



Wydarzenie: VI FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2020-06-06
Miejsce: Cisna
Dystans: 50.9 km

RZEŹNIK SKY 2020

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Orlik 25km	Czas netto 50.9km	Różn	Tempo min/km	Tempo km/h
1	SCHMIDT Roland	1026		M30	1	03:13:55	06:15:29.45		7:22	8.1 (100%)
2	GOŁĄB Marek	1245	STAY INSANE	M30	2	03:18:56	06:27:50.15	+00:12:20 (3.2%)	7:37	7.9 (97.5%)
3	WĘGLIŃSKI Mikołaj	1022		M30	3	03:29:47	06:56:21.25	+00:40:51 (9.8%)	8:10	7.3 (90.1%)
4	KRAJEWSKI Jakub	1069	ZAPOROWY MARATON TEAM/ KILOMETRY ODDECHÓW	M30	4	03:18:41	07:06:57.70	+00:51:28 (12.1%)	8:23	7.2 (88.9%)
5	PELA Dariusz	1297	TMT TORUŃ	M30	5	03:37:55	07:11:24.00	+00:55:54 (13.0%)	8:28	7.1 (87.7%)
6	GRAJ Arkadiusz	1010		M30	6	03:38:17	07:19:15.15	+01:03:45 (14.5%)	8:37	7 (86.4%)
7	MALENDAC Maciej	1307		M30	7	03:39:02	07:36:01.25	+01:20:31 (17.7%)	8:57	6.7 (82.7%)
8	ILKIEWICZ Adam	1155		M30	8	04:15:26	07:57:30.55	+01:42:01 (21.4%)	9:22	6.4 (79.0%)
9	STRAMOWSKI Rafał	1049		M30	9	03:42:53	08:01:02.60	+01:45:33 (21.9%)	9:27	6.3 (77.8%)
10	SKOTNICKI Paweł	1084		M30	10	04:00:18	08:01:17.20	+01:45:47 (22.0%)	9:27	6.3 (77.8%)
11	BURDANOWSKI Adam	1151		M30	11	04:04:51	08:02:55.60	+01:47:26 (22.2%)	9:29	6.3 (77.8%)
12	MALARCZYK Jarek	1374	LKS DAROWICE - KONIUSZKI	M30	12	04:16:12	08:08:18.55	+01:52:49 (23.1%)	9:35	6.3 (77.8%)
13	RADYK Jakub	1043	PRZEMYSKI KLUB BIEGACZA	M30	13	04:16:11	08:08:18.95	+01:52:49 (23.1%)	9:35	6.3 (77.8%)
14	ZBORUCKI Jan	1325	FLYING CIRCUS	M30	14	03:58:53	08:12:54.85	+01:57:25 (23.8%)	9:41	6.2 (76.5%)
15	SANECKI Patryk	1373	SPARTANIE DZIECIOM	M30	15	04:20:13	08:13:40.10	+01:58:10 (23.9%)	9:41	6.2 (76.5%)
16	KUCIAK Bartosz	1329		M30	16	04:05:01	08:23:20.25	+02:07:50 (25.4%)	9:53	6.1 (75.3%)
17	KOWALCZYK Mateusz	1226	MINUTA TRAIL / PRZEWORSKA GRUPA BIEGOWA	M30	17	03:38:04	08:33:44.25	+02:18:14 (26.9%)	10:05	5.9 (72.8%)
18	SURLEJ Maciej	1185	ZABIEGANI CZĘSTOCHOWA	M30	18	04:15:18	08:34:59.45	+02:19:30 (27.1%)	10:07	5.9 (72.8%)
19	MATYSIAK Łukasz	1319		M30	19	04:14:45	08:35:21.00	+02:19:51 (27.1%)	10:07	5.9 (72.8%)
20	GRUDZIŃSKI Jacek	1218		M30	20	04:06:08	08:43:19.55	+02:27:50 (28.2%)	10:16	5.8 (71.6%)
21	PIOTROWSKI Tomasz	1301		M30	21	04:23:42	08:44:30.10	+02:29:00 (28.4%)	10:18	5.8 (71.6%)
