BIEG K-B-L - 110 KM

Organizator: Fundacja MARATONY GÓRSKIE
Data: 2018-07-19
Miejsce: Lądek-Zdrój
Dystans: 110 km
Klasyfikacja wg czasów brutto.

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

BIEG K-B-L - 110 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
1	DZIĄDZIAK ŁUKASZ	246	MONK SANDALS	OŁAWA	POL	SENIOR II M - 30	1	M 1	01:25:05	03:35:24	06:52:41	10:01:55	11:15:08.70	11:15:08.70	6:08	9.8
2	UZNAŃSKI PIOTR	264	EUROCLEAR RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30	2	M 2	01:23:37	03:46:09	07:39:30	10:44:27	11:55:11.65	11:55:12.60	6:30	9.2
3	JEDWABNY PIOTR	126		WROCŁAW	POL	SENIOR II M - 30	3	M 3	01:25:06	03:43:15	07:30:56	11:01:16	12:17:39.65	12:17:41.85	6:42	8.9
4	WYRODEK JAKUB	227	TURBOPTYSIE	NOWA RUDA	POL	SENIOR II M - 30	4	M 4	01:39:40	04:11:59	07:50:30	11:11:05	12:29:45.30	12:30:14.05	6:48	8.8
5	SZAROWAR BARTOSZ	147		NOWA SÓL	POL	MASTERS M - 40	1	M 5	01:27:28	04:02:45	07:51:04	11:19:16	12:43:12.00	12:43:15.55	6:56	8.6
6	BANASZEK ADAM	311	BIEGUSIEM.PL	WARSZAWA	POL	SENIOR II M - 30	5	M 6	01:35:03	04:15:49	08:03:32	11:35:16	12:48:37.40	12:48:41.50	6:59	8.6
7	KALINA TOMASZ	305	TRUE RUNNERS	OSLO	POL	SENIOR II M - 30	6	M 7	01:27:16	03:58:56	07:50:45	11:27:21	12:49:06.65	12:49:10.95	6:59	8.6
8	SZCZEPANIAK MARCIN	28	XRUNNERS	KONIN	POL	SENIOR II M - 30	7	M 8	01:31:20	04:09:20	08:04:35	11:33:51	12:50:53.15	12:50:54.95	7:00	8.6
9	DMUCH JAKUB	163	XRUNNERS	TRZEBNICA	POL	SENIOR I M - 20	1	M 9	01:36:19	04:18:07	08:08:28	11:38:54	12:59:00.40	12:59:04.80	7:04	8.5
10	ĆWIK IWONA	310		TYCHY	POL	SENIOR II K - 30	1	K 1	01:32:04	04:15:47	08:02:31	11:40:46	13:01:52.75	13:01:58.15	7:06	8.4
11	WŁOCHAL ROBERT	133		WAŁBRZYCH	POL	SENIOR II M - 30	8	M 10	01:46:17	04:28:03	08:16:18	11:47:17	13:06:56.70	13:07:07.00	7:09	8.4
12	STROINSKI DANIEL	295	RMF4RT OCR	RYBNIK	POL	SENIOR II M - 30	9	M 11	01:33:11	04:15:54	08:41:33	11:58:23	13:10:42.85	13:10:45.10	7:11	8.3
13	WASZEK SŁAWOMIR	48	KARKONOSZ RUNNING TEAM	WROCŁAW	POL	SENIOR II M - 30	10	M 12	01:36:18	04:20:23	08:17:39	11:58:53	13:20:24.35	13:20:31.20	7:16	8.2
14	ŚWIERAD DARIUSZ	281	ASICS FRONTRUNNER POLAND / CAMELBAK POLSKA	KRAKÓW	POL	SENIOR II M - 30	11	M 13	01:39:05	04:23:29	08:28:30	12:04:13	13:39:01.60	13:39:05.95	7:26	8.1
15	BAZYL ADAM	8	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	12	M 14	01:43:19	04:35:31	08:34:06	12:16:15	13:40:19.50	13:40:34.55	7:27	8
16	AUGUSTYŃSKI SYLWESTER	77	LACHO TEAM	KRAKÓW	POL	SENIOR II M - 30	13	M 15	01:31:57	04:08:53	08:16:22	12:09:20	13:43:42.35	13:43:45.40	7:29	8
17	KRZESZOWSKI MARCIN	212		STRZEGOM	POL	SENIOR II M - 30	14	M 16	01:45:30	04:31:33	08:37:09	12:21:19	13:45:40.10	13:45:52.05	7:30	8
18	SMOLAREK SEBASTIAN	231		POZNAŃ	POL	SENIOR II M - 30	15	M 17	01:28:25	04:09:10	08:19:04	12:21:01	13:50:27.35	13:50:31.20	7:32	7.9
19	WALESIAK WOJCIECH	40	REMBERTÓW TEAM	WARSZAWA	POL	SENIOR II M - 30	16	M 18	01:42:52	04:29:58	08:32:19	12:37:25	14:00:08.45	14:00:27.70	7:38	7.9
20	TOMALSKI MARCIN	283		KRAKOW	POL	SENIOR II M - 30	17	M 19	01:43:10	04:40:57	08:55:31	12:41:32	14:09:32.65	14:09:38.00	7:43	7.8
21	BORUCKI JAKUB	14	#KASZANIENAMOKA	POZNAŃ	POL	SENIOR II M - 30	18	M 20	01:44:54	04:38:58	08:47:02	12:41:41	14:10:38.45	14:10:49.65	7:43	7.8
22	KUPIŃSKI CEZARY	30		WROCŁAW	POL	WETERAN I M - 50	1	M 21	01:46:35	04:38:52	08:46:34	12:42:06	14:13:38.65	14:13:43.35	7:45	7.7
23	ŁABUZ SYLWESTER	13		DZIERŻONIÓW	POL	SENIOR II M - 30	19	M 22	01:43:18	04:35:49	08:59:49	12:55:21	14:15:46.95	14:15:56.85	7:46	7.7
24	ZBRZEŹNY CEZARY	141	KB JURUNDSZCZYTNO	SZCZYTNO	POL	SENIOR II M - 30	20	M 23	01:45:51	04:33:27	08:51:52	12:50:40	14:18:47.65	14:19:01.60	7:48	7.7
25	MAZUR TOMASZ	113		WOLICA	POL	MASTERS M - 40	2	M 24	01:38:30	04:28:00	08:47:44	12:45:22	14:20:47.00	14:20:51.35	7:49	7.7
26	BIADASZ ANDRZEJ MICHAŁ	107	POLITECHNIKA POZNAŃSKA	POZNAŃ	POL	MASTERS M - 40	3	M 25	01:44:09	04:33:36	08:47:18	12:46:53	14:20:48.75	14:20:52.00	7:49	7.7
27	KLUSEK MATEUSZ	135	SKLEP BIEGACZA RUNNING TEAM KRAKÓW	KRAKÓW	POL	SENIOR I M - 20	2	M 26	01:32:30	04:35:25	09:00:16	12:47:06	14:22:20.00	14:22:22.80	7:50	7.7
28	ZIĘTERSKI ROBERT	194	ROBERT ZIĘTERSKI	KŁODZKO	POL	MASTERS M - 40	4	M 27	01:44:23	04:44:59	08:47:26	12:50:49	14:27:08.65	14:27:13.60	7:52	7.6
29	WOJCIECHOWSKI PRZEMYSLAW	74	CHAMPIONMAN TEAM	CZEMPIŃ	POL	SENIOR II M - 30	21	M 28	01:46:19	04:36:13	08:48:35	12:52:29	14:29:28.70	14:29:34.20	7:54	7.6
30	KRÓL MACIEJ	81		POZNAŃ	POL	MASTERS M - 40	5	M 29	01:46:23	04:44:59	08:48:38	12:52:29	14:29:29.45	14:29:34.80	7:54	7.6
31	KSIĘŻNIK DOROTA	235		SKARBIMIERZ-OSIEDLE	POL	WETERAN K - 50	1	K 2	01:49:01	04:45:17	09:06:38	13:06:51	14:30:35.35	14:30:45.15	7:54	7.6
32	ŻUREK-KRÓL ŻANETA	11	CITYZEN RUNNING TEAM	POZNAŃ	POL	SENIOR II K - 30	2	K 3	01:49:46	04:56:10	09:21:41	13:10:13	14:34:14.50	14:34:17.85	7:56	7.5
33	NOWAK PAWEŁ	325	SUPERMARATON KALISZ	KALISZ		WETERAN I M - 50	2	M 30	01:43:09	04:46:16	09:15:38	13:07:00	14:35:08.85	14:35:09.85	7:57	7.5
34	WERNER KAMIL	52	ULTRA PASTERZE	WARSZAWA	POL	SENIOR II M - 30	22	M 31	01:30:56	04:24:23	09:03:55	13:04:02	14:35:09.30	14:35:11.75	7:57	7.5
35	TRZCIELIŃSKI ROMAN	106	PSY WARSZAWA	WARSZAWA	POL	WETERAN II M - 60	1	M 32	01:46:19	04:45:19	09:12:05	13:10:08	14:36:07.45	14:36:15.20	7:57	7.5
36	WIERZBICKI HUBERT	105	CROSSFIT DOGFIELD	PASIKUROWICE	POL	SENIOR I M - 20	3	M 33	01:43:05	04:36:57	09:06:59	13:08:40	14:36:06.90	14:36:15.25	7:57	7.5
37	GARNEK PIOTR	60	VEGE RUNNERS	WROCŁAW	POL	SENIOR II M - 30	23	M 34	02:00:11	05:16:45	09:33:21	13:13:55	14:42:32.45	14:42:40.85	8:01	7.5
38	BIERNACKA EDYTA	119		GOSTYŃ	POL	SENIOR II K - 30	3	K 4	01:49:12	05:00:41	09:20:18	13:16:06	14:47:22.45	14:47:34.40	8:04	7.4
39	WITEK ŁUKASZ	257	BIEG PO ZDRÓJ	JAWORZE	POL	MASTERS M - 40	6	M 35	01:48:22	05:00:41	09:23:25	13:16:15	14:47:27.90	14:47:34.45	8:04	7.4
40	BUCHLA MARCIN	183	GT RAT	WROCŁAW	POL	MASTERS M - 40	7	M 36	01:51:17	04:45:26	09:09:16	13:13:29	14:48:09.90	14:48:12.65	8:04	7.4
41	RZYWUCKI WOITEK	274	RUNNERSCLUB.PL	PILA	POL	MASTERS M - 40	8	M 37	01:57:10	05:07:13	09:33:28	13:36:48	15:04:16.15	15:04:24.70	8:13	7.3

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
42	PACZUSKI MICHAL	260	FOREVER YOUNG LODZ	LODZ	POL	SENIOR II M - 30	24	M 38	01:44:48	04:35:46	08:58:03	13:16:06	15:05:33.75	15:05:48.85	8:13	7.3
43	DABKOWSKI KAMIL	139		WARSAW	POL	MASTERS M - 40	9	M 39	01:46:19	04:45:37	09:21:42	13:30:48	15:08:12.15	15:08:24.45	8:15	7.3
44	ZAWORSKI TOMASZ	262		WROCŁAW	POL	SENIOR II M - 30	25	M 40	01:45:51	04:52:45	09:22:55	13:34:23	15:14:49.55	15:14:54.60	8:18	7.2
45	HOLC MICHAŁ	282	UZDROWISKOWY TEAM	WARSZAWA	POL	SENIOR II M - 30	26	M 41	01:41:31	04:44:46	09:21:51	13:42:54	15:16:46.15	15:16:55.65	8:20	7.2
46	MARUKIEWICZ MAREK	271	BIEGAMDLAZDROWIA.PL	JELENIA GÓRA	POL	SENIOR II M - 30	27	M 42			09:00:08	13:20:13	15:20:00.35	15:20:00.35	8:21	7.2
47	KAŃDUŁA GRZEGORZ	83	NEST.POZNAN.PL	POZNAŃ	POL	SENIOR II M - 30	28	M 43	01:49:24	04:49:48	09:21:02	13:37:38	15:20:23.30	15:20:41.40	8:22	7.2
48	LICHOTA TOMASZ	289	DEKORIA	ŚWIDNICA	POL	SENIOR I M - 20	4	M 44	01:38:12	04:42:08	09:26:15	13:51:29	15:20:43.25	15:20:47.70	8:22	7.2
49	IŁOWIECKI DOMINIK	131	NBR TEAM	POZNAŃ	POL	SENIOR II M - 30	29	M 45	01:42:31	04:38:38	09:19:18	13:42:31	15:21:01.90	15:21:12.45	8:22	7.2
50	WASILEWSKI MARCIN	152		ZIELONA GÓRA	POL	SENIOR II M - 30	30	M 46	01:38:08	04:35:38	09:27:43	13:52:51	15:25:13.95	15:25:23.30	8:24	7.1
51	WALENDA ARKADIUSZ	298	VEGE ULTRA RUNNERS	LESZNOWOLA	POL	MASTERS M - 40	10	M 47	01:44:13	04:59:55	09:41:41	13:56:11	15:25:18.65	15:25:23.30	8:24	7.1
52	WOSZCZAK ZBIGNIEW	178	1964	STRZELIN	POL	WETERAN I M - 50	3	M 48	01:53:06	05:15:54	09:41:36	13:56:09	15:25:17.05	15:25:23.55	8:24	7.1
53	TITZ KOZA JULITA	120		LODZ	POL	SENIOR II K - 30	4	K 5	01:49:15	05:06:15	09:37:56	13:51:36	15:25:41.50	15:25:47.60	8:24	7.1
54	RAJNER KRZYSZTOF	12	ULTRA KOSZALIN	KOSZALIN	POL	SENIOR II M - 30	31	M 49	01:49:07	04:54:08	09:31:44	13:51:11	15:27:00.65	15:27:16.70	8:25	7.1
55	WODZIEŃ ANDRZEJ	329		RZESZÓW		MASTERS M - 40	11	M 50	01:49:06	04:56:06	09:33:34	13:54:51	15:29:26.95	15:29:33.80	8:26	7.1
56	SZYL MAREK	85	RUNNERS TEAM QUIBL	WARSZAWA	POL	MASTERS M - 40	12	M 51	01:51:50	05:18:53	09:49:27	14:06:12	15:37:23.25	15:37:41.40	8:31	7
57	RAJTAR ZBIGNIEW	104	RONTIL-COMPASS	KRAKOW	POL	WETERAN I M - 50	4	M 52	01:46:52	04:49:50	09:28:52	13:59:03	15:38:20.40	15:38:24.75	8:31	7
58	KRYM KATARZYNA	223	NIGHT RUNNERS WROCŁAW	SMOLEC	POL	MASTERS K - 40	1	K 6	01:47:19	04:44:27	09:20:37	13:59:01	15:43:04.80	15:43:08.75	8:34	7
59	MEISSNER PAWEŁ	222	TIGERS TEAM	ŁÓDŹ	POL	SENIOR II M - 30	32	M 53	01:46:18	04:44:28	09:20:52	13:59:03	15:43:06.00	15:43:08.85	8:34	7
60	WALCZAK PATRYK	22	XRUNNERS	KONIN	POL	SENIOR I M - 20	5	M 54	01:36:23	04:31:27	09:14:18	14:06:30	15:45:35.70	15:45:37.60	8:35	7
61	KRZESIŃSKI DARIUSZ	286	ORANGE POLSKA S.A	WROCŁAW	POL	MASTERS M - 40	13	M 55	01:46:43	05:00:38	09:33:26	14:01:26	15:46:56.60	15:47:03.15	8:36	7
62	WITCZAK PRZEMYSŁAW	205	DREAMTIME TRAILS	WARSZAWA	POL	MASTERS M - 40	14	M 56	01:59:27	05:18:47	10:00:14	14:15:15	15:50:10.60	15:50:21.80	8:38	6.9
63	WŁOSKOWICZ MARCIN	130		WĄCHOCK	POL	MASTERS M - 40	15	M 57	02:07:43	05:32:33	10:06:41	14:26:14	15:53:53.80	15:54:12.75	8:40	6.9
64	JĘDRYCHOWSKI BARTŁOMIEJ	306		KUDOWA-ZDRÓJ	POL	SENIOR II M - 30	33	M 58	01:49:00	05:09:50	09:52:48	14:21:16	15:55:28.85	15:55:49.65	8:41	6.9
65	KALEMBKIEWICZ PIOTR	229	MIROTRANS	WROCŁAW	POL	MASTERS M - 40	16	M 59	01:52:03	05:00:55	10:10:46	14:29:20	16:00:21.20	16:00:45.05	8:43	6.9
66	WESOŁEK MAREK	220	PRO-RUN WROCŁAW	WROCŁAW	POL	SENIOR II M - 30	34	M 60	01:57:45	05:00:30	09:38:30	14:06:59	16:02:54.80	16:03:05.40	8:45	6.9
67	KLARECKI ADRIAN	100	WIRAN TEAM/ ASTMA TEAM	REDA	POL	MASTERS M - 40	17	M 61	01:39:34	04:41:17	09:25:54	14:11:42	16:05:09.10	16:05:11.85	8:46	6.8
68	KRÓL MACIEJ	98	WIRAN TEAM	REDA	POL	MASTERS M - 40	18	M 62	01:39:35	04:41:19	09:25:49	14:11:09	16:05:08.60	16:05:11.95	8:46	6.8
69	OLAWIŃSKI KAROL	276	TMTEAM	KOBIERZYCE	POL	SENIOR II M - 30	35	M 63	01:49:31	05:02:29	10:17:40	14:31:20	16:05:28.65	16:05:42.00	8:46	6.8
70	FROŁOW JAKUB	201		WARSZAWA	POL	MASTERS M - 40	19	M 64	01:49:34	04:56:03	09:32:44	14:13:47	16:07:47.65	16:08:00.50	8:47	6.8
71	KOZERAŃSKI PRZEMYSŁAW	248	WILD DOGS TEAM	WOJKOWICE	POL	SENIOR II M - 30	36	M 65	01:47:44	05:06:13	09:53:45	14:21:16	16:08:34.00	16:08:45.20	8:48	6.8
72	MALINOWSKI JERZY	158		ZIĘBICE	POL	WETERAN I M - 50	5	M 66	01:46:21	04:45:17	09:26:24	14:29:49	16:15:00.75	16:15:11.30	8:51	6.8
73	KOWAL WIESŁAW	216	SPARTA ZIĘBICE	ZIĘBICE	POL	MASTERS M - 40	20	M 67	01:46:19	04:45:27	09:26:31	14:30:15	16:18:14.75	16:18:25.35	8:53	6.7
74	SIKORSKI JACEK	95	GIRO DI ZAWADA	PIŁA	POL	MASTERS M - 40	21	M 68	01:52:02	05:06:14	09:47:29	14:26:42	16:20:47.45	16:20:57.40	8:54	6.7
75	CZAPIEWSKI JANUSZ	247	OJCIEC I SYN &CRIK FCA POLAND TYCHY	BIERUŃ	POL	WETERAN I M - 50	6	M 69	01:46:58	05:16:10	10:25:48	14:47:06	16:24:00.65	16:24:06.30	8:56	6.7
76	GRUNTOWSKI MATEUSZ	259	NIEMO ADVENTURE	NIEMODLIN	POL	SENIOR II M - 30	37	M 70	01:54:23	05:21:44	10:17:26	14:53:38	16:30:15.30	16:30:36.30	9:00	6.7
77	BALWIERCZAK PIOTR	187	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	SENIOR I M - 20	6	M 71	01:34:45	04:23:02	08:55:07	14:38:46	16:33:57.25	16:34:00.90	9:02	6.6
78	FEODORÓW WOJCIECH	285	SKURCZYBYKI	ZABRZE	POL	MASTERS M - 40	22	M 72	01:58:06	05:22:30	10:21:05	15:06:39	16:42:07.15	16:42:12.10	9:06	6.6
79	SANKOWSKI PAWEŁ	312	PLACKI TEAM	WROCŁAW	POL	SENIOR II M - 30	38	M 73	02:04:53	05:35:09	10:21:00	14:55:04	16:39:09.95	16:44:20.20	9:05	6.6
80	ZYDROŃ TYMOTEUSZ	157	VISEGRAD MARATON RYTRO	KRAKÓW	POL	MASTERS M - 40	23	M 74	02:00:51	05:34:43	10:30:52	15:03:26	16:45:04.25	16:45:18.70	9:08	6.6
81	KURCZYK TOMASZ	214		KOŚMIDRY	POL	MASTERS M - 40	24	M 75	01:48:21	05:08:37	10:10:46	15:09:08	16:47:00.95	16:47:05.65	9:09	6.6
82	GAJLUSZ DAWID	278	BIEGIEM PO MARZENIA TEAM	OLEŚNICA	POL	SENIOR II M - 30	39	M 76	01:32:31	04:38:53	09:48:46	14:44:46	16:50:16.40	16:50:18.10	9:11	6.5
83	PAWŁOWSKI JACEK	156	KS TĘCZA GDYNIA	GDYNIA	POL	MASTERS M - 40	25	M 77	01:44:02	04:56:13	10:11:03	15:23:24	16:51:44.25	16:51:54.20	9:11	6.5
84	DOMOSTOWICZ MICHAŁ	318		SKIERNIEWICE		SENIOR II M - 30	40	M 78	01:57:12	05:24:43	10:27:52	15:14:13	16:52:57.60	16:53:13.05	9:12	6.5
85	GRYSKA PIOTR	322		KOBIELA		MASTERS M - 40	26	M 79	02:06:33	05:30:26	10:29:15	15:11:25	16:52:43.90	16:53:13.25	9:12	6.5
86	GĄSIOR PAWEŁ	112		OŁAWA	POL	SENIOR II M - 30	41	M 80	01:38:05	05:08:07	10:16:53	15:12:05	16:53:51.75	16:54:00.20	9:13	6.5
87	PIOTROWSKI MICHAŁ	154	KLUB BIEGACZA JURUND SZCZYTNO	ŚWIĘTAJNO	POL	SENIOR II M - 30	42	M 81	01:45:51	04:44:28	09:51:40	14:58:36	16:56:58.10	16:57:11.55	9:14	6.5
88	SZCZOTKA KATARZYNA	198		PSZCZYNA	POL	MASTERS K - 40	2	K 7	01:57:09	05:28:05	10:41:34	15:24:52	17:04:32.95	17:04:38.75	9:18	6.4
89	BOBIN TOMASZ	94		GORZÓW WLKP.	POL	MASTERS M - 40	27	M 82	01:46:14	05:16:40	10:22:17	15:24:30	17:05:48.90	17:05:53.25	9:19	6.4
90	TRACZYK MAREK	258	MPK WYBIEGANIE	WARSZAWA	POL	WETERAN I M - 50	7	M 83	02:10:48	05:51:37	10:53:40	15:37:24	17:09:20.30	17:09:27.40	9:21	6.4
91	ŻMIJEWSKI TOMASZ	27		WROCŁAW	POL	SENIOR II M - 30	43	M 84	02:01:53	05:34:46	10:30:58	15:21:04	17:11:29.25	17:11:40.25	9:22	6.4
92	POSMAN RAFAŁ	307		WAŁBRZYCH	POL	MASTERS M - 40	28	M 85	02:04:17	05:28:27	10:21:31	15:19:36	17:12:22.70	17:12:28.35	9:23	6.4
93	BARAN JAROSŁAW	189		WROCŁAW	POL	MASTERS M - 40	29	M 86	02:10:39	05:51:53	10:53:34	15:18:45	17:12:58.90	17:13:22.45	9:23	6.4
94	LANGER WALDEMAR	7		LESZNO	POL	WETERAN I M - 50	8	M 87	01:49:31	05:24:58	10:28:20	15:21:23	17:13:54.10	17:13:59.30	9:23	6.4

