RZEŹNICZEK

Wydarzenie: Festiwal Biegu Rzeźnika
Organizator: Fundacja Bieg Rzeźnika
Data: 2017-06-17
Miejsce: Bieszczady
Dystans: 28 km

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
1	**SZECÓWKA Aneta**	**3931**		K30	1	01:31:34	**03:00:28.35**	**03:00:35.75**		6:26	9.3 (100%)
2	**WALASZCZYK Lucyna**	**3985**	NATURAL BORN RUNNERS	K30	2	01:37:47	**03:05:36.10**	**03:05:40.95**	+00:05:05 (2.7%)	6:37	9.1 (97.8%)
3	**ZIELIŃSKA Weronika**	**3766**	12TRI.PL / ASICS FRONTRUNNER	K30	3	01:38:19	**03:11:26.05**	**03:11:28.05**	+00:10:52 (5.7%)	6:50	8.8 (94.6%)
4	**MERCIK Agnieszka**	**3770**	PRZEMYSKI KLUB BIEGACZA	K30	4	01:42:11	**03:13:38.10**	**03:13:40.35**	+00:13:04 (6.8%)	6:54	8.7 (93.5%)
5	**TITZ KOZA Julita**	**4013**		K30	5	01:45:40	**03:19:48.85**	**03:19:58.10**	+00:19:22 (9.7%)	7:08	8.4 (90.3%)
6	**MACHALICA Agnieszka**	**3472**		K30	6	01:50:13	**03:27:21.20**	**03:27:22.80**	+00:26:47 (12.9%)	7:24	8.1 (87.1%)
7	**KOŚNIEWSKA Weronika**	**4093**	OBOZYBIEGOWE.PL / PGE NARODOWY	K30	7	01:57:02	**03:32:04.75**	**03:32:19.40**	+00:31:43 (14.9%)	7:34	7.9 (84.9%)
8	**KAMIŃSKA Jolanta**	**4136**		K30	8	01:54:09	**03:32:08.00**	**03:32:42.15**	+00:32:06 (15.1%)	7:34	7.9 (84.9%)
9	**NAUDZIUNAS Agnieszka**	**3911**	NATURAL BORN RUNNERS	K30	9	01:58:17	**03:41:04.70**	**03:41:27.30**	+00:40:51 (18.5%)	7:53	7.6 (81.7%)
10	**KOWALSKA Joanna**	**3979**		K30	10		**03:41:53.55**	**03:42:16.25**	+00:41:40 (18.7%)	7:55	7.6 (81.7%)
11	**GADOMSKA Anna**	**3615**	PZU SPORT TEAM	K30	11	01:59:21	**03:42:28.15**	**03:42:41.70**	+00:42:05 (18.9%)	7:56	7.6 (81.7%)
12	**SŁOWIŃSKA Karolina**	**3419**		K30	12	02:00:03	**03:47:25.50**	**03:48:18.90**	+00:47:43 (20.9%)	8:07	7.4 (79.6%)
13	**WALKOWIAK Iwona**	**4138**		K30	13	01:57:31	**03:49:16.65**	**03:49:18.75**	+00:48:43 (21.2%)	8:11	7.3 (78.5%)
14	**BARTŁOMIEJSKA Urszula**	**3384**		K30	14	02:03:21	**03:49:56.30**	**03:50:01.35**	+00:49:25 (21.5%)	8:12	7.3 (78.5%)
15	**SZUMIGAJ-MIŁOSZ Alicja**	**3872**		K30	15	02:01:30	**03:50:46.25**	**03:51:07.40**	+00:50:31 (21.9%)	8:14	7.3 (78.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
16	**KOWALSKA Justyna**	**3917**	MORSY OŚNO LUBUSKIE	K30	16	02:06:26	**03:52:49.80**	**03:53:01.50**	+00:52:25 (22.5%)	8:18	7.2 (77.4%)
17	**LISIECKA Małgorzata**	**4095**	BIEGAM NA TARCHOMINIE	K30	17	02:12:46	**03:54:24.75**	**03:55:11.35**	+00:54:35 (23.2%)	8:22	7.2 (77.4%)
18	**GRELA Kinga**	**3798**		K30	18	02:10:56	**03:54:45.05**	**03:55:26.95**	+00:54:51 (23.3%)	8:23	7.2 (77.4%)
