

RZEŹNIK SKY 2019

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

V FESTIWAL BIEGU RZEŹNIKA
Fundacja Bieg Rzeźnika
2019-06-20
Cisna
52.5 km

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka 9.68km	Zubracze 25km	Roztoki 33.7km	Przysłup 42.8km	Kara/ bonifikata	Czas netto 52.4km	Czas brutto 52.4km	Różn	Tempo min/km	Tempo km/h
1	HUZIOR Piotr	1527	ATTIQ/SALMING	M40	1	01:05:35	02:52:27	03:57:58	05:03:14		06:09:11.15	06:09:12.45		7:02	8.5 (100%)
2	MOCZEK Tomasz	1301	CROSS STRACENĆÓW TEAM	M40	2	01:05:34	02:56:49	04:08:00	05:17:06		06:25:21.95	06:25:25.65	+00:16:13 (4.2%)	7:21	8.2 (96.5%)
3	SYCHOWICZ Daniel	1082		M40	3	01:05:21	02:58:11	04:11:24	05:26:30		06:38:06.90	06:38:08.45	+00:28:56 (7.3%)	7:35	7.9 (92.9%)
4	KOSTERKIEWICZ Marcin	1290	KOSTER I FAMILIA	M40	4	01:07:26	03:03:16	04:22:26	05:41:06		07:01:58.15	07:01:59.85	+00:52:47 (12.5%)	8:03	7.5 (88.2%)
5	SAWICKI Szymon	1408	TKN TATRA TEAM	M40	5	01:06:07	02:55:56	04:15:58	05:40:08		07:08:39.95	07:08:42.55	+00:59:30 (13.9%)	8:10	7.3 (85.9%)
6	TOPOLSKI Marcin	1072	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	M40	6	01:17:19	03:15:45	04:34:14	05:50:03		07:09:41.30	07:09:45.40	+01:00:32 (14.1%)	8:12	7.3 (85.9%)
7	BOTKIEWICZ Jarosław	1297		M40	7	01:06:01	03:06:50	04:27:35	05:49:06		07:11:57.55	07:12:03.75	+01:02:51 (14.5%)	8:14	7.3 (85.9%)
8	MACHALSKI Sebastian	1050		M40	8	01:16:49	03:18:07	04:39:49	06:00:42		07:23:25.90	07:23:35.80	+01:14:23 (16.8%)	8:27	7.1 (83.5%)
9	ZARZYŃSKI Artur	1194	MPK WYBIEGANIE	M40	9	01:09:55	03:11:11	04:36:58	06:04:46		07:31:26.20	07:31:27.80	+01:22:15 (18.2%)	8:36	7 (82.4%)
10	SIEMASZKO Wojtek	1499		M40	10	01:20:29	03:30:52	04:57:57	06:15:09		07:33:21.25	07:33:25.95	+01:24:13 (18.6%)	8:39	6.9 (81.2%)
11	CUDZICH Mirosław	1422	SYMPTOM	M40	11	01:15:37	03:23:27	04:47:18	06:08:21		07:33:28.40	07:33:31.80	+01:24:19 (18.6%)	8:39	6.9 (81.2%)
12	SNARSKI Bogdan	1495	ALBATROSY	M40	12	01:16:25	03:23:27	04:50:16	06:18:34		07:38:42.10	07:38:44.05	+01:29:31 (19.5%)	8:45	6.9 (81.2%)
13	KRAJEWSKI Wojtek	1296		M40	13	01:17:28	03:27:14	04:53:34	06:16:55		07:39:40.90	07:39:46.15	+01:30:33 (19.7%)	8:46	6.8 (80.0%)
14	WRONA Mariusz	1489		M40	14	01:15:48	03:27:07	04:58:47	06:21:57		07:43:04.75	07:43:08.90	+01:33:56 (20.3%)	8:50	6.8 (80.0%)
15	GOC Milan	1376	SOUTH WEST ROAD RUNNERS	M40	15	01:27:30	03:40:54	05:06:50	06:24:45		07:42:56.70	07:43:13.40	+01:34:00 (20.3%)	8:50	6.8 (80.0%)
16	NOWACKI Piotr	1480		M40	16	01:13:29	03:25:20	04:53:56	06:25:44		07:59:12.30	07:59:36.70	+01:50:24 (23.0%)	9:08	6.6 (77.6%)
