

SURVIVAL RACE 3KM

B4SPORT

Event: Survival Race
Organiser: Brento Productions
Date: 2019-09-21
Place: Wrocław
Distance: 3 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: K Open

Place	Participant	Number	Club	Category	MCat	Seria	Drużyna	Net time 3km	Czas brutto 3km	Gap	Pace min/km	Pace km/h
1	KAMINIARCZYK-KACZMAREK Malwina	314	BLOND PYRY	14:15	2	14:15		00:28:29.90	00:28:29.90		9:29	6.3 (100%)
2	RYCHEL Małgorzata	412	FRESENIUS NETCARE	15:15	3	15:15		00:30:27.45	00:30:27.45	+00:01:57 (6.4%)	10:09	5.9 (93.7%)
3	KĘKUŚ Justyna	108	AMREST STARTER	14:15	6	14:15		00:33:03.45	00:33:03.45	+00:04:33 (13.8%)	11:01	5.4 (85.7%)
4	BLEJWAS Kinga	64	AGNIK	14:15	7	14:15		00:34:18.40	00:34:18.40	+00:05:48 (16.9%)	11:26	5.2 (82.5%)
5	LEWANDOWSKA Marta	626		14:30	1	14:30		00:34:52.30	00:34:52.30	+00:06:22 (18.3%)	11:37	5.2 (82.5%)
6	KARCH Nikola	438		15:15	8	15:15		00:35:27.55	00:35:27.55	+00:06:57 (19.6%)	11:49	5.1 (81.0%)
6	KOMOROWSKA Adrianna	383		15:15	8	15:15		00:35:27.55	00:35:27.55	+00:06:57 (19.6%)	11:49	5.1 (81.0%)
8	KOWALCZYK Ewelina	370	FC LESZCZE	15:15	11	15:15		00:35:43.55	00:35:43.55	+00:07:13 (20.2%)	11:54	5 (79.4%)
9	GABRYEL Judyta	153		14:45	1	14:45		00:36:42.95	00:36:42.95	+00:08:13 (22.4%)	12:14	4.9 (77.8%)
10	STRAP Anna	692		14:15	9	14:15		00:36:46.00	00:36:46.00	+00:08:16 (22.5%)	12:15	4.9 (77.8%)
11	CIESINSKA Joanna	420	CAPITALNE	15:15	20	15:15		00:37:06.35	00:37:06.35	+00:08:36 (23.2%)	12:22	4.9 (77.8%)
12	Angelika	295	ANDZIA	15:00	4	15:00		00:37:13.30	00:37:13.30	+00:08:43 (23.4%)	12:24	4.8 (76.2%)
13	SIKORA Kornelia	222		14:45	4	14:45		00:37:36.70	00:37:36.70	+00:09:06 (24.2%)	12:32	4.8 (76.2%)
14	P. Agnieszka	320	AGNES	14:15	13	14:15		00:37:41.15	00:37:41.15	+00:09:11 (24.4%)	12:33	4.8 (76.2%)
15	CIEŚLIK Marlena	315		15:00	6	15:00		00:37:56.10	00:37:56.10	+00:09:26 (24.9%)	12:38	4.7 (74.6%)
16	SZTAJDEL Nina	73	AMREST STARTER	14:15	19	14:15		00:38:50.60	00:38:50.60	+00:10:20 (26.6%)	12:56	4.6 (73.0%)

Place	Participant	Number	Club	Category	MCat	Seria	Drużyna	Net	Czas	Gap	Pace	Pace
								time	brutto			
								3km	3km		min/km	km/h
17	TULEJ Małgorzata	84	AMREST STARTER	14:15	20	14:15		00:38:51.75	00:38:51.75	+00:10:21 (26.7%)	12:57	4.6 (73.0%)
18	PIETRZAK Agata	681		14:30	9	14:30		00:39:12.55	00:39:12.55	+00:10:42 (27.3%)	13:04	4.6 (73.0%)
19	TARNOWSKA Izabela	811		15:15	22	15:15		00:39:16.65	00:39:16.65	+00:10:46 (27.4%)	13:05	4.6 (73.0%)
20	WIELEBA Katarzyna	616	KACHA	15:30	11	15:30		00:39:35.60	00:39:35.60	+00:11:05 (28.0%)	13:11	4.5 (71.4%)
21	CZUBEK Anita	155	CZUBKI	14:45	12	14:45		00:39:41.05	00:39:41.05	+00:11:11 (28.2%)	13:13	4.5 (71.4%)
22	CHOJNACKA Dominika	367	GUSIA	15:00	10	15:00		00:39:51.30	00:39:51.30	+00:11:21 (28.5%)	13:17	4.5 (71.4%)
23	REZLER Patrycja	675		14:30	10	14:30		00:40:12.25	00:40:12.25	+00:11:42 (29.1%)	13:24	4.5 (71.4%)
24	MICHALAK Hanna	244		14:45	14	14:45		00:40:44.50	00:40:44.50	+00:12:14 (30.1%)	13:34	4.4 (69.8%)
25	JANKOWIAK Angelika	630	JANKESY	14:30	12	14:30		00:40:54.80	00:40:54.80	+00:12:24 (30.3%)	13:38	4.4 (69.8%)
26	BROŃCZAK Patrycja	449		15:15	26	15:15		00:41:41.60	00:41:41.60	+00:13:11 (31.6%)	13:53	4.3 (68.3%)
27	CEBULAK Anna	208	ACMW START	14:15	21	14:15		00:41:46.85	00:41:46.85	+00:13:16 (31.8%)	13:55	4.3 (68.3%)
28	MARZEC Monika	207	ACMW START	14:15	22	14:15		00:41:47.00	00:41:47.00	+00:13:17 (31.8%)	13:55	4.3 (68.3%)
29	PRAŻMOWSKA Joanna	5	LAMA	14:15	23	14:15		00:41:57.85	00:41:57.85	+00:13:27 (32.1%)	13:59	4.3 (68.3%)
30	ADAMSKA Alina	726	TEAM GUBIN	14:30	17	14:30		00:42:04.35	00:42:04.35	+00:13:34 (32.3%)	14:01	4.3 (68.3%)
30	JÓZWAK Renata	731	TEAM GUBIN	14:30	17	14:30		00:42:04.35	00:42:04.35	+00:13:34 (32.3%)	14:01	4.3 (68.3%)
32	KORACH Barbara	738		14:30	19	14:30		00:42:11.00	00:42:11.00	+00:13:41 (32.4%)	14:03	4.3 (68.3%)
33	CICHOSZ Adriana	472	FC LESZCZE	15:15	29	15:15		00:42:11.75	00:42:11.75	+00:13:41 (32.5%)	14:03	4.3 (68.3%)
34	GWIŹDŹ Ania	301	GWIŹDŹU	15:00	15	15:00		00:42:13.35	00:42:13.35	+00:13:43 (32.5%)	14:04	4.3 (68.3%)
35	SZĘDZIOŁ Sandra	275		15:00	16	15:00		00:42:13.40	00:42:13.40	+00:13:43 (32.5%)	14:04	4.3 (68.3%)
36	NAPIERAŁA Magdalena	741	MADZIK	14:30	20	14:30		00:42:14.85	00:42:14.85	+00:13:44 (32.5%)	14:04	4.3 (68.3%)
37	MICHALSKA Michalina	471	FC LESZCZE	15:15	30	15:15		00:42:18.30	00:42:18.30	+00:13:48 (32.6%)	14:06	4.3 (68.3%)
38	MOLAK Iwona	5012	CROSS TRENING BOX BOLESŁAWIEC	14:15	24	14:15		00:42:29.20	00:42:29.20	+00:13:59 (32.9%)	14:09	4.2 (66.7%)
39	SZYDŁOWSKA Małgorzata	5015	CROSS TRENING BOX BOLESŁAWIEC	14:15	25	14:15		00:42:29.35	00:42:29.35	+00:13:59 (32.9%)	14:09	4.2 (66.7%)

