

SUPERMARATON GÓR STOŁOWYCH 2018

Organizator: Fundacja Maratony Górskie
 Data: 2018-06-30
 Miejsce: Karlów
 Dystans: 50 km
 Klasyfikacja wg czasów brutto.



SUPERMARATON GÓR STOŁOWYCH 2018, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
1	DOMBROWSKI MACIEJ	274	RUNNING.CHEF - PTC PRZEMYŚL	HVALSTAD	POL	M-20	1	M 1	01:08:38	01:57:56	02:51:53	03:39:50	04:23:35		05:07:33.15	05:07:34.20	5:41	10.5
2	MAJER JANUSZ	361		TOPOLÓW	POL	M-40	1	M 2	01:13:27	02:09:16	03:08:13	04:00:59	04:46:15		05:30:39.00	05:30:41.00	6:07	9.8
3	MCCONNELL ANDREW	538		WATSON	AUS	M-30	1	M 3	01:21:09	02:20:43	03:20:37	04:14:16	04:57:18		05:40:30.95	05:40:32.65	6:18	9.5
4	NOVOTNY PETR	536	TAIWAN BEAST RUNNERS	ČERVENÝ KOSTELEČ	CZE	M-30	2	M 4	01:13:37	02:08:29	03:11:14	04:10:35	04:59:12		05:44:34.75	05:44:44.40	6:22	9.4
5	KOSTERKIEWICZ MARCIN	103	RYBAK PERSONAL TRAINER PTC PRZEMYŚL	PRZEMYŚL	POL	M-40	2	M 5	01:18:18	02:19:04	03:21:18	04:15:48	05:00:27		05:45:57.10	05:45:58.00	6:24	9.4
6	KORPALSKI TOMASZ	209	BIEGAJ Z GŁOWĄ	GDAŃSK	POL	M-30	3	M 6	01:23:15	02:22:33	03:22:37	04:15:58	05:00:34		05:46:27.75	05:46:57.40	6:24	9.4
7	ŁYJAK BŁAŻEJ	434	CHATA BIEGACZA K34	WROCŁAW	POL	M-30	4	M 7	01:16:48	02:17:07	03:19:16	04:14:46	05:02:39		05:47:28.00	05:47:32.15	6:26	9.3
8	STOLARZ PIOTR	170		DĄBROWA GÓRNICZA	POL	M-40	3	M 8	01:14:34	02:11:52	03:13:34	04:13:42	05:01:08		05:48:58.70	05:49:03.15	6:27	9.3
9	LANGNER RADOŚLAW	215	VEGE RUNNERS	WROCŁAW	POL	M-30	5	M 9	01:17:18	02:18:19	03:18:41	04:16:47	05:06:03		05:51:47.95	05:51:57.60	6:30	9.2
10	PLOCH JAKUB	401	NIGHT RUNNERS ZABRZE	ZABRZE	POL	M-20	2	M 10	01:16:39	02:18:07	03:20:22	04:18:51	05:07:17		05:56:35.60	05:56:36.80	6:36	9.1
11	WINIARSKA KATARZYNA	314	PKB/HRT	PRZEMYŚL	POL	K-30	1	K 1	01:20:04	02:20:41	03:22:39	04:18:06	05:07:10		05:56:42.85	05:56:44.95	6:36	9.1
12	RAZIM MATEUSZ	410	6 BPD	UJAZD	POL	M-20	3	M 11	01:21:59	02:23:08	03:24:48	04:21:23	05:09:39		05:57:06.75	05:57:17.45	6:36	9.1
13	FUDAŁA PATRYCJUSZ	511	KM PSP SOSNOWIEC	TRZEBINIA	POL	M-40	4	M 12	01:19:30	02:20:24	03:21:26	04:20:04	05:11:19		05:59:24.60	05:59:27.70	6:39	9
14	WOLBACH TOMASZ	247	WOLNE ŚLIMAKI	POZNAN	POL	M-30	6	M 13	01:21:43	02:23:22	03:25:01	04:22:20	05:12:48		06:00:45.75	06:00:52.95	6:40	9
15	WASZEK SŁAWOMIR	254	KARKONOSZ RUNNING TEAM	WROCŁAW	POL	M-30	7	M 14	01:13:32	02:13:37	03:14:34	04:16:24	05:12:49		06:01:35.05	06:01:45.30	6:41	9
16	SZCZEPANIAK MARCIN	50	XRUNNERS	KONIN	POL	M-30	8	M 15	01:14:28	02:15:27	03:19:46	04:20:12	05:13:35		06:01:58.45	06:02:00.15	6:42	9
17	MACULEWICZ MATEUSZ	61		KATOWICE	POL	M-30	9	M 16	01:21:38	02:23:42	03:27:24	04:27:19	05:18:21		06:09:45.55	06:09:50.30	6:50	8.8
18	TOPOLSKI MARCIN	524		JADOWNIKI	POL	M-40	5	M 17	01:20:22	02:21:09	03:24:41	04:26:29	05:20:47		06:10:07.90	06:10:11.80	6:51	8.8
19	KONVALINA MATÉJ	399	ULTRA MOST	MOST	CZE	M-30	10	M 18	01:25:16	02:31:40	03:38:28	04:38:18	05:28:42		06:16:30.90	06:16:37.95	6:58	8.6
20	OLKIS RAFAŁ	155	PRZEBIEGA.PL	WROCŁAW	POL	M-30	11	M 19	01:17:17	02:19:27	03:28:49	04:31:42	05:26:39		06:17:41.15	06:17:45.60	6:59	8.6
21	MYSZCZYSZYŃ ŁUKASZ	172	KUDOWA BIEGA	KUDOWA ZDRÓJ	POL	M-30	12	M 20	01:19:09	02:23:56	03:34:08	04:36:11	05:28:33		06:18:27.20	06:18:36.10	7:00	8.6
22	ZALEWSKI DARIUSZ	342	KWT	GDAŃSK	POL	M-40	6	M 21	01:21:00	02:28:13	03:37:54	04:43:27	05:34:00		06:22:18.45	06:22:20.75	7:04	8.5
23	KOLMAJER RAFAŁ	244		BYDGOSZCZ	POL	M-30	13	M 22	01:18:41	02:22:55	03:32:38	04:41:09	05:35:30		06:25:21.70	06:25:25.35	7:08	8.4
24	KĄŻMIERCZAK MARTA	505		WARSZAWA	POL	K-30	2	K 2	01:20:05	02:23:36	03:33:20	05:32:11		06:25:32.95	06:25:49.10	7:08	8.4	
25	ZAWORSKI TOMASZ	226		WROCŁAW	POL	M-30	14	M 23	01:24:58	02:32:04	03:40:05	04:45:30	05:35:47		06:25:48.00	06:25:53.80	7:08	8.4
26	HEŁMECKI ARTUR	400		KRAKÓW	POL	M-40	7	M 24	01:21:42	02:26:32	03:34:37	04:41:34	05:36:14		06:25:59.90	06:26:09.25	7:08	8.4
27	SZYDLIK ARKADIUSZ	129	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-30	15	M 25	01:19:38	02:22:29	03:32:06	04:35:45	05:35:07		06:26:09.15	06:26:30.30	7:09	8.4
28	MIKEŠOVÁ JANA	158	BAKAKO RUNNING TEAM	NOVÁ PAKA	CZE	K-20	1	K 3	01:24:54	02:31:43	03:41:22	04:45:22	05:36:29		06:26:46.40	06:26:49.30	7:09	8.4
29	ROPELEWSKI TOMASZ	147		POZNAŃ	POL	M-20	4	M 26	01:26:29	02:35:29	03:44:39	04:49:47		06:28:41.80	06:28:59.70	7:11	8.3	
30	NIEZGÓDKA TOMASZ	528		WROCŁAW	POL	M-40	8	M 27	01:29:49	02:36:16	03:45:50	04:49:43	05:39:49		06:28:51.95	06:29:04.05	7:12	8.3
31	BENDIG WOJCIECH	306		RADKÓW	POL	M-40	9	M 28	01:30:38	02:36:05	03:39:30	04:44:57	05:37:39		06:29:51.15	06:30:23.20	7:13	8.3

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
				Ć														
32	STEFANIAK ŁUKASZ	460		SZCZECIN	POL	M-40	10	M 29	01:20:21	02:21:45	03:25:56	04:25:39	05:36:41		06:30:33.35	06:30:38.90	7:13	8.3
33	DOMBROWSKI JAKUB	389	KRWAWIE SUTY RUN&BIKE	KRAKÓW	POL	M-30	16	M 30	01:26:36	02:33:59	03:41:49	04:42:25	05:36:00		06:31:40.20	06:31:48.05	7:15	8.3
34	ŚWIERAD DARIUSZ	35	ASICS FRONTRUNNER POLSKA	KRAKÓW	POL	M-30	17	M 31	01:19:55	02:21:07	03:25:59	04:33:53	05:33:45		06:32:03.75	06:32:06.50	7:15	8.3
35	MARGASIŃSKI JACEK	173	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	ZĄBKOWICE ŚLĄSKIE	POL	M-30	18	M 32	01:21:51	02:26:08	03:35:43	04:44:04	05:40:21		06:33:17.05	06:33:20.95	7:16	8.2
36	JARMOLIŃSKI PIOTR	258	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN MIERZYN	POL	M-40	11	M 33	01:30:15	02:38:32	03:49:17	04:51:44	05:44:07		06:35:34.70	06:35:42.85	7:19	8.2
37	ZIĘBORAK SZYMON	166		NIEPORĘT	POL	M-30	19	M 34	01:20:25	02:29:43	03:37:52	04:46:09	05:44:15		06:36:59.25	06:37:01.85	7:21	8.2
38	JANIK RAFAŁ	275	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	M-40	12	M 35	01:18:56	02:23:02	03:35:14	04:41:23	05:37:43		06:37:50.00	06:37:53.80	7:22	8.1
39	MALINOWSKI ŁUKASZ	201	SZCZYTOGRAFIA	DĘBICA	POL	M-20	5	M 36	01:42:13	02:51:41	04:04:32	05:03:15	05:51:07		06:37:35.80	06:38:05.75	7:21	8.1
40	MIKRUT REMIGIUSZ	331	CHELMNO BIEGA	CHELMNO	POL	M-30	20	M 37	01:30:24	02:40:10	03:50:12	04:55:29	05:46:41		06:38:26.55	06:38:37.30	7:22	8.1
41	KRZYSZTOŃ TOMASZ	327	AMBITNI AMATORZY	ŻARKI	POL	M-40	13	M 38	01:30:30	02:40:03	03:50:06	04:55:40	05:47:58		06:38:46.05	06:38:51.80	7:23	8.1
42	BLUMENFELD JACEK	49		ŁÓDŹ	POL	M-20	6	M 39	01:26:19	02:33:17	03:46:01	04:54:52	05:48:41		06:40:37.50	06:40:46.25	7:25	8.1
43	KUCHARSKI PRZEMYSŁAW	382	ROKIETNICA BIEGA	ROKIETNICA	POL	M-30	21	M 40	01:30:08	02:35:22	03:37:46	04:05:52	04:51:28	00:59:00	06:40:19.85	06:41:03.00	6:19	9.5
44	RYNKIEWICZ AGNIESZKA	87	TEAM FIT TEST FAMILY	GORZÓW WLKP.	POL	K-30	3	K 4	01:30:46	02:41:15	03:53:46	04:55:44	05:48:42		06:40:59.45	06:41:04.20	7:25	8.1
45	DANIELAK MICHAŁ	451	ORKIESTRA WOJSKOWA W TORUNIU	ROŻNO-PARC ELE	POL	M-40	14	M 41	01:30:22	02:38:13	03:48:17	04:54:25	05:47:08		06:41:12.80	06:41:43.90	7:25	8.1
46	GOLIŃSKI MICHAŁ	168		OTWOCK	POL	M-30	22	M 42	01:24:42	02:35:50	03:49:20	04:57:58	05:50:58		06:42:25.00	06:42:34.30	7:27	8.1
47	KORCZ DANIEL	521	KB MCKIS JAWORZNO	JAWORZNO	POL	M-30	23	M 43	01:28:32	02:36:20	03:45:44	04:54:29			06:42:11.50	06:42:34.30	7:26	8.1
48	GARCZYŃSKI DAREK	136		KATOWICE	POL	M-40	15	M 44	01:28:47	02:39:13	03:50:28	04:55:31	05:51:50		06:43:03.05	06:43:09.95	7:27	8
49	MACIĄG GRZEGORZ	81		KRAKÓW	POL	M-30	24	M 45	01:28:48	02:38:11	03:45:07	04:43:12	05:37:49		06:43:02.55	06:43:14.40	7:27	8
50	NOWAK WOJTEK	10	EXPLORADOR	POZNAŃ	POL	M-40	16	M 46	01:30:26	02:37:55	03:47:36	04:54:30	05:48:43		06:42:48.10	06:43:17.15	7:27	8
51	KULESZA ARTUR	167	BESKIDZKA 160	DĘBOWIEC	POL	M-50	1	M 47	01:30:23	02:34:54	03:44:17	04:52:58	05:47:47		06:43:28.75	06:43:41.20	7:28	8
52	KUCIEL PAWEŁ	203	KOPALNIA WAPIENIA CZATKOWICE	TENCZYNEK	POL	M-20	7	M 48	01:23:15	02:30:41	03:43:16	04:50:55	05:48:08		06:43:07.80	06:43:52.95	7:27	8
53	KUNA WOJCIECH	26		KRAKÓW	POL	M-20	8	M 49	01:30:31	02:38:43	03:49:03	04:55:47	05:51:08		06:44:47.50	06:44:53.00	7:29	8
54	GAJDA SEBASTIAN	194	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	M-30	25	M 50	01:24:08	02:36:28	03:50:02	04:57:01	05:52:43		06:45:05.10	06:45:11.20	7:30	8
55	JANIĄK PRZEMYSŁAW	13		WARSZAWA	POL	M-30	26	M 51	01:20:22	02:26:44	03:34:30	04:51:58	05:50:19		06:46:05.90	06:46:12.90	7:31	8
56	PLUTA DANIEL	404	TEAM PLUTT	PULAWY	POL	M-30	27	M 52	01:30:15	02:41:34	03:52:33	04:59:56	05:54:11		06:46:04.05	06:46:18.10	7:31	8
57	STRYCHARSKI KRYSZTIAN	492	AVE MARIA KIDS	WARSZAWA	POL	M-30	28	M 53	01:26:56	02:38:07	03:55:00	05:02:42	05:56:10		06:48:51.30	06:48:55.45	7:34	7.9
58	JAROSZ ANNA	179		KŁODZKO	POL	K-20	2	K 5	01:29:25	02:38:39	03:51:19	04:54:37	05:51:29		06:49:52.05	06:50:28.40	7:35	7.9
59	MATEJA MARIUSZ	250	RAT TEAM	NYSA	POL	M-30	29	M 54	01:27:14	02:40:37	03:54:14	05:02:10	05:58:24		06:50:33.40	06:50:44.15	7:36	7.9
60	KACZMAREK MAGDALENA	132	STREFA PSYCHOLOGII SPORTU	POZNAN	POL	K-30	4	K 6	01:32:28	02:41:52	03:57:54	05:04:59	05:59:32		06:50:36.50	06:50:54.70	7:36	7.9
61	GÓRNIK-ANTKOWIAK AGNIESZKA	517	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	K-40	1	K 7	01:28:52	02:38:30	03:48:56	04:58:07	05:56:19		06:51:47.60	06:51:53.25	7:37	7.9
62	PRYSTASZ KRZYSZTOF	487	OLAWSKA GRUPA BIEGOWA	OLAWA	POL	M-40	17	M 55	01:20:25	02:30:28	03:43:41	04:58:15	05:56:15		06:51:49.20	06:51:55.15	7:37	7.9
63	KUSZTEŁAK JACEK	328		PIERWOSZÓ W	POL	M-30	30	M 56	01:28:57	02:41:20	03:53:58	05:03:37	06:01:00		06:52:44.65	06:52:53.05	7:38	7.8
64	RÓŻANOWSKI ŁUKASZ	139		BIELSKO BIAŁA	POL	M-30	31	M 57	01:27:21	02:37:08	03:50:29	04:57:57	05:57:50		06:52:43.20	06:53:11.70	7:38	7.9

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
Ć																		
65	MURAWSKI MACIEJ	318	MIKI TEAM	GDĄSK	POL	M-40	18	M 58	01:30:19	02:38:47	03:51:26	05:00:40	05:58:19		06:52:50.90	06:53:14.15	7:38	7.8
66	ORUBA DAWID	2		WIRY	POL	M-20	9	M 59	01:28:48	02:39:11	03:54:44	05:03:43	06:00:45		06:53:58.50	06:54:12.10	7:39	7.8
67	SZAPORÓW ŁUKASZ	337	SPARTAN RACE TEAM GROUP PROSZOWICE	PROSZOWICE	POL	M-30	32	M 60	01:25:06	02:29:45	03:43:53	04:56:54	05:58:18		06:54:40.75	06:54:42.90	7:40	7.8
68	PIECUCH MARCIN	164	LACHO TEAM	KRAKÓW	POL	M-30	33	M 61	01:28:09	02:39:56	03:56:17	05:02:39	05:59:23		06:54:52.05	06:54:58.10	7:40	7.8
69	WALCZAK PATRYK	178	XRUNNERS	KONIN	POL	M-20	10	M 62	01:25:26	02:38:11	03:53:35	05:02:14	06:00:55		06:55:14.30	06:55:15.70	7:41	7.8
70	BUCHLA MARCIN	301	GT RAT	WROCŁAW	POL	M-40	19	M 63	01:30:05	02:44:11	03:58:14	05:05:45	06:02:22		06:56:54.00	06:56:57.35	7:43	7.8
71	KOMISARCZYK ANNA	3		SZCZECIN	POL	K-30	5	K 8	01:33:03	02:47:25	04:00:50	05:07:57	06:01:26		06:57:02.20	06:57:10.20	7:43	7.8
72	RATYŃSKI MAREK	117	OTWOCKI TUPTACZ	OTWOCK	POL	M-40	20	M 64	01:25:05	02:38:21	03:50:14	05:07:16	06:00:15		06:57:26.30	06:57:35.45	7:43	7.8
73	SOKOŁOWSKI GRZEGORZ	394		WARSZAWA	POL	M-40	21	M 65	01:26:57	02:36:35	03:50:54	05:02:07	05:59:57		06:58:00.25	06:58:02.55	7:44	7.8
74	CWOJDZIŃSKI PIOTR	469	NIGHT RUNNERS	POZNAŃ	POL	M-40	22	M 66	01:30:26	02:42:11	03:57:58	05:07:43	06:04:27		06:57:48.20	06:58:03.85	7:44	7.8
75	THIER DOMINIK	119	KS KANDAHAR	WARSZAWA	POL	M-40	23	M 67	01:31:00	02:43:29	03:58:55	05:07:39	06:05:02		07:00:11.95	07:00:16.70	7:46	7.7
76	LEWANDOWSKI FILIP	176		BYDGOSZCZ	POL	M-30	34	M 68	01:30:43	02:40:50	03:56:14	05:07:43	06:04:43		07:01:00.10	07:01:21.65	7:47	7.7
77	KOWALSKI ANDRZEJ	452		WROCŁAW	POL	M-50	2	M 69	01:29:47	02:40:32	03:54:45	05:07:01	06:04:42		07:01:57.20	07:02:05.05	7:48	7.7
78	LEWANDOWSKA KAROLINA	539	DREAM RUN	GAMRATKA		K-40	2	K 9	01:32:24	02:45:31	03:58:27	05:08:29	06:05:23		07:03:22.75	07:03:40.80	7:50	7.7
79	KOCHANOWSKI MICHAŁ	193	NR	KRAKÓW	POL	M-20	11	M 70	01:32:02	02:44:52	04:01:51	05:10:27	06:08:43		07:04:48.65	07:05:17.15	7:52	7.6
80	CHECHELSKI PRZEMYSŁAW	200	TAURON TEAM	PŁOKI	POL	M-30	35	M 71	01:30:57	02:40:19	03:56:16	05:08:38	06:08:52		07:06:29.45	07:06:51.30	7:53	7.6
81	KWOLIK DANIEL	491		DŁUGOPOLE ZDRÓJ	POL	M-40	24	M 72	01:24:20	02:35:35	03:52:18	05:04:49	06:07:18		07:06:44.25	07:06:57.40	7:54	7.6
82	NOWAK PAWEŁ	448	SUPERMARATON KALISZ	KALISZ	POL	M-50	3	M 73	01:31:55	02:44:44	03:59:48	05:10:53	06:09:07		07:07:05.75	07:07:07.30	7:54	7.6
83	SZYL MAREK	105	RUNNERS TEAM QUIBL	WARSZAWA	POL	M-40	25	M 74	01:32:10	02:49:05	04:08:50	05:19:22	06:12:11		07:06:51.50	07:07:10.20	7:54	7.6
84	LAMPARSKI ŁUKASZ	308		GÓRKI WIELKIE	POL	M-30	36	M 75	01:32:12	02:48:33	04:00:46	05:12:23	06:11:40		07:07:13.20	07:07:23.35	7:54	7.6
85	OBIDOWSKI ŁUKASZ	8	NARAMOWICE BIEGAJĄ	POZNAŃ	POL	M-30	37	M 76	01:29:27	02:42:21	03:58:35	05:09:46	06:09:36		07:07:33.15	07:07:36.25	7:55	7.6
86	PIECUCH KAROLINA	141	LACHO TEAM/SKLEP BIEGACZA	PRZEWORSK	POL	K-30	6	K 10	01:31:11	02:45:00	04:09:07	05:17:41	06:13:20		07:07:33.70	07:07:40.05	7:55	7.6
87	MROWCA JOANNA	95		JAWISZÓW	POL	K-20	3	K 11	01:38:15	02:52:49	04:07:05	05:16:18	06:13:30		07:07:43.35	07:07:58.90	7:55	7.6
88	EWERT-KRZEMIENIEWSKI STANISŁAW	504		SZCZECIN	POL	M-30	38	M 77	01:34:14	02:52:04	04:05:37	05:15:44	06:11:33		07:08:20.60	07:09:09.45	7:55	7.6
89	STROBIN FILIP	449		KONSTANTY NÓW ŁÓDZKI	POL	M-30	39	M 78	01:38:32	02:53:21	04:09:06	05:17:36	06:14:05		07:08:53.55	07:09:15.75	7:56	7.6
90	DEMYDA MICHAŁ	282		OŁAWA	POL	M-30	40	M 79	01:27:41	02:36:58	03:51:10	05:02:54	06:08:42		07:09:42.90	07:09:48.45	7:57	7.5
91	RYNKIEWICZ MATEUSZ	67	TEAM FIT TEST FAMILY	GORZÓW WLKP.	POL	M-30	41	M 80	01:30:46	02:41:27	03:55:37	05:11:11	06:12:26		07:11:35.60	07:11:40.95	7:59	7.5
92	KOWALIK MARIUSZ	80	NGB KŁOBUCK	KŁOBUCK	POL	M-30	42	M 81	01:24:39	02:37:41	03:57:39	05:11:08	06:11:58		07:11:59.95	07:12:05.10	8:00	7.5
93	MAKAREWICZ WIKTOR	60	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M-30	43	M 82	01:34:58	02:49:13	04:04:01	05:14:28	06:10:43		07:16:12.80	07:16:56.45	8:04	7.4
94	KONRAD ARTUR	27	BRACIA TEAM ZAWIERCIE	ZAWIERCIE	POL	M-40	26	M 83	01:34:14	02:53:20	04:08:24	05:19:24	06:21:17		07:17:16.25	07:17:28.95	8:05	7.4
95	KONRAD MARCIN	29	BRACIA TEAM ZAWIERCIE	ZAWIERCIE	POL	M-30	44	M 84	01:34:14	02:53:20	04:08:29	05:19:33	06:21:18		07:18:29.05	07:18:42.25	8:07	7.4
96	SKROK KRZYSZTOF	339		RYKOWISKO	POL	M-40	27	M 85	01:38:16	02:57:41	04:13:35	05:25:18	06:22:29		07:18:03.95	07:18:44.80	8:06	7.4
97	KŁOSOWSKI PIOTR	313	STRZEGOMSKA DWUNASTKA	STRZEGOM	POL	M-40	28	M 86	01:29:10	02:37:55	03:58:15	05:16:14	06:20:47		07:18:32.65	07:18:55.30	8:07	7.4
98	GRUCA KORNEL	299		BIELSKO-BIAŁA	POL	M-20	12	M 87	01:31:38	02:42:29	04:04:18	05:18:03			07:18:54.60	07:19:05.90	8:07	7.4
99	WÓJCİK MAŁGORZATA	220	BESKIDZKA 160	WIĄZOWNA	POL	K-40	3	K 12	01:32:13	02:49:03	04:09:58	05:21:52	06:22:53		07:18:53.80	07:19:06.80	8:07	7.4
100	PAPROCKI KRZYSZTOF	52		POLKOWICE	POL	M-40	29	M 88	01:33:33	02:50:00	04:11:53	05:24:27	06:23:15		07:18:49.85	07:19:10.70	8:07	7.4
101	NIEMCZYK DAMIAN	391	DREAM RUN	WARSZAWA	POL	M-30	45	M 89	01:29:45	02:43:11	03:57:43	05:14:13	06:20:49		07:19:13.55	07:19:36.65	8:08	7.4

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
102	PIĄTEK KAROLINA	146	NOGAMIDOGORY. PL	KRAKÓW	POL	K-30	7	K 13	01:32:07	02:42:23	04:00:02	05:15:28	06:19:38		07:19:19.90	07:19:45.25	8:08	7.4
103	GÓRAL GRZESIEK	520	KB MCKIS JAWORZNO	KRAKÓW SWOSZOWIC E	POL	M-30	46	M 90	01:32:33	02:42:50	04:00:27	05:15:55	06:19:48		07:19:45.35	07:19:45.35	8:08	7.4
104	GOŁĄB MATEUSZ	222		POZNAŃ	POL	M-30	47	M 91	01:33:11	02:46:59	04:05:10	05:19:38	06:22:10		07:20:42.40	07:20:46.35	8:09	7.4
105	BEDNARZ SEBASTIAN	54		OTMUCHÓW	POL	M-40	30	M 92	01:35:33	02:49:15	04:06:47	05:19:52	06:21:30		07:20:29.95	07:20:49.45	8:09	7.4
106	KĄZMIERCZAK PIOTR	346	FILIPPIDES	WARSZAWA	POL	M-30	48	M 93	01:35:08	02:50:11	04:10:27	05:23:14	06:24:29		07:20:37.65	07:21:14.20	8:09	7.4
107	DUDA DAWID	383	REHAU TEAM	PYSZĄCA	POL	M-30	49	M 94	01:30:58	02:47:20	04:10:25	05:26:41	06:26:08		07:21:07.30	07:21:26.00	8:10	7.3
108	ROJEWSKI PAWEŁ	225		ŁÓDŹ	POL	M-30	50	M 95	01:24:55	02:40:16	04:01:55		06:20:05		07:21:31.30	07:21:34.80	8:10	7.3
109	BADURA WOJTEK	503	ZIELONA TRAFFKA	BIELSKO-BIA ŁA	POL	M-50	4	M 96	01:37:48	02:56:35	04:13:31	05:27:31	06:26:19		07:21:42.05	07:22:13.30	8:10	7.3
110	NOWAK MARCIN	206	BIEGNĄCY ZA PABLEM	KRAKÓW	POL	M-30	51	M 97	01:36:19	02:53:20	04:13:23	05:28:19	06:27:55		07:22:30.55	07:23:12.30	8:11	7.3
111	IGNASZEWSKI KRZYSZTOF	289	RUNNER'S POWER	ŚREM	POL	M-30	52	M 98	01:30:45	02:47:21	04:10:27	05:26:35	06:26:11		07:23:12.65	07:23:30.55	8:12	7.3
112	MATUSZEWSKI MAREK	196	RUNNER'S POWER	ŚREM	POL	M-40	31	M 99	01:30:57	02:46:08	04:10:22	05:26:38	06:26:15		07:23:13.60	07:23:30.90	8:12	7.3
113	MATYJASEK PAULINA	349		JÓZEFÓW	POL	K-30	8	K 14	01:41:23	03:03:15	04:20:31	05:31:54	06:27:53		07:23:34.35	07:24:02.35	8:12	7.3
114	SIKORA MICHAŁ	326		PULAWY	POL	M-40	32	M 100	01:35:02	02:53:14	04:11:28	05:26:31	06:29:04		07:24:12.95	07:24:54.10	8:13	7.3
115	KOCOŃ MARIUSZ	376	BOLKO OPOLE	OPOLE	POL	M-50	5	M 101	01:37:47	02:59:12	04:18:27	05:32:59	06:29:37		07:24:55.60	07:25:33.45	8:14	7.3
116	NOWINOWSKI ANDRZEJ	38	KB MARATON TUREK	TUREK	POL	M-40	33	M 102	01:24:50	02:35:10	03:51:48	05:10:10	06:18:38		07:25:54.00	07:25:58.25	8:15	7.3
117	GÓRNICKI TOMASZ	228		WARSZAWA	POL	M-30	53	M 103	01:36:30	02:57:38	04:15:51	05:28:36	06:29:26		07:26:29.60	07:27:15.40	8:16	7.3
118	SZCZĘŚNIAK DOROTA	356	RANKOR	DĄBRÓWKA	POL	K-30	9	K 15	01:38:49	03:00:04	04:20:57	05:33:14	06:32:48		07:27:12.65	07:27:24.80	8:16	7.2
119	PAPIEWSKA NATALIA	303		MYŚLENICE	POL	K-20	4	K 16	01:44:10	03:01:00	04:19:17	05:29:49	06:26:36		07:27:17.85	07:27:50.50	8:17	7.2
120	USS AGNIESZKA	25	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	KIELCE	POL	K-40	4	K 17	01:40:39	03:03:30	04:21:15	05:30:53	06:27:52		07:28:19.70	07:28:41.90	8:18	7.2
121	MACKIEWICZ ARTUR	295	DŁUGOBIEGANIE	SZCZECIN	POL	M-40	34	M 104	01:34:38	02:59:43	04:15:10	05:32:00	06:29:18		07:28:22.10	07:28:47.00	8:18	7.2
122	SKRZYPCZAK MACIEJ	530	RUNNER'S POWER	KSIAŻ WLKP.	POL	M-30	54	M 105	01:30:56	02:47:21	04:10:23	05:28:02	06:29:20		07:28:42.85	07:29:01.10	8:18	7.2
123	HORYNA DANIEL	461	OPOLANY	OPOLANY	CZE	M-40	35	M 106	01:37:53	02:52:19	04:09:44	05:25:42	06:29:06		07:28:33.75	07:29:21.00	8:18	7.2
124	JACH PAWEŁ	253		WROCŁAW	POL	M-50	6	M 107	01:32:02	02:45:06	04:01:43	05:17:48	06:22:09		07:29:39.65	07:29:48.75	8:19	7.2
125	GOLEC TOMASZ	455		GDAŃSK	POL	M-30	55	M 108	01:37:42	02:59:29	04:19:18	05:35:58	06:35:08		07:30:15.00	07:30:48.65	8:20	7.2
126	GRUNTOWSKI MATEUSZ	15		NIEMODLIN	POL	M-30	56	M 109	01:36:30	02:57:48	04:23:20	05:36:06	06:34:03		07:30:27.40	07:30:54.60	8:20	7.2
127	ZIMKOWSKI MARCIN	535	KGHM ZG RUN	GŁOGÓW	POL	M-30	57	M 110	01:28:52	02:43:46	04:09:11	05:27:44	06:29:25		07:30:50.35	07:31:01.30	8:20	7.2
128	SZCZOTKA KATARZYNA	84		PSZCZYNA	POL	K-40	5	K 18	01:44:56	03:05:28	04:25:46	05:39:42	06:35:02		07:31:34.95	07:31:49.80	8:21	7.2
129	KOWALCZYK MAREK	352	KB TKKF PROMYK CIECHANÓW	CIECHANÓW	POL	M-40	36	M 111	01:38:46	02:53:23	04:12:14	05:29:25	06:31:36		07:32:08.80	07:32:49.20	8:22	7.2
130	DZIUBA PIOTR	99		WROCŁAW	POL	M-40	37	M 112	01:32:21	02:52:20	04:16:54	05:32:08	06:35:53		07:34:06.25	07:34:20.55	8:24	7.1
131	MICHAŁSKI PIOTR	174		WROCŁAW	POL	M-30	58	M 113	01:36:42	02:55:00	04:15:34	05:30:32	06:33:50		07:34:00.90	07:34:21.75	8:24	7.1
132	JACHYMSKI JACEK	435	AKG ŁÓDŹ	ŁÓDŹ	POL	M-50	7	M 114	01:41:37	03:04:43	04:24:46	05:35:09	06:36:12		07:34:12.20	07:34:30.10	8:24	7.1
133	GRYSKA PIOTR	508		GRODKÓW	POL	M-40	38	M 115	01:37:50	02:58:25	04:15:47	05:35:37	06:35:08		07:34:29.45	07:34:34.50	8:24	7.1
134	KRZEMIENIEWSKI ADAM	507		SZCZECIN	POL	M-20	13	M 116	01:31:09	02:44:36	04:19:42	05:45:42	06:38:25		07:34:01.40	07:34:50.80	8:24	7.1
135	KONDZIELNIK MAGDALENA	76		PSZCZYNA	POL	K-40	6	K 19	01:44:54	03:05:27	04:25:45	05:39:41	06:35:14		07:35:16.70	07:35:32.05	8:25	7.1
136	KOZIEŁ TOMASZ	240	KUDOWSCY MIŁOŚNICY BIEGANIA	KUDOWA-ZD RÓJ	POL	M-30	59	M 117	01:30:15	02:45:17	04:04:21	05:24:44	06:33:10		07:36:04.05	07:36:34.60	8:26	7.1
137	SZMAJ MICHAŁ	412	AKTYWNY OSTRZESZÓW	OSTRZESZÓ W	POL	M-20	14	M 118	01:31:02	02:47:00	04:13:58	05:38:41	06:41:25		07:36:16.55	07:36:35.35	8:26	7.1
138	ADAMCZEWSKI JAKUB	468	NIGHT RUNNERS	POZNAŃ	POL	M-30	60	M 119	01:37:22	02:58:08	04:25:34	05:45:11	06:41:36		07:37:01.45	07:37:20.60	8:27	7.1
139	PLEWA TOMASZ	83		KIELCE	POL	M-40	39	M 120	01:34:17	02:59:19	04:20:39	05:34:15	06:37:48		07:37:48.85	07:38:11.40	8:28	7.1
140	KILIŃSKI JACEK	364	ELITE SPORTS	OSTROWY NAD OKSZA	POL	M-40	40	M 121	01:29:05	02:47:14	04:11:32	05:34:05	06:37:49		07:38:43.30	07:38:45.00	8:29	7.1
141	OLSZAK DARIUSZ	276		GRĘBOCICE	POL	M-30	61	M 122	01:32:55	02:50:04	04:15:21	05:37:01	06:39:02		07:37:57.95	07:38:56.20	8:28	7.1

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
142	CIRKO ARKADIUSZ	189	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	LUBIN	POL	M-40	41	M 123	01:33:49	02:50:08	04:15:27	05:37:08	06:39:15		07:38:05.10	07:38:58.45	8:28	7.1
143	PAROL ARTUR	424	RAD	ZĄBKI	POL	M-40	42	M 124	01:34:42	02:55:04	04:14:59	05:32:10	06:42:34		07:38:42.70	07:38:59.35	8:29	7.1
144	RÓŻAŃSKI MATEUSZ	266		KATOWICE	POL	M-30	62	M 125	01:34:48	02:48:59	04:06:41	05:31:09	06:37:03		07:38:38.25	07:39:06.90	8:29	7.1
145	NOWOROLNIK PAWEŁ	108	PĘDZĄCE MISIE	GLIWICE	POL	M-30	63	M 126	01:42:12	02:59:49	04:22:10	05:36:15	06:40:54		07:38:49.00	07:39:28.00	8:29	7.1
146	STARUCH ROBERT	65	DABEX - BOLT	KUDOWA-ZD ROJ	POL	M-30	64	M 127	01:34:01	02:53:29	04:16:28	05:37:30	06:40:53		07:39:37.20	07:39:49.90	8:30	7
147	HICKIEWICZ LUDWIK	120	BB RUNNERS	ŚWIĘTOSZÓ W	POL	M-40	43	M 128	01:45:07	03:02:22	04:20:07	05:39:41	06:42:23		07:37:02.30	07:39:56.30	8:27	7.1
148	KOŁODZIEJ PAWEŁ	236		CZERNICA	POL	M-40	44	M 129	01:42:07	03:06:33	04:25:52	05:41:43	06:43:52		07:39:00.00	07:39:57.45	8:30	7.1
149	PORĘBSKI ŁUKASZ	242		WROCŁAW	POL	M-30	65	M 130	01:40:29	03:03:24	04:23:04	05:36:40	06:40:03		07:38:24.95	07:40:03.85	8:29	7.1
150	TRZEPIZUR DOMINIK	91	NGB KŁOBUCK	WRĘCZYCA WIELKA	POL	M-30	66	M 131	01:34:21	02:57:43	04:21:26	05:40:05	06:40:57		07:41:42.50	07:41:56.75	8:33	7
151	MALEC ARKADIUSZ	212		BIELSKO-BIA ŁA	POL	M-20	15	M 132	01:36:53	02:54:15	04:14:54	05:32:35	06:35:33		07:41:49.00	07:42:18.10	8:33	7
152	KABACIŃSKI MARCIN	441		BYDGOSZCZ	POL	M-20	16	M 133	01:30:07	02:50:56	04:12:12	05:33:07	06:39:52		07:42:14.40	07:42:25.70	8:33	7
153	DROZDZIK MAGDALENA	290	WKB META LUBLINIEC	NYSA	POL	K-30	10	K 20	01:31:58	02:55:41	04:17:34	05:36:22	06:39:00		07:42:33.55	07:42:40.15	8:33	7
154	ŻMIJEWSKI TOMASZ	294		WROCŁAW	POL	M-30	67	M 134	01:34:19	02:55:41	04:17:48	05:35:39	06:41:24		07:42:56.75	07:43:04.55	8:34	7
155	ZAŁUSTOWICZ MACIEJ	106		WROCŁAW	POL	M-30	68	M 135	01:45:10	03:09:01	04:29:44	05:44:37	06:47:17		07:42:57.05	07:43:43.45	8:34	7
156	SZCZĘŚNIAK PIOTR	338	MASARNIA POZNAŃ	POZNAŃ	POL	M-30	69	M 136	01:32:16	02:58:32	04:15:31	05:35:31	06:41:31		07:43:34.60	07:43:54.75	8:35	7
157	LIZAKOWSKI PIOTR	251	NYHA IV SZCZECIN	SZCZECIN	POL	M-40	45	M 137	01:41:18	03:01:48	04:24:48	05:39:19	06:44:44		07:43:30.80	07:44:18.65	8:35	7
158	FALKOWSKA SANDRA	495	MOTIVE HOME TEAM/ NIGHT RUNNERS	SZCZECINEK	POL	K-30	11	K 21	01:33:30	02:55:46	04:15:21	05:34:49	06:41:33		07:44:17.35	07:44:32.20	8:35	7
159	WOJEWODA MACIEJ	464	VEGE RUNNERS	JEZIERZYCE	POL	M-30	70	M 138	01:46:27	03:08:49	04:29:59	05:44:36	06:47:21		07:43:56.05	07:44:41.65	8:35	7
160	RODAK ZBIGNIEW	116		STRZEGOM	POL	M-30	71	M 139	01:34:00	02:51:54	04:16:39	05:34:50	06:39:32		07:44:42.60	07:45:06.30	8:36	7
161	LESZCZYŃSKI MICHAŁ	369	SYBERIAN HUSKY TEAM	DESZCZNO	POL	M-40	46	M 140	01:40:37	03:05:39	04:28:33	05:41:05	06:45:17		07:44:34.75	07:45:24.30	8:36	7
162	WOŁCZEK PRZEMYSŁAW	259	GRUPA BIEGOWA BEZ GRANIC	STRZEGOM	POL	M-30	72	M 141	01:37:25	03:05:39	04:33:25	05:47:23	06:48:10		07:45:56.55	07:46:18.60	8:37	7
163	LESZCZYŃSKI MATEUSZ	362		ŁÓDŹ	POL	M-30	73	M 142	01:34:51	02:52:40	04:18:31	05:33:12	06:41:12		07:46:04.80	07:46:20.25	8:37	7
164	MAJCHROWSKI JACEK	41	CKB TARNOBRZEG	TARNOBRZE G	POL	M-40	47	M 143	01:37:51	03:00:42	04:25:17	05:42:20	06:48:18		07:46:03.45	07:46:22.65	8:37	7
165	ŁUCZAK PAWEŁ	125		ŁÓDŹ	POL	M-40	48	M 144	01:42:00	02:58:39	04:22:31	05:42:24	06:48:22		07:46:28.40	07:46:37.10	8:38	6.9
166	PIERNIK RADOSŁAW	219	6300	ŚWIĘTOCHŁO WICE	POL	M-40	49	M 145	01:34:09	02:52:59	04:14:36	05:33:30	06:39:10		07:46:57.25	07:47:36.55	8:38	6.9
167	MUSIAŁ SZYMON	59	PRZEBIEGLI UNISŁAW	UNISŁAW	POL	M-30	74	M 146	01:33:49	02:58:32	04:18:14	05:40:06	06:48:06		07:47:28.85	07:47:39.85	8:39	6.9
168	SZPIŃEK MARCIN	243	TUTU TEAM	NYSA	POL	M-30	75	M 147	01:34:14	02:55:10	04:16:53	05:38:52	06:45:35		07:47:26.95	07:47:42.85	8:39	6.9
169	GRZEGORCZYK MATEUSZ	20	ZAKOCHAJ SIĘ W BIEGANIU (WROCŁAW)	WROCŁAW	POL	M-20	17	M 148	01:47:57	03:08:58	04:29:35	05:40:59	06:47:28		07:47:11.10	07:47:43.80	8:39	6.9
170	GIBALSKI TOMASZ	493	OBORYGENI	ROŚCISŁAWI CE	POL	M-40	50	M 149	01:43:15	03:05:37	04:24:41	05:44:49	06:48:48		07:47:50.70	07:47:58.05	8:39	6.9
171	WŁOCH SŁAWOMIR	145		KROSNO	POL	M-40	51	M 150	01:32:11	02:53:32	04:16:21	05:36:31	06:43:10		07:47:52.20	07:48:00.95	8:39	6.9
172	KARP PAWEŁ	501		KRYG	POL	M-30	76	M 151	01:31:10	02:45:39	04:16:12	05:40:47	06:46:42		07:47:36.60	07:48:17.00	8:39	6.9
173	KOCIUMBAS BARTOSZ	373		MILICZ	POL	M-40	52	M 152	01:48:32	03:09:34	04:34:44	05:46:21	06:48:21		07:47:32.40	07:48:22.40	8:39	6.9
174	KAYSIEWICZ MACIEJ	532	NATURAL BORN RUNNERS TEAM	POZNAŃ	POL	M-40	53	M 153	01:33:28	02:56:52	04:18:10	05:37:14	06:43:48		07:48:38.25	07:48:51.55	8:40	6.9
175	BARAŃSKI PIOTR	185	DELOITTE ADVENTURE TEAM	WARSZAWA	POL	M-30	77	M 154	01:44:03	03:09:03	04:37:01	05:47:39	06:48:56		07:48:10.50	07:48:53.35	8:40	6.9

