

# OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

Organizator: Towarzystwo Sportowe TRI-SPORT

Data: 2020-08-22

Miejsce: Bydgoszcz

Dystans: 226 km

**Wyniki dla punktu pomiaru: 2.85 km**

Klasyfikacja wg czasów netto.



## OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, OPEN

| M-ce | Nazwisko i imię        | Nr  | Klub                                   | M-scowość           | Kraj | Kat.   | Drużyna                   | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|------------------------|-----|----------------------------------------|---------------------|------|--------|---------------------------|-------------------|----------|----------------|----------|-----------------|
| 1    | CHMURA MACIEJ          | 4   | KAZIKI / CHMURA COACHING               | WROCŁAW             | POL  | M30-34 |                           | 00:49:06 (1)      | 00:02:33 | 04:38:19 (1)   | 00:03:29 | 02:54:43 (2)    |
| 2    | KOMANDER EWA           | 2   | CREATIVE                               | KEDZIERZYN-KOZLE    | POL  | K35-39 |                           | 00:55:07 (2)      | 00:02:41 | 04:54:21 (5)   | 00:02:30 | 03:17:37 (3)    |
| 3    | PODWYSOCKI MARCIN      | 119 | CTS                                    | AUGUSTÓW            | POL  | M30-34 | CTS                       | 00:55:41 (4)      | 00:03:14 | 05:08:14 (11)  | 00:01:57 | 03:50:57 (24)   |
| 4    | BAKUNIAK HANNA         | 9   | KLINIKA TRIATHLONU                     | BYDGOSZCZ           | POL  | K18-29 |                           | 00:55:46 (5)      | 00:05:04 | 06:43:46 (106) | 00:03:14 | 05:57:51 (117)  |
| 5    | KRÓL HUBERT            | 75  | WWW.TRENERTRIATHLONU.PL                | KOŁO                | POL  | M30-34 |                           | 00:55:11 (3)      | 00:02:31 | 04:54:26 (6)   | 00:01:24 | 03:41:00 (14)   |
| 6    | BRETT TOMASZ           | 22  | MLUKS TRIATHLON                        | KOŁO                | POL  | M55-59 |                           | 00:58:01 (6)      | 00:04:42 | 05:39:58 (39)  | 00:02:52 | 05:07:17 (101)  |
| 7    | PIOTROWSKI DANIEL      | 116 |                                        | GDYNIA GRABÓWEK     | POL  | M25-29 |                           | 00:58:02 (7)      | 00:03:43 | 05:17:34 (15)  | 00:02:07 | 04:39:56 (83)   |
| 8    | WALCZAK ROBERT         | 142 | CYTADELA BY NIGHT TRI TEAM             | POZNAŃ              | POL  | M40-44 |                           | 00:59:00 (9)      | 00:03:06 | 05:15:45 (13)  | 00:03:17 | 03:56:06 (30)   |
| 9    | SKABRADA JAN           | 128 | KERBEROS                               | PRAGUE              | CZE  | M45-49 |                           | 00:58:53 (8)      | 00:02:57 | 04:55:58 (8)   | 00:02:37 | 03:17:40 (4)    |
| 10   | KITA TOMASZ            | 68  | SPECSHOP TEAM                          | POZNAŃ              | POL  | M40-44 |                           | 01:01:25 (10)     | 00:02:33 | 05:36:23 (36)  | 00:03:41 | 04:11:59 (50)   |
| 11   | ZARSKI ANTEK           | 155 | NEON                                   | WARSZAWA            | POL  | M50-54 |                           | 01:01:59 (11)     | 00:04:22 | 05:42:34 (43)  | 00:02:39 | 03:49:22 (21)   |
| 12   | KOWALCZYK MAREK        | 1   |                                        | BYDGOSZCZ           | POL  | M40-44 |                           | 01:03:32 (12)     | 00:03:02 | 04:58:20 (9)   | 00:02:10 | 03:29:25 (7)    |
| 13   | LEWANDOWSKI DAMIAN     | 88  | PTT DELTA                              | PŁOCK               | POL  | M40-44 |                           | 01:03:49 (13)     | 00:03:45 | 05:26:54 (27)  | 00:02:53 | 03:52:09 (25)   |
| 14   | CIMACHOWSKI JAKUB      | 27  | CIMATECH                               | SOLEC KUJAWSKI      | POL  | M40-44 |                           | 01:04:12 (14)     | 00:05:24 | 05:58:57 (71)  | 00:04:49 | 03:58:59 (33)   |
| 15   | MOZLER JERZY           | 104 |                                        | ERLENMOOS           | GER  | M45-49 |                           | 01:04:35 (15)     | 00:07:09 | 05:34:31 (34)  | 00:05:16 | 04:01:25 (37)   |
| 16   | BYCH MACIEJ            | 25  | TRIDEA TEAM                            | OŁAWA               | POL  | M45-49 |                           | 01:05:15 (18)     | 00:04:09 | 05:22:38 (18)  | 00:03:44 | 04:03:28 (40)   |
| 17   | RYŚ SEBASTIAN          | 127 |                                        | GOWARZEWO           | POL  | M45-49 |                           | 01:05:30 (20)     | 00:05:17 | 05:17:02 (14)  | 00:03:29 | 04:07:35 (46)   |
| 18   | PEZIOŁ MAREK           | 114 | DRAGON FIGHT CLUB                      | RADOM               | POL  | M35-39 |                           | 01:04:38 (16)     | 00:06:25 | 05:33:24 (32)  | 00:04:49 | 04:13:47 (55)   |
| 19   | BARTKOWIAK DAWID       | 14  | BIURO RACHUNKOWE TRADEMARK D.B.        | PIŁA                | POL  | M45-49 |                           | 01:05:15 (19)     | 00:04:51 | 05:29:11 (29)  | 00:04:58 | 04:10:27 (48)   |
| 20   | KILLEN JOE             | 67  | CLAPHAM CHASERS                        | LONDON              | GBR  | M25-29 |                           | 01:06:32 (22)     | 00:05:28 | 05:13:32 (12)  | 00:04:21 | 04:20:19 (61)   |
| 21   | FILIPOWSKI ZDZISŁAW    | 40  | HTF LUDWIK SIKORSKI                    | KONSTANTYNÓW ŁÓDZKI | POL  | M50-54 |                           | 01:05:46 (22)     | 00:03:51 | 05:23:37 (21)  | 00:02:06 | 03:48:04 (20)   |
| 22   | HIRT TOMASZ            | 55  | CB 163                                 | BYDGOSZCZ           | POL  | M35-39 |                           | 01:06:42 (28)     | 00:04:45 | 06:04:45 (77)  | 00:02:20 | 04:23:35 (65)   |
| 23   | DZIURDA MAREK          | 36  | 1981                                   | CHEŁM               | POL  | M35-39 |                           | 01:05:49 (23)     | 00:09:01 | 06:01:33 (72)  | 00:10:55 | 04:13:06 (53)   |
| 24   | DĘBICKI ARTUR          | 31  |                                        | GDYNIA              | POL  | M50-54 |                           | 01:06:26 (24)     | 00:05:45 | 06:48:08 (111) | 00:06:37 | 05:17:13 (107)  |
| 25   | JEDRYCH JACEK          | 59  |                                        | EGMATING            | POL  | M50-54 |                           | 01:06:29 (25)     | 00:08:09 | 06:02:12 (75)  | 00:07:23 | 04:17:52 (58)   |
| 26   | JAROSZ HUBERT          | 57  |                                        | LUBLIN              | POL  | M25-29 |                           | 01:06:36 (27)     | 00:09:40 | 05:54:24 (65)  | 00:05:05 | 04:36:58 (78)   |
| 27   | MAGDZIARZ JAKUB        | 95  | KANCELARIA - HMM                       | BYDGOSZCZ           | POL  | M40-44 |                           | 01:07:14 (32)     | 00:04:00 | 05:23:02 (19)  | 00:02:58 | 03:32:45 (9)    |
| 28   | NEMCIK MAREK           | 161 | TRIAAX SLOVAKIA                        | UDAVSKE             | SVK  | M45-49 |                           | 01:06:49 (29)     | 00:03:59 | 05:44:33 (46)  | 00:04:20 | 04:38:05 (81)   |
| 29   | MAZANKA JAKUB          | 97  |                                        | BORÓWIEC            | POL  | M40-44 |                           | 01:07:05 (31)     | 00:04:10 | 08:39:52 (121) | 00:02:27 | 03:50:03 (22)   |
| 30   | MALACZEWSKI ŁUKASZ     | 3   | GVT/FIZJOTRITERAPIA FOLLOW YOUR DREAMS | WROCŁAW             | POL  | M40-44 |                           | 01:06:53 (30)     | 00:04:15 | 07:06:38 (117) | 00:04:21 | 04:24:50 (69)   |
| 31   | WIĘDŁOCHA JAN          | 146 | BEZ BALASTU                            | GŁOGÓW              | POL  | M40-44 |                           | 01:07:19 (33)     | 00:03:30 | 05:47:31 (50)  | 00:02:34 | 04:24:47 (68)   |
| 32   | KRASNODEBSKI SEBASTIAN | 73  |                                        | GRUDZIĄDZ           | POL  | M35-39 |                           | 01:08:37 (35)     | 00:03:16 | 04:52:34 (4)   | 00:03:58 | 03:31:39 (8)    |
| 33   | BŁASIAK LESZEK         | 20  |                                        | KĘTY                | POL  | M55-59 |                           | 01:08:13 (34)     | 00:06:09 | 05:48:50 (54)  | 00:04:45 | 03:59:40 (34)   |
| 34   | CZAJKOWSKI KRZYSZTOF   | 28  | TRI FOR ME                             | POWIERCIE KOLONIA   | POL  | M45-49 |                           | 01:08:56 (36)     | 00:03:43 | 05:35:39 (35)  | 00:05:16 | 04:39:38 (82)   |
| 35   | PAWŁAK ARTUR           | 112 |                                        | SOLEC KUJAWSKI      | POL  | M45-49 |                           | 01:11:02 (43)     | 00:03:17 | 06:16:32 (89)  | 00:03:09 | 04:23:01 (64)   |
| 36   | OIKONOMOU ALEXANDROS   | 110 | TRIAS                                  | HERAKLION CRETE     | GRE  | M45-49 |                           | 01:09:32 (37)     | 00:05:16 | 06:31:23 (101) | 00:05:45 | 04:32:05 (74)   |
| 37   | WALKOWIAK MARCIN       | 144 | AGROS-TJ                               | SUBKOWY             | POL  | M45-49 |                           | 01:10:24 (41)     | 00:05:14 | 05:37:44 (37)  | 00:06:26 | 04:13:41 (54)   |
| 38   | ŁUCYSZYN ROBERT        | 92  |                                        | DOBROSZÓW OLEŚNICKI | POL  | M40-44 |                           | 01:10:22 (40)     | 00:07:35 | 05:25:43 (24)  | 00:06:29 | 04:28:22 (73)   |
| 39   | BARTOSZEWSKI GRZEGORZ  | 15  | LITWIN TRIATHLON TEAM                  | DŁUGOŁĘKA           | POL  | M40-44 |                           | 01:10:05 (39)     | 00:04:01 | 05:03:55 (10)  | 00:02:23 | 03:33:22 (10)   |
| 40   | SZYMKOWIAK NORBERT     | 136 |                                        | PONIEC              | POL  | M25-29 |                           | 01:10:05 (38)     | 00:03:22 | 04:49:23 (2)   | 00:01:39 | 03:41:27 (15)   |
| 41   | KUCIŃSKI ARTUR         | 77  |                                        | DOBRCZ              | POL  | M45-49 |                           | 01:10:26 (42)     | 00:07:57 | 05:58:23 (70)  | 00:04:22 | 05:23:05 (110)  |
| 42   | PLÓCIENNIK DOMINIK     | 117 | DELL TECHNOLOGIES                      | LUTOMIERSK          | POL  | M25-29 | DELL TECHNOLOGIES         | 01:11:46 (47)     | 00:05:32 | 05:25:57 (25)  | 00:03:41 | 03:55:26 (29)   |
| 43   | MAJCZAK MIROSLAW       | 96  |                                        | WARSZAWA            | POL  | M45-49 |                           | 01:11:37 (45)     | 00:05:51 | 06:20:26 (96)  | 00:03:12 | 04:11:28 (49)   |
| 44   | BUKAŁSKI ARKADIUSZ     | 24  | CHEŁMSKA GRUPA TRIATHLONU              | CHEŁM               | POL  | M40-44 | CHEŁMSKA GRUPA TRIATHLONU | 01:11:41 (46)     | 00:08:12 | 05:57:11 (69)  | 00:05:41 | 04:47:30 (88)   |

