

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM**

Organizator: PFNW

Data: 2017-09-23

Miejsce: Wrocław

Dystans: 10 km

**Wyniki dla punktu pomiaru: 5 km**

Klasyfikacja wg czasów netto.

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, OPEN**

| M-ce | Nazwisko i imię        | Nr  | Klub                                  | M-scowość              | Kraj | Kat.   | 2.5km    | 5km      | 7.5km    |
|------|------------------------|-----|---------------------------------------|------------------------|------|--------|----------|----------|----------|
| 1    | NIECHWIEJCZYK PIOTR    | 355 | OPEL ACTIVE TEAM                      | ŚWIĘTOCHŁOWICE         | POL  | M40-49 | 00:14:45 | 00:29:53 | 00:44:58 |
| 2    | PIETRZYK JAROSŁAW      | 362 | VIKING NORDIC TEAM CZĘSTOCHOWA        | CZĘSTOCHOWA            | POL  | M30-39 | 00:15:21 | 00:31:12 | 00:47:11 |
| 3    | SIWAK PIOTR            | 374 | KS METRACO POLKOWICE                  | RUDNA                  | POL  | M50-59 | 00:15:52 | 00:32:10 | 00:48:25 |
| 4    | BARCZYK BOGDAN         | 306 | ZABIEGANI CZĘSTOCHOWA.KALINOWSKI TEAM | CZĘSTOCHOWA            | POL  | M50-59 | 00:15:53 | 00:32:11 | 00:48:47 |
| 5    | BOGACKI SŁAWEK         | 311 | ENERGA NW TEAM                        | BRZOZÓWKA KOŁO TORUNIA | POL  | M40-49 | 00:15:44 | 00:32:12 | 00:48:27 |
| 6    | ŚWISŁOCKI BOGDAN       | 387 | FACE NORDIC WALKING TEAM              | MIKOSZEWO              | POL  | M50-59 | 00:15:55 | 00:32:18 | 00:48:53 |
| 7    | SPYCHAŁA LESŁAW        | 207 | WESOŁY BORSUK TEAM                    | BIAŁA                  | POL  | M50-59 | 00:16:02 | 00:32:25 | 00:48:51 |
| 8    | CHAMIELEC BOGUSŁAW     | 312 | A EMERYT BIEGA                        | LUBIN                  | POL  | M50-59 | 00:15:59 | 00:32:25 | 00:48:57 |
| 9    | SMUL ANDRZEJ           | 378 | MARSZ PO ZDROWIE POZNAN               | TARNOWO PODGÓRNE       | POL  | M60-69 | 00:16:00 | 00:32:36 | 00:49:46 |
| 10   | KOLARSKA AGNIESZKA     | 335 | VIKING NORDIC TEAM CZĘSTOCHOWA        | CZĘSTOCHOWA            | POL  | K30-39 | 00:16:27 | 00:33:12 | 00:49:58 |
| 11   | JĘDRASIK RENATA        | 393 | KS METRACO POLKOWICE                  | LUBIN                  | POL  | K50-59 | 00:16:27 | 00:33:13 | 00:50:10 |
| 12   | ROSADZIŃSKI SŁAWOMIR   | 372 | LESZNO :)                             | LESZNO                 | POL  | M40-49 | 00:16:21 | 00:33:27 | 00:50:38 |
| 13   | CZEKAJŁO FRANCISZEK    | 317 | REMI                                  | DREZDENKO              | POL  | M60-69 | 00:16:43 | 00:34:05 | 00:51:48 |
| 14   | ADAMSKI ROBERT         | 302 |                                       | WAŁBRZYCH              | POL  | M40-49 | 00:17:08 | 00:34:41 | 00:52:19 |
| 15   | SPYCHAŁA MARZENA       | 379 | WESOŁY BORSUK TEAM                    | BIAŁA                  | POL  | K40-49 | 00:17:13 | 00:34:48 | 00:52:24 |
| 16   | SKRYCKA KATARZYNA      | 377 |                                       | LUBIN                  | POL  | K30-39 | 00:17:25 | 00:34:51 | 00:52:43 |
| 17   | DUSIEL EWA             | 320 | VIKING NORDIC TEAM CZĘSTOCHOWA        | CZĘSTOCHOWA            | POL  | K50-59 | 00:17:11 | 00:34:53 | 00:52:50 |
| 18   | WIKTORSKA MAŁGORZATA   | 392 | TRENUJZNA.MI.PL                       | WROCŁAW                | POL  | K30-39 | 00:17:12 | 00:34:57 | 00:52:58 |
| 19   | STĘPIEŃ LUCYNA         | 381 | KS METRACO POLKOWICE                  | LUBIN                  | POL  | K60-69 | 00:17:20 | 00:35:01 | 00:52:51 |
| 20   | ŻYDACEWSKI RYSZARD     | 401 | NIEZRZESZONY                          | LUBIN                  | POL  | M50-59 | 00:17:23 | 00:35:40 | 00:54:14 |
| 21   | KRÓL JANUSZ            | 340 |                                       | CZĘSTOCHOWA            | POL  | M50-59 | 00:17:27 | 00:35:54 | 00:54:35 |