19	**STARZYŃSKA Katarzyna**	**4117**	SKŁADAKI PIŁA	K30	19	02:00:57	**04:03:08.30**	**04:03:34.15**	+01:02:58 (25.9%)	8:41	6.9 (74.2%)
20	**NAPIONTEK Maria**	**4024**		K30	20	02:13:18	**04:05:01.75**	**04:05:43.05**	+01:05:07 (26.5%)	8:45	6.9 (74.2%)
21	**LEDWOLORZ Anna**	**3691**	VEGE RUNNERS	K30	21	02:13:40	**04:07:35.50**	**04:08:20.25**	+01:07:44 (27.3%)	8:50	6.8 (73.1%)
22	**ROSZKIEWICZ Agnieszka**	**3807**		K30	22	01:59:21	**04:08:36.80**	**04:08:42.65**	+01:08:06 (27.4%)	8:52	6.8 (73.1%)
23	**JABŁOŃSKA Iza**	**3808**		K30	23	02:00:17	**04:08:36.90**	**04:08:42.80**	+01:08:07 (27.4%)	8:52	6.8 (73.1%)
24	**WIĘCIELEWSKA Joanna**	**3705**	BIGYELLOWFOOTADVENTURETEAM	K30	24	02:09:02	**04:11:14.80**	**04:11:43.25**	+01:11:07 (28.3%)	8:58	6.7 (72.0%)
25	**KUCZEWSKA Eliza**	**3582**		K30	25	02:15:20	**04:12:01.50**	**04:12:50.50**	+01:12:14 (28.6%)	9:00	6.7 (72.0%)
26	**MIKULSKA Aneta**	**3353**	ROZBIEGANY SULEJÓWEK	K30	26	02:15:40	**04:12:49.60**	**04:13:12.20**	+01:12:36 (28.7%)	9:01	6.6 (71.0%)
27	**KRAMKOWSKA Agnieszka**	**3345**		K30	27	02:12:54	**04:13:23.60**	**04:13:49.25**	+01:13:13 (28.8%)	9:03	6.6 (71.0%)
28	**ŁAGOŻNY Jolanta**	**3495**	POZYTYWNIE ZABIEGANI SANOK	K30	28	02:09:27	**04:14:25.45**	**04:14:40.70**	+01:14:04 (29.1%)	9:05	6.6 (71.0%)
29	**WICHERKIEWICZ Ilona**	**3687**		K30	29	02:13:29	**04:16:29.40**	**04:17:00.40**	+01:16:24 (29.7%)	9:09	6.6 (71.0%)
30	**LAZARSKA Małgorzata**	**3997**	POWER TRAINING	K30	30	02:13:02	**04:17:00.40**	**04:18:12.00**	+01:17:36 (30.1%)	9:10	6.5 (69.9%)
31	**FIDALI Beata**	**4090**	KLUB PODRÓŻNIKÓW ŚRÓDZIEMIE	K30	31	02:22:06	**04:18:22.95**	**04:18:57.05**	+01:18:21 (30.3%)	9:13	6.5 (69.9%)
32	**KAWALEC Katarzyna**	**3861**	BRZOSTECKIE OWIECZKI	K30	32	02:15:18	**04:18:14.05**	**04:19:24.85**	+01:18:49 (30.4%)	9:13	6.5 (69.9%)
33	**HANDERMANDER Agnieszka**	**3553**		K30	33	02:16:40	**04:19:32.45**	**04:19:50.90**	+01:19:15 (30.5%)	9:16	6.5 (69.9%)
34	**SZYMAŃSKA Agnieszka**	**3367**		K30	34	02:07:07	**04:23:54.55**	**04:24:15.55**	+01:23:39 (31.7%)	9:25	6.4 (68.8%)
35	**PAWELCZYK Anita**	**4067**	OSTRE SROKI	K30	35	02:13:47	**04:24:36.50**	**04:24:53.65**	+01:24:17 (31.8%)	9:27	6.3 (67.7%)
36	**KOSIEDOWSKA Marta**	**3576**		K30	36	02:14:55	**04:24:25.20**	**04:25:13.80**	+01:24:38 (31.9%)	9:26	6.4 (68.8%)
37	**MIŁOWSKA Justyna**	**3308**		K30	37	02:14:14	**04:22:53.70**	**04:27:00.90**	+01:26:25 (32.4%)	9:23	6.4 (68.8%)