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
95	JĘDRYCHA BOŻENA	140		RYBNIK	POL	MASTERS K - 40	3	K 8	02:03:16	05:51:38	10:53:14	15:42:20	17:18:02.45	17:18:16.50	9:26	6.4
96	MEISSNER PAWEŁ	209	KONEFKA TEAM	GDAŃSK	POL	MASTERS M - 40	30	M 88	01:56:23	05:30:02	11:04:14	15:42:47	17:18:17.10	17:18:20.85	9:26	6.4
97	ZUBERT MARCIN	114	PRESS GLASS- BIEGAMY I WSPIERAMY	RUDNIK WIELKI	POL	MASTERS M - 40	31	M 89	02:12:45	05:26:10	10:22:19	15:12:10	17:19:19.15	17:19:39.95	9:26	6.4
98	KUPCZYK JACEK	153	MOL RUNNERS	ROKIETNICA	POL	MASTERS M - 40	32	M 90	01:54:39	05:17:40	10:31:40	15:21:09	17:19:58.10	17:20:03.95	9:27	6.3
99	WESOŁOWSKI KRZYSZTOF	31	PORANNY PATROL	KRAKÓW	POL	SENIOR II M - 30	44	M 91	01:49:10	05:17:49	10:14:27	15:25:48	17:21:43.70	17:21:51.05	9:28	6.3
100	SAWKA TOMASZ	254	SEZONSTARTOWY.PL	NYSA	POL	SENIOR II M - 30	45	M 92	01:48:56	05:02:21	10:11:17		17:23:14.00	17:23:14.00	9:29	6.3
101	WAWRESZUK WIKTOR	91	BIAŁA BIAŁYSTOK	BIAŁYSTOK	POL	WETERAN I M - 50	9	M 93	01:49:07	05:15:55	10:13:08	15:32:20	17:23:32.40	17:23:41.75	9:29	6.3
102	ZAJĄC MARCIN	207		JÓZEFOSŁAW	POL	SENIOR II M - 30	46	M 94	01:46:55	04:58:20	10:10:56	15:19:04	17:24:19.75	17:24:23.60	9:29	6.3
103	ZOWAL RYSZARD	26	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	MASTERS M - 40	33	M 95	02:00:25	05:24:49	10:40:23	15:34:18	17:24:58.50	17:24:58.50	9:29	6.3
104	ZAPORA MAREK	129	W POGONI ZA DUCHEM	SARNÓW	POL	SENIOR II M - 30	47	M 96	02:00:07	05:24:31	10:42:29	15:34:01	17:24:39.30	17:24:58.70	9:29	6.3
105	GŁĘBOWSKI TOMASZ	124		CZERWONAK	POL	MASTERS M - 40	34	M 97	01:51:36	05:04:47	10:14:19	15:30:33	17:25:49.60	17:25:58.45	9:30	6.3
106	POLAŃSKI BARTOSZ	67		WROCŁAW	POL	SENIOR II M - 30	48	M 98	02:00:11	05:21:31	10:34:40	15:33:29	17:27:41.60	17:27:50.80	9:31	6.3
107	SUSKI JÓZEF	16	AGB TORFY	ŁÓDŹ	POL	MASTERS M - 40	35	M 99	02:10:31	05:54:01	10:54:52	15:49:41	17:34:10.80	17:34:12.60	9:35	6.3
108	KAŃDUŁA KLAUDIA	70	NEST TEAM	POZNAŃ	POL	SENIOR II K - 30	5	K 9	01:56:21	05:17:30	10:28:59	15:33:26	17:35:08.90	17:35:27.75	9:35	6.3
109	WOŹNA MAGDALENA	240		ZIELONA GÓRA	POL	MASTERS K - 40	4	K 10	02:11:31	05:53:07	11:11:15	15:46:40	17:36:54.45	17:37:16.90	9:36	6.2
110	TĘSIOROWSKI MARIUSZ	96		SYCÓW	POL	SENIOR II M - 30	49	M 100	01:56:01	05:06:36	10:22:34	15:42:03	17:40:51.75	17:41:14.40	9:38	6.2
111	MATEŃCZUK PAWEŁ	272	NAVAL POLSKA	WARSZAWA	POL	MASTERS M - 40	36	M 101	02:16:56	06:18:05	10:56:03	16:03:20	17:41:25.25	17:41:33.50	9:38	6.2
112	PONDYTKO PIOTR	317		KŁODZKO		MASTERS M - 40	37	M 102	02:09:32	05:41:07	10:45:22	15:45:55	17:41:22.80	17:41:51.05	9:38	6.2
113	SZYMAŁA MARCIN	167		KLUCZBORK	POL	MASTERS M - 40	38	M 103	02:12:50	06:19:46	11:14:01	15:54:24	17:41:49.85	17:42:12.05	9:39	6.2
114	BOTTCHER ANDRZEJ	174	SKB GRANIT	STRZELIN	POL	MASTERS M - 40	39	M 104	01:53:08	05:16:17	10:31:14	15:47:43	17:43:45.20	17:43:52.55	9:40	6.2
115	CHACIŃSKI MIKOŁAJ	253	PROAUTOMATION	WARSZAWA	POL	SENIOR II M - 30	50	M 105	01:51:25	05:16:23	10:31:20	15:47:42	17:43:48.70	17:43:56.55	9:40	6.2
116	CYGAN TOMASZ	89	SPARTANIE DZIECIOM	WARSZAWA	POL	SENIOR II M - 30	51	M 106	01:47:23	05:12:29	10:12:50	15:57:20	17:45:34.10	17:45:37.45	9:41	6.2
117	RODAK ZBIGNIEW	204		STRZEGOM	POL	SENIOR II M - 30	52	M 107	01:58:03	05:34:24	10:41:18	15:52:58	17:49:53.10	17:50:06.00	9:43	6.2
118	KŁOSOWSKI PIOTR	151		STRZEGOM	POL	MASTERS M - 40	40	M 108	01:58:14	05:34:36	10:41:32	15:55:26	17:50:06.20	17:50:06.20	9:43	6.2
119	KOŁODZIEJ MARIUSZ	19	TMTEAM	LEGNICA	POL	MASTERS M - 40	41	M 109	01:59:45	05:46:43	10:55:06	15:53:47	17:52:28.35	17:52:29.55	9:44	6.2
120	RUMPEL KRZYSZTOF	6	KS M.E.T.A.	CZYŻOWICE	POL	SENIOR II M - 30	53	M 110	01:57:08	05:41:54	10:57:21	15:52:21	17:52:16.65	17:52:40.95	9:44	6.2
121	ZAWISZ MARIUSZ	69	YNO ULTRA	GASZOWICE	POL	SENIOR II M - 30	54	M 111	01:57:11	05:41:53	10:57:28	15:52:42	17:52:17.80	17:52:41.05	9:44	6.2
122	PILŚNIAK PIOTR	127	FORMA WODZISLAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	MASTERS M - 40	42	M 112	01:57:11	05:41:54	10:57:16	15:53:45	17:52:16.85	17:52:41.50	9:44	6.2
123	NOWAK KRZYSZTOF	267		DĄBROWA GÓRNICZA	POL	MASTERS M - 40	43	M 113		05:32:41	10:58:36	15:53:09	17:53:20.10	17:53:41.55	9:45	6.1
124	KOPACKI GRZEGORZ	55	FOLLOWME - ZMIENIAMYFINANSE.PL	WAŁBRZYCH	POL	SENIOR II M - 30	55	M 114	01:57:27	05:25:56	10:55:03	16:07:00	17:54:19.15	17:54:31.80	9:45	6.1
125	FURMAN MARCIN	186		SOSNOWIEC	POL	MASTERS M - 40	44	M 115	01:48:41	05:53:35	11:20:54	16:21:35	17:58:54.95	17:59:01.75	9:48	6.1
126	SPYCHAŁA PAWEŁ	103		PLEWISKA	POL	WETERAN I M - 50	10	M 116	02:11:29	06:00:51	11:31:51	16:21:01	18:00:38.50	18:00:57.55	9:49	6.1
127	ŚWIATOWIEC ANNA	44	IMPERIUM SPORTU TEAM	KRAKÓW	POL	MASTERS K - 40	5	K 11	02:12:25	06:12:06	11:31:53	16:21:49	18:01:07.90	18:01:19.55	9:49	6.1
128	DOBROŚ TOMASZ	99		WIERUSZÓW	POL	MASTERS M - 40	45	M 117	02:13:22	06:06:16	11:24:56	16:14:56	18:04:13.60	18:04:28.00	9:51	6.1
129	PŁYWACZYK MACIEJ	79	TEAM PLESZEW	PLESZEW	POL	WETERAN I M - 50	11	M 118	02:09:37	05:44:26	10:58:44	16:11:02	18:11:16.40	18:11:34.05	9:55	6
130	BEDNAREK JACEK	263	METLIFE RUN	WARSZAWA	POL	MASTERS M - 40	46	M 119	01:48:06	05:07:43	10:42:08	16:06:28	18:12:04.05	18:12:15.10	9:55	6
131	SZUBERT ARIEL	159		ŚREM	POL	SENIOR I M - 20	7	M 120	01:55:28	05:16:36	10:41:58	15:48:54	18:14:18.90	18:14:32.35	9:56	6
132	ŻMUDKA BARTEK	51	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	RYBNIK	POL	MASTERS M - 40	47	M 121	01:58:53	05:28:12	10:42:41	16:14:47	18:16:49.80	18:17:05.00	9:58	6
133	WYSOCKI TOMASZ	41	OCHAJORUN & FRIENDS	RYBNIK	POL	MASTERS M - 40	48	M 122	01:58:54	05:28:00	10:42:36	16:14:45	18:16:50.35	18:17:05.35	9:58	6
134	WINIAREK LESZEK	20	#TEAM_DKMS	WARSZAWA	POL	MASTERS M - 40	49	M 123	02:10:57	05:51:37	10:57:46	16:14:12	18:17:13.45	18:17:22.15	9:58	6
135	KOCJAN PAWEŁ	54	NIGHT RUNNERS	POZNAŃ	POL	SENIOR II M - 30	56	M 124	01:46:10	05:20:34	10:41:24	16:07:42	18:18:59.80	18:19:11.85	9:59	6
136	WŁODARCZYK ŁUKASZ	4	NIGHT RUNNERS	POZNAŃ	POL	SENIOR II M - 30	57	M 125	01:47:09	05:20:10	10:41:11	16:06:21	18:19:00.90	18:19:15.05	9:59	6
137	GIERADA MATEUSZ	1	NIGHT RUNNERS GLIWICE	GLIWICE	POL	SENIOR I M - 20	8	M 126	01:48:28	05:10:30	10:39:52	16:16:44	18:27:32.50	18:27:34.65	10:04	6
138	RÓŻOWICZ ELIZA	47	SPARTANIE DZIECIOM	WARSZAWA	POL	MASTERS K - 40	6	K 12	02:04:50	05:41:34	10:59:13	16:04:33	18:27:25.25	18:27:35.10	10:04	6
139	JĘDRYCHA MICHAŁ	18	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	58	M 127	02:03:20	05:51:40	10:53:26	16:14:09	18:29:02.00	18:29:15.90	10:04	6
140	ZAKRZEWSKI KRZYSZTOF	250	3:33 TEAM	PALĘDZIE	POL	MASTERS M - 40	50	M 128	02:00:32	05:41:17	11:17:08	16:40:07	18:29:11.20	18:29:28.45	10:05	6
141	JURA MARIUSZ	87		ŁÓDŹ	POL	SENIOR II M - 30	59	M 129	02:11:38	05:53:17	11:09:48	16:23:53	18:31:08.25	18:31:21.90	10:06	5.9
142	FARBISZEWSKI MAREK	303	ORANGE POLSKA	WARSZAWA	POL	MASTERS M - 40	51	M 130	02:11:39	05:51:15	10:56:00	16:51:19	18:31:09.80	18:31:36.40	10:06	5.9
143	GRZESIAK MATEUSZ	284	KLUB AA	MIANOWICE	POL	SENIOR II M - 30	60	M 131	01:50:48	05:30:02	11:25:21	16:37:23	18:34:32.00	18:34:34.65	10:07	5.9
144	NOLBRZYK ADRIAN	230		OSIECZNA	POL	MASTERS M - 40	52	M 132	02:02:21	05:50:03	11:16:53	16:33:49	18:36:35.40	18:36:59.40	10:09	5.9
145	RACZYŃSKI BOGUSZ	3	TIGERS TEAM	ALEKSANDRÓW ŁÓDZKI	POL	SENIOR II M - 30	61	M 133	02:00:18	05:40:36	11:09:39	16:33:17	18:39:05.25	18:39:11.75	10:10	5.9
146	WOJEWODA MICHAŁ	64	TRIWAWA / RUN THE PARK	WARSZAWA	POL	MASTERS M - 40	53	M 134	02:09:26	05:40:09	11:18:28	16:39:54	18:40:58.60	18:41:07.55	10:11	5.9
147	WOJCIECHOWICZ LESZEK	217	BIEGAJNIA POZNAŃ	BORZYKOWO	POL	SENIOR II M - 30	62	M 135	02:13:07	06:11:01	11:28:12	16:39:11	18:41:30.40	18:41:43.15	10:11	5.9
148	HADZICKA SYLWIA	61	VEGE RUNNERS	WROCŁAW	POL	SENIOR II K - 30	6	K 13	02:15:33	06:08:46	11:24:55	16:45:50	18:46:06.10	18:46:17.75	10:14	5.9

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
149	SANKOWSKI JACEK	203	1988	WROCŁAW	POL	SENIOR II M - 30	63	M 136	02:05:22	05:58:11	11:20:58	16:47:54	18:42:53.75	18:48:03.90	10:12	5.9
150	SKÓRA MIROSŁAW	275	SPARTA ULTRA TEAM	LASKI	POL	MASTERS M - 40	54	M 137	01:48:04	05:22:15	11:08:29	16:45:51	18:49:41.20	18:49:46.70	10:16	5.8
151	HENDRYS MAREK	288	SPARTA ULTRA TEAM	GRANICE	POL	SENIOR I M - 20	9	M 138	01:48:08	05:22:16	11:08:35	16:46:00	18:49:40.85	18:49:46.80	10:16	5.8
152	LECHOWSKI TOMASZ	313		KRAKÓW	POL	SENIOR II M - 30	64	M 139	02:09:00	06:17:22	11:44:29	17:02:10	18:56:42.50	18:57:04.50	10:20	5.8
153	KASPRZYK ADRIAN	321	LESZNO LIMITS RUNNERS	LESZNO		MASTERS M - 40	55	M 140	02:14:08	06:13:01	11:34:14	17:03:11	18:58:14.60	18:58:41.05	10:20	5.8
154	HAJEK PRZEMEK	143	ASAP RUNNERS	ŁÓDŹ	POL	SENIOR II M - 30	65	M 141	01:50:39	05:35:55	11:03:29	16:56:15	19:00:07.45	19:00:23.85	10:21	5.8
155	KRECZMAŃSKI ROBERT	23	EMERYCI I RENCIŚCI	ZALESIE GÓRNE	POL	WETERAN I M - 50	12	M 142	01:36:59	04:28:11	10:40:01	16:33:07	19:00:49.05	19:00:51.90	10:22	5.8
156	JADACH GRZEGORZ	294		WROCŁAW	POL	SENIOR II M - 30	66	M 143	01:52:36	05:21:12	10:41:58	16:18:30	19:04:18.70	19:04:23.80	10:24	5.8
157	URACZ ŁUKASZ	238	HARPAGAN SOSNOWIEC	SOSNOWIEC	POL	SENIOR II M - 30	67	M 144	02:08:50	05:57:35	11:24:54	16:48:04	19:07:02.25	19:07:23.40	10:25	5.8
158	MARCZEWSKI ANDRZEJ	149	DLA BOGUSI	KIELCE	POL	WETERAN I M - 50	13	M 145	01:57:14	05:49:26	11:22:19	16:51:36	19:07:19.90	19:07:28.35	10:25	5.8
159	ROLLA DORIAN	199		WARZYMICE	POL	MASTERS M - 40	56	M 146	01:58:43	06:18:10	11:46:23	17:04:18	19:12:55.10	19:13:00.30	10:28	5.7
160	QUIRINI EWA	166		NOWY TARG	POL	SENIOR II K - 30	7	K 14	02:11:22	06:00:50	11:25:03	17:02:56	19:13:14.90	19:13:39.05	10:29	5.7
161	BRUSZEWSKA-GŁOMBIOWSKA MONIKA	134		GDYNIA	POL	MASTERS K - 40	7	K 15	02:11:30	05:59:16	11:30:25	16:52:24	19:13:44.40	19:13:50.65	10:29	5.7
162	BODIO DARIUSZ	218	SPARTA ZIĘBICE	ZIĘBICE	POL	WETERAN I M - 50	14	M 147	01:48:42	04:56:08	10:53:53	17:16:15	19:19:06.90	19:19:19.45	10:32	5.7
163	KRAJEWSKI ARTUR	326		PŁOCK		MASTERS M - 40	57	M 148	02:11:40	06:17:04	11:44:56	17:18:05	19:21:09.75	19:21:15.15	10:33	5.7
164	LUTYŃSKI ZBIGNIEW	155		OŚWIĘCIM	POL	SENIOR II M - 30	68	M 149	02:08:33	05:58:52	11:49:26	17:15:16	19:22:51.30	19:23:09.75	10:34	5.7
165	ZEGARMISTRZ GRZEGORZ	228		KRAKÓW	POL	SENIOR II M - 30	69	M 150	02:00:16	05:05:14		17:25:35	19:22:49.15	19:23:15.20	10:34	5.7
166	LANGE SZYMON	270	RUNNER'S POWER	ŚREM	POL	SENIOR II M - 30	70	M 151	02:08:49	05:58:23	11:34:17	17:18:55	19:23:12.00	19:23:22.90	10:34	5.7
167	SMOŁUCH TOMASZ	84	SAINT-GOBAIN SQUAD / LURBEL POLSKA	OLKUSZ	POL	MASTERS M - 40	58	M 152	02:15:45	06:12:54	11:49:06	17:21:24	19:23:27.15	19:23:55.10	10:34	5.7
168	CHURAS ŁUKASZ	252		MYSZKÓW	POL	MASTERS M - 40	59	M 153	02:09:11	05:39:52	11:18:09	16:58:38	19:24:05.40	19:24:30.80	10:34	5.7
169	GAWEŁ KRZYSZTOF	97	ERBUD RYBNIK/FORMA WODZISŁAW ŚL.	PSZÓW	POL	MASTERS M - 40	60	M 154	02:10:39	06:06:41	11:34:09	17:18:14	19:24:19.70	19:24:43.45	10:35	5.7
170	BYZIA PIOTR	9		WROCŁAW	POL	SENIOR II M - 30	71	M 155	01:57:33	05:48:00	11:10:16	16:58:42	19:27:07.65	19:27:12.25	10:36	5.7
171	MAJOCH ANNA	145	GVT	KŁODZKO	POL	MASTERS K - 40	8	K 16	02:08:50	05:58:31	11:50:46	17:16:29	19:28:45.85	19:28:45.85	10:37	5.6
172	WALKIEWICZ MACIEJ	148		SOPOT	POL	SENIOR II M - 30	72	M 156	01:49:24	05:16:05	10:55:34	17:11:13	19:29:09.40	19:29:23.15	10:37	5.6
173	SZARF PAWEŁ	5	ZAŁOGA GÓRSKA	KĘDZIERZYN-KOŹLE	POL	SENIOR I M - 20	10	M 157	01:45:40	05:41:28	11:18:45	17:05:53	19:35:40.75	19:35:43.80	10:41	5.6
174	POLAKOWSKI TOMASZ	233	STREET RUN RADOM	RADOM	POL	MASTERS M - 40	61	M 158	02:19:55	06:17:54	11:58:59	17:25:13	19:35:39.50	19:36:04.10	10:41	5.6
175	JĘDRZEJOWSKA-DEC ANNA	327	OTK RZEŹNIK	GLIWICE		MASTERS K - 40	9	K 17	02:09:34	06:05:54	11:52:14	17:33:11	19:41:23.15	19:41:46.60	10:44	5.6
176	MĄCZKA BRONISŁAW	328	OTK RZEŹNIK	GLIWICE		WETERAN II M - 60	2	M 159	02:09:32	06:05:52	11:52:17	17:33:55	19:41:23.25	19:41:46.95	10:44	5.6
177	SOBOCZYŃSKA JUSTYNA	136		GDYNIA	POL	SENIOR I K - 20	1	K 18	02:13:29	06:13:57	11:55:55	17:22:30	19:41:44.85	19:42:05.85	10:44	5.6
178	BALICKI JAKUB	93	ASAP RUNNERS	ŁÓDŹ	POL	MASTERS M - 40	62	M 160	02:11:41	05:51:17	11:24:34	17:14:59	19:41:57.30	19:42:25.55	10:44	5.6
179	MADEJ JAN	71		POLKOWICE	POL	MASTERS M - 40	63	M 161	02:08:46	06:01:32	12:04:22	17:27:48	19:42:37.70	19:42:41.70	10:45	5.6
180	ULATOWSKI ANDRZEJ	10		TORUŃ	POL	MASTERS M - 40	64	M 162	02:10:57	05:44:22	11:22:18	17:23:01	19:42:36.75	19:42:51.45	10:45	5.6
181	FRĄCKOWIAK JACEK	251	RUNNER'S POWER	ŚREM	POL	MASTERS M - 40	65	M 163	02:16:47	06:24:22	12:29:02	17:48:02	19:44:07.80	19:44:14.05	10:45	5.6
182	PYTEL STANISŁAW	150	SCYZORYK	KIELCE	POL	SENIOR II M - 30	73	M 164	01:57:03	05:39:54	11:15:56	16:57:26	19:45:26.85	19:45:34.30	10:46	5.6
183	SOŁTYS TOMASZ	331		PIDANKOWICE		SENIOR II M - 30	74	M 165	02:00:23	05:33:11	11:22:32	17:17:04	19:46:15.60	19:46:22.75	10:47	5.6
184	ANDRZEJCZAK DARIUSZ	123	AGB TORFY	ALEKSANDRÓW ŁÓDZKI	POL	WETERAN I M - 50	15	M 166	02:16:46	06:06:48	11:30:58	17:22:59	19:46:22.90	19:46:31.95	10:47	5.6
185	HARĘŻLAK DOROTA	38	AGB TORFY	ŁÓDŹ	POL	MASTERS K - 40	10	K 19	02:13:56	06:06:47	11:31:02	17:22:52	19:46:24.20	19:46:32.90	10:47	5.6
186	URBANEK DARIUSZ	117	OBY PRZED LIMITEM	SKIERNIEWICE	POL	MASTERS M - 40	66	M 167	02:00:57	05:51:27	11:21:40	17:23:19	19:49:34.55	19:49:50.65	10:48	5.5
187	SERKOWSKI MARCIN	280	BIEGAMYRAZEM.PL	GDYNIA	POL	MASTERS M - 40	67	M 168	02:09:21	05:59:57	11:48:36	17:26:19	19:50:57.10	19:51:07.95	10:49	5.5
188	MAGOŃ KAMIL	315		WIAZOW	POL	SENIOR I M - 20	11	M 169	01:57:22	05:32:32	11:25:53	17:10:20	19:52:55.75	19:53:14.70	10:50	5.5
189	CHRZAN ANDRZEJ	309	AA TARNÓW	TARNÓW	POL	SENIOR I M - 20	12	M 170	01:57:21	05:31:05	11:02:52	16:36:56	19:54:47.85	19:55:02.85	10:51	5.5
190	GAWLAS PRZEMSŁAW	316		MŁYNÓW		MASTERS M - 40	68	M 171	01:59:33	05:46:48	11:30:04	17:27:46	19:55:35.35	19:55:35.35	10:52	5.5
191	SMOLEŃ TOMASZ	142	TMTEAM	KOBIERZYCE	POL	MASTERS M - 40	69	M 172	01:59:47	05:46:45	11:30:08	17:27:38	19:55:46.75	19:55:48.40	10:52	5.5
192	CZAPIEWSKI PAWEŁ	128		OSÓWKO	POL	SENIOR I M - 20	13	M 173	01:48:55	05:36:03	12:23:15	17:37:13	19:59:21.85	19:59:32.10	10:54	5.5
193	SADOWSKA MARTA	2	KOSSMATE ŻUKI	KRAKÓW	POL	SENIOR II K - 30	8	K 20	02:18:32	06:00:30	11:51:50	17:35:57	19:59:25.05	19:59:34.85	10:54	5.5
194	BAJAK MAŁGORZATA	237	MUAY RUNNING TEAM	KRAKÓW, POLSKA	POL	MASTERS K - 40	11	K 21	02:19:00	06:20:37	12:13:55	18:03:48	20:00:59.00	20:01:11.35	10:55	5.5
195	SZYSZKO STANISŁAW	188		PIŁA	POL	SENIOR II M - 30	75	M 174	01:49:22	05:00:39	10:31:33	17:22:01	20:07:15.50	20:07:19.80	10:58	5.5
196	KORPUS-MIELCZARSKA KATARZYNA	215	SGB SAMO SIĘ NIE PRZEBIEGNIE	SŁAWKÓW	POL	SENIOR II K - 30	9	K 22	02:07:29	05:46:20	11:32:02	17:43:14	20:09:30.25	20:09:49.95	10:59	5.5
197	ZAJĄC ADAM	66	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	MASTERS M - 40	70	M 175	02:07:30	05:46:20	11:32:08	17:43:20	20:09:30.85	20:09:50.45	10:59	5.5
198	MICHALAK ALEKSANDRA	17	NIGHT RUNNERS/KOBIETY BIEGAJA	POZNAŃ	POL	SENIOR II K - 30	10	K 23	02:14:05	06:16:23	11:42:19	17:43:31	20:17:29.55	20:17:42.80	11:04	5.4
199	BISKUP RAFAŁ	261	DZIAD NOT DEAD	WARSZAWA	POL	WETERAN I M - 50	16	M 176	02:11:39	05:35:54	10:54:11	16:58:12	20:20:28.30	20:20:32.15	11:05	5.4
200	WSUŁ MONIA	173	CHOSZCZENSKA10	SWARZĘDZ	POL	MASTERS K - 40	12	K 24	01:58:52	05:38:29	11:30:26	18:12:36	20:23:18.20	20:23:33.50	11:07	5.4

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
201	WAŻNY ANDRZEJ	291	FIRMA BUDOWLANA TYNEXPOL ANDRZEJ WAŻNY	RZESZÓW	POL	MASTERS M - 40	71	M 177	02:11:59	06:09:21	11:24:34	18:13:37	20:26:07.90	20:26:15.65	11:08	5.4
202	POPŁAWSKA KATARZYNA	37	CZARNE OWCE HIPOLITÓW	HIPOLITÓW	POL	MASTERS K - 40	13	K 25	02:13:20	06:37:00	12:59:03	18:30:31	20:29:33.80	20:29:39.50	11:10	5.4
203	MAJDA MACIEJ	36	VISEGRAD MARATON RYTRO	NOWY SĄCZ	POL	SENIOR II M - 30	76	M 178	02:05:04	05:57:42	11:31:51	17:31:07	20:41:27.05	20:41:42.50	11:17	5.3
204	STANIA PAWEŁ	108	PARKRUN OPOLE	OPOLE	POL	SENIOR II M - 30	77	M 179	02:10:22	06:11:53	12:49:53	19:00:10	20:41:15.95	20:41:45.45	11:17	5.3
205	MURAWICZ ADAM	206		POZNAŃ	POL	SENIOR II M - 30	78	M 180	02:12:16	06:10:52	12:15:33	18:31:08	20:42:09.55	20:42:30.95	11:17	5.3
206	KOSZAREK ANDRZEJ	224	ZABIEGANE ŚREPOLE	POZNAŃ	POL	MASTERS M - 40	72	M 181	02:19:24	06:34:19	12:52:25	18:48:44	20:52:27.25	20:52:53.30	11:23	5.3
207	KACZYŃSKI ARTUR	319		WARSZAWA		MASTERS M - 40	73	M 182	02:11:12	06:16:06	12:32:48	18:52:14	20:55:52.30	20:56:09.85	11:25	5.3
208	WAŁĘKA JAROSŁAW	300	ORANGE POLSKA	SZCZECIN	POL	MASTERS M - 40	74	M 183	02:11:43	06:11:57	11:47:22	18:08:11	20:56:42.50	20:57:07.30	11:25	5.3
209	WYSOKIŃSKI JERZY	185	ORANGE POLSKA	BIAŁA PODLASKA	POL	WETERAN I M - 50	17	M 184	02:11:37	06:11:52	11:47:30	18:22:33	20:56:39.55	20:57:07.60	11:25	5.3
210	KUTYŁA STANISŁAW	182	ORANGE POLSKA	NIEPOŁOMICE	POL	MASTERS M - 40	75	M 185	02:11:35	06:11:50	11:47:47	18:07:08	20:56:39.75	20:57:08.50	11:25	5.3
211	JANIK TOMASZ	297	ORANGE POLSKA	HRUBIESZÓW	POL	MASTERS M - 40	76	M 186	02:11:42	06:11:55	11:47:24	18:22:36	20:56:44.15	20:57:09.30	11:25	5.3
212	ZGAGACZ PAWEŁ	236		WROCŁAW	POL	MASTERS M - 40	77	M 187	02:19:18	06:33:42	12:41:32	18:57:16	20:58:38.40	20:58:46.45	11:26	5.2
213	PATURA ANNA	82	ŁÓDŹ RUNNING TEAM	ŁÓDŹ	POL	MASTERS K - 40	14	K 26	02:13:02	06:37:35	13:27:06	19:08:36	20:59:23.30	20:59:25.75	11:26	5.2
214	SZYSZKA JAKUB	50	VEGE RUNNERS	ZIELONA GÓRA	POL	SENIOR II M - 30	79	M 188	02:03:11	05:39:10	11:32:34	18:14:35	21:03:26.75	21:03:47.55	11:29	5.2
215	KOTLAREK DAWID	59	VEGE RUNNERS	ZIELONA GÓRA	POL	MASTERS M - 40	78	M 189	02:00:31	05:43:45	11:32:45	18:14:26	21:03:32.45	21:03:47.80	11:29	5.2
216	KRUZEL RAFAŁ	320	BIEGOWE MISIE	LEGNICA		MASTERS M - 40	79	M 190	02:21:16	06:37:15	13:03:07	19:05:28	21:08:27.20	21:08:47.25	11:31	5.2
217	JANKOWSKI SZYMON	219		LEGIONOWO	POL	MASTERS M - 40	80	M 191	02:15:10	06:59:34		19:05:49	21:10:45.05	21:11:04.80	11:33	5.2
218	KRUK GRZEGORZ	73	ALIOR RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30	80	M 192	02:10:22	06:11:41	12:50:09	19:00:34	21:13:18.05	21:13:35.05	11:34	5.2
219	MAZUR ROBERT	35	SMASHING PĄPKINS	WARSZAWA	POL	MASTERS M - 40	81	M 193	02:11:07	06:30:33	13:18:53	19:06:33	21:15:22.55	21:15:29.70	11:35	5.2
220	KRAWCZYŃSKA ANNA	292	POMIOTY SZATANA	POZNAŃ	POL	SENIOR II K - 30	11	K 27	02:15:55	06:35:46	12:46:30	18:59:35	21:18:03.40	21:18:15.20	11:37	5.2
221	GAJEWSKI TOMASZ	293	POMIOTY SZATANA	POZNAŃ	POL	SENIOR II M - 30	81	M 194	02:15:53	06:35:46	12:46:32	19:00:06	21:18:03.80	21:18:16.45	11:37	5.2
222	KUGLARZ SZYMON	102	MOTOINTEGRATOR RUNNING TEAM	WODZISŁAW ŚL.	POL	MASTERS M - 40	82	M 195	02:10:53	06:02:01	12:05:41	18:48:04	21:17:52.15	21:18:16.75	11:37	5.2
223	CIEPŁY TOMASZ	56	GIRO DI ZAWADA	PIŁA	POL	MASTERS M - 40	83	M 196	02:05:22	05:53:25	12:18:53	18:56:47	21:18:59.20	21:19:09.00	11:37	5.2
224	STEFANIAK MARCIN	33		DĄBRÓWKA	POL	SENIOR II M - 30	82	M 197	02:00:24	05:41:17	11:58:44	18:37:53	21:31:12.80	21:31:31.35	11:44	5.1
225	GRZESIAK RAFAŁ	72		GŁOGÓW	POL	MASTERS M - 40	84	M 198	02:10:15	06:21:17	12:57:43	19:04:58	21:48:43.55	21:48:47.00	11:53	5
226	LUDWICZAK JACEK	304		WARSZAWA	POL	MASTERS M - 40	85	M 199	02:10:35	06:09:26	12:30:02	19:05:07	21:49:37.05	21:49:45.90	11:54	5
227	SKOKOWSKI TOMASZ SKOKOWSKI	15	SUTTON RUNNERS	SUTTON	GBR	SENIOR II M - 30	83	M 200	02:11:33	06:14:47	12:44:04	19:23:13	21:54:13.85	21:54:30.25	11:56	5
228	MIZERA JOANNA	24	SUTTON RUNNERS	SUTTON	GBR	SENIOR II K - 30	12	K 28	02:11:35	06:14:48	12:44:07	19:23:14	21:54:15.15	21:54:30.35	11:56	5
229	SŁUPECKI ANDRZEJ	234		MALANOWO STARE	POL	SENIOR I M - 20	14	M 201	02:11:12	06:20:11	12:28:44	19:04:44	21:58:45.85	21:59:05.90	11:59	5
230	SAKOWSKA ANETA	68	MARATONKA GRAJEWO	DROZDOWO	POL	MASTERS K - 40	15	K 29	02:11:56	06:33:33	13:39:12	20:04:19	22:13:31.25	22:13:49.10	12:07	4.9
231	MOSTOWSKA JOANNA	225	ZIMOWYHORYZONT.PL	WARSAW	POL	SENIOR II K - 30	13	K 30	02:11:55	06:35:20	13:39:07	20:04:18	22:13:31.35	22:13:49.40	12:07	4.9
232	WILMOWSKI MAREK	39	UKS BUSHI	ŁÓDŹ	POL	WETERAN I M - 50	18	M 202	02:17:27	06:56:10	13:38:29	19:56:24	22:16:31.10	22:16:56.80	12:09	4.9
233	GAŁKA MARCIN	42		BRZESKO	POL	SENIOR II M - 30	84	M 203	02:28:32	07:01:50	13:26:59	20:07:42	22:20:47.50	22:21:13.00	12:11	4.9
234	PACANOWSKI ROBERT	172	WEŁNICA BIEGA	WEŁNICA	POL	WETERAN I M - 50	19	M 204	02:16:03	06:45:19	13:49:19	19:57:16	22:25:08.10	22:25:24.80	12:13	4.9
235	FUNKA ANDRZEJ	34	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	WETERAN I M - 50	20	M 205	02:20:21	07:04:05	13:49:29	19:57:57	22:25:28.45	22:25:46.50	12:13	4.9
236	SKOLIMOWSKA KATARZYNA	268		ŻABOKLIKI	POL	MASTERS K - 40	16	K 31	02:15:09	06:14:15	13:14:16	20:08:03	22:25:44.10	22:25:46.85	12:14	4.9
237	GMAJ DANIEL	181		GRÓJEC	POL	SENIOR II M - 30	85	M 206	02:11:59	06:21:06		19:26:30	22:26:17.50	22:26:35.25	12:14	4.9
238	BUĆKO ARTUR	45	TATAALI	JELENIA GÓRA	POL	WETERAN I M - 50	21	M 207	02:45:01	07:49:47	14:16:13	20:33:55	22:43:34.00	22:43:57.25	12:23	4.8
239	IŁOWSKI WIKTOR	287	SPARTA ZIĘBICE	ZIĘBICE	POL	MASTERS M - 40	86	M 208	02:11:52	06:11:44	12:11:24	19:31:06	22:51:32.15	22:51:44.15	12:28	4.8
240	PISULA PAULINA	175	KLUCZBORSKA GRUPA BIEGOWA	KLUCZBORK	POL	SENIOR I K - 20	2	K 32	02:12:56	06:20:11	13:18:20	20:41:22	23:13:27.50	23:13:49.05	12:40	4.7
241	ZAWADA MACIEJ	180	KGB	KLUCZBORK	POL	MASTERS M - 40	87	M 209	02:12:52	06:20:51	13:18:29	20:44:14	23:13:28.40	23:13:51.40	12:40	4.7
242	SZYMAŁA MATEUSZ	165	KLUCZBORSKA GRUPA BIEGOWA	KLUCZBORK	POL	SENIOR II M - 30	86	M 210	02:12:56	06:20:53	13:18:23	20:43:53	23:13:31.35	23:13:53.35	12:40	4.7
243	CHUDZIK RADOSŁAW	110		ŁÓDŹ	POL	MASTERS M - 40	88	M 211	02:12:15	06:26:47	12:58:03	20:14:10	23:18:00.45	23:18:15.20	12:42	4.7
244	JASTRZEMBSKI EDMUND	213	BYDGOSZCZ FAN MARATON	BYDGOSZCZ	POL	MASTERS M - 40	89	M 212	02:24:16	07:27:46	14:06:30	20:49:05	23:19:41.55	23:20:07.30	12:43	4.7
245	ŚWIERCZYNSKI TOMASZ	266	ZRYW	RADZIEJOW	POL	MASTERS M - 40	90	M 213	02:34:03	07:55:15	14:53:55	20:45:25	23:19:57.00	23:20:19.10	12:43	4.7
246	FRUCZ JACEK	132		SOSNOWIEC	POL	WETERAN I M - 50	22	M 214	02:15:48	07:13:17	14:32:50	20:57:15	23:20:26.90	23:20:47.40	12:43	4.7
247	PODLASIŃSKA PAULINA	21		KOBYŁKA	POL	SENIOR II K - 30	14	K 33	02:28:33	07:01:51	13:27:09	20:20:29	23:24:15.50	23:24:41.20	12:45	4.7
248	KRÓL ANETA	273	NAVAL POLSKA	WARSZAWA	POL	SENIOR II K - 30	15	K 34	02:17:04	06:18:07	14:54:00	20:57:48	23:25:45.90	23:25:53.85	12:46	4.7
249	SWĘDZIOŁ MONIKA	184	POLSKA	SOSNOWIEC	POL	SENIOR II K - 30	16	K 35	02:24:04	07:00:25	12:32:48	20:51:05	23:37:53.40	23:38:13.95	12:53	4.7
250	PŁAŻYŃSKI BARTOSZ	200	W POGONI ZA DUCHEM	SOSNOWIEC	POL	SENIOR II M - 30	87	M 215	02:24:04	07:00:27	13:34:27	20:51:05	23:37:53.75	23:38:13.95	12:53	4.7
251	GRUŻLEWSKI RADOSŁAW	245	11DKPANC	ŻAGAŃ	POL	SENIOR I M - 20	15	M 216	02:23:08	07:15:13	14:33:05	21:33:24	23:39:19.75	23:39:46.95	12:54	4.7
252	KUCNER MONIKA	111	ALBERTS TEAM	KĄKOLEWO	POL	MASTERS K - 40	17	K 36	02:11:21	05:51:18	12:57:04	20:31:55	23:41:42.60	23:42:09.25	12:55	4.6