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
				Ć														
176	LATANOWICZ BERNARD	302		POZNAŃ	POL	M-30	78	M 155	01:32:35	02:53:17	04:12:09	05:38:48	06:44:24		07:49:11.95	07:49:22.50	8:41	6.9
177	WIŚNIEWSKI ARTUR	423	INTRO	POZNAŃ	POL	M-40	54	M 156	01:41:34	02:58:13	04:20:20	05:39:47	06:48:25		07:48:50.80	07:49:31.50	8:40	6.9
178	MALIK AGNIESZKA	541	ZUMBA	KŁODZKO		K-40	7	K 22	01:34:22	02:55:33	04:17:45	05:34:47	06:40:44		07:49:22.40	07:49:39.70	8:41	6.9
179	SZCZUPAKOWSKA IZABELA	78		GDAŃSK	POL	K-40	8	K 23	01:43:26	03:07:09	04:29:08	05:44:49	06:47:24		07:49:36.00	07:50:06.45	8:41	6.9
180	JADACH GRZEGORZ	283		WROCŁAW	POL	M-30	79	M 157	01:30:00	02:49:00	04:15:32	05:35:03	06:41:32		07:50:02.30	07:50:08.10	8:42	6.9
181	DUDEK REMIGIUSZ	312	ZIĘBICE	ZIĘBICE	POL	M-30	80	M 158	01:40:30	02:59:49	04:23:35	05:42:18	06:44:44		07:49:53.45	07:50:08.90	8:42	6.9
182	GOLA RADEK	353		ZABIERZÓW	POL	M-30	81	M 159	01:41:11	03:06:30	04:30:36	05:47:19	06:48:34		07:51:22.15	07:51:33.60	8:43	6.9
183	TOMASZYK KLARA	131	KOBIETY BIEGAJĄ	POZNAŃ	POL	K-30	12	K 24	01:45:19	03:07:18	04:30:52	05:48:50	06:48:41		07:51:02.40	07:51:35.00	8:43	6.9
184	STACHOWIAK MAREK	21	ROKIETNICA BIEGA	ROKIETNICA	POL	M-40	55	M 160	01:37:43	02:59:29	04:19:34	05:40:01	06:44:26		07:50:52.75	07:51:36.45	8:43	6.9
185	PODLEWSKI RAFAŁ	409		GŁOGÓW	POL	M-30	82	M 161	01:53:22	03:19:03	04:36:12	05:51:19	06:51:01		07:50:57.00	07:51:51.40	8:43	6.9
186	PLATA MARTA	7		BYTOM	POL	K-40	9	K 25	01:46:51	03:05:24	04:30:42	05:48:52	06:51:47		07:51:33.00	07:51:59.75	8:43	6.9
187	BUDZICH WOJCIECH	288	TKKF PROMYK CIECHANÓW	CIECHANÓW	POL	M-40	56	M 162	01:33:08	02:50:38	04:14:41	05:38:45	06:47:47		07:52:20.50	07:52:25.85	8:44	6.9
188	PASIECZNIK MIŁOSZ	265	MUAY RUNNING TEAM	POZNAŃ	POL	M-30	83	M 163	01:54:01	03:18:05	04:39:06	05:59:44	06:57:04		07:52:04.40	07:52:48.30	8:44	6.9
189	PIETRUCHA MACIEJ	261	SZWAGRY TEAM	OBORNIKI	POL	M-30	84	M 164	01:46:03	03:09:00	04:30:16	05:48:13	06:51:45		07:52:38.45	07:53:26.80	8:45	6.9
190	ŻEBRACKI WOJTEK	444		PRUDNIK	POL	M-30	85	M 165	01:46:57	03:09:38	04:39:04	05:51:01	06:52:24		07:53:27.05	07:53:42.10	8:46	6.8
191	BRZozowska ANNA	96	PKS GALOPUJĄCA SOCZEWICA/KRASNYSTAW BIEGA	KRASNYSTAW	POL	K-40	10	K 26	01:45:47	03:06:13	04:29:21	05:46:52	06:48:39		07:53:29.30	07:54:13.40	8:46	6.8
192	GUZIK ROBERT	432	PEDRAFORCA	WIĘCKOWICE	POL	M-40	57	M 166	01:41:48	03:06:29	04:27:03	05:42:23	06:52:17		07:54:53.90	07:55:06.40	8:47	6.8
193	SEWIOŁO ARTUR	466		BIĄŁYSTOK	POL	M-40	58	M 167	01:36:20	02:53:41	04:19:54	05:41:39	06:54:59		07:55:34.00	07:56:19.60	8:48	6.8
194	ŚWIDER MARIUSZ	74	#CZELADZBIEGA	SOSNOWIEC	POL	M-30	86	M 168	01:49:09	03:17:53	04:37:44	05:53:08	06:55:32		07:56:02.50	07:56:36.30	8:48	6.8
195	LACHOWSKI ROBERT	216		ŁÓDŹ	POL	M-30	87	M 169	01:26:23	02:50:40	04:18:17	05:39:48	06:48:07		07:56:36.80	07:56:40.15	8:49	6.8
196	KOZA RAFAŁ	248	6300	ŚWIĘTOCHŁOWICE	POL	M-40	59	M 170	01:36:21	03:03:41	04:30:13	05:50:13	06:55:09		07:56:42.45	07:57:20.95	8:49	6.8
197	ŚPICA LESZEK	43	RECEPTA NA ZDROWIE	BYDGOSZCZ	POL	M-40	60	M 171	01:44:08	03:03:11	04:23:53		06:52:48		07:57:20.25	07:58:23.00	8:50	6.8
198	ORONOWICZ MARTA	366	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	MUNINA	POL	K-40	11	K 27	01:38:41	03:05:05	04:28:30	05:50:55	06:55:17		07:58:11.35	07:58:23.90	8:51	6.8
199	GOLOVATIUK SERGII	264		POZNAŃ	POL	M-30	88	M 172	01:39:29	03:03:13	04:22:57	05:43:56	06:50:04		07:57:51.50	07:58:47.80	8:50	6.8
200	MIKUŁA GRZEGORZ	205		WROCŁAW	POL	M-30	89	M 173	01:30:07	02:53:22	04:21:28	05:44:56	06:53:42		07:58:46.25	07:58:58.15	8:51	6.8
201	SIEROCIN AGATA	123		GDYNIA	POL	K-30	13	K 28	01:43:39	03:07:41	04:31:31	05:49:42	06:56:11		07:58:39.35	07:59:09.60	8:51	6.8
202	MAZUREK PIOTR	523	KB MCKIS JAWORZNO	JAWORZNO	POL	M-30	90	M 174	01:29:10	02:41:55	04:10:11	05:29:37	06:33:25		07:59:09.25	07:59:31.50	8:52	6.8
203	TOMASZEK SEBASTIAN	12	RUNNING ACADEMY	WROCŁAW	POL	M-40	61	M 175	01:48:36	03:13:53	04:35:51	05:53:06	06:58:11		07:59:30.45	08:00:04.70	8:52	6.8
204	SZYGENDA SEBASTIAN	16	TIGER TEAM	WRZEŚNIA	POL	M-40	62	M 176	01:44:11	03:06:30	04:28:49	05:45:35	06:51:40		07:59:32.35	08:00:13.15	8:52	6.8
205	CYNIAK MAREK	40	EVERRUN	ŁÓDŹ	POL	M-40	63	M 177	01:34:57	03:02:18	04:29:40	05:46:26	06:51:06		08:02:19.10	08:02:33.40	8:55	6.7
206	SUROWIEC PAWEŁ	101	JURA.PL	ZAWIERCIE	POL	M-40	64	M 178	01:39:56	03:07:45	04:31:15	05:53:28	07:02:10		08:02:23.40	08:02:37.50	8:55	6.7
207	SADOWSKI MIECZYSLAW	252	BIEGAJ RAZEM Z NAMI	ZAWIERCIE	POL	M-40	65	M 179	01:39:58	03:07:47	04:31:16	05:53:29	07:02:16		08:02:23.95	08:02:37.55	8:56	6.7
208	MATYJA RAFAŁ	213	LESZNOLIMITS RUNNERS	LIPNO	POL	M-30	91	M 180	01:57:17	03:29:41	04:47:00	06:00:09	07:01:53		08:02:19.30	08:03:02.15	8:55	6.7
209	ŁOCH KASPER	456		WROCŁAW	POL	M-20	18	M 181	01:44:01	03:10:56	04:34:21	05:56:04	07:01:05		08:02:33.30	08:03:27.00	8:56	6.7
210	FIGEL MICHAŁ	323	MIKI TEAM	GDAŃSK	POL	M-40	66	M 182	01:44:42	03:08:08	04:33:50	05:54:46	07:00:32		08:03:25.85	08:03:50.05	8:57	6.7
211	NATKANIEC KRYSZTIAN	348	JANJUL	ZŁOTNIKI	POL	M-40	67	M 183	01:41:12	03:10:21	04:37:03	05:57:38	07:01:43		08:04:10.95	08:04:30.70	8:57	6.7
212	SZMAGAJ MARCIN	70	SZWLA	STARGARD	POL	M-40	68	M 184	01:48:38	03:15:01	04:39:34	05:59:06	07:06:09		08:04:10.20	08:04:44.95	8:57	6.7
213	MNICH TOMASZ	204		GLIWICE	POL	M-40	69	M 185	01:47:10	03:13:58	04:39:13	05:58:34	07:04:46		08:04:42.35	08:05:27.75	8:58	6.7
214	PASECKA SYLWIA	181		GLIWICE	POL	K-40	12	K 29	01:44:28	03:11:13	04:42:48	06:04:23	07:07:41		08:05:37.30	08:05:53.95	8:59	6.7
215	BALCERZAK ROBERT	23	KLUB BIEGACZA WARTA	PAJĘCZNO	POL	M-40	70	M 186	01:43:05	03:12:12	04:40:20	05:56:27	07:01:57		08:05:49.60	08:06:13.35	8:59	6.7
216	GUTOWSKI DARIUSZ	73	NGB KŁOBUCK	KŁOBUCK	POL	M-50	8	M 187	01:40:23	03:07:05	04:36:54	05:58:54	07:02:26		08:08:03.45	08:08:15.95	9:02	6.6
217	KOPACKI GRZEGORZ	90	FOLLOWME - ZMIENIAMYFINAN SE.PL	WAŁBRZYCH	POL	M-30	92	M 188	01:47:37	03:13:05	04:39:57	06:02:53	07:06:31		08:07:30.70	08:08:18.55	9:01	6.6

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
218	BOROWCZYK MARCIN	446		POZNAŃ	POL	M-40	71	M 189	01:49:42	03:19:25	04:39:41	05:58:40	07:06:36		08:08:05.90	08:08:44.40	9:02	6.6
219	KĄDZIOŁKA BEATA	180		STAŁOWA WOLA	POL	K-30	14	K 30	01:36:44	03:05:48	04:32:18	05:54:28	07:00:48		08:09:31.70	08:09:48.15	9:03	6.6
220	NOWAK DOROTA	198	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	K-30	15	K 31	01:47:29	03:14:25	04:44:56	06:02:54	07:06:45		08:09:28.70	08:09:53.20	9:03	6.6
221	CZERWIŃSKI WOJCIECH	207		CIECHANÓW	POL	M-20	19	M 190	01:41:06	03:08:43	04:37:43	05:59:32	07:05:00		08:09:31.45	08:09:54.00	9:03	6.6
222	JARZYŃKA KRZYSZTOF	330		LUBLIN	POL	M-50	9	M 191	01:43:47	03:09:06	04:34:32	06:00:44	07:06:40		08:10:00.80	08:10:07.40	9:04	6.6
223	MACIEJEWICZ KRZYSZTOF	333		TERESPOL	POL	M-50	10	M 192	01:43:49	03:09:33	04:34:39	06:00:46	07:06:43		08:10:04.05	08:10:10.30	9:04	6.6
224	CALLAWAY JOHN	490		SALT LAKE CITY		M-30	93	M 193	01:47:38	03:21:53	04:44:40	06:01:07	07:07:02		08:09:41.95	08:10:11.50	9:04	6.6
225	HOFFMANN GRZEGORZ	94		CZĘMPIŃ	POL	M-40	72	M 194	01:59:25	03:36:38	05:19:12	07:07:12			08:10:34.00	08:11:18.40	9:05	6.6
226	KOSIN PAWEŁ	489	KLUB BIEGAJĄCYCH LEŚNIKÓW	KIELCE	POL	M-30	94	M 195	01:47:28	03:13:47	04:37:09	06:00:11	07:06:17		08:11:10.05	08:11:31.00	9:05	6.6
227	FOGIEL-PAWŁOWSKA AGNIESZKA	69	LOS BIEGANEROS	WROCŁAW	POL	K-30	16	K 32	01:40:50	03:06:10	04:32:16	06:01:34	07:11:09		08:11:28.80	08:11:38.50	9:06	6.6
228	SPRYCHA SŁAWOMIR	82	#CZELADZBIEGA	CZELADŹ	POL	M-30	95	M 196	01:51:34	03:20:38	04:45:33	06:04:55	07:08:55		08:11:06.80	08:11:39.85	9:05	6.6
229	GALUSKIN ALEXEY	257	GRUPA NOMAX	TARNOWSKIE GÓRY	POL	M-30	96	M 197	01:44:40	03:12:17	04:39:24	06:03:26	07:11:47		08:13:13.55	08:13:41.90	9:08	6.6
230	BRESZKA TOMEK	11	CAPTAIN AMERICA	DARŁOWO	POL	M-30	97	M 198	01:49:11	03:11:55	04:35:05	06:03:02	07:12:06		08:13:49.60	08:14:26.05	9:08	6.6
231	PASZKIEWICZ MACIEJ	358		MUROWANA GOŚLINA	POL	M-50	11	M 199	01:47:04	03:05:32	04:29:30	05:56:18	07:04:59		08:13:59.70	08:14:27.10	9:08	6.6
232	WOJTKOWIAK MARIUSZ	374	WWW.KAMILASU.KNIE.PL	MIEŚCISKO	POL	M-40	73	M 200	01:47:58	03:14:49	04:40:03	06:02:32	07:09:20		08:13:56.50	08:14:30.20	9:08	6.6
233	RATAJ ZUZANNA	210	POLONIA BYDGOSZCZ SŁA/KOBIETY BIEGAJĄ	POZNAŃ	POL	K-30	17	K 33	01:45:18	03:07:17	04:30:51	05:53:04	07:05:01		08:14:45.70	08:15:18.70	9:09	6.5
234	LIK MAREK	114		CHEŁM	POL	M-50	12	M 201	01:41:52	03:07:23	04:47:20	06:11:20	07:14:00		08:16:01.70	08:16:09.25	9:11	6.5
235	NĘDZUSIAK DARIUSZ	102	POLKRYŚ KLUB	ALEKSANDRÓW KUJAWSKI	POL	M-50	13	M 202	01:47:38	03:10:15	04:34:57	06:03:13	07:13:14		08:16:01.30	08:16:33.05	9:11	6.5
236	URBASEK ŁUKASZ	500		GLIWICE	POL	M-30	98	M 203	01:49:03	03:24:17	04:51:13	06:07:09	07:13:26		08:16:12.00	08:16:38.85	9:11	6.5
237	ZAWADA MATEUSZ	429	ZARAŻENI BÓLEM	SULEJÓWEK	POL	M-20	20	M 204	01:46:12	03:16:55	04:43:03	06:04:13	07:16:22		08:17:21.45	08:17:30.30	9:12	6.5
238	WOJTKOWIAK KAMILA	375	WWW.KAMILASU.KNIE.PL	MIEŚCISKO	POL	K-40	13	K 34	01:47:56	03:14:48	04:40:00	06:02:41	07:09:24		08:17:34.75	08:18:09.75	9:12	6.5
239	WROBLEWSKI TOMASZ	224	POLKRYŚ TEAM	ROŻNO PARCELE	POL	M-30	99	M 205	01:39:35	03:06:40	04:34:58	06:03:09	07:13:10		08:18:41.85	08:19:12.90	9:14	6.5
240	WĄS GRZEGORZ	144	RUNNERS CLUB WARSZAWA	OPATÓW	POL	M-40	74	M 206	01:48:49	03:12:27	04:39:34	06:04:36	07:15:10		08:18:34.40	08:19:25.40	9:13	6.5
241	BŁACHNO MARCIN	160		KRAKÓW	POL	M-40	75	M 207	01:53:53	03:24:48	04:46:14	06:08:32	07:17:29		08:18:39.55	08:19:32.15	9:14	6.5
242	KAJUT WOJTEK	354	PADŁ NA RYJ TEAM	STRASZYN	POL	M-30	100	M 208	01:59:59	03:29:59	04:54:34	06:12:21	07:15:58		08:19:25.35	08:20:17.80	9:14	6.5
243	CZUBIEL KONRAD	58	PKS GALOPUJĄCA SOCZEWICA	POZNAŃ	POL	M-40	76	M 209	01:53:25	03:23:20	04:48:44	06:09:29	07:16:27		08:19:42.55	08:20:27.35	9:15	6.5
244	BRZOZOWSKI ARMAND	89	PKS GALOPUJĄCA SOCZEWICA	KRASNYSTA W	POL	M-40	77	M 210	01:53:25	03:23:18	04:48:43	06:09:29	07:16:30		08:19:41.50	08:20:27.35	9:15	6.5
245	LEŚNIAK MARCIN	428	ZARAŻENI BÓLEM	SULEJÓWEK	POL	M-30	101	M 211	01:46:13	03:16:56	04:43:06	06:04:27	07:16:27		08:20:18.60	08:20:28.30	9:15	6.5
246	MOSZKOWSKI BOGDAN	44		KOBIERZYCE	POL	M-50	14	M 212	01:44:58	03:12:22	04:38:44	06:00:22	07:09:42		08:20:05.45	08:20:31.60	9:15	6.5
247	POLICKÝ TOMÁŠ	234	POLIČÁTKA	VELKÉ POŘÍČÍ	CZE	M-30	102	M 213	01:41:33	03:09:19	04:35:55	05:57:40	07:11:46		08:19:58.55	08:20:32.40	9:15	6.5
248	SALWA KRZYSZTOF	92	SALCLAN-TEAM	KIELCE	POL	M-40	78	M 214	01:41:11	03:07:07	04:36:57	06:02:45	07:11:51		08:20:29.90	08:20:48.85	9:16	6.5

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
Ć																		
249	ZAMBRZYCKA-ROZNER EWA	153		PIASECZNO	POL	K-30	18	K 35	01:49:07	03:20:32	04:49:59	06:12:24	07:17:42		08:20:12.10	08:20:49.25	9:15	6.5
250	JAZY SZYMON	177		LUBOŃ	POL	M-30	103	M 215	01:46:33	03:19:30	04:48:22	06:11:24	07:16:23		08:20:43.00	08:21:13.55	9:16	6.5
251	ROŚLICKI JAROSŁAW	426	TMTEAM	OZOROWICE	POL	M-30	104	M 216	01:42:42	03:07:38	04:40:36	06:04:28	07:17:52		08:21:08.65	08:21:16.15	9:16	6.5
252	SKAŁECKI PRZEMYSŁAW	4		GORZÓW	POL	M-30	105	M 217	01:38:43	03:06:52	04:38:13	06:04:33	07:16:55		08:21:13.90	08:21:17.45	9:16	6.5
WIELKOPOLSKI																		
253	PODLEŚ ROBERT	482	COBI	WARSZAWA	POL	M-50	15	M 218	01:32:27	02:47:39	04:15:55	05:41:13	06:58:45		08:21:30.80	08:21:33.45	9:17	6.5
254	STEFANOWSKI MARCIN	32		ŻARÓW	POL	M-40	79	M 219	01:41:07	03:09:37	04:39:41	06:04:42	07:16:01		08:21:14.35	08:21:35.00	9:16	6.5
255	ROSZYK PRZEMEK	51		KOZIEGŁOWY	POL	M-40	80	M 220	01:49:17	03:21:06	04:46:58	06:08:54	07:15:56		08:21:19.25	08:22:06.50	9:17	6.5
256	MURAWICZ PAWEŁ	531		SZCZECIN	POL	M-40	81	M 221	01:50:38	03:22:18	04:47:41	06:07:41	07:15:02		08:21:25.00	08:22:16.85	9:17	6.5
257	HANYSZ MAGDA	6		KOZIEGŁOWY	POL	K-40	14	K 36	01:49:22	03:21:08	04:46:59	06:09:10	07:15:51		08:23:30.00	08:24:16.95	9:19	6.4
258	PIOSIK PAWEŁ	526		DĄBRÓWKA	POL	M-30	106	M 222	01:40:13	03:12:40	04:40:09	06:06:35	07:16:37		08:23:49.25	08:24:18.35	9:19	6.4
259	OCHMAŃSKI ADAM	9	EVERRUN	ŁÓDŹ	POL	M-40	82	M 223	01:44:48	03:11:54	04:42:21	06:05:10	07:22:45		08:25:48.10	08:26:04.15	9:22	6.4
260	RZEPKA NIKODEM	393	GREENBUD	MIKOŁÓW	POL	M-20	21	M 224	01:41:39	03:06:22	04:37:49	06:08:05	07:21:13		08:26:12.85	08:26:38.10	9:22	6.4
261	RZEPKA REMIGIUSZ	392	GREENBUD	MIKOŁÓW	POL	M-40	83	M 225	01:41:43	03:06:26	04:37:54	06:07:44	07:21:08		08:26:17.35	08:26:39.05	9:22	6.4
262	BŁACH PIOTR	142	EFIORITEAM	SLAWOBORZ	POL	M-30	107	M 226	01:49:21	03:15:09	04:44:11	06:11:09	07:18:59		08:26:41.40	08:27:18.55	9:22	6.4
E																		
263	WOŹNIAK PIOTR	143		WROCŁAW	POL	M-30	108	M 227	01:56:25	03:23:38	04:52:36	06:17:47	07:22:39		08:26:48.70	08:27:39.45	9:23	6.4
264	SUSŁOWSKI PAWEŁ	34		WROCŁAW	POL	M-20	22	M 228	01:48:15	03:21:33	04:48:26	06:10:56	07:21:56		08:27:26.45	08:28:19.35	9:23	6.4
265	PUDŁO KAMILA	459	OBORYGENI / NOA	OBORNIKI ŚLĄSKIE	POL	K-30	19	K 37	01:49:30	03:19:51	04:51:05	06:14:24	07:18:31		08:28:29.10	08:28:39.35	9:24	6.4
266	ANDRZEJEWSKI MAREK	371		KRZYSZKOWO	POL	M-40	84	M 229	01:51:33	03:26:56	04:53:37	06:16:18	07:21:26		08:28:45.65	08:29:30.35	9:25	6.4
267	LESZCZYŃSKI WACŁAW	437		SWIO	POL	M-50	16	M 230			04:52:38	06:16:21	07:22:18		08:29:40.80	08:29:40.80	9:26	6.4
268	RUTKOWSKI KONRAD	340		TOMASZÓW MAZOWIECKI	POL	M-20	23	M 231	01:35:35	03:07:39	04:42:15	06:12:36	07:22:15		08:31:34.95	08:31:42.65	9:28	6.3
269	ZUBOWICZ JAKUB	246	ŻWAWIE ŻUBRY/BZ WBK FAKTOR	WARSZAWA	POL	M-30	109	M 232	01:50:49	03:23:33	04:52:28	06:16:51	07:24:25		08:31:20.55	08:31:57.90	9:28	6.3
270	ŻURAWSKI ARKADIUSZ	68		SOŃSK	POL	M-40	85	M 233	01:43:05	03:11:00	04:38:38	06:07:48	07:18:29		08:31:16.10	08:32:02.50	9:28	6.3
271	KARANOS TADEUSZ	417	RKB HAJNÓWKA	HAJNÓWKA	POL	M-50	17	M 234	01:44:07	03:27:04	04:53:57	06:19:28	07:27:37		08:32:12.85	08:32:33.70	9:29	6.3
272	KOWALCZYK BARTŁOMIEJ	447		WARSZAWA	POL	M-20	24	M 235	01:49:13	03:23:29	04:48:48	06:11:13	07:24:05		08:32:28.95	08:33:07.65	9:29	6.3
273	KRZOS PIOTR	320		ZABRZE	POL	M-30	110	M 236	01:54:24	03:26:11	04:55:32	06:18:58	07:25:46		08:32:15.45	08:33:09.15	9:29	6.3
274	CIOSEK BEATA	509	AUGUSTEAM	CHORZÓW	POL	K-40	15	K 38	01:54:26	03:24:34	04:55:36	06:21:04	07:24:02		08:33:16.10	08:33:59.50	9:30	6.3
275	MIKOŁAJCZYK TOMASZ	148		DOPIEWIEC	POL	M-30	111	M 237	01:54:28	03:31:27	05:01:29	06:28:28	07:32:49		08:33:31.95	08:34:00.40	9:30	6.3
276	MARCZEWSKI SŁAWOMIR	149	STOWARZYSZENIE LUDZI W BIEGU ŻŁOTÓW	ŻŁOTÓW	POL	M-40	86	M 238	01:49:54	03:21:45	04:48:46	06:15:16	07:26:54		08:34:02.65	08:34:38.60	9:31	6.3
277	SZWEDA TOMASZ	372	STOWARZYSZENIE LUDZI W BIEGU ŻŁOTÓW	ŻŁOTÓW	POL	M-30	112	M 239	01:50:03	03:21:46	04:48:55	06:15:07	07:27:09		08:34:10.75	08:34:45.85	9:31	6.3
278	STASIK ALEKSANDER	476		GLINNO	POL	M-30	113	M 240	01:49:07	03:17:52	04:41:46	06:13:28	07:26:22		08:34:26.70	08:35:06.30	9:31	6.3
279	FAERBER MARCIN	436		RUDA ŚLĄSKA	POL	M-30	114	M 241	01:41:41	03:06:04	04:39:46	06:09:29	07:18:27		08:34:54.60	08:35:19.50	9:32	6.3
280	NAWARA KATARZYNA	280		WĘGRZCE	POL	K-20	5	K 39	01:55:14	03:30:05	05:03:54	06:28:05	07:35:26		08:34:30.30	08:35:20.60	9:31	6.3
281	SZYDŁOWSKI ADRIAN	527		POZNAŃ	POL	M-30	115	M 242	01:39:40	03:06:58	04:43:52	06:11:04	07:26:14		08:35:28.50	08:35:51.05	9:32	6.3
282	GRZEGORCZYK WOJCIECH	322	KONDYCJA	WARSZAWA	POL	M-50	18	M 243	01:53:32	03:27:39	05:00:13	06:21:23	07:28:52		08:35:22.10	08:35:59.95	9:32	6.3
283	FLIŚNIK MIREK	110	PKS GALOPUJĄCA SOCZEWICA	GRODZISK MAZOWIECKI	POL	M-30	116	M 244	01:48:56	03:20:12	04:50:00	06:12:16	07:27:19		08:35:53.85	08:36:42.15	9:33	6.3
284	JANUSZ TOMASZ	390		WROCŁAW	POL	M-40	87	M 245	01:45:23	03:09:47	04:42:02	06:06:27	07:17:28		08:36:12.20	08:36:46.50	9:33	6.3
285	STARZYŃSKI TOMEK	465		KAZIMIERZA WIELKA	POL	M-30	117	M 246	01:52:05	03:20:30	04:47:23	06:13:51	07:24:27		08:36:05.85	08:36:47.60	9:33	6.3
286	JAWORSKI PAWEŁ	269		BĘDZIN	POL	M-30	118	M 247	01:39:52	03:12:00	04:42:17	06:09:33	07:26:27		08:36:45.05	08:36:51.70	9:34	6.3
287	ZIMNIAK ŁUKASZ	175	KB SZERSZEŃ OELŚNICA	OELŚNICA	POL	M-30	119	M 248	01:51:32	03:28:31	05:03:11	06:28:49	07:35:23		08:36:16.60	08:37:02.45	9:33	6.3
288	KUPCZYK RAFAŁ	121	ROZBIEGANI RAWICZ	MIEJSKA GÓRKA	POL	M-30	120	M 249	01:42:35	03:12:42	04:45:07	06:13:27	07:21:07		08:36:32.60	08:37:05.00	9:33	6.3

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
289	WOŹNIAK SEBASTIAN	71	MOTOINTEGRATOR RUNNING TEAM	ŁÓDŹ	POL	M-30	121	M 250	01:45:01	03:27:18	04:55:12	06:21:47	07:31:52		08:37:44.05	08:37:51.85	9:35	6.3
290	KLICHOWSKI MAREK	30	NAPIERACZE	ŁÓDŹ	POL	M-30	122	M 251	01:45:00	03:27:18	04:55:12	06:21:41	07:31:44		08:37:45.10	08:37:52.10	9:35	6.3
291	PILUJSKI MICHAŁ	297		SKRZYNIKI	POL	M-30	123	M 252	01:53:23	03:23:50	04:54:44	06:19:18	07:28:18		08:37:10.25	08:38:02.00	9:34	6.3
292	GŁUSZKO KRZYSZTOF	421	MIRA TEAM	GÓRA	POL	M-60	1	M 253	01:40:11	03:06:18	04:37:10	06:18:02	07:29:02		08:37:59.50	08:38:09.85	9:35	6.3
293	GWÓDŹ MICHAŁ	202	#CZELADZBIEGA	CZELADŹ	POL	M-40	88	M 254	01:49:14	03:20:41	04:47:54	06:08:10	07:21:35		08:38:39.90	08:39:11.85	9:36	6.2
294	JACHYMSKI IGNACY	443	AKG ŁÓDŹ	ŁÓDŹ	POL	M-20	25	M 255	01:48:18	03:19:20	04:54:27	06:19:59	07:33:03		08:39:32.40	08:39:43.55	9:37	6.2
295	WOJNAR RADEK	159	PUNK PARROT	WARSZAWA	POL	M-40	89	M 256	01:59:18	03:37:50	05:03:16	06:34:39	07:37:33		08:40:33.95	08:40:54.60	9:38	6.2
296	MESJASZ MAREK	57	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	LUBIN	POL	M-30	124	M 257	01:53:42	03:30:52	04:52:23	06:22:45	07:31:54		08:40:51.85	08:41:50.00	9:38	6.2
297	GODLEWSKI JAKUB	262	RUNNERS TEAM QUIBL.	WARSZAWA	POL	M-30	125	M 258	01:42:53	03:10:56	04:50:46	06:18:57	07:34:10		08:42:35.70	08:42:55.55	9:40	6.2
298	MURCHA PAWEŁ	510		SIEMIANOWICE ŚLĄSKIE	POL	M-40	90	M 259	01:52:26	03:18:32	04:52:06	06:19:07	07:31:04		08:42:53.70	08:43:36.05	9:41	6.2
299	STAJNIAK-STELIGA IZABELA	463	OBORYGENI	WILCZYN	POL	K-40	16	K 40	01:49:06	03:27:23	04:53:37	06:22:19	07:31:33		08:43:32.70	08:43:43.45	9:41	6.2
300	SIOMA KONRAD	88	ROKIETNICA BIEGA	KRZYSZKOWO	POL	M-30	126	M 260					07:28:47		08:44:41.00	08:44:41.00	9:42	6.2
301	DUDEK KONRAD	416	BIEGANIEPOGODZINACH	ŁÓDŹ	POL	M-40	91	M 261	01:53:41	03:26:58	05:04:02	06:29:36	07:39:28		08:46:30.05	08:47:02.95	9:45	6.2
302	GRZELKA TOMASZ	150	RUNNER'S POWER	ŚREM	POL	M-40	92	M 262	01:53:48	03:34:54	05:03:27	06:30:43	07:44:01		08:47:14.20	08:47:41.60	9:45	6.1
303	WYRZYKOWSKI ANDRZEJ	118		GDAŃSK	POL	M-50	19	M 263	01:52:31	03:23:27	04:52:57	06:21:17	07:32:23		08:47:30.00	08:48:04.60	9:46	6.1
304	KULIŃSKI WOJCIECH	317	FC MI SIĘ NIE CHCE	WYSOKA	POL	M-30	127	M 264	01:56:54	03:25:12	04:57:19	06:27:09	07:38:09		08:47:39.30	08:48:06.20	9:46	6.1
305	MURAWICZ GRZEGORZ	519	PODLESIE	PODLESIE	POL	M-50	20	M 265	01:48:49	03:21:19	04:58:46	06:27:39	07:38:53		08:47:23.30	08:48:14.60	9:45	6.1
306	DOMURAD SEBASTIAN	473		BELCHATÓW	POL	M-40	93	M 266	01:41:14	03:25:54	04:52:43	06:26:17	07:41:53		08:47:48.95	08:48:15.40	9:46	6.1
307	GRABIŃSKI WALDEMAR	191	ROGOZIŃSKI KLUB BIEGACZA	ROGOŹNO	POL	M-40	94	M 267	01:44:25	03:23:17	05:03:39	06:32:13	07:44:12		08:48:07.00	08:48:57.70	9:46	6.1
308	BOROWIECKI ŁUKASZ	187	BIEGAMY.PRO	KRAKÓW	POL	M-20	26	M 268	01:52:27	03:28:59	04:57:25	06:27:20	07:40:44		08:47:51.50	08:49:05.55	9:46	6.1
309	BOROWIECKI PIOTR	188	APIWAST KRAKÓW	KRAKÓW	POL	M-50	21	M 269	01:54:31	03:30:49	04:57:40	06:27:21	07:41:01		08:48:05.05	08:49:05.65	9:46	6.1
310	ROGÓRZ ANDRZEJ	472		WROCLAW	POL	M-30	128	M 270	01:38:52	03:14:25	04:51:48	06:21:55	07:37:15		08:48:56.40	08:49:11.95	9:47	6.1
311	NIESPODZIANA ANNA	190	ROGOZIŃSKI KLUB BIEGACZA	ROGOŹNO	POL	K-30	20	K 41	01:49:55	03:23:17	05:03:43	06:32:11	07:43:58		08:49:13.15	08:50:04.35	9:48	6.1
312	KRÓL-PIDANTY MARZENA	165	STRZEGOMSKA DWUNASTKA	STRZEGOM	POL	K-40	17	K 42	01:48:17	03:24:09	04:57:05	06:28:07	07:36:02		08:50:08.85	08:50:33.90	9:49	6.1
313	DUDEK KRZYSZTOF	36	STRZEGOMSKA DWUNASTKA	UDANIN	POL	M-40	95	M 271	01:48:17	03:23:55	04:57:06	06:28:06	07:36:10		08:50:10.85	08:50:34.25	9:49	6.1
314	GNIADK TOMASZ	134	DABEX-BOLT	KRAKÓW	POL	M-40	96	M 272	01:41:08	03:09:29	04:55:51	06:28:34	07:42:13		08:50:22.85	08:50:36.00	9:49	6.1
315	JANKOWIAK KRZYSZTOF	112	MARCO	KROSINKO	POL	M-40	97	M 273	01:53:48	03:34:53	05:03:36	06:30:41	07:44:15		08:50:08.45	08:50:36.30	9:49	6.1
316	NIELIPIŃSKI MATEUSZ	422		PRZYSUCHA	POL	M-30	129	M 274	01:54:45	03:25:52	05:01:59	06:28:43	07:39:53		08:49:54.65	08:50:36.80	9:48	6.1
317	BARTKOWIAK GRZEGORZ	347	TKKF MPK POZNAŃ	POZNAŃ	POL	M-50	22	M 275	01:59:06	03:36:38	05:09:02	06:34:06	07:43:11		08:50:06.15	08:50:49.80	9:49	6.1
318	CZAPIGA ROBERT	46	PRORITA TEAM	NOWA RUDA	POL	M-40	98	M 276	01:57:06	03:32:26	05:04:05	06:32:43	07:42:13		08:50:43.75	08:51:23.35	9:49	6.1
319	MOSKAL IZABELLA	18	TKKF MPK POZNAŃ	POZNAŃ	POL	K-40	18	K 43	01:51:42	03:27:55	05:00:04	06:33:48	07:41:35		08:50:56.50	08:51:30.90	9:49	6.1
320	ŚWINIARSKI MICHAŁ	1	KWAŚNE ŻELKI	WARSZAWA	POL	M-20	27	M 277	01:59:09	03:38:18	05:09:36	06:32:36	07:43:21		08:51:08.10	08:51:56.65	9:50	6.1
321	BICZKOWSKA MAGDALENA	245	RUN BYDGOSZCZ	BYDGOSZCZ	POL	K-30	21	K 44	01:50:19	03:28:20	04:57:34	06:28:48	07:42:17		08:52:44.65	08:52:49.70	9:51	6.1
322	KANIEWSKI WOJCIECH	405		CZĘSTOCHOWA	POL	M-40	99	M 278	01:52:10	03:27:48	04:59:48	06:32:29	07:46:59		08:52:14.50	08:52:51.05	9:51	6.1
323	SYGIET ANDRZEJ	171		GLIWICE	POL	M-40	100	M 279	01:53:06	03:31:39	05:08:31	06:39:32	07:48:31		08:52:15.35	08:52:54.70	9:51	6.1
324	KORBUT RADOŚLAW	453	KONIUCHY OCR	SIEDLCE	POL	M-30	130	M 280	01:47:52	03:25:14	05:00:13	06:27:15	07:39:41		08:52:55.85	08:53:12.00	9:52	6.1
325	ŚWIŚTUŃ EUGENIUSZ	184	RAJSPORT ACTIVE	KRAPKOWICE	POL	M-20	28	M 281	01:52:00	03:19:27	04:49:53	06:14:51	07:33:41		08:52:53.30	08:53:50.55	9:52	6.1
326	BOHM JACEK	445		MIKOŁÓW	POL	M-50	23	M 282	01:49:07	03:22:38	04:54:30	06:26:40	07:41:04		08:53:45.75	08:54:08.65	9:53	6.1

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
				Ć														
327	POWAŁOWSKI MARCIN	273	SŁYNNI KENIJCZYCY	GNIEZNO	POL	M-30	131	M 283	01:52:34	03:28:58	05:04:40	06:38:04	07:45:10		08:53:38.80	08:54:14.25	9:52	6.1
328	POWAŁOWSKA DANKA	272	SŁYNNI KENIJCZYCY	GNIEZNO	POL	K-40	19	K 45	01:52:42	03:28:42	05:04:58	06:38:52	07:45:12		08:53:38.35	08:54:14.60	9:52	6.1
329	LEMIESZKA MARTA	430	ZARAŻENI BÓLEM	SULEJÓWEK	POL	K-20	6	K 46	01:54:52	03:38:25	05:07:34	06:36:40	07:47:19		08:54:23.30	08:54:35.10	9:53	6.1
330	CWOJDZIŃSKI MICHAŁ	439	GB WIELKOPOLSCY BIEGACZE	PUSCZYKOW O	POL	M-40	101	M 284	01:51:33	03:28:50	04:55:51	06:28:19	07:37:07		08:54:04.05	08:54:36.40	9:53	6.1
331	TERLECKI MARCIN	413		CZĘSTOCHO WA	POL	M-40	102	M 285			05:03:15	06:35:15	07:48:00		08:55:15.00	08:55:15.00	9:54	6.1
332	ŚWIĄT CZAK ADAM	239	GOŃ BLIŹNIAKI!	ŁÓDŹ	POL	M-40	103	M 286	01:52:46	03:28:09	05:03:58	06:28:47	07:43:37		08:54:36.15	08:55:16.75	9:54	6.1
333	ŚWIĄT CZAK MACIEJ	241	GOŃ BLIŹNIAKI!	ŁÓDŹ	POL	M-40	104	M 287	01:52:36	03:28:09	04:54:49	06:22:20	07:31:25		08:54:37.10	08:55:16.90	9:54	6.1
334	RAJZER MARIUSZ	415	BODYKINETIC	WARSZAWA	POL	M-40	105	M 288	01:40:33	03:15:44	04:52:17	06:27:47	07:43:44		08:55:15.50	08:55:20.00	9:54	6.1
335	WOJTANOWICZ MARCIN	534		XX	POL	M-40	106	M 289	01:50:51	03:26:48	04:53:21	06:29:01	07:45:57		08:55:24.90	08:55:59.75	9:54	6.1
336	OŚRÓDEK PIOTR	533	BBL ZDUŃSKA WOLA	ZDUŃSKA WOLA	POL	M-40	107	M 290	01:50:51	03:27:01	04:53:27	06:29:00	07:45:53		08:55:23.15	08:56:00.00	9:54	6.1
337	IWANOWICZ ANNA	378	PARKRUN CHRZANÓW	CHRZANÓW	POL	K-30	22	K 47	01:49:31	03:30:59	05:02:56	06:32:36	07:45:58		08:56:54.35	08:57:04.05	9:56	6
338	KUSIO BARBARA	296		CHRZANÓW	POL	K-30	23	K 48	01:49:32	03:31:00	05:02:57	06:32:39	07:46:01		08:56:54.60	08:57:04.55	9:56	6
339	WIELICZKO ANNA	304		WROCŁAW	POL	K-30	24	K 49	02:06:42	03:50:44	05:23:32	06:50:36	07:54:27		08:56:59.80	08:57:35.00	9:56	6
340	MIREK WALDEMAR	438	CZE-MI	KUŹNIA RACIBORSKA	POL	M-50	24	M 291	01:46:51	03:22:54	05:03:37	06:32:31	07:44:29		08:57:27.10	08:57:54.00	9:57	6
341	MUSIAŁ RADOSŁAW	115	DOLBY	WROCŁAW	POL	M-30	132	M 292	01:49:42	03:22:37	05:03:11	06:37:11	07:48:10		08:58:38.90	08:59:18.85	9:58	6
342	NIEWIADA MACIEJ	66	EXPLORADOR	DOPIEWO	POL	M-30	133	M 293	01:54:34	03:31:19	05:03:10	06:36:22	07:50:04		08:59:44.75	09:00:13.05	9:59	6
343	GAŁKA MAŁGOSJA	478		BRANIEWO	POL	K-40	20	K 50	01:53:34	03:34:27	05:05:32	06:37:20	07:48:22		08:59:50.75	09:00:23.35	9:59	6
344	KOZŁOWSKI RAFAŁ	336	1977	KONIN	POL	M-40	108	M 294	01:54:38	03:37:48	05:09:13	06:38:42	07:49:33		08:59:45.05	09:00:41.00	9:59	6
345	ORDZIEJEWSKI DOMINIK	42		KOŚCIELNA WIES	POL	M-30	134	M 295	01:51:22	03:36:35	05:15:08	06:44:21	07:54:12		09:01:32.90	09:02:17.60	10:01	6
346	ROZNER ARTUR	154		PIASECZNO	POL	M-30	135	M 296	01:57:58	03:36:51	05:06:12	06:34:45	07:48:04		09:01:57.80	09:02:36.00	10:02	6
347	BRUSZEWSKA-GŁOMBIOWSKA MONIKA	64		GDYNIA	POL	K-40	21	K 51	01:57:07	03:36:53	05:09:19	06:36:31	07:51:50		09:05:06.65	09:05:25.60	10:05	5.9
348	STOLPE MACIEJ	31		LUBOŃ	POL	M-50	25	M 297	02:00:50	03:37:15	05:14:18	06:43:37	07:56:13		09:05:17.75	09:06:02.25	10:05	5.9
349	RESPONDEK DARIUSZ	14		WROCŁAW	POL	M-40	109	M 298	01:51:45	03:29:10	05:03:00	06:37:46	07:52:09		09:05:52.70	09:06:20.75	10:06	5.9
350	WOJDAT KATARZYNA	230		WARSZAWA	POL	K-30	25	K 52	01:53:17	03:34:52	05:06:57	06:37:27	07:51:49		09:06:02.65	09:06:49.20	10:06	5.9
351	MATUSZAK KRZYSZTOF	28		KONIN	POL	M-30	136	M 299	01:33:40	03:08:01	04:45:39	06:22:51	07:43:18		09:06:37.80	09:06:54.80	10:07	5.9
352	OSTAPIŃSKA MAGDA	122	OSTRESROKI	PIASECZNO	POL	K-40	22	K 53	01:53:51	03:33:45	05:11:15	06:35:48	07:51:00		09:06:10.25	09:06:57.90	10:06	5.9
353	OSTAPIŃSKI WOJTEK	111	OSTRESROKI	PIASECZNO	POL	M-40	110	M 300	01:53:53	03:33:46	05:11:13	06:35:29	07:51:02		09:06:10.25	09:06:58.40	10:06	5.9
354	SULIKOWSKI RAFAŁ	334		MIROSZOWIC E	POL	M-20	29	M 301	02:05:14	03:51:05	05:20:49	06:41:53	07:58:49		09:06:50.00	09:07:48.40	10:07	5.9
355	ZDYB GRZEGORZ	233	44 WOJSKOWY ODDZIAŁ GOSPODARCZY	LEŚNÍÓW WIELKI	POL	M-40	111	M 302	01:49:21	03:24:15	04:57:54	06:29:22	07:43:50		09:07:18.45	09:07:54.10	10:08	5.9
356	TEKIELE JACEK	137	ŁĄCZKA TEAM LEGNICA	LEGNICA	POL	M-40	112	M 303	01:48:13	03:23:49	04:56:34	06:31:48	07:54:11		09:08:22.65	09:08:41.95	10:09	5.9
357	ŁĄKOWSKI ZBIGNIEW	238	SIEKIERKAOGRO DY.PL	KOZIEGŁOWY	POL	M-40	113	M 304	02:05:58	03:49:30	05:17:26	06:44:46	07:55:11		09:08:28.30	09:09:22.30	10:09	5.9
358	GRZENKOWICZ JACEK	440	WYMIATACZE	GDYNIA	POL	M-50	26	M 305	01:50:53	03:23:22	05:02:42	06:37:03	07:52:39		09:10:16.25	09:10:33.25	10:11	5.9
359	CZAPIGA MAGDALENA	138		NOWA RUDA	POL	K-40	23	K 54	01:55:33	03:30:12	05:02:33	06:37:14	07:53:28		09:10:13.30	09:10:54.35	10:11	5.9
360	KRZEMIŃSKI JACEK	381	POLDEK TEAM	OPOLE	POL	M-30	137	M 306	01:47:53	03:27:53	04:59:50	06:34:44	07:52:23		09:11:51.30	09:11:55.75	10:13	5.9
361	KRZEMIŃSKA ALEKSANDRA	380	POLDEK TEAM	OPOLE	POL	K-30	26	K 55	01:47:52	03:27:53	04:59:53	06:34:42	07:52:25		09:11:50.95	09:11:55.80	10:13	5.9
362	KRÓL FRANCISZEK	458		ŁOMIANKI	POL	M-30	138	M 307	01:47:56	03:25:26	05:03:56	06:43:37	08:02:49		09:13:43.55	09:14:05.20	10:15	5.9
363	ŁAZAROWICZ MATEUSZ	169	KLUB KOLARSKI ZIEMI KŁODZKIEJ	KŁODZKO	POL	M-20	30	M 308	02:01:33	03:40:56	05:21:35	06:48:59	08:04:45		09:14:59.15	09:15:38.90	10:16	5.8
364	CHROMICZ KRZYSZTOF	157		SMOLEC	POL	M-30	139	M 309	01:54:00	03:31:33	05:07:36	06:41:52	07:57:08		09:14:50.85	09:15:50.05	10:16	5.8
365	CETLIN MACIEJ	345	DREAM RUN	WARSZAWA	POL	M-40	114	M 310	01:52:02	03:28:50	05:04:12	06:39:35	08:00:02		09:15:16.00	09:16:02.40	10:16	5.8