22	KRUPA Piotr	1375		M30	22	04:10:40	08:51:14.05	+02:35:44 (29.3%)	10:26	5.7 (70.4%)
23	JANUS Radosław	1206		M30	23	04:42:31	08:52:54.45	+02:37:25 (29.5%)	10:28	5.7 (70.4%)
24	SADOWSKI Mariusz	1168	EDC.TEAM	M30	24	04:42:39	08:56:50.70	+02:41:21 (30.1%)	10:32	5.7 (70.4%)
25	WOSINEK Maciej	1232	WIDER ARCADEA	M30	25	04:11:14	08:59:15.50	+02:43:46 (30.4%)	10:35	5.7 (70.4%)
26	GMEREK Michał	1337		M30	26	05:24:56	09:07:10.35	+02:51:40 (31.4%)	10:44	5.6 (69.1%)
27	DULOWSKI Bartłomiej	1231		M30	27	04:11:14	09:08:57.75	+02:53:28 (31.6%)	10:47	5.6 (69.1%)
28	HAJDUK Piotr	1103	W POGONI ZA DUCHEM	M30	28	04:46:06	09:10:09.00	+02:54:39 (31.7%)	10:48	5.6 (69.1%)
29	PIŁAT Jakub	1021	MULTIMEDIA RUNNERS PUŁAWY	M30	29	04:51:13	09:13:04.50	+02:57:35 (32.1%)	10:51	5.5 (67.9%)

							Czas netto		Tempo	Tempo
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Orlik 25km	50.9km	Różn	min/km	km/h
30	TOKARZ Krzysztof	1352		M30	30	04:44:14	09:17:01.85	+03:01:32 (32.6%)	10:56	5.5 (67.9%)
31	CEREMUGA Marcin	1302	SUSKA GRUPA BIEGOWA	M30	31	04:25:32	09:20:49.65	+03:05:20 (33.0%)	11:01	5.4 (66.7%)
32	MICHALIK Wojciech	1355	EKUMENICZNI	M30	32	04:23:15	09:23:32.80	+03:08:03 (33.4%)	11:04	5.4 (66.7%)
33	DRAŃKO Piotr	1055		M30	33	04:37:14	09:24:31.75	+03:09:02 (33.5%)	11:05	5.4 (66.7%)
34	OLSZEWSKI Michał	1169	PROFETO.PL	M30	34	04:53:28	09:25:32.70	+03:10:03 (33.6%)	11:06	5.4 (66.7%)
35	WÓJCIK Krzysztof	1130	KM PSP WARSZAWA	M30	35	04:49:04	09:27:34.75	+03:12:05 (33.8%)	11:09	5.4 (66.7%)
36	SOWIŃSKI Kamil	1000		M30	36	04:16:02	09:29:17.60	+03:13:48 (34.0%)	11:11	5.4 (66.7%)
37	IHNATOWICZ Łukasz	1175		M30	37	04:28:21	09:41:45.15	+03:26:15 (35.5%)	11:25	5.2 (64.2%)
38	ROSIŃSKI Szymon	1121	CROSSFIT URSUS	M30	38	04:57:45	09:41:47.70	+03:26:18 (35.5%)	11:25	5.2 (64.2%)
39	HABA Konrad	1284		M30	39	05:08:03	09:44:13.85	+03:28:44 (35.7%)	11:28	5.2 (64.2%)
40	DERLAGA Wojciech	1271		M30	40	05:00:24	09:46:49.25	+03:31:19 (36.0%)	11:31	5.2 (64.2%)
41	KUBRAK Kamil	1193	CZARNE STOPY	M30	41	04:33:53	09:47:40.05	+03:32:10 (36.1%)	11:32	5.2 (64.2%)
42	ŁYDA Piotr	1341		M30	42	04:51:29	09:49:39.65	+03:34:10 (36.3%)	11:35	5.2 (64.2%)
43	KOMORKIEWICZ Karol	1399	RUNEDA/FINASTRA	M30	43	04:58:08	09:54:04.00	+03:38:34 (36.8%)	11:40	5.1 (63.0%)