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
253	SZYMAŃSKI JACEK	314	PARKRUN SKIERNIEWICE	SKIERNIEWICE	POL	MASTERS M - 40	91	M 217	02:20:53	07:04:07	14:11:57	21:11:05	23:43:06.20	23:43:28.90	12:56	4.6
254	KOZERA KAMIL	43	HARPAGAN SOSNOWIEC	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	88	M 218	02:13:17		13:28:20	20:26:21	23:43:54.60	23:44:16.60	12:56	4.6
255	WOŹNIAK DAWID	122		POZNAŃ	POL	MASTERS M - 40	92	M 219	02:11:27	06:23:06	13:02:07	20:53:35	23:44:28.40	23:44:55.40	12:56	4.6
256	NĄCKIEWICZ JUSTYNA	92		BRZESKO	POL	MASTERS K - 40	18	K 37	02:42:05	07:54:31	14:50:36	21:28:52	24:01:25.60	24:01:38.45	13:06	4.6
257	LEŚNIK WOJCIECH	191		WROCŁAW	POL	WETERAN I M - 50	23	M 220	02:16:56	07:06:05	14:28:36	21:35:22	24:14:29.85	24:14:46.40	13:13	4.5
258	RUDZKI TOMASZ	25	RAJSPORT ACTIVE	KONSTANTYNÓW ŁÓDZKI	POL	MASTERS M - 40	93	M 221	02:11:30	06:37:35	14:54:19	22:04:15	24:34:31.80	24:34:33.50	13:24	4.5
259	BALUK MAREK	324	BOREK-CHEŁM	CHELM		WETERAN I M - 50	24	M 222	02:26:23	07:27:55	15:09:08	22:14:51	24:46:19.25	24:46:33.65	13:30	4.4
260	POCHYLSKI DOMINIK	265	LUBOŃSKI KLUB BIEGACZA	LUBOŃ	POL	MASTERS M - 40	94	M 223	02:34:10	07:55:17	15:01:39	22:11:05	24:48:42.55	24:49:05.10	13:32	4.4
261	SOBICZEWSKA IZA	301	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	19	K 38	02:18:42	07:14:57	15:07:48	22:21:45	24:53:33.70	24:53:36.20	13:34	4.4
262	KWINTA MACIEJ	177	WKB PIAST	WROCŁAW	POL	MASTERS M - 40	95	M 224	02:19:52	07:14:57	15:07:41	22:19:40	24:53:33.65	24:53:37.80	13:34	4.4
263	OBARSKA MAŁGORZATA	62		STARACHOWICE	POL	WETERAN K - 50	2	K 39	02:50:07	08:15:39	15:29:31	22:27:46	25:08:01.65	25:08:09.60	13:42	4.4
264	OBARSKI NORBERT	63		KIELCE	POL	WETERAN I M - 50	25	M 225	02:50:04	08:15:38	15:29:33	22:27:41	25:08:02.05	25:08:09.90	13:42	4.4
265	JUCHA LIDIA	58		ŁÓDŹ	POL	MASTERS K - 40	20	K 40	02:46:38	07:48:07	15:03:40	22:09:50	25:12:23.90	25:12:32.35	13:44	4.4
266	CZUBIŃSKI MAREK	57		ŁÓDŹ	POL	WETERAN II M - 60	3	M 226	02:46:42	07:48:09	15:03:43	22:09:53	25:12:24.60	25:12:32.55	13:44	4.4
267	PRUSIEWICZ BEATA	137	ANTON TEAM	OSTRÓW WIELKOPOLSKI	POL	MASTERS K - 40	21	K 41	02:13:05	06:47:34	14:07:17	22:02:23	25:19:01.75	25:19:17.50	13:48	4.3
268	NOWICKI ANDRZEJ	211	POMIOTY SZATANA	POZNAŃ	POL	SENIOR I M - 20	16	M 227	02:13:52	07:41:06	15:30:54	22:52:32	25:40:50.30	25:41:05.00	14:00	4.3
269	PODSIADŁY ROBERT	168	CHATA BIEGACZA K34 ZAKOPANE	WROCŁAW	POL	WETERAN I M - 50	26	M 228	02:54:45	08:55:50	16:46:26	23:24:38	25:42:12.30	25:42:43.65	14:01	4.3
	MILCZAREK PAWEŁ	299	DROGA DO UTMB	DOBRZYCA	POL	SENIOR I M - 20			01:53:10 DNF	04:41:17 DNF	08:48:03 DNF	13:59:49 DNF	DNF	DNF	-	-
	ZYDORCZAK MATEUSZ	332		WROCŁAW		SENIOR II M - 30			01:55:18 DNF	05:36:42 DNF	11:01:50 DNF	DNF	DNF	DNF	-	-
	BIADASIEWICZ ANDRZEJ	279	CIDRY LOTAJOM	BYTOM	POL	WETERAN I M - 50			01:57:21 DNF	05:20:43 DNF	11:09:16 DNF	DNF	DNF	DNF	-	-
	ŁUKASIEWICZ MAREK	118	HEAVY WEIGHT RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30			02:10:35 DNF	05:57:45 DNF	11:45:18 DNF	DNF	DNF	DNF	-	-
	SKAZA ADAM	176	JEDNOSTKA WOJSKOWA BRZEG -GRUPA EOD	BRZEG	POL	SENIOR II M - 30			02:06:37 DNF	05:51:19 DNF	11:47:57 DNF	DNF	DNF	DNF	-	-
	DZIERKACZ PAWEŁ	80	BEAGLE RUNNERS TEAM	BYDGOSZCZ	POL	MASTERS M - 40			02:06:10 DNF	06:15:39 DNF	12:13:00 DNF	DNF	DNF	DNF	-	-
	MACHURA SEBASTIAN	164	HAZOKI	CHORZÓW	POL	SENIOR II M - 30			02:10:07 DNF	06:03:48 DNF	12:29:52 DNF	DNF	DNF	DNF	-	-
	PIKUSA MICHAL	75		POZNAN	POL	SENIOR II M - 30			02:33:03 DNF	07:59:51 DNF	15:11:51 DNF	DNF	DNF	DNF	-	-
	CZARNOWSKI PRZEMYSŁAW	255	POTĘŻNY PONAD MIARĘ	TORUŃ	POL	SENIOR I M - 20			02:11:32 DNF	07:15:25 DNF	16:34:30 DNF	DNF	DNF	DNF	-	-
	GNIELKA DAWID	169	ZAMKOWIEC TOSZEK	TOSZEK	POL	SENIOR I M - 20			02:31:18 DNF	08:55:42 DNF	16:43:28 DNF	DNF	DNF	DNF	-	-
	WILK MACIEJ	29	RAMBO 3	BYTOM	POL	SENIOR II M - 30			01:19:38 DNF	03:43:05 DNF	DNF	DNF	DNF	DNF	-	-
	KAMIŃSKI MARIUSZ	269	MARCINSWIERCTEAM	WARSZAWA	POL	MASTERS M - 40			01:39:40 DNF	04:48:37 DNF	DNF	DNF	DNF	DNF	-	-
	JERMAK KAMIL	210		PŁOTY	POL	SENIOR II M - 30			01:41:39 DNF	04:52:12 DNF	DNF	DNF	DNF	DNF	-	-
	PIECUCH MARCIN	32	LACHO TEAM	KRAKÓW	POL	SENIOR II M - 30			01:55:13 DNF	05:01:54 DNF	DNF	DNF	DNF	DNF	-	-
	ANTOSIAK TOMASZ	208	TMTEAM	ZŁOTORYJA	POL	SENIOR II M - 30			01:48:51 DNF	05:14:34 DNF	DNF	DNF	DNF	DNF	-	-
	CZAPIEWSKI DAREK	302	PRZENOSIMY GÓRY	BIERUŃ	POL	SENIOR II M - 30			01:49:02 DNF	05:16:38 DNF	DNF	DNF	DNF	DNF	-	-
	ROJEK PAWEŁ	144	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30			02:13:06 DNF	05:59:59 DNF	DNF	DNF	DNF	DNF	-	-
	WRZESIŃSKI WOJCIECH	116	FORDONRUNNERS	BYDGOSZCZ	POL	MASTERS M - 40			02:10:51 DNF	06:12:14 DNF	DNF	DNF	DNF	DNF	-	-
	SOBOCZYŃSKI ADAM	239		GDYNIA	POL	SENIOR II M - 30			02:13:31 DNF	07:00:01 DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
	BUKOWSKI MARCIN	115	SPARTANIE DZIECIOM	ŻELECHÓW	POL	SENIOR II M - 30			02:11:53 DNF	07:31:27 DNF	DNF	DNF	DNF	DNF	-	-
	HOROWSKI TOMASZ	171	RUNHOGS TYCHY	TYCHY	POL	MASTERS M - 40			02:41:14 DNF	08:14:43 DNF	DNF	DNF	DNF	DNF	-	-
	WALCZYŃSKA KAROLINA	170	RUNHOGS TYCHY	BIELSKO-BIALA	POL	SENIOR II K - 30			02:41:13 DNF	08:14:48 DNF	DNF	DNF	DNF	DNF	-	-
	KURIATA MARCIN	121		WŁADYSŁAWOWO	POL	MASTERS M - 40			02:29:27 DNF	10:25:52 DNF	DNF	DNF	DNF	DNF	-	-
	GAJOS DANIEL	53	MUAY RUNNING TEAM/BIEGAORTOPEDA.PL	KRAKÓW	POL	MASTERS M - 40			01:46:45 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LUTOWSKI WOJCIECH	202	TKKF KOLEJARZ BYDGOSZCZ	BYDGOSZCZ	POL	SENIOR II M - 30			01:47:53 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KRZEMIŃSKI JACEK	242	POLDEK TEAM	OPOLE	POL	SENIOR II M - 30			02:12:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	FIJAŁKOWSKI WOJCIECH	109	MONAR	WROCŁAW	POL	WETERAN I M - 50			02:13:08 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GOEBEL ADAM	244	----------	KRAKÓW	POL	WETERAN I M - 50			DNF	DNF	DNF	DNF	DNF	DNF	-	-
0	DZIĄDZIAK ŁUKASZ	246	MONK SANDALS	OŁAWA	POL	SENIOR II M - 30	1	M 1	01:25:05	03:35:24	06:52:41	10:01:55	11:15:08.70	11:15:08.70	6:08	9.8
1	UZNAŃSKI PIOTR	264	EUROCLEAR RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30	2	M 2	01:23:37	03:46:09	07:39:30	10:44:27	11:55:11.65	11:55:12.60	6:30	9.2
2	JEDWABNY PIOTR	126		WROCŁAW	POL	SENIOR II M - 30	3	M 3	01:25:06	03:43:15	07:30:56	11:01:16	12:17:39.65	12:17:41.85	6:42	8.9
3	WYRODEK JAKUB	227	TURBOPTYSIE	NOWA RUDA	POL	SENIOR II M - 30	4	M 4	01:39:40	04:11:59	07:50:30	11:11:05	12:29:45.30	12:30:14.05	6:48	8.8
4	SZAROWAR BARTOSZ	147		NOWA SÓL	POL	MASTERS M - 40	1	M 5	01:27:28	04:02:45	07:51:04	11:19:16	12:43:12.00	12:43:15.55	6:56	8.6
5	BANASZEK ADAM	311	BIEGUSIEM.PL	WARSZAWA	POL	SENIOR II M - 30	5	M 6	01:35:03	04:15:49	08:03:32	11:35:16	12:48:37.40	12:48:41.50	6:59	8.6
6	KALINA TOMASZ	305	TRUE RUNNERS	OSLO	POL	SENIOR II M - 30	6	M 7	01:27:16	03:58:56	07:50:45	11:27:21	12:49:06.65	12:49:10.95	6:59	8.6
7	SZCZEPANIAK MARCIN	28	XRUNNERS	KONIN	POL	SENIOR II M - 30	7	M 8	01:31:20	04:09:20	08:04:35	11:33:51	12:50:53.15	12:50:54.95	7:00	8.6
8	DMUCH JAKUB	163	XRUNNERS	TRZEBNICA	POL	SENIOR I M - 20	1	M 9	01:36:19	04:18:07	08:08:28	11:38:54	12:59:00.40	12:59:04.80	7:04	8.5
9	ĆWIK IWONA	310		TYCHY	POL	SENIOR II K - 30	1	K 1	01:32:04	04:15:47	08:02:31	11:40:46	13:01:52.75	13:01:58.15	7:06	8.4
10	WŁOCHAL ROBERT	133		WAŁBRZYCH	POL	SENIOR II M - 30	8	M 10	01:46:17	04:28:03	08:16:18	11:47:17	13:06:56.70	13:07:07.00	7:09	8.4
11	STROINSKI DANIEL	295	RMF4RT OCR	RYBNIK	POL	SENIOR II M - 30	9	M 11	01:33:11	04:15:54	08:41:33	11:58:23	13:10:42.85	13:10:45.10	7:11	8.3
12	WASZEK SŁAWOMIR	48	KARKONOSZ RUNNING TEAM	WROCŁAW	POL	SENIOR II M - 30	10	M 12	01:36:18	04:20:23	08:17:39	11:58:53	13:20:24.35	13:20:31.20	7:16	8.2
13	ŚWIERAD DARIUSZ	281	ASICS FRONTRUNNER POLAND / CAMELBAK POLSKA	KRAKÓW	POL	SENIOR II M - 30	11	M 13	01:39:05	04:23:29	08:28:30	12:04:13	13:39:01.60	13:39:05.95	7:26	8.1
14	BAZYL ADAM	8	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	12	M 14	01:43:19	04:35:31	08:34:06	12:16:15	13:40:19.50	13:40:34.55	7:27	8
15	AUGUSTYŃSKI SYLWESTER	77	LACHO TEAM	KRAKÓW	POL	SENIOR II M - 30	13	M 15	01:31:57	04:08:53	08:16:22	12:09:20	13:43:42.35	13:43:45.40	7:29	8
16	KRZESZOWSKI MARCIN	212		STRZEGOM	POL	SENIOR II M - 30	14	M 16	01:45:30	04:31:33	08:37:09	12:21:19	13:45:40.10	13:45:52.05	7:30	8
17	SMOLAREK SEBASTIAN	231		POZNAŃ	POL	SENIOR II M - 30	15	M 17	01:28:25	04:09:10	08:19:04	12:21:01	13:50:27.35	13:50:31.20	7:32	7.9
18	WALESIAK WOJCIECH	40	REMBERTÓW TEAM	WARSZAWA	POL	SENIOR II M - 30	16	M 18	01:42:52	04:29:58	08:32:19	12:37:25	14:00:08.45	14:00:27.70	7:38	7.9
19	TOMALSKI MARCIN	283		KRAKOW	POL	SENIOR II M - 30	17	M 19	01:43:10	04:40:57	08:55:31	12:41:32	14:09:32.65	14:09:38.00	7:43	7.8
20	BORUCKI JAKUB	14	#KASZANIENAMOKA	POZNAŃ	POL	SENIOR II M - 30	18	M 20	01:44:54	04:38:58	08:47:02	12:41:41	14:10:38.45	14:10:49.65	7:43	7.8
21	KUPIŃSKI CEZARY	30		WROCŁAW	POL	WETERAN I M - 50	1	M 21	01:46:35	04:38:52	08:46:34	12:42:06	14:13:38.65	14:13:43.35	7:45	7.7
22	ŁABUZ SYLWESTER	13		DZIERŻONIÓW	POL	SENIOR II M - 30	19	M 22	01:43:18	04:35:49	08:59:49	12:55:21	14:15:46.95	14:15:56.85	7:46	7.7
23	ZBRZEŹNY CEZARY	141	KB JURUNDSZCZYTNO	SZCZYTNO	POL	SENIOR II M - 30	20	M 23	01:45:51	04:33:27	08:51:52	12:50:40	14:18:47.65	14:19:01.60	7:48	7.7
24	MAZUR TOMASZ	113		WOLICA	POL	MASTERS M - 40	2	M 24	01:38:30	04:28:00	08:47:44	12:45:22	14:20:47.00	14:20:51.35	7:49	7.7
25	BIADASZ ANDRZEJ MICHAŁ	107	POLITECHNIKA POZNAŃSKA	POZNAŃ	POL	MASTERS M - 40	3	M 25	01:44:09	04:33:36	08:47:18	12:46:53	14:20:48.75	14:20:52.00	7:49	7.7
26	KLUSEK MATEUSZ	135	SKLEP BIEGACZA RUNNING TEAM KRAKÓW	KRAKÓW	POL	SENIOR I M - 20	2	M 26	01:32:30	04:35:25	09:00:16	12:47:06	14:22:20.00	14:22:22.80	7:50	7.7
27	ZIĘTERSKI ROBERT	194	ROBERT ZIĘTERSKI	KŁODZKO	POL	MASTERS M - 40	4	M 27	01:44:23	04:44:59	08:47:26	12:50:49	14:27:08.65	14:27:13.60	7:52	7.6
28	WOJCIECHOWSKI PRZEMYSLAW	74	CHAMPIONMAN TEAM	CZEMPIŃ	POL	SENIOR II M - 30	21	M 28	01:46:19	04:36:13	08:48:35	12:52:29	14:29:28.70	14:29:34.20	7:54	7.6
29	KRÓL MACIEJ	81		POZNAŃ	POL	MASTERS M - 40	5	M 29	01:46:23	04:44:59	08:48:38	12:52:29	14:29:29.45	14:29:34.80	7:54	7.6
30	KSIĘŻNIK DOROTA	235		SKARBIMIERZ-OSIEDLE	POL	WETERAN K - 50	1	K 2	01:49:01	04:45:17	09:06:38	13:06:51	14:30:35.35	14:30:45.15	7:54	7.6
31	ŻUREK-KRÓL ŻANETA	11	CITYZEN RUNNING TEAM	POZNAŃ	POL	SENIOR II K - 30	2	K 3	01:49:46	04:56:10	09:21:41	13:10:13	14:34:14.50	14:34:17.85	7:56	7.5
32	NOWAK PAWEŁ	325	SUPERMARATON KALISZ	KALISZ		WETERAN I M - 50	2	M 30	01:43:09	04:46:16	09:15:38	13:07:00	14:35:08.85	14:35:09.85	7:57	7.5
33	WERNER KAMIL	52	ULTRA PASTERZE	WARSZAWA	POL	SENIOR II M - 30	22	M 31	01:30:56	04:24:23	09:03:55	13:04:02	14:35:09.30	14:35:11.75	7:57	7.5
34	TRZCIELIŃSKI ROMAN	106	PSY WARSZAWA	WARSZAWA	POL	WETERAN II M - 60	1	M 32	01:46:19	04:45:19	09:12:05	13:10:08	14:36:07.45	14:36:15.20	7:57	7.5

