

## POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI

Organizator: ROBUSTUS Sp. z o.o. Sp. k.

Data: 2021-08-15

Miejsce: Wolsztyn

Dystans: 226 km

Wyniki dla punktu pomiaru: 123.8 km



Klasyfikacja wg czasów netto.

## POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, OPEN

| M-ce | Nazwisko i imię        | Nr  | Klub                                     | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|------------------------|-----|------------------------------------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 1    | BRAULINSKI MICHAŁ      | 10  | POWER OF SCIENCE PERFORMANCE LAB         |           | POL  | M18  | 01:07:05 (14)     | 00:04:42 | 04:21:38 (1)   | 00:02:29 | 03:56:52 (14)  |
| 2    | IWAŃSKI BARTŁOMIEJ     | 27  |                                          |           | POL  | M18  | 00:57:15 (3)      | 00:03:28 | 04:41:36 (4)   | 00:02:43 | 04:41:11 (44)  |
| 3    | LEWANDOWSKI MACIEJ     | 49  | ALOHA TRIATHLON TEAM                     |           | POL  | M30  | 01:01:25 (6)      | 00:03:25 | 04:30:17 (2)   | 00:02:45 | 03:36:19 (6)   |
| 4    | MROCKOWSKI KAROL       | 60  | ALOHA TRIATHLON TEAM                     |           | POL  | M30  | 00:57:07 (2)      | 00:03:28 | 04:38:38 (3)   | 00:02:41 | 03:39:04 (8)   |
| 5    | BOROWIAK RAFAŁ         | 611 |                                          |           | POL  | M30  | 01:01:07 (5)      | 00:03:15 | 04:47:58 (6)   | 00:02:53 | 03:16:09 (1)   |
| 6    | JAKUBCZAK ANDRZEJ      | 28  | VANHOOF BIKE MANUFAKTUR                  |           | POL  | M40  | 00:53:15 (1)      | 00:04:19 | 04:59:11 (11)  | 00:04:15 | 03:57:16 (15)  |
| 7    | MODRZYK ARKADIUSZ      | 59  | CENTRUM MEDYCYNY SPORTOWEJ OLIMP /TRIAMO |           | POL  | M30  | 01:03:47 (10)     | 00:03:43 | 04:44:57 (5)   | 00:02:52 | 03:33:03 (5)   |
| 8    | GRYSZKIEWCZ PAWEŁ      | 23  | JF DUET GOLENIÓW                         |           | POL  | M30  | 01:12:00 (25)     | 00:03:05 | 04:55:57 (9)   | 00:03:47 | 04:31:45 (41)  |
| 9    | HONKA MICHAŁ           | 26  | MB-PROJEKT RACING TEAM                   |           | POL  | M40  | 01:07:42 (15)     | 00:03:18 | 04:56:57 (10)  | 00:03:26 | 03:44:18 (9)   |
| 10   | SMITH MATTHEW          | 79  |                                          |           | GBR  | M40  | 01:05:04 (11)     | 00:02:55 | 05:04:38 (13)  | 00:02:50 | 03:24:26 (2)   |
| 11   | KOLASA KONRAD          | 42  | UPRANE.PL                                |           | POL  | M40  | 01:14:44 (30)     | 00:06:01 | 04:51:15 (7)   | 00:03:46 | 04:03:43 (20)  |
| 12   | ŚWIDERSKI PAWEŁ        | 83  | ZDUN TRIATHLON TEAM                      |           | POL  | M40  | 01:01:56 (9)      | 00:04:48 | 05:13:53 (20)  | 00:04:33 | 04:01:29 (18)  |
| 13   | BARAN TOMASZ           | 605 |                                          |           | POL  | M30  | 01:14:58 (33)     | 00:04:34 | 04:55:31 (8)   | 00:03:10 | 03:39:03 (7)   |
| 14   | FIKS GRZEGORZ          | 17  | FIX CATERING DIETETYCZNY                 |           | POL  | M30  | 01:01:39 (8)      | 00:03:30 | 05:20:36 (24)  | 00:03:28 | 04:08:34 (26)  |
| 15   | LIPUTA GRZESIEK        | 50  | ALOHA TRIATHLON TEAM                     |           | POL  | M30  | 01:10:22 (22)     | 00:04:53 | 05:05:22 (14)  | 00:03:41 | 03:32:42 (4)   |
| 16   | NOSEK DALIBOR          | 62  | TRIATLON TEAM TRNAVA                     |           | SVK  | M40  | 01:10:44 (23)     | 00:03:26 | 05:10:16 (17)  | 00:04:12 | 03:27:30 (3)   |
| 17   | WOWTONIUK MARIUSZ      | 91  | TIM MAŁEGO                               |           | POL  | M40  | 00:59:17 (4)      | 00:04:07 | 05:30:33 (31)  | 00:03:19 | 03:54:36 (11)  |
| 18   | JĘCZMIONKA SZYMON      | 33  | TRI GRUPA                                |           | POL  | M30  | 01:08:58 (18)     | 00:05:00 | 05:11:40 (18)  | 00:03:30 | 04:08:15 (25)  |
| 19   | TRÍSKA JAROSLAV        | 86  | VSK HUMANITA PRAHA                       |           | CZE  | M40  | 01:08:13 (17)     | 00:05:11 | 05:20:06 (23)  | 00:03:49 | 04:01:05 (17)  |
| 20   | VALENTIN GUILLE-DEVERS | 87  | USF TRIATHLON                            |           | FRA  | M18  | 01:12:18 (26)     | 00:05:47 | 05:08:48 (16)  | 00:03:21 | 04:22:16 (35)  |
| 21   | ŚWITALA KRZYSZTOF      | 84  | NIAGARA RAKONIEWICE                      |           | POL  | M40  | 01:05:22 (12)     | 00:05:26 | 05:27:03 (28)  | 00:05:53 | 04:18:08 (33)  |
| 22   | CZAPRACKI DOMINIK      | 15  |                                          |           | POL  | M40  | 01:15:27 (36)     | 00:03:31 | 05:15:25 (21)  | 00:03:00 | 04:05:39 (22)  |
| 23   | GOLANOWSKI KRZYSZTOF   | 21  | GO2TRI                                   |           | POL  | M40  | 01:11:41 (24)     | 00:05:52 | 05:16:47 (22)  | 00:05:22 | 04:05:56 (23)  |
| 24   | PRYGA GRZEGORZ         | 69  |                                          |           | POL  | M30  | 01:01:33 (7)      | 00:06:22 | 05:35:21 (36)  | 00:07:11 | 03:55:20 (12)  |
| 25   | LUBOWICKI ŁUKASZ       | 51  | 40-LATEK TYCHY                           |           | POL  | M40  | 01:14:49 (31)     | 00:04:55 | 05:25:16 (27)  | 00:04:29 | 05:05:02 (53)  |
| 26   | BUDZANOWSKI MICHAŁ     | 12  |                                          |           | POL  | M30  | 01:07:49 (16)     | 00:07:22 | 05:30:25 (30)  | 00:03:53 | 05:05:07 (54)  |
| 27   | SKAŁECKI KRYSZTIAN     | 75  |                                          |           | POL  | M18  | 01:22:34 (53)     | 00:05:08 | 05:13:38 (19)  | 00:03:09 | 03:55:37 (13)  |
| 28   | KOŚCIAŃSKI ŁUKASZ      | 47  | ZDUN TRIATHLON TEAM                      |           | POL  | M30  | 01:10:11 (21)     | 00:07:08 | 05:30:01 (29)  | 00:07:08 | 04:40:50 (43)  |
| 29   | NEMCIK MAREK           | 1   | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN   |           | POL  | M40  | 01:14:50 (32)     | 00:04:41 | 05:31:55 (34)  | 00:04:50 | 04:57:53 (47)  |
| 30   | KONIOR WOJCIECH        | 44  | BESKID TRI                               |           | POL  | M40  | 01:16:42 (39)     | 00:05:25 | 05:33:11 (35)  | 00:04:58 | 04:12:45 (28)  |
| 31   | SEVASTSYANAU SIARHEI   | 74  | SEVASTSYANAU TEAM                        |           | POL  | M40  | 01:35:01 (67)     | 00:04:14 | 05:01:14 (12)  | 00:03:36 | 04:03:19 (19)  |
| 32   | WISŁOCKI MICHAŁ        | 90  |                                          |           | POL  | M30  | 01:17:11 (42)     | 00:07:53 | 05:21:36 (25)  | 00:03:52 | 04:22:13 (34)  |
| 33   | SKOWROŃSKI RAFAŁ       | 77  | KUŹNIA TRIATHLONU                        |           | POL  | M40  | 01:09:59 (20)     | 00:07:10 | 05:42:00 (43)  | 00:07:46 | 04:48:25 (45)  |
| 34   | HADRYCH PIOTR          | 24  |                                          |           | POL  | M40  | 01:12:51 (27)     | 00:07:33 | 05:39:24 (40)  | 00:08:27 | 04:16:57 (31)  |
| 35   | GROCHOWSKI KRZYSZTOF   | 22  |                                          |           | POL  | M30  | 01:17:14 (43)     | 00:06:20 | 05:39:03 (39)  | 00:05:17 | 04:39:54 (42)  |
| 36   | BEDNAREK PIOTR         | 5   |                                          |           | POL  | M30  | 01:09:42 (19)     | 00:06:20 | 05:45:49 (44)  | 00:04:06 | 06:08:03 (75)  |
| 37   | PANEK WOJCIECH         | 65  |                                          |           | POL  | M30  | 01:16:55 (40)     | 00:05:57 | 05:37:13 (37)  | 00:05:54 | 04:13:51 (29)  |
| 38   | ALBRECHT ARKADIUSZ     | 3   | GB GALOPUJĄCE ŚLIMAKI                    |           | POL  | M40  | 01:25:14 (57)     | 00:06:33 | 05:31:54 (33)  | 00:04:32 | 03:54:07 (10)  |
| 39   | KNOP WOJCIECH          | 41  |                                          |           | POL  | M30  | 01:17:41 (44)     | 00:04:55 | 05:40:34 (41)  | 00:03:33 | 04:00:15 (16)  |
| 40   | TOFT OLE               | 85  |                                          |           | POL  | M40  | 01:06:51 (13)     | 00:08:48 | 05:56:52 (55)  | 00:09:25 | 05:10:38 (58)  |
| 41   | JANOWSKI MACIEJ        | 31  |                                          |           | POL  | M30  | 01:17:07 (41)     | 00:04:59 | 05:54:35 (51)  | 00:05:32 | 04:53:56 (46)  |
| 42   | KORSAKOV KOSTIANTYN    | 45  |                                          |           | POL  | M40  | 01:20:07 (48)     | 00:07:50 | 05:40:39 (42)  | 00:06:37 | 05:10:12 (57)  |
| 43   | PRZYBYLSKI ANDRZEJ     | 71  | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN   |           | POL  | M40  | 01:20:48 (51)     | 00:05:37 | 05:56:10 (54)  | 00:05:08 | 05:01:49 (51)  |
| 44   | ZADALA MATEUSZ         | 93  |                                          |           | POL  | M30  | 01:35:07 (68)     | 00:07:01 | 05:22:05 (26)  | 00:05:31 | 04:11:14 (27)  |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, OPEN c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                                      | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|-----------------------|-----|-------------------------------------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 45   | PIK KRZYSZTOF         | 67  |                                           |           | POL  | M40  | 01:15:37 (37)     | 00:05:48 | 05:55:13 (53)  | 00:04:02 | 05:21:44 (64)  |
| 46   | JANICKI TOMEK         | 30  | AQ WIRING SYSTEMS TEAM                    |           | POL  | M30  | 01:13:09 (28)     | 00:07:18 | 06:02:36 (58)  | 00:04:35 | 05:05:27 (55)  |
| 47   | KLEIN UWE             | 39  | BÖHNLEIN SPORTS BAMBERG                   |           |      | M40  | 01:27:52 (58)     | 00:08:02 | 05:38:53 (38)  | 00:06:43 | 04:28:16 (39)  |
| 48   | NOWARA ANDRZEJ        | 63  |                                           |           | POL  | M50  | 01:20:22 (50)     | 00:07:55 | 05:48:14 (45)  | 00:05:36 | 04:59:00 (48)  |
| 49   | WEISENSEE MICHAEL     | 88  |                                           |           | GER  | M40  | 01:21:57 (52)     | 00:07:03 | 05:54:29 (50)  | 00:07:14 | 04:26:32 (38)  |