17	SEMENIUK Piotr	1255	WESOŁA	M40	17	01:16:32	03:22:33	04:53:11	06:21:53		08:02:17.75	08:02:24.10	+01:53:11 (23.5%)	9:12	6.5 (76.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
18	BONIKOWSKI Tomasz	1218		M40	18	01:21:44	03:42:56	05:15:01	06:44:17		08:10:03.70	08:10:11.90	+02:00:59 (24.7%)	9:21	6.4 (75.3%)
19	STASZCZAK Łukasz	1251	TRI TEAM LUBAŃ	M40	19	01:06:03	03:12:18	04:56:30	06:46:58		08:24:59.95	08:25:05.25	+02:15:52 (26.9%)	9:38	6.2 (72.9%)
20	MIKOŁAJCZYK Robert	1041	DRUŻYNA ORZECHA ŻYRARDÓW	M40	20	01:12:57	03:21:52	04:59:55	06:45:50		08:28:45.70	08:29:06.70	+02:19:54 (27.5%)	9:42	6.2 (72.9%)
21	MICHALCZYK Paweł	1362		M40	21	01:18:40	03:43:32	05:18:38	06:53:52		08:29:25.75	08:29:34.10	+02:20:21 (27.5%)	9:43	6.2 (72.9%)
22	GRONO Krzysztof	1414	V-MAX ADAMÓW	M40	22	01:17:56	03:37:27	05:14:56	06:51:51		08:31:54.15	08:31:58.45	+02:22:46 (27.9%)	9:46	6.1 (71.8%)
23	SZPUNAR Marek	1398		M40	23	01:27:48	03:57:40	05:39:02	07:07:31		08:33:00.90	08:33:40.15	+02:24:27 (28.1%)	9:47	6.1 (71.8%)
24	DAMPS Sylwester	1404		M40	24	01:26:01	03:52:52	05:26:18	07:00:13		08:41:08.60	08:41:21.30	+02:32:08 (29.2%)	9:56	6 (70.6%)
25	BARCZYK Andrzej	1448	BARCZYK WOLBROM	M40	25	01:27:54	04:01:02	05:39:29	07:10:48		08:42:13.65	08:42:41.90	+02:33:29 (29.4%)	9:57	6 (70.6%)
26	KOCIUMBAS Bartosz	1045	KB SOBÓTKA	M40	26	01:25:41	03:45:05	05:29:34	07:07:36		08:49:27.60	08:50:09.85	+02:40:57 (30.4%)	10:06	5.9 (69.4%)
27	POROWSKI Waldek	1276		M40	27	01:25:41	03:46:17	05:30:02	07:07:32		08:49:28.15	08:50:10.25	+02:40:57 (30.4%)	10:06	5.9 (69.4%)
28	MAJCHROWSKI Jacek	1155	CKB TARNOBRZEG	M40	28	01:22:02	04:02:40	05:36:59	07:12:11		08:50:15.25	08:50:29.45	+02:41:17 (30.4%)	10:07	5.9 (69.4%)
29	MOLTZAN Zbigniew	1338	CROSSFIT TORUŃ	M40	29	01:33:04	04:12:33	05:55:39	07:27:17		08:50:08.55	08:50:32.25	+02:41:19 (30.4%)	10:07	5.9 (69.4%)
30	SEKUŁA Mirek	1081	INFINITY RUNNER'S TEAM GRYBÓW	M40	30	01:25:46	04:02:24	05:43:33	07:19:52		08:51:31.65	08:51:40.05	+02:42:27 (30.6%)	10:08	5.9 (69.4%)
31	BŁĄKAŁA Tomasz	1490		M40	31	01:19:10	03:44:24	05:30:41	07:11:10		08:52:12.55	08:52:19.30	+02:43:06 (30.6%)	10:09	5.9 (69.4%)
32	PACHO Sylwester	1387	PAPIKI	M40	32	01:15:54	03:36:37	05:15:15	06:48:38	00:30:00	08:54:40.90	08:54:42.20	+02:45:29 (31.0%)	9:37	6.2 (72.9%)
33	DŁUGAJ Andrzej	1350		M40	33	01:31:11	03:56:18	05:33:41	07:13:07		08:55:28.85	08:55:52.10	+02:46:39 (31.1%)	10:13	5.9 (69.4%)
34	OLBERT Ireneusz	1423	PCC ULTRA RUNNERS	M40	34	01:16:37	03:39:19	05:26:04	07:11:31		08:56:12.40	08:56:16.10	+02:47:03 (31.2%)	10:13	5.9 (69.4%)