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
35	WIERZBICKI HUBERT	105	CROSSFIT DOGFIELD	PASIKUROWICE	POL	SENIOR I M - 20	3	M 33	01:43:05	04:36:57	09:06:59	13:08:40	14:36:06.90	14:36:15.25	7:57	7.5
36	GARNEK PIOTR	60	VEGE RUNNERS	WROCŁAW	POL	SENIOR II M - 30	23	M 34	02:00:11	05:16:45	09:33:21	13:13:55	14:42:32.45	14:42:40.85	8:01	7.5
37	BIERNACKA EDYTA	119		GOSTYŃ	POL	SENIOR II K - 30	3	K 4	01:49:12	05:00:41	09:20:18	13:16:06	14:47:22.45	14:47:34.40	8:04	7.4
38	WITEK ŁUKASZ	257	BIEG PO ZDRÓJ	JAWORZE	POL	MASTERS M - 40	6	M 35	01:48:22	05:00:41	09:23:25	13:16:15	14:47:27.90	14:47:34.45	8:04	7.4
39	BUCHLA MARCIN	183	GT RAT	WROCŁAW	POL	MASTERS M - 40	7	M 36	01:51:17	04:45:26	09:09:16	13:13:29	14:48:09.90	14:48:12.65	8:04	7.4
40	RZYWUCKI WOITEK	274	RUNNERSCLUB.PL	PILA	POL	MASTERS M - 40	8	M 37	01:57:10	05:07:13	09:33:28	13:36:48	15:04:16.15	15:04:24.70	8:13	7.3
41	PACZUSKI MICHAL	260	FOREVER YOUNG LODZ	LODZ	POL	SENIOR II M - 30	24	M 38	01:44:48	04:35:46	08:58:03	13:16:06	15:05:33.75	15:05:48.85	8:13	7.3
42	DABKOWSKI KAMIL	139		WARSAW	POL	MASTERS M - 40	9	M 39	01:46:19	04:45:37	09:21:42	13:30:48	15:08:12.15	15:08:24.45	8:15	7.3
43	ZAWORSKI TOMASZ	262		WROCŁAW	POL	SENIOR II M - 30	25	M 40	01:45:51	04:52:45	09:22:55	13:34:23	15:14:49.55	15:14:54.60	8:18	7.2
44	HOLC MICHAŁ	282	UZDROWISKOWY TEAM	WARSZAWA	POL	SENIOR II M - 30	26	M 41	01:41:31	04:44:46	09:21:51	13:42:54	15:16:46.15	15:16:55.65	8:20	7.2
45	MARUKIEWICZ MAREK	271	BIEGAMDLAZDROWIA.PL	JELENIA GÓRA	POL	SENIOR II M - 30	27	M 42			09:00:08	13:20:13	15:20:00.35	15:20:00.35	8:21	7.2
46	KAŃDUŁA GRZEGORZ	83	NEST.POZNAN.PL	POZNAŃ	POL	SENIOR II M - 30	28	M 43	01:49:24	04:49:48	09:21:02	13:37:38	15:20:23.30	15:20:41.40	8:22	7.2
47	LICHOTA TOMASZ	289	DEKORIA	ŚWIDNICA	POL	SENIOR I M - 20	4	M 44	01:38:12	04:42:08	09:26:15	13:51:29	15:20:43.25	15:20:47.70	8:22	7.2
48	IŁOWIECKI DOMINIK	131	NBR TEAM	POZNAŃ	POL	SENIOR II M - 30	29	M 45	01:42:31	04:38:38	09:19:18	13:42:31	15:21:01.90	15:21:12.45	8:22	7.2
49	WASILEWSKI MARCIN	152		ZIELONA GÓRA	POL	SENIOR II M - 30	30	M 46	01:38:08	04:35:38	09:27:43	13:52:51	15:25:13.95	15:25:23.30	8:24	7.1
50	WALENDA ARKADIUSZ	298	VEGE ULTRA RUNNERS	LESZNOWOLA	POL	MASTERS M - 40	10	M 47	01:44:13	04:59:55	09:41:41	13:56:11	15:25:18.65	15:25:23.30	8:24	7.1
51	WOSZCZAK ZBIGNIEW	178	1964	STRZELIN	POL	WETERAN I M - 50	3	M 48	01:53:06	05:15:54	09:41:36	13:56:09	15:25:17.05	15:25:23.55	8:24	7.1
52	TITZ KOZA JULITA	120		LODZ	POL	SENIOR II K - 30	4	K 5	01:49:15	05:06:15	09:37:56	13:51:36	15:25:41.50	15:25:47.60	8:24	7.1
53	RAJNER KRZYSZTOF	12	ULTRA KOSZALIN	KOSZALIN	POL	SENIOR II M - 30	31	M 49	01:49:07	04:54:08	09:31:44	13:51:11	15:27:00.65	15:27:16.70	8:25	7.1
54	WODZIEŃ ANDRZEJ	329		RZESZÓW		MASTERS M - 40	11	M 50	01:49:06	04:56:06	09:33:34	13:54:51	15:29:26.95	15:29:33.80	8:26	7.1
55	SZYL MAREK	85	RUNNERS TEAM QUIBL	WARSZAWA	POL	MASTERS M - 40	12	M 51	01:51:50	05:18:53	09:49:27	14:06:12	15:37:23.25	15:37:41.40	8:31	7
56	RAJTAR ZBIGNIEW	104	RONTIL-COMPASS	KRAKOW	POL	WETERAN I M - 50	4	M 52	01:46:52	04:49:50	09:28:52	13:59:03	15:38:20.40	15:38:24.75	8:31	7
57	KRYM KATARZYNA	223	NIGHT RUNNERS WROCŁAW	SMOLEC	POL	MASTERS K - 40	1	K 6	01:47:19	04:44:27	09:20:37	13:59:01	15:43:04.80	15:43:08.75	8:34	7
58	MEISSNER PAWEŁ	222	TIGERS TEAM	ŁÓDŹ	POL	SENIOR II M - 30	32	M 53	01:46:18	04:44:28	09:20:52	13:59:03	15:43:06.00	15:43:08.85	8:34	7
59	WALCZAK PATRYK	22	XRUNNERS	KONIN	POL	SENIOR I M - 20	5	M 54	01:36:23	04:31:27	09:14:18	14:06:30	15:45:35.70	15:45:37.60	8:35	7
60	KRZESIŃSKI DARIUSZ	286	ORANGE POLSKA S.A	WROCŁAW	POL	MASTERS M - 40	13	M 55	01:46:43	05:00:38	09:33:26	14:01:26	15:46:56.60	15:47:03.15	8:36	7
61	WITCZAK PRZEMYSŁAW	205	DREAMTIME TRAILS	WARSZAWA	POL	MASTERS M - 40	14	M 56	01:59:27	05:18:47	10:00:14	14:15:15	15:50:10.60	15:50:21.80	8:38	6.9
62	WŁOSKOWICZ MARCIN	130		WĄCHOCK	POL	MASTERS M - 40	15	M 57	02:07:43	05:32:33	10:06:41	14:26:14	15:53:53.80	15:54:12.75	8:40	6.9
63	JĘDRYCHOWSKI BARTŁOMIEJ	306		KUDOWA-ZDRÓJ	POL	SENIOR II M - 30	33	M 58	01:49:00	05:09:50	09:52:48	14:21:16	15:55:28.85	15:55:49.65	8:41	6.9
64	KALEMBKIEWICZ PIOTR	229	MIROTRANS	WROCŁAW	POL	MASTERS M - 40	16	M 59	01:52:03	05:00:55	10:10:46	14:29:20	16:00:21.20	16:00:45.05	8:43	6.9
65	WESOŁEK MAREK	220	PRO-RUN WROCŁAW	WROCŁAW	POL	SENIOR II M - 30	34	M 60	01:57:45	05:00:30	09:38:30	14:06:59	16:02:54.80	16:03:05.40	8:45	6.9
66	KLARECKI ADRIAN	100	WIRAN TEAM/ ASTMA TEAM	REDA	POL	MASTERS M - 40	17	M 61	01:39:34	04:41:17	09:25:54	14:11:42	16:05:09.10	16:05:11.85	8:46	6.8
67	KRÓL MACIEJ	98	WIRAN TEAM	REDA	POL	MASTERS M - 40	18	M 62	01:39:35	04:41:19	09:25:49	14:11:09	16:05:08.60	16:05:11.95	8:46	6.8
68	OLAWIŃSKI KAROL	276	TMTEAM	KOBIERZYCE	POL	SENIOR II M - 30	35	M 63	01:49:31	05:02:29	10:17:40	14:31:20	16:05:28.65	16:05:42.00	8:46	6.8
69	FROŁOW JAKUB	201		WARSZAWA	POL	MASTERS M - 40	19	M 64	01:49:34	04:56:03	09:32:44	14:13:47	16:07:47.65	16:08:00.50	8:47	6.8
70	KOZERAŃSKI PRZEMYSŁAW	248	WILD DOGS TEAM	WOJKOWICE	POL	SENIOR II M - 30	36	M 65	01:47:44	05:06:13	09:53:45	14:21:16	16:08:34.00	16:08:45.20	8:48	6.8
71	MALINOWSKI JERZY	158		ZIĘBICE	POL	WETERAN I M - 50	5	M 66	01:46:21	04:45:17	09:26:24	14:29:49	16:15:00.75	16:15:11.30	8:51	6.8
72	KOWAL WIESŁAW	216	SPARTA ZIĘBICE	ZIĘBICE	POL	MASTERS M - 40	20	M 67	01:46:19	04:45:27	09:26:31	14:30:15	16:18:14.75	16:18:25.35	8:53	6.7
73	SIKORSKI JACEK	95	GIRO DI ZAWADA	PIŁA	POL	MASTERS M - 40	21	M 68	01:52:02	05:06:14	09:47:29	14:26:42	16:20:47.45	16:20:57.40	8:54	6.7
74	CZAPIEWSKI JANUSZ	247	OJCIEC I SYN &CRIK FCA POLAND TYCHY	BIERUŃ	POL	WETERAN I M - 50	6	M 69	01:46:58	05:16:10	10:25:48	14:47:06	16:24:00.65	16:24:06.30	8:56	6.7
75	GRUNTOWSKI MATEUSZ	259	NIEMO ADVENTURE	NIEMODLIN	POL	SENIOR II M - 30	37	M 70	01:54:23	05:21:44	10:17:26	14:53:38	16:30:15.30	16:30:36.30	9:00	6.7
76	BALWIERCZAK PIOTR	187	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	SENIOR I M - 20	6	M 71	01:34:45	04:23:02	08:55:07	14:38:46	16:33:57.25	16:34:00.90	9:02	6.6
77	FEODORÓW WOJCIECH	285	SKURCZYBYKI	ZABRZE	POL	MASTERS M - 40	22	M 72	01:58:06	05:22:30	10:21:05	15:06:39	16:42:07.15	16:42:12.10	9:06	6.6
78	SANKOWSKI PAWEŁ	312	PLACKI TEAM	WROCŁAW	POL	SENIOR II M - 30	38	M 73	02:04:53	05:35:09	10:21:00	14:55:04	16:39:09.95	16:44:20.20	9:05	6.6
79	ZYDROŃ TYMOTEUSZ	157	VISEGRAD MARATON RYTRO	KRAKÓW	POL	MASTERS M - 40	23	M 74	02:00:51	05:34:43	10:30:52	15:03:26	16:45:04.25	16:45:18.70	9:08	6.6
80	KURCZYK TOMASZ	214		KOŚMIDRY	POL	MASTERS M - 40	24	M 75	01:48:21	05:08:37	10:10:46	15:09:08	16:47:00.95	16:47:05.65	9:09	6.6
81	GAJLUSZ DAWID	278	BIEGIEM PO MARZENIA TEAM	OLEŚNICA	POL	SENIOR II M - 30	39	M 76	01:32:31	04:38:53	09:48:46	14:44:46	16:50:16.40	16:50:18.10	9:11	6.5
82	PAWŁOWSKI JACEK	156	KS TĘCZA GDYNIA	GDYNIA	POL	MASTERS M - 40	25	M 77	01:44:02	04:56:13	10:11:03	15:23:24	16:51:44.25	16:51:54.20	9:11	6.5
83	DOMOSTOWICZ MICHAŁ	318		SKIERNIEWICE		SENIOR II M - 30	40	M 78	01:57:12	05:24:43	10:27:52	15:14:13	16:52:57.60	16:53:13.05	9:12	6.5
84	GRYSKA PIOTR	322		KOBIELA		MASTERS M - 40	26	M 79	02:06:33	05:30:26	10:29:15	15:11:25	16:52:43.90	16:53:13.25	9:12	6.5
85	GĄSIOR PAWEŁ	112		OŁAWA	POL	SENIOR II M - 30	41	M 80	01:38:05	05:08:07	10:16:53	15:12:05	16:53:51.75	16:54:00.20	9:13	6.5
86	PIOTROWSKI MICHAŁ	154	KLUB BIEGACZA JURUND SZCZYTNO	ŚWIĘTAJNO	POL	SENIOR II M - 30	42	M 81	01:45:51	04:44:28	09:51:40	14:58:36	16:56:58.10	16:57:11.55	9:14	6.5
87	SZCZOTKA KATARZYNA	198		PSZCZYNA	POL	MASTERS K - 40	2	K 7	01:57:09	05:28:05	10:41:34	15:24:52	17:04:32.95	17:04:38.75	9:18	6.4

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
88	BOBIN TOMASZ	94		GORZÓW WLKP.	POL	MASTERS M - 40	27	M 82	01:46:14	05:16:40	10:22:17	15:24:30	17:05:48.90	17:05:53.25	9:19	6.4
89	TRACZYK MAREK	258	MPK WYBIEGANIE	WARSZAWA	POL	WETERAN I M - 50	7	M 83	02:10:48	05:51:37	10:53:40	15:37:24	17:09:20.30	17:09:27.40	9:21	6.4
90	ŻMIJEWSKI TOMASZ	27		WROCŁAW	POL	SENIOR II M - 30	43	M 84	02:01:53	05:34:46	10:30:58	15:21:04	17:11:29.25	17:11:40.25	9:22	6.4
91	POSMAN RAFAŁ	307		WAŁBRZYCH	POL	MASTERS M - 40	28	M 85	02:04:17	05:28:27	10:21:31	15:19:36	17:12:22.70	17:12:28.35	9:23	6.4
92	BARAN JAROSŁAW	189		WROCŁAW	POL	MASTERS M - 40	29	M 86	02:10:39	05:51:53	10:53:34	15:18:45	17:12:58.90	17:13:22.45	9:23	6.4
93	LANGER WALDEMAR	7		LESZNO	POL	WETERAN I M - 50	8	M 87	01:49:31	05:24:58	10:28:20	15:21:23	17:13:54.10	17:13:59.30	9:23	6.4
94	JĘDRYCHA BOŻENA	140		RYBNIK	POL	MASTERS K - 40	3	K 8	02:03:16	05:51:38	10:53:14	15:42:20	17:18:02.45	17:18:16.50	9:26	6.4
95	MEISSNER PAWEŁ	209	KONEFKA TEAM	GDAŃSK	POL	MASTERS M - 40	30	M 88	01:56:23	05:30:02	11:04:14	15:42:47	17:18:17.10	17:18:20.85	9:26	6.4
96	ZUBERT MARCIN	114	PRESS GLASS- BIEGAMY I WSPIERAMY	RUDNIK WIELKI	POL	MASTERS M - 40	31	M 89	02:12:45	05:26:10	10:22:19	15:12:10	17:19:19.15	17:19:39.95	9:26	6.4
97	KUPCZYK JACEK	153	MOL RUNNERS	ROKIETNICA	POL	MASTERS M - 40	32	M 90	01:54:39	05:17:40	10:31:40	15:21:09	17:19:58.10	17:20:03.95	9:27	6.3
98	WESOŁOWSKI KRZYSZTOF	31	PORANNY PATROL	KRAKÓW	POL	SENIOR II M - 30	44	M 91	01:49:10	05:17:49	10:14:27	15:25:48	17:21:43.70	17:21:51.05	9:28	6.3
99	SAWKA TOMASZ	254	SEZONSTARTOWY.PL	NYSA	POL	SENIOR II M - 30	45	M 92	01:48:56	05:02:21	10:11:17		17:23:14.00	17:23:14.00	9:29	6.3
100	WAWRESZUK WIKTOR	91	BIAŁA BIAŁYSTOK	BIAŁYSTOK	POL	WETERAN I M - 50	9	M 93	01:49:07	05:15:55	10:13:08	15:32:20	17:23:32.40	17:23:41.75	9:29	6.3
101	ZAJĄC MARCIN	207		JÓZEFOSŁAW	POL	SENIOR II M - 30	46	M 94	01:46:55	04:58:20	10:10:56	15:19:04	17:24:19.75	17:24:23.60	9:29	6.3
102	ZOWAL RYSZARD	26	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	MASTERS M - 40	33	M 95	02:00:25	05:24:49	10:40:23	15:34:18	17:24:58.50	17:24:58.50	9:29	6.3
103	ZAPORA MAREK	129	W POGONI ZA DUCHEM	SARNÓW	POL	SENIOR II M - 30	47	M 96	02:00:07	05:24:31	10:42:29	15:34:01	17:24:39.30	17:24:58.70	9:29	6.3
104	GŁĘBOWSKI TOMASZ	124		CZERWONAK	POL	MASTERS M - 40	34	M 97	01:51:36	05:04:47	10:14:19	15:30:33	17:25:49.60	17:25:58.45	9:30	6.3
105	POLAŃSKI BARTOSZ	67		WROCŁAW	POL	SENIOR II M - 30	48	M 98	02:00:11	05:21:31	10:34:40	15:33:29	17:27:41.60	17:27:50.80	9:31	6.3
106	SUSKI JÓZEF	16	AGB TORFY	ŁÓDŹ	POL	MASTERS M - 40	35	M 99	02:10:31	05:54:01	10:54:52	15:49:41	17:34:10.80	17:34:12.60	9:35	6.3
107	KAŃDUŁA KLAUDIA	70	NEST TEAM	POZNAŃ	POL	SENIOR II K - 30	5	K 9	01:56:21	05:17:30	10:28:59	15:33:26	17:35:08.90	17:35:27.75	9:35	6.3
108	WOŹNA MAGDALENA	240		ZIELONA GÓRA	POL	MASTERS K - 40	4	K 10	02:11:31	05:53:07	11:11:15	15:46:40	17:36:54.45	17:37:16.90	9:36	6.2
109	TĘSIOROWSKI MARIUSZ	96		SYCÓW	POL	SENIOR II M - 30	49	M 100	01:56:01	05:06:36	10:22:34	15:42:03	17:40:51.75	17:41:14.40	9:38	6.2
110	MATEŃCZUK PAWEŁ	272	NAVAL POLSKA	WARSZAWA	POL	MASTERS M - 40	36	M 101	02:16:56	06:18:05	10:56:03	16:03:20	17:41:25.25	17:41:33.50	9:38	6.2
111	PONDYTKO PIOTR	317		KŁODZKO		MASTERS M - 40	37	M 102	02:09:32	05:41:07	10:45:22	15:45:55	17:41:22.80	17:41:51.05	9:38	6.2
112	SZYMAŁA MARCIN	167		KLUCZBORK	POL	MASTERS M - 40	38	M 103	02:12:50	06:19:46	11:14:01	15:54:24	17:41:49.85	17:42:12.05	9:39	6.2
113	BOTTCHER ANDRZEJ	174	SKB GRANIT	STRZELIN	POL	MASTERS M - 40	39	M 104	01:53:08	05:16:17	10:31:14	15:47:43	17:43:45.20	17:43:52.55	9:40	6.2
114	CHACIŃSKI MIKOŁAJ	253	PROAUTOMATION	WARSZAWA	POL	SENIOR II M - 30	50	M 105	01:51:25	05:16:23	10:31:20	15:47:42	17:43:48.70	17:43:56.55	9:40	6.2
115	CYGAN TOMASZ	89	SPARTANIE DZIECIOM	WARSZAWA	POL	SENIOR II M - 30	51	M 106	01:47:23	05:12:29	10:12:50	15:57:20	17:45:34.10	17:45:37.45	9:41	6.2
116	RODAK ZBIGNIEW	204		STRZEGOM	POL	SENIOR II M - 30	52	M 107	01:58:03	05:34:24	10:41:18	15:52:58	17:49:53.10	17:50:06.00	9:43	6.2
117	KŁOSOWSKI PIOTR	151		STRZEGOM	POL	MASTERS M - 40	40	M 108	01:58:14	05:34:36	10:41:32	15:55:26	17:50:06.20	17:50:06.20	9:43	6.2
118	KOŁODZIEJ MARIUSZ	19	TMTEAM	LEGNICA	POL	MASTERS M - 40	41	M 109	01:59:45	05:46:43	10:55:06	15:53:47	17:52:28.35	17:52:29.55	9:44	6.2
119	RUMPEL KRZYSZTOF	6	KS M.E.T.A.	CZYŻOWICE	POL	SENIOR II M - 30	53	M 110	01:57:08	05:41:54	10:57:21	15:52:21	17:52:16.65	17:52:40.95	9:44	6.2
120	ZAWISZ MARIUSZ	69	YNO ULTRA	GASZOWICE	POL	SENIOR II M - 30	54	M 111	01:57:11	05:41:53	10:57:28	15:52:42	17:52:17.80	17:52:41.05	9:44	6.2
121	PILŚNIAK PIOTR	127	FORMA WODZISLAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	MASTERS M - 40	42	M 112	01:57:11	05:41:54	10:57:16	15:53:45	17:52:16.85	17:52:41.50	9:44	6.2
122	NOWAK KRZYSZTOF	267		DĄBROWA GÓRNICZA	POL	MASTERS M - 40	43	M 113		05:32:41	10:58:36	15:53:09	17:53:20.10	17:53:41.55	9:45	6.1
123	KOPACKI GRZEGORZ	55	FOLLOWME - ZMIENIAMYFINANSE.PL	WAŁBRZYCH	POL	SENIOR II M - 30	55	M 114	01:57:27	05:25:56	10:55:03	16:07:00	17:54:19.15	17:54:31.80	9:45	6.1
124	FURMAN MARCIN	186		SOSNOWIEC	POL	MASTERS M - 40	44	M 115	01:48:41	05:53:35	11:20:54	16:21:35	17:58:54.95	17:59:01.75	9:48	6.1
125	SPYCHAŁA PAWEŁ	103		PLEWISKA	POL	WETERAN I M - 50	10	M 116	02:11:29	06:00:51	11:31:51	16:21:01	18:00:38.50	18:00:57.55	9:49	6.1
126	ŚWIATOWIEC ANNA	44	IMPERIUM SPORTU TEAM	KRAKÓW	POL	MASTERS K - 40	5	K 11	02:12:25	06:12:06	11:31:53	16:21:49	18:01:07.90	18:01:19.55	9:49	6.1
127	DOBROŚ TOMASZ	99		WIERUSZÓW	POL	MASTERS M - 40	45	M 117	02:13:22	06:06:16	11:24:56	16:14:56	18:04:13.60	18:04:28.00	9:51	6.1
128	PŁYWACZYK MACIEJ	79	TEAM PLESZEW	PLESZEW	POL	WETERAN I M - 50	11	M 118	02:09:37	05:44:26	10:58:44	16:11:02	18:11:16.40	18:11:34.05	9:55	6
129	BEDNAREK JACEK	263	METLIFE RUN	WARSZAWA	POL	MASTERS M - 40	46	M 119	01:48:06	05:07:43	10:42:08	16:06:28	18:12:04.05	18:12:15.10	9:55	6
130	SZUBERT ARIEL	159		ŚREM	POL	SENIOR I M - 20	7	M 120	01:55:28	05:16:36	10:41:58	15:48:54	18:14:18.90	18:14:32.35	9:56	6
131	ŻMUDKA BARTEK	51	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	RYBNIK	POL	MASTERS M - 40	47	M 121	01:58:53	05:28:12	10:42:41	16:14:47	18:16:49.80	18:17:05.00	9:58	6
132	WYSOCKI TOMASZ	41	OCHAJORUN & FRIENDS	RYBNIK	POL	MASTERS M - 40	48	M 122	01:58:54	05:28:00	10:42:36	16:14:45	18:16:50.35	18:17:05.35	9:58	6
133	WINIAREK LESZEK	20	#TEAM_DKMS	WARSZAWA	POL	MASTERS M - 40	49	M 123	02:10:57	05:51:37	10:57:46	16:14:12	18:17:13.45	18:17:22.15	9:58	6
134	KOCJAN PAWEŁ	54	NIGHT RUNNERS	POZNAŃ	POL	SENIOR II M - 30	56	M 124	01:46:10	05:20:34	10:41:24	16:07:42	18:18:59.80	18:19:11.85	9:59	6
135	WŁODARCZYK ŁUKASZ	4	NIGHT RUNNERS	POZNAŃ	POL	SENIOR II M - 30	57	M 125	01:47:09	05:20:10	10:41:11	16:06:21	18:19:00.90	18:19:15.05	9:59	6
136	GIERADA MATEUSZ	1	NIGHT RUNNERS GLIWICE	GLIWICE	POL	SENIOR I M - 20	8	M 126	01:48:28	05:10:30	10:39:52	16:16:44	18:27:32.50	18:27:34.65	10:04	6
137	RÓŻOWICZ ELIZA	47	SPARTANIE DZIECIOM	WARSZAWA	POL	MASTERS K - 40	6	K 12	02:04:50	05:41:34	10:59:13	16:04:33	18:27:25.25	18:27:35.10	10:04	6
138	JĘDRYCHA MICHAŁ	18	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	58	M 127	02:03:20	05:51:40	10:53:26	16:14:09	18:29:02.00	18:29:15.90	10:04	6
139	ZAKRZEWSKI KRZYSZTOF	250	3:33 TEAM	PALĘDZIE	POL	MASTERS M - 40	50	M 128	02:00:32	05:41:17	11:17:08	16:40:07	18:29:11.20	18:29:28.45	10:05	6
140	JURA MARIUSZ	87		ŁÓDŹ	POL	SENIOR II M - 30	59	M 129	02:11:38	05:53:17	11:09:48	16:23:53	18:31:08.25	18:31:21.90	10:06	5.9
141	FARBISZEWSKI MAREK	303	ORANGE POLSKA	WARSZAWA	POL	MASTERS M - 40	51	M 130	02:11:39	05:51:15	10:56:00	16:51:19	18:31:09.80	18:31:36.40	10:06	5.9

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
142	GRZESIAK MATEUSZ	284	KLUB AA	MIANOWICE	POL	SENIOR II M - 30	60	M 131	01:50:48	05:30:02	11:25:21	16:37:23	18:34:32.00	18:34:34.65	10:07	5.9
143	NOLBRZYK ADRIAN	230		OSIECZNA	POL	MASTERS M - 40	52	M 132	02:02:21	05:50:03	11:16:53	16:33:49	18:36:35.40	18:36:59.40	10:09	5.9
144	RACZYŃSKI BOGUSZ	3	TIGERS TEAM	ALEKSANDRÓW ŁÓDZKI	POL	SENIOR II M - 30	61	M 133	02:00:18	05:40:36	11:09:39	16:33:17	18:39:05.25	18:39:11.75	10:10	5.9
145	WOJEWODA MICHAŁ	64	TRIWAWA / RUN THE PARK	WARSZAWA	POL	MASTERS M - 40	53	M 134	02:09:26	05:40:09	11:18:28	16:39:54	18:40:58.60	18:41:07.55	10:11	5.9
146	WOJCIECHOWICZ LESZEK	217	BIEGAJNIA POZNAŃ	BORZYKOWO	POL	SENIOR II M - 30	62	M 135	02:13:07	06:11:01	11:28:12	16:39:11	18:41:30.40	18:41:43.15	10:11	5.9
147	HADZICKA SYLWIA	61	VEGE RUNNERS	WROCŁAW	POL	SENIOR II K - 30	6	K 13	02:15:33	06:08:46	11:24:55	16:45:50	18:46:06.10	18:46:17.75	10:14	5.9
148	SANKOWSKI JACEK	203	1988	WROCŁAW	POL	SENIOR II M - 30	63	M 136	02:05:22	05:58:11	11:20:58	16:47:54	18:42:53.75	18:48:03.90	10:12	5.9
149	SKÓRA MIROSŁAW	275	SPARTA ULTRA TEAM	LASKI	POL	MASTERS M - 40	54	M 137	01:48:04	05:22:15	11:08:29	16:45:51	18:49:41.20	18:49:46.70	10:16	5.8
150	HENDRYS MAREK	288	SPARTA ULTRA TEAM	GRANICE	POL	SENIOR I M - 20	9	M 138	01:48:08	05:22:16	11:08:35	16:46:00	18:49:40.85	18:49:46.80	10:16	5.8
151	LECHOWSKI TOMASZ	313		KRAKÓW	POL	SENIOR II M - 30	64	M 139	02:09:00	06:17:22	11:44:29	17:02:10	18:56:42.50	18:57:04.50	10:20	5.8
152	KASPRZYK ADRIAN	321	LESZNO LIMITS RUNNERS	LESZNO		MASTERS M - 40	55	M 140	02:14:08	06:13:01	11:34:14	17:03:11	18:58:14.60	18:58:41.05	10:20	5.8
153	HAJEK PRZEMEK	143	ASAP RUNNERS	ŁÓDŹ	POL	SENIOR II M - 30	65	M 141	01:50:39	05:35:55	11:03:29	16:56:15	19:00:07.45	19:00:23.85	10:21	5.8
154	KRECZMAŃSKI ROBERT	23	EMERYCI I RENCIŚCI	ZALESIE GÓRNE	POL	WETERAN I M - 50	12	M 142	01:36:59	04:28:11	10:40:01	16:33:07	19:00:49.05	19:00:51.90	10:22	5.8
155	JADACH GRZEGORZ	294		WROCŁAW	POL	SENIOR II M - 30	66	M 143	01:52:36	05:21:12	10:41:58	16:18:30	19:04:18.70	19:04:23.80	10:24	5.8
156	URACZ ŁUKASZ	238	HARPAGAN SOSNOWIEC	SOSNOWIEC	POL	SENIOR II M - 30	67	M 144	02:08:50	05:57:35	11:24:54	16:48:04	19:07:02.25	19:07:23.40	10:25	5.8
157	MARCZEWSKI ANDRZEJ	149	DLA BOGUSI	KIELCE	POL	WETERAN I M - 50	13	M 145	01:57:14	05:49:26	11:22:19	16:51:36	19:07:19.90	19:07:28.35	10:25	5.8
158	ROLLA DORIAN	199		WARZYMICE	POL	MASTERS M - 40	56	M 146	01:58:43	06:18:10	11:46:23	17:04:18	19:12:55.10	19:13:00.30	10:28	5.7
159	QUIRINI EWA	166		NOWY TARG	POL	SENIOR II K - 30	7	K 14	02:11:22	06:00:50	11:25:03	17:02:56	19:13:14.90	19:13:39.05	10:29	5.7
160	BRUSZEWSKA-GŁOMBIOWSKA MONIKA	134		GDYNIA	POL	MASTERS K - 40	7	K 15	02:11:30	05:59:16	11:30:25	16:52:24	19:13:44.40	19:13:50.65	10:29	5.7
161	BODIO DARIUSZ	218	SPARTA ZIĘBICE	ZIĘBICE	POL	WETERAN I M - 50	14	M 147	01:48:42	04:56:08	10:53:53	17:16:15	19:19:06.90	19:19:19.45	10:32	5.7
162	KRAJEWSKI ARTUR	326		PŁOCK		MASTERS M - 40	57	M 148	02:11:40	06:17:04	11:44:56	17:18:05	19:21:09.75	19:21:15.15	10:33	5.7
163	LUTYŃSKI ZBIGNIEW	155		OŚWIĘCIM	POL	SENIOR II M - 30	68	M 149	02:08:33	05:58:52	11:49:26	17:15:16	19:22:51.30	19:23:09.75	10:34	5.7
164	ZEGARMISTRZ GRZEGORZ	228		KRAKÓW	POL	SENIOR II M - 30	69	M 150	02:00:16	05:05:14		17:25:35	19:22:49.15	19:23:15.20	10:34	5.7
165	LANGE SZYMON	270	RUNNER'S POWER	ŚREM	POL	SENIOR II M - 30	70	M 151	02:08:49	05:58:23	11:34:17	17:18:55	19:23:12.00	19:23:22.90	10:34	5.7
166	SMOŁUCH TOMASZ	84	SAINT-GOBAIN SQUAD / LURBEL POLSKA	OLKUSZ	POL	MASTERS M - 40	58	M 152	02:15:45	06:12:54	11:49:06	17:21:24	19:23:27.15	19:23:55.10	10:34	5.7
167	CHURAS ŁUKASZ	252		MYSZKÓW	POL	MASTERS M - 40	59	M 153	02:09:11	05:39:52	11:18:09	16:58:38	19:24:05.40	19:24:30.80	10:34	5.7
168	GAWEŁ KRZYSZTOF	97	ERBUD RYBNIK/FORMA WODZISŁAW ŚL.	PSZÓW	POL	MASTERS M - 40	60	M 154	02:10:39	06:06:41	11:34:09	17:18:14	19:24:19.70	19:24:43.45	10:35	5.7
169	BYZIA PIOTR	9		WROCŁAW	POL	SENIOR II M - 30	71	M 155	01:57:33	05:48:00	11:10:16	16:58:42	19:27:07.65	19:27:12.25	10:36	5.7
170	MAJOCH ANNA	145	GVT	KŁODZKO	POL	MASTERS K - 40	8	K 16	02:08:50	05:58:31	11:50:46	17:16:29	19:28:45.85	19:28:45.85	10:37	5.6
171	WALKIEWICZ MACIEJ	148		SOPOT	POL	SENIOR II M - 30	72	M 156	01:49:24	05:16:05	10:55:34	17:11:13	19:29:09.40	19:29:23.15	10:37	5.6
172	SZARF PAWEŁ	5	ZAŁOGA GÓRSKA	KĘDZIERZYN-KOŹLE	POL	SENIOR I M - 20	10	M 157	01:45:40	05:41:28	11:18:45	17:05:53	19:35:40.75	19:35:43.80	10:41	5.6
173	POLAKOWSKI TOMASZ	233	STREET RUN RADOM	RADOM	POL	MASTERS M - 40	61	M 158	02:19:55	06:17:54	11:58:59	17:25:13	19:35:39.50	19:36:04.10	10:41	5.6
174	JĘDRZEJOWSKA-DEC ANNA	327	OTK RZEŹNIK	GLIWICE		MASTERS K - 40	9	K 17	02:09:34	06:05:54	11:52:14	17:33:11	19:41:23.15	19:41:46.60	10:44	5.6
175	MĄCZKA BRONISŁAW	328	OTK RZEŹNIK	GLIWICE		WETERAN II M - 60	2	M 159	02:09:32	06:05:52	11:52:17	17:33:55	19:41:23.25	19:41:46.95	10:44	5.6
176	SOBOCZYŃSKA JUSTYNA	136		GDYNIA	POL	SENIOR I K - 20	1	K 18	02:13:29	06:13:57	11:55:55	17:22:30	19:41:44.85	19:42:05.85	10:44	5.6
177	BALICKI JAKUB	93	ASAP RUNNERS	ŁÓDŹ	POL	MASTERS M - 40	62	M 160	02:11:41	05:51:17	11:24:34	17:14:59	19:41:57.30	19:42:25.55	10:44	5.6
178	MADEJ JAN	71		POLKOWICE	POL	MASTERS M - 40	63	M 161	02:08:46	06:01:32	12:04:22	17:27:48	19:42:37.70	19:42:41.70	10:45	5.6
179	ULATOWSKI ANDRZEJ	10		TORUŃ	POL	MASTERS M - 40	64	M 162	02:10:57	05:44:22	11:22:18	17:23:01	19:42:36.75	19:42:51.45	10:45	5.6
180	FRĄCKOWIAK JACEK	251	RUNNER'S POWER	ŚREM	POL	MASTERS M - 40	65	M 163	02:16:47	06:24:22	12:29:02	17:48:02	19:44:07.80	19:44:14.05	10:45	5.6
181	PYTEL STANISŁAW	150	SCYZORYK	KIELCE	POL	SENIOR II M - 30	73	M 164	01:57:03	05:39:54	11:15:56	16:57:26	19:45:26.85	19:45:34.30	10:46	5.6
182	SOŁTYS TOMASZ	331		PIDANKOWICE		SENIOR II M - 30	74	M 165	02:00:23	05:33:11	11:22:32	17:17:04	19:46:15.60	19:46:22.75	10:47	5.6
183	ANDRZEJCZAK DARIUSZ	123	AGB TORFY	ALEKSANDRÓW ŁÓDZKI	POL	WETERAN I M - 50	15	M 166	02:16:46	06:06:48	11:30:58	17:22:59	19:46:22.90	19:46:31.95	10:47	5.6
184	HARĘŻLAK DOROTA	38	AGB TORFY	ŁÓDŹ	POL	MASTERS K - 40	10	K 19	02:13:56	06:06:47	11:31:02	17:22:52	19:46:24.20	19:46:32.90	10:47	5.6
185	URBANEK DARIUSZ	117	OBY PRZED LIMITEM	SKIERNIEWICE	POL	MASTERS M - 40	66	M 167	02:00:57	05:51:27	11:21:40	17:23:19	19:49:34.55	19:49:50.65	10:48	5.5
186	SERKOWSKI MARCIN	280	BIEGAMYRAZEM.PL	GDYNIA	POL	MASTERS M - 40	67	M 168	02:09:21	05:59:57	11:48:36	17:26:19	19:50:57.10	19:51:07.95	10:49	5.5
187	MAGOŃ KAMIL	315		WIAZOW	POL	SENIOR I M - 20	11	M 169	01:57:22	05:32:32	11:25:53	17:10:20	19:52:55.75	19:53:14.70	10:50	5.5
188	CHRZAN ANDRZEJ	309	AA TARNÓW	TARNÓW	POL	SENIOR I M - 20	12	M 170	01:57:21	05:31:05	11:02:52	16:36:56	19:54:47.85	19:55:02.85	10:51	5.5
189	GAWLAS PRZEMSŁAW	316		MŁYNÓW		MASTERS M - 40	68	M 171	01:59:33	05:46:48	11:30:04	17:27:46	19:55:35.35	19:55:35.35	10:52	5.5
190	SMOLEŃ TOMASZ	142	TMTEAM	KOBIERZYCE	POL	MASTERS M - 40	69	M 172	01:59:47	05:46:45	11:30:08	17:27:38	19:55:46.75	19:55:48.40	10:52	5.5
191	CZAPIEWSKI PAWEŁ	128		OSÓWKO	POL	SENIOR I M - 20	13	M 173	01:48:55	05:36:03	12:23:15	17:37:13	19:59:21.85	19:59:32.10	10:54	5.5
192	SADOWSKA MARTA	2	KOSSMATE ŻUKI	KRAKÓW	POL	SENIOR II K - 30	8	K 20	02:18:32	06:00:30	11:51:50	17:35:57	19:59:25.05	19:59:34.85	10:54	5.5
193	BAJAK MAŁGORZATA	237	MUAY RUNNING TEAM	KRAKÓW, POLSKA	POL	MASTERS K - 40	11	K 21	02:19:00	06:20:37	12:13:55	18:03:48	20:00:59.00	20:01:11.35	10:55	5.5
194	SZYSZKO STANISŁAW	188		PIŁA	POL	SENIOR II M - 30	75	M 174	01:49:22	05:00:39	10:31:33	17:22:01	20:07:15.50	20:07:19.80	10:58	5.5
195	KORPUS-MIELCZARSKA KATARZYNA	215	SGB SAMO SIĘ NIE PRZEBIEGNIE	SŁAWKÓW	POL	SENIOR II K - 30	9	K 22	02:07:29	05:46:20	11:32:02	17:43:14	20:09:30.25	20:09:49.95	10:59	5.5