| 22   | BAJ STANISŁAW          | 305 | ŚCINAWSKA GRUPA NORDIC WALKING        | ŚCINAWA                | POL  | M50-59 | 00:17:51 | 00:36:05 | 00:54:06 |
| 23   | KWIATKOWSKA STANISŁAWA | 345 |                                       | GOSŁAWICE              | POL  | K50-59 | 00:18:01 | 00:36:16 | 00:54:17 |
| 24   | ROGOS HENRYK           | 370 | ŚCINAWSKA GRUPA NORDIC WALKING        | LUBIĄŻ                 | POL  | M70+   | 00:18:13 | 00:36:16 | 00:54:22 |
| 25   | PŁOCIENIAK KATARZYNA   | 364 | ACTEAM                                | WROCŁAW                | POL  | K30-39 | 00:17:56 | 00:36:19 | 00:54:29 |
| 26   | BADECKI RYSZARD        | 303 | NIEZRZESZONY                          | NIESZCZYCE             | POL  | M50-59 | 00:17:57 | 00:36:33 | 00:56:22 |
| 27   | MOŹDŻEN BARBARA        | 353 | NIEZRZESZONA                          | GNIEZNO                | POL  | K50-59 | 00:17:50 | 00:36:38 | 00:56:00 |
| 28   | KALICIŃSKA MONIKA      | 331 |                                       | WROCŁAW                | POL  | K18-29 | 00:17:44 | 00:36:44 | 00:56:08 |
| 29   | ROSADZIŃSKA NATALIA    | 371 | LESZNO :)                             | LESZNO                 | POL  | K18-29 | 00:18:05 | 00:36:45 | 00:55:50 |
| 30   | URBAN JOANNA           | 390 | AMATOR                                | OLAWA                  | POL  | K40-49 | 00:18:02 | 00:36:56 | 00:56:00 |
| 31   | KRZEMIŃSKI RAFAŁ       | 342 | SANTANDER CONSUMER BANK               | KĄTY WROCŁAWSKIE       | POL  | M30-39 | 00:18:00 | 00:36:58 | 00:56:18 |
| 32   | DĄBROWA WOJCIECH       | 318 |                                       | GOSŁAWICE              | POL  | M50-59 | 00:18:19 | 00:36:59 | 00:55:36 |
| 33   | FRYDECKI SŁAWOMIR      | 385 |                                       | ŻRÓDŁA                 | POL  | M50-59 | 00:18:10 | 00:37:00 | 00:55:25 |
| 34   | THOMALLA BOGDAN        | 389 | TOMCHEM OBR                           | ZABRZE                 | POL  | M70+   | 00:18:20 | 00:37:17 | 00:56:29 |
| 35   | SURIAK EWELINA         | 384 | VIKING NORDIC TEAM CZĘSTOCHOWA        | CZĘSTOCHOWA            | POL  | K18-29 | 00:18:19 | 00:37:29 | 00:56:49 |
| 36   | CHMIELEWSKA ANNA       | 314 |                                       | JEDLIŃSKA-ZDRÓJ        | POL  | K30-39 | 00:18:15 | 00:37:31 | 00:57:01 |
| 37   | JEZIEWSKA JOLANTA      | 328 | RIGHTWAY                              | WROCŁAW                | POL  | K50-59 | 00:18:17 | 00:37:37 | 00:57:31 |
| 38   | SURIAK MICHAŁ          | 383 | VIKING NORDIC TEAM CZĘSTOCHOWA        | CZĘSTOCHOWA            | POL  | M18-29 | 00:18:39 | 00:37:40 | 00:56:21 |
| 39   | JUSZCZAK ROMUALD       | 330 |                                       | WROCŁAW                | POL  | M60-69 | 00:18:35 | 00:37:41 | 00:56:16 |
| 40   | POSTEK DANUTA          | 365 | MARSZ PO ZDROWIE                      | POZNAŃ                 | POL  | K50-59 | 00:18:43 | 00:37:47 | 00:56:50 |
| 41   | BAJ DANUTA             | 304 | ŚCINAWSKA GRUPA NORDIC WALKING        | ŚCINAWA                | POL  | K50-59 | 00:18:47 | 00:37:55 | 00:57:10 |
| 42   | ZWOLIŃSKI RADOMIR      | 400 |                                       | WROCŁAW                | POL  | M50-59 | 00:18:54 | 00:38:23 | 00:57:49 |
| 43   | KOPROWSKI TOMASZ       | 338 | NORDIKI                               | OLAWA                  | POL  | M40-49 | 00:19:04 | 00:38:42 | 00:59:03 |
| 44   | GIBKI ŁUKASZ           | 324 | SANTANDER CONSUMER BANK               | WROCŁAW                | POL  | M30-39 | 00:18:48 | 00:38:42 | 00:59:08 |
| 45   | TERESIŃSKA JOLANTA     | 388 |                                       | CZĘSTOCHOWA            | POL  | K40-49 | 00:19:06 | 00:38:45 | 00:58:05 |