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
366	NAPIERAŁSKA NATALIA	479	ŻYGLIŃSKIE CHARTY	MIASTECZKO ŚLĄSKIE	POL	K-40	24	K 56	01:55:11	03:36:57	05:16:36	06:48:10	08:04:43		09:19:52.20	09:20:44.65	10:22	5.8
367	NAPIERAŁSKI MICHAŁ	480	ŻYGLIŃSKIE CHARTY	MIASTECZKO ŚLĄSKIE	POL	M-40	115	M 311	01:55:12	03:36:57	05:16:39	06:48:08	08:04:38		09:19:53.10	09:20:45.65	10:22	5.8
368	SZAMBELAŃCZYK MACIEJ	396	POSNANIA TRI TEAM	LUSÓWKO	POL	M-40	116	M 312	01:58:46	03:35:41	05:04:46	06:37:12	08:00:12		09:20:55.55	09:21:37.30	10:23	5.8
369	FIGEL MONIKA	324	MIKI TEAM	GDAŃSK	POL	K-40	25	K 57	02:06:32	03:53:52	05:32:25	07:01:31	08:09:37		09:23:04.00	09:23:30.15	10:25	5.8
370	LANGE MONIKA	398		SICIENKO	POL	K-40	26	K 58	02:06:31	03:52:29	05:25:39	06:53:12	08:09:12		09:23:34.70	09:24:30.20	10:26	5.7
371	KOWALCZYK MARIUSZ	109	TIGER TEAM	WRZESNIA	POL	M-40	117	M 313	02:01:07	03:43:42	05:22:41	06:55:35	08:09:32		09:23:50.00	09:24:31.85	10:26	5.7
372	TARNAWSKI ANDRZEJ	522	KB MCKIS JAWORZNO	JAWORZNO	POL	M-40	118	M 314	02:02:38	03:55:08	05:26:38	07:00:05			09:23:37.40	09:24:35.25	10:26	5.7
373	ŁUGOWSKI KAROL	402	MGR - MIŃSK GRUPA ROWEROWA	MIŃSK MAZOWIECKI	POL	M-30	140	M 315	01:49:41	03:28:18	05:09:34	06:43:25	08:02:10		09:24:56.85	09:25:30.85	10:27	5.7
374	MATUSZEWSKA MAŁGORZATA	195	RUNNER'S POWER	ŚREM	POL	K-40	27	K 59	02:02:43	03:46:43	05:25:02	06:57:44	08:13:21		09:25:16.85	09:25:42.80	10:28	5.7
375	KACZMAREK MIROŚLAW	235		ŚREM	POL	M-20	31	M 316	02:02:42	03:48:28	05:25:04	06:57:45	08:13:24		09:25:17.00	09:25:42.85	10:28	5.7
376	SETA MICHAŁ	355	PADŁ NA RYJ TEAM	GDYNIA	POL	M-30	141	M 317	02:04:19	03:45:46	05:21:48	06:53:13	08:09:03		09:26:08.20	09:27:01.25	10:29	5.7
377	KOPYCZYNSKA ALEKSANDRA	477		ZIELECICE	POL	K-30	27	K 60	01:54:21	03:24:06	04:59:45	06:21:21	08:15:05		09:27:07.55	09:27:45.50	10:30	5.7
378	BIECHONSKI JAROSŁAW	385	FUNDACJA LAF	POZNAŃ	POL	M-40	119	M 318	01:58:52	03:28:52	05:03:17	06:35:43			09:28:16.20	09:29:12.40	10:31	5.7
379	MIERZEJEWSKI ROBERT	270	CENTRUM SZKOLENIA WOJSK LĄDOWYCH	SKÓRZEWO	POL	M-40	120	M 319	01:58:52	03:28:52	05:03:19	06:36:48	08:03:42		09:28:20.10	09:29:15.60	10:31	5.7
380	GIBALSKA MARZENA	494	OBORYGENI	ROŚCIŚLAWICE	POL	K-40	28	K 61	01:59:08	03:43:39	05:24:40	07:01:59	08:14:30		09:29:51.65	09:30:08.00	10:33	5.7
381	MURAWSKA JOANNA	319	MIKI TEAM	GDAŃSK	POL	K-40	29	K 62	02:00:17	03:44:59	05:28:12	07:01:46	08:14:32		09:30:28.35	09:30:53.05	10:33	5.7
382	WASZAK BARTOSZ	351		ŚLESIN	POL	M-20	32	M 320	01:44:47	03:24:33	05:07:48	06:42:26	08:04:19		09:30:40.05	09:30:56.40	10:34	5.7
383	WASZAK RAFAŁ	341		ŚLESIN	POL	M-30	142	M 321	01:44:52	03:24:33	05:07:47	06:42:22	08:04:13		09:30:40.75	09:30:57.30	10:34	5.7
384	ZAWADZKA MARZENA	298		PIŁA	POL	K-40	30	K 63	01:59:25	03:48:54	05:24:28	06:59:04	08:15:27		09:31:52.30	09:32:03.60	10:35	5.7
385	BLAJCHERT ADAM	403		PIŁA	POL	M-40	121	M 322	01:59:01	03:49:51	05:24:26	06:57:27	08:13:50		09:31:49.95	09:32:03.75	10:35	5.7
386	PYTŁARZ WALDEMAR	300		PIŁA	POL	M-50	27	M 323	01:59:02	03:49:52	05:24:24	06:59:01	08:13:58		09:31:50.25	09:32:03.90	10:35	5.7
387	WYSOKIŃSKI DARIUSZ	486	OBORYGENI	WROCŁAW	POL	M-40	122	M 324	01:58:47	03:43:48	05:20:33	06:57:24	08:15:02		09:33:35.55	09:33:50.15	10:37	5.6
388	GÓRNICKI WOJCIECH	208	ROAD RUNNER PIPPI	TYCHY	POL	M-40	123	M 325	01:53:24	03:27:51	05:15:59	06:53:23	08:14:37		09:35:23.00	09:36:06.40	10:39	5.6
389	ONAK IZA	525		GLIWICE	POL	K-40	31	K 64	02:01:33	03:43:35	05:25:35	07:00:42	08:15:33		09:35:21.70	09:36:09.40	10:39	5.6
390	SKRZYPCZAK RADOŚLAW	433	ROUNDSPACE.PL	POZNAŃ	POL	M-40	124	M 326	02:00:27	03:40:59	05:27:42	07:01:18	08:20:20		09:38:16.95	09:38:36.85	10:42	5.6
391	KRAWCZYK JAKUB	140		KRAKÓW	POL	M-20	33	M 327	01:56:57	03:38:19	05:20:16	06:57:38	08:16:07		09:39:07.25	09:40:00.70	10:43	5.6
392	WITKOWSKI MAREK	425	1971	GORZÓW WLKP	POL	M-40	125	M 328	01:54:00	03:42:40	05:20:25	06:58:10	08:16:58		09:39:49.80	09:40:39.80	10:44	5.6
393	GOŁĘBIOWSKI PIOTREK	498	BĘDZIN TEAM	CHORZÓW	POL	M-30	143	M 329	01:59:56	03:49:26	05:23:51	07:00:56	08:19:46		09:40:07.40	09:40:58.00	10:44	5.6
394	WALENTA HANNA	163		WARSZAWA	POL	K-40	32	K 65	02:02:11	03:56:08	05:32:44	07:04:57	08:21:46		09:42:16.15	09:42:47.95	10:46	5.6
395	CHODKIEWICZ URSZULA	411		POZNAŃ	POL	K-30	28	K 66	02:00:15	03:48:54	05:27:00	07:02:56	08:19:38		09:44:07.00	09:44:58.85	10:49	5.5
396	MICHAŁAK PIOTR	104		POZNAŃ	POL	M-40	126	M 330	02:10:04	03:54:02	05:28:01	07:02:55	08:19:02		09:44:51.90	09:45:46.80	10:49	5.5
397	MICHAŁAK JOANNA	113		POZNAŃ	POL	K-40	33	K 67	02:10:23	03:53:55	05:30:12	07:03:36	08:19:30		09:44:51.95	09:45:46.85	10:49	5.5
398	JUDKOWIAK MICHAŁ	85		POZNAŃ	POL	M-30	144	M 331	01:59:00	03:45:06	05:25:43	07:06:05	08:23:15		09:44:53.40	09:45:49.90	10:49	5.5
399	SROKA JACEK	499		PRZYGDZICE	POL	M-40	127	M 332	02:08:31	03:57:32	05:39:50	07:11:53	08:30:33		09:46:32.50	09:47:03.65	10:51	5.5
400	ŚLIWIŃSKI PAWEŁ	133	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	M-30	145	M 333	01:54:08	03:39:56	05:24:38	07:01:22	08:19:37		09:46:10.00	09:47:05.10	10:51	5.5
401	WRÓBLEWSKA KATARZYNA	260		ZAWIERCIE	POL	K-30	29	K 68	01:58:23	03:55:41	05:31:56	07:11:57	08:30:33		09:47:37.30	09:47:54.60	10:52	5.5
402	MICHNIEWICZ PIOTR	540	GIT EKIPA	ZAWIERCIE	POL	M-30	146	M 334	01:58:30	03:55:42	05:32:16	07:11:58	08:30:40		09:47:36.85	09:47:55.10	10:52	5.5
403	KADECKI MAREK	287		KARGOSZYN	POL	M-40	128	M 335	02:06:44	03:56:22	05:34:03	07:16:31	08:34:28		09:47:54.90	09:48:30.30	10:53	5.5
404	KAZIMIERCZAK ZBYSZEK	77	GALOPUJĄCA SOCZEWICA	WARSZAWA	POL	M-50	28	M 336	02:07:14	03:55:26	05:33:16	07:02:43	08:20:34		09:48:46.65	09:48:55.05	10:54	5.5

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
405	BARAŃSKA ANETA	62	GALOPUJĄCA SOCZEWICA	WARSAWA	POL	K-40	34	K 69	02:07:16	03:55:25	05:33:15	07:02:26	08:20:38		09:48:46.85	09:48:55.25	10:54	5.5
406	STRÓJWAŚ MAGDALENA	357		SOSNOWIEC	POL	K-30	30	K 70	03:51:00		05:28:42	07:07:00	08:28:19		09:49:21.80	09:49:21.80	10:54	5.5
407	MAJCHERCZYK MATEUSZ	359	CROSS BOX EVOLUTION	SOSNOWIEC	POL	M-30	147	M 337	03:50:19		05:28:40	07:06:07	08:28:23		09:50:08.00	09:50:08.00	10:55	5.5
408	ŻOCHOWSKI PIOTR	292		KARGOSZYN	POL	M-50	29	M 338	02:03:18	03:56:16	05:34:08	07:18:28	08:34:24		09:49:48.90	09:50:26.05	10:55	5.5
409	OLESEK MAGDALENA	232	#CZELADZBIEGA	CZELADŹ	POL	K-30	31	K 71	01:59:17	03:49:19	05:31:27	07:02:08	08:27:16		09:50:07.15	09:50:36.70	10:55	5.5
410	PAJĄK KRZYSZTOF	365		BYTOM	POL	M-50	30	M 339	01:59:49	03:49:47	05:31:57	07:02:44	08:27:47		09:50:37.40	09:50:37.40	10:56	5.5
411	KRUPCZYŃSKI MARIUSZ	47	KRUPOLS TEAM	RASZYN	POL	M-50	31	M 340	01:51:30	03:35:52	05:21:27	07:00:59	08:26:33		09:50:51.25	09:51:28.70	10:56	5.5
412	KASTNER YVONNE	484	LT BOBENHEIM AM BERG	BOBENHEIM AM BERG	GER	K-30	32	K 72	02:10:34	03:57:59	05:42:22	07:15:39	08:33:22		09:50:48.75	09:51:30.80	10:56	5.5
413	KASTNER JOCHEN	485	LT WEISENHEIM AM BERG	BOBENHEIM AM BERG	GER	M-40	129	M 341	02:10:27	03:57:47	05:42:18	07:15:27	08:33:17		09:50:48.85	09:51:32.00	10:56	5.5
414	KRYPCZYK KATARZYNA	506	AUGUSTEAM	CHORZÓW	POL	K-40	35	K 73	02:03:41	03:56:48	05:37:44	07:16:52	08:35:10		09:51:44.95	09:52:29.60	10:57	5.5
415	STUDNICKI PAWEŁ	379		WOLA FILIPOWSKA	POL	M-40	130	M 342	01:53:47	03:45:10	05:26:08	07:15:17	08:37:39		09:52:00.65	09:52:30.50	10:57	5.5
416	MACIĄG MONIKA	360		ZAWIERCIE	POL	K-30	33	K 74	02:04:26	04:00:45	05:39:54	07:20:45	08:37:37		09:54:52.95	09:55:09.10	11:00	5.4
417	SAMOLAK ŁUKASZ	316	MILITARIA TWIERDZA KŁODZKA	ŁĄDEK ZDRÓJ	POL	M-30	148	M 343	02:03:54	03:57:53	05:39:13	07:15:20	08:39:51		09:54:13.85	09:55:10.40	11:00	5.5
418	ZŁOTOŚ MARIUSZ	211	6300	ŚWIĘTOCHŁO WICE	POL	M-50	32	M 344	01:53:54	03:36:12	05:18:30	07:00:00	08:33:47		09:56:13.70	09:56:59.95	11:02	5.4
419	KOWALEWSKI ŁUKASZ	55		KRAKÓW	POL	M-30	149	M 345	02:06:15	03:54:00	05:33:19	07:11:10	08:31:44		09:56:50.20	09:57:39.65	11:03	5.4
420	KOWALEWSKA CLAUDIA	39		KRAKÓW	POL	K-20	7	K 75	02:06:15	03:54:00	05:33:21	07:11:15	08:31:42		09:56:50.70	09:57:40.45	11:03	5.4
421	TKACZEW PAWEŁ	271	OBORYGENI	WROCŁAW	POL	M-40	131	M 346	01:59:05	03:45:12	05:29:46	07:08:05	08:27:04		09:57:25.25	09:57:44.85	11:03	5.4
422	OZIMINA HUBERT	214	OBORYGENI	OBORNKI ŚLĄSKIE	POL	M-40	132	M 347	01:59:05	03:45:11	05:29:43	07:08:51	08:26:56		09:57:24.45	09:57:45.10	11:03	5.4
423	FRĄCKOWIAK JACEK	537	RUNNER'S POWER	ŚREM	POL	M-40	133	M 348	02:02:15	03:47:13	05:25:18	07:11:26	08:38:00		09:58:15.30	09:58:41.60	11:04	5.4
424	MAŚLANIK PIOTR	350	WIECZORNE BIEGANIE W SZCZECINIE	CHOJNA	POL	M-40	134	M 349	01:59:24	03:46:15	05:32:14	07:09:47	08:29:39		10:01:57.25	10:02:29.30	11:08	5.4
425	SAMOLAK MACIEK	363	MILITARIA TWIERDZA KŁODZKA	WAŁBRZYCH	POL	M-40	135	M 350	02:03:51	03:45:39	05:31:38	07:13:59	08:36:27		10:01:42.05	10:02:39.50	11:08	5.4
426	OLEKSAK GRZEGORZ	24		BIAŁA PODLASKA	POL	M-30	150	M 351	02:33:52	04:15:47	06:01:34	07:26:39	08:43:04		10:02:20.75	10:03:10.50	11:09	5.4
427	BORCUCH EWELINA	335		PRECZÓW	POL	K-30	34	K 76	02:04:06	03:57:52	05:39:24	07:21:39	08:42:09		10:04:52.50	10:05:49.65	11:12	5.4
428	DOMŻAŁSKI MAREK	135		ŁOCHOWO	POL	M-50	33	M 352	02:01:09	03:45:06	05:29:08	07:11:12	08:37:31		10:05:42.40	10:06:45.00	11:13	5.3
429	WAŁEK PIOTR	33	RUNNERS TEAM QUIBL	WARSAWA	POL	M-40	136	M 353	02:10:24	03:58:27	05:43:18	07:22:21	08:42:10		10:09:06.55	10:09:24.25	11:16	5.3
430	DĄBROWSKI IRENEUSZ	98	RAJSPORT ACTIVE	OPOLE	POL	M-40	137	M 354	02:13:42	04:17:40	05:48:21	07:34:33	08:55:50		10:11:06.25	10:11:42.50	11:19	5.3
431	DOBREK WOJCIECH	281	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	M-50	34	M 355	02:11:32	03:59:02	05:38:35	07:21:25	08:41:22		10:11:09.60	10:12:05.30	11:19	5.3
432	KOLASIŃSKI KRZYSZTOF	395		POZNAŃ	POL	M-40	138	M 356	01:59:54	03:53:34	05:36:24	07:19:26	08:50:30		10:11:39.65	10:12:42.80	11:19	5.3
433	PAROL GRZEGORZ	284		SZCZECIN	POL	M-40	139	M 357	01:53:27	03:42:07	05:31:59	07:11:43	08:39:16		10:12:44.50	10:12:57.05	11:20	5.3
434	RYCHLIKOWSKI PAWEŁ	442		WROCŁAW	POL	M-40	140	M 358	02:16:06	04:03:29	05:46:31	07:28:31	08:52:09		10:13:17.45	10:14:04.55	11:21	5.3
435	GLUSZCZAK JERZY	420		ŁÓDŹ	POL	M-60	2	M 359	01:55:49	03:53:28	05:40:06	07:23:37	08:47:43		10:14:12.35	10:14:26.25	11:22	5.3
436	RZEPNIKOWSKI MICHAŁ	56		ŁÓDŹ	POL	M-40	141	M 360	02:16:56	04:20:51	05:56:31	07:32:02	08:55:55		10:14:25.40	10:15:23.65	11:22	5.3
437	MAJKOWSKI TOMASZ	512		DŁUGOŁĘKA	POL	M-40	142	M 361	02:11:14	04:11:18	05:50:20	07:34:03	08:55:59		10:15:49.45	10:16:20.00	11:24	5.3
438	RZEPKA DANIEL	408	GREENBUD	MIKOŁÓW	POL	M-30	151	M 362	02:10:15	03:59:09	05:50:57	07:34:39	08:56:57		10:18:58.00	10:19:22.20	11:27	5.2
439	KITA EWA	48	BIEGAMDLAZDRO WIA.PL	KĘDZIERZYN- KOZŁE	POL	K-50	1	K 77	02:12:58	04:09:41	05:54:41	07:36:33	08:56:24		10:19:49.10	10:19:57.50	11:28	5.2
440	SZUMLAS MARCIN	293	#SZUMITEAM	POŁCHOWO	POL	M-30	152	M 363	02:04:15	03:56:42	05:43:01	07:23:06	08:51:56		10:20:50.10	10:21:07.10	11:29	5.2
441	PASIERBEK WITEK	329		SUCHA BESKIDZKA	POL	M-40	143	M 364	02:01:35	03:43:34	05:30:32	07:20:21	08:47:13		10:20:52.50	10:21:41.10	11:29	5.2

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
Ć																		
442	BARAŃSKI GRZEGORZ	462		BYDGOSZCZ	POL	M-50	35	M 365	02:18:05	04:18:15	05:57:01	07:38:23	08:58:31		10:21:47.80	10:22:33.20	11:30	5.2
443	JABŁOŃSKI KAZIMIERZ	457		PRĄDY	POL	M-60	3	M 366	02:17:09	04:10:36	06:01:47	07:44:00	09:06:08		10:26:37.15	10:26:43.75	11:36	5.2
444	GMIEREK PAWEŁ	471		WOLSZTYN	POL	M-40	144	M 367	02:33:25	04:26:07	06:04:58	07:42:46	09:05:10		10:27:13.10	10:27:38.00	11:36	5.2
445	KLIKS ADAM	470		WOLSZTYN	POL	M-40	145	M 368	02:33:25	04:26:07	06:04:58	07:42:48	09:05:05		10:27:13.75	10:27:38.75	11:36	5.2
446	MOŻEJKO ARTUR	311	POCANCEROWAN I	PORAJ	POL	M-40	146	M 369	01:58:17	04:00:47	05:54:38	07:45:39	09:10:09		10:39:25.40	10:39:40.30	11:50	5.1
447	MACIĄG GRZEGORZ	367		ZAWIERCIE	POL	M-30	153	M 370	02:11:29	04:11:34	05:54:45	07:45:35	09:10:06		10:39:26.45	10:39:41.90	11:50	5.1
448	JAKUBOWSKI WOJCIECH	221	KB GEOTERMIA UNIEJÓW	UNIEJÓW	POL	M-40	147	M 371	02:01:53	03:54:41	05:47:50	07:43:36	09:12:18		10:40:58.05	10:41:55.00	11:52	5.1
	KOCZEWSKI PAWEŁ	285	MALTAŃSKA GRUPA BIEGOWA	POZNAŃ	POL	M-50			DNF	DNF	DNF	DNF	08:04:43		DNF	DNF	-	-
	SYPNIEWSKI MARCIN	286	CSWŁĄD POZNAŃ	POZNAŃ	POL	M-30			01:28:49	02:38:27	03:51:07	05:09:20	DNF		DNF	DNF	-	-
	LASOTA ARKADIUSZ	37		SOSNOWIEC	POL	M-40			01:48:19	03:22:23	05:09:49	05:45:54	DNF		DNF	DNF	-	-
	ORŁOWSKI DANIEL	310	BESTWHISKYMAR KET.COM	DEBRZNO	POL	M-40			01:52:16	03:36:38	05:20:07	07:01:50	DNF		DNF	DNF	-	-
	ZARODA ZBYSZEK	100	BIEGAM BO MNIE LUDZKOŚĆ WQRWIA	KONIN	POL	M-40			01:33:00	02:48:57	04:25:03	DNF	DNF		DNF	DNF	-	-
	POTOCKI MICHAŁ	279	BIEG OPOLSKI	OPOLE	POL	M-30			01:46:39	03:24:07	05:10:36	DNF	DNF		DNF	DNF	-	-
	MANEL MARIUSZ	45	NETBOX BIEGA/LESZNO LIMITS RUNNERS	KĄKOLEWO	POL	M-40			01:49:11	03:38:32	05:24:18	DNF	DNF		DNF	DNF	-	-
	LEŚNIAK TOMASZ	427	THE FLASH IS COMING	DĄBROWA GÓRNICZA	POL	M-30			01:46:44	03:29:44	05:49:15	DNF	DNF		DNF	DNF	-	-
	ZIEMKOWSKA MONIKA	75	ŻARÓW BIEGA	ŻARÓW	POL	K-40			02:18:15	04:09:07	05:49:41	DNF	DNF		DNF	DNF	-	-
	GAWRYSZEWSKI MICHAŁ	162		GRANICA	POL	M-40			02:03:58	03:58:20	05:53:03	DNF	DNF		DNF	DNF	-	-
	GÓRNIK ŁUKASZ	17		STYRZYNICIEC	POL	M-40			02:33:52	04:15:47	06:08:38	DNF	DNF		DNF	DNF	-	-
	NOWAK JUSTYNA	63	OBORYGENI	OBORNIKI ŚL	POL	K-30			02:08:26	04:11:58	DNF	DNF	DNF		DNF	DNF	-	-
	SZCZERBIAK MARCIN	22	DRUŻYNA BSS	ŁÓDŹ	POL	M-40			02:17:20	04:27:03	DNF	DNF	DNF		DNF	DNF	-	-
	MOLSKA MAŁGORZATA	407	BBL GORZÓW	KŁODAWA	POL	K-50			02:27:02	04:27:26	DNF	DNF	DNF		DNF	DNF	-	-
	SZELER JOANNA	151	BIEGAJĄCA Z PSAMI	WARSZAWA	POL	K-40			02:40:30	04:35:57	DNF	DNF	DNF		DNF	DNF	-	-
	WYRĄBKIEWICZ JANUSZ	418	APTEKA MIKSTURA CIECHOCINEK	CIECHOCINEK	POL	M-60			02:41:37	04:36:01	DNF	DNF	DNF		DNF	DNF	-	-
	ZAJĄC KRZYSZTOF	218	ZP SZPIKI\WKURW_T EAM\BEZULTRAD ZIKI	POZNAŃ	POL	M-40			02:15:38	04:38:39	DNF	DNF	DNF		DNF	DNF	-	-
	OSAKOWICZ MATEUSZ	268	MATEUSZ OSAKOWICZ	WARSZAWA	POL	M-30			01:35:02	DNF	DNF	DNF	DNF		DNF	DNF	-	-
	WIESZACZEWSKA AGNIESZKA	186	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	K-30			02:32:42	DNF	DNF	DNF	DNF		DNF	DNF	-	-
0	DOMBROWSKI MACIEJ	274	RUNNING.CHEF - PTC PRZEMYSŁ	HVALSTAD	POL	M-20	1	M 1	01:08:38	01:57:56	02:51:53	03:39:50	04:23:35		05:07:33.15	05:07:34.20	5:41	10.5
1	MAJER JANUSZ	361		TOPOLÓW	POL	M-40	1	M 2	01:13:27	02:09:16	03:08:13	04:00:59	04:46:15		05:30:39.00	05:30:41.00	6:07	9.8
2	MCCONNELL ANDREW	538		WATSON	AUS	M-30	1	M 3	01:21:09	02:20:43	03:20:37	04:14:16	04:57:18		05:40:30.95	05:40:32.65	6:18	9.5

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
3	NOVOTNY PETR	536	TAIWAN BEAST RUNNERS	ČERVENÝ KOSTELEČ	CZE	M-30	2	M 4	01:13:37	02:08:29	03:11:14	04:10:35	04:59:12		05:44:34.75	05:44:44.40	6:22	9.4
4	KOSTERKIEWICZ MARCIN	103	RYBAK PERSONAL TRAINER PTC PRZEMYŚL	PRZEMYŚL	POL	M-40	2	M 5	01:18:18	02:19:04	03:21:18	04:15:48	05:00:27		05:45:57.10	05:45:58.00	6:24	9.4
5	KORPALSKI TOMASZ	209	BIEGAJ Z GŁOWĄ	GDAŃSK	POL	M-30	3	M 6	01:23:15	02:22:33	03:22:37	04:15:58	05:00:34		05:46:27.75	05:46:57.40	6:24	9.4
6	ŁYJAK BŁAŻEJ	434	CHATA BIEGACZA K34	WROCŁAW	POL	M-30	4	M 7	01:16:48	02:17:07	03:19:16	04:14:46	05:02:39		05:47:28.00	05:47:32.15	6:26	9.3
7	STOLARZ PIOTR	170		DĄBROWA GÓRNICZA	POL	M-40	3	M 8	01:14:34	02:11:52	03:13:34	04:13:42	05:01:08		05:48:58.70	05:49:03.15	6:27	9.3
8	LANGNER RADOSŁAW	215	VEGE RUNNERS	WROCŁAW	POL	M-30	5	M 9	01:17:18	02:18:19	03:18:41	04:16:47	05:06:03		05:51:47.95	05:51:57.60	6:30	9.2
9	PLOCH JAKUB	401	NIGHT RUNNERS	ZABRZE	POL	M-20	2	M 10	01:16:39	02:18:07	03:20:22	04:18:51	05:07:17		05:56:35.60	05:56:36.80	6:36	9.1
10	WINIARSKA KATARZYNA	314	PKB/HRT	PRZEMYŚL	POL	K-30	1	K 1	01:20:04	02:20:41	03:22:39	04:18:06	05:07:10		05:56:42.85	05:56:44.95	6:36	9.1
11	RAZIM MATEUSZ	410	6 BPD	UJAZD	POL	M-20	3	M 11	01:21:59	02:23:08	03:24:48	04:21:23	05:09:39		05:57:06.75	05:57:17.45	6:36	9.1
12	FUDAŁA PATRYCJUSZ	511	KM PSP	TRZEBINIA	POL	M-40	4	M 12	01:19:30	02:20:24	03:21:26	04:20:04	05:11:19		05:59:24.60	05:59:27.70	6:39	9
13	WOLBACH TOMASZ	247	WOLNE ŚLIMAKI	POZNAN	POL	M-30	6	M 13	01:21:43	02:23:22	03:25:01	04:22:20	05:12:48		06:00:45.75	06:00:52.95	6:40	9
14	WASZEK SŁAWOMIR	254	KARKONOSZ RUNNING TEAM	WROCŁAW	POL	M-30	7	M 14	01:13:32	02:13:37	03:14:34	04:16:24	05:12:49		06:01:35.05	06:01:45.30	6:41	9
15	SZCZEPANIAK MARCIN	50	XRUNNERS	KONIN	POL	M-30	8	M 15	01:14:28	02:15:27	03:19:46	04:20:12	05:13:35		06:01:58.45	06:02:00.15	6:42	9
16	MACULEWICZ MATEUSZ	61		KATOWICE	POL	M-30	9	M 16	01:21:38	02:23:42	03:27:24	04:27:19	05:18:21		06:09:45.55	06:09:50.30	6:50	8.8
17	TOPOLSKI MARCIN	524		JADOWNIKI	POL	M-40	5	M 17	01:20:22	02:21:09	03:24:41	04:26:29	05:20:47		06:10:07.90	06:10:11.80	6:51	8.8
18	KONVALINA MATÉJ	399	ULTRA MOST	MOST	CZE	M-30	10	M 18	01:25:16	02:31:40	03:38:28	04:38:18	05:28:42		06:16:30.90	06:16:37.95	6:58	8.6
19	OLKIS RAFAŁ	155	PRZEBIEGA.PL	WROCŁAW	POL	M-30	11	M 19	01:17:17	02:19:27	03:28:49	04:31:42	05:26:39		06:17:41.15	06:17:45.60	6:59	8.6
20	MYSZCZYSZYN ŁUKASZ	172	KUDOWA BIEGA ZDRÓJ	KUDOWA	POL	M-30	12	M 20	01:19:09	02:23:56	03:34:08	04:36:11	05:28:33		06:18:27.20	06:18:36.10	7:00	8.6
21	ZALEWSKI DARIUSZ	342	KWT	GDAŃSK	POL	M-40	6	M 21	01:21:00	02:28:13	03:37:54	04:43:27	05:34:00		06:22:18.45	06:22:20.75	7:04	8.5
22	KOLMAJER RAFAŁ	244		BYDGOSZCZ	POL	M-30	13	M 22	01:18:41	02:22:55	03:32:38	04:41:09	05:35:30		06:25:21.70	06:25:25.35	7:08	8.4
23	KĄZMIERCZAK MARTA	505		WARSZAWA	POL	K-30	2	K 2	01:20:05	02:23:36	03:33:20		05:32:11		06:25:32.95	06:25:49.10	7:08	8.4
24	ZAWORSKI TOMASZ	226		WROCŁAW	POL	M-30	14	M 23	01:24:58	02:32:04	03:40:05	04:45:30	05:35:47		06:25:48.00	06:25:53.80	7:08	8.4
25	HEŁMECKI ARTUR	400		KRAKÓW	POL	M-40	7	M 24	01:21:42	02:26:32	03:34:37	04:41:34	05:36:14		06:25:59.90	06:26:09.25	7:08	8.4
26	SZYDLIK ARKADIUSZ	129	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-30	15	M 25	01:19:38	02:22:29	03:32:06	04:35:45	05:35:07		06:26:09.15	06:26:30.30	7:09	8.4
27	MIKEŠOVÁ JANA	158	BAKAKO RUNNING TEAM	NOVÁ PAKA	CZE	K-20	1	K 3	01:24:54	02:31:43	03:41:22	04:45:22	05:36:29		06:26:46.40	06:26:49.30	7:09	8.4
28	ROPELEWSKI TOMASZ	147		POZNAŃ	POL	M-20	4	M 26	01:26:29	02:35:29	03:44:39	04:49:47			06:28:41.80	06:28:59.70	7:11	8.3
29	NIEZGÓDKA TOMASZ	528		WROCŁAW	POL	M-40	8	M 27	01:29:49	02:36:16	03:45:50	04:49:43	05:39:49		06:28:51.95	06:29:04.05	7:12	8.3
30	BENDIG WOJCIECH	306		RADKÓW	POL	M-40	9	M 28	01:30:38	02:36:05	03:39:30	04:44:57	05:37:39		06:29:51.15	06:30:23.20	7:13	8.3
31	STEFANIAK ŁUKASZ	460		SZCZECIN	POL	M-40	10	M 29	01:20:21	02:21:45	03:25:56	04:25:39	05:36:41		06:30:33.35	06:30:38.90	7:13	8.3
32	DOMBROWSKI JAKUB	389	KRWAWIE SUTY RUN&BIKE	KRAKÓW	POL	M-30	16	M 30	01:26:36	02:33:59	03:41:49	04:42:25	05:36:00		06:31:40.20	06:31:48.05	7:15	8.3
33	ŚWIERAD DARIUSZ	35	ASICS FRONTRUNNER POLSKA	KRAKÓW	POL	M-30	17	M 31	01:19:55	02:21:07	03:25:59	04:33:53	05:33:45		06:32:03.75	06:32:06.50	7:15	8.3
34	MARGASIŃSKI JACEK	173	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	ZĄBKOWICE ŚLĄSKIE	POL	M-30	18	M 32	01:21:51	02:26:08	03:35:43	04:44:04	05:40:21		06:33:17.05	06:33:20.95	7:16	8.2
35	JARMOLIŃSKI PIOTR	258	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN MIERZYN	POL	M-40	11	M 33	01:30:15	02:38:32	03:49:17	04:51:44	05:44:07		06:35:34.70	06:35:42.85	7:19	8.2
36	ZIĘBORAK SZYMON	166		NIEPORĘT	POL	M-30	19	M 34	01:20:25	02:29:43	03:37:52	04:46:09	05:44:15		06:36:59.25	06:37:01.85	7:21	8.2
37	JANIK RAFAŁ	275	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	M-40	12	M 35	01:18:56	02:23:02	03:35:14	04:41:23	05:37:43		06:37:50.00	06:37:53.80	7:22	8.1
38	MALINOWSKI ŁUKASZ	201	SZCZYTOGRAFIA	DĘBICA	POL	M-20	5	M 36	01:42:13	02:51:41	04:04:32	05:03:15	05:51:07		06:37:35.80	06:38:05.75	7:21	8.1

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
39	MIKRUT REMIGIUSZ	331	CHELMNO BIEGA	CHELMNO	POL	M-30	20	M 37	01:30:24	02:40:10	03:50:12	04:55:29	05:46:41		06:38:26.55	06:38:37.30	7:22	8.1
40	KRZYSZTOŃ TOMASZ	327	AMBITNI AMATORZY	ŻARKI	POL	M-40	13	M 38	01:30:30	02:40:03	03:50:06	04:55:40	05:47:58		06:38:46.05	06:38:51.80	7:23	8.1
41	BLUMENFELD JACEK	49		ŁÓDŹ	POL	M-20	6	M 39	01:26:19	02:33:17	03:46:01	04:54:52	05:48:41		06:40:37.50	06:40:46.25	7:25	8.1
42	KUCHARSKI PRZEMYSŁAW	382	ROKIETNICA BIEGA	ROKIETNICA	POL	M-30	21	M 40	01:30:08	02:35:22	03:37:46	04:05:52	04:51:28	00:59:00	06:40:19.85	06:41:03.00	6:19	9.5
43	RYNKIEWICZ AGNIESZKA	87	TEAM FIT TEST FAMILIY	GORZÓW WLKP.	POL	K-30	3	K 4	01:30:46	02:41:15	03:53:46	04:55:44	05:48:42		06:40:59.45	06:41:04.20	7:25	8.1
44	DANIELAK MICHAŁ	451	ORKIESTRA WOJSKOWA W TORUNIU	ROŻNO-PARC ELE	POL	M-40	14	M 41	01:30:22	02:38:13	03:48:17	04:54:25	05:47:08		06:41:12.80	06:41:43.90	7:25	8.1
45	GOLIŃSKI MICHAŁ	168		OTWOCK	POL	M-30	22	M 42	01:24:42	02:35:50	03:49:20	04:57:58	05:50:58		06:42:25.00	06:42:34.30	7:27	8.1
46	KORCZ DANIEL	521	KB MCKIS JAWORZNO	JAWORZNO	POL	M-30	23	M 43	01:28:32	02:36:20	03:45:44	04:54:29			06:42:11.50	06:42:34.30	7:26	8.1
47	GARCZYŃSKI DAREK	136		KATOWICE	POL	M-40	15	M 44	01:28:47	02:39:13	03:50:28	04:55:31	05:51:50		06:43:03.05	06:43:09.95	7:27	8
48	MACIĄG GRZEGORZ	81		KRAKÓW	POL	M-30	24	M 45	01:28:48	02:38:11	03:45:07	04:43:12	05:37:49		06:43:02.55	06:43:14.40	7:27	8
49	NOWAK WOJTEK	10	EXPLORADOR	POZNAŃ	POL	M-40	16	M 46	01:30:26	02:37:55	03:47:36	04:54:30	05:48:43		06:42:48.10	06:43:17.15	7:27	8
50	KULESZA ARTUR	167	BESKIDZKA 160	DĘBOWIEC	POL	M-50	1	M 47	01:30:23	02:34:54	03:44:17	04:52:58	05:47:47		06:43:28.75	06:43:41.20	7:28	8
51	KUCIEL PAWEŁ	203	KOPALNIA WAPIENIA CZATKOWICE	TENCZYNEK	POL	M-20	7	M 48	01:23:15	02:30:41	03:43:16	04:50:55	05:48:08		06:43:07.80	06:43:52.95	7:27	8
52	KUNA WOJCIECH	26		KRAKÓW	POL	M-20	8	M 49	01:30:31	02:38:43	03:49:03	04:55:47	05:51:08		06:44:47.50	06:44:53.00	7:29	8
53	GAJDA SEBASTIAN	194	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	M-30	25	M 50	01:24:08	02:36:28	03:50:02	04:57:01	05:52:43		06:45:05.10	06:45:11.20	7:30	8
54	JANIAK PRZEMYSŁAW	13		WARSZAWA	POL	M-30	26	M 51	01:20:22	02:26:44	03:34:30	04:51:58	05:50:19		06:46:05.90	06:46:12.90	7:31	8
55	PLUTA DANIEL	404	TEAM PLUTT	PULAWY	POL	M-30	27	M 52	01:30:15	02:41:34	03:52:33	04:59:56	05:54:11		06:46:04.05	06:46:18.10	7:31	8
56	STRYCHARSKI KRYSZTIAN	492	AVE MARIA KIDS	WARSZAWA	POL	M-30	28	M 53	01:26:56	02:38:07	03:55:00	05:02:42	05:56:10		06:48:51.30	06:48:55.45	7:34	7.9
57	JAROSZ ANNA	179		KŁODZKO	POL	K-20	2	K 5	01:29:25	02:38:39	03:51:19	04:54:37	05:51:29		06:49:52.05	06:50:28.40	7:35	7.9
58	MATEJA MARIUSZ	250	RAT TEAM	NYSA	POL	M-30	29	M 54	01:27:14	02:40:37	03:54:14	05:02:10	05:58:24		06:50:33.40	06:50:44.15	7:36	7.9
59	KACZMAREK MAGDALENA	132	STREFA PSYCHOLOGII SPORTU	POZNAŃ	POL	K-30	4	K 6	01:32:28	02:41:52	03:57:54	05:04:59	05:59:32		06:50:36.50	06:50:54.70	7:36	7.9
60	GÓRNIAK-ANTKOWIAK AGNIESZKA	517	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	K-40	1	K 7	01:28:52	02:38:30	03:48:56	04:58:07	05:56:19		06:51:47.60	06:51:53.25	7:37	7.9
61	PRYSTASZ KRZYSZTOF	487	OŁAWSKA GRUPA BIEGOWA	OŁAWA	POL	M-40	17	M 55	01:20:25	02:30:28	03:43:41	04:58:15	05:56:15		06:51:49.20	06:51:55.15	7:37	7.9
62	KUSZTEŁAK JACEK	328		PIERWOSZÓ W BIAŁA	POL	M-30	30	M 56	01:28:57	02:41:20	03:53:58	05:03:37	06:01:00		06:52:44.65	06:52:53.05	7:38	7.8
63	RÓŻANOWSKI ŁUKASZ	139		BIELSKO BIAŁA	POL	M-30	31	M 57	01:27:21	02:37:08	03:50:29	04:57:57	05:57:50		06:52:43.20	06:53:11.70	7:38	7.9
64	MURAWSKI MACIEJ	318	MIKI TEAM	GDAŃSK	POL	M-40	18	M 58	01:30:19	02:38:47	03:51:26	05:00:40	05:58:19		06:52:50.90	06:53:14.15	7:38	7.8
65	ORUBA DAWID	2		WIRY	POL	M-20	9	M 59	01:28:48	02:39:11	03:54:44	05:03:43	06:00:45		06:53:58.50	06:54:12.10	7:39	7.8
66	SZAPORÓW ŁUKASZ	337	SPARTAN RACE TEAM GROUP PROSZOWICE	PROSZOWICE	POL	M-30	32	M 60	01:25:06	02:29:45	03:43:53	04:56:54	05:58:18		06:54:40.75	06:54:42.90	7:40	7.8
67	PIECUCH MARCIN	164	LACHO TEAM	KRAKÓW	POL	M-30	33	M 61	01:28:09	02:39:56	03:56:17	05:02:39	05:59:23		06:54:52.05	06:54:58.10	7:40	7.8
68	WALCZAK PATRYK	178	XRUNNERS	KONIN	POL	M-20	10	M 62	01:25:26	02:38:11	03:53:35	05:02:14	06:00:55		06:55:14.30	06:55:15.70	7:41	7.8
69	BUCHLA MARCIN	301	GT RAT	WROCŁAW	POL	M-40	19	M 63	01:30:05	02:44:11	03:58:14	05:05:45	06:02:22		06:56:54.00	06:56:57.35	7:43	7.8
70	KOMISARCZYK ANNA	3		SZCZECIN	POL	K-30	5	K 8	01:33:03	02:47:25	04:00:50	05:07:57	06:01:26		06:57:02.20	06:57:10.20	7:43	7.8
71	RATYŃSKI MAREK	117	OTWOCKI TUPTACZ	OTWOCK	POL	M-40	20	M 64	01:25:05	02:38:21	03:50:14	05:07:16	06:00:15		06:57:26.30	06:57:35.45	7:43	7.8
72	SOKOŁOWSKI GRZEGORZ	394		WARSZAWA	POL	M-40	21	M 65	01:26:57	02:36:35	03:50:54	05:02:07	05:59:57		06:58:00.25	06:58:02.55	7:44	7.8
73	CWOJDZIŃSKI PIOTR	469	NIGHT RUNNERS	POZNAŃ	POL	M-40	22	M 66	01:30:26	02:42:11	03:57:58	05:07:43	06:04:27		06:57:48.20	06:58:03.85	7:44	7.8
74	THIER DOMINIK	119	KS KANDAHAR	WARSZAWA	POL	M-40	23	M 67	01:31:00	02:43:29	03:58:55	05:07:39	06:05:02		07:00:11.95	07:00:16.70	7:46	7.7
75	LEWANDOWSKI FILIP	176		BYDGOSZCZ	POL	M-30	34	M 68	01:30:43	02:40:50	03:56:14	05:07:43	06:04:43		07:01:00.10	07:01:21.65	7:47	7.7
76	KOWALSKI ANDRZEJ	452		WROCŁAW	POL	M-50	2	M 69	01:29:47	02:40:32	03:54:45	05:07:01	06:04:42		07:01:57.20	07:02:05.05	7:48	7.7