| 50   | BIES TOMASZ           | 7   | BESKID-TRI                                |           | POL  | M40  | 01:23:44 (55)     | 00:08:26 | 05:49:38 (46)  | 00:04:39 | 05:18:45 (61)  |
| 51   | CYWKA TOMEK           | 14  | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN    |           | POL  | M40  | 01:18:19 (45)     | 00:07:11 | 05:52:23 (47)  | 00:05:55 | 05:32:07 (67)  |
| 52   | OSIATYCKI GRZEGORZ    | 64  | RONAL POLSKA RUN                          |           | POL  | M50  | 01:18:24 (46)     | 00:05:52 | 06:06:58 (59)  | 00:05:25 | 04:04:17 (21)  |
| 53   | CHRUŚCIELSKI PAWEŁ    | 13  | SANGRAF.PL                                |           | POL  | M40  | 01:13:48 (29)     | 00:06:18 | 06:11:43 (62)  | 00:08:21 | 04:25:44 (37)  |
| 54   | KATA WIEŚŁAW          | 35  |                                           |           | POL  | M50  | 01:19:11 (47)     | 00:10:05 | 06:09:43 (61)  | 00:08:37 | 05:02:43 (52)  |
| 55   | KACZOR PIOTR          | 34  | TRIMANITA MASZEWO                         |           | POL  | M40  | 01:15:47 (38)     | 00:08:18 | 06:08:41 (60)  | 00:07:37 | 06:22:53 (80)  |
| 56   | WRÓBEL MARCIN         | 92  | WRÓBEL FAMILY TEAM                        |           | POL  | M40  | 01:35:24 (69)     | 00:07:18 | 05:55:09 (52)  | 00:07:55 | 05:55:53 (74)  |
| 57   | KŁAPACZ JOANNA        | 40  | BESKID TRI                                |           | POL  | K40  | 01:37:39 (71)     | 00:04:53 | 05:54:18 (49)  | 00:08:51 | 05:11:26 (59)  |
| 58   | GLENEWINKEL MAREN     | 19  |                                           |           | GER  | K50  | 01:15:17 (35)     | 00:08:44 | 06:17:44 (63)  | 00:06:36 | 04:24:08 (36)  |
| 59   | STANISZEWSKI JACEK    | 81  |                                           |           | POL  | M40  | 01:20:13 (49)     | 00:08:04 | 06:21:04 (66)  | 00:09:34 | 05:27:43 (66)  |
| 60   | BRZOSKA PIOTR         | 11  | NO PAIN - IRON PYJTER                     |           | POL  | M30  | 01:34:43 (66)     | 00:06:29 | 05:59:17 (56)  | 00:05:13 | 04:14:39 (30)  |
| 61   | KRUPOWICZ MARCIN      | 48  |                                           |           | POL  | M50  | 01:22:56 (54)     | 00:09:08 | 06:19:19 (65)  | 00:06:00 | 05:21:15 (63)  |
| 62   | DAWID ŁUKASZ          | 16  | ROZBIEGANY GOLENIÓW                       |           | POL  | M30  | 01:29:18 (59)     | 00:05:31 | 06:56:51 (77)  | 00:06:34 | 05:33:26 (69)  |
| 63   | JASKOT MARIUSZ        | 32  | TEAM FLASH                                |           | POL  | M30  | 01:40:59 (75)     | 00:04:25 | 06:01:17 (57)  | 00:04:32 | 04:30:21 (40)  |
| 64   | PARAFINSKI ZDZISŁAW   | 66  |                                           |           | POL  | M50  | 01:30:52 (62)     | 00:06:20 | 06:18:26 (64)  | 00:04:23 | 05:19:43 (62)  |
| 65   | KOSIOŁ ANDRZEJ        | 46  |                                           |           | POL  | M50  | 01:33:01 (63)     | 00:05:23 | 06:21:37 (67)  | 00:06:26 | 04:06:04 (24)  |
| 66   | MACIEJAK MARCIN       | 54  | RUN DE GIRARD                             |           | POL  | M40  | 01:30:13 (61)     | 00:06:23 | 06:43:54 (74)  | 00:09:32 | 06:09:03 (76)  |
| 67   | KISIEL TOMASZ         | 38  | AQ WIRING SYSTEMS TEAM                    |           | POL  | M18  | 01:29:46 (60)     | 00:08:08 | 06:39:40 (73)  | 00:06:53 | 04:17:45 (32)  |
| 68   | ŁUKOWSKI DARIUSZ      | 53  | GMINA STRZELCE OPOLSKIE                   |           | POL  | M50  | 01:34:20 (65)     | 00:06:53 | 06:37:52 (72)  | 00:05:59 | 05:09:50 (56)  |
| 69   | KĘPIŃSKI HENRYK       | 37  | KB SPARTAKUS BEŁCHATÓW                    |           | POL  | M60+ | 01:39:41 (74)     | 00:06:51 | 06:27:20 (69)  | 00:03:38 | 05:32:14 (68)  |
| 70   | MALISZEWSKI PIOTR     | 55  |                                           |           | POL  | M50  | 01:57:24 (82)     | 00:05:16 | 05:52:33 (48)  | 00:04:52 | 05:01:12 (50)  |
| 71   | JANICKI MARIUSZ       | 29  | VERA RUNNING TEAM                         |           | POL  | M30  | 01:36:06 (70)     | 00:08:57 | 06:32:11 (70)  | 00:05:30 | 05:26:17 (65)  |
| 72   | NAGALEWSKI BARTŁOMIEJ | 61  | NAGAMET                                   |           | POL  | M40  | 01:42:55 (77)     | 00:06:36 | 06:34:37 (71)  | 00:08:00 | 06:17:30 (79)  |
| 73   | SZYMAŃSKI SŁAWEK      | 82  |                                           |           | POL  | M40  | 01:52:49 (81)     | 00:08:01 | 06:27:10 (68)  | 00:06:45 | 05:01:04 (49)  |
| 74   | SMAGAŁA WOJCIECH      | 78  |                                           |           | POL  | M40  | 01:46:14 (79)     | 00:05:29 | 06:48:00 (75)  | 00:04:41 | 05:46:45 (70)  |
| 75   | PLANETORZ MAREK       | 68  |                                           |           | POL  | M50  | 01:38:38 (73)     | 00:06:26 | 06:54:40 (77)  | 00:04:42 | 05:46:46 (71)  |
| 76   | RÓŻEWICZ DARIUSZ      | 73  | PANCE                                     |           | POL  | M50  | 01:37:40 (72)     | 00:06:21 | 07:06:41 (80)  | 00:05:39 | 05:51:25 (72)  |
| 77   | MLECZEK TADEUSZ       | 58  |                                           |           | POL  | M60+ | 01:46:12 (78)     | 00:09:39 | 06:54:23 (76)  | 00:08:15 | 06:10:37 (77)  |
| 78   | KAWKA RAFAŁ           | 36  | KBKS RADOMSKO                             |           | POL  | M30  | 01:46:19 (80)     | 00:10:34 | 07:04:21 (79)  | 00:06:24 | 05:55:17 (73)  |
| 79   | GAŁOWSKA AGNIESZKA    | 18  | INPOWER                                   |           | POL  | K40  | 01:33:18 (64)     | 00:05:18 | 07:43:49 (82)  | 00:07:14 | 06:13:57 (78)  |
| 80   | BISKUP ZBIGNIEW       | 8   | STAŁOWOWOLSKI KLUB BIEGACZA               |           | POL  | M30  | 01:42:39 (76)     | 00:12:29 | 07:18:25 (81)  | 00:10:15 | 05:14:53 (60)  |
|      | BIELICKI BARTOSZ      | 6   | RUNNING TEAM MILICZ                       |           | POL  | M40  | 01:15:09 DNF      | 00:03:10 | 05:05:52 (15)  | 00:03:41 | 00:00:00 ()    |
|      | PRYK RAFAŁ            | 70  | ROZBIEGANY GOLENIÓW                       |           | POL  | M40  | 01:24:33 DNF      | 00:04:53 | 05:31:04 (32)  | 00:04:35 | 00:00:00 ()    |
|      |                       |     |                                           |           |      |      | (56)              |          |                |          |                |
| 0    | BRAULINSKI MICHAŁ     | 10  | POWER OF SCIENCE PERFORMANCE LAB          |           | POL  | M18  | 01:07:05          | 00:04:42 | 04:21:38       | 00:02:29 | 03:56:52       |
| 1    | IWAŃSKI BARTŁOMIEJ    | 27  |                                           |           | POL  | M18  | 00:57:15          | 00:03:28 | 04:41:36       | 00:02:43 | 04:41:11       |
| 2    | LEWANDOWSKI MACIEJ    | 49  | ALOHA TRIATHLON TEAM                      |           | POL  | M30  | 01:01:25          | 00:03:25 | 04:30:17       | 00:02:45 | 03:36:19       |
| 3    | MROCKOWSKI KAROL      | 60  | ALOHA TRIATHLON TEAM                      |           | POL  | M30  | 00:57:07          | 00:03:28 | 04:38:38       | 00:02:41 | 03:39:04       |
| 4    | BOROWIAK RAFAŁ        | 611 |                                           |           | POL  | M30  | 01:01:07          | 00:03:15 | 04:47:58       | 00:02:53 | 03:16:09       |
| 5    | JAKUBCZAK ANDRZEJ     | 28  | VANHOOF BIKE MANUFAKTUR                   |           | POL  | M40  | 00:53:15          | 00:04:19 | 04:59:11       | 00:04:15 | 03:57:16       |
| 6    | MODRZYK ARKADIUSZ     | 59  | CENTRUM MEDYCYN Y SPORTOWEJ OLIMP /TRIAMO |           | POL  | M30  | 01:03:47          | 00:03:43 | 04:44:57       | 00:02:52 | 03:33:03       |
| 7    | GRYSZKIEWCZ PAWEŁ     | 23  | JF DUET GOLENIÓW                          |           | POL  | M30  | 01:12:00          | 00:03:05 | 04:55:57       | 00:03:47 | 04:31:45       |
| 8    | HONKA MICHAŁ          | 26  | MB-PROJEKT RACING TEAM                    |           | POL  | M40  | 01:07:42          | 00:03:18 | 04:56:57       | 00:03:26 | 03:44:18       |
| 9    | SMITH MATTHEW         | 79  |                                           |           | GBR  | M40  | 01:05:04          | 00:02:55 | 05:04:38       | 00:02:50 | 03:24:26       |
| 10   | KOLASA KONRAD         | 42  | UPRANE.PL                                 |           | POL  | M40  | 01:14:44          | 00:06:01 | 04:51:15       | 00:03:46 | 04:03:43       |
| 11   | ŚWIDERSKI PAWEŁ       | 83  | ZDUN TRIATHLON TEAM                       |           | POL  | M40  | 01:01:56          | 00:04:48 | 05:13:53       | 00:04:33 | 04:01:29       |
| 12   | BARAN TOMASZ          | 605 |                                           |           | POL  | M30  | 01:14:58          | 00:04:34 | 04:55:31       | 00:03:10 | 03:39:03       |
| 13   | FIKS GRZEGORZ         | 17  | FIX CATERING DIETETYCZNY                  |           | POL  | M30  | 01:01:39          | 00:03:30 | 05:20:36       | 00:03:28 | 04:08:34       |
| 14   | LIPUTA GRZESIEK       | 50  | ALOHA TRIATHLON TEAM                      |           | POL  | M30  | 01:10:22          | 00:04:53 | 05:05:22       | 00:03:41 | 03:32:42       |
| 15   | NOSEK DALIBOR         | 62  | TRIATLON TEAM TRNAVA                      |           | SVK  | M40  | 01:10:44          | 00:03:26 | 05:10:16       | 00:04:12 | 03:27:30       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr | Klub                                   | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|------------------------|----|----------------------------------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 16   | WOWTONIUK MARIUSZ      | 91 | TIM MAŁEGO                             |           | POL  | M40  | 00:59:17          | 00:04:07 | 05:30:33       | 00:03:19 | 03:54:36       |
| 17   | JĘCZMIONKA SZYMON      | 33 | TRI GRUPA                              |           | POL  | M30  | 01:08:58          | 00:05:00 | 05:11:40       | 00:03:30 | 04:08:15       |