35	GRUNWALD Sebastian	1468		M40	35		04:29:55	06:10:01	07:38:18		09:09:14.30	09:09:51.20	+03:00:38 (32.9%)	10:28	5.7 (67.1%)
36	PRZYBYLSKI Piotr	1360		M40	36	01:34:00	04:08:44	05:52:28	07:34:11		09:11:33.75	09:11:47.35	+03:02:34 (33.1%)	10:31	5.7 (67.1%)
37	URBANIK Łukasz	1500	KITA TEAM	M40	37	01:22:56	04:09:12	06:01:43	07:42:32		09:12:56.90	09:13:15.50	+03:04:03 (33.3%)	10:33	5.7 (67.1%)
38	BORYS Andrzej	1537		M40	38	01:20:08	03:45:29	05:41:59	07:29:06		09:15:16.95	09:16:05.15	+03:06:52 (33.6%)	10:35	5.7 (67.1%)
39	GASIK Leszek	1156	HUMAN&HUNTER RUNNERS TEAM	M40	39	01:23:41	04:07:55	05:51:05	07:35:23		09:15:36.40	09:16:15.30	+03:07:02 (33.6%)	10:36	5.7 (67.1%)
40	KOWALCZYK Mariusz	1451	WOLFPACK	M40	40	01:42:07	04:08:36	05:59:02	07:38:58		09:18:25.20	09:19:21.90	+03:10:09 (34.0%)	10:39	5.6 (65.9%)
41	GŁĘBOCKI Konrad	1474		M40	41	01:22:57	03:58:09	05:48:01	07:31:58		09:20:39.50	09:20:47.20	+03:11:34 (34.2%)	10:41	5.6 (65.9%)
42	POŚNIK Tomek	1200	WORKFIT ADVENTURE TEAM	M40	42	01:32:37	04:09:57	05:56:11	07:43:57		09:21:57.30	09:22:30.45	+03:13:18 (34.4%)	10:43	5.6 (65.9%)

Wyniki zawodników											Czas netto	Czas brutto			
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka 9.68km	Zubracze 25km	Roztoki 33.7km	Przyslup 42.8km	Kara/ bonifikata	52.4km	52.4km	Różn	Tempo min/km	Tempo km/h
43	SOWA Paweł	1170		M40	43	01:29:06	04:06:16	05:51:53	07:38:46		09:22:40.65	09:22:52.15	+03:13:39 (34.4%)	10:44	5.6 (65.9%)
44	DASZCZUK Tomasz	1308		M40	44	01:47:28	04:28:30	06:11:41	07:46:46		09:22:14.50	09:23:02.85	+03:13:50 (34.4%)	10:43	5.6 (65.9%)
45	ŚWIĘCICKI Marcin	1522		M40	45	01:38:54	04:21:16	06:18:13	08:02:17		09:27:32.85	09:27:51.90	+03:18:39 (35.0%)	10:49	5.5 (64.7%)
46	JASIŃSKI Marcin	1483		M40	46	01:25:19	03:54:38	05:50:31	07:39:46		09:37:27.75	09:37:33.00	+03:28:20 (36.1%)	11:01	5.4 (63.5%)
47	KUCHARSKI Paweł	1536	PLANETA NISKO	M40	47	01:33:08	04:16:44	06:08:20	07:53:42		09:39:30.60	09:39:40.55	+03:30:28 (36.3%)	11:03	5.4 (63.5%)
48	ZYGMUNT Paweł	1220		M40	48	01:27:20	04:04:02	05:48:52	07:44:33		09:50:33.20	09:50:40.00	+03:41:27 (37.5%)	11:16	5.3 (62.4%)
49	ZIĘBA Tomasz	1467	JACEKBIEGA RUNNING TEAM	M40	49	01:40:00	04:37:02	06:31:09	08:24:06		09:53:32.95	09:54:10.35	+03:44:57 (37.9%)	11:19	5.3 (62.4%)
50	ADAMIAK Marcin	1066	EVERRUN	M40	50	01:33:56	04:27:29	06:22:45	08:05:04		09:54:42.85	09:54:49.45	+03:45:37 (37.9%)	11:20	5.3 (62.4%)
51	KAWALEC Krystian	1317	MARCIN ŚWIERC TEAM	M40	51	01:27:06	04:22:18	06:21:44	08:10:16		09:55:07.85	09:55:17.75	+03:46:05 (38.0%)	11:21	5.3 (62.4%)
