

RZEŹNIK SKY 2019

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

V FESTIWAL BIEGU RZEŹNIKA
Fundacja Bieg Rzeźnika
2019-06-20
Cisna
52.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka 9.68km	Zubracze 25km	Roztoki 33.7km	Przysłup 42.8km	Kara/ bonifikata	Czas netto 52.4km	Czas brutto 52.4km	Różn	Tempo min/km	Tempo km/h
1	MISIĄK Bartosz	1000	ALPIN SPORT HOKA ONE ONE TEAM	M30	1	00:57:59	02:30:19	03:31:02	04:35:18		05:47:06.30	05:47:08.05		6:37	9.1 (100%)
2	ŻORNIĄK Mateusz	1078	MEGA FASON SIENIAWA	M30	2	01:06:17	02:54:25	04:08:22	05:17:53		06:32:10.50	06:32:12.80	+00:45:04 (11.5%)	7:29	8 (87.9%)
3	BADOWSKI Aleksander	1247	TEAM MOUNTAIN FUEL POLSKA	M30	3	01:01:18	02:48:42	04:05:06	05:35:44		06:58:50.15	06:58:51.60	+01:11:43 (17.1%)	7:59	7.5 (82.4%)
4	DUCKI Piotr	1535	OTK RZEZNIK	M30	4	01:11:28	03:07:33	04:28:16	05:50:47		07:11:11.15	07:11:14.30	+01:24:06 (19.5%)	8:13	7.3 (80.2%)
5	CAŁKA Bartłomiej	1329	INOBE	M30	5	01:15:02	03:21:08	04:43:25	06:01:08		07:18:54.90	07:18:59.65	+01:31:51 (20.9%)	8:22	7.2 (79.1%)
6	DUDEK Mirosław	1088	SNG WILD DUCKS	M30	6	01:08:16	03:09:39	04:37:02	06:00:48		07:24:39.15	07:24:41.90	+01:37:33 (21.9%)	8:29	7.1 (78.0%)
7	POPIEL Andrzej	1390	POPSMART.PL	M30	7	01:16:31	03:24:57	04:49:03	06:11:36		07:33:32.50	07:33:35.15	+01:46:27 (23.5%)	8:39	6.9 (75.8%)
8	DUDA Konrad	1143		M30	8	01:13:50	03:16:36	04:40:50	06:08:32		07:37:07.40	07:37:13.25	+01:50:05 (24.1%)	8:43	6.9 (75.8%)
9	PODGÓRSKI Bogusz	1375	CZARNAMILA	M30	9	01:08:07	03:10:01	04:35:42	06:11:50		07:40:15.50	07:40:23.30	+01:53:15 (24.6%)	8:47	6.8 (74.7%)
10	WOŹNIAK Radosław	1190	SKAWINA BIEGA	M30	10	01:13:41	03:21:31	04:50:33	06:17:12		07:46:29.55	07:46:35.25	+01:59:27 (25.6%)	8:54	6.7 (73.6%)
11	PYTŁOS Marcin	1470		M30	11	01:16:27	03:29:53	04:58:15	06:18:49		07:49:39.60	07:49:42.25	+02:02:34 (26.1%)	8:57	6.7 (73.6%)
12	SIEMIENIEC Marcin	1152	NOA WILD RUNNERS	M30	12	01:13:45	03:25:53	04:52:19	06:17:31		07:50:40.85	07:50:42.00	+02:03:33 (26.3%)	8:58	6.7 (73.6%)
13	KUBICZAK Jan	1378	PARUM CANIS DELTA	M30	13	01:08:01	03:13:26	04:50:13	06:21:26		07:50:23.95	07:50:43.40	+02:03:35 (26.3%)	8:58	6.7 (73.6%)
14	BASAŁ Marek	1122		M30	14	01:20:11	03:29:14	04:58:49	06:26:03		07:53:29.05	07:53:55.20	+02:06:47 (26.8%)	9:02	6.6 (72.5%)
15	ZAWADZKI Andrzej	1289	MKS SIECHNICE	M30	15	01:12:19	03:24:57	04:58:38	06:25:42		07:56:01.25	07:56:10.55	+02:09:02 (27.1%)	9:05	6.6 (72.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km	bonifikata	netto 52.4km	brutto 52.4km			
16	KWIATKOWSKI Michael	1074		M30	16	01:09:56	03:13:54	04:44:13	06:14:18		07:57:53.95	07:57:55.70	+02:10:47 (27.4%)	9:07	6.6 (72.5%)