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
77	LEWANDOWSKA KAROLINA	539	DREAM RUN	GAMRATKA		K-40	2	K 9	01:32:24	02:45:31	03:58:27	05:08:29	06:05:23		07:03:22.75	07:03:40.80	7:50	7.7
78	KOCHANOWSKI MICHAŁ	193	NR	KRAKÓW	POL	M-20	11	M 70	01:32:02	02:44:52	04:01:51	05:10:27	06:08:43		07:04:48.65	07:05:17.15	7:52	7.6
79	CHECHELSKI PRZEMYSŁAW	200	TAURON TEAM	PŁOKI	POL	M-30	35	M 71	01:30:57	02:40:19	03:56:16	05:08:38	06:08:52		07:06:29.45	07:06:51.30	7:53	7.6
80	KWOLIK DANIEL	491		DŁUGOPOLE ZDRÓJ	POL	M-40	24	M 72	01:24:20	02:35:35	03:52:18	05:04:49	06:07:18		07:06:44.25	07:06:57.40	7:54	7.6
81	NOWAK PAWEŁ	448	SUPERMARATON KALISZ	KALISZ	POL	M-50	3	M 73	01:31:55	02:44:44	03:59:48	05:10:53	06:09:07		07:07:05.75	07:07:07.30	7:54	7.6
82	SZYL MAREK	105	RUNNERS TEAM QUIBL	WARSZAWA	POL	M-40	25	M 74	01:32:10	02:49:05	04:08:50	05:19:22	06:12:11		07:06:51.50	07:07:10.20	7:54	7.6
83	LAMPARSKI ŁUKASZ	308		GÓRKI WIELKIE	POL	M-30	36	M 75	01:32:12	02:48:33	04:00:46	05:12:23	06:11:40		07:07:13.20	07:07:23.35	7:54	7.6
84	OBIDOWSKI ŁUKASZ	8	NARAMOWICE BIEGAJĄ	POZNAŃ	POL	M-30	37	M 76	01:29:27	02:42:21	03:58:35	05:09:46	06:09:36		07:07:33.15	07:07:36.25	7:55	7.6
85	PIECUCH KAROLINA	141	LACHO TEAM/SKLEP BIEGACZA	PRZEWORSK	POL	K-30	6	K 10	01:31:11	02:45:00	04:09:07	05:17:41	06:13:20		07:07:33.70	07:07:40.05	7:55	7.6
86	MROWCA JOANNA	95		JAWISZÓW	POL	K-20	3	K 11	01:38:15	02:52:49	04:07:05	05:16:18	06:13:30		07:07:43.35	07:07:58.90	7:55	7.6
87	EWERT-KRZEMIEŃSKI STANISŁAW	504		SZCZECIN	POL	M-30	38	M 77	01:34:14	02:52:04	04:05:37	05:15:44	06:11:33		07:08:20.60	07:09:09.45	7:55	7.6
88	STROBIN FILIP	449		KONSTANTY NÓW ŁÓDZKI	POL	M-30	39	M 78	01:38:32	02:53:21	04:09:06	05:17:36	06:14:05		07:08:53.55	07:09:15.75	7:56	7.6
89	DEMYDA MICHAŁ	282		OŁAWA	POL	M-30	40	M 79	01:27:41	02:36:58	03:51:10	05:02:54	06:08:42		07:09:42.90	07:09:48.45	7:57	7.5
90	RYNKIEWICZ MATEUSZ	67	TEAM FIT TEST FAMILY	GORZÓW WLKP.	POL	M-30	41	M 80	01:30:46	02:41:27	03:55:37	05:11:11	06:12:26		07:11:35.60	07:11:40.95	7:59	7.5
91	KOWALIK MARIUSZ	80	NGB KŁOBUCK	KŁOBUCK	POL	M-30	42	M 81	01:24:39	02:37:41	03:57:39	05:11:08	06:11:58		07:11:59.95	07:12:05.10	8:00	7.5
92	MAKAREWICZ WIKTOR	60	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M-30	43	M 82	01:34:58	02:49:13	04:04:01	05:14:28	06:10:43		07:16:12.80	07:16:56.45	8:04	7.4
93	KONRAD ARTUR	27	BRACIA TEAM ZAWIERCIE	ZAWIERCIE	POL	M-40	26	M 83	01:34:14	02:53:20	04:08:24	05:19:24	06:21:17		07:17:16.25	07:17:28.95	8:05	7.4
94	KONRAD MARCIN	29	BRACIA TEAM ZAWIERCIE	ZAWIERCIE	POL	M-30	44	M 84	01:34:14	02:53:20	04:08:29	05:19:33	06:21:18		07:18:29.05	07:18:42.25	8:07	7.4
95	SKROK KRZYSZTOF	339	RYKOWISKO	PŁOCK	POL	M-40	27	M 85	01:38:16	02:57:41	04:13:35	05:25:18	06:22:29		07:18:03.95	07:18:44.80	8:06	7.4
96	KŁOSOWSKI PIOTR	313	STRZEGOMSKA DWUNASTKA	STRZEGOM	POL	M-40	28	M 86	01:29:10	02:37:55	03:58:15	05:16:14	06:20:47		07:18:32.65	07:18:55.30	8:07	7.4
97	GRUCA KORNEL	299		BIELSKO-BIA ŁA	POL	M-20	12	M 87	01:31:38	02:42:29	04:04:18	05:18:03			07:18:54.60	07:19:05.90	8:07	7.4
98	WÓJCİK MAŁGORZATA	220	BESKIDZKA 160	WIĄZOWNA	POL	K-40	3	K 12	01:32:13	02:49:03	04:09:58	05:21:52	06:22:53		07:18:53.80	07:19:06.80	8:07	7.4
99	PAPROCKI KRZYSZTOF	52		POLKOWICE	POL	M-40	29	M 88	01:33:33	02:50:00	04:11:53	05:24:27	06:23:15		07:18:49.85	07:19:10.70	8:07	7.4
100	NIEMCZYK DAMIAN	391	DREAM RUN	WARSZAWA	POL	M-30	45	M 89	01:29:45	02:43:11	03:57:43	05:14:13	06:20:49		07:19:13.55	07:19:36.65	8:08	7.4
101	PIĄTEK KAROLINA	146	NOGAMIDOGORY. PL	KRAKÓW	POL	K-30	7	K 13	01:32:07	02:42:23	04:00:02	05:15:28	06:19:38		07:19:19.90	07:19:45.25	8:08	7.4
102	GÓRAL GRZESIEK	520	KB MCKIS JAWORZNO	KRAKÓW SWOSZOWIC E	POL	M-30	46	M 90	01:32:33	02:42:50	04:00:27	05:15:55	06:19:48		07:19:45.35	07:19:45.35	8:08	7.4
103	GOLĄB MATEUSZ	222		POZNAŃ	POL	M-30	47	M 91	01:33:11	02:46:59	04:05:10	05:19:38	06:22:10		07:20:42.40	07:20:46.35	8:09	7.4
104	BĘDNARZ SEBASTIAN	54		OTMUCHÓW	POL	M-40	30	M 92	01:35:33	02:49:15	04:06:47	05:19:52	06:21:30		07:20:29.95	07:20:49.45	8:09	7.4
105	KĄŻMIERCZAK PIOTR	346	FILIPIDES	WARSZAWA	POL	M-30	48	M 93	01:35:08	02:50:11	04:10:27	05:23:14	06:24:29		07:20:37.65	07:21:14.20	8:09	7.4
106	DUDA DAWID	383	REHAU TEAM	PYSZAÇA	POL	M-30	49	M 94	01:30:58	02:47:20	04:10:25	05:26:41	06:26:08		07:21:07.30	07:21:26.00	8:10	7.3
107	ROJEWSKI PAWEŁ	225		ŁÓDŹ	POL	M-30	50	M 95	01:24:55	02:40:16	04:01:55		06:20:05		07:21:31.30	07:21:34.80	8:10	7.3
108	BADURA WOJTEK	503	ZIELONA TRAFFKA	BIELSKO-BIA ŁA	POL	M-50	4	M 96	01:37:48	02:56:35	04:13:31	05:27:31	06:26:19		07:21:42.05	07:22:13.30	8:10	7.3
109	NOWAK MARCIN	206	BIEGNĄCY ZA PABLEM	KRAKÓW	POL	M-30	51	M 97	01:36:19	02:53:20	04:13:23	05:28:19	06:27:55		07:22:30.55	07:23:12.30	8:11	7.3
110	IGNASZEWSKI KRZYSZTOF	289	RUNNER'S POWER	ŚREM	POL	M-30	52	M 98	01:30:45	02:47:21	04:10:27	05:26:35	06:26:11		07:23:12.65	07:23:30.55	8:12	7.3
111	MATUSZEWSKI MAREK	196	RUNNER'S POWER	ŚREM	POL	M-40	31	M 99	01:30:57	02:46:08	04:10:22	05:26:38	06:26:15		07:23:13.60	07:23:30.90	8:12	7.3

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
112	MATYJASEK PAULINA	349		JÓZEFÓW	POL	K-30	8	K 14	01:41:23	03:03:15	04:20:31	05:31:54	06:27:53		07:23:34.35	07:24:02.35	8:12	7.3
113	SIKORA MICHAŁ	326		PULAWY	POL	M-40	32	M 100	01:35:02	02:53:14	04:11:28	05:26:31	06:29:04		07:24:12.95	07:24:54.10	8:13	7.3
114	KOCOŃ MARIUSZ	376	BOLKO OPOLE	OPOLE	POL	M-50	5	M 101	01:37:47	02:59:12	04:18:27	05:32:59	06:29:37		07:24:55.60	07:25:33.45	8:14	7.3
115	NOWINOWSKI ANDRZEJ	38	KB MARATON TUREK	TUREK	POL	M-40	33	M 102	01:24:50	02:35:10	03:51:48	05:10:10	06:18:38		07:25:54.00	07:25:58.25	8:15	7.3
116	GÓRNICKI TOMASZ	228		WARSZAWA	POL	M-30	53	M 103	01:36:30	02:57:38	04:15:51	05:28:36	06:29:26		07:26:29.60	07:27:15.40	8:16	7.3
117	SZCZEŚNIAK DOROTA	356	RANKOR	DĄBRÓWKA	POL	K-30	9	K 15	01:38:49	03:00:04	04:20:57	05:33:14	06:32:48		07:27:12.65	07:27:24.80	8:16	7.2
118	PAPIEWSKA NATALIA	303		MYŚLENICE	POL	K-20	4	K 16	01:44:10	03:01:00	04:19:17	05:29:49	06:26:36		07:27:17.85	07:27:50.50	8:17	7.2
119	USS AGNIESZKA	25	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	KIELCE	POL	K-40	4	K 17	01:40:39	03:03:30	04:21:15	05:30:53	06:27:52		07:28:19.70	07:28:41.90	8:18	7.2
120	MACKIEWICZ ARTUR	295	DLUGOBIEGANIE	SZCZECIN	POL	M-40	34	M 104	01:34:38	02:59:43	04:15:10	05:32:00	06:29:18		07:28:22.10	07:28:47.00	8:18	7.2
121	SKRZYPCZAK MACIEJ	530	RUNNER'S POWER	KSIAŻ WLKP.	POL	M-30	54	M 105	01:30:56	02:47:21	04:10:23	05:28:02	06:29:20		07:28:42.85	07:29:01.10	8:18	7.2
122	HORYNA DANIEL	461	OPOLANY	OPOLANY	CZE	M-40	35	M 106	01:37:53	02:52:19	04:09:44	05:25:42	06:29:06		07:28:33.75	07:29:21.00	8:18	7.2
123	JACH PAWEŁ	253		WROCŁAW	POL	M-50	6	M 107	01:32:02	02:45:06	04:01:43	05:17:48	06:22:09		07:29:39.65	07:29:48.75	8:19	7.2
124	GOLEC TOMASZ	455		GDAŃSK	POL	M-30	55	M 108	01:37:42	02:59:29	04:19:18	05:35:58	06:35:08		07:30:15.00	07:30:48.65	8:20	7.2
125	GRUNTOWSKI MATEUSZ	15		NIEMODLIN	POL	M-30	56	M 109	01:36:30	02:57:48	04:23:20	05:36:06	06:34:03		07:30:27.40	07:30:54.60	8:20	7.2
126	ZIMKOWSKI MARCIN	535	KGHM ZG RUN	GŁOGÓW	POL	M-30	57	M 110	01:28:52	02:43:46	04:09:11	05:27:44	06:29:25		07:30:50.35	07:31:01.30	8:20	7.2
127	SZCZOTKA KATARZYNA	84		PSZCZYNA	POL	K-40	5	K 18	01:44:56	03:05:28	04:25:46	05:39:42	06:35:02		07:31:34.95	07:31:49.80	8:21	7.2
128	KOWALCZYK MAREK	352	KB TKKF PROMYK CIECHANÓW	CIECHANÓW	POL	M-40	36	M 111	01:38:46	02:53:23	04:12:14	05:29:25	06:31:36		07:32:08.80	07:32:49.20	8:22	7.2
129	DZIUBA PIOTR	99		WROCŁAW	POL	M-40	37	M 112	01:32:21	02:52:20	04:16:54	05:32:08	06:35:53		07:34:06.25	07:34:20.55	8:24	7.1
130	MICHALSKI PIOTR	174		WROCŁAW	POL	M-30	58	M 113	01:36:42	02:55:00	04:15:34	05:30:32	06:33:50		07:34:00.90	07:34:21.75	8:24	7.1
131	JACHYMSKI JACEK	435	AKG ŁÓDŹ	ŁÓDŹ	POL	M-50	7	M 114	01:41:37	03:04:43	04:24:46	05:35:09	06:36:12		07:34:12.20	07:34:30.10	8:24	7.1
132	GRYSKA PIOTR	508		GRODKÓW	POL	M-40	38	M 115	01:37:50	02:58:25	04:15:47	05:35:37	06:35:08		07:34:29.45	07:34:34.50	8:24	7.1
133	KRZEMIELNIEWSKI ADAM	507		SZCZECIN	POL	M-20	13	M 116	01:31:09	02:44:36	04:19:42	05:45:42	06:38:25		07:34:01.40	07:34:50.80	8:24	7.1
134	KONDZIELNIK MAGDALENA	76		PSZCZYNA	POL	K-40	6	K 19	01:44:54	03:05:27	04:25:45	05:39:41	06:35:14		07:35:16.70	07:35:32.05	8:25	7.1
135	KOZIEŁ TOMASZ	240	KUDOWSCY MIŁOŚNICY BIEGANIA	KUDOWA-ZD RÓJ	POL	M-30	59	M 117	01:30:15	02:45:17	04:04:21	05:24:44	06:33:10		07:36:04.05	07:36:34.60	8:26	7.1
136	SZMAJ MICHAŁ	412	AKTYWNY OSTRZESZÓW	OSTRZESZÓW	POL	M-20	14	M 118	01:31:02	02:47:00	04:13:58	05:38:41	06:41:25		07:36:16.55	07:36:35.35	8:26	7.1
137	ADAMCZEWSKI JAKUB	468	NIGHT RUNNERS	POZNAŃ	POL	M-30	60	M 119	01:37:22	02:58:08	04:25:34	05:45:11	06:41:36		07:37:01.45	07:37:20.60	8:27	7.1
138	PLEWA TOMASZ	83		KIELCE	POL	M-40	39	M 120	01:34:17	02:59:19	04:20:39	05:34:15	06:37:48		07:37:48.85	07:38:11.40	8:28	7.1
139	KILIŃSKI JACEK	364	ELITE SPORTS	OSTROWY NAD OKSZĄ	POL	M-40	40	M 121	01:29:05	02:47:14	04:11:32	05:34:05	06:37:49		07:38:43.30	07:38:45.00	8:29	7.1
140	OLSZAK DARIUSZ	276		GRĘBOCICE	POL	M-30	61	M 122	01:32:55	02:50:04	04:15:21	05:37:01	06:39:02		07:37:57.95	07:38:56.20	8:28	7.1
141	CIRKO ARKADIUSZ	189	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	LUBIN	POL	M-40	41	M 123	01:33:49	02:50:08	04:15:27	05:37:08	06:39:15		07:38:05.10	07:38:58.45	8:28	7.1
142	PAROL ARTUR	424	RAD	ZĄBKI	POL	M-40	42	M 124	01:34:42	02:55:04	04:14:59	05:32:10	06:42:34		07:38:42.70	07:38:59.35	8:29	7.1
143	RÓŻAŃSKI MATEUSZ	266		KATOWICE	POL	M-30	62	M 125	01:34:48	02:48:59	04:06:41	05:31:09	06:37:03		07:38:38.25	07:39:06.90	8:29	7.1
144	NOWOROLNIK PAWEŁ	108	PĘDZĄCE MISIE	GLIWICE	POL	M-30	63	M 126	01:42:12	02:59:49	04:22:10	05:36:15	06:40:54		07:38:49.00	07:39:28.00	8:29	7.1
145	STARUCH ROBERT	65	DABEX - BOLT	KUDOWA-ZD ROJ	POL	M-30	64	M 127	01:34:01	02:53:29	04:16:28	05:37:30	06:40:53		07:39:37.20	07:39:49.90	8:30	7
146	HICKIEWICZ LUDWIK	120	BB RUNNERS	ŚWIĘTOSZÓW	POL	M-40	43	M 128	01:45:07	03:02:22	04:20:07	05:39:41	06:42:23		07:37:02.30	07:39:56.30	8:27	7.1
147	KOŁODZIEJ PAWEŁ	236		CZERNICA	POL	M-40	44	M 129	01:42:07	03:06:33	04:25:52	05:41:43	06:43:52		07:39:00.00	07:39:57.45	8:30	7.1
148	PORĘBSKI ŁUKASZ	242		WROCŁAW	POL	M-30	65	M 130	01:40:29	03:03:24	04:23:04	05:36:40	06:40:03		07:38:24.95	07:40:03.85	8:29	7.1
149	TRZEPIZUR DOMINIK	91	NGB KŁOBUCK	WRĘCZYCA WIELKA	POL	M-30	66	M 131	01:34:21	02:57:43	04:21:26	05:40:05	06:40:57		07:41:42.50	07:41:56.75	8:33	7
150	MALEC ARKADIUSZ	212		BIELSKO-BIAŁA	POL	M-20	15	M 132	01:36:53	02:54:15	04:14:54	05:32:35	06:35:33		07:41:49.00	07:42:18.10	8:33	7
151	KABACIŃSKI MARCIN	441		BYDGOSZCZ	POL	M-20	16	M 133	01:30:07	02:50:56	04:12:12	05:33:07	06:39:52		07:42:14.40	07:42:25.70	8:33	7
152	DROZDZIK MAGDALENA	290	WKB META LUBLINIEC	NYSA	POL	K-30	10	K 20	01:31:58	02:55:41	04:17:34	05:36:22	06:39:00		07:42:33.55	07:42:40.15	8:33	7

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
153	ZMIJEWSKI TOMASZ	294		WROCŁAW	POL	M-30	67	M 134	01:34:19	02:55:41	04:17:48	05:35:39	06:41:24		07:42:56.75	07:43:04.55	8:34	7
154	ZAŁUSTOWICZ MACIEJ	106		WROCŁAW	POL	M-30	68	M 135	01:45:10	03:09:01	04:29:44	05:44:37	06:47:17		07:42:57.05	07:43:43.45	8:34	7
155	SZCZĘŚNIAK PIOTR	338	MASARNIA POZNAŃ	POZNAŃ	POL	M-30	69	M 136	01:32:16	02:58:32	04:15:31	05:35:31	06:41:31		07:43:34.60	07:43:54.75	8:35	7
156	LIZAKOWSKI PIOTR	251	NYHA IV SZCZECIN	SZCZECIN	POL	M-40	45	M 137	01:41:18	03:01:48	04:24:48	05:39:19	06:44:44		07:43:30.80	07:44:18.65	8:35	7
157	FALKOWSKA SANDRA	495	MOTIVE HOME TEAM/ NIGHT RUNNERS	SZCZECINEK	POL	K-30	11	K 21	01:33:30	02:55:46	04:15:21	05:34:49	06:41:33		07:44:17.35	07:44:32.20	8:35	7
158	WOJEWODA MACIEJ	464	VEGE RUNNERS	JEZIERZYCE	POL	M-30	70	M 138	01:46:27	03:08:49	04:29:59	05:44:36	06:47:21		07:43:56.05	07:44:41.65	8:35	7
159	RODAK ZBIGNIEW	116		STRZEGOM	POL	M-30	71	M 139	01:34:00	02:51:54	04:16:39	05:34:50	06:39:32		07:44:42.60	07:45:06.30	8:36	7
160	LESZCZYŃSKI MICHAŁ	369	SYBERIAN HUSKY TEAM	DESZCZNO	POL	M-40	46	M 140	01:40:37	03:05:39	04:28:33	05:41:05	06:45:17		07:44:34.75	07:45:24.30	8:36	7
161	WOŁCZEK PRZEMYSŁAW	259	GRUPA BIEGOWA BEZ GRANIC	STRZEGOM	POL	M-30	72	M 141	01:37:25	03:05:39	04:33:25	05:47:23	06:48:10		07:45:56.55	07:46:18.60	8:37	7
162	LESZCZYŃSKI MATEUSZ	362		ŁÓDŹ	POL	M-30	73	M 142	01:34:51	02:52:40	04:18:31	05:33:12	06:41:12		07:46:04.80	07:46:20.25	8:37	7
163	MAJCHROWSKI JACEK	41	CKB TARNOBZEG	TARNOBZEG	POL	M-40	47	M 143	01:37:51	03:00:42	04:25:17	05:42:20	06:48:18		07:46:03.45	07:46:22.65	8:37	7
164	ŁUCZAK PAWEŁ	125		ŁÓDŹ	POL	M-40	48	M 144	01:42:00	02:58:39	04:22:31	05:42:24	06:48:22		07:46:28.40	07:46:37.10	8:38	6.9
165	PIERNIK RADOŚLAW	219	6300	ŚWIĘTOCHŁOWICE	POL	M-40	49	M 145	01:34:09	02:52:59	04:14:36	05:33:30	06:39:10		07:46:57.25	07:47:36.55	8:38	6.9
166	MUSIAŁ SZYMON	59	PRZEBIEGLI UNISŁAW	UNISŁAW	POL	M-30	74	M 146	01:33:49	02:58:32	04:18:14	05:40:06	06:48:06		07:47:28.85	07:47:39.85	8:39	6.9
167	SZPIŃEK MARCIN	243	TUTU TEAM	NYSA	POL	M-30	75	M 147	01:34:14	02:55:10	04:16:53	05:38:52	06:45:35		07:47:26.95	07:47:42.85	8:39	6.9
168	GRZEGORCZYK MATEUSZ	20	ZAKOCHAJ SIĘ W BIEGANIU (WROCŁAW)	WROCŁAW	POL	M-20	17	M 148	01:47:57	03:08:58	04:29:35	05:40:59	06:47:28		07:47:11.10	07:47:43.80	8:39	6.9
169	GIBALSKI TOMASZ	493	OBORYGENI	ROŚCISŁAWICE	POL	M-40	50	M 149	01:43:15	03:05:37	04:24:41	05:44:49	06:48:48		07:47:50.70	07:47:58.05	8:39	6.9
170	WŁOCH SŁAWOMIR	145		KROSNO	POL	M-40	51	M 150	01:32:11	02:53:32	04:16:21	05:36:31	06:43:10		07:47:52.20	07:48:00.95	8:39	6.9
171	KARP PAWEŁ	501		KRYG	POL	M-30	76	M 151	01:31:10	02:45:39	04:16:12	05:40:47	06:46:42		07:47:36.60	07:48:17.00	8:39	6.9
172	KOCIUMBAS BARTOSZ	373		MILICZ	POL	M-40	52	M 152	01:48:32	03:09:34	04:34:44	05:46:21	06:48:21		07:47:32.40	07:48:22.40	8:39	6.9
173	KAYSIEWICZ MACIEJ	532	NATURAL BORN RUNNERS TEAM	POZNAŃ	POL	M-40	53	M 153	01:33:28	02:56:52	04:18:10	05:37:14	06:43:48		07:48:38.25	07:48:51.55	8:40	6.9
174	BARAŃSKI PIOTR	185	DELOITTE ADVENTURE TEAM	WARSZAWA	POL	M-30	77	M 154	01:44:03	03:09:03	04:37:01	05:47:39	06:48:56		07:48:10.50	07:48:53.35	8:40	6.9
175	LATANOWICZ BERNARD	302		POZNAŃ	POL	M-30	78	M 155	01:32:35	02:53:17	04:12:09	05:38:48	06:44:24		07:49:11.95	07:49:22.50	8:41	6.9
176	WIŚNIEWSKI ARTUR	423	INTRO	POZNAŃ	POL	M-40	54	M 156	01:41:34	02:58:13	04:20:20	05:39:47	06:48:25		07:48:50.80	07:49:31.50	8:40	6.9
177	MALIK AGNIESZKA	541	ZUMBA	KŁODZKO	K-40		7	K 22	01:34:22	02:55:33	04:17:45	05:34:47	06:40:44		07:49:22.40	07:49:39.70	8:41	6.9
178	SZCZUPAKOWSKA IZABELA	78		GDAŃSK	POL	K-40	8	K 23	01:43:26	03:07:09	04:29:08	05:44:49	06:47:24		07:49:36.00	07:50:06.45	8:41	6.9
179	JADACH GRZEGORZ	283		WROCŁAW	POL	M-30	79	M 157	01:30:00	02:49:00	04:15:32	05:35:03	06:41:32		07:50:02.30	07:50:08.10	8:42	6.9
180	DUDEK REMIGIUSZ	312	ZIĘBICE	ZIĘBICE	POL	M-30	80	M 158	01:40:30	02:59:49	04:23:35	05:42:18	06:44:44		07:49:53.45	07:50:08.90	8:42	6.9
181	GOLA RADEK	353		ZABIERZÓW	POL	M-30	81	M 159	01:41:11	03:06:30	04:30:36	05:47:19	06:48:34		07:51:22.15	07:51:33.60	8:43	6.9
182	TOMASZYK KLARA	131	KOBIETY BIEGAJĄ	POZNAŃ	POL	K-30	12	K 24	01:45:19	03:07:18	04:30:52	05:48:50	06:48:41		07:51:02.40	07:51:35.00	8:43	6.9
183	STACHOWIAK MAREK	21	ROKIETNICA BIEGA	ROKIETNICA	POL	M-40	55	M 160	01:37:43	02:59:29	04:19:34	05:40:01	06:44:26		07:50:52.75	07:51:36.45	8:43	6.9
184	PODLEWSKI RAFAŁ	409		GŁOGÓW	POL	M-30	82	M 161	01:53:22	03:19:03	04:36:12	05:51:19	06:51:01		07:50:57.00	07:51:51.40	8:43	6.9
185	PLATA MARTA	7		BYTOM	POL	K-40	9	K 25	01:46:51	03:05:24	04:30:42	05:48:52	06:51:47		07:51:33.00	07:51:59.75	8:43	6.9
186	BUDZICH WOJCIECH	288	TKKF PROMYK CIECHANÓW	CIECHANÓW	POL	M-40	56	M 162	01:33:08	02:50:38	04:14:41	05:38:45	06:47:47		07:52:20.50	07:52:25.85	8:44	6.9
187	PASIECZNIK MIŁOSZ	265	MUAY RUNNING TEAM	POZNAŃ	POL	M-30	83	M 163	01:54:01	03:18:05	04:39:06	05:59:44	06:57:04		07:52:04.40	07:52:48.30	8:44	6.9
188	PIETRUCHA MACIEJ	261	SZWAGRY TEAM	OBORNIKI	POL	M-30	84	M 164	01:46:03	03:09:00	04:30:16	05:48:13	06:51:45		07:52:38.45	07:53:26.80	8:45	6.9
189	ŻEBRACKI WOJTEK	444		PRUDNIK	POL	M-30	85	M 165	01:46:57	03:09:38	04:39:04	05:51:01	06:52:24		07:53:27.05	07:53:42.10	8:46	6.8
190	BRZozowska ANNA	96	PKS GALOPUJĄCA SOCZEWICA/KRASNOSTAW BIEGA	KRASNOSTAW	POL	K-40	10	K 26	01:45:47	03:06:13	04:29:21	05:46:52	06:48:39		07:53:29.30	07:54:13.40	8:46	6.8

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
191	GUZIK ROBERT	432	PEDRAFORCA	WIĘCKOWICE	POL	M-40	57	M 166	01:41:48	03:06:29	04:27:03	05:42:23	06:52:17		07:54:53.90	07:55:06.40	8:47	6.8
192	SEWIOŁO ARTUR	466		BIALYSTOK	POL	M-40	58	M 167	01:36:20	02:53:41	04:19:54	05:41:39	06:54:59		07:55:34.00	07:56:19.60	8:48	6.8
193	ŚWIDER MARIUSZ	74	#CZELADZBIEGA	SOSNOWIEC	POL	M-30	86	M 168	01:49:09	03:17:53	04:37:44	05:53:08	06:55:32		07:56:02.50	07:56:36.30	8:48	6.8
194	LACHOWSKI ROBERT	216		ŁÓDŹ	POL	M-30	87	M 169	01:26:23	02:50:40	04:18:17	05:39:48	06:48:07		07:56:36.80	07:56:40.15	8:49	6.8
195	KOZA RAFAŁ	248	6300	ŚWIĘTOCHŁOWICE	POL	M-40	59	M 170	01:36:21	03:03:41	04:30:13	05:50:13	06:55:09		07:56:42.45	07:57:20.95	8:49	6.8
196	ŚPICA LESZEK	43	RECEPTA NA ZDROWIE	BYDGOSZCZ	POL	M-40	60	M 171	01:44:08	03:03:11	04:23:53		06:52:48		07:57:20.25	07:58:23.00	8:50	6.8
197	ORONOWICZ MARTA	366	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	MUNINA	POL	K-40	11	K 27	01:38:41	03:05:05	04:28:30	05:50:55	06:55:17		07:58:11.35	07:58:23.90	8:51	6.8
198	GOLOVATIUK SERGII	264		POZNAŃ	POL	M-30	88	M 172	01:39:29	03:03:13	04:22:57	05:43:56	06:50:04		07:57:51.50	07:58:47.80	8:50	6.8
199	MIKUŁA GRZEGORZ	205		WROCŁAW	POL	M-30	89	M 173	01:30:07	02:53:22	04:21:28	05:44:56	06:53:42		07:58:46.25	07:58:58.15	8:51	6.8
200	SIEROCIN AGATA	123		GDYNIA	POL	K-30	13	K 28	01:43:39	03:07:41	04:31:31	05:49:42	06:56:11		07:58:39.35	07:59:09.60	8:51	6.8
201	MAZUREK PIOTR	523	KB MCKIS JAWORZNO	JAWORZNO	POL	M-30	90	M 174	01:29:10	02:41:55	04:10:11	05:29:37	06:33:25		07:59:09.25	07:59:31.50	8:52	6.8
202	TOMASZEK SEBASTIAN	12	RUNNING ACADEMY	WROCŁAW	POL	M-40	61	M 175	01:48:36	03:13:53	04:35:51	05:53:06	06:58:11		07:59:30.45	08:00:04.70	8:52	6.8
203	SZYGENDA SEBASTIAN	16	TIGER TEAM	WRZEŚNIA	POL	M-40	62	M 176	01:44:11	03:06:30	04:28:49	05:45:35	06:51:40		07:59:32.35	08:00:13.15	8:52	6.8
204	CYNIAK MAREK	40	EVERRUN	ŁÓDŹ	POL	M-40	63	M 177	01:34:57	03:02:18	04:29:40	05:46:26	06:51:06		08:02:19.10	08:02:33.40	8:55	6.7
205	SUROWIEC PAWEŁ	101	JURA.PL	ZAWIERCIE	POL	M-40	64	M 178	01:39:56	03:07:45	04:31:15	05:53:28	07:02:10		08:02:23.40	08:02:37.50	8:55	6.7
206	SADOWSKI MIECZYSLAW	252	BIEGAJ RAZEM Z NAMI	ZAWIERCIE	POL	M-40	65	M 179	01:39:58	03:07:47	04:31:16	05:53:29	07:02:16		08:02:23.95	08:02:37.55	8:56	6.7
207	MATYJA RAFAŁ	213	LESZNOLIMITS RUNNERS	LIPNO	POL	M-30	91	M 180	01:57:17	03:29:41	04:47:00	06:00:09	07:01:53		08:02:19.30	08:03:02.15	8:55	6.7
208	ŁOCH KASPER	456		WROCŁAW	POL	M-20	18	M 181	01:44:01	03:10:56	04:34:21	05:56:04	07:01:05		08:02:33.30	08:03:27.00	8:56	6.7
209	FIGEL MICHAŁ	323	MIKI TEAM	GDAŃSK	POL	M-40	66	M 182	01:44:42	03:08:08	04:33:50	05:54:46	07:00:32		08:03:25.85	08:03:50.05	8:57	6.7
210	NATKANIEC KRYSZTIAN	348	JANJUL	ZŁOTNIKI	POL	M-40	67	M 183	01:41:12	03:10:21	04:37:03	05:57:38	07:01:43		08:04:10.95	08:04:30.70	8:57	6.7
211	SZMAGAJ MARCIN	70	SZWLA	STARGARD	POL	M-40	68	M 184	01:48:38	03:15:01	04:39:34	05:59:06	07:06:09		08:04:10.20	08:04:44.95	8:57	6.7
212	MNICH TOMASZ	204		GLIWICE	POL	M-40	69	M 185	01:47:10	03:13:58	04:39:13	05:58:34	07:04:46		08:04:42.35	08:05:27.75	8:58	6.7
213	PASECKA SYLWIA	181		GLIWICE	POL	K-40	12	K 29	01:44:28	03:11:13	04:42:48	06:04:23	07:07:41		08:05:37.30	08:05:53.95	8:59	6.7
214	BALCERZAK ROBERT	23	KLUB BIEGACZA WARTA	PAJĘCZNO	POL	M-40	70	M 186	01:43:05	03:12:12	04:40:20	05:56:27	07:01:57		08:05:49.60	08:06:13.35	8:59	6.7
215	GUTOWSKI DARIUSZ	73	NGB KŁOBUCK	KŁOBUCK	POL	M-50	8	M 187	01:40:23	03:07:05	04:36:54	05:58:54	07:02:26		08:08:03.45	08:08:15.95	9:02	6.6
216	KOPACKI GRZEGORZ	90	FOLLOWME - ZMIENIAMYFINAN SE.PL	WAŁBRZYCH	POL	M-30	92	M 188	01:47:37	03:13:05	04:39:57	06:02:53	07:06:31		08:07:30.70	08:08:18.55	9:01	6.6
217	BOROWCZYK MARCIN	446		POZNAŃ	POL	M-40	71	M 189	01:49:42	03:19:25	04:39:41	05:58:40	07:06:36		08:08:05.90	08:08:44.40	9:02	6.6
218	KĄDZIOŁKA BEATA	180		STAŁOWA WOLA	POL	K-30	14	K 30	01:36:44	03:05:48	04:32:18	05:54:28	07:00:48		08:09:31.70	08:09:48.15	9:03	6.6
219	NOWAK DOROTA	198	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	K-30	15	K 31	01:47:29	03:14:25	04:44:56	06:02:54	07:06:45		08:09:28.70	08:09:53.20	9:03	6.6
220	CZERWIŃSKI WOJCIECH	207		CIECHANÓW	POL	M-20	19	M 190	01:41:06	03:08:43	04:37:43	05:59:32	07:05:00		08:09:31.45	08:09:54.00	9:03	6.6
221	JARZYŃKA KRZYSZTOF	330		LUBLIN	POL	M-50	9	M 191	01:43:47	03:09:06	04:34:32	06:00:44	07:06:40		08:10:00.80	08:10:07.40	9:04	6.6
222	MACIEJEWICZ KRZYSZTOF	333		TERESPOL	POL	M-50	10	M 192	01:43:49	03:09:33	04:34:39	06:00:46	07:06:43		08:10:04.05	08:10:10.30	9:04	6.6
223	CALLAWAY JOHN	490		SALT LAKE CITY		M-30	93	M 193	01:47:38	03:21:53	04:44:40	06:01:07	07:07:02		08:09:41.95	08:10:11.50	9:04	6.6
224	HOFFMANN GRZEGORZ	94		CZĘMPIŃ	POL	M-40	72	M 194	01:59:25	03:36:38	05:19:12	07:07:12			08:10:34.00	08:11:18.40	9:05	6.6
225	KOSIN PAWEŁ	489	KLUB BIEGAJĄCYCH LEŚNIKÓW	KIELCE	POL	M-30	94	M 195	01:47:28	03:13:47	04:37:09	06:00:11	07:06:17		08:11:10.05	08:11:31.00	9:05	6.6
226	FOGIEL-PAWŁOWSKA AGNIESZKA	69	LOS BIEGANEROS	WROCŁAW	POL	K-30	16	K 32	01:40:50	03:06:10	04:32:16	06:01:34	07:11:09		08:11:28.80	08:11:38.50	9:06	6.6
227	SPRYCHA SŁAWOMIR	82	#CZELADZBIEGA	CZELADŹ	POL	M-30	95	M 196	01:51:34	03:20:38	04:45:33	06:04:55	07:08:55		08:11:06.80	08:11:39.85	9:05	6.6
228	GALUSKIN ALEXEY	257	GRUPA NOMAX	TARNOWSKIE GÓRY	POL	M-30	96	M 197	01:44:40	03:12:17	04:39:24	06:03:26	07:11:47		08:13:13.55	08:13:41.90	9:08	6.6

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
229	BRESZKA TOMEK	11	CAPTAIN AMERICA	DARŁOWO	POL	M-30	97	M 198	01:49:11	03:11:55	04:35:05	06:03:02	07:12:06		08:13:49.60	08:14:26.05	9:08	6.6
230	PASZKIEWICZ MACIEJ	358		MUROWANA GOŚLINA	POL	M-50	11	M 199	01:47:04	03:05:32	04:29:30	05:56:18	07:04:59		08:13:59.70	08:14:27.10	9:08	6.6
231	WOJTKOWIAK MARIUSZ	374	WWW.KAMILASUKNIE.PL	MIEŚCISKO	POL	M-40	73	M 200	01:47:58	03:14:49	04:40:03	06:02:32	07:09:20		08:13:56.50	08:14:30.20	9:08	6.6
232	RATAJ ZUZANNA	210	POLONIA BYDGOSZCZ SLA/KOBIETY BIEGAJA	POZNAŃ	POL	K-30	17	K 33	01:45:18	03:07:17	04:30:51	05:53:04	07:05:01		08:14:45.70	08:15:18.70	9:09	6.5
233	LIK MAREK	114		CHEŁM	POL	M-50	12	M 201	01:41:52	03:07:23	04:47:20	06:11:20	07:14:00		08:16:01.70	08:16:09.25	9:11	6.5
234	NĘDZUSIAK DARIUSZ	102	POLKRYSLUB	ALEKSANDRÓW KUJAWSKI	POL	M-50	13	M 202	01:47:38	03:10:15	04:34:57	06:03:13	07:13:14		08:16:01.30	08:16:33.05	9:11	6.5
235	URBASEK ŁUKASZ	500		GLIWICE	POL	M-30	98	M 203	01:49:03	03:24:17	04:51:13	06:07:09	07:13:26		08:16:12.00	08:16:38.85	9:11	6.5
236	ZAWADA MATEUSZ	429	ZARAŻENI BÓLEM	SULEJÓWEK	POL	M-20	20	M 204	01:46:12	03:16:55	04:43:03	06:04:13	07:16:22		08:17:21.45	08:17:30.30	9:12	6.5
237	WOJTKOWIAK KAMILA	375	WWW.KAMILASUKNIE.PL	MIEŚCISKO	POL	K-40	13	K 34	01:47:56	03:14:48	04:40:00	06:02:41	07:09:24		08:17:34.75	08:18:09.75	9:12	6.5
238	WROBLEWSKI TOMASZ	224	POLKRYSLUB	ROŻNO PARCELE	POL	M-30	99	M 205	01:39:35	03:06:40	04:34:58	06:03:09	07:13:10		08:18:41.85	08:19:12.90	9:14	6.5
239	WAŚ GRZEGORZ	144	RUNNERS CLUB WARSZAWA	OPATÓW	POL	M-40	74	M 206	01:48:49	03:12:27	04:39:34	06:04:36	07:15:10		08:18:34.40	08:19:25.40	9:13	6.5
240	BŁACHNO MARCIN	160		KRAKÓW	POL	M-40	75	M 207	01:53:53	03:24:48	04:46:14	06:08:32	07:17:29		08:18:39.55	08:19:32.15	9:14	6.5
241	KAJUT WOJTEK	354	PADŁ NA RYJ TEAM	STRASZYŃ	POL	M-30	100	M 208	01:59:59	03:29:59	04:54:34	06:12:21	07:15:58		08:19:25.35	08:20:17.80	9:14	6.5
242	CZUBIEL KONRAD	58	PKS GALOPUJĄCA SOCZEWICA	POZNAŃ	POL	M-40	76	M 209	01:53:25	03:23:20	04:48:44	06:09:29	07:16:27		08:19:42.55	08:20:27.35	9:15	6.5
243	BRZozowski ARMAND	89	PKS GALOPUJĄCA SOCZEWICA	KRASNYSTA W	POL	M-40	77	M 210	01:53:25	03:23:18	04:48:43	06:09:29	07:16:30		08:19:41.50	08:20:27.35	9:15	6.5
244	LEŚNIAK MARCIN	428	ZARAŻENI BÓLEM	SULEJÓWEK	POL	M-30	101	M 211	01:46:13	03:16:56	04:43:06	06:04:27	07:16:27		08:20:18.60	08:20:28.30	9:15	6.5
245	MOSZKOWSKI BOGDAN	44		KOBIERZYCE	POL	M-50	14	M 212	01:44:58	03:12:22	04:38:44	06:00:22	07:09:42		08:20:05.45	08:20:31.60	9:15	6.5
246	POLICKÝ TOMÁŠ	234	POLICÁTKA	VELKÉ POŘÍČÍ	CZE	M-30	102	M 213	01:41:33	03:09:19	04:35:55	05:57:40	07:11:46		08:19:58.55	08:20:32.40	9:15	6.5
247	SALWA KRZYSZTOF	92	SALCLAN-TEAM	KIELCE	POL	M-40	78	M 214	01:41:11	03:07:07	04:36:57	06:02:45	07:11:51		08:20:29.90	08:20:48.85	9:16	6.5
248	ZAMBRZYCKA-ROZNER EWA	153		PIASECZNO	POL	K-30	18	K 35	01:49:07	03:20:32	04:49:59	06:12:24	07:17:42		08:20:12.10	08:20:49.25	9:15	6.5
249	JAZY SZYMON	177		LUBOŃ	POL	M-30	103	M 215	01:46:33	03:19:30	04:48:22	06:11:24	07:16:23		08:20:43.00	08:21:13.55	9:16	6.5
250	ROŚLIICKI JAROSŁAW	426	TMTEAM	OZOROWICE	POL	M-30	104	M 216	01:42:42	03:07:38	04:40:36	06:04:28	07:17:52		08:21:08.65	08:21:16.15	9:16	6.5
251	SKAŁECKI PRZEMYSŁAW	4		GORZÓW WIELKOPOLSKI	POL	M-30	105	M 217	01:38:43	03:06:52	04:38:13	06:04:33	07:16:55		08:21:13.90	08:21:17.45	9:16	6.5
252	PODLEŚ ROBERT	482	COBI	WARSZAWA	POL	M-50	15	M 218	01:32:27	02:47:39	04:15:55	05:41:13	06:58:45		08:21:30.80	08:21:33.45	9:17	6.5
253	STEFANOWSKI MARCIN	32		ŻARÓW	POL	M-40	79	M 219	01:41:07	03:09:37	04:39:41	06:04:42	07:16:01		08:21:14.35	08:21:35.00	9:16	6.5
254	ROSZYK PRZEMEK	51		KOZIEGŁOWY	POL	M-40	80	M 220	01:49:17	03:21:06	04:46:58	06:08:54	07:15:56		08:21:19.25	08:22:06.50	9:17	6.5
255	MURAWICZ PAWEŁ	531		SZCZECIN	POL	M-40	81	M 221	01:50:38	03:22:18	04:47:41	06:07:41	07:15:02		08:21:25.00	08:22:16.85	9:17	6.5
256	HANYSZ MAGDA	6		KOZIEGŁOWY	POL	K-40	14	K 36	01:49:22	03:21:08	04:46:59	06:09:10	07:15:51		08:23:30.00	08:24:16.95	9:19	6.4
257	PIOSIK PAWEŁ	526		DĄBRÓWKA	POL	M-30	106	M 222	01:40:13	03:12:40	04:40:09	06:06:35	07:16:37		08:23:49.25	08:24:18.35	9:19	6.4
258	OCHMAŃSKI ADAM	9	EVERRUN	ŁÓDŹ	POL	M-40	82	M 223	01:44:48	03:11:54	04:42:21	06:05:10	07:22:45		08:25:48.10	08:26:04.15	9:22	6.4
259	RZEPKA NIKODEM	393	GREENBUD	MIKOŁÓW	POL	M-20	21	M 224	01:41:39	03:06:22	04:37:49	06:08:05	07:21:13		08:26:12.85	08:26:38.10	9:22	6.4
260	RZEPKA REMIGIUSZ	392	GREENBUD	MIKOŁÓW	POL	M-40	83	M 225	01:41:43	03:06:26	04:37:54	06:07:44	07:21:08		08:26:17.35	08:26:39.05	9:22	6.4
261	BŁACH PIOTR	142	EFIORITEAM	SLAWOBORZE	POL	M-30	107	M 226	01:49:21	03:15:09	04:44:11	06:11:09	07:18:59		08:26:41.40	08:27:18.55	9:22	6.4
262	WOŹNIAK PIOTR	143		WROCŁAW	POL	M-30	108	M 227	01:56:25	03:23:38	04:52:36	06:17:47	07:22:39		08:26:48.70	08:27:39.45	9:23	6.4
263	SUSŁOWSKI PAWEŁ	34		WROCŁAW	POL	M-20	22	M 228	01:48:15	03:21:33	04:48:26	06:10:56	07:21:56		08:27:26.45	08:28:19.35	9:23	6.4
264	PUDŁO KAMILA	459	OBORYGENI / NOA	OBORNIKI ŚLĄSKIE	POL	K-30	19	K 37	01:49:30	03:19:51	04:51:05	06:14:24	07:18:31		08:28:29.10	08:28:39.35	9:24	6.4

