



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Supermaraton Gór Stołowych 2021
Fundacja Maratony Górskie
2021-06-27
Kartów
23 km

SGS LIGHT PÓŁMARATON 23KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pasterka 14.4km	Czas netto 23.6km	Różn	Tempo min/km	Tempo km/h
1	PIĄTEK Karolina	10	NOGAMIDOGÓRY.PL	K-30	1	01:18:02	02:27:41.40		6:15	9.6 (100%)
2	BIAŁOŁOCKA Alicja	299	SOBAS TEAM, AKADEMIA BIEGANIA	K-30	2	01:23:32	02:37:46.40	+00:10:05 (6.4%)	6:41	9 (93.8%)
3	WYLEŻAŁEK Alina	399		K-30	3	01:30:58	02:44:43.15	+00:17:01 (10.3%)	6:58	8.6 (89.6%)
4	ORZYSZEK Roksana	295		K-30	4	01:33:15	02:52:04.35	+00:24:22 (14.2%)	7:17	8.2 (85.4%)
5	WALCZAK Adela	424	CURLING ŁÓDŹ	K-30	5	01:36:58	02:54:14.35	+00:26:32 (15.2%)	7:22	8.1 (84.4%)
6	ULIKOWSKA Martyna	51	ZĄŁOGA GÓRSKA	K-30	6	01:38:22	02:55:03.50	+00:27:22 (15.6%)	7:25	8.1 (84.4%)
7	BOROWSKA Karolina	307	KGHM ZG RUN	K-30	7	01:29:56	02:58:23.20	+00:30:41 (17.2%)	7:33	7.9 (82.3%)
8	PIECUCH Karolina	119		K-30	8	01:38:49	03:01:45.15	+00:34:03 (18.7%)	7:42	7.8 (81.3%)
9	TOMIAK Paulina	470	WOLSZTYŃSKA AKADEMIA BIEGOWA	K-30	9	01:34:18	03:03:38.85	+00:35:57 (19.6%)	7:46	7.7 (80.2%)
10	RESSEL Joanna	497	RNB TEAM POLANICA ZDRÓJ	K-30	10	01:41:36	03:09:30.65	+00:41:49 (22.1%)	8:01	7.5 (78.1%)
11	KARKOSZ Aurelia	175		K-30	11	01:45:16	03:15:23.35	+00:47:41 (24.4%)	8:16	7.2 (75.0%)
12	KOPACKA Edyta	534		K-30	12	01:43:12	03:15:55.25	+00:48:13 (24.6%)	8:18	7.2 (75.0%)
13	ROKSELA-MIELNIK Iwona	507		K-30	13	01:42:41	03:17:45.80	+00:50:04 (25.3%)	8:22	7.2 (75.0%)
14	KSIEZKA Joanna	434	STRZEGOMSKA DWUNASTKA	K-30	14	01:43:58	03:18:13.60	+00:50:32 (25.5%)	8:23	7.1 (74.0%)
15	GRAD Idalia	291	DZIKA BANDA ŁAKOMCZUCHÓW	K-30	15	01:48:32	03:19:56.55	+00:52:15 (26.1%)	8:28	7.1 (74.0%)
16	MAZIAREK Adela	150		K-30	16	01:47:59	03:23:07.35	+00:55:25 (27.3%)	8:36	7 (72.9%)
17	BABIŃSKA- POPIŁKA Ewelina	251		K-30	17	01:48:49	03:23:42.60	+00:56:01 (27.5%)	8:37	7 (72.9%)
18	PURGAL Magdalena	490	SŁOŃCA JURY	K-30	18	01:50:38	03:24:09.20	+00:56:27 (27.7%)	8:39	6.9 (71.9%)
19	GĄSIOROWSKA Agnieszka	285	EVERRUN	K-30	19	01:47:21	03:26:25.40	+00:58:44 (28.5%)	8:44	6.9 (71.9%)
20	GRUDZIEN-JURKOWSKA Małgorzata	516		K-30	20	01:48:42	03:28:40.95	+01:00:59 (29.2%)	8:50	6.8 (70.8%)
21	URBAŃSKA Pola	188	TRAINING LAB	K-30	21	01:58:09	03:33:12.75	+01:05:31 (30.7%)	9:02	6.6 (68.8%)
22	RABIEJ-OLSZEWSKA Hanna	437	ROZBIEGANI CHOJNÓW	K-30	22	01:51:08	03:33:37.95	+01:05:56 (30.9%)	9:03	6.6 (68.8%)
23	KLABISZ Maria	558		K-30	23	01:53:53	03:34:51.70	+01:07:10 (31.3%)	9:06	6.6 (68.8%)
24	SKORNIAK Katarzyna	537	WOLNE ŚLIMAKI	K-30	24	01:53:29	03:36:37.70	+01:08:56 (31.8%)	9:10	6.5 (67.7%)
25	KUSTRA Klaudia	548		K-30	25	01:52:36	03:36:47.55	+01:09:06 (31.9%)	9:11	6.5 (67.7%)