52	HOŁÓWKA Sławomir	1231	LACHO TEAM KRAKÓW	M40	52	01:34:31	04:20:57	06:14:47	08:03:33		09:55:15.05	09:55:27.00	+03:46:14 (38.0%)	11:21	5.3 (62.4%)
53	MASŁOWSKI Michał	1507		M40	53	01:30:10	04:09:08	06:21:26	08:11:25		09:55:54.45	09:56:14.65	+03:47:02 (38.1%)	11:22	5.3 (62.4%)
54	MELLER Wojciech	1379	DRUŻYNA WILKA	M40	54	01:37:37	04:11:09	06:10:30	08:04:46		09:56:15.00	09:56:34.50	+03:47:22 (38.1%)	11:22	5.3 (62.4%)
55	LASKOWSKI Piotr	1449		M40	55	01:29:37	04:16:16	06:32:09	08:13:45		09:57:33.10	09:58:03.80	+03:48:51 (38.3%)	11:24	5.3 (62.4%)
56	NOWAK Krzysztof	1291		M40	56	01:38:14	04:35:41	06:26:04	08:14:50		10:11:45.10	10:12:26.10	+04:03:13 (39.7%)	11:40	5.1 (60.0%)
57	KUSZ Janusz	1030		M40	57	01:37:12	04:27:28	06:25:39	08:16:58		10:12:50.60	10:13:15.60	+04:04:03 (39.8%)	11:41	5.1 (60.0%)
58	PIETRZYK Paweł	1318	NO NAME	M40	58	01:54:17	04:37:00	06:27:01	08:22:08		10:12:39.90	10:13:21.05	+04:04:08 (39.8%)	11:41	5.1 (60.0%)
59	BOROWIEC Mariusz	1430	RUN RUN OLESZYCE	M40	59	01:36:21	04:41:49	06:41:54	08:29:59		10:14:41.20	10:15:03.30	+04:05:50 (40.0%)	11:43	5.1 (60.0%)
60	WITKOWSKI Krzysztof	1431	KOPALNIA MOCY TARNOBRZEG	M40	60	01:34:05	04:32:11	06:21:16	08:13:49		10:15:20.90	10:15:36.35	+04:06:23 (40.0%)	11:44	5.1 (60.0%)
61	LUC Adam	1199	BIEGUSIEM.PL	M40	61	01:32:00	04:24:24	06:20:51	08:17:31		10:18:01.70	10:18:06.30	+04:08:53 (40.3%)	11:47	5.1 (60.0%)
62	ZUBIK Michał	1245	LUBELSKA GRUPA TRIATHLONU	M40	62	01:31:43	04:17:09	06:16:07	08:09:48		10:19:55.60	10:20:21.00	+04:11:08 (40.5%)	11:49	5.1 (60.0%)
63	GREŃDA Jarek	1260		M40	63	01:30:07	04:29:05	06:33:14	08:22:12		10:20:04.00	10:20:21.30	+04:11:08 (40.5%)	11:50	5.1 (60.0%)
64	PŁASKOCIŃSKI Robert	1361	PRO-RUN	M40	64		04:43:30	06:39:44	08:28:44		10:19:57.40	10:20:53.70	+04:11:41 (40.5%)	11:49	5.1 (60.0%)
65	CHMARA Rafał	1054	AMBAR	M40	65	01:39:28	04:33:45	06:30:04	08:19:45		10:20:55.55	10:21:41.05	+04:12:28 (40.6%)	11:50	5.1 (60.0%)
66	NAWROT Waldek	1322	J U V E R U N	M40	66	01:40:00	04:35:59	06:32:33	08:24:59		10:25:05.40	10:25:39.45	+04:16:27 (41.0%)	11:55	5 (58.8%)
67	WEINBERG Kamil	1528	BIEGIEM PO PIWO/DROGA DO ULTRA	M40	67	01:31:07	04:48:05	06:49:07	08:51:44		10:26:47.65	10:27:30.20	+04:18:17 (41.2%)	11:57	5 (58.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka				Kara/ bonifikata	Czas netto		Różn	Tempo min/km	Tempo km/h
						9.68km	Zubracze 25km	Roztoki 33.7km	Przyslup 42.8km		52.4km	Czas brutto 52.4km			
68	JACKOWSKI Jacek	1512	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	M40	68	01:47:50	04:57:14	06:51:49	08:32:49		10:27:41.80	10:27:51.50	+04:18:39 (41.2%)	11:58	5 (58.8%)