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
265	ANDRZEJEWSKI MAREK	371		KRZYSZKOWO	POL	M-40	84	M 229	01:51:33	03:26:56	04:53:37	06:16:18	07:21:26		08:28:45.65	08:29:30.35	9:25	6.4
266	LESZCZYŃSKI WACŁAW	437		SWIO	POL	M-50	16	M 230			04:52:38	06:16:21	07:22:18		08:29:40.80	08:29:40.80	9:26	6.4
267	RUTKOWSKI KONRAD	340		TOMASZÓW MAZOWIECKI	POL	M-20	23	M 231	01:35:35	03:07:39	04:42:15	06:12:36	07:22:15		08:31:34.95	08:31:42.65	9:28	6.3
268	ZUBOWICZ JAKUB	246	ŻWAWIE ŻUBRY/BZ WBK FAKTOR	WARSZAWA	POL	M-30	109	M 232	01:50:49	03:23:33	04:52:28	06:16:51	07:24:25		08:31:20.55	08:31:57.90	9:28	6.3
269	ŻURAWSKI ARKADIUSZ	68		SOŃSK	POL	M-40	85	M 233	01:43:05	03:11:00	04:38:38	06:07:48	07:18:29		08:31:16.10	08:32:02.50	9:28	6.3
270	KARANOS TADEUSZ	417	RKB HAJNÓWKA	HAJNÓWKA	POL	M-50	17	M 234	01:44:07	03:27:04	04:53:57	06:19:28	07:27:37		08:32:12.85	08:32:33.70	9:29	6.3
271	KOWALCZYK BARTŁOMIEJ	447		WARSZAWA	POL	M-20	24	M 235	01:49:13	03:23:29	04:48:48	06:11:13	07:24:05		08:32:28.95	08:33:07.65	9:29	6.3
272	KRZOS PIOTR	320		ZABRZE	POL	M-30	110	M 236	01:54:24	03:26:11	04:55:32	06:18:58	07:25:46		08:32:15.45	08:33:09.15	9:29	6.3
273	CIOSEK BEATA	509	AUGUSTEAM	CHORZÓW	POL	K-40	15	K 38	01:54:26	03:24:34	04:55:36	06:21:04	07:24:02		08:33:16.10	08:33:59.50	9:30	6.3
274	MIKOŁAJCZYK TOMASZ	148		DOPIEWIEC	POL	M-30	111	M 237	01:54:28	03:31:27	05:01:29	06:28:28	07:32:49		08:33:31.95	08:34:00.40	9:30	6.3
275	MARCZEWSKI SŁAWOMIR	149	STOWARZYSZENIE LUDZI W BIEGU ŻŁOTÓW	ŻŁOTÓW	POL	M-40	86	M 238	01:49:54	03:21:45	04:48:46	06:15:16	07:26:54		08:34:02.65	08:34:38.60	9:31	6.3
276	SZWEDA TOMASZ	372	STOWARZYSZENIE LUDZI W BIEGU ŻŁOTÓW	ŻŁOTÓW	POL	M-30	112	M 239	01:50:03	03:21:46	04:48:55	06:15:07	07:27:09		08:34:10.75	08:34:45.85	9:31	6.3
277	STASIK ALEKSANDER	476		GLINNO	POL	M-30	113	M 240	01:49:07	03:17:52	04:41:46	06:13:28	07:26:22		08:34:26.70	08:35:06.30	9:31	6.3
278	FAERBER MARCIN	436		RUDA ŚLĄSKA	POL	M-30	114	M 241	01:41:41	03:06:04	04:39:46	06:09:29	07:18:27		08:34:54.60	08:35:19.50	9:32	6.3
279	NAWARA KATARZYNA	280		WĘGRZCE	POL	K-20	5	K 39	01:55:14	03:30:05	05:03:54	06:28:05	07:35:26		08:34:30.30	08:35:20.60	9:31	6.3
280	SZYDŁOWSKI ADRIAN	527		POZNAŃ	POL	M-30	115	M 242	01:39:40	03:06:58	04:43:52	06:11:04	07:26:14		08:35:28.50	08:35:51.05	9:32	6.3
281	GRZEGORCZYK WOJCIECH	322	KONDYCJA	WARSZAWA	POL	M-50	18	M 243	01:53:32	03:27:39	05:00:13	06:21:23	07:28:52		08:35:22.10	08:35:59.95	9:32	6.3
282	FLIŚNIK MIREK	110	PKS GALOPUJĄCA SOCZEWICA	GRODZISK MAZOWIECKI	POL	M-30	116	M 244	01:48:56	03:20:12	04:50:00	06:12:16	07:27:19		08:35:53.85	08:36:42.15	9:33	6.3
283	JANUSZ TOMASZ	390		WROCŁAW	POL	M-40	87	M 245	01:45:23	03:09:47	04:42:02	06:06:27	07:17:28		08:36:12.20	08:36:46.50	9:33	6.3
284	STARZYŃSKI TOMEK	465		KAZIMIERZA WIELKA	POL	M-30	117	M 246	01:52:05	03:20:30	04:47:23	06:13:51	07:24:27		08:36:05.85	08:36:47.60	9:33	6.3
285	JAWORSKI PAWEŁ	269		BĘDZIN	POL	M-30	118	M 247	01:39:52	03:12:00	04:42:17	06:09:33	07:26:27		08:36:45.05	08:36:51.70	9:34	6.3
286	ZIMNIAK ŁUKASZ	175	KB SZERSZEŃ OLEŚNICA	OLEŚNICA	POL	M-30	119	M 248	01:51:32	03:28:31	05:03:11	06:28:49	07:35:23		08:36:16.60	08:37:02.45	9:33	6.3
287	KUPCZYK RAFAŁ	121	ROZBIEGANI RAWICZ	MIĘJSKA GÓRKA	POL	M-30	120	M 249	01:42:35	03:12:42	04:45:07	06:13:27	07:21:07		08:36:32.60	08:37:05.00	9:33	6.3
288	WOŹNIAK SEBASTIAN	71	MOTOINTEGRATOR RUNNING TEAM	ŁÓDŹ	POL	M-30	121	M 250	01:45:01	03:27:18	04:55:12	06:21:47	07:31:52		08:37:44.05	08:37:51.85	9:35	6.3
289	KLICHOWSKI MAREK	30	NAPIERACZE	ŁÓDŹ	POL	M-30	122	M 251	01:45:00	03:27:18	04:55:12	06:21:41	07:31:44		08:37:45.10	08:37:52.10	9:35	6.3
290	PILUJSKI MICHAŁ	297		SKRZYŃKI	POL	M-30	123	M 252	01:53:23	03:23:50	04:54:44	06:19:18	07:28:18		08:37:10.25	08:38:02.00	9:34	6.3
291	GŁUSZKO KRZYSZTOF	421	MIRA TEAM	GÓRA	POL	M-60	1	M 253	01:40:11	03:06:18	04:37:10	06:18:02	07:29:02		08:37:59.50	08:38:09.85	9:35	6.3
292	GWÓŹDŹ MICHAŁ	202	#CZELADZBIEGA	CZELADŹ	POL	M-40	88	M 254	01:49:14	03:20:41	04:47:54	06:08:10	07:21:35		08:38:39.90	08:39:11.85	9:36	6.2
293	JACHYMSKI IGNACY	443	AKG ŁÓDŹ	ŁÓDŹ	POL	M-20	25	M 255	01:48:18	03:19:20	04:54:27	06:19:59	07:33:03		08:39:32.40	08:39:43.55	9:37	6.2
294	WOJNAR RADEK	159	PUNK PARROT	WARSZAWA	POL	M-40	89	M 256	01:59:18	03:37:50	05:03:16	06:34:39	07:37:33		08:40:33.95	08:40:54.60	9:38	6.2
295	MESJASZ MAREK	57	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	LUBIN	POL	M-30	124	M 257	01:53:42	03:30:52	04:52:23	06:22:45	07:31:54		08:40:51.85	08:41:50.00	9:38	6.2
296	GODLEWSKI JAKUB	262	RUNNERS TEAM QUIBL.	WARSZAWA	POL	M-30	125	M 258	01:42:53	03:10:56	04:50:46	06:18:57	07:34:10		08:42:35.70	08:42:55.55	9:40	6.2
297	MURCHA PAWEŁ	510		SIEMIANOWICE ŚLĄSKIE	POL	M-40	90	M 259	01:52:26	03:18:32	04:52:06	06:19:07	07:31:04		08:42:53.70	08:43:36.05	9:41	6.2
298	STAJNIAK-STELIGA IZABELA	463	OBORYGENI	WILCZYN	POL	K-40	16	K 40	01:49:06	03:27:23	04:53:37	06:22:19	07:31:33		08:43:32.70	08:43:43.45	9:41	6.2
299	SIOMA KONRAD	88	ROKIETNICA BIEGA	KRZYSZKOWO	POL	M-30	126	M 260					07:28:47		08:44:41.00	08:44:41.00	9:42	6.2
300	DUDEK KONRAD	416	BIEGANIEPOGODZINACH	ŁÓDŹ	POL	M-40	91	M 261	01:53:41	03:26:58	05:04:02	06:29:36	07:39:28		08:46:30.05	08:47:02.95	9:45	6.2

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
301	GRZELKA TOMASZ	150	RUNNER'S POWER	SREM	POL	M-40	92	M 262	01:53:48	03:34:54	05:03:27	06:30:43	07:44:01		08:47:14.20	08:47:41.60	9:45	6.1
302	WYRZYKOWSKI ANDRZEJ	118		GDAŃSK	POL	M-50	19	M 263	01:52:31	03:23:27	04:52:57	06:21:17	07:32:23		08:47:30.00	08:48:04.60	9:46	6.1
303	KULIŃSKI WOJCIECH	317	FC MI SIĘ NIE CHCE	WYSOKA	POL	M-30	127	M 264	01:56:54	03:25:12	04:57:19	06:27:09	07:38:09		08:47:39.30	08:48:06.20	9:46	6.1
304	MURAWICZ GRZEGORZ	519	PODLESIE	PODLESIE	POL	M-50	20	M 265	01:48:49	03:21:19	04:58:46	06:27:39	07:38:53		08:47:23.30	08:48:14.60	9:45	6.1
305	DOMURAD SEBASTIAN	473		BELCHATÓW	POL	M-40	93	M 266	01:41:14	03:25:54	04:52:43	06:26:17	07:41:53		08:47:48.95	08:48:15.40	9:46	6.1
306	GRABIŃSKI WALDEMAR	191	ROGOZIŃSKI KLUB BIEGACZA	ROGOŻNO	POL	M-40	94	M 267	01:44:25	03:23:17	05:03:39	06:32:13	07:44:12		08:48:07.00	08:48:57.70	9:46	6.1
307	BOROWIECKI ŁUKASZ	187	BIEGAMY.PRO	KRAKÓW	POL	M-20	26	M 268	01:52:27	03:28:59	04:57:25	06:27:20	07:40:44		08:47:51.50	08:49:05.55	9:46	6.1
308	BOROWIECKI PIOTR	188	APIWAST KRAKÓW	KRAKÓW	POL	M-50	21	M 269	01:54:31	03:30:49	04:57:40	06:27:21	07:41:01		08:48:05.05	08:49:05.65	9:46	6.1
309	ROGÓRZ ANDRZEJ	472		WROCŁAW	POL	M-30	128	M 270	01:38:52	03:14:25	04:51:48	06:21:55	07:37:15		08:48:56.40	08:49:11.95	9:47	6.1
310	NIESPODZIANA ANNA	190	ROGOZIŃSKI KLUB BIEGACZA	ROGOŻNO	POL	K-30	20	K 41	01:49:55	03:23:17	05:03:43	06:32:11	07:43:58		08:49:13.15	08:50:04.35	9:48	6.1
311	KRÓL-PIDANTY MARZENA	165	STRZEGOMSKA DWUNASTKA	STRZEGOM	POL	K-40	17	K 42	01:48:17	03:24:09	04:57:05	06:28:07	07:36:02		08:50:08.85	08:50:33.90	9:49	6.1
312	DUDEK KRZYSZTOF	36	STRZEGOMSKA DWUNASTKA	UDANIN	POL	M-40	95	M 271	01:48:17	03:23:55	04:57:06	06:28:06	07:36:10		08:50:10.85	08:50:34.25	9:49	6.1
313	GNIADK TOMASZ	134	DABEX-BOLT	KRAKÓW	POL	M-40	96	M 272	01:41:08	03:09:29	04:55:51	06:28:34	07:42:13		08:50:22.85	08:50:36.00	9:49	6.1
314	JANKOWIAK KRZYSZTOF	112	MARCO	KROSINKO	POL	M-40	97	M 273	01:53:48	03:34:53	05:03:36	06:30:41	07:44:15		08:50:08.45	08:50:36.30	9:49	6.1
315	NIELIPIŃSKI MATEUSZ	422		PRZYSUCHA	POL	M-30	129	M 274	01:54:45	03:25:52	05:01:59	06:28:43	07:39:53		08:49:54.65	08:50:36.80	9:48	6.1
316	BARTKOWIAK GRZEGORZ	347	TKKF MPK POZNAŃ	POZNAŃ	POL	M-50	22	M 275	01:59:06	03:36:38	05:09:02	06:34:06	07:43:11		08:50:06.15	08:50:49.80	9:49	6.1
317	CZAPIGA ROBERT	46	PRORITA TEAM	NOWA RUDA	POL	M-40	98	M 276	01:57:06	03:32:26	05:04:05	06:32:43	07:42:13		08:50:43.75	08:51:23.35	9:49	6.1
318	MOSKAL IZABELLA	18	TKKF MPK POZNAŃ	POZNAŃ	POL	K-40	18	K 43	01:51:42	03:27:55	05:00:04	06:33:48	07:41:35		08:50:56.50	08:51:30.90	9:49	6.1
319	ŚWINIARSKI MICHAŁ	1	KWAŚNE ŻELKI	WARSZAWA	POL	M-20	27	M 277	01:59:09	03:38:18	05:09:36	06:32:36	07:43:21		08:51:08.10	08:51:56.65	9:50	6.1
320	BICZKOWSKA MAGDALENA	245	RUN BYDGOSZCZ	BYDGOSZCZ	POL	K-30	21	K 44	01:50:19	03:28:20	04:57:34	06:28:48	07:42:17		08:52:44.65	08:52:49.70	9:51	6.1
321	KANIEWSKI WOJCIECH	405		CZĘSTOCHO WA	POL	M-40	99	M 278	01:52:10	03:27:48	04:59:48	06:32:29	07:46:59		08:52:14.50	08:52:51.05	9:51	6.1
322	SYGIET ANDRZEJ	171		GLIWICE	POL	M-40	100	M 279	01:53:06	03:31:39	05:08:31	06:39:32	07:48:31		08:52:15.35	08:52:54.70	9:51	6.1
323	KORBUT RADOŚLAW	453	KONIUCHY OCR	SIEDLCE	POL	M-30	130	M 280	01:47:52	03:25:14	05:00:13	06:27:15	07:39:41		08:52:55.85	08:53:12.00	9:52	6.1
324	ŚWISTUŃ EUGENIUSZ	184	RAJSPOORT ACTIVE	KRAPKOWICE	POL	M-20	28	M 281	01:52:00	03:19:27	04:49:53	06:14:51	07:33:41		08:52:53.30	08:53:50.55	9:52	6.1
325	BOHM JACEK	445		MIKOŁÓW	POL	M-50	23	M 282	01:49:07	03:22:38	04:54:30	06:26:40	07:41:04		08:53:45.75	08:54:08.65	9:53	6.1
326	POWAŁOWSKI MARCIN	273	SŁYNNI KENJJCZYCY	GNIEZNO	POL	M-30	131	M 283	01:52:34	03:28:58	05:04:40	06:38:04	07:45:10		08:53:38.80	08:54:14.25	9:52	6.1
327	POWAŁOWSKA DANKA	272	SŁYNNI KENJJCZYCY	GNIEZNO	POL	K-40	19	K 45	01:52:42	03:28:42	05:04:58	06:38:52	07:45:12		08:53:38.35	08:54:14.60	9:52	6.1
328	LEMIESZKA MARTA	430	ZARAŻENI BÓLEM	SULEJÓWEK	POL	K-20	6	K 46	01:54:52	03:38:25	05:07:34	06:36:40	07:47:19		08:54:23.30	08:54:35.10	9:53	6.1
329	CWOJDZIŃSKI MICHAŁ	439	GB WIELKOPOLSCY BIEGACZE	PUSZCZYKOW O	POL	M-40	101	M 284	01:51:33	03:28:50	04:55:51	06:28:19	07:37:07		08:54:04.05	08:54:36.40	9:53	6.1
330	TERLECKI MARCIN	413		CZĘSTOCHO WA	POL	M-40	102	M 285			05:03:15	06:35:15	07:48:00		08:55:15.00	08:55:15.00	9:54	6.1
331	ŚWIĄT CZAK ADAM	239	GOŃ BLIŻNIAKI!	ŁÓDŹ	POL	M-40	103	M 286	01:52:46	03:28:09	05:03:58	06:28:47	07:43:37		08:54:36.15	08:55:16.75	9:54	6.1
332	ŚWIĄT CZAK MACIEJ	241	GOŃ BLIŻNIAKI!	ŁÓDŹ	POL	M-40	104	M 287	01:52:36	03:28:09	04:54:49	06:22:20	07:31:25		08:54:37.10	08:55:16.90	9:54	6.1
333	RAJZER MARIUSZ	415	BODYKINETIC	WARSZAWA	POL	M-40	105	M 288	01:40:33	03:15:44	04:52:17	06:27:47	07:43:44		08:55:15.50	08:55:20.00	9:54	6.1
334	WOJTANOWICZ MARCIN	534		XX	POL	M-40	106	M 289	01:50:51	03:26:48	04:53:21	06:29:01	07:45:57		08:55:24.90	08:55:59.75	9:54	6.1
335	OŚRÓDEK PIOTR	533	BBL ZDUŃSKA WOLA	ZDUŃSKA WOLA	POL	M-40	107	M 290	01:50:51	03:27:01	04:53:27	06:29:00	07:45:53		08:55:23.15	08:56:00.00	9:54	6.1
336	IWANOWICZ ANNA	378	PARKRUN CHRZANÓW	CHRZANÓW	POL	K-30	22	K 47	01:49:31	03:30:59	05:02:56	06:32:36	07:45:58		08:56:54.35	08:57:04.05	9:56	6
337	KUSIO BARBARA	296		CHRZANÓW	POL	K-30	23	K 48	01:49:32	03:31:00	05:02:57	06:32:39	07:46:01		08:56:54.60	08:57:04.55	9:56	6
338	WIELICZKO ANNA	304		WROCŁAW	POL	K-30	24	K 49	02:06:42	03:50:44	05:23:32	06:50:36	07:54:27		08:56:59.80	08:57:35.00	9:56	6
339	MIREK WALDEMAR	438	CZE-MI	KUŹNIA RACIBORSKA	POL	M-50	24	M 291	01:46:51	03:22:54	05:03:37	06:32:31	07:44:29		08:57:27.10	08:57:54.00	9:57	6

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
340	MUSIAL RADOSLAW	115	DOLBY	WROCLAW	POL	M-30	132	M 292	01:49:42	03:22:37	05:03:11	06:37:11	07:48:10		08:58:38.90	08:59:18.85	9:58	6
341	NIEWIADA MACIEJ	66	EXPLORADOR	DOPIEWO	POL	M-30	133	M 293	01:54:34	03:31:19	05:03:10	06:36:22	07:50:04		08:59:44.75	09:00:13.05	9:59	6
342	GAŁKA MAŁGOSIA	478		BRANIEWO	POL	K-40	20	K 50	01:53:34	03:34:27	05:05:32	06:37:20	07:48:22		08:59:50.75	09:00:23.35	9:59	6
343	KOZŁOWSKI RAFAŁ	336	1977	KONIN	POL	M-40	108	M 294	01:54:38	03:37:48	05:09:13	06:38:42	07:49:33		08:59:45.05	09:00:41.00	9:59	6
344	ORDZIEJEWSKI DOMINIK	42		KOŚCIELNA WIES	POL	M-30	134	M 295	01:51:22	03:36:35	05:15:08	06:44:21	07:54:12		09:01:32.90	09:02:17.60	10:01	6
345	ROZNER ARTUR	154		PIASECZNO	POL	M-30	135	M 296	01:57:58	03:36:51	05:06:12	06:34:45	07:48:04		09:01:57.80	09:02:36.00	10:02	6
346	BRUSZEWSKA-GŁOMBIOWSKA MONIKA	64		GDYNIA	POL	K-40	21	K 51	01:57:07	03:36:53	05:09:19	06:36:31	07:51:50		09:05:06.65	09:05:25.60	10:05	5.9
347	STOLPE MACIEJ	31		LUBOŃ	POL	M-50	25	M 297	02:00:50	03:37:15	05:14:18	06:43:37	07:56:13		09:05:17.75	09:06:02.25	10:05	5.9
348	RESPONDEK DARIUSZ	14		WROCLAW	POL	M-40	109	M 298	01:51:45	03:29:10	05:03:00	06:37:46	07:52:09		09:05:52.70	09:06:20.75	10:06	5.9
349	WOJDAT KATARZYNA	230		WARSZAWA	POL	K-30	25	K 52	01:53:17	03:34:52	05:06:57	06:37:27	07:51:49		09:06:02.65	09:06:49.20	10:06	5.9
350	MATUSZAK KRZYSZTOF	28		KONIN	POL	M-30	136	M 299	01:33:40	03:08:01	04:45:39	06:22:51	07:43:18		09:06:37.80	09:06:54.80	10:07	5.9
351	OSTAPIŃSKA MAGDA	122	OSTRESROKI	PIASECZNO	POL	K-40	22	K 53	01:53:51	03:33:45	05:11:15	06:35:48	07:51:00		09:06:10.25	09:06:57.90	10:06	5.9
352	OSTAPIŃSKI WOJTEK	111	OSTRESROKI	PIASECZNO	POL	M-40	110	M 300	01:53:53	03:33:46	05:11:13	06:35:29	07:51:02		09:06:10.25	09:06:58.40	10:06	5.9
353	SULIKOWSKI RAFAŁ	334		MIROSZOWICE	POL	M-20	29	M 301	02:05:14	03:51:05	05:20:49	06:41:53	07:58:49		09:06:50.00	09:07:48.40	10:07	5.9
354	ZDYB GRZEGORZ	233	44 WOJSKOWY ODDZIAŁ GOSPODARCZY	LEŚNÍÓW WIELKI	POL	M-40	111	M 302	01:49:21	03:24:15	04:57:54	06:29:22	07:43:50		09:07:18.45	09:07:54.10	10:08	5.9
355	TEKIELE JACEK	137	ŁĄCZKA TEAM LEGNICA	LEGNICA	POL	M-40	112	M 303	01:48:13	03:23:49	04:56:34	06:31:48	07:54:11		09:08:22.65	09:08:41.95	10:09	5.9
356	ŁĄKOWSKI ZBIGNIEW	238	SIEKIERKAOGRODY.PL	KOZIEGŁOWY	POL	M-40	113	M 304	02:05:58	03:49:30	05:17:26	06:44:46	07:55:11		09:08:28.30	09:09:22.30	10:09	5.9
357	GRZENKOWICZ JACEK	440	WYMIATACZE	GDYNIA	POL	M-50	26	M 305	01:50:53	03:23:22	05:02:42	06:37:03	07:52:39		09:10:16.25	09:10:33.25	10:11	5.9
358	CZAPIGA MAGDALENA	138		NOWA RUDA	POL	K-40	23	K 54	01:55:33	03:30:12	05:02:33	06:37:14	07:53:28		09:10:13.30	09:10:54.35	10:11	5.9
359	KRZEMIŃSKI JACEK	381	POLDEK TEAM	OPOLE	POL	M-30	137	M 306	01:47:53	03:27:53	04:59:50	06:34:44	07:52:23		09:11:51.30	09:11:55.75	10:13	5.9
360	KRZEMIŃSKA ALEKSANDRA	380	POLDEK TEAM	OPOLE	POL	K-30	26	K 55	01:47:52	03:27:53	04:59:53	06:34:42	07:52:25		09:11:50.95	09:11:55.80	10:13	5.9
361	KRÓL FRANCISZEK	458		ŁOMIANKI	POL	M-30	138	M 307	01:47:56	03:25:26	05:03:56	06:43:37	08:02:49		09:13:43.55	09:14:05.20	10:15	5.9
362	ŁAZAROWICZ MATEUSZ	169	KLUB KOLARSKI ZIEMI KŁODZKIEJ	KŁODZKO	POL	M-20	30	M 308	02:01:33	03:40:56	05:21:35	06:48:59	08:04:45		09:14:59.15	09:15:38.90	10:16	5.8
363	CHROMICZ KRZYSZTOF	157		SMOLEC	POL	M-30	139	M 309	01:54:00	03:31:33	05:07:36	06:41:52	07:57:08		09:14:50.85	09:15:50.05	10:16	5.8
364	CETLIN MACIEJ	345	DREAM RUN	WARSZAWA	POL	M-40	114	M 310	01:52:02	03:28:50	05:04:12	06:39:35	08:00:02		09:15:16.00	09:16:02.40	10:16	5.8
365	NAPIERALSKA NATALIA	479	ŻYGLIŃSKIE CHARTY	MIASTECZKO ŚLĄSKIE	POL	K-40	24	K 56	01:55:11	03:36:57	05:16:36	06:48:10	08:04:43		09:19:52.20	09:20:44.65	10:22	5.8
366	NAPIERALSKI MICHAŁ	480	ŻYGLIŃSKIE CHARTY	MIASTECZKO ŚLĄSKIE	POL	M-40	115	M 311	01:55:12	03:36:57	05:16:39	06:48:08	08:04:38		09:19:53.10	09:20:45.65	10:22	5.8
367	SZAMBELAŃCZYK MACIEJ	396	POSNANIA TRI TEAM	LUSÓWKO	POL	M-40	116	M 312	01:58:46	03:35:41	05:04:46	06:37:12	08:00:12		09:20:55.55	09:21:37.30	10:23	5.8
368	FIGEL MONIKA	324	MIKI TEAM	GDAŃSK	POL	K-40	25	K 57	02:06:32	03:53:52	05:32:25	07:01:31	08:09:37		09:23:04.00	09:23:30.15	10:25	5.8
369	LANGE MONIKA	398		SICIENKO	POL	K-40	26	K 58	02:06:31	03:52:29	05:25:39	06:53:12	08:09:12		09:23:34.70	09:24:30.20	10:26	5.7
370	KOWALCZYK MARIUSZ	109	TIGER TEAM	WRZESNIA	POL	M-40	117	M 313	02:01:07	03:43:42	05:22:41	06:55:35	08:09:32		09:23:50.00	09:24:31.85	10:26	5.7
371	TARNAWSKI ANDRZEJ	522	KB MCKIS JAWORZNO	JAWORZNO	POL	M-40	118	M 314	02:02:38	03:55:08	05:26:38	07:00:05			09:23:37.40	09:24:35.25	10:26	5.7
372	ŁUGOWSKI KAROL	402	MGR - MIŃSK GRUPA ROWEROWA	MIŃSK MAZOWIECKI	POL	M-30	140	M 315	01:49:41	03:28:18	05:09:34	06:43:25	08:02:10		09:24:56.85	09:25:30.85	10:27	5.7
373	MATUSZEWSKA MAŁGORZATA	195	RUNNER'S POWER	ŚREM	POL	K-40	27	K 59	02:02:43	03:46:43	05:25:02	06:57:44	08:13:21		09:25:16.85	09:25:42.80	10:28	5.7
374	KACZMAREK MIROSŁAW	235		ŚREM	POL	M-20	31	M 316	02:02:42	03:48:28	05:25:04	06:57:45	08:13:24		09:25:17.00	09:25:42.85	10:28	5.7
375	SETA MICHAŁ	355	PADŁ NA RYJ TEAM	GDYNIA	POL	M-30	141	M 317	02:04:19	03:45:46	05:21:48	06:53:13	08:09:03		09:26:08.20	09:27:01.25	10:29	5.7
376	KOPYCZYŃSKA ALEKSANDRA	477		ZIELECICE	POL	K-30	27	K 60	01:54:21	03:24:06	04:59:45	06:21:21	08:15:05		09:27:07.55	09:27:45.50	10:30	5.7
377	BIECHONSKI JAROSŁAW	385	FUNDACJA LAF	POZNAŃ	POL	M-40	119	M 318	01:58:52	03:28:52	05:03:17	06:35:43			09:28:16.20	09:29:12.40	10:31	5.7
378	MIERZEJEWSKI ROBERT	270	CENTRUM SZKOLENIA WOJSK ŁĄDOWYCH	SKÓRZEWÓ	POL	M-40	120	M 319	01:58:52	03:28:52	05:03:19	06:36:48	08:03:42		09:28:20.10	09:29:15.60	10:31	5.7

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
379	GIBALSKA MARZENA	494	OBORYGENI	ROŚCISŁAWICE	POL	K-40	28	K 61	01:59:08	03:43:39	05:24:40	07:01:59	08:14:30		09:29:51.65	09:30:08.00	10:33	5.7
380	MURAWSKA JOANNA	319	MIKI TEAM	GDAŃSK	POL	K-40	29	K 62	02:00:17	03:44:59	05:28:12	07:01:46	08:14:32		09:30:28.35	09:30:53.05	10:33	5.7
381	WASZAK BARTOSZ	351		ŚLESIN	POL	M-20	32	M 320	01:44:47	03:24:33	05:07:48	06:42:26	08:04:19		09:30:40.05	09:30:56.40	10:34	5.7
382	WASZAK RAFAŁ	341		ŚLESIN	POL	M-30	142	M 321	01:44:52	03:24:33	05:07:47	06:42:22	08:04:13		09:30:40.75	09:30:57.30	10:34	5.7
383	ZAWADZKA MARZENA	298		PIŁA	POL	K-40	30	K 63	01:59:25	03:48:54	05:24:28	06:59:04	08:15:27		09:31:52.30	09:32:03.60	10:35	5.7
384	BLAJCHERT ADAM	403		PIŁA	POL	M-40	121	M 322	01:59:01	03:49:51	05:24:26	06:57:27	08:13:50		09:31:49.95	09:32:03.75	10:35	5.7
385	PYTŁARZ WALDEMAR	300		PIŁA	POL	M-50	27	M 323	01:59:02	03:49:52	05:24:24	06:59:01	08:13:58		09:31:50.25	09:32:03.90	10:35	5.7
386	WYSOKIŃSKI DARIUSZ	486	OBORYGENI	WROCŁAW	POL	M-40	122	M 324	01:58:47	03:43:48	05:20:33	06:57:24	08:15:02		09:33:35.55	09:33:50.15	10:37	5.6
387	GÓRNICKI WOJCIECH	208	ROAD RUNNER PIPI	TYCHY	POL	M-40	123	M 325	01:53:24	03:27:51	05:15:59	06:53:23	08:14:37		09:35:23.00	09:36:06.40	10:39	5.6
388	ONAK IZA	525		GLIWICE	POL	K-40	31	K 64	02:01:33	03:43:35	05:25:35	07:00:42	08:15:33		09:35:21.70	09:36:09.40	10:39	5.6
389	SKRZYPCZAK RADOŚLAW	433	ROUNDSPACE.PL	POZNAŃ	POL	M-40	124	M 326	02:00:27	03:40:59	05:27:42	07:01:18	08:20:20		09:38:16.95	09:38:36.85	10:42	5.6
390	KRAWCZYK JAKUB	140		KRAKÓW	POL	M-20	33	M 327	01:56:57	03:38:19	05:20:16	06:57:38	08:16:07		09:39:07.25	09:40:00.70	10:43	5.6
391	WITKOWSKI MAREK	425	1971	GORZÓW WLKP	POL	M-40	125	M 328	01:54:00	03:42:40	05:20:25	06:58:10	08:16:58		09:39:49.80	09:40:39.80	10:44	5.6
392	GOŁĘBOWSKI PIOTREK	498	BĘDZIN TEAM	CHORZÓW	POL	M-30	143	M 329	01:59:56	03:49:26	05:23:51	07:00:56	08:19:46		09:40:07.40	09:40:58.00	10:44	5.6
393	WALENTA HANNA	163		WARSZAWA	POL	K-40	32	K 65	02:02:11	03:56:08	05:32:44	07:04:57	08:21:46		09:42:16.15	09:42:47.95	10:46	5.6
394	CHODKIEWICZ URSZULA	411		POZNAŃ	POL	K-30	28	K 66	02:00:15	03:48:54	05:27:00	07:02:56	08:19:38		09:44:07.00	09:44:58.85	10:49	5.5
395	MICHALAK PIOTR	104		POZNAŃ	POL	M-40	126	M 330	02:10:04	03:54:02	05:28:01	07:02:55	08:19:02		09:44:51.90	09:45:46.80	10:49	5.5
396	MICHALAK JOANNA	113		POZNAŃ	POL	K-40	33	K 67	02:10:23	03:53:55	05:30:12	07:03:36	08:19:30		09:44:51.95	09:45:46.85	10:49	5.5
397	JUDKOWIAK MICHAŁ	85		POZNAŃ	POL	M-30	144	M 331	01:59:00	03:45:06	05:25:43	07:06:05	08:23:15		09:44:53.40	09:45:49.90	10:49	5.5
398	SROKA JACEK	499		PRZYGODZICE	POL	M-40	127	M 332	02:08:31	03:57:32	05:39:50	07:11:53	08:30:33		09:46:32.50	09:47:03.65	10:51	5.5
399	ŚLIWIŃSKI PAWEŁ	133	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	M-30	145	M 333	01:54:08	03:39:56	05:24:38	07:01:22	08:19:37		09:46:10.00	09:47:05.10	10:51	5.5
400	WRÓBLEWSKA KATARZYNA	260		ZAWIERCIE	POL	K-30	29	K 68	01:58:23	03:55:41	05:31:56	07:11:57	08:30:33		09:47:37.30	09:47:54.60	10:52	5.5
401	MICHNIEWICZ PIOTR	540	GIT EKIPA	ZAWIERCIE	POL	M-30	146	M 334	01:58:30	03:55:42	05:32:16	07:11:58	08:30:40		09:47:36.85	09:47:55.10	10:52	5.5
402	KADECKI MAREK	287		KARGOSZYN	POL	M-40	128	M 335	02:06:44	03:56:22	05:34:03	07:16:31	08:34:28		09:47:54.90	09:48:30.30	10:53	5.5
403	KAZIMIERCZAK ZBYSZEK	77	GALOPUJĄCA SOCZEWICA	WARSZAWA	POL	M-50	28	M 336	02:07:14	03:55:26	05:33:16	07:02:43	08:20:34		09:48:46.65	09:48:55.05	10:54	5.5
404	BARAŃSKA ANETA	62	GALOPUJĄCA SOCZEWICA	WARSZAWA	POL	K-40	34	K 69	02:07:16	03:55:25	05:33:15	07:02:26	08:20:38		09:48:46.85	09:48:55.25	10:54	5.5
405	STRÓJWAŚ MAGDALENA	357		SOSNOWIEC	POL	K-30	30	K 70	03:51:00		05:28:42	07:07:00	08:28:19		09:49:21.80	09:49:21.80	10:54	5.5
406	MAJCHERCZYK MATEUSZ	359	CROSS BOX EVOLUTION	SOSNOWIEC	POL	M-30	147	M 337	03:50:19		05:28:40	07:06:07	08:28:23		09:50:08.00	09:50:08.00	10:55	5.5
407	ŻOCHOWSKI PIOTR	292		KARGOSZYN	POL	M-50	29	M 338	02:03:18	03:56:16	05:34:08	07:18:28	08:34:24		09:49:48.90	09:50:26.05	10:55	5.5
408	OLESZEK MAGDALENA	232	#CZELADZBIEGA	CZELADŹ	POL	K-30	31	K 71	01:59:17	03:49:19	05:31:27	07:02:08	08:27:16		09:50:07.15	09:50:36.70	10:55	5.5
409	PAJĄK KRZYSZTOF	365		BYTOM	POL	M-50	30	M 339	01:59:49	03:49:47	05:31:57	07:02:44	08:27:47		09:50:37.40	09:50:37.40	10:56	5.5
410	KRUPCZYŃSKI MARIUSZ	47	KRUPOLS TEAM	RASZYN	POL	M-50	31	M 340	01:51:30	03:35:52	05:21:27	07:00:59	08:26:33		09:50:51.25	09:51:28.70	10:56	5.5
411	KASTNER YVONNE	484	LT BOBENHEIM AM BERG	BOBENHEIM AM BERG	GER	K-30	32	K 72	02:10:34	03:57:59	05:42:22	07:15:39	08:33:22		09:50:48.75	09:51:30.80	10:56	5.5
412	KASTNER JOCHEN	485	LT WEISENHEIM AM BERG	BOBENHEIM AM BERG	GER	M-40	129	M 341	02:10:27	03:57:47	05:42:18	07:15:27	08:33:17		09:50:48.85	09:51:32.00	10:56	5.5
413	KRYPCZYK KATARZYNA	506	AUGUSTEAM	CHORZÓW	POL	K-40	35	K 73	02:03:41	03:56:48	05:37:44	07:16:52	08:35:10		09:51:44.95	09:52:29.60	10:57	5.5
414	STUDNICKI PAWEŁ	379		WOLA FILIPOWSKA	POL	M-40	130	M 342	01:53:47	03:45:10	05:26:08	07:15:17	08:37:39		09:52:00.65	09:52:30.50	10:57	5.5
415	MACIĄG MONIKA	360		ZAWIERCIE	POL	K-30	33	K 74	02:04:26	04:00:45	05:39:54	07:20:45	08:37:37		09:54:52.95	09:55:09.10	11:00	5.4
416	SAMOLAK ŁUKASZ	316	MILITARIA TWIERDZA KŁODZKA	ŁĄDEK ZDRÓJ	POL	M-30	148	M 343	02:03:54	03:57:53	05:39:13	07:15:20	08:39:51		09:54:13.85	09:55:10.40	11:00	5.5
417	ZŁOTOŚ MARIUSZ	211	6300	ŚWIĘTOCHŁO WICE	POL	M-50	32	M 344	01:53:54	03:36:12	05:18:30	07:00:00	08:33:47		09:56:13.70	09:56:59.95	11:02	5.4
418	KOWALEWSKI ŁUKASZ	55		KRAKÓW	POL	M-30	149	M 345	02:06:15	03:54:00	05:33:19	07:11:10	08:31:44		09:56:50.20	09:57:39.65	11:03	5.4
419	KOWALEWSKA CLAUDIA	39		KRAKÓW	POL	K-20	7	K 75	02:06:15	03:54:00	05:33:21	07:11:15	08:31:42		09:56:50.70	09:57:40.45	11:03	5.4
420	TKACZEW PAWEŁ	271	OBORYGENI	WROCŁAW	POL	M-40	131	M 346	01:59:05	03:45:12	05:29:46	07:08:05	08:27:04		09:57:25.25	09:57:44.85	11:03	5.4
421	OZIMINA HUBERT	214	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	M-40	132	M 347	01:59:05	03:45:11	05:29:43	07:08:51	08:26:56		09:57:24.45	09:57:45.10	11:03	5.4

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
422	FRĄCZKOWIAK JACEK	537	RUNNER'S POWER	SREM	POL	M-40	133	M 348	02:02:15	03:47:13	05:25:18	07:11:26	08:38:00		09:58:15.30	09:58:41.60	11:04	5.4
423	MAŚLANIK PIOTR	350	WIECZORNE BIEGANIE W SZCZECINIE	CHOJNA	POL	M-40	134	M 349	01:59:24	03:46:15	05:32:14	07:09:47	08:29:39		10:01:57.25	10:02:29.30	11:08	5.4
424	SAMOLAK MACIEK	363	MILITARIA TWIERDZA KŁODZKA	WAŁBRZYCH	POL	M-40	135	M 350	02:03:51	03:45:39	05:31:38	07:13:59	08:36:27		10:01:42.05	10:02:39.50	11:08	5.4
425	OLEKSAK GRZEGORZ	24		BIAŁA PODLASKA	POL	M-30	150	M 351	02:33:52	04:15:47	06:01:34	07:26:39	08:43:04		10:02:20.75	10:03:10.50	11:09	5.4
426	BORCUCH EWELINA	335		PRECZÓW	POL	K-30	34	K 76	02:04:06	03:57:52	05:39:24	07:21:39	08:42:09		10:04:52.50	10:05:49.65	11:12	5.4
427	DOMŻALSKI MAREK	135		ŁOCHOWO	POL	M-50	33	M 352	02:01:09	03:45:06	05:29:08	07:11:12	08:37:31		10:05:42.40	10:06:45.00	11:13	5.3
428	WAŁEK PIOTR	33	RUNNERS TEAM QUIBL	WARSZAWA	POL	M-40	136	M 353	02:10:24	03:58:27	05:43:18	07:22:21	08:42:10		10:09:06.55	10:09:24.25	11:16	5.3
429	DĄBROWSKI IRENEUSZ	98	RAJSPORT ACTIVE	OPOLE	POL	M-40	137	M 354	02:13:42	04:17:40	05:48:21	07:34:33	08:55:50		10:11:06.25	10:11:42.50	11:19	5.3
430	DOBREK WOJCIECH	281	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	M-50	34	M 355	02:11:32	03:59:02	05:38:35	07:21:25	08:41:22		10:11:09.60	10:12:05.30	11:19	5.3
431	KOLASIŃSKI KRZYSZTOF	395		POZNAŃ	POL	M-40	138	M 356	01:59:54	03:53:34	05:36:24	07:19:26	08:50:30		10:11:39.65	10:12:42.80	11:19	5.3
432	PAROL GRZEGORZ	284		SZCZECIN	POL	M-40	139	M 357	01:53:27	03:42:07	05:31:59	07:11:43	08:39:16		10:12:44.50	10:12:57.05	11:20	5.3
433	RYCHLIKOWSKI PAWEŁ	442		WROCŁAW	POL	M-40	140	M 358	02:16:06	04:03:29	05:46:31	07:28:31	08:52:09		10:13:17.45	10:14:04.55	11:21	5.3
434	GŁUSZCZAK JERZY	420		ŁÓDŹ	POL	M-60	2	M 359	01:55:49	03:53:28	05:40:06	07:23:37	08:47:43		10:14:12.35	10:14:26.25	11:22	5.3
435	RZEPNIKOWSKI MICHAŁ	56		ŁÓDŹ	POL	M-40	141	M 360	02:16:56	04:20:51	05:56:31	07:32:02	08:55:55		10:14:25.40	10:15:23.65	11:22	5.3
436	MAJKOWSKI TOMASZ	512		DŁUGOŁĘKA	POL	M-40	142	M 361	02:11:14	04:11:18	05:50:20	07:34:03	08:55:59		10:15:49.45	10:16:20.00	11:24	5.3
437	RZEPKA DANIEL	408	GREENBUD	MIKOŁÓW	POL	M-30	151	M 362	02:10:15	03:59:09	05:50:57	07:34:39	08:56:57		10:18:58.00	10:19:22.20	11:27	5.2
438	KITA EWA	48	BIEGAMDLAZDROWIA.PL	KĘDZIERZYN-KOŹLE	POL	K-50	1	K 77	02:12:58	04:09:41	05:54:41	07:36:33	08:56:24		10:19:49.10	10:19:57.50	11:28	5.2
439	SZUMLAS MARCIN	293	#SZUMITEAM	POŁCHOWO	POL	M-30	152	M 363	02:04:15	03:56:42	05:43:01	07:23:06	08:51:56		10:20:50.10	10:21:07.10	11:29	5.2
440	PASIERBEK WITEK	329		SUCHA BESKIDZKA	POL	M-40	143	M 364	02:01:35	03:43:34	05:30:32	07:20:21	08:47:13		10:20:52.50	10:21:41.10	11:29	5.2
441	BARAŃSKI GRZEGORZ	462		BYDGOSZCZ	POL	M-50	35	M 365	02:18:05	04:18:15	05:57:01	07:38:23	08:58:31		10:21:47.80	10:22:33.20	11:30	5.2
442	JABŁOŃSKI KAZIMIERZ	457		PRĄDY	POL	M-60	3	M 366	02:17:09	04:10:36	06:01:47	07:44:00	09:06:08		10:26:37.15	10:26:43.75	11:36	5.2
443	GMIEREK PAWEŁ	471		WOLSZTYN	POL	M-40	144	M 367	02:33:25	04:26:07	06:04:58	07:42:46	09:05:10		10:27:13.10	10:27:38.00	11:36	5.2
444	KLIKS ADAM	470		WOLSZTYN	POL	M-40	145	M 368	02:33:25	04:26:07	06:04:58	07:42:48	09:05:05		10:27:13.75	10:27:38.75	11:36	5.2
445	MOŹEJKO ARTUR	311	POCANCEROWAN I	PORAJ	POL	M-40	146	M 369	01:58:17	04:00:47	05:54:38	07:45:39	09:10:09		10:39:25.40	10:39:40.30	11:50	5.1
446	MACIĄG GRZEGORZ	367		ZAWIERCIE	POL	M-30	153	M 370	02:11:29	04:11:34	05:54:45	07:45:35	09:10:06		10:39:26.45	10:39:41.90	11:50	5.1
447	JAKUBOWSKI WOJCIECH	221	KB GEOTERMIA UNIEJÓW	UNIEJÓW	POL	M-40	147	M 371	02:01:53	03:54:41	05:47:50	07:43:36	09:12:18		10:40:58.05	10:41:55.00	11:52	5.1
	KOCZEWSKI PAWEŁ	285	MALTAŃSKA GRUPA BIEGOWA	POZNAŃ	POL	M-50			DNF	DNF	DNF	DNF	08:04:43		DNF	DNF	-	-
	SYPNIEWSKI MARCIN	286	CSWŁĄD POZNAŃ	POZNAŃ	POL	M-30			01:28:49	02:38:27	03:51:07	05:09:20	DNF		DNF	DNF	-	-
	LASOTA ARKADIUSZ	37		SOSNOWIEC	POL	M-40			DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	-
	ORŁOWSKI DANIEL	310	BESTWHISKYMAR KET.COM	DEBRZNO	POL	M-40			01:52:16	03:36:38	05:20:07	07:01:50	DNF		DNF	DNF	-	-
	ZARODA ZBYSZEK	100	BIEGAM BO MNIE LUDZKOŚĆ WQRWIA	KONIN	POL	M-40			01:33:00	02:48:57	04:25:03	DNF	DNF		DNF	DNF	-	-
	POTOCKI MICHAŁ	279	BIEG OPOLSKI	OPOLE	POL	M-30			01:46:39	03:24:07	05:10:36	DNF	DNF		DNF	DNF	-	-
	MANEL MARIUSZ	45	NETBOX BIEGA/LESZNO LIMITS RUNNERS	KĄKOLEWO	POL	M-40			01:49:11	03:38:32	05:24:18	DNF	DNF		DNF	DNF	-	-
	LEŚNIAK TOMASZ	427	THE FLASH IS COMING	DĄBROWA GÓRNICZA	POL	M-30			01:46:44	03:29:44	05:49:15	DNF	DNF		DNF	DNF	-	-

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
	ZIEMKOWSKA MONIKA	75	ŻARÓW BIEGA	ŻARÓW	POL	K-40			02:18:15 DNF	04:09:07 DNF	05:49:41 DNF	DNF	DNF		DNF	DNF	-	-
	GAWRYSZEWSKI MICHAŁ	162		GRANICA	POL	M-40			02:03:58 DNF	03:58:20 DNF	05:53:03 DNF	DNF	DNF		DNF	DNF	-	-
	GÓRNIAK ŁUKASZ	17		STYRZYNIC	POL	M-40			02:33:52 DNF	04:15:47 DNF	06:08:38 DNF	DNF	DNF		DNF	DNF	-	-
	NOWAK JUSTYNA	63	OBORYGENI	OBORNIKI ŚL	POL	K-30			02:08:26 DNF	04:11:58 DNF	DNF	DNF	DNF		DNF	DNF	-	-
	SZCZERBIAK MARCIN	22	DRUŻYNA BSS	ŁODŹ	POL	M-40			02:17:20 DNF	04:27:03 DNF	DNF	DNF	DNF		DNF	DNF	-	-
	MOLSKA MAŁGORZATA	407	BBL GORZÓW	KŁODAWA	POL	K-50			02:27:02 DNF	04:27:26 DNF	DNF	DNF	DNF		DNF	DNF	-	-
	SZELER JOANNA	151	BIEGAJĄCA Z PSAMI	WARSZAWA	POL	K-40			02:40:30 DNF	04:35:57 DNF	DNF	DNF	DNF		DNF	DNF	-	-
	WYRĄBKIEWICZ JANUSZ	418	APTEKA MIKSTURA CIECHOCINEK	CIECHOCINE K	POL	M-60			02:41:37 DNF	04:36:01 DNF	DNF	DNF	DNF		DNF	DNF	-	-
	ZAJĄC KRZYSZTOF	218	ZP SZPIKI(WKURW_T EAM)BEZULTRAD ZIKI	POZNAŃ	POL	M-40			02:15:38 DNF	04:38:39 DNF	DNF	DNF	DNF		DNF	DNF	-	-
	OSAKOWICZ MATEUSZ	268	MATEUSZ OSAKOWICZ	WARSZAWA	POL	M-30			01:35:02 DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	-
	WIESZACZEWSKA AGNIESZKA	186	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	K-30			02:32:42 DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	-

