SGS LIGHT PÓŁMARATON 23KM

Wydarzenie: Supermaraton Gór Stołowych 2020
Organizator: Fundacja Maratony Górskie
Data: 2020-06-28
Miejsce: Karłów
Dystans: 23 km

Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Parking 14.4km	Czas netto 23.6km	Różn	Tempo min/km	Tempo km/h
1	**NIEZGÓDKA Tomasz**	**537**	ZAŁOGA GÓRSKA	M-50	1	01:25:22	**02:33:21.10**		6:29	9.2 (100%)
2	**TRZECIAKIEWICZ Mieczysław**	**68**	MLKS RADKÓW	M-50	2	01:25:59	**02:36:06.80**	+00:02:45 (1.8%)	6:36	9.1 (98.9%)
3	**MICHAŁKIEWICZ Wojciech**	**403**	AKADEMIA WOJSK LĄDOWYCH	M-50	3	01:31:58	**02:49:53.75**	+00:16:32 (9.7%)	7:11	8.3 (90.2%)
4	**LUBAŃSKI Robert**	**481**		M-50	4	01:31:46	**02:49:56.70**	+00:16:35 (9.8%)	7:12	8.3 (90.2%)
5	**KANCERSKI Krzysztof**	**326**		M-50	5	01:37:45	**03:00:36.70**	+00:27:15 (15.1%)	7:39	7.8 (84.8%)
6	**SURGIEL Dariusz**	**123**		M-50	6	01:45:06	**03:18:26.25**	+00:45:05 (22.7%)	8:24	7.1 (77.2%)
7	**MARKOWSKI Zbigniew**	**124**	BIEGAMDLAZDROWIA.PL	M-50	7	01:46:38	**03:22:53.65**	+00:49:32 (24.4%)	8:35	7 (76.1%)
8	**ŁASKOWSKI Tomasz**	**13**	WKURW_TEAM	M-50	8	01:47:57	**03:23:51.90**	+00:50:30 (24.8%)	8:38	6.9 (75.0%)
9	**SZMAGIEREWSKI Wojciech**	**380**	TRENUJZNAMI.PL	M-50	9	01:48:22	**03:24:26.80**	+00:51:05 (25.0%)	8:39	6.9 (75.0%)
10	**MARCINKIEWICZ Jerzy**	**367**	ŁEMKO TEAM	M-50	10	01:47:13	**03:28:31.95**	+00:55:10 (26.5%)	8:50	6.8 (73.9%)
11	**MACIĄG Marian**	**447**	SZOSZONI	M-50	11	01:52:20	**03:29:24.65**	+00:56:03 (26.8%)	8:52	6.8 (73.9%)
12	**KAMIŃSKI Wiesław**	**524**		M-50	12	01:52:02	**03:36:23.60**	+01:03:02 (29.1%)	9:10	6.5 (70.7%)
13	**DYKTYŃSKI Krzysztof**	**433**	VEOLIA	M-50	13	01:48:22	**03:46:19.50**	+01:12:58 (32.2%)	9:35	6.3 (68.5%)
14	**PULKOWSKI Dariusz**	**97**	OSTRÓDA RUNNERS	M-50	14	02:02:10	**03:46:52.70**	+01:13:31 (32.4%)	9:36	6.2 (67.4%)
15	**MIERNICKI Tomasz**	**209**	GRUPA BIEGOWA CHTMO	M-50	15	01:59:52	**03:47:52.80**	+01:14:31 (32.7%)	9:39	6.2 (67.4%)
16	**ZAKRZEWSKI Marek**	**445**	MARMEL TORUŃ	M-50	16	02:09:39	**04:01:36.45**	+01:28:15 (36.5%)	10:14	5.9 (64.1%)
17	**SZYMAŃSKI Jacek**	**534**		M-50	17	02:12:38	**04:09:44.15**	+01:36:23 (38.6%)	10:34	5.7 (62.0%)
18	**BŁACHNIO Krzysztof**	**159**	RAZ SZCZECIN	M-50	18	01:57:59	**04:09:56.40**	+01:36:35 (38.6%)	10:35	5.7 (62.0%)
19	**RATAJCZAK Grzegorz**	**219**		M-50	19	02:08:25	**04:10:45.25**	+01:37:24 (38.8%)	10:37	5.6 (60.9%)
20	**LUPA Mirosław**	**255**		M-50	20	02:14:18	**04:14:57.05**	+01:41:35 (39.9%)	10:48	5.6 (60.9%)
21	**MARCINKOWSKI Piotr**	**363**		M-50	21	02:19:47	**04:17:32.15**	+01:44:11 (40.5%)	10:54	5.5 (59.8%)
22	**GAJEWSKI Jacek**	**195**	KURCZAK I AGATKA	M-50	22	02:12:53	**04:19:38.15**	+01:46:17 (40.9%)	11:00	5.5 (59.8%)
23	**PAWŁOWSKI Zbigniew**	**501**		M-50	23	02:19:56	**04:26:36.65**	+01:53:15 (42.5%)	11:17	5.3 (57.6%)
24	**ADAMSKI Adam**	**356**	BIERUTOWSKA GRUPA BIEGOWA	M-50	24	02:19:18	**04:33:48.80**	+02:00:27 (44.0%)	11:36	5.2 (56.5%)
25	**SZYNKLEWSKI Maciej**	**522**		M-50	25	02:27:07	**04:41:38.45**	+02:08:17 (45.6%)	11:56	5 (54.3%)
26	**POCHWAŁA Piotr**	**56**		M-50	26	02:19:08	**04:41:40.40**	+02:08:19 (45.6%)	11:56	5 (54.3%)
27	**KLOC Adam**	**265**		M-50	27	02:47:15	**05:18:25.35**	+02:45:04 (51.8%)	13:29	4.4 (47.8%)
28	**DULIASZ Cezary**	**134**	NIGHT RUNNERS KRAKÓW	M-50	28	02:56:46	**05:35:05.05**	+03:01:43 (54.2%)	14:11	4.2 (45.7%)

Znaleziono 28 wynik(ów)