17	CIEŚLIK Sebastian	1497		M30	17	01:21:45	03:19:38	04:42:25	06:03:54	00:30:00	07:57:20.35	07:58:05.10	+02:10:57 (27.4%)	8:32	7 (76.9%)
18	DAJEK Łukasz	1208		M30	18	01:19:46	03:31:43	05:08:29	06:38:11		08:00:28.15	08:01:05.30	+02:13:57 (27.8%)	9:10	6.5 (71.4%)
19	STACHURSKI Paweł	1487		M30	19	01:15:31	03:34:56	05:08:19	06:35:55		08:01:33.60	08:01:48.60	+02:14:40 (28.0%)	9:11	6.5 (71.4%)
20	LITWIN Bartłomiej	1324	WKURW_TEAM	M30	20	01:23:13	03:41:55	05:13:43	06:41:14		08:04:03.65	08:04:27.60	+02:17:19 (28.3%)	9:14	6.5 (71.4%)
21	CHOJNACKI Wiktor	1270		M30	21	01:13:38	03:25:02	04:57:27	06:30:35		08:08:01.55	08:08:13.05	+02:21:05 (28.9%)	9:18	6.4 (70.3%)
22	KOPEL Rafał	1222	7	M30	22	01:12:24	03:28:09	05:00:16	06:36:00		08:10:05.70	08:10:11.55	+02:23:03 (29.2%)	9:21	6.4 (70.3%)
23	NOWICKI Tomasz	1108		M30	23	01:26:06	03:42:06	05:15:05	06:45:41		08:16:24.45	08:16:34.90	+02:29:26 (30.1%)	9:28	6.3 (69.2%)
24	PRZYDANEK Karol	1096		M30	24	01:09:21	03:27:02	05:07:06	06:47:05		08:19:32.40	08:19:34.60	+02:32:26 (30.5%)	9:31	6.3 (69.2%)
25	SAWICKI Marcin	1409		M30	25	01:17:55	03:37:29	05:14:56	06:52:03		08:22:21.30	08:22:25.30	+02:35:17 (30.9%)	9:35	6.3 (69.2%)
26	MIKUŚKIEWICZ Piotr	1144	WKURW_TEAM	M30	26	01:32:57	03:52:56	05:29:48	06:55:51		08:22:13.70	08:22:29.20	+02:35:21 (30.9%)	9:35	6.3 (69.2%)
27	SADOWSKI Rafał	1520	KB SPARTAKUS	M30	27	01:16:35	03:31:50	05:17:17	06:50:55		08:24:10.25	08:24:20.50	+02:37:12 (31.2%)	9:37	6.2 (68.1%)
28	DĄBKOWSKI Wojciech	1531	DĄBEKTEAM	M30	28	01:24:56	03:42:17	05:18:39	06:52:27		08:25:15.70	08:25:38.45	+02:38:30 (31.3%)	9:38	6.2 (68.1%)
29	ŻBIK Bartosz	1365	SMART THERAPY	M30	29	01:24:49	03:45:47	05:22:34	06:54:28		08:27:24.75	08:27:34.35	+02:40:26 (31.6%)	9:41	6.2 (68.1%)
30	GOC Paweł	1292		M30	30	01:12:56	03:13:51	04:48:02	06:51:24		08:29:08.90	08:29:16.25	+02:42:08 (31.8%)	9:42	6.2 (68.1%)
31	GROSFELD Karol	1335	ZABIEGANI CZĘSTOCHOWA	M30	31	01:24:38	03:43:20	05:15:24	06:52:19		08:32:37.85	08:32:53.20	+02:45:45 (32.3%)	9:46	6.1 (67.0%)
32	SIKORA Łukasz	1211	GRUPA NOMAX	M30	32	01:27:56	03:56:33	05:37:41	07:10:04		08:34:13.20	08:34:28.05	+02:47:20 (32.5%)	9:48	6.1 (67.0%)
33	HYRNIK Wojciech	1417		M30	33	01:20:14	03:45:50	05:22:37	06:58:35		08:37:59.00	08:38:07.80	+02:50:59 (33.0%)	9:53	6.1 (67.0%)
34	SUDNIK Krzysztof	1093		M30	34	01:26:02	03:47:32	05:29:55	07:07:50		08:40:23.55	08:40:46.70	+02:53:38 (33.3%)	9:55	6 (65.9%)
35	KIERNICKI Łukasz	1083	FUN&RUN	M30	35	01:29:59	03:55:59	05:32:04	07:06:06		08:44:26.05	08:44:46.90	+02:57:38 (33.9%)	10:00	6 (65.9%)