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN KOBIEC

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
1	WINIARSKA KATARZYNA	314	PKB/HRT	PRZEMYŚL	POL	K-30	1	K 1	01:20:04	02:20:41	03:22:39	04:18:06	05:07:10		05:56:42.85	05:56:44.95	6:36	9.1
2	KĄŻMIERCZAK MARTA	505		WARSZAWA	POL	K-30	2	K 2	01:20:05	02:23:36	03:33:20	04:33:20	05:32:11		06:25:32.95	06:25:49.10	7:08	8.4
3	MIKEŠOVÁ JANA	158	BAKAKO RUNNING TEAM	NOVÁ PAKA	CZE	K-20	1	K 3	01:24:54	02:31:43	03:41:22	04:45:22	05:36:29		06:26:46.40	06:26:49.30	7:09	8.4
4	RYNKIEWICZ AGNIESZKA	87	TEAM FIT TEST FAMILIY	GORZÓW WLKP.	POL	K-30	3	K 4	01:30:46	02:41:15	03:53:46	04:55:44	05:48:42		06:40:59.45	06:41:04.20	7:25	8.1
5	JAROSZ ANNA	179		KŁODZKO	POL	K-20	2	K 5	01:29:25	02:38:39	03:51:19	04:54:37	05:51:29		06:49:52.05	06:50:28.40	7:35	7.9
6	KACZMAREK MAGDALENA	132	STREFA PSYCHOLOGII SPORTU	POZNAŃ	POL	K-30	4	K 6	01:32:28	02:41:52	03:57:54	05:04:59	05:59:32		06:50:36.50	06:50:54.70	7:36	7.9
7	GÓRNIAK-ANTKOWIAK AGNIESZKA	517	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	K-40	1	K 7	01:28:52	02:38:30	03:48:56	04:58:07	05:56:19		06:51:47.60	06:51:53.25	7:37	7.9
8	KOMISARCZYK ANNA	3		SZCZECIN	POL	K-30	5	K 8	01:33:03	02:47:25	04:00:50	05:07:57	06:01:26		06:57:02.20	06:57:10.20	7:43	7.8
9	LEWANDOWSKA KAROLINA	539	DREAM RUN	GAMRATKA	POL	K-40	2	K 9	01:32:24	02:45:31	03:58:27	05:08:29	06:05:23		07:03:22.75	07:03:40.80	7:50	7.7
10	PIECUCH KAROLINA	141	LACHO TEAM/SKLEP BIEGACZA	PRZEWORSK	POL	K-30	6	K 10	01:31:11	02:45:00	04:09:07	05:17:41	06:13:20		07:07:33.70	07:07:40.05	7:55	7.6
11	MROWCA JOANNA	95		JAWISZÓW	POL	K-20	3	K 11	01:38:15	02:52:49	04:07:05	05:16:18	06:13:30		07:07:43.35	07:07:58.90	7:55	7.6
12	WÓJCIK MAŁGORZATA	220	BESKIDZKA 160	WIĄZOWNA	POL	K-40	3	K 12	01:32:13	02:49:03	04:09:58	05:21:52	06:22:53		07:18:53.80	07:19:06.80	8:07	7.4
13	PIĄTEK KAROLINA	146	NOGAMIDOGORY. PL	KRAKÓW	POL	K-30	7	K 13	01:32:07	02:42:23	04:00:02	05:15:28	06:19:38		07:19:19.90	07:19:45.25	8:08	7.4
14	MATYJASEK PAULINA	349		JÓZEFÓW	POL	K-30	8	K 14	01:41:23	03:03:15	04:20:31	05:31:54	06:27:53		07:23:34.35	07:24:02.35	8:12	7.3
15	SZCZEŚNIAK DOROTA	356	RANKOR	DĄBRÓWKA	POL	K-30	9	K 15	01:38:49	03:00:04	04:20:57	05:33:14	06:32:48		07:27:12.65	07:27:24.80	8:16	7.2
16	PAPIEWSKA NATALIA	303		MYŚLENICE	POL	K-20	4	K 16	01:44:10	03:01:00	04:19:17	05:29:49	06:26:36		07:27:17.85	07:27:50.50	8:17	7.2
17	USS AGNIESZKA	25	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	KIELCE	POL	K-40	4	K 17	01:40:39	03:03:30	04:21:15	05:30:53	06:27:52		07:28:19.70	07:28:41.90	8:18	7.2

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN Kobiet c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
18	SZCZOTKA KATARZYNA	84		PSZCZYNA	POL	K-40	5	K 18	01:44:56	03:05:28	04:25:46	05:39:42	06:35:02		07:31:34.95	07:31:49.80	8:21	7.2
19	KONDIELNIK MAGDALENA	76		PSZCZYNA	POL	K-40	6	K 19	01:44:54	03:05:27	04:25:45	05:39:41	06:35:14		07:35:16.70	07:35:32.05	8:25	7.1
20	DROZDZIK MAGDALENA	290	WKB META LUBLINIEC	NYSA	POL	K-30	10	K 20	01:31:58	02:55:41	04:17:34	05:36:22	06:39:00		07:42:33.55	07:42:40.15	8:33	7
21	FALKOWSKA SANDRA	495	MOTIVE HOME TEAM/ NIGHT RUNNERS	SZCZECINEK	POL	K-30	11	K 21	01:33:30	02:55:46	04:15:21	05:34:49	06:41:33		07:44:17.35	07:44:32.20	8:35	7
22	MALIK AGNIESZKA	541	ZUMBA	KŁODZKO		K-40	7	K 22	01:34:22	02:55:33	04:17:45	05:34:47	06:40:44		07:49:22.40	07:49:39.70	8:41	6.9
23	SZCZUPAKOWSKA IZABELA	78		GDAŃSK	POL	K-40	8	K 23	01:43:26	03:07:09	04:29:08	05:44:49	06:47:24		07:49:36.00	07:50:06.45	8:41	6.9
24	TOMASZYK KLARA	131	KOBIETY BIEGAJĄ	POZNAŃ	POL	K-30	12	K 24	01:45:19	03:07:18	04:30:52	05:48:50	06:48:41		07:51:02.40	07:51:35.00	8:43	6.9
25	PLATA MARTA	7		BYTOM	POL	K-40	9	K 25	01:46:51	03:05:24	04:30:42	05:48:52	06:51:47		07:51:33.00	07:51:59.75	8:43	6.9
26	BRZozowska ANNA	96	PKS GALOPUJĄCA SOCZEWICA/KRASNOSTAW BIEGA	W	POL	K-40	10	K 26	01:45:47	03:06:13	04:29:21	05:46:52	06:48:39		07:53:29.30	07:54:13.40	8:46	6.8
27	ORONOWICZ MARTA	366	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	MUNINA	POL	K-40	11	K 27	01:38:41	03:05:05	04:28:30	05:50:55	06:55:17		07:58:11.35	07:58:23.90	8:51	6.8
28	SIEROCIN AGATA	123		GDYNIA	POL	K-30	13	K 28	01:43:39	03:07:41	04:31:31	05:49:42	06:56:11		07:58:39.35	07:59:09.60	8:51	6.8
29	PASECKA SYLWIA	181		GLIWICE	POL	K-40	12	K 29	01:44:28	03:11:13	04:42:48	06:04:23	07:07:41		08:05:37.30	08:05:53.95	8:59	6.7
30	KADZIOŁKA BEATA	180		STAŁOWA WOLA	POL	K-30	14	K 30	01:36:44	03:05:48	04:32:18	05:54:28	07:00:48		08:09:31.70	08:09:48.15	9:03	6.6
31	NOWAK DOROTA	198	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	K-30	15	K 31	01:47:29	03:14:25	04:44:56	06:02:54	07:06:45		08:09:28.70	08:09:53.20	9:03	6.6
32	FOGIEL-PAWŁOWSKA AGNIESZKA	69	LOS BIEGANEROS	WROCŁAW	POL	K-30	16	K 32	01:40:50	03:06:10	04:32:16	06:01:34	07:11:09		08:11:28.80	08:11:38.50	9:06	6.6
33	RATAJ ZUZANNA	210	POLONIA BYDGOSZCZ ŚLĄ/KOBIETY BIEGAJĄ	POZNAŃ	POL	K-30	17	K 33	01:45:18	03:07:17	04:30:51	05:53:04	07:05:01		08:14:45.70	08:15:18.70	9:09	6.5
34	WOJTKOWIAK KAMILA	375	WWW.KAMILASU.KNIE.PL	MIEŚCISKO	POL	K-40	13	K 34	01:47:56	03:14:48	04:40:00	06:02:41	07:09:24		08:17:34.75	08:18:09.75	9:12	6.5
35	ZAMBRZYCKA-ROZNER EWA	153		PIASECZNO	POL	K-30	18	K 35	01:49:07	03:20:32	04:49:59	06:12:24	07:17:42		08:20:12.10	08:20:49.25	9:15	6.5
36	HANYSZ MAGDA	6		KOZIEGŁOWY	POL	K-40	14	K 36	01:49:22	03:21:08	04:46:59	06:09:10	07:15:51		08:23:30.00	08:24:16.95	9:19	6.4
37	PUDŁO KAMILA	459	OBORYGENI / NOA	OBORNIKI ŚLĄSKIE	POL	K-30	19	K 37	01:49:30	03:19:51	04:51:05	06:14:24	07:18:31		08:28:29.10	08:28:39.35	9:24	6.4
38	CIOSEK BEATA	509	AUGUSTEAM	CHORZÓW	POL	K-40	15	K 38	01:54:26	03:24:34	04:55:36	06:21:04	07:24:02		08:33:16.10	08:33:59.50	9:30	6.3
39	NAWARA KATARZYNA	280		WĘGRZCE	POL	K-20	5	K 39	01:55:14	03:30:05	05:03:54	06:28:05	07:35:26		08:34:30.30	08:35:20.60	9:31	6.3
40	STAJNIAK-STELIGA IZABELA	463	OBORYGENI	WILCZYN	POL	K-40	16	K 40	01:49:06	03:27:23	04:53:37	06:22:19	07:31:33		08:43:32.70	08:43:43.45	9:41	6.2
41	NIESPODZIANA ANNA	190	ROGOZIŃSKI KLUB BIEGACZA	ROGOŻNO	POL	K-30	20	K 41	01:49:55	03:23:17	05:03:43	06:32:11	07:43:58		08:49:13.15	08:50:04.35	9:48	6.1
42	KRÓL-PIDANTY MARZENA	165	STRZEGOMSKA DWUNASTKA	STRZEGOM	POL	K-40	17	K 42	01:48:17	03:24:09	04:57:05	06:28:07	07:36:02		08:50:08.85	08:50:33.90	9:49	6.1
43	MOSKAL IZABELLA	18	TKKF MPK POZNAŃ	POZNAŃ	POL	K-40	18	K 43	01:51:42	03:27:55	05:00:04	06:33:48	07:41:35		08:50:56.50	08:51:30.90	9:49	6.1
44	BICZKOWSKA MAGDALENA	245	RUN BYDGOSZCZ	BYDGOSZCZ	POL	K-30	21	K 44	01:50:19	03:28:20	04:57:34	06:28:48	07:42:17		08:52:44.65	08:52:49.70	9:51	6.1
45	POWAŁOWSKA DANKA	272	SŁYNNI KENIJCZYCY	GNIEZNO	POL	K-40	19	K 45	01:52:42	03:28:42	05:04:58	06:38:52	07:45:12		08:53:38.35	08:54:14.60	9:52	6.1
46	LEMIESZKA MARTA	430	ZARAŻENI BÓLEM	SULEJÓWEK	POL	K-20	6	K 46	01:54:52	03:38:25	05:07:34	06:36:40	07:47:19		08:54:23.30	08:54:35.10	9:53	6.1
47	IWANOWICZ ANNA	378	PARKRUN CHRZANÓW	CHRZANÓW	POL	K-30	22	K 47	01:49:31	03:30:59	05:02:56	06:32:36	07:45:58		08:56:54.35	08:57:04.05	9:56	6
48	KUSIO BARBARA	296		CHRZANÓW	POL	K-30	23	K 48	01:49:32	03:31:00	05:02:57	06:32:39	07:46:01		08:56:54.60	08:57:04.55	9:56	6
49	WIELICZKO ANNA	304		WROCŁAW	POL	K-30	24	K 49	02:06:42	03:50:44	05:23:32	06:50:36	07:54:27		08:56:59.80	08:57:35.00	9:56	6
50	GAŁKA MAŁGOSIA	478		BRANIEWO	POL	K-40	20	K 50	01:53:34	03:34:27	05:05:32	06:37:20	07:48:22		08:59:50.75	09:00:23.35	9:59	6
51	BRUSZEWSKA-GLOMBIOWSKA MONIKA	64		GDYNIA	POL	K-40	21	K 51	01:57:07	03:36:53	05:09:19	06:36:31	07:51:50		09:05:06.65	09:05:25.60	10:05	5.9

SUPERMARATON GÓR STOŁOWYCH 2018, OPEN KOBIEC c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
52	WOJDAT KATARZYNA	230		WARSZAWA	POL	K-30	25	K 52	01:53:17	03:34:52	05:06:57	06:37:27	07:51:49		09:06:02.65	09:06:49.20	10:06	5.9
53	OSTAPIŃSKA MAGDA	122	OSTRESROKI	PIASECZNO	POL	K-40	22	K 53	01:53:51	03:33:45	05:11:15	06:35:48	07:51:00		09:06:10.25	09:06:57.90	10:06	5.9
54	CZAPIGA MAGDALENA	138		NOWA RUDA	POL	K-40	23	K 54	01:55:33	03:30:12	05:02:33	06:37:14	07:53:28		09:10:13.30	09:10:54.35	10:11	5.9
55	KRZEMIŃSKA ALEKSANDRA	380	POLDEK TEAM	OPOLE	POL	K-30	26	K 55	01:47:52	03:27:53	04:59:53	06:34:42	07:52:25		09:11:50.95	09:11:55.80	10:13	5.9
56	NAPIERALSKA NATALIA	479	ŻYGLIŃSKIE CHARTY	MIASTECZKO ŚLĄSKIE	POL	K-40	24	K 56	01:55:11	03:36:57	05:16:36	06:48:10	08:04:43		09:19:52.20	09:20:44.65	10:22	5.8
57	FIGEL MONIKA	324	MIKI TEAM	GDAŃSK	POL	K-40	25	K 57	02:06:32	03:53:52	05:32:25	07:01:31	08:09:37		09:23:04.00	09:23:30.15	10:25	5.8
58	LANGE MONIKA	398		SICIENKO	POL	K-40	26	K 58	02:06:31	03:52:29	05:25:39	06:53:12	08:09:12		09:23:34.70	09:24:30.20	10:26	5.7
59	MATUSZEWSKA MAŁGORZATA	195	RUNNER'S POWER	ŚREM	POL	K-40	27	K 59	02:02:43	03:46:43	05:25:02	06:57:44	08:13:21		09:25:16.85	09:25:42.80	10:28	5.7
60	KOPYCZYŃSKA ALEKSANDRA	477		ZIELECICE	POL	K-30	27	K 60	01:54:21	03:24:06	04:59:45	06:21:21	08:15:05		09:27:07.55	09:27:45.50	10:30	5.7
61	GIBALSKA MARZENA	494	OBORYGENI	ROŚCISŁAWICE	POL	K-40	28	K 61	01:59:08	03:43:39	05:24:40	07:01:59	08:14:30		09:29:51.65	09:30:08.00	10:33	5.7
62	MURAWSKA JOANNA	319	MIKI TEAM	GDAŃSK	POL	K-40	29	K 62	02:00:17	03:44:59	05:28:12	07:01:46	08:14:32		09:30:28.35	09:30:53.05	10:33	5.7
63	ZAWADZKA MARZENA	298		PIŁA	POL	K-40	30	K 63	01:59:25	03:48:54	05:24:28	06:59:04	08:15:27		09:31:52.30	09:32:03.60	10:35	5.7
64	ONAK IZA	525		GLIWICE	POL	K-40	31	K 64	02:01:33	03:43:35	05:25:35	07:00:42	08:15:33		09:35:21.70	09:36:09.40	10:39	5.6
65	WALENTA HANNA	163		WARSZAWA	POL	K-40	32	K 65	02:02:11	03:56:08	05:32:44	07:04:57	08:21:46		09:42:16.15	09:42:47.95	10:46	5.6
66	CHODKIEWICZ URSZULA	411		POZNAŃ	POL	K-30	28	K 66	02:00:15	03:48:54	05:27:00	07:02:56	08:19:38		09:44:07.00	09:44:58.85	10:49	5.5
67	MICHAŁAK JOANNA	113		POZNAŃ	POL	K-40	33	K 67	02:10:23	03:53:55	05:30:12	07:03:36	08:19:30		09:44:51.95	09:45:46.85	10:49	5.5
68	WRÓBLEWSKA KATARZYNA	260		ZAWIERCIE	POL	K-30	29	K 68	01:58:23	03:55:41	05:31:56	07:11:57	08:30:33		09:47:37.30	09:47:54.60	10:52	5.5
69	BARAŃSKA ANETA	62	GALOPUJĄCA SOCZEWICA	WARSZAWA	POL	K-40	34	K 69	02:07:16	03:55:25	05:33:15	07:02:26	08:20:38		09:48:46.85	09:48:55.25	10:54	5.5
70	STRÓJWAŚ MAGDALENA	357		SOSNOWIEC	POL	K-30	30	K 70	03:51:00		05:28:42	07:07:00	08:28:19		09:49:21.80	09:49:21.80	10:54	5.5
71	OLEŚZEK MAGDALENA	232	#CZELADZBIEGA	CZELADŹ	POL	K-30	31	K 71	01:59:17	03:49:19	05:31:27	07:02:08	08:27:16		09:50:07.15	09:50:36.70	10:55	5.5
72	KASTNER YVONNE	484	LT BOBENHEIM AM BERG	BOBENHEIM AM BERG	GER	K-30	32	K 72	02:10:34	03:57:59	05:42:22	07:15:39	08:33:22		09:50:48.75	09:51:30.80	10:56	5.5
73	KRYPCZYK KATARZYNA	506	AUGUSTEAM	CHORZÓW	POL	K-40	35	K 73	02:03:41	03:56:48	05:37:44	07:16:52	08:35:10		09:51:44.95	09:52:29.60	10:57	5.5
74	MACIĄG MONIKA	360		ZAWIERCIE	POL	K-30	33	K 74	02:04:26	04:00:45	05:39:54	07:20:45	08:37:37		09:54:52.95	09:55:09.10	11:00	5.4
75	KOWALEWSKA CLAUDIA	39		KRAKÓW	POL	K-20	7	K 75	02:06:15	03:54:00	05:33:21	07:11:15	08:31:42		09:56:50.70	09:57:40.45	11:03	5.4
76	BORCUCZ EWELINA	335		PRECZÓW	POL	K-30	34	K 76	02:04:06	03:57:52	05:39:24	07:21:39	08:42:09		10:04:52.50	10:05:49.65	11:12	5.4
77	KITA EWA	48	BIEGAMDLAZDROWIA.PL	KĘDZIERZYN-KOZŁE	POL	K-50	1	K 77	02:12:58	04:09:41	05:54:41	07:36:33	08:56:24		10:19:49.10	10:19:57.50	11:28	5.2
	ZIEMKOWSKA MONIKA	75	ŻARÓW BIEGA	ŻARÓW	POL	K-40			02:18:15 DNF	04:09:07 DNF	05:49:41 DNF	DNF	DNF		DNF	DNF	-	-
	NOWAK JUSTYNA	63	OBORYGENI	OBORNIKI ŚL	POL	K-30			02:08:26 DNF	04:11:58 DNF	DNF	DNF	DNF		DNF	DNF	-	-
	MOLSKA MAŁGORZATA	407	BBL GORZÓW	KŁODAWA	POL	K-50			02:27:02 DNF	04:27:26 DNF	DNF	DNF	DNF		DNF	DNF	-	-
	SZELER JOANNA	151	BIEGAJĄCA Z PSAMI	WARSZAWA	POL	K-40			02:40:30 DNF	04:35:57 DNF	DNF	DNF	DNF		DNF	DNF	-	-
	WIESZACZEWSKA AGNIESZKA	186	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	K-30			02:32:42 DNF	DNF	DNF	DNF	DNF		DNF	DNF	-	-

SUPERMARATON GÓR STOŁOWYCH 2018, K-20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
1	MIKEŠOVÁ JANA	158	BAKAKO RUNNING TEAM	NOVÁ PAKA	CZE	K-20	1	K 3	01:24:54	02:31:43	03:41:22	04:45:22	05:36:29		06:26:46.40	06:26:49.30	7:09	8.4
2	JAROSZ ANNA	179		KŁODZKO	POL	K-20	2	K 5	01:29:25	02:38:39	03:51:19	04:54:37	05:51:29		06:49:52.05	06:50:28.40	7:35	7.9
3	MROWCA JOANNA	95		JAWISZÓW	POL	K-20	3	K 11	01:38:15	02:52:49	04:07:05	05:16:18	06:13:30		07:07:43.35	07:07:58.90	7:55	7.6
4	PAPIEWSKA NATALIA	303		MYŚLENICE	POL	K-20	4	K 16	01:44:10	03:01:00	04:19:17	05:29:49	06:26:36		07:27:17.85	07:27:50.50	8:17	7.2
5	NAWARA KATARZYNA	280		WĘGRZCE	POL	K-20	5	K 39	01:55:14	03:30:05	05:03:54	06:28:05	07:35:26		08:34:30.30	08:35:20.60	9:31	6.3
6	LEMIESZKA MARTA	430	ZARAŻENI BÓLEM	SULEJÓWEK	POL	K-20	6	K 46	01:54:52	03:38:25	05:07:34	06:36:40	07:47:19		08:54:23.30	08:54:35.10	9:53	6.1
7	KOWALEWSKA CLAUDIA	39		KRAKÓW	POL	K-20	7	K 75	02:06:15	03:54:00	05:33:21	07:11:15	08:31:42		09:56:50.70	09:57:40.45	11:03	5.4

SUPERMARATON GÓR STOŁOWYCH 2018, M-20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
1	DOMBROWSKI MACIEJ	274	RUNNING.CHEF - PTC PRZEMYSŁ	HVALSTAD	POL	M-20	1	M 1	01:08:38	01:57:56	02:51:53	03:39:50	04:23:35		05:07:33.15	05:07:34.20	5:41	10.5
2	PLOCH JAKUB	401	NIGHT RUNNERS ZABRZE	ZABRZE	POL	M-20	2	M 10	01:16:39	02:18:07	03:20:22	04:18:51	05:07:17		05:56:35.60	05:56:36.80	6:36	9.1
3	RAZIM MATEUSZ	410	6 BPD	UJAZD	POL	M-20	3	M 11	01:21:59	02:23:08	03:24:48	04:21:23	05:09:39		05:57:06.75	05:57:17.45	6:36	9.1
4	ROPELEWSKI TOMASZ	147		POZNAŃ	POL	M-20	4	M 26	01:26:29	02:35:29	03:44:39	04:49:47			06:28:41.80	06:28:59.70	7:11	8.3
5	MALINOWSKI ŁUKASZ	201	SZCZYTOGRAFIA	DĘBICA	POL	M-20	5	M 36	01:42:13	02:51:41	04:04:32	05:03:15	05:51:07		06:37:35.80	06:38:05.75	7:21	8.1
6	BLUMENFELD JACEK	49		ŁÓDŹ	POL	M-20	6	M 39	01:26:19	02:33:17	03:46:01	04:54:52	05:48:41		06:40:37.50	06:40:46.25	7:25	8.1
7	KUCIEL PAWEŁ	203	KOPALNIA WAPIENIA CZATKOWICE	TENCZYNEK	POL	M-20	7	M 48	01:23:15	02:30:41	03:43:16	04:50:55	05:48:08		06:43:07.80	06:43:52.95	7:27	8
8	KUNA WOJCIECH	26		KRAKÓW	POL	M-20	8	M 49	01:30:31	02:38:43	03:49:03	04:55:47	05:51:08		06:44:47.50	06:44:53.00	7:29	8
9	ORUBA DAWID	2		WIRY	POL	M-20	9	M 59	01:28:48	02:39:11	03:54:44	05:03:43	06:00:45		06:53:58.50	06:54:12.10	7:39	7.8
10	WALCZAK PATRYK	178	XRUNNERS	KONIN	POL	M-20	10	M 62	01:25:26	02:38:11	03:53:35	05:02:14	06:00:55		06:55:14.30	06:55:15.70	7:41	7.8
11	KOCHANOWSKI MICHAŁ	193	NR	KRAKÓW	POL	M-20	11	M 70	01:32:02	02:44:52	04:01:51	05:10:27	06:08:43		07:04:48.65	07:05:17.15	7:52	7.6
12	GRUCA KORNEL	299		BIELSKO-BIAŁA	POL	M-20	12	M 87	01:31:38	02:42:29	04:04:18	05:18:03			07:18:54.60	07:19:05.90	8:07	7.4
13	KRZEMIELNIEWSKI ADAM	507		SZCZECIN	POL	M-20	13	M 116	01:31:09	02:44:36	04:19:42	05:45:42	06:38:25		07:34:01.40	07:34:50.80	8:24	7.1
14	SZMAJ MICHAŁ	412	AKTYWNY OSTRZESZÓW	OSTRZESZÓW	POL	M-20	14	M 118	01:31:02	02:47:00	04:13:58	05:38:41	06:41:25		07:36:16.55	07:36:35.35	8:26	7.1
15	MALEC ARKADIUSZ	212		BIELSKO-BIAŁA	POL	M-20	15	M 132	01:36:53	02:54:15	04:14:54	05:32:35	06:35:33		07:41:49.00	07:42:18.10	8:33	7
16	KABACIŃSKI MARCIN	441		BYDGOSZCZ	POL	M-20	16	M 133	01:30:07	02:50:56	04:12:12	05:33:07	06:39:52		07:42:14.40	07:42:25.70	8:33	7
17	GRZEGORCZYK MATEUSZ	20	ZAKOCHAJ SIĘ W BIEGANIU (WROCLAW)	WROCLAW	POL	M-20	17	M 148	01:47:57	03:08:58	04:29:35	05:40:59	06:47:28		07:47:11.10	07:47:43.80	8:39	6.9
18	ŁOCH KASPER	456		WROCLAW	POL	M-20	18	M 181	01:44:01	03:10:56	04:34:21	05:56:04	07:01:05		08:02:33.30	08:03:27.00	8:56	6.7
19	CZERWIŃSKI WOJCIECH	207		CIECHANÓW	POL	M-20	19	M 190	01:41:06	03:08:43	04:37:43	05:59:32	07:05:00		08:09:31.45	08:09:54.00	9:03	6.6
20	ZAWADA MATEUSZ	429	ZARAŻENI BÓLEM	SULEJÓWEK	POL	M-20	20	M 204	01:46:12	03:16:55	04:43:03	06:04:13	07:16:22		08:17:21.45	08:17:30.30	9:12	6.5
21	RZEPKA NIKODEM	393	GREENBUD	MIKOŁÓW	POL	M-20	21	M 224	01:41:39	03:06:22	04:37:49	06:08:05	07:21:13		08:26:12.85	08:26:38.10	9:22	6.4
22	SUSŁOWSKI PAWEŁ	34		WROCLAW	POL	M-20	22	M 228	01:48:15	03:21:33	04:48:26	06:10:56	07:21:56		08:27:26.45	08:28:19.35	9:23	6.4
23	RUTKOWSKI KONRAD	340		TOMASZÓW MAZOWIECKI	POL	M-20	23	M 231	01:35:35	03:07:39	04:42:15	06:12:36	07:22:15		08:31:34.95	08:31:42.65	9:28	6.3
24	KOWALCZYK BARTŁOMIJ	447		WARSZAWA	POL	M-20	24	M 235	01:49:13	03:23:29	04:48:48	06:11:13	07:24:05		08:32:28.95	08:33:07.65	9:29	6.3
25	JACHYMSKI IGNACY	443	AKG ŁÓDŹ	ŁÓDŹ	POL	M-20	25	M 255	01:48:18	03:19:20	04:54:27	06:19:59	07:33:03		08:39:32.40	08:39:43.55	9:37	6.2
26	BOROWIECKI ŁUKASZ	187	BIEGAMY.PRO	KRAKÓW	POL	M-20	26	M 268	01:52:27	03:28:59	04:57:25	06:27:20	07:40:44		08:47:51.50	08:49:05.55	9:46	6.1
27	ŚWINIARSKI MICHAŁ	1	KWAŚNE ŻELKI	WARSZAWA	POL	M-20	27	M 277	01:59:09	03:38:18	05:09:36	06:32:36	07:43:21		08:51:08.10	08:51:56.65	9:50	6.1
28	ŚWISTUŃ EUGENIUSZ	184	RAJSPOORT ACTIVE	KRAPKOWICE	POL	M-20	28	M 281	01:52:00	03:19:27	04:49:53	06:14:51	07:33:41		08:52:53.30	08:53:50.55	9:52	6.1
29	SULIKOWSKI RAFAŁ	334		MIROSZOWICE	POL	M-20	29	M 301	02:05:14	03:51:05	05:20:49	06:41:53	07:58:49		09:06:50.00	09:07:48.40	10:07	5.9
30	ŁAZAROWICZ MATEUSZ	169	KLUB KOLARSKI ZIEMI KŁODZKIEJ	KŁODZKO	POL	M-20	30	M 308	02:01:33	03:40:56	05:21:35	06:48:59	08:04:45		09:14:59.15	09:15:38.90	10:16	5.8
31	KACZMAREK MIROSŁAW	235		ŚREM	POL	M-20	31	M 316	02:02:42	03:48:28	05:25:04	06:57:45	08:13:24		09:25:17.00	09:25:42.85	10:28	5.7
32	WASZAK BARTOSZ	351		ŚLESIN	POL	M-20	32	M 320	01:44:47	03:24:33	05:07:48	06:42:26	08:04:19		09:30:40.05	09:30:56.40	10:34	5.7
33	KRAWCZYK JAKUB	140		KRAKÓW	POL	M-20	33	M 327	01:56:57	03:38:19	05:20:16	06:57:38	08:16:07		09:39:07.25	09:40:00.70	10:43	5.6

SUPERMARATON GÓR STOŁOWYCH 2018, K-30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
1	WINIARSKA KATARZYNA	314	PKB/HRT	PRZEMYSŁ	POL	K-30	1	K 1	01:20:04	02:20:41	03:22:39	04:18:06	05:07:10		05:56:42.85	05:56:44.95	6:36	9.1
2	KĄŻMIERCZAK MARTA	505		WARSZAWA	POL	K-30	2	K 2	01:20:05	02:23:36	03:33:20	04:18:06	05:32:11		06:25:32.95	06:25:49.10	7:08	8.4
3	RYNKIEWICZ AGNIESZKA	87	TEAM FIT TEST FAMILIY	GORZÓW WLKP.	POL	K-30	3	K 4	01:30:46	02:41:15	03:53:46	04:55:44	05:48:42		06:40:59.45	06:41:04.20	7:25	8.1
4	KACZMAREK MAGDALENA	132	STREFA PSYCHOLOGII SPORTU	POZNAN	POL	K-30	4	K 6	01:32:28	02:41:52	03:57:54	05:04:59	05:59:32		06:50:36.50	06:50:54.70	7:36	7.9

SUPERMARATON GÓR STOŁOWYCH 2018, K-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
5	KOMISARCZYK ANNA	3		SZCZECIN	POL	K-30	5	K 8	01:33:03	02:47:25	04:00:50	05:07:57	06:01:26		06:57:02.20	06:57:10.20	7:43	7.8
6	PIECUCH KAROLINA	141	LACHO TEAM/SKLEP BIEGACZA	PRZEWORSK	POL	K-30	6	K 10	01:31:11	02:45:00	04:09:07	05:17:41	06:13:20		07:07:33.70	07:07:40.05	7:55	7.6
7	PIĄTEK KAROLINA	146	NOGAMIDOGORY. PL	KRAKÓW	POL	K-30	7	K 13	01:32:07	02:42:23	04:00:02	05:15:28	06:19:38		07:19:19.90	07:19:45.25	8:08	7.4
8	MATYJASEK PAULINA	349		JÓZEFÓW	POL	K-30	8	K 14	01:41:23	03:03:15	04:20:31	05:31:54	06:27:53		07:23:34.35	07:24:02.35	8:12	7.3
9	SZCZĘŚNIAK DOROTA	356	RANKOR	DĄBRÓWKA	POL	K-30	9	K 15	01:38:49	03:00:04	04:20:57	05:33:14	06:32:48		07:27:12.65	07:27:24.80	8:16	7.2
10	DROZDZIK MAGDALENA	290	WKB META LUBLINIEC	NYSA	POL	K-30	10	K 20	01:31:58	02:55:41	04:17:34	05:36:22	06:39:00		07:42:33.55	07:42:40.15	8:33	7
11	FALKOWSKA SANDRA	495	MOTIVE HOME TEAM/ NIGHT RUNNERS	SZCZECINEK	POL	K-30	11	K 21	01:33:30	02:55:46	04:15:21	05:34:49	06:41:33		07:44:17.35	07:44:32.20	8:35	7
12	TOMASZYK KLARA	131	KOBIETY BIEGAJĄ	POZNAŃ	POL	K-30	12	K 24	01:45:19	03:07:18	04:30:52	05:48:50	06:48:41		07:51:02.40	07:51:35.00	8:43	6.9
13	SIEROCIN AGATA	123		GDYNIA	POL	K-30	13	K 28	01:43:39	03:07:41	04:31:31	05:49:42	06:56:11		07:58:39.35	07:59:09.60	8:51	6.8
14	KĄDZIOŁKA BEATA	180		STAŁOWA WOLA	POL	K-30	14	K 30	01:36:44	03:05:48	04:32:18	05:54:28	07:00:48		08:09:31.70	08:09:48.15	9:03	6.6
15	NOWAK DOROTA	198	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	K-30	15	K 31	01:47:29	03:14:25	04:44:56	06:02:54	07:06:45		08:09:28.70	08:09:53.20	9:03	6.6
16	FOGIEL-PAWŁOWSKA AGNIESZKA	69	LOS BIEGANEROS	WROCŁAW	POL	K-30	16	K 32	01:40:50	03:06:10	04:32:16	06:01:34	07:11:09		08:11:28.80	08:11:38.50	9:06	6.6
17	RATAJ ZUZANNA	210	POLONIA BYDGOSZCZ SŁA/KOBIETY BIEGAJĄ	POZNAŃ	POL	K-30	17	K 33	01:45:18	03:07:17	04:30:51	05:53:04	07:05:01		08:14:45.70	08:15:18.70	9:09	6.5
18	ZAMBRZYCKA-ROZNER EWA	153		PIASECZNO	POL	K-30	18	K 35	01:49:07	03:20:32	04:49:59	06:12:24	07:17:42		08:20:12.10	08:20:49.25	9:15	6.5
19	PUDŁO KAMILA	459	OBORYGENI / NOA	OBORNKI ŚLĄSKIE	POL	K-30	19	K 37	01:49:30	03:19:51	04:51:05	06:14:24	07:18:31		08:28:29.10	08:28:39.35	9:24	6.4
20	NIESPODZIANA ANNA	190	ROGOZIŃSKI KLUB BIEGACZA	ROGOŹNO	POL	K-30	20	K 41	01:49:55	03:23:17	05:03:43	06:32:11	07:43:58		08:49:13.15	08:50:04.35	9:48	6.1
21	BICZKOWSKA MAGDALENA	245	RUN BYDGOSZCZ	BYDGOSZCZ	POL	K-30	21	K 44	01:50:19	03:28:20	04:57:34	06:28:48	07:42:17		08:52:44.65	08:52:49.70	9:51	6.1
22	IWANOWICZ ANNA	378	PARKRUN CHRZANÓW	CHRZANÓW	POL	K-30	22	K 47	01:49:31	03:30:59	05:02:56	06:32:36	07:45:58		08:56:54.35	08:57:04.05	9:56	6
23	KUSIO BARBARA	296		CHRZANÓW	POL	K-30	23	K 48	01:49:32	03:31:00	05:02:57	06:32:39	07:46:01		08:56:54.60	08:57:04.55	9:56	6
24	WIELICZKO ANNA	304		WROCŁAW	POL	K-30	24	K 49	02:06:42	03:50:44	05:23:32	06:50:36	07:54:27		08:56:59.80	08:57:35.00	10:06	5.9
25	WOJDAT KATARZYNA	230		WARSZAWA	POL	K-30	25	K 52	01:53:17	03:34:52	05:06:57	06:37:27	07:51:49		09:06:02.65	09:06:49.20	10:06	5.9
26	KRZEMIŃSKA ALEKSANDRA	380	POLDEK TEAM	OPOLE	POL	K-30	26	K 55	01:47:52	03:27:53	04:59:53	06:34:42	07:52:25		09:11:50.95	09:11:55.80	10:13	5.9
27	KOPYCZYŃSKA ALEKSANDRA	477		ZIELECICE	POL	K-30	27	K 60	01:54:21	03:24:06	04:59:45	06:21:21	08:15:05		09:27:07.55	09:27:45.50	10:30	5.7
28	CHODKIEWICZ URSZULA	411		POZNAŃ	POL	K-30	28	K 66	02:00:15	03:48:54	05:27:00	07:02:56	08:19:38		09:44:07.00	09:44:58.85	10:49	5.5
29	WRÓBLEWSKA KATARZYNA	260		ZAWIERCIE	POL	K-30	29	K 68	01:58:23	03:55:41	05:31:56	07:11:57	08:30:33		09:47:37.30	09:47:54.60	10:52	5.5
30	STRÓJWAŚ MAGDALENA	357		SOSNOWIEC	POL	K-30	30	K 70	03:51:00		05:28:42	07:07:00	08:28:19		09:49:21.80	09:49:21.80	10:54	5.5
31	OLESZEK MAGDALENA	232	#CZELADZBIEGA	CZELADŹ	POL	K-30	31	K 71	01:59:17	03:49:19	05:31:27	07:02:08	08:27:16		09:50:07.15	09:50:36.70	10:55	5.5
32	KASTNER YVONNE	484	LT BOBENHEIM AM BERG	BOBENHEIM AM BERG	GER	K-30	32	K 72	02:10:34	03:57:59	05:42:22	07:15:39	08:33:22		09:50:48.75	09:51:30.80	10:56	5.5
33	MACIĄG MONIKA	360		ZAWIERCIE	POL	K-30	33	K 74	02:04:26	04:00:45	05:39:54	07:20:45	08:37:37		09:54:52.95	09:55:09.10	11:00	5.4
34	BORCUCH EWELINA	335		PRECZÓW	POL	K-30	34	K 76	02:04:06	03:57:52	05:39:24	07:21:39	08:42:09		10:04:52.50	10:05:49.65	11:12	5.4
	NOWAK JUSTYNA	63	OBORYGENI	OBORNKI ŚL	POL	K-30			02:08:26	04:11:58	DNF	DNF	DNF		DNF	DNF	-	-
	WIESZACZEWSKA AGNIESZKA	186	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	K-30			02:32:42	DNF	DNF	DNF	DNF		DNF	DNF	-	-

SUPERMARATON GÓR STOŁOWYCH 2018, M-30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
1	MCCONNELL ANDREW	538		WATSON	AUS	M-30	1	M 3	01:21:09	02:20:43	03:20:37	04:14:16	04:57:18		05:40:30.95	05:40:32.65	6:18	9.5
2	NOVOTNY PETR	536	TAIWAN BEAST RUNNERS	ČERVENÝ KOSTELEČ	CZE	M-30	2	M 4	01:13:37	02:08:29	03:11:14	04:10:35	04:59:12		05:44:34.75	05:44:44.40	6:22	9.4
3	KORPALSKI TOMASZ	209	BIEGAJ Z GŁOWĄ	GDAŃSK	POL	M-30	3	M 6	01:23:15	02:22:33	03:22:37	04:15:58	05:00:34		05:46:27.75	05:46:57.40	6:24	9.4
4	ŁYJAK BŁAŻEJ	434	CHATA BIEGACZA K34	WROCŁAW	POL	M-30	4	M 7	01:16:48	02:17:07	03:19:16	04:14:46	05:02:39		05:47:28.00	05:47:32.15	6:26	9.3
5	LANGNER RADOŚLAW	215	VEGE RUNNERS	WROCŁAW	POL	M-30	5	M 9	01:17:18	02:18:19	03:18:41	04:16:47	05:06:03		05:51:47.95	05:51:57.60	6:30	9.2
6	WOLBACH TOMASZ	247	WOLNE ŚLIMAKI	POZNAN	POL	M-30	6	M 13	01:21:43	02:23:22	03:25:01	04:22:20	05:12:48		06:00:45.75	06:00:52.95	6:40	9
7	WASZEK SŁAWOMIR	254	KARKONOSZ RUNNING TEAM	WROCŁAW	POL	M-30	7	M 14	01:13:32	02:13:37	03:14:34	04:16:24	05:12:49		06:01:35.05	06:01:45.30	6:41	9
8	SZCZEPANIAK MARCIN	50	XRUNNERS	KONIN	POL	M-30	8	M 15	01:14:28	02:15:27	03:19:46	04:20:12	05:13:35		06:01:58.45	06:02:00.15	6:42	9
9	MACULEWICZ MATEUSZ	61		KATOWICE	POL	M-30	9	M 16	01:21:38	02:23:42	03:27:24	04:27:19	05:18:21		06:09:45.55	06:09:50.30	6:50	8.8
10	KONVALINA MATEJ	399	ULTRA MOST	MOST	CZE	M-30	10	M 18	01:25:16	02:31:40	03:38:28	04:38:18	05:28:42		06:16:30.90	06:16:37.95	6:58	8.6
11	OLKIS RAFAŁ	155	PRZEBIEGA.PL	WROCŁAW	POL	M-30	11	M 19	01:17:17	02:19:27	03:28:49	04:31:42	05:26:39		06:17:41.15	06:17:45.60	6:59	8.6
12	MYSZCZYSZYŃ ŁUKASZ	172	KUDOWA BIEGA ZDRÓJ	KUDOWA	POL	M-30	12	M 20	01:19:09	02:23:56	03:34:08	04:36:11	05:28:33		06:18:27.20	06:18:36.10	7:00	8.6
13	KOLMAJER RAFAŁ	244		BYDGOSZCZ	POL	M-30	13	M 22	01:18:41	02:22:55	03:32:38	04:41:09	05:35:30		06:25:21.70	06:25:25.35	7:08	8.4
14	ZAWORSKI TOMASZ	226		WROCŁAW	POL	M-30	14	M 23	01:24:58	02:32:04	03:40:05	04:45:30	05:35:47		06:25:48.00	06:25:53.80	7:08	8.4
15	SZYDLIK ARKADIUSZ	129	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M-30	15	M 25	01:19:38	02:22:29	03:32:06	04:35:45	05:35:07		06:26:09.15	06:26:30.30	7:09	8.4
16	DOMBROWSKI JAKUB	389	KRWAWIE SUTY RUN&BIKE	KRAKÓW	POL	M-30	16	M 30	01:26:36	02:33:59	03:41:49	04:42:25	05:36:00		06:31:40.20	06:31:48.05	7:15	8.3
17	ŚWIERAD DARIUSZ	35	ASICS FRONTRUNNER POLSKA	KRAKÓW	POL	M-30	17	M 31	01:19:55	02:21:07	03:25:59	04:33:53	05:33:45		06:32:03.75	06:32:06.50	7:15	8.3
18	MARGASIŃSKI JACEK	173	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	ZĄBKOWICE ŚLĄSKIE	POL	M-30	18	M 32	01:21:51	02:26:08	03:35:43	04:44:04	05:40:21		06:33:17.05	06:33:20.95	7:16	8.2
19	ZIĘBORAK SZYMON	166		NIEPORĘT	POL	M-30	19	M 34	01:20:25	02:29:43	03:37:52	04:46:09	05:44:15		06:36:59.25	06:37:01.85	7:21	8.2
20	MIKRUT REMIGIUSZ	331	CHEŁMNO BIEGA	CHEŁMNO	POL	M-30	20	M 37	01:30:24	02:40:10	03:50:12	04:55:29	05:46:41		06:38:26.55	06:38:37.30	7:22	8.1
21	KUCHARSKI PRZEMYSŁAW	382	ROKIETNICA BIEGA	ROKIETNICA	POL	M-30	21	M 40	01:30:08	02:35:22	03:37:46	04:05:52	04:51:28	00:59:00	06:40:19.85	06:41:03.00	6:19	9.5
22	GOLIŃSKI MICHAŁ	168		OTWOCK	POL	M-30	22	M 42	01:24:42	02:35:50	03:49:20	04:57:58	05:50:58		06:42:25.00	06:42:34.30	7:27	8.1
23	KORCZ DANIEL	521	KB MCKIS JAWORZNO	JAWORZNO	POL	M-30	23	M 43	01:28:32	02:36:20	03:45:44	04:54:29			06:42:11.50	06:42:34.30	7:26	8.1
24	MACIĄG GRZEGORZ	81		KRAKÓW	POL	M-30	24	M 45	01:28:48	02:38:11	03:45:07	04:43:12	05:37:49		06:43:02.55	06:43:14.40	7:27	8
25	GAJDA SEBASTIAN	194	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	M-30	25	M 50	01:24:08	02:36:28	03:50:02	04:57:01	05:52:43		06:45:05.10	06:45:11.20	7:30	8
26	JANIAK PRZEMYSŁAW	13		WARSZAWA	POL	M-30	26	M 51	01:20:22	02:26:44	03:34:30	04:51:58	05:50:19		06:46:05.90	06:46:12.90	7:31	8
27	PLUTA DANIEL	404	TEAM PLUTT	PULAWY	POL	M-30	27	M 52	01:30:15	02:41:34	03:52:33	04:59:56	05:54:11		06:46:04.05	06:46:18.10	7:31	8
28	STRYCHARSKI KRYSZTIAN	492	AVE MARIA KIDS	WARSZAWA	POL	M-30	28	M 53	01:26:56	02:38:07	03:55:00	05:02:42	05:56:10		06:48:51.30	06:48:55.45	7:34	7.9
29	MATEJA MARIUSZ	250	RAT TEAM	NYSA	POL	M-30	29	M 54	01:27:14	02:40:37	03:54:14	05:02:10	05:58:24		06:50:33.40	06:50:44.15	7:36	7.9
30	KUSZTEŁAK JACEK	328		PIERWOSZÓ W	POL	M-30	30	M 56	01:28:57	02:41:20	03:53:58	05:03:37	06:01:00		06:52:44.65	06:52:53.05	7:38	7.8
31	RÓŻANOWSKI ŁUKASZ	139		BIELSKO BIAŁA	POL	M-30	31	M 57	01:27:21	02:37:08	03:50:29	04:57:57	05:57:50		06:52:43.20	06:53:11.70	7:38	7.9
32	SZAPORÓW ŁUKASZ	337	SPARTAN RACE TEAM GROUP PROSZOWICE	PROSZOWICE	POL	M-30	32	M 60	01:25:06	02:29:45	03:43:53	04:56:54	05:58:18		06:54:40.75	06:54:42.90	7:40	7.8
33	PIEUCH MARCIN	164	LACHO TEAM	KRAKÓW	POL	M-30	33	M 61	01:28:09	02:39:56	03:56:17	05:02:39	05:59:23		06:54:52.05	06:54:58.10	7:40	7.8
34	LEWANDOWSKI FILIP	176		BYDGOSZCZ	POL	M-30	34	M 68	01:30:43	02:40:50	03:56:14	05:07:43	06:04:43		07:01:00.10	07:01:21.65	7:47	7.7
35	CHECHELSKI PRZEMYSŁAW	200	TAURON TEAM	PŁOKI	POL	M-30	35	M 71	01:30:57	02:40:19	03:56:16	05:08:38	06:08:52		07:06:29.45	07:06:51.30	7:53	7.6
36	LAMPARSKI ŁUKASZ	308		GÓRKI WIELKIE	POL	M-30	36	M 75	01:32:12	02:48:33	04:00:46	05:12:23	06:11:40		07:07:13.20	07:07:23.35	7:54	7.6
37	OBIDOWSKI ŁUKASZ	8	NARAMOWICE BIEGAJĄ	POZNAŃ	POL	M-30	37	M 76	01:29:27	02:42:21	03:58:35	05:09:46	06:09:36		07:07:33.15	07:07:36.25	7:55	7.6

