIOS SILESIA        | Open Mężczyzn            | 241  | 08:20 | 01:11:00.35       | 01:11:00.35        | +00:34:35<br>(48.7%) | 11:50           | 5.1<br>(51.5%) |
| 295 | BABILAS Paweł      | 563   |                       | Open Mężczyzn            | 242  | 09:30 | 01:11:11.45       | 01:11:11.45        | +00:34:46<br>(48.9%) | 11:51           | 5.1<br>(51.5%) |
| 296 | SYPOSZ Marek       | 692   |                       | Open Mężczyzn            | 243  | 10:20 | 01:11:11.65       | 01:11:11.65        | +00:34:47<br>(48.9%) | 11:51           | 5.1<br>(51.5%) |
| 297 | STEUER Łukasz      | 592   |                       | Open Mężczyzn            | 244  | 09:30 | 01:11:14.50       | 01:11:14.50        | +00:34:49<br>(48.9%) | 11:52           | 5.1<br>(51.5%) |
| 298 | SZCZYGIEŁ Dawid    | 943   |                       | Open Mężczyzn            | 245  | 11:30 | 01:11:21.45       | 01:11:21.45        | +00:34:56<br>(49.0%) | 11:53           | 5<br>(50.5%)   |
| 299 | KNOPIK Michał      | 460   | MOTOBABINIEC          | Open Mężczyzn            | 246  | 09:10 | 01:11:27.15       | 01:11:27.15        | +00:35:02<br>(49.0%) | 11:54           | 5<br>(50.5%)   |
| 300 | STĘPIEŃ Łukasz     | 390   | TOTAL FREAK           | Open Masters<br>Mężczyzn | 54   | 08:20 | 01:11:31.30       | 01:11:31.30        | +00:35:06<br>(49.1%) | 11:55           | 5<br>(50.5%)   |
| 300 | ZAJĄC Mateusz      | 444   |                       | Open Mężczyzn            | 247  | 08:20 | 01:11:31.30       | 01:11:31.30        | +00:35:06<br>(49.1%) | 11:55           | 5<br>(50.5%)   |
| 302 | SKRZYPCZYK Łukasz  | 689   |                       | Open Mężczyzn            | 248  | 10:20 | 01:11:40.95       | 01:11:40.95        | +00:35:16<br>(49.2%) | 11:56           | 5<br>(50.5%)   |
| 303 | KEMPNY Marcin      | 921   |                       | Open Mężczyzn            | 249  | 12:10 | 01:11:41.75       | 01:11:41.75        | +00:35:17<br>(49.2%) | 11:56           | 5<br>(50.5%)   |
| 304 | SIDWA Paweł        | 975   |                       | Open Mężczyzn            | 250  | 12:20 | 01:11:46.70       | 01:11:46.70        | +00:35:22<br>(49.3%) | 11:57           | 5<br>(50.5%)   |
| 305 | KASPROWICZ Zbyszek | 725   | TEAM DZIK             | Open Mężczyzn            | 251  | 10:30 | 01:11:58.45       | 01:11:58.45        | +00:35:33<br>(49.4%) | 11:59           | 5<br>(50.5%)   |
| 306 | BEDNAREK Artur     | 724   | TEAM DZIK             | Open Mężczyzn            | 252  | 10:30 | 01:11:59.10       | 01:11:59.10        | +00:35:34<br>(49.4%) | 11:59           | 5<br>(50.5%)   |
| 307 | SZYMSZON Łukasz    | 896   |                       | Open Mężczyzn            | 253  | 11:30 | 01:12:08.25       | 01:12:08.25        | +00:35:43<br>(49.5%) | 12:01           | 5<br>(50.5%)   |
| 308 | DZIURDZIA Daniel   | 567   |                       | Open Mężczyzn            | 254  | 09:30 | 01:12:15.45       | 01:12:15.45        | +00:35:50<br>(49.6%) | 12:02           | 5<br>(50.5%)   |
| 309 | SORBJAN Kamil      | 589   |                       | Open Mężczyzn            | 255  | 09:30 | 01:12:25.90       | 01:12:25.90        | +00:36:01<br>(49.7%) | 12:04           | 5<br>(50.5%)   |
| 310 | KRÓL Daniel        | 673   |                       | Open Mężczyzn            | 256  | 10:20 | 01:12:30.05       | 01:12:30.05        | +00:36:05<br>(49.8%) | 12:05           | 5<br>(50.5%)   |
| 311 | PERKA Michał       | 430   |                       | Open Mężczyzn            | 257  | 08:30 | 01:12:35.05       | 01:12:35.05        | +00:36:10<br>(49.8%) | 12:05           | 5<br>(50.5%)   |
| 312 | RATAJCZAK Grzegorz | 332   |                       | Open Masters<br>Mężczyzn | 55   | 08:10 | 01:12:38.75       | 01:12:38.75        | +00:36:14<br>(49.9%) | 12:06           | 5<br>(50.5%)   |
| 313 | BOGACZ Marek       | 956   | HIGHLANDERS           | Open Mężczyzn            | 258  | 12:20 | 01:12:41.35       | 01:12:41.35        | +00:36:16<br>(49.9%) | 12:06           | 5<br>(50.5%)   |
| 314 | MAREK Konrad       | 1023  |                       | Open Mężczyzn            | 259  | 13:10 | 01:12:42.80       | 01:12:42.80        | +00:36:18<br>(49.9%) | 12:07           | 5<br>(50.5%)   |

| Msc | Zawodnik             | Numer | Klub                 | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------|-------|----------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 315 | RATAJCZAK Rafał      | 333   |                      | Open Masters<br>Mężczyzn | 56   | 08:10 | 01:12:43.00       | 01:12:43.00        | +00:36:18<br>(49.9%) | 12:07           | 5<br>(50.5%)   |
| 316 | DUL Krzysztof        | 720   | RUNMAGEDDONOWE ŚWIRY | Open Mężczyzn            | 260  | 10:30 | 01:12:45.50       | 01:12:45.50        | +00:36:20<br>(50.0%) | 12:07           | 4.9<br>(49.5%) |
| 317 | JASNOCH Marcin       | 860   | SILERUN2020          | Open Masters<br>Mężczyzn | 57   | 11:30 | 01:13:01.05       | 01:13:01.05        | +00:36:36<br>(50.1%) | 12:10           | 4.9<br>(49.5%) |
| 318 | LALIK Błażej         | 861   | SILERUN2020          | Open Mężczyzn            | 261  | 11:30 | 01:13:01.40       | 01:13:01.40        | +00:36:36<br>(50.1%) | 12:10           | 4.9<br>(49.5%) |
| 319 | ZIELIŃSKI Przemysław | 863   | SILERUN2020          | Open Mężczyzn            | 262  | 11:30 | 01:13:01.90       | 01:13:01.90        | +00:36:37<br>(50.1%) | 12:10           | 4.9<br>(49.5%) |
| 320 | ZIĘĆ Tomasz          | 862   | SILERUN2020          | Open Mężczyzn            | 263  | 11:30 | 01:13:02.25       | 01:13:02.25        | +00:36:37<br>(50.1%) | 12:10           | 4.9<br>(49.5%) |
| 321 | KIJAK Damian         | 780   |                      | Open Mężczyzn            | 264  | 11:10 | 01:13:04.80       | 01:13:04.80        | +00:36:40<br>(50.2%) | 12:10           | 4.9<br>(49.5%) |
| 322 | PRZYBYTEK Sławomir   | 1081  |                      | Open Masters<br>Mężczyzn | 58   | 11:10 | 01:13:10.75       | 01:13:10.75        | +00:36:46<br>(50.2%) | 12:11           | 4.9<br>(49.5%) |
| 323 | KRYSIŃSKI Jakub      | 1058  |                      | Open Mężczyzn            | 265  | 13:10 | 01:13:17.50       | 01:13:17.50        | +00:36:52<br>(50.3%) | 12:12           | 4.9<br>(49.5%) |
| 324 | JANCEWICZ Rafał      | 410   |                      | Open Mężczyzn            | 266  | 08:30 | 01:13:22.70       | 01:13:22.70        | +00:36:58<br>(50.4%) | 12:13           | 4.9<br>(49.5%) |
| 325 | ZIÓŁKOWSKI Łukasz    | 859   | SEKSOHOLICY TEAM EZG | Open Mężczyzn            | 267  | 11:30 | 01:13:33.10       | 01:13:33.10        | +00:37:08<br>(50.5%) | 12:15           | 4.9<br>(49.5%) |
| 326 | HYBA Rafał           | 409   |                      | Open Mężczyzn            | 268  | 08:20 | 01:13:33.35       | 01:13:33.35        | +00:37:08<br>(50.5%) | 12:15           | 4.9<br>(49.5%) |
| 327 | CZOPEK Miłosz        | 371   | MALWINAMIŁOSZ        | Open Masters<br>Mężczyzn | 59   | 08:30 | 01:13:38.05       | 01:13:38.05        | +00:37:13<br>(50.6%) | 12:16           | 4.9<br>(49.5%) |
| 328 | KACZYŃSKI Sławek     | 571   |                      | Open Mężczyzn            | 269  | 09:30 | 01:13:38.35       | 01:13:38.35        | +00:37:13<br>(50.6%) | 12:16           | 4.9<br>(49.5%) |
| 329 | TUMAS Przemysław     | 595   |                      | Open Masters<br>Mężczyzn | 60   | 09:30 | 01:13:39.70       | 01:13:39.70        | +00:37:15<br>(50.6%) | 12:16           | 4.9<br>(49.5%) |
| 330 | NALEWAJSKI Maciej    | 972   |                      | Open Masters<br>Mężczyzn | 61   | 12:20 | 01:13:42.95       | 01:13:42.95        | +00:37:18<br>(50.6%) | 12:17           | 4.9<br>(49.5%) |
| 331 | DOMINIK Kamil        | 981   |                      | Open Mężczyzn            | 270  | 12:30 | 01:13:45.35       | 01:13:45.35        | +00:37:20<br>(50.6%) | 12:17           | 4.9<br>(49.5%) |