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, OPEN c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                                         | M-scowość   | Kraj | Kat.   | 2.5km    | 5km      | 7.5km    |
|------|-----------------------|-----|----------------------------------------------|-------------|------|--------|----------|----------|----------|
| 46   | SKAWIŃSKA EWA         | 375 | RIGHTWAY                                     | WILKSZYN    | POL  | K40-49 | 00:19:10 | 00:38:48 | 00:58:30 |
| 47   | ADAMCZYK-GAJDA DOROTA | 301 |                                              | OLEŚNICA    | POL  | K50-59 | 00:19:18 | 00:38:54 | 00:58:22 |
| 48   | NOWAK BEATA           | 356 | SAILING TEAM FERAJNA                         | PIŁA        | POL  | K40-49 | 00:19:18 | 00:38:57 | 00:59:00 |
| 49   | KOŁACIŃSKA ARLETA     | 336 |                                              | OLEŚNICA    | POL  | K50-59 | 00:19:18 | 00:38:57 | 00:59:06 |
| 50   | HORACZEWSKA KRYSZYNA  | 325 | ŚCINAWSKA GRUPA NW                           | ŚCINAWA     | POL  | K60-69 | 00:19:21 | 00:38:58 | 00:58:53 |
| 51   | KIDAWA DANUTA         | 332 | SANTANDER CONSUMER BANK                      | WROCŁAW     | POL  | K40-49 | 00:19:21 | 00:39:06 | 00:59:03 |
| 52   | WÓJCIK BARBARA        | 397 |                                              | KRZCZONÓW   | POL  | K50-59 | 00:19:16 | 00:39:16 | 00:59:44 |
| 53   | OSADCZUK ANDRZEJ      | 359 |                                              | OLEŚNICA    | POL  | M40-49 | 00:19:36 | 00:39:22 | 00:59:27 |
| 54   | KIEŁBIK MAREK         | 334 | SKRZYDLATA                                   | WROCŁAW     | POL  | M60-69 | 00:19:38 | 00:39:33 | 00:59:48 |
| 55   | CZAKIERT MAREK        | 316 | VIKING NORDIC TEAM CZĘSTOCHOWA               | CZĘSTOCHOWA | POL  | M40-49 | 00:19:29 | 00:39:40 | 01:00:28 |
| 56   | BARCZYK JOLANTA       | 307 | ZABIEGANI CZĘSTOCHOWA                        | CZĘSTOCHOWA | POL  | K50-59 | 00:19:37 | 00:39:44 | 00:59:33 |
| 57   | LULEK LUCYNA          | 347 | ŚCINAWSKA GRUPA NORDIC WALKING               | ŚCINAWA     | POL  | K60-69 | 00:19:36 | 00:39:48 | 01:00:26 |
| 58   | DEBSKA BEATA          | 319 | WYSOKA                                       | WYSOKA      | POL  | K40-49 | 00:19:53 | 00:39:51 | 00:59:58 |
| 59   | ZAWADZKA MARIA        | 399 | KS METRACO POLKOWICE                         | LUBIN       | POL  | K60-69 | 00:19:48 | 00:40:05 | 00:59:42 |
| 60   | CIASZTOCH ELIZA       | 315 |                                              | WROCŁAW     | POL  | K30-39 | 00:19:55 | 00:40:22 | 01:00:57 |
| 61   | GĄTEK GERARD          | 323 | CALYPSO FITNESS GALERIA JURAJSKA CZESTOCHOWA | CZĘSTOCHOWA | POL  | M70+   | 00:20:01 | 00:40:47 | 01:01:32 |
| 62   | NAPORA DOROTA         | 354 | RIGHTWAY                                     | WROCŁAW     | POL  | K40-49 | 00:20:42 | 00:40:52 | 01:00:28 |
| 63   | KRAWCZYK DARIUSZ      | 339 |                                              | WROCŁAW     | POL  | M60-69 | 00:20:24 | 00:41:04 | 01:01:48 |