SUPERMARATON GÓR STOŁOWYCH 2018, M-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
38	EWERT-KRZEMIEŃSKI STANISŁAW	504		SZCZECIN	POL	M-30	38	M 77	01:34:14	02:52:04	04:05:37	05:15:44	06:11:33		07:08:20.60	07:09:09.45	7:55	7.6
39	STROBIN FILIP	449		KONSTANTY NÓW ŁÓDZKI	POL	M-30	39	M 78	01:38:32	02:53:21	04:09:06	05:17:36	06:14:05		07:08:53.55	07:09:15.75	7:56	7.6
40	DEMYDA MICHAŁ	282		OLAWA	POL	M-30	40	M 79	01:27:41	02:36:58	03:51:10	05:02:54	06:08:42		07:09:42.90	07:09:48.45	7:57	7.5
41	RYNKIEWICZ MATEUSZ	67	TEAM FIT TEST FAMILY	GORZÓW WLKP.	POL	M-30	41	M 80	01:30:46	02:41:27	03:55:37	05:11:11	06:12:26		07:11:35.60	07:11:40.95	7:59	7.5
42	KOWALIK MARIUSZ	80	NGB KŁOBUCK	KŁOBUCK	POL	M-30	42	M 81	01:24:39	02:37:41	03:57:39	05:11:08	06:11:58		07:11:59.95	07:12:05.10	8:00	7.5
43	MAKAREWICZ WIKTOR	60	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M-30	43	M 82	01:34:58	02:49:13	04:04:01	05:14:28	06:10:43		07:16:12.80	07:16:56.45	8:04	7.4
44	KONRAD MARCIN	29	BRACIA TEAM ZAWIERCIE	ZAWIERCIE	POL	M-30	44	M 84	01:34:14	02:53:20	04:08:29	05:19:33	06:21:18		07:18:29.05	07:18:42.25	8:07	7.4
45	NIEMCZYK DAMIAN	391	DREAM RUN	WARSZAWA	POL	M-30	45	M 89	01:29:45	02:43:11	03:57:43	05:14:13	06:20:49		07:19:13.55	07:19:36.65	8:08	7.4
46	GÓRAL GRZESIEK	520	KB MCKIS JAWORZNO	KRAKÓW SWOSZOWICE	POL	M-30	46	M 90	01:32:33	02:42:50	04:00:27	05:15:55	06:19:48		07:19:45.35	07:19:45.35	8:08	7.4
47	GOLĄB MATEUSZ	222		POZNAŃ	POL	M-30	47	M 91	01:33:11	02:46:59	04:05:10	05:19:38	06:22:10		07:20:42.40	07:20:46.35	8:09	7.4
48	KĄŻMIERCZAK PIOTR	346	FILIPIDES	WARSZAWA	POL	M-30	48	M 93	01:35:08	02:50:11	04:10:27	05:23:14	06:24:29		07:20:37.65	07:21:14.20	8:09	7.4
49	DUDA DAWID	383	REHAU TEAM	PYSZÇA	POL	M-30	49	M 94	01:30:58	02:47:20	04:10:25	05:26:41	06:26:08		07:21:07.30	07:21:26.00	8:10	7.3
50	ROJEWSKI PAWEŁ	225		ŁÓDŹ	POL	M-30	50	M 95	01:24:55	02:40:16	04:01:55		06:20:05		07:21:31.30	07:21:34.80	8:10	7.3
51	NOWAK MARCIN	206	BIEGNĄCY ZA PABLEM	KRAKÓW	POL	M-30	51	M 97	01:36:19	02:53:20	04:13:23	05:28:19	06:27:55		07:22:30.55	07:23:12.30	8:11	7.3
52	IGNASZEWSKI KRZYSZTOF	289	RUNNER'S POWER	ŚREM	POL	M-30	52	M 98	01:30:45	02:47:21	04:10:27	05:26:35	06:26:11		07:23:12.65	07:23:30.55	8:12	7.3
53	GÓRNICKI TOMASZ	228		WARSZAWA	POL	M-30	53	M 103	01:36:30	02:57:38	04:15:51	05:28:36	06:29:26		07:26:29.60	07:27:15.40	8:16	7.3
54	SKRZYPCZAK MACIEJ	530	RUNNER'S POWER	KSIAŹ WLKP.	POL	M-30	54	M 105	01:30:56	02:47:21	04:10:23	05:28:02	06:29:20		07:28:42.85	07:29:01.10	8:18	7.2
55	GOLEC TOMASZ	455		GDAŃSK	POL	M-30	55	M 108	01:37:42	02:59:29	04:19:18	05:35:58	06:35:08		07:30:15.00	07:30:48.65	8:20	7.2
56	GRUNTOWSKI MATEUSZ	15		NIEMODLIN	POL	M-30	56	M 109	01:36:30	02:57:48	04:23:20	05:36:06	06:34:03		07:30:27.40	07:30:54.60	8:20	7.2
57	ZIMKOWSKI MARCIN	535	KGHM ZG RUN	GŁOGÓW	POL	M-30	57	M 110	01:28:52	02:43:46	04:09:11	05:27:44	06:29:25		07:30:50.35	07:31:01.30	8:20	7.2
58	MICHAŁSKI PIOTR	174		WROCŁAW	POL	M-30	58	M 113	01:36:42	02:55:00	04:15:34	05:30:32	06:33:50		07:34:00.90	07:34:21.75	8:24	7.1
59	KOZIEŁ TOMASZ	240	KUDOWSCY MIŁOŚNICY BIEGANIA	KUDOWA-ZD RÓJ	POL	M-30	59	M 117	01:30:15	02:45:17	04:04:21	05:24:44	06:33:10		07:36:04.05	07:36:34.60	8:26	7.1
60	ADAMCZEWSKI JAKUB	468	NIGHT RUNNERS	POZNAŃ	POL	M-30	60	M 119	01:37:22	02:58:08	04:25:34	05:45:11	06:41:36		07:37:01.45	07:37:20.60	8:27	7.1
61	OLSZAK DARIUSZ	276		GRĘBOCICE	POL	M-30	61	M 122	01:32:55	02:50:04	04:15:21	05:37:01	06:39:02		07:37:57.95	07:38:56.20	8:28	7.1
62	RÓŻAŃSKI MATEUSZ	266		KATOWICE	POL	M-30	62	M 125	01:34:48	02:48:59	04:06:41	05:31:09	06:37:03		07:38:38.25	07:39:06.90	8:29	7.1
63	NOWOROLNIK PAWEŁ	108	PĘDZĄCE MISIE	GLIWICE	POL	M-30	63	M 126	01:42:12	02:59:49	04:22:10	05:36:15	06:40:54		07:38:49.00	07:39:28.00	8:29	7.1
64	STARUCH ROBERT	65	DABEX - BOLT	KUDOWA-ZD ROJ	POL	M-30	64	M 127	01:34:01	02:53:29	04:16:28	05:37:30	06:40:53		07:39:37.20	07:39:49.90	8:30	7
65	PORĘBSKI ŁUKASZ	242		WROCŁAW	POL	M-30	65	M 130	01:40:29	03:03:24	04:23:04	05:36:40	06:40:03		07:38:24.95	07:40:03.85	8:29	7.1
66	TRZEPIZUR DOMINIK	91	NGB KŁOBUCK	WRĘCZYCA WIELKA	POL	M-30	66	M 131	01:34:21	02:57:43	04:21:26	05:40:05	06:40:57		07:41:42.50	07:41:56.75	8:33	7
67	ŻMIJEWSKI TOMASZ	294		WROCŁAW	POL	M-30	67	M 134	01:34:19	02:55:41	04:17:48	05:35:39	06:41:24		07:42:56.75	07:43:04.55	8:34	7
68	ZAŁUSTOWICZ MACIEJ	106		WROCŁAW	POL	M-30	68	M 135	01:45:10	03:09:01	04:29:44	05:44:37	06:47:17		07:42:57.05	07:43:43.45	8:34	7
69	SZCZĘŚNIAK PIOTR	338	MASARNIA POZNAŃ	POZNAŃ	POL	M-30	69	M 136	01:32:16	02:58:32	04:15:31	05:35:31	06:41:31		07:43:34.60	07:43:54.75	8:35	7
70	WOJEWODA MACIEJ	464	VEGE RUNNERS	JEZIERZYCE	POL	M-30	70	M 138	01:46:27	03:08:49	04:29:59	05:44:36	06:47:21		07:43:56.05	07:44:41.65	8:35	7
71	RODAK ZBIGNIEW	116		STRZEGOM	POL	M-30	71	M 139	01:34:00	02:51:54	04:16:39	05:34:50	06:39:32		07:44:42.60	07:45:06.30	8:36	7
72	WOŁCZEK PRZEMYSŁAW	259	GRUPA BIEGOWA BEZ GRANIC	STRZEGOM	POL	M-30	72	M 141	01:37:25	03:05:39	04:33:25	05:47:23	06:48:10		07:45:56.55	07:46:18.60	8:37	7
73	LESZCZYŃSKI MATEUSZ	362		ŁÓDŹ	POL	M-30	73	M 142	01:34:51	02:52:40	04:18:31	05:33:12	06:41:12		07:46:04.80	07:46:20.25	8:37	7
74	MUSIAŁ SZYMON	59	PRZEBIEGLI UNISŁAW	UNISŁAW	POL	M-30	74	M 146	01:33:49	02:58:32	04:18:14	05:40:06	06:48:06		07:47:28.85	07:47:39.85	8:39	6.9
75	SZPIŃEK MARCIN	243	TUTU TEAM	NYSA	POL	M-30	75	M 147	01:34:14	02:55:10	04:16:53	05:38:52	06:45:35		07:47:26.95	07:47:42.85	8:39	6.9
76	KARP PAWEŁ	501		KRYG	POL	M-30	76	M 151	01:31:10	02:45:39	04:16:12	05:40:47	06:46:42		07:47:36.60	07:48:17.00	8:39	6.9

SUPERMARATON GÓR STOŁOWYCH 2018, M-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
77	BARAŃSKI PIOTR	185	DELOITTE ADVENTURE TEAM	WARSZAWA	POL	M-30	77	M 154	01:44:03	03:09:03	04:37:01	05:47:39	06:48:56		07:48:10.50	07:48:53.35	8:40	6.9
78	LATANOWICZ BERNARD	302		POZNAŃ	POL	M-30	78	M 155	01:32:35	02:53:17	04:12:09	05:38:48	06:44:24		07:49:11.95	07:49:22.50	8:41	6.9
79	JADACH GRZEGORZ	283		WROCŁAW	POL	M-30	79	M 157	01:30:00	02:49:00	04:15:32	05:35:03	06:41:32		07:50:02.30	07:50:08.10	8:42	6.9
80	DUDEK REMIGIUSZ	312	ZIĘBICE	ZIĘBICE	POL	M-30	80	M 158	01:40:30	02:59:49	04:23:35	05:42:18	06:44:44		07:49:53.45	07:50:08.90	8:42	6.9
81	GOLA RADEK	353	ZABIERZÓW	ZABIERZÓW	POL	M-30	81	M 159	01:41:11	03:06:30	04:30:36	05:47:19	06:48:34		07:51:22.15	07:51:33.60	8:43	6.9
82	PODLEWSKI RAFAŁ	409		GŁOGÓW	POL	M-30	82	M 161	01:53:22	03:19:03	04:36:12	05:51:19	06:51:01		07:50:57.00	07:51:51.40	8:43	6.9
83	PASIECZNIK MIŁOSZ	265	MUAY RUNNING TEAM	POZNAŃ	POL	M-30	83	M 163	01:54:01	03:18:05	04:39:06	05:59:44	06:57:04		07:52:04.40	07:52:48.30	8:44	6.9
84	PIETRUCHA MACIEJ	261	SZWAGRY TEAM	OBORNIKI	POL	M-30	84	M 164	01:46:03	03:09:00	04:30:16	05:48:13	06:51:45		07:52:38.45	07:53:26.80	8:45	6.9
85	ŻEBRAKCI WOJTEK	444		PRUDNIK	POL	M-30	85	M 165	01:46:57	03:09:38	04:39:04	05:51:01	06:52:24		07:53:27.05	07:53:42.10	8:46	6.8
86	ŚWIDER MARIUSZ	74	#CZELADZBIEGA	SOSNOWIEC	POL	M-30	86	M 168	01:49:09	03:17:53	04:37:44	05:53:08	06:55:32		07:56:02.50	07:56:36.30	8:48	6.8
87	LACHOWSKI ROBERT	216		ŁÓDŹ	POL	M-30	87	M 169	01:26:23	02:50:40	04:18:17	05:39:48	06:48:07		07:56:36.80	07:56:40.15	8:49	6.8
88	GOLOVATIUK SERGIJ	264		POZNAŃ	POL	M-30	88	M 172	01:39:29	03:03:13	04:22:57	05:43:56	06:50:04		07:57:51.50	07:58:47.80	8:50	6.8
89	MIKUŁA GRZEGORZ	205		WROCŁAW	POL	M-30	89	M 173	01:30:07	02:53:22	04:21:28	05:44:56	06:53:42		07:58:46.25	07:58:58.15	8:51	6.8
90	MAZUREK PIOTR	523	KB MCKIS JAWORZNO	JAWORZNO	POL	M-30	90	M 174	01:29:10	02:41:55	04:10:11	05:29:37	06:33:25		07:59:09.25	07:59:31.50	8:52	6.8
91	MATYJA RAFAŁ	213	LESZNOLIMITS RUNNERS	LIPNO	POL	M-30	91	M 180	01:57:17	03:29:41	04:47:00	06:00:09	07:01:53		08:02:19.30	08:03:02.15	8:55	6.7
92	KOPACKI GRZEGORZ	90	FOLLOWME - ZMIENIAMYFINAN SE.PL	WAŁBRZYCH	POL	M-30	92	M 188	01:47:37	03:13:05	04:39:57	06:02:53	07:06:31		08:07:30.70	08:08:18.55	9:01	6.6
93	CALLAWAY JOHN	490		SALT LAKE CITY		M-30	93	M 193	01:47:38	03:21:53	04:44:40	06:01:07	07:07:02		08:09:41.95	08:10:11.50	9:04	6.6
94	KOSIN PAWEŁ	489	KLUB BIEGAJĄCYCH LEŚNIKÓW	KIELCE	POL	M-30	94	M 195	01:47:28	03:13:47	04:37:09	06:00:11	07:06:17		08:11:10.05	08:11:31.00	9:05	6.6
95	SPRYCHA SŁAWOMIR	82	#CZELADZBIEGA	CZELADŹ	POL	M-30	95	M 196	01:51:34	03:20:38	04:45:33	06:04:55	07:08:55		08:11:06.80	08:11:39.85	9:05	6.6
96	GALUSKIN ALEXEY	257	GRUPA NOMAX	TARNOWSKIE GÓRY	POL	M-30	96	M 197	01:44:40	03:12:17	04:39:24	06:03:26	07:11:47		08:13:13.55	08:13:41.90	9:08	6.6
97	BRESZKA TOMEK	11	CAPTAIN AMERICA	DARŁOWO	POL	M-30	97	M 198	01:49:11	03:11:55	04:35:05	06:03:02	07:12:06		08:13:49.60	08:14:26.05	9:08	6.6
98	URBASEK ŁUKASZ	500		GLIWICE	POL	M-30	98	M 203	01:49:03	03:24:17	04:51:13	06:07:09	07:13:26		08:16:12.00	08:16:38.85	9:11	6.5
99	WROBLEWSKI TOMASZ	224	POLKRY TEAM	ROŻNO PARCELE	POL	M-30	99	M 205	01:39:35	03:06:40	04:34:58	06:03:09	07:13:10		08:18:41.85	08:19:12.90	9:14	6.5
100	KAJUT WOJTEK	354	PADŁ NA RYJ TEAM	STRASZYN	POL	M-30	100	M 208	01:59:59	03:29:59	04:54:34	06:12:21	07:15:58		08:19:25.35	08:20:17.80	9:14	6.5
101	LEŚNIAK MARCIN	428	ZARAŻENI BÓLEM	SULEJÓWEK	POL	M-30	101	M 211	01:46:13	03:16:56	04:43:06	06:04:27	07:16:27		08:20:18.60	08:20:28.30	9:15	6.5
102	POLICKÝ TOMÁŠ	234	POLICÁTKA	VELKÉ POŘÍČÍ	CZE	M-30	102	M 213	01:41:33	03:09:19	04:35:55	05:57:40	07:11:46		08:19:58.55	08:20:32.40	9:15	6.5
103	JAZY SZYMON	177		LUBOŃ	POL	M-30	103	M 215	01:46:33	03:19:30	04:48:22	06:11:24	07:16:23		08:20:43.00	08:21:13.55	9:16	6.5
104	ROŚLIŃKI JAROSŁAW	426	TMTEAM	OZOROWICE	POL	M-30	104	M 216	01:42:42	03:07:38	04:40:36	06:04:28	07:17:52		08:21:08.65	08:21:16.15	9:16	6.5
105	SKAŁECKI PRZEMYSŁAW	4		GORZÓW WIELKOPOLS KI	POL	M-30	105	M 217	01:38:43	03:06:52	04:38:13	06:04:33	07:16:55		08:21:13.90	08:21:17.45	9:16	6.5
106	PIOSIK PAWEŁ	526		DĄBRÓWKA	POL	M-30	106	M 222	01:40:13	03:12:40	04:40:09	06:06:35	07:16:37		08:23:49.25	08:24:18.35	9:19	6.4
107	BŁACH PIOTR	142	EFIORITEAM	SŁAWOBORZ E	POL	M-30	107	M 226	01:49:21	03:15:09	04:44:11	06:11:09	07:18:59		08:26:41.40	08:27:18.55	9:22	6.4
108	WOŹNIAK PIOTR	143		WROCŁAW	POL	M-30	108	M 227	01:56:25	03:23:38	04:52:36	06:17:47	07:22:39		08:26:48.70	08:27:39.45	9:23	6.4
109	ZUBOWICZ JAKUB	246	ŻWAWIE ŻUBRY/BZ WBK FAKTOR	WARSZAWA	POL	M-30	109	M 232	01:50:49	03:23:33	04:52:28	06:16:51	07:24:25		08:31:20.55	08:31:57.90	9:28	6.3
110	KRZOS PIOTR	320		ZABRZE	POL	M-30	110	M 236	01:54:24	03:26:11	04:55:32	06:18:58	07:25:46		08:32:15.45	08:33:09.15	9:29	6.3
111	MIKOŁAJCZYK TOMASZ	148		DOPIEWIEC	POL	M-30	111	M 237	01:54:28	03:31:27	05:01:29	06:28:28	07:32:49		08:33:31.95	08:34:00.40	9:30	6.3
112	SZWEDA TOMASZ	372	STOWARZYSZENI E LUDZI W BIEGU ŻŁOTÓW	ŻŁOTÓW	POL	M-30	112	M 239	01:50:03	03:21:46	04:48:55	06:15:07	07:27:09		08:34:10.75	08:34:45.85	9:31	6.3

SUPERMARATON GÓR STOŁOWYCH 2018, M-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-sconość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
113	STASIK ALEKSANDER	476		GLINNO	POL	M-30	113	M 240	01:49:07	03:17:52	04:41:46	06:13:28	07:26:22		08:34:26.70	08:35:06.30	9:31	6.3
114	FAERBER MARCIN	436		RUDA ŚLĄSKA	POL	M-30	114	M 241	01:41:41	03:06:04	04:39:46	06:09:29	07:18:27		08:34:54.60	08:35:19.50	9:32	6.3
115	SZYDŁOWSKI ADRIAN	527		POZNAŃ	POL	M-30	115	M 242	01:39:40	03:06:58	04:43:52	06:11:04	07:26:14		08:35:28.50	08:35:51.05	9:32	6.3
116	FLIŚNIK MIREK	110	PKS GALOPUJĄCA SOCZEWICA	GRODZISK MAZOWIECKI	POL	M-30	116	M 244	01:48:56	03:20:12	04:50:00	06:12:16	07:27:19		08:35:53.85	08:36:42.15	9:33	6.3
117	STARZYŃSKI TOMEK	465		KAZIMIERZA WIELKA	POL	M-30	117	M 246	01:52:05	03:20:30	04:47:23	06:13:51	07:24:27		08:36:05.85	08:36:47.60	9:33	6.3
118	JAWORSKI PAWEŁ	269		BĘDZIN	POL	M-30	118	M 247	01:39:52	03:12:00	04:42:17	06:09:33	07:26:27		08:36:45.05	08:36:51.70	9:34	6.3
119	ZIMNIAK ŁUKASZ	175	KB SZERSZEŃ OLEŚNICA	OLEŚNICA	POL	M-30	119	M 248	01:51:32	03:28:31	05:03:11	06:28:49	07:35:23		08:36:16.60	08:37:02.45	9:33	6.3
120	KUPCZYK RAFAŁ	121	ROZBIEGANY RAWICZ	MIEJSKA GÓRKA	POL	M-30	120	M 249	01:42:35	03:12:42	04:45:07	06:13:27	07:21:07		08:36:32.60	08:37:05.00	9:33	6.3
121	WOŹNIAK SEBASTIAN	71	MOTOINTEGRATO R RUNNING TEAM	ŁÓDŹ	POL	M-30	121	M 250	01:45:01	03:27:18	04:55:12	06:21:47	07:31:52		08:37:44.05	08:37:51.85	9:35	6.3
122	KLICHOWSKI MAREK	30	NAPIERACZE	ŁÓDŹ	POL	M-30	122	M 251	01:45:00	03:27:18	04:55:12	06:21:41	07:31:44		08:37:45.10	08:37:52.10	9:35	6.3
123	PILUJSKI MICHAŁ	297		SKRZYŃKI	POL	M-30	123	M 252	01:53:23	03:23:50	04:54:44	06:19:18	07:28:18		08:37:10.25	08:38:02.00	9:34	6.3
124	MESJASZ MAREK	57	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	LUBIN	POL	M-30	124	M 257	01:53:42	03:30:52	04:52:23	06:22:45	07:31:54		08:40:51.85	08:41:50.00	9:38	6.2
125	GODLEWSKI JAKUB	262	RUNNERS TEAM QUIBL.	WARSZAWA	POL	M-30	125	M 258	01:42:53	03:10:56	04:50:46	06:18:57	07:34:10		08:42:35.70	08:42:55.55	9:40	6.2
126	SIOMA KONRAD	88	ROKIETNICA BIEGA	KRZYSZKOW O	POL	M-30	126	M 260					07:28:47		08:44:41.00	08:44:41.00	9:42	6.2
127	KULIŃSKI WOJCIECH	317	FC MI SIĘ NIE CHCE	WYSOKA	POL	M-30	127	M 264	01:56:54	03:25:12	04:57:19	06:27:09	07:38:09		08:47:39.30	08:48:06.20	9:46	6.1
128	ROGÓRZ ANDRZEJ	472		WROCŁAW	POL	M-30	128	M 270	01:38:52	03:14:25	04:51:48	06:21:55	07:37:15		08:48:56.40	08:49:11.95	9:47	6.1
129	NIELIPIŃSKI MATEUSZ	422		PRZYSUCHA	POL	M-30	129	M 274	01:54:45	03:25:52	05:01:59	06:28:43	07:39:53		08:49:54.65	08:50:36.80	9:48	6.1
130	KORBUT RADOŚLAW	453	KONIUCHY OCR	SIEDLCE	POL	M-30	130	M 280	01:47:52	03:25:14	05:00:13	06:27:15	07:39:41		08:52:55.85	08:53:12.00	9:52	6.1
131	POWAŁOWSKI MARCIN	273	SŁYNNI KENJJCZYCY	GNIEZNO	POL	M-30	131	M 283	01:52:34	03:28:58	05:04:40	06:38:04	07:45:10		08:53:38.80	08:54:14.25	9:52	6.1
132	MUSIAL RADOŚLAW	115	DOLBY	WROCLAW	POL	M-30	132	M 292	01:49:42	03:22:37	05:03:11	06:37:11	07:48:10		08:58:38.90	08:59:18.85	9:58	6
133	NIEWIADA MACIEJ	66	EXPLORADOR	DOPIEWO	POL	M-30	133	M 293	01:54:34	03:31:19	05:03:10	06:36:22	07:50:04		08:59:44.75	09:00:13.05	9:59	6
134	ORDZIEJEWSKI DOMINIK	42		KOŚCIELNA WIES	POL	M-30	134	M 295	01:51:22	03:36:35	05:15:08	06:44:21	07:54:12		09:01:32.90	09:02:17.60	10:01	6
135	ROZNER ARTUR	154		PIASECZNO	POL	M-30	135	M 296	01:57:58	03:36:51	05:06:12	06:34:45	07:48:04		09:01:57.80	09:02:36.00	10:02	6
136	MATUSZAK KRZYSZTOF	28		KONIN	POL	M-30	136	M 299	01:33:40	03:08:01	04:45:39	06:22:51	07:43:18		09:06:37.80	09:06:54.80	10:07	5.9
137	KRZEMIŃSKI JACEK	381	POLDEK TEAM	OPOLE	POL	M-30	137	M 306	01:47:53	03:27:53	04:59:50	06:34:44	07:52:23		09:11:51.30	09:11:55.75	10:13	5.9
138	KRÓL FRANCISZEK	458		ŁOMIANKI	POL	M-30	138	M 307	01:47:56	03:25:26	05:03:56	06:43:37	08:02:49		09:13:43.55	09:14:05.20	10:15	5.9
139	CHROMICZ KRZYSZTOF	157		SMOLEC	POL	M-30	139	M 309	01:54:00	03:31:33	05:07:36	06:41:52	07:57:08		09:14:50.85	09:15:50.05	10:16	5.8
140	ŁUGOWSKI KAROL	402	MGR - MIŃSK GRUPA ROWEROWA	MIŃSK MAZOWIECKI	POL	M-30	140	M 315	01:49:41	03:28:18	05:09:34	06:43:25	08:02:10		09:24:56.85	09:25:30.85	10:27	5.7
141	SETA MICHAŁ	355	PADŁ NA RYJ TEAM	GDYNIA	POL	M-30	141	M 317	02:04:19	03:45:46	05:21:48	06:53:13	08:09:03		09:26:08.20	09:27:01.25	10:29	5.7
142	WASZAK RAFAŁ	341		ŚLESIN	POL	M-30	142	M 321	01:44:52	03:24:33	05:07:47	06:42:22	08:04:13		09:30:40.75	09:30:57.30	10:34	5.7
143	GOŁĘBIEWSKI PIOTREK	498	BĘDZIN TEAM	CHORZÓW	POL	M-30	143	M 329	01:59:56	03:49:26	05:23:51	07:00:56	08:19:46		09:40:07.40	09:40:58.00	10:44	5.6
144	JUDKOWIAK MICHAŁ	85		POZNAŃ	POL	M-30	144	M 331	01:59:00	03:45:06	05:25:43	07:06:05	08:23:15		09:44:53.40	09:45:49.90	10:49	5.5
145	ŚLIWIŃSKI PAWEŁ	133	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	M-30	145	M 333	01:54:08	03:39:56	05:24:38	07:01:22	08:19:37		09:46:10.00	09:47:05.10	10:51	5.5
146	MICHNIEWICZ PIOTR	540	GIT EKIPA	ZAWIERCIE		M-30	146	M 334	01:58:30	03:55:42	05:32:16	07:11:58	08:30:40		09:47:36.85	09:47:55.10	10:52	5.5
147	MAJCHERCZYK MATEUSZ	359	CROSS BOX EVOLUTION	SOSNOWIEC	POL	M-30	147	M 337	03:50:19		05:28:40	07:06:07	08:28:23		09:50:08.00	09:50:08.00	10:55	5.5
148	SAMOLAK ŁUKASZ	316	MILITARIA TWIERDZA KŁODZKA	ŁĄDEK ZDRÓJ	POL	M-30	148	M 343	02:03:54	03:57:53	05:39:13	07:15:20	08:39:51		09:54:13.85	09:55:10.40	11:00	5.5

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
149	KOWALEWSKI ŁUKASZ	55		KRAKÓW	POL	M-30	149	M 345	02:06:15	03:54:00	05:33:19	07:11:10	08:31:44		09:56:50.20	09:57:39.65	11:03	5.4
150	OLEKSIAK GRZEGORZ	24		BIAŁA PODLASKA	POL	M-30	150	M 351	02:33:52	04:15:47	06:01:34	07:26:39	08:43:04		10:02:20.75	10:03:10.50	11:09	5.4
151	RZEPKA DANIEL	408	GREENBUD	MIKOŁÓW	POL	M-30	151	M 362	02:10:15	03:59:09	05:50:57	07:34:39	08:56:57		10:18:58.00	10:19:22.20	11:27	5.2
152	SZUMLAS MARCIN	293	#SZUMITEAM	POŁCHOWO	POL	M-30	152	M 360	02:04:15	03:56:42	05:43:01	07:23:06	08:51:56		10:20:50.10	10:21:07.10	11:29	5.2
153	MACIĄG GRZEGORZ	367		ZAWIERCIE	POL	M-30	153	M 373	02:11:29	04:11:34	05:54:45	07:45:35	09:10:06		10:39:26.45	10:39:41.90	11:50	5.1
	SPYNIIEWSKI MARCIN	286	CSWLĄD POZNAŃ	POZNAŃ	POL	M-30			01:28:49	02:38:27	03:51:07	05:09:20	DNF		DNF	DNF	-	-
	POTOCKI MICHAŁ	279	BIEG OPOLSKI	OPOLE	POL	M-30			01:46:39	03:24:07	05:10:36	DNF	DNF		DNF	DNF	-	-
	LEŚNIAK TOMASZ	427	THE FLASH IS COMING	DĄBROWA GÓRNICZA	POL	M-30			01:46:44	03:29:44	05:49:15	DNF	DNF		DNF	DNF	-	-
	OSAKOWICZ MATEUSZ	268	MATEUSZ OSAKOWICZ	WARSZAWA	POL	M-30			01:35:02	DNF	DNF	DNF	DNF		DNF	DNF	-	-

SUPERMARATON GÓR STOŁOWYCH 2018, K-40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
1	GÓRNIK-ANTKOWIAK AGNIESZKA	517	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	K-40	1	K 7	01:28:52	02:38:30	03:48:56	04:58:07	05:56:19		06:51:47.60	06:51:53.25	7:37	7.9
2	LEWANDOWSKA KAROLINA	539	DREAM RUN	GAMRATKA		K-40	2	K 9	01:32:24	02:45:31	03:58:27	05:08:29	06:05:23		07:03:22.75	07:03:40.80	7:50	7.7
3	WÓJCIK MAŁGORZATA	220	BESKIDZKA 160	WIĄZOWNA	POL	K-40	3	K 12	01:32:13	02:49:03	04:09:58	05:21:52	06:22:53		07:18:53.80	07:19:06.80	8:07	7.4
4	USS AGNIESZKA	25	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	KIELCE	POL	K-40	4	K 17	01:40:39	03:03:30	04:21:15	05:30:53	06:27:52		07:28:19.70	07:28:41.90	8:18	7.2
5	SZCZOTKA KATARZYNA	84		PSZCZYNA	POL	K-40	5	K 18	01:44:56	03:05:28	04:25:46	05:39:42	06:35:02		07:31:34.95	07:31:49.80	8:21	7.2
6	KONDIELNIK MAGDALENA	76		PSZCZYNA	POL	K-40	6	K 19	01:44:54	03:05:27	04:25:45	05:39:41	06:35:14		07:35:16.70	07:35:32.05	8:25	7.1
7	MALIK AGNIESZKA	541	ZUMBA	KŁODZKO		K-40	7	K 22	01:34:22	02:55:33	04:17:45	05:34:47	06:40:44		07:49:22.40	07:49:39.70	8:41	6.9
8	SZCZUPAKOWSKA IZABELA	78		GDAŃSK	POL	K-40	8	K 23	01:43:26	03:07:09	04:29:08	05:44:49	06:47:24		07:49:36.00	07:50:06.45	8:41	6.9
9	PLATA MARTA	7		BYTOM	POL	K-40	9	K 25	01:46:51	03:05:24	04:30:42	05:48:52	06:51:47		07:51:33.00	07:51:59.75	8:43	6.9
10	BRZOZOWSKA ANNA	96	PKS GALOPUJĄCA SOCZEWICA/KRA SNYSTAW BIEGA	KRASNYSTA W	POL	K-40	10	K 26	01:45:47	03:06:13	04:29:21	05:46:52	06:48:39		07:53:29.30	07:54:13.40	8:46	6.8
11	ORONOWICZ MARTA	366	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	MUNINA	POL	K-40	11	K 27	01:38:41	03:05:05	04:28:30	05:50:55	06:55:17		07:58:11.35	07:58:23.90	8:51	6.8
12	PASECKA SYLWIA	181		GLIWICE	POL	K-40	12	K 29	01:44:28	03:11:13	04:42:48	06:04:23	07:07:41		08:05:37.30	08:05:53.95	8:59	6.7
13	WOJTKOWIAK KAMILA	375	WWW.KAMILASU KNIE.PL	MIĘŚCISKO	POL	K-40	13	K 34	01:47:56	03:14:48	04:40:00	06:02:41	07:09:24		08:17:34.75	08:18:09.75	9:12	6.5
14	HANYSZ MAGDA	6		KOZIEGŁOWY	POL	K-40	14	K 36	01:49:22	03:21:08	04:46:59	06:09:10	07:15:51		08:23:30.00	08:24:16.95	9:19	6.4
15	CIOSEK BEATA	509	AUGUSTEAM	CHORZÓW	POL	K-40	15	K 38	01:54:26	03:24:34	04:55:36	06:21:04	07:24:02		08:33:16.10	08:33:59.50	9:30	6.3
16	STAJNIAK-STELIGA IZABELA	463	OBORYGENI	WILCZYN	POL	K-40	16	K 40	01:49:06	03:27:23	04:53:37	06:22:19	07:31:33		08:43:32.70	08:43:43.45	9:41	6.2
17	KRÓL-PIDANTY MARZENA	165	STRZEGOMSKA DWUNASTKA	STRZEGOM	POL	K-40	17	K 42	01:48:17	03:24:09	04:57:05	06:28:07	07:36:02		08:50:08.85	08:50:33.90	9:49	6.1
18	MOSKAL IZABELLA	18	TKKF MPK POZNAŃ	POZNAŃ	POL	K-40	18	K 43	01:51:42	03:27:55	05:00:04	06:33:48	07:41:35		08:50:56.50	08:51:30.90	9:49	6.1
19	POWAŁOWSKA DANKA	272	SŁYNNI KENIJCZYCY	GNIEZNO	POL	K-40	19	K 45	01:52:42	03:28:42	05:04:58	06:38:52	07:45:12		08:53:38.35	08:54:14.60	9:52	6.1
20	GAŁKA MAŁGOSIA	478		BRANIEWO	POL	K-40	20	K 50	01:53:34	03:34:27	05:05:32	06:37:20	07:48:22		08:59:50.75	09:00:23.35	9:59	6
21	BRUSZEWSKA-GŁOMBIOWSKA MONIKA	64		GDYNIA	POL	K-40	21	K 51	01:57:07	03:36:53	05:09:19	06:36:31	07:51:50		09:05:06.65	09:05:25.60	10:05	5.9
22	OSTAPIŃSKA MAGDA	122	OSTRESROKI	PIASECZNO	POL	K-40	22	K 53	01:53:51	03:33:45	05:11:15	06:35:48	07:51:00		09:06:10.25	09:06:57.90	10:06	5.9
23	CZAPIGA MAGDALENA	138		NOWA RUDA	POL	K-40	23	K 54	01:55:33	03:30:12	05:02:33	06:37:14	07:53:28		09:10:13.30	09:10:54.35	10:11	5.9
24	NAPIERALSKA NATALIA	479	ŻYGLIŃSKIE CHARTY	MIASTECZKO ŚLĄSKIE	POL	K-40	24	K 56	01:55:11	03:36:57	05:16:36	06:48:10	08:04:43		09:19:52.20	09:20:44.65	10:22	5.8
25	FIGEL MONIKA	324	MIKI TEAM	GDAŃSK	POL	K-40	25	K 57	02:06:32	03:53:52	05:32:25	07:01:31	08:09:37		09:23:04.00	09:23:30.15	10:25	5.8

SUPERMARATON GÓR STOŁOWYCH 2018, K-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
26	LANGE MONIKA	398		SICIENKO	POL	K-40	26	K 58	02:06:31	03:52:29	05:25:39	06:53:12	08:09:12		09:23:34.70	09:24:30.20	10:26	5.7
27	MATUSZEWSKA MAŁGORZATA	195	RUNNER'S POWER	ŚREM	POL	K-40	27	K 59	02:02:43	03:46:43	05:25:02	06:57:44	08:13:21		09:25:16.85	09:25:42.80	10:28	5.7
28	GIBALSKA MARZENA	494	OBORYGENI	ROŚCISŁAWICE	POL	K-40	28	K 61	01:59:08	03:43:39	05:24:40	07:01:59	08:14:30		09:29:51.65	09:30:08.00	10:33	5.7
29	MURAWSKA JOANNA	319	MIKI TEAM	GDAŃSK	POL	K-40	29	K 62	02:00:17	03:44:59	05:28:12	07:01:46	08:14:32		09:30:28.35	09:30:53.05	10:33	5.7
30	ZAWADZKA MARZENA	298		PIŁA	POL	K-40	30	K 63	01:59:25	03:48:54	05:24:28	06:59:04	08:15:27		09:31:52.30	09:32:03.60	10:35	5.7
31	ONAK IZA	525		GLIWICE	POL	K-40	31	K 64	02:01:33	03:43:35	05:25:35	07:00:42	08:15:33		09:35:21.70	09:36:09.40	10:39	5.6
32	WALENTA HANNA	163		WARSZAWA	POL	K-40	32	K 65	02:02:11	03:56:08	05:32:44	07:04:57	08:21:46		09:42:16.15	09:42:47.95	10:46	5.6
33	MICHALAK JOANNA	113		POZNAŃ	POL	K-40	33	K 67	02:10:23	03:53:55	05:30:12	07:03:36	08:19:30		09:44:51.95	09:45:46.85	10:49	5.5
34	BARAŃSKA ANETA	62	GALOPUJĄCA SOCZEWICA	WARSZAWA	POL	K-40	34	K 69	02:07:16	03:55:25	05:33:15	07:02:26	08:20:38		09:48:46.85	09:48:55.25	10:54	5.5
35	KRYPCZYK KATARZYNA	506	AUGUSTEAM	CHORZÓW	POL	K-40	35	K 73	02:03:41	03:56:48	05:37:44	07:16:52	08:35:10		09:51:44.95	09:52:29.60	10:57	5.5
	ZIEMKOWSKA MONIKA	75	ŻARÓW BIEGA	ŻARÓW	POL	K-40			02:18:15	04:09:07	05:49:41	DNF	DNF		DNF	DNF	-	-
	SZELER JOANNA	151	BIEGAJĄCA Z PSAMI	WARSZAWA	POL	K-40			02:40:30	04:35:57	05:53:15	DNF	DNF		DNF	DNF	-	-

SUPERMARATON GÓR STOŁOWYCH 2018, M-40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
1	MAJER JANUSZ	361		TOPOLÓW	POL	M-40	1	M 2	01:13:27	02:09:16	03:08:13	04:00:59	04:46:15		05:30:39.00	05:30:41.00	6:07	9.8
2	KOSTERKIEWICZ MARCIN	103	RYBAK PERSONAL TRAINER PTC PRZEMYŚL	PRZEMYŚL	POL	M-40	2	M 5	01:18:18	02:19:04	03:21:18	04:15:48	05:00:27		05:45:57.10	05:45:58.00	6:24	9.4
3	STOLARZ PIOTR	170		DĄBROWA GÓRNICZA	POL	M-40	3	M 8	01:14:34	02:11:52	03:13:34	04:13:42	05:01:08		05:48:58.70	05:49:03.15	6:27	9.3
4	FUDAŁA PATRYCJUSZ	511	KM PSP SOSNOWIEC	TRZEBINIA	POL	M-40	4	M 12	01:19:30	02:20:24	03:21:26	04:20:04	05:11:19		05:59:24.60	05:59:27.70	6:39	9
5	TOPOLSKI MARCIN	524		JADOWNIKI	POL	M-40	5	M 17	01:20:22	02:21:09	03:24:41	04:26:29	05:20:47		06:10:07.90	06:10:11.80	6:51	8.8
6	ZALEWSKI DARIUSZ	342	KWT	GDAŃSK	POL	M-40	6	M 21	01:21:00	02:28:13	03:37:54	04:43:27	05:34:00		06:22:18.45	06:22:20.75	7:04	8.5
7	HEŁMECKI ARTUR	400		KRAKÓW	POL	M-40	7	M 24	01:21:42	02:26:32	03:34:37	04:41:34	05:36:14		06:25:59.90	06:26:09.25	7:08	8.4
8	NIEZGÓDKA TOMASZ	528		WROCŁAW	POL	M-40	8	M 27	01:29:49	02:36:16	03:45:50	04:49:43	05:39:49		06:28:51.95	06:29:04.05	7:12	8.3
9	BENDIG WOJCIECH	306		RADKÓW	POL	M-40	9	M 28	01:30:38	02:36:05	03:39:30	04:44:57	05:37:39		06:29:51.15	06:30:23.20	7:13	8.3
10	STEFANIAK ŁUKASZ	460		SZCZECIN	POL	M-40	10	M 29	01:20:21	02:21:45	03:25:56	04:25:39	05:36:41		06:30:33.35	06:30:38.90	7:13	8.3
11	JARMOLIŃSKI PIOTR	258	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN MIERZYN	POL	M-40	11	M 33	01:30:15	02:38:32	03:49:17	04:51:44	05:44:07		06:35:34.70	06:35:42.85	7:19	8.2
12	JANIK RAFAŁ	275	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	M-40	12	M 35	01:18:56	02:23:02	03:35:14	04:41:23	05:37:43		06:37:50.00	06:37:53.80	7:22	8.1
13	KRZYSZTOŃ TOMASZ	327	AMBITNI AMATORZY	ŻARKI	POL	M-40	13	M 38	01:30:30	02:40:03	03:50:06	04:55:40	05:47:58		06:38:46.05	06:38:51.80	7:23	8.1
14	DANIELAK MICHAŁ	451	ORKIESTRA WOJSKOWA W TORUNIU	ROŻNO-PARC ELE	POL	M-40	14	M 41	01:30:22	02:38:13	03:48:17	04:54:25	05:47:08		06:41:12.80	06:41:43.90	7:25	8.1
15	GARCZYŃSKI DAREK	136		KATOWICE	POL	M-40	15	M 44	01:28:47	02:39:13	03:50:28	04:55:31	05:51:50		06:43:03.05	06:43:09.95	7:27	8
16	NOWAK WOJTEK	10	EXPLORADOR	POZNAŃ	POL	M-40	16	M 46	01:30:26	02:37:55	03:47:36	04:54:30	05:48:43		06:42:48.10	06:43:17.15	7:27	8
17	PRYSTASZ KRZYSZTOF	487	OŁAWSKA GRUPA BIEGOWA	OŁAWA	POL	M-40	17	M 55	01:20:25	02:30:28	03:43:41	04:58:15	05:56:15		06:51:49.20	06:51:55.15	7:37	7.9
18	MURAWSKI MACIEJ	318	MIKI TEAM	GDAŃSK	POL	M-40	18	M 58	01:30:19	02:38:47	03:51:26	05:00:40	05:58:19		06:52:50.90	06:53:14.15	7:38	7.8
19	BUCHLA MARCIN	301	GT RAT	WROCŁAW	POL	M-40	19	M 63	01:30:05	02:44:11	03:58:14	05:05:45	06:02:22		06:56:54.00	06:56:57.35	7:43	7.8
20	RATYŃSKI MAREK	117	OTWOCKI TUPTACZ	OTWOCK	POL	M-40	20	M 64	01:25:05	02:38:21	03:50:14	05:07:16	06:00:15		06:57:26.30	06:57:35.45	7:43	7.8
21	SOKOŁOWSKI GRZEGORZ	394		WARSZAWA	POL	M-40	21	M 65	01:26:57	02:36:35	03:50:54	05:02:07	05:59:57		06:58:00.25	06:58:02.55	7:44	7.8
22	CWOJDZIŃSKI PIOTR	469	NIGHT RUNNERS	POZNAŃ	POL	M-40	22	M 66	01:30:26	02:42:11	03:57:58	05:07:43	06:04:27		06:57:48.20	06:58:03.85	7:44	7.8