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
196	ZAJĄC ADAM	66	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	MASTERS M - 40	70	M 175	02:07:30	05:46:20	11:32:08	17:43:20	20:09:30.85	20:09:50.45	10:59	5.5
197	MICHALAK ALEKSANDRA	17	NIGHT RUNNERS/KOBIETY BIEGAJA	POZNAŃ	POL	SENIOR II K - 30	10	K 23	02:14:05	06:16:23	11:42:19	17:43:31	20:17:29.55	20:17:42.80	11:04	5.4
198	BISKUP RAFAŁ	261	DZIAD NOT DEAD	WARSZAWA	POL	WETERAN I M - 50	16	M 176	02:11:39	05:35:54	10:54:11	16:58:12	20:20:28.30	20:20:32.15	11:05	5.4
199	WSUŁ MONIA	173	CHOSZCZENSKA10	SWARZĘDZ	POL	MASTERS K - 40	12	K 24	01:58:52	05:38:29	11:30:26	18:12:36	20:23:18.20	20:23:33.50	11:07	5.4
200	WAŻNY ANDRZEJ	291	FIRMA BUDOWLANA TYNEXPOL ANDRZEJ WAŻNY	RZESZÓW	POL	MASTERS M - 40	71	M 177	02:11:59	06:09:21	11:24:34	18:13:37	20:26:07.90	20:26:15.65	11:08	5.4
201	POPŁAWSKA KATARZYNA	37	CZARNE OWCE HIPOLITÓW	HIPOLITÓW	POL	MASTERS K - 40	13	K 25	02:13:20	06:37:00	12:59:03	18:30:31	20:29:33.80	20:29:39.50	11:10	5.4
202	MAJDA MACIEJ	36	VISEGRAD MARATON RYTRO	NOWY SĄCZ	POL	SENIOR II M - 30	76	M 178	02:05:04	05:57:42	11:31:51	17:31:07	20:41:27.05	20:41:42.50	11:17	5.3
203	STANIA PAWEŁ	108	PARKRUN OPOLE	OPOLE	POL	SENIOR II M - 30	77	M 179	02:10:22	06:11:53	12:49:53	19:00:10	20:41:15.95	20:41:45.45	11:17	5.3
204	MURAWICZ ADAM	206		POZNAŃ	POL	SENIOR II M - 30	78	M 180	02:12:16	06:10:52	12:15:33	18:31:08	20:42:09.55	20:42:30.95	11:17	5.3
205	KOSZAREK ANDRZEJ	224	ZABIEGANE ŚREPOLE	POZNAŃ	POL	MASTERS M - 40	72	M 181	02:19:24	06:34:19	12:52:25	18:48:44	20:52:27.25	20:52:53.30	11:23	5.3
206	KACZYŃSKI ARTUR	319		WARSZAWA		MASTERS M - 40	73	M 182	02:11:12	06:16:06	12:32:48	18:52:14	20:55:52.30	20:56:09.85	11:25	5.3
207	WAŁĘKA JAROSŁAW	300	ORANGE POLSKA	SZCZECIN	POL	MASTERS M - 40	74	M 183	02:11:43	06:11:57	11:47:22	18:08:11	20:56:42.50	20:57:07.30	11:25	5.3
208	WYSOKIŃSKI JERZY	185	ORANGE POLSKA	BIAŁA PODLASKA	POL	WETERAN I M - 50	17	M 184	02:11:37	06:11:52	11:47:30	18:22:33	20:56:39.55	20:57:07.60	11:25	5.3
209	KUTYŁA STANISŁAW	182	ORANGE POLSKA	NIEPOŁOMICE	POL	MASTERS M - 40	75	M 185	02:11:35	06:11:50	11:47:47	18:07:08	20:56:39.75	20:57:08.50	11:25	5.3
210	JANIK TOMASZ	297	ORANGE POLSKA	HRUBIESZÓW	POL	MASTERS M - 40	76	M 186	02:11:42	06:11:55	11:47:24	18:22:36	20:56:44.15	20:57:09.30	11:25	5.3
211	ZGAGACZ PAWEŁ	236		WROCŁAW	POL	MASTERS M - 40	77	M 187	02:19:18	06:33:42	12:41:32	18:57:16	20:58:38.40	20:58:46.45	11:26	5.2
212	PATURA ANNA	82	ŁÓDŹ RUNNING TEAM	ŁÓDŹ	POL	MASTERS K - 40	14	K 26	02:13:02	06:37:35	13:27:06	19:08:36	20:59:23.30	20:59:25.75	11:26	5.2
213	SZYSZKA JAKUB	50	VEGE RUNNERS	ZIELONA GÓRA	POL	SENIOR II M - 30	79	M 188	02:03:11	05:39:10	11:32:34	18:14:35	21:03:26.75	21:03:47.55	11:29	5.2
214	KOTLAREK DAWID	59	VEGE RUNNERS	ZIELONA GÓRA	POL	MASTERS M - 40	78	M 189	02:00:31	05:43:45	11:32:45	18:14:26	21:03:32.45	21:03:47.80	11:29	5.2
215	KRUZEL RAFAŁ	320	BIEGOWE MISIE	LEGNICA		MASTERS M - 40	79	M 190	02:21:16	06:37:15	13:03:07	19:05:28	21:08:27.20	21:08:47.25	11:31	5.2
216	JANKOWSKI SZYMON	219		LEGIONOWO	POL	MASTERS M - 40	80	M 191	02:15:10	06:59:34		19:05:49	21:10:45.05	21:11:04.80	11:33	5.2
217	KRUK GRZEGORZ	73	ALIOR RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30	80	M 192	02:10:22	06:11:41	12:50:09	19:00:34	21:13:18.05	21:13:35.05	11:34	5.2
218	MAZUR ROBERT	35	SMASHING PĄPKINS	WARSZAWA	POL	MASTERS M - 40	81	M 193	02:11:07	06:30:33	13:18:53	19:06:33	21:15:22.55	21:15:29.70	11:35	5.2
219	KRAWCZYŃSKA ANNA	292	POMIOTY SZATANA	POZNAŃ	POL	SENIOR II K - 30	11	K 27	02:15:55	06:35:46	12:46:30	18:59:35	21:18:03.40	21:18:15.20	11:37	5.2
220	GAJEWSKI TOMASZ	293	POMIOTY SZATANA	POZNAŃ	POL	SENIOR II M - 30	81	M 194	02:15:53	06:35:46	12:46:32	19:00:06	21:18:03.80	21:18:16.45	11:37	5.2
221	KUGLARZ SZYMON	102	MOTOINTEGRATOR RUNNING TEAM	WODZISŁAW ŚL.	POL	MASTERS M - 40	82	M 195	02:10:53	06:02:01	12:05:41	18:48:04	21:17:52.15	21:18:16.75	11:37	5.2
222	CIEPŁY TOMASZ	56	GIRO DI ZAWADA	PIŁA	POL	MASTERS M - 40	83	M 196	02:05:22	05:53:25	12:18:53	18:56:47	21:18:59.20	21:19:09.00	11:37	5.2
223	STEFANIAK MARCIN	33		DĄBRÓWKA	POL	SENIOR II M - 30	82	M 197	02:00:24	05:41:17	11:58:44	18:37:53	21:31:12.80	21:31:31.35	11:44	5.1
224	GRZESIAK RAFAŁ	72		GŁOGÓW	POL	MASTERS M - 40	84	M 198	02:10:15	06:21:17	12:57:43	19:04:58	21:48:43.55	21:48:47.00	11:53	5
225	LUDWICZAK JACEK	304		WARSZAWA	POL	MASTERS M - 40	85	M 199	02:10:35	06:09:26	12:30:02	19:05:07	21:49:37.05	21:49:45.90	11:54	5
226	SKOKOWSKI TOMASZ SKOKOWSKI	15	SUTTON RUNNERS	SUTTON	GBR	SENIOR II M - 30	83	M 200	02:11:33	06:14:47	12:44:04	19:23:13	21:54:13.85	21:54:30.25	11:56	5
227	MIZERA JOANNA	24	SUTTON RUNNERS	SUTTON	GBR	SENIOR II K - 30	12	K 28	02:11:35	06:14:48	12:44:07	19:23:14	21:54:15.15	21:54:30.35	11:56	5
228	SŁUPECKI ANDRZEJ	234		MALANOWO STARE	POL	SENIOR I M - 20	14	M 201	02:11:12	06:20:11	12:28:44	19:04:44	21:58:45.85	21:59:05.90	11:59	5
229	SAKOWSKA ANETA	68	MARATONKA GRAJEWO	DROZDOWO	POL	MASTERS K - 40	15	K 29	02:11:56	06:33:33	13:39:12	20:04:19	22:13:31.25	22:13:49.10	12:07	4.9
230	MOSTOWSKA JOANNA	225	ZIMOWYHORYZONT.PL	WARSAW	POL	SENIOR II K - 30	13	K 30	02:11:55	06:35:20	13:39:07	20:04:18	22:13:31.35	22:13:49.40	12:07	4.9
231	WILMOWSKI MAREK	39	UKS BUSHI	ŁÓDŹ	POL	WETERAN I M - 50	18	M 202	02:17:27	06:56:10	13:38:29	19:56:24	22:16:31.10	22:16:56.80	12:09	4.9
232	GAŁKA MARCIN	42		BRZESKO	POL	SENIOR II M - 30	84	M 203	02:28:32	07:01:50	13:26:59	20:07:42	22:20:47.50	22:21:13.00	12:11	4.9
233	PACANOWSKI ROBERT	172	WEŁNICA BIEGA	WEŁNICA	POL	WETERAN I M - 50	19	M 204	02:16:03	06:45:19	13:49:19	19:57:16	22:25:08.10	22:25:24.80	12:13	4.9
234	FUNKA ANDRZEJ	34	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	WETERAN I M - 50	20	M 205	02:20:21	07:04:05	13:49:29	19:57:57	22:25:28.45	22:25:46.50	12:13	4.9
235	SKOLIMOWSKA KATARZYNA	268		ŻABOKLIKI	POL	MASTERS K - 40	16	K 31	02:15:09	06:14:15	13:14:16	20:08:03	22:25:44.10	22:25:46.85	12:14	4.9
236	GMAJ DANIEL	181		GRÓJEC	POL	SENIOR II M - 30	85	M 206	02:11:59	06:21:06		19:26:30	22:26:17.50	22:26:35.25	12:14	4.9
237	BUĆKO ARTUR	45	TATAALI	JELENIA GÓRA	POL	WETERAN I M - 50	21	M 207	02:45:01	07:49:47	14:16:13	20:33:55	22:43:34.00	22:43:57.25	12:23	4.8
238	IŁOWSKI WIKTOR	287	SPARTA ZIĘBICE	ZIĘBICE	POL	MASTERS M - 40	86	M 208	02:11:52	06:11:44	12:11:24	19:31:06	22:51:32.15	22:51:44.15	12:28	4.8
239	PISULA PAULINA	175	KLUCZBORSKA GRUPA BIEGOWA	KLUCZBORK	POL	SENIOR I K - 20	2	K 32	02:12:56	06:20:11	13:18:20	20:41:22	23:13:27.50	23:13:49.05	12:40	4.7
240	ZAWADA MACIEJ	180	KGB	KLUCZBORK	POL	MASTERS M - 40	87	M 209	02:12:52	06:20:51	13:18:29	20:44:14	23:13:28.40	23:13:51.40	12:40	4.7
241	SZYMAŁA MATEUSZ	165	KLUCZBORSKA GRUPA BIEGOWA	KLUCZBORK	POL	SENIOR II M - 30	86	M 210	02:12:56	06:20:53	13:18:23	20:43:53	23:13:31.35	23:13:53.35	12:40	4.7
242	CHUDZIK RADOSŁAW	110		ŁÓDŹ	POL	MASTERS M - 40	88	M 211	02:12:15	06:26:47	12:58:03	20:14:10	23:18:00.45	23:18:15.20	12:42	4.7
243	JASTRZEMBSKI EDMUND	213	BYDGOSZCZ FAN MARATON	BYDGOSZCZ	POL	MASTERS M - 40	89	M 212	02:24:16	07:27:46	14:06:30	20:49:05	23:19:41.55	23:20:07.30	12:43	4.7
244	ŚWIERCZYNSKI TOMASZ	266	ZRYW	RADZIEJOW	POL	MASTERS M - 40	90	M 213	02:34:03	07:55:15	14:53:55	20:45:25	23:19:57.00	23:20:19.10	12:43	4.7
245	FRUCZ JACEK	132		SOSNOWIEC	POL	WETERAN I M - 50	22	M 214	02:15:48	07:13:17	14:32:50	20:57:15	23:20:26.90	23:20:47.40	12:43	4.7
246	PODLASIŃSKA PAULINA	21		KOBYŁKA	POL	SENIOR II K - 30	14	K 33	02:28:33	07:01:51	13:27:09	20:20:29	23:24:15.50	23:24:41.20	12:45	4.7

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
247	KRÓL ANETA	273	NAVAL POLSKA	WARSZAWA	POL	SENIOR II K - 30	15	K 34	02:17:04	06:18:07	14:54:00	20:57:48	23:25:45.90	23:25:53.85	12:46	4.7
248	SWĘDZIOŁ MONIKA	184	POLSKA	SOSNOWIEC	POL	SENIOR II K - 30	16	K 35	02:24:04	07:00:25	12:32:48	20:51:05	23:37:53.40	23:38:13.95	12:53	4.7
249	PŁAŻYŃSKI BARTOSZ	200	W POGONI ZA DUCHEM	SOSNOWIEC	POL	SENIOR II M - 30	87	M 215	02:24:04	07:00:27	13:34:27	20:51:05	23:37:53.75	23:38:13.95	12:53	4.7
250	GRUŹLEWSKI RADOSŁAW	245	11DKPANC	ŻAGAŃ	POL	SENIOR I M - 20	15	M 216	02:23:08	07:15:13	14:33:05	21:33:24	23:39:19.75	23:39:46.95	12:54	4.7
251	KUCNER MONIKA	111	ALBERTS TEAM	KĄKOLEWO	POL	MASTERS K - 40	17	K 36	02:11:21	05:51:18	12:57:04	20:31:55	23:41:42.60	23:42:09.25	12:55	4.6
252	SZYMAŃSKI JACEK	314	PARKRUN SKIERNIEWICE	SKIERNIEWICE	POL	MASTERS M - 40	91	M 217	02:20:53	07:04:07	14:11:57	21:11:05	23:43:06.20	23:43:28.90	12:56	4.6
253	KOZERA KAMIL	43	HARPAGAN SOSNOWIEC	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	88	M 218	02:13:17		13:28:20	20:26:21	23:43:54.60	23:44:16.60	12:56	4.6
254	WOŹNIAK DAWID	122		POZNAŃ	POL	MASTERS M - 40	92	M 219	02:11:27	06:23:06	13:02:07	20:53:35	23:44:28.40	23:44:55.40	12:56	4.6
255	NĄCKIEWICZ JUSTYNA	92		BRZESKO	POL	MASTERS K - 40	18	K 37	02:42:05	07:54:31	14:50:36	21:28:52	24:01:25.60	24:01:38.45	13:06	4.6
256	LEŚNIK WOJCIECH	191		WROCŁAW	POL	WETERAN I M - 50	23	M 220	02:16:56	07:06:05	14:28:36	21:35:22	24:14:29.85	24:14:46.40	13:13	4.5
257	RUDZKI TOMASZ	25	RAJSPORT ACTIVE	KONSTANTYNÓW ŁÓDZKI	POL	MASTERS M - 40	93	M 221	02:11:30	06:37:35	14:54:19	22:04:15	24:34:31.80	24:34:33.50	13:24	4.5
258	BALUK MAREK	324	BOREK-CHEŁM	CHELM		WETERAN I M - 50	24	M 222	02:26:23	07:27:55	15:09:08	22:14:51	24:46:19.25	24:46:33.65	13:30	4.4
259	POCHYLSKI DOMINIK	265	LUBOŃSKI KLUB BIEGACZA	LUBOŃ	POL	MASTERS M - 40	94	M 223	02:34:10	07:55:17	15:01:39	22:11:05	24:48:42.55	24:49:05.10	13:32	4.4
260	SOBICZEWSKA IZA	301	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	19	K 38	02:18:42	07:14:57	15:07:48	22:21:45	24:53:33.70	24:53:36.20	13:34	4.4
261	KWINTA MACIEJ	177	WKB PIAST	WROCŁAW	POL	MASTERS M - 40	95	M 224	02:19:52	07:14:57	15:07:41	22:19:40	24:53:33.65	24:53:37.80	13:34	4.4
262	OBARSKA MAŁGORZATA	62		STARACHOWICE	POL	WETERAN K - 50	2	K 39	02:50:07	08:15:39	15:29:31	22:27:46	25:08:01.65	25:08:09.60	13:42	4.4
263	OBARSKI NORBERT	63		KIELCE	POL	WETERAN I M - 50	25	M 225	02:50:04	08:15:38	15:29:33	22:27:41	25:08:02.05	25:08:09.90	13:42	4.4
264	JUCHA LIDIA	58		ŁÓDŹ	POL	MASTERS K - 40	20	K 40	02:46:38	07:48:07	15:03:40	22:09:50	25:12:23.90	25:12:32.35	13:44	4.4
265	CZUBIŃSKI MAREK	57		ŁÓDŹ	POL	WETERAN II M - 60	3	M 226	02:46:42	07:48:09	15:03:43	22:09:53	25:12:24.60	25:12:32.55	13:44	4.4
266	PRUSIEWICZ BEATA	137	ANTON TEAM	OSTRÓW WIELKOPOLSKI	POL	MASTERS K - 40	21	K 41	02:13:05	06:47:34	14:07:17	22:02:23	25:19:01.75	25:19:17.50	13:48	4.3
267	NOWICKI ANDRZEJ	211	POMIOTY SZATANA	POZNAŃ	POL	SENIOR I M - 20	16	M 227	02:13:52	07:41:06	15:30:54	22:52:32	25:40:50.30	25:41:05.00	14:00	4.3
268	PODSIADŁY ROBERT	168	CHATA BIEGACZA K34 ZAKOPANE	WROCŁAW	POL	WETERAN I M - 50	26	M 228	02:54:45	08:55:50	16:46:26	23:24:38	25:42:12.30	25:42:43.65	14:01	4.3
	MILCZAREK PAWEŁ	299	DROGA DO UTMB	DOBRZYCA	POL	SENIOR I M - 20			01:53:10 DNF	04:41:17 DNF	08:48:03 DNF	13:59:49 DNF	DNF	DNF	-	-
	ZYDORCZAK MATEUSZ	332		WROCŁAW		SENIOR II M - 30			01:55:18 DNF	05:36:42 DNF	11:01:50 DNF	DNF	DNF	DNF	-	-
	BIADASIEWICZ ANDRZEJ	279	CIDRY LOTAJOM	BYTOM	POL	WETERAN I M - 50			01:57:21 DNF	05:20:43 DNF	11:09:16 DNF	DNF	DNF	DNF	-	-
	ŁUKASIEWICZ MAREK	118	HEAVY WEIGHT RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30			02:10:35 DNF	05:57:45 DNF	11:45:18 DNF	DNF	DNF	DNF	-	-
	SKAZA ADAM	176	JEDNOSTKA WOJSKOWA BRZEG -GRUPA EOD	BRZEG	POL	SENIOR II M - 30			02:06:37 DNF	05:51:19 DNF	11:47:57 DNF	DNF	DNF	DNF	-	-
	DZIERKACZ PAWEŁ	80	BEAGLE RUNNERS TEAM	BYDGOSZCZ	POL	MASTERS M - 40			02:06:10 DNF	06:15:39 DNF	12:13:00 DNF	DNF	DNF	DNF	-	-
	MACHURA SEBASTIAN	164	HAZOKI	CHORZÓW	POL	SENIOR II M - 30			02:10:07 DNF	06:03:48 DNF	12:29:52 DNF	DNF	DNF	DNF	-	-
	PIKUSA MICHAL	75		POZNAN	POL	SENIOR II M - 30			02:33:03 DNF	07:59:51 DNF	15:11:51 DNF	DNF	DNF	DNF	-	-
	CZARNOWSKI PRZEMYSŁAW	255	POTĘŻNY PONAD MIARĘ	TORUŃ	POL	SENIOR I M - 20			02:11:32 DNF	07:15:25 DNF	16:34:30 DNF	DNF	DNF	DNF	-	-
	GNIELKA DAWID	169	ZAMKOWIEC TOSZEK	TOSZEK	POL	SENIOR I M - 20			02:31:18 DNF	08:55:42 DNF	16:43:28 DNF	DNF	DNF	DNF	-	-
	WILK MACIEJ	29	RAMBO 3	BYTOM	POL	SENIOR II M - 30			01:19:38 DNF	03:43:05 DNF	DNF	DNF	DNF	DNF	-	-
	KAMIŃSKI MARIUSZ	269	MARCINSWIERCTEAM	WARSZAWA	POL	MASTERS M - 40			01:39:40 DNF	04:48:37 DNF	DNF	DNF	DNF	DNF	-	-
	JERMAK KAMIL	210		PŁOTY	POL	SENIOR II M - 30			01:41:39 DNF	04:52:12 DNF	DNF	DNF	DNF	DNF	-	-
	PIECUCH MARCIN	32	LACHO TEAM	KRAKÓW	POL	SENIOR II M - 30			01:55:13 DNF	05:01:54 DNF	DNF	DNF	DNF	DNF	-	-
	ANTOSIAK TOMASZ	208	TMTEAM	ZŁOTORYJA	POL	SENIOR II M - 30			01:48:51 DNF	05:14:34 DNF	DNF	DNF	DNF	DNF	-	-
	CZAPIEWSKI DAREK	302	PRZENOSIMY GÓRY	BIERUŃ	POL	SENIOR II M - 30			01:49:02 DNF	05:16:38 DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
	ROJEK PAWEŁ	144	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30			02:13:06 DNF	05:59:59 DNF	DNF	DNF	DNF	DNF	-	-
	WRZESIŃSKI WOJCIECH	116	FORDONRUNNERS	BYDGOSZCZ	POL	MASTERS M - 40			02:10:51 DNF	06:12:14 DNF	DNF	DNF	DNF	DNF	-	-
	SOBOCZYŃSKI ADAM	239		GDYNIA	POL	SENIOR II M - 30			02:13:31 DNF	07:00:01 DNF	DNF	DNF	DNF	DNF	-	-
	BUKOWSKI MARCIN	115	SPARTANIE DZIECIOM	ŻELECHÓW	POL	SENIOR II M - 30			02:11:53 DNF	07:31:27 DNF	DNF	DNF	DNF	DNF	-	-
	HOROWSKI TOMASZ	171	RUNHOGS TYCHY	TYCHY	POL	MASTERS M - 40			02:41:14 DNF	08:14:43 DNF	DNF	DNF	DNF	DNF	-	-
	WALCZYŃSKA KAROLINA	170	RUNHOGS TYCHY	BIELSKO-BIALA	POL	SENIOR II K - 30			02:41:13 DNF	08:14:48 DNF	DNF	DNF	DNF	DNF	-	-
	KURIATA MARCIN	121		WŁADYSŁAWOWO	POL	MASTERS M - 40			02:29:27 DNF	10:25:52 DNF	DNF	DNF	DNF	DNF	-	-
	GAJOS DANIEL	53	MUAY RUNNING TEAM/BIEGAORTOPEDA.PL	KRAKÓW	POL	MASTERS M - 40			01:46:45 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LUTOWSKI WOJCIECH	202	TKKF KOLEJARZ BYDGOSZCZ	BYDGOSZCZ	POL	SENIOR II M - 30			01:47:53 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KRZEMIŃSKI JACEK	242	POLDEK TEAM	OPOLE	POL	SENIOR II M - 30			02:12:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	FIJAŁKOWSKI WOJCIECH	109	MONAR	WROCŁAW	POL	WETERAN I M - 50			02:13:08 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GOEBEL ADAM	244	----------	KRAKÓW	POL	WETERAN I M - 50			DNF	DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, OPEN KOBIET