| 64   | HRABIA JÓZEF          | 326 | VIKING NORDIC TEAM CZĘSTOCHOWA               | CZĘSTOCHOWA | POL  | M60-69 | 00:20:36 | 00:41:31 | 01:02:37 |
| 65   | OSUMEK ANNA           | 360 | RIGHTWAY                                     | WROCŁAW     | POL  | K30-39 | 00:20:34 | 00:41:40 | 01:03:05 |
| 66   | ŻAKIEWICZ MARTA       | 402 | UNIwersytet Medyczny                         | WROCŁAW     | POL  | K40-49 | 00:20:40 | 00:41:49 | 01:03:06 |
| 67   | MĘDRAK ALICJA         | 351 |                                              | WROCŁAW     | POL  | K60-69 | 00:20:39 | 00:41:49 | 01:02:21 |
| 68   | MALCEWICZ MARCIN      | 350 | RIGHT WAY                                    | WROCŁAW     | POL  | M50-59 | 00:20:48 | 00:42:34 | 01:04:53 |
| 69   | JASTRZĄBEK KATARZYNA  | 327 |                                              | OBORNIKI    | POL  | K30-39 | 00:21:29 | 00:43:03 | 01:04:49 |
| 70   | RAGANOWICZ KRZESIMIR  | 368 |                                              | WROCŁAW     | POL  | M70+   | 00:21:18 | 00:43:03 | 01:04:53 |
| 71   | WALKOWIAK PIOTREK     | 391 |                                              | SIECHNICE   | POL  | M40-49 | 00:21:39 | 00:43:03 | 01:04:46 |
| 72   | PAŁASZ JADWIGA        | 366 |                                              | WROCŁAW     | POL  | K50-59 | 00:21:39 | 00:43:18 | 01:05:36 |
| 73   | KOTOVITCH MARINA      | 321 |                                              | WROCŁAW     | POL  | K50-59 | 00:21:54 | 00:43:36 | 01:04:38 |
| 74   | BELA BEATA            | 310 |                                              | WROCŁAW     | POL  | K40-49 | 00:21:54 | 00:43:37 | 01:04:40 |
| 75   | JAZ BOGUSŁAW          | 363 |                                              | WROCŁAW     | POL  | K50-59 | 00:22:03 | 00:44:07 | 01:06:28 |
| 76   | GAWROŃSKA NATALIA     | 322 |                                              | WROCŁAW     | POL  | K18-29 | 00:21:47 | 00:44:08 | 01:06:21 |
| 77   | MOSOŃ MAREK           | 352 | NIEZRZESZONY                                 | WROCŁAW     | POL  | M60-69 | 00:21:54 | 00:44:11 | 01:06:11 |
| 78   | NOWAK AGATA           | 357 |                                              | WROCŁAW     | POL  | K30-39 | 00:22:15 | 00:44:48 | 01:07:39 |
| 79   | NOWAK JANINA          | 358 |                                              | WROCŁAW     | POL  | K40-49 | 00:22:14 | 00:44:49 | 01:07:38 |
| 80   | JĘDRASZCZYK MICHAŁ    | 329 |                                              | WROCŁAW     | POL  | M30-39 | 00:22:59 | 00:44:58 | 01:06:52 |
| 81   | WNUK JOANNA           | 394 | WYSOKA                                       | WYSOKA      | POL  | K30-39 | 00:21:44 | 00:45:10 | 01:09:09 |
| DQ   | RATUŚ BOGUSŁAW        | 367 |                                              | GÓRA        | POL  | M50-59 | 00:16:53 | 00:35:30 | 00:54:08 |
|      |                       |     |                                              |             |      |        | DQ       | DQ       | DQ       |