| 332 | SZELAĞ Grzegorz      | 594   |                      | Open Mężczyzn            | 271  | 09:30 | 01:13:57.90       | 01:13:57.90        | +00:37:33<br>(50.8%) | 12:19           | 4.9<br>(49.5%) |
| 333 | ŁASKAWSKI Michał     | 291   | BEFIT24TEAM          | Open Mężczyzn            | 272  | 08:10 | 01:13:58.10       | 01:13:58.10        | +00:37:33<br>(50.8%) | 12:19           | 4.9<br>(49.5%) |
| 334 | LABUS Grzegorz       | 574   |                      | Open Masters<br>Mężczyzn | 62   | 09:30 | 01:14:09.30       | 01:14:09.30        | +00:37:44<br>(50.9%) | 12:21           | 4.9<br>(49.5%) |
| 335 | MUSZALAK Tomasz      | 735   |                      | Open Mężczyzn            | 273  | 10:30 | 01:14:34.70       | 01:14:34.70        | +00:38:10<br>(51.2%) | 12:25           | 4.8<br>(48.5%) |
| 336 | TRYBUŚ Mateusz       | 988   |                      | Open Mężczyzn            | 274  | 12:30 | 01:14:41.30       | 01:14:41.30        | +00:38:16<br>(51.3%) | 12:26           | 4.8<br>(48.5%) |
| 337 | RAJKOWSKI Rajmund    | 588   |                      | Open Mężczyzn            | 275  | 09:30 | 01:14:48.50       | 01:14:48.50        | +00:38:23<br>(51.3%) | 12:28           | 4.8<br>(48.5%) |

| Msc | Zawodnik              | Numer | Klub            | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------|-------|-----------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 338 | GRYCZ Roman           | 983   |                 | Open Masters<br>Mężczyzn | 63   | 12:30 | 01:14:50.30       | 01:14:50.30        | +00:38:25<br>(51.3%) | 12:28           | 4.8<br>(48.5%) |
| 339 | TRYBUŚ Wiesław        | 989   |                 | Open Masters<br>Mężczyzn | 64   | 12:30 | 01:14:50.50       | 01:14:50.50        | +00:38:25<br>(51.4%) | 12:28           | 4.8<br>(48.5%) |
| 340 | DRYL Rupert           | 918   |                 | Open Mężczyzn            | 276  | 12:10 | 01:14:51.05       | 01:14:51.05        | +00:38:26<br>(51.4%) | 12:28           | 4.8<br>(48.5%) |
| 341 | BARAN Dawid           | 298   | DZICY OGRODNICY | Open Mężczyzn            | 277  | 08:10 | 01:14:52.05       | 01:14:52.05        | +00:38:27<br>(51.4%) | 12:28           | 4.8<br>(48.5%) |
| 342 | FELCZAK Romuald       | 699   | BEŁCHATÓW OCR   | Open Masters<br>Mężczyzn | 65   | 10:30 | 01:14:56.00       | 01:14:56.00        | +00:38:31<br>(51.4%) | 12:29           | 4.8<br>(48.5%) |
| 343 | GALUSIK Łukasz        | 747   | BOGOWIE ULICY   | Open Mężczyzn            | 278  | 11:10 | 01:15:08.80       | 01:15:08.80        | +00:38:44<br>(51.5%) | 12:31           | 4.8<br>(48.5%) |
| 343 | URBAŃCZYK Mateusz     | 753   | BOGOWIE ULICY   | Open Mężczyzn            | 278  | 11:10 | 01:15:08.80       | 01:15:08.80        | +00:38:44<br>(51.5%) | 12:31           | 4.8<br>(48.5%) |
| 345 | KRYJEWSKI Łukasz      | 749   | BOGOWIE ULICY   | Open Mężczyzn            | 280  | 11:10 | 01:15:09.90       | 01:15:09.90        | +00:38:45<br>(51.6%) | 12:31           | 4.8<br>(48.5%) |
| 345 | SZUNIEWICZ Mikołaj    | 751   | BOGOWIE ULICY   | Open Mężczyzn            | 280  | 11:10 | 01:15:09.90       | 01:15:09.90        | +00:38:45<br>(51.6%) | 12:31           | 4.8<br>(48.5%) |
| 347 | ŁĄCKI Wojciech        | 752   | BOGOWIE ULICY   | Open Mężczyzn            | 282  | 11:10 | 01:15:10.45       | 01:15:10.45        | +00:38:45<br>(51.6%) | 12:31           | 4.8<br>(48.5%) |
| 348 | HERBUŚ Wojciech       | 748   | BOGOWIE ULICY   | Open Mężczyzn            | 283  | 11:10 | 01:15:10.80       | 01:15:10.80        | +00:38:46<br>(51.6%) | 12:31           | 4.8<br>(48.5%) |
| 349 | MYNAREK Daniel        | 750   | BOGOWIE ULICY   | Open Mężczyzn            | 284  | 11:10 | 01:15:10.95       | 01:15:10.95        | +00:38:46<br>(51.6%) | 12:31           | 4.8<br>(48.5%) |
| 350 | CHOLEWA Dawid         | 746   | BOGOWIE ULICY   | Open Mężczyzn            | 285  | 11:10 | 01:15:11.60       | 01:15:11.60        | +00:38:47<br>(51.6%) | 12:31           | 4.8<br>(48.5%) |
| 351 | GRZEGORZEWSKI Kamil   | 1043  |                 | Open Mężczyzn            | 286  | 13:15 | 01:15:17.15       | 01:15:17.15        | +00:38:52<br>(51.6%) | 12:32           | 4.8<br>(48.5%) |
| 352 | DUDEK Piotr           | 372   | OGIEŃ Z DUPY    | Open Mężczyzn            | 287  | 08:30 | 01:15:27.20       | 01:15:27.20        | +00:39:02<br>(51.7%) | 12:34           | 4.8<br>(48.5%) |
| 353 | KOZŁOWSKI Karol       | 414   |                 | Open Mężczyzn            | 288  | 08:20 | 01:15:27.30       | 01:15:27.30        | +00:39:02<br>(51.7%) | 12:34           | 4.8<br>(48.5%) |
| 354 | DRAĞ Tomasz           | 402   |                 | Open Mężczyzn            | 289  | 08:30 | 01:15:29.15       | 01:15:29.15        | +00:39:04<br>(51.8%) | 12:34           | 4.8<br>(48.5%) |
| 355 | KOZIOŁ Krzysztof      | 411   |                 | Open Mężczyzn            | 290  | 08:30 | 01:15:41.80       | 01:15:41.80        | +00:39:17<br>(51.9%) | 12:36           | 4.8<br>(48.5%) |
| 356 | KOWALIK Karol         | 1057  |                 | Open Mężczyzn            | 291  | 13:30 | 01:15:45.35       | 01:15:45.35        | +00:39:20<br>(51.9%) | 12:37           | 4.8<br>(48.5%) |
| 357 | STANIASZEK Michał     | 1061  |                 | Open Masters<br>Mężczyzn | 66   | 13:30 | 01:15:49.60       | 01:15:49.60        | +00:39:25<br>(52.0%) | 12:38           | 4.7<br>(47.5%) |
| 358 | PAJĄK Paweł           | 387   | SPIDER          | Open Masters<br>Mężczyzn | 67   | 08:30 | 01:15:54.75       | 01:15:54.75        | +00:39:30<br>(52.0%) | 12:39           | 4.7<br>(47.5%) |
| 359 | ROBERT FELCZAK Robert | 700   | BEŁCHATÓW OCR   | Open Mężczyzn            | 292  | 10:30 | 01:16:04.50       | 01:16:04.50        | +00:39:39<br>(52.1%) | 12:40           | 4.7<br>(47.5%) |
| 360 | JASKULSKI Konrad      | 731   |                 | Open Mężczyzn            | 293  | 10:30 | 01:16:08.15       | 01:16:08.15        | +00:39:43<br>(52.2%) | 12:41           | 4.7<br>(47.5%) |

|     |                       |       |                        |                          |      |       | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------|-------|------------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| Msc | Zawodnik              | Numer | Klub                   | Kategoria                | Mkat | Seria |                   |                    |                      |                 |                |
| 361 | STOLAREWSKI Krzysztof | 940   |                        | Open Mężczyzn            | 294  | 12:10 | 01:16:11.55       | 01:16:11.55        | +00:39:46<br>(52.2%) | 12:41           | 4.7<br>(47.5%) |
| 362 | SZEGA Robert          | 944   |                        | Open Mężczyzn            | 295  | 12:10 | 01:16:12.55       | 01:16:12.55        | +00:39:47<br>(52.2%) | 12:42           | 4.7<br>(47.5%) |
| 363 | WINCZURA Lukasz       | 443   |                        | Open Mężczyzn            | 296  | 08:30 | 01:16:15.90       | 01:16:15.90        | +00:39:51<br>(52.3%) | 12:42           | 4.7<br>(47.5%) |
| 364 | PANEK Dariusz         | 684   |                        | Open Mężczyzn            | 297  | 10:20 | 01:16:23.00       | 01:16:23.00        | +00:39:58<br>(52.3%) | 12:43           | 4.7<br>(47.5%) |
| 365 | CHLEBOWSKI Grzegorz   | 306   | RUNMAGEDDONOWE ŚWIRY   | Open Mężczyzn            | 298  | 08:10 | 01:16:36.20       | 01:16:36.20        | +00:40:11<br>(52.5%) | 12:46           | 4.7<br>(47.5%) |
| 366 | CZERNIKOWSKI Daniel   | 757   | RUNMAGEDDONOWE ŚWIRY   | Open Mężczyzn            | 299  | 11:10 | 01:16:40.50       | 01:16:40.50        | +00:40:15<br>(52.5%) | 12:46           | 4.7<br>(47.5%) |
| 367 | KNOR Patryk           | 883   |                        | Open Mężczyzn            | 300  | 11:30 | 01:16:40.70       | 01:16:40.70        | +00:40:16<br>(52.5%) | 12:46           | 4.7<br>(47.5%) |
| 368 | POTURALSKI Jakub      | 686   |                        | Open Mężczyzn            | 301  | 10:20 | 01:16:47.50       | 01:16:47.50        | +00:40:22<br>(52.6%) | 12:47           | 4.7<br>(47.5%) |