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
1	ĆWIK IWONA	310		TYCHY	POL	SENIOR II K - 30	1	K 1	01:32:04	04:15:47	08:02:31	11:40:46	13:01:52.75	13:01:58.15	7:06	8.4
2	KSIĘŻNIK DOROTA	235		SKARBIMIERZ-OSIEDLE	POL	WETERAN K - 50	1	K 2	01:49:01	04:45:17	09:06:38	13:06:51	14:30:35.35	14:30:45.15	7:54	7.6
3	ŻUREK-KRÓL ŻANETA	11	CITYZEN RUNNING TEAM	POZNAŃ	POL	SENIOR II K - 30	2	K 3	01:49:46	04:56:10	09:21:41	13:10:13	14:34:14.50	14:34:17.85	7:56	7.5
4	BIERNACKA EDYTA	119		GOSTYŃ	POL	SENIOR II K - 30	3	K 4	01:49:12	05:00:41	09:20:18	13:16:06	14:47:22.45	14:47:34.40	8:04	7.4
5	TITZ KOZA JULITA	120		LODZ	POL	SENIOR II K - 30	4	K 5	01:49:15	05:06:15	09:37:56	13:51:36	15:25:41.50	15:25:47.60	8:24	7.1
6	KRYM KATARZYNA	223	NIGHT RUNNERS WROCŁAW	SMOLEC	POL	MASTERS K - 40	1	K 6	01:47:19	04:44:27	09:20:37	13:59:01	15:43:04.80	15:43:08.75	8:34	7
7	SZCZOTKA KATARZYNA	198		PSZCZYNA	POL	MASTERS K - 40	2	K 7	01:57:09	05:28:05	10:41:34	15:24:52	17:04:32.95	17:04:38.75	9:18	6.4
8	JĘDRYCHA BOŻENA	140		RYBNIK	POL	MASTERS K - 40	3	K 8	02:03:16	05:51:38	10:53:14	15:42:20	17:18:02.45	17:18:16.50	9:26	6.4
9	KAŃDUŁA KLAUDIA	70	NEST TEAM	POZNAŃ	POL	SENIOR II K - 30	5	K 9	01:56:21	05:17:30	10:28:59	15:33:26	17:35:08.90	17:35:27.75	9:35	6.3
10	WOŹNA MAGDALENA	240		ZIELONA GÓRA	POL	MASTERS K - 40	4	K 10	02:11:31	05:53:07	11:11:15	15:46:40	17:36:54.45	17:37:16.90	9:36	6.2
11	ŚWIATOWIEC ANNA	44	IMPERIUM SPORTU TEAM	KRAKÓW	POL	MASTERS K - 40	5	K 11	02:12:25	06:12:06	11:31:53	16:21:49	18:01:07.90	18:01:19.55	9:49	6.1
12	RÓŻOWICZ ELIZA	47	SPARTANIE DZIECIOM	WARSZAWA	POL	MASTERS K - 40	6	K 12	02:04:50	05:41:34	10:59:13	16:04:33	18:27:25.25	18:27:35.10	10:04	6
13	HADZICKA SYLWIA	61	VEGE RUNNERS	WROCŁAW	POL	SENIOR II K - 30	6	K 13	02:15:33	06:08:46	11:24:55	16:45:50	18:46:06.10	18:46:17.75	10:14	5.9
14	QUIRINI EWA	166		NOWY TARG	POL	SENIOR II K - 30	7	K 14	02:11:22	06:00:50	11:25:03	17:02:56	19:13:14.90	19:13:39.05	10:29	5.7
15	BRUSZEWSKA-GŁOMBIOWSKA MONIKA	134		GDYNIA	POL	MASTERS K - 40	7	K 15	02:11:30	05:59:16	11:30:25	16:52:24	19:13:44.40	19:13:50.65	10:29	5.7
16	MAJOCH ANNA	145	GVT	KŁODZKO	POL	MASTERS K - 40	8	K 16	02:08:50	05:58:31	11:50:46	17:16:29	19:28:45.85	19:28:45.85	10:37	5.6
17	JĘDRZEJOWSKA-DEC ANNA	327	OTK RZEŹNIK	GLIWICE		MASTERS K - 40	9	K 17	02:09:34	06:05:54	11:52:14	17:33:11	19:41:23.15	19:41:46.60	10:44	5.6
18	SOBOCZYŃSKA JUSTYNA	136		GDYNIA	POL	SENIOR I K - 20	1	K 18	02:13:29	06:13:57	11:55:55	17:22:30	19:41:44.85	19:42:05.85	10:44	5.6
19	HARĘŻLAK DOROTA	38	AGB TORFY	ŁÓDŹ	POL	MASTERS K - 40	10	K 19	02:13:56	06:06:47	11:31:02	17:22:52	19:46:24.20	19:46:32.90	10:47	5.6
20	SADOWSKA MARTA	2	KOSSMATE ŻUKI	KRAKÓW	POL	SENIOR II K - 30	8	K 20	02:18:32	06:00:30	11:51:50	17:35:57	19:59:25.05	19:59:34.85	10:54	5.5
21	BAJAK MAŁGORZATA	237	MUAY RUNNING TEAM	KRAKÓW, POLSKA	POL	MASTERS K - 40	11	K 21	02:19:00	06:20:37	12:13:55	18:03:48	20:00:59.00	20:01:11.35	10:55	5.5
22	KORPUS-MIELCZARSKA KATARZYNA	215	SGB SAMO SIĘ NIE PRZEBIEGNIE	SŁAWKÓW	POL	SENIOR II K - 30	9	K 22	02:07:29	05:46:20	11:32:02	17:43:14	20:09:30.25	20:09:49.95	10:59	5.5
23	MICHALAK ALEKSANDRA	17	NIGHT RUNNERS/KOBIETY BIEGAJA	POZNAŃ	POL	SENIOR II K - 30	10	K 23	02:14:05	06:16:23	11:42:19	17:43:31	20:17:29.55	20:17:42.80	11:04	5.4
24	WSUŁ MONIA	173	CHOSZCZENSKA10	SWARZĘDZ	POL	MASTERS K - 40	12	K 24	01:58:52	05:38:29	11:30:26	18:12:36	20:23:18.20	20:23:33.50	11:07	5.4
25	POPŁAWSKA KATARZYNA	37	CZARNE OWCE HIPOLITÓW	HIPOLITÓW	POL	MASTERS K - 40	13	K 25	02:13:20	06:37:00	12:59:03	18:30:31	20:29:33.80	20:29:39.50	11:10	5.4
26	PATURA ANNA	82	ŁÓDŹ RUNNING TEAM	ŁÓDŹ	POL	MASTERS K - 40	14	K 26	02:13:02	06:37:35	13:27:06	19:08:36	20:59:23.30	20:59:25.75	11:26	5.2

BIEG K-B-L - 110 KM, OPEN KOBIET c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
27	KRAWCZYŃSKA ANNA	292	POMIOTY SZATANA	POZNAŃ	POL	SENIOR II K - 30	11	K 27	02:15:55	06:35:46	12:46:30	18:59:35	21:18:03.40	21:18:15.20	11:37	5.2
28	MIZERA JOANNA	24	SUTTON RUNNERS	SUTTON	GBR	SENIOR II K - 30	12	K 28	02:11:35	06:14:48	12:44:07	19:23:14	21:54:15.15	21:54:30.35	11:56	5
29	SAKOWSKA ANETA	68	MARATONKA GRAJEWO	DROZDOWO	POL	MASTERS K - 40	15	K 29	02:11:56	06:33:33	13:39:12	20:04:19	22:13:31.25	22:13:49.10	12:07	4.9
30	MOSTOWSKA JOANNA	225	ZIMOWYHORYZONT.PL	WARSAW	POL	SENIOR II K - 30	13	K 30	02:11:55	06:35:20	13:39:07	20:04:18	22:13:31.35	22:13:49.40	12:07	4.9
31	SKOLIMOWSKA KATARZYNA	268		ŻABOKLIKI	POL	MASTERS K - 40	16	K 31	02:15:09	06:14:15	13:14:16	20:08:03	22:25:44.10	22:25:46.85	12:14	4.9
32	PISULA PAULINA	175	KLUCZBORSKA GRUPA BIEGOWA	KLUCZBORK	POL	SENIOR I K - 20	2	K 32	02:12:56	06:20:11	13:18:20	20:41:22	23:13:27.50	23:13:49.05	12:40	4.7
33	PODLASIŃSKA PAULINA	21		KOBYŁKA	POL	SENIOR II K - 30	14	K 33	02:28:33	07:01:51	13:27:09	20:20:29	23:24:15.50	23:24:41.20	12:45	4.7
34	KRÓL ANETA	273	NAVAL POLSKA	WARSZAWA	POL	SENIOR II K - 30	15	K 34	02:17:04	06:18:07	14:54:00	20:57:48	23:25:45.90	23:25:53.85	12:46	4.7
35	SWĘDZIOŁ MONIKA	184	POLSKA	SOSNOWIEC	POL	SENIOR II K - 30	16	K 35	02:24:04	07:00:25	12:32:48	20:51:05	23:37:53.40	23:38:13.95	12:53	4.7
36	KUCNER MONIKA	111	ALBERTS TEAM	KĄKOLEWO	POL	MASTERS K - 40	17	K 36	02:11:21	05:51:18	12:57:04	20:31:55	23:41:42.60	23:42:09.25	12:55	4.6
37	NĄCKIEWICZ JUSTYNA	92		BRZESKO	POL	MASTERS K - 40	18	K 37	02:42:05	07:54:31	14:50:36	21:28:52	24:01:25.60	24:01:38.45	13:06	4.6
38	SOBICZEWSKA IZA	301	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	19	K 38	02:18:42	07:14:57	15:07:48	22:21:45	24:53:33.70	24:53:36.20	13:34	4.4
39	OBARSKA MAŁGORZATA	62		STARACHOWICE	POL	WETERAN K - 50	2	K 39	02:50:07	08:15:39	15:29:31	22:27:46	25:08:01.65	25:08:09.60	13:42	4.4
40	JUCHA LIDIA	58		ŁÓDŹ	POL	MASTERS K - 40	20	K 40	02:46:38	07:48:07	15:03:40	22:09:50	25:12:23.90	25:12:32.35	13:44	4.4
41	PRUSIEWICZ BEATA	137	ANTON TEAM	OSTRÓW WIELKOPOLSKI	POL	MASTERS K - 40	21	K 41	02:13:05	06:47:34	14:07:17	22:02:23	25:19:01.75	25:19:17.50	13:48	4.3
	WALCZYŃSKA KAROLINA	170	RUNHOGS TYCHY	BIELSKO-BIALA	POL	SENIOR II K - 30			02:41:13 DNF	08:14:48 DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, Senior I M - 20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
1	DMUCH JAKUB	163	XRUNNERS	TRZEBNICA	POL	SENIOR I M - 20	1	M 9	01:36:19	04:18:07	08:08:28	11:38:54	12:59:00.40	12:59:04.80	7:04	8.5
2	KLUSEK MATEUSZ	135	SKLEP BIEGACZA RUNNING TEAM KRAKÓW	KRAKÓW	POL	SENIOR I M - 20	2	M 26	01:32:30	04:35:25	09:00:16	12:47:06	14:22:20.00	14:22:22.80	7:50	7.7
3	WIERZBICKI HUBERT	105	CROSSFIT DOGFIELD	PASIKUROWICE	POL	SENIOR I M - 20	3	M 33	01:43:05	04:36:57	09:06:59	13:08:40	14:36:06.90	14:36:15.25	7:57	7.5
4	LICHOTA TOMASZ	289	DEKORIA	ŚWIDNICA	POL	SENIOR I M - 20	4	M 44	01:38:12	04:42:08	09:26:15	13:51:29	15:20:43.25	15:20:47.70	8:22	7.2
5	WALCZAK PATRYK	22	XRUNNERS	KONIN	POL	SENIOR I M - 20	5	M 54	01:36:23	04:31:27	09:14:18	14:06:30	15:45:35.70	15:45:37.60	8:35	7
6	BALWIERCZAK PIOTR	187	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	SENIOR I M - 20	6	M 71	01:34:45	04:23:02	08:55:07	14:38:46	16:33:57.25	16:34:00.90	9:02	6.6
7	SZUBERT ARIEL	159		ŚREM	POL	SENIOR I M - 20	7	M 120	01:55:28	05:16:36	10:41:58	15:48:54	18:14:18.90	18:14:32.35	9:56	6
8	GIERADA MATEUSZ	1	NIGHT RUNNERS GLIWICE	GLIWICE	POL	SENIOR I M - 20	8	M 126	01:48:28	05:10:30	10:39:52	16:16:44	18:27:32.50	18:27:34.65	10:04	6
9	HENDRYS MAREK	288	SPARTA ULTRA TEAM	GRANICE	POL	SENIOR I M - 20	9	M 138	01:48:08	05:22:16	11:08:35	16:46:00	18:49:40.85	18:49:46.80	10:16	5.8
10	SZARF PAWEŁ	5	ZAŁOGA GÓRSKA	KĘDZIERZYN-KOŹLE	POL	SENIOR I M - 20	10	M 157	01:45:40	05:41:28	11:18:45	17:05:53	19:35:40.75	19:35:43.80	10:41	5.6
11	MAGOŃ KAMIL	315		WIAZOW	POL	SENIOR I M - 20	11	M 169	01:57:22	05:32:32	11:25:53	17:10:20	19:52:55.75	19:53:14.70	10:50	5.5
12	CHRZAN ANDRZEJ	309	AA TARNÓW	TARNÓW	POL	SENIOR I M - 20	12	M 170	01:57:21	05:31:05	11:02:52	16:36:56	19:54:47.85	19:55:02.85	10:51	5.5
13	CZAPIEWSKI PAWEŁ	128		OSÓWKO	POL	SENIOR I M - 20	13	M 173	01:48:55	05:36:03	12:23:15	17:37:13	19:59:21.85	19:59:32.10	10:54	5.5
14	SŁUPECKI ANDRZEJ	234		MALANOWO STARE	POL	SENIOR I M - 20	14	M 201	02:11:12	06:20:11	12:28:44	19:04:44	21:58:45.85	21:59:05.90	11:59	5
15	GRUŻLEWSKI RADOSŁAW	245	11DKPANC	ŻAGAŃ	POL	SENIOR I M - 20	15	M 216	02:23:08	07:15:13	14:33:05	21:33:24	23:39:19.75	23:39:46.95	12:54	4.7
16	NOWICKI ANDRZEJ	211	POMIOTY SZATANA	POZNAŃ	POL	SENIOR I M - 20	16	M 227	02:13:52	07:41:06	15:30:54	22:52:32	25:40:50.30	25:41:05.00	14:00	4.3
	MILCZAREK PAWEŁ	299	DROGA DO UTMB	DOBRZYCA	POL	SENIOR I M - 20			01:53:10 DNF	04:41:17 DNF	08:48:03 DNF	13:59:49 DNF	DNF	DNF	-	-
	CZARNOWSKI PRZEMYSŁAW	255	POTĘŻNY PONAD MIARĘ	TORUŃ	POL	SENIOR I M - 20			02:11:32 DNF	07:15:25 DNF	16:34:30 DNF	DNF	DNF	DNF	-	-
	GNIELKA DAWID	169	ZAMKOWIEC TOSZEK	TOSZEK	POL	SENIOR I M - 20			02:31:18 DNF	08:55:42 DNF	16:43:28 DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, Senior I K - 20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
1	SOBOCZYŃSKA JUSTYNA	136		GDYNIA	POL	SENIOR I K - 20	1	K 18	02:13:29	06:13:57	11:55:55	17:22:30	19:41:44.85	19:42:05.85	10:44	5.6
2	PISULA PAULINA	175	KLUCZBORSKA GRUPA BIEGOWA	KLUCZBORK	POL	SENIOR I K - 20	2	K 32	02:12:56	06:20:11	13:18:20	20:41:22	23:13:27.50	23:13:49.05	12:40	4.7

BIEG K-B-L - 110 KM, Senior II K - 30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
1	ĆWIK IWONA	310		TYCHY	POL	SENIOR II K - 30	1	K 1	01:32:04	04:15:47	08:02:31	11:40:46	13:01:52.75	13:01:58.15	7:06	8.4
2	ŻUREK-KRÓL ŻANETA	11	CITYZEN RUNNING TEAM	POZNAŃ	POL	SENIOR II K - 30	2	K 3	01:49:46	04:56:10	09:21:41	13:10:13	14:34:14.50	14:34:17.85	7:56	7.5
3	BIERNACKA EDYTA	119		GOSTYŃ	POL	SENIOR II K - 30	3	K 4	01:49:12	05:00:41	09:20:18	13:16:06	14:47:22.45	14:47:34.40	8:04	7.4
4	TITZ KOZA JULITA	120		LODZ	POL	SENIOR II K - 30	4	K 5	01:49:15	05:06:15	09:37:56	13:51:36	15:25:41.50	15:25:47.60	8:24	7.1
5	KAŃDUŁA KLAUDIA	70	NEST TEAM	POZNAŃ	POL	SENIOR II K - 30	5	K 9	01:56:21	05:17:30	10:28:59	15:33:26	17:35:08.90	17:35:27.75	9:35	6.3
6	HADZICKA SYLWIA	61	VEGE RUNNERS	WROCŁAW	POL	SENIOR II K - 30	6	K 13	02:15:33	06:08:46	11:24:55	16:45:50	18:46:06.10	18:46:17.75	10:14	5.9
7	QUIRINI EWA	166		NOWY TARG	POL	SENIOR II K - 30	7	K 14	02:11:22	06:00:50	11:25:03	17:02:56	19:13:14.90	19:13:39.05	10:29	5.7
8	SADOWSKA MARTA	2	KOSSMATE ŻUKI	KRAKÓW	POL	SENIOR II K - 30	8	K 20	02:18:32	06:00:30	11:51:50	17:35:57	19:59:25.05	19:59:34.85	10:54	5.5
9	KORPUS-MIELCZARSKA KATARZYNA	215	SGB SAMO SIĘ NIE PRZEBIEGNIE	SŁAWKÓW	POL	SENIOR II K - 30	9	K 22	02:07:29	05:46:20	11:32:02	17:43:14	20:09:30.25	20:09:49.95	10:59	5.5
10	MICHALAK ALEKSANDRA	17	NIGHT RUNNERS/KOBIETY BIEGAJĄ	POZNAŃ	POL	SENIOR II K - 30	10	K 23	02:14:05	06:16:23	11:42:19	17:43:31	20:17:29.55	20:17:42.80	11:04	5.4
11	KRAWCZYŃSKA ANNA	292	POMIOTY SZATANA	POZNAŃ	POL	SENIOR II K - 30	11	K 27	02:15:55	06:35:46	12:46:30	18:59:35	21:18:03.40	21:18:15.20	11:37	5.2
12	MIZERA JOANNA	24	SUTTON RUNNERS	SUTTON	GBR	SENIOR II K - 30	12	K 28	02:11:35	06:14:48	12:44:07	19:23:14	21:54:15.15	21:54:30.35	11:56	5
13	MOSTOWSKA JOANNA	225	ZIMOWYHORYZONT.PL	WARSAW	POL	SENIOR II K - 30	13	K 30	02:11:55	06:35:20	13:39:07	20:04:18	22:13:31.35	22:13:49.40	12:07	4.9
14	PODLASIŃSKA PAULINA	21		KOBYŁKA	POL	SENIOR II K - 30	14	K 33	02:28:33	07:01:51	13:27:09	20:20:29	23:24:15.50	23:24:41.20	12:45	4.7
15	KRÓL ANETA	273	NAVAL POLSKA	WARSZAWA	POL	SENIOR II K - 30	15	K 34	02:17:04	06:18:07	14:54:00	20:57:48	23:25:45.90	23:25:53.85	12:46	4.7
16	SWĘDZIOŁ MONIKA	184	POLSKA	SOSNOWIEC	POL	SENIOR II K - 30	16	K 35	02:24:04	07:00:25	12:32:48	20:51:05	23:37:53.40	23:38:13.95	12:53	4.7
	WALCZYŃSKA KAROLINA	170	RUNHOGS TYCHY	BIELSKO-BIALA	POL	SENIOR II K - 30			02:41:13 DNF	08:14:48 DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, Senior II M - 30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
1	DZIĄDZIAK ŁUKASZ	246	MONK SANDALS	OŁAWA	POL	SENIOR II M - 30	1	M 1	01:25:05	03:35:24	06:52:41	10:01:55	11:15:08.70	11:15:08.70	6:08	9.8
2	UZNAŃSKI PIOTR	264	EUROCLEAR RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30	2	M 2	01:23:37	03:46:09	07:39:30	10:44:27	11:55:11.65	11:55:12.60	6:30	9.2
3	JEDWABNY PIOTR	126		WROCŁAW	POL	SENIOR II M - 30	3	M 3	01:25:06	03:43:15	07:30:56	11:01:16	12:17:39.65	12:17:41.85	6:42	8.9
4	WYRODEK JAKUB	227	TURBOPTYSIE	NOWA RUDA	POL	SENIOR II M - 30	4	M 4	01:39:40	04:11:59	07:50:30	11:11:05	12:29:45.30	12:30:14.05	6:48	8.8
5	BANASZEK ADAM	311	BIEGUSIEM.PL	WARSZAWA	POL	SENIOR II M - 30	5	M 6	01:35:03	04:15:49	08:03:32	11:35:16	12:48:37.40	12:48:41.50	6:59	8.6
6	KALINA TOMASZ	305	TRUE RUNNERS	OSLO	POL	SENIOR II M - 30	6	M 7	01:27:16	03:58:56	07:50:45	11:27:21	12:49:06.65	12:49:10.95	6:59	8.6
7	SZCZEPANIAK MARCIN	28	XRUNNERS	KONIN	POL	SENIOR II M - 30	7	M 8	01:31:20	04:09:20	08:04:35	11:33:51	12:50:53.15	12:50:54.95	7:00	8.6
8	WŁOCHAL ROBERT	133		WAŁBRZYCH	POL	SENIOR II M - 30	8	M 10	01:46:17	04:28:03	08:16:18	11:47:17	13:06:56.70	13:07:07.00	7:09	8.4
9	STROINSKI DANIEL	295	RMF4RT OCR	RYBNIK	POL	SENIOR II M - 30	9	M 11	01:33:11	04:15:54	08:41:33	11:58:23	13:10:42.85	13:10:45.10	7:11	8.3
10	WASZEK SŁAWOMIR	48	KARKONOSZ RUNNING TEAM	WROCŁAW	POL	SENIOR II M - 30	10	M 12	01:36:18	04:20:23	08:17:39	11:58:53	13:20:24.35	13:20:31.20	7:16	8.2
11	ŚWIERAD DARIUSZ	281	ASICS FRONTRUNNER POLAND / CAMELBAK POLSKA	KRAKÓW	POL	SENIOR II M - 30	11	M 13	01:39:05	04:23:29	08:28:30	12:04:13	13:39:01.60	13:39:05.95	7:26	8.1
12	BAZYL ADAM	8	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	12	M 14	01:43:19	04:35:31	08:34:06	12:16:15	13:40:19.50	13:40:34.55	7:27	8
13	AUGUSTYŃSKI SYLWESTER	77	LACHO TEAM	KRAKÓW	POL	SENIOR II M - 30	13	M 15	01:31:57	04:08:53	08:16:22	12:09:20	13:43:42.35	13:43:45.40	7:29	8
14	KRZESZOWSKI MARCIN	212		STRZEGOM	POL	SENIOR II M - 30	14	M 16	01:45:30	04:31:33	08:37:09	12:21:19	13:45:40.10	13:45:52.05	7:30	8
15	SMOLAREK SEBASTIAN	231		POZNAŃ	POL	SENIOR II M - 30	15	M 17	01:28:25	04:09:10	08:19:04	12:21:01	13:50:27.35	13:50:31.20	7:32	7.9
16	WALESIAK WOJCIECH	40	REMBERTÓW TEAM	WARSZAWA	POL	SENIOR II M - 30	16	M 18	01:42:52	04:29:58	08:32:19	12:37:25	14:00:08.45	14:00:27.70	7:38	7.9
17	TOMALSKI MARCIN	283		KRAKOW	POL	SENIOR II M - 30	17	M 19	01:43:10	04:40:57	08:55:31	12:41:32	14:09:32.65	14:09:38.00	7:43	7.8
18	BORUCKI JAKUB	14	#KASZANIENAMOKA	POZNAŃ	POL	SENIOR II M - 30	18	M 20	01:44:54	04:38:58	08:47:02	12:41:41	14:10:38.45	14:10:49.65	7:43	7.8
19	ŁABUZ SYLWESTER	13		DZIERŻONIÓW	POL	SENIOR II M - 30	19	M 22	01:43:18	04:35:49	08:59:49	12:55:21	14:15:46.95	14:15:56.85	7:46	7.7
20	ZBRZEŹNY CEZARY	141	KB JURUNDSZCZYTNO	SZCZYTNO	POL	SENIOR II M - 30	20	M 23	01:45:51	04:33:27	08:51:52	12:50:40	14:18:47.65	14:19:01.60	7:48	7.7
21	WOJCIECHOWSKI PRZEMYSLAW	74	CHAMPIONMAN TEAM	CZEMPIŃ	POL	SENIOR II M - 30	21	M 28	01:46:19	04:36:13	08:48:35	12:52:29	14:29:28.70	14:29:34.20	7:54	7.6
22	WERNER KAMIL	52	ULTRA PASTERZE	WARSZAWA	POL	SENIOR II M - 30	22	M 31	01:30:56	04:24:23	09:03:55	13:04:02	14:35:09.30	14:35:11.75	7:57	7.5
23	GARNEK PIOTR	60	VEGE RUNNERS	WROCŁAW	POL	SENIOR II M - 30	23	M 34	02:00:11	05:16:45	09:33:21	13:13:55	14:42:32.45	14:42:40.85	8:01	7.5
24	PACZUSKI MICHAL	260	FOREVER YOUNG LODZ	LODZ	POL	SENIOR II M - 30	24	M 38	01:44:48	04:35:46	08:58:03	13:16:06	15:05:33.75	15:05:48.85	8:13	7.3
25	ZAWORSKI TOMASZ	262		WROCŁAW	POL	SENIOR II M - 30	25	M 40	01:45:51	04:52:45	09:22:55	13:34:23	15:14:49.55	15:14:54.60	8:18	7.2
26	HOLC MICHAŁ	282	UZDROWISKOWY TEAM	WARSZAWA	POL	SENIOR II M - 30	26	M 41	01:41:31	04:44:46	09:21:51	13:42:54	15:16:46.15	15:16:55.65	8:20	7.2
27	MARUKIEWICZ MAREK	271	BIEGAMDLAZDROWIA.PL	JELENIA GÓRA	POL	SENIOR II M - 30	27	M 42			09:00:08	13:20:13	15:20:00.35	15:20:00.35	8:21	7.2
28	KAŃDUŁA GRZEGORZ	83	NEST.POZNAN.PL	POZNAŃ	POL	SENIOR II M - 30	28	M 43	01:49:24	04:49:48	09:21:02	13:37:38	15:20:23.30	15:20:41.40	8:22	7.2