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, K18-29**

| M-ce | Nazwisko i imię     | Nr  | Klub                           | M-scowość   | Kraj | Kat.   | 2.5km    | 5km      | 7.5km    |
|------|---------------------|-----|--------------------------------|-------------|------|--------|----------|----------|----------|
| 1    | KALICIŃSKA MONIKA   | 331 |                                | WROCŁAW     | POL  | K18-29 | 00:17:44 | 00:36:44 | 00:56:08 |
| 2    | ROSADZIŃSKA NATALIA | 371 | LESZNO :)                      | LESZNO      | POL  | K18-29 | 00:18:05 | 00:36:45 | 00:55:50 |
| 3    | SURIAK EWELINA      | 384 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL  | K18-29 | 00:18:19 | 00:37:29 | 00:56:49 |
| 4    | GAWROŃSKA NATALIA   | 322 |                                | WROCŁAW     | POL  | K18-29 | 00:21:47 | 00:44:08 | 01:06:21 |

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, M18-29**

| M-ce | Nazwisko i imię | Nr  | Klub                           | M-scowość   | Kraj | Kat.   | 2.5km    | 5km      | 7.5km    |
|------|-----------------|-----|--------------------------------|-------------|------|--------|----------|----------|----------|
| 1    | SURIAK MICHAŁ   | 383 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL  | M18-29 | 00:18:39 | 00:37:40 | 00:56:21 |

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, K30-39**

| M-ce | Nazwisko i imię      | Nr  | Klub                           | M-scowość     | Kraj | Kat.   | 2.5km    | 5km      | 7.5km    |
|------|----------------------|-----|--------------------------------|---------------|------|--------|----------|----------|----------|
| 1    | KOLARSKA AGNIESZKA   | 335 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA   | POL  | K30-39 | 00:16:27 | 00:33:12 | 00:49:58 |
| 2    | SKRYCKA KATARZYNA    | 377 |                                | LUBIN         | POL  | K30-39 | 00:17:25 | 00:34:51 | 00:52:43 |
| 3    | WIKTORSKA MAŁGORZATA | 392 | TRENUJZNAMI.PL                 | WROCŁAW       | POL  | K30-39 | 00:17:12 | 00:34:57 | 00:52:58 |
| 4    | PLECIENIAK KATARZYNA | 364 | ACTEAM                         | WROCŁAW       | POL  | K30-39 | 00:17:56 | 00:36:19 | 00:54:29 |
| 5    | CHMIELEWSKA ANNA     | 314 |                                | JEDLINA-ZDRÓJ | POL  | K30-39 | 00:18:15 | 00:37:31 | 00:57:01 |
| 6    | CIASOCH ELIZA        | 315 |                                | WROCŁAW       | POL  | K30-39 | 00:19:55 | 00:40:22 | 01:00:57 |
| 7    | OSUMEK ANNA          | 360 | RIGHTWAY                       | WROCŁAW       | POL  | K30-39 | 00:20:34 | 00:41:40 | 01:03:05 |
| 8    | JASTRZĄBEK KATARZYNA | 327 |                                | OBORNIKI      | POL  | K30-39 | 00:21:29 | 00:43:03 | 01:04:49 |
| 9    | NOWAK AGATA          | 357 |                                | WROCŁAW       | POL  | K30-39 | 00:22:15 | 00:44:48 | 01:07:39 |
| 10   | WNUK JOANNA          | 394 | WYSOKA                         | WYSOKA        | POL  | K30-39 | 00:21:44 | 00:45:10 | 01:09:09 |

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, M30-39**

| M-ce | Nazwisko i imię    | Nr  | Klub                           | M-scowość        | Kraj | Kat.   | 2.5km    | 5km      | 7.5km    |
|------|--------------------|-----|--------------------------------|------------------|------|--------|----------|----------|----------|
| 1    | PIETRZYK JAROSŁAW  | 362 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA      | POL  | M30-39 | 00:15:21 | 00:31:12 | 00:47:11 |
| 2    | KRZEMIŃSKI RAFAŁ   | 342 | SANTANDER CONSUMER BANK        | KĄTY WROCŁAWSKIE | POL  | M30-39 | 00:18:00 | 00:36:58 | 00:56:18 |
| 3    | GIBKI ŁUKASZ       | 324 | SANTANDER CONSUMER BANK        | WROCŁAW          | POL  | M30-39 | 00:18:48 | 00:38:42 | 00:59:08 |
| 4    | JĘDRASZCZYK MICHAŁ | 329 |                                | WROCŁAW          | POL  | M30-39 | 00:22:59 | 00:44:58 | 01:06:52 |

