# POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM

Organizator: Potęgowo
Data: 2019-08-24
Miejsce: Potęgowo
Dystans: 21.1 km

**Wyniki dla punktu pomiaru: 11.1 km**

Klasyfikacja wg czasów netto.

## POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | KNITTER TOMASZ | 346 | TOMASZ KNITTER | DZIEMIANY | POL | M18-29 | | | 00:57:36 | 01:14:28 | 01:31:28 | 01:48:46 | 02:06:45 |
| 2 | HAŁAS MARCIN | 340 | UNIA MIAST | CZECHOWICE-DZIEDZICE | POL | M30-39 | | | 00:59:09 | 01:16:05 | 01:32:56 | 01:49:42 | 02:06:40 |
| 3 | BARCZYK BOGDAN | 331 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M50-59 | | | 00:59:09 | 01:16:45 | 01:34:41 | 01:53:06 | 02:11:55 |
| 4 | NACZK LEONARD | 105 | LĘBORSKIE LWY | LĘBORK | POL | M40-49 | 1 | | 00:59:37 | 01:17:18 | 01:35:11 | 01:53:15 | 02:11:34 |
| 5 | ŻYDACZEWSKI RYSZARD | 377 | KS METRACO POLKOWICE | LUBIN | POL | M50-59 | | | 00:59:36 | 01:17:19 | 01:35:19 | 01:53:38 | 02:12:20 |
| 6 | KOŁODZIEJ JOANNA | 348 | STADION ŚLĄSKI | RUDA ŚLĄSKI | POL | K50-59 | | | 01:00:25 | 01:18:14 | 01:36:10 | 01:54:11 | 02:12:12 |
| 7 | KUBISZYN MIROSŁAW | 350 | KS METRACO POLKOWICE | LUBACZÓW | POL | M30-39 | | | 01:01:41 | 01:18:19 | 01:34:53 | 01:52:05 | 02:10:12 |
| 8 | SPYCHAŁA MARZENA | 365 | CKZIU NYSA MECHANIK | BIAŁA | POL | K40-49 | | | 01:01:14 | 01:19:34 | 01:38:01 | 01:56:34 | 02:15:11 |
| 9 | KOLMETZ KATARZYNA | 347 | POLIPACK TEAM GWE | WEJHEROWO | POL | K40-49 | | | 01:02:03 | 01:20:40 | 01:39:11 | 01:57:59 | 02:16:50 |
| 10 | LENZ ANDRZEJ | 352 | MUSZKIETEROWIE | GNIEZNO | POL | M50-59 | | | 01:02:21 | 01:20:43 | 01:39:06 | 01:57:18 | 02:15:32 |
| 11 | SZULC ALICJA | 368 | | MŁAWA | POL | K40-49 | | | 01:02:24 | 01:21:11 | 01:40:29 | 01:59:57 | 02:19:59 |
| 12 | CIESIELSKI JAN | 333 | TORUŃ - IDZIEMY BEZ RYZYKA | TORUŃ | POL | M40-49 | 1 | | 01:02:34 | 01:21:16 | 01:40:40 | 01:59:35 | 02:18:42 |
| 13 | CIESIELSKI JERZY | 334 | TORUŃ - IDZIEMY BEZ RYZYKA | TORUŃ | POL | M18-29 | 2 | | 01:04:01 | 01:22:26 | 01:40:50 | 01:59:48 | 02:18:27 |
| 14 | ŻAMOJCIN MAREK | 376 | NORDICLUB SZCZECIN | SZCZECIN | POL | M50-59 | | | 01:03:34 | 01:22:33 | 01:41:47 | 02:01:32 | 02:21:40 |
| 15 | MĄDRY GRZEGORZ | 354 | KIJKOWE TRZEMESZNO | TRZEMESZNO | POL | M60+ | | | 01:03:53 | 01:22:41 | 01:41:51 | 02:01:13 | 02:21:10 |
| 16 | KUŚMIEREK PATRYK | 351 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | M18-29 | | | 01:06:14 | 01:22:54 | 01:40:27 | 01:59:03 | 02:17:41 |
| 17 | ŚCIBUT ANIA | 369 | FORMA NA PIĄTKĘ NW | PABIANICE | POL | K40-49 | | | 01:04:12 | 01:23:46 | 01:43:41 | 02:03:42 | 02:24:04 |
| 18 | RAKOWIECKI ZBIGNIEW | 361 | FACE NORDIC WALKING TEAM | GDAŃSK | POL | M50-59 | | | 01:04:29 | 01:24:05 | 01:43:50 | 02:04:12 | 02:24:25 |
| 19 | STACHOWICZ JOANNA | 367 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | K18-29 | | | 01:05:02 | 01:24:24 | 01:43:58 | 02:03:55 | 02:24:17 |
| 20 | FRANKIEWICZ MIROSŁAW | 337 | FORMA NA PIĄTKĘ NW | PABIANICE | POL | M40-49 | | | 01:05:10 | 01:24:29 | 01:43:59 | 02:03:30 | 02:23:12 |
| 21 | NOWICZ MARIUSZ | 357 | CIDRY LOTAJOM | KSIĘŻY LAS | POL | M18-29 | | | 01:05:24 | 01:24:54 | 01:44:59 | 02:05:11 | 02:25:32 |