| 369 | BOGUSŁAWSKI Jakub     | 876   |                        | Open Mężczyzn            | 302  | 11:10 | 01:16:48.05       | 01:16:48.05        | +00:40:23<br>(52.6%) | 12:48           | 4.7<br>(47.5%) |
| 370 | JACHOWSKI Andrzej     | 599   | CROSSFIT HELLWOOD      | Open Masters<br>Mężczyzn | 68   | 10:10 | 01:16:49.40       | 01:16:49.40        | +00:40:24<br>(52.6%) | 12:48           | 4.7<br>(47.5%) |
| 371 | KOZIOŁEK Sebastian    | 412   |                        | Open Mężczyzn            | 303  | 08:20 | 01:16:50.60       | 01:16:50.60        | +00:40:26<br>(52.6%) | 12:48           | 4.7<br>(47.5%) |
| 372 | BĘDKOWSKI Krzysztof   | 598   | CROSSFIT HELLWOOD      | Open Mężczyzn            | 304  | 10:10 | 01:16:50.85       | 01:16:50.85        | +00:40:26<br>(52.6%) | 12:48           | 4.7<br>(47.5%) |
| 373 | JACHYMOWSKI Jacek     | 600   | CROSSFIT HELLWOOD      | Open Masters<br>Mężczyzn | 69   | 10:10 | 01:16:51.35       | 01:16:51.35        | +00:40:26<br>(52.6%) | 12:48           | 4.7<br>(47.5%) |
| 374 | PAJĄK Mateusz         | 386   | SPIDER                 | Open Mężczyzn            | 305  | 08:30 | 01:16:53.50       | 01:16:53.50        | +00:40:28<br>(52.6%) | 12:48           | 4.7<br>(47.5%) |
| 375 | ŻUKOWSKI Lucjan       | 494   |                        | Open Masters<br>Mężczyzn | 70   | 09:10 | 01:17:00.90       | 01:17:00.90        | +00:40:36<br>(52.7%) | 12:50           | 4.7<br>(47.5%) |
| 376 | MAŃKA Marcin          | 698   | 3BYKI                  | Open Mężczyzn            | 306  | 10:30 | 01:17:04.85       | 01:17:04.85        | +00:40:40<br>(52.8%) | 12:50           | 4.7<br>(47.5%) |
| 377 | MAŁYSA Leszek         | 697   | 3BYKI                  | Open Mężczyzn            | 307  | 10:30 | 01:17:05.40       | 01:17:05.40        | +00:40:40<br>(52.8%) | 12:50           | 4.7<br>(47.5%) |
| 378 | ZGARDA Maksymilian    | 493   |                        | Open Mężczyzn            | 308  | 09:10 | 01:17:12.35       | 01:17:12.35        | +00:40:47<br>(52.8%) | 12:52           | 4.7<br>(47.5%) |
| 379 | MAŁCZAK Piotr         | 1011  | OINKOINK               | Open Mężczyzn            | 309  | 13:10 | 01:17:14.90       | 01:17:14.90        | +00:40:50<br>(52.9%) | 12:52           | 4.7<br>(47.5%) |
| 379 | MAŁCZAK Szymon        | 1012  | OINKOINK               | Open Mężczyzn            | 309  | 13:10 | 01:17:14.90       | 01:17:14.90        | +00:40:50<br>(52.9%) | 12:52           | 4.7<br>(47.5%) |
| 381 | GÓRA Radosław         | 498   | DRUŻYNAPIERŚCIENIA1212 | Open Mężczyzn            | 311  | 09:20 | 01:17:16.30       | 01:17:16.30        | +00:40:51<br>(52.9%) | 12:52           | 4.7<br>(47.5%) |
| 382 | PIESIURA Eugeniusz    | 739   |                        | Open Masters<br>Mężczyzn | 71   | 10:30 | 01:17:30.65       | 01:17:30.65        | +00:41:06<br>(53.0%) | 12:55           | 4.6<br>(46.5%) |
| 383 | WOJSA Bartosz         | 873   | ZPR TEAM               | Open Mężczyzn            | 312  | 11:20 | 01:17:47.85       | 01:17:47.85        | +00:41:23<br>(53.2%) | 12:57           | 4.6<br>(46.5%) |

| Msc | Zawodnik              | Numer | Klub                                              | Kategoria             | Mkat | Seria | Czas netto 6km | Czas brutto 6km | Różn              | Tempo min/km | Tempo km/h  |
|-----|-----------------------|-------|---------------------------------------------------|-----------------------|------|-------|----------------|-----------------|-------------------|--------------|-------------|
| 384 | NAUKA Arkadiusz       | 872   | ZPR TEAM                                          | Open Mężczyzn         | 313  | 11:20 | 01:17:48.25    | 01:17:48.25     | +00:41:23 (53.2%) | 12:58        | 4.6 (46.5%) |
| 385 | KARKOSZ Jan           | 547   | BOOT CAMP POLSKA                                  | Open Mężczyzn         | 314  | 09:30 | 01:17:48.70    | 01:17:48.70     | +00:41:24 (53.2%) | 12:58        | 4.6 (46.5%) |
| 386 | DAWYDKO Bartosz       | 318   |                                                   | Open Mężczyzn         | 315  | 08:30 | 01:17:51.75    | 01:17:51.75     | +00:41:27 (53.2%) | 12:58        | 4.6 (46.5%) |
| 387 | DREWNIOK Sebastian    | 662   |                                                   | Open Mężczyzn         | 316  | 10:20 | 01:17:53.20    | 01:17:53.20     | +00:41:28 (53.3%) | 12:58        | 4.6 (46.5%) |
| 388 | PŁACZEK Mateusz       | 685   |                                                   | Open Mężczyzn         | 317  | 10:20 | 01:17:53.60    | 01:17:53.60     | +00:41:29 (53.3%) | 12:58        | 4.6 (46.5%) |
| 389 | MURLOWSKI Karol       | 646   | AJNFACH GRUPA                                     | Open Mężczyzn         | 318  | 10:20 | 01:17:54.45    | 01:17:54.45     | +00:41:29 (53.3%) | 12:59        | 4.6 (46.5%) |
| 390 | ŚWIĄTEK Krystian      | 977   |                                                   | Open Mężczyzn         | 319  | 12:20 | 01:17:59.15    | 01:17:59.15     | +00:41:34 (53.3%) | 12:59        | 4.6 (46.5%) |
| 391 | TORMA Zsolt           | 793   |                                                   | Open Mężczyzn         | 320  | 11:20 | 01:13:46.60    | 01:18:02.35     | +00:41:37 (53.3%) | 12:17        | 4.9 (49.5%) |
| 392 | BARTCZAK Andrzej      | 398   |                                                   | Open Mężczyzn         | 321  | 08:30 | 01:18:09.70    | 01:18:09.70     | +00:41:45 (53.4%) | 13:01        | 4.6 (46.5%) |
| 393 | NEUMAN Mateusz        | 582   |                                                   | Open Mężczyzn         | 322  | 09:30 | 01:18:38.70    | 01:18:38.70     | +00:42:14 (53.7%) | 13:06        | 4.6 (46.5%) |
| 394 | KOMANIECKI Przemysław | 696   | 3BYKI                                             | Open Masters Mężczyzn | 72   | 10:30 | 01:18:41.25    | 01:18:41.25     | +00:42:16 (53.7%) | 13:06        | 4.6 (46.5%) |
| 395 | CHOROBİK Karol        | 537   | TENNECO SILESIA                                   | Open Mężczyzn         | 323  | 09:20 | 01:18:44.15    | 01:18:44.15     | +00:42:19 (53.8%) | 13:07        | 4.6 (46.5%) |
| 396 | MAJEWSKI Damian       | 359   | FORBET RUNNERS                                    | Open Mężczyzn         | 324  | 08:30 | 01:18:46.25    | 01:18:46.25     | +00:42:21 (53.8%) | 13:07        | 4.6 (46.5%) |
| 397 | DYRKA Wojciech        | 709   | GEEKKOKSY                                         | Open Mężczyzn         | 325  | 10:30 | 01:18:50.65    | 01:18:50.65     | +00:42:26 (53.8%) | 13:08        | 4.6 (46.5%) |
| 398 | KUŚMIEREK Tomasz      | 783   |                                                   | Open Masters Mężczyzn | 73   | 11:10 | 01:18:59.25    | 01:18:59.25     | +00:42:34 (53.9%) | 13:09        | 4.6 (46.5%) |
| 399 | HAGLER Thibault       | 762   | THE MOTHA FUCKERS                                 | Open Mężczyzn         | 326  | 11:10 | 01:19:00.55    | 01:19:00.55     | +00:42:35 (53.9%) | 13:10        | 4.6 (46.5%) |
| 400 | PYRTEK Andrzej        | 974   |                                                   | Open Mężczyzn         | 327  | 12:20 | 01:19:14.75    | 01:19:14.75     | +00:42:50 (54.1%) | 13:12        | 4.5 (45.5%) |
| 401 | WÓJCICKI Kamil        | 846   |                                                   | Open Mężczyzn         | 328  | 11:20 | 01:19:16.70    | 01:19:16.70     | +00:42:52 (54.1%) | 13:12        | 4.5 (45.5%) |
| 402 | KITA Sławomir         | 373   | OLIMP TEAM - PERFECT BODY CENTER GALERIA KATOWICE | Open Mężczyzn         | 329  | 08:20 | 01:19:17.15    | 01:19:17.15     | +00:42:52 (54.1%) | 13:12        | 4.5 (45.5%) |
| 403 | SAWICKI Grzegorz      | 840   |                                                   | Open Mężczyzn         | 330  | 11:20 | 01:19:17.45    | 01:19:17.45     | +00:42:52 (54.1%) | 13:12        | 4.5 (45.5%) |