36	KOWALSKI Łukasz	1160		M30	36	01:29:21	03:57:13	05:37:01	07:09:16		08:45:39.05	08:46:26.95	+02:59:18 (34.1%)	10:01	6 (65.9%)
37	SZYMCZAK Łukasz	1427	SSW TEAM KROŚNICE	M30	37	01:26:17	03:51:38	05:26:42	07:05:47		08:46:29.65	08:46:36.75	+02:59:28 (34.1%)	10:02	6 (65.9%)
38	ZAJĄC Paweł	1488		M30	38	01:24:59	03:45:34	05:25:51	07:03:47		08:49:00.65	08:49:36.25	+03:02:28 (34.5%)	10:05	5.9 (64.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka 9.68km	Zubracze 25km	Roztoki 33.7km	Przyslup 42.8km	Kara/ bonifikata	Czas netto 52.4km	Czas brutto 52.4km	Różn	Tempo min/km	Tempo km/h
39	KRUPA Piotr	1433	KOPALNIA MOCY	M30	39	01:29:13	03:57:49	05:36:57	07:12:16		08:50:14.65	08:50:30.95	+03:03:22 (34.6%)	10:07	5.9 (64.8%)
40	GRUPA Jarek	1307	SZWLA	M30	40	01:20:39	03:54:45	05:30:16	07:07:09		08:51:08.80	08:51:11.45	+03:04:03 (34.6%)	10:08	5.9 (64.8%)
41	STARZYK Sebastian	1079	OCR TEAM DĘBICA	M30	41	01:29:27	04:05:11	05:46:45	07:24:08		08:50:43.15	08:52:10.65	+03:05:02 (34.8%)	10:07	5.9 (64.8%)
42	DĄBROWA Piotr	1183	DECATHLON	M30	42	01:26:00	03:51:02	05:28:51	07:08:48		08:52:44.35	08:52:50.20	+03:05:42 (34.9%)	10:10	5.9 (64.8%)
43	JANKOWSKI Adrian	413 X	BIRELL ISOTONIC TEAM	M30	43	01:27:00	03:54:48	05:42:28	07:19:45		08:52:52.15	08:53:02.30	+03:05:54 (34.9%)	10:10	5.9 (64.8%)
44	KOPEĆ Paweł	1267	RZESZOWSKIE GAZELE I GEPARDY	M30	44	01:25:12	03:57:23	05:44:47	07:22:05		08:56:47.65	08:57:08.50	+03:10:00 (35.4%)	10:14	5.9 (64.8%)
45	MAZURKIEWICZ Maks	1077	KS BERO / FORFIT	M30	45	01:39:06	04:13:26	05:48:38	07:24:23		08:59:54.00	09:00:37.30	+03:13:29 (35.8%)	10:18	5.8 (63.7%)
46	SKURATKO Adrian	1253	RONAL POLSKA RUN	M30	46	01:12:30	03:46:14	05:40:10	07:25:32		09:01:53.30	09:02:00.25	+03:14:52 (36.0%)	10:20	5.8 (63.7%)
47	JARZĄB Marcin	1046		M30	47	01:36:07	04:07:29	05:57:13	07:34:20		09:11:27.85	09:11:44.30	+03:24:36 (37.1%)	10:31	5.7 (62.6%)
48	OKRUTNIAK Sławomir	1053		M30	48	01:31:33	04:04:22	05:43:30	07:31:15		09:13:05.40	09:13:08.80	+03:26:00 (37.2%)	10:33	5.7 (62.6%)
49	MAGOŃ Łukasz	1227	HUSARIA RACE TEAM	M30	49	01:36:06	04:06:05	05:52:45	07:33:00		09:14:20.05	09:14:56.80	+03:27:48 (37.4%)	10:34	5.7 (62.6%)
50	FEDORCZAK Jacek	1127		M30	50	01:42:44	04:25:24	06:05:12	07:41:34		09:15:39.45	09:16:13.75	+03:29:05 (37.6%)	10:36	5.7 (62.6%)
51	GAWIN Krzysztof	162 Y	HARDCORY	M30	51	01:33:09	04:22:08	06:10:51	07:53:41		09:27:31.25	09:27:38.65	+03:40:30 (38.8%)	10:49	5.5 (60.4%)
52	TUREK Maciej	1010	#PIWONAMECIE	M30	52	01:32:50	04:27:52	06:10:24	07:55:29		09:27:29.25	09:27:50.90	+03:40:42 (38.9%)	10:49	5.5 (60.4%)