69	JUSZCZAK Marcin	1107		M40	69	01:35:39	04:37:34	06:37:28	08:28:48		10:27:58.40	10:28:23.60	+04:19:11 (41.2%)	11:59	5 (58.8%)
70	KŁOSIŃSKI Rafał	1137	RACEFIGHTER	M40	70	01:30:28	04:09:22	06:38:14	08:29:28		10:28:31.00	10:28:48.55	+04:19:36 (41.3%)	11:59	5 (58.8%)
71	SIEPIOŁA Cezary	1153	LEŚNY CROSS	M40	71	01:40:11	04:27:40	06:23:37	08:20:33		10:28:29.50	10:28:49.55	+04:19:37 (41.3%)	11:59	5 (58.8%)
72	ROWICKI Jarosław	1154	LEŚNY CROSS	M40	72	01:40:08	04:27:44	06:23:38	08:20:34		10:28:29.75	10:28:49.85	+04:19:37 (41.3%)	11:59	5 (58.8%)
73	TUCHOWSKI Janusz	1085		M40	73	01:34:06	04:40:29	06:42:48	08:40:34		10:33:02.10	10:33:02.10	+04:23:49 (41.7%)	12:04	5 (58.8%)
74	MACIĄG Andrzej	1287	DZIKIE MUSTANGI	M40	74	01:29:42	04:28:17	06:35:40	08:32:36		10:35:56.55	10:36:01.35	+04:26:48 (42.0%)	12:08	4.9 (57.6%)
75	SADOWSKI Tomasz	1134	GDYNIA BABIE DOŁY	M40	75	01:37:27	04:51:38	06:50:13	08:49:07		10:36:52.10	10:36:58.45	+04:27:46 (42.0%)	12:09	4.9 (57.6%)
76	WILK Adam	1424		M40	76	01:41:45	04:37:13	06:41:13	08:33:59		10:38:56.55	10:39:10.05	+04:29:57 (42.2%)	12:11	4.9 (57.6%)
77	GALUS Jacek	1120		M40	77		04:51:50	06:52:41	08:43:44		10:38:54.10	10:39:40.45	+04:30:28 (42.3%)	12:11	4.9 (57.6%)
78	KONKEL Marcin	1444		M40	78		04:40:12	06:39:53	08:38:56		10:41:08.65	10:41:25.50	+04:32:13 (42.4%)	12:14	4.9 (57.6%)
79	SZTUBA Robert	1472	CAŁE ŻYCIE MU ZAWDZIĘCZAM	M40	79	01:43:07	04:33:27	06:30:04	08:33:24		10:41:43.55	10:41:58.15	+04:32:45 (42.5%)	12:14	4.9 (57.6%)
80	SMOLUCH Ryszard	1346		M40	80	01:50:50	04:53:39	06:43:49	08:37:56		10:44:11.20	10:45:01.10	+04:35:48 (42.8%)	12:17	4.9 (57.6%)
81	MAŁEK Wojciech	1384		M40	81	01:45:05	04:47:40	06:51:46	08:49:16		10:47:06.50	10:47:33.75	+04:38:21 (43.0%)	12:20	4.9 (57.6%)
82	SOŚNIA Wojciech	1104	PIĘKNI I BESTIE	M40	82	01:31:05	04:47:59	06:45:02	08:42:24		10:48:38.50	10:48:44.10	+04:39:31 (43.1%)	12:22	4.8 (56.5%)
83	DĄBROWSKI Michał	1425	TEAM ZABIEGANEDNI	M40	83	01:41:00	04:42:22	06:39:23	08:32:52		10:50:08.65	10:50:39.15	+04:41:26 (43.3%)	12:24	4.8 (56.5%)
84	OSTROWSKI Jarek	1368		M40	84	01:40:40	04:44:36	06:46:03	08:45:13		10:50:54.85	10:51:31.60	+04:42:19 (43.3%)	12:25	4.8 (56.5%)
85	GREŃDA Krzysztof	1294		M40	85	01:30:07	04:36:17	06:39:10	08:48:49		10:51:17.70	10:51:35.25	+04:42:22 (43.3%)	12:25	4.8 (56.5%)
86	SZEREMETA Grzegorz	1395	CIDRY LOTAJOM	M40	86	01:41:20	04:40:52	06:47:03	08:46:00		10:51:29.60	10:51:45.70	+04:42:33 (43.4%)	12:25	4.8 (56.5%)
87	HUZAREWICZ Henryk	1396	CIDRY LOTAJOM	M40	87	01:41:25	04:46:22	06:47:04	08:46:03		10:51:30.05	10:51:46.35	+04:42:33 (43.4%)	12:25	4.8 (56.5%)
