

RZEŹNICZEK 2019

B4SPORT

Wydarzenie: V FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2019-06-22
Miejsce: Cisna
Dystans: 28 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Roztoki 16.2km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
1	ŻEBROWSKA Jolanta	4169	POTRENUJEMY?	K50	1	00:00:09	01:55:54	03:54:53.30	03:55:03.15		8:23	7.2 (100%)
2	BRZOZOWSKA Teresa	4201	ETISOFT RUNNING TEAM	K50	2	00:00:12	02:05:55	04:03:02.30	04:03:14.80	+00:08:09 (3.4%)	8:40	6.9 (95.8%)
3	TUCZYŃSKA Elżbieta	4400		K50	3	00:00:27	02:12:05	04:10:39.00	04:11:06.15	+00:15:45 (6.3%)	8:57	6.7 (93.1%)
4	LUBAŃSKA Alicja	4424		K50	4	00:00:04	02:04:42	04:14:10.35	04:14:15.20	+00:19:17 (7.6%)	9:04	6.6 (91.7%)
5	GWAREK Beata	4652		K50	5	00:00:49	02:19:41	04:23:34.15	04:24:23.60	+00:28:40 (10.9%)	9:24	6.4 (88.9%)
6	ZARĘBA Jolanta	4454		K50	6	00:01:16	02:19:17	04:26:59.85	04:28:16.20	+00:32:06 (12.0%)	9:32	6.3 (87.5%)
7	BORC Marzanna	4703	AKADEMIA BIEGANIA GRUDZIĄDZ	K50	7	00:01:15	02:18:58	04:31:32.90	04:32:47.95	+00:36:39 (13.5%)	9:41	6.2 (86.1%)
8	OSTROWSKA Dorota	4651	YULO RUN TEAM SIEDLCE	K50	8	00:01:26	02:17:32	04:32:50.80	04:34:17.05	+00:37:57 (13.9%)	9:44	6.2 (86.1%)
9	SUMIEC Krystyna	4627	ZABIEGANI MIELEC	K50	9	00:01:06	02:22:29	04:40:46.60	04:41:53.15	+00:45:53 (16.3%)	10:01	6 (83.3%)
10	ROMANOWSKA Beata	4510	RUN VEGANTEAM	K50	10	00:01:08	02:20:41	04:44:14.65	04:45:23.30	+00:49:21 (17.4%)	10:09	5.9 (81.9%)
11	BAJERSKA Renata	4492	GRUPA BIEGOWA ENERGY KACZORY	K50	11	00:00:55	02:19:33	04:46:34.40	04:47:30.25	+00:51:41 (18.0%)	10:14	5.9 (81.9%)
12	BAKALARSKA Mariola	4569	WARSAW RUN CLUB	K50	12	00:00:50	02:14:42	04:47:05.80	04:47:56.35	+00:52:12 (18.2%)	10:15	5.9 (81.9%)
13	PASZEK Krystyna	4494	DOGOŃ GRODZISK MAZOWIECKI	K50	13	00:01:47	02:27:02	05:03:12.00	05:04:59.75	+01:08:18 (22.5%)	10:49	5.5 (76.4%)
14	RUDNICKA Agata	4618		K50	14	00:00:53	02:32:34	05:07:18.60	05:08:12.35	+01:12:25 (23.6%)	10:58	5.5 (76.4%)
15	TYCZYŃSKA Małgorzata	4607	SZYBKIE ŻÓŁWIE	K50	15	00:00:38	02:28:19	05:09:20.50	05:09:59.30	+01:14:27 (24.1%)	11:02	5.4 (75.0%)
16	WOJTANOWICZ Beata	4495		K50	16	00:01:15	02:32:59	05:19:28.80	05:20:44.30	+01:24:35 (26.5%)	11:24	5.3 (73.6%)
17	ZIÓŁEK Teresa	4638	STAY INSANE	K50	17	00:01:27	02:37:28	05:22:39.40	05:24:07.35	+01:27:46 (27.2%)	11:31	5.2 (72.2%)
18	ŻBIKOWSKA Małgorzata	4012	SPC	K50	18	00:01:31	02:34:29	05:25:07.65	05:26:39.55	+01:30:14 (27.8%)	11:36	5.2 (72.2%)
19	SANECKA Katarzyna	4680	BEFIT24TEAM	K50	19	00:00:31	02:35:13	05:32:52.70	05:33:24.05	+01:37:59 (29.4%)	11:53	5 (69.4%)
20	SULEJA Joanna	4616	SZWLA STARGARD	K50	20	00:00:30	02:38:18	05:32:58.10	05:33:28.20	+01:38:04 (29.5%)	11:53	5 (69.4%)
21	OBARSKA Małgorzata	4804		K50	21	00:00:55	03:00:09	05:59:36.70	06:00:32.35	+02:04:43 (34.7%)	12:50	4.7 (65.3%)
22	RACZYŃSKA Anna	4724		K50	22	00:00:36	02:53:51	06:01:17.00	06:01:53.95	+02:06:23 (35.0%)	12:54	4.7 (65.3%)
23	BŁOCH Beata	4592	EPOKA NORDICA	K50	23	00:01:06	02:34:33	06:02:06.95	06:03:13.35	+02:07:13 (35.1%)	12:55	4.6 (63.9%)
24	ROGIŃSKA Katarzyna	4868	WKURW_TEAM	K50	24	00:01:41	03:00:02	06:13:04.60	06:14:45.70	+02:18:11 (37.0%)	13:19	4.5 (62.5%)
25	WITKOWSKA Beata	4763	EPOKA NORDICA ŁÓDŹ	K50	25	00:01:13	03:00:51	06:20:27.60	06:21:41.15	+02:25:34 (38.3%)	13:35	4.4 (61.1%)

Znaleziono 25 wynik(ów)