Place	Participant	Number	Club	Category	MCat	Seria	Drużyna	Net	Czas	Gap	Pace	Pace
								time	brutto			
								3km	3km		min/km	km/h
40	GODLEWSKA Małgorzata	451	HAMSTER BRUISER	15:15	32	15:15		00:42:40.75	00:42:40.75	+00:14:10 (33.2%)	14:13	4.2 (66.7%)
41	KUFEL Krystyna	653	FRESENIUS MEDICAL CARE SSC	14:30	22	14:30		00:42:48.60	00:42:48.60	+00:14:18 (33.4%)	14:16	4.2 (66.7%)
42	ŻAK Katarzyna	319	KASIA	15:00	19	15:00		00:43:11.80	00:43:11.80	+00:14:41 (34.0%)	14:23	4.2 (66.7%)
43	GŁADCZAK Kamila	820		14:30	23	14:30		00:43:34.65	00:43:34.65	+00:15:04 (34.6%)	14:31	4.1 (65.1%)
44	RĄCZKOWSKA Kamila	163		14:45	15	14:45		00:43:52.85	00:43:52.85	+00:15:22 (35.1%)	14:37	4.1 (65.1%)
45	SOCHACKA Agnieszka	814		15:00	24	15:00		00:44:08.05	00:44:08.05	+00:15:38 (35.4%)	14:42	4.1 (65.1%)
46	FRĄCKOWIAK Joanna	532	BRAT_SIOSTRA	15:30	17	15:30		00:44:14.90	00:44:14.90	+00:15:45 (35.6%)	14:44	4.1 (65.1%)
47	SZRAMOWIAT Natalia	330		15:00	29	15:00		00:44:24.80	00:44:24.80	+00:15:54 (35.8%)	14:48	4.1 (65.1%)
48	THEUNS Monique	813		15:00	32	15:00		00:44:29.40	00:44:29.40	+00:15:59 (35.9%)	14:49	4 (63.5%)
49	BÖCKENFÖRDE Julia	508	RISKBUSTERS	15:30	19	15:30		00:44:38.20	00:44:38.20	+00:16:08 (36.2%)	14:52	4 (63.5%)
50	SMAJEK Małgorzata	2		14:15	26	14:15		00:44:42.75	00:44:42.75	+00:16:12 (36.3%)	14:54	4 (63.5%)
51	WIŚNIEWSKA Sylwia	3		14:15	27	14:15		00:44:42.85	00:44:42.85	+00:16:12 (36.3%)	14:54	4 (63.5%)
52	RZEWUSKA-TRYBA Magdalena	706	FIGA	14:30	29	14:30		00:44:46.80	00:44:46.80	+00:16:16 (36.4%)	14:55	4 (63.5%)
53	PUSTELNIK Anna	740	FIGA	14:30	30	14:30		00:44:48.50	00:44:48.50	+00:16:18 (36.4%)	14:56	4 (63.5%)
54	GŁÓWCZYK Joanna	396	KRZESZÓW TEAM	15:15	41	15:15		00:45:27.40	00:45:27.40	+00:16:57 (37.3%)	15:09	4 (63.5%)
55	OLSZAŃSKA Kasia	395	KRZESZÓW TEAM	15:15	43	15:15		00:45:27.50	00:45:27.50	+00:16:57 (37.3%)	15:09	4 (63.5%)
56	GEMBALSKA Anna	394	KRZESZÓW TEAM	15:15	45	15:15		00:45:28.30	00:45:28.30	+00:16:58 (37.3%)	15:09	4 (63.5%)
57	RZAÇA Barbara	211	EUROPA UBEZPIECZENIA	15:15	46	15:15		00:45:33.60	00:45:33.60	+00:17:03 (37.4%)	15:11	4 (63.5%)
58	ZAWADZKA Lidia	469	LIDIA	14:15	31	14:15		00:45:33.80	00:45:33.80	+00:17:03 (37.5%)	15:11	4 (63.5%)
59	DUDEK Joanna	662	FRESENIUS MEDICAL CARE SSC	14:30	35	14:30		00:45:53.20	00:45:53.20	+00:17:23 (37.9%)	15:17	3.9 (61.9%)
60	WYLEŻUCH Ewelina	177		14:45	22	14:45		00:45:59.00	00:45:59.00	+00:17:29 (38.0%)	15:19	3.9 (61.9%)
61	URBAN Karolina	176		14:45	23	14:45		00:45:59.30	00:45:59.30	+00:17:29 (38.0%)	15:19	3.9 (61.9%)
62	STASZEWSKA-KIJAKOWSKA Magdalena	657	FRESENIUS MEDICAL CARE SSC	14:30	37	14:30		00:46:24.20	00:46:24.20	+00:17:54 (38.6%)	15:28	3.9 (61.9%)