38	**SARNOWSKA Karolina**	**3646**	PRORUNNING PROMOTION	K30	38	02:07:07	**04:26:42.10**	**04:27:04.75**	+01:26:29 (32.4%)	9:31	6.3 (67.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
39	**NORKOWSKA Aleksandra**	**3635**	ORNAGE POLSKA	K30	39	02:21:00	**04:25:48.45**	**04:27:13.75**	+01:26:38 (32.4%)	9:29	6.3 (67.7%)
40	**NIERADKA Katarzyna**	**4180**		K30	40	02:23:13	**04:25:37.90**	**04:27:16.05**	+01:26:40 (32.4%)	9:29	6.3 (67.7%)
41	**SMOŁA Ilona**	**3498**		K30	41	02:21:29	**04:25:52.75**	**04:27:19.30**	+01:26:43 (32.4%)	9:29	6.3 (67.7%)
42	**BIAŁECKA Urszula**	**3603**	AXA RUNNING TEAM	K30	42	02:16:12	**04:26:25.70**	**04:27:27.00**	+01:26:51 (32.5%)	9:30	6.3 (67.7%)
43	**ŁATA Katarzyna**	**4156**		K30	43	02:16:13	**04:27:15.05**	**04:27:57.85**	+01:27:22 (32.6%)	9:32	6.3 (67.7%)
44	**CIESIELSKA Marta**	**3621**		K30	44	02:23:34	**04:27:30.05**	**04:28:18.05**	+01:27:42 (32.7%)	9:33	6.3 (67.7%)
45	**OSYDA Sylwia**	**3325**		K30	45	02:23:50	**04:27:39.25**	**04:29:03.65**	+01:28:27 (32.9%)	9:33	6.3 (67.7%)
46	**SIECZKA Renata**	**3850**		K30	46	02:21:07	**04:28:27.50**	**04:29:34.15**	+01:28:58 (33.0%)	9:35	6.3 (67.7%)
47	**ZAJĄC Anna**	**3510**		K30	47	02:28:02	**04:29:52.00**	**04:30:20.20**	+01:29:44 (33.2%)	9:38	6.2 (66.7%)
48	**KAWALEC Magdalena**	**3862**	BRZOSTECKIE OWIECZKI	K30	48	02:23:02	**04:30:41.70**	**04:31:52.30**	+01:31:16 (33.6%)	9:40	6.2 (66.7%)
49	**NOWAK Katarzyna**	**3666**	DZIKIE GRUBASY SZATANA	K30	49	02:17:57	**04:33:42.60**	**04:34:24.95**	+01:33:49 (34.2%)	9:46	6.1 (65.6%)
50	**WÓJCIK Magdalena**	**4126**		K30	50	02:14:19	**04:36:05.40**	**04:36:20.60**	+01:35:44 (34.6%)	9:51	6.1 (65.6%)
51	**BARSKA Barbara**	**3497**		K30	51	02:12:45	**04:37:10.70**	**04:37:38.25**	+01:37:02 (35.0%)	9:53	6.1 (65.6%)
52	**STĘPIEŃ Marlena**	**4011**		K30	52	02:22:10	**04:38:03.30**	**04:38:38.10**	+01:38:02 (35.2%)	9:55	6 (64.5%)
53	**SOBORSKA Sylwia**	**3447**	SAINT-GOBAIN INNOVATIVE MATERIALS POLSKA SP. Z O.O.	K30	53	02:13:47	**04:40:00.55**	**04:40:04.25**	+01:39:28 (35.5%)	10:00	6 (64.5%)
54	**PARYS Marzena**	**3417**	BIEGAJĄCE ŻABCIE	K30	54	02:25:33	**04:39:38.15**	**04:40:41.50**	+01:40:05 (35.7%)	9:59	6 (64.5%)
55	**KUCZYŃSKA Karolina**	**4020**		K30	55	02:28:49	**04:39:31.40**	**04:40:50.00**	+01:40:14 (35.7%)	9:59	6 (64.5%)
56	**BARTOSIEWICZ Daria**	**3673**	DZIKIE GRUBASY SZATANA	K30	56	02:23:07	**04:40:12.90**	**04:40:54.70**	+01:40:18 (35.7%)	10:00	6 (64.5%)