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, K40-49**

| M-ce | Nazwisko i imię    | Nr  | Klub                    | M-scowość   | Kraj | Kat.   | 2.5km    | 5km      | 7.5km    |
|------|--------------------|-----|-------------------------|-------------|------|--------|----------|----------|----------|
| 1    | SPYCHAŁA MARZENA   | 379 | WESOŁY BORSUK TEAM      | BIAŁA       | POL  | K40-49 | 00:17:13 | 00:34:48 | 00:52:24 |
| 2    | URBAN JOANNA       | 390 | AMATOR                  | OŁAWA       | POL  | K40-49 | 00:18:02 | 00:36:56 | 00:56:00 |
| 3    | TERESIŃSKA JOLANTA | 388 |                         | CZĘSTOCHOWA | POL  | K40-49 | 00:19:06 | 00:38:45 | 00:58:05 |
| 4    | SKAWIŃSKA EWA      | 375 | RIGHTWAY                | WILKSZYN    | POL  | K40-49 | 00:19:10 | 00:38:48 | 00:58:30 |
| 5    | NOWAK BEATA        | 356 | SAILING TEAM FERAJNA    | PIŁA        | POL  | K40-49 | 00:19:18 | 00:38:57 | 00:59:00 |
| 6    | KIDAWA DANUTA      | 332 | SANTANDER CONSUMER BANK | WROCŁAW     | POL  | K40-49 | 00:19:21 | 00:39:06 | 00:59:03 |
| 7    | DĘBSKA BEATA       | 319 | WYSOKA                  | WYSOKA      | POL  | K40-49 | 00:19:53 | 00:39:51 | 00:59:58 |
| 8    | NAPORA DOROTA      | 354 | RIGHTWAY                | WROCŁAW     | POL  | K40-49 | 00:20:42 | 00:40:52 | 01:00:28 |
| 9    | ŻAKIEWICZ MARTA    | 402 | UNIWERSYTET MEDYCYN     | WROCŁAW     | POL  | K40-49 | 00:20:40 | 00:41:49 | 01:03:06 |
| 10   | BELA BEATA         | 310 |                         | WROCŁAW     | POL  | K40-49 | 00:21:54 | 00:43:37 | 01:04:40 |
| 11   | NOWAK JANINA       | 358 |                         | WROCŁAW     | POL  | K40-49 | 00:22:14 | 00:44:49 | 01:07:38 |

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, M40-49**

| M-ce | Nazwisko i imię      | Nr  | Klub                           | M-scowość               | Kraj | Kat.   | 2.5km    | 5km      | 7.5km    |
|------|----------------------|-----|--------------------------------|-------------------------|------|--------|----------|----------|----------|
| 1    | NIECHWIEJCZYK PIOTR  | 355 | OPEL ACTIVE TEAM               | ŚWIĘTOCHŁOWICE          | POL  | M40-49 | 00:14:45 | 00:29:53 | 00:44:58 |
| 2    | BOGACKI SŁAWEK       | 311 | ENERGA NW TEAM                 | BRZOSZÓWKA KOŁO TORUNIA | POL  | M40-49 | 00:15:44 | 00:32:12 | 00:48:27 |
| 3    | ROSADZIŃSKI SŁAWOMIR | 372 | LESZNO :)                      | LESZNO                  | POL  | M40-49 | 00:16:21 | 00:33:27 | 00:50:38 |
| 4    | ADAMSKI ROBERT       | 302 |                                | WAŁBRZYCH               | POL  | M40-49 | 00:17:08 | 00:34:41 | 00:52:19 |
| 5    | KOPROWSKI TOMASZ     | 338 | NORDIKI                        | OŁAWA                   | POL  | M40-49 | 00:19:04 | 00:38:42 | 00:59:03 |
| 6    | OSADCZUK ANDRZEJ     | 359 |                                | OLEŚNICA                | POL  | M40-49 | 00:19:36 | 00:39:22 | 00:59:27 |
| 7    | CZAKIERT MAREK       | 316 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA             | POL  | M40-49 | 00:19:29 | 00:39:40 | 01:00:28 |
| 8    | WALKOWIAK PIOTREK    | 391 |                                | SIECHNICE               | POL  | M40-49 | 00:21:39 | 00:43:03 | 01:04:46 |

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, K50-59**

| M-ce | Nazwisko i imię | Nr  | Klub                           | M-scowość   | Kraj | Kat.   | 2.5km    | 5km      | 7.5km    |
|------|-----------------|-----|--------------------------------|-------------|------|--------|----------|----------|----------|
| 1    | JĘDRASIK RENATA | 393 | KS METRACO POLKOWICE           | LUBIN       | POL  | K50-59 | 00:16:27 | 00:33:13 | 00:50:10 |
| 2    | DUSIEL EWA      | 320 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL  | K50-59 | 00:17:11 | 00:34:53 | 00:52:50 |

