



SMOCZUŚ | 11KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

SMOCZY CROSS MARATON
Fundacja Na Ratunek
2022-10-22
BRANDYSÓWKA - DOLINKI PODKRAKOWSKIE
11 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lasek 5km	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	BIAŁEK Aleksandra	1155	WEGANIZMY	Senior Kobiet	1	00:36:10	01:05:00.20	01:05:00.20		5:54	10.2 (100%)
2	BIDAS Róża	10	CROSSFIT Z16	Senior Kobiet	2	00:38:43	01:14:46.35	01:14:46.35	+00:09:46 (13.1%)	6:47	8.8 (86.3%)
3	KORZENIOWSKA Monika	1152		Senior Kobiet	3	00:42:22	01:18:10.55	01:18:10.55	+00:13:10 (16.8%)	7:06	8.4 (82.4%)
4	BŁAUT-KRASOŃ Alicja	1151	SMASHING PĄPKINS	Master Kobiet	1	00:47:35	01:18:48.00	01:18:48.00	+00:13:47 (17.5%)	7:09	8.4 (82.4%)
5	SIWINSKA Gosia	1147		Master Kobiet	2	00:46:42	01:24:07.80	01:24:07.80	+00:19:07 (22.7%)	7:38	7.8 (76.5%)
6	KRZEMIŃSKA Anna	1146		Senior Kobiet	4	00:54:50	01:34:00.15	01:34:00.15	+00:28:59 (30.8%)	8:32	7 (68.6%)
7	MATAN-KLIMKIEWICZ Magdalena	1158		Master Kobiet	3	00:50:54	01:34:40.80	01:34:40.80	+00:29:40 (31.3%)	8:36	7 (68.6%)
8	SOCHAJ Monika	1122		Senior Kobiet	5	00:52:20	01:34:40.90	01:34:40.90	+00:29:40 (31.3%)	8:36	7 (68.6%)
9	DZIERŻĘGA Justyna	1109		Senior Kobiet	6	00:51:01	01:35:02.00	01:35:02.00	+00:30:01 (31.6%)	8:38	6.9 (67.6%)
10	PLATA Alina	1159		Senior Kobiet	7	00:51:36	01:36:31.70	01:36:31.70	+00:31:31 (32.7%)	8:46	6.8 (66.7%)
11	MICHALSKA Ewa	1144		Master Kobiet	4	00:51:41	01:37:26.80	01:37:26.80	+00:32:26 (33.3%)	8:51	6.8 (66.7%)
12	ŁYSIAK Marta	1142		Master Kobiet	5	00:52:39	01:41:33.70	01:41:33.70	+00:36:33 (36.0%)	9:13	6.5 (63.7%)
13	SIZOVA Anna	1127		Senior Kobiet	8	00:55:05	01:42:01.35	01:42:01.35	+00:37:01 (36.3%)	9:16	6.5 (63.7%)
14	TOMASZEWSKA-ŁOŚ Ilona	41		Master Kobiet	6	00:55:55	01:43:32.50	01:43:32.50	+00:38:32 (37.2%)	9:24	6.4 (62.7%)
15	BARTOSIEWICZ Karolina	1112		Senior Kobiet	9	00:57:15	01:46:10.35	01:46:10.35	+00:41:10 (38.8%)	9:39	6.2 (60.8%)
16	PYTEL Kamila	1150		Senior Kobiet	10	00:57:10	01:46:11.45	01:46:11.45	+00:41:11 (38.8%)	9:39	6.2 (60.8%)
17	GROŃSKA Karolina	1111		Senior Kobiet	11	00:57:20	01:46:12.05	01:46:12.05	+00:41:11 (38.8%)	9:39	6.2 (60.8%)
18	HOŁUJ Barbara	1104		Weteran Kobiet	1	00:56:45	01:46:33.75	01:46:33.75	+00:41:33 (39.0%)	9:41	6.2 (60.8%)
19	GUSTAW Agnieszka	1105	PZU SPORT TEAM	Master Kobiet	7	00:56:49	01:50:36.50	01:50:36.50	+00:45:36 (41.2%)	10:03	6 (58.8%)
20	PAKUŁA Aneta	1119		Master Kobiet	8	00:56:53	01:53:09.25	01:53:09.25	+00:48:09 (42.6%)	10:17	5.8 (56.9%)
21	PACZUSKA Eliza	1148	8 BALL CROSS GYM CHEŁM	Master Kobiet	9	00:57:00	01:53:09.45	01:53:09.45	+00:48:09 (42.6%)	10:17	5.8 (56.9%)
22	BURDA Monika	1113		Weteran Kobiet	2	01:04:28	01:53:53.60	01:53:53.60	+00:48:53 (42.9%)	10:21	5.8 (56.9%)
23	BUBISZ Danuta	1126		Master Kobiet	10	01:06:46	01:57:08.20	01:57:08.20	+00:52:08 (44.5%)	10:38	5.6 (54.9%)
24	SZAROMA Joanna	1141		Master Kobiet	11	01:06:23	01:58:11.00	01:58:11.00	+00:53:10 (45.0%)	10:44	5.6 (54.9%)
25	CHRYŚCINA Agnieszka	1143		Weteran Kobiet	3	01:04:36	01:58:29.20	01:58:29.20	+00:53:29 (45.1%)	10:46	5.6 (54.9%)
26	ROZMUS Anna	1149		Senior Kobiet	12	01:03:02	01:58:30.45	01:58:30.45	+00:53:30 (45.1%)	10:46	5.6 (54.9%)
27	BOJANOWSKA Joanna	1124		Weteran Kobiet	4	01:02:48	01:59:39.90	01:59:39.90	+00:54:39 (45.7%)	10:52	5.5 (53.9%)
Przekroczony limit czasu: 02:00:00											
28	BIELICKA Marta	1121	HAJDAAA	Master Kobiet	12	01:05:44	02:01:11.30	02:01:11.30	+00:56:11 (46.4%)	11:01	5.4 (52.9%)

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29	ŻARNICKA Anna	1116		Master Kobiet	13	01:07:02	02:01:19.00	02:01:19.00	+00:56:18 (46.4%)	11:01	5.4 (52.9%)
30	BOJANOWSKA Ewa	1128		Senior Kobiet	13	01:06:54	02:02:24.40	02:02:24.40	+00:57:24 (46.9%)	11:07	5.4 (52.9%)
31	PARTYKA Agnieszka	1108	KB HARCOWNIK JELCZ-LASKOWICE	Master Kobiet	14	01:10:39	02:05:20.20	02:05:20.20	+01:00:20 (48.1%)	11:23	5.3 (52.0%)
32	ŁOZIENKO Anna	1130	KB HARCOWNIK JELCZ-LASKOWICE	Senior Kobiet	14	01:20:52	02:39:28.70	02:39:28.70	+01:34:28 (59.2%)	14:29	4.1 (40.2%)
33	ROSIŃSKA Monika	9	WYBIEGAJ SIEBIE	Weteran Kobiet	5	01:24:49	02:41:35.90	02:41:35.90	+01:36:35 (59.8%)	14:41	4.1 (40.2%)

Znaleziono 33 wynik(ów)