								Net time 3km	Czas brutto 3km	Gap	Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat	Seria	Drużyna					
63	MIĘDZYRZECKA Monika	701	CHYŻE BESTIE	14:30	39	14:30		00:46:33.65	00:46:33.65	+00:18:03 (38.8%)	15:31	3.9 (61.9%)
64	SĄLAMACKA Ewa	718	CHYŻE BESTIE	14:30	40	14:30		00:46:33.85	00:46:33.85	+00:18:03 (38.8%)	15:31	3.9 (61.9%)
65	WĘGLARZ Kalina	816		15:00	39	15:00		00:46:39.05	00:46:39.05	+00:18:09 (38.9%)	15:33	3.9 (61.9%)
66	REGULSKA Natalia	312	SARNA TEAM	15:00	40	15:00		00:46:40.60	00:46:40.60	+00:18:10 (38.9%)	15:33	3.9 (61.9%)
67	SŁABY Olivia	259		15:00	42	15:00		00:46:44.30	00:46:44.30	+00:18:14 (39.0%)	15:34	3.9 (61.9%)
68	JODKIEWICZ Kinga	486	TELETORIUM SQUAD	15:15	49	15:15		00:46:46.00	00:46:46.00	+00:18:16 (39.1%)	15:35	3.8 (60.3%)
69	DOLIŃSKA Aleksandra	487	TELETORIUM SQUAD	15:15	50	15:15		00:46:46.45	00:46:46.45	+00:18:16 (39.1%)	15:35	3.8 (60.3%)
70	ZAUŚCIŃSKA Magdalena	489	TELETORIUM SQUAD	15:15	53	15:15		00:46:46.75	00:46:46.75	+00:18:16 (39.1%)	15:35	3.8 (60.3%)
71	MATUSZCZAK Kamila	544	LAMY	15:30	23	15:30		00:46:53.55	00:46:53.55	+00:18:23 (39.2%)	15:37	3.8 (60.3%)
72	ZAWADZIŃSKA Justyna	224	JAZ SQUAD	14:45	27	14:45		00:47:01.40	00:47:01.40	+00:18:31 (39.4%)	15:40	3.8 (60.3%)
73	KOZDROŃ Magdalena	214	EUROPA UBEZPIECZENIA	14:45	29	14:45		00:47:17.80	00:47:17.80	+00:18:47 (39.7%)	15:45	3.8 (60.3%)
74	LEJMAN Agata	210	EUROPA UBEZPIECZENIA	14:45	30	14:45		00:47:19.10	00:47:19.10	+00:18:49 (39.8%)	15:46	3.8 (60.3%)
75	OSIPOWICZ - BOLIŃSKA Małgorzata	267		15:00	46	15:00		00:47:29.30	00:47:29.30	+00:18:59 (40.0%)	15:49	3.8 (60.3%)
76	BANDZIAK Klaudia	807		15:15	54	15:15		00:47:33.20	00:47:33.20	+00:19:03 (40.1%)	15:51	3.8 (60.3%)
77	MARKOWSKA Dominika	212	EUROPA UBEZPIECZENIA	14:45	33	14:45		00:47:35.55	00:47:35.55	+00:19:05 (40.1%)	15:51	3.8 (60.3%)
78	MATYJASIK Aleksandra	109	AMREST STARTER	14:15	34	14:15		00:48:13.00	00:48:13.00	+00:19:43 (40.9%)	16:04	3.7 (58.7%)
79	KOTLARSKA Małgorzata	736	MAMA & SYN	14:30	44	14:30		00:48:17.30	00:48:17.30	+00:19:47 (41.0%)	16:05	3.7 (58.7%)
80	JARCO Katarzyna	183	SHARKNADO	14:45	37	14:45		00:48:19.60	00:48:19.60	+00:19:49 (41.0%)	16:06	3.7 (58.7%)
81	MALAK Katarzyna	688	POCAHONTAZ	14:30	47	14:30		00:48:31.00	00:48:31.00	+00:20:01 (41.3%)	16:10	3.7 (58.7%)
82	TROŚCIANIEC Agnieszka	660	FRESENIUS MEDICAL CARE SSC	14:30	48	14:30		00:48:32.05	00:48:32.05	+00:20:02 (41.3%)	16:10	3.7 (58.7%)
83	POŁATA Julianna	596	PIĘKNE I BESTIE	15:30	26	15:30		00:48:33.50	00:48:33.50	+00:20:03 (41.3%)	16:11	3.7 (58.7%)
84	BABUŚKA Elżbieta	593	PIĘKNE I BESTIE	15:30	29	15:30		00:48:33.85	00:48:33.85	+00:20:03 (41.3%)	16:11	3.7 (58.7%)
85	GĄSZCZAK Kamila	590		15:30	31	15:30		00:48:35.75	00:48:35.75	+00:20:05 (41.4%)	16:11	3.7 (58.7%)

								Net time 3km	Czas brutto 3km	Gap	Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat	Seria	Drużyna					
86	LEMAŃSKA-BŁAŻOWSKA Elżbieta	246		15:30	34	15:30		00:48:56.20	00:48:56.20	+00:20:26 (41.8%)	16:18	3.7 (58.7%)
87	TA Aga	583	AGA-TA	15:30	40	15:30		00:49:07.00	00:49:07.00	+00:20:37 (42.0%)	16:22	3.7 (58.7%)
88	KONIOR Agnieszka	502	AGA-TA	15:30	41	15:30		00:49:07.10	00:49:07.10	+00:20:37 (42.0%)	16:22	3.7 (58.7%)
89	IDŹKOWSKA-KAWECKA Gosha	615		15:30	43	15:30		00:49:07.50	00:49:07.50	+00:20:37 (42.0%)	16:22	3.7 (58.7%)
90	PACHOWICZ Karolina	610	KAROLINA	15:30	44	15:30		00:49:22.70	00:49:22.70	+00:20:52 (42.3%)	16:27	3.6 (57.1%)
91	GRYCZ Paulina	219	PRZYPADEK	14:45	40	14:45		00:49:29.60	00:49:29.60	+00:20:59 (42.4%)	16:29	3.6 (57.1%)
92	BRETYN Dagmara	220	PRZYPADEK	14:45	41	14:45		00:49:29.90	00:49:29.90	+00:21:00 (42.4%)	16:29	3.6 (57.1%)
93	MAŁEK Natalia	14	IDEA GETIN LEASING	14:15	35	14:15		00:49:37.10	00:49:37.10	+00:21:07 (42.6%)	16:32	3.6 (57.1%)
94	FURTAK Magdalena	828		15:00	48	15:00		00:49:40.70	00:49:40.70	+00:21:10 (42.6%)	16:33	3.6 (57.1%)
95	JAROSZ Klaudia	51	PAPRYKI	14:15	39	14:15		00:49:53.15	00:49:53.15	+00:21:23 (42.9%)	16:37	3.6 (57.1%)
96	KOŁODZIEJSKA Justyna	572	POGOŃ BYDŁO	15:30	49	15:30		00:50:10.30	00:50:10.30	+00:21:40 (43.2%)	16:43	3.6 (57.1%)
97	ZAKRZEWSKA Gabriela	545	POGOŃ BYDŁO	15:30	51	15:30		00:50:12.85	00:50:12.85	+00:21:42 (43.2%)	16:44	3.6 (57.1%)
98	CIECHANOWICZ Paulina	15	IDEA GETIN LEASING	14:15	41	14:15		00:50:14.20	00:50:14.20	+00:21:44 (43.3%)	16:44	3.6 (57.1%)
99	DRUCIAK Aleksandra	603	TERMINATORZY	15:30	52	15:30		00:50:15.40	00:50:15.40	+00:21:45 (43.3%)	16:45	3.6 (57.1%)
100	WASEK Katarzyna	604	TERMINATORZY	15:30	53	15:30		00:50:15.65	00:50:15.65	+00:21:45 (43.3%)	16:45	3.6 (57.1%)
101	TWORZYDŁO Agnieszka	586	TERMINATORZY	15:30	54	15:30		00:50:15.90	00:50:15.90	+00:21:46 (43.3%)	16:45	3.6 (57.1%)
102	WÓJCIK Pati	579	PSI ZAPRZĘG	15:30	57	15:30		00:50:16.95	00:50:16.95	+00:21:47 (43.3%)	16:45	3.6 (57.1%)
103	DRAGAŃCZUK Katarzyna	743	MONDELEZ	14:30	62	14:30		00:50:37.00	00:50:37.00	+00:22:07 (43.7%)	16:52	3.6 (57.1%)
104	EMIKO Mariana	744	MONDELEZ	14:30	64	14:30		00:50:41.85	00:50:41.85	+00:22:11 (43.8%)	16:53	3.6 (57.1%)
105	WINNIK Aneta	827		14:15	43	14:15		00:50:47.40	00:50:47.40	+00:22:17 (43.9%)	16:55	3.5 (55.6%)
106	KOLTOWSKA Aleksandra	742	MONDELEZ	14:30	66	14:30		00:50:48.20	00:50:48.20	+00:22:18 (43.9%)	16:56	3.5 (55.6%)
107	KOWYNIA Natalia	2583	NATALII NIESZCZYCE	15:00	49	15:00		00:50:48.95	00:50:48.95	+00:22:19 (43.9%)	16:56	3.5 (55.6%)
108	KUDRYŃSKA Joanna	467	GRUPA SPED	15:15	55	15:15		00:50:55.40	00:50:55.40	+00:22:25 (44.0%)	16:58	3.5 (55.6%)