| 404 | KUCAŁA Adrian         | 675   |                                                   | Open Mężczyzn         | 331  | 10:20 | 01:19:18.85    | 01:19:18.85     | +00:42:54 (54.1%) | 13:13        | 4.5 (45.5%) |
| 405 | GRUSZCZYŃSKI Jakub    | 1053  |                                                   | Open Mężczyzn         | 332  | 13:15 | 01:19:32.55    | 01:19:32.55     | +00:43:07 (54.2%) | 13:15        | 4.5 (45.5%) |
| 406 | KRĘTOSZ Michał        | 1085  |                                                   | Open Mężczyzn         | 333  | 11:10 | 01:19:47.95    | 01:19:47.95     | +00:43:23 (54.4%) | 13:17        | 4.5 (45.5%) |

| Msc | Zawodnik           | Numer | Klub                 | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|--------------------|-------|----------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 407 | PTAK Adam          | 1074  |                      | Open Mężczyzn            | 334  | 11:10 | 01:19:48.45       | 01:19:48.45        | +00:43:23<br>(54.4%) | 13:18           | 4.5<br>(45.5%) |
| 408 | SOJECKI Aleksander | 660   | UTANI GRAN HUR       | Open Mężczyzn            | 335  | 10:20 | 01:19:54.65       | 01:19:54.65        | +00:43:30<br>(54.4%) | 13:19           | 4.5<br>(45.5%) |
| 409 | GRABKA Wojciech    | 659   | UTANI GRAN HUR       | Open Mężczyzn            | 336  | 10:20 | 01:19:55.00       | 01:19:55.00        | +00:43:30<br>(54.4%) | 13:19           | 4.5<br>(45.5%) |
| 410 | BUKOWSKI Marek     | 1079  |                      | Open Mężczyzn            | 337  | 09:10 | 01:19:55.15       | 01:19:55.15        | +00:43:30<br>(54.4%) | 13:19           | 4.5<br>(45.5%) |
| 411 | WILCZEK Lukasz     | 301   | GLADIATOR TEAM       | Open Mężczyzn            | 338  | 08:10 | 01:19:59.25       | 01:19:59.25        | +00:43:34<br>(54.5%) | 13:19           | 4.5<br>(45.5%) |
| 412 | CHORAŻEWSKI Emil   | 980   |                      | Open Masters<br>Mężczyzn | 74   | 12:30 | 01:20:03.15       | 01:20:03.15        | +00:43:38<br>(54.5%) | 13:20           | 4.5<br>(45.5%) |
| 413 | DWORNICZAK Tomasz  | 559   | SOCIOS SILESIA       | Open Mężczyzn            | 339  | 09:30 | 01:20:04.05       | 01:20:04.05        | +00:43:39<br>(54.5%) | 13:20           | 4.5<br>(45.5%) |
| 414 | POPCZYK Kacper     | 483   |                      | Open Mężczyzn            | 340  | 09:10 | 01:20:19.90       | 01:20:19.90        | +00:43:55<br>(54.7%) | 13:23           | 4.5<br>(45.5%) |
| 415 | POPCZYK Grzegorz   | 482   |                      | Open Masters<br>Mężczyzn | 75   | 09:10 | 01:20:20.05       | 01:20:20.05        | +00:43:55<br>(54.7%) | 13:23           | 4.5<br>(45.5%) |
| 416 | STEFANIAK Marek    | 976   |                      | Open Masters<br>Mężczyzn | 76   | 12:30 | 01:20:24.50       | 01:20:24.50        | +00:43:59<br>(54.7%) | 13:24           | 4.5<br>(45.5%) |
| 417 | JĘDRA Mateusz      | 1018  |                      | Open Mężczyzn            | 341  | 13:10 | 01:20:35.30       | 01:20:35.30        | +00:44:10<br>(54.8%) | 13:25           | 4.5<br>(45.5%) |
| 418 | KROMER Bartosz     | 924   |                      | Open Mężczyzn            | 342  | 12:10 | 01:20:46.35       | 01:20:46.35        | +00:44:21<br>(54.9%) | 13:27           | 4.5<br>(45.5%) |
| 419 | LINDENBERG Jarek   | 721   | RUNMAGEDDONOWE ŚWIRY | Open Mężczyzn            | 343  | 10:30 | 01:20:52.65       | 01:20:52.65        | +00:44:28<br>(55.0%) | 13:28           | 4.5<br>(45.5%) |
| 420 | JURGIELEWICZ Jakub | 1019  |                      | Open Mężczyzn            | 344  | 13:10 | 01:20:59.20       | 01:20:59.20        | +00:44:34<br>(55.0%) | 13:29           | 4.4<br>(44.4%) |
| 421 | SANOCKI Grzegorz   | 936   |                      | Open Mężczyzn            | 345  | 12:10 | 01:20:59.85       | 01:20:59.85        | +00:44:35<br>(55.0%) | 13:29           | 4.4<br>(44.4%) |
| 422 | GARCORZ Tomasz     | 525   | SOCIOS SILESIA       | Open Mężczyzn            | 346  | 09:20 | 01:21:00.00       | 01:21:00.00        | +00:44:35<br>(55.0%) | 13:30           | 4.4<br>(44.4%) |
| 423 | MIKLEWICZ Dominik  | 931   |                      | Open Mężczyzn            | 347  | 12:10 | 01:21:13.95       | 01:21:13.95        | +00:44:49<br>(55.2%) | 13:32           | 4.4<br>(44.4%) |
| 424 | SZNURA Wojciech    | 693   |                      | Open Mężczyzn            | 348  | 10:20 | 01:21:24.40       | 01:21:24.40        | +00:44:59<br>(55.3%) | 13:34           | 4.4<br>(44.4%) |
| 425 | JAKUBCZYK Jarosław | 473   |                      | Open Mężczyzn            | 349  | 09:10 | 01:21:27.90       | 01:21:27.90        | +00:45:03<br>(55.3%) | 13:34           | 4.4<br>(44.4%) |
| 426 | BŁACHUT Daniel     | 564   |                      | Open Mężczyzn            | 350  | 09:30 | 01:21:35.05       | 01:21:35.05        | +00:45:10<br>(55.4%) | 13:35           | 4.4<br>(44.4%) |
| 427 | FOJCIK Mariusz     | 568   |                      | Open Mężczyzn            | 351  | 09:30 | 01:21:35.75       | 01:21:35.75        | +00:45:11<br>(55.4%) | 13:35           | 4.4<br>(44.4%) |
| 428 | SZKATUŁA Daniel    | 488   |                      | Open Mężczyzn            | 352  | 09:10 | 01:21:38.95       | 01:21:38.95        | +00:45:14<br>(55.4%) | 13:36           | 4.4<br>(44.4%) |
| 429 | SOLARZ Michał      | 363   | FURIA TEAM           | Open Mężczyzn            | 353  | 08:10 | 01:21:49.45       | 01:21:49.45        | +00:45:24<br>(55.5%) | 13:38           | 4.4<br>(44.4%) |

| Msc | Zawodnik             | Numer | Klub                 | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------|-------|----------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 430 | KURDZIEL Jarosław    | 362   | FURIA TEAM           | Open Masters<br>Mężczyzn | 77   | 08:10 | 01:21:50.05       | 01:21:50.05        | +00:45:25<br>(55.5%) | 13:38           | 4.4<br>(44.4%) |
| 431 | SZCZECINA Mateusz    | 895   |                      | Open Mężczyzn            | 354  | 11:30 | 01:22:18.05       | 01:22:18.05        | +00:45:53<br>(55.8%) | 13:43           | 4.4<br>(44.4%) |
| 432 | KOCJAN Adrian        | 475   |                      | Open Mężczyzn            | 355  | 09:10 | 01:22:31.45       | 01:22:31.45        | +00:46:06<br>(55.9%) | 13:45           | 4.4<br>(44.4%) |
| 433 | KOŁODZIEJSKI Bogumił | 1004  | KAMYCZKI             | Open Mężczyzn            | 356  | 13:10 | 01:22:37.55       | 01:22:37.55        | +00:46:12<br>(55.9%) | 13:46           | 4.4<br>(44.4%) |
| 434 | NOWIŃSKI Paweł       | 1047  |                      | Open Mężczyzn            | 357  | 13:15 | 01:22:42.75       | 01:22:42.75        | +00:46:18<br>(56.0%) | 13:47           | 4.4<br>(44.4%) |
| 435 | BLAUT Mikołaj        | 501   | PĘDZĄCE ANAKONDY     | Open Mężczyzn            | 358  | 09:20 | 01:22:52.70       | 01:22:52.70        | +00:46:28<br>(56.1%) | 13:48           | 4.3<br>(43.4%) |
| 436 | BRUDNY Dawid         | 502   | PĘDZĄCE ANAKONDY     | Open Mężczyzn            | 359  | 09:20 | 01:22:52.85       | 01:22:52.85        | +00:46:28<br>(56.1%) | 13:48           | 4.3<br>(43.4%) |
| 437 | BARON Krzysztof      | 518   | PROFI PATO TEAM      | Open Mężczyzn            | 360  | 09:20 | 01:23:01.15       | 01:23:01.15        | +00:46:36<br>(56.1%) | 13:50           | 4.3<br>(43.4%) |
| 438 | TREFON Benjamin      | 521   | PROFI PATO TEAM      | Open Masters<br>Mężczyzn | 78   | 09:20 | 01:23:01.35       | 01:23:01.35        | +00:46:36<br>(56.1%) | 13:50           | 4.3<br>(43.4%) |
| 439 | WAJSZCZYK Tomasz     | 1049  |                      | Open Mężczyzn            | 361  | 13:15 | 01:23:01.80       | 01:23:01.80        | +00:46:37<br>(56.1%) | 13:50           | 4.3<br>(43.4%) |
| 440 | WALCZAK Erik         | 523   | PROFI PATO TEAM      | Open Mężczyzn            | 362  | 09:20 | 01:23:01.85       | 01:23:01.85        | +00:46:37<br>(56.1%) | 13:50           | 4.3<br>(43.4%) |