| 18   | TRÍSKA JAROSLAV        | 86 | VSK HUMANITA PRAHA                     |           | CZE  | M40  | 01:08:13          | 00:05:11 | 05:20:06       | 00:03:49 | 04:01:05       |
| 19   | VALENTIN GUILLE-DEVERS | 87 | USF TRIATHLON                          |           | FRA  | M18  | 01:12:18          | 00:05:47 | 05:08:48       | 00:03:21 | 04:22:16       |
| 20   | ŚWITALA KRZYSZTOF      | 84 | NIAGARA RAKONIEWICE                    |           | POL  | M40  | 01:05:22          | 00:05:26 | 05:27:03       | 00:05:53 | 04:18:08       |
| 21   | CZAPRACKI DOMINIK      | 15 |                                        |           | POL  | M40  | 01:15:27          | 00:03:31 | 05:15:25       | 00:03:00 | 04:05:39       |
| 22   | GOLANOWSKI KRZYSZTOF   | 21 | GO2TRI                                 |           | POL  | M40  | 01:11:41          | 00:05:52 | 05:16:47       | 00:05:22 | 04:05:56       |
| 23   | PRYGA GRZEGORZ         | 69 |                                        |           | POL  | M30  | 01:01:33          | 00:06:22 | 05:35:21       | 00:07:11 | 03:55:20       |
| 24   | LUBOWICKI ŁUKASZ       | 51 | 40-LATEK TYCHY                         |           | POL  | M40  | 01:14:49          | 00:04:55 | 05:25:16       | 00:04:29 | 05:05:02       |
| 25   | BUDZANOWSKI MICHAŁ     | 12 |                                        |           | POL  | M30  | 01:07:49          | 00:07:22 | 05:30:25       | 00:03:53 | 05:05:07       |
| 26   | SKAŁECKI KRYSZTIAN     | 75 |                                        |           | POL  | M18  | 01:22:34          | 00:05:08 | 05:13:38       | 00:03:09 | 03:55:37       |
| 27   | KOŚCIAŃSKI ŁUKASZ      | 47 | ZDUN TRIATHLON TEAM                    |           | POL  | M30  | 01:10:11          | 00:07:08 | 05:30:01       | 00:07:08 | 04:40:50       |
| 28   | NEMCIK MAREK           | 1  | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN |           | POL  | M40  | 01:14:50          | 00:04:41 | 05:31:55       | 00:04:50 | 04:57:53       |
| 29   | KONIOR WOJCIECH        | 44 | BESKID TRI                             |           | POL  | M40  | 01:16:42          | 00:05:25 | 05:33:11       | 00:04:58 | 04:12:45       |
| 30   | SEVASTSYANAU SIARHEI   | 74 | SEVASTSYANAU TEAM                      |           | POL  | M40  | 01:35:01          | 00:04:14 | 05:01:14       | 00:03:36 | 04:03:19       |
| 31   | WISLOCKI MICHAŁ        | 90 |                                        |           | POL  | M30  | 01:17:11          | 00:07:53 | 05:21:36       | 00:03:52 | 04:22:13       |
| 32   | SKOWROŃSKI RAFAŁ       | 77 | KUŹNIA TRIATHLONU                      |           | POL  | M40  | 01:09:59          | 00:07:10 | 05:42:00       | 00:07:46 | 04:48:25       |
| 33   | HADRYCH PIOTR          | 24 |                                        |           | POL  | M40  | 01:12:51          | 00:07:33 | 05:39:24       | 00:08:27 | 04:16:57       |
| 34   | GROCHOWSKI KRZYSZTOF   | 22 |                                        |           | POL  | M30  | 01:17:14          | 00:06:20 | 05:39:03       | 00:05:17 | 04:39:54       |
| 35   | BEDNAREK PIOTR         | 5  |                                        |           | POL  | M30  | 01:09:42          | 00:06:20 | 05:45:49       | 00:04:06 | 06:08:03       |
| 36   | PANEK WOJCIECH         | 65 |                                        |           | POL  | M30  | 01:16:55          | 00:05:57 | 05:37:13       | 00:05:54 | 04:13:51       |
| 37   | ALBRECHT ARKADIUSZ     | 3  | GB GALOPUJĄCE ŚLIMAKI                  |           | POL  | M40  | 01:25:14          | 00:06:33 | 05:31:54       | 00:04:32 | 03:54:07       |
| 38   | KNOP WOJCIECH          | 41 |                                        |           | POL  | M30  | 01:17:41          | 00:04:55 | 05:40:34       | 00:03:33 | 04:00:15       |
| 39   | TOFT OLE               | 85 |                                        |           | POL  | M40  | 01:06:51          | 00:08:48 | 05:56:52       | 00:09:25 | 05:10:38       |
| 40   | JANOWSKI MACIEJ        | 31 |                                        |           | POL  | M30  | 01:17:07          | 00:04:59 | 05:54:35       | 00:05:32 | 04:53:56       |
| 41   | KORSAKOV KOSTIANTYN    | 45 |                                        |           | POL  | M40  | 01:20:07          | 00:07:50 | 05:40:39       | 00:06:37 | 05:10:12       |
| 42   | PRZYBYLSKI ANDRZEJ     | 71 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN |           | POL  | M40  | 01:20:48          | 00:05:37 | 05:56:10       | 00:05:08 | 05:01:49       |
| 43   | ZADALA MATEUSZ         | 93 |                                        |           | POL  | M30  | 01:35:07          | 00:07:01 | 05:22:05       | 00:05:31 | 04:11:14       |
| 44   | PIK KRZYSZTOF          | 67 |                                        |           | POL  | M40  | 01:15:37          | 00:05:48 | 05:55:13       | 00:04:02 | 05:21:44       |
| 45   | JANICKI TOMEK          | 30 | AQ WIRING SYSTEMS TEAM                 |           | POL  | M30  | 01:13:09          | 00:07:18 | 06:02:36       | 00:04:35 | 05:05:27       |
| 46   | KLEIN UWE              | 39 | BÖHNLEIN SPORTS BAMBERG                |           |      | M40  | 01:27:52          | 00:08:02 | 05:38:53       | 00:06:43 | 04:28:16       |
| 47   | NOWARA ANDRZEJ         | 63 |                                        |           | POL  | M50  | 01:20:22          | 00:07:55 | 05:48:14       | 00:05:36 | 04:59:00       |
| 48   | WEISENSEE MICHAEL      | 88 |                                        |           | GER  | M40  | 01:21:57          | 00:07:03 | 05:54:29       | 00:07:14 | 04:26:32       |
| 49   | BIES TOMASZ            | 7  | BESKID-TRI                             |           | POL  | M40  | 01:23:44          | 00:08:26 | 05:49:38       | 00:04:39 | 05:18:45       |
| 50   | CYWKA TOMEK            | 14 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN |           | POL  | M40  | 01:18:19          | 00:07:11 | 05:52:23       | 00:05:55 | 05:32:07       |
| 51   | OSIATYCKI GRZEGORZ     | 64 | RONAL POLSKA RUN                       |           | POL  | M50  | 01:18:24          | 00:05:52 | 06:06:58       | 00:05:25 | 04:04:17       |
| 52   | CHRUŚCIELSKI PAWEŁ     | 13 | SANGRAF.PL                             |           | POL  | M40  | 01:13:48          | 00:06:18 | 06:11:43       | 00:08:21 | 04:25:44       |
| 53   | KATA WIESŁAW           | 35 |                                        |           | POL  | M50  | 01:19:11          | 00:10:05 | 06:09:43       | 00:08:37 | 05:02:43       |
| 54   | KACZOR PIOTR           | 34 | TRIMANITA MASZEWO                      |           | POL  | M40  | 01:15:47          | 00:08:18 | 06:08:41       | 00:07:37 | 06:22:53       |
| 55   | WRÓBEL MARCIN          | 92 | WRÓBEL FAMILY TEAM                     |           | POL  | M40  | 01:35:24          | 00:07:18 | 05:55:09       | 00:07:55 | 05:55:53       |
| 56   | KŁAPACZ JOANNA         | 40 | BESKID TRI                             |           | POL  | K40  | 01:37:39          | 00:04:53 | 05:54:18       | 00:08:51 | 05:11:26       |
| 57   | GLENEWINKEL MAREN      | 19 |                                        |           | GER  | K50  | 01:15:17          | 00:08:44 | 06:17:44       | 00:06:36 | 04:24:08       |
| 58   | STANISZEWSKI JACEK     | 81 |                                        |           | POL  | M40  | 01:20:13          | 00:08:04 | 06:21:04       | 00:09:34 | 05:27:43       |
| 59   | BRZOSKA PIOTR          | 11 | NO PAIN - IRON PYJTER                  |           | POL  | M30  | 01:34:43          | 00:06:29 | 05:59:17       | 00:05:13 | 04:14:39       |
| 60   | KRUPOWICZ MARCIN       | 48 |                                        |           | POL  | M50  | 01:22:56          | 00:09:08 | 06:19:19       | 00:06:00 | 05:21:15       |
| 61   | DAWID ŁUKASZ           | 16 | ROZBIEGANY GOLEŃIÓW                    |           | POL  | M30  | 01:29:18          | 00:05:31 | 06:56:51       | 00:06:34 | 05:33:26       |
| 62   | JASKOT MARIUSZ         | 32 | TEAM FLASH                             |           | POL  | M30  | 01:40:59          | 00:04:25 | 06:01:17       | 00:04:32 | 04:30:21       |
| 63   | PARAFINSKI ZDZISŁAW    | 66 |                                        |           | POL  | M50  | 01:30:52          | 00:06:20 | 06:18:26       | 00:04:23 | 05:19:43       |
| 64   | KOSIOŁ ANDRZEJ         | 46 |                                        |           | POL  | M50  | 01:33:01          | 00:05:23 | 06:21:37       | 00:06:26 | 04:06:04       |
| 65   | MACIEJAK MARCIN        | 54 | RUN DE GIRARD                          |           | POL  | M40  | 01:30:13          | 00:06:23 | 06:43:54       | 00:09:32 | 06:09:03       |
| 66   | KISIEL TOMASZ          | 38 | AQ WIRING SYSTEMS TEAM                 |           | POL  | M18  | 01:29:46          | 00:08:08 | 06:39:40       | 00:06:53 | 04:17:45       |
| 67   | ŁUKOWSKI DARIUSZ       | 53 | GMINA STRZELCE OPOLSKIE                |           | POL  | M50  | 01:34:20          | 00:06:53 | 06:37:52       | 00:05:59 | 05:09:50       |
| 68   | KĘPIŃSKI HENRYK        | 37 | KB SPARTAKUS BEŁCHATÓW                 |           | POL  | M60+ | 01:39:41          | 00:06:51 | 06:27:20       | 00:03:38 | 05:32:14       |
| 69   | MALISZEWSKI PIOTR      | 55 |                                        |           | POL  | M50  | 01:57:24          | 00:05:16 | 05:52:33       | 00:04:52 | 05:01:12       |
| 70   | JANICKI MARIUSZ        | 29 | VERA RUNNING TEAM                      |           | POL  | M30  | 01:36:06          | 00:08:57 | 06:32:11       | 00:05:30 | 05:26:17       |
| 71   | NAGALEWSKI BARTŁOMIEJ  | 61 | NAGAMET                                |           | POL  | M40  | 01:42:55          | 00:06:36 | 06:34:37       | 00:08:00 | 06:17:30       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, OPEN c.d.**