								Net time 3km	Czas brutto 3km	Gap	Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat	Seria	Drużyna					
109	NIEWIADOMSKA Weronika	200	WEXIN	14:45	46	14:45		00:50:59.70	00:50:59.70	+00:22:29 (44.1%)	16:59	3.5 (55.6%)
110	DOLEŻKO Paulina	351	DOLEŻKI	15:00	51	15:00		00:51:01.05	00:51:01.05	+00:22:31 (44.1%)	17:00	3.5 (55.6%)
111	MALAGA Renata	465	GRUPA SPED	15:15	56	15:15		00:51:06.10	00:51:06.10	+00:22:36 (44.2%)	17:02	3.5 (55.6%)
112	GOLA Marta	468	GRUPA SPED	15:15	58	15:15		00:51:10.75	00:51:10.75	+00:22:40 (44.3%)	17:03	3.5 (55.6%)
113	MODLINSKA Ewelina	720	MODLINSKY	14:30	68	14:30		00:51:12.05	00:51:12.05	+00:22:42 (44.3%)	17:04	3.5 (55.6%)
114	KACZOROWSKA Natalia	349	SPEEDANIE	15:00	54	15:00		00:51:17.70	00:51:17.70	+00:22:47 (44.4%)	17:05	3.5 (55.6%)
115	JANAS Malwina	170	DUBOLKI :)	14:45	48	14:45		00:51:24.55	00:51:24.55	+00:22:54 (44.6%)	17:08	3.5 (55.6%)
116	JAGIELSKA Marzena	317		15:00	55	15:00		00:51:29.30	00:51:29.30	+00:22:59 (44.7%)	17:09	3.5 (55.6%)
117	GRZYB Agnieszka	665	FRESENIUS MEDICAL CARE SSC	14:30	71	14:30		00:51:32.80	00:51:32.80	+00:23:02 (44.7%)	17:10	3.5 (55.6%)
118	PACHUCKA Grazyna	346	SPEEDANIE	15:00	56	15:00		00:51:47.00	00:51:47.00	+00:23:17 (45.0%)	17:15	3.5 (55.6%)
119	RESZELEWSKA Aleksandra	677	PRUSZKI OKRUSZKI	14:30	72	14:30		00:51:48.20	00:51:48.20	+00:23:18 (45.0%)	17:16	3.5 (55.6%)
120	KAMZOL Paulina	679	PRUSZKI OKRUSZKI	14:30	73	14:30		00:51:48.70	00:51:48.70	+00:23:18 (45.0%)	17:16	3.5 (55.6%)
121	KAMZOL Kasia	678	PRUSZKI OKRUSZKI	14:30	74	14:30		00:51:48.85	00:51:48.85	+00:23:18 (45.0%)	17:16	3.5 (55.6%)
122	BUCYK Emilia	8	IDEA GETIN LEASING	14:15	45	14:15		00:51:56.15	00:51:56.15	+00:23:26 (45.1%)	17:18	3.5 (55.6%)
123	MACEK Patrycja	11	IDEA GETIN LEASING	14:15	46	14:15		00:51:56.35	00:51:56.35	+00:23:26 (45.1%)	17:18	3.5 (55.6%)
124	MAJEWSKA Aneta	440	POWER PUFF GIRLS	15:15	59	15:15		00:52:02.85	00:52:02.85	+00:23:32 (45.2%)	17:20	3.5 (55.6%)
125	RYBOWICZ Joanna	378	POWER PUFF GIRLS	15:15	60	15:15		00:52:03.00	00:52:03.00	+00:23:33 (45.2%)	17:21	3.5 (55.6%)
126	KUSZTELAK Maria	442	POWER PUFF GIRLS	15:15	61	15:15		00:52:03.25	00:52:03.25	+00:23:33 (45.3%)	17:21	3.5 (55.6%)
127	CZ Joanna	63	SOLOAS	14:15	48	14:15		00:52:03.50	00:52:03.50	+00:23:33 (45.3%)	17:21	3.5 (55.6%)
128	SEMANIUK Joanna	376	POWER PUFF GIRLS	15:15	62	15:15		00:52:03.55	00:52:03.55	+00:23:33 (45.3%)	17:21	3.5 (55.6%)
129	WICIJEWSKA-GOLECKA Magdalena	377	POWER PUFF GIRLS	15:15	63	15:15		00:52:03.75	00:52:03.75	+00:23:33 (45.3%)	17:21	3.5 (55.6%)
130	SITO Ewa	656	FRESENIUS MEDICAL CARE SSC	14:30	78	14:30		00:52:06.95	00:52:06.95	+00:23:37 (45.3%)	17:22	3.5 (55.6%)
131	BIAŁCZAK Emilia	651	FRESENIUS MEDICAL CARE SSC	14:30	79	14:30		00:52:14.45	00:52:14.45	+00:23:44 (45.4%)	17:24	3.4 (54.0%)