SUPERMARATON GÓR STOŁOWYCH 2018, M-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
23	THIER DOMINIK	119	KS KANDAHAR	WARSZAWA	POL	M-40	23	M 67	01:31:00	02:43:29	03:58:55	05:07:39	06:05:02		07:00:11.95	07:00:16.70	7:46	7.7
24	KWOLIK DANIEL	491		DŁUGOPOLE ZDRÓJ	POL	M-40	24	M 72	01:24:20	02:35:35	03:52:18	05:04:49	06:07:18		07:06:44.25	07:06:57.40	7:54	7.6
25	SZYL MAREK	105	RUNNERS TEAM QUIBL	WARSZAWA	POL	M-40	25	M 74	01:32:10	02:49:05	04:08:50	05:19:22	06:12:11		07:06:51.50	07:07:10.20	7:54	7.6
26	KONRAD ARTUR	27	BRACIA TEAM ZAWIERCIE	ZAWIERCIE	POL	M-40	26	M 83	01:34:14	02:53:20	04:08:24	05:19:24	06:21:17		07:17:16.25	07:17:28.95	8:05	7.4
27	SKROK KRZYSZTOF	339		PŁOCK	POL	M-40	27	M 85	01:38:16	02:57:41	04:13:35	05:25:18	06:22:29		07:18:03.95	07:18:44.80	8:06	7.4
28	KŁOSOWSKI PIOTR	313	STRZEGOMSKA DWUNASTKA	STRZEGOM	POL	M-40	28	M 86	01:29:10	02:37:55	03:58:15	05:16:14	06:20:47		07:18:32.65	07:18:55.30	8:07	7.4
29	PAPROCKI KRZYSZTOF	52		POLKOWICE	POL	M-40	29	M 88	01:33:33	02:50:00	04:11:53	05:24:27	06:23:15		07:18:49.85	07:19:10.70	8:07	7.4
30	BEDNARZ SEBASTIAN	54		OTMUCHÓW	POL	M-40	30	M 92	01:35:33	02:49:15	04:06:47	05:19:52	06:21:30		07:20:29.95	07:20:49.45	8:09	7.4
31	MATUSZEWSKI MAREK	196	RUNNER'S POWER	ŚREM	POL	M-40	31	M 99	01:30:57	02:46:08	04:10:22	05:26:38	06:26:15		07:23:13.60	07:23:30.90	8:12	7.3
32	SIKORA MICHAŁ	326		PULAWY	POL	M-40	32	M 100	01:35:02	02:53:14	04:11:28	05:26:31	06:29:04		07:24:12.95	07:24:54.10	8:13	7.3
33	NOWINOWSKI ANDRZEJ	38	KB MARATON TUREK	TUREK	POL	M-40	33	M 102	01:24:50	02:35:10	03:51:48	05:10:10	06:18:38		07:25:54.00	07:25:58.25	8:15	7.3
34	MACKIEWICZ ARTUR	295	DŁUGOBIEGANIE	SZCZECIN	POL	M-40	34	M 104	01:34:38	02:59:43	04:15:10	05:32:00	06:29:18		07:28:22.10	07:28:47.00	8:18	7.2
35	HORYNA DANIEL	461		OPOLANY	CZE	M-40	35	M 106	01:37:53	02:52:19	04:09:44	05:25:42	06:29:06		07:28:33.75	07:29:21.00	8:18	7.2
36	KOWALCZYK MAREK	352	KB TKKF PROMYK CIECHANÓW	CIECHANÓW	POL	M-40	36	M 111	01:38:46	02:53:23	04:12:14	05:29:25	06:31:36		07:32:08.80	07:32:49.20	8:22	7.2
37	DZIUBA PIOTR	99		WROCŁAW	POL	M-40	37	M 112	01:32:21	02:52:20	04:16:54	05:32:08	06:35:53		07:34:06.25	07:34:20.55	8:24	7.1
38	GRYSKA PIOTR	508		GRODKÓW	POL	M-40	38	M 115	01:37:50	02:58:25	04:15:47	05:35:37	06:35:08		07:34:29.45	07:34:34.50	8:24	7.1
39	PLEWA TOMASZ	83		KIELCE	POL	M-40	39	M 120	01:34:17	02:59:19	04:20:39	05:34:15	06:37:48		07:37:48.85	07:38:11.40	8:28	7.1
40	KILIŃSKI JACEK	364	ELITE SPORTS	OSTROWY NAD OKSZĄ	POL	M-40	40	M 121	01:29:05	02:47:14	04:11:32	05:34:05	06:37:49		07:38:43.30	07:38:45.00	8:29	7.1
41	CIRKO ARKADIUSZ	189	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	LUBIN	POL	M-40	41	M 123	01:33:49	02:50:08	04:15:27	05:37:08	06:39:15		07:38:05.10	07:38:58.45	8:28	7.1
42	PAROL ARTUR	424	RAD	ZĄBKI	POL	M-40	42	M 124	01:34:42	02:55:04	04:14:59	05:32:10	06:42:34		07:38:42.70	07:38:59.35	8:29	7.1
43	HICKIEWICZ LUDWIK	120	BB RUNNERS	ŚWIĘTOSZÓ W	POL	M-40	43	M 128	01:45:07	03:02:22	04:20:07	05:39:41	06:42:23		07:37:02.30	07:39:56.30	8:27	7.1
44	KOŁODZIEJ PAWEŁ	236		CZERNICA	POL	M-40	44	M 129	01:42:07	03:06:33	04:25:52	05:41:43	06:43:52		07:39:00.00	07:39:57.45	8:30	7.1
45	LIZAKOWSKI PIOTR	251	NYHA IV SZCZECIN	SZCZECIN	POL	M-40	45	M 137	01:41:18	03:01:48	04:24:48	05:39:19	06:44:44		07:43:30.80	07:44:18.65	8:35	7
46	LESZCZYŃSKI MICHAŁ	369	SYBERIAN HUSKY TEAM	DESZCZNO	POL	M-40	46	M 140	01:40:37	03:05:39	04:28:33	05:41:05	06:45:17		07:44:34.75	07:45:24.30	8:36	7
47	MAJCHROWSKI JACEK	41	CKB TARNOBRZEG	TARNOBRZE G	POL	M-40	47	M 143	01:37:51	03:00:42	04:25:17	05:42:20	06:48:18		07:46:03.45	07:46:22.65	8:37	7
48	ŁUCZAK PAWEŁ	125		ŁÓDŹ	POL	M-40	48	M 144	01:42:00	02:58:39	04:22:31	05:42:24	06:48:22		07:46:28.40	07:46:37.10	8:38	6.9
49	PIERNIK RADOSŁAW	219	6300	ŚWIĘTOCHŁO WICE	POL	M-40	49	M 145	01:34:09	02:52:59	04:14:36	05:33:30	06:39:10		07:46:57.25	07:47:36.55	8:38	6.9
50	GIBALSKI TOMASZ	493	OBORYGENI	ROŚCISŁAWI CE	POL	M-40	50	M 149	01:43:15	03:05:37	04:24:41	05:44:49	06:48:48		07:47:50.70	07:47:58.05	8:39	6.9
51	WŁOCH SŁAWOMIR	145		KROSNO	POL	M-40	51	M 150	01:32:11	02:53:32	04:16:21	05:36:31	06:43:10		07:47:52.20	07:48:00.95	8:39	6.9
52	KOCIUMBAS BARTOSZ	373		MILICZ	POL	M-40	52	M 152	01:48:32	03:09:34	04:34:44	05:46:21	06:48:21		07:47:32.40	07:48:22.40	8:39	6.9
53	KAYSIEWICZ MACIEJ	532	NATURAL BORN RUNNERS TEAM	POZNAŃ	POL	M-40	53	M 153	01:33:28	02:56:52	04:18:10	05:37:14	06:43:48		07:48:38.25	07:48:51.55	8:40	6.9
54	WIŚNIEWSKI ARTUR	423	INTRO	POZNAŃ	POL	M-40	54	M 156	01:41:34	02:58:13	04:20:20	05:39:47	06:48:25		07:48:50.80	07:49:31.50	8:40	6.9
55	STACHOWIAK MAREK	21	ROKIETNICA BIEGA	ROKIETNICA	POL	M-40	55	M 160	01:37:43	02:59:29	04:19:34	05:40:01	06:44:26		07:50:52.75	07:51:36.45	8:43	6.9
56	BUDZICH WOJCIECH	288	TKKF PROMYK CIECHANÓW	CIECHANÓW	POL	M-40	56	M 162	01:33:08	02:50:38	04:14:41	05:38:45	06:47:47		07:52:20.50	07:52:25.85	8:44	6.9
57	GUZIK ROBERT	432	PEDRAFORCA	WIĘCKOWICE	POL	M-40	57	M 166	01:41:48	03:06:29	04:27:03	05:42:23	06:52:17		07:54:53.90	07:55:06.40	8:47	6.8
58	SEWIOŁO ARTUR	466		BIĄŁYSTOK	POL	M-40	58	M 167	01:36:20	02:53:41	04:19:54	05:41:39	06:54:59		07:55:34.00	07:56:19.60	8:48	6.8
59	KOZA RAFAŁ	248	6300	ŚWIĘTOCHŁO WICE	POL	M-40	59	M 170	01:36:21	03:03:41	04:30:13	05:50:13	06:55:09		07:56:42.45	07:57:20.95	8:49	6.8

SUPERMARATON GÓR STOŁOWYCH 2018, M-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
60	SPICA LESZEK	43	RECEPTA NA ZDROWIE	BYDGOSZCZ	POL	M-40	60	M 171	01:44:08	03:03:11	04:23:53		06:52:48		07:57:20.25	07:58:23.00	8:50	6.8
61	TOMASZEK SEBASTIAN	12	RUNNING ACADEMY	WROCŁAW	POL	M-40	61	M 175	01:48:36	03:13:53	04:35:51	05:53:06	06:58:11		07:59:30.45	08:00:04.70	8:52	6.8
62	SZYGENDA SEBASTIAN	16	TIGER TEAM	WRZEŚNIA	POL	M-40	62	M 176	01:44:11	03:06:30	04:28:49	05:45:35	06:51:40		07:59:32.35	08:00:13.15	8:52	6.8
63	CYNIĄK MAREK	40	EVERRUN	ŁÓDŹ	POL	M-40	63	M 177	01:34:57	03:02:18	04:29:40	05:46:26	06:51:06		08:02:19.10	08:02:33.40	8:55	6.7
64	SUROWIEC PAWEŁ	101	JURA.PL	ZAWIERCIE	POL	M-40	64	M 178	01:39:56	03:07:45	04:31:15	05:53:28	07:02:10		08:02:23.40	08:02:37.50	8:55	6.7
65	SADOWSKI MIECZYSLAW	252	BIEGAJ RAZEM Z NAMI	ZAWIERCIE	POL	M-40	65	M 179	01:39:58	03:07:47	04:31:16	05:53:29	07:02:16		08:02:23.95	08:02:37.55	8:56	6.7
66	FIGEL MICHAŁ	323	MIKI TEAM	GDAŃSK	POL	M-40	66	M 182	01:44:42	03:08:08	04:33:50	05:54:46	07:00:32		08:03:25.85	08:03:50.05	8:57	6.7
67	NATKANIEC KRYSZTIAN	348	JANJUL	ZŁOTNIKI	POL	M-40	67	M 183	01:41:12	03:10:21	04:37:03	05:57:38	07:01:43		08:04:10.95	08:04:30.70	8:57	6.7
68	SZMAGAJ MARCIN	70	SZWLA	STARGARD	POL	M-40	68	M 184	01:48:38	03:15:01	04:39:34	05:59:06	07:06:09		08:04:10.20	08:04:44.95	8:57	6.7
69	MNICH TOMASZ	204		GLIWICE	POL	M-40	69	M 185	01:47:10	03:13:58	04:39:13	05:58:34	07:04:46		08:04:42.35	08:05:27.75	8:58	6.7
70	BALCERZAK ROBERT	23	KLUB BIEGACZA WARTA	PAJĘCZNO	POL	M-40	70	M 186	01:43:05	03:12:12	04:40:20	05:56:27	07:01:57		08:05:49.60	08:06:13.35	8:59	6.7
71	BOROWCZYK MARCIN	446		POZNAŃ	POL	M-40	71	M 189	01:49:42	03:19:25	04:39:41	05:58:40	07:06:36		08:08:05.90	08:08:44.40	9:02	6.6
72	HOFFMANN GRZEGORZ	94		CZĘMPIŃ	POL	M-40	72	M 194	01:59:25	03:36:38	05:19:12	07:07:12			08:10:34.00	08:11:18.40	9:05	6.6
73	WOJTKOWIAK MARIUSZ	374	WWW.KAMILASU.KNIE.PL	MIEŚCISKO	POL	M-40	73	M 200	01:47:58	03:14:49	04:40:03	06:02:32	07:09:20		08:13:56.50	08:14:30.20	9:08	6.6
74	WAŚ GRZEGORZ	144	RUNNERS CLUB WARSZAWA	OPATÓW	POL	M-40	74	M 206	01:48:49	03:12:27	04:39:34	06:04:36	07:15:10		08:18:34.40	08:19:25.40	9:13	6.5
75	BŁACHNO MARCIN	160		KRAKÓW	POL	M-40	75	M 207	01:53:53	03:24:48	04:46:14	06:08:32	07:17:29		08:18:39.55	08:19:32.15	9:14	6.5
76	CZUBIEL KONRAD	58	PKS GALOPUJĄCA SOCZEWICA	POZNAŃ	POL	M-40	76	M 209	01:53:25	03:23:20	04:48:44	06:09:29	07:16:27		08:19:42.55	08:20:27.35	9:15	6.5
77	BRZozowski ARMAND	89	PKS GALOPUJĄCA SOCZEWICA	KRASNYSTA W	POL	M-40	77	M 210	01:53:25	03:23:18	04:48:43	06:09:29	07:16:30		08:19:41.50	08:20:27.35	9:15	6.5
78	SALWA KRZYSZTOF	92	SALCLAN-TEAM	KIELCE	POL	M-40	78	M 214	01:41:11	03:07:07	04:36:57	06:02:45	07:11:51		08:20:29.90	08:20:48.85	9:16	6.5
79	STEFANOWSKI MARCIN	32		ŻARÓW	POL	M-40	79	M 219	01:41:07	03:09:37	04:39:41	06:04:42	07:16:01		08:21:14.35	08:21:35.00	9:16	6.5
80	ROSZYK PRZEMEK	51		KOZIEGŁOWY	POL	M-40	80	M 220	01:49:17	03:21:06	04:46:58	06:08:54	07:15:56		08:21:19.25	08:22:06.50	9:17	6.5
81	MURAWICZ PAWEŁ	531		SZCZECIN	POL	M-40	81	M 221	01:50:38	03:22:18	04:47:41	06:07:41	07:15:02		08:21:25.00	08:22:16.85	9:17	6.5
82	OCHMAŃSKI ADAM	9	EVERRUN	ŁÓDŹ	POL	M-40	82	M 223	01:44:48	03:11:54	04:42:21	06:05:10	07:22:45		08:25:48.10	08:26:04.15	9:22	6.4
83	RZEPKA REMIGIUSZ	392	GREENBUD	MIKOŁÓW	POL	M-40	83	M 225	01:41:43	03:06:26	04:37:54	06:07:44	07:21:08		08:26:17.35	08:26:39.05	9:22	6.4
84	ANDRZEJEWSKI MAREK	371		KRZYSZKOWO	POL	M-40	84	M 229	01:51:33	03:26:56	04:53:37	06:16:18	07:21:26		08:28:45.65	08:29:30.35	9:25	6.4
85	ŻURAWSKI ARKADIUSZ	68		SOŃSK	POL	M-40	85	M 233	01:43:05	03:11:00	04:38:38	06:07:48	07:18:29		08:31:16.10	08:32:02.50	9:28	6.3
86	MARCZEWSKI SŁAWOMIR	149	STOWARZYSZENIE LUDZI W BIEGU ZŁOTÓW	ZŁOTÓW	POL	M-40	86	M 238	01:49:54	03:21:45	04:48:46	06:15:16	07:26:54		08:34:02.65	08:34:38.60	9:31	6.3
87	JANUSZ TOMASZ	390		WROCŁAW	POL	M-40	87	M 245	01:45:23	03:09:47	04:42:02	06:06:27	07:17:28		08:36:12.20	08:36:46.50	9:33	6.3
88	GWÓZDŹ MICHAŁ	202	#CZELADZBIEGA	CZELADŹ	POL	M-40	88	M 254	01:49:14	03:20:41	04:47:54	06:08:10	07:21:35		08:38:39.90	08:39:11.85	9:36	6.2
89	WOJNAR RADEK	159	PUNK PARROT	WARSZAWA	POL	M-40	89	M 256	01:59:18	03:37:50	05:03:16	06:34:39	07:37:33		08:40:33.95	08:40:54.60	9:38	6.2
90	MURCHA PAWEŁ	510		SIEMIANOWICE ŚLĄSKIE	POL	M-40	90	M 259	01:52:26	03:18:32	04:52:06	06:19:07	07:31:04		08:42:53.70	08:43:36.05	9:41	6.2
91	DUDEK KONRAD	416	BIEGANIEPOGODZINACH	ŁÓDŹ	POL	M-40	91	M 261	01:53:41	03:26:58	05:04:02	06:29:36	07:39:28		08:46:30.05	08:47:02.95	9:45	6.2
92	GRZELKA TOMASZ	150	RUNNER'S POWER	ŚREM	POL	M-40	92	M 262	01:53:48	03:34:54	05:03:27	06:30:43	07:44:01		08:47:14.20	08:47:41.60	9:45	6.1
93	DOMURAD SEBASTIAN	473		BELCHATÓW	POL	M-40	93	M 266	01:41:14	03:25:54	04:52:43	06:26:17	07:41:53		08:47:48.95	08:48:15.40	9:46	6.1
94	GRABIŃSKI WALDEMAR	191	ROGOZIŃSKI KLUB BIEGACZA	ROGOŹNO	POL	M-40	94	M 267	01:44:25	03:23:17	05:03:39	06:32:13	07:44:12		08:48:07.00	08:48:57.70	9:46	6.1
95	DUDEK KRZYSZTOF	36	STRZEGOMSKA DWUNASTKA	UDANIN	POL	M-40	95	M 271	01:48:17	03:23:55	04:57:06	06:28:06	07:36:10		08:50:10.85	08:50:34.25	9:49	6.1
96	GNIĄDEK TOMASZ	134	DABEX-BOLT	KRAKÓW	POL	M-40	96	M 272	01:41:08	03:09:29	04:55:51	06:28:34	07:42:13		08:50:22.85	08:50:36.00	9:49	6.1
97	JANKOWIAK KRZYSZTOF	112	MARCO	KROSINKO	POL	M-40	97	M 273	01:53:48	03:34:53	05:03:36	06:30:41	07:44:15		08:50:08.45	08:50:36.30	9:49	6.1
98	CZAPIGA ROBERT	46	PRORITA TEAM	NOWA RUDA	POL	M-40	98	M 276	01:57:06	03:32:26	05:04:05	06:32:43	07:42:13		08:50:43.75	08:51:23.35	9:49	6.1
99	KANIEWSKI WOJCIECH	405		CZĘSTOCHOWA	POL	M-40	99	M 278	01:52:10	03:27:48	04:59:48	06:32:29	07:46:59		08:52:14.50	08:52:51.05	9:51	6.1

SUPERMARATON GÓR STOŁOWYCH 2018, M-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
100	SYGIET ANDRZEJ	171		GLIWICE	POL	M-40	100	M 279	01:53:06	03:31:39	05:08:31	06:39:32	07:48:31		08:52:15.35	08:52:54.70	9:51	6.1
101	CWOJDZIŃSKI MICHAŁ	439	GB WIELKOPOLSCY BIEGACZE	PUSCZYKOW O	POL	M-40	101	M 284	01:51:33	03:28:50	04:55:51	06:28:19	07:37:07		08:54:04.05	08:54:36.40	9:53	6.1
102	TERLECKI MARCIN	413		CZĘSTOCHO WA	POL	M-40	102	M 285			05:03:15	06:35:15	07:48:00		08:55:15.00	08:55:15.00	9:54	6.1
103	ŚWIĄTCZAK ADAM	239	GOŃ BLIŹNIAKI!	ŁÓDŹ	POL	M-40	103	M 286	01:52:46	03:28:09	05:03:58	06:28:47	07:43:37		08:54:36.15	08:55:16.75	9:54	6.1
104	ŚWIĄTCZAK MACIEJ	241	GOŃ BLIŹNIAKI!	ŁÓDŹ	POL	M-40	104	M 287	01:52:36	03:28:09	04:54:49	06:22:20	07:31:25		08:54:37.10	08:55:16.90	9:54	6.1
105	RAJZER MARIUSZ	415	BODYKINETIC	WARSZAWA	POL	M-40	105	M 288	01:40:33	03:15:44	04:52:17	06:27:47	07:43:44		08:55:15.50	08:55:20.00	9:54	6.1
106	WOJTANOWICZ MARCIN	534		XX	POL	M-40	106	M 289	01:50:51	03:26:48	04:53:21	06:29:01	07:45:57		08:55:24.90	08:55:59.75	9:54	6.1
107	OŚRÓDEK PIOTR	533	BBL ZDUŃSKA WOLA	ZDUŃSKA WOLA	POL	M-40	107	M 290	01:50:51	03:27:01	04:53:27	06:29:00	07:45:53		08:55:23.15	08:56:00.00	9:54	6.1
108	KOZŁOWSKI RAFAŁ	336	1977	KONIN	POL	M-40	108	M 294	01:54:38	03:37:48	05:09:13	06:38:42	07:49:33		08:59:45.05	09:00:41.00	9:59	6
109	RESPONDEK DARIUSZ	14		WROCŁAW	POL	M-40	109	M 298	01:51:45	03:29:10	05:03:00	06:37:46	07:52:09		09:05:52.70	09:06:20.75	10:06	5.9
110	OSTAPIŃSKI WOJTEK	111	OSTRESROKI	PIASECZNO	POL	M-40	110	M 300	01:53:53	03:33:46	05:11:13	06:35:29	07:51:02		09:06:10.25	09:06:58.40	10:06	5.9
111	ZDYB GRZEGORZ	233	44 WOJSKOWY ODDZIAŁ GOSPODARCZY	LEŚNÓW WIELKI	POL	M-40	111	M 302	01:49:21	03:24:15	04:57:54	06:29:22	07:43:50		09:07:18.45	09:07:54.10	10:08	5.9
112	TEKIELE JACEK	137	ŁĄCZKA TEAM LEGNICA	LEGNICA	POL	M-40	112	M 303	01:48:13	03:23:49	04:56:34	06:31:48	07:54:11		09:08:22.65	09:08:41.95	10:09	5.9
113	ŁĄKOWSKI ZBIGNIEW	238	SIEKIERKAOGRO DY.PL	KOZIEGŁOWY	POL	M-40	113	M 304	02:05:58	03:49:30	05:17:26	06:44:46	07:55:11		09:08:28.30	09:09:22.30	10:09	5.9
114	CETLIN MACIEJ	345	DREAM RUN	WARSZAWA	POL	M-40	114	M 310	01:52:02	03:28:50	05:04:12	06:39:35	08:00:02		09:15:16.00	09:16:02.40	10:16	5.8
115	NAPIERAŁSKI MICHAŁ	480	ŻYGLIŃSKIE CHARTY	MIASTECZKO ŚLĄSKIE	POL	M-40	115	M 311	01:55:12	03:36:57	05:16:39	06:48:08	08:04:38		09:19:53.10	09:20:45.65	10:22	5.8
116	SZAMBELAŃCZYK MACIEJ	396	POSNANIA TRI TEAM	LUSÓWKO	POL	M-40	116	M 312	01:58:46	03:35:41	05:04:46	06:37:12	08:00:12		09:20:55.55	09:21:37.30	10:23	5.8
117	KOWALCZYK MARIUSZ	109	TIGER TEAM	WRZESNIA	POL	M-40	117	M 313	02:01:07	03:43:42	05:22:41	06:55:35	08:09:32		09:23:50.00	09:24:31.85	10:26	5.7
118	TARNAWSKI ANDRZEJ	522	KB MCKIS JAWORZNO	JAWORZNO	POL	M-40	118	M 314	02:02:38	03:55:08	05:26:38	07:00:05			09:23:37.40	09:24:35.25	10:26	5.7
119	BIECHOŃSKI JAROSŁAW	385	FUNDACJA LAF	POZNAŃ	POL	M-40	119	M 318	01:58:52	03:28:52	05:03:17	06:35:43			09:28:16.20	09:29:12.40	10:31	5.7
120	MIERZEJEWSKI ROBERT	270	CENTRUM SZKOLENIA WOJSK ŁĄDOWYCH	SKÓRZEWO	POL	M-40	120	M 319	01:58:52	03:28:52	05:03:19	06:36:48	08:03:42		09:28:20.10	09:29:15.60	10:31	5.7
121	BLAJCHERT ADAM	403		PIŁA	POL	M-40	121	M 322	01:59:01	03:49:51	05:24:26	06:57:27	08:13:50		09:31:49.95	09:32:03.75	10:35	5.7
122	WYSOKIŃSKI DARIUSZ	486	OBORYGENI	WROCŁAW	POL	M-40	122	M 324	01:58:47	03:43:48	05:20:33	06:57:24	08:15:02		09:33:35.55	09:33:50.15	10:37	5.6
123	GÓRNICI WOJCIECH	208	ROAD RUNNER PIPI	TYCHY	POL	M-40	123	M 325	01:53:24	03:27:51	05:15:59	06:53:23	08:14:37		09:35:23.00	09:36:06.40	10:39	5.6
124	SKRZYPCZAK RADOSŁAW	433	ROUNDSpace.PL	POZNAŃ	POL	M-40	124	M 326	02:00:27	03:40:59	05:27:42	07:01:18	08:20:20		09:38:16.95	09:38:36.85	10:42	5.6
125	WITKOWSKI MAREK	425	1971	GORZÓW WLKP	POL	M-40	125	M 328	01:54:00	03:42:40	05:20:25	06:58:10	08:16:58		09:39:49.80	09:40:39.80	10:44	5.6
126	MICHALAK PIOTR	104		POZNAŃ	POL	M-40	126	M 330	02:10:04	03:54:02	05:28:01	07:02:55	08:19:02		09:44:51.90	09:45:46.80	10:49	5.5
127	SROKA JACEK	499		PRZYGOZDZIC E	POL	M-40	127	M 332	02:08:31	03:57:32	05:39:50	07:11:53	08:30:33		09:46:32.50	09:47:03.65	10:51	5.5
128	KADECKI MAREK	287		KARGOSZYN	POL	M-40	128	M 335	02:06:44	03:56:22	05:34:03	07:16:31	08:34:28		09:47:54.90	09:48:30.30	10:53	5.5
129	KASTNER JOCHEN	485	LT WEISENHEIM AM BERG	BOBENHEIM AM BERG	GER	M-40	129	M 341	02:10:27	03:57:47	05:42:18	07:15:27	08:33:17		09:50:48.85	09:51:32.00	10:56	5.5
130	STUDNICKI PAWEŁ	379		WOLA FILIPOWSKA	POL	M-40	130	M 342	01:53:47	03:45:10	05:26:08	07:15:17	08:37:39		09:52:00.65	09:52:30.50	10:57	5.5
131	TKACZEW PAWEŁ	271	OBORYGENI	WROCŁAW	POL	M-40	131	M 346	01:59:05	03:45:12	05:29:46	07:08:05	08:27:04		09:57:25.25	09:57:44.85	11:03	5.4
132	OZIMINA HUBERT	214	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	M-40	132	M 347	01:59:05	03:45:11	05:29:43	07:08:51	08:26:56		09:57:24.45	09:57:45.10	11:03	5.4
133	FRĄCKOWIAK JACEK	537	RUNNER'S POWER	ŚREM	POL	M-40	133	M 348	02:02:15	03:47:13	05:25:18	07:11:26	08:38:00		09:58:15.30	09:58:41.60	11:04	5.4
134	MAŚLANIK PIOTR	350	WIECZORNE BIEGANIE W SZCZECINIE	CHOJNA	POL	M-40	134	M 349	01:59:24	03:46:15	05:32:14	07:09:47	08:29:39		10:01:57.25	10:02:29.30	11:08	5.4

SUPERMARATON GÓR STOŁOWYCH 2018, M-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
135	SAMOLAK MACIEK	363	MILITARIA TWIERDZA KŁODZKA	WAŁBRZYCH	POL	M-40	135	M 350	02:03:51	03:45:39	05:31:38	07:13:59	08:36:27		10:01:42.05	10:02:39.50	11:08	5.4
136	WAŁEK PIOTR	33	RUNNERS TEAM QUIBL	WARSZAWA	POL	M-40	136	M 353	02:10:24	03:58:27	05:43:18	07:22:21	08:42:10		10:09:06.55	10:09:24.25	11:16	5.3
137	DĄBROWSKI IRENEUSZ	98	RAJSPORT ACTIVE	OPOLE	POL	M-40	137	M 354	02:13:42	04:17:40	05:48:21	07:34:33	08:55:50		10:11:06.25	10:11:42.50	11:19	5.3
138	KOLASIŃSKI KRZYSZTOF	395		POZNAŃ	POL	M-40	138	M 356	01:59:54	03:53:34	05:36:24	07:19:26	08:50:30		10:11:39.65	10:12:42.80	11:19	5.3
139	PAROL GRZEGORZ	284		SZCZECIN	POL	M-40	139	M 357	01:53:27	03:42:07	05:31:59	07:11:43	08:39:16		10:12:44.50	10:12:57.05	11:20	5.3
140	RYCHLIKOWSKI PAWEŁ	442		WROCŁAW	POL	M-40	140	M 358	02:16:06	04:03:29	05:46:31	07:28:31	08:52:09		10:13:17.45	10:14:04.55	11:21	5.3
141	RZEPNIKOWSKI MICHAŁ	56		ŁÓDŹ	POL	M-40	141	M 360	02:16:56	04:20:51	05:56:31	07:32:02	08:55:55		10:14:25.40	10:15:23.65	11:22	5.3
142	MAJKOWSKI TOMASZ	512		DŁUGOŁĘKA	POL	M-40	142	M 361	02:11:14	04:11:18	05:50:20	07:34:03	08:55:59		10:15:49.45	10:16:20.00	11:24	5.3
143	PASIERBEK WITEK	329		SUCHA BESKIDZKA	POL	M-40	143	M 364	02:01:35	03:43:34	05:30:32	07:20:21	08:47:13		10:20:52.50	10:21:41.10	11:29	5.2
144	GMEREC PAWEŁ	471		WOLSZTYN	POL	M-40	144	M 367	02:33:25	04:26:07	06:04:58	07:42:46	09:05:10		10:27:13.10	10:27:38.00	11:36	5.2
145	KLIKS ADAM	470		WOLSZTYN	POL	M-40	145	M 368	02:33:25	04:26:07	06:04:58	07:42:48	09:05:05		10:27:13.75	10:27:38.75	11:36	5.2
146	MOŻEJKO ARTUR	311	POCANCEROWAN I	PORAJ	POL	M-40	146	M 369	01:58:17	04:00:47	05:54:38	07:45:39	09:10:09		10:39:25.40	10:39:40.30	11:50	5.1
147	JAKUBOWSKI WOJCIECH	221	KB GEOTERMIA UNIEJÓW	UNIEJÓW	POL	M-40	147	M 371	02:01:53	03:54:41	05:47:50	07:43:36	09:12:18		10:40:58.05	10:41:55.00	11:52	5.1
	LASOTA ARKADIUSZ	37		SOSNOWIEC	POL	M-40			01:48:19 DNF	03:22:23 DNF	05:09:49 DNF	05:45:54 DNF	DNF		DNF	DNF	-	-
	ORŁOWSKI DANIEL	310	BESTWHISKYMAR KET.COM	DEBRZNO	POL	M-40			01:52:16 DNF	03:36:38 DNF	05:20:07 DNF	07:01:50 DNF	DNF		DNF	DNF	-	-
	ZARODA ZBYSZEK	100	BIEGAM BO MNIE LUDZKOŚĆ WQRWIA	KONIN	POL	M-40			01:33:00 DNF	02:48:57 DNF	04:25:03 DNF	DNF	DNF		DNF	DNF	-	-
	MANEL MARIUSZ	45	NETBOX BIEGA/ LESZNO LIMITS RUNNERS	KĄKOLEWO	POL	M-40			01:49:11 DNF	03:38:32 DNF	05:24:18 DNF	DNF	DNF		DNF	DNF	-	-
	GAWRYSZEWSKI MICHAŁ	162		GRANICA	POL	M-40			02:03:58 DNF	03:58:20 DNF	05:53:03 DNF	DNF	DNF		DNF	DNF	-	-
	GÓRNIAK ŁUKASZ	17		STYRZYNIC	POL	M-40			02:33:52 DNF	04:15:47 DNF	06:08:38 DNF	DNF	DNF		DNF	DNF	-	-
	SZCZERBIAK MARCIN	22	DRUŻYNA BSS	ŁÓDŹ	POL	M-40			02:17:20 DNF	04:27:03 DNF	DNF	DNF	DNF		DNF	DNF	-	-
	ZAJĄC KRZYSZTOF	218	ZP SZPIKI\WKURW_T EAM\BEZULTRAD ZIKI	POZNAŃ	POL	M-40			02:15:38 DNF	04:38:39 DNF	DNF	DNF	DNF		DNF	DNF	-	-

SUPERMARATON GÓR STOŁOWYCH 2018, K-50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
1	KITA EWA	48	BIEGAMDŁAZDRO WIA.PL	KĘDZIERZYN- KOZŁE	POL	K-50	1	K 77	02:12:58	04:09:41	05:54:41	07:36:33	08:56:24		10:19:49.10	10:19:57.50	11:28	5.2
	MOLSKA MAŁGORZATA	407	BBL GORZÓW	KŁODAWA	POL	K-50			02:27:02 DNF	04:27:26 DNF	DNF	DNF	DNF		DNF	DNF	-	-

SUPERMARATON GÓR STOŁOWYCH 2018, M-50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
1	KULESZA ARTUR	167	BESKIDZKA 160	DĘBOWIEC	POL	M-50	1	M 47	01:30:23	02:34:54	03:44:17	04:52:58	05:47:47		06:43:28.75	06:43:41.20	7:28	8
2	KOWALSKI ANDRZEJ	452		WROCŁAW	POL	M-50	2	M 69	01:29:47	02:40:32	03:54:45	05:07:01	06:04:42		07:01:57.20	07:02:05.05	7:48	7.7
3	NOWAK PAWEŁ	448	SUPERMARATON KALISZ	KALISZ	POL	M-50	3	M 73	01:31:55	02:44:44	03:59:48	05:10:53	06:09:07		07:07:05.75	07:07:07.30	7:54	7.6

SUPERMARATON GÓR STOŁOWYCH 2018, M-50 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
4	BADURA WOJTEK	503	ZIELONA TRAFFKA	BIELSKO-BIAŁA	POL	M-50	4	M 96	01:37:48	02:56:35	04:13:31	05:27:31	06:26:19		07:21:42.05	07:22:13.30	8:10	7.3
5	KOCOŃ MARIUSZ	376	BOLKO OPOLE	OPOLE	POL	M-50	5	M 101	01:37:47	02:59:12	04:18:27	05:32:59	06:29:37		07:24:55.60	07:25:33.45	8:14	7.3
6	JACH PAWEŁ	253		WROCŁAW	POL	M-50	6	M 107	01:32:02	02:45:06	04:01:43	05:17:48	06:22:09		07:29:39.65	07:29:48.75	8:19	7.2
7	JACHYMSKI JACEK	435	AKG ŁÓDŹ	ŁÓDŹ	POL	M-50	7	M 114	01:41:37	03:04:43	04:24:46	05:35:09	06:36:12		07:34:12.20	07:34:30.10	8:24	7.1
8	GUTOWSKI DARIUSZ	73	NGB KŁOBUCK	KŁOBUCK	POL	M-50	8	M 187	01:40:23	03:07:05	04:36:54	05:58:54	07:02:26		08:08:03.45	08:08:15.95	9:02	6.6
9	JARZYŃKA KRZYSZTOF	330		LUBLIN	POL	M-50	9	M 191	01:43:47	03:09:06	04:34:32	06:00:44	07:06:40		08:10:00.80	08:10:07.40	9:04	6.6
10	MACIEJEWICZ KRZYSZTOF	333		TERESPOL	POL	M-50	10	M 192	01:43:49	03:09:33	04:34:39	06:00:46	07:06:43		08:10:04.05	08:10:10.30	9:04	6.6
11	PASZKIEWICZ MACIEJ	358		MUROWANA GOŚLINA	POL	M-50	11	M 199	01:47:04	03:05:32	04:29:30	05:56:18	07:04:59		08:13:59.70	08:14:27.10	9:08	6.6
12	LIK MAREK	114		CHEŁM	POL	M-50	12	M 201	01:41:52	03:07:23	04:47:20	06:11:20	07:14:00		08:16:01.70	08:16:09.25	9:11	6.5
13	NĘDZUSIAK DARIUSZ	102	POLKRYŚ KLUB	ALEKSANDRÓW KUJAWSKI	POL	M-50	13	M 202	01:47:38	03:10:15	04:34:57	06:03:13	07:13:14		08:16:01.30	08:16:33.05	9:11	6.5
14	MOSZKOWSKI BOGDAN	44		KOBIERZYCE	POL	M-50	14	M 212	01:44:58	03:12:22	04:38:44	06:00:22	07:09:42		08:20:05.45	08:20:31.60	9:15	6.5
15	PODLEŚ ROBERT	482	COBI	WARSZAWA	POL	M-50	15	M 218	01:32:27	02:47:39	04:15:55	05:41:13	06:58:45		08:21:30.80	08:21:33.45	9:17	6.5
16	LESZCZYŃSKI WACŁAW	437		SWIO	POL	M-50	16	M 230			04:52:38	06:16:21	07:22:18		08:29:40.80	08:29:40.80	9:26	6.4
17	KARANOS TADEUSZ	417	RKB HAJNÓWKA	HAJNÓWKA	POL	M-50	17	M 234	01:44:07	03:27:04	04:53:57	06:19:28	07:27:37		08:32:12.85	08:32:33.70	9:29	6.3
18	GRZEGORCZYK WOJCIECH	322	KONDYCJA	WARSZAWA	POL	M-50	18	M 243	01:53:32	03:27:39	05:00:13	06:21:23	07:28:52		08:35:22.10	08:35:59.95	9:32	6.3
19	WYRZYKOWSKI ANDRZEJ	118		GDAŃSK	POL	M-50	19	M 263	01:52:31	03:23:27	04:52:57	06:21:17	07:32:23		08:47:30.00	08:48:04.60	9:46	6.1
20	MURAWICZ GRZEGORZ	519	PODLESIE	PODLESIE	POL	M-50	20	M 265	01:48:49	03:21:19	04:58:46	06:27:39	07:38:53		08:47:23.30	08:48:14.60	9:45	6.1
21	BOROWIECKI PIOTR	188	APIWAST KRAKÓW	KRAKÓW	POL	M-50	21	M 269	01:54:31	03:30:49	04:57:40	06:27:21	07:41:01		08:48:05.05	08:49:05.65	9:46	6.1
22	BARTKOWIAK GRZEGORZ	347	TKKF MPK POZNAŃ	POZNAŃ	POL	M-50	22	M 275	01:59:06	03:36:38	05:09:02	06:34:06	07:43:11		08:50:06.15	08:50:49.80	9:49	6.1
23	BOHM JACEK	445		MIKOŁÓW	POL	M-50	23	M 282	01:49:07	03:22:38	04:54:30	06:26:40	07:41:04		08:53:45.75	08:54:08.65	9:53	6.1
24	MIREK WALDEMAR	438	CZE-MI	KUŹNIA RACIBORSKA	POL	M-50	24	M 291	01:46:51	03:22:54	05:03:37	06:32:31	07:44:29		08:57:27.10	08:57:54.00	9:57	6
25	STOLPE MACIEJ	31		LUBOŃ	POL	M-50	25	M 297	02:00:50	03:37:15	05:14:18	06:43:37	07:56:13		09:05:17.75	09:06:02.25	10:05	5.9
26	GRZENKOWICZ JACEK	440	WYMIATACZE	GDYNIA	POL	M-50	26	M 305	01:50:53	03:23:22	05:02:42	06:37:03	07:52:39		09:10:16.25	09:10:33.25	10:11	5.9
27	PYTLARZ WALDEMAR	300		PIŁA	POL	M-50	27	M 323	01:59:02	03:49:52	05:24:24	06:59:01	08:13:58		09:31:50.25	09:32:03.90	10:35	5.7
28	KAZIMIERCZAK ZBYSZEK	77	GALOPUJĄCA SOCZEWICA	WARSZAWA	POL	M-50	28	M 336	02:07:14	03:55:26	05:33:16	07:02:43	08:20:34		09:48:46.65	09:48:55.05	10:54	5.5
29	ŻOCHOWSKI PIOTR	292		KARGOSZYN	POL	M-50	29	M 338	02:03:18	03:56:16	05:34:08	07:18:28	08:34:24		09:49:48.90	09:50:26.05	10:55	5.5
30	PAJĄK KRZYSZTOF	365		BYTOM	POL	M-50	30	M 339	01:59:49	03:49:47	05:31:57	07:02:44	08:27:47		09:50:37.40	09:50:37.40	10:56	5.5
31	KRUPCZYŃSKI MARIUSZ	47	KRUPOLS TEAM	RASZYN	POL	M-50	31	M 340	01:51:30	03:35:52	05:21:27	07:00:59	08:26:33		09:50:51.25	09:51:28.70	10:56	5.5
32	ZŁOTOŚ MARIUSZ	211	6300	ŚWIĘTOCHŁÓWICE	POL	M-50	32	M 344	01:53:54	03:36:12	05:18:30	07:00:00	08:33:47		09:56:13.70	09:56:59.95	11:02	5.4
33	DOMŻALSKI MAREK	135		ŁOCHOWO	POL	M-50	33	M 352	02:01:09	03:45:06	05:29:08	07:11:12	08:37:31		10:05:42.40	10:06:45.00	11:13	5.3
34	DOBREK WOJCIECH	281	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	M-50	34	M 355	02:11:32	03:59:02	05:38:35	07:21:25	08:41:22		10:11:09.60	10:12:05.30	11:19	5.3
35	BARAŃSKI GRZEGORZ	462		BYDGOSZCZ	POL	M-50	35	M 365	02:18:05	04:18:15	05:57:01	07:38:23	08:58:31		10:21:47.80	10:22:33.20	11:30	5.2
	KOCZEWSKI PAWEŁ	285	MALTAŃSKA GRUPA BIEGOWA	POZNAŃ	POL	M-50			DNF	DNF	DNF	DNF	08:04:43		DNF	DNF	-	-

SUPERMARATON GÓR STOŁOWYCH 2018, M-60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	13.9km	22.9km	33.7km	40.9km	47.7km	Kar/Bon	Netto	Brutto	min/km	km/h
1	GLUSZKO KRZYSZTOF	421	MIRA TEAM	GÓRA	POL	M-60	1	M 253	01:40:11	03:06:18	04:37:10	06:18:02	07:29:02		08:37:59.50	08:38:09.85	9:35	6.3
2	GLUSZCZAK JERZY	420		ŁÓDŹ	POL	M-60	2	M 359	01:55:49	03:53:28	05:40:06	07:23:37	08:47:43		10:14:12.35	10:14:26.25	11:22	5.3
3	JABŁOŃSKI KAZIMIERZ	457		PRĄDY	POL	M-60	3	M 366	02:17:09	04:10:36	06:01:47	07:44:00	09:06:08		10:26:37.15	10:26:43.75	11:36	5.2
	WYRĄBKIEWICZ JANUSZ	418	APTEKA MIKSTURA CIECHOCINEK	CIECHOCINEK	POL	M-60			02:41:37	04:36:01	DNF	DNF	DNF		DNF	DNF	-	-