| 441 | GRZELA Sylwester     | 825   |                      | Open Mężczyzn            | 363  | 11:20 | 01:23:05.55       | 01:23:05.55        | +00:46:40<br>(56.2%) | 13:50           | 4.3<br>(43.4%) |
| 442 | GRODOŃ Wojciech      | 824   |                      | Open Mężczyzn            | 364  | 11:20 | 01:23:07.35       | 01:23:07.35        | +00:46:42<br>(56.2%) | 13:51           | 4.3<br>(43.4%) |
| 443 | GÓRNY Adrian         | 445   | BOOT CAMP POLSKA     | Open Mężczyzn            | 365  | 09:30 | 01:23:18.30       | 01:23:18.30        | +00:46:53<br>(56.3%) | 13:53           | 4.3<br>(43.4%) |
| 444 | OPARA Piotr          | 447   | BOOT CAMP POLSKA     | Open Masters<br>Mężczyzn | 79   | 09:30 | 01:23:18.65       | 01:23:18.65        | +00:46:54<br>(56.3%) | 13:53           | 4.3<br>(43.4%) |
| 445 | SOWULA Grzegorz      | 549   | BOOT CAMP POLSKA     | Open Mężczyzn            | 366  | 09:30 | 01:23:18.95       | 01:23:18.95        | +00:46:54<br>(56.3%) | 13:53           | 4.3<br>(43.4%) |
| 446 | RYBAK Remigiusz      | 548   | BOOT CAMP POLSKA     | Open Mężczyzn            | 367  | 09:30 | 01:23:20.55       | 01:23:20.55        | +00:46:55<br>(56.3%) | 13:53           | 4.3<br>(43.4%) |
| 447 | KULASEK Michał       | 562   | WSPINACZE Z SHERWOOD | Open Mężczyzn            | 368  | 09:30 | 01:23:24.85       | 01:23:24.85        | +00:47:00<br>(56.4%) | 13:54           | 4.3<br>(43.4%) |
| 448 | PACIOREK Piotr       | 515   | PĘDZĄCE ANAKONDY     | Open Mężczyzn            | 369  | 09:20 | 01:23:25.15       | 01:23:25.15        | +00:47:00<br>(56.4%) | 13:54           | 4.3<br>(43.4%) |
| 449 | KAZIMIERCZAK Jan     | 572   |                      | Open Mężczyzn            | 370  | 09:30 | 01:23:29.30       | 01:23:29.30        | +00:47:04<br>(56.4%) | 13:54           | 4.3<br>(43.4%) |
| 450 | BREWERSKI Bartłomiej | 565   |                      | Open Mężczyzn            | 371  | 09:30 | 01:23:30.25       | 01:23:30.25        | +00:47:05<br>(56.4%) | 13:55           | 4.3<br>(43.4%) |
| 451 | LESIECKI Piotr       | 534   | SZALONE ŚLIMAKI      | Open Mężczyzn            | 372  | 09:20 | 01:23:30.30       | 01:23:30.30        | +00:47:05<br>(56.4%) | 13:55           | 4.3<br>(43.4%) |
| 452 | LESIECKI Tomasz      | 535   | SZALONE ŚLIMAKI      | Open Masters<br>Mężczyzn | 80   | 09:20 | 01:23:30.35       | 01:23:30.35        | +00:47:05<br>(56.4%) | 13:55           | 4.3<br>(43.4%) |

| Msc | Zawodnik            | Numer | Klub                   | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------|-------|------------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 453 | STACHAŃCZYK Dariusz | 690   |                        | Open Masters<br>Mężczyzn | 81   | 10:20 | 01:23:55.15       | 01:23:55.15        | +00:47:30<br>(56.6%) | 13:59           | 4.3<br>(43.4%) |
| 454 | GRZYBEK Bartosz     | 776   |                        | Open Mężczyzn            | 373  | 11:10 | 01:23:56.70       | 01:23:56.70        | +00:47:32<br>(56.6%) | 13:59           | 4.3<br>(43.4%) |
| 455 | MROCZKA Maciej      | 424   |                        | Open Mężczyzn            | 374  | 08:30 | 01:23:58.65       | 01:23:58.65        | +00:47:34<br>(56.6%) | 13:59           | 4.3<br>(43.4%) |
| 456 | SZCEPAŃSKI Marcin   | 438   |                        | Open Mężczyzn            | 375  | 08:30 | 01:23:58.85       | 01:23:58.85        | +00:47:34<br>(56.6%) | 13:59           | 4.3<br>(43.4%) |
| 457 | WOLNY Krzysztof     | 360   | FORBET RUNNERS         | Open Mężczyzn            | 376  | 08:30 | 01:23:58.95       | 01:23:58.95        | +00:47:34<br>(56.6%) | 13:59           | 4.3<br>(43.4%) |
| 458 | PRZYCHODZIĘŃ Szymon | 587   |                        | Open Mężczyzn            | 377  | 09:30 | 01:24:25.30       | 01:24:25.30        | +00:48:00<br>(56.9%) | 14:04           | 4.3<br>(43.4%) |
| 459 | GORZEŃ Krzysztof    | 853   | ŁOWCY PIEROŻKÓW        | Open Mężczyzn            | 378  | 11:30 | 01:24:54.75       | 01:24:54.75        | +00:48:30<br>(57.1%) | 14:09           | 4.2<br>(42.4%) |
| 459 | MICHALCZYK Patryk   | 855   | ŁOWCY PIEROŻKÓW        | Open Mężczyzn            | 378  | 11:30 | 01:24:54.75       | 01:24:54.75        | +00:48:30<br>(57.1%) | 14:09           | 4.2<br>(42.4%) |
| 461 | ŻOŁNIERZ Tomasz     | 1035  | KNK TEAM               | Open Mężczyzn            | 380  | 13:15 | 01:25:18.70       | 01:25:18.70        | +00:48:54<br>(57.3%) | 14:13           | 4.2<br>(42.4%) |
| 462 | LEWICKI Mateusz     | 1034  | KNK TEAM               | Open Mężczyzn            | 381  | 13:15 | 01:25:19.90       | 01:25:19.90        | +00:48:55<br>(57.3%) | 14:13           | 4.2<br>(42.4%) |
| 463 | PRASKI Rafał        | 586   |                        | Open Masters<br>Mężczyzn | 82   | 09:30 | 01:25:52.00       | 01:25:52.00        | +00:49:27<br>(57.6%) | 14:18           | 4.2<br>(42.4%) |
| 464 | PLUTA Mateusz       | 585   |                        | Open Mężczyzn            | 382  | 09:30 | 01:25:55.20       | 01:25:55.20        | +00:49:30<br>(57.6%) | 14:19           | 4.2<br>(42.4%) |
| 465 | MAKIEŁA Mateusz     | 500   | DRUŻYNAPIERŚCIENIA1212 | Open Mężczyzn            | 383  | 09:20 | 01:25:56.00       | 01:25:56.00        | +00:49:31<br>(57.6%) | 14:19           | 4.2<br>(42.4%) |
| 466 | GRUSZKA Michał      | 499   | DRUŻYNAPIERŚCIENIA1212 | Open Mężczyzn            | 384  | 09:20 | 01:25:56.30       | 01:25:56.30        | +00:49:31<br>(57.6%) | 14:19           | 4.2<br>(42.4%) |
| 467 | FIRUZEK Szymon      | 703   | BOOT CAMP POLSKA       | Open Mężczyzn            | 385  | 10:30 | 01:26:21.25       | 01:26:21.25        | +00:49:56<br>(57.8%) | 14:23           | 4.2<br>(42.4%) |
| 468 | ROCHALSKI Kamil     | 635   |                        | Open Mężczyzn            | 386  | 10:10 | 01:26:25.05       | 01:26:25.05        | +00:50:00<br>(57.9%) | 14:24           | 4.2<br>(42.4%) |
| 469 | TOMCZAK Jacek       | 1077  |                        | Open Mężczyzn            | 387  | 08:10 | 01:26:27.25       | 01:26:27.25        | +00:50:02<br>(57.9%) | 14:24           | 4.2<br>(42.4%) |
| 470 | ANTONCZENKO Piotr   | 648   | CROSS - ŚWIONY         | Open Mężczyzn            | 388  | 10:20 | 01:26:38.20       | 01:26:38.20        | +00:50:13<br>(58.0%) | 14:26           | 4.2<br>(42.4%) |
| 471 | TRZASKALIK Ireneusz | 441   |                        | Open Masters<br>Mężczyzn | 83   | 08:30 | 01:27:10.40       | 01:27:10.40        | +00:50:45<br>(58.2%) | 14:31           | 4.1<br>(41.4%) |
| 472 | FUCHS Jan           | 321   |                        | Open Mężczyzn            | 389  | 08:10 | 01:27:16.60       | 01:27:16.60        | +00:50:52<br>(58.3%) | 14:32           | 4.1<br>(41.4%) |
| 473 | FRAŃCZEK Samuel     | 404   |                        | Open Mężczyzn            | 390  | 08:20 | 01:27:22.65       | 01:27:22.65        | +00:50:58<br>(58.3%) | 14:33           | 4.1<br>(41.4%) |
| 474 | SZKLARSKI Daniel    | 439   |                        | Open Mężczyzn            | 391  | 08:20 | 01:27:24.35       | 01:27:24.35        | +00:50:59<br>(58.3%) | 14:34           | 4.1<br>(41.4%) |
| 475 | KOŁODZIEJ Artur     | 671   |                        | Open Masters<br>Mężczyzn | 84   | 10:20 | 01:27:45.65       | 01:27:45.65        | +00:51:21<br>(58.5%) | 14:37           | 4.1<br>(41.4%) |

|     |                      |       |                      |               |      |       | Czas netto<br>6km | Czas brutto<br>6km |                      | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------|-------|----------------------|---------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| Msc | Zawodnik             | Numer | Klub                 | Kategoria     | Mkat | Seria |                   |                    | Różn                 |                 |                |
| 476 | KOBUS Dawid          | 341   | AMADORES             | Open Mężczyzn | 392  | 08:30 | 01:28:01.75       | 01:28:01.75        | +00:51:37<br>(58.6%) | 14:40           | 4.1<br>(41.4%) |