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, OPEN c.d.**

| M-ce | Nazwisko i imię                  | Nr  | Klub                          | M-scowość            | Kraj | Kat.      | Drużyna           | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|----------------------------------|-----|-------------------------------|----------------------|------|-----------|-------------------|-------------------|----------|----------------|----------|-----------------|
| 45   | FAJFER GRZEGORZ                  | 38  | LITWIN TRIATHLON TEAM         | WROCŁAW              | POL  | M55-59    |                   | 01:11:16 (44)     | 00:04:35 | 06:06:56 (80)  | 00:06:39 | 04:40:15 (84)   |
| 46   | MICHOVSKY MAREK                  | 99  | MÍKA TRAINING                 | BEROUN               | CZE  | M40-44    |                   | 01:12:10 (48)     | 00:04:32 | 05:50:52 (59)  | 00:03:15 | 04:24:26 (67)   |
| 47   | WALEROWSKI BENEDYKT              | 143 | MAGAZYN TRIATHLON             | KRAKÓW               | POL  | M30-34    |                   | 01:12:54 (49)     | 00:04:37 | 05:45:10 (47)  | 00:04:20 | 05:15:18 (104)  |
| 48   | JAKUBAS PAWEŁ                    | 56  |                               | WARSZAWA             | POL  | M40-44    |                   | 01:13:37 (55)     | 00:09:10 | 05:25:29 (23)  | 00:07:32 | 03:39:21 (12)   |
| 49   | PODSIADŁO MIKOŁAJ                | 118 | SZPITAL ŚW. ŁUKASZA           | BIELSKO-BIAŁA        | POL  | M25-29    |                   | 01:13:13 (51)     | 00:04:26 | 05:46:39 (48)  | 00:03:58 | 03:45:56 (17)   |
| 50   | GUTKOWSKI JAKUB                  | 54  |                               | BYDGOSZCZ            | POL  | M30-34    |                   | 01:13:04 (50)     | 00:02:47 | 04:54:51 (7)   | 00:01:51 | 03:26:26 (5)    |
| 51   | KUŹMICKI MARCIN                  | 83  |                               | BORZĘCIN DUŻY        | POL  | M45-49    |                   | 01:13:25 (53)     | 00:03:57 | 05:42:02 (41)  | 00:05:11 | 04:44:16 (87)   |
| 52   | ROŻEK JACEK                      | 125 | COKEINCONTAINERS.COM 7PRO     | RYBNIK               | POL  | M40-44    |                   | 01:13:17 (52)     | 00:04:50 | 05:44:13 (45)  | 00:05:10 | 04:24:16 (66)   |
| 53   | STACHOWSKI SEBASTIAN             | 133 | ZĄBECKA EKIPA TRAJLONOWA      | -                    | POL  | M35-39    |                   | 01:14:04 (57)     | 00:04:26 | 05:55:29 (66)  | 00:04:52 | 04:12:56 (52)   |
| 54   | KALIN WLADYSŁAW                  | 63  | TAEKWON-DO GROMOWSKI          | UNISŁAW              | POL  | M40-44    |                   | 01:14:23 (59)     | 00:05:43 | 05:33:40 (33)  | 00:06:39 | 03:45:57 (18)   |
| 55   | JODŁOWSKI JAN                    | 60  |                               | KRAKÓW               | POL  | M35-39    |                   | 01:14:29 (60)     | 00:06:42 | 05:38:56 (38)  | 00:05:51 | 04:12:26 (51)   |
| 56   | PRYK RAFAŁ                       | 121 | ROZBIEGANY GOLENIÓW           | GOLENIÓW             | POL  | M45-49    |                   | 01:13:28 (54)     | 00:04:54 | 05:41:00 (40)  | 00:02:37 | 04:14:22 (56)   |
| 57   | ŁATKA MARCIN                     | 91  | NIEZALEŻNY                    | BYDGOSZCZ            | POL  | M45-49    |                   | 01:14:29 (61)     | 00:06:16 | 06:44:14 (107) | 00:04:34 | 05:20:55 (108)  |
| 58   | PALMOWSKI ŁUKASZ                 | 111 |                               | ROZALIN              | POL  | M40-44    |                   | 01:15:13 (64)     | 00:03:11 | 05:24:40 (22)  | 00:02:27 | 04:00:09 (36)   |
| 59   | GACKOWSKI KRZYSZTOF              | 46  | IRON & ONE TEAM               | BYDGOSZCZ            | POL  | M45-49    |                   | 01:14:08 (58)     | 00:04:36 | 05:53:14 (62)  | 00:07:42 | 05:11:11 (102)  |
| 60   | SKUBIDA ADAM                     | 130 | EKIPA GORZYCE                 | GIZYCKO              | POL  | M35-39    |                   | 01:13:57 (56)     | 00:07:02 | 05:50:31 (57)  | 00:06:10 | 04:04:11 (41)   |
| 61   | LIEBNER PATRYK                   | 89  | TRIGYM SZCZECIN               | SZCZECIN             | POL  | M35-39    |                   | 01:14:39 (62)     | 00:05:09 | 06:07:25 (81)  | 00:03:48 | 03:57:07 (32)   |
| 62   | WILICKI TOMASZ                   | 147 | DELL RUNNING TEAM             | ŁÓDŹ                 | POL  | M40-44    |                   | 01:14:52 (63)     | 00:06:58 | 05:28:14 (28)  | 00:04:01 | 03:48:00 (19)   |
| 63   | MACKO ANTON                      | 94  | BETRI                         | PRAHA 8              | CZE  | M30-34    |                   | 01:15:36 (65)     | 00:03:19 | 05:47:54 (52)  | 00:03:59 | 04:37:28 (80)   |
| 64   | NITKA MIKOŁAJ<br>KŁAFETKA MICHAŁ | 000 |                               |                      |      | MĘŻCZYŹNI |                   | 01:16:10 (69)     | 00:06:54 | 06:01:47 (73)  | 00:08:02 | 06:23:29 (120)  |
| 65   | LASSOTA ARTUR                    | 87  |                               | BĘDZIN               | POL  | M50-54    |                   | 01:16:06 (68)     | 00:04:40 | 05:49:56 (56)  | 00:08:09 | 04:54:54 (94)   |
| 66   | SZADKOWSKI JACEK                 | 135 |                               | JEZIÓRKO             | POL  | M40-44    |                   | 01:15:47 (66)     | 00:05:28 | 06:21:15 (97)  | 00:03:52 | 04:32:15 (75)   |
| 67   | BARTECKA SABINA                  | 11  | RÓŻOWETRI/HRMAX ŻORY          | ŻORY                 | POL  | K40-44    |                   | 01:15:59 (67)     | 00:03:47 | 05:26:18 (26)  | 00:03:40 | 03:52:12 (26)   |
| 68   | WOJTYSIAK MARCIN                 | 151 |                               | GOLENIÓW             | POL  | M25-29    |                   | 01:17:24 (72)     | 00:08:04 | 05:53:44 (64)  | 00:05:15 | 04:57:50 (98)   |
| 69   | WŁOSZCZYŃA JULITA                | 149 |                               | POZNAŃ               | POL  | K30-34    |                   | 01:17:16 (71)     | 00:05:48 | 06:32:59 (102) | 00:08:06 | 04:33:26 (76)   |
| 70   | JASIŃSKI BOGUSŁAW                | 58  |                               | KARPACZ              | POL  | M65-69    |                   | 01:18:52 (77)     | 00:26:53 | 06:58:35 (114) | 00:07:18 | 05:51:56 (116)  |
| 71   | TECZA ARTUR                      | 137 |                               | SOLEC KUJAWSKI       | POL  | M40-44    |                   | 01:17:09 (70)     | 00:11:23 | 06:20:08 (95)  | 00:07:56 | 04:27:03 (70)   |
| 72   | LADEMAN-WĘSIERSKA SYLWIA         | 86  | SOBCZAKTEAM                   | GDAŃSK               | POL  | K30-34    |                   | 01:18:35 (75)     | 00:04:10 | 05:57:05 (68)  | 00:03:09 | 04:27:48 (71)   |
| 73   | FOLTYŃSKI MARCIN                 | 42  | KLAS SZPOT SWARZĘDZ           | GRUSZCZYN            | POL  | M40-44    |                   | 01:18:54 (78)     | 00:05:00 | 05:55:40 (67)  | 00:03:11 | 04:28:07 (72)   |
| 74   | SMITH STUART                     | 131 | SYTRI                         | SHREWSBURY           | GBR  | M35-39    |                   | 01:18:09 (73)     | 00:04:08 | 05:23:20 (20)  | 00:03:29 | 03:39:50 (13)   |
| 75   | GNIOŹ JACEK                      | 50  | TRISPACE/TREK                 | GRUDZIADZ            | POL  | M45-49    |                   | 01:18:28 (74)     | 00:02:22 | 05:18:36 (16)  | 00:02:19 | 04:03:08 (39)   |
| 76   | KOCHANOWSKI MICHAŁ               | 70  |                               | WARSZAWA             | POL  | M30-34    |                   | 01:20:33 (83)     | 00:07:15 | 06:12:09 (85)  | 00:05:20 | 05:28:19 (112)  |
| 77   | MOSKAŁ ALEKSANDER                | 103 |                               | BORÓWNO              | POL  | M55-59    |                   | 01:19:03 (79)     | 00:05:09 | 06:17:24 (91)  | 00:03:19 | 05:24:04 (111)  |
| 78   | ZIELONKA PAWEŁ                   | 158 | AKTYWNA FABRYKA TRIATHLONU    | KOBYLNICA            | POL  | M25-29    |                   | 01:19:44 (81)     | 00:05:54 | 05:46:48 (49)  | 00:03:51 | 03:54:39 (28)   |
| 79   | GAŁAN LESZEK                     | 47  |                               | ZŁOCIENIEC           | POL  | M55-59    |                   | 01:20:59 (86)     | 00:06:35 | 07:28:58 (120) | 00:03:31 | 04:48:13 (89)   |
| 80   | MOJSIEWICZ SŁAWOMIR              | 101 |                               | WARSZAWA             | POL  | M40-44    |                   | 01:19:40 (80)     | 00:05:47 | 05:53:41 (63)  | 00:04:46 | 04:41:02 (85)   |
| 81   | SUBKOWSKI ARTUR                  | 134 |                               | ŚWIECIE              | POL  | M40-44    |                   | 01:20:40 (84)     | 00:06:43 | 05:49:14 (55)  | 00:03:09 | 04:41:53 (86)   |
| 82   | RUDŹ DANIEL                      | 126 |                               | PRZECŁAW K/SZCZECINA | POL  | M45-49    |                   | 01:20:58 (85)     | 00:09:40 | 06:45:40 (108) | 00:06:10 | 05:22:29 (109)  |
| 83   | WIŚNIEWSKI KRZYSZTOF             | 148 |                               | NOWA IWICZNA         | POL  | M30-34    |                   | 01:21:38 (89)     | 00:06:05 | 06:12:13 (86)  | 00:05:40 | 04:37:11 (79)   |
| 84   | NIELSEN TORBEN MOELLER           | 108 | HG TRI                        | KARREBAEKSMINDE      | DEN  | M45-49    |                   | 01:21:29 (87)     | 00:03:33 | 04:51:46 (3)   | 00:02:20 | 03:26:40 (6)    |
| 85   | GÓRSKI MARIAN                    | 52  | KRS TKKF JASTRZĄB RUDA ŚLĄSKA | SOLEC KUJAWSKI       | POL  | M60-64    |                   | 01:22:15 (90)     | 00:07:19 | 06:30:40 (100) | 00:05:22 | 04:22:11 (63)   |
| 86   | KALICH TOMASZ                    | 62  | CYKLIŚCI RYPIN                | RYPIN                | POL  | M30-34    |                   | 01:23:35 (94)     | 00:06:47 | 05:32:07 (30)  | 00:03:14 | 04:04:45 (42)   |
| 87   | KUZIEMSKI TOMASZ                 | 82  | KS MARATON OSTOW WLKP         | OSTROW WLKP          | POL  | M30-34    |                   | 01:23:13 (93)     | 00:06:29 | 06:47:52 (110) | 00:05:44 | 05:59:21 (118)  |
| 88   | BARZYK KAROL                     | 16  | YABIMO GROUP                  | MOGILANY             | POL  | M40-44    |                   | 01:22:35 (91)     | 00:06:02 | 06:01:49 (74)  | 00:03:35 | 04:18:03 (59)   |
| 89   | ZACHWIEJA PIOTR                  | 154 | KLINIKA TRIATHLONU            | BYDGOSZCZ            | POL  | M35-39    |                   | 01:23:01 (92)     | 00:04:08 | 05:47:36 (51)  | 00:05:04 | 03:45:01 (16)   |
| 90   | FRĄCKOWIAK MARTA                 | 43  | KRYSPOORT TEAM                | MYŚLECINEK           | POL  | K35-39    |                   | 01:24:37 (96)     | 00:04:10 | 05:52:59 (61)  | 00:02:25 | 04:06:15 (45)   |
| 91   | PRZYBYLSKI MACIEJ                | 122 | UKS SZABLA BRZOZA             | PRZYŁĘKI             | POL  | M45-49    |                   | 01:23:58 (95)     | 00:07:09 | 05:19:33 (17)  | 00:06:44 | 03:57:04 (31)   |
| 92   | KRAWCZYK JAN                     | 74  | KLUB POD WISIENKĄ             | KRAKÓW               | POL  | M35-39    | KLUB POD WISIENKĄ | 01:24:57 (98)     | 00:09:51 | 06:22:03 (98)  | 00:09:36 | 05:12:12 (103)  |
| 93   | POLACZUK PIOTR                   | 120 |                               | GDAŃSK               | POL  | M45-49    |                   | 01:24:51 (97)     | 00:10:45 | 07:14:59 (118) | 00:09:58 | 05:34:31 (115)  |
| 94   | GAWRONSKA DOROTA                 | 48  | HURAGAN LIGOTA/TEAM PAPRY     | KATOWICE             | POL  | K45-49    |                   | 01:25:05 (99)     | 00:08:34 | 06:37:38 (105) | 00:05:07 | 04:56:45 (97)   |
| 95   | ANDRZEJ KOSIOŁ                   | 7   | TRI MISSION                   | WROCŁAW              | POL  | M55-59    |                   | 01:25:58 (102)    | 00:05:55 | 06:33:40 (103) | 00:05:11 | 04:09:47 (47)   |
| 96   | MORAWSKI HUBERT                  | 102 |                               | KRAKÓW               | POL  | M40-44    |                   | 01:26:08 (104)    | 00:07:53 | 06:18:38 (93)  | 00:03:27 | 05:29:24 (113)  |
| 97   | BARAN JACEK                      | 10  | KB WARTKO                     | GOLINA               | POL  | M50-54    |                   | 01:25:58 (101)    | 00:08:17 | 06:02:51 (76)  | 00:04:27 | 04:05:57 (44)   |
| 98   | DWORNICKI KAMIL                  | 33  |                               | WROCŁAW              | POL  | M35-39    |                   | 01:26:03 (103)    | 00:05:16 | 06:11:40 (84)  | 00:04:52 | 03:37:28 (11)   |
| 99   | KUŁAGA RAFAŁ                     | 78  | EKIPA GORZYCE                 | WARSZAWA             | POL  | M35-39    |                   | 01:27:09 (105)    | 00:10:55 | 06:17:39 (92)  | 00:05:20 | 04:53:03 (92)   |

# OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, OPEN c.d.

| M-ce | Nazwisko i imię     | Nr  | Klub                      | M-scowość           | Kraj | Kat.      | Drużyna | Pływanie<br>3.8km  | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|---------------------|-----|---------------------------|---------------------|------|-----------|---------|--------------------|----------|----------------|----------|-----------------|
| 100  | KUREK SEBASTIAN     | 79  | SNG WILD DUCKS            | ŁÓDŹ                | POL  | M45-49    |         | 01:25:54 (100)     | 00:05:15 | 06:06:44 (79)  | 00:04:30 | 04:00:02 (35)   |
| 101  | DYDYCZ MARTA        | 35  | TEAM SPORT GÓRSKI         | GLIWICE             | POL  | K18-29    |         | 01:29:01 (106)     | 00:07:11 | 06:57:45 (113) | 00:06:16 | 06:00:44 (119)  |
| 102  | NIEMCZYK KAZIMIERZ  | 109 |                           | MILANÓWEK           | POL  | M55-59    |         | 01:31:42 (109)     | 00:06:13 | 05:44:08 (44)  | 00:04:05 | 04:19:41 (60)   |
| 103  | BARTECKI ALEKSANDER | 12  | HRMAX ŻORY                | ŻORY                | POL  | M45-49    |         | 01:30:00 (107)     | 00:03:06 | 05:32:43 (31)  | 00:03:59 | 04:14:47 (57)   |
| 104  | VASILI ANTON        | 140 |                           | DNIPRO              | UKR  | M35-39    |         | 01:20:28 (82)      | 00:05:01 | 05:52:21 (60)  | 00:02:45 | 04:20:25 (62)   |
| 105  | BŁASZCZYK BORYS     | 21  |                           | DOBRCZ              | POL  | M25-29    |         | 01:30:28 (108)     | 00:05:03 | 06:16:48 (90)  | 00:04:47 | 06:41:02 (121)  |
| 106  | FUS WOJCIECH        | 45  | ASSECO ACTIVE TEAM        | RZESZÓW             | POL  | M45-49    |         | 01:31:57 (110)     | 00:08:36 | 06:10:37 (82)  | 00:10:57 | 05:03:21 (99)   |
| 107  | PIĄTKOWSKI DARIUSZ  | 115 | CHEŁMSKA GRUPA TRIATHLONU | NOWINY              | POL  | M55-59    |         | 01:33:15 (111)     | 00:11:22 | 06:16:10 (88)  | 00:10:00 | 04:51:21 (91)   |
| 108  | KURZEJA KAMIL       | 81  | TODA MEBLE                | POZNAŃ              | POL  | M25-29    |         | 01:36:21 (113)     | 00:03:45 | 06:47:19 (109) | 00:04:59 | 05:29:51 (114)  |
| 109  | MOZLER AGNIESZKA    | 105 |                           | ERLENMOOS           | GER  | K45-49    |         | 01:37:03 (115)     | 00:11:55 | 07:27:48 (119) | 00:06:52 | 04:56:31 (96)   |
| 110  | MROCEK MARCIN       | 106 |                           | LESZNO              | POL  | M25-29    |         | 01:37:33 (117)     | 00:06:53 | 06:25:00 (99)  | 00:02:38 | 05:15:40 (105)  |
| 111  | CHYLEWSKI PAWEŁ     | 26  |                           | BYDGOSZCZ           | POL  | M35-39    |         | 01:38:20 (120)     | 00:06:02 | 06:10:51 (83)  | 00:04:31 | 04:01:30 (38)   |
| 112  | REPKA MAREK         | 124 | LUPUS TEAM                | BYDGOSZCZ           | POL  | M45-49    |         | 01:37:59 (119)     | 00:03:47 | 05:48:13 (53)  | 00:03:07 | 04:51:05 (90)   |
| 113  | ŻARNOWSKI DAWID     | 159 |                           | POZNAŃ              | POL  | M40-44    |         | 01:39:04 (122)     | 00:08:23 | 07:06:09 (116) | 00:07:04 | 03:53:30 (27)   |
| 114  | KRZEMIŃSKI MACIEJ   | 160 |                           | MAŁY RUDNIK         | POL  | M40-44    |         | 01:37:35 (118)     | 00:05:16 | 06:06:02 (78)  | 00:04:48 | 05:16:00 (106)  |
| 115  | MIELNIK KRZYSZTOF   | 100 | DIEHL RUNNING CLUB        | NAMYSŁÓW            | POL  | M30-34    |         | 01:37:00 (114)     | 00:09:33 | 07:00:05 (115) | 00:08:26 | 05:04:17 (100)  |
| 116  | DYDUCH MACIEJ       | 34  | WŁASNY                    | KANIE               | POL  | M45-49    |         | 01:38:43 (121)     | 00:04:45 | 06:56:53 (112) | 00:02:37 | 04:56:30 (95)   |
| 117  | LITKOWSKI ZBIGNIEW  | 90  | LABOSPORT POLSKA          | SIENNO              | POL  | M50-54    |         | 01:37:06 (116)     | 00:06:40 | 06:34:53 (104) | 00:06:47 | 04:53:35 (93)   |
| 118  | KĄŁACZYŃSKI RYSZARD | 64  | 366 WITUNIA               | WITUNIA             | POL  | M60-64    |         | 01:41:31 (123)     | 00:08:16 | 05:50:36 (58)  | 00:04:59 | 04:33:49 (77)   |
| 119  | GOZDOWSKI PAWEŁ     | 51  |                           | TERESIN             | POL  | M50-54    |         | 01:49:02 (124)     | 00:06:09 | 06:19:33 (94)  | 00:06:47 | 03:50:56 (23)   |
| 120  | TOMANEK JAN         | 501 |                           | DOBRIS              | CZE  | MĘŻCZYŹNI |         |                    |          | 06:12:55 (87)  | 00:05:12 | 02:39:10 (1)    |
| 121  | WRONA KLAUDIUSZ     | 152 |                           | GNIEZNO             | POL  | M40-44    |         |                    |          | 05:42:06 (42)  | 00:03:00 | 04:05:39 (43)   |
|      | SOWA MICHAŁ         | 5   | DECATHLON                 | WARSZAWA            | POL  | M30-34    |         | 01:05:39 DNF (21)  | 00:03:23 |                | 00:00:00 | 00:00:00 ()     |
|      | MESSYASZ KRZYSZTOF  | 98  | BIMARKO&WELDA&GALI TEAM   | GAĆ                 | POL  | M35-39    |         | 01:05:05 DNF (17)  | 00:03:38 |                | 00:00:00 | 00:00:00 ()     |
|      | WOJDYŁA PAWEŁ       | 150 | UNLIMITED SPORT           | KOŁACZYCE           | POL  | M30-34    |         | 01:18:39 DNF (76)  | 00:06:38 |                | 00:00:00 | 00:00:00 ()     |
|      | KOCIŃSKI KAJETAN    | 71  |                           | USTKA               | POL  | M18-24    |         | 01:21:36 DNF (88)  | 00:04:10 |                | 00:00:00 | 00:00:00 ()     |
|      | KĘPIŃSKI HENRYK     | 66  | KB SPARTAKUS BEŁCHATÓW    | BEŁCHATÓW           | POL  | M65-69    |         | 01:34:22 DNF (112) | 00:06:00 |                | 00:00:00 | 00:00:00 ()     |
|      | SKAŁECKI PRZEMYSŁAW | 129 | HIAB SPORT TEAM           | GORZÓW WIELKOPOLSKI | POL  | M35-39    |         | DNF (0)            | 03:56:00 |                | 00:00:00 | 00:00:00 (0)    |

## OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, Kobiety

| M-ce | Nazwisko i imię          | Nr  | Klub                      | M-scowość        | Kraj | Kat.   | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|--------------------------|-----|---------------------------|------------------|------|--------|---------|-------------------|----------|----------------|----------|-----------------|
| 1    | KOMANDER EWA             | 2   | CREATIVE                  | KEDZIERZYN-KOZLE | POL  | K35-39 |         | 00:55:07          | 00:02:41 | 04:54:21       | 00:02:30 | 03:17:37        |
| 2    | BAKUNIAK HANNA           | 9   | KLINIKA TRIATHLONU        | BYDGOSZCZ        | POL  | K18-29 |         | 00:55:46          | 00:05:04 | 06:43:46       | 00:03:14 | 05:57:51        |
| 3    | BARTECKA SABINA          | 11  | RÓŻOWETRI/HRMAX ŻORY      | ŻORY             | POL  | K40-44 |         | 01:15:59          | 00:03:47 | 05:26:18       | 00:03:40 | 03:52:12        |
| 4    | WŁOSZCZYŃNA JULITA       | 149 |                           | POZNAŃ           | POL  | K30-34 |         | 01:17:16          | 00:05:48 | 06:32:59       | 00:08:06 | 04:33:26        |
| 5    | LADEMAN-WĘSIERSKA SYLWIA | 86  | SOBCZAKTEAM               | GDAŃSK           | POL  | K30-34 |         | 01:18:35          | 00:04:10 | 05:57:05       | 00:03:09 | 04:27:48        |
| 6    | FRĄCKOWIAK MARTA         | 43  | KRYSPORT TEAM             | MYŚLECINEK       | POL  | K35-39 |         | 01:24:37          | 00:04:10 | 05:52:59       | 00:02:25 | 04:06:15        |
| 7    | GAWRONSKA DOROTA         | 48  | HURAGAN LIGOTA/TEAM PAPRY | KATOWICE         | POL  | K45-49 |         | 01:25:05          | 00:08:34 | 06:37:38       | 00:05:07 | 04:56:45        |
| 8    | DYDYCZ MARTA             | 35  | TEAM SPORT GÓRSKI         | GLIWICE          | POL  | K18-29 |         | 01:29:01          | 00:07:11 | 06:57:45       | 00:06:16 | 06:00:44        |
| 9    | MOZLER AGNIESZKA         | 105 |                           | ERLENMOOS        | GER  | K45-49 |         | 01:37:03          | 00:11:55 | 07:27:48       | 00:06:52 | 04:56:31        |

# OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, Mężczyźni

| M-ce | Nazwisko i imię        | Nr  | Klub                                  | M-scowość           | Kraj | Kat.   | Drużyna                   | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|------------------------|-----|---------------------------------------|---------------------|------|--------|---------------------------|-------------------|----------|----------------|----------|-----------------|
| 1    | CHMURA MACIEJ          | 4   | KAZIKI / CHMURA COACHING              | WROCŁAW             | POL  | M30-34 |                           | 00:49:06          | 00:02:33 | 04:38:19       | 00:03:29 | 02:54:43        |
| 2    | PODWYSOCKI MARCIN      | 119 | CTS                                   | AUGUSTÓW            | POL  | M30-34 | CTS                       | 00:55:41          | 00:03:14 | 05:08:14       | 00:01:57 | 03:50:57        |
| 3    | KRÓL HUBERT            | 75  | WWW.TRENERTRIATHLONU.PL               | KOŁO                | POL  | M30-34 |                           | 00:55:11          | 00:02:31 | 04:54:26       | 00:01:24 | 03:41:00        |
| 4    | BRETT TOMASZ           | 22  | MLUKS TRIATHLON                       | KOŁO                | POL  | M55-59 |                           | 00:58:01          | 00:04:42 | 05:39:58       | 00:02:52 | 05:07:17        |
| 5    | PIOTROWSKI DANIEL      | 116 |                                       | GDYNIA GRABÓWEK     | POL  | M25-29 |                           | 00:58:02          | 00:03:43 | 05:17:34       | 00:02:07 | 04:39:56        |
| 6    | WALCZAK ROBERT         | 142 | CYTADELA BY NIGHT TRI TEAM            | POZNAŃ              | POL  | M40-44 |                           | 00:59:00          | 00:03:06 | 05:15:45       | 00:03:17 | 03:56:06        |
| 7    | SKABRADA JAN           | 128 | KERBEROS                              | PRAGUE              | CZE  | M45-49 |                           | 00:58:53          | 00:02:57 | 04:55:58       | 00:02:37 | 03:17:40        |
| 8    | KITA TOMASZ            | 68  | SPECSHOP TEAM                         | POZNAŃ              | POL  | M40-44 |                           | 01:01:25          | 00:02:33 | 05:36:23       | 00:03:41 | 04:11:59        |
| 9    | ZARSKI ANTEK           | 155 | NEON                                  | WARSZAWA            | POL  | M50-54 |                           | 01:01:59          | 00:04:22 | 05:42:34       | 00:02:39 | 03:49:22        |
| 10   | KOWALCZYK MAREK        | 1   |                                       | BYDGOSZCZ           | POL  | M40-44 |                           | 01:03:32          | 00:03:02 | 04:58:20       | 00:02:10 | 03:29:25        |
| 11   | LEWANDOWSKI DAMIAN     | 88  | PTT DELTA                             | PŁOCK               | POL  | M40-44 |                           | 01:03:49          | 00:03:45 | 05:26:54       | 00:02:53 | 03:52:09        |
| 12   | CIMACHOWSKI JAKUB      | 27  | CIMATECH                              | SOLEC KUJAWSKI      | POL  | M40-44 |                           | 01:04:12          | 00:05:24 | 05:58:57       | 00:04:49 | 03:58:59        |
| 13   | MOZLER JERZY           | 104 |                                       | ERLENMOOS           | GER  | M45-49 |                           | 01:04:35          | 00:07:09 | 05:34:31       | 00:05:16 | 04:01:25        |
| 14   | BYCH MACIEJ            | 25  | TRIDEA TEAM                           | OŁAWA               | POL  | M45-49 |                           | 01:05:15          | 00:04:09 | 05:22:38       | 00:03:44 | 04:03:28        |
| 15   | PEZIOŁ MAREK           | 114 | DRAGON FIGHT CLUB                     | RADOM               | POL  | M35-39 |                           | 01:04:38          | 00:06:25 | 05:33:24       | 00:04:49 | 04:13:47        |
| 16   | RYŚ SEBASTIAN          | 127 |                                       | GOWARZEWO           | POL  | M45-49 |                           | 01:05:30          | 00:05:17 | 05:17:02       | 00:03:29 | 04:07:35        |
| 17   | BARTKOWIAK DAWID       | 14  | BIURO RACHUNKOWE TRADEMARK D.B.       | PIŁA                | POL  | M45-49 |                           | 01:05:15          | 00:04:51 | 05:29:11       | 00:04:58 | 04:10:27        |
| 18   | KILLEN JOE             | 67  | CLAPHAM CHASERS                       | LONDON              | GBR  | M25-29 |                           | 01:06:32          | 00:05:28 | 05:13:32       | 00:04:21 | 04:20:19        |
| 19   | FILIPOWSKI ZDZISŁAW    | 40  | HTF LUDWIK SIKORSKI                   | KONSTANTYNÓW ŁÓDZKI | POL  | M50-54 |                           | 01:05:46          | 00:03:51 | 05:23:37       | 00:02:06 | 03:48:04        |
| 20   | HIRT TOMASZ            | 55  | CB 163                                | BYDGOSZCZ           | POL  | M35-39 |                           | 01:06:42          | 00:04:45 | 06:04:45       | 00:02:20 | 04:23:35        |
| 21   | DZIURDA MAREK          | 36  | 1981                                  | CHEŁM               | POL  | M35-39 |                           | 01:05:49          | 00:09:01 | 06:01:33       | 00:10:55 | 04:13:06        |
| 22   | DĘBICKI ARTUR          | 31  |                                       | GDYNIA              | POL  | M50-54 |                           | 01:06:26          | 00:05:45 | 06:48:08       | 00:06:37 | 05:17:13        |
| 23   | JEDRYCH JACEK          | 59  |                                       | EGMATING            | POL  | M50-54 |                           | 01:06:29          | 00:08:09 | 06:02:12       | 00:07:23 | 04:17:52        |
| 24   | JAROSZ HUBERT          | 57  |                                       | LUBLIN              | POL  | M25-29 |                           | 01:06:36          | 00:09:40 | 05:54:24       | 00:05:05 | 04:36:58        |
| 25   | MAGDZIARZ JAKUB        | 95  | KANCELARIA - HMM                      | BYDGOSZCZ           | POL  | M40-44 |                           | 01:07:14          | 00:04:00 | 05:23:02       | 00:02:58 | 03:32:45        |
| 26   | NEMCIK MAREK           | 161 | TRIAX SLOVAKIA                        | UDAVSKE             | SVK  | M45-49 |                           | 01:06:49          | 00:03:59 | 05:44:33       | 00:04:20 | 04:38:05        |
| 27   | MAZANKA JAKUB          | 97  |                                       | BORÓWIEC            | POL  | M40-44 |                           | 01:07:05          | 00:04:10 | 08:39:52       | 00:02:27 | 03:50:03        |
| 28   | MALACZEWSKI ŁUKASZ     | 3   | GVT/FIZJOTRTERAPIA FOLLOW YOUR DREAMS | WROCŁAW             | POL  | M40-44 |                           | 01:06:53          | 00:04:15 | 07:06:38       | 00:04:21 | 04:24:50        |
| 29   | WIĘDŁOCHA JAN          | 146 | BEZ BALASTU                           | GŁOGÓW              | POL  | M40-44 |                           | 01:07:19          | 00:03:30 | 05:47:31       | 00:02:34 | 04:24:47        |
| 30   | KRASNODEBSKI SEBASTIAN | 73  |                                       | GRUDZIĄDZ           | POL  | M35-39 |                           | 01:08:37          | 00:03:16 | 04:52:34       | 00:03:58 | 03:31:39        |
| 31   | BŁASIAK LESZEK         | 20  |                                       | KĘTY                | POL  | M55-59 |                           | 01:08:13          | 00:06:09 | 05:48:50       | 00:04:45 | 03:59:40        |
| 32   | CZAJKOWSKI KRZYSZTOF   | 28  | TRI FOR ME                            | POWIERCIE KOLONIA   | POL  | M45-49 |                           | 01:08:56          | 00:03:43 | 05:35:39       | 00:05:16 | 04:39:38        |
| 33   | PAWLAK ARTUR           | 112 |                                       | SOLEC KUJAWSKI      | POL  | M45-49 |                           | 01:11:02          | 00:03:17 | 06:16:32       | 00:03:09 | 04:23:01        |
| 34   | OIKONOMOU ALEXANDROS   | 110 | TRIAS                                 | HERAKLION CRETE     | GRE  | M45-49 |                           | 01:09:32          | 00:05:16 | 06:31:23       | 00:05:45 | 04:32:05        |
| 35   | WALKOWIAK MARCIN       | 144 | AGROS-TJ                              | SUBKOWY             | POL  | M45-49 |                           | 01:10:24          | 00:05:14 | 05:37:44       | 00:06:26 | 04:13:41        |
| 36   | ŁUCYSZYN ROBERT        | 92  |                                       | DOBROSZÓW OLEŚNICKI | POL  | M40-44 |                           | 01:10:22          | 00:07:35 | 05:25:43       | 00:06:29 | 04:28:22        |
| 37   | BARTOSZEWSKI GRZEGORZ  | 15  | LITWIN TRIATHLON TEAM                 | DŁUGOŁĘKA           | POL  | M40-44 |                           | 01:10:05          | 00:04:01 | 05:03:55       | 00:02:23 | 03:33:22        |
| 38   | SZYMKOWIAK NORBERT     | 136 |                                       | PONIEC              | POL  | M25-29 |                           | 01:10:05          | 00:03:22 | 04:49:23       | 00:01:39 | 03:41:27        |
| 39   | KUCIŃSKI ARTUR         | 77  |                                       | DOBR CZ             | POL  | M45-49 |                           | 01:10:26          | 00:07:57 | 05:58:23       | 00:04:22 | 05:23:05        |
| 40   | PLÓCIENNIK DOMINIK     | 117 | DELL TECHNOLOGIES                     | LUTOMIERSK          | POL  | M25-29 | DELL TECHNOLOGIES         | 01:11:46          | 00:05:32 | 05:25:57       | 00:03:41 | 03:55:26        |
| 41   | MAJCZAK MIROSLAW       | 96  |                                       | WARSZAWA            | POL  | M45-49 |                           | 01:11:37          | 00:05:51 | 06:20:26       | 00:03:12 | 04:11:28        |
| 42   | BUKALSKI ARKADIUSZ     | 24  | CHEŁMSKA GRUPA TRIATHLONU             | CHEŁM               | POL  | M40-44 | CHEŁMSKA GRUPA TRIATHLONU | 01:11:41          | 00:08:12 | 05:57:11       | 00:05:41 | 04:47:30        |
| 43   | FAJFER GRZEGORZ        | 38  | LITWIN TRIATHLON TEAM                 | WROCŁAW             | POL  | M55-59 |                           | 01:11:16          | 00:04:35 | 06:06:56       | 00:06:39 | 04:40:15        |
| 44   | MICHOVSKY MAREK        | 99  | MÍKA TRAINING                         | BEROUN              | CZE  | M40-44 |                           | 01:12:10          | 00:04:32 | 05:50:52       | 00:03:15 | 04:24:26        |
| 45   | WALEROWSKI BENEDYKT    | 143 | MAGAZYN TRIATHLON                     | KRAKÓW              | POL  | M30-34 |                           | 01:12:54          | 00:04:37 | 05:45:10       | 00:04:20 | 05:15:18        |
| 46   | JAKUBAS PAWEŁ          | 56  |                                       | WARSZAWA            | POL  | M40-44 |                           | 01:13:37          | 00:09:10 | 05:25:29       | 00:07:32 | 03:39:21        |
| 47   | PODSIADŁO MIKOŁAJ      | 118 | SZPITAL ŚW. ŁUKASZA                   | BIELSKO-BIAŁA       | POL  | M25-29 |                           | 01:13:13          | 00:04:26 | 05:46:39       | 00:03:58 | 03:45:56        |
| 48   | GUTKOWSKI JAKUB        | 54  |                                       | BYDGOSZCZ           | POL  | M30-34 |                           | 01:13:04          | 00:02:47 | 04:54:51       | 00:01:51 | 03:26:26        |
| 49   | KUŹMICKI MARCIN        | 83  |                                       | BORZĘCIN DUŻY       | POL  | M45-49 |                           | 01:13:25          | 00:03:57 | 05:42:02       | 00:05:11 | 04:44:16        |
| 50   | ROŻEK JACEK            | 125 | COKEINCONTAINERS.COM 7PRO             | RYBNIK              | POL  | M40-44 |                           | 01:13:17          | 00:04:50 | 05:44:13       | 00:05:10 | 04:24:16        |
| 51   | STACHOWSKI SEBASTIAN   | 133 | ZĄBECKA EKIPA TRAJLONOWA              | -                   | POL  | M35-39 |                           | 01:14:04          | 00:04:26 | 05:55:29       | 00:04:52 | 04:12:56        |
| 52   | KALIN WŁADYSŁAW        | 63  | TAEKWON-DO GROMOWSKI                  | UNISŁAW             | POL  | M40-44 |                           | 01:14:23          | 00:05:43 | 05:33:40       | 00:06:39 | 03:45:57        |
| 53   | JODŁOWSKI JAN          | 60  |                                       | KRAKÓW              | POL  | M35-39 |                           | 01:14:29          | 00:06:42 | 05:38:56       | 00:05:51 | 04:12:26        |
| 54   | PRYK RAFAŁ             | 121 | ROZBIEGANY GOLENIÓW                   | GOLENIÓW            | POL  | M45-49 |                           | 01:13:28          | 00:04:54 | 05:41:00       | 00:02:37 | 04:14:22        |
| 55   | ŁATKA MARCIN           | 91  | NIEZALEŻNY                            | BYDGOSZCZ           | POL  | M45-49 |                           | 01:14:29          | 00:06:16 | 06:44:14       | 00:04:34 | 05:20:55        |