Place	Participant	Number	Club	Category	MCat	Seria	Drużyna	Net	Czas	Gap	Pace	Pace
								time	brutto			
								3km	3km		min/km	km/h
132	ŻRÓDLAK Veronika	654	FRESENIUS MEDICAL CARE SSC	14:30	80	14:30		00:52:14.80	00:52:14.80	+00:23:44 (45.5%)	17:24	3.4 (54.0%)
133	BORUCKA Emilia	7	IDEA GETIN LEASING	14:15	49	14:15		00:52:15.30	00:52:15.30	+00:23:45 (45.5%)	17:25	3.4 (54.0%)
134	KOWAL Agnieszka	9	IDEALNI	14:15	50	14:15		00:52:15.75	00:52:15.75	+00:23:45 (45.5%)	17:25	3.4 (54.0%)
135	SIEKIERKA Aleksandra	476		15:15	65	15:15		00:52:19.60	00:52:19.60	+00:23:49 (45.5%)	17:26	3.4 (54.0%)
136	NOWAK Kasia	638		14:30	81	14:30		00:52:32.20	00:52:32.20	+00:24:02 (45.8%)	17:30	3.4 (54.0%)
137	STEMPLEWSKA Sylwia	639		14:30	82	14:30		00:52:33.95	00:52:33.95	+00:24:04 (45.8%)	17:31	3.4 (54.0%)
138	STRZELEC Angelika	284		15:00	58	15:00		00:52:39.00	00:52:39.00	+00:24:09 (45.9%)	17:33	3.4 (54.0%)
139	ORTH Iris	589		15:30	61	15:30		00:52:46.05	00:52:46.05	+00:24:16 (46.0%)	17:35	3.4 (54.0%)
140	RAKOWSKA Martyna	655	FRESENIUS MEDICAL CARE SSC	14:30	83	14:30		00:52:47.90	00:52:47.90	+00:24:18 (46.0%)	17:35	3.4 (54.0%)
141	ZIUBRZYCKA Magdalena	272	.	15:00	60	15:00		00:52:48.25	00:52:48.25	+00:24:18 (46.0%)	17:36	3.4 (54.0%)
142	ZAMIARA-MEDYŃSKA Katarzyna	271		15:00	61	15:00		00:52:48.95	00:52:48.95	+00:24:19 (46.0%)	17:36	3.4 (54.0%)
143	BOGACKA Paula	174	PFEIFER 3KM	14:45	49	14:45		00:52:53.65	00:52:53.65	+00:24:23 (46.1%)	17:37	3.4 (54.0%)
144	BIALOSKORSKA Hania	216	LADY REBEL	14:45	51	14:45		00:52:56.95	00:52:56.95	+00:24:27 (46.2%)	17:38	3.4 (54.0%)
145	TYNEK-WÓJCIK Anita	694	POCAHONTAZ	14:30	85	14:30		00:53:00.70	00:53:00.70	+00:24:30 (46.2%)	17:40	3.4 (54.0%)
145	MALAK Katarzyna	3473	POCAHONTAZ	14:30	85	14:30		00:53:00.70	00:53:00.70	+00:24:30 (46.2%)	17:40	3.4 (54.0%)
147	KUSTAL Małgorzata	40	BLACK MAMBA	14:15	52	14:15		00:53:17.35	00:53:17.35	+00:24:47 (46.5%)	17:45	3.4 (54.0%)
148	DUDAR Alicja	669	FRESENIUS MEDICAL CARE SSC	14:30	87	14:30		00:53:21.95	00:53:21.95	+00:24:52 (46.6%)	17:47	3.4 (54.0%)
149	KLEJDYSZ Katarzyna	280	DZIKI	15:00	62	15:00		00:53:28.70	00:53:28.70	+00:24:58 (46.7%)	17:49	3.4 (54.0%)
150	SENTOREK Paulina	591	WIKINGOWIE	15:30	63	15:30		00:53:35.15	00:53:35.15	+00:25:05 (46.8%)	17:51	3.4 (54.0%)
151	ZIORA Klaudia	203	GLADIATORKI	14:45	53	14:45		00:53:36.45	00:53:36.45	+00:25:06 (46.8%)	17:52	3.4 (54.0%)
151	TYMKIEWICZ Natalia	204	GLADIATORKI	14:45	53	14:45		00:53:36.45	00:53:36.45	+00:25:06 (46.8%)	17:52	3.4 (54.0%)
153	KUBICKA-DALEK Anna	179	JAKOŚ DAMY RADĘ :)	14:45	55	14:45		00:53:37.45	00:53:37.45	+00:25:07 (46.9%)	17:52	3.4 (54.0%)
154	KUBAŃSKA Amanda	608	WIKINGOWIE	15:30	65	15:30		00:53:45.40	00:53:45.40	+00:25:15 (47.0%)	17:55	3.3 (52.4%)

								Net time 3km	Czas brutto 3km		Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat	Seria	Drużyna			Gap		
155	PIWOWAR Marcela	172	GRUBE ROBALE	14:45	57	14:45		00:53:47.65	00:53:47.65	+00:25:17 (47.0%)	17:55	3.3 (52.4%)
156	GALIK Natalia	443	SIEDEM KRASNOLUDKÓW	15:15	67	15:15		00:53:48.40	00:53:48.40	+00:25:18 (47.0%)	17:56	3.3 (52.4%)
157	CICHOWICZ Nina	445	SIEDEM KRASNOLUDKÓW	15:15	68	15:15		00:53:48.75	00:53:48.75	+00:25:18 (47.0%)	17:56	3.3 (52.4%)
158	JĘCZMIEN Paulina	386	SIEDEM KRASNOLUDKÓW	15:15	70	15:15		00:53:48.90	00:53:48.90	+00:25:19 (47.0%)	17:56	3.3 (52.4%)
159	HEFKO Katarzyna	446	SIEDEM KRASNOLUDKÓW	15:15	71	15:15		00:53:49.35	00:53:49.35	+00:25:19 (47.1%)	17:56	3.3 (52.4%)
160	GWIAZDA Agnieszka	185	GWIAZDA TEAM	14:45	59	14:45		00:53:51.45	00:53:51.45	+00:25:21 (47.1%)	17:57	3.3 (52.4%)
161	NOWOSAD Krystyna	136	IDEA GETIN LEASING	14:15	62	14:15		00:54:14.05	00:54:14.05	+00:25:44 (47.5%)	18:04	3.3 (52.4%)
162	GRABKA Katarzyna	16	IDEA GETIN LEASING	14:15	63	14:15		00:54:14.80	00:54:14.80	+00:25:44 (47.5%)	18:04	3.3 (52.4%)
163	HEŁPA Ewa	13	IDEA GETIN LEASING	14:15	64	14:15		00:54:16.10	00:54:16.10	+00:25:46 (47.5%)	18:05	3.3 (52.4%)
164	BARAŃSKA Ewa	48	RYBKI	14:15	68	14:15		00:54:41.65	00:54:41.65	+00:26:11 (47.9%)	18:13	3.3 (52.4%)
165	GŁODEK Ewa	838		14:15	69	14:15		00:54:41.75	00:54:41.75	+00:26:11 (47.9%)	18:13	3.3 (52.4%)
166	GRZEGORZEK Marta	607	LARA POMÓŻ!	15:30	66	15:30		00:54:49.15	00:54:49.15	+00:26:19 (48.0%)	18:16	3.3 (52.4%)
167	ŁUKASZEK Marcelina	606	LARA POMÓŻ!	15:30	68	15:30		00:54:49.25	00:54:49.25	+00:26:19 (48.0%)	18:16	3.3 (52.4%)
168	BUGAJSKA Monika	478	M&MSY	15:15	75	15:15		00:55:08.50	00:55:08.50	+00:26:38 (48.3%)	18:22	3.3 (52.4%)
169	KUŚ-ŻUREK Aneta	58	OKAME	14:15	73	14:15		00:55:13.55	00:55:13.55	+00:26:43 (48.4%)	18:24	3.3 (52.4%)
170	PAWLUŚ Katarzyna	263	CZARNE OWCE	15:00	65	15:00		00:55:21.10	00:55:21.10	+00:26:51 (48.5%)	18:27	3.3 (52.4%)
171	KMETYK Agnieszka	265	CZARNE OWCE	15:00	66	15:00		00:55:21.35	00:55:21.35	+00:26:51 (48.5%)	18:27	3.3 (52.4%)
172	DWORSKA Julia	197	JANKESI	14:45	63	14:45		00:56:17.75	00:56:17.75	+00:27:47 (49.4%)	18:45	3.2 (50.8%)
173	WIĘCKOWSKA Marta	205	JANKESI	14:45	65	14:45		00:56:19.35	00:56:19.35	+00:27:49 (49.4%)	18:46	3.2 (50.8%)
174	DWORSKA Dorota	195	JANKESI	14:45	66	14:45		00:56:19.95	00:56:19.95	+00:27:50 (49.4%)	18:46	3.2 (50.8%)
175	DWORNIKOWSKA Magdalena	198	JANKESI	14:45	69	14:45		00:56:21.00	00:56:21.00	+00:27:51 (49.4%)	18:47	3.2 (50.8%)
176	JANKIEWICZ Agnieszka	193	JANKESI	14:45	71	14:45		00:56:21.25	00:56:21.25	+00:27:51 (49.4%)	18:47	3.2 (50.8%)
177	JANECZEK Joanna	321	DZBANY	15:00	73	15:00		00:56:22.85	00:56:22.85	+00:27:52 (49.5%)	18:47	3.2 (50.8%)