BIEG K-B-L - 110 KM, Senior II M - 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
29	IŁOWIECKI DOMINIK	131	NBR TEAM	POZNAŃ	POL	SENIOR II M - 30	29	M 45	01:42:31	04:38:38	09:19:18	13:42:31	15:21:01.90	15:21:12.45	8:22	7.2
30	WASILEWSKI MARCIN	152		ZIELONA GÓRA	POL	SENIOR II M - 30	30	M 46	01:38:08	04:35:38	09:27:43	13:52:51	15:25:13.95	15:25:23.30	8:24	7.1
31	RAJNER KRZYSZTOF	12	ULTRA KOSZALIN	KOSZALIN	POL	SENIOR II M - 30	31	M 49	01:49:07	04:54:08	09:31:44	13:51:11	15:27:00.65	15:27:16.70	8:25	7.1
32	MEISSNER PAWEŁ	222	TIGERS TEAM	ŁÓDŹ	POL	SENIOR II M - 30	32	M 53	01:46:18	04:44:28	09:20:52	13:59:03	15:43:06.00	15:43:08.85	8:34	7
33	JĘDRYCHOWSKI BARTŁOMIEJ	306		KUDOWA-ZDRÓJ	POL	SENIOR II M - 30	33	M 58	01:49:00	05:09:50	09:52:48	14:21:16	15:55:28.85	15:55:49.65	8:41	6.9
34	WESOŁEK MAREK	220	PRO-RUN WROCŁAW	WROCŁAW	POL	SENIOR II M - 30	34	M 60	01:57:45	05:00:30	09:38:30	14:06:59	16:02:54.80	16:03:05.40	8:45	6.9
35	OLAWIŃSKI KAROL	276	TMTEAM	KOBIERZYCE	POL	SENIOR II M - 30	35	M 63	01:49:31	05:02:29	10:17:40	14:31:20	16:05:28.65	16:05:42.00	8:46	6.8
36	KOZERAŃSKI PRZEMYSŁAW	248	WILD DOGS TEAM	WOJKOWICE	POL	SENIOR II M - 30	36	M 65	01:47:44	05:06:13	09:53:45	14:21:16	16:08:34.00	16:08:45.20	8:48	6.8
37	GRUNTOWSKI MATEUSZ	259	NIEMO ADVENTURE	NIEMODLIN	POL	SENIOR II M - 30	37	M 70	01:54:23	05:21:44	10:17:26	14:53:38	16:30:15.30	16:30:36.30	9:00	6.7
38	SANKOWSKI PAWEŁ	312	PLACKI TEAM	WROCŁAW	POL	SENIOR II M - 30	38	M 73	02:04:53	05:35:09	10:21:00	14:55:04	16:39:09.95	16:44:20.20	9:05	6.6
39	GAJLUSZ DAWID	278	BIEGIEM PO MARZENIA TEAM	OLEŚNICA	POL	SENIOR II M - 30	39	M 76	01:32:31	04:38:53	09:48:46	14:44:46	16:50:16.40	16:50:18.10	9:11	6.5
40	DOMOSTOWICZ MICHAŁ	318		SKIERNIEWICE		SENIOR II M - 30	40	M 78	01:57:12	05:24:43	10:27:52	15:14:13	16:52:57.60	16:53:13.05	9:12	6.5
41	GĄSIOR PAWEŁ	112		OŁAWA	POL	SENIOR II M - 30	41	M 80	01:38:05	05:08:07	10:16:53	15:12:05	16:53:51.75	16:54:00.20	9:13	6.5
42	PIOTROWSKI MICHAŁ	154	KLUB BIEGACZA JURUND SZCZYTNO	ŚWIĘTAJNO	POL	SENIOR II M - 30	42	M 81	01:45:51	04:44:28	09:51:40	14:58:36	16:56:58.10	16:57:11.55	9:14	6.5
43	ŻMIJEWSKI TOMASZ	27		WROCŁAW	POL	SENIOR II M - 30	43	M 84	02:01:53	05:34:46	10:30:58	15:21:04	17:11:29.25	17:11:40.25	9:22	6.4
44	WESOŁOWSKI KRZYSZTOF	31	PORANNY PATROL	KRAKÓW	POL	SENIOR II M - 30	44	M 91	01:49:10	05:17:49	10:14:27	15:25:48	17:21:43.70	17:21:51.05	9:28	6.3
45	SAWKA TOMASZ	254	SEZONSTARTOWY.PL	NYSA	POL	SENIOR II M - 30	45	M 92	01:48:56	05:02:21	10:11:17		17:23:14.00	17:23:14.00	9:29	6.3
46	ZAJĄC MARCIN	207		JÓZEFOSŁAW	POL	SENIOR II M - 30	46	M 94	01:46:55	04:58:20	10:10:56	15:19:04	17:24:19.75	17:24:23.60	9:29	6.3
47	ZAPORA MAREK	129	W POGONI ZA DUCHEM	SARNÓW	POL	SENIOR II M - 30	47	M 96	02:00:07	05:24:31	10:42:29	15:34:01	17:24:39.30	17:24:58.70	9:29	6.3
48	POLAŃSKI BARTOSZ	67		WROCŁAW	POL	SENIOR II M - 30	48	M 98	02:00:11	05:21:31	10:34:40	15:33:29	17:27:41.60	17:27:50.80	9:31	6.3
49	TĘSIOROWSKI MARIUSZ	96		SYCÓW	POL	SENIOR II M - 30	49	M 100	01:56:01	05:06:36	10:22:34	15:42:03	17:40:51.75	17:41:14.40	9:38	6.2
50	CHACIŃSKI MIKOŁAJ	253	PROAUTOMATION	WARSZAWA	POL	SENIOR II M - 30	50	M 105	01:51:25	05:16:23	10:31:20	15:47:42	17:43:48.70	17:43:56.55	9:40	6.2
51	CYGAN TOMASZ	89	SPARTANIE DZIECIOM	WARSZAWA	POL	SENIOR II M - 30	51	M 106	01:47:23	05:12:29	10:12:50	15:57:20	17:45:34.10	17:45:37.45	9:41	6.2
52	RODAK ZBIGNIEW	204		STRZEGOM	POL	SENIOR II M - 30	52	M 107	01:58:03	05:34:24	10:41:18	15:52:58	17:49:53.10	17:50:06.00	9:43	6.2
53	RUMPEL KRZYSZTOF	6	KS M.E.T.A.	CZYŻOWICE	POL	SENIOR II M - 30	53	M 110	01:57:08	05:41:54	10:57:21	15:52:21	17:52:16.65	17:52:40.95	9:44	6.2
54	ZAWISZ MARIUSZ	69	YNO ULTRA	GASZOWICE	POL	SENIOR II M - 30	54	M 111	01:57:11	05:41:53	10:57:28	15:52:42	17:52:17.80	17:52:41.05	9:44	6.2
55	KOPACKI GRZEGORZ	55	FOLLOWME - ZMIENIAMYFINANSE.PL	WAŁBRZYCH	POL	SENIOR II M - 30	55	M 114	01:57:27	05:25:56	10:55:03	16:07:00	17:54:19.15	17:54:31.80	9:45	6.1
56	KOCJAN PAWEŁ	54	NIGHT RUNNERS	POZNAŃ	POL	SENIOR II M - 30	56	M 124	01:46:10	05:20:34	10:41:24	16:07:42	18:18:59.80	18:19:11.85	9:59	6
57	WŁODARCZYK ŁUKASZ	4	NIGHT RUNNERS	POZNAŃ	POL	SENIOR II M - 30	57	M 125	01:47:09	05:20:10	10:41:11	16:06:21	18:19:00.90	18:19:15.05	9:59	6
58	JĘDRYCHA MICHAŁ	18	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	58	M 127	02:03:20	05:51:40	10:53:26	16:14:09	18:29:02.00	18:29:15.90	10:04	6
59	JURA MARIUSZ	87		ŁÓDŹ	POL	SENIOR II M - 30	59	M 129	02:11:38	05:53:17	11:09:48	16:23:53	18:31:08.25	18:31:21.90	10:06	5.9
60	GRZESIAK MATEUSZ	284	KLUB AA	MIANOWICE	POL	SENIOR II M - 30	60	M 131	01:50:48	05:30:02	11:25:21	16:37:23	18:34:32.00	18:34:34.65	10:07	5.9
61	RACZYŃSKI BOGUSZ	3	TIGERS TEAM	ALEKSANDRÓW ŁÓDZKI	POL	SENIOR II M - 30	61	M 133	02:00:18	05:40:36	11:09:39	16:33:17	18:39:05.25	18:39:11.75	10:10	5.9
62	WOJCIECHOWICZ LESZEK	217	BIEGAJNIA POZNAŃ	BORZYKOWO	POL	SENIOR II M - 30	62	M 135	02:13:07	06:11:01	11:28:12	16:39:11	18:41:30.40	18:41:43.15	10:11	5.9
63	SANKOWSKI JACEK	203	1988	WROCŁAW	POL	SENIOR II M - 30	63	M 136	02:05:22	05:58:11	11:20:58	16:47:54	18:42:53.75	18:48:03.90	10:12	5.9
64	LECHOWSKI TOMASZ	313		KRAKÓW	POL	SENIOR II M - 30	64	M 139	02:09:00	06:17:22	11:44:29	17:02:10	18:56:42.50	18:57:04.50	10:20	5.8
65	HAJEK PRZEMEK	143	ASAP RUNNERS	ŁÓDŹ	POL	SENIOR II M - 30	65	M 141	01:50:39	05:35:55	11:03:29	16:56:15	19:00:07.45	19:00:23.85	10:21	5.8
66	JADACH GRZEGORZ	294		WROCŁAW	POL	SENIOR II M - 30	66	M 143	01:52:36	05:21:12	10:41:58	16:18:30	19:04:18.70	19:04:23.80	10:24	5.8
67	URACZ ŁUKASZ	238	HARPAGAN SOSNOWIEC	SOSNOWIEC	POL	SENIOR II M - 30	67	M 144	02:08:50	05:57:35	11:24:54	16:48:04	19:07:02.25	19:07:23.40	10:25	5.8
68	LUTYŃSKI ZBIGNIEW	155		OŚWIĘCIM	POL	SENIOR II M - 30	68	M 149	02:08:33	05:58:52	11:49:26	17:15:16	19:22:51.30	19:23:09.75	10:34	5.7
69	ZEGARMISTRZ GRZEGORZ	228		KRAKÓW	POL	SENIOR II M - 30	69	M 150	02:00:16	05:05:14		17:25:35	19:22:49.15	19:23:15.20	10:34	5.7
70	LANGE SZYMON	270	RUNNER'S POWER	ŚREM	POL	SENIOR II M - 30	70	M 151	02:08:49	05:58:23	11:34:17	17:18:55	19:23:12.00	19:23:22.90	10:34	5.7
71	BYZIA PIOTR	9		WROCŁAW	POL	SENIOR II M - 30	71	M 155	01:57:33	05:48:00	11:10:16	16:58:42	19:27:07.65	19:27:12.25	10:36	5.7
72	WALKIEWICZ MACIEJ	148		SOPOT	POL	SENIOR II M - 30	72	M 156	01:49:24	05:16:05	10:55:34	17:11:13	19:29:09.40	19:29:23.15	10:37	5.6
73	PYTEL STANISŁAW	150	SCYZORYK	KIELCE	POL	SENIOR II M - 30	73	M 164	01:57:03	05:39:54	11:15:56	16:57:26	19:45:26.85	19:45:34.30	10:46	5.6
74	SOŁTYS TOMASZ	331		PIDANKOWICE		SENIOR II M - 30	74	M 165	02:00:23	05:33:11	11:22:32	17:17:04	19:46:15.60	19:46:22.75	10:47	5.6
75	SZYSZKO STANISŁAW	188		PIŁA	POL	SENIOR II M - 30	75	M 174	01:49:22	05:00:39	10:31:33	17:22:01	20:07:15.50	20:07:19.80	10:58	5.5
76	MAJDA MACIEJ	36	VISEGRAD MARATON RYTRO	NOWY SĄCZ	POL	SENIOR II M - 30	76	M 178	02:05:04	05:57:42	11:31:51	17:31:07	20:41:27.05	20:41:42.50	11:17	5.3
77	STANIA PAWEŁ	108	PARKRUN OPOLE	OPOLE	POL	SENIOR II M - 30	77	M 179	02:10:22	06:11:53	12:49:53	19:00:10	20:41:15.95	20:41:45.45	11:17	5.3
78	MURAWICZ ADAM	206		POZNAŃ	POL	SENIOR II M - 30	78	M 180	02:12:16	06:10:52	12:15:33	18:31:08	20:42:09.55	20:42:30.95	11:17	5.3
79	SZYSZKA JAKUB	50	VEGE RUNNERS	ZIELONA GÓRA	POL	SENIOR II M - 30	79	M 188	02:03:11	05:39:10	11:32:34	18:14:35	21:03:26.75	21:03:47.55	11:29	5.2
80	KRUK GRZEGORZ	73	ALIOR RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30	80	M 192	02:10:22	06:11:41	12:50:09	19:00:34	21:13:18.05	21:13:35.05	11:34	5.2
81	GAJEWSKI TOMASZ	293	POMIOTY SZATANA	POZNAŃ	POL	SENIOR II M - 30	81	M 194	02:15:53	06:35:46	12:46:32	19:00:06	21:18:03.80	21:18:16.45	11:37	5.2

BIEG K-B-L - 110 KM, Senior II M - 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
82	STEFANIAK MARCIN	33		DĄBRÓWKA	POL	SENIOR II M - 30	82	M 197	02:00:24	05:41:17	11:58:44	18:37:53	21:31:12.80	21:31:31.35	11:44	5.1
83	SKOKOWSKI TOMASZ SKOKOWSKI	15	SUTTON RUNNERS	SUTTON	GBR	SENIOR II M - 30	83	M 200	02:11:33	06:14:47	12:44:04	19:23:13	21:54:13.85	21:54:30.25	11:56	5
84	GAŁKA MARCIN	42		BRZESKO	POL	SENIOR II M - 30	84	M 203	02:28:32	07:01:50	13:26:59	20:07:42	22:20:47.50	22:21:13.00	12:11	4.9
85	GMAJ DANIEL	181		GRÓJEC	POL	SENIOR II M - 30	85	M 206	02:11:59	06:21:06		19:26:30	22:26:17.50	22:26:35.25	12:14	4.9
86	SZYMAŁA MATEUSZ	165	KLUCZBORSKA GRUPA BIEGOWA	KLUCZBORK	POL	SENIOR II M - 30	86	M 210	02:12:56	06:20:53	13:18:23	20:43:53	23:13:31.35	23:13:53.35	12:40	4.7
87	PŁAŻYŃSKI BARTOSZ	200	W POGONI ZA DUCHEM	SOSNOWIEC	POL	SENIOR II M - 30	87	M 215	02:24:04	07:00:27	13:34:27	20:51:05	23:37:53.75	23:38:13.95	12:53	4.7
88	KOZERA KAMIL	43	HARPAGAN SOSNOWIEC	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	88	M 218	02:13:17		13:28:20	20:26:21	23:43:54.60	23:44:16.60	12:56	4.6
	ZYDORCZAK MATEUSZ	332		WROCŁAW		SENIOR II M - 30			01:55:18 DNF	05:36:42 DNF	11:01:50 DNF	DNF	DNF	DNF	-	-
	ŁUKASIEWICZ MAREK	118	HEAVY WEIGHT RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30			02:10:35 DNF	05:57:45 DNF	11:45:18 DNF	DNF	DNF	DNF	-	-
	SKAZA ADAM	176	JEDNOSTKA WOJSKOWA BRZEG -GRUPA EOD	BRZEG	POL	SENIOR II M - 30			02:06:37 DNF	05:51:19 DNF	11:47:57 DNF	DNF	DNF	DNF	-	-
	MACHURA SEBASTIAN	164	HAZOKI	CHORZÓW	POL	SENIOR II M - 30			02:10:07 DNF	06:03:48 DNF	12:29:52 DNF	DNF	DNF	DNF	-	-
	PIKUSA MICHAL	75		POZNAN	POL	SENIOR II M - 30			02:33:03 DNF	07:59:51 DNF	15:11:51 DNF	DNF	DNF	DNF	-	-
	WILK MACIEJ	29	RAMBO 3	BYTOM	POL	SENIOR II M - 30			01:19:38 DNF	03:43:05 DNF	DNF	DNF	DNF	DNF	-	-
	JERMAK KAMIL	210		PŁOTY	POL	SENIOR II M - 30			01:41:39 DNF	04:52:12 DNF	DNF	DNF	DNF	DNF	-	-
	PIECUCH MARCIN	32	LACHO TEAM	KRAKÓW	POL	SENIOR II M - 30			01:55:13 DNF	05:01:54 DNF	DNF	DNF	DNF	DNF	-	-
	ANTOSIAK TOMASZ	208	TMTEAM	ZŁOTORYJA	POL	SENIOR II M - 30			01:48:51 DNF	05:14:34 DNF	DNF	DNF	DNF	DNF	-	-
	CZAPIEWSKI DAREK	302	PRZENOSIMY GÓRY	BIERUŃ	POL	SENIOR II M - 30			01:49:02 DNF	05:16:38 DNF	DNF	DNF	DNF	DNF	-	-
	ROJEK PAWEŁ	144	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30			02:13:06 DNF	05:59:59 DNF	DNF	DNF	DNF	DNF	-	-
	SOBOCZYŃSKI ADAM	239		GDYNIA	POL	SENIOR II M - 30			02:13:31 DNF	07:00:01 DNF	DNF	DNF	DNF	DNF	-	-
	BUKOWSKI MARCIN	115	SPARTANIE DZIECIOM	ŻELECHÓW	POL	SENIOR II M - 30			02:11:53 DNF	07:31:27 DNF	DNF	DNF	DNF	DNF	-	-
	LUTOWSKI WOJCIECH	202	TKKF KOLEJARZ BYDGOSZCZ	BYDGOSZCZ	POL	SENIOR II M - 30			01:47:53 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KRZEMIŃSKI JACEK	242	POLDEK TEAM	OPOLE	POL	SENIOR II M - 30			02:12:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, Masters K - 40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
1	KRYM KATARZYNA	223	NIGHT RUNNERS WROCŁAW	SMOLEC	POL	MASTERS K - 40	1	K 6	01:47:19	04:44:27	09:20:37	13:59:01	15:43:04.80	15:43:08.75	8:34	7
2	SZCZOTKA KATARZYNA	198		PSZCZYNA	POL	MASTERS K - 40	2	K 7	01:57:09	05:28:05	10:41:34	15:24:52	17:04:32.95	17:04:38.75	9:18	6.4
3	JĘDRYCHA BOŻENA	140		RYBNIK	POL	MASTERS K - 40	3	K 8	02:03:16	05:51:38	10:53:14	15:42:20	17:18:02.45	17:18:16.50	9:26	6.4
4	WOŹNA MAGDALENA	240		ZIELONA GÓRA	POL	MASTERS K - 40	4	K 10	02:11:31	05:53:07	11:11:15	15:46:40	17:36:54.45	17:37:16.90	9:36	6.2
5	ŚWIATOWIEC ANNA	44	IMPERIUM SPORTU TEAM	KRAKÓW	POL	MASTERS K - 40	5	K 11	02:12:25	06:12:06	11:31:53	16:21:49	18:01:07.90	18:01:19.55	9:49	6.1
6	RÓŻOWICZ ELIZA	47	SPARTANIE DZIECIOM	WARSZAWA	POL	MASTERS K - 40	6	K 12	02:04:50	05:41:34	10:59:13	16:04:33	18:27:25.25	18:27:35.10	10:04	6
7	BRUSZEWSKA-GŁOMBIOWSKA MONIKA	134		GDYNIA	POL	MASTERS K - 40	7	K 15	02:11:30	05:59:16	11:30:25	16:52:24	19:13:44.40	19:13:50.65	10:29	5.7
8	MAJOCH ANNA	145	GVT	KŁODZKO	POL	MASTERS K - 40	8	K 16	02:08:50	05:58:31	11:50:46	17:16:29	19:28:45.85	19:28:45.85	10:37	5.6
9	JĘDRZEJOWSKA-DEC ANNA	327	OTK RZEŹNIK	GLIWICE		MASTERS K - 40	9	K 17	02:09:34	06:05:54	11:52:14	17:33:11	19:41:23.15	19:41:46.60	10:44	5.6
10	HARĘŻLAK DOROTA	38	AGB TORFY	ŁÓDŹ	POL	MASTERS K - 40	10	K 19	02:13:56	06:06:47	11:31:02	17:22:52	19:46:24.20	19:46:32.90	10:47	5.6
11	BAJAK MAŁGORZATA	237	MUAY RUNNING TEAM	KRAKÓW, POLSKA	POL	MASTERS K - 40	11	K 21	02:19:00	06:20:37	12:13:55	18:03:48	20:00:59.00	20:01:11.35	10:55	5.5
12	WSUŁ MONIA	173	CHOSZCZENSKA10	SWARZĘDZ	POL	MASTERS K - 40	12	K 24	01:58:52	05:38:29	11:30:26	18:12:36	20:23:18.20	20:23:33.50	11:07	5.4
13	POPŁAWSKA KATARZYNA	37	CZARNE OWCE HIPOLITÓW	HIPOLITÓW	POL	MASTERS K - 40	13	K 25	02:13:20	06:37:00	12:59:03	18:30:31	20:29:33.80	20:29:39.50	11:10	5.4

BIEG K-B-L - 110 KM, Masters K - 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
14	PATURA ANNA	82	ŁÓDŹ RUNNING TEAM	ŁÓDŹ	POL	MASTERS K - 40	14	K 26	02:13:02	06:37:35	13:27:06	19:08:36	20:59:23.30	20:59:25.75	11:26	5.2
15	SAKOWSKA ANETA	68	MARATONKA GRAJEWO	DROZDOWO	POL	MASTERS K - 40	15	K 29	02:11:56	06:33:33	13:39:12	20:04:19	22:13:31.25	22:13:49.10	12:07	4.9
16	SKOLIMOWSKA KATARZYNA	268		ŻABOKLIKI	POL	MASTERS K - 40	16	K 31	02:15:09	06:14:15	13:14:16	20:08:03	22:25:44.10	22:25:46.85	12:14	4.9
17	KUCNER MONIKA	111	ALBERTS TEAM	KĄKOLEWO	POL	MASTERS K - 40	17	K 36	02:11:21	05:51:18	12:57:04	20:31:55	23:41:42.60	23:42:09.25	12:55	4.6
18	NĄCKIEWICZ JUSTYNA	92		BRZESKO	POL	MASTERS K - 40	18	K 37	02:42:05	07:54:31	14:50:36	21:28:52	24:01:25.60	24:01:38.45	13:06	4.6
19	SOBICZEWSKA IZA	301	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	19	K 38	02:18:42	07:14:57	15:07:48	22:21:45	24:53:33.70	24:53:36.20	13:34	4.4
20	JUCHA LIDIA	58		ŁÓDŹ	POL	MASTERS K - 40	20	K 40	02:46:38	07:48:07	15:03:40	22:09:50	25:12:23.90	25:12:32.35	13:44	4.4
21	PRUSIEWICZ BEATA	137	ANTON TEAM	OSTRÓW WIELKOPOLSKI	POL	MASTERS K - 40	21	K 41	02:13:05	06:47:34	14:07:17	22:02:23	25:19:01.75	25:19:17.50	13:48	4.3