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, Mężczyźni c.d.**

| M-ce | Nazwisko i imię                  | Nr  | Klub                          | M-scowość            | Kraj | Kat.      | Drużyna           | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|----------------------------------|-----|-------------------------------|----------------------|------|-----------|-------------------|-------------------|----------|----------------|----------|-----------------|
| 56   | PALMOWSKI ŁUKASZ                 | 111 |                               | ROZALIN              | POL  | M40-44    |                   | 01:15:13          | 00:03:11 | 05:24:40       | 00:02:27 | 04:00:09        |
| 57   | GACKOWSKI KRZYSZTOF              | 46  | IRON & ONE TEAM               | BYDGOSZCZ            | POL  | M45-49    |                   | 01:14:08          | 00:04:36 | 05:53:14       | 00:07:42 | 05:11:11        |
| 58   | SKUBIDA ADAM                     | 130 | EKIPA GORZYCE                 | GIZYCKO              | POL  | M35-39    |                   | 01:13:57          | 00:07:02 | 05:50:31       | 00:06:10 | 04:04:11        |
| 59   | LIEBNER PATRYK                   | 89  | TRIGYM SZCZECIN               | SZCZECIN             | POL  | M35-39    |                   | 01:14:39          | 00:05:09 | 06:07:25       | 00:03:48 | 03:57:07        |
| 60   | WILICKI TOMASZ                   | 147 | DELL RUNNING TEAM             | ŁÓDŹ                 | POL  | M40-44    |                   | 01:14:52          | 00:06:58 | 05:28:14       | 00:04:01 | 03:48:00        |
| 61   | MACKO ANTON                      | 94  | BETRI                         | PRAHA 8              | CZE  | M30-34    |                   | 01:15:36          | 00:03:19 | 05:47:54       | 00:03:59 | 04:37:28        |
| 62   | NITKA MIKOŁAJ<br>KLAFETKA MICHAŁ | 000 |                               |                      |      | MĘŻCZYŹNI |                   | 01:16:10          | 00:06:54 | 06:01:47       | 00:08:02 | 06:23:29        |
| 63   | LASSOTA ARTUR                    | 87  |                               | BĘDZIN               | POL  | M50-54    |                   | 01:16:06          | 00:04:40 | 05:49:56       | 00:08:09 | 04:54:54        |
| 64   | SZADKOWSKI JACEK                 | 135 |                               | JEZIÓRKO             | POL  | M40-44    |                   | 01:15:47          | 00:05:28 | 06:21:15       | 00:03:52 | 04:32:15        |
| 65   | WOJTYSIAK MARCIN                 | 151 |                               | GOLENIÓW             | POL  | M25-29    |                   | 01:17:24          | 00:08:04 | 05:53:44       | 00:05:15 | 04:57:50        |
| 66   | JASIŃSKI BOGUSŁAW                | 58  |                               | KARPACZ              | POL  | M65-69    |                   | 01:18:52          | 00:26:53 | 06:58:35       | 00:07:18 | 05:51:56        |
| 67   | TECZA ARTUR                      | 137 |                               | SOLEC KUJAWSKI       | POL  | M40-44    |                   | 01:17:09          | 00:11:23 | 06:20:08       | 00:07:56 | 04:27:03        |
| 68   | FOLTYŃSKI MARCIN                 | 42  | KLAS SZPOT SWARZĘDZ           | GRUSZCZYN            | POL  | M40-44    |                   | 01:18:54          | 00:05:00 | 05:55:40       | 00:03:11 | 04:28:07        |
| 69   | SMITH STUART                     | 131 | SYTRI                         | SHREWSBURY           | GBR  | M35-39    |                   | 01:18:09          | 00:04:08 | 05:23:20       | 00:03:29 | 03:39:50        |
| 70   | GNIOT JACEK                      | 50  | TRISPACE/TREK                 | GRUDZIADZ            | POL  | M45-49    | TRISPACE/TREK     | 01:18:28          | 00:02:22 | 05:18:36       | 00:02:19 | 04:03:08        |
| 71   | KOCHANOWSKI MICHAŁ               | 70  |                               | WARSZAWA             | POL  | M30-34    |                   | 01:20:33          | 00:07:15 | 06:12:09       | 00:05:20 | 05:28:19        |
| 72   | MOSKAŁ ALEKSANDER                | 103 |                               | BORÓWNO              | POL  | M55-59    |                   | 01:19:03          | 00:05:09 | 06:17:24       | 00:03:19 | 05:24:04        |
| 73   | ZIELONKA PAWEŁ                   | 158 | AKTYWNA FABRYKA TRIATHLONU    | KOBYLNICA            | POL  | M25-29    |                   | 01:19:44          | 00:05:54 | 05:46:48       | 00:03:51 | 03:54:39        |
| 74   | GAŁAN LESZEK                     | 47  |                               | ZŁOCENIEC            | POL  | M55-59    |                   | 01:20:59          | 00:06:35 | 07:28:58       | 00:03:31 | 04:48:13        |
| 75   | MOJSIEWICZ SŁAWOMIR              | 101 |                               | WARSZAWA             | POL  | M40-44    |                   | 01:19:40          | 00:05:47 | 05:53:41       | 00:04:46 | 04:41:02        |
| 76   | SUBKOWSKI ARTUR                  | 134 |                               | ŚWIECIE              | POL  | M40-44    |                   | 01:20:40          | 00:06:43 | 05:49:14       | 00:03:09 | 04:41:53        |
| 77   | RUDŹ DANIEL                      | 126 |                               | PRZECLAW K/SZCZECINA | POL  | M45-49    |                   | 01:20:58          | 00:09:40 | 06:45:40       | 00:06:10 | 05:22:29        |
| 78   | WIŚNIEWSKI KRZYSZTOF             | 148 |                               | NOWA IWICZNA         | POL  | M30-34    |                   | 01:21:38          | 00:06:05 | 06:12:13       | 00:05:40 | 04:37:11        |
| 79   | NIELSEN TORBEN MOELLER           | 108 | HG TRI                        | KARREBAEKSMINDE      | DEN  | M45-49    |                   | 01:21:29          | 00:03:33 | 04:51:46       | 00:02:20 | 03:26:40        |
| 80   | GÓRSKI MARIAN                    | 52  | KRS TKKF JASTRZĄB RUDA ŚLĄSKA | SOLEC KUJAWSKI       | POL  | M60-64    |                   | 01:22:15          | 00:07:19 | 06:30:40       | 00:05:22 | 04:22:11        |
| 81   | KALICH TOMASZ                    | 62  | CYKLIŚCI RYPIN                | RYPIN                | POL  | M30-34    |                   | 01:23:35          | 00:06:47 | 05:32:07       | 00:03:14 | 04:04:45        |
| 82   | KUZIEMSKI TOMASZ                 | 82  | KS MARATON OSTOW WLKP         | OSTROW WLKP          | POL  | M30-34    |                   | 01:23:13          | 00:06:29 | 06:47:52       | 00:05:44 | 05:59:21        |
| 83   | BARZYK KAROL                     | 16  | YABIMO GROUP                  | MOGILANY             | POL  | M40-44    |                   | 01:22:35          | 00:06:02 | 06:01:49       | 00:03:35 | 04:18:03        |
| 84   | ZACHWIEJA PIOTR                  | 154 | KLINIKA TRIATHLONU            | BYDGOSZCZ            | POL  | M35-39    |                   | 01:23:01          | 00:04:08 | 05:47:36       | 00:05:04 | 03:45:01        |
| 85   | PRZYBYLSKI MACIEJ                | 122 | UKS SZABLA BRZOZA             | PRZYŁĘKI             | POL  | M45-49    |                   | 01:23:58          | 00:07:09 | 05:19:33       | 00:06:44 | 03:57:04        |
| 86   | KRAWCZYK JAN                     | 74  | KLUB POD WISIENKĄ             | KRAKÓW               | POL  | M35-39    | KLUB POD WISIENKĄ | 01:24:57          | 00:09:51 | 06:22:03       | 00:09:36 | 05:12:12        |
| 87   | POLACZUK PIOTR                   | 120 |                               | GDAŃSK               | POL  | M45-49    |                   | 01:24:51          | 00:10:45 | 07:14:59       | 00:09:58 | 05:34:31        |
| 88   | ANDRZEJ KOSIOŁ                   | 7   | TRI MISSION                   | WROCŁAW              | POL  | M55-59    |                   | 01:25:58          | 00:05:55 | 06:33:40       | 00:05:11 | 04:09:47        |
| 89   | MORAWSKI HUBERT                  | 102 |                               | KRAKÓW               | POL  | M40-44    |                   | 01:26:08          | 00:07:53 | 06:18:38       | 00:03:27 | 05:29:24        |
| 90   | BARAN JACEK                      | 10  | KB WARTKO                     | GOLINA               | POL  | M50-54    |                   | 01:25:58          | 00:08:17 | 06:02:51       | 00:04:27 | 04:05:57        |
| 91   | DWORNICKI KAMIL                  | 33  |                               | WROCŁAW              | POL  | M35-39    |                   | 01:26:03          | 00:05:16 | 06:11:40       | 00:04:52 | 03:37:28        |
| 92   | KULAGA RAFAŁ                     | 78  | EKIPA GORZYCE                 | WARSZAWA             | POL  | M35-39    |                   | 01:27:09          | 00:10:55 | 06:17:39       | 00:05:20 | 04:53:03        |
| 93   | KUREK SEBASTIAN                  | 79  | SNG WILD DUCKS                | ŁÓDŹ                 | POL  | M45-49    |                   | 01:25:54          | 00:05:15 | 06:06:44       | 00:04:30 | 04:00:02        |
| 94   | NIEMCZYK KAZIMIERZ               | 109 |                               | MILANÓWEK            | POL  | M55-59    |                   | 01:31:42          | 00:06:13 | 05:44:08       | 00:04:05 | 04:19:41        |
| 95   | BARTECKI ALEKSANDER              | 12  | HRMAX ŻORY                    | ŻORY                 | POL  | M45-49    |                   | 01:30:00          | 00:03:06 | 05:32:43       | 00:03:59 | 04:14:47        |
| 96   | VASILI ANTON                     | 140 |                               | DNIPRO               | UKR  | M35-39    |                   | 01:20:28          | 00:05:01 | 05:52:21       | 00:02:45 | 04:20:25        |
| 97   | BŁASZCZYK BORYS                  | 21  |                               | DOBR CZ              | POL  | M25-29    |                   | 01:30:28          | 00:05:03 | 06:16:48       | 00:04:47 | 06:41:02        |
| 98   | FUS WOJCIECH                     | 45  | ASSECO ACTIVE TEAM            | RZESZÓW              | POL  | M45-49    |                   | 01:31:57          | 00:08:36 | 06:10:37       | 00:10:57 | 05:03:21        |
| 99   | PIĄTKOWSKI DARIUSZ               | 115 | CHEŁMSKA GRUPA TRIATHLONU     | NOWINY               | POL  | M55-59    |                   | 01:33:15          | 00:11:22 | 06:16:10       | 00:10:00 | 04:51:21        |
| 100  | KURZEJA KAMIL                    | 81  | TODA MEBLE                    | POZNAŃ               | POL  | M25-29    |                   | 01:36:21          | 00:03:45 | 06:47:19       | 00:04:59 | 05:29:51        |
| 101  | MROCEK MARCIN                    | 106 |                               | LESZNO               | POL  | M25-29    |                   | 01:37:33          | 00:06:53 | 06:25:00       | 00:02:38 | 05:15:40        |
| 102  | CHYLEWSKI PAWEŁ                  | 26  |                               | BYDGOSZCZ            | POL  | M35-39    |                   | 01:38:20          | 00:06:02 | 06:10:51       | 00:04:31 | 04:01:30        |
| 103  | REPKA MAREK                      | 124 | LUPUS TEAM                    | BYDGOSZCZ            | POL  | M45-49    |                   | 01:37:59          | 00:03:47 | 05:48:13       | 00:03:07 | 04:51:05        |
| 104  | ŻARNOWSKI DAWID                  | 159 |                               | POZNAŃ               | POL  | M40-44    |                   | 01:39:04          | 00:08:23 | 07:06:09       | 00:07:04 | 03:53:30        |
| 105  | KRZEMIŃSKI MACIEJ                | 160 |                               | MAŁY RUDNIK          | POL  | M40-44    |                   | 01:37:35          | 00:05:16 | 06:06:02       | 00:04:48 | 05:16:00        |
| 106  | MIELNIK KRZYSZTOF                | 100 | DIEHL RUNNING CLUB            | NAMYSŁÓW             | POL  | M30-34    |                   | 01:37:00          | 00:09:33 | 07:00:05       | 00:08:26 | 05:04:17        |
| 107  | DYDUCH MACIEJ                    | 34  | WŁASNY                        | KANIE                | POL  | M45-49    |                   | 01:38:43          | 00:04:45 | 06:56:53       | 00:02:37 | 04:56:30        |
| 108  | LITKOWSKI ZBIGNIEW               | 90  | LABOSPORT POLSKA              | SIENNO               | POL  | M50-54    |                   | 01:37:06          | 00:06:40 | 06:34:53       | 00:06:47 | 04:53:35        |
| 109  | KALĄCZYŃSKI RYSZARD              | 64  | 366 WITUNIA                   | WITUNIA              | POL  | M60-64    |                   | 01:41:31          | 00:08:16 | 05:50:36       | 00:04:59 | 04:33:49        |
| 110  | GOZDOWSKI PAWEŁ                  | 51  |                               | TERESIN              | POL  | M50-54    |                   | 01:49:02          | 00:06:09 | 06:19:33       | 00:06:47 | 03:50:56        |

OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, Mężczyźni c.d.

| M-ce | Nazwisko i imię     | Nr  | Klub                    | M-scowość           | Kraj | Kat.      | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|---------------------|-----|-------------------------|---------------------|------|-----------|---------|-------------------|----------|----------------|----------|-----------------|
| 111  | TOMANEK JAN         | 501 |                         | DOBRIS              | CZE  | MĘZCZYŹNI |         |                   |          | 06:12:55       | 00:05:12 | 02:39:10        |
| 112  | WRONA KLAUDIUSZ     | 152 |                         | GНИЕZNO             | POL  | M40-44    |         |                   |          | 05:42:06       | 00:03:00 | 04:05:39        |
|      | SOWA MICHAŁ         | 5   | DECATHLON               | WARSZAWA            | POL  | M30-34    |         | 01:05:39 DNF      | 00:03:23 |                | 00:00:00 | 00:00:00        |
|      | MESSYASZ KRZYSZTOF  | 98  | BIMARKO&WELDA&GALI TEAM | GAĆ                 | POL  | M35-39    |         | 01:05:05 DNF      | 00:03:38 |                | 00:00:00 | 00:00:00        |
|      | WOJDYŁA PAWEŁ       | 150 | UNLIMITED SPORT         | KOŁACZYCE           | POL  | M30-34    |         | 01:18:39 DNF      | 00:06:38 |                | 00:00:00 | 00:00:00        |
|      | KOCIŃSKI KAJETAN    | 71  |                         | USTKA               | POL  | M18-24    |         | 01:21:36 DNF      | 00:04:10 |                | 00:00:00 | 00:00:00        |
|      | KĘPIŃSKI HENRYK     | 66  | KB SPARTAKUS BEŁCHATÓW  | BEŁCHATÓW           | POL  | M65-69    |         | 01:34:22 DNF      | 00:06:00 |                | 00:00:00 | 00:00:00        |
|      | SKAŁECKI PRZEMYSŁAW | 129 | HIAB SPORT TEAM         | GORZÓW WIELKOPOLSKI | POL  | M35-39    |         | DNF               | 03:56:00 |                | 00:00:00 | 00:00:00        |

OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, K18-29

| M-ce | Nazwisko i imię | Nr | Klub               | M-scowość | Kraj | Kat.   | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|-----------------|----|--------------------|-----------|------|--------|---------|-------------------|----------|----------------|----------|-----------------|
| 1    | BAKUNIAK HANNA  | 9  | KLINIKA TRIATHLONU | BYDGOSZCZ | POL  | K18-29 |         | 00:55:46          | 00:05:04 | 06:43:46       | 00:03:14 | 05:57:51        |
| 2    | DYDYCZ MARTA    | 35 | TEAM SPORT GÓRSKI  | GLIWICE   | POL  | K18-29 |         | 01:29:01          | 00:07:11 | 06:57:45       | 00:06:16 | 06:00:44        |

OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M18-24

| M-ce | Nazwisko i imię  | Nr | Klub | M-scowość | Kraj | Kat.   | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|------------------|----|------|-----------|------|--------|---------|-------------------|----------|----------------|----------|-----------------|
|      | KOCIŃSKI KAJETAN | 71 |      | USTKA     | POL  | M18-24 |         | 01:21:36 DNF      | 00:04:10 |                | 00:00:00 | 00:00:00        |

OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M25-29

| M-ce | Nazwisko i imię    | Nr  | Klub                       | M-scowość       | Kraj | Kat.   | Drużyna           | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|--------------------|-----|----------------------------|-----------------|------|--------|-------------------|-------------------|----------|----------------|----------|-----------------|
| 1    | PIOTROWSKI DANIEL  | 116 |                            | GDYNIA GRABÓWEK | POL  | M25-29 |                   | 00:58:02          | 00:03:43 | 05:17:34       | 00:02:07 | 04:39:56        |
| 2    | KILLEN JOE         | 67  | CLAPHAM CHASERS            | LONDON          | GBR  | M25-29 |                   | 01:06:32          | 00:05:28 | 05:13:32       | 00:04:21 | 04:20:19        |
| 3    | JAROSZ HUBERT      | 57  |                            | LUBLIN          | POL  | M25-29 |                   | 01:06:36          | 00:09:40 | 05:54:24       | 00:05:05 | 04:36:58        |
| 4    | SZYMKOWIAK NORBERT | 136 |                            | PONIEC          | POL  | M25-29 |                   | 01:10:05          | 00:03:22 | 04:49:23       | 00:01:39 | 03:41:27        |
| 5    | PLÓCIENNIK DOMINIK | 117 | DELL TECHNOLOGIES          | LUTOMIERSK      | POL  | M25-29 | DELL TECHNOLOGIES | 01:11:46          | 00:05:32 | 05:25:57       | 00:03:41 | 03:55:26        |
| 6    | PODSIADŁO MIKOŁAJ  | 118 | SZPITAL ŚW. ŁUKASZA        | BIELSKO-BIAŁA   | POL  | M25-29 |                   | 01:13:13          | 00:04:26 | 05:46:39       | 00:03:58 | 03:45:56        |
| 7    | WOJTYSIAK MARCIN   | 151 |                            | GOLENIÓW        | POL  | M25-29 |                   | 01:17:24          | 00:08:04 | 05:53:44       | 00:05:15 | 04:57:50        |
| 8    | ZIELONKA PAWEŁ     | 158 | AKTYWNA FABRYKA TRIATHLONU | KOBYLNICIA      | POL  | M25-29 |                   | 01:19:44          | 00:05:54 | 05:46:48       | 00:03:51 | 03:54:39        |
| 9    | BŁASZCZYK BORYS    | 21  |                            | DOBR CZ         | POL  | M25-29 |                   | 01:30:28          | 00:05:03 | 06:16:48       | 00:04:47 | 06:41:02        |
| 10   | KURZEJA KAMIL      | 81  | TODA MEBLE                 | POZNAŃ          | POL  | M25-29 |                   | 01:36:21          | 00:03:45 | 06:47:19       | 00:04:59 | 05:29:51        |
| 11   | MROCEK MARCIN      | 106 |                            | LESZNO          | POL  | M25-29 |                   | 01:37:33          | 00:06:53 | 06:25:00       | 00:02:38 | 05:15:40        |

OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, K30-34

| M-ce | Nazwisko i imię          | Nr  | Klub        | M-scowość | Kraj | Kat.   | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|--------------------------|-----|-------------|-----------|------|--------|---------|-------------------|----------|----------------|----------|-----------------|
| 1    | WŁOSZCZYNA JULITA        | 149 |             | POZNAŃ    | POL  | K30-34 |         | 01:17:16          | 00:05:48 | 06:32:59       | 00:08:06 | 04:33:26        |
| 2    | ŁADEMAN-WĘSIERSKA SYLWIA | 86  | SOBCZAKTEAM | GDAŃSK    | POL  | K30-34 |         | 01:18:35          | 00:04:10 | 05:57:05       | 00:03:09 | 04:27:48        |

OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M30-34

| M-ce | Nazwisko i imię      | Nr  | Klub                     | M-scowość    | Kraj | Kat.   | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|----------------------|-----|--------------------------|--------------|------|--------|---------|-------------------|----------|----------------|----------|-----------------|
| 1    | CHMURA MACIEJ        | 4   | KAZIKI / CHMURA COACHING | WROCŁAW      | POL  | M30-34 |         | 00:49:06          | 00:02:33 | 04:38:19       | 00:03:29 | 02:54:43        |
| 2    | PODWYSOCKI MARCIN    | 119 | CTS                      | AUGUSTÓW     | POL  | M30-34 | CTS     | 00:55:41          | 00:03:14 | 05:08:14       | 00:01:57 | 03:50:57        |
| 3    | KRÓL HUBERT          | 75  | WWW.TRENERTRIATHLONU.PL  | KOŁO         | POL  | M30-34 |         | 00:55:11          | 00:02:31 | 04:54:26       | 00:01:24 | 03:41:00        |
| 4    | WALEROWSKI BENEDYKT  | 143 | MAGAZYN TRIATHLON        | KRAKÓW       | POL  | M30-34 |         | 01:12:54          | 00:04:37 | 05:45:10       | 00:04:20 | 05:15:18        |
| 5    | GUTKOWSKI JAKUB      | 54  |                          | BYDGOSZCZ    | POL  | M30-34 |         | 01:13:04          | 00:02:47 | 04:54:51       | 00:01:51 | 03:26:26        |
| 6    | MACKO ANTON          | 94  | BETRI                    | PRAHA 8      | CZE  | M30-34 |         | 01:15:36          | 00:03:19 | 05:47:54       | 00:03:59 | 04:37:28        |
| 7    | KOCHANOWSKI MICHAŁ   | 70  |                          | WARSZAWA     | POL  | M30-34 |         | 01:20:33          | 00:07:15 | 06:12:09       | 00:05:20 | 05:28:19        |
| 8    | WIŚNIEWSKI KRZYSZTOF | 148 |                          | NOWA IWICZNA | POL  | M30-34 |         | 01:21:38          | 00:06:05 | 06:12:13       | 00:05:40 | 04:37:11        |
| 9    | KALICH TOMASZ        | 62  | CYKLIŚCI RYPIN           | RYPIN        | POL  | M30-34 |         | 01:23:35          | 00:06:47 | 05:32:07       | 00:03:14 | 04:04:45        |
| 10   | KUZIEMSKI TOMASZ     | 82  | KS MARATON OSTOW WLKP    | OSTROW WLKP  | POL  | M30-34 |         | 01:23:13          | 00:06:29 | 06:47:52       | 00:05:44 | 05:59:21        |
| 11   | MIELNIK KRZYSZTOF    | 100 | DIEHL RUNNING CLUB       | NAMYSŁÓW     | POL  | M30-34 |         | 01:37:00          | 00:09:33 | 07:00:05       | 00:08:26 | 05:04:17        |
|      | SOWA MICHAŁ          | 5   | DECATHLON                | WARSZAWA     | POL  | M30-34 |         | 01:05:39          | DNF      |                | 00:00:00 | 00:00:00        |
|      | WOJDYŁA PAWEŁ        | 150 | UNLIMITED SPORT          | KOŁACZYCE    | POL  | M30-34 |         | 01:18:39          | DNF      |                | 00:00:00 | 00:00:00        |

OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, K35-39

| M-ce | Nazwisko i imię  | Nr | Klub          | M-scowość        | Kraj | Kat.   | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|------------------|----|---------------|------------------|------|--------|---------|-------------------|----------|----------------|----------|-----------------|
| 1    | KOMANDER EWA     | 2  | CREATIVE      | KEDZIERZYN-KOZLE | POL  | K35-39 |         | 00:55:07          | 00:02:41 | 04:54:21       | 00:02:30 | 03:17:37        |
| 2    | FRĄCKOWIAK MARTA | 43 | KRYSPORT TEAM | MYŚLECINEK       | POL  | K35-39 |         | 01:24:37          | 00:04:10 | 05:52:59       | 00:02:25 | 04:06:15        |

OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M35-39

| M-ce | Nazwisko i imię        | Nr  | Klub                     | M-scowość           | Kraj | Kat.   | Drużyna           | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|------------------------|-----|--------------------------|---------------------|------|--------|-------------------|-------------------|----------|----------------|----------|-----------------|
| 1    | PEZIOŁ MAREK           | 114 | DRAGON FIGHT CLUB        | RADOM               | POL  | M35-39 |                   | 01:04:38          | 00:06:25 | 05:33:24       | 00:04:49 | 04:13:47        |
| 2    | HIRT TOMASZ            | 55  | CB 163                   | BYDGOSZCZ           | POL  | M35-39 |                   | 01:06:42          | 00:04:45 | 06:04:45       | 00:02:20 | 04:23:35        |
| 3    | DZIURDA MAREK          | 36  | 1981                     | CHEŁM               | POL  | M35-39 |                   | 01:05:49          | 00:09:01 | 06:01:33       | 00:10:55 | 04:13:06        |
| 4    | KRASNODEBSKI SEBASTIAN | 73  |                          | GRUDZIĄDZ           | POL  | M35-39 |                   | 01:08:37          | 00:03:16 | 04:52:34       | 00:03:58 | 03:31:39        |
| 5    | STACHOWSKI SEBASTIAN   | 133 | ZĄBECKA EKIPA TRAJLONOWA | -                   | POL  | M35-39 |                   | 01:14:04          | 00:04:26 | 05:55:29       | 00:04:52 | 04:12:56        |
| 6    | JODŁOWSKI JAN          | 60  |                          | KRAKÓW              | POL  | M35-39 |                   | 01:14:29          | 00:06:42 | 05:38:56       | 00:05:51 | 04:12:26        |
| 7    | SKUBIDA ADAM           | 130 | EKIPA GORZYCE            | GIZYCKO             | POL  | M35-39 |                   | 01:13:57          | 00:07:02 | 05:50:31       | 00:06:10 | 04:04:11        |
| 8    | LIEBNER PATRYK         | 89  | TRIGYM SZCZECIN          | SZCZECIN            | POL  | M35-39 |                   | 01:14:39          | 00:05:09 | 06:07:25       | 00:03:48 | 03:57:07        |
| 9    | SMITH STUART           | 131 | SYTRI                    | SHREWSBURY          | GBR  | M35-39 |                   | 01:18:09          | 00:04:08 | 05:23:20       | 00:03:29 | 03:39:50        |
| 10   | ZACHWIEJA PIOTR        | 154 | KLINIKA TRIATHLONU       | BYDGOSZCZ           | POL  | M35-39 |                   | 01:23:01          | 00:04:08 | 05:47:36       | 00:05:04 | 03:45:01        |
| 11   | KRAWCZYK JAN           | 74  | KLUB POD WISIENKĄ        | KRAKÓW              | POL  | M35-39 | KLUB POD WISIENKĄ | 01:24:57          | 00:09:51 | 06:22:03       | 00:09:36 | 05:12:12        |
| 12   | DWORNICKI KAMIL        | 33  |                          | WROCŁAW             | POL  | M35-39 |                   | 01:26:03          | 00:05:16 | 06:11:40       | 00:04:52 | 03:37:28        |
| 13   | KUŁAGA RAFAŁ           | 78  | EKIPA GORZYCE            | WARSZAWA            | POL  | M35-39 |                   | 01:27:09          | 00:10:55 | 06:17:39       | 00:05:20 | 04:53:03        |
| 14   | VASILI ANTON           | 140 |                          | DNIPRO              | UKR  | M35-39 |                   | 01:20:28          | 00:05:01 | 05:52:21       | 00:02:45 | 04:20:25        |
| 15   | CHYLEWSKI PAWEŁ        | 26  |                          | BYDGOSZCZ           | POL  | M35-39 |                   | 01:38:20          | 00:06:02 | 06:10:51       | 00:04:31 | 04:01:30        |
|      | MESSYASZ KRZYSZTOF     | 98  | BIMARKO&WELDA&GALI TEAM  | GAĆ                 | POL  | M35-39 |                   | 01:05:05          | DNF      |                | 00:00:00 | 00:00:00        |
|      | SKAŁECKI PRZEMYSŁAW    | 129 | HIAB SPORT TEAM          | GORZÓW WIELKOPOLSKI | POL  | M35-39 |                   | DNF               | 03:56:00 |                | 00:00:00 | 00:00:00        |

OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, K40-44

| M-ce | Nazwisko i imię | Nr | Klub                 | M-scowość | Kraj | Kat.   | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|-----------------|----|----------------------|-----------|------|--------|---------|-------------------|----------|----------------|----------|-----------------|
| 1    | BARTECKA SABINA | 11 | RÓŻOWETRI/HRMAX ŻORY | ŻORY      | POL  | K40-44 |         | 01:15:59          | 00:03:47 | 05:26:18       | 00:03:40 | 03:52:12        |

## OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M40-44

| M-ce | Nazwisko i imię       | Nr  | Klub                                   | M-scowość           | Kraj | Kat.   | Drużyna                   | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|-----------------------|-----|----------------------------------------|---------------------|------|--------|---------------------------|-------------------|----------|----------------|----------|-----------------|
| 1    | WALCZAK ROBERT        | 142 | CYTADELA BY NIGHT TRI TEAM             | POZNAŃ              | POL  | M40-44 |                           | 00:59:00          | 00:03:06 | 05:15:45       | 00:03:17 | 03:56:06        |
| 2    | KITA TOMASZ           | 68  | SPECSHOP TEAM                          | POZNAŃ              | POL  | M40-44 |                           | 01:01:25          | 00:02:33 | 05:36:23       | 00:03:41 | 04:11:59        |
| 3    | KOWALCZYK MAREK       | 1   | BYDGOSZCZ                              | BYDGOSZCZ           | POL  | M40-44 |                           | 01:03:32          | 00:03:02 | 04:58:20       | 00:02:10 | 03:29:25        |
| 4    | LEWANDOWSKI DAMIAN    | 88  | PTT DELTA                              | PŁOCK               | POL  | M40-44 |                           | 01:03:49          | 00:03:45 | 05:26:54       | 00:02:53 | 03:52:09        |
| 5    | CIMACHOWSKI JAKUB     | 27  | CIMATECH                               | SOLEC KUJAWSKI      | POL  | M40-44 |                           | 01:04:12          | 00:05:24 | 05:58:57       | 00:04:49 | 03:58:59        |
| 6    | MAGDZIARZ JAKUB       | 95  | KANCELARIA - HMM                       | BYDGOSZCZ           | POL  | M40-44 |                           | 01:07:14          | 00:04:00 | 05:23:02       | 00:02:58 | 03:32:45        |
| 7    | MAZANKA JAKUB         | 97  |                                        | BORÓWIEC            | POL  | M40-44 |                           | 01:07:05          | 00:04:10 | 08:39:52       | 00:02:27 | 03:50:03        |
| 8    | MALACZEWSKI ŁUKASZ    | 3   | GVT/FIZJOTRITERAPIA FOLLOW YOUR DREAMS | WROCŁAW             | POL  | M40-44 |                           | 01:06:53          | 00:04:15 | 07:06:38       | 00:04:21 | 04:24:50        |
| 9    | WIĘDŁOCHA JAN         | 146 | BEZ BALASTU                            | GŁOGÓW              | POL  | M40-44 |                           | 01:07:19          | 00:03:30 | 05:47:31       | 00:02:34 | 04:24:47        |
| 10   | ŁUCYSZYN ROBERT       | 92  |                                        | DOBROSZÓW OLEŚNICKI | POL  | M40-44 |                           | 01:10:22          | 00:07:35 | 05:25:43       | 00:06:29 | 04:28:22        |
| 11   | BARTOSZEWSKI GRZEGORZ | 15  | LITWIN TRIATHLON TEAM                  | DŁUGOŁĘKA           | POL  | M40-44 |                           | 01:10:05          | 00:04:01 | 05:03:55       | 00:02:23 | 03:33:22        |
| 12   | BUKAŁSKI ARKADIUSZ    | 24  | CHEŁMSKA GRUPA TRIATHLONU              | CHEŁM               | POL  | M40-44 | CHEŁMSKA GRUPA TRIATHLONU | 01:11:41          | 00:08:12 | 05:57:11       | 00:05:41 | 04:47:30        |
| 13   | MICHOVSKY MAREK       | 99  | MÍKA TRAINING                          | BEROUN              | CZE  | M40-44 |                           | 01:12:10          | 00:04:32 | 05:50:52       | 00:03:15 | 04:24:26        |
| 14   | JAKUBAS PAWEŁ         | 56  |                                        | WARSZAWA            | POL  | M40-44 |                           | 01:13:37          | 00:09:10 | 05:25:29       | 00:07:32 | 03:39:21        |
| 15   | ROŻEK JACEK           | 125 | COKEINCONTAINERS.COM 7PRO              | RYBNIK              | POL  | M40-44 |                           | 01:13:17          | 00:04:50 | 05:44:13       | 00:05:10 | 04:24:16        |
| 16   | KALIN WŁADYSŁAW       | 63  | TAEKWON-DO GROMOWSKI                   | UNISŁAW             | POL  | M40-44 |                           | 01:14:23          | 00:05:43 | 05:33:40       | 00:06:39 | 03:45:57        |
| 17   | PALMOWSKI ŁUKASZ      | 111 |                                        | ROZALIN             | POL  | M40-44 |                           | 01:15:13          | 00:03:11 | 05:24:40       | 00:02:27 | 04:00:09        |
| 18   | WILICKI TOMASZ        | 147 | DELL RUNNING TEAM                      | ŁÓDŹ                | POL  | M40-44 |                           | 01:14:52          | 00:06:58 | 05:28:14       | 00:04:01 | 03:48:00        |
| 19   | SZADKOWSKI JACEK      | 135 |                                        | JEZIÓRKO            | POL  | M40-44 |                           | 01:15:47          | 00:05:28 | 06:21:15       | 00:03:52 | 04:32:15        |
| 20   | TĘCZA ARTUR           | 137 |                                        | SOLEC KUJAWSKI      | POL  | M40-44 |                           | 01:17:09          | 00:11:23 | 06:20:08       | 00:07:56 | 04:27:03        |
| 21   | FOLTYŃSKI MARCIN      | 42  | KLAS SZPOT SWARZĘDZ                    | GRUSZCZYN           | POL  | M40-44 |                           | 01:18:54          | 00:05:00 | 05:55:40       | 00:03:11 | 04:28:07        |
| 22   | MOJSIEWICZ SŁAWOMIR   | 101 |                                        | WARSZAWA            | POL  | M40-44 |                           | 01:19:40          | 00:05:47 | 05:53:41       | 00:04:46 | 04:41:02        |
| 23   | SUBKOWSKI ARTUR       | 134 |                                        | ŚWIECIE             | POL  | M40-44 |                           | 01:20:40          | 00:06:43 | 05:49:14       | 00:03:09 | 04:41:53        |
| 24   | BARZYK KAROL          | 16  | YABIMO GROUP                           | MOGILANY            | POL  | M40-44 |                           | 01:22:35          | 00:06:02 | 06:01:49       | 00:03:35 | 04:18:03        |
| 25   | MORAWSKI HUBERT       | 102 |                                        | KRAKÓW              | POL  | M40-44 |                           | 01:26:08          | 00:07:53 | 06:18:38       | 00:03:27 | 05:29:24        |
| 26   | ŻARNOWSKI DAWID       | 159 |                                        | POZNAŃ              | POL  | M40-44 |                           | 01:39:04          | 00:08:23 | 07:06:09       | 00:07:04 | 03:53:30        |
| 27   | KRZEMIŃSKI MACIEJ     | 160 |                                        | MAŁY RUDNIK         | POL  | M40-44 |                           | 01:37:35          | 00:05:16 | 06:06:02       | 00:04:48 | 05:16:00        |
| 28   | WRONA KLAUDIUSZ       | 152 |                                        | GNIEZNO             | POL  | M40-44 |                           |                   |          | 05:42:06       | 00:03:00 | 04:05:39        |

## OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, K45-49

| M-ce | Nazwisko i imię  | Nr  | Klub                      | M-scowość | Kraj | Kat.   | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|------------------|-----|---------------------------|-----------|------|--------|---------|-------------------|----------|----------------|----------|-----------------|
| 1    | GAWROŃSKA DOROTA | 48  | HURAGAN LIGOTA/TEAM PAPRY | KATOWICE  | POL  | K45-49 |         | 01:25:05          | 00:08:34 | 06:37:38       | 00:05:07 | 04:56:45        |
| 2    | MOZLER AGNIESZKA | 105 |                           | ERLENMOOS | GER  | K45-49 |         | 01:37:03          | 00:11:55 | 07:27:48       | 00:06:52 | 04:56:31        |

## OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M45-49

| M-ce | Nazwisko i imię      | Nr  | Klub                            | M-scowość         | Kraj | Kat.   | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|----------------------|-----|---------------------------------|-------------------|------|--------|---------|-------------------|----------|----------------|----------|-----------------|
| 1    | SKABRADA JAN         | 128 | KERBEROS                        | PRAGUE            | CZE  | M45-49 |         | 00:58:53          | 00:02:57 | 04:55:58       | 00:02:37 | 03:17:40        |
| 2    | MOZLER JERZY         | 104 |                                 | ERLENMOOS         | GER  | M45-49 |         | 01:04:35          | 00:07:09 | 05:34:31       | 00:05:16 | 04:01:25        |
| 3    | BYCH MACIEJ          | 25  | TRIDEA TEAM                     | OŁAWA             | POL  | M45-49 |         | 01:05:15          | 00:04:09 | 05:22:38       | 00:03:44 | 04:03:28        |
| 4    | RYŚ SEBASTIAN        | 127 |                                 | GOWARZEWO         | POL  | M45-49 |         | 01:05:30          | 00:05:17 | 05:17:02       | 00:03:29 | 04:07:35        |
| 5    | BARTKOWIAK DAWID     | 14  | BIURO RACHUNKOWE TRADEMARK D.B. | PIŁA              | POL  | M45-49 |         | 01:05:15          | 00:04:51 | 05:29:11       | 00:04:58 | 04:10:27        |
| 6    | NEMCIK MAREK         | 161 | TRIAx SLOVAKIA                  | UDAVSKE           | SVK  | M45-49 |         | 01:06:49          | 00:03:59 | 05:44:33       | 00:04:20 | 04:38:05        |
| 7    | CZAJKOWSKI KRZYSZTOF | 28  | TRI FOR ME                      | POWIERCIE KOLONIA | POL  | M45-49 |         | 01:08:56          | 00:03:43 | 05:35:39       | 00:05:16 | 04:39:38        |
| 8    | PAWŁAK ARTUR         | 112 |                                 | SOLEC KUJAWSKI    | POL  | M45-49 |         | 01:11:02          | 00:03:17 | 06:16:32       | 00:03:09 | 04:23:01        |
| 9    | OIKONOMOU ALEXANDROS | 110 | TRIAS                           | HERAKLION CRETE   | GRE  | M45-49 |         | 01:09:32          | 00:05:16 | 06:31:23       | 00:05:45 | 04:32:05        |
| 10   | WALKOWIAK MARCIN     | 144 | AGROS-TJ                        | SUBKOWY           | POL  | M45-49 |         | 01:10:24          | 00:05:14 | 05:37:44       | 00:06:26 | 04:13:41        |
| 11   | KUCIŃSKI ARTUR       | 77  |                                 | DOBRCZ            | POL  | M45-49 |         | 01:10:26          | 00:07:57 | 05:58:23       | 00:04:22 | 05:23:05        |

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M45-49 c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                | M-scowość            | Kraj | Kat.   | Drużyna       | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|------------------------|-----|---------------------|----------------------|------|--------|---------------|-------------------|----------|----------------|----------|-----------------|
| 12   | MAJCZAK MIROSLAW       | 96  |                     | WARSZAWA             | POL  | M45-49 |               | 01:11:37          | 00:05:51 | 06:20:26       | 00:03:12 | 04:11:28        |
| 13   | KUŹMICKI MARCIN        | 83  |                     | BORZĘCIN DUŻY        | POL  | M45-49 |               | 01:13:25          | 00:03:57 | 05:42:02       | 00:05:11 | 04:44:16        |
| 14   | PRYK RAFAŁ             | 121 | ROZBIEGANY GOLENIÓW | GOLENIÓW             | POL  | M45-49 |               | 01:13:28          | 00:04:54 | 05:41:00       | 00:02:37 | 04:14:22        |
| 15   | ŁATKA MARCIN           | 91  | NIEZALEŻNY          | BYDGOSZCZ            | POL  | M45-49 |               | 01:14:29          | 00:06:16 | 06:44:14       | 00:04:34 | 05:20:55        |
| 16   | GACKOWSKI KRZYSZTOF    | 46  | IRON & ONE TEAM     | BYDGOSZCZ            | POL  | M45-49 |               | 01:14:08          | 00:04:36 | 05:53:14       | 00:07:42 | 05:11:11        |
| 17   | GNIOT JACEK            | 50  | TRISPACE/TREK       | GRUDZIADZ            | POL  | M45-49 | TRISPACE/TREK | 01:18:28          | 00:02:22 | 05:18:36       | 00:02:19 | 04:03:08        |
| 18   | RUDŹ DANIEL            | 126 |                     | PRZECŁAW K/SZCZECINA | POL  | M45-49 |               | 01:20:58          | 00:09:40 | 06:45:40       | 00:06:10 | 05:22:29        |
| 19   | NIELSEN TORBEN MOELLER | 108 | HG TRI              | KARREBAEKSMINDE      | DEN  | M45-49 |               | 01:21:29          | 00:03:33 | 04:51:46       | 00:02:20 | 03:26:40        |
| 20   | PRZYBYLSKI MACIEJ      | 122 | UKS SZABLA BRZOZA   | PRZYŁĘKI             | POL  | M45-49 |               | 01:23:58          | 00:07:09 | 05:19:33       | 00:06:44 | 03:57:04        |
| 21   | POLACZUK PIOTR         | 120 |                     | GDAŃSK               | POL  | M45-49 |               | 01:24:51          | 00:10:45 | 07:14:59       | 00:09:58 | 05:34:31        |
| 22   | KUREK SEBASTIAN        | 79  | SNG WILD DUCKS      | ŁÓDŹ                 | POL  | M45-49 |               | 01:25:54          | 00:05:15 | 06:06:44       | 00:04:30 | 04:00:02        |
| 23   | BARTECKI ALEKSANDER    | 12  | HRMAX ŻORY          | ŻORY                 | POL  | M45-49 |               | 01:30:00          | 00:03:06 | 05:32:43       | 00:03:59 | 04:14:47        |
| 24   | FUS WOJCIECH           | 45  | ASSECO ACTIVE TEAM  | RZESZÓW              | POL  | M45-49 |               | 01:31:57          | 00:08:36 | 06:10:37       | 00:10:57 | 05:03:21        |
| 25   | REPKA MAREK            | 124 | LUPUS TEAM          | BYDGOSZCZ            | POL  | M45-49 |               | 01:37:59          | 00:03:47 | 05:48:13       | 00:03:07 | 04:51:05        |
| 26   | DYDUCH MACIEJ          | 34  | WŁASNY              | KANIE                | POL  | M45-49 |               | 01:38:43          | 00:04:45 | 06:56:53       | 00:02:37 | 04:56:30        |

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M50-54**

| M-ce | Nazwisko i imię     | Nr  | Klub                | M-scowość           | Kraj | Kat.   | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|---------------------|-----|---------------------|---------------------|------|--------|---------|-------------------|----------|----------------|----------|-----------------|
| 1    | ZARSKI ANTEK        | 155 | NEON                | WARSZAWA            | POL  | M50-54 |         | 01:01:59          | 00:04:22 | 05:42:34       | 00:02:39 | 03:49:22        |
| 2    | FILIPOWSKI ZDZISŁAW | 40  | HTF LUDWIK SIKORSKI | KONSTANTYNÓW ŁÓDZKI | POL  | M50-54 |         | 01:05:46          | 00:03:51 | 05:23:37       | 00:02:06 | 03:48:04        |
| 3    | DĘBICKI ARTUR       | 31  |                     | GDYNIA              | POL  | M50-54 |         | 01:06:26          | 00:05:45 | 06:48:08       | 00:06:37 | 05:17:13        |
| 4    | JEDRYCH JACEK       | 59  |                     | EGMATING            | POL  | M50-54 |         | 01:06:29          | 00:08:09 | 06:02:12       | 00:07:23 | 04:17:52        |
| 5    | LASSOTA ARTUR       | 87  |                     | BĘDZIN              | POL  | M50-54 |         | 01:16:06          | 00:04:40 | 05:49:56       | 00:08:09 | 04:54:54        |
| 6    | BARAN JACEK         | 10  | KB WARTKO           | GOLINA              | POL  | M50-54 |         | 01:25:58          | 00:08:17 | 06:02:51       | 00:04:27 | 04:05:57        |
| 7    | LITKOWSKI ZBIGNIEW  | 90  | LABOSPORT POLSKA    | SIENNO              | POL  | M50-54 |         | 01:37:06          | 00:06:40 | 06:34:53       | 00:06:47 | 04:53:35        |
| 8    | GOZDOWSKI PAWEŁ     | 51  |                     | TERESIN             | POL  | M50-54 |         | 01:49:02          | 00:06:09 | 06:19:33       | 00:06:47 | 03:50:56        |

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M55-59**

| M-ce | Nazwisko i imię    | Nr  | Klub                      | M-scowość | Kraj | Kat.   | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|--------------------|-----|---------------------------|-----------|------|--------|---------|-------------------|----------|----------------|----------|-----------------|
| 1    | BRETT TOMASZ       | 22  | MLUKS TRIATHLON           | KOŁO      | POL  | M55-59 |         | 00:58:01          | 00:04:42 | 05:39:58       | 00:02:52 | 05:07:17        |
| 2    | BŁASIAK LESZEK     | 20  |                           | KĘTY      | POL  | M55-59 |         | 01:08:13          | 00:06:09 | 05:48:50       | 00:04:45 | 03:59:40        |
| 3    | FAJFER GRZEGORZ    | 38  | LITWIN TRIATHLON TEAM     | WROCŁAW   | POL  | M55-59 |         | 01:11:16          | 00:04:35 | 06:06:56       | 00:06:39 | 04:40:15        |
| 4    | MOSKAŁ ALEKSANDER  | 103 |                           | BORÓWNO   | POL  | M55-59 |         | 01:19:03          | 00:05:09 | 06:17:24       | 00:03:19 | 05:24:04        |
| 5    | GAŁAN LESZEK       | 47  |                           | ZŁOCENIEC | POL  | M55-59 |         | 01:20:59          | 00:06:35 | 07:28:58       | 00:03:31 | 04:48:13        |
| 6    | ANDRZEJ KOSIOŁ     | 7   | TRI MISSION               | WROCŁAW   | POL  | M55-59 |         | 01:25:58          | 00:05:55 | 06:33:40       | 00:05:11 | 04:09:47        |
| 7    | NIEMCZYK KAZIMIERZ | 109 |                           | MILANÓWEK | POL  | M55-59 |         | 01:31:42          | 00:06:13 | 05:44:08       | 00:04:05 | 04:19:41        |
| 8    | PIĄTKOWSKI DARIUSZ | 115 | CHEŁMSKA GRUPA TRIATHLONU | NOWINY    | POL  | M55-59 |         | 01:33:15          | 00:11:22 | 06:16:10       | 00:10:00 | 04:51:21        |

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M60-64**

| M-ce | Nazwisko i imię     | Nr | Klub                          | M-scowość      | Kraj | Kat.   | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|---------------------|----|-------------------------------|----------------|------|--------|---------|-------------------|----------|----------------|----------|-----------------|
| 1    | GÓRSKI MARIAN       | 52 | KRS TKKF JASTRZĄB RUDA ŚLĄSKA | SOLEC KUJAWSKI | POL  | M60-64 |         | 01:22:15          | 00:07:19 | 06:30:40       | 00:05:22 | 04:22:11        |
| 2    | KĄŁACZYŃSKI RYSZARD | 64 | 366 WITUNIA                   | WITUNIA        | POL  | M60-64 |         | 01:41:31          | 00:08:16 | 05:50:36       | 00:04:59 | 04:33:49        |

OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, M65-69

| M-ce | Nazwisko i imię   | Nr | Klub                   | M-scowość | Kraj | Kat.   | Drużyna | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.37km |
|------|-------------------|----|------------------------|-----------|------|--------|---------|-------------------|----------|----------------|----------|-----------------|
| 1    | JASIŃSKI BOGUSŁAW | 58 |                        | KARPACZ   | POL  | M65-69 |         | 01:18:52          | 00:26:53 | 06:58:35       | 00:07:18 | 05:51:56        |
|      | KĘPIŃSKI HENRYK   | 66 | KB SPARTAKUS BEŁCHATÓW | BEŁCHATÓW | POL  | M65-69 |         | 01:34:22 DNF      | 00:06:00 |                | 00:00:00 | 00:00:00        |