| M-ce | Nazwisko i imię    | Nr | Klub                        | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|--------------------|----|-----------------------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 72   | SZYMAŃSKI SŁAWEK   | 82 |                             |           | POL  | M40  | 01:52:49          | 00:08:01 | 06:27:10       | 00:06:45 | 05:01:04       |
| 73   | SMAGAŁA WOJCIECH   | 78 |                             |           | POL  | M40  | 01:46:14          | 00:05:29 | 06:48:00       | 00:04:41 | 05:46:45       |
| 74   | PLANETORZ MAREK    | 68 |                             |           | POL  | M50  | 01:38:38          | 00:06:26 | 06:54:40       | 00:04:42 | 05:46:46       |
| 75   | RÓŻEWICZ DARIUSZ   | 73 | PANCE                       |           | POL  | M50  | 01:37:40          | 00:06:21 | 07:06:41       | 00:05:39 | 05:51:25       |
| 76   | MLECZEK TADEUSZ    | 58 |                             |           | POL  | M60+ | 01:46:12          | 00:09:39 | 06:54:23       | 00:08:15 | 06:10:37       |
| 77   | KAWKA RAFAŁ        | 36 | KBKS RADOMSKO               |           | POL  | M30  | 01:46:19          | 00:10:34 | 07:04:21       | 00:06:24 | 05:55:17       |
| 78   | GAŁOWSKA AGNIESZKA | 18 | INPOWER                     |           | POL  | K40  | 01:33:18          | 00:05:18 | 07:43:49       | 00:07:14 | 06:13:57       |
| 79   | BISKUP ZBIGNIEW    | 8  | STAŁOWOWOLSKI KLUB BIEGACZA |           | POL  | M30  | 01:42:39          | 00:12:29 | 07:18:25       | 00:10:15 | 05:14:53       |
|      | BIELICKI BARTOSZ   | 6  | RUNNING TEAM MILICZ         |           | POL  | M40  | 01:15:09 DNF      | 00:03:10 | 05:05:52       | 00:03:41 | 00:00:00       |
|      | PRYK RAFAŁ         | 70 | ROZBIEGANY GOLENIÓW         |           | POL  | M40  | 01:24:33 DNF      | 00:04:53 | 05:31:04       | 00:04:35 | 00:00:00       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, OPEN - K**