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, K50-59 c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                           | M-scowość   | Kraj | Kat.   | 2.5km    | 5km      | 7.5km    |
|------|------------------------|-----|--------------------------------|-------------|------|--------|----------|----------|----------|
| 3    | KWIATKOWSKA STANISŁAWA | 345 |                                | GOSŁAWICE   | POL  | K50-59 | 00:18:01 | 00:36:16 | 00:54:17 |
| 4    | MOŻDŻEN BARBARA        | 353 | NIEZRZESZONA                   | GNIEZNO     | POL  | K50-59 | 00:17:50 | 00:36:38 | 00:56:00 |
| 5    | JEZIERSKA JOLANTA      | 328 | RIGHTWAY                       | WROCŁAW     | POL  | K50-59 | 00:18:17 | 00:37:37 | 00:57:31 |
| 6    | POSTEK DANUTA          | 365 | MARSZ PO ZDROWIE               | POZNAŃ      | POL  | K50-59 | 00:18:43 | 00:37:47 | 00:56:50 |
| 7    | BAJ DANUTA             | 304 | ŚCINAWSKA GRUPA NORDIC WALKING | ŚCINAWA     | POL  | K50-59 | 00:18:47 | 00:37:55 | 00:57:10 |
| 8    | ADAMCZYK-GAJDA DOROTA  | 301 |                                | OLEŚNICA    | POL  | K50-59 | 00:19:18 | 00:38:54 | 00:58:22 |
| 9    | KOŁACIŃSKA ARLETA      | 336 |                                | OLEŚNICA    | POL  | K50-59 | 00:19:18 | 00:38:57 | 00:59:06 |
| 10   | WÓJCIK BARBARA         | 397 |                                | KRZCZONÓW   | POL  | K50-59 | 00:19:16 | 00:39:16 | 00:59:44 |
| 11   | BARCZYK JOLANTA        | 307 | ZABIEGANI CZĘSTOCHOWA          | CZĘSTOCHOWA | POL  | K50-59 | 00:19:37 | 00:39:44 | 00:59:33 |
| 12   | PAŁASZ JADWIGA         | 366 |                                | WROCŁAW     | POL  | K50-59 | 00:21:39 | 00:43:18 | 01:05:36 |
| 13   | KOTOVITCH MARINA       | 321 |                                | WROCŁAW     | POL  | K50-59 | 00:21:54 | 00:43:36 | 01:04:38 |
| 14   | JAZ BOGUSŁAW           | 363 |                                | WROCŁAW     | POL  | K50-59 | 00:22:03 | 00:44:07 | 01:06:28 |

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, M50-59**

| M-ce | Nazwisko i imię     | Nr  | Klub                                  | M-scowość   | Kraj | Kat.   | 2.5km    | 5km      | 7.5km    |
|------|---------------------|-----|---------------------------------------|-------------|------|--------|----------|----------|----------|
| 1    | SIWAK PIOTR         | 374 | KS METRACO POLKOWICE                  | RUDNA       | POL  | M50-59 | 00:15:52 | 00:32:10 | 00:48:25 |
| 2    | BARCZYK BOGDAN      | 306 | ZABIEGANI CZĘSTOCHOWA.KALINOWSKI TEAM | CZĘSTOCHOWA | POL  | M50-59 | 00:15:53 | 00:32:11 | 00:48:47 |
| 3    | ŚWISŁOCKI BOGDAN    | 387 | FACE NORDIC WALKNG TEAM               | MIKOSZEWO   | POL  | M50-59 | 00:15:55 | 00:32:18 | 00:48:53 |
| 4    | SPYCHAŁA LESŁAW     | 207 | WESOŁY BORSUK TEAM                    | BIAŁA       | POL  | M50-59 | 00:16:02 | 00:32:25 | 00:48:51 |
| 5    | CHAMIELEC BOGUSŁAW  | 312 | A EMERYT BIEGA                        | LUBIN       | POL  | M50-59 | 00:15:59 | 00:32:25 | 00:48:57 |
| 6    | ŻYDACZEWSKI RYSZARD | 401 | NIEZRZESZONY                          | LUBIN       | POL  | M50-59 | 00:17:23 | 00:35:40 | 00:54:14 |
| 7    | KRÓL JANUSZ         | 340 |                                       | CZĘSTOCHOWA | POL  | M50-59 | 00:17:27 | 00:35:54 | 00:54:35 |
| 8    | BAJ STANISŁAW       | 305 | ŚCINAWSKA GRUPA NORDIC WALKING        | ŚCINAWA     | POL  | M50-59 | 00:17:51 | 00:36:05 | 00:54:06 |
| 9    | BADECKI RYSZARD     | 303 | NIEZRZESZONY                          | NIESZCZYCE  | POL  | M50-59 | 00:17:57 | 00:36:33 | 00:56:22 |
| 10   | DĄBROWA WOJCIECH    | 318 |                                       | GOSŁAWICE   | POL  | M50-59 | 00:18:19 | 00:36:59 | 00:55:36 |
| 11   | FRYDECKI SŁAWOMIR   | 385 |                                       | ŻRÓDŁA      | POL  | M50-59 | 00:18:10 | 00:37:00 | 00:55:25 |
| 12   | ZWOLIŃSKI RADOMIR   | 400 |                                       | WROCŁAW     | POL  | M50-59 | 00:18:54 | 00:38:23 | 00:57:49 |
| 13   | MALCEWICZ MARCIN    | 350 | RIGHT WAY                             | WROCŁAW     | POL  | M50-59 | 00:20:48 | 00:42:34 | 01:04:53 |
| DQ   | RATUŚ BOGUSŁAW      | 367 |                                       | GÓRA        | POL  | M50-59 | 00:16:53 | 00:35:30 | 00:54:08 |
|      |                     |     |                                       |             |      |        | DQ       | DQ       | DQ       |