53	KĄKOL Łukasz	1521		M30	53	01:38:53	04:21:17	06:18:13	08:02:15		09:27:32.90	09:27:51.90	+03:40:43 (38.9%)	10:49	5.5 (60.4%)
54	BARAŃCZAK Kamil	1438		M30	54	01:20:27	03:51:22	05:26:13	07:05:12	00:30:00	09:31:14.35	09:31:57.25	+03:44:49 (39.3%)	10:19	5.8 (63.7%)
55	DROŻDZIEL Mariusz	1466		M30	55	01:32:47	04:10:24	05:56:22	07:32:47		09:31:40.60	09:32:18.40	+03:45:10 (39.3%)	10:54	5.5 (60.4%)
56	MATYSIAK Łukasz	1443		M30	56	01:25:23	04:01:35	05:45:10	07:39:39		09:34:52.95	09:35:05.00	+03:47:56 (39.6%)	10:58	5.5 (60.4%)
57	WAŃKOWICZ Adrian	1063		M30	57	01:29:56	04:06:04	06:03:30	07:51:27		09:39:20.50	09:39:41.45	+03:52:33 (40.1%)	11:03	5.4 (59.3%)
58	FRĄCZEK Krzysztof	1044		M30	58	01:26:56	04:06:14	05:54:25	07:41:36		09:42:42.20	09:42:47.25	+03:55:39 (40.4%)	11:07	5.4 (59.3%)
59	MILCZAREK Marcin	1029		M30	59	01:32:36	04:07:33	06:04:10	07:50:13		09:42:29.50	09:43:02.00	+03:55:53 (40.5%)	11:06	5.4 (59.3%)
60	PELA Dariusz	1463		M30	60	01:30:45	04:02:11	06:09:17	07:53:33		09:43:33.85	09:43:49.50	+03:56:41 (40.5%)	11:08	5.4 (59.3%)
61	RYGIEL Grzegorz	1506		M30	61	01:27:57	04:11:49	06:05:21	07:53:05		09:44:23.35	09:44:41.75	+03:57:33 (40.6%)	11:09	5.4 (59.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km	52.4km	52.4km				
62	WIECZOREK Piotr	1099		M30	62	01:44:46	04:25:21	06:16:27	07:57:19		09:44:07.20	09:44:53.90	+03:57:45 (40.7%)	11:08	5.4 (59.3%)
63	KAMIŃSKI Daniel	1304		M30	63	01:29:50	04:24:16	06:12:56	07:57:05		09:45:31.60	09:45:43.90	+03:58:35 (40.7%)	11:10	5.4 (59.3%)
64	OSTROWSKI Marcin	1109	PZU SPORT TEAM	M30	64	01:40:39	04:33:16	06:21:07	07:58:17		09:48:56.45	09:49:23.15	+04:02:15 (41.1%)	11:14	5.3 (58.2%)
65	WOŹNICA Adrian	1207	GRUPA NOMAX	M30	65	01:43:44	04:25:19	06:08:44	07:55:30		09:48:40.90	09:49:23.50	+04:02:15 (41.1%)	11:14	5.3 (58.2%)
66	KMITA Krzysztof	1201		M30	66	01:24:40	04:04:05	05:55:23	07:51:10		09:53:18.20	09:53:30.50	+04:06:22 (41.5%)	11:19	5.3 (58.2%)
67	ROJEK Maciej	1371		M30	67	01:32:02	04:18:10	06:13:07	08:08:54		09:53:48.00	09:54:01.80	+04:06:53 (41.6%)	11:19	5.3 (58.2%)
68	BONIKOWSKI Mateusz	1509		M30	68	01:26:13	04:19:36	06:18:09	08:10:16		09:54:36.55	09:54:45.50	+04:07:37 (41.6%)	11:20	5.3 (58.2%)
69	JASNOWSKI Michał	1148		M30	69	01:26:44	04:18:54	06:17:38	08:14:26		09:59:51.40	10:00:21.30	+04:13:13 (42.2%)	11:26	5.2 (57.1%)
70	MATUSIEWICZ Michał	1364	#CISNIJWIEPRZA	M30	70	01:45:04	04:41:42	06:30:13	08:17:57		10:02:28.80	10:03:02.30	+04:15:54 (42.4%)	11:29	5.2 (57.1%)
71	WRÓBEL Paweł	1058	MKS SIECHNICE	M30	71	01:30:06	04:22:15	06:12:12	08:04:37		10:03:30.90	10:03:41.65	+04:16:33 (42.5%)	11:31	5.2 (57.1%)