44	STASIAK Włodzimierz	1002	PRO-RUN WROCŁAW	M30	44	05:09:19	09:54:44.75	+03:39:15 (36.9%)	11:41	5.1 (63.0%)
45	SPRAWKA Marcin	1106		M30	45	05:08:53	09:55:23.35	+03:39:53 (36.9%)	11:41	5.1 (63.0%)
46	ŚLÓSARSKI Szymon	1359	CB163	M30	46	04:50:09	09:55:39.40	+03:40:09 (37.0%)	11:42	5.1 (63.0%)
47	BORKOWSKI Michał	1358		M30	47	04:50:16	09:55:40.20	+03:40:10 (37.0%)	11:42	5.1 (63.0%)
48	KRZYŻEWSKI Roger	1296		M30	48	04:46:08	09:55:41.30	+03:40:11 (37.0%)	11:42	5.1 (63.0%)
49	ŚLIWIŃSKI Jan	1146		M30	49	05:18:18	10:01:15.10	+03:45:45 (37.5%)	11:48	5.1 (63.0%)
50	KURZYDLAK Jakub	1200	EDC.EXPERT	M30	50	04:53:04	10:01:32.00	+03:46:02 (37.6%)	11:49	5.1 (63.0%)
51	GAŁWA Dawid	1170		M30	51	04:59:47	10:01:36.25	+03:46:06 (37.6%)	11:49	5.1 (63.0%)
52	SAWICKI Kamil	1238		M30	52	04:17:34	10:01:40.10	+03:46:10 (37.6%)	11:49	5.1 (63.0%)
53	BAK Piotr	1305		M30	53	05:43:32	10:02:44.15	+03:47:14 (37.7%)	11:50	5.1 (63.0%)
54	LOESCH Konrad	1396	WORKINN / APARTAMENT.JEDEN	M30	54	04:24:34	10:03:32.30	+03:48:02 (37.8%)	11:51	5.1 (63.0%)
55	ZAJĄC Paweł	1109	CROSS HEROES - OGIEŃ!	M30	55	04:54:21	10:06:56.30	+03:51:26 (38.1%)	11:55	5 (61.7%)
56	OSIAK Artur	1020		M30	56	04:46:03	10:16:32.05	+04:01:02 (39.1%)	12:06	5 (61.7%)
57	BIERNAT Robert	1328	KLUB BIEGACZY JYSK	M30	57	04:34:02	10:16:49.20	+04:01:19 (39.1%)	12:07	5 (61.7%)
58	BOJAROWSKI Krzysztof	1242		M30	58	05:10:36	10:17:09.80	+04:01:40 (39.2%)	12:07	4.9 (60.5%)
59	KORYCIŃSKI Adam	1005	CROSSFIT SIEDLCE	M30	59	05:13:40	10:17:46.75	+04:02:17 (39.2%)	12:08	4.9 (60.5%)
60	GOŁĄB Paweł	1009		M30	60	05:54:47	10:20:36.90	+04:05:07 (39.5%)	12:11	4.9 (60.5%)
61	ŁUKASIEWICZ Marek	1131	HEAVY WEIGHT RUNNING TEAM	M30	61	05:06:43	10:20:43.35	+04:05:13 (39.5%)	12:11	4.9 (60.5%)
62	CYLKE Marcin Cylke	1112		M30	62	05:09:33	10:22:43.95	+04:07:14 (39.7%)	12:14	4.9 (60.5%)
63	CZUBA Michał	1356		M30	63	05:37:55	10:34:06.85	+04:18:37 (40.8%)	12:27	4.8 (59.3%)
64	SMURA Rafał	1071	BIEGACZE TUREK	M30	64	05:05:53	10:36:00.50	+04:20:31 (41.0%)	12:29	4.8 (59.3%)
65	KUCIA Łukasz	1415	BIEGACZE TUREK	M30	65	05:06:08	10:36:01.75	+04:20:32 (41.0%)	12:29	4.8 (59.3%)
66	KURATCZYK Michał	1253		M30	66	05:30:09	10:38:38.65	+04:23:09 (41.2%)	12:32	4.8 (59.3%)
67	WOJCIECHOWSKI Paweł	1100	J U V E R U N	M30	67	05:14:23	10:43:57.35	+04:28:27 (41.7%)	12:39	4.7 (58.0%)