BIEG K-B-L - 110 KM, Masters M - 40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
1	SZAROWAR BARTOSZ	147		NOWA SÓL	POL	MASTERS M - 40	1	M 5	01:27:28	04:02:45	07:51:04	11:19:16	12:43:12.00	12:43:15.55	6:56	8.6
2	MAZUR TOMASZ	113		WOLICA	POL	MASTERS M - 40	2	M 24	01:38:30	04:28:00	08:47:44	12:45:22	14:20:47.00	14:20:51.35	7:49	7.7
3	BIADASZ ANDRZEJ MICHAŁ	107	POLITECHNIKA POZNAŃSKA	POZNAŃ	POL	MASTERS M - 40	3	M 25	01:44:09	04:33:36	08:47:18	12:46:53	14:20:48.75	14:20:52.00	7:49	7.7
4	ZIĘTERSKI ROBERT	194	ROBERT ZIĘTERSKI	KŁODZKO	POL	MASTERS M - 40	4	M 27	01:44:23	04:44:59	08:47:26	12:50:49	14:27:08.65	14:27:13.60	7:52	7.6
5	KRÓL MACIEJ	81		POZNAŃ	POL	MASTERS M - 40	5	M 29	01:46:23	04:44:59	08:48:38	12:52:29	14:29:29.45	14:29:34.80	7:54	7.6
6	WITEK ŁUKASZ	257	BIEG PO ZDRÓJ	JAWORZE	POL	MASTERS M - 40	6	M 35	01:48:22	05:00:41	09:23:25	13:16:15	14:47:27.90	14:47:34.45	8:04	7.4
7	BUCHLA MARCIN	183	GT RAT	WROCŁAW	POL	MASTERS M - 40	7	M 36	01:51:17	04:45:26	09:09:16	13:13:29	14:48:09.90	14:48:12.65	8:04	7.4
8	RZYWUCKI WOITEK	274	RUNNERSCLUB.PL	PILA	POL	MASTERS M - 40	8	M 37	01:57:10	05:07:13	09:33:28	13:36:48	15:04:16.15	15:04:24.70	8:13	7.3
9	DABKOWSKI KAMIL	139		WARSAW	POL	MASTERS M - 40	9	M 39	01:46:19	04:45:37	09:21:42	13:30:48	15:08:12.15	15:08:24.45	8:15	7.3
10	WALENDA ARKADIUSZ	298	VEGE ULTRA RUNNERS	LESZNOWOLA	POL	MASTERS M - 40	10	M 47	01:44:13	04:59:55	09:41:41	13:56:11	15:25:18.65	15:25:23.30	8:24	7.1
11	WODZIEŃ ANDRZEJ	329		RZESZÓW		MASTERS M - 40	11	M 50	01:49:06	04:56:06	09:33:34	13:54:51	15:29:26.95	15:29:33.80	8:26	7.1
12	SZYL MAREK	85	RUNNERS TEAM QUIBL	WARSZAWA	POL	MASTERS M - 40	12	M 51	01:51:50	05:18:53	09:49:27	14:06:12	15:37:23.25	15:37:41.40	8:31	7
13	KRZESIŃSKI DARIUSZ	286	ORANGE POLSKA S.A	WROCŁAW	POL	MASTERS M - 40	13	M 55	01:46:43	05:00:38	09:33:26	14:01:26	15:46:56.60	15:47:03.15	8:36	7
14	WITCZAK PRZEMYSŁAW	205	DREAMTIME TRAILS	WARSZAWA	POL	MASTERS M - 40	14	M 56	01:59:27	05:18:47	10:00:14	14:15:15	15:50:10.60	15:50:21.80	8:38	6.9
15	WŁOSKOWICZ MARCIN	130		WĄCHOCK	POL	MASTERS M - 40	15	M 57	02:07:43	05:32:33	10:06:41	14:26:14	15:53:53.80	15:54:12.75	8:40	6.9
16	KALEMBKIEWICZ PIOTR	229	MIROTRANS	WROCŁAW	POL	MASTERS M - 40	16	M 59	01:52:03	05:00:55	10:10:46	14:29:20	16:00:21.20	16:00:45.05	8:43	6.9
17	KLARECKI ADRIAN	100	WIRAN TEAM/ ASTMA TEAM	REDA	POL	MASTERS M - 40	17	M 61	01:39:34	04:41:17	09:25:54	14:11:42	16:05:09.10	16:05:11.85	8:46	6.8
18	KRÓL MACIEJ	98	WIRAN TEAM	REDA	POL	MASTERS M - 40	18	M 62	01:39:35	04:41:19	09:25:49	14:11:09	16:05:08.60	16:05:11.95	8:46	6.8
19	FROŁOW JAKUB	201		WARSZAWA	POL	MASTERS M - 40	19	M 64	01:49:34	04:56:03	09:32:44	14:13:47	16:07:47.65	16:08:00.50	8:47	6.8
20	KOWAL WIESŁAW	216	SPARTA ZIĘBICE	ZIĘBICE	POL	MASTERS M - 40	20	M 67	01:46:19	04:45:27	09:26:31	14:30:15	16:18:14.75	16:18:25.35	8:53	6.7
21	SIKORSKI JACEK	95	GIRO DI ZAWADA	PIŁA	POL	MASTERS M - 40	21	M 68	01:52:02	05:06:14	09:47:29	14:26:42	16:20:47.45	16:20:57.40	8:54	6.7
22	FEODORÓW WOJCIECH	285	SKURCZYBYKI	ZABRZE	POL	MASTERS M - 40	22	M 72	01:58:06	05:22:30	10:21:05	15:06:39	16:42:07.15	16:42:12.10	9:06	6.6
23	ZYDROŃ TYMOTEUSZ	157	VISEGRAD MARATON RYTRO	KRAKÓW	POL	MASTERS M - 40	23	M 74	02:00:51	05:34:43	10:30:52	15:03:26	16:45:04.25	16:45:18.70	9:08	6.6
24	KURCZYK TOMASZ	214		KOŚMIDRY	POL	MASTERS M - 40	24	M 75	01:48:21	05:08:37	10:10:46	15:09:08	16:47:00.95	16:47:05.65	9:09	6.6
25	PAWŁOWSKI JACEK	156	KS TĘCZA GDYNIA	GDYNIA	POL	MASTERS M - 40	25	M 77	01:44:02	04:56:13	10:11:03	15:23:24	16:51:44.25	16:51:54.20	9:11	6.5
26	GRYSKA PIOTR	322		KOBIELA		MASTERS M - 40	26	M 79	02:06:33	05:30:26	10:29:15	15:11:25	16:52:43.90	16:53:13.25	9:12	6.5
27	BOBIN TOMASZ	94		GORZÓW WLKP.	POL	MASTERS M - 40	27	M 82	01:46:14	05:16:40	10:22:17	15:24:30	17:05:48.90	17:05:53.25	9:19	6.4
28	POSMAN RAFAŁ	307		WAŁBRZYCH	POL	MASTERS M - 40	28	M 85	02:04:17	05:28:27	10:21:31	15:19:36	17:12:22.70	17:12:28.35	9:23	6.4
29	BARAN JAROSŁAW	189		WROCŁAW	POL	MASTERS M - 40	29	M 86	02:10:39	05:51:53	10:53:34	15:18:45	17:12:58.90	17:13:22.45	9:23	6.4
30	MEISSNER PAWEŁ	209	KONEFKA TEAM	GDAŃSK	POL	MASTERS M - 40	30	M 88	01:56:23	05:30:02	11:04:14	15:42:47	17:18:17.10	17:18:20.85	9:26	6.4
31	ZUBERT MARCIN	114	PRESS GLASS- BIEGAMY I WSPIERAMY	RUDNIK WIELKI	POL	MASTERS M - 40	31	M 89	02:12:45	05:26:10	10:22:19	15:12:10	17:19:19.15	17:19:39.95	9:26	6.4
32	KUPCZYK JACEK	153	MOL RUNNERS	ROKIETNICA	POL	MASTERS M - 40	32	M 90	01:54:39	05:17:40	10:31:40	15:21:09	17:19:58.10	17:20:03.95	9:27	6.3
33	ZOWAL RYSZARD	26	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	MASTERS M - 40	33	M 95	02:00:25	05:24:49	10:40:23	15:34:18	17:24:58.50	17:24:58.50	9:29	6.3
34	GŁĘBOWSKI TOMASZ	124		CZERWONAK	POL	MASTERS M - 40	34	M 97	01:51:36	05:04:47	10:14:19	15:30:33	17:25:49.60	17:25:58.45	9:30	6.3
35	SUSKI JÓZEF	16	AGB TORFY	ŁÓDŹ	POL	MASTERS M - 40	35	M 99	02:10:31	05:54:01	10:54:52	15:49:41	17:34:10.80	17:34:12.60	9:35	6.3
36	MATEŃCZUK PAWEŁ	272	NAVAL POLSKA	WARSZAWA	POL	MASTERS M - 40	36	M 101	02:16:56	06:18:05	10:56:03	16:03:20	17:41:25.25	17:41:33.50	9:38	6.2
37	PONDYTKO PIOTR	317		KŁODZKO		MASTERS M - 40	37	M 102	02:09:32	05:41:07	10:45:22	15:45:55	17:41:22.80	17:41:51.05	9:38	6.2
38	SZYMAŁA MARCIN	167		KLUCZBORK	POL	MASTERS M - 40	38	M 103	02:12:50	06:19:46	11:14:01	15:54:24	17:41:49.85	17:42:12.05	9:39	6.2
39	BOTTCHER ANDRZEJ	174	SKB GRANIT	STRZELIN	POL	MASTERS M - 40	39	M 104	01:53:08	05:16:17	10:31:14	15:47:43	17:43:45.20	17:43:52.55	9:40	6.2
40	KŁOSOWSKI PIOTR	151		STRZEGOM	POL	MASTERS M - 40	40	M 108	01:58:14	05:34:36	10:41:32	15:55:26	17:50:06.20	17:50:06.20	9:43	6.2
41	KOŁODZIEJ MARIUSZ	19	TMTEAM	LEGNICA	POL	MASTERS M - 40	41	M 109	01:59:45	05:46:43	10:55:06	15:53:47	17:52:28.35	17:52:29.55	9:44	6.2

BIEG K-B-L - 110 KM, Masters M - 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
42	PILŚNIAK PIOTR	127	FORMA WODZISLAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	MASTERS M - 40	42	M 112	01:57:11	05:41:54	10:57:16	15:53:45	17:52:16.85	17:52:41.50	9:44	6.2
43	NOWAK KRZYSZTOF	267		DĄBROWA GÓRNICZA	POL	MASTERS M - 40	43	M 113		05:32:41	10:58:36	15:53:09	17:53:20.10	17:53:41.55	9:45	6.1
44	FURMAN MARCIN	186		SOSNOWIEC	POL	MASTERS M - 40	44	M 115	01:48:41	05:53:35	11:20:54	16:21:35	17:58:54.95	17:59:01.75	9:48	6.1
45	DOBROŚ TOMASZ	99		WIERUSZÓW	POL	MASTERS M - 40	45	M 117	02:13:22	06:06:16	11:24:56	16:14:56	18:04:13.60	18:04:28.00	9:51	6.1
46	BEDNAREK JACEK	263	METLIFE RUN	WARSZAWA	POL	MASTERS M - 40	46	M 119	01:48:06	05:07:43	10:42:08	16:06:28	18:12:04.05	18:12:15.10	9:55	6
47	ŻMUDKA BARTEK	51	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	RYBNIK	POL	MASTERS M - 40	47	M 121	01:58:53	05:28:12	10:42:41	16:14:47	18:16:49.80	18:17:05.00	9:58	6
48	WYSOCKI TOMASZ	41	OCHAJORUN & FRIENDS	RYBNIK	POL	MASTERS M - 40	48	M 122	01:58:54	05:28:00	10:42:36	16:14:45	18:16:50.35	18:17:05.35	9:58	6
49	WINIAREK LESZEK	20	#TEAM_DKMS	WARSZAWA	POL	MASTERS M - 40	49	M 123	02:10:57	05:51:37	10:57:46	16:14:12	18:17:13.45	18:17:22.15	9:58	6
50	ZAKRZEWSKI KRZYSZTOF	250	3:33 TEAM	PALĘDZIE	POL	MASTERS M - 40	50	M 128	02:00:32	05:41:17	11:17:08	16:40:07	18:29:11.20	18:29:28.45	10:05	6
51	FARBISZEWSKI MAREK	303	ORANGE POLSKA	WARSZAWA	POL	MASTERS M - 40	51	M 130	02:11:39	05:51:15	10:56:00	16:51:19	18:31:09.80	18:31:36.40	10:06	5.9
52	NOLBRZYK ADRIAN	230		OSIECZNA	POL	MASTERS M - 40	52	M 132	02:02:21	05:50:03	11:16:53	16:33:49	18:36:35.40	18:36:59.40	10:09	5.9
53	WOJEWODA MICHAŁ	64	TRIWAWA / RUN THE PARK	WARSZAWA	POL	MASTERS M - 40	53	M 134	02:09:26	05:40:09	11:18:28	16:39:54	18:40:58.60	18:41:07.55	10:11	5.9
54	SKÓRA MIROSŁAW	275	SPARTA ULTRA TEAM	LASKI	POL	MASTERS M - 40	54	M 137	01:48:04	05:22:15	11:08:29	16:45:51	18:49:41.20	18:49:46.70	10:16	5.8
55	KASPRZYK ADRIAN	321	LESZNO LIMITS RUNNERS	LESZNO		MASTERS M - 40	55	M 140	02:14:08	06:13:01	11:34:14	17:03:11	18:58:14.60	18:58:41.05	10:20	5.8
56	ROLLA DORIAN	199		WARZYMICE	POL	MASTERS M - 40	56	M 146	01:58:43	06:18:10	11:46:23	17:04:18	19:12:55.10	19:13:00.30	10:28	5.7
57	KRAJEWSKI ARTUR	326		PŁOCK		MASTERS M - 40	57	M 148	02:11:40	06:17:04	11:44:56	17:18:05	19:21:09.75	19:21:15.15	10:33	5.7
58	SMOŁUCH TOMASZ	84	SAINT-GOBAIN SQUAD / LURBEL POLSKA	OLKUSZ	POL	MASTERS M - 40	58	M 152	02:15:45	06:12:54	11:49:06	17:21:24	19:23:27.15	19:23:55.10	10:34	5.7
59	CHURAS ŁUKASZ	252		MYSZKÓW	POL	MASTERS M - 40	59	M 153	02:09:11	05:39:52	11:18:09	16:58:38	19:24:05.40	19:24:30.80	10:34	5.7
60	GAWEŁ KRZYSZTOF	97	ERBUD RYBNIK/FORMA WODZISŁAW ŚL.	PSZÓW	POL	MASTERS M - 40	60	M 154	02:10:39	06:06:41	11:34:09	17:18:14	19:24:19.70	19:24:43.45	10:35	5.7
61	POLAKOWSKI TOMASZ	233	STREET RUN RADOM	RADOM	POL	MASTERS M - 40	61	M 158	02:19:55	06:17:54	11:58:59	17:25:13	19:35:39.50	19:36:04.10	10:41	5.6
62	BALICKI JAKUB	93	ASAP RUNNERS	ŁÓDŹ	POL	MASTERS M - 40	62	M 160	02:11:41	05:51:17	11:24:34	17:14:59	19:41:57.30	19:42:25.55	10:44	5.6
63	MADEJ JAN	71		POLKOWICE	POL	MASTERS M - 40	63	M 161	02:08:46	06:01:32	12:04:22	17:27:48	19:42:37.70	19:42:41.70	10:45	5.6
64	ULATOWSKI ANDRZEJ	10		TORUŃ	POL	MASTERS M - 40	64	M 162	02:10:57	05:44:22	11:22:18	17:23:01	19:42:36.75	19:42:51.45	10:45	5.6
65	FRĄCKOWIAK JACEK	251	RUNNER'S POWER	ŚREM	POL	MASTERS M - 40	65	M 163	02:16:47	06:24:22	12:29:02	17:48:02	19:44:07.80	19:44:14.05	10:45	5.6
66	URBANEK DARIUSZ	117	OBY PRZED LIMITEM	SKIERNIEWICE	POL	MASTERS M - 40	66	M 167	02:00:57	05:51:27	11:21:40	17:23:19	19:49:34.55	19:49:50.65	10:48	5.5
67	SERKOWSKI MARCIN	280	BIEGAMYRAZEM.PL	GDYNIA	POL	MASTERS M - 40	67	M 168	02:09:21	05:59:57	11:48:36	17:26:19	19:50:57.10	19:51:07.95	10:49	5.5
68	GAWLAS PRZEMSŁAW	316		MŁYNÓW		MASTERS M - 40	68	M 171	01:59:33	05:46:48	11:30:04	17:27:46	19:55:35.35	19:55:35.35	10:52	5.5
69	SMOLEŃ TOMASZ	142	TMTEAM	KOBIERZYCE	POL	MASTERS M - 40	69	M 172	01:59:47	05:46:45	11:30:08	17:27:38	19:55:46.75	19:55:48.40	10:52	5.5
70	ZAJĄC ADAM	66	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	MASTERS M - 40	70	M 175	02:07:30	05:46:20	11:32:08	17:43:20	20:09:30.85	20:09:50.45	10:59	5.5
71	WAŻNY ANDRZEJ	291	FIRMA BUDOWLANA TYNEXPOL ANDRZEJ WAŻNY	RZESZÓW	POL	MASTERS M - 40	71	M 177	02:11:59	06:09:21	11:24:34	18:13:37	20:26:07.90	20:26:15.65	11:08	5.4
72	KOSZAREK ANDRZEJ	224	ZABIEGANE ŚREPOLE	POZNAŃ	POL	MASTERS M - 40	72	M 181	02:19:24	06:34:19	12:52:25	18:48:44	20:52:27.25	20:52:53.30	11:23	5.3
73	KACZYŃSKI ARTUR	319		WARSZAWA		MASTERS M - 40	73	M 182	02:11:12	06:16:06	12:32:48	18:52:14	20:55:52.30	20:56:09.85	11:25	5.3
74	WAŁĘKA JAROSŁAW	300	ORANGE POLSKA	SZCZECIN	POL	MASTERS M - 40	74	M 183	02:11:43	06:11:57	11:47:22	18:08:11	20:56:42.50	20:57:07.30	11:25	5.3
75	KUTYŁA STANISŁAW	182	ORANGE POLSKA	NIEPOŁOMICE	POL	MASTERS M - 40	75	M 185	02:11:35	06:11:50	11:47:47	18:07:08	20:56:39.75	20:57:08.50	11:25	5.3
76	JANIK TOMASZ	297	ORANGE POLSKA	HRUBIESZÓW	POL	MASTERS M - 40	76	M 186	02:11:42	06:11:55	11:47:24	18:22:36	20:56:44.15	20:57:09.30	11:25	5.3
77	ZGAGACZ PAWEŁ	236		WROCŁAW	POL	MASTERS M - 40	77	M 187	02:19:18	06:33:42	12:41:32	18:57:16	20:58:38.40	20:58:46.45	11:26	5.2
78	KOTLAREK DAWID	59	VEGE RUNNERS	ZIELONA GÓRA	POL	MASTERS M - 40	78	M 189	02:00:31	05:43:45	11:32:45	18:14:26	21:03:32.45	21:03:47.80	11:29	5.2
79	KRUZEL RAFAŁ	320	BIEGOWE MISIE	LEGNICA		MASTERS M - 40	79	M 190	02:21:16	06:37:15	13:03:07	19:05:28	21:08:27.20	21:08:47.25	11:31	5.2
80	JANKOWSKI SZYMON	219		LEGIONOWO	POL	MASTERS M - 40	80	M 191	02:15:10	06:59:34		19:05:49	21:10:45.05	21:11:04.80	11:33	5.2
81	MAZUR ROBERT	35	SMASHING PĄPKINS	WARSZAWA	POL	MASTERS M - 40	81	M 193	02:11:07	06:30:33	13:18:53	19:06:33	21:15:22.55	21:15:29.70	11:35	5.2
82	KUGLARZ SZYMON	102	MOTOINTEGRATOR RUNNING TEAM	WODZISŁAW ŚL.	POL	MASTERS M - 40	82	M 195	02:10:53	06:02:01	12:05:41	18:48:04	21:17:52.15	21:18:16.75	11:37	5.2
83	CIEPŁY TOMASZ	56	GIRO DI ZAWADA	PIŁA	POL	MASTERS M - 40	83	M 196	02:05:22	05:53:25	12:18:53	18:56:47	21:18:59.20	21:19:09.00	11:37	5.2
84	GRZESIAK RAFAŁ	72		GŁOGÓW	POL	MASTERS M - 40	84	M 198	02:10:15	06:21:17	12:57:43	19:04:58	21:48:43.55	21:48:47.00	11:53	5
85	LUDWICZAK JACEK	304		WARSZAWA	POL	MASTERS M - 40	85	M 199	02:10:35	06:09:26	12:30:02	19:05:07	21:49:37.05	21:49:45.90	11:54	5
86	IŁOWSKI WIKTOR	287	SPARTA ZIĘBICE	ZIĘBICE	POL	MASTERS M - 40	86	M 208	02:11:52	06:11:44	12:11:24	19:31:06	22:51:32.15	22:51:44.15	12:28	4.8
87	ZAWADA MACIEJ	180	KGB	KLUCZBORK	POL	MASTERS M - 40	87	M 209	02:12:52	06:20:51	13:18:29	20:44:14	23:13:28.40	23:13:51.40	12:40	4.7
88	CHUDZIK RADOSŁAW	110		ŁÓDŹ	POL	MASTERS M - 40	88	M 211	02:12:15	06:26:47	12:58:03	20:14:10	23:18:00.45	23:18:15.20	12:42	4.7
89	JASTRZEMBSKI EDMUND	213	BYDGOSZCZ FAN MARATON	BYDGOSZCZ	POL	MASTERS M - 40	89	M 212	02:24:16	07:27:46	14:06:30	20:49:05	23:19:41.55	23:20:07.30	12:43	4.7
90	ŚWIERCZYNSKI TOMASZ	266	ZRYW	RADZIEJOW	POL	MASTERS M - 40	90	M 213	02:34:03	07:55:15	14:53:55	20:45:25	23:19:57.00	23:20:19.10	12:43	4.7
91	SZYMAŃSKI JACEK	314	PARKRUN SKIERNIEWICE	SKIERNIEWICE	POL	MASTERS M - 40	91	M 217	02:20:53	07:04:07	14:11:57	21:11:05	23:43:06.20	23:43:28.90	12:56	4.6
92	WOŹNIAK DAWID	122		POZNAŃ	POL	MASTERS M - 40	92	M 219	02:11:27	06:23:06	13:02:07	20:53:35	23:44:28.40	23:44:55.40	12:56	4.6
93	RUDZKI TOMASZ	25	RAJSPORT ACTIVE	KONSTANTYNÓW ŁÓDZKI	POL	MASTERS M - 40	93	M 221	02:11:30	06:37:35	14:54:19	22:04:15	24:34:31.80	24:34:33.50	13:24	4.5

BIEG K-B-L - 110 KM, Masters M - 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
94	POCHYLSKI DOMINIK	265	LUBOŃSKI KLUB BIEGACZA	LUBOŃ	POL	MASTERS M - 40	94	M 223	02:34:10	07:55:17	15:01:39	22:11:05	24:48:42.55	24:49:05.10	13:32	4.4
95	KWINTA MACIEJ	177	WKB PIAST	WROCŁAW	POL	MASTERS M - 40	95	M 224	02:19:52	07:14:57	15:07:41	22:19:40	24:53:33.65	24:53:37.80	13:34	4.4
	DZIERKACZ PAWEŁ	80	BEAGLE RUNNERS TEAM	BYDGOSZCZ	POL	MASTERS M - 40			02:06:10	06:15:39	12:13:00	DNF	DNF	DNF	-	-
									DNF	DNF	DNF					
	KAMIŃSKI MARIUSZ	269	MARCINSWIERCTEAM	WARSZAWA	POL	MASTERS M - 40			01:39:40	04:48:37	DNF	DNF	DNF	DNF	-	-
									DNF	DNF						
	WRZESIŃSKI WOJCIECH	116	FORDONRUNNERS	BYDGOSZCZ	POL	MASTERS M - 40			02:10:51	06:12:14	DNF	DNF	DNF	DNF	-	-
									DNF	DNF						
	HOROWSKI TOMASZ	171	RUNHOGS TYCHY	TYCHY	POL	MASTERS M - 40			02:41:14	08:14:43	DNF	DNF	DNF	DNF	-	-
									DNF	DNF						
	KURIATA MARCIN	121		WŁADYSŁAWOWO	POL	MASTERS M - 40			02:29:27	10:25:52	DNF	DNF	DNF	DNF	-	-
									DNF	DNF						
	GAJOS DANIEL	53	MUAY RUNNING TEAM/BIEGAORTOPEDA.PL	KRAKÓW	POL	MASTERS M - 40			01:46:45	DNF	DNF	DNF	DNF	DNF	-	-
									DNF							

BIEG K-B-L - 110 KM, Weteran K - 50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
1	KSIĘŻNIK DOROTA	235		SKARBIMIERZ-OSIEDLE	POL	WETERAN K - 50	1	K 2	01:49:01	04:45:17	09:06:38	13:06:51	14:30:35.35	14:30:45.15	7:54	7.6
2	OBARSKA MAŁGORZATA	62		STARACHOWICE	POL	WETERAN K - 50	2	K 39	02:50:07	08:15:39	15:29:31	22:27:46	25:08:01.65	25:08:09.60	13:42	4.4

BIEG K-B-L - 110 KM, Weteran I M - 50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
1	KUPIŃSKI CEZARY	30		WROCŁAW	POL	WETERAN I M - 50	1	M 21	01:46:35	04:38:52	08:46:34	12:42:06	14:13:38.65	14:13:43.35	7:45	7.7
2	NOWAK PAWEŁ	325	SUPERMARATON KALISZ	KALISZ		WETERAN I M - 50	2	M 30	01:43:09	04:46:16	09:15:38	13:07:00	14:35:08.85	14:35:09.85	7:57	7.5
3	WOSZCZAK ZBIGNIEW	178	1964	STRZELIN	POL	WETERAN I M - 50	3	M 48	01:53:06	05:15:54	09:41:36	13:56:09	15:25:17.05	15:25:23.55	8:24	7.1
4	RAJTAR ZBIGNIEW	104	RONTIL-COMPASS	KRAKOW	POL	WETERAN I M - 50	4	M 52	01:46:52	04:49:50	09:28:52	13:59:03	15:38:20.40	15:38:24.75	8:31	7
5	MALINOWSKI JERZY	158		ZIĘBICE	POL	WETERAN I M - 50	5	M 66	01:46:21	04:45:17	09:26:24	14:29:49	16:15:00.75	16:15:11.30	8:51	6.8
6	CZAPIEWSKI JANUSZ	247	OJCIEC I SYN &CRIK FCA POLAND TYCHY	BIERUŃ	POL	WETERAN I M - 50	6	M 69	01:46:58	05:16:10	10:25:48	14:47:06	16:24:00.65	16:24:06.30	8:56	6.7
7	TRACZYK MAREK	258	MPK WYBIEGANIE	WARSZAWA	POL	WETERAN I M - 50	7	M 83	02:10:48	05:51:37	10:53:40	15:37:24	17:09:20.30	17:09:27.40	9:21	6.4
8	LANGER WALDEMAR	7		LESZNO	POL	WETERAN I M - 50	8	M 87	01:49:31	05:24:58	10:28:20	15:21:23	17:13:54.10	17:13:59.30	9:23	6.4
9	WAWRESZUK WIKTOR	91	BIAŁA BIAŁYSTOK	BIAŁYSTOK	POL	WETERAN I M - 50	9	M 93	01:49:07	05:15:55	10:13:08	15:32:20	17:23:32.40	17:23:41.75	9:29	6.3
10	SPYCHAŁA PAWEŁ	103		PLEWISKA	POL	WETERAN I M - 50	10	M 116	02:11:29	06:00:51	11:31:51	16:21:01	18:00:38.50	18:00:57.55	9:49	6.1
11	PŁYWACZYK MACIEJ	79	TEAM PLESZEW	PLESZEW	POL	WETERAN I M - 50	11	M 118	02:09:37	05:44:26	10:58:44	16:11:02	18:11:16.40	18:11:34.05	9:55	6
12	KRECZMAŃSKI ROBERT	23	EMERYCI I RENCIŚCI	ZALESIE GÓRNE	POL	WETERAN I M - 50	12	M 142	01:36:59	04:28:11	10:40:01	16:33:07	19:00:49.05	19:00:51.90	10:22	5.8
13	MARCZEWSKI ANDRZEJ	149	DLA BOGUSI	KIELCE	POL	WETERAN I M - 50	13	M 145	01:57:14	05:49:26	11:22:19	16:51:36	19:07:19.90	19:07:28.35	10:25	5.8
14	BODIO DARIUSZ	218	SPARTA ZIĘBICE	ZIĘBICE	POL	WETERAN I M - 50	14	M 147	01:48:42	04:56:08	10:53:53	17:16:15	19:19:06.90	19:19:19.45	10:32	5.7
15	ANDRZEJCZAK DARIUSZ	123	AGB TORFY	ALEKSANDRÓW ŁÓDZKI	POL	WETERAN I M - 50	15	M 166	02:16:46	06:06:48	11:30:58	17:22:59	19:46:22.90	19:46:31.95	10:47	5.6
16	BISKUP RAFAŁ	261	DZIAD NOT DEAD	WARSZAWA	POL	WETERAN I M - 50	16	M 176	02:11:39	05:35:54	10:54:11	16:58:12	20:20:28.30	20:20:32.15	11:05	5.4
17	WYSOKIŃSKI JERZY	185	ORANGE POLSKA	BIAŁA PODLASKA	POL	WETERAN I M - 50	17	M 184	02:11:37	06:11:52	11:47:30	18:22:33	20:56:39.55	20:57:07.60	11:25	5.3
18	WILMOWSKI MAREK	39	UKS BUSHI	ŁÓDŹ	POL	WETERAN I M - 50	18	M 202	02:17:27	06:56:10	13:38:29	19:56:24	22:16:31.10	22:16:56.80	12:09	4.9
19	PACANOWSKI ROBERT	172	WEŁNICA BIEGA	WEŁNICA	POL	WETERAN I M - 50	19	M 204	02:16:03	06:45:19	13:49:19	19:57:16	22:25:08.10	22:25:24.80	12:13	4.9
20	FUNKA ANDRZEJ	34	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	WETERAN I M - 50	20	M 205	02:20:21	07:04:05	13:49:29	19:57:57	22:25:28.45	22:25:46.50	12:13	4.9
21	BUĆKO ARTUR	45	TATAALI	JELENIA GÓRA	POL	WETERAN I M - 50	21	M 207	02:45:01	07:49:47	14:16:13	20:33:55	22:43:34.00	22:43:57.25	12:23	4.8
22	FRUCZ JACEK	132		SOSNOWIEC	POL	WETERAN I M - 50	22	M 214	02:15:48	07:13:17	14:32:50	20:57:15	23:20:26.90	23:20:47.40	12:43	4.7
23	LEŚNIK WOJCIECH	191		WROCŁAW	POL	WETERAN I M - 50	23	M 220	02:16:56	07:06:05	14:28:36	21:35:22	24:14:29.85	24:14:46.40	13:13	4.5
24	BALUK MAREK	324	BOREK-CHEŁM	CHELM		WETERAN I M - 50	24	M 222	02:26:23	07:27:55	15:09:08	22:14:51	24:46:19.25	24:46:33.65	13:30	4.4
25	OBARSKI NORBERT	63		KIELCE	POL	WETERAN I M - 50	25	M 225	02:50:04	08:15:38	15:29:33	22:27:41	25:08:02.05	25:08:09.90	13:42	4.4
26	PODSIADŁY ROBERT	168	CHATA BIEGACZA K34 ZAKOPANE	WROCŁAW	POL	WETERAN I M - 50	26	M 228	02:54:45	08:55:50	16:46:26	23:24:38	25:42:12.30	25:42:43.65	14:01	4.3
	BIADASIEWICZ ANDRZEJ	279	CIDRY LOTAJOM	BYTOM	POL	WETERAN I M - 50			01:57:21	05:20:43	11:09:16	DNF	DNF	DNF	-	-
									DNF	DNF	DNF					

BIEG K-B-L - 110 KM, Weteran I M - 50 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
	FIJAŁKOWSKI WOJCIECH	109	MONAR	WROCŁAW	POL	WETERAN I M - 50			02:13:08 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GOEBEL ADAM	244	----------	KRAKÓW	POL	WETERAN I M - 50			DNF	DNF	DNF	DNF	DNF	DNF	-	-

BIEG K-B-L - 110 KM, Weteran II M - 60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	15km	40km	73km	98km	Netto	Brutto	min/km	km/h
1	TRZCIELIŃSKI ROMAN	106	PSY WARSZAWA	WARSZAWA	POL	WETERAN II M - 60	1	M 32	01:46:19	04:45:19	09:12:05	13:10:08	14:36:07.45	14:36:15.20	7:57	7.5
2	MĄCZKA BRONISŁAW	328	OTK RZEŹNIK	GLIWICE		WETERAN II M - 60	2	M 159	02:09:32	06:05:52	11:52:17	17:33:55	19:41:23.25	19:41:46.95	10:44	5.6
3	CZUBIŃSKI MAREK	57		ŁÓDŹ	POL	WETERAN II M - 60	3	M 226	02:46:42	07:48:09	15:03:43	22:09:53	25:12:24.60	25:12:32.55	13:44	4.4