72	MAJTKOWSKI Marcin	1028		M30	72	01:37:42	04:26:46	06:19:45	08:10:34		10:04:02.20	10:04:29.00	+04:17:20 (42.6%)	11:31	5.2 (57.1%)
73	GINTER Grzegorz	1258	AZS COLLEGIUM MEDICUM UJ	M30	73	01:41:35	04:34:22	06:23:36	08:18:09		10:04:53.65	10:05:05.30	+04:17:57 (42.6%)	11:32	5.2 (57.1%)
74	SZYMEL Jacek	1186	HUSARIA RACE TEAM	M30	74	01:36:41	04:15:31	06:18:01	08:07:43		10:04:33.65	10:05:09.55	+04:18:01 (42.6%)	11:32	5.2 (57.1%)
75	KWAŚNIEWSKI Rafał	1455	SZWLA STARGARD	M30	75	01:33:42	04:20:43	06:22:24	08:17:46		10:05:31.05	10:05:47.30	+04:18:39 (42.7%)	11:33	5.2 (57.1%)
76	PAMUŁA Krystian	1039	SRTG NIEPOŁOMICE	M30	76	01:42:25	04:35:33	06:18:13	08:10:59		10:06:28.50	10:07:08.35	+04:20:00 (42.8%)	11:34	5.2 (57.1%)
77	ŚŁÓSARSKI Szymon	1171	CB163	M30	77	01:44:19	04:36:10	06:29:59	08:19:43		10:07:03.80	10:07:49.00	+04:20:40 (42.9%)	11:35	5.2 (57.1%)
78	HABA Konrad	1452		M30	78	01:35:23	04:25:39	06:22:49	08:12:20		10:07:44.85	10:08:00.35	+04:20:52 (42.9%)	11:35	5.2 (57.1%)
79	BONCOL Wojciech	1203		M30	79		04:34:00	06:33:36	08:19:09		10:12:38.05	10:13:22.95	+04:26:14 (43.4%)	11:41	5.1 (56.0%)
80	LOMBARSKI Łukasz	1428	SSW TEAM KROŚNICE	M30	80	01:26:18	04:26:07	06:22:13	08:19:55		10:13:51.60	10:13:58.40	+04:26:50 (43.5%)	11:42	5.1 (56.0%)
81	WILIŃSKI Kamil	1436		M30	81	01:34:56	04:47:30	06:41:45	08:26:48		10:14:01.55	10:14:25.20	+04:27:17 (43.5%)	11:43	5.1 (56.0%)
82	ŁYSIAK Bartek	1229		M30	82	01:37:48	04:22:07	06:18:53	08:10:06		10:14:49.75	10:15:12.00	+04:28:03 (43.6%)	11:44	5.1 (56.0%)
83	DOMIN Daniel	1274	MULTIPLIER TEAM	M30	83	01:34:57	04:30:41	06:31:00	08:26:47		10:16:35.40	10:16:59.35	+04:29:51 (43.7%)	11:46	5.1 (56.0%)
84	SWORCZUK Paweł	1283		M30	84	01:34:57	04:30:43	06:30:58	08:26:46		10:16:35.40	10:16:59.80	+04:29:51 (43.7%)	11:46	5.1 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka 9.68km	Zubracze 25km	Roztoki 33.7km	Przyslup 42.8km	Kara/ bonifikata	Czas netto 52.4km	Czas brutto 52.4km	Różn	Tempo min/km	Tempo km/h
85	WÓJCICKI Adam	1187		M30	85	01:43:46	04:36:10	06:32:38	08:22:14		10:23:28.50	10:24:15.80	+04:37:07 (44.4%)	11:53	5 (54.9%)
86	BARSZCZ Bartosz	1344	GAMBLERS RUNNING	M30	86	01:39:32	04:30:15	06:30:02	08:20:30		10:23:35.90	10:24:23.80	+04:37:15 (44.4%)	11:54	5 (54.9%)
87	ZAJĄC Paweł	1471		M30	87	01:36:57	04:36:50	06:30:16	08:20:43		10:24:03.20	10:24:37.60	+04:37:29 (44.4%)	11:54	5 (54.9%)
88	PASISZ Daniel	1161		M30	88	01:34:20	04:37:23	06:41:24	08:36:05		10:24:34.50	10:24:41.15	+04:37:33 (44.4%)	11:55	5 (54.9%)
89	NOWAK Tomasz	1223		M30	89		04:39:59		08:25:33		10:24:44.85	10:25:28.85	+04:38:20 (44.5%)	11:55	5 (54.9%)