| M-ce | Nazwisko i imię    | Nr | Klub       | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|--------------------|----|------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 1    | KŁAPACZ JOANNA     | 40 | BESKID TRI |           | POL  | K40  | 01:37:39          | 00:04:53 | 05:54:18       | 00:08:51 | 05:11:26       |
| 2    | GLENEWINKEL MAREN  | 19 |            |           | GER  | K50  | 01:15:17          | 00:08:44 | 06:17:44       | 00:06:36 | 04:24:08       |
| 3    | GAŁOWSKA AGNIESZKA | 18 | INPOWER    |           | POL  | K40  | 01:33:18          | 00:05:18 | 07:43:49       | 00:07:14 | 06:13:57       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, OPEN - M**

| M-ce | Nazwisko i imię        | Nr  | Klub                                      | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|------------------------|-----|-------------------------------------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 1    | BRAULINSKI MICHAŁ      | 10  | POWER OF SCIENCE PERFORMANCE LAB          |           | POL  | M18  | 01:07:05          | 00:04:42 | 04:21:38       | 00:02:29 | 03:56:52       |
| 2    | IWAŃSKI BARTŁOMIEJ     | 27  |                                           |           | POL  | M18  | 00:57:15          | 00:03:28 | 04:41:36       | 00:02:43 | 04:41:11       |
| 3    | LEWANDOWSKI MACIEJ     | 49  | ALOHA TRIATHLON TEAM                      |           | POL  | M30  | 01:01:25          | 00:03:25 | 04:30:17       | 00:02:45 | 03:36:19       |
| 4    | MROCKOWSKI KAROL       | 60  | ALOHA TRIATHLON TEAM                      |           | POL  | M30  | 00:57:07          | 00:03:28 | 04:38:38       | 00:02:41 | 03:39:04       |
| 5    | BOROWIAK RAFAŁ         | 611 |                                           |           | POL  | M30  | 01:01:07          | 00:03:15 | 04:47:58       | 00:02:53 | 03:16:09       |
| 6    | JAKUBCZAK ANDRZEJ      | 28  | VANHOOF BIKE MANUFAKTUR                   |           | POL  | M40  | 00:53:15          | 00:04:19 | 04:59:11       | 00:04:15 | 03:57:16       |
| 7    | MODRZYK ARKADIUSZ      | 59  | CENTRUM MEDYCYN Y SPORTOWEJ OLIMP /TRIAMO |           | POL  | M30  | 01:03:47          | 00:03:43 | 04:44:57       | 00:02:52 | 03:33:03       |
| 8    | GRYSZKIEWCZ PAWEŁ      | 23  | JF DUET GOLENIÓW                          |           | POL  | M30  | 01:12:00          | 00:03:05 | 04:55:57       | 00:03:47 | 04:31:45       |
| 9    | HONKA MICHAŁ           | 26  | MB-PROJEKT RACING TEAM                    |           | POL  | M40  | 01:07:42          | 00:03:18 | 04:56:57       | 00:03:26 | 03:44:18       |
| 10   | SMITH MATTHEW          | 79  |                                           |           | GBR  | M40  | 01:05:04          | 00:02:55 | 05:04:38       | 00:02:50 | 03:24:26       |
| 11   | KOLASA KONRAD          | 42  | UPRANE.PL                                 |           | POL  | M40  | 01:14:44          | 00:06:01 | 04:51:15       | 00:03:46 | 04:03:43       |
| 12   | ŚWIDERSKI PAWEŁ        | 83  | ZDUN TRIATHLON TEAM                       |           | POL  | M40  | 01:01:56          | 00:04:48 | 05:13:53       | 00:04:33 | 04:01:29       |
| 13   | BARAN TOMASZ           | 605 |                                           |           | POL  | M30  | 01:14:58          | 00:04:34 | 04:55:31       | 00:03:10 | 03:39:03       |
| 14   | FIKS GRZEGORZ          | 17  | FIX CATERING DIETETYCZNY                  |           | POL  | M30  | 01:01:39          | 00:03:30 | 05:20:36       | 00:03:28 | 04:08:34       |
| 15   | LIPUTA GRZESIEK        | 50  | ALOHA TRIATHLON TEAM                      |           | POL  | M30  | 01:10:22          | 00:04:53 | 05:05:22       | 00:03:41 | 03:32:42       |
| 16   | NOSEK DALIBOR          | 62  | TRIATLON TEAM TRNAVA                      |           | SVK  | M40  | 01:10:44          | 00:03:26 | 05:10:16       | 00:04:12 | 03:27:30       |
| 17   | WOWTONIUK MARIUSZ      | 91  | TIM MAŁEGO                                |           | POL  | M40  | 00:59:17          | 00:04:07 | 05:30:33       | 00:03:19 | 03:54:36       |
| 18   | JĘCZMIONKA SZYMON      | 33  | TRI GRUPA                                 |           | POL  | M30  | 01:08:58          | 00:05:00 | 05:11:40       | 00:03:30 | 04:08:15       |
| 19   | TRÍSKA JAROSLAV        | 86  | VSK HUMANITA PRAHA                        |           | CZE  | M40  | 01:08:13          | 00:05:11 | 05:20:06       | 00:03:49 | 04:01:05       |
| 20   | VALENTIN GUILLE-DEVERS | 87  | USF TRIATHLON                             |           | FRA  | M18  | 01:12:18          | 00:05:47 | 05:08:48       | 00:03:21 | 04:22:16       |
| 21   | ŚWITALA KRZYSZTOF      | 84  | NIAGARA RAKONIEWICE                       |           | POL  | M40  | 01:05:22          | 00:05:26 | 05:27:03       | 00:05:53 | 04:18:08       |
| 22   | CZAPRACKI DOMINIK      | 15  |                                           |           | POL  | M40  | 01:15:27          | 00:03:31 | 05:15:25       | 00:03:00 | 04:05:39       |
| 23   | GOLANOWSKI KRZYSZTOF   | 21  | GO2TRI                                    |           | POL  | M40  | 01:11:41          | 00:05:52 | 05:16:47       | 00:05:22 | 04:05:56       |
| 24   | PRYGA GRZEGORZ         | 69  |                                           |           | POL  | M30  | 01:01:33          | 00:06:22 | 05:35:21       | 00:07:11 | 03:55:20       |
| 25   | LUBOWICKI ŁUKASZ       | 51  | 40-LATEK TYCHY                            |           | POL  | M40  | 01:14:49          | 00:04:55 | 05:25:16       | 00:04:29 | 05:05:02       |
| 26   | BUDZANOWSKI MICHAŁ     | 12  |                                           |           | POL  | M30  | 01:07:49          | 00:07:22 | 05:30:25       | 00:03:53 | 05:05:07       |
| 27   | SKAŁECKI KRYSZTIAN     | 75  |                                           |           | POL  | M18  | 01:22:34          | 00:05:08 | 05:13:38       | 00:03:09 | 03:55:37       |
| 28   | KOŚCIAŃSKI ŁUKASZ      | 47  | ZDUN TRIATHLON TEAM                       |           | POL  | M30  | 01:10:11          | 00:07:08 | 05:30:01       | 00:07:08 | 04:40:50       |
| 29   | NEMCIK MAREK           | 1   | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN    |           | POL  | M40  | 01:14:50          | 00:04:41 | 05:31:55       | 00:04:50 | 04:57:53       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, OPEN - M c.d.**