88	PIETRYKOWSKI Norbert	1330	VITALABO	M40	88	01:48:09	04:48:04	06:48:25	08:49:19		10:53:00.35	10:53:22.70	+04:44:10 (43.5%)	12:27	4.8 (56.5%)
89	DURLAK Paweł	1282	INFINITY RUNNER'S TEAM GRYBÓW	M40	89	01:43:10	04:48:52	06:49:03	08:50:36		10:56:17.20	10:56:26.50	+04:47:14 (43.8%)	12:31	4.8 (56.5%)
90	LICHOŃ Wojtek	1278	INFINITY RUNNER'S TEAM GRYBÓW	M40	90	01:43:07	04:48:19	06:49:01	08:51:34		10:56:18.40	10:56:29.00	+04:47:16 (43.8%)	12:31	4.8 (56.5%)
91	CIURA Rafał	1205	AGDHOME.PL BIEGAMY!	M40	91	01:37:18	04:45:27	06:51:28	08:50:30		11:02:45.10	11:03:18.55	+04:54:06 (44.3%)	12:38	4.7 (55.3%)
92	BAŁAGA Marcin	1524		M40	92	01:49:09	04:54:45	06:48:26	08:55:16		11:04:24.70	11:05:11.00	+04:55:58 (44.5%)	12:40	4.7 (55.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka 9.68km	Zubracze 25km	Roztoki 33.7km	Przyslup 42.8km	Kara/ bonifikata	Czas netto 52.4km	Czas brutto 52.4km	Różn	Tempo min/km	Tempo km/h
93	DZIEWONSKI Konrad	1459		M40	93	01:49:17		06:53:30	08:53:09		11:12:24.55	11:12:58.95	+05:03:46 (45.1%)	12:49	4.7 (55.3%)
94	WÓJTOWICZ Paweł	1065		M40	94	01:42:10	04:49:11	06:44:54	09:18:29		11:15:14.80	11:15:58.40	+05:06:45 (45.4%)	12:53	4.7 (55.3%)
Przekroczony limit czasu: 11:30:00															
95	KUREK Staszek	1264		M40	95	01:37:36	04:58:32	07:09:10	09:18:37		11:37:03.45	11:37:11.40	+05:27:58 (47.0%)	13:18	4.5 (52.9%)
96	NOWAKOWSKI Mirostaw	1370		M40	96	01:41:13	04:46:33	06:56:43	09:21:02		11:38:07.45	11:38:28.75	+05:29:16 (47.1%)	13:19	4.5 (52.9%)
97	WODNICKI Rafał	1233		M40	97	01:38:13	04:54:13	07:23:33	09:30:56		11:51:50.85	11:52:08.50	+05:42:56 (48.2%)	13:35	4.4 (51.8%)
98	PLUTA Sebastian	1315	DZIKIE MUSTANGI	M40	98	01:36:21	04:39:13	06:50:48	09:18:26		11:54:33.40	11:54:55.30	+05:45:42 (48.4%)	13:38	4.4 (51.8%)
	KISIELEWSKI Konrad	1504	KROK PO KROKU	M40		01:47:51 DNF	04:51:10 DNF	07:03:58 DNF	DNF		DNF	DNF	-	-	- (0.0%)
	PAKOSIŃSKI Wojtek	1277	INFINITY RUNNER'S TEAM GRYBÓW	M40		01:29:40 DNF	04:20:58 DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	SZCZEPAŃSKI Marcin	1076	EVERRUN	M40		01:33:56 DNF	04:39:48 DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	MATUSZ Tadeusz	1105		M40		DNF	04:40:38 DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	MATYJASIAK Konrad	1090	RRC WILANÓW	M40		01:29:34 DNF	04:53:06 DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	UJMA Paweł	1347	INTERAUTO	M40		01:39:36 DNF	04:54:04 DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	KOPYŚĆ Jarosław	1492	PSZCZÓŁKOWSKI TEAM	M40		DNF	04:57:24 DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	