

# ŚREM - PUCHARY REGIONALNE NORDIC WALKING - 5 KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** Puchary Regionalne Nordic Walking 2019  
**Organizator:** Śrem  
**Data:** 2019-08-18  
**Miejsce:** Śrem  
**Dystans:** 5 km



Klasyfikacja: K65-69

| Msc | Zawodnik                     | Numer      | Klub                          | Kategoria | Mkat | Żół. kartki | Czer. kartki | Start_All<br>2.5km | Czas<br>netto<br>5km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|------------------------------|------------|-------------------------------|-----------|------|-------------|--------------|--------------------|----------------------|-------------------|-----------------|---------------|
| 1   | <b>STAŃCZAK Grażyna</b>      | <b>115</b> | FACE NORDIC WALKING TEAM      | K65-69    | 1    |             |              | 00:16:46           | <b>00:34:07.00</b>   |                   | 6:49            | 8.8 (100%)    |
| 2   | <b>GRYGOROWICZ Teresa</b>    | <b>30</b>  | KS METRACO POLKOWICE          | K65-69    | 2    |             |              | 00:17:17           | <b>00:35:08.50</b>   | +00:01:01 (2.9%)  | 7:01            | 8.5 (96.6%)   |
| 3   | <b>DANA Kazimiera</b>        | <b>12</b>  | KLUB NW PATYCZAKI - GRUDZIĄDZ | K65-69    | 3    |             |              | 00:17:40           | <b>00:35:53.25</b>   | +00:01:46 (4.9%)  | 7:10            | 8.4 (95.5%)   |
| 4   | <b>ZIEGLER Barbara</b>       | <b>150</b> | LESZNO :)                     | K65-69    | 4    |             |              | 00:18:15           | <b>00:37:05.75</b>   | +00:02:58 (8.0%)  | 7:25            | 8.1 (92.0%)   |
| 5   | <b>GRZYWOCZ Irena</b>        | <b>32</b>  |                               | K65-69    | 5    |             |              | 00:18:29           | <b>00:37:32.75</b>   | +00:03:25 (9.1%)  | 7:30            | 8 (90.9%)     |
| 6   | <b>ANGIELCZYK Małgorzata</b> | <b>1</b>   | MARSZ PO ZDROWIE              | K65-69    | 6    |             |              | 00:19:01           | <b>00:38:44.85</b>   | +00:04:37 (12.0%) | 7:45            | 7.7 (87.5%)   |
| 7   | <b>STATNIK Genowefa</b>      | <b>117</b> | GMINA SUCHY LAS               | K65-69    | 7    |             |              | 00:19:00           | <b>00:38:47.55</b>   | +00:04:40 (12.1%) | 7:45            | 7.7 (87.5%)   |
| 8   | <b>GRACZYK Mirosława</b>     | <b>28</b>  | MARSZ PO ZDROWIE              | K65-69    | 8    |             |              | 00:20:28           | <b>00:41:02.95</b>   | +00:06:55 (16.9%) | 8:12            | 7.3 (83.0%)   |
| 9   | <b>TOBYS Alicja</b>          | <b>130</b> |                               | K65-69    | 9    |             |              | 00:20:20           | <b>00:41:28.50</b>   | +00:07:21 (17.7%) | 8:17            | 7.2 (81.8%)   |
| 10  | <b>STAWNIAK Wanda</b>        | <b>118</b> |                               | K65-69    | 10   |             |              | 00:20:45           | <b>00:42:12.95</b>   | +00:08:05 (19.2%) | 8:26            | 7.1 (80.7%)   |
| 11  | <b>JASIŃSKA Krystyna</b>     | <b>155</b> | PARAKULOS KOWAL               | K65-69    | 11   |             |              | 00:20:53           | <b>00:42:19.25</b>   | +00:08:12 (19.4%) | 8:27            | 7.1 (80.7%)   |
| 12  | <b>SIWEK Anna</b>            | <b>106</b> | MARSZ PO ZDROWIE              | K65-69    | 12   |             |              | 00:21:57           | <b>00:44:53.30</b>   | +00:10:46 (24.0%) | 8:58            | 6.7 (76.1%)   |

Znaleziono 12 wynik(ów)