| M-ce | Nazwisko i imię       | Nr | Klub                                   | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|-----------------------|----|----------------------------------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 30   | KONIOR WOJCIECH       | 44 | BESKID TRI                             |           | POL  | M40  | 01:16:42          | 00:05:25 | 05:33:11       | 00:04:58 | 04:12:45       |
| 31   | SEVASTSYANAU SIARHEI  | 74 | SEVASTSYANAU TEAM                      |           | POL  | M40  | 01:35:01          | 00:04:14 | 05:01:14       | 00:03:36 | 04:03:19       |
| 32   | WISLOCKI MICHAŁ       | 90 |                                        |           | POL  | M30  | 01:17:11          | 00:07:53 | 05:21:36       | 00:03:52 | 04:22:13       |
| 33   | SKOWROŃSKI RAFAŁ      | 77 | KUŹNIA TRIATHLONU                      |           | POL  | M40  | 01:09:59          | 00:07:10 | 05:42:00       | 00:07:46 | 04:48:25       |
| 34   | HADRYCH PIOTR         | 24 |                                        |           | POL  | M40  | 01:12:51          | 00:07:33 | 05:39:24       | 00:08:27 | 04:16:57       |
| 35   | GROCHOWSKI KRZYSZTOF  | 22 |                                        |           | POL  | M30  | 01:17:14          | 00:06:20 | 05:39:03       | 00:05:17 | 04:39:54       |
| 36   | BEDNAREK PIOTR        | 5  |                                        |           | POL  | M30  | 01:09:42          | 00:06:20 | 05:45:49       | 00:04:06 | 06:08:03       |
| 37   | PANEK WOJCIECH        | 65 |                                        |           | POL  | M30  | 01:16:55          | 00:05:57 | 05:37:13       | 00:05:54 | 04:13:51       |
| 38   | ALBRECHT ARKADIUSZ    | 3  | GB GALOPUJĄCE ŚLIMAKI                  |           | POL  | M40  | 01:25:14          | 00:06:33 | 05:31:54       | 00:04:32 | 03:54:07       |
| 39   | KNOP WOJCIECH         | 41 |                                        |           | POL  | M30  | 01:17:41          | 00:04:55 | 05:40:34       | 00:03:33 | 04:00:15       |
| 40   | TOFT OLE              | 85 |                                        |           | POL  | M40  | 01:06:51          | 00:08:48 | 05:56:52       | 00:09:25 | 05:10:38       |
| 41   | JANOWSKI MACIEJ       | 31 |                                        |           | POL  | M30  | 01:17:07          | 00:04:59 | 05:54:35       | 00:05:32 | 04:53:56       |
| 42   | KORSAKOV KOSTIANTYN   | 45 |                                        |           | POL  | M40  | 01:20:07          | 00:07:50 | 05:40:39       | 00:06:37 | 05:10:12       |
| 43   | PRZYBYLSKI ANDRZEJ    | 71 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN |           | POL  | M40  | 01:20:48          | 00:05:37 | 05:56:10       | 00:05:08 | 05:01:49       |
| 44   | ZADALA MATEUSZ        | 93 |                                        |           | POL  | M30  | 01:35:07          | 00:07:01 | 05:22:05       | 00:05:31 | 04:11:14       |
| 45   | PIK KRZYSZTOF         | 67 |                                        |           | POL  | M40  | 01:15:37          | 00:05:48 | 05:55:13       | 00:04:02 | 05:21:44       |
| 46   | JANICKI TOMEK         | 30 | AQ WIRING SYSTEMS TEAM                 |           | POL  | M30  | 01:13:09          | 00:07:18 | 06:02:36       | 00:04:35 | 05:05:27       |
| 47   | KLEIN UWE             | 39 | BÖHNLEIN SPORTS BAMBERG                |           |      | M40  | 01:27:52          | 00:08:02 | 05:38:53       | 00:06:43 | 04:28:16       |
| 48   | NOWARA ANDRZEJ        | 63 |                                        |           | POL  | M50  | 01:20:22          | 00:07:55 | 05:48:14       | 00:05:36 | 04:59:00       |
| 49   | WEISENSEE MICHAEL     | 88 |                                        |           | GER  | M40  | 01:21:57          | 00:07:03 | 05:54:29       | 00:07:14 | 04:26:32       |
| 50   | BIES TOMASZ           | 7  | BESKID-TRI                             |           | POL  | M40  | 01:23:44          | 00:08:26 | 05:49:38       | 00:04:39 | 05:18:45       |
| 51   | CYWKA TOMEK           | 14 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN |           | POL  | M40  | 01:18:19          | 00:07:11 | 05:52:23       | 00:05:55 | 05:32:07       |
| 52   | OSIATYCKI GRZEGORZ    | 64 | RONAL POLSKA RUN                       |           | POL  | M50  | 01:18:24          | 00:05:52 | 06:06:58       | 00:05:25 | 04:04:17       |
| 53   | CHRUŚCIELSKI PAWEŁ    | 13 | SANGRAF.PL                             |           | POL  | M40  | 01:13:48          | 00:06:18 | 06:11:43       | 00:08:21 | 04:25:44       |
| 54   | KATA WIESŁAW          | 35 |                                        |           | POL  | M50  | 01:19:11          | 00:10:05 | 06:09:43       | 00:08:37 | 05:02:43       |
| 55   | KACZOR PIOTR          | 34 | TRIMANITA MASZEWO                      |           | POL  | M40  | 01:15:47          | 00:08:18 | 06:08:41       | 00:07:37 | 06:22:53       |
| 56   | WRÓBEL MARCIN         | 92 | WRÓBEL FAMILY TEAM                     |           | POL  | M40  | 01:35:24          | 00:07:18 | 05:55:09       | 00:07:55 | 05:55:53       |
| 57   | STANISZEWSKI JACEK    | 81 |                                        |           | POL  | M40  | 01:20:13          | 00:08:04 | 06:21:04       | 00:09:34 | 05:27:43       |
| 58   | BRZOSKA PIOTR         | 11 | NO PAIN - IRON PYJTER                  |           | POL  | M30  | 01:34:43          | 00:06:29 | 05:59:17       | 00:05:13 | 04:14:39       |
| 59   | KRUPOWICZ MARCIN      | 48 |                                        |           | POL  | M50  | 01:22:56          | 00:09:08 | 06:19:19       | 00:06:00 | 05:21:15       |
| 60   | DAWID ŁUKASZ          | 16 | ROZBIEGANY GOLENIÓW                    |           | POL  | M30  | 01:29:18          | 00:05:31 | 06:56:51       | 00:06:34 | 05:33:26       |
| 61   | JASKOT MARIUSZ        | 32 | TEAM FLASH                             |           | POL  | M30  | 01:40:59          | 00:04:25 | 06:01:17       | 00:04:32 | 04:30:21       |
| 62   | PARAFINSKI ZDZISŁAW   | 66 |                                        |           | POL  | M50  | 01:30:52          | 00:06:20 | 06:18:26       | 00:04:23 | 05:19:43       |
| 63   | KOSIOŁ ANDRZEJ        | 46 |                                        |           | POL  | M50  | 01:33:01          | 00:05:23 | 06:21:37       | 00:06:26 | 04:06:04       |
| 64   | MACIEJAK MARCIN       | 54 | RUN DE GIRARD                          |           | POL  | M40  | 01:30:13          | 00:06:23 | 06:43:54       | 00:09:32 | 06:09:03       |
| 65   | KISIEL TOMASZ         | 38 | AQ WIRING SYSTEMS TEAM                 |           | POL  | M18  | 01:29:46          | 00:08:08 | 06:39:40       | 00:06:53 | 04:17:45       |
| 66   | ŁUKOWSKI DARIUSZ      | 53 | GMINA STRZELCE OPOLSKIE                |           | POL  | M50  | 01:34:20          | 00:06:53 | 06:37:52       | 00:05:59 | 05:09:50       |
| 67   | KĘPIŃSKI HENRYK       | 37 | KB SPARTAKUS BĘŁCHATÓW                 |           | POL  | M60+ | 01:39:41          | 00:06:51 | 06:27:20       | 00:03:38 | 05:32:14       |
| 68   | MALISZEWSKI PIOTR     | 55 |                                        |           | POL  | M50  | 01:57:24          | 00:05:16 | 05:52:33       | 00:04:52 | 05:01:12       |
| 69   | JANICKI MARIUSZ       | 29 | VERA RUNNING TEAM                      |           | POL  | M30  | 01:36:06          | 00:08:57 | 06:32:11       | 00:05:30 | 05:26:17       |
| 70   | NAGALEWSKI BARTŁOMIEJ | 61 | NAGAMET                                |           | POL  | M40  | 01:42:55          | 00:06:36 | 06:34:37       | 00:08:00 | 06:17:30       |
| 71   | SZYMAŃSKI SŁAWEK      | 82 |                                        |           | POL  | M40  | 01:52:49          | 00:08:01 | 06:27:10       | 00:06:45 | 05:01:04       |
| 72   | SMAGAŁA WOJCIECH      | 78 |                                        |           | POL  | M40  | 01:46:14          | 00:05:29 | 06:48:00       | 00:04:41 | 05:46:45       |
| 73   | PLANETORZ MAREK       | 68 |                                        |           | POL  | M50  | 01:38:38          | 00:06:26 | 06:54:40       | 00:04:42 | 05:46:46       |
| 74   | RÓŻEWICZ DARIUSZ      | 73 | PANCE                                  |           | POL  | M50  | 01:37:40          | 00:06:21 | 07:06:41       | 00:05:39 | 05:51:25       |
| 75   | MLECZEK TADEUSZ       | 58 |                                        |           | POL  | M60+ | 01:46:12          | 00:09:39 | 06:54:23       | 00:08:15 | 06:10:37       |
| 76   | KAWKA RAFAŁ           | 36 | KBKS RADOMSKO                          |           | POL  | M30  | 01:46:19          | 00:10:34 | 07:04:21       | 00:06:24 | 05:55:17       |
| 77   | BISKUP ZBIGNIEW       | 8  | STAŁOWOWOLSKI KLUB BIEGACZA            |           | POL  | M30  | 01:42:39          | 00:12:29 | 07:18:25       | 00:10:15 | 05:14:53       |
|      | BIELICKI BARTOSZ      | 6  | RUNNING TEAM MILICZ                    |           | POL  | M40  | 01:15:09 DNF      | 00:03:10 | 05:05:52       | 00:03:41 | 00:00:00       |
|      | PRYK RAFAŁ            | 70 | ROZBIEGANY GOLENIÓW                    |           | POL  | M40  | 01:24:33 DNF      | 00:04:53 | 05:31:04       | 00:04:35 | 00:00:00       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, M18**