90	KAMIŃSKI Krzysztof	1327		M30	90	01:34:02	04:05:51	05:53:01	08:09:13		10:25:20.95	10:25:31.55	+04:38:23 (44.5%)	11:56	5 (54.9%)
91	ORZESZYNA Łukasz	1014	DRUŻYNA ORZECHA ŻYRARDÓW	M30	91	01:38:42	04:47:12	06:42:03	08:39:21		10:28:10.85	10:28:43.80	+04:41:35 (44.8%)	11:59	5 (54.9%)
92	PEŁKA Michał	1175	PAYROLL TEAM	M30	92	01:30:53	04:26:45	06:31:06	08:21:46		10:29:46.70	10:30:35.55	+04:43:27 (45.0%)	12:01	5 (54.9%)
93	BIJATOWSKI Adrian	1435		M30	93	01:39:04	04:25:00	06:30:25	08:26:54		10:32:30.60	10:32:58.75	+04:45:50 (45.2%)	12:04	5 (54.9%)
94	KRZYŻOWSKI Hubert	1197		M30	94	01:38:27	04:22:18	06:26:57	08:26:30		10:32:32.25	10:32:58.90	+04:45:50 (45.2%)	12:04	5 (54.9%)
95	FIGIEL Bartosz	1336		M30	95	01:44:13	04:43:26	06:41:15	08:38:38		10:34:07.95	10:34:48.35	+04:47:40 (45.3%)	12:06	5 (54.9%)
96	MASIUKIEWICZ Jacek	1515	SPIKA U.T	M30	96	01:26:49	04:38:50	06:44:43	08:43:23		10:34:37.40	10:34:55.60	+04:47:47 (45.3%)	12:06	5 (54.9%)
97	ZAJĄCZKOWSKI Michał	1167	BIEGAM Z TRENING ULTRASA :)	M30	97	01:48:06	04:44:38	06:38:29	08:27:34		10:37:09.50	10:37:42.70	+04:50:34 (45.6%)	12:09	4.9 (53.8%)
98	SOKULSKI Marcin	1006	KASZANKI	M30	98	01:42:56	04:40:56	06:44:44	08:38:29		10:37:34.70	10:38:02.25	+04:50:54 (45.6%)	12:10	4.9 (53.8%)
99	MILEWSKI Lukasz	1511	12BZ	M30	99	01:34:40	04:27:30	06:32:08	08:35:05		10:37:37.95	10:38:14.40	+04:51:06 (45.6%)	12:10	4.9 (53.8%)
100	NOWAK Mariusz	1070		M30	100	01:39:49	04:27:10	06:27:21	08:32:18		10:38:45.70	10:39:04.10	+04:51:56 (45.7%)	12:11	4.9 (53.8%)
101	SZYSZŁOWSKI Waldemar	1305		M30	101	01:34:21	04:50:20	06:48:38	08:36:41		10:39:06.70	10:39:34.10	+04:52:26 (45.7%)	12:11	4.9 (53.8%)
102	KOPACKI Grzegorz	19 X	BG	M30	102	01:32:42	04:27:19	06:30:50	08:29:50		10:44:41.75	10:45:01.80	+04:57:53 (46.2%)	12:18	4.9 (53.8%)
103	WNENT Bartosz	1523	SIŁAOGRA.PL	M30	103	01:39:24	04:51:16	06:45:55	08:42:43		10:44:23.10	10:45:02.70	+04:57:54 (46.2%)	12:17	4.9 (53.8%)
104	SCIEPKO Dominik	1319	NO NAME	M30	104	01:54:31	04:47:32	06:43:11	08:34:36		10:44:35.90	10:45:16.80	+04:58:08 (46.2%)	12:18	4.9 (53.8%)
105	CYLKE Marcin Cylke	1022		M30	105	01:41:27	04:44:53	06:44:06	08:47:25		10:48:56.55	10:49:39.30	+05:02:31 (46.6%)	12:23	4.8 (52.7%)
106	LICHON Jacek	1279	INFINITY RUNNER'S TEAM GRYBÓW	M30	106	01:43:13	04:47:19	06:48:38	08:51:08		10:56:15.70	10:56:25.20	+05:09:17 (47.1%)	12:31	4.8 (52.7%)
107	DRYGAJLO Tomasz	1180		M30	107		04:52:30	06:58:34	09:01:55		10:56:39.10	10:57:23.15	+05:10:15 (47.2%)	12:31	4.8 (52.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
108	BIRULA Michał	1133	XRUNNERS	M30	108	01:47:43	04:44:44	06:45:06	08:46:14		10:57:28.15	10:58:03.50	+05:10:55 (47.2%)	12:32	4.8 (52.7%)