57	**TYLUTKI Kinga**	**3830**		K30	57	02:14:48	**04:40:10.20**	**04:40:57.05**	+01:40:21 (35.7%)	10:00	6 (64.5%)
58	**CIURZYNSKA Zuzanna**	**4169**	COCA-COLA RUNNERS	K30	58	02:22:39	**04:40:49.85**	**04:41:02.95**	+01:40:27 (35.7%)	10:01	6 (64.5%)
59	**STUSIŃSKA Jowita**	**3926**	PIRORUNNERS	K30	59	02:27:25	**04:39:55.95**	**04:41:17.95**	+01:40:42 (35.8%)	9:59	6 (64.5%)
60	**KUCZAKOWSKA Joanna**	**4190**		K30	60	02:28:18	**04:41:03.20**	**04:41:56.25**	+01:41:20 (35.9%)	10:02	6 (64.5%)
61	**GUZEK Ewa**	**3697**	DZIKIE GRUBASY SZATANA	K30	61	02:31:37	**04:43:12.00**	**04:43:55.45**	+01:43:19 (36.4%)	10:06	5.9 (63.4%)

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62	**ŻOŁNIEROWICZ Joanna**	**3873**	BIEGAM BO LUBIĘ ZĄBKI TEAM	K30	62	02:29:40	**04:45:02.15**	**04:45:27.25**	+01:44:51 (36.7%)	10:10	5.9 (63.4%)
63	**WINICKA Daria**	**3481**		K30	63	02:22:02	**04:44:26.90**	**04:45:29.05**	+01:44:53 (36.7%)	10:09	5.9 (63.4%)
64	**KUSZ Gosia**	**3397**		K30	64	02:22:06	**04:44:28.30**	**04:45:29.40**	+01:44:53 (36.7%)	10:09	5.9 (63.4%)
65	**BOCIARSKA Magdalena**	**3912**		K30	65	02:26:18	**04:44:22.65**	**04:45:49.45**	+01:45:13 (36.8%)	10:09	5.9 (63.4%)
66	**MALETKA Joanna**	**3547**		K30	66	02:17:53	**04:45:13.65**	**04:45:56.00**	+01:45:20 (36.8%)	10:11	5.9 (63.4%)
67	**TUREK Paulina**	**3647**	PRORUNNING PROMOTION	K30	67	02:18:48	**04:45:35.65**	**04:45:58.25**	+01:45:22 (36.8%)	10:12	5.9 (63.4%)
68	**FRĄCKOWIAK Aneta**	**3402**	MAMY-BIEGAMY	K30	68	02:28:33	**04:47:42.30**	**04:49:09.95**	+01:48:34 (37.5%)	10:16	5.8 (62.4%)
69	**NOWICKA Iwona**	**3947**	BOOTCAMP POLSKA	K30	69	02:25:02	**04:49:09.40**	**04:49:16.55**	+01:48:40 (37.6%)	10:19	5.8 (62.4%)
70	**LECH Agnieszka**	**3593**	STRZEGOMSKA DWUNASTKA	K30	70	02:22:55	**04:49:03.90**	**04:49:37.70**	+01:49:01 (37.6%)	10:19	5.8 (62.4%)
71	**KOŁOSIONEK Dorota**	**3539**	GRUPA ŚMIERCI RZEŹNICZEK	K30	71	02:23:55	**04:49:17.30**	**04:50:31.00**	+01:49:55 (37.8%)	10:19	5.8 (62.4%)
72	**BARON-CZERWIŃSKA Magda**	**3663**	WUEF CLUB DECATHLON SWADZIM	K30	72	02:22:42	**04:49:53.20**	**04:50:35.10**	+01:49:59 (37.9%)	10:21	5.8 (62.4%)
73	**ŚNIEGOCKA Magdalena**	**3433**	WUEF CLUB SWADZIM DECATLON/STADO PEDZĄCYCH ŚLIMAKÓW	K30	73	02:29:56	**04:50:51.35**	**04:51:27.85**	+01:50:52 (38.0%)	10:23	5.8 (62.4%)
74	**ZAKRZEWSKA Monika**	**3441**		K30	74	02:22:49	**04:52:06.30**	**04:52:57.70**	+01:52:21 (38.4%)	10:25	5.8 (62.4%)
75	**GRABARSKA Lidia**	**3956**		K30	75	02:31:47	**04:51:51.70**	**04:53:12.85**	+01:52:37 (38.4%)	10:25	5.8 (62.4%)