68	STANIKOWSKI Mariusz	1318		M30	68	05:43:29	10:53:38.25	+04:38:08 (42.6%)	12:50	4.7 (58.0%)
69	LIK Michał	1259		M30	69	05:33:32	10:55:18.60	+04:39:49 (42.7%)	12:52	4.7 (58.0%)
70	PILECKI Paweł	1257	ACCENTURE	M30	70	04:59:21	10:55:49.05	+04:40:19 (42.7%)	12:53	4.7 (58.0%)
71	BUDZYŃSKI Przemysław	1123	ALVARO & PRZEMO	M30	71	05:22:22	10:55:51.65	+04:40:22 (42.7%)	12:53	4.7 (58.0%)
72	LELONTKO Marcin	1004	#CISNIJWIEPRZA	M30	72	05:22:44	10:55:57.25	+04:40:27 (42.8%)	12:53	4.7 (58.0%)
73	DROŚ Aleksander	1013		M30	73	05:07:13	10:59:02.05	+04:43:32 (43.0%)	12:56	4.6 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Orlik 25km	Czas netto 50.9km	Różn	Tempo min/km	Tempo km/h
74	WRĘCZYCKI Łukasz	1133	5 PUŁK CHEMICZNY	M30	74	05:19:09	11:01:51.05	+04:46:21 (43.3%)	13:00	4.6 (56.8%)
75	PAWLYTA Jerzy	1153		M30	75	05:25:24	11:26:13.90	+05:10:44 (45.3%)	13:28	4.5 (55.6%)
76	ERENBERG Rafał	1078	FUDU&CO. SPORT TEAM	M30	76	05:42:59	11:27:22.05	+05:11:52 (45.4%)	13:30	4.4 (54.3%)
77	KACZMAREK Adam	1308	MAXIMUS CNC	M30	77	05:16:55	11:29:24.85	+05:13:55 (45.5%)	13:32	4.4 (54.3%)
78	LASSOTA Konrad	1191	GRUBY I GRUBSZY	M30	78	05:35:49	11:31:40.20	+05:16:10 (45.7%)	13:35	4.4 (54.3%)
79	JASTRZĘBSKI Artur	1228		M30	79	05:51:15	12:22:23.20	+06:06:53 (49.4%)	14:35	4.1 (50.6%)
80	BIELSKI Dawid	1244		M30	80	05:45:50	12:32:02.55	+06:16:33 (50.1%)	14:46	4.1 (50.6%)
81	ANIOŁEK Jan	1368		M30	81	06:08:40	12:45:00.50	+06:29:31 (50.9%)	15:01	4 (49.4%)
82	ŁAZAREK Daniel	1353	KAWALER WIECZOROWĄ PORĄ	M30	82	06:57:44	13:24:03.35	+07:08:33 (53.3%)	15:47	3.8 (46.9%)
83	OSICA Łukasz	1285		M30	83	20:00:10	24:14:13.75	+17:58:44 (74.2%)	28:34	2.1 (25.9%)
84	JABŁOŃSKI Patryk	1201	BEZ FORMY TEAM	M30	84	07:34:00	48:56:10.30	+42:40:40 (87.2%)	57:41	1 (12.3%)
DNC	BIELECKI Rafał	1204		M30			08:10:31.75		0:00	6.2 (76.5%)
DNC	RYSIEWICZ Paweł	1287		M30			09:48:30.15		0:00	5.2 (64.2%)
	NAROZNIK Piotr	1250		M30		DNF	DNF		-	- (0.0%)
	WOJCIECHOWSKI Tomasz	1363		M30		05:57:46 DNF	DNF		-	- (0.0%)
	KORNAK Michał	1192	GRUBY I GRUBSZY	M30		06:39:32 DNF	DNF		-	- (0.0%)
	KRASUSKI Piotr	1012	CROSSFIT SIEDLCE	M30		DNF	DNF		-	- (0.0%)
	DZIEDZIC Wojciech	1068	PWC SERVICE DELIVERY CENTER	M30		DNF	DNF		-	- (0.0%)
	DUCH Emil	1369	JB WARSAW	M30		DNF	DNF		-	- (0.0%)

Znaleziono 92 wynik(ów)