| M-ce | Nazwisko i imię        | Nr | Klub                             | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|------------------------|----|----------------------------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 1    | BRAULINSKI MICHAŁ      | 10 | POWER OF SCIENCE PERFORMANCE LAB |           | POL  | M18  | 01:07:05          | 00:04:42 | 04:21:38       | 00:02:29 | 03:56:52       |
| 2    | IWAŃSKI BARTŁOMIEJ     | 27 |                                  |           | POL  | M18  | 00:57:15          | 00:03:28 | 04:41:36       | 00:02:43 | 04:41:11       |
| 3    | VALENTIN GUILLE-DEVERS | 87 | USF TRIATHLON                    |           | FRA  | M18  | 01:12:18          | 00:05:47 | 05:08:48       | 00:03:21 | 04:22:16       |
| 4    | SKAŁECKI KRYSZTIAN     | 75 |                                  |           | POL  | M18  | 01:22:34          | 00:05:08 | 05:13:38       | 00:03:09 | 03:55:37       |
| 5    | KISIEL TOMASZ          | 38 | AQ WIRING SYSTEMS TEAM           |           | POL  | M18  | 01:29:46          | 00:08:08 | 06:39:40       | 00:06:53 | 04:17:45       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, M30**

| M-ce | Nazwisko i imię      | Nr  | Klub                                     | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|----------------------|-----|------------------------------------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 1    | LEWANDOWSKI MACIEJ   | 49  | ALOHA TRIATHLON TEAM                     |           | POL  | M30  | 01:01:25          | 00:03:25 | 04:30:17       | 00:02:45 | 03:36:19       |
| 2    | MROCKOWSKI KAROL     | 60  | ALOHA TRIATHLON TEAM                     |           | POL  | M30  | 00:57:07          | 00:03:28 | 04:38:38       | 00:02:41 | 03:39:04       |
| 3    | BOROWIAK RAFAŁ       | 611 |                                          |           | POL  | M30  | 01:01:07          | 00:03:15 | 04:47:58       | 00:02:53 | 03:16:09       |
| 4    | MODRZYK ARKADIUSZ    | 59  | CENTRUM MEDYCYNY SPORTOWEJ OLIMP /TRIAMO |           | POL  | M30  | 01:03:47          | 00:03:43 | 04:44:57       | 00:02:52 | 03:33:03       |
| 5    | GRYSZKIEWCZ PAWEŁ    | 23  | JF DUET GOLENIÓW                         |           | POL  | M30  | 01:12:00          | 00:03:05 | 04:55:57       | 00:03:47 | 04:31:45       |
| 6    | BARAN TOMASZ         | 605 |                                          |           | POL  | M30  | 01:14:58          | 00:04:34 | 04:55:31       | 00:03:10 | 03:39:03       |
| 7    | FIKS GRZEGORZ        | 17  | FIX CATERING DIETETYCZNY                 |           | POL  | M30  | 01:01:39          | 00:03:30 | 05:20:36       | 00:03:28 | 04:08:34       |
| 8    | LIPUTA GRZESIEK      | 50  | ALOHA TRIATHLON TEAM                     |           | POL  | M30  | 01:10:22          | 00:04:53 | 05:05:22       | 00:03:41 | 03:32:42       |
| 9    | JĘCZMIONKA SZYMON    | 33  | TRI GRUPA                                |           | POL  | M30  | 01:08:58          | 00:05:00 | 05:11:40       | 00:03:30 | 04:08:15       |
| 10   | PRYGA GRZEGORZ       | 69  |                                          |           | POL  | M30  | 01:01:33          | 00:06:22 | 05:35:21       | 00:07:11 | 03:55:20       |
| 11   | BUDZANOWSKI MICHAŁ   | 12  |                                          |           | POL  | M30  | 01:07:49          | 00:07:22 | 05:30:25       | 00:03:53 | 05:05:07       |
| 12   | KOŚCIAŃSKI ŁUKASZ    | 47  | ZDUN TRIATHLON TEAM                      |           | POL  | M30  | 01:10:11          | 00:07:08 | 05:30:01       | 00:07:08 | 04:40:50       |
| 13   | WISLOCKI MICHAŁ      | 90  |                                          |           | POL  | M30  | 01:17:11          | 00:07:53 | 05:21:36       | 00:03:52 | 04:22:13       |
| 14   | GROCHOWSKI KRZYSZTOF | 22  |                                          |           | POL  | M30  | 01:17:14          | 00:06:20 | 05:39:03       | 00:05:17 | 04:39:54       |
| 15   | BEDNAREK PIOTR       | 5   |                                          |           | POL  | M30  | 01:09:42          | 00:06:20 | 05:45:49       | 00:04:06 | 06:08:03       |
| 16   | PANEK WOJCIECH       | 65  |                                          |           | POL  | M30  | 01:16:55          | 00:05:57 | 05:37:13       | 00:05:54 | 04:13:51       |
| 17   | KNOP WOJCIECH        | 41  |                                          |           | POL  | M30  | 01:17:41          | 00:04:55 | 05:40:34       | 00:03:33 | 04:00:15       |
| 18   | JANOWSKI MACIEJ      | 31  |                                          |           | POL  | M30  | 01:17:07          | 00:04:59 | 05:54:35       | 00:05:32 | 04:53:56       |
| 19   | ZADAŁA MATEUSZ       | 93  |                                          |           | POL  | M30  | 01:35:07          | 00:07:01 | 05:22:05       | 00:05:31 | 04:11:14       |
| 20   | JANICKI TOMEK        | 30  | AQ WIRING SYSTEMS TEAM                   |           | POL  | M30  | 01:13:09          | 00:07:18 | 06:02:36       | 00:04:35 | 05:05:27       |
| 21   | BRZOSKA PIOTR        | 11  | NO PAIN - IRON PYJTER                    |           | POL  | M30  | 01:34:43          | 00:06:29 | 05:59:17       | 00:05:13 | 04:14:39       |
| 22   | DAWID ŁUKASZ         | 16  | ROZBIEGANY GOLENIÓW                      |           | POL  | M30  | 01:29:18          | 00:05:31 | 06:56:51       | 00:06:34 | 05:33:26       |
| 23   | JASKOT MARIUSZ       | 32  | TEAM FLASH                               |           | POL  | M30  | 01:40:59          | 00:04:25 | 06:01:17       | 00:04:32 | 04:30:21       |
| 24   | JANICKI MARIUSZ      | 29  | VERA RUNNING TEAM                        |           | POL  | M30  | 01:36:06          | 00:08:57 | 06:32:11       | 00:05:30 | 05:26:17       |
| 25   | KAWKA RAFAŁ          | 36  | KBKS RADOMSKO                            |           | POL  | M30  | 01:46:19          | 00:10:34 | 07:04:21       | 00:06:24 | 05:55:17       |
| 26   | BISKUP ZBIGNIEW      | 8   | STALOWOWOLSKI KLUB BIEGACZA              |           | POL  | M30  | 01:42:39          | 00:12:29 | 07:18:25       | 00:10:15 | 05:14:53       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, K40**

| M-ce | Nazwisko i imię    | Nr | Klub       | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|--------------------|----|------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 1    | KŁAPACZ JOANNA     | 40 | BESKID TRI |           | POL  | K40  | 01:37:39          | 00:04:53 | 05:54:18       | 00:08:51 | 05:11:26       |
| 2    | GAŁOWSKA AGNIESZKA | 18 | INPOWER    |           | POL  | K40  | 01:33:18          | 00:05:18 | 07:43:49       | 00:07:14 | 06:13:57       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, M40**

| M-ce | Nazwisko i imię   | Nr | Klub                    | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|-------------------|----|-------------------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 1    | JAKUBCZAK ANDRZEJ | 28 | VANHOOF BIKE MANUFAKTUR |           | POL  | M40  | 00:53:15          | 00:04:19 | 04:59:11       | 00:04:15 | 03:57:16       |
| 2    | HONKA MICHAŁ      | 26 | MB-PROJEKT RACING TEAM  |           | POL  | M40  | 01:07:42          | 00:03:18 | 04:56:57       | 00:03:26 | 03:44:18       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, M40 c.d.**