76	**JAGIELSKA Magdalena**	**3444**	NGB KŁOBUCK	K30	76	02:24:46	**04:56:05.10**	**04:56:36.30**	+01:56:00 (39.1%)	10:34	5.7 (61.3%)
77	**KRAJEWSKA Justyna**	**3854**	YES MAN TEAM	K30	77	02:30:40	**04:56:13.25**	**04:57:06.45**	+01:56:30 (39.2%)	10:34	5.7 (61.3%)
78	**WALCZAK Izabela**	**3370**		K30	78	02:31:39	**04:58:55.70**	**04:59:11.95**	+01:58:36 (39.6%)	10:40	5.6 (60.2%)
79	**MILCZAREK Magdalena**	**3644**	DRUŻYNA ORZECHA ŻYRARDÓW	K30	79	02:22:35	**04:59:35.45**	**05:00:40.40**	+02:00:04 (39.9%)	10:42	5.6 (60.2%)
80	**PAWŁOWSKA Katarzyna**	**3514**		K30	80		**05:02:32.75**	**05:02:32.75**	+02:01:57 (40.3%)	10:48	5.6 (60.2%)
81	**BOROWIEC Renata**	**3378**	MAMY BIEGAMY KIELCE	K30	81	02:34:05	**05:01:35.45**	**05:02:54.20**	+02:02:18 (40.4%)	10:46	5.6 (60.2%)
82	**KAWECKA Magdalena**	**3789**	BIEGAM BO LUBIĘ ZĄBKI TEAM	K30	82	02:37:00	**05:03:26.35**	**05:03:52.05**	+02:03:16 (40.6%)	10:50	5.5 (59.1%)
83	**GIEDROJC Iwona**	**3451**	PZU SPORT TEAM	K30	83	02:36:53	**05:04:01.75**	**05:04:56.90**	+02:04:21 (40.8%)	10:51	5.5 (59.1%)
84	**DĄBROWSKA Edyta**	**4132**		K30	84	02:30:38	**05:04:03.00**	**05:05:10.75**	+02:04:35 (40.8%)	10:51	5.5 (59.1%)

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85	**NIEĆ Melania**	**4241**		K30	85	02:42:57	**05:04:13.15**	**05:05:52.95**	+02:05:17 (41.0%)	10:51	5.5 (59.1%)
86	**ROSIEK Anna**	**3908**	MKS HALICZ	K30	86	02:41:33	**05:05:14.80**	**05:06:37.10**	+02:06:01 (41.1%)	10:54	5.5 (59.1%)
87	**BAGIŃSKA Anna**	**3936**		K30	87	02:35:57	**05:05:25.10**	**05:06:57.25**	+02:06:21 (41.2%)	10:54	5.5 (59.1%)
88	**OKAPIEC Aleksandra**	**3544**	AXA RUNNING TEAM	K30	88	02:36:44	**05:06:56.90**	**05:07:58.95**	+02:07:23 (41.4%)	10:57	5.5 (59.1%)
89	**ZALEWSKA Katarzyna**	**3713**		K30	89	02:40:18	**05:08:14.95**	**05:09:31.25**	+02:08:55 (41.7%)	11:00	5.5 (59.1%)
90	**RIEFF Anna**	**3392**		K30	90	02:37:48	**05:08:10.10**	**05:09:32.15**	+02:08:56 (41.7%)	11:00	5.5 (59.1%)
91	**OSIKOWSKA Aleksandra**	**3440**	POWER TRAINING	K30	91	02:37:49	**05:08:10.25**	**05:09:32.40**	+02:08:56 (41.7%)	11:00	5.5 (59.1%)
92	**WOJNAROWSKA Weronika**	**3731**	RUNEDA	K30	92	02:34:31	**05:08:31.05**	**05:09:40.35**	+02:09:04 (41.7%)	11:01	5.4 (58.1%)
93	**SROCZYŃSKA Justyna**	**4012**	OSTRE SROKI	K30	93	02:37:52	**05:08:47.30**	**05:09:41.80**	+02:09:06 (41.7%)	11:01	5.4 (58.1%)
94	**KOZŁOWSKA Anna**	**4185**	VEGE RUNNERS	K30	94	02:46:47	**05:08:47.85**	**05:10:15.15**	+02:09:39 (41.8%)	11:01	5.4 (58.1%)
