

# RZEŹNIK NA RATY - DZIEŃ III

B4SPORT

**Organizator:** OTK Rzeźnik  
**Data:** 2015-06-03  
**Miejsce:** Smerek/Kalnica  
**Dystans:** 21 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	<b>DOMISZEWSKI Ignacy</b>	<b>67</b>	USTRZYKI DOLNE	M20	1	<b>01:50:09.05</b>	<b>01:50:09.05</b>		5:14	11.4
2	<b>CIOSMAK Andrzej</b>	<b>40</b>	PZU SPORT TEAM	M30	1	<b>02:02:03.85</b>	<b>02:02:03.85</b>	+00:11:54	5:48	10.3
3	<b>GARDENER Jacek</b>	<b>39</b>	JACEKBIEGA RUNNING TEAM	M40	1	<b>02:02:13.10</b>	<b>02:02:13.10</b>	+00:12:04	5:49	10.3
4	<b>JAKUBCZYK Paweł</b>	<b>30</b>	CKBABCIE	M30	2	<b>02:12:46.60</b>	<b>02:12:46.60</b>	+00:22:37	6:19	9.5
5	<b>WĘGIELEWSKI Bartosz</b>	<b>52</b>		M30	3	<b>02:17:27.90</b>	<b>02:17:27.90</b>	+00:27:18	6:32	9.2
6	<b>CYGANEK Grzegorz</b>	<b>47</b>	BYDGOSZCZ	M30	4	<b>02:19:06.75</b>	<b>02:19:06.75</b>	+00:28:57	6:37	9.1
7	<b>BONDARA Sylwia</b>	<b>71</b>	JACEK BIEGA	K20	1	<b>02:19:12.90</b>	<b>02:19:12.90</b>	+00:29:03	6:37	9.1
8	<b>ŚWIERCZYŃSKI Marcin</b>	<b>28</b>	WARSZAWA	M30	5	<b>02:19:22.85</b>	<b>02:19:22.85</b>	+00:29:13	6:38	9
9	<b>JOSYPENKO Jędrzej</b>	<b>66</b>	JACEKBIEGA RUNNING TEAM	M20	2	<b>02:21:56.40</b>	<b>02:21:56.40</b>	+00:31:47	6:45	8.9
10	<b>JOSYPENKO Bożena</b>	<b>65</b>	JACEKBIEGA RUNNING TEAM	K30	1	<b>02:21:56.65</b>	<b>02:21:56.65</b>	+00:31:47	6:45	8.9
11	<b>WOSIK Marek</b>	<b>68</b>		M60	1	<b>02:27:25.30</b>	<b>02:27:25.30</b>	+00:37:16	7:01	8.5
12	<b>KRUPCZYŃSKI Michał</b>	<b>37</b>	KRUPOLS TEAM	M20	3	<b>02:28:27.90</b>	<b>02:28:27.90</b>	+00:38:18	7:04	8.5
13	<b>ZIELIŃSKI Zbigniew</b>	<b>26</b>	WARSZAWA	M40	2	<b>02:34:40.30</b>	<b>02:34:40.30</b>	+00:44:31	7:21	8.1
14	<b>TOMCZYK Ferdynand</b>	<b>48</b>	MODLITWA BIEGANIA GRYFINO	M50	1	<b>02:34:40.40</b>	<b>02:34:40.40</b>	+00:44:31	7:21	8.1
15	<b>SADOWSKI Rafał</b>	<b>63</b>	BEŁCHATÓW	M20	4	<b>02:35:39.60</b>	<b>02:35:39.60</b>	+00:45:30	7:24	8.1
16	<b>PRZYBYLSKI Witek</b>	<b>73</b>	OTK RZEŹNIK	M30	6	<b>02:38:53.35</b>	<b>02:38:53.35</b>	+00:48:44	7:33	7.9
17	<b>STAN Marcin</b>	<b>38</b>	WHITE RABBIT RUNNING TEAM	M40	3	<b>02:39:43.05</b>	<b>02:39:43.05</b>	+00:49:34	7:36	7.9
18	<b>BARCEWICZ Marta</b>	<b>54</b>	12TRI.PL DRUŻYNA WILKA OLSZTYN	K20	2	<b>02:41:29.70</b>	<b>02:41:29.70</b>	+00:51:20	7:41	7.8
19	<b>KWIATEK Tomasz</b>	<b>25</b>	JACEKBIEGA RUNNING TEAM	M30	7	<b>02:44:33.45</b>	<b>02:44:33.45</b>	+00:54:24	7:50	7.7
20	<b>KONSTANTY Katarzyna</b>	<b>10</b>	KRAKÓW	K30	2	<b>02:44:43.30</b>	<b>02:44:43.30</b>	+00:54:34	7:50	7.6
20	<b>PRÓBAN Robert</b>	<b>64</b>	GLIWICE	M30	8	<b>02:44:43.30</b>	<b>02:44:43.30</b>	+00:54:34	7:50	7.6
22	<b>GAURA Łukasz</b>	<b>11</b>	BYDGOSZCZ	M30	9	<b>02:45:59.95</b>	<b>02:45:59.95</b>	+00:55:50	7:54	7.6
23	<b>FAFARA Marek</b>	<b>17</b>	KS KOZIOŁEK	M30	10	<b>02:48:46.50</b>	<b>02:48:46.50</b>	+00:58:37	8:02	7.5
24	<b>GRONIECKI Mikołaj</b>	<b>33</b>	WARSZAWA	M30	11	<b>02:52:27.30</b>	<b>02:52:27.30</b>	+01:02:18	8:12	7.3
25	<b>JAKUBCZYK Dariusz</b>	<b>31</b>	CKBABCIE	M30	12	<b>02:53:40.00</b>	<b>02:53:40.00</b>	+01:03:30	8:16	7.3
