

RZEŹNICZEK 2019

B4SPORT

Wydarzenie: V FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2019-06-22
Miejsce: Cisna
Dystans: 28 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Roztoki 16.2km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
1	PTASZYŃSKI Wojciech	4067	SPEED FEET '16	M50	1	00:00:05	01:40:04	03:07:32.95	03:07:38.25		6:41	9 (100%)
2	WOJTAS Janusz	4113		M50	2	00:00:22	01:42:51	03:12:13.90	03:12:36.50	+00:04:40 (2.4%)	6:51	8.7 (96.7%)
3	SOWA Dariusz	4202	RZESZOWSKIE GAZELE I GEPARDY	M50	3	00:00:12	01:46:45	03:22:59.25	03:23:11.30	+00:15:26 (7.6%)	7:14	8.3 (92.2%)
4	OLSZAK Zenon	4321	WARSAW RUN CLUB	M50	4	00:00:06	01:49:19	03:25:42.75	03:25:49.40	+00:18:09 (8.8%)	7:20	8.2 (91.1%)
5	OSTROWSKI Zbyszek	4109	YULO RUN TEAM SIEDLCE	M50	5	00:00:36	01:52:59	03:34:11.60	03:34:48.35	+00:26:38 (12.4%)	7:39	7.8 (86.7%)
6	GRYMUZA Zbigniew	4119		M50	6	00:00:23	01:51:25	03:35:08.80	03:35:32.05	+00:27:35 (12.8%)	7:41	7.8 (86.7%)
7	SOT Lucjan	4899	A NIECH TO SZLAK BIEGIEM NA SZLAK	M50	7	00:00:51	01:55:36	03:44:41.75	03:45:33.35	+00:37:08 (16.5%)	8:01	7.5 (83.3%)
8	KĄŁOWSKI Tomasz	4097		M50	8	00:00:10	02:01:35	03:46:44.95	03:46:55.80	+00:39:12 (17.3%)	8:05	7.4 (82.2%)
9	RAPACZ Marcin	4641	FUNDACJA TYLKO BIESZCZADY	M50	9	00:00:58	01:57:55	03:47:27.65	03:48:26.35	+00:39:54 (17.5%)	8:07	7.4 (82.2%)
10	ANDRZEJEWSKI Tomasz	4695	GILLETTE RUN	M50	10	00:00:22	01:59:55	04:00:08.30	04:00:30.75	+00:52:35 (21.9%)	8:34	7 (77.8%)
11	DYCKOWSKI Andrzej K.	4146	TYGRYSKI KUBUSIA PUCHATKA	M50	11	00:00:43	02:06:55	04:07:59.45	04:08:42.95	+01:00:26 (24.4%)	8:51	6.8 (75.6%)
12	ŁUKASIK Andrzej	4042		M50	12	00:00:23	02:11:36	04:13:42.20	04:14:06.05	+01:06:09 (26.1%)	9:03	6.6 (73.3%)
13	CZERNIAK Artur	4497		M50	13	00:00:24	02:03:36	04:13:59.50	04:14:24.15	+01:06:26 (26.2%)	9:04	6.6 (73.3%)
14	KUBISIAK Sławomir	4315		M50	14	00:00:51	02:10:49	04:20:10.80	04:21:02.75	+01:12:37 (27.9%)	9:17	6.5 (72.2%)
15	GRZYWACZ Dariusz	4733		M50	15	00:01:25	02:13:14	04:20:12.05	04:21:37.25	+01:12:39 (27.9%)	9:17	6.5 (72.2%)
16	SUDOŁ Ryszard	4094	FENIKS LEGNICA	M50	16	00:00:06	02:01:25	04:20:54.45	04:21:00.85	+01:13:21 (28.1%)	9:19	6.4 (71.1%)
17	GWAREK Bogdan	4196		M50	17	00:00:50	02:19:41	04:23:33.10	04:24:23.35	+01:16:00 (28.8%)	9:24	6.4 (71.1%)
18	KACZMARSKI Wojciech	4939		M50	18	00:01:08	02:11:12	04:27:15.50	04:28:24.25	+01:19:42 (29.8%)	9:32	6.3 (70.0%)
19	STAŃCZYK Andrzej	4488	KS KOZIOŁEK KĘDZIERZYN-KOŹŁE	M50	19	00:00:47	02:10:28	04:27:19.20	04:28:06.70	+01:19:46 (29.8%)	9:32	6.3 (70.0%)
20	CZELIŃSKI Leszek	4541		M50	20	00:01:51	02:13:58	04:30:15.05	04:32:06.05	+01:22:42 (30.6%)	9:39	6.2 (68.9%)
21	RUPIŃSKI Maciej	4514		M50	21	00:00:35	02:14:01	04:33:46.45	04:34:21.80	+01:26:13 (31.5%)	9:46	6.1 (67.8%)
22	DZIARNOWSKI Włodek	4439	BIEGAMPŁOCK TEAM	M50	22	00:01:05	02:13:38	04:43:15.20	04:44:20.95	+01:35:42 (33.8%)	10:06	5.9 (65.6%)
23	PENAR Arkadiusz	4612		M50	23	00:01:09	02:19:03	04:44:31.60	04:45:41.45	+01:36:58 (34.1%)	10:09	5.9 (65.6%)
24	ZEMŁA Piotr	4876		M50	24	00:01:45	02:32:59	04:50:33.75	04:52:19.20	+01:43:00 (35.5%)	10:22	5.8 (64.4%)
25	MICHAŁEK Jarosław	4339		M50	25	00:00:13	02:19:39	04:53:05.70	04:53:19.30	+01:45:32 (36.0%)	10:28	5.7 (63.3%)
26	KRYDA Jacek	4472	MPKŁÓDŹ	M50	26	00:00:45	02:22:01	04:57:27.90	04:58:13.75	+01:49:54 (37.0%)	10:37	5.6 (62.2%)
27	SOSNÓWKA Leszek	4498		M50	27	00:00:46	02:11:07	04:59:19.80	05:00:06.50	+01:51:46 (37.3%)	10:41	5.6 (62.2%)
28	OBARSKI Norbert	4805		M50	28	00:00:56	02:26:00	05:00:54.95	05:01:51.55	+01:53:22 (37.7%)	10:44	5.6 (62.2%)
29	STAROBRAT Arkadiusz	4927		M50	29	00:00:44	02:32:35	05:03:49.45	05:04:33.75	+01:56:16 (38.3%)	10:51	5.5 (61.1%)