95	**KONOPKA Anna**	**3466**	KASZUBSKA PONIEWIERKA	K30	95	02:32:47	**05:11:27.25**	**05:12:35.20**	+02:11:59 (42.2%)	11:07	5.4 (58.1%)
96	**GROCHOWSKA Joanna**	**4124**	SKŁADAKI PIŁA	K30	96	02:41:18	**05:13:16.60**	**05:13:46.10**	+02:13:10 (42.4%)	11:11	5.4 (58.1%)
97	**PIELACHOWSKA Agata**	**4015**		K30	97	02:37:28	**05:12:45.50**	**05:14:04.80**	+02:13:29 (42.5%)	11:10	5.4 (58.1%)
98	**SKOREK-BILCZYŃSKA Patrycja**	**3653**	#CZELADZBIEGA	K30	98	02:32:18	**05:13:18.90**	**05:14:41.90**	+02:14:06 (42.6%)	11:11	5.4 (58.1%)
99	**POSIŁA Joanna**	**3971**	COCA-COLA RUNNERS	K30	99	02:43:57	**05:15:16.55**	**05:16:41.80**	+02:16:06 (43.0%)	11:15	5.3 (57.0%)
100	**ZAJĄC Ewelina**	**4083**		K30	100	02:37:07	**05:16:51.85**	**05:17:20.65**	+02:16:44 (43.1%)	11:19	5.3 (57.0%)
101	**WOJDYŁ Anna**	**3599**		K30	101	02:44:41	**05:16:16.75**	**05:17:33.50**	+02:16:57 (43.1%)	11:17	5.3 (57.0%)
102	**SZWARC Barbara**	**3924**	WKURW_TEAM	K30	102	02:38:25	**05:16:40.00**	**05:17:37.70**	+02:17:01 (43.1%)	11:18	5.3 (57.0%)
103	**MRÓWKA Kasia**	**4105**	HUSARIA RACE TEAM	K30	103	02:37:19	**05:21:50.50**	**05:22:38.50**	+02:22:02 (44.0%)	11:29	5.2 (55.9%)
104	**MARCINCZAK Anna**	**3388**	MAMY-BIEGAMY	K30	104	02:42:27	**05:21:21.75**	**05:22:49.75**	+02:22:14 (44.1%)	11:28	5.2 (55.9%)
105	**KOWALEWSKA Katarzyna**	**3596**		K30	105	02:40:36	**05:22:33.75**	**05:23:38.05**	+02:23:02 (44.2%)	11:31	5.2 (55.9%)
106	**KLOCEK Ewelina**	**4176**	SKŁADAKI PIŁA	K30	106	02:47:22	**05:23:41.60**	**05:24:12.45**	+02:23:36 (44.3%)	11:33	5.2 (55.9%)
107	**KOLAJ Ewelina**	**3738**	RUNRACE.PL	K30	107	02:27:21	**05:26:13.50**	**05:27:24.60**	+02:26:48 (44.8%)	11:39	5.1 (54.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
108	**RADZIEŃSKA Kamila**	**3700**	MAMY-BIEGAMY	K30	108	02:43:09	**05:25:52.90**	**05:27:30.75**	+02:26:55 (44.9%)	11:38	5.2 (55.9%)
109	**BANASZCZYK Maja**	**4031**		K30	109	02:40:29	**05:27:29.60**	**05:28:22.20**	+02:27:46 (45.0%)	11:41	5.1 (54.8%)
110	**ZIEŃKOWSKA Izabela**	**3442**	LUBLIN BIEGA/WW TEAM	K30	110	02:43:57	**05:32:55.45**	**05:33:13.10**	+02:32:37 (45.8%)	11:53	5 (53.8%)
110	**LATO Karolina**	**3318**	LUBLIN BIEGA	K30	111	02:43:57	**05:32:55.25**	**05:33:13.10**	+02:32:37 (45.8%)	11:53	5 (53.8%)
112	**PRÓCHNIAK Joanna**	**3541**	GRUPA ŚMIERCI RZEŹNICZEK	K30	112	02:45:57	**05:35:33.35**	**05:36:48.40**	+02:36:12 (46.4%)	11:59	5 (53.8%)
113	**BARCZAK Sylwia**	**3329**	PERFECT RUNNER LUBLIN	K30	113	02:56:50	**05:35:30.80**	**05:37:02.50**	+02:36:26 (46.4%)	11:58	5 (53.8%)