26	<b>LENARCZYK Marcin</b>	<b>42</b>		M30	13	<b>02:53:48.65</b>	<b>02:53:48.65</b>	+01:03:39	8:16	7.2
27	<b>STYCZEŃ Piotr</b>	<b>24</b>	CKBABCIE	M30	14	<b>02:53:55.40</b>	<b>02:53:55.40</b>	+01:03:46	8:16	7.2
28	<b>SŁOWIŃSKI Karol</b>	<b>72</b>		M30	15	<b>02:54:47.10</b>	<b>02:54:47.10</b>	+01:04:38	8:19	7.2
29	<b>STENCEL Piotr</b>	<b>61</b>	WODZISŁAW ŚLĄSKI	M40	4	<b>02:57:44.90</b>	<b>02:57:44.90</b>	+01:07:35	8:27	7.1
30	<b>GURAK-STENCEL Izabela</b>	<b>62</b>	WODZISŁAW ŚLĄSKI	K40	1	<b>02:57:45.05</b>	<b>02:57:45.05</b>	+01:07:36	8:27	7.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
31	<b>KRUPCZYŃSKI Mariusz</b>	<b>27</b>	KRUPOLS TEAM	M50	2	<b>03:00:33.30</b>	<b>03:00:33.30</b>	+01:10:24	8:35	7
32	<b>KRUPCZYŃSKI Szymon</b>	<b>36</b>	KRUPOLS TEAM	M20	5	<b>03:00:33.40</b>	<b>03:00:33.40</b>	+01:10:24	8:35	7
33	<b>GURDEK Weronika</b>	<b>19</b>	KRAKÓW	K20	3	<b>03:01:51.90</b>	<b>03:01:51.90</b>	+01:11:42	8:39	6.9
34	<b>ZARZYCKA Monika</b>	<b>12</b>	KB JOGGER NOWY DWÓR MAZOWECKI	K20	4	<b>03:03:01.25</b>	<b>03:03:01.25</b>	+01:12:52	8:42	6.9
35	<b>GŁOWACKI Michał</b>	<b>50</b>	ŁĘCZYCA	M20	6	<b>03:03:58.60</b>	<b>03:03:58.60</b>	+01:13:49	8:45	6.8
36	<b>GREWIŃSKI Tomasz</b>	<b>43</b>	RUN KAYAX RUN	M40	5	<b>03:03:58.70</b>	<b>03:03:58.70</b>	+01:13:49	8:45	6.8
37	<b>ŁYSAKIEWICZ Paweł</b>	<b>13</b>	NSK PERON	M20	7	<b>03:04:15.65</b>	<b>03:04:15.65</b>	+01:14:06	8:46	6.8
38	<b>BUĆKO Artur</b>	<b>21</b>	JELEŃIA GÓRA	M50	3	<b>03:04:50.20</b>	<b>03:04:50.20</b>	+01:14:41	8:48	6.8
39	<b>PRĘDKI Mirosław</b>	<b>59</b>	JASŁO	M30	16	<b>03:08:02.55</b>	<b>03:08:02.55</b>	+01:17:53	8:57	6.7
40	<b>ZOCHNIAK Marek</b>	<b>46</b>	PIASTÓW	M50	4	<b>03:08:35.90</b>	<b>03:08:35.90</b>	+01:18:26	8:58	6.7
41	<b>KRYSIAK Robert</b>	<b>53</b>		M40	6	<b>03:08:52.50</b>	<b>03:08:52.50</b>	+01:18:43	8:59	6.7
42	<b>DMOWSKI Paweł</b>	<b>51</b>	ŁĘCZYCA	M20	8	<b>03:14:28.00</b>	<b>03:14:28.00</b>	+01:24:18	9:15	6.5
43	<b>KOWALCZYK Mariusz</b>	<b>18</b>	RADOM	M30	17	<b>03:15:30.65</b>	<b>03:15:30.65</b>	+01:25:21	9:18	6.4
44	<b>STAWIARSKI Jakub</b>	<b>55</b>	LONGPLAY GORZÓW WLKP	M20	9	<b>03:15:30.95</b>	<b>03:15:30.95</b>	+01:25:21	9:18	6.4
45	<b>ANDRZEJEWSKI Maciej</b>	<b>34</b>	WARSZAWA	M30	18	<b>03:23:55.15</b>	<b>03:23:55.15</b>	+01:33:46	9:42	6.2
46	<b>BRZEZOWSKA Beata</b>	<b>69</b>	ALBATROSY	K40	2	<b>03:30:28.85</b>	<b>03:30:28.85</b>	+01:40:19	10:01	6
47	<b>JABŁOŃSKI Kazimierz</b>	<b>57</b>	PRĄDY	M60	2	<b>03:32:32.05</b>	<b>03:32:32.05</b>	+01:42:23	10:07	5.9
48	<b>ANTOSZ Monika</b>	<b>20</b>	NORAFSPORT	K40	3	<b>03:36:05.35</b>	<b>03:36:05.35</b>	+01:45:56	10:17	5.8
49	<b>KONIK Jarosław</b>	<b>56</b>	BBL KRAKÓW-NORAFSPORT	M40	7	<b>03:36:06.35</b>	<b>03:36:06.35</b>	+01:45:57	10:17	5.8
50	<b>LENARCZYK Michał</b>	<b>41</b>		M20	10	<b>03:58:41.45</b>	<b>03:58:41.45</b>	+02:08:32	11:21	5.3
51	<b>JEŻAK Joanna</b>	<b>58</b>	NOWA HUTA TEAM	K20	5	<b>04:05:25.90</b>	<b>04:05:25.90</b>	+02:15:16	11:41	5.1

Znaleziono 51 wynik(ów)