26	BRUCH Katarzyna	107		K-30	26	01:57:06	03:38:55.65	+01:11:14 (32.5%)	9:16	6.5 (67.7%)
27	SEROCZYŃSKA Ewa	78		K-30	27	01:55:14	03:39:30.55	+01:11:49 (32.7%)	9:18	6.5 (67.7%)
28	KACZMARCZYK Natalia	274		K-30	28	02:06:29	03:39:30.60	+01:11:49 (32.7%)	9:18	6.5 (67.7%)
29	MODERACKA Małgorzata	146		K-30	29	01:59:36	03:49:29.10	+01:21:47 (35.6%)	9:43	6.2 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pasterka 14.4km	Czas		Różn	Tempo min/km	Tempo km/h
							netto	23.6km			
30	DZIURKOWSKA Dorota	260	FUN TRI	K-30	30	01:59:34		03:49:58.20	+01:22:16 (35.8%)	9:44	6.2 (64.6%)
31	FRĄCZEK Iwona	240	FUN TRI	K-30	31	01:59:38		03:50:00.05	+01:22:18 (35.8%)	9:44	6.2 (64.6%)
32	MAJKA Marzena	527	KS JAWORZNO	K-30	32	02:07:40		03:51:26.75	+01:23:45 (36.2%)	9:48	6.1 (63.5%)
33	MAZUREK Marita	331		K-30	33	02:04:57		03:54:47.10	+01:27:05 (37.1%)	9:56	6 (62.5%)
34	KOWALEWSKA Anna	24	KOBIETY W BIEGU	K-30	34	02:03:59		03:55:38.25	+01:27:56 (37.3%)	9:59	6 (62.5%)
35	MAJ Magdalena	56	GRAŻYNKI OCR	K-30	35	02:08:16		03:55:51.45	+01:28:10 (37.4%)	9:59	6 (62.5%)
36	MALISZAK Agnieszka	99		K-30	36	02:04:55		04:04:34.95	+01:36:53 (39.6%)	10:21	5.8 (60.4%)
37	KOSTRZEWSKA Natalia	462		K-30	37	02:04:42		04:06:42.50	+01:39:01 (40.1%)	10:27	5.7 (59.4%)
38	JURAK Kasia	59		K-30	38	02:11:41		04:07:45.45	+01:40:04 (40.4%)	10:29	5.7 (59.4%)
39	CZEKALSKA Magdalena	128	NARAMOWICE BIEGAJĄ	K-30	39	02:02:25		04:08:19.90	+01:40:38 (40.5%)	10:31	5.7 (59.4%)
40	KURNATOWSKA Magda	64	ŚRUNDUNIA	K-30	40	02:05:43		04:08:28.45	+01:40:47 (40.6%)	10:31	5.7 (59.4%)
41	OLESZEK Magdalena	92	BIEGOWA KUŹNIA	K-30	41	02:09:23		04:08:57.65	+01:41:16 (40.7%)	10:32	5.7 (59.4%)
42	CHOŁUJ Adriana	367		K-30	42	02:22:40		04:10:04.30	+01:42:22 (40.9%)	10:35	5.7 (59.4%)
43	IDZIK Angelika	5	SPARTA RUNNERS	K-30	43	02:10:04		04:10:59.75	+01:43:18 (41.2%)	10:38	5.6 (58.3%)
44	RUDNIK Katarzyna	165		K-30	44	02:06:45		04:11:21.75	+01:43:40 (41.2%)	10:39	5.6 (58.3%)
45	POKROP Agnieszka	215	NATALIA TOMASIAK GÓRSKI STYL TEAM	K-30	45	02:11:56		04:12:10.20	+01:44:28 (41.4%)	10:41	5.6 (58.3%)
46	KONEFAŁ Dorota	445		K-30	46	02:04:31		04:12:50.30	+01:45:08 (41.6%)	10:42	5.6 (58.3%)
47	CIERLAK Elzbieta	376	BRZYSKI TRI TEAM	K-30	47	02:14:03		04:13:12.10	+01:45:30 (41.7%)	10:43	5.6 (58.3%)
48	BOSY Joanna	133		K-30	48	02:13:17		04:14:50.00	+01:47:08 (42.0%)	10:47	5.6 (58.3%)
49	SZATAN Jowita	198	KOTWICA BRZEG	K-30	49	02:10:30		04:16:18.40	+01:48:37 (42.4%)	10:51	5.5 (57.3%)
50	WYSZKOWSKA Marzena	453	BANANA TEAM	K-30	50	02:09:36		04:16:42.40	+01:49:01 (42.5%)	10:52	5.5 (57.3%)
51	CISICKA Daria	451		K-30	51	02:15:50		04:18:05.75	+01:50:24 (42.8%)	10:56	5.5 (57.3%)