114	**KNAP Ewa**	**3888**	ALBATROSY	K30	114	02:43:42	**05:36:21.30**	**05:37:05.75**	+02:36:30 (46.4%)	12:00	5 (53.8%)
115	**ZADROŻNA Ania**	**3619**		K30	115	02:42:42	**05:36:37.10**	**05:37:35.10**	+02:36:59 (46.5%)	12:01	5 (53.8%)
116	**KRZYŚ Justyna**	**3799**	KLUB MATIEGO	K30	116	02:43:40	**05:39:42.30**	**05:40:22.40**	+02:39:46 (46.9%)	12:07	4.9 (52.7%)
117	**NIESIOBĘDZKA-ROGATKO Karolina**	**3916**	DRAMAT_TEAM	K30	117	02:49:04	**05:40:22.95**	**05:41:31.95**	+02:40:56 (47.1%)	12:09	4.9 (52.7%)
118	**WIŚNIEWSKA-PIĄTY Katarzyna**	**4087**	5IATKA TEAM	K30	118	02:54:12	**05:45:09.25**	**05:46:49.90**	+02:46:14 (47.9%)	12:19	4.9 (52.7%)
119	**JUREK Paulina**	**3543**		K30	119	03:04:49	**05:45:51.95**	**05:47:29.25**	+02:46:53 (48.0%)	12:21	4.9 (52.7%)
120	**KUHN-ZAWADZKA Joanna**	**3939**	KRÓLICZKI W PLECAKU	K30	120	02:39:08	**05:47:22.55**	**05:48:07.90**	+02:47:32 (48.1%)	12:24	4.8 (51.6%)
121	**ŻAK Agnieszka**	**3609**		K30	121	02:55:15	**05:55:59.55**	**05:57:28.95**	+02:56:53 (49.5%)	12:42	4.7 (50.5%)
122	**ŚLĘZAK Hanna**	**4121**	SKŁADAKI PIŁA	K30	122	03:02:25	**05:57:04.40**	**05:57:37.05**	+02:57:01 (49.5%)	12:45	4.7 (50.5%)
123	**DONIEC Katarzyna**	**3696**		K30	123	02:50:40	**05:56:20.35**	**05:57:43.65**	+02:57:07 (49.5%)	12:43	4.7 (50.5%)
124	**NAROLEWSKA Dorota**	**3310**		K30	124	03:00:14	**06:01:14.90**	**06:01:47.55**	+03:01:11 (50.1%)	12:54	4.7 (50.5%)
125	**BALCEWICZ Magda**	**4125**	SKŁADAKI PILA	K30	125	03:18:37	**06:03:54.30**	**06:04:26.15**	+03:03:50 (50.4%)	12:59	4.6 (49.5%)
126	**WIECZOREK Beata**	**3674**	DZIKIE GRUBASY SZATANA	K30	126	03:10:57	**06:04:09.40**	**06:04:53.55**	+03:04:17 (50.5%)	13:00	4.6 (49.5%)
127	**PEDA Kamila**	**4050**	KB DZIK	K30	127	03:01:10	**06:05:31.35**	**06:05:51.85**	+03:05:16 (50.6%)	13:03	4.6 (49.5%)
128	**JANICKA Katarzyna**	**3328**	4EVERFASTER.PL	K30	128	02:53:42	**06:12:18.10**	**06:13:10.40**	+03:12:34 (51.6%)	13:17	4.5 (48.4%)
129	**WYSOCKA Ilona**	**4127**	SKŁADAKI PIŁA	K30	129	02:56:18	**06:14:19.10**	**06:14:48.50**	+03:14:12 (51.8%)	13:22	4.5 (48.4%)
130	**BAŃKOWSKA Monika**	**3690**	BIGYELLOWFOOT ADVENTURE TEAM	K30	130	03:12:35	**06:14:33.05**	**06:14:58.90**	+03:14:23 (51.8%)	13:22	4.5 (48.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
131	**PUŁKOWSKA Patrycja**	**4058**		K30	131	03:12:37	**06:50:59.60**	**06:51:27.05**	+03:50:51 (56.1%)	14:40	4.1 (44.1%)

Znaleziono 131 wynik(ów)