| 22 | GOŁĘBIOWSKI KRZYSZTOF | 338 | ZAWSZE MŁODZI NORDIC WALKING | ŁÓDŹ | POL | M50-59 | | | 01:05:24 | 01:24:56 | 01:44:55 | 02:05:32 | 02:28:03 |
| 23 | STĘPIEŃ LUCYNA | 366 | KS METRACO POLKOWICE | LUBIN | POL | K60+ | | | 01:05:34 | 01:24:58 | 01:44:44 | 02:03:58 | 02:23:00 |
| 24 | GROS AGNIESZKA | 339 | STADION ŚLĄSKI | KATOWICE | POL | K40-49 | | | 01:05:30 | 01:25:03 | 01:45:04 | 02:05:25 | 02:25:50 |
| 25 | PAPROTNA AGNIESZKA | 358 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K30-39 | | | 01:05:46 | 01:25:27 | 01:45:17 | 02:05:16 | 02:25:12 |
| 26 | PLEWIŃSKI RAFAŁ | 359 | | GDYNIA | POL | M30-39 | | | 01:05:41 | 01:25:30 | 01:46:17 | 02:08:03 | 02:30:57 |
| 27 | RESEMAN SYLWIA | 362 | FACE NORDIC WALKING TEAM | ŻUKOWO | POL | K50-59 | | | 01:06:08 | 01:25:53 | 01:46:01 | 02:06:38 | 02:27:55 |
| 28 | WESOŁOWSKI WOJCIECH | 372 | MUSZKIETEROWIE | GNIEZNO | GBR | M60+ | | | 01:06:12 | 01:25:54 | 01:45:33 | 02:05:42 | 02:26:32 |
| 29 | BUCZKOWSKA WIESŁAWA | 332 | FACE NORDIC WALKING TEAM | GDYNIA | POL | K60+ | | | 01:06:47 | 01:26:58 | 01:47:36 | 02:08:16 | 02:28:55 |
| 30 | JANOSZKA IRENA | 341 | CIDRY LOTAJOM | RADZIONKÓW | POL | K50-59 | | | 01:07:09 | 01:27:50 | 01:48:26 | 02:09:20 | 02:30:41 |
| 31 | DANKIEWICZ BARBARA | 335 | ZAWSZE MŁODZI NORDIC WALKING | ŁOWICZ | POL | K40-49 | | | 01:09:22 | 01:29:58 | 01:51:24 | 02:12:57 | 02:35:26 |
| 32 | NIETRZEBKA ALEKSANDRA | 378 | MIĘDZYBORÓW | MIĘDZYBORÓW | POL | K18-29 | | | 01:10:24 | 01:30:07 | 01:50:20 | 02:11:19 | 02:33:07 |
| 33 | KACZMAREK JAROSŁAW | 342 | SERCE NORDICA WŁOCŁAWEK | SZCZUTKI | POL | M50-59 | | | 01:09:57 | 01:30:49 | 01:52:17 | 02:14:05 | 02:36:04 |
| 34 | NIETRZEBKA PAWEŁ | 356 | MIĘDZYBORÓW | MIĘDZYBORÓW | POL | M30-39 | | | 01:09:58 | 01:31:09 | 01:52:51 | 02:15:12 | 02:37:38 |
| 35 | DUSZA ANNA | 336 | NORDICLUB SZCZECIN | SZCZECIN | POL | K50-59 | | | 01:10:50 | 01:31:44 | 01:53:15 | 02:15:30 | 02:38:15 |
| 36 | POSTEK DANUTA | 360 | MARSZ PO ZDROWIE | POZNAŃ | POL | K50-59 | | | 01:11:03 | 01:32:01 | 01:53:42 | 02:16:07 | 02:38:44 |
| 37 | KACZMAREK ZOFIA | 343 | SERCE NORDICA WŁOCŁAWEK | SZCZUTKI | POL | K50-59 | | | 01:11:17 | 01:32:31 | 01:54:09 | 02:16:43 | 02:40:11 |
| 38 | MALINOWSKA KATARZYNA | 353 | LECYMY DURŚ | PIEKARY ŚLĄSKIE | POL | K30-39 | | | 01:11:08 | 01:32:34 | 01:53:57 | 02:16:50 | 02:41:04 |
| 39 | SOBAŃSKA GRAŻYNA | 364 | | DRUŻBICE | POL | K60+ | | | 01:12:02 | 01:32:49 | 01:53:30 | 02:14:32 | 02:36:05 |
| 40 | WENDT JAROSŁAW | 371 | POLIPACK TEAM GWE | GOŚCICINO | POL | M50-59 | | | 01:13:06 | 01:33:50 | 01:54:25 | 02:15:17 | 02:36:00 |
| 41 | ROZMUS JOLANTA | 363 | FACE NORDIC WALKING TEAM | GDYNIA | POL | K60+ | | | 01:13:20 | 01:34:57 | 01:57:19 | 02:19:27 | 02:41:31 |
| 42 | ZAWADZKA MARIA | 375 | KS METRACO POLKOWICE | LUBIN | POL | K60+ | | | 01:15:03 | 01:36:41 | 01:58:31 | 02:20:39 | 02:43:03 |
| 43 | MÓRAWSKI SŁAWOMIR | 355 | TORUŃ - IDZIEMY BEZ RYZYKA | TORUŃ | POL | M50-59 | | | 01:19:52 | 01:43:33 | 02:07:56 | 02:32:12 | 02:56:56 |
| 44 | KARASIEWICZ IWONA | 344 | NORDICLUB SZCZECIN | WARSZAWA | POL | K30-39 | | | 01:21:05 | 01:45:09 | 02:10:18 | 02:36:39 | 03:03:19 |

## POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, K18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | STACHOWICZ JOANNA | 367 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | K18-29 | | | 01:05:02 | 01:24:24 | 01:43:58 | 02:03:55 | 02:24:17 |
| 2 | NIETRZEBKA ALEKSANDRA | 378 | MIĘDZYBORÓW | MIĘDZYBORÓW | POL | K18-29 | | | 01:10:24 | 01:30:07 | 01:50:20 | 02:11:19 | 02:33:07 |

## POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, M18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | KNITTER TOMASZ | 346 | TOMASZ KNITTER | DZIEMIANY | POL | M18-29 | | | 00:57:36 | 01:14:28 | 01:31:28 | 01:48:46 | 02:06:45 |
| 2 | CIESIELSKI JERZY | 334 | TORUŃ - IDZIEMY BEZ RYZYKA | TORUŃ | POL | M18-29 | 2 | | 01:04:01 | 01:22:26 | 01:40:50 | 01:59:48 | 02:18:27 |
| 3 | KUŚMIEREK PATRYK | 351 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | M18-29 | | | 01:06:14 | 01:22:54 | 01:40:27 | 01:59:03 | 02:17:41 |
| 4 | NOWICZ MARIUSZ | 357 | CIDRY LOTAJOM | KSIĘŻY LAS | POL | M18-29 | | | 01:05:24 | 01:24:54 | 01:44:59 | 02:05:11 | 02:25:32 |

## POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, K30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | PAPROTNA AGNIESZKA | 358 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K30-39 | | | 01:05:46 | 01:25:27 | 01:45:17 | 02:05:16 | 02:25:12 |
| 2 | MALINOWSKA KATARZYNA | 353 | LECYMY DURŚ | PIEKARY ŚLĄSKIE | POL | K30-39 | | | 01:11:08 | 01:32:34 | 01:53:57 | 02:16:50 | 02:41:04 |
| 3 | KARASIEWICZ IWONA | 344 | NORDICLUB SZCZECIN | WARSZAWA | POL | K30-39 | | | 01:21:05 | 01:45:09 | 02:10:18 | 02:36:39 | 03:03:19 |

## POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, M30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | HAŁAS MARCIN | 340 | UNIA MIAST | CZECHOWICE-DZIEDZIC E | POL | M30-39 | | | 00:59:09 | 01:16:05 | 01:32:56 | 01:49:42 | 02:06:40 |
| 2 | KUBISZYN MIROSŁAW | 350 | KS METRACO POLKOWICE | LUBACZÓW | POL | M30-39 | | | 01:01:41 | 01:18:19 | 01:34:53 | 01:52:05 | 02:10:12 |
| 3 | PLEWIŃSKI RAFAŁ | 359 | | GDYNIA | POL | M30-39 | | | 01:05:41 | 01:25:30 | 01:46:17 | 02:08:03 | 02:30:57 |
| 4 | NIETRZEBKA PAWEŁ | 356 | MIĘDZYBORÓW | MIĘDZYBORÓW | POL | M30-39 | | | 01:09:58 | 01:31:09 | 01:52:51 | 02:15:12 | 02:37:38 |

## POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, K40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | SPYCHAŁA MARZENA | 365 | CKZIU NYSA MECHANIK | BIAŁA | POL | K40-49 | | | 01:01:14 | 01:19:34 | 01:38:01 | 01:56:34 | 02:15:11 |
| 2 | KOLMETZ KATARZYNA | 347 | POLIPACK TEAM GWE | WEJHEROWO | POL | K40-49 | | | 01:02:03 | 01:20:40 | 01:39:11 | 01:57:59 | 02:16:50 |
| 3 | SZULC ALICJA | 368 | | MŁAWA | POL | K40-49 | | | 01:02:24 | 01:21:11 | 01:40:29 | 01:59:57 | 02:19:59 |
| 4 | ŚCIBUT ANIA | 369 | FORMA NA PIĄTKĘ NW | PABIANICE | POL | K40-49 | | | 01:04:12 | 01:23:46 | 01:43:41 | 02:03:42 | 02:24:04 |
| 5 | GROS AGNIESZKA | 339 | STADION ŚLĄSKI | KATOWICE | POL | K40-49 | | | 01:05:30 | 01:25:03 | 01:45:04 | 02:05:25 | 02:25:50 |
| 6 | DANKIEWICZ BARBARA | 335 | ZAWSZE MŁODZI NORDIC WALKING | ŁOWICZ | POL | K40-49 | | | 01:09:22 | 01:29:58 | 01:51:24 | 02:12:57 | 02:35:26 |

## POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, M40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | NACZK LEONARD | 105 | LĘBORSKIE LWY | LĘBORK | POL | M40-49 | 1 | | 00:59:37 | 01:17:18 | 01:35:11 | 01:53:15 | 02:11:34 |
| 2 | CIESIELSKI JAN | 333 | TORUŃ - IDZIEMY BEZ RYZYKA | TORUŃ | POL | M40-49 | 1 | | 01:02:34 | 01:21:16 | 01:40:40 | 01:59:35 | 02:18:42 |
| 3 | FRANKIEWICZ MIROSŁAW | 337 | FORMA NA PIĄTKĘ NW | PABIANICE | POL | M40-49 | | | 01:05:10 | 01:24:29 | 01:43:59 | 02:03:30 | 02:23:12 |

## POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, K50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | KOŁODZIEJ JOANNA | 348 | STADION ŚLĄSKI | RUDA ŚLĄSKI | POL | K50-59 | | | 01:00:25 | 01:18:14 | 01:36:10 | 01:54:11 | 02:12:12 |
| 2 | RESEMAN SYLWIA | 362 | FACE NORDIC WALKING TEAM | ŻUKOWO | POL | K50-59 | | | 01:06:08 | 01:25:53 | 01:46:01 | 02:06:38 | 02:27:55 |
| 3 | JANOSZKA IRENA | 341 | CIDRY LOTAJOM | RADZIONKÓW | POL | K50-59 | | | 01:07:09 | 01:27:50 | 01:48:26 | 02:09:20 | 02:30:41 |
| 4 | DUSZA ANNA | 336 | NORDICLUB SZCZECIN | SZCZECIN | POL | K50-59 | | | 01:10:50 | 01:31:44 | 01:53:15 | 02:15:30 | 02:38:15 |
| 5 | POSTEK DANUTA | 360 | MARSZ PO ZDROWIE | POZNAŃ | POL | K50-59 | | | 01:11:03 | 01:32:01 | 01:53:42 | 02:16:07 | 02:38:44 |
| 6 | KACZMAREK ZOFIA | 343 | SERCE NORDICA WŁOCŁAWEK | SZCZUTKI | POL | K50-59 | | | 01:11:17 | 01:32:31 | 01:54:09 | 02:16:43 | 02:40:11 |

## POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, M50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | BARCZYK BOGDAN | 331 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M50-59 | | | 00:59:09 | 01:16:45 | 01:34:41 | 01:53:06 | 02:11:55 |
| 2 | ŻYDACZEWSKI RYSZARD | 377 | KS METRACO POLKOWICE | LUBIN | POL | M50-59 | | | 00:59:36 | 01:17:19 | 01:35:19 | 01:53:38 | 02:12:20 |
| 3 | LENZ ANDRZEJ | 352 | MUSZKIETEROWIE | GNIEZNO | POL | M50-59 | | | 01:02:21 | 01:20:43 | 01:39:06 | 01:57:18 | 02:15:32 |
| 4 | ŻAMOJCIN MAREK | 376 | NORDICLUB SZCZECIN | SZCZECIN | POL | M50-59 | | | 01:03:34 | 01:22:33 | 01:41:47 | 02:01:32 | 02:21:40 |
| 5 | RAKOWIECKI ZBIGNIEW | 361 | FACE NORDIC WALKING TEAM | GDAŃSK | POL | M50-59 | | | 01:04:29 | 01:24:05 | 01:43:50 | 02:04:12 | 02:24:25 |
| 6 | GOŁĘBIOWSKI KRZYSZTOF | 338 | ZAWSZE MŁODZI NORDIC WALKING | ŁÓDŹ | POL | M50-59 | | | 01:05:24 | 01:24:56 | 01:44:55 | 02:05:32 | 02:28:03 |
| 7 | KACZMAREK JAROSŁAW | 342 | SERCE NORDICA WŁOCŁAWEK | SZCZUTKI | POL | M50-59 | | | 01:09:57 | 01:30:49 | 01:52:17 | 02:14:05 | 02:36:04 |
| 8 | WENDT JAROSŁAW | 371 | POLIPACK TEAM GWE | GOŚCICINO | POL | M50-59 | | | 01:13:06 | 01:33:50 | 01:54:25 | 02:15:17 | 02:36:00 |
| 9 | MÓRAWSKI SŁAWOMIR | 355 | TORUŃ - IDZIEMY BEZ RYZYKA | TORUŃ | POL | M50-59 | | | 01:19:52 | 01:43:33 | 02:07:56 | 02:32:12 | 02:56:56 |

## POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, K60+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | STĘPIEŃ LUCYNA | 366 | KS METRACO POLKOWICE | LUBIN | POL | K60+ | | | 01:05:34 | 01:24:58 | 01:44:44 | 02:03:58 | 02:23:00 |
| 2 | BUCZKOWSKA WIESŁAWA | 332 | FACE NORDIC WALKING TEAM | GDYNIA | POL | K60+ | | | 01:06:47 | 01:26:58 | 01:47:36 | 02:08:16 | 02:28:55 |
| 3 | SOBAŃSKA GRAŻYNA | 364 | | DRUŻBICE | POL | K60+ | | | 01:12:02 | 01:32:49 | 01:53:30 | 02:14:32 | 02:36:05 |
| 4 | ROZMUS JOLANTA | 363 | FACE NORDIC WALKING TEAM | GDYNIA | POL | K60+ | | | 01:13:20 | 01:34:57 | 01:57:19 | 02:19:27 | 02:41:31 |
| 5 | ZAWADZKA MARIA | 375 | KS METRACO POLKOWICE | LUBIN | POL | K60+ | | | 01:15:03 | 01:36:41 | 01:58:31 | 02:20:39 | 02:43:03 |

## POTĘGOWO - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, M60+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | MĄDRY GRZEGORZ | 354 | KIJKOWE TRZEMESZNO | TRZEMESZNO | POL | M60+ | | | 01:03:53 | 01:22:41 | 01:41:51 | 02:01:13 | 02:21:10 |
| 2 | WESOŁOWSKI WOJCIECH | 372 | MUSZKIETEROWIE | GNIEZNO | GBR | M60+ | | | 01:06:12 | 01:25:54 | 01:45:33 | 02:05:42 | 02:26:32 |