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, K60-69**

| M-ce | Nazwisko i imię      | Nr  | Klub                           | M-scowość | Kraj | Kat.   | 2.5km    | 5km      | 7.5km    |
|------|----------------------|-----|--------------------------------|-----------|------|--------|----------|----------|----------|
| 1    | STĘPIEŃ LUCYNA       | 381 | KS METRACO POLKOWICE           | LUBIN     | POL  | K60-69 | 00:17:20 | 00:35:01 | 00:52:51 |
| 2    | HORACZEWSKA KRYSZYNA | 325 | ŚCINAWSKA GRUPA NW             | ŚCINAWA   | POL  | K60-69 | 00:19:21 | 00:38:58 | 00:58:53 |
| 3    | LULEK LUCYNA         | 347 | ŚCINAWSKA GRUPA NORDIC WALKING | ŚCINAWA   | POL  | K60-69 | 00:19:36 | 00:39:48 | 01:00:26 |
| 4    | ZAWADZKA MARIA       | 399 | KS METRACO POLKOWICE           | LUBIN     | POL  | K60-69 | 00:19:48 | 00:40:05 | 00:59:42 |
| 5    | MĘDRAK ALICJA        | 351 |                                | WROCŁAW   | POL  | K60-69 | 00:20:39 | 00:41:49 | 01:02:21 |

**WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, M60-69**

| M-ce | Nazwisko i imię     | Nr  | Klub                           | M-scowość        | Kraj | Kat.   | 2.5km    | 5km      | 7.5km    |
|------|---------------------|-----|--------------------------------|------------------|------|--------|----------|----------|----------|
| 1    | SMUL ANDRZEJ        | 378 | MARSZ PO ZDROWIE POZNAN        | TARNOWO PODGÓRNE | POL  | M60-69 | 00:16:00 | 00:32:36 | 00:49:46 |
| 2    | CZEKAJŁO FRANCISZEK | 317 | REMI                           | DREZDENKO        | POL  | M60-69 | 00:16:43 | 00:34:05 | 00:51:48 |
| 3    | JUSZCZAK ROMUALD    | 330 |                                | WROCŁAW          | POL  | M60-69 | 00:18:35 | 00:37:41 | 00:56:16 |
| 4    | KIEŁBIK MAREK       | 334 | SKRZYDLATA                     | WROCŁAW          | POL  | M60-69 | 00:19:38 | 00:39:33 | 00:59:48 |
| 5    | KRAWCZYK DARIUSZ    | 339 |                                | WROCŁAW          | POL  | M60-69 | 00:20:24 | 00:41:04 | 01:01:48 |
| 6    | HRABIA JÓZEF        | 326 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA      | POL  | M60-69 | 00:20:36 | 00:41:31 | 01:02:37 |
| 7    | MOSOŃ MAREK         | 352 | NIEZRZESZONY                   | WROCŁAW          | POL  | M60-69 | 00:21:54 | 00:44:11 | 01:06:11 |

WROCLAW - FINAL AKADEMII ZDROWIA SANTANDERA - NORDIC WALKING - 10 KM, M70+

| M-ce | Nazwisko i imię      | Nr  | Klub                                         | M-scowość   | Kraj | Kat. | 2.5km    | 5km      | 7.5km    |
|------|----------------------|-----|----------------------------------------------|-------------|------|------|----------|----------|----------|
| 1    | ROGOS HENRYK         | 370 | ŚCINAWSKA GRUPA NORDIC WALKING               | LUBIĄŻ      | POL  | M70+ | 00:18:13 | 00:36:16 | 00:54:22 |
| 2    | THOMALLA BOGDAN      | 389 | TOMCHEM OBR                                  | ZABRZE      | POL  | M70+ | 00:18:20 | 00:37:17 | 00:56:29 |
| 3    | GAŃTEK GERARD        | 323 | CALYPSO FITNESS GALERIA JURAJSKA CZESTOCHOWA | CZĘSTOCHOWA | POL  | M70+ | 00:20:01 | 00:40:47 | 01:01:32 |
| 4    | RAGANOWICZ KRZESIMIR | 368 |                                              | WROCLAW     | POL  | M70+ | 00:21:18 | 00:43:03 | 01:04:53 |