WITKOWSKI Sławomir	1238	THE RUNNERS ŚWIECIE	M40		01:49:02 DNF	04:58:21 DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	POPŁAWSKI Arkadiusz	1060	CZARNE OWCE HIPOLITÓW	M40		01:39:41 DNF	DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	GRZEŚKIEWICZ Tomasz	1450	ODPOCZYWAMWBIEGU.PL	M40		01:40:43 DNF	DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	WOŹNIAK Jarosław	1353		M40		01:43:56 DNF	DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	BAUCZ Daniel	1354		M40		01:43:57 DNF	DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	MAZERSKI Grzegorz	1243		M40		01:45:13 DNF	DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	GÓRZNY Łukasz	1159	GO! GOWARZEWO	M40		01:49:06 DNF	DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	NAWROCKI Wojciech	1426		M40		01:49:53 DNF	DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	CZEKAŁSKI Mariusz	1394	BBL OSTROŁĘKA	M40		01:50:13 DNF	DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	STANISŁAWSKI Tomasz	1111	KLUB BIEGACZA RTV EURO AGD	M40		01:52:12 DNF	DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)
	FRANKOWSKI Dariusz	1106	SZAMANI W TRANSIE	M40		01:52:55 DNF	DNF	DNF	DNF		DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka 9.68km	Zubracze 25km	Roztoki 33.7km	Przyslup 42.8km	Kara/ bonifikata	Czas netto 52.4km	Czas brutto 52.4km	Różn	Tempo min/km	Tempo km/h
	DUDEK Michał	1174	JURATRAIL MFS	M40		01:53:55 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	TOKARZ Paweł	1413	TKKF SOKÓŁ	M40		01:54:35 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	DASZCZYŃSKI Adam	1163	ADASKO TEAM	M40		01:54:40 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	LESZKO Tomasz	1332	AKADEMIABIEGACZA.PL S.L. SALOS-WODNA ŁÓDŹ	M40		01:55:36 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	ZIĘNTEK Wojtek	1059		M40		01:57:47 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	JĘDRZEJCZAK Sławomir	1042		M40		01:57:57 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	SOŁTYS Krzysztof	1151		M40		02:01:37 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	GOLA Tomasz	1397		M40		02:10:19 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	STOŁOWSKI Robert	1298	KS DEBIUT WIELEŃ	M40		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	PROCNER Marcin	1469	BRAK	M40		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	STONOGA Tomasz	1241	KITE&RUN FAN	M40		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MATUSZEWSKI Artur	1037		M40		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)

Znaleziono 128 wynik(ów)