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30	DEJA Andrzej	4233		M50	30	00:00:23	02:20:18	05:14:53.25	05:15:16.95	+02:07:20 (40.4%)	11:14	5.3 (58.9%)
31	BRZOZOWSKI Piotr	4343	KB MCKIS JAWORZNO	M50	31	00:01:25	02:34:59	05:15:47.80	05:17:13.20	+02:08:14 (40.6%)	11:16	5.3 (58.9%)
32	CICHOCKI Mariusz	4574	SUUNTO RUN TEAM	M50	32	00:01:01	02:35:29	05:16:28.55	05:17:30.00	+02:08:55 (40.7%)	11:18	5.3 (58.9%)
33	RZEPKA Mirek	4762		M50	33	00:00:54	02:26:03	05:19:02.90	05:19:57.10	+02:11:29 (41.2%)	11:23	5.3 (58.9%)
34	KORZENIOWSKI Robert	4020		M50	34	00:00:02	02:36:53	05:22:23.35	05:22:26.10	+02:14:50 (41.8%)	11:30	5.2 (57.8%)
35	RZECZKOWSKI Maciej	4224		M50	35	00:01:16	02:36:42	05:26:25.90	05:27:41.90	+02:18:52 (42.5%)	11:39	5.1 (56.7%)
36	KUŚMIERSKI Krzysztof	4741		M50	36	00:01:15	02:37:04	05:26:40.80	05:27:56.30	+02:19:07 (42.6%)	11:40	5.1 (56.7%)
37	JAKÓBCZYK Andrzej	4716		M50	37	00:02:48	02:55:18	05:59:25.10	06:02:13.10	+02:51:52 (47.8%)	12:50	4.7 (52.2%)

Znaleziono 37 wynik(ów)