								Net time 3km	Czas brutto 3km	Gap	Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat	Seria	Drużyna					
178	GIDZIŃSKA Magda	536		15:30	69	15:30		00:56:34.50	00:56:34.50	+00:28:04 (49.6%)	18:51	3.2 (50.8%)
179	CHUDZIKOWSKA Maja	535		15:30	70	15:30		00:56:34.75	00:56:34.75	+00:28:04 (49.6%)	18:51	3.2 (50.8%)
180	GOLANOWSKA Natalia	149		14:45	74	14:45		00:56:38.85	00:56:38.85	+00:28:08 (49.7%)	18:52	3.2 (50.8%)
181	KRASOWSKA Edyta	192		14:45	77	14:45		00:56:41.90	00:56:41.90	+00:28:12 (49.7%)	18:53	3.2 (50.8%)
182	SUSZYŃSKA Natasza	322	DZBANY	15:00	76	15:00		00:56:49.45	00:56:49.45	+00:28:19 (49.8%)	18:56	3.2 (50.8%)
183	KRUPA Ewelina	35	BLACK MAMBA	14:15	87	14:15		00:56:55.20	00:56:55.20	+00:28:25 (49.9%)	18:58	3.2 (50.8%)
184	DUSZA Małgorzata	33	BLACK MAMBA	14:15	88	14:15		00:56:55.25	00:56:55.25	+00:28:25 (49.9%)	18:58	3.2 (50.8%)
185	NOWACZYK Agata	34	BLACK MAMBA	14:15	89	14:15		00:56:55.50	00:56:55.50	+00:28:25 (49.9%)	18:58	3.2 (50.8%)
186	ANTKIEWICZ Izabela	363	ANTKIEWICZ	15:00	79	15:00		00:57:09.60	00:57:09.60	+00:28:39 (50.1%)	19:03	3.1 (49.2%)
187	LACH Agnieszka	550		15:30	71	15:30		00:57:22.10	00:57:22.10	+00:28:52 (50.3%)	19:07	3.1 (49.2%)
188	BERA Agnieszka	518		15:30	72	15:30		00:57:22.20	00:57:22.20	+00:28:52 (50.3%)	19:07	3.1 (49.2%)
189	GRAF Mariola	504		15:30	74	15:30		00:57:26.10	00:57:26.10	+00:28:56 (50.4%)	19:08	3.1 (49.2%)
190	TADRAŁA Ala	334	MIESZANKA WYBUCHOWA	15:00	81	15:00		00:57:32.10	00:57:32.10	+00:29:02 (50.5%)	19:10	3.1 (49.2%)
191	MORAWSKA Izabela	336	MIESZANKA WYBUCHOWA	15:00	83	15:00		00:57:32.55	00:57:32.55	+00:29:02 (50.5%)	19:10	3.1 (49.2%)
192	CIOLEK Kasia	338	MIESZANKA WYBUCHOWA	15:00	85	15:00		00:57:33.00	00:57:33.00	+00:29:03 (50.5%)	19:11	3.1 (49.2%)
193	SOSNOWA Barbara	341	MIESZANKA WYBUCHOWA	15:00	86	15:00		00:57:33.05	00:57:33.05	+00:29:03 (50.5%)	19:11	3.1 (49.2%)
194	TUL Małgorzata	339	MIESZANKA WYBUCHOWA	15:00	88	15:00		00:57:33.90	00:57:33.90	+00:29:04 (50.5%)	19:11	3.1 (49.2%)
195	BROCKA Kamila	635	PRZYGARNIJ KOTA	14:30	97	14:30		00:57:36.60	00:57:36.60	+00:29:06 (50.5%)	19:12	3.1 (49.2%)
196	KUCZENKO Joanna	503		15:30	77	15:30		00:57:44.75	00:57:44.75	+00:29:14 (50.6%)	19:14	3.1 (49.2%)
197	WĘGLEWSKA Małgorzata	637	CHYŻE BESTIE	14:30	104	14:30		00:57:45.70	00:57:45.70	+00:29:15 (50.7%)	19:15	3.1 (49.2%)
198	PIOTRKOWSKA Marzena	682	CHYŻE BESTIE	14:30	106	14:30		00:57:46.40	00:57:46.40	+00:29:16 (50.7%)	19:15	3.1 (49.2%)
199	FANDEROWSKA Magdalena	28		14:15	94	14:15		00:57:56.80	00:57:56.80	+00:29:26 (50.8%)	19:18	3.1 (49.2%)
200	MISIUK Aleksandra	45	KURMIŚ	14:15	97	14:15		00:58:40.05	00:58:40.05	+00:30:10 (51.4%)	19:33	3.1 (49.2%)