| M-ce | Nazwisko i imię       | Nr | Klub                                   | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|-----------------------|----|----------------------------------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 3    | SMITH MATTHEW         | 79 |                                        |           | GBR  | M40  | 01:05:04          | 00:02:55 | 05:04:38       | 00:02:50 | 03:24:26       |
| 4    | KOLASA KONRAD         | 42 | UPRANE.PL                              |           | POL  | M40  | 01:14:44          | 00:06:01 | 04:51:15       | 00:03:46 | 04:03:43       |
| 5    | ŚWIDERSKI PAWEŁ       | 83 | ZDUN TRIATHLON TEAM                    |           | POL  | M40  | 01:01:56          | 00:04:48 | 05:13:53       | 00:04:33 | 04:01:29       |
| 6    | NOSEK DALIBOR         | 62 | TRIATLON TEAM TRNAVA                   |           | SVK  | M40  | 01:10:44          | 00:03:26 | 05:10:16       | 00:04:12 | 03:27:30       |
| 7    | WOWTONIUK MARIUSZ     | 91 | TIM MAŁEGO                             |           | POL  | M40  | 00:59:17          | 00:04:07 | 05:30:33       | 00:03:19 | 03:54:36       |
| 8    | TRÍSKA JAROSLAV       | 86 | VSK HUMANITA PRAHA                     |           | CZE  | M40  | 01:08:13          | 00:05:11 | 05:20:06       | 00:03:49 | 04:01:05       |
| 9    | ŚWITALA KRZYSZTOF     | 84 | NIAGARA RAKONIEWICE                    |           | POL  | M40  | 01:05:22          | 00:05:26 | 05:27:03       | 00:05:53 | 04:18:08       |
| 10   | CZAPRACKI DOMINIK     | 15 |                                        |           | POL  | M40  | 01:15:27          | 00:03:31 | 05:15:25       | 00:03:00 | 04:05:39       |
| 11   | GOLANOWSKI KRZYSZTOF  | 21 | GO2TRI                                 |           | POL  | M40  | 01:11:41          | 00:05:52 | 05:16:47       | 00:05:22 | 04:05:56       |
| 12   | LUBOWICKI ŁUKASZ      | 51 | 40-LATEK TYCHY                         |           | POL  | M40  | 01:14:49          | 00:04:55 | 05:25:16       | 00:04:29 | 05:05:02       |
| 13   | NEMCIK MAREK          | 1  | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN |           | POL  | M40  | 01:14:50          | 00:04:41 | 05:31:55       | 00:04:50 | 04:57:53       |
| 14   | KONIÓR WOJCIECH       | 44 | BESKID TRI                             |           | POL  | M40  | 01:16:42          | 00:05:25 | 05:33:11       | 00:04:58 | 04:12:45       |
| 15   | SEVASTSYANAU SIARHEI  | 74 | SEVASTSYANAU TEAM                      |           | POL  | M40  | 01:35:01          | 00:04:14 | 05:01:14       | 00:03:36 | 04:03:19       |
| 16   | SKOWROŃSKI RAFAŁ      | 77 | KUŹNIA TRIATHLONU                      |           | POL  | M40  | 01:09:59          | 00:07:10 | 05:42:00       | 00:07:46 | 04:48:25       |
| 17   | HADRYCH PIOTR         | 24 |                                        |           | POL  | M40  | 01:12:51          | 00:07:33 | 05:39:24       | 00:08:27 | 04:16:57       |
| 18   | ALBRECHT ARKADIUSZ    | 3  | GB GALOPUJĄCE ŚLIMAKI                  |           | POL  | M40  | 01:25:14          | 00:06:33 | 05:31:54       | 00:04:32 | 03:54:07       |
| 19   | TOFT OLE              | 85 |                                        |           | POL  | M40  | 01:06:51          | 00:08:48 | 05:56:52       | 00:09:25 | 05:10:38       |
| 20   | KORSAKOV KOSTIANTYN   | 45 |                                        |           | POL  | M40  | 01:20:07          | 00:07:50 | 05:40:39       | 00:06:37 | 05:10:12       |
| 21   | PRZYBYLSKI ANDRZEJ    | 71 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN |           | POL  | M40  | 01:20:48          | 00:05:37 | 05:56:10       | 00:05:08 | 05:01:49       |
| 22   | PIK KRZYSZTOF         | 67 |                                        |           | POL  | M40  | 01:15:37          | 00:05:48 | 05:55:13       | 00:04:02 | 05:21:44       |
| 23   | KLEIN UWE             | 39 | BÖHNLEIN SPORTS BAMBERG                |           |      | M40  | 01:27:52          | 00:08:02 | 05:38:53       | 00:06:43 | 04:28:16       |
| 24   | WEISENSEE MICHAEL     | 88 |                                        |           | GER  | M40  | 01:21:57          | 00:07:03 | 05:54:29       | 00:07:14 | 04:26:32       |
| 25   | BIES TOMASZ           | 7  | BESKID-TRI                             |           | POL  | M40  | 01:23:44          | 00:08:26 | 05:49:38       | 00:04:39 | 05:18:45       |
| 26   | CYWKĄ TOMEK           | 14 | ZĄBKOWICKA GRUPA BIEGOWA FRANKENTSTEIN |           | POL  | M40  | 01:18:19          | 00:07:11 | 05:52:23       | 00:05:55 | 05:32:07       |
| 27   | CHRUŚCIELSKI PAWEŁ    | 13 | SANGRAF.PL                             |           | POL  | M40  | 01:13:48          | 00:06:18 | 06:11:43       | 00:08:21 | 04:25:44       |
| 28   | KACZOR PIOTR          | 34 | TRIMANITA MASZEWO                      |           | POL  | M40  | 01:15:47          | 00:08:18 | 06:08:41       | 00:07:37 | 06:22:53       |
| 29   | WRÓBEL MARCIN         | 92 | WRÓBEL FAMILY TEAM                     |           | POL  | M40  | 01:35:24          | 00:07:18 | 05:55:09       | 00:07:55 | 05:55:53       |
| 30   | STANISZEWSKI JACEK    | 81 |                                        |           | POL  | M40  | 01:20:13          | 00:08:04 | 06:21:04       | 00:09:34 | 05:27:43       |
| 31   | MACIEJAK MARCIN       | 54 | RUN DE GIRARD                          |           | POL  | M40  | 01:30:13          | 00:06:23 | 06:43:54       | 00:09:32 | 06:09:03       |
| 32   | NAGALEWSKI BARTŁOMIEJ | 61 | NAGAMET                                |           | POL  | M40  | 01:42:55          | 00:06:36 | 06:34:37       | 00:08:00 | 06:17:30       |
| 33   | SZYMAŃSKI SŁAWEK      | 82 |                                        |           | POL  | M40  | 01:52:49          | 00:08:01 | 06:27:10       | 00:06:45 | 05:01:04       |
| 34   | SMAGAŁA WOJCIECH      | 78 |                                        |           | POL  | M40  | 01:46:14          | 00:05:29 | 06:48:00       | 00:04:41 | 05:46:45       |
|      | BIELICKI BARTOSZ      | 6  | RUNNING TEAM MILICZ                    |           | POL  | M40  | 01:15:09          | DNF      | 05:05:52       | 00:03:41 | 00:00:00       |
|      | PRYK RAFAŁ            | 70 | ROZBIEGANY GOLENIÓW                    |           | POL  | M40  | 01:24:33          | DNF      | 05:31:04       | 00:04:35 | 00:00:00       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, K50**

| M-ce | Nazwisko i imię   | Nr | Klub | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|-------------------|----|------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 1    | GLENEWINKEL MAREN | 19 |      |           | GER  | K50  | 01:15:17          | 00:08:44 | 06:17:44       | 00:06:36 | 04:24:08       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, M50**

| M-ce | Nazwisko i imię     | Nr | Klub                    | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|---------------------|----|-------------------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 1    | NOWARA ANDRZEJ      | 63 |                         |           | POL  | M50  | 01:20:22          | 00:07:55 | 05:48:14       | 00:05:36 | 04:59:00       |
| 2    | OSIATYCKI GRZEGORZ  | 64 | RONAL POLSKA RUN        |           | POL  | M50  | 01:18:24          | 00:05:52 | 06:06:58       | 00:05:25 | 04:04:17       |
| 3    | KATA WIESŁAW        | 35 |                         |           | POL  | M50  | 01:19:11          | 00:10:05 | 06:09:43       | 00:08:37 | 05:02:43       |
| 4    | KRUPOWICZ MARCIN    | 48 |                         |           | POL  | M50  | 01:22:56          | 00:09:08 | 06:19:19       | 00:06:00 | 05:21:15       |
| 5    | PARAFIŃSKI ZDZIŚŁAW | 66 |                         |           | POL  | M50  | 01:30:52          | 00:06:20 | 06:18:26       | 00:04:23 | 05:19:43       |
| 6    | KOSIOŁ ANDRZEJ      | 46 |                         |           | POL  | M50  | 01:33:01          | 00:05:23 | 06:21:37       | 00:06:26 | 04:06:04       |
| 7    | ŁUKOWSKI DARIUSZ    | 53 | GMINA STRZELCE OPOLSKIE |           | POL  | M50  | 01:34:20          | 00:06:53 | 06:37:52       | 00:05:59 | 05:09:50       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, M50 c.d.**

| M-ce | Nazwisko i imię   | Nr | Klub  | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|-------------------|----|-------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 8    | MALISZEWSKI PIOTR | 55 |       |           | POL  | M50  | 01:57:24          | 00:05:16 | 05:52:33       | 00:04:52 | 05:01:12       |
| 9    | PLANETORZ MAREK   | 68 |       |           | POL  | M50  | 01:38:38          | 00:06:26 | 06:54:40       | 00:04:42 | 05:46:46       |
| 10   | RÓŻEWICZ DARIUSZ  | 73 | PANCE |           | POL  | M50  | 01:37:40          | 00:06:21 | 07:06:41       | 00:05:39 | 05:51:25       |

**POLSKAMAN TRIATHLON WOLSZTYN - DŁUGI, M60+**

| M-ce | Nazwisko i imię | Nr | Klub                   | M-scowość | Kraj | Kat. | Pływanie<br>3.8km | T1       | Rower<br>180km | T2       | Bieg<br>42.2km |
|------|-----------------|----|------------------------|-----------|------|------|-------------------|----------|----------------|----------|----------------|
| 1    | KĘPIŃSKI HENRYK | 37 | KB SPARTAKUS BEŁCHATÓW |           | POL  | M60+ | 01:39:41          | 00:06:51 | 06:27:20       | 00:03:38 | 05:32:14       |
| 2    | MŁECZEK TADEUSZ | 58 |                        |           | POL  | M60+ | 01:46:12          | 00:09:39 | 06:54:23       | 00:08:15 | 06:10:37       |