| 477 | JARKULISZ Pawel      | 340   | AMADORES             | Open Mężczyzn | 393  | 08:30 | 01:28:02.10       | 01:28:02.10        | +00:51:37<br>(58.6%) | 14:40           | 4.1<br>(41.4%) |
| 478 | ŻABICKI Mariusz      | 1080  |                      | Open Mężczyzn | 394  | 09:10 | 01:28:16.25       | 01:28:16.25        | +00:51:51<br>(58.8%) | 14:42           | 4.1<br>(41.4%) |
| 479 | NIEDZIELA Maciej     | 479   |                      | Open Mężczyzn | 395  | 09:10 | 01:28:16.90       | 01:28:16.90        | +00:51:52<br>(58.8%) | 14:42           | 4.1<br>(41.4%) |
| 480 | KURTYKA Przemysław   | 706   | FIT & MORE RYBNIK    | Open Mężczyzn | 396  | 10:30 | 01:28:29.80       | 01:28:29.80        | +00:52:05<br>(58.9%) | 14:44           | 4.1<br>(41.4%) |
| 481 | URBANEK Adrian       | 844   |                      | Open Mężczyzn | 397  | 11:20 | 01:28:51.00       | 01:28:51.00        | +00:52:26<br>(59.0%) | 14:48           | 4.1<br>(41.4%) |
| 482 | ZUBER Sebastian      | 597   | AJNFACH GRUPA        | Open Mężczyzn | 398  | 10:10 | 01:28:54.35       | 01:28:54.35        | +00:52:29<br>(59.0%) | 14:49           | 4<br>(40.4%)   |
| 483 | SZYMECZEK Armin      | 596   | AJNFACH GRUPA        | Open Mężczyzn | 399  | 10:10 | 01:28:54.45       | 01:28:54.45        | +00:52:29<br>(59.0%) | 14:49           | 4<br>(40.4%)   |
| 484 | SZŁAPA Fabian        | 642   |                      | Open Mężczyzn | 400  | 10:10 | 01:28:55.30       | 01:28:55.30        | +00:52:30<br>(59.1%) | 14:49           | 4<br>(40.4%)   |
| 485 | MALISZEWSKI Dariusz  | 677   |                      | Open Mężczyzn | 401  | 10:20 | 01:29:10.15       | 01:29:10.15        | +00:52:45<br>(59.2%) | 14:51           | 4<br>(40.4%)   |
| 486 | DOKTORCZYK Patryk    | 819   |                      | Open Mężczyzn | 402  | 11:20 | 01:29:17.35       | 01:29:17.35        | +00:52:52<br>(59.2%) | 14:52           | 4<br>(40.4%)   |
| 487 | MACIOCHA Wojciech    | 1036  | NEED FINANCE         | Open Mężczyzn | 403  | 13:15 | 01:29:20.45       | 01:29:20.45        | +00:52:55<br>(59.2%) | 14:53           | 4<br>(40.4%)   |
| 488 | TARNOWSKI Tomasz     | 1066  |                      | Open Mężczyzn | 404  | 10:30 | 01:29:25.05       | 01:29:25.05        | +00:53:00<br>(59.3%) | 14:54           | 4<br>(40.4%)   |
| 489 | UŁASOWICZ Adrian     | 1039  | NEED FINANCE         | Open Mężczyzn | 405  | 13:15 | 01:29:25.20       | 01:29:25.20        | +00:53:00<br>(59.3%) | 14:54           | 4<br>(40.4%)   |
| 490 | WITKOWSKI Maciej     | 1067  |                      | Open Mężczyzn | 406  | 10:30 | 01:29:25.85       | 01:29:25.85        | +00:53:01<br>(59.3%) | 14:54           | 4<br>(40.4%)   |
| 491 | PLIS Paweł           | 1037  | NEED FINANCE         | Open Mężczyzn | 407  | 13:15 | 01:29:29.45       | 01:29:29.45        | +00:53:04<br>(59.3%) | 14:54           | 4<br>(40.4%)   |
| 492 | OLSZAR Andrzej       | 480   |                      | Open Mężczyzn | 408  | 09:10 | 01:29:36.60       | 01:29:36.60        | +00:53:12<br>(59.4%) | 14:56           | 4<br>(40.4%)   |
| 493 | SZYMAŃSKI Krzysztof  | 1038  | NEED FINANCE         | Open Mężczyzn | 409  | 13:15 | 01:29:40.25       | 01:29:40.25        | +00:53:15<br>(59.4%) | 14:56           | 4<br>(40.4%)   |
| 494 | KAJPUST Piotr        | 854   | ŁOWCY PIEROŻKÓW      | Open Mężczyzn | 410  | 11:30 | 01:29:46.55       | 01:29:46.55        | +00:53:21<br>(59.4%) | 14:57           | 4<br>(40.4%)   |
| 495 | KURZA Kamil          | 417   |                      | Open Mężczyzn | 411  | 08:20 | 01:30:26.90       | 01:30:26.90        | +00:54:02<br>(59.7%) | 15:04           | 4<br>(40.4%)   |
| 496 | JASKÓLSKI Szymon     | 6     | CARBON SILESIA SPORT | Open Mężczyzn | 412  | 07:00 | 01:30:43.30       | 01:30:43.30        | +00:54:18<br>(59.9%) | 15:07           | 4<br>(40.4%)   |
| 497 | WODECKI Dawid        | 457   | HUSARIA RACE TEAM    | Open Mężczyzn | 413  | 09:10 | 01:31:03.05       | 01:31:03.05        | +00:54:38<br>(60.0%) | 15:10           | 4<br>(40.4%)   |
| 498 | CHILIMOŃCZYK Dominik | 950   | ARENA GLIWICE        | Open Mężczyzn | 414  | 12:20 | 01:31:11.85       | 01:31:11.85        | +00:54:47<br>(60.1%) | 15:11           | 3.9<br>(39.4%) |

|     |                     |       |                  |                          |      |       | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------|-------|------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| Msc | Zawodnik            | Numer | Klub             | Kategoria                | Mkat | Seria |                   |                    |                      |                 |                |
| 499 | GÓRKA Mateusz       | 1089  | ARENA GLIWICE    | Open Mężczyzn            | 415  | 12:20 | 01:31:12.70       | 01:31:12.70        | +00:54:48<br>(60.1%) | 15:12           | 3.9<br>(39.4%) |
| 500 | OLENDER Sebastian   | 427   |                  | Open Mężczyzn            | 416  | 08:30 | 01:32:31.85       | 01:32:31.85        | +00:56:07<br>(60.7%) | 15:25           | 3.9<br>(39.4%) |
| 501 | DURAJ Patryk        | 539   |                  | Open Mężczyzn            | 417  | 09:20 | 01:32:55.50       | 01:32:55.50        | +00:56:30<br>(60.8%) | 15:29           | 3.9<br>(39.4%) |
| 502 | DURAJ Dominik       | 566   |                  | Open Mężczyzn            | 418  | 09:20 | 01:32:56.00       | 01:32:56.00        | +00:56:31<br>(60.8%) | 15:29           | 3.9<br>(39.4%) |
| 503 | MAZGAJ Konrad       | 578   |                  | Open Mężczyzn            | 419  | 09:30 | 01:33:46.20       | 01:33:46.20        | +00:57:21<br>(61.2%) | 15:37           | 3.8<br>(38.4%) |
| 504 | SZOŁTYSEK Kamil     | 812   | UROKOMANDO       | Open Mężczyzn            | 420  | 11:20 | 01:34:21.05       | 01:34:21.05        | +00:57:56<br>(61.4%) | 15:43           | 3.8<br>(38.4%) |
| 505 | LOCH Mirosław       | 509   | PĘDZĄCE ANAKONDY | Open Masters<br>Mężczyzn | 85   | 09:20 | 01:35:05.00       | 01:35:05.00        | +00:58:40<br>(61.7%) | 15:50           | 3.8<br>(38.4%) |
| 506 | HOJKA Lechosław     | 503   | PĘDZĄCE ANAKONDY | Open Mężczyzn            | 421  | 09:20 | 01:35:05.25       | 01:35:05.25        | +00:58:40<br>(61.7%) | 15:50           | 3.8<br>(38.4%) |
| 507 | ŻĄDŁO Karol         | 645   |                  | Open Mężczyzn            | 422  | 10:10 | 01:35:39.10       | 01:35:39.10        | +00:59:14<br>(61.9%) | 15:56           | 3.8<br>(38.4%) |
| 508 | OLEŚ Marcin         | 513   | PĘDZĄCE ANAKONDY | Open Mężczyzn            | 423  | 09:20 | 01:35:47.45       | 01:35:47.45        | +00:59:22<br>(62.0%) | 15:57           | 3.8<br>(38.4%) |
| 509 | DRZAŚCZCZ Krzysztof | 403   |                  | Open Mężczyzn            | 424  | 08:20 | 01:36:39.40       | 01:36:39.40        | +01:00:14<br>(62.3%) | 16:06           | 3.7<br>(37.4%) |
| 510 | LOCH Dawid          | 507   | PĘDZĄCE ANAKONDY | Open Mężczyzn            | 425  | 09:20 | 01:37:18.10       | 01:37:18.10        | +01:00:53<br>(62.6%) | 16:13           | 3.7<br>(37.4%) |
| 511 | NOGŁY Dawid         | 426   |                  | Open Mężczyzn            | 426  | 08:20 | 01:37:37.00       | 01:37:37.00        | +01:01:12<br>(62.7%) | 16:16           | 3.7<br>(37.4%) |
| 512 | KOZIK Mateusz       | 506   | PĘDZĄCE ANAKONDY | Open Mężczyzn            | 427  | 09:20 | 01:37:40.95       | 01:37:40.95        | +01:01:16<br>(62.7%) | 16:16           | 3.7<br>(37.4%) |
| 513 | MAGIERSKI Radosław  | 560   | SVERUM           | Open Mężczyzn            | 428  | 09:20 | 01:37:45.00       | 01:37:45.00        | +01:01:20<br>(62.8%) | 16:17           | 3.7<br>(37.4%) |
| 514 | SZYBIAK Krzysztof   | 440   |                  | Open Mężczyzn            | 429  | 08:20 | 01:37:45.85       | 01:37:45.85        | +01:01:21<br>(62.8%) | 16:17           | 3.7<br>(37.4%) |