52	BANACH-SKOWRONEK Joanna	100		K-30	52	02:09:56		04:19:29.70	+01:51:48 (43.1%)	10:59	5.5 (57.3%)
53	TOMCZYK Ewa	263		K-30	53	02:14:56		04:22:33.60	+01:54:52 (43.8%)	11:07	5.4 (56.3%)
54	DULNIK Małgorzata	213	NARAMOWICE BIEGAJĄ	K-30	54	02:18:01		04:23:06.60	+01:55:25 (43.9%)	11:08	5.4 (56.3%)
55	MIELNIK Natalia	261		K-30	55	02:18:14		04:27:55.70	+02:00:14 (44.9%)	11:21	5.3 (55.2%)
56	CHEŁCHOWSKA Katarzyna	197		K-30	56	02:24:29		04:31:24.10	+02:03:42 (45.6%)	11:30	5.2 (54.2%)
57	KRUPIŃSKA Paulina	433		K-30	57	02:18:43		04:34:33.10	+02:06:51 (46.2%)	11:38	5.2 (54.2%)
58	ZIELENKIEWICZ Agnieszka	341	FUNTRI	K-30	58	02:24:30		04:35:48.85	+02:08:07 (46.5%)	11:41	5.1 (53.1%)
59	BABIŃSKA Malwina	199		K-30	59	02:27:17		04:37:52.45	+02:10:11 (46.9%)	11:46	5.1 (53.1%)
60	KOWALSKA Gabriela	185	BIEGAJĄCY ŚWIDNIK	K-30	60	02:27:30		04:38:11.35	+02:10:29 (46.9%)	11:47	5.1 (53.1%)
61	STELMACH Paulina	550		K-30	61	02:28:28		04:41:06.15	+02:13:24 (47.5%)	11:54	5 (52.1%)
62	ŁADOŃSKA Agata	132		K-30	62	02:33:15		04:52:16.30	+02:24:34 (49.5%)	12:23	4.8 (50.0%)
63	KOBUS-DUNAJ Lidia	217	MEDICOVER RUNNERS	K-30	63	02:31:01		04:58:44.85	+02:31:03 (50.6%)	12:39	4.7 (49.0%)
64	KIWIOR Izabela	372		K-30	64	02:33:47		05:00:35.95	+02:32:54 (50.9%)	12:44	4.7 (49.0%)
65	KURCZYNA GŁUSZCZAK Magdalena	136	RUN4	K-30	65	02:36:52		05:02:27.75	+02:34:46 (51.2%)	12:48	4.7 (49.0%)
66	LEŚNA Monika	246		K-30	66	02:40:26		05:03:49.95	+02:36:08 (51.4%)	12:52	4.7 (49.0%)
67	ZAŁUCKA Agnieszka	540	BIEGNĘ ŻEBY BARTEK MÓGŁ BIEGAĆ	K-30	67	02:32:58		05:06:06.70	+02:38:25 (51.8%)	12:58	4.6 (47.9%)
68	GOLISZ-FIORENZA Katarzyna	144	MUD FOXES	K-30	68	02:38:28		05:06:21.55	+02:38:40 (51.8%)	12:58	4.6 (47.9%)
69	PAŁASZYŃSKA Beata	125	MUD FOXES	K-30	69	02:38:19		05:06:23.50	+02:38:42 (51.8%)	12:58	4.6 (47.9%)
70	SIEDLIŚKA Anna	332		K-30	70	02:46:56		05:14:50.30	+02:47:08 (53.1%)	13:20	4.5 (46.9%)
71	ROMANOWSKA Ewa	102	JB WARSAW	K-30	71	02:40:09		05:15:29.90	+02:47:48 (53.2%)	13:22	4.5 (46.9%)
72	MAJCHRZYK Aleksandra	143	JB WARSAW	K-30	72	02:25:42		05:15:30.05	+02:47:48 (53.2%)	13:22	4.5 (46.9%)
73	MICHALIK Katarzyna	72	PRT - PRECEL RACING TEAM	K-30	73	02:43:54		05:18:58.30	+02:51:16 (53.7%)	13:30	4.4 (45.8%)

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74	JARZĘBSKA-MAJCHRZAK Agnieszka	314	TU INTER POLSKA SA	K-30	74	02:48:18	05:31:50.15	+03:04:08 (55.5%)	14:03	4.3 (44.8%)
75	WOŹNICA Anna	545		K-30	75	03:06:25	05:45:55.05	+03:18:13 (57.3%)	14:39	4.1 (42.7%)
76	TOMALAK Anna	103		K-30	76	03:06:22	05:45:59.95	+03:18:18 (57.3%)	14:39	4.1 (42.7%)
77	BYSTRZYCKA Marzena	555		K-30	77	03:06:21	05:46:08.95	+03:18:27 (57.3%)	14:40	4.1 (42.7%)
	WALCZAK Faustyna	187		K-30		03:00:46 DNF	DNF		-	- (0.0%)

Znaleziono 78 wynik(ów)