								Net time 3km	Czas brutto 3km	Gap	Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat	Seria	Drużyna					
201	LEJA Natalia	240	MANA MANIANA	14:45	79	14:45		00:58:40.15	00:58:40.15	+00:30:10 (51.4%)	19:33	3.1 (49.2%)
202	KURASINSKA Aśka	46	KURMIŚ	14:15	98	14:15		00:58:40.20	00:58:40.20	+00:30:10 (51.4%)	19:33	3.1 (49.2%)
203	ITKOWIAK Klaudia	641	BRAVE BRUNETTES	14:30	107	14:30		00:58:48.80	00:58:48.80	+00:30:18 (51.5%)	19:36	3.1 (49.2%)
204	JAKUBCZYK Marzena	642	BRAVE BRUNETTES	14:30	108	14:30		00:58:48.85	00:58:48.85	+00:30:18 (51.5%)	19:36	3.1 (49.2%)
204	BIEGAŃSKA Daria	643	BRAVE BRUNETTES	14:30	108	14:30		00:58:48.85	00:58:48.85	+00:30:18 (51.5%)	19:36	3.1 (49.2%)
206	SZABŁOWSKA Ewa	633		14:30	110	14:30		00:59:01.45	00:59:01.45	+00:30:31 (51.7%)	19:40	3 (47.6%)
207	GAWARA Dominika	629		14:30	113	14:30		00:59:03.20	00:59:03.20	+00:30:33 (51.7%)	19:41	3 (47.6%)
208	PAPIEŻ Patrycja	372	FRESENIUS NETCARE	15:15	78	15:15		01:00:23.45	01:00:23.45	+00:31:53 (52.8%)	20:07	3 (47.6%)
209	LAJKS Kamila	437	FRESENIUS NETCARE	15:15	79	15:15		01:00:23.90	01:00:23.90	+00:31:54 (52.8%)	20:07	3 (47.6%)
210	SKRABKA Agnieszka	380	CLINICO MEDICAL	15:15	80	15:15		01:00:23.95	01:00:23.95	+00:31:54 (52.8%)	20:07	3 (47.6%)
211	SMAGACZ Joanna	431	FRESENIUS NETCARE	15:15	82	15:15		01:00:24.35	01:00:24.35	+00:31:54 (52.8%)	20:08	3 (47.6%)
212	KLESZCZ Ewa	427	FRESENIUS NETCARE	15:15	83	15:15		01:00:24.40	01:00:24.40	+00:31:54 (52.8%)	20:08	3 (47.6%)
213	POPRAWKA Ela	389	CLINICO MEDICAL	15:15	85	15:15		01:00:25.10	01:00:25.10	+00:31:55 (52.8%)	20:08	3 (47.6%)
214	POŻNIAK Anita	428	FRESENIUS NETCARE	15:15	88	15:15		01:00:26.50	01:00:26.50	+00:31:56 (52.8%)	20:08	3 (47.6%)
215	TESMER Dorota	408	CLINICO MEDICAL	15:15	93	15:15		01:00:30.50	01:00:30.50	+00:32:00 (52.9%)	20:10	3 (47.6%)
216	POSKART Anna	507	RISKBUSTERS	15:30	78	15:30		01:00:36.25	01:00:36.25	+00:32:06 (53.0%)	20:12	3 (47.6%)
217	ŁUGIEWICZ Natalia	551		15:30	79	15:30		01:00:38.40	01:00:38.40	+00:32:08 (53.0%)	20:12	3 (47.6%)
218	BIALUCHA Natalia	619		15:30	80	15:30		01:00:38.50	01:00:38.50	+00:32:08 (53.0%)	20:12	3 (47.6%)
219	SOBIERAJSKA Kalina	553	RISKBUSTERS	15:30	82	15:30		01:00:44.50	01:00:44.50	+00:32:14 (53.1%)	20:14	3 (47.6%)
220	ŚWIDERSKA Kinga	371	NOWICJUSZ	15:15	94	15:15		01:00:59.50	01:00:59.50	+00:32:29 (53.3%)	20:19	3 (47.6%)
221	JANUS Zuzanna	461	WYREWOLWEROWANE KALORYFERY	15:15	95	15:15		01:01:01.35	01:01:01.35	+00:32:31 (53.3%)	20:20	3 (47.6%)
222	DOMASZCZYŃSKA Klaudia	463	WYREWOLWEROWANE KALORYFERY	15:15	96	15:15		01:01:04.50	01:01:04.50	+00:32:34 (53.3%)	20:21	2.9 (46.0%)
223	MILER Wirginia	462	WYREWOLWEROWANE KALORYFERY	15:15	98	15:15		01:01:12.65	01:01:12.65	+00:32:42 (53.4%)	20:24	2.9 (46.0%)