| 515 | DĄBROWSKI Adrian    | 851   | KOLOROWA DRUŻYNA | Open Mężczyzn            | 430  | 09:20 | 01:37:46.45       | 01:37:46.45        | +01:01:21<br>(62.8%) | 16:17           | 3.7<br>(37.4%) |
| 516 | ZABICKI Jakub       | 532   | SVERUM           | Open Mężczyzn            | 431  | 09:20 | 01:37:47.35       | 01:37:47.35        | +01:01:22<br>(62.8%) | 16:17           | 3.7<br>(37.4%) |
| 517 | GABRYŚ Piotr        | 569   |                  | Open Mężczyzn            | 432  | 09:20 | 01:37:48.00       | 01:37:48.00        | +01:01:23<br>(62.8%) | 16:18           | 3.7<br>(37.4%) |
| 518 | KOZŁOWSKI Kamil     | 413   |                  | Open Mężczyzn            | 433  | 08:20 | 01:39:18.80       | 01:39:18.80        | +01:02:54<br>(63.3%) | 16:33           | 3.6<br>(36.4%) |
| 519 | SZOŁTYSEK Dawid     | 811   | UROKOMANDO       | Open Mężczyzn            | 434  | 11:20 | 01:39:26.80       | 01:39:26.80        | +01:03:02<br>(63.4%) | 16:34           | 3.6<br>(36.4%) |
| 520 | DĄBEK Rafał         | 617   |                  | Open Mężczyzn            | 435  | 10:20 | 01:41:21.40       | 01:41:21.40        | +01:04:56<br>(64.1%) | 16:53           | 3.6<br>(36.4%) |
| 521 | WITEK Bartosz       | 813   | UROKOMANDO       | Open Mężczyzn            | 436  | 11:20 | 01:41:22.95       | 01:41:22.95        | +01:04:58<br>(64.1%) | 16:53           | 3.6<br>(36.4%) |

| Msc | Zawodnik           | Numer | Klub                 | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|--------------------|-------|----------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 522 | STEFAN Grzegorz    | 295   | CARBON SILESIA SPORT | Open Masters<br>Mężczyzn | 86   | 08:10 | 01:41:47.10       | 01:41:47.10        | +01:05:22<br>(64.2%) | 16:57           | 3.5<br>(35.4%) |
| 523 | GRUBBA Rafał       | 408   |                      | Open Mężczyzn            | 437  | 08:20 | 01:42:04.70       | 01:42:04.70        | +01:05:40<br>(64.3%) | 17:00           | 3.5<br>(35.4%) |
| 524 | HULIM Tomasz       | 462   | PARTNERS             | Open Mężczyzn            | 438  | 09:10 | 01:43:10.65       | 01:43:10.65        | +01:06:46<br>(64.7%) | 17:11           | 3.5<br>(35.4%) |
| 525 | NAWROCKI Daniel    | 330   |                      | Open Mężczyzn            | 439  | 08:10 | 01:43:11.35       | 01:43:11.35        | +01:06:46<br>(64.7%) | 17:11           | 3.5<br>(35.4%) |
| 526 | FLOREK Dawid       | 320   |                      | Open Mężczyzn            | 440  | 08:10 | 01:43:11.65       | 01:43:11.65        | +01:06:47<br>(64.7%) | 17:11           | 3.5<br>(35.4%) |
| 527 | KATUSZONEK Paweł   | 909   | POWERTEAM            | Open Mężczyzn            | 441  | 12:10 | 01:43:23.85       | 01:43:23.85        | +01:06:59<br>(64.8%) | 17:13           | 3.5<br>(35.4%) |
| 528 | KAMIŃSKI Marcin    | 668   |                      | Open Mężczyzn            | 442  | 10:20 | 01:43:55.65       | 01:43:55.65        | +01:07:31<br>(65.0%) | 17:19           | 3.5<br>(35.4%) |
| 529 | DOROBISZ Adrian    | 354   | FAKE RUNNER          | Open Mężczyzn            | 443  | 08:20 | 01:44:02.95       | 01:44:02.95        | +01:07:38<br>(65.0%) | 17:20           | 3.5<br>(35.4%) |
| 530 | WIECZOREK Damian   | 358   | FAKE RUNNER          | Open Mężczyzn            | 444  | 08:20 | 01:44:07.20       | 01:44:07.20        | +01:07:42<br>(65.0%) | 17:21           | 3.5<br>(35.4%) |
| 531 | GREMBOWSKI Robert  | 159   | BŁOTOŁAZY            | Open Mężczyzn            | 445  | 07:40 | 01:44:15.50       | 01:44:15.50        | +01:07:50<br>(65.1%) | 17:22           | 3.5<br>(35.4%) |
| 532 | DUDRA Mateusz      | 771   |                      | Open Mężczyzn            | 446  | 11:10 | 01:44:17.75       | 01:44:17.75        | +01:07:53<br>(65.1%) | 17:22           | 3.5<br>(35.4%) |
| 533 | CZECHOWSKI Filip   | 353   | FAKE RUNNER          | Open Mężczyzn            | 447  | 08:20 | 01:44:19.25       | 01:44:19.25        | +01:07:54<br>(65.1%) | 17:23           | 3.5<br>(35.4%) |
| 534 | LALIK Rajmund      | 784   |                      | Open Masters<br>Mężczyzn | 87   | 11:10 | 01:44:20.85       | 01:44:20.85        | +01:07:56<br>(65.1%) | 17:23           | 3.5<br>(35.4%) |
| 535 | GÓRNAŚ Adam        | 406   |                      | Open Mężczyzn            | 448  | 08:20 | 01:44:25.25       | 01:44:25.25        | +01:08:00<br>(65.1%) | 17:24           | 3.4<br>(34.3%) |
| 536 | GÓRNAŚ Adam        | 407   |                      | Open Mężczyzn            | 449  | 08:20 | 01:44:26.35       | 01:44:26.35        | +01:08:01<br>(65.1%) | 17:24           | 3.4<br>(34.3%) |
| 537 | BORCZUK Mariusz    | 768   |                      | Open Mężczyzn            | 450  | 11:10 | 01:44:32.85       | 01:44:32.85        | +01:08:08<br>(65.2%) | 17:25           | 3.4<br>(34.3%) |
| 538 | MACIEJCZEK Kamil   | 450   | BYLE PRZEŻYĆ TEAM    | Open Mężczyzn            | 451  | 09:10 | 01:45:41.20       | 01:45:41.20        | +01:09:16<br>(65.5%) | 17:36           | 3.4<br>(34.3%) |
| 539 | MICHAŁSKI Mateusz  | 451   | BYLE PRZEŻYĆ TEAM    | Open Mężczyzn            | 452  | 09:10 | 01:45:41.80       | 01:45:41.80        | +01:09:17<br>(65.6%) | 17:36           | 3.4<br>(34.3%) |
| 540 | ŚPIEWOK Paweł      | 452   | BYLE PRZEŻYĆ TEAM    | Open Mężczyzn            | 453  | 09:10 | 01:45:42.90       | 01:45:42.90        | +01:09:18<br>(65.6%) | 17:37           | 3.4<br>(34.3%) |
| 541 | WAZ Mateusz        | 454   | BYLE PRZEŻYĆ TEAM    | Open Mężczyzn            | 454  | 09:10 | 01:45:46.75       | 01:45:46.75        | +01:09:22<br>(65.6%) | 17:37           | 3.4<br>(34.3%) |
| 542 | HOPPE Adam         | 472   |                      | Open Mężczyzn            | 455  | 09:10 | 01:46:04.00       | 01:46:04.00        | +01:09:39<br>(65.7%) | 17:40           | 3.4<br>(34.3%) |
| 543 | TECLER Jacek       | 464   | PARTNERS             | Open Mężczyzn            | 456  | 09:10 | 01:46:11.65       | 01:46:11.65        | +01:09:47<br>(65.7%) | 17:41           | 3.4<br>(34.3%) |
| 544 | BRACHACZEK Bartosz | 449   | BYLE PRZEŻYĆ TEAM    | Open Mężczyzn            | 457  | 09:10 | 01:46:44.45       | 01:46:44.45        | +01:10:19<br>(65.9%) | 17:47           | 3.4<br>(34.3%) |

| Msc | Zawodnik            | Numer | Klub                   | Kategoria                | Mkat | Seria | Czas netto<br>6km | Czas brutto<br>6km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------|-------|------------------------|--------------------------|------|-------|-------------------|--------------------|----------------------|-----------------|----------------|
| 545 | WIENDŁOCHA Paweł    | 137   | SOCIOS SILESIA         | Open Mężczyzn            | 458  | 07:20 | 01:47:06.30       | 01:47:06.30        | +01:10:41<br>(66.0%) | 17:51           | 3.4<br>(34.3%) |
| 546 | ROMAŃCZYK Piotr     | 433   |                        | Open Mężczyzn            | 459  | 08:30 | 01:48:44.50       | 01:48:44.50        | +01:12:19<br>(66.5%) | 18:07           | 3.3<br>(33.3%) |
| 547 | MATUSZNY Patryk     | 422   |                        | Open Mężczyzn            | 460  | 08:30 | 01:48:44.75       | 01:48:44.75        | +01:12:20<br>(66.5%) | 18:07           | 3.3<br>(33.3%) |
| 548 | KUBIK Dawid         | 293   | CARBON SILESIA SPORT   | Open Mężczyzn            | 461  | 08:10 | 01:49:29.75       | 01:49:29.75        | +01:13:05<br>(66.7%) | 18:14           | 3.3<br>(33.3%) |
| 549 | HALFAR Łukasz       | 392   | ZAKRECENI TWARDZIELE!! | Open Mężczyzn            | 462  | 08:20 | 01:58:09.70       | 01:58:09.70        | +01:21:45<br>(69.2%) | 19:41           | 3<br>(30.3%)   |
| 550 | JOJKO Tomasz        | 393   | ZAKRECENI TWARDZIELE!! | Open Mężczyzn            | 463  | 08:20 | 01:58:10.15       | 01:58:10.15        | +01:21:45<br>(69.2%) | 19:41           | 3<br>(30.3%)   |
| 551 | TROSIŃSKI Marcin    | 396   | ZAKRECENI TWARDZIELE!! | Open Mężczyzn            | 464  | 08:20 | 01:58:10.80       | 01:58:10.80        | +01:21:46<br>(69.2%) | 19:41           | 3<br>(30.3%)   |