109	ŁANIEWSKI Łukasz	1340	PSZCZÓŁKOWSKI TEAM	M30	109		04:57:27	07:02:31	09:01:18		11:07:18.35	11:07:50.85	+05:20:42 (48.0%)	12:44	4.7 (51.6%)
110	CHUDY Michał	1441		M30	110	01:43:08	04:39:01	06:50:51	09:01:08		11:10:36.60	11:11:12.85	+05:24:04 (48.3%)	12:47	4.7 (51.6%)
111	BŁAŻKO Maciej	1234	PRZYSZŁOŚĆ ZACZYNA SIĘ DZIŚ!	M30	111	01:54:43	04:54:40	06:54:59	09:11:26		11:15:24.45	11:15:59.15	+05:28:51 (48.6%)	12:53	4.7 (51.6%)
112	WOŁOSZYK Sebastian	1100		M30	112	01:44:45	04:47:23	06:55:19	08:54:42		11:17:45.05	11:18:03.45	+05:30:55 (48.8%)	12:56	4.6 (50.5%)
113	KUCIŃSKI Marcin	1405	FORMA NA SZCZYT	M30	113	01:32:16	04:56:21	06:57:09	09:08:59		11:27:52.90	11:28:18.00	+05:41:09 (49.6%)	13:07	4.6 (50.5%)
Przekroczony limit czasu: 11:30:00															
114	GASINSKI Krzysztof	1098	PIĘKNI I BESTIE	M30	114	01:31:08	04:48:10	07:01:32	09:08:57		11:38:11.20	11:38:16.90	+05:51:08 (50.3%)	13:19	4.5 (49.5%)
	SZOSTEK Filip	1271	JW 2420	M30		01:26:25 DNF	04:13:18 DNF	06:09:12 DNF	08:00:58 DNF		DNF	DNF		-	- (0.0%)
	PONCYLIUSZ Marcin	1224		M30		01:54:59 DNF	04:56:53 DNF	06:48:13 DNF	DNF		DNF	DNF		-	- (0.0%)
	WARKOCZ Marcin	1191	KILL BILL	M30		01:54:09 DNF	04:57:09 DNF	07:27:20 DNF	DNF		DNF	DNF		-	- (0.0%)
	NOSAL Tomasz	1005		M30		01:05:15 DNF	02:46:52 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WIĘCH Piotr	1217		M30		01:29:34 DNF	03:48:06 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WOŹNIAK Marek	2110	ABOVE2000	M30		01:21:22 DNF	04:18:23 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	ROSIK Robert	1349	ROBERTROSIK	M30		01:30:46 DNF	04:22:08 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	HOSS Jan	1023		M30		01:33:50 DNF	04:28:24 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WIELGOCKI Artur	1351		M30		01:35:39 DNF	04:29:52 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BUSZEWSKI Jakub	1473	NO PIE, NO SLEDGEHAMMER TEAM	M30		01:38:10 DNF	04:30:18 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	STAWOWY Maciej	1021	#PIWONAMECIE	M30		01:32:34 DNF	04:44:45 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	PISAREK Karol	1367		M30		01:40:45 DNF	04:50:41 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BORKOWSKI Michał	1249	CB163	M30		01:54:03 DNF	04:57:12 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MARKIEWICZ Tomasz	1486	TIGRES DEL PAPA	M30		01:50:04 DNF	04:58:29 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	LAJCZAK Jakub	1494		M30		DNF	04:59:14 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	GŁUSZEK Tomasz	1189		M30		01:20:18 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km	bonifikata	netto 52.4km	brutto 52.4km			