								Net time 3km	Czas brutto 3km	Gap	Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat	Seria	Drużyna					
224	JAŻWIEC-KURASZ Patrycja	464	WYREWOLWEROWANE KALORYFERY	15:15	99	15:15		01:01:12.75	01:01:12.75	+00:32:42 (53.4%)	20:24	2.9 (46.0%)
225	WONS Anna	419	CAPITALNE	15:15	101	15:15		01:01:44.60	01:01:44.60	+00:33:14 (53.8%)	20:34	2.9 (46.0%)
226	ZADLO Kamila	456	CAPITALNE	15:15	102	15:15		01:01:47.50	01:01:47.50	+00:33:17 (53.9%)	20:35	2.9 (46.0%)
227	WICHŁACZ Dorota	458	CAPITALNE	15:15	103	15:15		01:02:13.35	01:02:13.35	+00:33:43 (54.2%)	20:44	2.9 (46.0%)
228	POKLEPA Małgorzata	457	CAPITALNE	15:15	104	15:15		01:02:13.50	01:02:13.50	+00:33:43 (54.2%)	20:44	2.9 (46.0%)
229	WOŁOSZYK Alicja	418	ALA	15:15	105	15:15		01:02:15.65	01:02:15.65	+00:33:45 (54.2%)	20:45	2.9 (46.0%)
230	ZIELIŃSKA Katarzyna	634		14:30	114	14:30		01:02:30.65	01:02:30.65	+00:34:00 (54.4%)	20:50	2.9 (46.0%)
231	RACZYŃSKA Roberta	19		14:15	111	14:15		01:02:39.20	01:02:39.20	+00:34:09 (54.5%)	20:53	2.9 (46.0%)
232	NOWAK Marlena	18		14:15	115	14:15		01:02:54.40	01:02:54.40	+00:34:24 (54.7%)	20:58	2.9 (46.0%)
233	PODOLSKA Joanna	22		14:15	116	14:15		01:02:54.80	01:02:54.80	+00:34:24 (54.7%)	20:58	2.9 (46.0%)
234	MATUSZKIEWICZ Kinga	20		14:15	118	14:15		01:02:56.25	01:02:56.25	+00:34:26 (54.7%)	20:58	2.9 (46.0%)
235	NAWROT Beata	144	OPAKOWANIA NAWROT TEAM	14:45	82	14:45		01:03:42.60	01:03:42.60	+00:35:12 (55.3%)	21:14	2.8 (44.4%)
236	KRZYŻYŃSKA Agnieszka	140	OPAKOWANIA NAWROT TEAM	14:45	84	14:45		01:03:43.05	01:03:43.05	+00:35:13 (55.3%)	21:14	2.8 (44.4%)
237	ŻYTO Kasia	141	OPAKOWANIA NAWROT TEAM	14:45	85	14:45		01:03:43.20	01:03:43.20	+00:35:13 (55.3%)	21:14	2.8 (44.4%)
238	KASPRZAK Izabela	138	OPAKOWANIA NAWROT TEAM	14:45	86	14:45		01:03:43.35	01:03:43.35	+00:35:13 (55.3%)	21:14	2.8 (44.4%)
239	LIPOWICZ Beata	139	OPAKOWANIA NAWROT TEAM	14:45	87	14:45		01:03:43.60	01:03:43.60	+00:35:13 (55.3%)	21:14	2.8 (44.4%)
240	LALIK Magdalena	145	OPAKOWANIA NAWROT TEAM	14:45	88	14:45		01:03:44.15	01:03:44.15	+00:35:14 (55.3%)	21:14	2.8 (44.4%)
241	LAMORSKA Ula	481		15:15	107	15:15		01:03:52.95	01:03:52.95	+00:35:23 (55.4%)	21:17	2.8 (44.4%)
242	ZAJĄC Małgorzata	722		14:30	120	14:30		01:04:01.65	01:04:01.65	+00:35:31 (55.5%)	21:20	2.8 (44.4%)
243	ZAJĄC Katarzyna	724		14:30	121	14:30		01:04:01.95	01:04:01.95	+00:35:32 (55.5%)	21:20	2.8 (44.4%)
244	MENDE-CHMIELARZ Anna	723		14:30	122	14:30		01:04:02.05	01:04:02.05	+00:35:32 (55.5%)	21:20	2.8 (44.4%)
245	DISSENHA Luana	513	OPSSURVIVAL TEAM	15:30	85	15:30		01:05:48.75	01:05:48.75	+00:37:18 (56.7%)	21:56	2.7 (42.9%)
245	RODRIGUEZ Agnieszka	517	OPSSURVIVAL TEAM	15:30	85	15:30		01:05:48.75	01:05:48.75	+00:37:18 (56.7%)	21:56	2.7 (42.9%)

Place	Participant	Number	Club	Category	MCat	Seria	Drużyna	Net time 3km	Czas brutto 3km	Gap	Pace min/km	Pace km/h
247	KOWALEWSKA Katarzyna	512	OPSSURVIVAL TEAM	15:30	89	15:30		01:06:01.70	01:06:01.70	+00:37:31 (56.8%)	22:00	2.7 (42.9%)
248	PRUS Katarzyna	824		14:45	89	14:45		01:06:03.40	01:06:03.40	+00:37:33 (56.9%)	22:01	2.7 (42.9%)
249	DUDZIAK Katarzyna	495	OPSSURVIVAL TEAM	15:30	91	15:30		01:06:05.90	01:06:05.90	+00:37:36 (56.9%)	22:01	2.7 (42.9%)
250	WOJNICKA Idalia	708	FIGA	14:30	123	14:30		01:06:06.80	01:06:06.80	+00:37:36 (56.9%)	22:02	2.7 (42.9%)
251	TRZEBOWSKA Monika	515	OPSSURVIVAL TEAM	15:30	92	15:30		01:06:12.65	01:06:12.65	+00:37:42 (57.0%)	22:04	2.7 (42.9%)
252	WANZEK Renata	516	OPSSURVIVAL TEAM	15:30	93	15:30		01:06:12.90	01:06:12.90	+00:37:43 (57.0%)	22:04	2.7 (42.9%)
253	DYMARA Kamila	710	FIGA	14:30	126	14:30		01:06:13.95	01:06:13.95	+00:37:44 (57.0%)	22:04	2.7 (42.9%)
254	DUBEC Monika	709	FIGA	14:30	127	14:30		01:06:14.90	01:06:14.90	+00:37:45 (57.0%)	22:04	2.7 (42.9%)
255	STEC Nesrine	498	OPSSURVIVAL TEAM	15:30	96	15:30		01:06:16.55	01:06:16.55	+00:37:46 (57.0%)	22:05	2.7 (42.9%)
256	KUŹMIŃSKA Marta	712	FIGA	14:30	128	14:30		01:06:29.55	01:06:29.55	+00:37:59 (57.1%)	22:09	2.7 (42.9%)
257	MAKÓWKA NOWAK Kamila	713	FIGA	14:30	131	14:30		01:07:00.20	01:07:00.20	+00:38:30 (57.5%)	22:20	2.7 (42.9%)
258	KRZAK Dominika	703	FIGA	14:30	132	14:30		01:07:01.10	01:07:01.10	+00:38:31 (57.5%)	22:20	2.7 (42.9%)
259	SIECIŃSKA Amanda	235	DEBEŚCIAKI FW	14:45	90	14:45		01:07:19.90	01:07:19.90	+00:38:50 (57.7%)	22:26	2.7 (42.9%)
260	BERNAT Sylwia	234	DEBEŚCIAKI FW	14:45	91	14:45		01:07:20.40	01:07:20.40	+00:38:50 (57.7%)	22:26	2.7 (42.9%)
261	KLESZCZ Kamila	238	DEBEŚCIAKI FW	14:45	92	14:45		01:07:21.50	01:07:21.50	+00:38:51 (57.7%)	22:27	2.7 (42.9%)
262	HIROWSKA Wioleta	236	DEBEŚCIAKI FW	14:45	95	14:45		01:07:23.10	01:07:23.10	+00:38:53 (57.7%)	22:27	2.7 (42.9%)
263	SŁOWIŃSKA Agnieszka	232	DEBEŚCIAKI FW	14:45	96	14:45		01:07:23.35	01:07:23.35	+00:38:53 (57.7%)	22:27	2.7 (42.9%)
264	ŻUPAŃSKA Ola	673	OXIZINE	14:30	133	14:30		01:08:37.95	01:08:37.95	+00:40:08 (58.5%)	22:52	2.6 (41.3%)
265	MORCZEK Julia	353		15:00	90	15:00		01:20:54.35	01:20:54.35	+00:52:24 (64.8%)	26:58	2.2 (34.9%)
266	MROCZEK Ola	354		15:00	91	15:00		01:20:59.20	01:20:59.20	+00:52:29 (64.8%)	26:59	2.2 (34.9%)

Total 266 results.