| 552 | OLSZEWSKI Łukasz    | 890   |                        | Open Mężczyzn            | 465  | 11:20 | 01:58:54.75       | 01:58:54.75        | +01:22:30<br>(69.4%) | 19:49           | 3<br>(30.3%)   |
| 553 | BIJAK Szymon        | 875   |                        | Open Mężczyzn            | 466  | 11:20 | 01:58:54.95       | 01:58:54.95        | +01:22:30<br>(69.4%) | 19:49           | 3<br>(30.3%)   |
| 554 | WYPYCH Adam         | 54    |                        | Open Mężczyzn            | 467  | 07:00 | 02:00:57.25       | 02:00:57.25        | +01:24:32<br>(69.9%) | 20:09           | 3<br>(30.3%)   |
| 555 | ŚLĘCZKOWSKI Błażej  | 311   | WARRIORS ŁÓDŹ          | Open Mężczyzn            | 468  | 08:10 | 02:01:23.15       | 02:01:23.15        | +01:24:58<br>(70.0%) | 20:13           | 3<br>(30.3%)   |
| 556 | KWIATKOWSKI Robert  | 310   | WARRIORS ŁÓDŹ          | Open Mężczyzn            | 469  | 08:10 | 02:01:23.45       | 02:01:23.45        | +01:24:58<br>(70.0%) | 20:13           | 3<br>(30.3%)   |
| 557 | LURKA Kamil         | 324   |                        | Open Mężczyzn            | 470  | 08:10 | 02:02:23.35       | 02:02:23.35        | +01:25:58<br>(70.3%) | 20:23           | 2.9<br>(29.3%) |
| 558 | WŁÓKA Bartosz       | 335   |                        | Open Mężczyzn            | 471  | 08:10 | 02:04:18.20       | 02:04:18.20        | +01:27:53<br>(70.7%) | 20:43           | 2.9<br>(29.3%) |
| 559 | ENGELMAN Krzysztof  | 319   |                        | Open Mężczyzn            | 472  | 08:10 | 02:04:28.05       | 02:04:28.05        | +01:28:03<br>(70.7%) | 20:44           | 2.9<br>(29.3%) |
| 560 | ZWIERZYK Damian     | 339   |                        | Open Mężczyzn            | 473  | 08:10 | 02:04:47.10       | 02:04:47.10        | +01:28:22<br>(70.8%) | 20:47           | 2.9<br>(29.3%) |
| 561 | GAJDZIK Piotr       | 322   |                        | Open Mężczyzn            | 474  | 08:10 | 02:04:55.65       | 02:04:55.65        | +01:28:31<br>(70.9%) | 20:49           | 2.9<br>(29.3%) |
| 562 | MUC Bartosz         | 329   |                        | Open Mężczyzn            | 475  | 08:10 | 02:05:42.80       | 02:05:42.80        | +01:29:18<br>(71.0%) | 20:57           | 2.9<br>(29.3%) |
| 563 | STANCLIK Krzysztof  | 294   | CARBON SILESIA SPORT   | Open Mężczyzn            | 476  | 08:10 | 02:05:45.00       | 02:05:45.00        | +01:29:20<br>(71.0%) | 20:57           | 2.9<br>(29.3%) |
| 564 | BALON Dawid         | 313   |                        | Open Mężczyzn            | 477  | 08:10 | 02:05:55.65       | 02:05:55.65        | +01:29:31<br>(71.1%) | 20:59           | 2.9<br>(29.3%) |
| 565 | GRODOŃ Piotr        | 292   | CARBON SILESIA SPORT   | Open Mężczyzn            | 478  | 08:10 | 02:06:01.50       | 02:06:01.50        | +01:29:36<br>(71.1%) | 21:00           | 2.9<br>(29.3%) |
| 566 | BLACHA Arkadiusz    | 399   |                        | Open Mężczyzn            | 479  | 08:20 | 02:06:33.95       | 02:06:33.95        | +01:30:09<br>(71.2%) | 21:05           | 2.8<br>(28.3%) |
| 567 | KLONOWICZ Stanisław | 80    | HUNTERS OCR TEAM       | Open Masters<br>Mężczyzn | 88   | 07:10 | 02:08:38.05       | 02:08:38.05        | +01:32:13<br>(71.7%) | 21:26           | 2.8<br>(28.3%) |

| Msc | Zawodnik                 | Numer | Klub                           | Kategoria             | Mkat | Seria | Czas netto 6km | Czas brutto 6km | Różn              | Tempo min/km | Tempo km/h  |
|-----|--------------------------|-------|--------------------------------|-----------------------|------|-------|----------------|-----------------|-------------------|--------------|-------------|
| 568 | HANUSZ Krzysztof         | 348   | CARBON SILESIA SPORT           | Open Masters Mężczyzn | 89   | 08:30 | 02:10:15.20    | 02:10:15.20     | +01:33:50 (72.0%) | 21:42        | 2.8 (28.3%) |
| 569 | OLJASZ Paweł             | 214   |                                | Open Mężczyzn         | 480  | 07:40 | 02:13:41.65    | 02:13:41.65     | +01:37:17 (72.8%) | 22:16        | 2.7 (27.3%) |
| 570 | REJDYCH Tomasz           | 123   | HUSARIA RACE TEAM              | Open Mężczyzn         | 481  | 07:20 | 02:16:15.35    | 02:16:15.35     | +01:39:50 (73.3%) | 22:42        | 2.6 (26.3%) |
| 571 | WOJTCZAK Jakub           | 336   |                                | Open Mężczyzn         | 482  | 08:10 | 02:19:35.65    | 02:19:35.65     | +01:43:11 (73.9%) | 23:15        | 2.6 (26.3%) |
| 572 | PAJĄK Michał             | 331   |                                | Open Mężczyzn         | 483  | 08:10 | 02:19:35.80    | 02:19:35.80     | +01:43:11 (73.9%) | 23:15        | 2.6 (26.3%) |
| 573 | MATYJASEK Karol          | 326   |                                | Open Mężczyzn         | 484  | 08:10 | 02:19:36.05    | 02:19:36.05     | +01:43:11 (73.9%) | 23:16        | 2.6 (26.3%) |
| 574 | ZANDER Kamil             | 338   |                                | Open Mężczyzn         | 485  | 08:10 | 02:19:36.15    | 02:19:36.15     | +01:43:11 (73.9%) | 23:16        | 2.6 (26.3%) |
| 575 | DAMASZEK Grzegorz        | 317   |                                | Open Masters Mężczyzn | 90   | 08:10 | 02:19:36.70    | 02:19:36.70     | +01:43:12 (73.9%) | 23:16        | 2.6 (26.3%) |
| 576 | MORMUL Patryk            | 63    | CENTRUM TRENINGU               | Open Mężczyzn         | 486  | 07:10 | 02:20:49.90    | 02:20:49.90     | +01:44:25 (74.1%) | 23:28        | 2.6 (26.3%) |
| 577 | ŁUKASZCZYKIEWICZ Andrzej | 133   | RMF4RT GLADIATORS              | Open Mężczyzn         | 487  | 07:20 | 02:35:52.85    | 02:35:52.85     | +01:59:28 (76.6%) | 25:58        | 2.3 (23.2%) |
| 578 | HANUSIAK Leszek          | 25    | KONIU SQUAD                    | Open Mężczyzn         | 488  | 07:00 | 02:37:56.00    | 02:37:56.00     | +02:01:31 (76.9%) | 26:19        | 2.3 (23.2%) |
| 579 | RDUCH Mateusz            | 164   | HUSARIA RACE TEAM              | Open Mężczyzn         | 489  | 07:40 | 02:41:28.00    | 02:41:28.00     | +02:05:03 (77.5%) | 26:54        | 2.2 (22.2%) |
| 580 | ZUBOWICZ Łukasz          | 65    | CF KUŹNIA DAMIANA              | Open Mężczyzn         | 490  | 07:10 | 02:54:53.05    | 02:54:53.05     | +02:18:28 (79.2%) | 29:08        | 2.1 (21.2%) |
| 581 | CZARDYBON Dominik        | 170   | ŁOWCY PIEROŻKÓW                | Open Mężczyzn         | 491  | 07:40 | 02:55:16.25    | 02:55:16.25     | +02:18:51 (79.2%) | 29:12        | 2.1 (21.2%) |
| 582 | ŁACIAK Dawid             | 43    | UTANI GRAN HUR                 | Open Mężczyzn         | 492  | 07:00 | 03:00:58.75    | 03:00:58.75     | +02:24:34 (79.9%) | 30:09        | 2 (20.2%)   |
| 583 | KITALA Radosław          | 96    | WILK TRENUJE FAMILY (WTF)      | Open Mężczyzn         | 493  | 07:10 | 03:41:15.10    | 03:41:15.10     | +03:04:50 (83.5%) | 36:52        | 1.6 (16.2%) |
| 584 | GEMBALCZYK Wojciech      | 822   |                                | Open Mężczyzn         | 494  | 11:20 |                |                 |                   |              | (0.0%)      |
| 585 | KMIECIK Marcin           | 904   | HUSARIA RACE TEAM              | Open Mężczyzn         | 495  | 12:10 |                |                 |                   |              | (0.0%)      |
| 586 | KOWALCZYK Konrad         | 849   | KIEPSKO U MNIE Z KREATYWNOŚCIĄ | Open Mężczyzn         | 496  | 11:30 |                |                 |                   |              | (0.0%)      |
| 587 | MALCZEWSKI Tomasz        | 999   | BRYGIERY OCR                   | Open Mężczyzn         | 497  | 13:10 |                |                 |                   |              | (0.0%)      |
| 588 | BORKOWSKI Damian         | 803   | ROZBIEGAMY NOWY DWÓR           | Open Mężczyzn         | 498  | 11:20 |                |                 |                   |              | (0.0%)      |

Znaleziono 588 wynik(ów)