	ZIELSKI Adam	1034	PRAWDZIWA STAL	M30		01:37:52 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	KUCHMECKI Maciej	1261		M30		01:42:58 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	BUŁAT Adam	1442		M30		01:43:09 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	POKROPIŃSKI Rafał	1216	T-MOBILE SPORT TEAM	M30		01:44:31 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	DUDEK Marcin	1110		M30		01:48:17 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	RYTYCH Grzegorz	1181	DROGA DO ULTRA	M30		01:48:52 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	BEDNAREK Michał	1381		M30		01:48:53 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	PILUJSKI Michał	1240		M30		01:49:09 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	HARNIK Michal	1432	KOPALNIA MOCY	M30		01:49:44 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	BESZTAK Piotr	1421		M30		01:51:18 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	KOWALCZYK Alan	1399		M30		01:53:02 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	SZELAĞ Michał	1265		M30		01:53:55 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	BUBICZ Krzysztof	1447	WKURW_TEAM	M30		01:57:03 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	NOWAK Adrian	1147		M30		01:57:46 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	CHORBIŃSKI Krystian	1281		M30		01:58:00 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	PELCZAR Jakub	1285		M30		01:58:01 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	BILSKI Piotr	1383	TĘCZA	M30		02:00:43 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	URBAŃCZYK Marcin	1389	PRESONALTRIATHLON	M30		02:01:28 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	BUDZISZ Rajmund	1321		M30		02:21:09 DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	MICHNIEWSKI Piotr	1204	GIT EKIPA	M30		DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	KSIĘŻAK Sylwester	1179	EXCELLENT HOUSE TEAM	M30		DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)
	ĆWIRZEŃ Marcin	1358	RMF4 RACING TEAM	M30		DNF	DNF	DNF	DNF		DNF	DNF	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka 9.68km	Zubracze 25km	Roztoki 33.7km	Przyslup 42.8km	Kara/ bonifikata	Czas netto 52.4km	Czas brutto 52.4km	Różn	Tempo min/km	Tempo km/h
	MARKUSIK Paweł	1202		M30		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	HALEK Przemek	1178		M30		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MALUŚKIEWICZ Grzegorz	1219		M30		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)

Znaleziono 155 wynik(ów)